

Fertility problems: assessment and treatment

[N] Evidence report for pre-implantation genetic testing for aneuploidy as a fertility treatment add-on

NICE guideline number NGXXX

Evidence report underpinning recommendations 1.10.25 in the NICE guideline

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Draft for consultation

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Pre-implantation genetic testing for aneuploidy as a treatment add-on

Review question

What is the clinical and cost effectiveness of pre-implantation genetic testing for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people undergoing fertility treatment?

Introduction

Fertility treatment add-ons to core treatments such as in-vitro fertilisation (IVF) and intrauterine insemination (IUI) are sometimes offered to patients to improve their chances of a live birth or to reduce the risk of adverse events during or after treatment, such as ovarian hyperstimulation syndrome (OHSS). However, the effects of fertility treatment add-ons on these outcomes are often unclear.

PGT-A involves testing the DNA of some cells removed from an embryo for chromosomal abnormalities to determine if an embryo should be excluded from transfer. The aim is to select embryos with a higher potential for implantation, and the technique is sometimes offered to people with previous IVF attempts that did not result in a live birth. However, PGT-A may reduce the number of embryos available for transfer and overall it is unclear if this add-on improves the chances of a live birth.

The aim of this review is to determine the effectiveness of PGT-A with blastocyst stage biopsy and genome-wide analysis as a fertility-treatment add-on.

Summary of the protocol

See Table 1 for a summary of the Population, Intervention, Comparison and Outcome (PICO) characteristics of this review.

Table 1: Summary of the protocol (PICO table)

Population	<p>Inclusion:</p> <ul style="list-style-type: none">• People undergoing IVF for a health-related fertility problem. <p>In this guideline, people with health-related fertility problems are those who have a known health-related impediment to fertility, or those who do not achieve a pregnancy:</p> <ul style="list-style-type: none">• after 12 months of regular unprotected sexual intercourse or• after 6 cycles of artificial insemination. <p>Exclusion: Studies that restrict analysis to those reaching a euploid embryo transfer, or where PGT-A was not performed on full cohort of embryos, will not be included.</p>
Intervention	<ul style="list-style-type: none">• IVF with preimplantation genetic testing for aneuploidies (PGT-A), previously known as preimplantation genetic screening (PGS) <p>Exclusion: Only studies that use PGT-A with blastocyst biopsy will be included, studies where the timing of biopsy is at polar body or cleavage stage will be excluded.</p> <p>Only studies that use genome-wide analysis will be included. Studies using fluorescence in situ hybridisation (FISH) will be excluded.</p>

Comparison	<ul style="list-style-type: none"> • IVF without PGT-A
Outcome	<p>Critical</p> <ul style="list-style-type: none"> • Live birth (as defined by study, risk of bias assessments will reflect where this is not defined as a live birth to include a gestational age of ≥ 20 weeks) • Clinical pregnancy (as defined by study, risk of bias assessments will reflect where this is not defined as an ultrasound scan that has shown at least one fetal heart rate) <p>The primary unit of analysis will be cumulative rates (of each outcome) per woman randomised</p> <p>Important</p> <ul style="list-style-type: none"> • Miscarriage (loss of a baby before 24 weeks gestational age) • Multiple gestation (as defined by study, risk of bias assessments will reflect where this is not defined as an ultrasound scan that has shown at least 2 fetal heartbeats) • Time to pregnancy • Number of cycles without an embryo transfer • Chromosomal abnormalities in the baby

1 IVF: in-vitro fertilisation

2 Methods and process

3 During the development of the guideline, the fertility treatment add-ons rating system
4 developed by the Human Fertilisation and Embryology Authority (HFEA) was identified as
5 relevant to the effectiveness of PGT-A. Given the potential for efficiencies to the guideline
6 development process and the applicability of the HFEA's work to the UK setting, the
7 committee took the pragmatic decision to draft recommendations relevant to this review
8 question based on the evidence identified by the HFEA, and the HFEA ratings and as such
9 no new systematic review of evidence was conducted for this review question. This approach
10 is consistent with the principles outlined in [Appendix N of Developing NICE guidelines: the](#)
11 [manual](#).

12 The quality of the HFEA evidence statements were assessed independently by 2 reviewers
13 using the Appraisal of Guidelines for Research and Evaluation (AGREE) II tool. This
14 instrument is intended for assessing the quality of systematically developed clinical practice
15 guidelines, including assessments of methodological rigour, transparency, and applicability.
16 The AGREE II instrument is an internationally validated tool that is used to assess the
17 methodological rigour and transparency of clinical practice guidelines. The evidence
18 statements considered by the committee have all been produced with the intention of helping
19 practitioners and service users make informed treatment decisions based on the available
20 evidence for fertility treatment add-ons and in this sense were considered by the committee
21 as being appropriate for inclusion in the evidence base and assessed using AGREE II.
22 However, the fact that the quality of these documents has been assessed by an instrument
23 designed for use on guidelines should be borne in mind. For example, some of the
24 terminology used in AGREE II is based on the assumption that specific recommendations
25 have been made, and therefore domains such as 'Clarity of presentation' and 'Applicability'
26 include questions directly related to the quality of guidance given and its relevance to clinical
27 practice. The HFEA evidence statements were assessed as the AGREE II tool sets out
28 because all domains are important and form part of this validated instrument, but it is
29 important to acknowledge that some of the low ratings are due to the applicability of the tool
30 to the statements and not necessarily a reflection of the quality of the statements
31 themselves.

32 The HFEA ratings are available at [the treatment add-ons page of the HFEA website](#).

33 During the development of this guideline, a published Cochrane review was identified which
34 matched the committee's intended PICO and which was referred to by the HFEA, comparing

the effectiveness of IVF with PGT-A versus IVF without PGT-A (Cornelisse 2020). The Cochrane protocol differed from the committee's intended intervention in that the effectiveness of both PGT-A using genome-wide analyses (including polar body and blastocyst stage biopsy) and PGT-A using fluorescence in situ hybridisation (FISH) was investigated, however in order to be consistent with the HFEA's approach and the intended approach as specified by the committee for this guideline, only the comparison of IVF with PGT-A using genome-wide analyses with blastocyst-stage biopsy versus IVF without PGT-A was considered by the committee.

Cochrane's methods are closely aligned to standard NICE methods, minor deviations (the use of the original Cochrane risk of bias tool, summary of findings tables instead of full GRADE tables, defining primary and secondary outcomes as opposed to critical and important, differences between outcomes as further discussed in the committee's discussion and interpretation of the evidence below) relevant to the topic area were highlighted to the committee and taken into account in discussions of the evidence.

The HFEA work was conducted in 2023 and the Cochrane review was conducted in 2020, so the guideline committee were consulted as to whether further important evidence had been published since the completion of the external reviews that could affect decision-making. However, the guideline committee were not aware of any such evidence.

Full details of the HFEA review methods are available through [the HFEA website](#), and the Scientific and Clinical Advances Advisory Committee (SCAAC) decision tree for rating add-ons is available in the document "[SCAAC Meeting Papers July 2023](#)" (p17).

Further description of the methods used in this and other similar reviews are available from the methods document (supplement 1).

Declarations of interest were recorded according to [NICE's conflicts of interest policy](#).

HFEA ratings

The [HFEA ratings for PGT-A](#) are available from the relevant page of the HFEA website, as linked. The evidence review commissioned by the HFEA which underpins these ratings is available from the [HFEA SCAAC website](#), under heading 'Meeting minutes and papers' from July 2023, in the document "[SCAAC Meeting Papers July 2023](#)" (pp12-13, 21-22 and PDF pp46-48 for PGT-A evidence). The SCAAC decision making on the ratings is described in the document "[SCAAC Minutes July 2023 - Treatment Add-Ons](#)" (pp7-8).

Summaries of the HFEA ratings and evidence on which the ratings were based are presented in Table 2.

Table 2: Summary of HFEA ratings

Treatment add-on	HFEA ratings
Pre-implantation genetic testing for aneuploidy (PGT-A)	<p>Rated red for increasing chances of having a baby for most fertility patients:</p> <ul style="list-style-type: none"> There are potential safety concerns and/or, on balance, the findings from moderate/high quality evidence shows that this add-on may reduce treatment effectiveness <p>Rated green for reducing the chances of miscarriage for most fertility patients:</p> <ul style="list-style-type: none"> On balance, findings from high quality evidence shows this add-on is effective at improving the treatment outcome <p>Rated grey for reducing the chances of miscarriage for older women and for improving chances of having a baby for older women:</p>

Treatment add-on	HFEA ratings
	<ul style="list-style-type: none"> Effectiveness cannot be rated due to insufficient moderate/high quality evidence of effectiveness

1 *HFEA: Human Fertilisation and Embryology Authority*

2 **HFEA treatment ratings**

3 PGT-A was overall given a red rating, indicating there are potential safety concerns and/or,
4 on balance, findings from moderate/high quality evidence shows that this add-on may reduce
5 treatment effectiveness; this is because PGT-A often reduces the number of embryos
6 available for transfer, without necessarily improving live birth or pregnancy rates.

7 Contributing to this overall rating, PGT-A was rated red for increasing the chances of having
8 a baby for most fertility patients primarily based on findings from 1 randomised controlled trial
9 (RCT: Yan 2021), which showed that, although live birth was higher from the first transfer,
10 cumulative live birth was lower in the PGT-A arm. It also showed that time to conception
11 resulting in live birth was significantly longer in the PGT-A arm. The HFEA noted that for
12 some patients, PGT-A may shorten the time to pregnancy (by avoiding a series of embryo
13 transfers), but the evidence from this RCT showed that the time to achieving pregnancy for
14 most patients may be longer due to the additional time taken to carry out this test. The HFEA
15 also noted safety concerns related to using PGT-A despite it not carrying any additional
16 known risks for the person undergoing fertility treatment. These concerns were regarding an
17 association between PGT-A and risks for the embryo, for example: the potential for healthy
18 embryos to be discarded if a test result is not accurate; the potential for viable embryos to be
19 discarded if they are not suitable for biopsy or are reported as mosaic (which have a lower
20 chance of pregnancy but can still result in live birth); the potential for an embryo to be
21 damaged by having cells removed and therefore being prevented from successfully
22 developing.

23 PGT-A was given a green rating for reducing the chances of miscarriage in most fertility
24 patients, based on multiple studies the HFEA considered moderate or high quality which the
25 HFEA interpreted as showing that the miscarriage rate is lower in participants who received
26 PGT-A. However, the HFEA note that PGT-A does not remove the chance of having a
27 miscarriage entirely, and the potential reduction in miscarriage rates may not increase
28 patients' chances of having a baby.

29 PGT-A was given a grey rating both for reducing the chances of miscarriage and improving
30 the chances of having a baby for older women. One RCT was identified and showed PGT-A
31 reduced miscarriage rates compared to standard IVF in older women, however this study
32 was investigating PGT-A using polar stage biopsy, which the HFEA overall considered a
33 different class of intervention and which is out of scope of the original review protocol as
34 defined by the NICE committee. Therefore, only 1 non-randomised study was found for this
35 population, which the HFEA did not consider to be of sufficient quality to aid decision-making.

36 Further information about the HFEA rating for PGT-A can be found on [the relevant page of](#)
37 [the HFEA website](#).

38 Further information about the HFEA's rating system can be found on [the treatment add-ons](#)
39 [page of the HFEA website](#).

40 **Cochrane review**

41 One Cochrane review comparing the effectiveness of IVF with PGT-A versus IVF without
42 PGT-A (Cornelisse 2020), including 1 RCT which used blastocyst stage biopsy with
43 next-generation sequencing in the comparison between IVF with PGT-A and IVF without
44 (Munné 2019) was considered in this report. This Cochrane review had a different protocol to
45 the HFEA's review, with stricter inclusion criteria (for example restricting included studies to

1 RCTs only) and implementation of data synthesis. There was overlap between Cochrane and
2 the HFEA, as the study included in the Cochrane review was also included in the HFEA's.
3 The Cochrane review was considered sufficiently relevant, high quality and up to date, and
4 therefore was additionally considered by the committee to ensure all evidence had been
5 reviewed, and used to supplement the HFEA evidence statements to guide recommendation
6 making by the committee. See the benefits and harms section for the committee's discussion
7 of the Cochrane evidence.

8 Full details of [the Cochrane review \(Munné 2019\)](#) including methods are available, as linked.

9 **Economic evidence**

10 A total of 3,908 studies were identified for this review question. After duplicates were
11 removed, 2,679 studies were screened on title and abstract. Of these studies, 16 were
12 screened on full text, and 3 of these studies were identified as being potentially applicable to
13 this review question. Of the 3 studies that were formally checklisted, two were included and
14 one was excluded.

15 **Included studies**

16 Two economic studies were identified that were relevant to this question (Scriven 2017,
17 Scriven 2022).

18 See the literature search strategy in appendix H and economic study selection flow chart in
19 appendix C.

20 **Excluded studies**

21 Economic studies not included in this review are listed, and reasons for their exclusion are
22 provided in appendix F.

Summary of included economic evidence

See Table 3 for the economic evidence profile of the included studies.

Table 3: Economic evidence profile of a systematic review of economic evaluations of PGT-A as a treatment add-on for people undergoing fertility treatment

Study	Limitations	Applicability	Other comments	Incremental			Uncertainty
				Costs	Effect	Cost effectiveness	
Scriven 2017	Potentially serious limitations ^{1,2,3,4}	Partially applicable ^{5,6}	Decision analytic model	<p><i>PGS1 v No testing:</i> £1,540</p> <p><i>PGS2 v PGS1:</i> £519</p>	<p>Live Birth</p> <p><i>PGS1 v No testing:</i> -0.015</p> <p><i>PGS2 v PGS1:</i> 0.015</p> <p>Miscarriage</p> <p><i>PGS1 v No testing:</i> -0.019</p> <p><i>PGS2 v PGS1:</i> 0.009</p>	<p>Live Birth</p> <p>No testing dominates for live births</p> <p>Miscarriage</p> <p><i>PGS1 v No testing</i> £81,013 per miscarriage avoided</p> <p><i>PGS2 v PGS1</i> PGS1 dominates PGS2</p>	<p>No sensitivity analysis</p> <p>Data based on a prospective non-selection study where the clinical miscarriage rate per clinical pregnancy was calculated to be 8.5% (5/59) without genetic testing and 5.1% (3/59) following aneuploidy screening. Small numbers and wide confidence intervals for these data.</p>
Scriven 2022	Potentially serious limitations ^{1,2,3,4}	Partially applicable ^{5,6}	Decision analytic model	<p>Costs⁵</p> <p><i>PGT-A2 v PGT-A1</i> £542</p>	<p>Live Birth⁵</p> <p><i>PGT-A2 v PGT-A1</i> 0.005</p>	<p>Live Birth⁵</p> <p><i>PGT-A2 v PGT-A1</i> £33,867 per live birth</p>	<p>The 5% detriment threshold is arbitrary.</p> <p>No probabilistic sensitivity analysis was undertaken and only limited deterministic sensitivity analysis was undertaken</p>

Study	Limitations	Applicability	Other	Incremental			Uncertainty
				PGT-A3 v PGT-A2 £508	PGT-A3 v PGT-A2 0.004	PGT-A3 v PGT-A2 £128,640 per live birth	
				No testing v PGT-A3 £2,264	PGT-A3 v No testing 0.000	No testing v PGT-A3 £5,180,778 per live birth	
					Miscarriage	Miscarriage	
					PGT-A2 v PGT-A1 0.002	PGT-A1 dominates other strategies for miscarriages	
					PGT-A3 v PGT-A2 0.003		
					PGT-A3 v No testing 0.021		

¹ Estimates of live birth and miscarriage rates were not obtained from randomised studies

² A full incremental analysis was not presented although could be calculated

³ Time horizon and discounting was not explicitly discussed

⁴ Probabilistic sensitivity analysis was not used to assess uncertainty in model inputs

⁵ QALYs are not used to assess benefits and the presentation of 2 alternative measures of cost-effectiveness using different outcomes poses difficulties for a cost-effective threshold for either outcome

⁶ Costs are not derived from NHS sources

⁷ Multiple scenarios are presented by treatment, maternal age and number of blastocysts. For ease of exposition results are just presented for women aged 41-42 years, having IVF with ICSI and with 10 blastocysts

1 **Economic model**

2 No economic modelling was undertaken for this review because the committee agreed that
3 other topics were higher priorities for economic evaluation.

4 **The committee's discussion and interpretation of the evidence**

5 **The outcomes that matter most**

6 Originally, the committee prioritised live birth and clinical pregnancy as critical outcomes for
7 decision making because they are the most important outcomes for people with fertility
8 problems, and the committee agreed they should be prioritised above other outcomes to
9 reflect their comparative importance. Of these outcomes, the HFEA only stated that live birth
10 would be given specific consideration in the review and when creating the evidence ratings,
11 but the review did also report information on pregnancy rates when reported in included
12 studies. Both live birth and clinical pregnancy were reported in the Cochrane review.

13 The committee originally considered miscarriage, multiple gestation, time to pregnancy,
14 number of cycles without an embryo transfer, and chromosomal abnormalities in the baby as
15 important outcomes. The HFEA review reported on miscarriage and time to pregnancy or live
16 birth, but did not report on multiple gestation, number of cycles without an embryo transfer, or
17 chromosomal abnormalities in the baby. The Cochrane review reported on miscarriage,
18 multiple pregnancy rate, and proportion of women reaching an embryo transfer but not time
19 to pregnancy or chromosomal abnormalities in the baby.

20 **The quality of the evidence statements**

21 The quality of the HFEA evidence statements were assessed independently by 2 reviewers
22 using the AGREE II tool and scored between 4% and 61% in all domains. Although the
23 HFEA statements received low scores in some of the domains, the committee was confident
24 this was primarily due to the purpose of the AGREE II tool to assess guidelines, and
25 therefore did not reflect on the quality of the work conducted. Please see the Methods and
26 process section for further information on the use of the AGREE II tool.

27 The evidence statements scored 50% for scope and purpose. The overall scope of the
28 evidence statements, the health questions covered, and intended population are generally
29 described. However, specific information including the expected benefits/ outcomes of the
30 evidence statements and protocols are not reported.

31 The evidence statements scored 61% for stakeholder involvement. The SCAAC included a
32 range of individuals from relevant professional groups, and detailed information about the
33 specific professions of the members is linked. A patient representative was a part of the
34 SCAAC, but there is no other information on whether views were sought from the target
35 population/stakeholders or considered during the development of the evidence statements.
36 The target users of the guideline are not well-defined but the intention of the evidence
37 statements (to ensure patients are fully informed about whether add-ons are likely to be
38 effective and to inform clinical decision-making) is made clear.

39 The score for rigour of development was 40%. A literature search was performed but there is
40 no publicly available information on the search strategy and searches which are therefore not
41 replicable. The committee also noted the review was not systematic and only one database
42 was searched for relevant studies, although they agreed it was unlikely that any critical
43 evidence was missed. The criteria for selecting the evidence are partially described including
44 detailed information about study selection, but an explicit list of inclusion/exclusion criteria,
45 excluded studies lists and protocols are not reported. Detailed descriptions of the evidence
46 are provided narratively but GRADE tables were not reported. There was also no synthesis

1 of the evidence reported. The committee therefore agreed to use the Cochrane reviews to
2 supplement their understanding of the evidence base, and to ensure any synthesised
3 evidence was considered where possible. The risk of bias domains assessed are described
4 but it is unclear whether an appropriate, certified checklist was used for each study type.
5 Details on the methodology used by the HFEA to arrive at each evidence rating are provided,
6 including a decision tree and descriptions of each rating. There is detailed information about
7 specific discussions the committee had about the evidence, benefits, harms, risks, and,
8 where appropriate, costs of each add-on. There are limited descriptions of how the evidence
9 was interpreted to influence the statements, though it is usually unclear what evidence
10 contributes to each statement and there is some inconsistency in how the evidence has been
11 used to inform evidence statements between add-ons. There is no information about an
12 external review of the evidence statements prior to publication, but an explicit statement of
13 intent to update the evidence statements is provided with a review date. Information about
14 the HFEA's methods for evidence surveillance and updating the statements is provided.

15 The evidence statements scored 17% for clarity of presentation. The evidence statements
16 themselves are clearly defined and provided along with a description of each rating.
17 However, the ratings themselves are not recommendations for practice and are therefore
18 usually non-specific and ambiguous. Recommended actions are not provided, and it is rare
19 that advice for how the evidence statements should be interpreted and applied is given.

20 The score for applicability was 6%. There is no discussion of barriers and facilitators of
21 application and no information is given about feedback from key stakeholders, or whether
22 this type of feedback was sought. There is no advice on how the evidence statements can be
23 put into practice because the intention of the evidence statements is not to provide advice on
24 how practice should be influenced. The cost of each add-on and resource implications are
25 described for add-ons in order to aid decision-making. No monitoring and/ or auditing criteria
26 have been reported.

27 The evidence statements also scored low for editorial independence at 4%. There is very
28 little information reported about funding. An independent reviewer carried out the reviews of
29 the evidence but there is no statement that the funding body did not influence the content of
30 the evidence statements themselves. There is no information about the competing interests
31 of the SCAAC, including no declarations of interest section.

32 See Appendix B for the AGREE II reviewer scoring tables.

33 **Benefits and harms**

34 The committee discussed the HFEA treatment ratings for PGT-A and the evidence
35 underpinning them and agreed there was insufficient evidence of effectiveness on live birth
36 rates to justify its use when also considering the potential risks associated with it. In
37 particular, the committee noted that that PGT-A often reduces the number of embryos
38 available for transfer and can therefore lower the likelihood of a fertility patient undergoing
39 embryo transfer at all, lowering their chances of having a baby. There were additional
40 concerns raised by the HFEA relating to an association between PGT-A and risks for the
41 embryo. In the Cochrane review, under the comparison of IVF with PGT-A using genome-
42 wide analyses with blastocyst-stage biopsy versus IVF without PGT-A, only 1 study was
43 included, in part because studies that only reported results on participants reaching a euploid
44 embryo transfer were excluded due to bias by design in favour of PGT-A. The evidence was
45 of low certainty. However, the included study found that PGT-A reduced the proportion of
46 participants reaching embryo transfer and had no effect on live birth rates. The authors of the
47 Cochrane review concluded that it is uncertain whether PGT-A improves live birth rate after
48 first embryo transfer.

49 The HFEA gave PGT-A a green rating for reducing the chances of miscarriage for most
50 fertility patients. However the HFEA also stated that reducing the chance of miscarriage still

1 might not translate to an increased chance of having a baby due to the evidence showing no
2 benefit of PGT-A for live birth rates as well as the potential risks associated with PGT-A, as
3 noted above. An additional risk of PGT-A was the chance for no embryos to be deemed
4 suitable for transfer if chromosomal abnormalities were detected in all embryos. Although this
5 might reduce the chances of miscarriage, again, the reduction in available embryos may not
6 translate to an increased chance of having a baby. Additionally, although the point estimate
7 reported in the studies considered by the HFEA favoured PGT-A, the 95% confidence
8 intervals all crossed the line of no effect, which would usually (according to standard NICE
9 methodology) be interpreted as showing no important difference between interventions for
10 the outcome miscarriage rates. The Cochrane review also concluded that it is uncertain
11 whether PGT-A with blastocyst-stage biopsy improves miscarriage rate. The committee
12 agreed that based on the available evidence it was uncertain whether PGT-A reduced
13 miscarriage rates. The committee acknowledged that there could be the potential for people
14 with recurrent miscarriage to benefit from PGT-A, but this group is outside the scope of this
15 guideline.

16 The HFEA also considered the effectiveness of PGT-A in a sub-group of older women but
17 gave PGT-A a grey rating because there was insufficient relevant evidence considered to be
18 of moderate or high quality for this cohort. The committee noted that the study included in the
19 Cochrane review did a subgroup analysis in older participants and did find an improvement in
20 live birth rates exclusively in older women who had at least 2 embryos available for transfer,
21 but this effect was not sustained in the intention to treat analysis. Therefore, the committee
22 agreed there was insufficient evidence that PGT-A was effective in older women.

23 The committee's recommendation not to offer PGT-A to fertility patients was based on the
24 HFEA treatment rating and the Cochrane review which showed that PGT-A can reduce the
25 number of embryos available for transfer, without necessarily improving live birth rates.

1 **Cost effectiveness and resource use**

2 Two UK economic evaluations (Scriven 2017, Scriven 2022) were included for this review
3 question. The committee noted that both were based on a hypothetical cohort of patients and
4 that the author notes that, whilst the analysis can provide insights into the cost-effectiveness
5 of PGT-A, it is not a substitute for randomised trials. The committee also reflected that the
6 analysis presented incremental cost-effectiveness ratios for both live birth and miscarriage.
7 Furthermore, in the absence of a particular strategy being cost-effective for both outcomes,
8 cost-effectiveness would seem to require a qualitative trade-off between them.

9 Scriven (2017) found that whilst PGT-A strategies had higher costs than no testing, it was
10 also characterised by lower birth rates and so on those grounds was dominated by not
11 testing. However, PGT-A strategies did lead to lower miscarriage rates. Scriven (2022) also
12 concluded that PGT-A is effective in reducing the rate of miscarriage but also that a strategy
13 which excludes embryos with intermediate copy number results from transfer can reduce the
14 chance of a first live birth from a full cycle. The study suggested that a strategy of only
15 transferring embryos with a 'uniform' euploid test result had the potential to be cost-effective
16 in women aged over 40 years as the ability of the test to detect non-viable embryos
17 increases in older women.

18 The committee noted that both studies had serious limitations and were only intended to give
19 insights into the cost-effectiveness. No strong conclusion was made with respect to the cost-
20 effectiveness of PGT-A although the earlier paper suggested that PGT-A was unlikely to be
21 beneficial to most women. The committee agreed that neither study provided evidence that
22 would support a cost-effective recommendation to offer PGT-A.

23 **Other factors the committee took into account**

24 The committee were also aware of the recommendation made on PGT-A by the European
25 Society of Human Reproduction and Embryology (ESHRE; Good practice recommendations
26 on add-ons in reproductive medicine). This recommendation was based on existing RCTs
27 and systematic reviews (including the Cochrane review referred to by the HFEA: Cornelisse
28 2020), as well as consideration of the cost of PGT-A and any safety concerns (ESHRE Add-
29 ons working group 2023). Some additional safety concerns associated with PGT-A that were
30 highlighted by ESHRE included a potential increased risk of intrauterine growth restriction,
31 hypertensive disorders of pregnancy compared to IVF/ICSI, and hypertensive disorder in
32 pregnancy, large for-gestational age, and macrosomia due to the freeze-all strategy usually
33 used for PGT-A cycles. The committee agreed the NICE recommendation aligns with
34 ESHRE's findings that PGT-A could not be recommended for routine clinical use.

35 The full guideline can be found on ESHRE's website: [https://www.eshre.eu/Guidelines-and-](https://www.eshre.eu/Guidelines-and-Legal/Guidelines/Addons)
36 [Legal/Guidelines/Addons](https://www.eshre.eu/Guidelines-and-Legal/Guidelines/Addons)

37 **Recommendations supported by this evidence review**

38 This evidence review supports recommendation 1.10.25.

39 **References**

40 **Cornelisse 2020**

41 Cornelisse S, Zagers M, Kostova E, Fleischer K, van Wely M, Mastenbroek S.
42 Preimplantation genetic testing for aneuploidies (abnormal number of chromosomes) in in
43 vitro fertilisation. Cochrane Database of Systematic Reviews 2020, Issue 9. Art. No.:
44 CD005291. DOI: 10.1002/14651858.CD005291.pub3. <accessed 12/04/2024>

1 **ESHRE Add-ons working group 2023**

2 ESHRE Add-ons working group, K Lundin, J G Bentzen, G Bozdag, T Ebner, J Harper, N Le
3 Clef, A Moffett, S Norcross, N P Polyzos, S Rautakallio-Hokkanen, I Sfontouris, K Sermon, N
4 Vermeulen, A Pinborg, Good practice recommendations on add-ons in reproductive
5 medicine, Human Reproduction, Volume 38, Issue 11, November 2023, Pages 2062–2104,
6 <https://doi.org/10.1093/humrep/dead184> <accessed 12/04/2024>

7 **HFEA**

8 HFEA, Pre-implantation genetic testing for aneuploidy (PGT-A), October 2023,
9 [https://www.hfea.gov.uk/treatments/treatment-add-ons/pre-implantation-genetic-testing-for-](https://www.hfea.gov.uk/treatments/treatment-add-ons/pre-implantation-genetic-testing-for-aneuploidy-pgt-a/)
10 [aneuploidy-pgt-a/](https://www.hfea.gov.uk/treatments/treatment-add-ons/pre-implantation-genetic-testing-for-aneuploidy-pgt-a/) <accessed 12/04/2024>

11 **HFEA**

12 HFEA, Scientific and Clinical Advances Advisory Committee (SCAAC) – Agenda (Hybrid),
13 July 2023, available at [https://www.hfea.gov.uk/about-us/our-authority-committees-and-](https://www.hfea.gov.uk/about-us/our-authority-committees-and-panels/scientific-and-clinical-advances-advisory-committee-scaac/)
14 [panels/scientific-and-clinical-advances-advisory-committee-scaac/](https://www.hfea.gov.uk/about-us/our-authority-committees-and-panels/scientific-and-clinical-advances-advisory-committee-scaac/) <accessed 12/04/2024>

15 **HFEA**

16 HFEA, Scientific and Clinical Advances Advisory Committee (SCAAC) – minutes –
17 Treatment add-ons, July 2023, available at [https://www.hfea.gov.uk/about-us/our-authority-](https://www.hfea.gov.uk/about-us/our-authority-committees-and-panels/scientific-and-clinical-advances-advisory-committee-scaac/)
18 [committees-and-panels/scientific-and-clinical-advances-advisory-committee-scaac/](https://www.hfea.gov.uk/about-us/our-authority-committees-and-panels/scientific-and-clinical-advances-advisory-committee-scaac/)
19 <accessed 12/04/2024>

20

Appendices

Appendix A Review protocols

Review protocol for review question: What is the clinical and cost effectiveness of pre-implantation genetic testing for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people undergoing fertility treatment?

Table 4: Review protocol

ID	Field	Content
0.	PROSPERO registration number	CRD42023451157
1.	Review title	Clinical and cost effectiveness of pre-implantation genetic testing for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people undergoing fertility treatment
2.	Review question	What is the clinical and cost effectiveness of pre-implantation genetic testing for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people undergoing fertility treatment?
3.	Objective	To determine the clinical and cost effectiveness of pre-implantation genetic testing for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people undergoing fertility treatment
4.	Searches	<p>The following databases will be searched (with no date limit):</p> <p>Clinical searches</p> <ul style="list-style-type: none"> • Cochrane Central Register of Controlled Trials (CENTRAL) • Cochrane Database of Systematic Reviews (CDSR) • Embase • MEDLINE ALL • Epistemonikos <p>Searches will be restricted by:</p>

		<ul style="list-style-type: none"> English language Human studies <p>The guideline committee will decide whether and when to re-run the searches before final submission of the review to retrieve further studies for inclusion.</p> <p>The full search strategies for MEDLINE database will be published in the final review.</p>
5.	Condition or domain being studied	Fertility treatment add-ons
6.	Population	<p>Inclusion:</p> <ul style="list-style-type: none"> People undergoing IVF for a health-related fertility problem. <p>In this guideline, people with health-related fertility problems are those who have a known health-related impediment to fertility, or those who do not achieve a pregnancy:</p> <ul style="list-style-type: none"> after 12 months of regular unprotected sexual intercourse or after 6 cycles of artificial insemination. <p>Exclusion: Studies that restrict analysis to those reaching a euploid embryo transfer, or where PGT-A was not performed on full cohort of embryos, will not be included.</p>
7.	Interventions	<ul style="list-style-type: none"> IVF with preimplantation genetic testing for aneuploidies (PGT-A), previously known as preimplantation genetic screening (PGS) <p>Exclusion: Only studies that use PGT-A with blastocyst biopsy will be included, studies where the timing of biopsy is at polar body or cleavage stage will be excluded.</p> <p>Only studies that use genome-wide analysis will be included. Studies using fluorescence in situ hybridisation (FISH) will be excluded.</p>
8.	Comparators	IVF without PGT-A
9.	Types of study to be included	<ul style="list-style-type: none"> Systematic reviews of RCTs RCTs (individual or cluster) If no RCT evidence:

		<ul style="list-style-type: none"> Quasi-randomised controlled trials (experimental studies using a non-randomly assigned control group design with matched comparison or another method of controlling for confounding variables)
10.	Other exclusion criteria	<p>Other exclusion criteria:</p> <ul style="list-style-type: none"> Language limitations: non-English-language papers will be excluded (unless data can be obtained, and risk of bias assessed, from an existing systematic review) Conference abstracts, dissertations and unpublished data will not be included unless the data can be extracted (and risk of bias assessed) from elsewhere (for instance, from an existing systematic review)
11.	Context	This guidance will fully update the following NICE guideline: Fertility problems: assessment and treatment (last updated 2017; CG156)
12.	Primary outcomes (critical outcomes)	<ul style="list-style-type: none"> Live birth (as defined by study, risk of bias assessments will reflect where this is not defined as a live birth to include a gestational age of ≥ 20 weeks) Clinical pregnancy (as defined by study, risk of bias assessments will reflect where this is not defined as an ultrasound scan that has shown at least one fetal heart rate) <p>The primary unit of analysis will be cumulative rates (of each outcome) per woman randomised</p>
13.	Secondary outcomes (important outcomes)	<ul style="list-style-type: none"> Miscarriage (loss of a baby before 24 weeks gestational age) Multiple gestation (as defined by study, risk of bias assessments will reflect where this is not defined as an ultrasound scan that has shown at least 2 fetal heartbeats) Time to pregnancy Number of cycles without an embryo transfer Chromosomal abnormalities in the baby
14.	Data extraction (selection and coding)	<p>All references identified by the searches and from other sources will be uploaded into EPPI and de-duplicated. Titles and abstracts of the retrieved citations will be screened to identify studies that potentially meet the inclusion criteria outlined in the review protocol.</p> <p>Dual sifting will be performed on at least 10% of records; 90% agreement is required. Disagreements will be resolved via discussion between the two reviewers, and consultation with senior staff if necessary.</p> <p>Full versions of the selected studies will be obtained for assessment. Studies that fail to meet the inclusion criteria once the full version has been checked will be excluded at this stage. Each study excluded after checking the full version will be listed, along with the reason for its exclusion. A standardised form will be used to extract data from studies included after full-text review. The following data will be extracted: study details, participant characteristics, inclusion and exclusion criteria, details of the interventions, setting and follow-up, relevant outcome data and source of funding. One reviewer will extract relevant data into a standardised form, and this will be quality assessed by a senior reviewer.</p>

15.	Risk of bias (quality) assessment	<p>Quality assessment of individual studies will be performed using the following checklists:</p> <ul style="list-style-type: none"> • ROBIS tool for systematic reviews • Cochrane RoB tool v.2 for RCTs (and quasi-RCTs, if no RCT evidence identified) <p>The quality assessment will be performed by one reviewer and this will be quality assessed by a senior reviewer.</p>
16.	Strategy for data synthesis	<p>Depending on the availability of the evidence, the findings will be summarised narratively or quantitatively. Where there is available data, meta-analyses will be conducted using Cochrane Review Manager software, and data will be presented as risk ratios or odds ratios for dichotomous outcomes, and mean differences or standardised mean differences for continuous outcomes. It is considered likely that a fixed-effects model will be used for pairwise meta-analyses (based on the assumption that studies will be similar in terms of populations and interventions).</p> <p>Heterogeneity in the effect estimates of the individual studies will be assessed using the I² statistic. Alongside visual inspection of the point estimates and confidence intervals, I² values of greater than 50% and 80% will be considered as significant and very significant heterogeneity, respectively. Heterogeneity will be explored as appropriate using pre-specified subgroup analysis. Where heterogeneity cannot be accounted for by subgroup analysis, a random effects meta-analysis will be conducted (and both random effects and fixed effects analyses will be presented). If the fixed and random effect estimates differ, sensitivity analyses excluding small studies will be considered. If very significant heterogeneity remains, data will not be pooled across studies, and results will be summarised narratively.</p> <p>The confidence in the findings across all available evidence will be evaluated for each outcome using an adaptation of the 'Grading of Recommendations Assessment, Development and Evaluation (GRADE) toolbox' developed by the international GRADE working group: http://www.gradeworkinggroup.org/</p> <p>Importance and imprecision of findings will be assessed against minimally important differences (MIDs). The following MIDs will be used:</p> <ul style="list-style-type: none"> • Live birth: statistical significance • Continuous outcomes: +/- 0.5x pooled control group SD for mean difference and SMD -0.5/0.5 for standardised mean difference • Dichotomous outcomes (other than live birth): 0.8 and 1.25 for all relative dichotomous outcomes
17.	Analysis of sub-groups	<p>Evidence will be sub-grouped by the following:</p> <ul style="list-style-type: none"> • Female age (based on the mean age in the study): <ul style="list-style-type: none"> ◦ <35 years ◦ 35-39 years ◦ ≥39 years <p>Where evidence is sub grouped the committee will consider on a case-by-case basis if separate recommendations</p>

		should be made for distinct groups. Separate recommendations may be made where there is evidence of a differential effect of interventions in distinct groups. If there is a lack of evidence in one group, the committee will consider, based on their experience, whether it is reasonable to extrapolate and assume the interventions will have similar effects in that group compared with others.		
18.	Type and method of review	<input checked="" type="checkbox"/>	Intervention	
		<input type="checkbox"/>	Diagnostic	
		<input type="checkbox"/>	Prognostic	
		<input type="checkbox"/>	Qualitative	
		<input type="checkbox"/>	Epidemiologic	
		<input type="checkbox"/>	Service Delivery	
		<input type="checkbox"/>	Other (please specify)	
19.	Language	English		
20.	Country	England		
21.	Anticipated or actual start date	July 2023		
22.	Anticipated completion date	November 2024		
23.	Stage of review at time of this submission	Review stage	Started	Completed
		Preliminary searches	<input type="checkbox"/>	<input type="checkbox"/>
		Piloting of the study selection process	<input type="checkbox"/>	<input type="checkbox"/>
		Formal screening of search results against eligibility criteria	<input type="checkbox"/>	<input type="checkbox"/>
		Data extraction	<input type="checkbox"/>	<input type="checkbox"/>
		Risk of bias (quality) assessment	<input type="checkbox"/>	<input type="checkbox"/>
		Data analysis	<input type="checkbox"/>	<input type="checkbox"/>
24.	Named contact	5a. Named contact Guideline development team A		

		<p>5b. Named contact e-mail FertilityProblems@nice.org.uk</p> <p>5c. Organisational affiliation of the review National Institute for Health and Care Excellence (NICE)</p>
25.	Review team members	Senior Technical Analyst Technical Analyst
26.	Funding sources/sponsor	This systematic review is being completed by NICE.
27.	Conflicts of interest	All guideline committee members and anyone who has direct input into NICE guidelines (including the evidence review team and expert witnesses) must declare any potential conflicts of interest in line with NICE's code of practice for declaring and dealing with conflicts of interest. Any relevant interests, or changes to interests, will also be declared publicly at the start of each guideline committee meeting. Before each meeting, any potential conflicts of interest will be considered by the guideline committee Chair and a senior member of the development team. Any decisions to exclude a person from all or part of a meeting will be documented. Any changes to a member's declaration of interests will be recorded in the minutes of the meeting. Declarations of interests will be published with the final guideline.
28.	Collaborators	Development of this systematic review will be overseen by an advisory committee who will use the review to inform the development of evidence-based recommendations in line with section 3 of Developing NICE guidelines: the manual . Members of the guideline committee are available on the NICE website: https://www.nice.org.uk/guidance/indevelopment/gid-ng10263
29.	Other registration details	None
30.	URL for published protocol	https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42023451157
31.	Dissemination plans	<p>NICE may use a range of different methods to raise awareness of the guideline. These include standard approaches such as:</p> <ul style="list-style-type: none"> notifying registered stakeholders of publication publicising the guideline through NICE's newsletter and alerts issuing a press release or briefing as appropriate, posting news articles on the NICE website, using social media channels, and publicising the guideline within NICE.
32.	Keywords	Fertility treatment add-on, infertility, pre-implantation genetic testing for aneuploidy, PGT-A
33.	Details of existing review of	None

	same topic by same authors		
34.	Current review status	<input type="checkbox"/>	Ongoing
		<input type="checkbox"/>	Completed but not published
		<input type="checkbox"/>	Completed and published
		<input type="checkbox"/>	Completed, published and being updated
		<input checked="" type="checkbox"/>	Discontinued
35..	Additional information	None	
36.	Details of final publication	www.nice.org.uk	

CDSR: Cochrane Database of Systematic Reviews; CENTRAL: Cochrane Central Register of Controlled Trials; DARE: Database of Abstracts of Reviews of Effects; GRADE: Grading of Recommendations Assessment, Development and Evaluation; HTA: Health Technology Assessment; MID: minimally important difference; NGA: National Guideline Alliance; NHS: National health service; NICE: National Institute for Health and Care Excellence; RCT: randomised controlled trial; RoB: risk of bias; SD: standard deviation

1 Appendix B Quality assessment (AGREE II)

2 **AGREE II reviewer scoring tables for review question: What is the clinical and cost effectiveness of pre-implantation genetic**
 3 **testing for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people**
 4 **undergoing fertility treatment?**

5 **Table 5: AGREE II quality assessment of HFEA evidence statements**

	1. Scope and purpose				2. Stakeholder involvement			3. Rigour of development									4. Clarity of presentation				5. Applicability					6. Editorial independence			
Reviewer	Objectives	Question	Population	Totals and scores%	Group membership	Target population	Target users	Totals and scores%	Search methods	Evidence selection criteria	Evidence strengths and limitations	Formulation of recs	Consideration of benefits/harms	Link between recommendations and evidence	External review	Updating procedure	Totals and scores%	Specific and unambiguous recs	Management options	Identifiable key recs	Totals and scores%	Facilitators and barriers to implementation	Implementation advice/tools	Resource implications	Monitoring/auditing criteria	Totals and scores%	Funding body	Competing interests	Totals and scores%
R1	5	5	6	16	7	4	5	16	3	4	6	7	7	5	1	6	39	2	1	5	8	1	1	4	1	7	2	1	3
R2	2	3	3	8	7	3	2	12	3	2	3	1	2	2	1	1	15	2	1	1	4	1	1	1	1	4	1	1	2
Score%				50%				61%									40%				17%					6%			4%

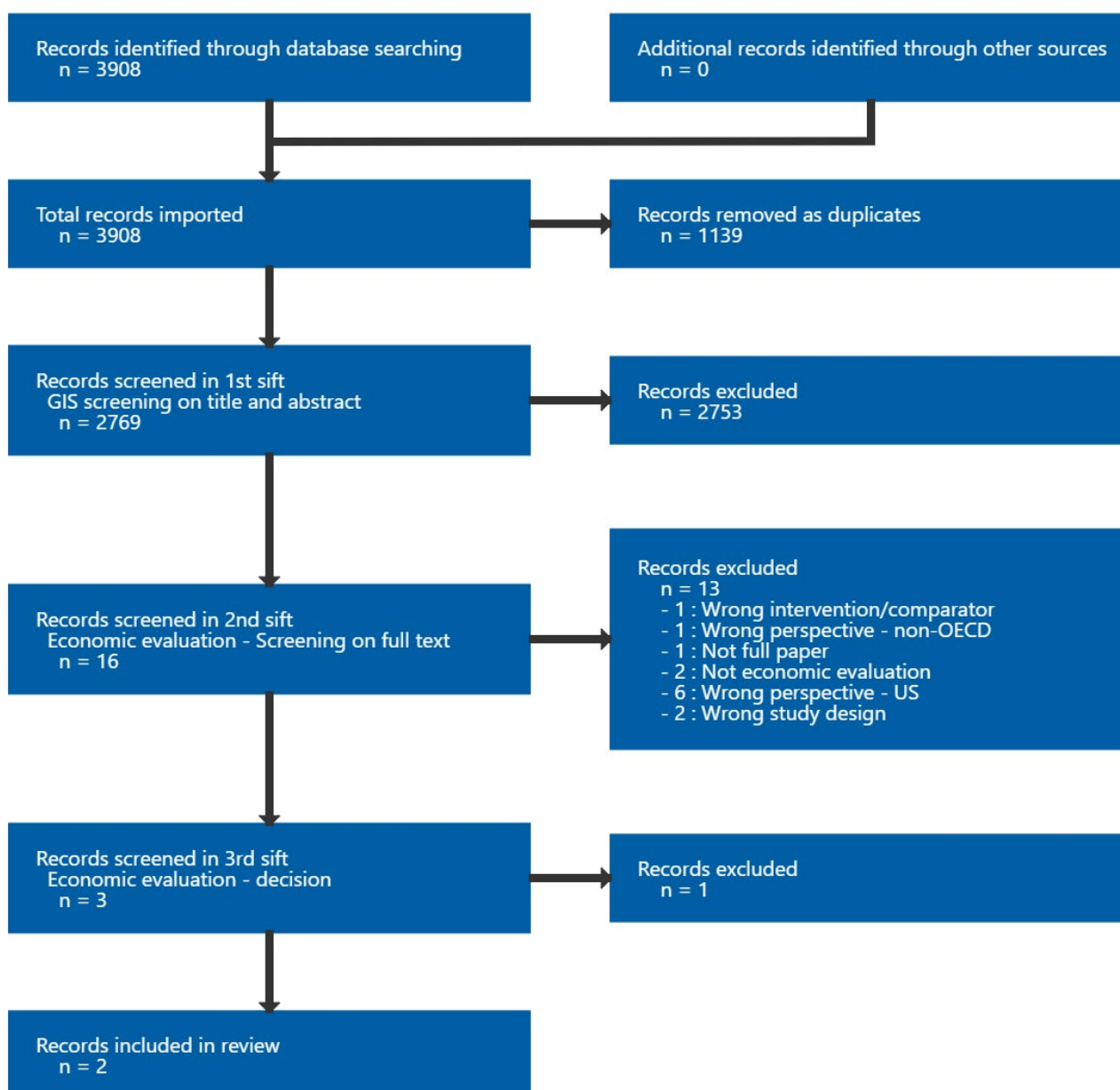
6

Appendix C Economic evidence study selection

Study selection for review question: What is the clinical and cost effectiveness of pre-implantation genetic testing for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people undergoing fertility treatment?

Two economic evaluations were included for this review question.

Figure 1: Study selection flow chart



1 Appendix D Economic evidence tables

2 Economic evidence tables for review question: What is the clinical and cost effectiveness of pre-implantation genetic testing
3 for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people
4 undergoing fertility treatment?

5 Table 6: Economic evidence tables for PGT-A as a treatment add-on for people undergoing fertility treatment

Study country and type	Intervention and comparator	Study population, design and data sources	Costs and outcomes (descriptions and values)	Results	Comments
Author and year: Scriven 2017 Country: UK Type of economic analysis: CEA Source of funding: No funding received for this study	Intervention: For embryos with an abnormal test result: 1. Exclude from transfer (PGS1) 2. Available for transfer but ranked below those with a normal test result (PGS2) Comparator: No testing	Population: People undergoing IVF Modelling approach: Decision analytic model Source of baseline data: Franasia 2014 Used to estimate aneuploid and euploid genetic test result probabilities Source of effectiveness data: Scott 2012 Used to estimate the probability that aneuploid and euploid	Costs: Healthcare perspective Mean cost: <i>No testing:</i> £7,547 <i>PGS1:</i> £9,087 <i>PGS2:</i> £9,606 Primary measure of outcome: Live births Miscarriage Mean outcome:	ICERs: <i>Live Birth</i> No testing dominates for live births <i>Miscarriage</i> <i>PGS1 v No testing</i> £81,013 per miscarriage avoided <i>PGS2 v PGS1</i> PGS1 dominates PGS2	Currency: GBP Cost year: 2016 Time horizon: 2-year 'virtual' trial Discounting: None Applicability: Partially applicable Limitations: Serious limitations Other comments: No PSA but effect estimates are highly uncertain Data based on a prospective

Study country and type	Intervention and comparator	Study population, design and data sources	Costs and outcomes (descriptions and values)	Results	Comments
		<p>embryos would result in clinical pregnancy, implantation failure, live birth or miscarriage</p> <p>Source of cost data: Expert opinion</p> <p>Source of unit cost data: Guy's and St Thomas' Assisted Conception Unit Private Healthcare self-funding costs and Private Healthcare UK</p>	<p>Live Birth</p> <p><i>No testing:</i> 0.648</p> <p><i>PGS1:</i> 0.633</p> <p><i>PGS2:</i> 0.648</p> <p>Miscarriage</p> <p><i>No testing:</i> 0.056</p> <p><i>PGS1:</i> 0.037</p> <p><i>PGS2:</i> 0.046</p>		<p>non-selection study where the clinical miscarriage rate per clinical pregnancy was calculated to be 8.5% (5/59) without genetic testing and 5.1% (3/59) following aneuploidy screening. Small numbers and wide confidence intervals for these data.</p> <p>The authors note, adding PGS universally to a first treatment cycle is likely to be an expensive way of reducing the risk of clinical miscarriage and shortening treatment time without a substantial reduction in the cost of genetic testing.</p> <p>Costs of assisted conception based on a single private UK clinic.</p> <p>Difficult to envisage a decision rule to appraise ICERs for 2 different outcomes</p>
<p>Author and year: Scriven 2022</p> <p>Country: UK</p>	<p>Intervention:</p> <p>1. PGT-A1: only embryos with a uniform euploid test result are</p>	<p>Population: Women undergoing IVF using their own eggs.</p> <p>Modelling approach:</p>	<p>Costs: Healthcare perspective</p> <p>Multiple scenarios are presented by treatment,</p>	<p>Multiple scenarios are presented by treatment, maternal age and number of blastocysts. For ease of exposition results are presented for women</p>	<p>Currency: GBP</p> <p>Cost year: 2022</p> <p>Time horizon:</p>

Study country and type	Intervention and comparator	Study population, design and data sources	Costs and outcomes (descriptions and values)	Results	Comments
Type of economic analysis: CEA Source of funding: NR	<p>transferred</p> <p>2. PGT-A2: only embryos with a uniform euploid or low-grade aneuploid/diploid are transferred without ranking</p> <p>3. PGT-A3: transfers all embryos without ranking except those with a uniform aneuploid test result</p> <p>Comparator: No testing</p>	<p>Decision analytic modelling</p> <p>Source of baseline data: Scriven 2017</p> <p>Source of effectiveness data: Viotti 2021 and Armstrong 2022</p> <p>Source of cost data: NR</p> <p>Source of unit cost data: Publicly available UK private treatment prices in from a provider in London and Nottingham before a scheduled update on 1 July 2022</p>	<p>maternal age and number of blastocysts. For ease of exposition results are just presented for women aged 41-42 years, having IVF with ICSI and with 10 blastocysts</p> <p>Mean cost: <i>No testing:</i> £16,657</p> <p><i>PGT-A1:</i> £13,538</p> <p><i>PGT-A2:</i> £13,885</p> <p><i>PGT-A3:</i> £14,393</p> <p>Mean outcome: <i>Live Birth</i></p> <p><i>No testing:</i> 0.085</p> <p><i>PGT-A1:</i></p>	<p>aged 41-42 years, having IVF with ICSI and with 10 blastocysts</p> <p>ICERs:</p> <p><i>Live Birth</i></p> <p><i>PGT-A2 v PGT-A1</i> £33,867 per live birth</p> <p><i>PGT-A3 v PGT-A2</i> £128,640 per live birth</p> <p><i>No testing v PGT-A3</i> £5,180,778 per live birth</p> <p>Miscarriage</p> <p>PGT-A1 dominates other strategies for miscarriages</p>	<p>Not stated</p> <p>Discounting: None</p> <p>Applicability: Partially applicable</p> <p>Limitations:</p> <p>Other comments: Sensitivity analysis explored the impact of reducing PGT-A costs by 50%</p> <p>Full incremental analysis not presented but can be calculated</p> <p>Costs based on private clinic costs single private UK clinic.</p> <p>Difficult to envisage a decision rule to appraise ICERs for 2 different outcomes</p>

Study country and type	Intervention and comparator	Study population, design and data sources	Costs and outcomes (descriptions and values)	Results	Comments
			<p>0.076</p> <p>PGT-A2: 0.081</p> <p>PGT-A3: 0.085</p> <p>Miscarriage</p> <p>No testing: 0.032</p> <p>PGT-A1: 0.007</p> <p>PGT-A2: 0.009</p> <p>PGT-A3: 0.012</p>		

1 ICER: Incremental cost-effectiveness ratio; NR: Not reported; PGS: Preimplantation genetic screening; PGT-A: Preimplantation generic testing - aneuploidy

1

2 **Appendix E Economic model**

3 **Economic model for review question: What is the clinical and cost**
4 **effectiveness of pre-implantation genetic testing for aneuploidy (PGT-A; with**
5 **blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for**
6 **people undergoing fertility treatment?**

7 No economic analysis was conducted for this review question.

8

9

10

Appendix F Excluded studies

Excluded studies for review question: What is the clinical and cost effectiveness of pre-implantation genetic testing for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people undergoing fertility treatment?

Excluded effectiveness studies

No effectiveness evidence review was conducted, therefore there are no excluded studies.

Excluded economic studies

Table 7: Excluded health economic studies

Study	Code [Reason]
Somigliana, Edgardo; Busnelli, Andrea; Paffoni, Alessio et al. (2019) Cost-effectiveness of preimplantation genetic testing for aneuploidies. Fertility and sterility; vol. 111 (no. 6); 1169-1176	- Excluded at check listing stage
Lee, Evelyn; Zhang, Jinhu (2022) Which assisted reproductive technology (ART) treatment strategy is the most clinically and cost-effective for women of advanced maternal age: a Markov model. BMC health services research vol. 22 (no. 1); 1197	- Wrong intervention / comparator
Mersereau, Jennifer E; Plunkett, Beth A; Cedars, Marcelle I (2008) Preimplantation genetic screening in older women: a cost-effectiveness analysis. Fertility and sterility; vol. 90 (no. 3); 592-8	- Wrong perspective – US
Lee, Malinda; Lofgren, Katherine T; Thomas, Ann; Lanes, Andrea et al. (2021) The cost-effectiveness of preimplantation genetic testing for aneuploidy in the United States: an analysis of cost and birth outcomes from 158,665 in vitro fertilization cycles. American journal of obstetrics and gynecology; vol. 225 (no. 1); 55e1-55e17	- Wrong perspective – US
Collins, Stephen C; Xu, Xiao; Mak, Winifred (2017) Cost-effectiveness of preimplantation genetic screening for women older than 37 undergoing in vitro fertilization. Journal of assisted reproduction and genetics; vol. 34 (no. 11); 1515-1522	- Wrong perspective – US
Neal, Shelby A; Morin, Scott J; Franasiak, Jason M; Goodman, Linnea R et al. (2018) Preimplantation genetic testing for aneuploidy is cost-effective, shortens treatment time, and reduces the risk of failed embryo transfer and clinical miscarriage.	- Wrong perspective – US

Study	Code [Reason]
Vaiarelli, Alberto; Cimadomo, Danilo; Gennarelli, Gianluca et al. (2022) Second stimulation in the same ovarian cycle: an option to fully-personalize the treatment in poor prognosis patients undergoing PGT-A. <i>Journal of assisted reproduction and genetics</i> ; vol. 39 (no. 3); 663-673	- Wrong study design
Lee, Evelyn; Costello, Michael F; Botha, Willings C; Illingworth, Peter; Chambers, Georgina M (2019) A cost-effectiveness analysis of preimplantation genetic testing for aneuploidy (PGT-A) for up to three complete assisted reproductive technology cycles in women of advanced maternal age. <i>The Australian & New Zealand journal of obstetrics & gynaecology</i> ; vol. 59 (no. 4); 573-579	- Wrong study design
He, Xuan; Wang, Xiao; Shen, Jiaojie; Wan, Bin; Wang, Yingpeng et al. (2023) Cost-effectiveness of preimplantation genetic testing for aneuploidy for women with subfertility in China: an economic evaluation using evidence from the CESE-PGS trial. <i>BMC pregnancy and childbirth</i> ; vol. 23 (no. 1); 254	- Wrong perspective – non-OECD
Facadio Antero, Maria; Singh, Bhuchitra; Pradhan, Apoorva; Gornet, Megan et al. (2021) Cost-effectiveness of preimplantation genetic testing for aneuploidy for fresh donor oocyte cycles. <i>F&S reports</i> ; vol. 2 (no. 1); 36-42	- Wrong perspective – US
Khorshid, Arian; Bavan, Brindha; Chung, Esther H; Lathi, Ruth B (2024) Mosaic embryo transfer versus additional IVF with PGT-A Cycle: a decision model comparing live birth rate and cost. <i>Journal of assisted reproduction and genetics</i> ; vol. 41 (no. 3); 635-641	- Wrong perspective – US
Ledger, William (2019) Preimplantation genetic screening should be used in all in vitro fertilisation cycles in women over the age of 35 years: AGAINST: Pre-implantation genetic screening should not be used in all IVF cycles in women over the age of 35 years. <i>BJOG : an international journal of obstetrics and gynaecology</i> ; vol. 126 (no. 13); 1555	- Not an economic evaluation
Ben Nagi, Jara; Serhal, Paul; Wells, Dagan; Jones, Benjamin P (2019) Preimplantation genetic screening should be used in all in vitro fertilisation cycles in women over the age of 35 years: FOR: Optimising reproductive outcomes is cost-effective and minimises adverse sequelae. <i>BJOG : an international journal of obstetrics and gynaecology</i> ; vol. 126 (no. 13); 1554	- Not a full paper
McIntyre, L (2001) Pre-implantation diagnosis; London: Bazian Ltd (Editors), Wessex Institute for Health Research and Development, University of Southampton	- Not economic evaluation

Appendix G Research recommendations – full details

Research recommendations for review question: What is the clinical and cost effectiveness of pre-implantation genetic testing for aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis) as a treatment add-on for people undergoing fertility treatment?

No research recommendations were made for this review question.

1 Appendix H Health economic literature search strategies

2 Health economic literature search strategies for review question: What is the
3 clinical and cost effectiveness of pre-implantation genetic testing for
4 aneuploidy (PGT-A; with blastocyst stage biopsy and genome-wide analysis)
5 as a treatment add-on for people undergoing fertility treatment?

6 Database: Ovid MEDLINE(R) ALL <1946 to May 08, 2024>

7 Date of last search: 09/05/2024

#	Searches
1	exp Fertilization in Vitro/
2	exp Embryo Transfer/ or Embryo Implantation/
3	Blastocyst/
4	(embryo* or blastocyst* or blastomer*).tw.
5	vitro fertili?ation.tw.
6	(ivf or ICSI).tw.
7	((intracytoplas* or intra-cytoplas*) adj2 (sperm or injection*)).tw.
8	exp Reproductive Techniques, Assisted/
9	(assisted adj1 (reproduct* or conception)).tw.
10	live birth*.tw.
11	abortion, spontaneous/ or abortion, habitual/ or embryo loss/
12	(implant* adj2 (poor or fail*)).tw.
13	(pregnan* adj3 (fail* or loss*)).tw.
14	(abortion* adj2 (habitual or recurr* or threaten* or spontaneous*)).tw.
15	miscarriage*.tw.
16	(older adj2 (wom?n or female* or maternal* or reproductive*)).tw.
17	(advanced adj2 age*).tw.
18	("35 year*" or "age 35*" or "39 year*" or "age 39*" or "4* year" or "age 4*").tw.
19	or/1-18
20	exp Chromosome Aberrations/
21	Preimplantation Diagnosis/
22	Genetic Testing/
23	chromosom*.tw.
24	aneuploid*.tw.
25	((Preimplant* or pre-implant*) adj3 (gene* or diagnos* or test* or screen*)).tw.
26	(gene* adj3 screen*).tw.
27	(PGS or PGD or PGTA or PGT).tw.
28	Comparative Genomic Hybridization/
29	(genom* adj2 hybrid*).tw.
30	(CGH or aCGH).tw.
31	exp Polymerase Chain Reaction/
32	(quantitative adj2 (polymerase or PCR)).tw.
33	qPCR.tw.
34	Polymorphism, Single Nucleotide/
35	(single nucleotide adj1 (polymorphism* or variant* or variation*)).tw.
36	(SNP or SNPs).tw.
37	Nucleic Acid Amplification Techniques/
38	((nucleic acid or rna or dna or whole-genome) adj2 amplification*).tw.
39	WGA.tw.
40	High-Throughput Nucleotide Sequencing/

#	Searches
41	((high-through* or next-gen*) adj1 sequenc*) or NGS).tw.
42	((Trophectoderm* or troph-ectoderm* or blastocyst) adj4 (biops* or diagnos* or analys* or screen* or test*)).tw.
43	(spent adj1 culture medi*).tw.
44	or/20-43
45	19 and 44
46	letter/
47	editorial/
48	news/
49	exp historical article/
50	Anecdotes as topic/
51	comment/
52	case reports/
53	(letter or comment*).ti.
54	or/46-53
55	randomized controlled trial/ or random*.ti,ab.
56	54 not 55
57	animals/ not humans/
58	exp Animals, Laboratory/
59	exp Animal Experimentation/
60	exp Models, Animal/
61	exp Rodentia/
62	(rat or rats or rodent* or mouse or mice).ti.
63	or/56-62
64	45 not 63
65	limit 64 to english language
66	Economics/
67	Value of life/
68	exp "Costs and Cost Analysis"/
69	exp Economics, Hospital/
70	exp Economics, Medical/
71	exp Resource Allocation/
72	Economics, Nursing/
73	Economics, Pharmaceutical/
74	exp "Fees and Charges"/
75	exp Budgets/
76	budget*.ti,ab.
77	cost*.ti,ab.
78	(economic* or pharmaco?economic*).ti,ab.
79	(price* or pricing*).ti,ab.
80	(financ* or fee or fees or expenditure* or saving*).ti,ab.
81	(value adj2 (money or monetary)).ti,ab.
82	resourc* allocat*.ti,ab.
83	(fund or funds or funding* or funded).ti,ab.
84	(ration or rations or rationing* or rationed).ti,ab.
85	ec.fs.
86	or/66-85
87	quality-adjusted life years/
88	sickness impact profile/
89	(quality adj2 (wellbeing or well being)).ti,ab.
90	sickness impact profile.ti,ab.
91	disability adjusted life.ti,ab.
92	(qal* or qtime* or qwb* or daly*).ti,ab.
93	(euroqol* or eq5d* or eq 5*).ti,ab.

#	Searches
94	(qol* or hql* or hqol* or h qol* or hrqol* or hr qol*).ti,ab.
95	(health utility* or utility score* or disutilit* or utility value*).ti,ab.
96	(hui or hui1 or hui2 or hui3).ti,ab.
97	(health* year* equivalent* or hye or hyes).ti,ab.
98	discrete choice*.ti,ab.
99	rosser.ti,ab.
100	(willingness to pay or time tradeoff or time trade off or tto or standard gamble*).ti,ab.
101	(sf36* or sf 36* or short form 36* or shortform 36* or shortform36*).ti,ab.
102	(sf20 or sf 20 or short form 20 or shortform 20 or shortform20).ti,ab.
103	(sf12* or sf 12* or short form 12* or shortform 12* or shortform12*).ti,ab.
104	(sf8* or sf 8* or short form 8* or shortform 8* or shortform8*).ti,ab.
105	(sf6* or sf 6* or short form 6* or shortform 6* or shortform6*).ti,ab.
106	or/87-105
107	65 and (86 or 106)

1 **Database: Embase <1974 to 2024 May 08>**

2 **Date of last search: 09/05/2024**

#	Searches
1	exp in vitro fertilization/
2	exp embryo transfer/ or nidation/
3	blastocyst/
4	(embryo* or blastocyst* or blastomer*).tw.
5	vitro fertili?ation.tw.
6	(ivf or ICSI).tw.
7	((intracytoplas* or intra-cytoplas*) adj2 (sperm or injection*).tw.
8	exp infertility therapy/
9	(assisted adj1 (reproduct* or conception)).tw.
10	live birth*.tw.
11	spontaneous abortion/ or recurrent abortion/ or embryo death/
12	(implant* adj2 (poor or fail*)).tw.
13	(pregnan* adj3 (fail* or loss*)).tw.
14	(abortion* adj2 (habitual or recurr* or threaten* or spontaneous*)).tw.
15	miscarriage*.tw.
16	(older adj2 (wom?n or female* or maternal* or reproductive*)).tw.
17	(advanced adj2 age*).tw.
18	("35 year*" or "age 35*" or "39 year*" or "age 39*" or "4* year" or "age 4*").tw.
19	or/1-18
20	exp chromosome aberration/
21	prenatal diagnosis/ or exp preimplantation genetic screening/
22	genetic screening/
23	chromosom*.tw.
24	aneuploid*.tw.
25	((Preimplant* or pre-implant*) adj3 (gene* or diagnos* or test* or screen*)).tw.
26	(gene* adj3 screen*).tw.
27	(PGS or PGD or PGTA or PGT).tw.
28	comparative genomic hybridization/
29	(genom* adj2 hybrid*).tw.
30	(CGH or aCGH).tw.
31	exp polymerase chain reaction/
32	(quantitative adj2 (polymerase or PCR)).tw.
33	qPCR.tw.

#	Searches
34	single nucleotide polymorphism/
35	(single nucleotide adj1 (polymorphism* or variant* or variation*)).tw.
36	(SNP or SNPs).tw.
37	nucleic acid amplification techniques/
38	((nucleic acid or rna or dna or whole-genome) adj2 amplification*).tw.
39	WGA.tw.
40	high throughput sequencing/
41	((high-through* or next-gen*) adj1 sequenc*) or NGS).tw.
42	trophectoderm biopsy/
43	((Trophectoderm* or troph-ectoderm* or blastocyst) adj4 (biops* or diagnos* or analys* or screen* or test*)).tw.
44	(spent adj1 culture medi*).tw.
45	or/20-44
46	19 and 45
47	letter.pt. or letter/
48	note.pt.
49	editorial.pt.
50	case report/ or case study/
51	(letter or comment*).ti.
52	or/47-51
53	randomized controlled trial/ or random*.ti,ab.
54	52 not 53
55	animal/ not human/
56	nonhuman/
57	exp Animal Experiment/
58	exp Experimental Animal/
59	animal model/
60	exp Rodent/
61	(rat or rats or rodent* or mouse or mice).ti.
62	or/54-61
63	46 not 62
64	limit 63 to english language
65	(conference abstract* or conference review or conference paper or conference proceeding).db,pt,su.
66	64 not 65
67	health economics/
68	exp economic evaluation/
69	exp health care cost/
70	exp fee/
71	budget/
72	funding/
73	resource allocation/
74	budget*.ti,ab.
75	cost*.ti,ab.
76	(economic* or pharmaco?economic*).ti,ab.
77	(price* or pricing*).ti,ab.
78	(financ* or fee or fees or expenditure* or saving*).ti,ab.
79	(value adj2 (money or monetary)).ti,ab.
80	resourc* allocat*.ti,ab.
81	(fund or funds or funding* or funded).ti,ab.
82	(ration or rations or rationing* or rationed).ti,ab.
83	or/67-82
84	quality adjusted life year/
85	"quality of life index"/
86	short form 12/ or short form 20/ or short form 36/ or short form 8/

#	Searches
87	sickness impact profile/
88	(quality adj2 (wellbeing or well being)).ti,ab.
89	sickness impact profile.ti,ab.
90	disability adjusted life.ti,ab.
91	(qal* or qtime* or qwb* or daly*).ti,ab.
92	(euroqol* or eq5d* or eq 5*).ti,ab.
93	(qol* or hql* or hqol* or h qol* or hrqol* or hr qol*).ti,ab.
94	(health utility* or utility score* or disutilit* or utility value*).ti,ab.
95	(hui or hui1 or hui2 or hui3).ti,ab.
96	(health* year* equivalent* or hye or hyes).ti,ab.
97	discrete choice*.ti,ab.
98	rosser.ti,ab.
99	(willingness to pay or time tradeoff or time trade off or tto or standard gamble*).ti,ab.
100	(sf36* or sf 36* or short form 36* or shortform 36* or shortform36*).ti,ab.
101	(sf20 or sf 20 or short form 20 or shortform 20 or shortform20).ti,ab.
102	(sf12* or sf 12* or short form 12* or shortform 12* or shortform12*).ti,ab.
103	(sf8* or sf 8* or short form 8* or shortform 8* or shortform8*).ti,ab.
104	(sf6* or sf 6* or short form 6* or shortform 6* or shortform6*).ti,ab.
105	or/84-104
106	66 and (83 or 105)

1 Database: HTA via CRD

2 Date of last search: 09/05/2024

#	Searches
1	MESH DESCRIPTOR Fertilization in Vitro EXPLODE ALL TREES
2	MESH DESCRIPTOR Embryo Transfer EXPLODE ALL TREES
3	MESH DESCRIPTOR Embryo Implantation
4	MESH DESCRIPTOR Blastocyst
5	(embryo* or blastocyst* or blastomer*)
6	("vitro fertilisation" or "vitro fertilization")
7	(ivf or ICSI)
8	((intracytoplas* or (intra next cytoplas*)) near2 (sperm or injection*))
9	MESH DESCRIPTOR Reproductive Techniques, Assisted EXPLODE ALL TREES
10	(assisted NEAR1 (reproduct* or conception))
11	(live next birth*)
12	MESH DESCRIPTOR Abortion, Spontaneous
13	MESH DESCRIPTOR Abortion, Habitual
14	MESH DESCRIPTOR Embryo Loss
15	(implant* near2 (poor or fail*))
16	(pregnan* near3 (fail* or loss*))
17	(abortion* near2 (habitual or recurr* or threaten* or spontaneous*))
18	miscarriage*
19	(older near2 (woman or women or female* or maternal* or reproductive*))
20	(advanced near2 age*)
21	((35 next year*) or (age next 35*) or (39 next year*) or (age next 39*) or (4* next year) or (age next 4*))
22	#1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20 or #21
23	MESH DESCRIPTOR Chromosome Aberrations EXPLODE ALL TREES
24	MESH DESCRIPTOR Preimplantation Diagnosis
25	MESH DESCRIPTOR Genetic Testing
26	chromosom*
27	aneuploid*

#	Searches
28	((Preimplant* or (pre next implant*)) near3 (gene* or diagnos* or test* or screen*))
29	(gene* near3 screen*)
30	(PGS or PGD or PGTA or PGT)
31	MESH DESCRIPTOR Comparative Genomic Hybridization
32	(genom* near2 hybrid*)
33	(CGH or aCGH)
34	MESH DESCRIPTOR Polymerase Chain Reaction EXPLODE ALL TREES
35	(quantitative near2 (polymerase or PCR))
36	qPCR
37	MESH DESCRIPTOR Polymorphism, Single Nucleotide
38	("single nucleotide" near1 (polymorphism* or variant* or variation*))
39	(SNP or SNPs)
40	MESH DESCRIPTOR Nucleic Acid Amplification Techniques
41	((("nucleic acid" or rna or dna or "whole-genome" or "whole genome") near2 amplification*))
42	WGA
43	MESH DESCRIPTOR High-Throughput Nucleotide Sequencing
44	((high next through*) near1 sequenc*)
45	((("next gen" or "next generation" or "next-gen" or "next-generation") near1 sequenc*))
46	NGS
47	((Trophectoderm* or (troph next ectoderm*) or blastocyst) near4 (biops* or diagnos* or analys* or screen* or test*))
48	(spent near1 ("culture media" or "culture medium"))
49	#23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34 OR #35 OR #36 OR #37 OR #38 OR #39 OR #40 OR #41 OR #42 OR #43 OR #44 OR #45 OR #46 OR #47 OR #48
50	#22 AND #49
51	(#22 AND #49) IN HTA

1 Database: INAHTA

2 Date of last search: 09/05/2024

#	Searches
1	"Fertilization in Vitro"[mhe]
2	"Embryo Transfer"[mhe]
3	"Embryo Implantation"[mh]
4	"Blastocyst"[mh]
5	(embryo* or blastocyst* or blastomer*)
6	("vitro fertilisation" or "vitro fertilization")
7	(ivf or ICSI)
8	((intracytoplasm* or "intra-cytoplasm" or "intra-cytoplasmic" or "intra cytoplasm" or "intra cytoplasmic") and (sperm or injection*))
9	"Reproductive Techniques, Assisted"[mhe]
10	(assisted and (reproduct* or conception))
11	("live birth" or "live births")
12	"Abortion, Spontaneous"[mh]
13	"Abortion, Habitual"[mh]
14	"Embryo Loss"[mh]
15	(implant* and (poor or fail*))
16	(pregnan* and (fail* or loss*))
17	(abortion* and (habitual or recurr* or threaten* or spontaneous*))
18	miscarriage*
19	(older and (woman or women or female* or maternal* or reproductive*))
20	("advanced age" or "advanced ages")
21	("35 year" or "35 years" or "age 35" or "39 year" or "39 years" or "age 39" or "40 year" or "40 years" or "age 40" or "41 year" or "41 years" or "age 41" or "42 year" or "42 years" or "age 42" or "43 year" or "43 years" or "age 43" or "44 year" or "44 years" or "age 44" or "45 year" or "45 years" or "age 45" or "46 year" or "46 years" or "age 46" or "47

#	Searches
	year" or "47 years" or "age 47" or "48 year" or "48 years" or "age 48" or "49 year" or "49 years" or "age 49")
22	#21 OR #20 OR #19 OR #18 OR #17 OR #16 OR #15 OR #14 OR #13 OR #12 OR #11 OR #10 OR #9 OR #8 OR #7 OR #6 OR #5 OR #4 OR #3 OR #2 OR #1
23	"Chromosome Aberrations"[mhe]
24	"Preimplantation Diagnosis"[mh]
25	"Genetic Testing"[mh]
26	chromosom*
27	aneuploid*
28	((Preimplant* or "pre-implant" or "pre-implantation" or "pre implant" or "pre implantation") and (gene* or diagnos* or test* or screen*))
29	(gene* and screen*)
30	(PGS or PGD or PGTA or PGT)
31	"Comparative Genomic Hybridization"[mh]
32	(genom* and hybrid*)
33	(CGH or aCGH)
34	"Polymerase Chain Reaction"[mhe]
35	(quantitative and (polymerase or PCR))
36	qPCR
37	"Polymorphism, Single Nucleotide"[mh]
38	("single nucleotide" and (polymorphism* or variant* or variation*))
39	(SNP or SNPs)
40	"Nucleic Acid Amplification Techniques"[mh]
41	((("nucleic acid" or rna or dna or "whole-genome" or "whole genome") and amplification*))
42	WGA
43	"High-Throughput Nucleotide Sequencing"[mh]
44	((("high-through" or "high-throughput" or "high through" or "high throughput" or "next-gen" or "next-generation" or "next gen" or "next generation") and sequenc*) or NGS)
45	((Trophectoderm* or "troph-ectoderm" or "troph ectoderm" or blastocyst) and (biops* or diagnos* or analys* or screen* or test*))
46	(spent and ("culture media" or "culture medium"))
47	#46 OR #45 OR #44 OR #43 OR #42 OR #41 OR #40 OR #39 OR #38 OR #37 OR #36 OR #35 OR #34 OR #33 OR #32 OR #31 OR #30 OR #29 OR #28 OR #27 OR #26 OR #25 OR #24 OR #23
48	#47 AND #22
49	Limit to English Language