

Polyendocrine Metabolic Ovarian Syndrome (formerly known as Polycystic Ovary Syndrome): assessment and management Guideline Committee Interests Register

Register last updated: 16/06/2026

Name	Role with NICE	Type of interest	Description of interest	Interest arose	Interest declared	Interest ceased	Comments
Rebecca Payne	Chair	Direct – financial	Salaried GP NHS Orkney.	2020	April 2024	Ongoing	Non-specific Declare and participate Rationale: Salaried employment in the NHS.
Rebecca Payne	Chair	Direct – financial	Locum GP, Falkland Isles, Western Isles, Wales.	2008	April 2024	Ongoing	Non-specific Declare and participate Rationale: Salaried employment for the NHS.
Rebecca Payne	Chair	Direct – financial	National Institute for Health and Care Research (NIHR) funded fellowship, Oxford university.	2022	April 2024	October 2024	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – financial	Single payment of £200 from Pulse management in practice conference for speech.	2023	April 2024	2023	Non-specific Declare and participate

							Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – financial	Clarendon Reuben Doctoral scholar, Oxford University.	October 2024	December 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – financial	Bank GP, Cardiff and Vale University Health board	December 2024	December 2024	Ongoing	Non-specific Declare and participate Rationale: Salaried employment.
Rebecca Payne	Chair	Direct – financial	Clinical Senior Lecturer in Primary Care Bangor University.	June 2025	June 2025	Ongoing	Non-specific Declare and participate Rationale: Salaried employment.
Rebecca Payne	Chair	Direct – non-financial	Member of Christian Medical Fellowship.	1996	April 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – non-financial	Member of Society for Organising in Healthcare.	2024	April 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.

Rebecca Payne	Chair	Direct – non-financial	Fellow, Royal College of General Practitioners	2007	April 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline.
Rebecca Payne	Chair	Direct – non-financial	Fellow, Faculty of Medical Leadership and Management.	2021	April 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – non-financial	PhD student Bangor University – self funded – Title: “virtual consults, real consequences” – the PhD is about the risks to quality and safety in remote general practice in the UK.	October 2024	December 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Indirect, financial	Member of advisory group AI-Enabled Healthcare Services During Cross-Border and Emergency Crises (ESCORT) Project. University is paid.	November 2025	04/11/25	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct - financial	Received a referral payment from locum agency Dedicare for finding them a doctor for the Falkland island	November 2025	20/11/2025	November 2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.

Bassel Wattar	Committee Member	Direct - financial	Associate Professor of Reproductive Medicine and a Consultant Obstetrician and Gynaecologist at Epsom and St Helier University Hospitals NHS Trust. Sub-specialist in Reproductive Medicine and Surgery and run a dedicated PCOS clinic in the NHS.	2022	23/04/2025	2025	Non-specific. Declare and participate Rationale: Salaried employment for NHS.
Bassel Watter	Committee Member	Direct - financial	Associate Professor of Reproductive Medicine - Medical Director of the Clinical Trials Unit, Anglia Ruskin University.	2024	23/04/2025	Ongoing	Non-specific. Declare and participate Rationale: salaried employment for NHS.
Bassel Wattar	Committee Member	Direct – financial	Private medical practice includes 3 evening sessions of 2 hours each covering PCOS, menopause and IVF.	2024	23/04/2025	Ongoing	Specific. Declare and participate Rationale: Few sessions covering PCOS, bulk of work is carried out as associate professor and consultant.
Bassel Watter	Committee Member	Direct – non-financial	Lead-The international initiatives to harmonise research reporting in polycystic ovary syndrome (HARP). Coordinated work of an international group of	2018	23/04/2025	Ongoing	Non-specific Declare and Participate Rationale: Not specific to guideline scope.

			<p>experts on PCOS to harmonise reporting findings of studies on PCOS. This initiative led to the production of the 1st international core outcome set to guide the conduct of future research studies in PCOS with input from all relevant stakeholder groups.</p> <p>Al Wattar. B.H, Teede H, Garad R, Franks S, Balen A, Bhide P, Piltonen T, Romaldi D, Laven J, Thondan M, Bueno A, Moss N, Andrews C, Hawkes R, Mol B.W, Khan K.S, Thangaratinam S. Harmonising research outcomes for polycystic ovary syndrome (HARP): An international multi-stakeholder core outcome set. Human Reproduction. 2020 Feb 29;35(2):404-412.</p>				
Bassel Watter	Vice-Chair	Direct - non-financial	International secretary of the early career researchers for the Androgen Excess and Polycystic Ovary	2019	23/4/2025	2021	Non-specific Declare and Participate Rationale: Not specific to guideline scope.

			Syndrome Society (AE-PCOS).				
Bassel Wattar	Vice-Chair	Direct – non-financial	Member of the Royal College of Obstetricians and Gynaecologists (RCOG) Guideline Development Committee.	2024	23/04/2025	Ongoing	Non-specific Declare and Participate Rationale: Not specific to guideline scope.
Bassel Wattar	Vice-Chair	Direct – non-financial	Scientific editor - International Journal of Obstetrics and Gynaecology (BJOG): An international journal of obstetrics and gynaecology.	2017	23/04/2025	Ongoing	Non-specific Declare and Participate Rationale: Not specific to guideline scope.
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Faculty and coordinator - A multi-disciplinary online educational course for healthcare professionals PCOS Training in Management and Evaluation (TIME) (The Waterloo Foundation funded).Run in partnership with the Verity PCOS charity. It is intended as a charitable event with proceeding made to the Verity PCOS charity. A payment (£150) is made to faculty members.	2023	23/04/2025	Ongoing	Non-specific Declare and participate Rationale: Educational course is not specific to the guideline scope.

Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Faculty and coordinator - A multi-disciplinary online educational course for healthcare professionals PCOS Training in Management and Evaluation (TIME) (The Waterloo Foundation funded).Run in partnership with the Verity PCOS charity. It is intended as a charitable event with proceeding made to the Verity PCOS charity. A payment (£150) is made to faculty members.	2023	23/04/2025	Ongoing	Non-specific Declare and participate Rationale: Educational course is not specific to the guideline scope.
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Chief investigator- EfficAcy of In-vitro Fertilisation add-ons in improVINg the reproductive outcomes of couples with inferTility (AFFINITY): A development programme for a Bayesian multi-stage multi-arm adaptive randomised trial (NIHR funded).	2024	23/04/2025	2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.

Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Chief investigator- EfficAcy of In-vitro Fertilisation add-ons in improVINg the reproductive outcomes of couples with inferTility (AFFINITY): A development programme for a Bayesian multi-stage multi-arm adaptive randomised trial (NIHR funded).	2024	23/04/2025	2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Bassel Wattar	Vice-Chair	Direct – non-financial	Chief investigator- EfficAcy of In-vitro Fertilisation add-ons in improVINg the reproductive outcomes of couples with inferTility (AFFINITY): A development programme for a Bayesian multi-stage multi-arm adaptive randomised trial (NIHR funded).	2024	23/04/2025	2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Chief Investigator- Effectiveness of ClOmipheNe CitRate for the management of mEn wiTh infErtility (CONCRETE): A randomised double-blind placebo-controlled trial . (NIHR funded).	2025	23/04/2025	2029	Non-specific Declare and participate Rationale: Not specific to the guideline scope.

Bassel Wattar	Vice-Chair	Direct – non-financial	Chief Investigator- Effectiveness of Clomiphene Citrate for the management of men with infertility (CONCRETE): A randomised double-blind placebo-controlled trial. (NIHR funded).	2025	23/04/2025	2029	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Deputy Editor in Chief of the Human Fertility Journal. manage submissions relevant to several topics including PCOS.	September 2025	17/09/2025	Ongoing	Specific. Declare and participate Rationale: No potential to benefit identified.
Bassel Wattar	Vice-Chair	Direct – financial	Delivered an educational lecture on management of PCOS at an academic meeting. Funding for travel and accommodation provided by Merck Pharma.	06/11/2025	10/11/2025	Ongoing	Specific. Declare and participate Rationale: Confirmed that travel and accommodation were within reasonable limits (car mileage and standard hotel). No potential to benefit identified.
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Faculty and coordinator of the Female Reproductive Endocrinology educational course: An	3/10/2025	10/05/2026	Ongoing	Specific. Declare and participate

			educational course run in partnership with the Royal College of Obstetricians and Gynaecologists. The course delivers online educational content to health professionals interested in female reproductive endocrinology including PCOS. All proceedings go to the Royal College of Obstetricians and Gynaecologists.				Rationale: No potential to benefit identified
Bassel Wattar	Vice-Chair	Direct – non-financial	Contributed to a half a day stakeholder workshop discussion on optimal primary care models for women with PCOS which was hosted by ROCHE Diagnostics who provided venue booking and catering.	8/05/2026	10/05/2026	8/05/2026	Specific. Declare and participate Rationale: No potential to benefit identified
Aled Rees	Topic Advisor	Direct – financial	Consultant Endocrinologist, Cardiff and Vale University Health Board.	2006	25/03/2025	Ongoing	Non-specific. Declare and participate Rationale: Salaried employment for the NHS.
Aled Rees	Topic Advisor	Direct – financial	Senior Editor, Clinical Endocrinology.	2017	25/03/2025	2024	Non-specific Declare and participate

							Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – financial	Royalty payments for Clinical Endocrinology and Diabetes at a Glance.	2017	25/03/2025	Ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – financial	Co-lead question writer for the pituitary and adrenal sections of the Endocrine Self-Assessment Program - leading global self-study program for endocrinologists (US Endocrine Society). Writes 8 questions per year and get reimbursed for time and any travel expenses.	2024	25/03/2025	Ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – financial	Invited speaker payments (Neurocrine, FrostPharma). This is not related to PCOS.	2025	25/03/2025	2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Chair, Welsh Endocrine and Diabetes Society.	2014	25/03/2025	2024	Non-specific Declare and participate Rationale: Not specific to the guideline scope.

Aled Rees	Topic Advisor	Direct – non-financial	Principal investigator on clinical studies examining hypertension, resistance and other exercise training in PCOS.	2020	25/03/2025	Ongoing	Specific Declare and participate Rationale: Study not yet published. To be kept under review because the study may inform the guidance. Potential perceived conflict in lifestyle discussions.
Aled Rees	Topic Advisor	Direct – non-financial	Lead, James Lind Alliance Priority Setting Partnership in PCOS.	2024	25/03/2025	Ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline and research focused. No potential to benefit from NICE decision.
Aled Rees	Topic Advisor	Direct – non-financial	Board member, Androgen Excess-PCOS Society.	2024	25/03/2025	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	General Secretary, Society for Endocrinology.	2025	25/03/2025	Ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.

Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Agarwal N, Rice SPL, Bolusani H, Luzio SD, Dunseath G, Ludgate M, Rees DA . Metformin reduces arterial stiffness and improves endothelial function in young women with Polycystic Ovary Syndrome: a randomized, placebo-controlled, crossover trial. J Clin Endocrinol Metab 2010	2010	25/03/2025	2010	Non-specific Declare and participate Rationale: Not specific to guideline scope as not included as evidence.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Morgan C, Jenkins-Jones S, Currie C, Rees DA . Evaluation of adverse outcome in women with polycystic ovary syndrome versus matched, reference controls: a retrospective, observational study. J Clin Endocrinol Metab 2012.	2012	25/03/2025	2012	Specific. Declare and participate Rationale: No potential to benefit identified.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration:	2012	25/03/2025	2012	Non-specific Declare and participate

			Lansdown A, Rees DA . The sympathetic nervous system in polycystic ovary syndrome: a novel therapeutic target? Clin Endocrinol 2012.				Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Willis GR, Udiawar M, Evans WD, Blundell HL, James PE, Rees DA . Detailed characterisation of circulatory nitric oxide and free radical indices – is there evidence for abnormal cardiovascular homeostasis in young women with polycystic ovary syndrome? BJOG 2014.	2014	25/03/2025	2014	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Rees E, Coulson R, Dunstan F, Evans WD, Blundell HL, Luzio SD, Dunseath G, Halcox JP, Fraser AG, Rees DA . Central arterial stiffness and diastolic dysfunction	2014	25/03/2025	2014	Non-specific Declare and participate Rationale: Not specific to guideline scope.

			are associated with insulin resistance and abdominal obesity in young women but polycystic ovary syndrome does not confer additional risk. Hum Reprod 2014.				
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Rees DA , Udiawar M, Jones D, Berlot R, O’Sullivan M. White matter microstructure and cognitive function in young women with polycystic ovary syndrome. J Clin Endocrinol Metab 2016.	2016	25/03/2025	2016	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Rees DA , Jenkins-Jones S, Morgan CL. Contemporary reproductive outcomes for patients with polycystic ovary syndrome: a retrospective observational study. J Clin Endocrinol Metab 2016.	2016	25/03/2025	2016	Specific. Declare and participate Rationale: No potential to benefit from NICE decision.

Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Berni TR, Morgan CL, Berni ER, Rees DA . Polycystic ovary syndrome is associated with adverse mental health and neurodevelopmental outcomes. J Clin Endocrinol Metab 2018.	2018	25/03/2025	2018	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Lansdown A, Warnert E, Sverisdottir Y, Wise R, Rees DA . Regional cerebral differences accompany sympathoexcitation in women with polycystic ovary syndrome. J Clin Endocrinol Metab 2019.	2019	25/03/2025	2019	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Lewis RD, Narayanaswamy AK, Farewell D, Rees DA . Complement activation in	2020	25/03/2025	2020	Non-specific Declare and participate Rationale: Not specific to guideline scope.

			polycystic ovary syndrome occurs in the postprandial and fasted state and is influenced by obesity and insulin sensitivity. Clin Endocrinol 2020.				
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Berni T, Morgan C, Rees DA. Women with Polycystic Ovary Syndrome have an increased risk of major cardiovascular events: a population study. J Clin Endocrinol Metab 2021.	2021	25/03/2025	2021	Specific. Declare and participate Rationale: No potential to benefit from NICE decision.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Allen L, Shrikrishnapalasuriyar N, Rees DA . Long-term health outcomes in young women with Polycystic Ovary Syndrome: a narrative review. Clin Endocrinol 2021.	2021	25/03/2025	2021	Non-specific Declare and participate Rationale: Not specific to guideline scope.

Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Dong J, Rees DA . Polycystic Ovary Syndrome: pathophysiology and therapeutic opportunities. BMJ Medicine 2023.	2023	25/03/2025	2023	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Berni TR, Morgan CL, Rees DA . Rising incidence, health resource utilization and costs of Polycystic Ovary Syndrome in the United Kingdom. J Clin Endocrinol Metab 2024.	2024	25/03/2025	2024	Non-specific Declare and participate Rationale: General overview of costs in a UK context compared to a non-PCOS population. No potential to benefit from NICE decision.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Adams ZH, Berbrier DE, Schwende BK, Huckins W, Richards CT, Rees DA , Usselman CW, Lord RN. The impact of androgens on cardiovascular control mechanisms in polycystic	2025	25/03/2025	2025	Non-specific Declare and participate Rationale: Interest is not specific to the guideline scope. No potential to benefit from NICE decision.

			ovary syndrome: recent advances and translational approaches. J Physiol 2025.				
Aled Rees	Topic advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Joham AE, Rees DA, Shinkai K, Forslund M, Tay CT, Teede HJ. Epidemiological Aspects of Polycystic Ovary Syndrome. Reproduction 2025.	2025	08/07/2025	2025	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Richards CT, Meah VL, James PE, Rees DA, Lord RN. HIIT'ing or MISS'ing the optimal management of polycystic ovary syndrome: a systematic review and meta-analysis of high- versus moderate-intensity exercise prescription. Front Physiol 2021.	2021	08/07/2025	2021	Specific Declare and participate Rationale: No potential to benefit from NICE decision.

Aled Rees	Topic Advisor	Direct – non-financial	Briefly appeared on Channel 5 News in connection with the launch of the 2025 All Parliamentary Party Group report on PCOS. Remarks were confined to the general state of care for women with PCOS in the UK, and the general need for a more integrated approach. Did not endorse any specific interventions or approaches.	8/09/2025	10/09/2025	8/09/2025	Declare and participate Rationale: non-specific, Declare and participate.
Aled Rees	Topic Advisor	Direct – non-financial	Attended the launch event of the All-Party Parliamentary Group (APPG) report on PCOS.	08/09/2025	15/09/2025	08/09/2025	Declare and participate Rationale: non-specific, Declare and participate
Aled Rees	Topic Advisor	Direct – non-financial	Attended APPG) roundtable discussing NHS pathways.	24/02/2026	04/02/2026	24/02/2026	Specific Declare and participate. Rationale: managed through declaration alone.
Aled Rees	Topic Advisor	Direct – non-financial	Participated in a breakout session as part of an international PCOS name change.	04/02/2026	10/02/2026	04/02/2026	Declare and participate Rationale: non-specific, Declare and participate.

Aled Rees	Topic Advisor	Direct – non-financial	Co-hosting/designed PCOS Training in Management and Evaluation (PCOS (TIME) Time healthcare professional course.	22/05/2026	29/04/2026	22/05/2026	Specific Declare and participate. Rationale: managed through declaration alone.
Aled Rees	Topic Advisor	Direct – non-financial	PCOM name change steering group member.	01/04/2026	29/04/2026	Ongoing	Specific Declare and participate. Rationale: managed through declaration alone.
Clare Devanney-Glynn	Lay member	Direct/indirect, financial/non-financial interests	nil	N/A	30/05/2025	N/A	N/A
Araya Gautam	Lay Member	Direct – financial	Bank doctor at Cwm Taf University Health Board.	May 2026	09/05/2026	Ongoing	Declare and participate Rationale: non-specific, Declare and participate
Araya Gautam	Lay Member	Direct – non-financial	Interviewed by the BMJ regarding patient perspective on PCOS ‘Ask me how PMOS is affecting my life’ for an article which has been published.	May 2026	21/05/2026	May 2026	Specific Declare and participate. Rationale: managed through declaration alone.

Araya Gautam	Lay Member	Direct – non-financial	Wrote a rapid response for the BMJ article that has been published 'Ask me how PMOS is affecting my life' which was published.	May 2026	21/05/2026	May 2026	Specific Declare and participate. Rationale: managed through declaration alone.
Catherine Gallagher	Committee Member	Direct – financial	Senior Dietitian, Coombe Hospital, Dublin.	01/04/2026	01/04/2026	Ongoing	Non-specific Declare and participate Rationale: salaried employment.
Catherine Gallagher	Committee Member	Direct – financial	Private practice, mirrors NHS work, few hours per week.	July 2024	10/07/25	Ongoing	Specific Declare and participate. Rationale: Private practice is limited.
Catherine Gallagher	Committee Member	Direct – non-financial	Manage a social media business page and use this as a platform for education on nutrition regarding fertility, pregnancy & Gestational Diabetes Mellitus (GDM), and promote private practice. Posts are not specific to PCOS.	July 2024	12/09/2025	Ongoing	Non-specific Declare and participate. Rationale: Interest is not specific to guideline.

Judith Ibison	Committee Member	Direct – financial	General Practitioner (salaried) Minet Green Health Practice, Brixton.	2006	21/05/2025	Ongoing	Non-specific Declare and participate Rationale: Salaried employment.
Judith Ibison	Committee Member	Direct – financial	Head of primary care education School of Health and Medical Sciences City St George's.	2001	24/05/2025	Ongoing	Non-specific Declare and participate Rationale: Salaried employment.
Judith Ibison	Committee Member	Direct – financial	Professor of Practice: Primary care education.	2022	21/05/2025	Ongoing	Non-specific Declare and participate Rationale: Salaried employment.
Judith Ibison	Committee Member	Direct – non-financial	Secretary to Heads of Departments (HODS) Committee for the Society for Academic Primary Care (SAPC).	2020	21/05/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Judith Ibison	Committee Member	Direct – non-financial	GP support for Verity Charity, a PCOS Patient Group.	2011	24/05/2025	Ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Judith Ibison	Committee Member	Direct – non-financial	Attendance as audience member to the All	24/02/2026	12/03/2026	24/02/2026	Specific

			Parliamentary Group on PCOS.				Declare and participate Rationale: No potential to benefit from NICE decision.
Judith Ibison	Committee Member	Direct – non-financial	PCOS Training in Management and Evaluation (TIME) healthcare professional course Continuing Professional Development (CPD) course organized by Verity, delivered May 2025. Slides/recording may be used for 2026 session.	May.25	29/04/2026	Ongoing	Specific Declare and participate Rationale: No potential to benefit from NICE decision.
Judith Ibison	Committee Member	Direct – non-financial	Article accepted for British Medical Journal 'Advising women about fertility prediction tests and planned oocyte cryopreservation' With co-authors.	23/04/2026	28/04/2026	Ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Hassan Kahal	Committee Member	Direct – non-financial	Principal investigator and sub-investigator on a number of commercial and non-commercial multi-centre clinical research trials related to obesity and diabetes conducted at the	2019	10/07/2025	1/03/2026	Non-specific Declare and participate Rationale: Not specific to guideline scope.

			<p>Diabetes research centre at North Bristol NHS Trust:</p> <p>Principal investigator on Redefine 3, a commercial study by Novo Nordisk on the cardiovascular safety of CagriSema in people with obesity and established cardiovascular disease; Ascend Plus, a non-commercial research study by the University of Oxford, examining the effects of oral Semaglutide in preventing cardiovascular disease in people with type 2 diabetes. A sub-investigator on a number of studies including Transcend-3, SURPASS, UK-EDI Pancreatic Cancer, Redefine 1, 2, 8 and 9, SURMOUNT, Maritime 1 and 2.</p> <p>Nnot received any payment from Pharma, no travel grants, research grants, or honoraria. Not undertaken any promotional or educational activities for pharma.</p>				
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Hassan Kahal	Committee Member	Direct – non-financial	Cousin is Head of global development Obesity and Vice President at Amgen research Copenhagen since January 2025. He was International Medical Vice president, Medical and Science, Obesity and NASH, Clinical Drug Development at Novo Nordisk.	July 2021	10/07/2025	January 2025	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Hassan Kahal	Committee Member	Direct – non-financial	Member of Medicines and Healthcare products Regulatory Agency MHRA Cardiovascular, Diabetes, Renal, Respiratory, and Allergy Expert Advisory Group (CDRRA EAG).	2024	10/07/2025	Ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Hassan Kahal	Committee Member	Direct – non-financial	Manuscript of relevance to the matter under consideration: Author of a published article summarising the MONASH guidelines on the management of PCOS for the journal of Medicine (www.medicinejournal.co.uk). Presented the findings of the MONASH PCOS guidelines, without	2025	10/07/2025	September 2025	Specific Declare and participate Rationale: Summary of the International guideline for the assessment and management of PCOS . However, there is no potential to benefit.

			particularly endorsing them.				
Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration:</p> <p>Kahal H, Kyrou I, Uthman OA, Brown A, et al. The prevalence of obstructive sleep apnoea in women with polycystic ovary syndrome: a systematic review and meta-analysis. <i>Sleep Breath.</i> 2020 Mar;24(1):339-350.</p>	2020	19/05/2025	2020	<p>Specific</p> <p>Declare and participate</p> <p>Rationale: Study included as evidence in the International guideline for the assessment and management of PCOS. However, there is no potential to benefit from NICE decision.</p>
Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration :</p> <p>Kahal H, Tahrani AA, Kyrou I, Dimitriadis GK, et al. The relationship between obstructive sleep apnoea and quality of life in women with polycystic ovary syndrome: a cross-sectional study. <i>Therapeutic Advances in Endocrinology and Metabolism.</i> 2020 Feb 21;11:2042018820906689.</p>	2020	19/05/2025	2020	<p>Specific</p> <p>Declare and participate</p> <p>Rationale: Study is specific to guideline topic but not included as evidence in the International guideline for the assessment and management of PCOS. There is no potential to benefit from NICE decision.</p>

Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration:</p> <p>Kahal H, Kyrou I, Uthman O, Brown A, et al. The Association between Obstructive Sleep Apnoea and Metabolic Abnormalities in Women with Polycystic Ovary Syndrome: a Systematic Review and Meta-analysis. <i>Sleep</i>. 2018 Jul 1;41(7)</p>	2018	19/05/2025	2018	<p>Specific</p> <p>Declare and participate</p> <p>Rationale: Study is specific to guideline topic but is not included as evidence in the International guideline for the assessment and management of PCOS. There is no potential to benefit from NICE decision.</p>
Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration:</p> <p>Kahal H, Kyrou I, Tahrani AA, Randeva HS. Obstructive sleep apnoea and polycystic ovary syndrome: A comprehensive review of clinical interactions and underlying pathophysiology. <i>Clin Endocrinol (Oxf)</i>. 2017 Jun 22. doi: 10.1111/cen.13392.</p>	2017	19/05/2025	2017	<p>Specific</p> <p>Declare and participate</p> <p>Rationale: Study is specific to guideline topic but is not included as evidence in the International guideline for the assessment and management of PCOS. There is no potential to benefit from NICE decision.</p>

Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration.</p> <p>Kahal H, Kilpatrick E, Rigby A, Coady A, Atkin S. The effects of treatment with liraglutide on quality of life and depression in young obese women with PCOS and controls. <i>Gynecol Endocrinol.</i> 2019 Feb;35(2):142-145.</p>	2019	19/05/2025	2019	<p>Specific</p> <p>Declare and participate</p> <p>Rationale: Study is included as evidence in the International guideline for the assessment and management of PCOS. However, there is no potential to benefit from NICE decision.</p>
Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration:</p> <p>Kahal H, Aburima A, Ungvari T, Rigby AS, Coady AM, Vince RV, Ajjan RA, Kilpatrick ES, Naseem KM, Atkin SL. The effects of treatment with liraglutide on atherothrombotic risk in obese young women with polycystic ovary syndrome and controls. <i>BMC Endocr Disord.</i> 2015 Apr 2; 15:14.</p>	2015	19/05/2025	2015	<p>Non-specific</p> <p>Declare and participate</p> <p>Rationale: Study is not specific to guideline reviews.</p>
Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration:</p>	2013	19/05/2025	2013	<p>Non-specific</p> <p>Declare and participate</p>

			Kahal H, Aburima A, Ungvari T, Rigby AS, Dawson AJ, Coady AM, Vince RV, Ajjan RA, Kilpatrick ES, Naseem KM, Atkin SL. Polycystic ovary syndrome has no independent effect on vascular, inflammatory or thrombotic markers when matched for obesity. Clin Endocrinol (Oxf). 2013 Aug;79(2):252-8.				Rationale: Study is not specific to guideline reviews.
Hassan Kahal	Committee Member	Direct – non-financial	Manuscript of relevance to the matter under consideration: Kahal H, Atkin SL, Sathyapalan T. Pharmacological Treatment of Obesity in Patients with Polycystic Ovary Syndrome. Journal of Obesity. Volume 2011 (2011), Article ID 402052, 6 pages. doi:10.1155/2011/402052	2011	19/05/2025	2011	Non-specific Declare and participate Rationale: Study is a summary of treatment options for PCOS and not specific to guideline reviews.
Hassan Kahal	Committee member	Direct – non-financial	Manuscript of relevance to the matter under consideration: Elliott R; Myint MTK; Bird M; Munafo J; KahalH.	2024	19/05/2025	2024	Non-specific Declare and participate

			OnlineGroup Tier-3 Obesity Assessment Clinic - a Pilot Study. Poster presentation. European Congress on Obesity; Venice; Italy. 12-15th May 2024.				Rationale: Study is not specific to guideline reviews.
Hassan Kahal	Committee member	Direct – financial	Private clinic in diabetes, endocrinology and obesity medicine. Work/income remains predominantly in the NHS. The private work one session a week, which mirrors NHS work (mainly focusing on obesity, PCOS, and type 2 diabetes).	09/09/2025	11/09/2025	Ongoing	Specific Declare and participate. Rationale: Private practice is limited. No potential to benefit.
Punith Kempegowda	Committee Member	Direct – financial	Consultant in Diabetes and Endocrinology, Queen Elizabeth Hospital Birmingham, UK.	2023	18/01/2025	Ongoing	Non-specific Declare and participate Rationale: salaried employment for the NHS.
Punith Kempegowda	Committee Member	Direct – non-financial	Awarded an advanced clinician scientist fellowship by the NIHR to reduce variation in care for people admitted with diabetic ketoacidosis.	2024	18/01/2025	2028	Non-specific Declare and participate Rationale: not specific to guideline scope.

Punith Kempegowda	Committee Member	Indirect financial	Department awarded Clinical Endocrinology Journal Foundation Grant by the Society for Endocrinology to improve the models of care for women with PCOS, particularly addressing health literacy and language barriers.	2024	18/01/2025	2026	Non-specific Declare and participate Rationale: Interest is educational and not specific to guideline but will be kept under review depending on matter under consideration.
Punith Kempegowda	Committee Member	Direct – non-financial	Awarded Clinical Endocrinology Journal Foundation Grant by the Society for Endocrinology to improve the models of care for women with PCOS, particularly addressing health literacy and language barriers.	2024	18/01/2025	2026	Non-specific Declare and participate Rationale: Interest is educational and not specific to guideline but will be kept under review depending on matter under consideration.
Punith Kempegowda	Committee Member	Direct – non-financial	Chair of Diabetes Research Steering Group for acute care. this group develop highlight notice to recommend research in specific areas in acute diabetes.	2024	18/01/2025	2027	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Punith Kempegowda	Committee Member	Direct – non-financial	Member of the James Lind Alliance Priority Setting Group for PCOS research.	2024	18/01/2025	2027	Non-specific Declare and participate

							Rationale: Interest is not specific to guideline and research focused. No potential to benefit from NICE decision.
Punith Kempegowda	Committee Member	Direct – non-financial	Member of Midlands Patient Safety Research Centre, focussing on improving safety and care for people admitted with diabetes.	2024	18/01/2025	Ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Punith Kempegowda	Committee Member	Direct – non-financial	Manuscript of relevance to the matter under consideration: Author of a systematic review on models of care in PCOS. Melson E, Davitadze M, Malhotra K, Mousa A, Teede H, Boivin J, et al. A systematic review of models of care for polycystic ovary syndrome highlights the gap in the literature, especially in developing countries. Front Endocrinol (Lausanne). 2023;14:1217468.	2021	18/06/2025	2023	Specific Declare and participate. Rationale: No potential to benefit Specific Declare and participate. Rationale: No potential to benefit.

Punith Kempegowda	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration:</p> <p>Author of a systematic review on body image concerns in PCOS. Davitadze M, Malhotra K, Khalil H, Hebbar M, Tay CT, Mousa A, et al. Body image concerns in women with polycystic ovary syndrome: a systematic review and meta-analysis. European journal of endocrinology. 2023;189(2):R1-R9.</p>	2021	18/06/2025	2023	<p>Specific</p> <p>Declare and participate.</p> <p>Rationale: No potential to benefit.</p>
Punith Kempegowda	Committee Member	Direct – non-financial	<p>Supported the delivery of patient engagement event as part of PCOS awareness day at the University of Birmingham. Topics revolved around service delivery in the NHS.</p>	01/06/2025	15/09/2025	07/09/2025	<p>Specific</p> <p>Declare and participate.</p> <p>Rationale: No potential to benefit.</p>
Punith Kempegowda	Committee Member	Direct – non-financial	<p>Support medical student and resident doctors interested in creating evidence-based, peer-reviewed multimedia content, which is then shared on social media</p>	20/08/2025	15/09/2025	Ongoing	<p>Specific</p> <p>Declare and participate.</p> <p>Rationale: No potential to benefit.</p>

			using the name 'CoMICs' Includes PCOS.				
Punith Kempegowda	Committee Member	Direct – financial	Private clinic in diabetes, endocrinology and obesity medicine. One session a week, mirrors NHS work (mainly focusing on obesity, PCOS, and type 2 diabetes).	09/09/20 25	03/10/2 5	Ongoing	Specific Declare and participate. Rationale: Private practice is limited and mirrors NHS work.
Sharon Manship	Lay Member	Direct – financial	Research Associate, University of Kent. funded public health research and have special interests in women's health and arts & health.	2023	23/05/2 025	Ongoing	Non-specific Declare and participate Rationale: salaried employment.
Sharon Manship	Lay Member	Direct – non- financial	Lead for a small-scale qualitative research study funded by the National Institute for Health and Care Research Applied Research Collaboration Kent Surrey & Sussex (NIHR ARC) about the diagnosis support needs of individuals living with PCOSPublished.	2023	23/05/2 025	March 2026	Specific Declare and participate Rationale: study not completed and not part of international guideline.
Sharon Manship	Lay Member	Direct – non- financial	Co-lead the Inclusive Women's Health Research Group.	2023	21/07/2 025	Ongoing	Non-specific Declare and participate

							Rationale: Interest is not specific to guideline.
Sharon Manship	Lay Member	Direct – non-financial	Presentation at The Inclusive Women's Health Research Group focused on PCOS.	2024	21/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Sharon Manship	Lay Member	Direct – non-financial	Co-lead a teaching session to MSc Physiotherapy students at Canterbury Christ Church University. Session was about PCOS research, covering current policy/strategy, research evidence and research priorities.	2024	21/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Sharon Manship	Lay Member	Direct – non-financial	Presentation at Applied Research Collaboration Kent, Surrey & Sussex Public Health Research Network on PCOS.	2024	21/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Sharon Manship	Lay Member	Direct – non-financial	Coordinator for a small community of practice (the PCOS Research Network UK) of researchers/professionals	2025	11/07/2025	Ongoing	Non-specific Declare and participate

			working in the field of PCOS.				Rationale: Interest is not specific to guideline.
Sharon Manship	Lay Member	Direct – financial	Submitted a poster and presented at the Applied Research Collaboration Kent Surrey Sussex Research Symposium. Focused on focussed on diagnosis experiences and support needs. Received a small financial award for the poster.	12/09/2025	15/09/2025	12/09/2025	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Sharon Manship	Lay Member	Direct – non financial	Abstract accepted for poster presentation at conference regarding study exploring the diagnosis experiences and support needs of individuals living with PCOS. Conference is Menstruation Research Conference 2026 from 7 th -8 th July 2026 at University of Sussex.	6 th April 2026	6 th April 2026	8 th July 2026	Specific Declare and participate Rationale: No potential to benefit.
Raj Mathur	Committee Member	Direct – financial	Consultant Gynaecologist, Manchester University NHS Foundation Trust.	Dec 2014	18/07/2025	Ongoing	Non-specific Declare and participate

							Rationale: Salaried employment for the NHS.
Raj Mathur	Committee Member	Direct – financial	Honorary Senior Lecturer, University of Manchester.	Dec 2014	18/07/2025	Ongoing	Non-specific Declare and participate Rationale: salaried employment.
Raj Mathur	Committee Member	Direct – financial	Private Practice in a private fertility clinic. Manchester Fertility. I work there 1.5 days a week on average. Estimation 20% of patients have PCOS.	2015	18/07/2025	Ongoing	Specific Declare and participate. Rationale: Private practice is limited and bulk of work carried out is not specific to guideline.
Raj Mathur	Committee Member	Direct – non-financial	Chair of the British Fertility Society.	2021	18/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Raj Mathur	Committee Member	Direct – non-financial	Trustee of charity the Fertility Alliance.	2024	18/07/2025	Ongoing	Non-specific Declare and participate

							Rationale: Interest is not specific to guideline.
Raj Mathur	Committee Member	Direct – non-financial	Advisor to charity Fertility Network UK.	2021	18/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Raj Mathur	Committee Member	Direct – non-financial	Adviser to the Scientific and Clinical Advances Advisory Committee of the HFEA (Human Fertilisation and Embryology Authority).	2014	18/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Raj Mathur	Committee Member	Direct – non-financial	Co-author of British Fertility Society (BFS) guideline on Prevention of Ovarian Hyperstimulation Syndrome (OHSS) 2025. This condition is more common in women with PCOS.	2025	18/07/2025	Ongoing	Declare and partial exclusion Participate in discussion of evidence, exclusion from final decision on recommendations 1.8.20 to 1.8.22 on OHSS. April 2026 update partial exclusion removed Rationale: no potential to benefit. The recommendation is a

							cross reference to the published Fertility guideline.
Raj Mathur	Committee Member	Direct – non-financial	Presenter at the Fertility show 16/05/26 on Endometriosis and Adenomyosis.	11/06/26	16/05/26	16/05/26	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Raj Mathur	Committee Member	Direct – financial	Two lectures at medical conference Global Fertility Summit 2026 conference name in Turkey. The subjects are on Mild IVF and Ovarian Hyperstimulation Syndrome (OHSS), honorarium.	09/04/2026	06/04/26	10/04/2026	Specific Declare and participate. Rationale: Rationale: No potential to benefit.
Samantha Montes	Committee Member	Direct – financial	Consultant Obstetrician, Epsom and St Helier University Hospitals.	September 2024	29/07/2025	Ongoing	Non-specific Declare and participate Rationale: Salaried employment in the NHS.
Guy Morris	Committee Member	Direct – financial	Consultant Gynaecologist for North Bristol NHS Trust. In this role I lead a joint clinic for women with PCOS and the fertility clinic that provides	2024	21/07/2025	Ongoing	Non-specific Declare and participate Rationale: salaried employment.

			ovulation induction for women with PCOS.				
Guy Morris	Committee Member	Direct – financial	Consultant and Subspecialist in Reproductive Medicine working in private fertility clinic, one day a week, includes seeing women with PCOS.	2024	21/07/2025	Ongoing	Non-specific Declare and participate. Rationale: Private practice is limited and bulk of work carried out is not specific to guideline.
Guy Morris	Committee Member	Direct – non-financial	Gave a one-off presentation at a conference sponsored by Institut Biochimique SA (IBSA). IBSA makes meriofert, which can be used second-line for ovulation induction. However, did not receive payment or other compensation.	2024	21/07/2025	Ongoing	Specific Declare and participate as no potential to benefit.
Guy Morris	Committee Member	Direct – financial	Sponsored to attend an educational conference by Ferring a pharmaceutical company that makes medication used for IVF. Sponsorship was a one-off and simply covered reasonable	2025	21/07/2025	2025	Specific Declare and participate Rationale: no potential to benefit.

			accommodation and travel.				
Guy Morris	Committee Member	Direct – non-financial	Member of the British Fertility Society (BFS) Fertility Preservation Special Interest Group and contribute to meetings	2023	21/07/2025	Ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Guy Morris	Committee Member	Direct financial	Work at a private fertility clinic – Bristol Centre for Reproductive Medicine (BCRM) treats women with PCOS to achieve their fertility goals.	2024	21/07/2025	Ongoing	Specific Declare and participate. Rationale: Private practice is limited. 1 day a week. Private practice and NHS practice do not vary.
Guy Morris	Committee Member	Direct financial	Conference attendance 47 Internal DexeusCongress April 2026 on IVF in Barcelona. Institut Biochimique SA (IBSA) funding; travel, subsistence, accommodation	Feb 2026	10/02/2026	April 2026	Specific Declare and participate Rationale: no potential to benefit, in line with reasonable expenses to attend the conference.
Guy Morris	Committee Member	Direct financial	Attending European Society of Human Reproduction and Embryology (ESHRE) conference London July 2026. Ferring	July 2026	10/02/2026	July 2026	Specific Declare and participate Rationale: no potential to benefit, in line with

			funding; travel, subsistence, accommodation.				reasonable expenses to attend the conference.
Rachel Morman	Lay Member	Direct – non-financial	Trustee of Verity (PCOS UK).	2005	04/12/2025	Ongoing	Specific Declare and participate. Rationale: no potential to benefit.
Rachel Morman	Lay Member	Direct – non-financial	Trustee of Verity (PCOS UK) - Verity the funder of the All-Party Parliamentary Group (APPG) for PCOS.	2024	04/12/2025	Ongoing	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Met with parliamentarians and policy makers regarding All-Party Parliamentary Group (APPG) for PCOS.	2024	04/12/25	Ongoing	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Steering committee member for the PCOS Name Change.	2023	04/12/2025	Ongoing	Specific Declare and participate. Rationale: However, there is no potential to benefit.

Rachel Morman	Lay Member	Direct – non-financial	Steering committee member for the International PCOS Guidelines.	2017	04/12/2025	Ongoing	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Published contributing author - Polycystic ovary syndrome perspectives from patients and health professionals on clinical features, current name, and renaming: a longitudinal international online survey.	May 2025	28/12/2025	May 2025	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Published contributing author - Polycystic Ovary Syndrome: Perspectives from Patients and Health Professionals on Clinical Features, Current Name, and Renaming: A Longitudinal International Online Survey.	January 2025	28/12/2025	January 2025	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Published contributing author - International PCOS guideline clinical research priorities roadmap: a codesigned	December 2024	28/12/2025	December 2024	Specific Declare and participate.

			approach aligned with end-user priorities in a neglected women's health condition.				Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct, financial	Attended a meeting (AMH tests and PCOS) at Roche and received travel expenses	October 2023	28/12/2025	October 2023	Specific Declare and participate. Rationale: No potential to benefit, payment limited to reasonable travel expenses. The interest is more than 12 months before joining the committee, noted for transparency.
Rachel Morman	Lay Member	Direct – non-financial	That Time of the Month: living with PCOS, BBC 5 Live Radio.	12/12/2025	28/12/2025	12/12/2025	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Article The Guardian – PCOS misinformation.	22/06/2025	28/12/2025	22/06/2025	Specific Declare and participate. Rationale: managed through declaration alone.

Rachel Morman	Lay Member	Direct – non-financial	Article ITV – PCOS report and misinformation.	8/09/2025	28/12/2025	8/09/2025	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Article The Guardian – PCOS report and failures.	7/09/2025	28/12/2025	7/09/2025	Specific Declare and participate. Rationale: managed through declaration alone
Rachel Morman	Lay Member	Direct – non-financial	Article FemTech World – PCOS report and failures.	08/09/2025	28/12/2025	08/09/2025	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Health innovation – article PCOS blood test.	7/02/2025	28/12/2025	7/02/2025	Specific Declare and participate. Rationale: managed through declaration alone.

Rachel Morman	Lay Member	Direct – non-financial	Article – Monash University, NICE guidelines.	28/10/2025	28/12/2025	28/10/2025	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Article – Pharmaceutical Journal BMI recording.	25/03/2025	28/12/2025	25/03/2025	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Article – Daily Mail Signs of PCOS.	29/12/2025	28/12/2025	29/12/2025	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Meeting with Women's Health Minister, NHS England and Women's Health team regarding PCOS.	Jan 2026	03/02/26	Jan 2026	Specific Declare and participate. Rationale: managed through declaration alone.

Rachel Morman	Lay Member	Direct – non-financial	All-Party Parliamentary Group (APPG) roundtable discussing NHS pathways.	24/02/2026	03/02/2026	24/02/2026	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Participated in a breakout session 04/02/26 as part of an international PCOS name change.	04/02/2026	10/02/2026	04/02/2026	Specific Declare and participate. Rationale: managed through declaration alone.
Rachel Morman	Lay Member	Direct – non-financial	Co-hosting/designed a 2-day online course on PCOS for health care professionals which is held annually. Next course is May 2026	March 2025	28/04/2026	Ongoing	Specific Declare and participate. Rationale: managed through declaration alone
Rachel Morman	Lay Member	Direct – non-financial	Attended Women’s Health meeting on PCOS, All-Party Parliamentary Group, Baroness Merron Women’s Health Minister, Michelle Welsh MP, and Department of Health to discuss the report APPG	Jan 2026	28/04/2026	Jan 2026	Specific Declare and participate. Rationale: managed through declaration alone.

			published – breaking the cycle				
Rachel Morman	Lay Member	Direct – non-financial	Attended the Women’s health strategy launch, PCOS was not discussed.	April 2026	28/04/2026	28/04/2026	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Rachel Morman	Lay Member	Direct – non-financial	BBC radio interview local station on PCOS.	March 2026	28/04/2026	March 2026	Specific Declare and participate. Rationale: managed through declaration alone
Rachel Morman	Lay Member	Direct – non-financial	Attended Downing Street International Women’s Day event PCOS was not discussed.	March 2026	28/04/2026	March 2026	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Rachel Morman	Lay Member	Direct – non-financial	Member of the international Polycystic Ovary Morphology (PCOM) name change group.	April 2026	28/04/2026	Ongoing	Specific Declare and participate. Rationale: managed through declaration alone.

Chetna Patel	Committee Member	Direct – financial	General Practitioner, Paddington Green Health Centre, London.	2023	19/05/2025	Ongoing	Non-specific Declare and participate Rationale: salaried employment.
Chetna Patel	Committee Member	Direct – financial	British Society of Lifestyle Medicine Lifestyle Medicine Core Accreditation Assessor. Role: Assessment of BSLM Lifestyle Medicine Core Accreditation assignments.	2023	21/05/2025	Ongoing	Non-specific Declare and participate Rationale: salaried employment.
Chetna Patel	Committee Member	Direct – financial	Frailty Virtual Ward GP – BARTS Health, Newham University Hospital Trust. Self-employed locum GP and invoice Barts Health..	2023	21/05/2025	Ongoing	Non-specific Declare and participate Rationale: Salaried employment for the NHS.
Chetna Patel	Committee Member	Direct –non-financial	British Society of Lifestyle Medicine (BSLM) London Regional Lead. Role: Organisation of social and educational events for BSLM.	2022	21/05/2025	Ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Chetna Patel	Committee Member	Direct –non-financial	Core20PLUS Ambassador.	2023	21/05/2025	Ongoing	Non-specific Declare and participate

							Rationale: Interest is not specific to guideline.
Chetna Patel	Committee Member	Direct –non-financial	Public social media page, promotes evidence based lifestyle interventions. Promotes British Society of Lifestyle Medicine (BSLM) social and educational events and connect with British Society of Lifestyle Medicine members.	2020	12/09/2025	Ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline.
Chetna Patel	Committee Member	Direct –non-financial	Article for British Society of Lifestyle Medicine (BSLM) on PMOS name change	30/5/2026	11/06/2026	30/5/2026	Specific Declare and participate. Rationale: managed through declaration alone.
Nadia Rahman	Committee Member	Direct – financial	Senior Clinical Pharmacist & Independent Prescriber - James Wigg Practice Group.	2025	28/05/2025	Ongoing	Non-specific Declare and participate Rationale: salaried employment.
Nadia Rahman	Committee Member	Direct – financial	Clinical Pharmacist - Goodman’s Fields Health Centre.	2021	28/05/2025	2024	Non-specific Declare and participate Rationale: salaried employment.

Gorav Wali	Committee Member	Direct – financial	Consultant Dermatologist, Oxford University Hospitals NHS Foundation Trust.	August 2018	06/11/2025	Ongoing	Non-specific Declare and participate Rationale: salaried employment.
Gorav Wali	Committee Member	Direct – financial	Honorary Senior Clinical Lecturer in Dermatology at University of Oxford.	Sept 2019	06/11/2025	Ongoing	Non-specific Declare and participate Rationale: salaried employment.
Gorav Wali	Committee Member	Direct – financial	British Association of Dermatologists National Therapies & Guidelines Committee Member.	Sept 2023	06/11/2025	Ongoing	Non-specific Declare and participate Rationale: salaried employment.
Gorav Wali	Committee Member	Direct – financial	Galderma Advisory Board for Nemolizumab in treatment of atopic dermatitis and nodular prurigo.	02/07/2025	06/11/2025	02/07/2025	Non-specific Declare and participate Rationale: salaried employment.