

# NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

## QUALITY STANDARD TOPIC OVERVIEW

### 1 Quality standard title

Food allergy and anaphylaxis

### 2 Introduction

#### 2.1 *NICE quality standards*

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or [accredited](#) by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the Government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

#### 2.2 *This topic overview*

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards,

published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation programme](#).

### **3 This quality standard**

This quality standard is expected to publish in March 2016.

#### **3.1 Population and topic to be covered**

This quality standard will cover diagnosis and assessment of food allergy in primary care and community settings. It will also cover anaphylaxis (caused by any stimulus), including treatment of a suspected anaphylactic reaction, assessment to confirm an anaphylactic episode and referral to a specialist allergy service.

#### **3.2 Key development sources (NICE and NICE-accredited sources)**

##### **Primary sources**

- [Anaphylaxis](#) (2011) NICE guideline CG134
- [Food allergy in children and young people](#) (2011) NICE guidelines CG116
- Royal College of Physicians (2013) [Emergency treatment of anaphylaxis in adults: concise guideline](#)

##### **Other sources that may be used**

- [Allergic disease – The ImmunoCAP ISAC \(and alternative technologies identified during scoping\) for multiplex allergen testing](#). NICE diagnostics guidance, publication expected April 2016
- British Society for Allergy and Clinical Immunology (2014) [BSACI guideline for the diagnosis and management of cow's milk allergy](#)
- Clinical Knowledge Summaries (2014) [Angio-oedema and anaphylaxis](#)
- Clinical Knowledge Summaries (2014) [Cows' milk protein allergy in children](#)

- British Society for Allergy and Clinical Immunology (2010) [BSACI guidelines for the management of egg allergy](#)

### **Key policy documents, reports and national audits**

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- NHS England (2013) Specialised Immunology and Allergy Services Clinical Reference Group service specification. [Specialised allergy services \(all ages\)](#)
- NHS England (2013) Specialised Paediatric Services Clinical Reference Group service specification. [Paediatric medicine: specialised allergy services](#)
- World Allergy Organization (2013) [WAO white book on allergy: update 2013](#)
- Royal College of Paediatrics and Child Health (2011) [Allergy care pathways for children: anaphylaxis](#)
- Royal College of Paediatrics and Child Health (2011) [Allergy care pathways for children: food allergy](#)
- Scottish Medical and Scientific Advisory Committee (2009) [Review of allergy services in Scotland](#)
- Department of Health (2007) [Government response to the science and technology committee report on allergy](#)

### **3.3 Related NICE quality standards**

#### **Published**

- [Atopic eczema in children](#) (2013) NICE quality standard 44
- [Asthma](#) (2013) NICE quality standard 25

#### **In development**

- [Drug allergy - diagnosis and management](#). NICE Quality standard, publication expected July 2015

## **Future quality standards**

This quality standard will be developed in the context of all quality standards referred to NICE, including the following quality standards scheduled for future development:

- Acute medical admissions in the first 48 hours
- Readmission to ICU within 48hrs

The full list of quality standard topics referred to NICE is available from the [quality standard topic library](#) on the NICE website.

## **4 Further information**

See the NICE website for more information about [NICE quality standards](#) and the [progress of this quality standard](#).