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1 Initial Assessment – included studies table

1.1 Initial symptoms for diagnosis review

Study	Participants	Diagnostic tests
Alboni 2001 prospective cohort study; study held in Italy. Setting: Syncope unit. 'Syncope unit' of the Cardiology Division of 3 hospitals; referrals from ED, inpatients and outpatients.	TLoC population: unclear/not stated. Prior tests: Unclear or Not stated. Population details: consecutive patients with a syncopal episode in the previous 2 months; unclear who referred to syncope unit Definition of TLoC: Brief, self limited loss of consciousness with the inability to maintain postural tone. Inclusion criteria: Age 18 and over; TLoC referred to Syncope unit. Patient characteristics: age: mean age 61 (SD 20) years; sex: 184/341 (54%) male; Unclear/not stated with existing heart disease (); history of TLoC: median number of episodes 2-3 (range 1-6) Comorbidities: not stated. Other details: referrals from ED, inpatients and outpatients. Cardiac syncope 23%, NM syncope 58% (comprised 10%)	Index test: initial evaluation questionnaire (46 items): history taking; physical and neurological examinations; bp in supine and standing positions; 12 lead ECG; time: within 2 months of episode (n=356) Reference standard: initial evaluation + other test results (ECG, echo, exercise test, CSM, tilt test, electrophysiologic study, pulmonary scintigraphy, EEG, ATP test - given according to suspected cause); time unclear time (n=341)
Benbadis 1995	typical vasovagal, 13% situational, 47% tilt-induced; 24% carotid sinus; 3% OHT; 3.5% adenosine sensitive); 1% neurologic/psychiatric; 18% unexplained Other study comments: Unexplained cause 60/341 (18%)	For target condition/outcome: cardiac or NM syncope cause Index test: tongue biting and lateral
case control study; study held in USA. Setting: Hospital several departments.	TLoC population: selected patients with TLoC of mixed known causes. Prior tests: Unclear or Not stated. Population details: secondary care population highly selected - patients had to have stiffening (tonic) or shaking (clonic) movements or both or TLoC; monitored over 1 to 17 days; mean 7 seizures per person in epilepsy group; 1 to >50 events per patient in syncope group	tongue biting signs and symptoms; epilepsy patients examined for signs of tongue biting. Syncope patients asked if they had ever sustained injury from biting and if so they were examined for scars; time: 1-17 days monitoring for epilepsy
Selected patients admitted to	Definition of TLoC: Epilepsy: bilateral motor activity/TLoC/both; syncope: full loss of consciousness (not near syncope).	group; syncope group retrospectively (n=108)
epilepsy monitoring unit (prospective; 63/106 eligible) and 82 patients from syncope unit with syncope known cause (retrospective; 45 eligible). Nov 1993-Apr 1994 for both.	Inclusion criteria: Epilepsy unit patients: bilateral motor phenomena/LoC/both recorded during EEG monitoring. Syncope patients with a well documented cause and at least one episode of complete LoC. Exclusion criteria: Epilepsy group: no events during monitoring. Syncope group: near syncope. Patient characteristics: age: epilepsy patients: mean 26y (3-57); non-epilepsy patients: 32y (1-57); syncope patients: 63y (23-89); sex: M:F epilepsy 13:21; NES 10:19; syncope 24:21; some patients with existing heart disease (28 syncope patients as arrhythmia); history of TLoC; not	Reference standard: prolonged EEG video monitoring, using both interictal and ictal data; 12-lead ECG and Holter monitoring, tilt test and autonomic reflex examination.; time 1-17 days monitoring for epilepsy group; syncope group retrospectively (n=108) For target condition/outcome: different
Funding: None stated	disease (28 syncope patients had cardiac arrhythmia); history of TLoC: not stated, but patients admitted to epilepsy unit and syncope patients had had 1to more than 50 episodes. Comorbidities: not stated. Other details: Final diagnoses were: 31% epileptic seizures (10% generalised, 21% localisation related); 25% pseudoseizures; 2% other and 42% syncope (26% arrhythmic; 6% vasovagal; 10% OHT) Other study comments: Epilepsy unit patients divided into 34 with epilepsy and 29 with non-epileptic seizures. Both groups included children.	causes of TLoC (epilepsy, psychogenic seizures, Arrhythmic causes, vasovagal syncope and postural hypotension

Study	Participants	Diagnostic tests
del Rosso 2008	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: Signs and symptoms from
prospective cohort	stated.	standardised assessment (palpitations
study; study held	Population details: Consecutive patients admitted	preceding syncope, heart
in Italy.		disease/abnormal ECG, syncope during
	Definition of TLoC: stated to be syncope (other causes excluded).	effort, syncope while supine, precipitating
Setting: Emergency		factors, autonomic prodromes (N & V);
Department. ED	Inclusion criteria: not stated.	time: initial (n=256)
of 14 general	Exclusion criteria: Patients aged less than 18 years and those referred	
hospitals in Italy	more than 24h after their episode. Patients with a non-syncopal cause of	Reference standard: initial ECG + ECG
from Oct 2004 to	LoC (as seizures, drop attacks, transient ischaemic attacks).	monitoring or 24h Holter or during
Nov 2004.		electrophysiological study; time not
	Patient characteristics: age: mean 63 years (SD 22); sex: 121/256 male	stated (n=256)
Funding: 1 author	(47%); some patients with existing heart disease (29% structural heart	,
is employee of	disease); history of TLoC: 24% with history of pre-syncope. Mean no. of	For target condition/outcome:
Medtronic;	syncopal episodes: 3 (SD 5)	Mechanical: severe valvular stenosis or
organisational	Comorbidities: not stated. Other details: Final diagnosis: 14% cardiac	other flow obstruction, or acute
support funded by	syncope; 70% neurally mediated syncope; 10% orthostatic hypotension;	myocardial ischaemia. Arrhythmias:
Medtronic	4% non-syncopal attacks; 3% unexplained	bradycardia <40bpm/repetitive sinoatrial
		blocks/sinus pause >3s. 2nd or 3rd AV
	Other study comments: Validation cohort. Prospective	block; SVT or VT, etc.
	Suiter study comments. Validation contributes pective	block, 5 v i oi v i, etc.
Graf 2008	TLoC population: selected patients with unexplained syncope or	Index test: initial symptoms determined
prospective cohort	presyncope. Prior tests: All patients had at least 1 prior test.	from patient history, physical exam, 12-
study; study held	Population details: consecutive outpatients referred to syncope clinic	lead ECG; time: initial (n=317)
in Switzerland.	Topulation details consecutive outputerior referred to syntope chine	lead 200, diller madar (ir 017)
	Definition of TLoC: brief, self-limited loss of consciousness with the	Reference standard: 12-lead ECG,
Setting: Syncope	inability to maintain postural tone. Presyncope was a near syncopal	positive tilt test, supine & upright CSM,
unit. Syncope	event.	continuous bp, adenosine triphosphate
clinic to which		& dinitrate isosorbide, hyperventilation
patients were	Inclusion criteria: patients with unexplained syncope or presyncope.	test, psychiatrist evaluation, stress test,
referred if they	Exclusion criteria: patients with symptoms compatible with: seizure	echo, coronary angiography,
had unexplained	disorders, vertigo, dizziness or coma.	electrophysiology; time (n=317)
syncope or	disorders, verings, dizziness of cond.	electrophysiology, time (it off)
presyncope.	Patient characteristics: age: mean 53 years (SD 20); sex: 46% female;	For target condition/outcome: Different
r-cojcope.	some patients with existing heart disease (17% coronary artery disease);	causes of TLoC: arrhythmias (including
Funding: Academic	history of TLoC: Time elapsed since first episode: mean 5 years (SD 8)	bradyarrhythmias (AV block,
funding	Comorbidities: 35% hypertension; 28% hypercholesterolaemia; 29% CV	cardioinhibitory CSS) and
1	disease; 6% diabetes type II. Other details: Final diagnosis: 9% cardiac	tachyarrhythmias (SVT and VT);
	arrhythmias (7% tachyarrhythmia, 2% AV block); 18% cardioinhibitory	vasovagal (tilt induced) syncope &
	CSS - included with 'rhythmic'; 23% vasovagal syncope; 17% psychogenic;	psychogenic pseudosyncope;
	3% orthostatic hypotension; 2% miscellaneous; 21% unexplained	orthostatic hypotension and
	5 % of the state my potentialon, 2 % intechanicous, 21 % unexplained	vasodilative CSS
	Other study comments: Derivation cohort. Arrhythmias included	vasodiiative Coo
	cardioinhibitory CSS.	
	Caraconnicity Coo.	

Study	Participants	Diagnostic tests
Hoefnagels 1991	TLoC population: selected patients with partly unexplained cause after	Index test: questionnaire for patients
prospective cohort	Initial stage. Prior tests: Unclear or Not stated.	and eye witnesses; initial signs and
study; study held	Population details: referrals from GPs and the ED; probably selected	symptoms; time: initial (n=94)
in The		
Netherlands.	Definition of TLoC: an episode of less than 1 hour, with inability to	Reference standard: interviews of
	maintain posture, loss of contact with the environment, and amnesia for	patients and eye witnesses; follow up;
Setting: Neurology.	the events which occurred during the episode.	general and neurological exams,
consecutive		routine lab tests, EEG and ECG; CT
patients	Inclusion criteria: Age 15 years and older with one or more episodes of	scan and 24h cardiac monitoring as
presenting to	TLoC.	appropriate; time 14.7 months (mean);
neurology dept	Exclusion criteria: LoC due to trauma or subarachnoid haemorrhage;	8-21 months range (n=94)
from March 1987-	patients with known epilepsy.	
March 1988.		For target condition/outcome: Seizure:
	Patient characteristics: age: 45 years (SD 22 years), with an eye witness	classified on basis of eyewitness
Funding: :none	account of their TLoC; sex: 51% male; Unclear/not stated with existing	observation (more than a few
stated	heart disease (appears to be none; no-seizure group mixture of	movements and clonic movements
	vasovagal and hyperventilation syncope); history of TLoC: not stated:	identified from range imitated by the
	one or more episodes	interviewer; clear automatism (e.g.
	Comorbidities: not stated. Other details: final diagnosis: seizure group -	chewing/lip smacking); if
	17% generalised epilepsy; 34% partial epilepsy; 49% single seizure. No-	motionless, and the patient later described
	seizure group 21% vasovagal; 26% hyperventilation; unexplained 36%	an unequivocal aura (e.g. funny smell)).
	71	And if follow up gave no reason for
		change in diagnosis
Romme 2009	TLoC population: selected patients with TLoC of mixed known causes.	Index test: initial evaluation based on
(subset of van Dijk	Prior tests: Some patients had 1 prior test.	ESC guidelines: standardised history
2008)	Population details: Population from van Dijk 2008; 123 patients excluded	taking (ESC); physical exam (pulse; bp
prospective cohort	to correspond to Sheldon 2006 population (55 with cardiomyopathy or MI,	supine & after 3min upright; cardiac
study; study held	18 with epileptic seizures; 50 with unknown cause after 2y)	auscultation) in 97% patients; 12 lead ECG
in The		(84% patients); time: initially (n=380)
Netherlands.	Definition of TLoC: Self limited TLoC not due to head trauma.	
		Reference standard: questionnaire
Setting: Hospital	Inclusion criteria: TLoC patients from van Dijk 2008, then exclusions to	after at least 2 y on recurrence &
several	align with Sheldon 2006 population in these respects (55 with	additional tests (echo, 24h Holter,
departments.	cardiomyopathy or MI, 18 with epileptic seizures; 50 with no diagnosis	exercise test, tilt test, CSM) or
subset (380/503) of	after 2y).	treatment. Final diagnosis using these,
consecutive	Exclusion criteria: head trauma causing TLoC; patients with a known	the initial presentation + expert panel if
patients	disorder causing TLoC who experienced typical recurrence; younger	disagree; time 2 year follow up (n=380)
presenting to	than 18 years.	
neurology,		For target condition/outcome:
cardiology,	Patient characteristics: age: mean 53 years (SD 19) for full cohort; sex:	vasovagal syncope
internal medicine,	56% male for full cohort; some patients with existing heart disease (3%	
cardiac	heart failure; 13% rhythm disturbances; 22% hypertension (may be in >1	
emergency room	category)); history of TLoC: (for this cohort) previous episodes in year	
(up to 100 each);	before presentation: VVS group 29% <1, 20% 1-3, 51% ≥4; other TLoC	
non consecutive to	diagnoses 46% <1; 10% 1-3; 17% ≥4	
ED (only 22%	Comorbidities: 3% heart failure; 13% rhythm disturbances; 22%	
included); 173	hypertension; 7% cerebrovascular accident; 7% diabetes (may be in >1	
excluded.	category). Other details: (this cohort) 55% diagnosed with vasovagal	
	syncope, 11% other forms of NM syncope, 12% OHT; 7% cardiac syncope;	
Funding: unrestricted	psychogenic pseudosyncope 6%	
educational grant		

Study	Participants	Diagnostic tests
Sarasin 2003	TLoC population: selected patients with partly unexplained cause after	Index test: initial symptoms derived
prospective cohort	initial stage. Prior tests: All patients had at least 1 prior test.	from age >65y, history of congestive
study; study held	Population details: patients with syncope as chief complaint, for whom	heart failure, abnormal ECG; time:
in Switzerland.	there was no clear suspicion of the cause of syncope from initial tests	initially (n=175)
in Switzenand.	(history, physical examination, bp measurements, 12-lead ECG).	initially (it 175)
Setting: Emergency	Identified by investigator from daily visits.	Reference standard: Diagnostic tests
Department. ED	definited by investigator from daily visits.	performed and interpreted by
in primary and	Definition of TLoC: Sudden transient loss of consciousness with an	
tertiary care main		cardiologists: echocardiography,
•	inability to maintain postural tone and with spontaneous recovery.	ambulatory ECG (24h Holter or event
teaching hospital	1 1 2 2 10 11 21	recorder) and electrophysiological
between 1989 and	Inclusion criteria: 18 years and older with syncope.	studies to detect arrhythmias in
1991.	Exclusion criteria: patients with symptoms clearly compatible with	presence of syncope or near syncope;
	seizure disorder, vertigo, dizziness, coma, shock or other states of	time not stated (n=175)
	altered consciousness. Those with a cause of syncope strongly	T
	suspected based on history and physical exam	For target condition/outcome:
	D. J.	Arrhythmias, including: AF, sinus pause
	Patient characteristics: age: 65.6 years (SD 17' range 19-90; 47% 65y and	≥2 & <3s; bradycardia >35bpm & ≤45;
	older; 42% 75y and older); sex: 54% male; some patients with existing	conduction disorders; signs of old MI or
	heart disease (27% coronary artery disease; 14% previous MI; 16%	VH; multiple premature ventricular
	congestive HF; 44% hypertension); history of TLoC: 56% with first	beats; prolonged corrected sinus node
	episode; 24% one prior episode; 20% with ≥ 2 episodes	recovery time (≥550ms); prolonged H-T
	Comorbidities: also 13% with diabetes mellitus. Other details: patients	interval (≥100ms); SVT 180bpm
	who did not have a definite diagnosis after initial stage; cardiac	
	arrhythmias 17%; organic heart disease 9%; vasovagal syncope 6%;	
	seizures/psychiatric 13%; unknown 50%	
	Other study comments: 30/175 (17%) patients with arrhythmias. 617	
	patients recruited; 442 had diagnosis by non-invasive assessment.	
	Derivation cohort - cross validation carried out.	
Sheldon 2002	TLoC population: selected patients with TLoC of mixed known causes.	Index test: initial symptoms and patient
case control study;	Prior tests: All patients had 1 prior test.	history; time: initially (n=270)
study held in	Population details: diagnosis established; not if had >1 plausible cause	
Canada.	of TLoC; sample randomly divided to allow validation	Reference standard: positive tilt test for
		vasovagal and orthostatic hypotension;
Setting: Hospital	Definition of TLoC: Loss of consciousness and loss of control of posture.	ECG/electrophysiology for
several		arrhythmias/heart block (diagnosis also
departments.	Inclusion criteria: loss of consciousness and diagnosis established	included palpitations pre-syncope);
university and	according to preset criteria.	EEG; time unclear time (n=270)
private practice	Exclusion criteria: patients with more than 1 plausible cause of syncope;	Comparator test: initial evaluation
neurology and	people with pseudosyncope.	symptoms + history: as above but no. of
cardiology clinics;	people was pseudosyneopes	spells and length of history of LoC and
pacemaker,	Patient characteristics: age: seizure patients 35 (SD 12 years) syncope 53	lightheaded spells also included; time:
arrhythmia and	(SD20) p<0.001; sex: seizure patients 44% men; syncope 55% p=0.062; some	initially (n=270).
syncope clinics;	patients with existing heart disease (146/671 structural heart disease);	initially (it 270).
and hospital	history of TLoC: some patients; some had >30	For target condition/outcome: Seizure
cardiology wards	Comorbidities: not stated. Other details: overall sample: 267/671	diagnosis if patients had diagnostically
(i.e. tertiary	vasovagal; 90 VT; 40 complete heart block; 22 SVT; 4 sick sinus; 4	positive EEGs
referral and acute	hypertensive carotid sinus syndrome; 3 aortic stenosis; etc	Postave EEGs
care facilities	ny percensive carona sinas synatonic, o aorue sienosis, eu	
	Other study comments: Seizure patients only included if had diagnostic	
only).		
Funding Crart-	EEG (may have created bias). Patients required to recall symptoms	
Funding: Grants	(unclear over what time period). Tertiary referral clinics and acute care	
from Medtronic;	facilities only.	
validation by		
same group that		
developed decision		
rule		

Study	Participants	Diagnostic tests
Sheldon 2006	TLoC population: selected patients with TLoC of mixed known causes.	Index test: Initial symptoms; time:
case control study;	Prior tests: All patients had 1 prior test.	initially (n=418)
study held in	Population details: diagnosis established; not if had >1 plausible cause	
Canada.	of TLoC; syncope in apparent absence of structural heart disease and	Reference standard: positive tilt test for
	epileptic seizures	vasovagal and orthostatic hypotension;
Setting: Hospital		ECG/electrophysiology for
several	Definition of TLoC: Loss of consciousness and loss of control of posture.	arrhythmias/heart block (diagnosis also
departments.		included palpitations pre-syncope);
university and	Inclusion criteria: loss of consciousness; diagnosis established according	EEG; time unclear time (n=418)
private practice	to preset criteria, or if there was no reasonable diagnostic confusion or	
neurology and	if reasonable investigations failed to elicit a diagnosis.	Comparator test: initial evaluation
cardiology clinics;	Exclusion criteria: patients with more than 1 plausible cause of syncope;	symptoms + history: as above but no. of
pacemaker,	patients with a history of known/suspected cardiomyopathy or prior MI	spells and length of history of LoC and
arrhythmia and	(with diagnosis confirmed by echo, gated angiography or cardiac	lightheaded spells also included; time:
syncope clinics;	catheterisation); patients with structural HD & epileptic seizures.	initially (n=418).
and hospital		
cardiology wards	Patient characteristics: age: 42 (SD 18) tilt positive; 49 (SD 21) tilt negative;	For target condition/outcome:
(i.e. tertiary	63 (SD 16) other syncope; sex: 39% male tilt positive; 46% tilt negative; 55%	Vasovagal syncope - positive tilt test
referral and acute	other; some patients with existing heart disease (10% had valvular heart	result using a currently acceptable
care facilities	disease; 18% hypertension); history of TLoC: some patients; some had >30	method
only).	Comorbidities: not stated. Other details: 3 patient groups: 235/418 tilt	
	positive + no other diagnosis; 95/418 tilt negative + no other diagnosis and	
Funding: Grants	88/41 with complete heart block, SVT, idiopathic VT, aortic stenosis,	
from Medtronic;	Toursades-de Pointe VT, cough syncope, hypertensive carotid sinus	
validation by same	syncope	
group that developed		
decision rule	Other study comments: Tertiary referral clinics / acute care facilities only.	
	Univariate & multivariate analyses. Validation on same sample as	
	derivation, but bootstrap analysis to allow for lack of independent sample.	

1.2 Decision rules for diagnosis review

Diagnostic Test: ACEP guidelines

Study	Participants	Diagnostic tests
Elseber 2005	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: ACEP guidelines for
retrospective	stated.	admission, higher risk group - from
cohort study; study	Population details: Retrospective records of all patients presenting to ED	records (history; physical examination;
held in USA.	with a diagnosis of mental status change, light headedness, spells,	ECG findings); time: initially (n=200; but
	syncope, presyncope or LoC were screened. Only syncope included	180 with ECG)
Setting: Emergency		
Department. ED	Definition of TLoC: Sudden and temporary loss of consciousness and	Reference standard: cardiac tests
in tertiary care	postural tone with spontaneous recovery.	including initial ECG, plus Holter
teaching hospital		monitoring or event recording or
between Jan 1996	Inclusion criteria: 18 years or older having had syncope.	electrophysiological testing, or cardiac
and Dec 1998.	Exclusion criteria: Patients requiring chemical or electrical	catheterisation or echocardiography;
	cardioversion. Patients who had light-headedness, dizziness, vertigo,	time at the ED, the hospital or an
Funding: 1 author	presyncope, coma, shock, spells, fall, typical seizure presentation or	outpatient clinic; follow up 4.9 years
had grant from	recurrence of known seizure or other sates of altered mentation	(SD 1.9) (n=200)
Medtronic		
	Patient characteristics: age: 63 years (SD 20); sex: 101 men 99 women;	Comparator test: ACEP guidelines for
	some patients with existing heart disease (26.0% had history of CAD,	admission, medium risk group - from
	9.5% had history of congestive HF); history of TLoC: 37/200 (19%) had ≥2	records (history; physical examination;
	syncopal events in the past month	ECG findings); time: initially (n=200).
	Comorbidities: 75/200 had hypertension; 27/200 had cerebrovascular	Other comparator tests: 3) ED
	disease, 18/200 had diabetes mellitus Other details: 24/200 patients	physicians' admission criteria.
	diagnosed with cardiac syncope; 83 had vasovagal syncope; 1 had	
	carotid sinus hypersensitivity, 2 had seizure, 1 had cerebrovascular	For target condition/outcome:
	accident, 35 had situational or orthostatic hypotension (or both); 39 had	Bradyarrhythmias (rate < 40 bpm;
	unknown cause	pauses > 3s; high degree AV block);
		sinus node dysfunction (corrected
	Other study comments: 180/200 (90%) had an ECG. Actual admission rate	recovery time >550ms). VTs (prolonged,
	57.5%; level B rate: 28.5%; level B + C rate: 71.0%	non-sustained or sustained), SVTs
		(symptomatic, AF or flutter) and aortic
		stenosis

Diagnostic Test: EGSYS score

Study	Participants	Diagnostic tests
del Rosso 2008	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: EGSYS symptom score based
prospective cohort	stated.	on ESC: standardised assessment
study; study held	Population details: Consecutive patients admitted to the ED	(palpitations preceding syncope, heart
in Italy.		disease/abnormal ECG, syncope during
	Definition of TLoC: stated to be syncope (other causes excluded).	effort, syncope while supine,
Setting: Emergency		precipitating factors, autonomic
Department. ED	Inclusion criteria: not stated.	prodromes (N & V); time: initial (n=256)
of 14 general	Exclusion criteria: Patients aged less than 18 years and those referred	
hospitals in Italy	more than 24h after their episode. Patients with a non-syncopal cause of	Reference standard: initial ECG + ECG
from Oct 2004 to	LoC (as seizures, drop attacks, transient ischaemic attacks).	monitoring or 24h Holter or during
Nov 2004.		electrophysiological study; time not
	Patient characteristics: age: mean 63 years (SD 22); sex: 121/256 male	stated (n=195)
Funding: 1 author	(47%); some patients with existing heart disease (29% structural heart	
is employee of	disease); history of TLoC: 24% with history of pre-syncope. Mean no. of	For target condition/outcome:
Medtronic;	syncopal episodes: 3 (SD 5)	Mechanical: severe valvular stenosis or
organisational	Comorbidities: not stated. Other details: Final diagnosis: 14% cardiac	other flow obstruction, or acute
support funded by	syncope; 70% neurally mediated syncope; 10% orthostatic hypotension;	myocardial ischaemia. Arrhythmias:
Medtronic	4% non-syncopal attacks; 3% unexplained	bradycardia <40bpm/repetitive sinoatrial
		blocks/sinus pause >3s. 2nd or 3rd AV
	Other study comments: Validation cohort. Prospective	block; SVT or VT, etc.

Diagnostic Test: ESC guidelines

Study	Participants	Diagnostic tests
van Dijk 2008	TLoC population: unselected patients. Prior tests: Some patients had 1	Index test: initial evaluation based on
prospective cohort	prior test.	ESC guidelines: standardised history
study; study held	Population details: consecutive adult patients presenting with TLoC to	taking (ESC); physical exam (pulse; bp
in The	any department of University hospital	supine & after 3min upright; cardiac
Netherlands.		auscultation) in 97% patients; 12 lead ECG
	Definition of TLoC: Self limited TLoC not due to head trauma.	(84% patients); time: initially (n=503; 424
Setting: Hospital		got all 3)
several	Inclusion criteria: TLoC.	
departments.	Exclusion criteria: head trauma causing TLoC; patients with a known	Reference standard: questionnaire
consecutive	disorder causing TLoC who experienced typical recurrence; younger	after 1y & at least 2 y on recurrence &
patients	than 18 years.	additional tests/treatment then review
presenting to		of records re subsequent evaluations,
neurology,	Patient characteristics: age: mean 53 years (SD 19); sex: 56% male; some	hospital admissions & other events.
cardiology,	patients with existing heart disease (10% previous MI; 3% heart failure;	Final diagnosis using these & ESC
internal medicine,	13% rhythm disturbances; 22% hypertension (may be in >1 category));	criteria + expert panel if disagree (95
cardiac emergency	history of TLoC: median 3 (IQR 1-8) previous episodes; 2 (1-3) in year	patients); time 2 year follow up (mean 31.6
room (up to 100 each);	before presentation	months) (n=458)
non consecutive to	Comorbidities: 10% previous MI; 3% heart failure; 13% rhythm	
ED (only 22%	disturbances; 22% hypertension; 7% cerebrovascular accident; 7%	For target condition/outcome: all
included).	diabetes (may be in >1 category). Other details: 64% had had previous	causes; diagnosis obtained from initial
	consultations with: GP (30%); cardiologist (31%); internist (7%);	evaluation, follow up outcomes and
Funding:	neurologist (26%); psychiatrist (1%); other (6%) and many were referred	additional diagnostic tests; cardiac
unrestricted	from GP or other hospitals; many ED patients were acute	syncope (arrhythmias + structural
educational grant		cardiopulmonary conditions; reflex
from Medtronic	Other study comments: 33% had trauma due to syncopal episode; initial	syncope; orthostatic hypotension;
Europe and	evaluation led to 'certain' and 'highly likely' diagnoses; 35% had	neurological diagnosis (epilepsy, brain
Netherlands Heart	recurrences during follow up; 40 died and 5 lost to follow up	tumour, stroke, vascular steal); psychiatric
Foundation		diagnosis

Diagnostic Test: Initial symptoms decision rule

Diagnostic Test: Initial symptoms decision rule				
Study	Participants	Diagnostic tests		
Graf 2008	TLoC population: selected patients with unexplained syncope or	Index test: initial symptoms determined		
prospective cohort	presyncope. Prior tests: All patients had at least 1 prior test.	from patient history, physical exam, 12-		
study; study held	Population details: consecutive outpatients with unexplained syncope	lead ECG; Arrhythmia rule; time: initial		
in Switzerland.	referred to syncope clinic	(n=65)		
Setting: Syncope	Definition of TLoC: brief, self-limited loss of consciousness with the	Reference standard: 12-lead ECG,		
unit. Syncope	inability to maintain postural tone. Presyncope was a near syncopal	positive tilt test, supine & upright CSM,		
clinic to which	event.	continuous bp, adenosine triphosphate		
patients were		& dinitrate isosorbide, hyperventilation		
referred if they	Inclusion criteria: patients with unexplained syncope or presyncope.	test, psychiatrist evaluation, stress test,		
had unexplained	Exclusion criteria: patients with symptoms compatible with: seizure	echo, coronary angiography,		
syncope or	disorders, vertigo, dizziness or coma.	electrophysiology; time (n=65)		
presyncope.				
	Patient characteristics: age: not stated; sex: not stated; some patients	For target condition/outcome: Different		
Funding: Academic	with existing heart disease (17% coronary artery disease); history of	causes of TLoC: arrhythmias (including		
funding	TLoC: Not stated	bradyarrhythmias (AV block,		
	Comorbidities: not stated. Other details: Final diagnosis: 9% cardiac	cardioinhibitory CSS) and		
	arrhythmias (7% tachyarrhythmia, 2% AV block); 18% cardioinhibitory	tachyarrhythmias (SVT and VT);		
	CSS - included with 'rhythmic'; 23% vasovagal syncope; 17% psychogenic;	vasovagal (tilt induced) syncope &		
	3% orthostatic hypotension; 2% miscellaneous; 21% unexplained	psychogenic pseudosyncope;		
		orthostatic hypotension and vasodilative		
	Other study comments: Validation cohort. Arrhythmias included	CSS		
	cardioinhibitory CSS.			

Study	Participants	Diagnostic tests
Romme 2009	TLoC population: selected patients with TLoC of mixed known causes.	Index test: initial evaluation based
(subset of van Dijk	Prior tests: Some patients had 1 prior test.	Sheldon 2006 score (positive and
2008)	Population details: Population from van Dijk 2008; 123 patients excluded	negative scoring items; patients classified
prospective cohort	to correspond to Sheldon 2006 population (55 with cardiomyopathy or MI,	as having VVS if points score ≥1); time:
study; study held	18 with epileptic seizures; 50 with unknown cause after 2y)	initially (n=380)
in The Netherlands.		
	Definition of TLoC: Self limited TLoC not due to head trauma.	Reference standard: questionnaire
Setting: Hospital		after at least 2 y on recurrence &
several	Inclusion criteria: TLoC patients from van Dijk 2008, then exclusions to	additional tests (echo, 24h Holter,
departments.	align with Sheldon 2006 population in these respects (55 with	exercise test, tilt test, CSM) or
subset (380/503 =	cardiomyopathy or MI, 18 with epileptic seizures; 50 with no diagnosis	treatment. Final diagnosis using these,
75%) of	after 2y).	the initial presentation + expert panel if
consecutive	Exclusion criteria: head trauma causing TLoC; patients with a known	disagree; time 2 year follow up (n=380)
patients	disorder causing TLoC who experienced typical recurrence; younger	
presenting to	than 18 years.	For target condition/outcome:
neurology,		vasovagal syncope
cardiology,	Patient characteristics: age: mean 53 years (SD 19) for full cohort; sex:	
internal medicine,	56% male for full cohort; some patients with existing heart disease (3%	
cardiac emergency	heart failure; 13% rhythm disturbances; 22% hypertension (may be in >1	
room (up to 100 each);	category)); history of TLoC: (for this cohort) previous episodes in year	
non consecutive to	before presentation: VVS group 29% <1, 20% 1-3, 51% ≥4; other TLoC	
ED (only 22%	diagnoses 46% <1; 10% 1-3; 17% ≥4	
included); 173	Comorbidities: 3% heart failure; 13% rhythm disturbances; 22%	
excluded.	hypertension; 7% cerebrovascular accident; 7% diabetes (may be in >1	
E	category).	
Funding:	Other details (this sehout) EE9/ diameted with vecessoral	
unrestricted	Other details: (this cohort) 55% diagnosed with vasovagal syncope, 11% other forms of NM syncope, 12% OHT; 7% cardiac syncope;	
educational grant	psychogenic pseudosyncope 6%	
Sarasin 2003	TLoC population: selected patients with partly unexplained cause after	Index test: risk score derived from age
cross sectional	initial stage. Prior tests: All patients had at least 1 prior test.	>65y, history of congestive heart
study index 1st;	Population details: patients with syncope as chief complaint, for whom	failure, abnormal ECG; time: initially
study held in USA.	there was no clear suspicion of the cause of syncope from initial tests	(n=267)
	(history, physical examination, bp measurements, 12-lead ECG).	
Setting: Emergency	Identified by investigator from daily visits.	Reference standard: Diagnostic tests
Department. ED		performed and interpreted by
in primary and	Definition of TLoC: Sudden transient loss of consciousness with an	cardiologists: echocardiography,
tertiary care main	inability to maintain postural tone and with spontaneous recovery.	ambulatory ECG (24h Holter or event
teaching hospital		recorder) and electrophysiological
between 1989 and	Inclusion criteria: 18 years and older with syncope.	studies to detect arrhythmias in
1991.	Exclusion criteria: patients with symptoms clearly compatible with	presence of syncope or near syncope;
	seizure disorder, vertigo, dizziness, coma, shock or other states of	time not stated (n=267)
	altered consciousness. Those with a cause of syncope strongly	
	suspected based on history and physical exam	For target condition/outcome:
	D	Arrhythmias, including: AF, sinus pause
	Patient characteristics: age: 56.1 years (SD 21 range 17-94; 41% 65y and	≥2 & <3s; bradycardia >35bpm & ≤45;
	older; 23% 75y and older); sex: 41% male; some patients with existing	conduction disorders; signs of old MI or
	heart disease (29% coronary artery disease; 8% previous MI; 12% congective HE; 31% byportencion); history of TLoC; 34% with first	VH; multiple premature ventricular
	congestive HF; 31% hypertension); history of TLoC: 34% with first episode; 22% one prior episode; 44% with ≥ 2 episodes	beats; prolonged corrected sinus node recovery time (≥550ms); prolonged H-T
	Comorbidities: also 12% with diabetes mellitus. Other details: patients	interval (≥100ms); SVT 180bpm
	who did not have a definite diagnosis after initial stage; arrhythmias	11.00 (1.00 (1.00 pm)
	17%; organic heart disease 9%; vasovagal syncope 6%; seizures/psychiatric	
	13%; unknown 50%	
	Other study comments: 48/267 (18%) patients with arrhythmias. 668	
	patients recruited; 267 considered to have 'unexplained syncope'.	
	Validation cohort – but carried out 10 years before derivation cohort,	
	although appears to be prospective.	

Study	Participants	Diagnostic tests
Sheldon 2002	TLoC population: selected patients with TLoC of mixed known causes.	Index test: Decision rule based on
case control study;	Prior tests: All patients had 1 prior test.	symptoms alone with positive and
study held in	Population details: diagnosis established; not if had >1 plausible cause	negative scoring items; patients classified
Canada.	of TLoC; sample randomly divided to allow validation	as having seizures if points score ≥1; time: initially (n=268)
Setting: Hospital several	Definition of TLoC: Loss of consciousness and loss of control of posture.	Reference standard: positive tilt test for
departments.	Inclusion criteria: loss of consciousness and diagnosis established	vasovagal and orthostatic hypotension;
university and	according to preset criteria.	ECG/electrophysiology for
private practice	Exclusion criteria: patients with more than 1 plausible cause of syncope;	arrhythmias/heart block (diagnosis also
neurology and	people with pseudosyncope.	included palpitations pre-syncope);
cardiology clinics;		EEG; time unclear time (n=268)
pacemaker,	Patient characteristics: age: seizure patients 35 (SD 12 years) syncope 53	Comparator test: initial evaluation
arrhythmia and	(SD20) p<0.001; sex: seizure patients 44% men; syncope 55% p=0.062; some	symptoms + history: as above but no. of
syncope clinics;	patients with existing heart disease (146/671 structural heart disease);	spells and length of history of LoC and
and hospital	history of TLoC: some patients; some had >30	lightheaded spells also included; time:
cardiology wards	Comorbidities: not stated. Other details: overall sample: 267/671	initially (n=268).
(i.e. tertiary	vasovagal; 90 VT; 40 complete heart block; 22 SVT; 4 sick sinus; 4	
referral and acute	hypertensive carotid sinus syndrome; 3 aortic stenosis; etc	For target condition/outcome: Seizure
care facilities		diagnosis if patients had diagnostically
only).	Other study comments: Validation sample. Seizure patients only included if had diagnostic EEG (may have created bias). Patients required to	positive EEGs
Funding: Grants	recall symptoms (unclear over what time period). Tertiary referral clinics	
from Medtronic;	and acute care facilities only.	
validation by	·	
same group that		
developed decision		
rule		
Sheldon 2006	TLoC population: selected patients with TLoC of mixed known causes.	Index test: Decision rule based on
case control study;	Prior tests: All patients had 1 prior test.	symptoms alone with positive and
study held in	Population details: diagnosis established; not if had >1 plausible cause	negative scoring items; patients classified
Canada.	of TLoC; syncope in apparent absence of structural heart disease and epileptic seizures	as having VV syncope if points score ≥1; time: initially (n=418)
Setting: Hospital		
several	Definition of TLoC: Loss of consciousness and loss of control of posture.	Reference standard: positive tilt test for
departments.		vasovagal and orthostatic hypotension;
university and	Inclusion criteria: loss of consciousness; diagnosis established according	ECG/electrophysiology for
private practice	to preset criteria, or if there was no reasonable diagnostic confusion or	arrhythmias/heart block (diagnosis also
neurology and	if reasonable investigations failed to elicit a diagnosis.	included palpitations pre-syncope);
cardiology clinics;	Exclusion criteria: patients with more than 1 plausible cause of syncope;	EEG; time unclear time (n=418)
pacemaker,	patients with a history of known/suspected cardiomyopathy or prior MI	
arrhythmia and	(with diagnosis confirmed by echo, gated angiography or cardiac	Comparator test: initial evaluation
syncope clinics;	catheterisation); patients with structural HD & epileptic seizures.	symptoms + history: as above but no. of
and hospital	Patient characteristics: ago: 42 (SD 18) tilt positive: 40 (SD 21) tilt page till	spells and length of history of LoC and
cardiology wards	Patient characteristics: age: 42 (SD 18) tilt positive; 49 (SD 21) tilt negative; 63 (SD 16) other syncope; sex: 39% male tilt positive; 46% tilt negative; 55%	lightheaded spells also included; time:
(i.e. tertiary referral and acute	other; some patients with existing heart disease (10% had valvular heart	initially (n=418).
care facilities	disease; 18% hypertension); history of TLoC: some patients; some had	For target condition/outcome:
only).	>30	Vasovagal syncope - positive tilt test
, /-	Comorbidities: not stated. Other details: 3 patient groups: 235/418 tilt	result using a currently acceptable
Funding: Grants	positive + no other diagnosis; 95/418 tilt negative + no other diagnosis and	method
from Medtronic;	88/418 with complete heart block, SVT, idiopathic VT, aortic stenosis, T-	
validation by	de-P VT, cough syncope, hypertensive carotid sinus syncope	
same group that	. 6 7 1 7 71	
developed decision	Other study comments: Tertiary referral clinics / acute care facilities.	
rule	Univariate & multivariate analyses. Validation on same sample as	
	derivation, but bootstrap analysis to allow for lack of independent sample.	
	About 84% of 'controls' had cardiac syncope.	

1.3 Initial symptoms for risk stratification (death) review

Study	Participants	Diagnostic tests
Colivicchi 2003	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: initial symptoms determined
prospective cohort	stated.	from patient history, physical exam, 12-
study; study held	Population details: consecutive patients older than 12 years presenting	lead ECG, haemoglobin count, blood
in Italy.	with TLoC to ED; no more details on enrolment	glucose: score based on age >65 y, clinical
		history of cardiovascular disease,
Setting: Emergency	Definition of TLoC: Syncope: a sudden and transient loss of	syncope without prodromal symptoms,
Department. EDs	consciousness and of postural tone with spontaneous recovery;	abnormal ECG; time: initially (n=270)
of 6 general	presyncope excluded.	
community		Reference standard: contact with family
hospitals in 1	Inclusion criteria: Patients presenting with syncope aged 12 years and	physicians or through telephone follow
region [Nov 1997-	older.	up and outpatient visitation; not stated
Jan 1998).	Exclusion criteria: patients with an already known seizure disorder	who did this; time 12 months (n=270)
	presenting a typical recurrence, with prolonged post-ictal phase; patients	
Funding: none	with presyncope only or dizziness or vertigo only.	For target condition/outcome: all-
stated, but		cause DEATH ONLY within 12 months
derivation cohort	Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years);	of initial evaluation
used so likely to	i.e. some children; sex: 46.3% male; some patients with existing heart	
be biased	disease (29% had a history of CV disease); history of TLoC: 32% had	
	previous syncopal spells	
	Comorbidities: 34% hypertension; 29% CV disease; 12% diabetes mellitus.	
	Other details: 15% had syncope-related traumatic injuries; 35% syncope	
	without prodromes; 30% abnormal ECG	
	Other study comments: Diagnostic accuracy results only possible for	
	derivation cohort (numbers with different risk scores given) so likely bias	
	introduced. 31/239 deaths	
Quinn 2008	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: Age over 65 years; time: in
prospective cohort	stated.	ED (n=1418, with 1474 visits)
study; study held	Population details: ED patients with acute syncope or near syncope; use	
in USA.	of electronic tracking system to identify all possible patients with	Reference standard: Follow up and
	appropriate tag terms	interpretation by 2 physicians to decide
Setting: Emergency		if the death was related to TLoC.
Department. ED	Definition of TLoC: syncope is a transient loss of consciousness with	Online social security death index
of large university	return to pre-existing neurologic function; near syncope not defined.	(checked in sample by direct follow
teaching hospital.		up); confirmed by death certificate. No
	Inclusion criteria: acute syncope or near syncope.	follow up for alive patients.; time 12
Funding: 1st	Exclusion criteria: patients with trauma-associated or alcohol or illicit	months (n=1418)
author received	drug-related LoC; patients with a definite seizure; patients with LoC	Other comparator tests: Physician
an NIH grant.	associated with an altered level of consciousness or persistent new	decision to admit patient (n=684).
Same authors	neurologic defects.	
developed SFSR -		For target condition/outcome: Death
some potential for	Patient characteristics: age: mean 56 to 69 years; sex: 47-64% female;	that was possibly related to TLoC; 3, 6
conflict of interest.	Unclear/not stated with existing heart disease (); history of TLoC: not	and 12 months reported
	stated	
	Comorbidities: not stated. Other details: cause of syncope reported to	
	be: cardiac 11%, neurologic 3%, orthostasis 12%, vasovagal 21%,	
	medications 5%, psychiatric 1%, unclear 47%	

1.4 Decision rules for risk stratification (death) review

Diagnostic Test: ACP guidelines

Study	Participants	Diagnostic tests
Crane 2002	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: ACP guidelines for
retrospective	stated.	admission, high risk group - from
cohort study; study	Population details: Records retrieved for all patients with presenting	records (history of CAD, CCF, VT; chest
held in UK.	complaint of 'collapse', 'collapse query cause', 'faint', 'vasovagal',	pain; physical symptoms of CCF,
	'syncope', 'fit', 'seizure', 'fall'. Then included if had clear history of TLoC.	significant valve disease, stroke, focal
Setting: Emergency		neurology; ECG findings of ischaemia,
Department. ED	Definition of TLoC: Temporary LoC but recovered spontaneously.	arrhythmia, long QT, bundle branch);
of Leeds general		time: initially (n=208)
infirmary; large	Inclusion criteria: age 16 and above with clear history of TLoC.	
urban department	Exclusion criteria: Focal neurological signs or a GCS < 15 when	Reference standard: Contact with
with 96000	examined by doctor, clear seizure in a known epileptic, intoxication with	general practice or health authority of
patients in 1998.	alcohol/other drugs, patient 'found on the floor'.	patients plus registrar for deaths as to
		the cause of death; time 1 year (n=189)
Funding: None	Patient characteristics: age: mean 54.7 years (SD 25); bimodal age	
	distribution with peaks at 25-34 years and 75-84 years; sex: men 39%;	Comparator test: ACP guidelines for
	women 61%; some patients with existing heart disease (18% known	admission, moderate risk group - from
	organic heart disease); history of TLoC: Not stated; but 2 patients	records (TLoC with injury, rapid heart
	presented twice in the 8 week period	action, exertion; frequent episodes;
	Comorbidities: not stated. Other details: 33% on cardioactive or	suspicion of CHD or arrhythmia;
	psychotropic drugs	moderate/severe postural hypotension;
		age over 70 years); time: initially
		(n=208).
		OIL A CD
		Other comparator tests: 3) ACP
		guidelines for admission, low risk
		group (none of above conditions) - safe
		to discharge with or without outpatient
		follow up.
		For target condition/outcome: all-cause
		DEATH ONLY within 12 months of initial

Diagnostic Test: EGSYS score

Study	Participants	Diagnostic tests
del Rosso 2008 cross sectional study index 1st; study held in Italy. Setting: Emergency Department. ED of 14 general hospitals in Italy	TLoC population: unselected patients. Prior tests: Unclear or Not stated. Population details: Consecutive patients admitted Definition of TLoC: stated to be syncope (other causes excluded). Inclusion criteria: not stated. Exclusion criteria: Patients aged less than 18 years and those referred more than 24h after their episode. Patients with a non-syncopal cause of	Index test: EGSYS symptom score based on ESC: standardised assessment (palpitations preceding syncope, heart disease/abnormal ECG, syncope during effort, syncope while supine, precipitating factors, autonomic prodromes (N & V); time: initial (n=256) Reference standard: Follow up data
from Oct 2004 to Nov 2004. Funding: 1 author is employee of Medtronic; organisational support funded by Medtronic	LoC (as seizures, drop attacks, transient ischaemic attacks). Patient characteristics: age: mean 63 years (SD 22); sex: 121/256 male (47%); some patients with existing heart disease (29% structural heart disease); history of TLoC: 24% with history of pre-syncope. Mean no. of syncopal episodes: 3 (SD 5) Comorbidities: not stated. Other details: Final diagnosis: 14% cardiac syncope; 70% neurally mediated syncope; 10% orthostatic hypotension; 4% non-syncopal attacks; 3% unexplained Other study comments: Validation cohort. Prospective	from family doctor or through phone call or outpatients visit; time 21-24 months (mean 614 days) (n=195) For target condition/outcome: Death from any cause

Diagnostic Test: OESIL score

Study	Participants	Diagnostic tests
Colivicchi 2003	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: OESIL score determined
prospective cohort	stated.	from patient history, physical exam, 12-
study; study held	Population details: consecutive patients older than 12 years presenting	lead ECG, haemoglobin count, blood
in Italy.	with TLoC to ED; no more details on enrolment	glucose: score based on age >65 y, clinical
		history of cardiovascular disease,
Setting: Emergency	Definition of TLoC: Syncope: a sudden and transient loss of	syncope without prodromal symptoms,
Department. EDs	consciousness and of postural tone with spontaneous recovery;	abnormal ECG; time: initially (n=270)
of 6 general	presyncope excluded.	
community		Reference standard: contact with family
hospitals in 1	Inclusion criteria: Patients presenting with syncope aged 12 years and	physicians or through telephone follow
region [Nov 1997-	older.	up and outpatient visitation; not stated
Jan 1998).	Exclusion criteria: patients with an already known seizure disorder	who did this; time 12 months (n=270)
	presenting a typical recurrence, with prolonged post-ictal phase; patients	
Funding: none	with presyncope only or dizziness or vertigo only.	For Target condition/outcome: all-
stated, but		cause DEATH ONLY within 12 months
derivation cohort	Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years);	of initial evaluation
used so likely to	i.e. some children; sex: 46.3% male; some patients with existing heart	
be biased	disease (29% had a history of CV disease); history of TLoC: 32% had	
	previous syncopal spells	
	Comorbidities: 34% hypertension; 29% CV disease; 12% diabetes mellitus.	
	Other details: 15% had syncope-related traumatic injuries; 35% syncope	
	without prodromes; 30% abnormal ECG	
	Other study comments Discounties are supplied and the supplied of the supplied	
	Other study comments: Diagnostic accuracy results only possible for	
	derivation cohort (numbers with different risk scores given) so likely bias	
	introduced. 31/239 deaths	

Diagnostic Test: San Francisco Syncope Rule

Study	Participants	Diagnostic tests
Quinn 2008	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: San Francisco Syncope Rule:
prospective cohort	stated.	questionnaire on history of congestive
study; study held	Population details: ED patients with acute syncope or near syncope; use	heart failure; haemocrit < 30%;
in USA.	of electronic tracking system to identify all possible patients with	abnormal ECG result (any non-sinus
	appropriate tag terms	rhythm or any new changes); patient
Setting: Emergency		complaint of shortness of breath; triage
Department. ED	Definition of TLoC: syncope is a transient loss of consciousness with	systolic bp < 90 mm Hg; time: in ED
of large university	return to pre-existing neurologic function; near syncope not defined.	(n=1418, with 1474 visits)
teaching hospital.		
	Inclusion criteria: acute syncope or near syncope.	Reference standard: Follow up and
Funding: 1st	Exclusion criteria: patients with trauma-associated or alcohol or illicit	interpretation by 2 physicians to decide
author received	drug-related LoC; patients with a definite seizure; patients with LoC	if the death was related to TLoC.
an NIH grant.	associated with an altered level of consciousness or persistent new	Online social security death index
Same authors	neurologic defects.	(checked in sample by direct follow
developed SFSR -		up); confirmed by death certificate. No
some potential for	Patient characteristics: age: mean 56 to 69 years; sex: 47-64% female;	follow up for alive patients.; time 12
conflict of interest.	Unclear/not stated with existing heart disease (); history of TLoC: not	months (n=1418)
	stated	Other comparator tests: Physician
	Comorbidities: not stated. Other details: cause of syncope reported to	decision to admit patient (n=684).
	be: cardiac 11%, neurologic 3%, orthostasis 12%, vasovagal 21%,	
	medications 5%, psychiatric 1%, unclear 47%	For target condition/outcome: Death
		that was possibly related to TLoC; 6
		and 12 months reported

1.5 Initial symptoms for risk stratification review

Diagnostic Test: Initial symptoms

Study	Participants	Diagnostic tests
Birnbaum 2008	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: symptoms: questionnaire on
prospective cohort	stated.	history of congestive heart
study; study held	Population details: ED patients with acute syncope or near syncope as	failure; haemocrit < 30%; patient
in USA.	reason for presentation; surveillance of ED tracking system to identify all	complaint of shortness of breath; triage
	possible patients; seizures and drug related TLoC excluded	systolic bp < 90 mm Hg. abnormal ECG
Setting: Emergency		(any non-sinus rhythm or any new
Department. ED	Definition of TLoC: transient loss of consciousness (acute syncope) or	changes) determined separately; time:
of large urban,	sensation of impending but not actual loss of consciousness (near	in ED (n=730)
academic centre	syncope). Did not specifically require return to nonfocal neurologic	
(80,000 visits per	function	Reference standard: Follow up
year).		determined by research associates by
	Inclusion criteria: adult patients 21 years and older with complaint of	phone using structured data collection
Funding: None	acute syncope or near syncope as reason for ED visit.	instrument; outcomes reviewed by
that would create	Exclusion criteria: patients with head trauma-caused or alcohol or drug-	study investigators and disagreements
a conflict of	related LoC; patients with a definite seizure; patients with an altered	resolved through discussion; time 7
interest	mental status.	days (n=713)
	D 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
	Patient characteristics: age: mean 61 years (21-101); 17% 21-40y, 30% 41-	Comparator test: Decision to admit
	60y, 37% 61-80y, 16% 81-101y; sex: 38% male; some patients with existing	patient by ED physician independently
	heart disease (8% had history of CHF; 31% abnormal ECG); history of	of the decision rule; time: ED (n=738).
	TLoC: not stated	Other comparator tests: 3. Individual
	Comorbidities: not stated. Other details: 39% Hispanic; 17% white, 38% black, 6% other	patient history characteristics.
	,	For target condition/outcome: Short
	Other study comments: ECG assessors blinded to data on presence or	term serious o/c: death, MI, arrhythmia,
	absence of other predictors. Serious outcomes not indicated by rule	PE, stroke, SAH, sig haemorrhage
	were 1 death, 8 arrhythmias, 3 strokes, 1 SAH, 1 blood transfusion, 2	needing transfusion; procedural
	returned to ED within 7 days	intervention to treat syncope cause; any
		condition likely to/ causing return to ED;
		hospitalisation for related event
		noopiumonionionicuted event

Costantino 2008 (STePS) prospective cohort study; study held in Italy. Setting: Emergency	TLoC population: unselected patients. Prior tests: unclear/not stated. Population details: 2775 consecutive adult patients who presented with syncope within the previous 48h to ED (syncope, pre-syncope, seizures,	Diagnostic tests Index test: Signs and symptoms, history, ECG results; time: initially (n=676)
prospective cohort study; study held in Italy. Setting: Emergency	Population details: 2775 consecutive adult patients who presented with	1
study; study held in Italy.		
study; study held in Italy. Setting: Emergency		1
in Italy. Setting: Emergency	falls, head injuries etc). Then exclusion criteria applied - 676/2775 enrolled.	Reference standard: Participating
Setting: Emergency		physicians evaluated admitted patients.
	Definition of TLoC: Syncope: a sudden and transient loss of	Discharged patients - directly evaluated
	consciousness associated with inability to maintain postural tone with	before discharge or surveyed within 2 d
Department. EDs	spontaneous recovery; presyncope and seizures excluded.	by phone & then within 10 days of
of 4 general		TLoC using 10 item questionnaire. At
hospitals in the	Inclusion criteria: Patients presenting with syncope in the previous 48h,	1y, phone interview / regional
Milan area; [Jan	aged 18 years and older	database for death; time 10 days and 1
2004-July 2004).	Exclusion criteria: Head injury pre-LoC; non-spontaneous return to	year (11-365 d) after TLoC (n=670; 667 at
, , ,	consciousness; pre-syncope, coma, shock, seizure; associated diseases	1y)
Funding: Study	with prognosis < 6mo; recent alcohol/drug abuse; non-consent;	
supported by a	unfeasible follow-up.	For target condition/outcome: Death
donation from	1	and severe outcomes - need for major
Autogrill S.p.A.	Patient characteristics: age: mean 59 years (SD 22); 18-44y 29%, 45-65y	therapeutic procedures
0 1	23%, >65y 48%; sex: 43.9% male; some patients with existing heart	(cardiopulmonary resuscitation,
	disease (some had history of structural HD (25%), hypertension (40%),	pacemaker or ICD insertion, ICU
	heart failure (4%), ventricular arrhythmias (2%)); history of TLoC: not	admittance, acute antiarrhythmic
	stated	therapy) - not in ED. Readmission to
	Comorbidities: some with heart disease; also cerebrovascular disease	hospital (within 10 days).
	(13%), neurological disease (10%), diabetes (10%), COPD (8%), neoplasm	
	(8%). Other details: additionally, 24% had trauma, 2% had exercise	
	induced syncope. 67% directly discharged from ED. Within 10 days: 36	
	had major therapeutic procedures & 5 died. At 1 year there were 40 deaths.	
	, , , ,	
	Other study comments: Also excluded if patients had clinical conditions	
	primarily confirmed in the ED that would have led to hospital admission	
	independently of TLoC (e.g. MI, acute PE, SAH, stroke, cardiac arrest,	
	sustained bradycardia	
Grossman 2007	TLoC population: unselected patients. Prior tests: No patients had a	Index test: signs/symptoms of acute
prospective cohort	prior test.	coronary syndrome; worrisome cardiac
study; study held	Population details: consecutive patients presenting 24h / 7days for 8	history; family history of sudden death;
in USA.	months; only syncope; seizures excluded	valvular heart disease; signs of
		conduction disease; volume depletion;
Setting: Emergency	Definition of TLoC: sudden and transient (< 5 min) loss of consciousness,	persistent (>15min) abnormal vital
Department.	producing a brief period of unresponsiveness and loss of postural tone,	signs; primary CNS event; time: in ED
large urban	ultimately resulting in spontaneous recovery requiring no resuscitation.	(n=362)
teaching hospital		
ED; consecutive	Inclusion criteria: 18 years or older who met definition of syncope; at	Reference standard: Follow up with
patients with	least 1episode of syncope.	structured form, by phone and using
syncope.	Exclusion criteria: near syncope; persistent altered mental status;	medical record; time 30 days and
, 1	alcohol or illicit drug related LoC; seizure; coma; hypoglycaemia; TLoC	subsequent med records (n=293)
Funding: none	caused by head injury.	i i i
reported	, , ,	For target condition/outcome: patients
1	Patient characteristics: age: mean 57.8 years (SD 24.2); sex: 42% male;	with (1) an adverse outcome (incl.
	some patients with existing heart disease (35% had history of heart	death, PE, stroke; ventricular or atrial
	disease); history of TLoC: all had at least 1 episode of syncope; 20% had	dysrhythmia; intracranial bleed; MI) or
	recurrent syncope. Other details: 2% family history of sudden death	(2) critical intervention (incl.
	,,	pacemaker, percutaneous coronary
	Other study comments: rule is combination of ACEP, San Francisco SR	intervention, surgery) within 30 d of
	and expert opinion. If a patient had a risk factor then admitted to	initial visit
	hospital otherwise sent home; overall 69% admitted. 94% included in	
		1
	study. Validation study. Univariate analysis also.	

Study	Participants	Diagnostic tests
Hing 2005	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: Initial symptoms from
prospective cohort	stated.	patient history, ECG; time: initially
study; study held		(n=100)
in Australia.	Population details: adult patients presenting with TLoC to ED; identified	
	by ED staff. Patients enrolled only if investigators present and if their	Reference standard: review of
Setting: Emergency	serum troponin level was measured at least 4h after syncope were	discharge medical records to determine
Department. ED	included (113/508 with triage diagnosis of syncope)	the diagnosis; patients contacted by
of tertiary referral	Definition of TLoC: Syncope: syncopal event with spontaneous recovery	phone to determine adverse events,
urban hospital	with no neurological sequelae.	return to normal premorbid function
(42,000 emergency	Will no neurological sequence.	and GP confirmation where necessary;
presentations per	Inclusion criteria: Patients presenting with syncope aged 18 years and	time 3-6 months (n=100)
annum) [April	older. Enrolled only if investigators or informed member of staff present.	time 5-6 months (n=100)
2002-Aoril 2003).	Exclusion criteria: patients presenting with seizures, coma, dizziness,	Comparator test: Sorum troponin T
2002-A0111 2003).		Comparator test: Serum troponin T measured at least 4 hours after
г 1	vertigo or pre-syncope without LoC.	
Funding: none	D.: 1 1 12: 00/ 200 110/ 40 40 00/ F0 F0 120/ 40 40	syncope; time: initially (n=100).
declared	Patient characteristics: age: 9% <39y, 11% 40-49y; 8% 50-59y; 13% 60-69y;	Enternation 3''' / C. :
	28% 70-79y; 30% 80-89y; 1% 90-99y; sex: 47% male; some patients with	For target condition/outcome: Serious
	existing heart disease (some had history of IHD, congestive cardiac	o/c: cardiac death, and adverse cardiac
	failure); history of TLoC: not stated	outcomes: diagnosis or ongoing
	Comorbidities: 51% hypertension; 9% diabetes.	episodes of ischaemic heart disease
		requiring further investigation, including
	Other details: Discharge diagnoses: 27% NM syncope; 21% orthostatic	medication changes, admission to
	hypotension; 2% neurological; 3% cardiac organic; 16% cardiac	hospital, angiogram; significant
	arrhythmias	arrhythmia requiring treatment; death as a
		result of presumed cardiac causes
Quinn 2004	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: Signs and symptoms from
prospective cohort	stated.	San Francisco Syncope Rule validation:
study; study held	Population details: ED patients with acute syncope or near syncope; 73%	abnormal ECG result (any non-sinus
in USA.	as primary complaint; prospective screening and review of patient logs	rhythm or any new changes); time: in
	to identify all possible patients; seizures and drug related TLoC excluded	ED (n=684)
Setting: Emergency		
Department. ED	Definition of TLoC: syncope is a transient loss of consciousness with	Reference standard: Follow up
of large university	return to pre-existing neurologic function; near syncope not defined.	determined by study nurse; includes ED
teaching hospital		and non-ED outcomes; 49/79 outcomes
[Jun 2000-Feb	Inclusion criteria: acute syncope or near syncope as a reason for their	occurred after ED visit; time 7 days
2002).	presentation in ED.	(n=684)
,-	Exclusion criteria: patients with head trauma-caused or alcohol or illicit	
Funding: 1st	drug-related LoC; patients with a definite seizure; patients with LoC	Comparator test: Attending physicians
author received	associated with an altered mental status.	& house staff carried out normal
an NIH grant.		assessment & disposition of each
Same authors	Patient characteristics: age: mean 62.1 years (range 10 to 102 years); sex:	patient, then completed standardised
developed SFSR -	41% male; some patients with existing heart disease (4.9% had MI; 4.4%	form (SFSR). Physicians estimated if 2%
some potential for	had arrhythmia; 0.7% structural HD; 0.7% PE); history of TLoC: not stated	or less chance of serious outcome with
conflict of interest.	although some had more than 1 episode	in 7 days, based on their clinical
commet of filterest.	Comorbidities: not stated. Other details: race not stated	assessment; time: ED (n=684).
	Comorbianes, not stated. Other details, race not stated	assessment, time. ED (11-004).
	Other study comments: Derivation study; 55% admitted; all had some	Other comparator tests: 3. Physician
	form of follow up (96% directly and the rest through checks with death	decision to admit patient (n=684) 4.
	register and local hospitals). Univariate analysis.	Initial symptoms (n=684).
	register and rocal hospitals). Onevariate analysis.	Indui symptoms (it 004).
		For target condition/outcome: Short
		term serious o/c: death, MI, arrhythmia,
		PE, stroke, SAH, significant haemorrhage;
		any condition causing return to ED and
		hospitalisation for related event

Study	Participants	Diagnostic tests
Reed 2007 (ROSE	TLoC population: unselected patients. Prior tests: No patients had a	Index test: signs and symptoms as part
pilot)	prior test.	of standardised assessment; time:
prospective cohort	Population details: consecutive adult patients presenting with TLoC to	initially (n=99)
study; study held	ED; identified by ED staff, then checked patient records; previously	
in UK.	recruited patients excluded. Only 38% eligible patients enrolled.	Reference standard: review of local
Sotting: Emergency	Definition of TLoC: Symponous transient loss of consciousness with an	hospital records re inpatients and outpatients; death register and primary
Setting: Emergency Department. ED	Definition of TLoC: Syncope: a transient loss of consciousness with an inability to maintain postural tone followed by spontaneous recovery.	care records; not stated who did this;
of large urban	intensity to manufacture role role by spontaneous recovery.	time 3 months (n=99)
hospital (85,000	Inclusion criteria: Patients presenting with syncope aged 16 years and	, ,
adult attendances	older.	Comparator test: San Francisco
per annum) [Nov	Exclusion criteria: patients younger than 16 years; those previously	Syncope Rule; time: initially (n=99).
2005-Feb 2006).	recruited; those with a history of seizure with prolonged post-ictal phase;	
F	patients unable to give either written or verbal informed consent.	Other comparator tests: 3)initial
Funding: unrestricted	Patient characteristics: age: median 71 years (IQR 47-81); missed group	assessment based on ESC, AAP & ACEP guidelines: standardised assessment
educational grant	median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients	with 75 variables (11 clinical features, 9
from Medtronic	with existing heart disease (no details); history of TLoC: not stated	med history, 11 current meds; 28 exam;
Europe and	Comorbidities: not stated. Other details: Distribution of risk groups	26 ECG) (n=99).
Netherlands Heart	skewed towards more serious end => possible exclusion of younger	
Foundation	patients with vasovagal syncope.	For target condition/outcome: Serious
	Od a day of POCT and the state of the	o/c: all-cause death, acute MI, life
	Other study comments: Pilot for ROSE study; recruitment doctors trained	threatening arrhythmia, PE, stroke,
	for 15 min to identify syncope: 62% patients missed (younger); study group skewed towards more serious risk. Admission = >12 h in ED. Scores	cerebrovascular accident/SAH, significant haemorrhage needing blood transfusion;
	for SFSR & OESIL determined by study team from data forms.	acute surgical procedure/endoscopic
	Tor or o	intervention. 5 died and 6 had serious
		outcome by 3 mo.
Reed 2010	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: standardised assessment
(derivation)	stated.	with 32 historical variables (9 clinical
prospective cohort	Population details: adult presenting with acute syncope to ED; identified	features, 10 med history, 13 current
study; study held	by ED staff. Further group identified from daily search of electronic	meds); 14 exam; 24 ECG; 23
in UK.	patient records with appropriate key words, then eligibility assessed. 2 cohorts (derivation and validation) March-Oct 2007	biochemical/haematological variables (incl.
Setting: Emergency	conorts (acrivation and vandation) materi-oct 2007	characteristics In other decision rules);
Department. ED	Definition of TLoC: Syncope: a transient, self limited loss of	BNP test (2.7ml ETDA); time: initially
of large urban	consciousness, usually leading to falling. Onset is relatively rapid and	(n=548)
tertiary centre	recovery is spontaneous, complete and relatively prompt.	
(100,000 adult		Reference standard: review of
attendances per	Inclusion criteria: people presenting with syncope aged 16 years and	electronic records, hospital pacemaker
annum) [March -	older.	records, radiology reports, direct
Oct 2007).	Exclusion criteria: previously recruited into the study; persistent neurological deficit suggesting stroke, alcohol related, hypoglycaemia,	contact with patient or GP. Cardiologist & emergency physician independently
Funding: none for	trauma, history of seizure with >15min witnessed post-ictal phase;	reviewed ECG. 2 investigators
main study,	unable to give written or verbal informed consent.	reviewed clinical data & assigned end
equipment		points; 3 others if disagreed; time 1 month
supplied by	Patient characteristics: age: mean 63.8 years (SD 21.2); sex: 44.4% male;	(n=529)
Biosite for the	some patients with existing heart disease (IHD 23%, acute MI 10%,	
pilot (Reed 2007)	valvular HD 6%, heart failure history 5%); history of TLoC: 43% had	For target condition/outcome: Serious
	previous history Comorbidities: hypertension 39%. Other details: 575/890 (65%) potentially	o/c: all-cause death, acute MI, life threatening arrhythmia (VF, SVT >
	eligible patients screened; 550 recruited; 40 had primary outcome	120bpm, ventricular pause > 3s,
	(serious outcome/all cause death)	standstill or asystole), decision for
	, in the second	pacemaker or ICD within 1mo, PE,
	Other study comments: Secondary end points (separate) were:	cerebrovascular accident/intracranial
	cardiovascular serious outcomes (acute MI, arrhythmia, pacemaker/ICD,	haemorrhage/SAH, significant
	cardiac procedure) and syncope-related death	haemorrhage needing blood transfusion;
		acute surgical procedure/endoscopic intervention. 5 died and 6 had a serious
		outcome by 1 month

Study	Participants	Diagnostic tests
Sun 2007	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: symptoms: questionnaire on
prospective cohort	stated.	history of congestive heart failure;
study; study held	Population details: adult ED patients with syncope or near syncope	haemocrit < 30%; abnormal ECG result
in USA.	admitted 8am-10pm 7/7 days; review of ED intake log showed 76%	(any non-sinus rhythm not new changes
	eligible patients identified and screened; seizures and people with	(no old ECG); patient complaint of
Setting: Emergency	confusion excluded	shortness of breath; triage systolic bp < 90
Department. ED		mm Hg; time: in ED (n=477)
of urban,	Definition of TLoC: sudden transient loss of consciousness (=syncope);	
academic, Level I	sensation of imminent loss of consciousness (=near syncope).	Reference standard: Follow up: phone
trauma centre.		interview by research nurse; then 2
	Inclusion criteria: adult patients with complaint of acute syncope or near	independent emergency physicians
Funding: university	syncope.	reviewed ED documentation, inpatient
funding and	Exclusion criteria: head trauma-associated LoC; intoxication; patients	records and telephone forms; records
American Geriatrics	with a witnessed seizure; ongoing confusion (incl. baseline cognitive	for all with potentially serious outcome
Society award (1st	impairment /dementia); age < 18 y; inability to speak English or Spanish;	reviewed by a panel of 3 ED
author)	do-not-resuscitate/DN intubate status; no follow-up contact info.	physicians; time 7 days (n=463)
	Patient characteristics: age: median 58 years (IQR 35-79); 30% <40y, 23%	Comparator test: Treating physician's
	40-59y, 24% 60-79y, 21% >80y; sex: 44% male; some patients with existing	decision to hospitalise the patient;
	heart disease (8% had history of CHF); history of TLoC: not stated	time: in ED (n=477).
	Comorbidities: not stated. Other details: 10% Hispanic; 77% white, 9%	
	black, 11% Asian, 3% other	For target condition/outcome: death,
		MI, arrhythmia, PE, stroke, TIA,
	Other study comments: 51% admitted, 7% transferred to another hospital,	SAH/non-trauma haemorrhage, aortic
	40% discharged, 2% left against medical advice. Attending physicians	dissection, new SHD, sig
	trained in completion of data forms. Inter-rater reliability also checked in	haemorrhage/anaemia needing
	convenience sample (subgroup)	transfusion; procedure to treat syncope
		cause; readmission for related event

1.6 Decision rules for risk stratification review

Diagnostic Test: Boston Syncope Criteria

Diagnostic Test: Boston Syncope Criteria		
Study	Participants	Diagnostic tests
Grossman 2007	TLoC population: unselected patients. Prior tests: No patients had a	Index test: Boston Syncope Criteria:
prospective cohort	prior test.	signs/symptoms of acute coronary
study; study held	Population details: consecutive patients presenting 24h / 7days for 8	syndrome; worrying cardiac history;
in USA.	months; only syncope; seizures excluded	family history of sudden death; valvular
		heart disease; conduction disease
Setting: Emergency	Definition of TLoC: sudden and transient (< 5 min) loss of consciousness,	signs; volume depletion; persistent
Department.	producing a brief period of unresponsiveness and loss of postural tone,	(>15min) abnormal vital signs; primary
large urban	ultimately resulting in spontaneous recovery requiring no resuscitation.	CNS event; time: in ED (n=362)
teaching hospital		
ED; consecutive	Inclusion criteria: 18 years or older who met definition of syncope; at	Reference standard: Follow up with
patients with	least 1episode of syncope.	structured form, by phone and using
syncope.	Exclusion criteria: near syncope; persistent altered mental status;	medical record; time 30 days and
	alcohol or illicit drug related LoC; seizure; coma; hypoglycaemia; TLoC	subsequent med records (n=293)
Funding: none	caused by head injury.	
reported		For target condition/outcome: patients
	Patient characteristics: age: mean 57.8 years (SD 24.2); sex: 42% male;	with (1) an adverse outcome (incl.
	some patients with existing heart disease (35% had history of heart	death, PE, stroke; ventricular or atrial
	disease); history of TLoC: all had at least 1 episode of syncope; 20% had	dysrhythmia; intracranial bleed; MI) or
	recurrent syncope. Other details: 2% family history of sudden death	(2) critical intervention (incl.
		pacemaker, percutaneous coronary
	Other study comments: Rule is combination of ACEP, San Francisco SR	intervention, surgery) within 30 d of
	and expert opinion. If a patient had a risk factor then admitted to	initial visit
	hospital otherwise sent home; overall 69% admitted. 94% included in	
ĺ	study. Validation study. Univariate analysis also.	

Diagnostic Test: OESIL score

Study	Participants	Diagnostic tests
Hing 2005	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: OESIL score determined
prospective cohort	stated.	from data collection by study team:
study; study held	Population details: adult patients presenting with TLoC to ED; identified	based on age >65 y, clinical history of
in Australia.	by ED staff. Patients enrolled only if investigators present and if their	cardiovascular disease, syncope
	serum troponin level was measured at least 4h after syncope were	without prodromal symptoms,
Setting: Emergency	included (113/508 with triage diagnosis of syncope)	abnormal ECG; time: initially (n=100)
Department. ED		
of tertiary referral	Definition of TLoC: Syncope: syncopal event with spontaneous recovery	Reference standard: review of
urban hospital	with no neurological sequelae.	discharge medical records to determine
(42,000 emergency		the diagnosis; patients contacted by
presentations per	Inclusion criteria: Patients presenting with syncope aged 18 years and	phone to determine adverse events,
annum) [April	older. Enrolled only if investigators or informed member of staff present.	return to normal premorbid function
2002-Aoril 2003).	Exclusion criteria: patients presenting with seizures, coma, dizziness,	and GP confirmation where necessary;
	vertigo or pre-syncope without LoC.	time 3-6 months (n=100)
Funding: none		Comparator test: Serum troponin T
declared	Patient characteristics: age: 9% <39y, 11% 40-49y; 8% 50-59y; 13% 60-69y;	measured at least 4 hours after
	28% 70-79y; 30% 80-89y; 1% 90-99y; sex: 47% male; some patients with	syncope; time: initially (n=100).
	existing heart disease (some had history of IHD, congestive cardiac	
	failure); history of TLoC: not stated	For target condition/outcome: Serious
	Comorbidities: 51% hypertension; 9% diabetes.	o/c: cardiac death, and adverse cardiac
		outcomes: diagnosis or ongoing
	Other details: Discharge diagnoses: 27% NM syncope; 21% orthostatic	episodes of ischaemic heart disease
	hypotension; 2% neurological; 3% cardiac organic; 16% cardiac	requiring further investigation, including
	arrhythmias	medication changes, admission to
		hospital, angiogram; significant
		arrhythmia requiring treatment; death as a
		result of presumed cardiac causes
P. LOOP (POCE		I I I I OFFI
Reed 2007 (ROSE	TLoC population: unselected patients. Prior tests: No patients had a	Index test: OESIL score determined
pilot)	prior test.	from data collection by study team:
prospective cohort	Population details: consecutive adult patients presenting with TLoC to ED; identified by ED staff, then checked patient records; previously	based on age >65 y, clinical history of cardiovascular disease, syncope
study; study held in UK.		
III UK.	recruited patients excluded. Only 38% eligible patients enrolled.	without prodromal symptoms,
Cotting: Emorgonay	Definition of TLoC: Sympones a transient loss of consciousness with an	abnormal ECG; time: initially (n=99)
Setting: Emergency Department. ED	Definition of TLoC: Syncope: a transient loss of consciousness with an inability to maintain postural tone followed by spontaneous recovery.	Reference standard: review of local
of large urban	mability to maintain postural tone followed by spontaneous recovery.	hospital records re inpatients and
hospital (85,000	Inclusion criteria: Patients presenting with syncope aged 16 years and	outpatients; death register and primary
adult attendances	older.	care records; not stated who did this;
per annum) [Nov	Exclusion criteria: patients younger than 16 years; those previously	time 3 months (n=99)
2005-Feb 2006).		time 5 months (n=55)
2005-1 CD 2000).		
1	recruited; those with a history of seizure with prolonged post-ictal phase;	Comparator test: San Francisco
,	patients unable to give either written or verbal informed consent.	Comparator test: San Francisco Syncope Rule: time: initially (n=99)
Funding; unrestricted	patients unable to give either written or verbal informed consent.	Syncope Rule; time: initially (n=99).
Funding; unrestricted educational grant	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial
Funding; unrestricted educational grant from Medtronic	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP &
Funding; unrestricted educational grant from Medtronic Europe and	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment
Funding; unrestricted educational grant from Medtronic Europe and Netherlands Heart	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated Comorbidities: not stated. Other details: Distribution of risk groups	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment with 75 variables (11 clinical features, 9
Funding; unrestricted educational grant from Medtronic Europe and	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment
Funding; unrestricted educational grant from Medtronic Europe and Netherlands Heart	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated Comorbidities: not stated. Other details: Distribution of risk groups skewed towards more serious end => possible exclusion of younger patients with vasovagal syncope.	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment with 75 variables (11 clinical features, 9 medical history, 11 current meds; 28 exam; 26 ECG) (n=99).
Funding; unrestricted educational grant from Medtronic Europe and Netherlands Heart	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated Comorbidities: not stated. Other details: Distribution of risk groups skewed towards more serious end => possible exclusion of younger patients with vasovagal syncope. Other study comments: Pilot for ROSE study; recruitment doctors trained	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment with 75 variables (11 clinical features, 9 medical history, 11 current meds; 28 exam; 26 ECG) (n=99). For target condition/outcome: Serious
Funding; unrestricted educational grant from Medtronic Europe and Netherlands Heart	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated Comorbidities: not stated. Other details: Distribution of risk groups skewed towards more serious end => possible exclusion of younger patients with vasovagal syncope.	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment with 75 variables (11 clinical features, 9 medical history, 11 current meds; 28 exam; 26 ECG) (n=99).
Funding; unrestricted educational grant from Medtronic Europe and Netherlands Heart	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated Comorbidities: not stated. Other details: Distribution of risk groups skewed towards more serious end => possible exclusion of younger patients with vasovagal syncope. Other study comments: Pilot for ROSE study; recruitment doctors trained	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment with 75 variables (11 clinical features, 9 medical history, 11 current meds; 28 exam; 26 ECG) (n=99). For target condition/outcome: Serious
Funding; unrestricted educational grant from Medtronic Europe and Netherlands Heart	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated Comorbidities: not stated. Other details: Distribution of risk groups skewed towards more serious end => possible exclusion of younger patients with vasovagal syncope. Other study comments: Pilot for ROSE study; recruitment doctors trained for 15 min to identify syncope: 62% patients missed (younger); study	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment with 75 variables (11 clinical features, 9 medical history, 11 current meds; 28 exam; 26 ECG) (n=99). For target condition/outcome: Serious o/c: all-cause death, acute MI, life threatening arrhythmia, PE, stroke, cerebrovascular accident/SAH, significant
Funding; unrestricted educational grant from Medtronic Europe and Netherlands Heart	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated Comorbidities: not stated. Other details: Distribution of risk groups skewed towards more serious end => possible exclusion of younger patients with vasovagal syncope. Other study comments: Pilot for ROSE study; recruitment doctors trained for 15 min to identify syncope: 62% patients missed (younger); study group	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment with 75 variables (11 clinical features, 9 medical history, 11 current meds; 28 exam; 26 ECG) (n=99). For target condition/outcome: Serious o/c: all-cause death, acute MI, life threatening arrhythmia, PE, stroke, cerebrovascular accident/SAH, significant haemorrhage needing blood transfusion;
Funding; unrestricted educational grant from Medtronic Europe and Netherlands Heart	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated Comorbidities: not stated. Other details: Distribution of risk groups skewed towards more serious end => possible exclusion of younger patients with vasovagal syncope. Other study comments: Pilot for ROSE study; recruitment doctors trained for 15 min to identify syncope: 62% patients missed (younger); study group skewed towards more serious risk. Admission = >12 h in ED. Scores for	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment with 75 variables (11 clinical features, 9 medical history, 11 current meds; 28 exam; 26 ECG) (n=99). For target condition/outcome: Serious o/c: all-cause death, acute MI, life threatening arrhythmia, PE, stroke, cerebrovascular accident/SAH, significant haemorrhage needing blood transfusion; acute surgical procedure/endoscopic
Funding; unrestricted educational grant from Medtronic Europe and Netherlands Heart	patients unable to give either written or verbal informed consent. Patient characteristics: age: median 71 years (IQR 47-81); missed group median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients with existing heart disease (no details); history of TLoC: not stated Comorbidities: not stated. Other details: Distribution of risk groups skewed towards more serious end => possible exclusion of younger patients with vasovagal syncope. Other study comments: Pilot for ROSE study; recruitment doctors trained for 15 min to identify syncope: 62% patients missed (younger); study group skewed towards more serious risk. Admission = >12 h in ED. Scores for	Syncope Rule; time: initially (n=99). Other comparator tests: 3)initial assessment based on ESC, AAP & ACEP guidelines: standardised assessment with 75 variables (11 clinical features, 9 medical history, 11 current meds; 28 exam; 26 ECG) (n=99). For target condition/outcome: Serious o/c: all-cause death, acute MI, life threatening arrhythmia, PE, stroke, cerebrovascular accident/SAH, significant haemorrhage needing blood transfusion;

Diagnostic Test: ROSE rule

Study	Participants	Diagnostic tests
Reed 2010	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: ROSE rule from standardised
(validation)	stated.	patient assessment (BNP level
prospective cohort	Population details: adults presenting with acute syncope to ED;	≥300pg/ml; bradycardia ≤ 50bpm, faecal
study; study held	identified by ED staff. Further group identified from daily search of	occult blood on rectal exam, anaemia
in UK.	electronic patient records with appropriate key words, then eligibility	(Hb ≤90g/l), chest pain associated with
	assessed. 2 cohorts (derivation and validation) March-Oct 2007	syncope, ECG: Q wave not in lead III;
Setting: Emergency		O2 sats ≤94% room air); time: initially
Department. ED	Definition of TLoC: Syncope: a transient, self limited loss of	(n=549)
of large urban	consciousness, usually leading to falling. Onset is relatively rapid and	
tertiary centre	recovery is spontaneous, complete and relatively prompt.	Reference standard: review of
(100,000 adult		electronic records, hospital pacemaker
attendances per	Inclusion criteria: people presenting with syncope aged 16 years and	records, radiology reports, direct
annum) [Oct 2007-	older.	contact with patient or GP. Cardiologist
July 2008).	Exclusion criteria: previously recruited into the study; persistent	& emergency physician independently
	neurological deficit suggesting stroke, alcohol related, hypoglycaemia,	reviewed ECG. 2 investigators
Funding: none for	trauma, history of seizure with >15min witnessed post-ictal phase;	reviewed clinical data & assigned end
main study, equipment	unable to give written or verbal informed consent.	points; 3 others if disagreed; time 1 month (n=538)
supplied by	Patient characteristics: age: mean 62.4 years (SD 21.9); sex: 45.5% male;	(11 350)
Biosite for the	some patients with existing heart disease (IHD 20%, acute MI 11%,	For target condition/outcome: Serious
pilot (Reed 2007)	valvular HD 6%, heart failure history 4%); history of TLoC: 40% had	o/c: all-cause death, acute MI, life
phot (need 2007)	previous history	threatening arrhythmia (VF, SVT >
	Comorbidities: hypertension 38%. Other details: 579/951 (61%) potentially	120bpm, ventricular pause > 3s,
	eligible patients screened; 550 recruited; 39 had primary outcome	standstill or asystole), decision for
	(serious outcome/all cause death)	pacemaker or ICD within 1mo, PE,
		cerebrovascular accident/intracranial
	Other study comments: Secondary end points (separate) were:	haemorrhage/SAH, significant
	cardiovascular serious outcomes (acute MI, arrhythmia, pacemaker/ICD	haemorrhage needing blood transfusion;
	implantation, cardiac procedure) and syncope-related death. Rule from	acute surgical procedure/endoscopic
	regression + recursive partitioning; 3 multivariables omitted, 2 factors	intervention. 5 died and 6 had serious
	added	outcome by 3 mo.

Diagnostic Test: San Francisco Syncope Rule

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Study	Participants	Diagnostic tests
Birnbaum 2008	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: San Francisco Syncope Rule:
prospective cohort	stated.	questionnaire on history of congestive
study; study held	Population details: ED patients with acute syncope or near syncope as	heart failure; haemocrit < 30%; patient
in USA.	reason for presentation; surveillance of ED tracking system to identify all	complaint of shortness of breath; triage
	possible patients; seizures and drug related TLoC excluded	systolic bp < 90 mm Hg. abnormal ECG
Setting: Emergency		(any non-sinus rhythm or any new
Department. ED	Definition of TLoC: transient loss of consciousness (acute syncope) or	changes) determined separately; time:
of large urban,	sensation of impending but not actual loss of consciousness (near	in ED (n=730)
academic centre	syncope). Did not specifically require return to nonfocal neurologic	
(80,000 visits per	function	Reference standard: Follow up
year).		determined by research associates by
	Inclusion criteria: adult patients 21 years and older with complaint of	phone using structured data collection
Funding: None	acute syncope or near syncope as reason for ED visit.	instrument; outcomes reviewed by
that would create	Exclusion criteria: patients with head trauma-caused or alcohol or drug-	study investigators and disagreements
a conflict of	related LoC; patients with a definite seizure; patients with an altered	resolved through discussion; time 7
interest	mental status.	days (n=713)
	Patient characteristics: age: mean 61 years (21-101); 17% 21-40y, 30% 41-	Comparator test: Decision to admit
	60y, 37% 61-80y, 16% 81-101y; sex: 38% male; some patients with existing	patient by ED physician independently
	heart disease (8% had history of CHF; 31% abnormal ECG); history of	of the decision rule; time: ED (n=738).
	TLoC: not stated	Other comparator tests: 3. Individual
	Comorbidities: not stated. Other details: 39% Hispanic; 17% white, 38%	patient history characteristics.
	black, 6% other	For toward and distance for the second
		For target condition/outcome: Short
	Other study comments: ECG assessors blinded to data on presence or	term serious o/c: death, MI, arrhythmia,
	absence of other predictors. Serious outcomes not indicated by rule	PE, stroke, SAH, sig haemorrhage
	were 1 death, 8 arrhythmias, 3 strokes, 1 SAH, 1 blood transfusion, 2	needing transfusion; procedural
	returned to ED within 7 days	intervention to treat syncope
		cause; any condition likely to/ causing
		return to ED; hospitalisation for related
		event
Cosgriff 2007	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: San Francisco Syncope Rule:
prospective cohort	stated.	data on history of congestive heart
study; study held	Population details: Non-consecutive ED patients with acute syncope or	failure; haemocrit < 30%; patient
in Australia.	near syncope: 2 groups: (1) 87% identified during ED presentation (2)	complaint of shortness of breath;
	surveillance of ED clinical database to identify other possible patients	systolic bp < 90 mm Hg. abnormal ECG
Setting: Emergency	(med records for indicators); seizures & drug related TLoC excl	(any non-sinus rhythm or any new
Department. ED		changes) determined separately; time:
of large adult	Definition of TLoC: full loss of consciousness (acute syncope) or near	in ED (n=113)
teaching hospital	loss of consciousness (near syncope) with a return to pre-existing	
(32,000 visits per	neurologic function	Reference standard: Follow up
year).		determined by researcher who was not
T 11 N	Inclusion criteria: patients with syncope or near syncope.	part of clinical team (probably same
Funding: No	Exclusion criteria: patients unable to communicate in English and an	person as index test) by phone using
conflicts of interest	interpreter not available; those with head trauma-caused or alcohol or	scripted interview; time 7 days; not
	drug-related LoC; patients with a definite seizure; patients with a	more than 9 days (n=89)
	persistent altered mental or neurologic status.	
		Comparator test: Decision to admit
	Patient characteristics: age: follow up sample: median 74 years (range	patient by ED physicians who were not
	20-93y); sex: follow up sample: 37:52 male : female (42% M); some patients	informed that study was taking place
	with existing heart disease (8% had history of CHF; 21% abnormal ECG);	and had relatively low awareness of SFSR;
	history of TLoC: not stated	time: ED (n=113).
	Comorbidities: not stated. Other details: race not stated	For toward and it / Ci
	Other study comments FCC assessars were 2	For target condition/outcome: Short
	Other study comments: ECG assessors were 2 researchers experienced	term serious o/c: death, MI, arrhythmia,
	in ECG interpretation. Diagnosis at ED discharge including: vasovagal	PE, stroke, SAH, significant haemorrhage;
	16%, dehydration 10% and hypotension 10%, unknown 32%. Serious	acute intervention for inpatient to treat
	outcomes not indicated by rule: 1 sick sinus syndrome who needed	syncope cause; any causing return to ED;
	pacemaker insertion	hospitalisation for related event

Study	Participants	Diagnostic tests
Quinn 2005	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: San Francisco Syncope Rule:
prospective cohort	stated.	questionnaire on history of congestive
study; study held	Population details: ED patients with acute syncope or near syncope; 73%	heart failure; haemocrit < 30%; abnormal
in USA.	as primary complaint; prospective screening and review of patient logs	ECG result (any non-sinus rhythm or any
	to identify all possible patients; seizures and drug related TLoC excluded	new changes); patient complaint of
Setting: Emergency		shortness of breath; triage systolic bp < 90
Department. ED	Definition of TLoC: syncope is a transient loss of consciousness with	mm Hg; time: in ED (n=684)
of large university	return to pre-existing neurologic function; near syncope not defined.	
teaching hospital [Jun 2000-Feb	Inclusion oritorio, equito gracono or mora gracono es a rescon for their	Reference standard: Follow up determined
2002).	Inclusion criteria: acute syncope or near syncope as a reason for their presentation in ED.	by study nurse; includes ED and non-ED outcomes; 49/79 outcomes
2002).	Exclusion criteria: patients with head trauma-caused or alcohol or illicit	occurred after ED visit; time 7 days
Funding: 1st	drug-related LoC; patients with a definite seizure; patients with LoC	(n=684)
author received	associated with an altered mental status.	(11 00 1)
an NIH grant.		Comparator test: Attending physicians
Same authors	Patient characteristics: age: mean 62.1 years; sex: 41% male; some	& house staff carried out normal
developed SFSR -	patients with existing heart disease (4.9% had MI; 4.4% had arrhythmia;	assessment & disposition of each
some potential for	0.7% structural HD; 0.7% PE); history of TLoC: not stated although some	patient, then completed standardised
conflict of interest.	had more than 1 episode	form (SFSR). Physicians estimated if 2%
	Comorbidities: not stated. Other details: race not stated	or less chance of serious outcome with
		in 7 days, based on their clinical
	Other study comments: Validation study; 55% admitted; all had some	assessment; time: ED (n=684).
	form of follow up (96% directly and the rest through checks with death	
	register and local hospitals)	Other comparator tests: Physician
		decision to admit patient (n=684).
		For target condition/outcome: Short term
		serious o/c: death, MI, arrhythmia, PE,
		stroke, SAH, significant haemorrhage; any
		condition causing return to ED and
		hospitalisation for related event
Quinn 2006	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: San Francisco Syncope Rule:
prospective cohort	stated.	questionnaire on history of congestive
study; study held	Population details: consecutive ED patients with acute syncope or near	heart failure; haemocrit < 30%;
in USA.	syncope; electronic tracking system to identify all possible patients;	abnormal ECG result (any non-sinus
	seizures and drug related TLoC excluded	rhythm or any new changes); patient
Setting: Emergency		complaint of shortness of breath; triage
Department. ED	Definition of TLoC: transient loss of consciousness with return to	systolic bp < 90 mm Hg; time: in ED
of large university teaching hospital	baseline neurologic function.	(n=767 visits some for same patients)
[Jul 2002-Aug 2004).	Inclusion criteria: acute syncope or near syncope.	Reference standard: Follow up
J 31 2002 114g 2001).	Exclusion criteria: patients with trauma-associated or alcohol or drug-	determined by trained research nurse
Funding: 1st	related LoC; patients with a definite seizure; patients with LoC	and study investigators; following
Funding: 1st author received	associated with an altered level of consciousness or persisting new	investigations; review of records,
an NIH grant.	neurological deficits.	discussions with primary physicians or
Same authors		patient & family members; 54/108
developed SFSR -	Patient characteristics: age: mean 61 years (6-99); i.e. includes children	outcomes in ED; time 30 days (n=725
some potential for	too; sex: 46% male; Unclear/not stated with existing heart disease ();	visits followed up)
conflict of interest.	history of TLoC: not stated although some had more than 1 episode	
	Comorbidities: not stated. Other details:	For target condition/outcome: Short
	Other study services Welfdelies at 1 and 1 and 1 and 1	term serious o/c NOT diagnosed/present
	Other study comments: Validation study; patients also asked whether	in ED: death, MI, arrhythmia, PE, stroke,
	serious outcome had already been diagnosed and was present during ED presentation or evaluation. Data forms checked by study	SAH, sig haemorrhage/anaemia needing transfusion; procedural intervention to
	investigators.	treat syncope cause; any condition likely
		to/ causing return to ED; hospitalisation
		for related event

Study	Participants	Diagnostic tests
Reed 2007 (ROSE	TLoC population: unselected patients. Prior tests: No patients had a	Index test: San Francisco syncope rule
pilot)	prior test.	presence of history of congestive heart
prospective cohort	Population details: consecutive adult patients presenting with TLoC to	failure; anaemia (haemocrit < 30%);
study; study held	ED; identified by ED staff, then checked patient records; previously	abnormal ECG result (any non-sinus
in UK.	recruited patients excluded. Only 38% eligible patients enrolled.	rhythm or any new changes); patient complaint of shortness of breath;
Setting: Emergency	Definition of TLoC: Syncope: a transient loss of consciousness with an	systolic bp < 90 mm Hg; time: initially
Department. ED	inability to maintain postural tone followed by spontaneous recovery.	(n=99)
of large urban		
hospital (85,000	Inclusion criteria: Patients presenting with syncope aged 16 years and	Reference standard: review of local
adult attendances	older.	hospital records re inpatients and
per annum) [Nov	Exclusion criteria: patients younger than 16 years; those previously	outpatients; death register and primary
2005-Feb 2006).	recruited; those with a history of seizure with prolonged post-ictal phase;	care records; not stated who did this;
	patients unable to give either written or verbal informed consent.	time 3 months (n=99)
Funding:		Comparator test: OESIL score; time:
unrestricted	Patient characteristics: age: median 71 years (IQR 47-81); missed group	initially (n=99).
educational grant	median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients	
from Medtronic	with existing heart disease (no details); history of TLoC: not stated	Other comparator tests: 3)initial
Europe and	Comorbidities: not stated. Other details: Distribution of risk groups	assessment based on ESC, AAP &
Netherlands Heart	skewed towards more serious end => possible exclusion of younger	ACEP guidelines: standardised assessment
Foundation	patients with vasovagal syncope.	with 75 variables (11 clinical features, 9
	Other study comments: Pilet for POSE study; recruitment dectors trained	medical history, 11 current meds; 28 exam;
	Other study comments: Pilot for ROSE study; recruitment doctors trained for 15 min to identify syncope: 62% patients missed (younger); study	26 ECG) (n=99).
		For target condition/outcome: Serious a/s:
	group skewed towards more serious risk. Admission = >12 h in ED. Scores for	For target condition/outcome: Serious o/c: all-cause death, acute MI, life threatening
	SFSR & OESIL determined by study team from data forms.	arrhythmia, PE, stroke, cerebrovascular
	of on a close acternment by stady team from add forms.	accident/SAH, significant haemorrhage
		needing
		blood transfusion; acute surgical
		procedure/endoscopic intervention. 5 died
		and 6 had serious outcome by 3 mo.
Schladenhaufen	TI of nanulation; nationts with syncope or near syncope. Prior tests:	Index tests retrespectively determined
2008	TLoC population: patients with syncope or near syncope. Prior tests: Unclear or Not stated.	Index test: retrospectively determined SFSR items (ECG in comparison with
retrospective	Population details: retrospective study sample from all entries in ED	previous ECG); time: (n=592)
cohort study; study	database; 122 excluded because of incomplete ED data or no follow up	previous Bed), time: (ii 652)
held in USA.	damage, 122 excluded because of meomplete 25 dam of no follow up	Reference standard: death by
	Definition of TLoC: Keywords of: syncope, near syncope, faint or passed	documentation in medical record,
Setting: Emergency	out. ICD 9 code for syncope and near syncope.	discharge summary notes if hospital
Department. ED		stay >7 days; subsequent inpatient and
of community	Inclusion criteria: Aged at least 65 years.	outpatient visits records if <7days (if no
teaching hospital	Exclusion criteria: patients with head trauma, seizure, altered mental	subsequent visits then excluded); time 7
and level II	status, intoxication. Out of state residents. Patients with incomplete	days (n=517)
trauma centre,	data (47/639 = 7%) or uncertain outcomes (75/639 = 12%).	
with 61,000		For target condition/outcome: Short
patients from Jan	Patient characteristics: age: mean 78.8 years; 65 years and older; sex:	term serious o/c: death, MI, arrhythmia
2000 to Aug 2001.	54.5% female; Unclear/not stated with existing heart disease (); history of	that could cause TLoC, PE, stroke,
	TLoC: not stated. Comorbidities: not stated.	SAH, sig haemorrhage needing
Funding: none		transfusion; any condition likely to/
stated	Other details: Few details. 64% had arrhythmias, 17% returned to hospital,	causing return to ED; hospitalisation for
	11% had MI, 5% died, 2% had a pulmonary embolism, 2% had	related event
	cerebrovascular accident	

Study	Participants	Diagnostic tests
Sun 2007	TLoC population: unselected patients. Prior tests: Unclear or Not stated.	Index test: San Francisco Syncope Rule,
prospective cohort	Population details: adult ED patients with syncope or near syncope	sl. modified: questionnaire on history
study; study held	admitted 8am-10pm 7/7 days; review of ED intake log showed 76%	of congestive heart failure; haemocrit <
in USA.	eligible patients identified and screened; seizures and people with	30%; abnormal ECG result (any non-
	confusion excluded	sinus rhythm not new changes (no old
Setting: Emergency		ECG); patient complaint of shortness of
Department. ED	Definition of TLoC: sudden transient loss of consciousness (=syncope);	breath; triage systolic bp < 90 mm Hg;
of urban, academic,	sensation of imminent loss of consciousness (=near syncope).	time: in ED (n=477)
Level I trauma centre.		
	Inclusion criteria: adult patients with complaint of acute syncope or near	Reference standard: Follow up: phone
Funding: university	syncope.	interview by research nurse; then 2
funding and	Exclusion criteria: head trauma-associated LoC; intoxication; patients	independent emergency physicians
American Geriatrics	with a witnessed seizure; ongoing confusion (incl. baseline cognitive	reviewed ED documentation, inpatient
Society award (1st	impairment /dementia); age < 18 y; inability to speak English or Spanish;	records and telephone forms; records
author)	do-not-resuscitate/DN intubate status; no follow-up contact info.	for all with potentially serious outcome
		reviewed by a panel of 3 ED
	Patient characteristics: age: median 58 years (IQR 35-79); 30% <40y, 23%	physicians; time 7 days (n=463)
	40-59y, 24% 60-79y, 21% >80y; sex: 44% male; some patients with existing	
	heart disease (8% had history of CHF); history of TLoC: not stated	Comparator test: Treating physician's
	Comorbidities: not stated. Other details: 10% Hispanic; 77% white, 9%	decision to hospitalise the patient;
	black, 11% Asian, 3% other	time: in ED (n=477).
	Other study comments: 51% admitted, 7% transferred to another hospital,	For target condition/outcome: death,
	40% discharged, 2% left against medical advice. Attending physicians	MI, arrhythmia, PE, stroke, TIA,
	trained in completion of data forms. Inter-rater reliability also checked in	SAH/non-trauma haemorrhage, aortic
	convenience sample (subgroup)	dissection, new SHD, sig
		haemorrhage/anaemia needing
		transfusion; procedure to treat syncope
		cause; readmission for related event

1.7 Decision rules for recurrence of TLoC review

Diagnostic Test: OESIL score

Study	Participants	Diagnostic tests
Hing 2005	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: OESIL score determined
prospective cohort	stated. Population details: adult patients presenting with TLoC to ED;	from data collection by study team:
study; study held	identified by ED staff. Patients enrolled only if investigators present and if	based on age >65 y, clinical history of
in Australia.	their serum troponin level was measured at least 4h after syncope were	cardiovascular disease, syncope
	included (113/508 with triage diagnosis of syncope)	without prodromal symptoms,
Setting: Emergency		abnormal ECG; time: initially (n=100)
Department. ED	Definition of TLoC: Syncope: syncopal event with spontaneous recovery	
of tertiary referral	with no neurological sequelae.	Reference standard: review of
urban hospital		discharge medical records to determine
(42,000 emergency	Inclusion criteria: Patients presenting with syncope aged 18 years and	the diagnosis; patients contacted by
presentations per	older. Enrolled only if investigators or informed member of staff present.	phone to determine recurrence of
annum) [April	Exclusion criteria: patients presenting with seizures, coma, dizziness,	syncope and GP confirmation where
2002-Aoril 2003).	vertigo or pre-syncope without LoC.	necessary; time 3-6 months (n=100)
	Patient characteristics: age: 9% <39y, 11% 40-49y; 8% 50-59y; 13% 60-69y;	Comparator test: Serum troponin T
Funding: none	28% 70-79y; 30% 80-89y; 1% 90-99y; sex: 47% male; some patients with	measured at least 4 hours after
declared	existing heart disease (some had history of IHD, congestive cardiac failure);	syncope; time: initially (n=100).
	history of TLoC: not stated. Comorbidities: 51% hypertension; 9% diabetes.	
		For target condition/outcome:
	Other details: Discharge diagnoses: 27% NM syncope; 21% orthostatic	Recurrence of syncope
	hypotension; 2% neurological; 3% cardiac organic; 16% cardiac arrhythmias	

1.8 12-lead ECG review

Study	Participants	Diagnostic tests
Birnbaum 2008	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: abnormal ECG (any non-
prospective cohort	stated.	sinus rhythm or any new changes);
study; study held	Population details: ED patients with acute syncope or near syncope as	time: in ED (n=730)
in USA.	reason for presentation; surveillance of ED tracking system to identify all possible patients; seizures and drug related TLoC excluded	Reference standard: Follow up
Setting: Emergency	possible patients, seizures and drug related ribbe excluded	determined by research associates by
Department. ED	Definition of TLoC: transient loss of consciousness (acute syncope) or	phone using structured data collection
of large urban,	sensation of impending but not actual loss of consciousness (near	instrument; outcomes reviewed by
academic centre	syncope). Did not specifically require return to nonfocal neurologic	study investigators and disagreements
(80,000 visits per	function	resolved through discussion; time 7
year).		days (n=713)
Funding: None	Inclusion criteria: adult patients 21 years and older with complaint of	Comparator tests Decision to admit
Funding: None that would create	acute syncope or near syncope as reason for ED visit. Exclusion criteria: patients with head trauma-caused or alcohol or drug-	Comparator test: Decision to admit patient by ED physician independently
a conflict of	related LoC; patients with a definite seizure; patients with an altered	of the decision rule; time: ED (n=738).
interest	mental status.	Other comparator tests: 3. Individual
		patient history characteristics.
	Patient characteristics: age: mean 61 years (21-101); 17% 21-40y, 30% 41-	
	60y, 37% 61-80y, 16% 81-101y; sex: 38% male; some patients with existing	For target condition/outcome: Short
	heart disease (8% had history of CHF; 31% abnormal ECG); history of	term serious o/c: death, MI, arrhythmia,
	TLoC: not stated	PE, stroke, SAH, sig haemorrhage
	Comorbidities: not stated. Other details: 39% Hispanic; 17% white, 38%	needing transfusion; procedural
	black, 6% other	intervention to treat syncope cause; any condition likely to/ causing return to ED;
	Other study comments: ECG assessors blinded to data on presence or	hospitalisation for related event
	absence of other predictors. Serious outcomes not indicated by rule	noopraniouron for related event
	were 1 death, 8 arrhythmias, 3 strokes, 1 SAH, 1 blood transfusion, 2	
	returned to ED within 7 days	
Colivicchi 2003	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: 12-lead ECG abnormal
prospective cohort study; study held	stated. Population details: consecutive patients older than 12 years presenting	findings; time: initially (n=270)
in Italy.	with TLoC to ED; no more details on enrolment	Reference standard: contact with family
, .		-
		physicians or through telephone follow
Setting: Emergency	Definition of TLoC: Syncope: a sudden and transient loss of	physicians or through telephone follow up and outpatient visitation; not stated
Department. EDs	Definition of TLoC: Syncope: a sudden and transient loss of consciousness and of postural tone with spontaneous recovery;	
Department. EDs of 6 general		up and outpatient visitation; not stated who did this; time 12 months (n=270)
Department. EDs of 6 general community	consciousness and of postural tone with spontaneous recovery; presyncope excluded.	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-
Department. EDs of 6 general community hospitals in 1	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997-	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older.	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-
Department. EDs of 6 general community hospitals in 1	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997- Jan 1998).	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder presenting a typical recurrence, with prolonged post-ictal phase; patients	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997-	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997- Jan 1998).	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder presenting a typical recurrence, with prolonged post-ictal phase; patients with presyncope only or dizziness or vertigo only. Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years);	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997- Jan 1998). Funding: none stated, but	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder presenting a typical recurrence, with prolonged post-ictal phase; patients with presyncope only or dizziness or vertigo only. Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years); i.e. some children; sex: 46.3% male; some patients with existing heart	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997-Jan 1998). Funding: none stated, but derivation cohort	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder presenting a typical recurrence, with prolonged post-ictal phase; patients with presyncope only or dizziness or vertigo only. Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years); i.e. some children; sex: 46.3% male; some patients with existing heart disease (29% had a history of CV disease); history of TLoC: 32% had	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997-Jan 1998]. Funding: none stated, but derivation cohort used so likely to	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder presenting a typical recurrence, with prolonged post-ictal phase; patients with presyncope only or dizziness or vertigo only. Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years); i.e. some children; sex: 46.3% male; some patients with existing heart disease (29% had a history of CV disease); history of TLoC: 32% had previous syncopal spells	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997-Jan 1998]. Funding: none stated, but derivation cohort used so likely to	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder presenting a typical recurrence, with prolonged post-ictal phase; patients with presyncope only or dizziness or vertigo only. Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years); i.e. some children; sex: 46.3% male; some patients with existing heart disease (29% had a history of CV disease); history of TLoC: 32% had previous syncopal spells Comorbidities: 34% hypertension; 29% CV disease; 12% diabetes mellitus.	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997-Jan 1998]. Funding: none stated, but derivation cohort used so likely to	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder presenting a typical recurrence, with prolonged post-ictal phase; patients with presyncope only or dizziness or vertigo only. Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years); i.e. some children; sex: 46.3% male; some patients with existing heart disease (29% had a history of CV disease); history of TLoC: 32% had previous syncopal spells	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997-Jan 1998]. Funding: none stated, but derivation cohort used so likely to	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder presenting a typical recurrence, with prolonged post-ictal phase; patients with presyncope only or dizziness or vertigo only. Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years); i.e. some children; sex: 46.3% male; some patients with existing heart disease (29% had a history of CV disease); history of TLoC: 32% had previous syncopal spells Comorbidities: 34% hypertension; 29% CV disease; 12% diabetes mellitus. Other details: 15% had syncope-related traumatic injuries; 35% syncope without prodromes; 30% abnormal ECG	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months
Department. EDs of 6 general community hospitals in 1 region [Nov 1997-Jan 1998]. Funding: none stated, but derivation cohort used so likely to	consciousness and of postural tone with spontaneous recovery; presyncope excluded. Inclusion criteria: Patients presenting with syncope aged 12 years and older. Exclusion criteria: patients with an already known seizure disorder presenting a typical recurrence, with prolonged post-ictal phase; patients with presyncope only or dizziness or vertigo only. Patient characteristics: age: mean 59.5 years (SD 24.3; range 14-88 years); i.e. some children; sex: 46.3% male; some patients with existing heart disease (29% had a history of CV disease); history of TLoC: 32% had previous syncopal spells Comorbidities: 34% hypertension; 29% CV disease; 12% diabetes mellitus. Other details: 15% had syncope-related traumatic injuries; 35% syncope	up and outpatient visitation; not stated who did this; time 12 months (n=270) For target condition/outcome: all-cause DEATH ONLY within 12 months

Study	Participants	Diagnostic tests
Grossman 2007	TLoC population: unselected patients. Prior tests: No patients had a	Index test: 12 lead ECG; time: in ED
prospective cohort	prior test.	(n=362)
study; study held	Population details: consecutive patients presenting 24h / 7days for 8	
in USA.	months; only syncope; seizures excluded	Reference standard: Follow up with
		structured form, by phone and using
Setting: Emergency	Definition of TLoC: sudden and transient (< 5 min) loss of consciousness,	medical record; time 30 days and
Department.	producing a brief period of unresponsiveness and loss of postural tone,	subsequent med records (n=293)
large urban	ultimately resulting in spontaneous recovery requiring no resuscitation.	subsequent med records (it 250)
teaching hospital		
ED; consecutive	Inclusion criteria: 18 years or older who met definition of syncope; at	For target condition/outcome: patients
patients with	least 1episode of syncope.	with (1) an adverse outcome (incl.
syncope.	Exclusion criteria: near syncope; persistent altered mental status;	death, PE, stroke; ventricular or atrial
зунсорс.	alcohol or illicit drug related LoC; seizure; coma; hypoglycaemia; TLoC	dysrhythmia; intracranial bleed; MI) or
Funding none		(2) critical intervention (incl.
Funding: none	caused by head injury.	pacemaker, percutaneous coronary
reported	D (' 1 1 1 1 1 1 1 1 1	intervention, surgery) within 30 d of
	Patient characteristics: age: mean 57.8 years (SD 24.2); sex: 42% male;	initial visit
	some patients with existing heart disease (35% had history of heart	
	disease); history of TLoC: all had at least 1 episode of syncope; 20% had	
	recurrent syncope	
	Comorbidities: . Other details: 2% family history of sudden death	
	Other study comments: Rule is combination of ACEP, San Francisco SR	
	and expert opinion. If a patient had a risk factor then admitted to	
	hospital otherwise sent home; overall 69% admitted. 94% included in	
	=	
	study. Validation study. Univariate analysis also.	
Hing 2005	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: 12-lead ECG; time: initially
prospective cohort	stated.	(n=100)
study; study held	Population details: adult patients presenting with TLoC to ED; identified	
in Australia.	by ED staff. Patients enrolled only if investigators present and if their	Reference standard: review of
III I I III I I I I I I I I I I I I I	serum troponin level was measured at least 4h after syncope were	discharge medical records to determine
Setting: Emergency	included (113/508 with triage diagnosis of syncope)	the diagnosis; patients contacted by
Department. ED	metadea (110/000 with thage diagnosis of sylicope)	phone to determine adverse events,
of tertiary referral	Definition of TLoC: Syncope: syncopal event with spontaneous recovery	return to normal premorbid function
urban hospital	with no neurological sequelae.	and GP confirmation where necessary;
(42,000 emergency	with no neurological sequence.	time 3-6 months (n=100)
presentations per	Inclusion criteria: Patients presenting with syncope aged 18 years and	ante o o montrio (ii 100)
annum) [April	older. Enrolled only if investigators or informed member of staff present.	Comparator test: Serum troponin T
2002-Aoril 2003).	Exclusion criteria: patients presenting with seizures, coma, dizziness,	measured at least 4 hours after
2002-110111 2000).	vertigo or pre-syncope without LoC.	syncope; time: initially (n=100).
Funding: none	verago of pre-syncope without Loc.	syncope, unic. nationly (11–100).
declared	Patient characteristics: age: 9% <39y, 11% 40-49y; 8% 50-59y; 13% 60-69y;	For target condition/outcome: Serious
	28% 70-79y; 30% 80-89y; 1% 90-99y; sex: 47% male; some patients with	o/c: cardiac death, and adverse cardiac
	existing heart disease (some had history of IHD, congestive cardiac	outcomes: diagnosis or ongoing
	failure); history of TLoC: not stated	episodes of ischaemic heart disease
	Comorbidities: 51% hypertension; 9% diabetes. Other details: Discharge	requiring further investigation, including
	diagnoses: 27% NM syncope; 21% orthostatic hypotension; 2%	medication changes, admission to
	neurological; 3% cardiac organic; 16% cardiac arrhythmias	hospital, angiogram; significant
	Teatorogical, 5 /6 cardiac organic, 10 /6 cardiac arring unitias	arrhythmia requiring treatment; death
	Other study comments: Derivation cohort	as a result of presumed cardiac causes
	Oner study comments. Derivation contri	as a result of presumed cardiac causes

Study	Participants	Diagnostic tests
Quinn 2004	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: 12 lead ECG results from San
prospective cohort	stated.	Francisco Syncope Rule validation:
study; study held	Population details: ED patients with acute syncope or near syncope; 73%	abnormal ECG result (any non-sinus
in USA.	as primary complaint; prospective screening and review of patient logs	rhythm or any new changes); time: in
11. 0011.	to identify all possible patients; seizures and drug related TLoC excluded	ED (n=684)
Setting: Emergency	to racinity an possible patients, sensates and arag related 1200 excluded	22 (ii 661)
Department. ED	Definition of TLoC: syncope is a transient loss of consciousness with	Reference standard: Follow up
of large university	return to pre-existing neurologic function; near syncope not defined.	determined by study nurse; includes ED
teaching hospital	return to pre existing neurologic raneuroly near systeope not defined.	and non-ED outcomes; 49/79 outcomes
[Jun 2000-Feb	Inclusion criteria: acute syncope or near syncope as a reason for their	occurred after ED visit; time 7 days
2002).	presentation in ED.	(n=684)
	Exclusion criteria: patients with head trauma-caused or alcohol or illicit	
Funding: 1st	drug-related LoC; patients with a definite seizure; patients with LoC	Comparator test: Attending physicians
author received	associated with an altered mental status.	& house staff carried out normal
an NIH grant.		assessment & disposition of each
Same authors	Patient characteristics: age: mean 62.1 years (range 10 to 102 years); sex:	patient, then completed standardised
developed SFSR -	41% male; some patients with existing heart disease (4.9% had MI; 4.4%	form (SFSR). Physicians estimated if 2%
some potential for	had arrhythmia; 0.7% structural HD; 0.7% PE); history of TLoC: not stated	or less chance of serious outcome with
conflict of interest.	although some had more than 1 episode	in 7 days, based on their clinical
	Comorbidities: not stated. Other details: race not stated	assessment; time: ED (n=684).
	Other study comments: Derivation study; 55% admitted; all had some	Other comparator tests: 3. Physician
	form of follow up (96% directly and the rest through checks with death	decision to admit patient (n=684)
	register and local hospitals). Univariate analysis.	4. Initial symptoms (n=684).
		For target condition/outcome: Short
		term serious o/c: death, MI, arrhythmia,
		PE, stroke, SAH, significant haemorrhage;
		any condition causing
		return to ED and hospitalisation for
		related event
Reed 2007 (ROSE	TLoC population: unselected patients. Prior tests: No patients had a	Index test: 12 lead ECG as part of
pilot)	prior test.	standardised assessment; time: initially
prospective cohort	Population details: consecutive adult patients presenting with TLoC to	(n=99)
study; study held	ED; identified by ED staff, then checked patient records; previously	
in UK.	recruited patients excluded. Only 38% eligible patients enrolled.	Reference standard: review of local
		hospital records re inpatients and
Setting: Emergency	Definition of TLoC: Syncope: a transient loss of consciousness with an	outpatients; death register and primary
Department. ED	inability to maintain postural tone followed by spontaneous recovery.	care records; not stated who did this;
of large urban		time 3 months (n=99)
hospital (85,000	Inclusion criteria: Patients presenting with syncope aged 16 years and	
adult attendances	older.	Comparator test: San Francisco
per annum) [Nov	Exclusion criteria: patients younger than 16 years; those previously	Syncope Rule; time: initially (n=99).
2005-Feb 2006).	recruited; those with a history of seizure with prolonged post-ictal phase;	
F 11	patients unable to give either written or verbal informed consent.	Other comparator tests: 3)initial
Funding: unrestricted	Detical description and display (IOD 47 01)	assessment based on ESC, AAP &
educational grant	Patient characteristics: age: median 71 years (IQR 47-81); missed group	ACEP guidelines: standardised assessment
from Medtronic	median 62.5 years (IQR 29-78); p=0.047; sex: 48% male; some patients	with 75 variables (11 clinical features, 9
Europe and	with existing heart disease (no details); history of TLoC: not stated	medical history, 11 current meds; 28 exam;
Netherlands Heart Foundation	Comorbidities: not stated. Other details: Distribution of risk groups	26 ECG) (n=99).
1 Outication	skewed towards more serious end => possible exclusion of younger	For target condition/outcome: Serious
	patients with vasovagal syncope.	For target condition/outcome: Serious
	Other study comments; Pilet for POSE study, requisitment deather trained	o/c: all-cause death, acute MI, life
	Other study comments: Pilot for ROSE study; recruitment doctors trained	threatening arrhythmia, PE, stroke,
	for 15 min to identify syncope: 62% patients missed (younger); study	cerebrovascular accident/SAH, significant haemorrhage needing blood transfusion;
	group skewed towards more serious risk. Admission = >12 h in ED. Scores for	acute surgical procedure/endoscopic
	SFSR & OESIL determined by study team from data forms.	intervention. 5 died and 6 had serious
	STON & OLDIE determined by study team from data forms.	outcome by 3 mo.
	00	outcome by o mo.

Study	Participants	Diagnostic tests
Sun 2008	TLoC population: unselected patients. Prior tests: Unclear or Not	Index test: 12-lead ECG and history of
prospective cohort	stated.	cardiac comorbidities structured form
study; study held	Population details: adult ED patients with syncope or near syncope	(abnormal changes including non-sinus
in USA.	admitted 8am-10pm 7/7 days; review of ED intake log showed 76%	rhythm, left/right bundle branch block,
	eligible patients identified and screened; no differences between	etc); carried out by emergency med
Setting: Emergency	included and missed	residents with 2-4 y experience; time: in
Department.		ED (n=446; 31 did not receive ECG)
urban, academic	Definition of TLoC: sudden transient loss of consciousness (=syncope);	
ED with	sensation of imminent loss of consciousness without actual syncope	Reference standard: Follow up: phone
emergency	(=near syncope).	interview by research asst; then 2
medicine		independent emergency physicians
residency (40,000	Inclusion criteria: adult patients with complaint of acute syncope or near	reviewed ED docs (including ECGs),
visits per annum)	syncope.	inpatient
[April 2005 to April	Exclusion criteria: head trauma-associated LoC; intoxication; patients	records & telephone forms; records for
2006].	with a witnessed seizure; ongoing confusion (incl. baseline cognitive	all with cardiac event reviewed by a
	impairment /dementia); age < 18 y; inability to speak English or Spanish;	panel of 3 ED physicians; also
Funding: university	do-not-resuscitate/DN intubate status; no follow-up contact info.	diagnostic ECGs noted; time 14 days
funding and		(n=461)
American	Patient characteristics: age: 29% <40y, 23% 40-59y, 25% 60-79y, 24% >80y;	
Geriatrics Society	sex: 44% male; some patients with existing heart disease (30% had a	For target condition/outcome: sudden
award (1st author)	cardiac history); history of TLoC: not stated	death, MI, arrhythmia (VT>3, sick sinus
	Comorbidities: Following outcomes: arrhythmia 33/461; myocardial	disease, etc) structural heart disease
	ischaemia 2; aortic flow obstruction 5; cardiomyopathy 2; heart	(aortic outflow obstruction, CM, heart
	transplant complication 2. Other details: 9% Hispanic; 78% white, 9%	transplant complications); acute cardiac
	black, 11% Asian, 3% other; 65% had syncope as chief complaint	intervention (e.g. pacemaker)
	Other study comments: SAME patients as SUN 2007; diagnostic ECG =	
	ECG	
	abnormality related to cardiac event. Inter-rater reliability also checked in	
	convenience sample (subgroup)	

1.9 12-lead ECG automatic versus clinician read

Study	Participant	Diagnostic tests
Charbit 2006 Study held in France Setting: recovery room after anaesthesia Funding:solely from institution/ department	Population: postoperative patients. Prior tests: Unclear or Not stated. Inclusion criteria: patients admitted to recovery room after anaesthesia (92% general anaesthesia). Exclusion criteria: cardiac arrhythmias or bundle branch block. Patient characteristics: age: 45 (16) years; sex: 57% female Comorbidities: not stated. Other study comments: Bazett formula: QTcb = QT/(square root of RR); Fridericia formula: QTcf = QT/(cube root of RR)	Index test: standard 12 lead ECG using Pagewriter M1770 (Hewlett Packard); corrected QTc calculated using Bazett or Fridericia formula; time: not stated (n=108) Reference standard: analysed by one investigator; RR and QT intervals measured in chest lead with maximal T wave amplitude using digitising pad (SummaSketch III Professional); QTc (Bazett or Fridericia) averaged over 3-7 consecutive beats; time not stated (n=108) for Target Condition/Outcome: prolonged QT interval (over 450ms for women and 440ms for men)
Christov 2001 Study held in Bulgaria and Italy Setting: Cardiology Funding: CNR- NATO Individual Fellowship	Population: routine ECGs from department of cardiology. Prior tests: unclear or not stated. patients from an annotated atrial flutter-fibrillation database: ECGs collected routinely in cardiology dept; >80% abnormal Inclusion criteria: patients from an annotated atrial flutter-fibrillation database: ECGs collected routinely in cardiology dept; >80% abnormal. Exclusion criteria: Intensive noise in V1 signals preventing accurate detection of P-wave onset and T-wave end. Patient characteristics: age: not stated; sex: not stated Comorbidities: not stated. Other details: patients from an annotated atrial flutter-fibrillation database: ECGs collected routinely in cardiology dept; >80% abnormal	Index test: algorithm to calculate atrial flutter/fibrillation parameter (mean value of differentiated filtered and rectified signal); threshold of 0.35% as cut-off value; instrument not specified; time: not stated (n=329) Reference standard: atrial flutter-fibrillation records diagnosed and annotated by a group of cardiologists (no further details); time not stated (n=329) for Target Condition/Outcome: either atrial flutter or fibrillation versus normal ECG
Denny 2007	Population: database of ECGs from all inpatients	Index test: machine calculated OT intervals

Denny 2007	Population: database of ECGs from all inpatients
Study held in USA	
Setting: Hospital	all inpatients admitted for 2-30 days from 1999-2003
several departments	
(departments of	Inclusion criteria: all inpatients admitted for 2-30 days from 1999-2003.
biomedical	Exclusion criteria: not stated
informatics and	Patient characteristics: age: not stated; sex: not stated
medicine)	Comorbidities: not stated.
Funding: National	Other study comments: database of 44808 ECGs with cardiologist-generated free
Library of Medicine	text impression and machine calculated QT intervals and heart rate
grants	
-	

Index test: machine calculated QT intervals and heart rate (automated QT and QTc) from an ECG management system (no further details); time: not stated (n=44808)

Reference standard: ardiologist-generated free text impression (selected from stock phrases or stock phrase edited or typed free text); time not stated (n=44808) for Target Condition/Outcome: QTc over 450ms versus probable or possible QT prolongation identified by cardiologist

Study **Participant**

hospital; ECGs from

University

Systems

Fatemi 2008 Population: database of ECGs from patients in cardiac care unit and cardiac

Study held in Iran emergency ward. Prior tests: Unclear or Not stated.

Setting: Hospital

several departments Inclusion criteria: patients admitted to CCU and Cardiac Emergency Ward.

(Medical Science Exclusion criteria: not stated. Research Institute and University

cardiac care unit and Patient characteristics: age: not stated; sex: not stated; Unclear/not stated with

cardiac emergency existing heart disease (diagnoses not given for all patients); ward) patients admitted to CCU and Cardiac Emergency Ward

Funding:grants Comorbidities: not stated.

from Mashhad

Kaneko 2005 Population: general population plus specific patient group.

Study held in Japan patients with Brugada syndrome; other ECGs

Comorbidities: not stated

Definition of TLoC: not TLOC.

Setting: Hospital several departments

(several hospitals in Inclusion criteria: patients with Brugada syndrome; other ECGs.

Japan) Exclusion criteria: not stated.

Funding :not stated

Patient characteristics: age: not stated; sex: 25 male + 2 female patients

Other study comments: 97 ECGs from 27 patients with Brugada syndrome plus 21,524 other ECGs (10,564 from population health checkups; 9740

from university hospital; 1220 CSE database)

Taha 2000 Population: database of cardiologist-read ECGs; population unclear. Study held in USA

Setting: unclear Inclusion criteria: database of 4172 ECGs. Exclusion criteria: not stated.

Funding: Patient characteristics: age: not stated; sex: not stated.

lead author Comorbidities: not stated

employed by GE Other study comments: database of 4172 ECGs; frequency domain measures

Marquette Medical of QRST- subtracted signlas to differentiate between atrial flutter and fibrillation

versus neither of these

Diagnostic tests

Index test: 3-channel digital ECG device (GE industry of Germany); time: not stated (n=200)

Reference standard: 4 cardiologists; time not stated (n=200)

for Target Condition/Outcome: ischaemic (acute MI/IHD); arrhythmia (premature atrial/ventricular contractions, atrial fibrillation, paroxysmal supraventricular tachycardia); structural (enlarged atrium, ventricular hypertrophy); conduction (AV/bundle branch/sinoatrial block)

Index test: ST segment abnormalities defined as characteristic of Brugada syndrome (several sets of rules)

(n=21621)

Reference standard: "classified by cardiologists"; time not stated (n=21621)

for Target Condition/Outcome: Brugada syndrome (type 1 or 2 or 3) or suspected

Brugada type

Index test: time-based criteria for detecting atrial flutter or fibrillation (12SL MAC-Rhythm, GE Marquette Medical Systems,

Milwaukee, WI); time: not stated (n=4172)

Reference standard: expert cardiologist; time

not stated (n=4172)

for Target Condition/Outcome: atrial flutter or fibrillation (each correctly classified)

2 Initial assessment – more details on index tests

The index tests in chapter 3 are described in more detail below: it should be noted that each test includes a description of signs and symptoms or test results under the headings of cardiac cause, vascular cause and other cause. When considering the test, all three sections should be referred to.

2.1 Cardiac cause

Study	cardiopulmonary cause			
	arrhythmia	structural heart disease		
Boston Syncope Criteria (Grossman 2007)	Signs and symptoms of acute coronary syndrome: ECG changes VT, VF, SVT, rapid AF or new STT wave change Worrying cardiac history: history of VT, VF history of pacemaker history of ICD prehospital use of antidysrhythmic medication excluding beta blockers or calcium channel blockers Family history: 1st degree relative with Brugada's or long QT syndromes Signs of conduction disease: multiple syncopal episodes within the last 6 months rapid heart beat by patient history syncope during exercise QT interval > 500 ms 2nd or 3rd degree heart block or intraventricular block Persistent (> 15 min) abnormal vital signs in ED: sinus rate < 50 beats/min or > 100 beats/min abnormal ECG result (any	Signs and symptoms of acute coronary syndrome: • chest pain of possible cardiac origin • ischaemic ECG changes (ST elevation or deep (>0.1mV) ST depression) • complaint of shortness of breath Worrying cardiac history: • history of CAD, incl deep q waves, hypertrophic/ dilatated cardiomyopathy • history of congestive heart failure or LV dysfunction Family history: • 1st degree relative with sudden death, HOCM Valvular heart disease: • heart murmur noted in history or on ED examination		
Syncope Rule (Quinn 2005)	non-sinus rhythm or any new changes)	complaint of shortness of breath		

Study	cardiopulmonary cause			
	arrhythmia structural heart disease			
Osservatorio Epidemiologico sulla Sincope nel Lazio (OESIL) score (Covicchi 2004; Reed 2007)	History findings: age > 65 years no prodromal symptoms ECG findings Atrial fibrillation or flutter Supraventricular tachycardia multifocal atrial tachycardia frequent or repetitive premature supraventricular or ventricular complexes sustained or non-sustained ventricular tachycardia paced rhythms complete atrioventricular block Mobitz I or II atrioventricular block bundle branch block Intraventricular conduction delay	History findings: age > 65 years no prodromal symptoms clinical history of structural heart disease (incl ischaemic heart disease; valvular dysfunction; primary myocardial disease) clinical history of congestive heart failure clinical history of peripheral arterial disease ECG findings left axis deviation left or right ventricular hypertrophy old myocardial infarction T wave/ST segment abnormalities consistent with or possibly related to myocardial ischaemia		
initial evaluation (but unclear which was index test) (Alboni 2001)	 sinus bradycardia < 40 beats per minute repetitive sinoatrial blocks sinus pauses > 3sec Mobitz II or advanced 2nd or 3rd degree atrioventricular block atrial fibrillation with a slow ventricular response)(mean heart rate < 50 beats/min) sustained supraventricular tachycardia or ventricular tachycardia 			
Initial evaluation (ESC guidelines) certain diagnosis (van Dijk 2008)	sinus bradycardia < 40 beats per minute repetitive sinoatrial blocks sinus pauses > 3sec in absence of negatively chronotropic medications Mobitz II 2nd or 3rd degree atrioventricular block alternating left and right bundle branch block rapid paroxysmal supraventricular tachycardia or ventricular tachycardia pacemaker malfunction with cardiac pauses	symptoms present with ECG evidence of acute ischaemia with or without myocardial infarction, independently of its mechanism		
Initial evaluation (ESC guidelines) highly likely diagnosis (van Dijk 2008)	Do mo 22 of 1	 presence of severe structural heart disease syncope during exertion, or supine preceded by palpitation or accompanied by chest pain family history of sudden death 		

Study	cardiopulmonary cause			
	arrhythmia structural heart disease			
Initial evaluation symptoms only (Sheldon 2003)	any presyncope	any presyncope		
Initial evaluation symptoms + history (Sheldon 2003)	any presyncope	any presyncope		
12-lead ECG (Sun 2008)	History findings: • history of ventricular arrhythmia, supraventricular rhythms incl AF or flutter, bradycardia, sick sinus syndrome, implanted pacemaker or defibrillator) ECG findings: • any non-sinus rhythm • left or right bundle branch block • sinus bradycardia < 50 beats per minute • abnormal conduction interval excluding 1st degree block	History findings: coronary artery disease congestive heart failure aortic stenosis pulmonary heart disease ECG findings: Q/ST/T changes consistent with acute or chronic ischaemia left axis deviation left or right ventricular hypertrophy		
ACP guidelines for admission; high risk (Crane 2002)	History findings: • history of VT ECG findings: • serious bradycardia • serious tachycardia • long QT interval • Bundle branch block	History findings: • history of coronary artery disease • history of congestive cardiac failure • symptoms of chest pain • physical signs of CCF • physical signs of significant valve disease ECG findings: • ischaemia		
ACP guidelines for admission; moderate risk (Crane 2002)	suspicion of arrhythmiaage over 70 years	 suspicion of coronary heart disease syncope during exertion or with injury TLoC with rapid heart action 		

Study	cardiopulmonary cause			
j	arrhythmia structural heart disease			
ACEP	History findings:	History findings:		
guidelines for	history of ventricular	history of congestive cardiac failure		
cardiac	arrhythmias: premature	associated chest pain or other		
syncope	ventricular contractions that	symptoms of acute coronary		
(admission);	were frequent (>10 per hour),	syndrome		
level B (Elesber	repetitive (>2 consecutive) or	physical signs of significant CCF		
2005)	multifocal	 physical signs of significant cor physical signs of significant valve 		
2000)		disease		
	ECG findings:	ECG findings:		
	arrhythmia	• ischaemia		
	 long QT interval 	• Isonacima		
	Bundle branch block			
ACEP	age over 60 years	history of coronary artery disease		
guidelines for	age ever ee yeare	or congenital heart disease		
cardiac		• syncope during exertion in younger		
syncope		patients without an obvious, benign		
(admission);		cause for the syncope		
level C		Family history of unexpected		
(Elesber 2005)		sudden death		
Sarasin risk	ECG findings:	- Cuddon dodin		
score - strongly	3rd degree atrioventricular			
suspected	block			
cause of	BIOCK			
syncope				
(Sarasin 2003)				
Sarasin risk	History findings:	History findings:		
score -	• age > 65 years	history of congestive heart failure		
suspected	ECG findings:	Thotory or congestive meant randic		
arrhythmia	Atrial fibrillation			
cause (Sarasin	• sinus pause ≥2 & <3s			
2003)	• sinus bradycardia >35bpm &			
,	≤45			
	• conduction disorders (bundle			
	branch block, 2nd degree Mobitz			
	I AV block, bifascicular block)			
	• signs of old myocardial			
	infarctionl or ventricular			
	hypertrophy			
	multiple premature ventricular			
	beats			
Graf risk score	age increasing (in categories			
for rhythmic	≤45; 45-65 y; > 65y)			
syncope (Graf	• number of prodromes			
2008)	(decreasing; bigger effect for			
_ ′	prodromes <1)			
Graf risk score	P wave duration longer (≥120			
for vasovagal	ms or non-sinus rhythm)			
and	, ,			
psychogenic				
pseudosyncope				
(Graf 2008)				

2.2 Vascular cause

study	vascular cause			
,	neurally mediated	vasovagal	situational	orthostatic hypotension
Boston Syncope Criteria (Grossman 2007)	None	None	None	Volume depletion: GI bleeding by haemoccult or history haematocrit < 30 Dehydation not corrected in the ED per treating physician discretion Persistent (> 15 min)abnormal vital signs in the ED without need of concurrent interventions: respiratory rate > 24 breaths / min oxygen saturation < 90% systolic bp < 90 mm Hg
San Francisco Syncope Rule (Quinn 2005)	None	None	None	Haematocrit < 30triage systolic bp <90 mm Hg
Osservatorio Epidemiologico sulla Sincope nel Lazio (OESIL) score (Covicchi 2004; Reed 2007)	None	None	None	None
initial evaluation (but unclear which was index test) (Alboni 2001)		 precipitating events (such as fear, severe pain, strong emotional, instrumentation) identified in the absence of another competing diagnosis 	• syncope during or immediately after urination, defacation, cough or swallowing	decrease in systolic bp of at least 20 mm Hg during 5 min after the patient assumed the upright position

study	vascular cause			
	neurally mediated	vasovagal	situational	orthostatic hypotension
ED guidelines: high risk (admit) (Reed 2007)				Clinical examination: • systolic bp < 90 mm Hg
ED guidelines: medium risk (consider discharge with early outpatient review) (Reed 2007)				decrease in bp of 20 mm Hg on standing
Initial evaluation (ESC guidelines) certain diagnosis (van Dijk 2008)		• precipitating events (such as fear, severe pain, emotional distress, instrumentation, or prolonged standing) which are associated with typical prodromal symptoms	• syncope during or immediately after urination, defacation, cough or swallowing	documentation of orthostatic hypotension associated with syncope or presyncope decrease in systolic bp of 20 mm Hg or a decrease of systolic bp to <90 mm Hg is defined as orthostatic hypotension regardless of whether or not symptoms occur
Initial evaluation (ESC guidelines) highly likely diagnosis (van Dijk 2008)	absence of cardiac disease long history of syncope preceded by unpleasant sight, sound, smell or pain prolonged standing or crowded hot places nausea/vomiting associated with syncope during/in the absorptive state after meal with head rotation, pressure on carotid sinus after exertion			after standing up temporal relationship with start of medication leading to hypotension or changes of dose prolonged standing especially in crowded hot places presence of autonomic neuropathy or Parkinsonism after exertion

study		vascular cause			
	neurally mediated	vasovagal	situational	orthostatic hypotension	
Initial evaluation symptoms only (Sheldon 2003)	any presyncopediaphoresis beforeTLoC	any presyncopeprolonged standing or sittingdiaphoresis before TLoC	• any presyncope	 any presyncope prolonged standing or sitting diaphoresis before TLoC 	
Initial evaluation symptoms + history (Sheldon 2003)	any presyncopediaphoresis beforeTLoC	any presyncopeprolonged standing or sittingdiaphoresis before TLoC	• any presyncope	 any presyncope prolonged standing or sitting diaphoresis before TLoC 	

2.3 Other causes of TLoC

-1 1				
study	hypovolaemia	neurological	cerebrovascular	other
Boston Syncope Criteria (Grossman 2007)	none	none	Primary CNS event (i.e. subarachnoid haemorrhage; stroke)	none
San Francisco Syncope Rule (Quinn 2005)	none	none	none	none
Osservatorio Epidemiologico sulla Sincope nel Lazio (OESIL) score (Covicchi 2004; Reed 2007)	none	none	History findings: • clinical history of stroke or transient ischaemic attack	none
initial evaluation (but unclear which was index test) (Alboni 2001)	none	none	none	 TLoC preceded by tremors, confusion, hunger and a hyperadrenergic state, and glycaemia was < 40 mg/dl drug-induced: clear temporal relationship between drug assumption and syncope could be proven
ED guidelines: high risk (admit) (Reed 2007)	Clinical examination: • Faecal occult blood present on rectal exam • other suspicions of GI bleed	Clinical examination: • new neurological signs on examination	clinical examination: • suspicion of cerebrovascular accident or subarachnoid haemorrhage • syncope associated with headache	provon
ED guidelines: medium risk (consider discharge with early outpatient review) (Reed 2007)	none	none	none	• trauma associated with collapse

1				
study	hypovolaemia	neurological	cerebrovascular	other
Initial evaluation (ESC guidelines) certain diagnosis (van Dijk 2008)	71	(Not necessarily 'certain diagnosis') Confusion after attack for more than 5 min Tonic-clonic movements, automatism, tonguebiting, blue face, epileptic aura	none	none
Initial evaluation (ESC guidelines) highly likely diagnosis (van Dijk 2008)	none	none	 with arm exercise differences in blood pressure or pulse in the 2 arms 	none
Initial evaluation symptoms only (Sheldon 2003)	• any presyncope	 waking with cut tongue abnormal behaviour (as witnessed), witnessed unresponsiveness, unusual posturing or limb jerking LoC with emotional stress head turning to one side during LoC 	none	none
Initial evaluation symptoms + history (Sheldon 2003)	• any presyncope	 LoC with emotional stress head turning to one side during LoC Unresponsiveness during LoC History findings: number of spells >30 	none	none
ACP guidelines for admission; high risk (Crane 2002)	none	History findings: • physical signs of stroke or focal neurology	none	none
ACP guidelines for admission; moderate risk (Crane 2002)	none	none	none	none

study				
	hypovolaemia	neurological	cerebrovascular	other
ACEP guidelines for cardiac syncope (admission); level B (Elesber 2005)	none	none	none	none
ACEP guidelines for cardiac syncope (admission); level C (Elesber 2005)	none	none	none	none
Sarasin risk score - strongly suspected cause of syncope (Sarasin 2003)	none	none	none	none
Sarasin risk score - suspected arrhythmia cause (Sarasin 2003)	none	none	none	none
Graf risk score for rhythmic syncope (Graf 2008)	none	none	none	none
Graf risk score for vasovagal and psychogenic pseudosyncope (Graf 2008)	none	none	none	none

3 Second stage tests – included studies tables

3.1 Ambulatory ECG - suspect arrhythmia review

Diagnostic Test: Holter monitoring 24-hour 3.1.1

Study Boudoulas 1979 non-randomised

comparative study; study held in USA. Setting: Cardiology. cardiology.

Funding: National Institutes of Health and Central Ohio Heart Chapter of the American Heart

Association

Participant

TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

syncope or presyncope (dizziness ot lightheadedness)

Definition of TLoC: syncope or presyncope (dizziness ot lightheadedness). Inclusion criteria: patients with syncope or presyncope (dizziness ot lightheadedness).

Exclusion criteria: obvious cause of syncope on resting ECG.

Patient characteristics: age: mean around 51 years; sex: 53% male; All patients

with existing heart disease (all had cardiovascular disorders);

TLoC history: not stated

Comorbidities: not stated. Other details: patients with syncope or presyncope

(dizziness ot lightheadedness)

Other study comments: 2 tests within 1 week

Diagnostic tests

Index test: 24 hour ambulatory heart rate recording (Avionics Electrocardiocorder Model 400); automatic recording of all ECG; diary for symptoms; time: 24 hours (n=119) Comparator test: maximum multistage treadmill exercise test Bruce protocol; time: 1 day (n=119).

for Target Condition/Outcome: sinus brady below 40 bpm awake; paroxysmal SVT (170 bpm); high grade AV block; frequent ventricular premature contractions, effective rate less than 40 bpm; repetitive pairs PVCs;

Boudoulas 1983 case series; study held in USA.

Setting: Cardiology.

Funding: not stated

TLoC population: unclear/not stated. Prior tests: All patients had at least 1 prior test.

syncope or presyncope; had had EEG (some also had CT or cerebral

angiography)

Definition of TLoC: not defined.

Inclusion criteria: syncope or presyncope.

Exclusion criteria: obvious cause of syncope or significant arrhythmia on

resting ECG.

Patient characteristics: age: not stated; sex: not stated; some patients with existing heart disease (75% had heart disease); TLoC history: not stated

Comorbidities: not stated. Other details: see below

Other study comments: case series; 24 hour monitoring and

electrophysiological study within 1 week

Index test: 24 hour ambulatory ECG (Avionics model 660-A); whole rhythm analysed; symptom diary; time: 24 hours (n=65) Comparator test: referenced but not described in this paper; time: 1 day (n=65). for Target Condition/Outcome: sinus bracy less than 40 bpm awake; sinoatrial exit block; paroxysmal SVT (rate over 170 bpm); repetitive pairs premature ventricular beats;

Brembilla-Perrot

case series; study held in France. Setting: Cardiology. TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

referred with syncope or presyncope and myocardial infarction

Definition of TLoC: not stated.

Funding: not stated

Inclusion criteria: patients with syncope, MI and complete bundle branch Exclusion criteria: uncertain diagnosis of MI, incomplete or uncertain

conduction disturbance, technical or practical problems with recordings, amiodarone in last 6 mo, another prior MI, bypass surgery, or associated cardiac

or non-cardiac condition that could affect SAECG.

Patient characteristics: age: mean age 65 years (range 26 to 82 years); sex: 90%

male; All patients with existing heart disease (MI and BBB);

TLoC history: not stated

Comorbidities: not stated. Other details: see below

Other study comments: case series

Index test: Holter monitor analysed with ELATEC system; time: 24 hours (n=130) Comparator test: "performed according to the literature"; post-absorptive, non-sedated state; time: 1 day (n=130).

for Target Condition/Outcome: non-sustained ventricular tachycardia (3 consecutive beats or tachycardia less than 10 seconds)

TLoC First Draft

Study

Brembilla-Perrot 2004

case series; study held in France. Setting: Cardiology.

Funding: not stated

Participant

TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

coronary disease with history of MI and/or multiple coronary stenoses on angiography and LVEF below 40%

Definition of TLoC: a short loss of consciousness.

Inclusion criteria: Coronary disease with history of MI and/or multiple coronary stenoses on angiography and LVEF below 40%.

Exclusion criteria: unstable angina, MI in last mo, coronary angioplasty/bypass last 6 wk, paroxysmal 2nd/3rd degree AV block, sustained SVT or VT, clinical HF not controlled by furosemide, uncontrolled electrolyte abn, significant non-cardiac dis, long term amiodarone.

Patient characteristics: age: mean 65 (11.5) years, range 25 to 80 years; sex: 85% male; All patients with existing heart disease (coronary disease with history of MI and/or multiple coronary stenoses on angiography and LVEF below 40%);

TLoC history: unexplained syncope or dizziness and at least 1

episode of syncope

Comorbidities: not stated. Other details: see below Other study comments: Group 1 of study

Brembilla-Perrot 2004

case series; study held in France.

Setting: Cardiology.

Funding: not stated

TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

idiopathic dilated cardiomyopathy, normal coronary angiogram, LVEF below

Definition of TLoC: a short loss of consciousness.

Inclusion criteria: idiopathic dilated cardiomyopathy, normal coronary

angiogram, LVEF below 40%.

Exclusion criteria: unstable angina, MI in last mo, coronary angioplasty/bypass last 6 wk, paroxysmal 2nd/3rd degree AV block, sustained SVT or VT, clinical HF not controlled by furosemide, uncontrolled electrolyte abn, significant non-cardiac dis, long term amiodarone.

Patient characteristics: age: mean 62 (10) years, range 27 to 78 years; sex: 85% male; All patients with existing heart disease (idiopathic dilated cardiomyopathy, normal coronary angiogram, LVEF below 40%);

TLoC: TLoC history: unexplained syncope or dizziness and at least 1 episode of

syncope

Comorbidities: not stated. Other details: see below Other study comments: Group 2 of study

Sarasin 2005 case series; study held in Switzerland.

Setting: Hospital several departments. main teaching hospital of Geneva University Medical School; major primary and teriary hospital for the area.

Funding: not stated

TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

unexplained syncope and a high likelihood of arrhythmias (neurological examination and tests for orthostatic hypotension negative; typical history of vasovagal/situational syncope excluded)

Definition of TLoC: sudden transient loss of consciousness with inability to maintain postural tone with spontaneous recovery.

Inclusion criteria: 18 years or older presenting to ED or inpatient services with syncope as main complaint.

Exclusion criteria: neurological problem; orthostatic hypotension; typical

20% congestive cardiac failure; 9% non-ischaemic cardiomyopathy; 37%

history of vasovagal/situational syncope. Patient characteristics: age: mean age 68 (15) years; sex: 53% female; some patients with existing heart disease (31% coronary artery disease; 18% old MI;

hypertension); TLoC history: 52% 1st episode; 25% had had 3

or more episodes (mean at least 1.7 episodes)

Comorbidities: 37% hypertension. Other details: see below

Other study comments: case series

Diagnostic tests

Index test: Holter monitoring (Elatec); time: 24 hours (n=119)

for Target Condition/Outcome: ventricular arrhythmias (couplets or nonsustained VT)

Index test: Holter monitoring (Elatec); time: 24 hours (n=61)

for Target Condition/Outcome: ventricular arrhythmias (couplets or nonsustained VT)

Index test: ambulatory or in-hospital 24-hour Holter using 3 channels of ECG (Del Mar Avionics); time: 24 hours (n=140) for Target Condition/Outcome: prespecified: sinus pause 3s or more; sinus brady 35bpm or less; AF + slow ventricular response (RR 3s or more); SVT 30s or more at 180bpm or more or with hypotension; Mobitz 2 2nd degree/complete AV block; VT 30s or more

3.1.2 Diagnostic Test: Holter monitoring 48-hour

Study

Participant

Arya 2005 case series; study held in Iran. Setting: Cardiology. arrhythmia clinic. Funding: none stated TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: 2 x 24-hour Holter recordings normal. Prior tests: All patients had at least 1 prior test.

syncope or presyncope; had had clinical assessment including BP, ECG and echo

Definition of TLoC: not defined.

Inclusion criteria: recurrent unexplained syncope or single episode associated

with injury, or presyncope. Exclusion criteria: none stated.

Patient characteristics: age: mean 53 years (16.9 years); sex: 57% male; some patients with existing heart disease (71% had heart disease);

recurrent unexplained syncope or single episode associated with injury, or

presyncope

Comorbidities: . Other details: referred to arrhythmia clinic

(VISTA); all 48 hours of recording analysed; time: 48 hours (n=49)

Other comparator tests: case series: no comparator.

Diagnostic tests

for Target Condition/Outcome: main ECG finding (non-sustained VT 3 beats or more; sinus pause 3s or more; symptomatic bradycardia below 30 beats/min; paroxysmal atrial fibrillation; sustained SVT above 150 beats/min; VT above 100 beats/min; Mobitz type II 2nd or 3rd degree AV block)

Ringqvist 1989 case series; study held in Sweden. Setting: Hospital several departments. Departments of Clinical Physiology and Internal Medicine Funding: not stated

TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

patients referred for investigation of syncope from Department of Internal

Medicine or GP

Definition of TLoC: not stated.

Inclusion criteria: patients referred for investigation of syncope; clinical examination had ruled out other causes of symptoms than arrhythmia.

Exclusion criteria: none.

Patient characteristics: age: mean age 70 (13) years; sex: not stated; some patients with existing heart disease (46% had cardiac diagnosis (MI 18 pts, angina 22 pts, valve disease 1 pt, cardiomyopathy 2 pts); 24% hypertension);

TLoC history: 22 patients had single episodes; 18 had 2-3

episodes; 23 had mulitple episodes

Comorbidities: hypertension 15 pts. Other details: Clinical examination had

ruled out other causes of symptoms than arrhythmia

Other study comments: case series

Index test: portable 1 or 2 channel FM cassette recorders (SRA-Helige); patient activated; symptom diary; time: 48 hours (n=63) for Target Condition/Outcome: prespecified: sinus brady below 40bpm 1 min; sinus arrest 3s or more; SVT heart rate 180 or more over 10s; VT 3 or more beats; AV block Mobitz II/3rd degree; paroxysmal AF 180 bpm or more for 4 beats; AF or flutter rate below 40 at least 1min/RR 4s/more

3.1.3 Diagnostic Test: external event recorder

Study

Rothman 2007 RCT; study held in USA.

Setting: Cardiology. Multicentre. Funding: Cardionet

Participant

TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

high clinical suspicion of malignant arrhythmia; syncope or presyncope; nondiagnostic 24 hour Holter or telemetry in last 45 days

Definition of TLoC: syncope or presyncope (transient dizziness, lightheadedness, unsteadiness or weak spells without LOC).

Inclusion criteria: high clinical suspicion of malignant arrhythmia; syncope or presyncope; non-diagnostic 24 hour Holter or telemetry in last 45 days. Exclusion criteria: NYHA Class IV heart failure, MI in last 3 months, unstable

angina, candidate for or recent valve surgery, sustained VT or VF, complex ectopy, below 18 years, other condition prohibiting completion of or compliance with protocol.

Patient characteristics: age: mean age 56 years; sex: around 30% male; some patients with existing heart disease (around 49% hypertension; 20% coronary artery disease; 5% MI, 5% congestive heart failure);

TLoC history: not stated

Comorbidities: not stated. Other details: non-diagnostic 24 hour Holter or telemetry in last 45 days. Other study comments: RCT

Diagnostic tests

Index test: external loop event monitoring; patient or automatically activated; time: up to 30 days (minimum 25 days) (n=52) Comparator test: mobile cardiac outpatient telemetry (MCOT; CardioNet): continual recording; time: up to 30 days (n=62). for Target Condition/Outcome: prespecified: pauses; complete AV block; Mobitz type 2 2nd deg block; AF/flutter; rate over 120bpm + symptoms; over 150 - symptoms; brady below 40bpm + symptoms; sustained (over 10s)/symptomatic SVT over 120bpm; VT over 100bpm over 3 beats

3.1.4 Diagnostic Test: implantable event recorder - patient activated

Study

Participant

Brignole 2001 case series; study TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

held in

Bundle branch block and negative EPS, carotid sinus massage, echo, 24-hour

Multinational.

Definition of TLoC: syncope of uncertain aetiology. Setting: Hospital

several departments. multinational.

Inclusion criteria: patients with any type of bundle branch block and negative

Funding: not stated

Exclusion criteria: . Patient characteristics: age: mean age 71 (8) years; sex: 83% male; some patients would have been included

with existing heart disease (54% had structural heart disease);

TLoC history: mean 4.6 (6.1) episodes

Comorbidities: not stated. Other details: see below

Other study comments: case series

Garcia-Civera 2005 case series; study

held in Spain. Setting: Cardiology.

patients had at least 1 prior test. suspected arrhythmic syncope and negative EPS, ECG, carotid sinus massage, BP, 24 hour ambulatory ECG (other tests if clinically indicated)

Definition of TLoC: not defined.

Funding: not stated

Inclusion criteria: suspected arrhythmic syncope (because of structural heart disease, abnormal ECG, significant asymptomatic arrhythmia on Holter,

TLoC population: patients with a suspected cardiac cause. Prior tests: All

paroxysmal palpitations before syncope, family history of sudden death) and negative EPS; at least 1 syncope in last year.

Exclusion criteria: not stated.

Patient characteristics: age: mean age 63.5 (15) years; sex: 72% male; some patients with existing heart disease (63% had structural heart disease);

TLoC history: at least 1 syncope in last year Comorbidities: not stated. Other details: see below

Other study comments: case series

Diagnostic tests

Index test: Reveal; patient activated; time: median 48 days (IQR 16 to 100); seen every 3 month, until an event or until battery ran down (n=52)

for Target Condition/Outcome: symptom rhythm correlation: events recorded were prolonged asystolic pause (AV block or sinus arrest); AF; unclear which other arrhythmias

TLoC population: patients with suspected arrhythmia but 12-lead ECG normal.

time:

Krahn 1999

case series; study

held in multinational.

Setting: Hospital several departments. multinational.

Funding: supported in part by the Heart and Stroke Foundation of

Ontario

Prior tests: All patients had at least 1 prior test.

undiagnosed after history, examination, ECG and at least 24 hours ambulatory

Definition of TLoC: transient loss of consciousness with spontaneous recovery. patient or investigator chose to remove it Inclusion criteria: 2 syncopal episodes in previous 12 months or 1 syncope plus sooner (n=85)

presyncope.

Exclusion criteria: unlikely to survive 1 year; unable to consent; previously implanted programmable device; pregnant or of childbearing age and not on reliable contraception.

Patient characteristics: age: mean 59 (18) years; sex: 52% male; some patients

with existing heart disease (62% had heart disease); TLoC history: mean 5.1 episodes in previous 12 months Comorbidities: not stated. Other details: see below

Other study comments: case series no comparator; extra info added in from

Krahn 2001 (832) - same patients

Index test: Reveal ILR implanted; patient activated; time: mean 9.2 (5.9) months; seen every 3 months; followed yup until diagnosis reached, battery expired or patient died

for Target Condition/Outcome: symptom/rhythm correlation: prespecified arrhythmic syncope if high degree AV block or VT; neurally mediated if sinus bradycardia up to 40 bpm or sinus pause 3 seconds or more; indeterminate if sinus rhythm

Index test: Reveal; patient activated;

mean 10.5 (4) months; follow up after each event; device in until syncope/presyncope; 18 months follow up; end of battery life; or

for Target Condition/Outcome: arrhythmia or exclusion of arrhythmic cause: found: bradycardia below 50bpm; tachycardia (sustained SVT; atrial flutter with rapid ventricular response) not prespecified

Menozzi 2002 case series; study held in multinational. Setting: Hospital several departments. multinational. Funding: not stated

Participant

TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

suspected tachycardia cause; carotid sinus massage, echo, 24-hour ambulatory ECG not diagnostic

Definition of TLoC: syncope of uncertain origin.

Inclusion criteria: patients with overt heart disease and negative

electrophysiolocial study; at risk of ventricular arrhythmia due to previous MI, were: AV block plus asystole; sinus tachy plus cardiomyopathy, reduced LVEF or non-sustained VT. sinus brady plus sinus arrest; sinus tachy

Exclusion criteria: bundle branch block.

Patient characteristics: age: mean age 66 (13) years; sex: 89% male; All patients with existing heart disease (at risk of ventricular arrhythmia due to previous MI,

cardiomyopathy, reduced LVEF or non-sustained VT); TLoC history: median 2 (IQR 1-4) episodes in last 2 years Comorbidities: not stated. Other details: see below Other study comments: case series no comparator

Diagnostic tests

Index test: Reveal; patient activated; time: mean 16 (11) months; seen every 3 months until diagnosis, end of battery life or patient died (n=35)

for Target Condition/Outcome: ECG during syncope: arrhythmias found (not prespecified) were: AV block plus asystole; sinus tachy plus sinus brady plus sinus arrest; sinus tachy 120bpm; AF (+ or - asystole)

3.2 Ambulatory ECG - suspect NM syncope review

3.2.1 Diagnostic Test: Holter monitoring 48-hour

Study

Fitchet 2003 case series; study held in UK. Setting: Cardiology. cardiologist-run syncope clinic or cardiologists of 2 tertiary referral centres. Funding: not stated

Participant

TLoC population: patients with suspected neurally mediated syncope but 12-lead ECG normal. Prior tests: Unclear or Not stated.

blackouts suggestive of vasovagal syncope

Definition of TLoC: blackouts suggestive of vasovagal syncope. Inclusion criteria: blackouts suggestive of vasovagal syncope.

Exclusion criteria: contraindications to HUT test.

Patient characteristics: age: mean 50 (20) years, range 16-88 years; sex: 58% female; some patients with existing heart disease (7% had IHD and 1% imparied left ventricular function); TLoC history: previous syncope burden 22 (20) range 1-50 episodes over 8.8 (10.9) years

(range 0.02 to 60.0).

Comorbidities: not stated. Other details: see below

Other study comments: case series

Diagnostic tests

Index test: Holter monitor (no further details); time: 48 hours (n=118)

Comparator test: fasting 2 to 4 hours; supine 20 minutes; tilt to 60 degrees for 45 minutes; if negative at 30 minutes, GTN 400 microg sublingually or isoprenaline IV 1 microg/min, increasing according to heart rate response to a maximum of 5microg/min for 15 minutes; time: Maximum duration 65 minutes (n=118).

for Target Condition/Outcome: events recorded during TLOC were sinus tachy, sinus rhythm, AF; major arrhy not during TLOC were nonsustained VT or SVT; AF; sinus brady; minor ones were isolated vent ectopics/bigeminy/trigeminy/couplets; 1st

degree heart block (not prespecified)

3.2.2 Diagnostic Test: implantable event recorder - patient activated

Study

Moya 2001 case series; study

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test.

normal ECG, tilt test positive

Participant

Multinational. Setting: Hospital several departments. multinational. Funding: not stated

Definition of TLoC: syncope of uncertain origin.

Inclusion criteria: no significant structural heart disease; 3 or more episodes in last 2 years; interval of 6 months or more between 1st & last episode; history, examination, ECG, carotid sinus massage, echo, 24-hour ECG not diagnostic; tilt test positive.

Exclusion criteria: none.

Patient characteristics: age: mean 64 (15) years; sex: 38% male; some patients

with existing heart disease (31% had heart disease); TLoC history: 3 or more episodes in last 2 years Comorbidities: not stated. Other details: see below

Other study comments: case series no comparator; tilt positive patients i.e.

suspected NMS

Diagnostic tests

Index test: Reveal; patient activated; time: mean 10 (5) months; seen every 3 months until diagnosis, battery ran down or end of study (maximum 36 months) (n=29) for Target Condition/Outcome: ECG/syncope: findings (not prespecified): asystole

3.2.3 Diagnostic Test: implantable event recorder - patient and automatically activated

Study

Brignole 2006 case series; study held in multinational. Setting: Hospital several departments. Multicentre. Funding: supported by grant from Medtronic Europe

Participant

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. patients with suspected neurally mediated syncope Definition of TLoC: neurally mediated syncope defined by exclusion of cardiac, orthostatic, carotid sinus, subclavian steal and non-syncopal TLOC. Inclusion criteria: at least 30 years; 3 or more clinically severe syncopal episodes in last 2 years (high number of episodes affecting quality of life or high risk of physical injury due to unpredictability).

Exclusion criteria: significant ECG or cardiac abnormalities; orthostatic hypotension or carotid sinus syncope; subclavian steal; non-syncopal TLOC. Patient characteristics: age: mean age 66 years (14 years); sex: 45% male; some patients with existing heart disease (cardiac disease 14%); history of TLoC: 3 or more clinically severe syncopal episodes in last 2 years; median 6 (IQR 4-10) episodes. Comorbidities: not stated. Other details: see below

Other study comments: case series no comparator. Of 103 pts with ILR ECG documented syncope, 53 had specific treatment & 50 did not; these groups

compared in Phase II (result

Diagnostic tests

Index test: Reveal Plus; automated or patient activated; time: up to 24 months; median 9 months; follow up every 3 months or to event or to max 24 months (n=392) for Target Condition/Outcome: ECG documented syncope: asystolic pause over 3 seconds (AV block or sinus arrest); bradycardia; tachyarrhythmia (paroxysmal AF; paroxysmal SVT; VT)

Deharo 2006 case series; study held in France. Setting: Cardiology. University cardiology department. Funding: not stated

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. vasovagal syncope; positive HUT

Definition of TLoC: recurrent vasovagal syncope (diagnosed by history, examination, carotid sinus massage, ECG, positive HUT).

Inclusion criteria: frequent syncope severely impairing quality of life (i.e. more than 3 episodes in previous 2 years; interval of >6 months between 1st and last episode); absence of heart disease and cardiovascular treatment.

Exclusion criteria: none.

Patient characteristics: age: mean age 60.2 (17.1) years; sex: 56% female; no patients with existing heart disease (heart disease excluded);

TLoC history: mean 6.9 episodes per year Comorbidities: not stated. Other details: see below Other study comments: case series no comparator

Index test: Reveal or Reveal Plus; patient or automatically activated; time: planned duration 18 months; device interrogated after 1 month then every 3 months and after event; all followed to 18 months except 2 explanted (infection/neoplasia) (n=25) for Target Condition/Outcome: severe bradycardia during syncope (less than 40 bpm for at least 10 seconds); asystole (ventricular pause over 3 seconds); tachycardia over 165

3.3 Ambulatory ECG - unexplained recurrent TLoC review

3.3.1 **Diagnostic Test: Holter monitoring 24-hour**

Study

Aronow 1993 case series; study held in USA. Setting: geriatrics; chronic care facility.

Funding: not stated

Participant

TLoC population: unclear/not stated. Prior tests: All patients had at least 1

elderly patients with unexplained syncope; vasodepressor, drug-induced, carotid sinus, neurological syncope, orthostatic hypotension, valvular heart disease, HCM, acute MI, PE, hypoglycaemia excluded

Definition of TLoC: sudden transient loss of consciousness with inability to maintain postural tone; not seizure, vertigo, dizziness, coma, shock or other altered consciousness.

Inclusion criteria: elderly patients with unexplained syncope.

Exclusion criteria: vasodepressor, drug-induced, carotid sinus, neurological syncope, orthostatic hypotension, valvular heart disease, hypertrophic cardiomyopathy, acute MI, pacemaker malfunction, pulmonary embolus, hypoglycaemia.

Patient characteristics: age: mean age 82 (range 62 to 97) years; sex: 68% female; some patients with existing heart disease (48% had coronary artery disease); TLoC history: not stated

Comorbidities: not stated. Other details: elderly patients

Other study comments: case series no comparator; additional data added in from

Aronow 1992 (same patients) number 823.

Diagnostic tests

Index test: 24 hour ambulatory ECG (Avionics model 445); time: 24 hours (n=148) for Target Condition/Outcome: symptom/rhythm correlation: pauses >3s; sustained VT; AF with ventricular rate >190 beats pre minute; nonsustained VT; other complex ventricular arrhythmias

Comolli 1993 case series; study held in Italy. Setting: Division of Internal Medicine. Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Holter monitor (Kontron tape); normal. Prior tests: All patients had at least 1 prior test.

negative clinical examination, routine haematological tests, chest x-ray, ECG Definition of TLoC: syncopal episodes.

Inclusion criteria: negative clinical examination, routine haematological tests, chest x-ray, ECG.

Exclusion criteria: none stated.

Patient characteristics: age: mean 67 years (range 19 to 86 years); sex: 54%female; Unclear/not stated with existing heart disease (not stated);

TLoC history: not stated

Comorbidities: not stated. Other details: little info

Other study comments: case series no comparator; test appeared to be used as triage to inform whether patients should be admitted or not. Test carried out "in case syncope might be linked to abnormalities of rhythm or cardiac conduction"

time: 24 hours (n=287)

for Target Condition/Outcome: abnormalities of rhythm whether associated with TLOC or not: major abnormalities defined as VT; pauses over 2 seconds; bradycardia below 30 bpm; high grade AV block; minor: ventricular ectopy; supraventricular ectopy; paroxysmal SVT; paroxysmal AF

Lacroix 1981 case series; study held in Canada. Setting: Department of Medicine. Funding: none stated TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Holter two-lead monitor in 94 normal. Prior tests: All patients had at least 1 prior test.

syncope of unknown aetiology (some patients had had exercise tests & echo) Definition of TLoC: not defined.

Inclusion criteria: syncope of unknown aetiology.

Exclusion criteria: documented arrhythmia at presentation; Wolff-Parkinson-

Patient characteristics: age: mean age 61 (14) years; sex: 58% male; some patients with existing heart disease (46% had coronary heart disease and 19% had other heart disease); TLoC history: mean 4 episodes per patient;

1st episode mean of 16 months before referral

Comorbidities: not stated. Other study comments: case series

patients and bedside 24-hour monitoring in 6 patients; time: 24 hours (n=100) for Target Condition/Outcome: symptom/rhythm correlation: not prespecified; rhythms found were VTAF; wide complex tachy; SVT; atrial flutter; ventricular pause over 3sAV blcok (Mobitz type I or II)

Sarasin 2001 case series; study held in Switzerland.

Participant

TLoC population: unclear/not stated. Prior tests: All patients had at least 1

patients presenting to ED with syncope; had had ECG, BP, carotid massage and sinus pause 3s or more / symptom+ pause syncope still unexplained

Setting: Emergency Department. ED. Funding: not stated Definition of TLoC: sudden transient loss of consciousness with inability to maintain postural tone and spontaneous recovery.

Inclusion criteria: patients aged 18 years or older presenting to ED with syncope.

Exclusion criteria: symptoms compatible with seizure vertigo, dizziness, coma or shock.

Patient characteristics: age: mean age 60 (23) years in whole group (range 18-93 years); sex: 52% female; some patients with existing heart disease (unclear how many had heart disease in Holter group); TLoC history: not stated

Comorbidities: unclear. Other details: see below

Other study comments: case series; some of these patients went on to have external loop (see section b number 841) and tilt test (see section c number 842)

Diagnostic tests

Index test: Holter; time: 24 hours (n=122) for Target Condition/Outcome: prespecified: 2s or more; sinus brady 35bpm or less / symptomatic brady 40bpm or less; AF+slow ventricular response (RR 3s/more); SVT 30s or more, 180bpm or more, or systolic BP 90mmHg/less; 2nd deg (Mob 2)/complete AV block; VT

3.3.2 Diagnostic Test: Holter monitoring 48-hour

Study

Rockx 2005 RCT; study held in Canada. Setting: Cardiology. patients referred

from community or ED.

Funding: Physician Services Inc, Toronto **Participant**

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Holter monitoring 48 hours; time: normal. Prior tests: All patients had at least 1 prior test.

referred for ambulatory monitoring; 41 had had prior Holter; 31 echo; 13 tilt

Definition of TLoC: patients had diagnosis of syncope, presyncope or both. Inclusion criteria: patients had diagnosis of syncope, presyncope or both, referred for ambulatory monitoring.

Exclusion criteria: none.

Patient characteristics: age: mean age 56 (20) years; sex: 44% male; some patients with existing heart disease (33% had heart disease);

TLoC history: median 1 prior episode (mean 50+/-12); symptoms

for a median of 6.5 months (mean 41 +/-94 months) Comorbidities: not stated. Other details: see below

Other study comments: same study as Sivakumaran 2003 (number 821) -

additional data added in here from that paper

Diagnostic tests

48 hours (n=51)

for Target Condition/Outcome: prespecified: sinus pause over 3s; complete heart block; Mobitz type 2 2nd degree block; AF with slow ventricular response (RR over 3s); symptomatic sinus brady below 40bpmSVT over 10s or symptomatic; VT

3.3.3 Diagnostic Test: Holter monitoring 72-hour

Study

Kapoor 1991 case series; study held in USA. Setting: Hospital several departments. General internal medicine and cardiology. Funding: not stated

Participant

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Holter 3 x 24 hours (more than 80% normal. Prior tests: All patients had at least 1 prior test.

unexplained syncope but normal clinical examination findings for 3 x 24-hour periods and normal 12-lead ECG

Definition of TLoC: sudden transient loss of consciousness with inability to maintain postural tone.

Inclusion criteria: unexplained syncope but normal clinical examination findings for 3 x 24-hour periods and normal 12-lead ECG.

Exclusion criteria: cardiac arrest or no LOC.

Patient characteristics: age: mean age 61 years; sex: 59% female; Unclear/not

stated with existing heart disease (not stated);

TLoC history: 55/95 patients had had multiple episodes Comorbidities: not stated. Other details: see below Other study comments: case series no comparator

Confidential

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Diagnostic tests

of patients on consecutive days); time: 72 hours (n=95)

for Target Condition/Outcome: major rhythm abnormalities (+/- symptoms) found (not prespecified): VT 3 or more beats; pauses over 2s; brady below 30bpm; complete heart block; other: ventricular ectopy; Mobitz type I heart block; brady 30-39bpm; SVT 10 or more beats over 150bpm; AF

3.3.4 Diagnostic Test: external event recorder

Participant

Fogel 1997 case series; study held in USA. Setting: Cardiology.

Study

TLoC population: unclear/not stated. Prior tests: All patients had at least 1 prior test.

patients presenting for evaluation of syncope or presyncope; had had examination, 12 lead ECG, noninvasive investigation of cardiac function; those with heart disease had EP

Funding: not stated Definition of TLoC: syncope or presyncope.

Inclusion criteria: patients presenting for evaluation of syncope or presyncope.

Exclusion criteria: none.

Patient characteristics: age: mean age 57 years; sex: 53% female; some patients

with existing heart disease (42% had heart disease);

TLoC history: not stated

Comorbidities: not stated. Other details: see below Other study comments: case series no comparator

Diagnostic tests

Index test: continuous loop event recorder (King of Hearts, Instromedics) or handheld or wrist recorder (Cardiodiary and Cardiomemo-Instromedics, or WristRecorder-Ralin); patient activated; time: usually 4 weeks; less if an event; extended if no event (n=62) for Target Condition/Outcome: symptom/rhythm correlation: detected arrhythmias were SVT; paroxysmal AF; prolonged pause following AF (not prespecified)

Linzer 1990 case series; study held in USA. Setting: Hospital several departments. General Internal Medicine, Cardiology. Funding: Charles A Dana Foundation, Duke Women's Auxiliary, National Institutes of Health

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: external event recorder; patients normal. Prior tests: All patients had at least 1 prior test. unexplained syncope; referred from all sources including tertiary inpatient and of Hearts); time: up to 1 month; recording outpatient hospital, ER, Veterans Affairs medical centre, private physicians, syncope clinic; Holter indeterminate at 24 hours Definition of TLoC: transient loss of consciousness with loss of postural tone. Inclusion criteria: at least 1 episode of syncope unexplained by history, examination, ECG, 24 hour Holter, carotid sinus massage.

Exclusion criteria: Prior electrophysiological testing; Holter showing arrhythmic or non-arrhythmic syncope.

Patient characteristics: age: median age 54 years; sex: 58% female; some patients with existing heart disease (35% had heart disease); history of TLoC: median duration of symptoms 12 months;

median number of prior episodes 10

Other details: at least 1 episode of syncope unexplained by history, examination, ECG, 24 hour Holter, carotid sinus massage

Other study comments: case series no comparator

activated (Instromedix instant replay or King stopped if diagnostic event (n=57) for Target Condition/Outcome: symptom/rhythm correlation: prespecified: sinus pause over 3s; SVT over 190bpm; complete AV block; Mobitz II 2nd degree block; VT over 10s; AF with slow ventricular response (RR interval over 3s); alternating bundle branch block; VT over 30s

Rockx 2005 RCT; study held in Canada. Setting: Cardiology. patients referred from community or ED. Funding: Physician

Services Inc, Toronto

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: external event recorder; time: worn normal. Prior tests: All patients had at least 1 prior test.

referred for ambulatory monitoring; 41 had had prior Holter; 31 echo; 13 tilt

Definition of TLoC: patients had diagnosis of syncope, presyncope or both. Inclusion criteria: patients had diagnosis of syncope, presyncope or both, referred for ambulatory monitoring.

Exclusion criteria: none.

Patient characteristics: age: mean age 56 (20) years; sex: 44% male; some patients with existing heart disease (33% had heart disease);

TLoC history: median 1 prior episode (mean 50+/-12); symptoms for a

median of 6.5 months (mean 41 +/-94 months) Comorbidities: not stated. Other details: see below

Other study comments: same study as Sivakumaran 2003 (number 821) -

additional data added in here from that paper

until 2 clinical episodes occurred or 1 month elapsed (n=49)

Comparator test: Holter monitoring 48 hours; time: 48 hours (n=51).

for Target Condition/Outcome: prespecified: sinus pause over 3s; complete heart block; Mobitz type 2 2nd degree block; AF with slow ventricular response (RR over 3s); symptomatic sinus brady below 40bpmSVT

over 10s or symptomatic; VT

Participant

Sarasin 2001 case series; study held in Switzerland.

Setting: Emergency

Funding: not stated

Department. ED.

TLoC population: unclear/not stated. Prior tests: All patients had at least 1

patients presenting to ED with syncope; had had ECG, BP, carotid massage and further details; time: mean 6.7 (1.7) days syncope still unexplained

Definition of TLoC: sudden transient loss of consciousness with inability to maintain postural tone and spontaneous recovery. Inclusion criteria: patients aged 18 years or older presenting to ED with

syncope.

Exclusion criteria: symptoms compatible with seizure vertigo, dizziness, coma or shock.

Patient characteristics: age: mean age 60 (23) years in whole group (range 18-93 + systolic BP 90mmHg/less; 2nd deg (Mob years); sex: 52% female; some patients with existing heart disease (unclear how 2)/complete AV block; VT many had heart disease in Holter group); TLoC history: not stated

Comorbidities: unclear. Other details: see below

Other study comments: case series; these patients had negative Holter in section a (number 840) and some went on to have tilt test (see section c number 842)

Schuchert 2003 case series; study

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: CardioCall model VS 20; patient normal. Prior tests: All patients had at least 1 prior test. tilt test, ECG and echo negative, no suggestion of

held in Germany. Setting: unclear. vasovagal trigger mechanism

"Medical Clinic III". Definition of TLoC: recurrent syncope of unknown origin.

Inclusion criteria: more than 2 episodes syncope in last 6 months, negative tilt

Funding: not stated test, no overt structural heart disease.

Exclusion criteria: none.

Patient characteristics: age: mean age 51 (14) years; sex: 63% female; no patients

with existing heart disease (no overt structural heart disease); TLoC history: mean 3 (4) syncopes in last 6 months (range 0-20)

Comorbidities: not stated. Other details: recurrent syncope and negative tilt

test. Other study comments: case series no comparator

Diagnostic tests

Index test: continuous loop event recorder (R Test Evolution, Novacor SA, France) no (n=113)

for Target Condition/Outcome: prespecified: sinus pause 3s/more/symptom+ pause 2s/more; sinus brady 35bpm or less/symptomatic brady 40bpm/less; AF+slow ventricular response (RR 3s/more); 30s/more SVT 180bpm/more or

activated; time: mean 7 (3) weeks; range 1-10

symptom/rhythm correlation; recorded (not

prespecified): sinus tachycardia (rate not

for Target Condition/Outcome:

specified); atrial flutter

weeks (n=24)

3.3.5 Diagnostic Test: implantable event recorder - patient activated

Donateo 2003 case series; study held in Italy. Setting: Hospital several departments. multicentre in Italy.

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal; patient activated; time: normal. Prior tests: All patients had at least 1 prior test. history, examination, ECG, carotid sinus massage, echo and 24-hour ambulatory

ECG not diagnostic; some pts also had EPS; ATP test and tilt test positive Definition of TLoC: "adenosine sensitive syncope".

Inclusion criteria: over 40 years old; 3 or more previous syncopes; at least 6

months between 1st and last episode; clinically severe

Funding: not stated (high frequency or high risk). Exclusion criteria: see above.

> Patient characteristics: age: mean 69 years (10 years); sex: 61% female; some patients with existing heart disease (28% had structural heart disease);

TLoC history: median 6 syncopal episodes (range 4-10) Comorbidities: not stated. Other details: unexplained syncope Other study comments: significance of positive ATP test unclear. 7 of 15

"control" patients had arrhythmia during TLOC and 2 had no rhythm variations

mean 18 (9) months; 1st syncopal event

analysed; follow up every 3 months to

maximum of 36 months (n=36)

Other comparator tests: "control group" of 15 patients tilt and ATP test negative (exclude as too few patients).

for Target Condition/Outcome: events recorded were AV block; sinus arrest; sinus bradycardia (less than 40 bpm); sinus rhythm; sinus tachycardia; AF; ectopic atrial tachycardia; bradycardia; long ventricular pause; but not prespecified which were

counted as arrhythmia

TLoC First Draft

Study

Krahn 1998 case series; study held in Canada. Setting: Cardiology.

Funding: Ontario Heart and Stroke Foundation

Participant

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: ILR (Medtronic); patient activated; normal. Prior tests: All patients had at least 1 prior test.

Definition of TLoC: syncope of unknown cause.

Inclusion criteria: syncope of unknown cause; ambulatory or in-hospital monitoring, tilt table and EPS negative.

Exclusion criteria: none.

Patient characteristics: age: mean 58.8 years (17.1); sex: 71% male; some patients with existing heart disease (46% had heart disease); TLoC history: mean 7.2 (5.4) previous episodes in 2 years Comorbidities: not stated. Other details: see below Other study comments: case series no comparator

Diagnostic tests

time: up to 12 months; mean 4.6 (3.8) months; ambulatory or in-hospital monitoring, tilt table and EPS negative in all patients device explanted if diagnosis made or no event in 2 years (battery life) (n=24) for Target Condition/Outcome: symptom/rhythm correlation or exclusion of arrhythmia: found: bradycardia; bradytachy; AV block; sinus arrest; SVT; VT (not prespecified)

Krahn 2002 case series; study held in Multinational. Setting: Hospital several departments. multinational. Funding: Ontario Heart and Stroke

Foundation

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal; patient activated; time: normal. Prior tests: All patients had at least 1 prior test.

syncope of unknown origin; pts had had ECG, Holter or telemetry; some had

tilt testing and/or EPS

Definition of TLoC: recurrent syncope or syncope associated with injury. Inclusion criteria: recurrent syncope or syncope associated with injury. Exclusion criteria: none.

Patient characteristics: age: mean age 57 years (18); sex: 57% male; some patients with existing heart disease (33% had structural heart disease);

TLoC history: median number of previous episodes 4 Comorbidities: not stated. Other details: see below

Other study comments: case series no comparator; some of these patients

included in Krahn 1995 (n=24) or Krahn 1999 (n=81)

mean 93 (107) days; follow up every 1-2 months for at least 6 months or stop after event (n=206)

for Target Condition/Outcome: symptomrhythm correlation: prespecified: bradycardia below 50bpm; tachycardia above 150bpm

Moya 2001 case series; study held in Multinational. Setting: Hospital several departments. multinational. Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal; patient activated; time: normal. Prior tests: All patients had at least 1 prior test.

normal ECG, tilt test negative

Definition of TLoC: syncope of uncertain origin.

Inclusion criteria: no significant structural heart disease; 3 or more episodes in last 2 years; interval of 6 months or more between 1st & last episode; history, examination, ECG, carotid sinus massage, echo, 24-hour ECG not diagnostic; tiltbelow 40bpm; AV block

test negative.

Exclusion criteria: none.

Patient characteristics: age: mean 63 (17) years; sex: 55% male; some patients

with existing heart disease (32% had heart disease); TLoC history: 3 or more episodes in last 2 years Comorbidities: not stated. Other details: see below

Other study comments: case series no comparator; tilt test negative patients i.e.

unexplained after secondary tests

mean 9 (5) months; seen every 3 months until diagnosis, battery ran down or end of study

for Target Condition/Outcome: ECG/syncope: findings (not prespecified): asystole; brady

(maximum 36 months) (n=82)

Participant

Nierop 2000 case series; study held in The Netherlands. Setting: Cardiology. .

Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal; patient activated; time: 11 normal. Prior tests: All patients had at least 1 prior test. history, examination, ECG, echo, routine lab tests 24 hour ECG, assessment of left ventricular ejection fraction, BP

Definition of TLoC: syncope=temporary and reversible LoC.

Inclusion criteria: 2 or more witnessed episodes of syncope of unknown origin in previous 12 months or 1 episode with significant trauma; able to handle activator.

Exclusion criteria: prior MI, ejection fraction <0.40, dilated/hypertrophic cardiomyopathy, nonsustained VT (Holter), aortic valve disease, LVO obstruction, orthostatic hypotension, vasavagal syncope, hypersensitive carotid sinus; >80 yr using >3 cardioactive drugs; dementia.

Patient characteristics: age: mean age 65 (17) years (range 29 to 87 years); sex: 57% female; some patients with existing heart disease (9% had heart disease);

TLoC history: mean event rate in prior 12 months was 5.2 +/-

3.2 months (median 4 months, range 1-13 months) Comorbidities: not stated. Other details: see below Other study comments: case series no comparator

Seidl 2000 case series; study held in multinational. Setting: Hospital several departments. multinational. Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal; patient activated; time: normal. Prior tests: All patients had at least 1 prior test. unexplained syncope and negative laboratory investigations (e.g. ECG, Holter, echo, tilt table, EPS, external loop recorder but not all patients had all of these)

Definition of TLoC: sudden transient loss of consciousness with spontaneous recovery without resuscitative measures.

Inclusion criteria: unexplained syncope (sudden TLOC with spontaneous recovery without resuscitative measures) and negative investigations. Exclusion criteria: none.

Patient characteristics: age: mean age 56 years; sex: 50% male; some patients with existing heart disease (40% had heart disease); TLoC history: mean 6.3 episodes in previous 12 months; mean duration 5.7 (8.9) years. Comorbidities: not stated.

Other study comments: case series no comparator

Diagnostic tests

(8) months; seen every 3 months (n=35) for Target Condition/Outcome: symptomrhythm correlation: findings (not prespecified): bradycardia below 40bpm; asystole over 3s; tachycardia 180-220bpm

mean 10.8 (4.3) months; device implanted until syncope/presyncope or patient or investigator wanted to remove it (n=133) for Target Condition/Outcome: recorded (not prespecified): brady below 50bpm; AV nodal re-entry tachycardia; SVT; torsades de pointes; frequent ventricular premature beats; mixed brady + venticular premature beats + nonsustained VT

Diagnostic Test: implantable event recorder - patient and automatically 3.3.6 activated

Participant Study

Boersma 2004 case series; study held in multinational. Setting: Cardiology. multinational. Funding: European Society of Cardiology

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal in 17 patients or Reveal normal. Prior tests: All patients had at least 1 prior test. recurrent unexplained syncope despite CSM, echo, exercise test, 24 hour Holter, tilt test and EPS Definition of TLoC: not defined.

Inclusion criteria: at least 3 episodes of syncope in last 6 months with negative screening; device could be activated by patient; follow up likely to be completed; implantation technically feasible. Exclusion criteria: none.

Patient characteristics: age: mean age 57 years (17 to 79 years); sex: 51% female; some patients with existing heart disease (17 had echo abnormalities; 7 valve disease; 2 MI; 2 dilated cardiomyopathy; 8 left ventricular hypertrophy); TLoC history: duration median 18 months (3 to 120 months); at least 3 episodes of syncope in last 6 months (median 4)

Comorbidities: not stated. Other details: see below Other study comments: case series no comparator

Brignole 2005 TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal or Reveal Plus; automatic or case series; study normal. Prior tests: All patients had 1 prior test. held in Italy. unexplained syncope; all had "negative workup"

Setting: Cardiology. Definition of TLoC: not defined; presyncope excluded. 2 hospitals receiving Inclusion criteria: severe (high risk or high frequency) syncope and negative referrals (in or workup. i.e. very frequent with reduced quality of life; or recurrent and

unpredictable (no prodrome) so high risk of trauma; or occurred during high risk activity (e.g. driving). Exclusion criteria: presyncope.

Patient characteristics: age: mean 69 years (11 years); sex: 55% male; some patients with existing heart disease (38% structural heart disease); TLoC history: mean number of previous syncopes=11 (SD 5)

Comorbidities: . Other details: see below

Other study comments: case series no comparator. Of the patients aged 65 or over, 44/78 had ECG recorded during syncope and 42 of these had arrhythmia.

Of those under 65 years, 8/25 had ECG of which 5 were arrhythmia.

Diagnostic tests

Plus in 26 patients; patient or automatic activation; time: median 18 months (range 1-18 months); device interrogated every 3 months & after an event (n=43) for Target Condition/Outcome: symptom/rhythm correlation: lower & upper detection thresholds set at 40 and 180 beats per minutes respectively; events were AV block; AF plus brady-tachycardia syndrome; AF; extreme bradycardia to asystole; VT; sinus

patient activated; time: mean follow up 14 months (10 months); device interrogated every 3 months or after event; if battery ran down, pt could have 2nd ILR (n=103) for Target Condition/Outcome: ECG diagnosis during 1st recorded syncope (syncope considered due to cardiac cause if sudden onset AV block, bradycardia, atrial or ventricular tachyarrhythmia during syncope)

Ermis 2003 case series; study held in USA. Setting: Hospital several departments. cardiac arrhythmia centre, veterans administration medical centre, county medical centre, heart centre. Funding: Minnesota

Medical Foundation

outpatients) for

Funding: none stated

assessment of

syncope.

normal. Prior tests: Unclear or Not stated. patients with syncope who received an ILR; prior tests not stated Definition of TLoC: not defined.

Inclusion criteria: more than 2 syncopal episodes in previous year or significant for Target Condition/Outcome: ILR set to

injury with a syncope event. Exclusion criteria: not stated.

Patient characteristics: age: mean age 64 (22) years; sex: 54% male; some patients with existing heart disease (9/50 had structural heart disease);

TLoC history: not stated

Other details: more than 2 syncopal episodes in previous year

or significant injury with a syncope event

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal Plus (Medtronic); patient or automatic activation; time: mean 14.3 (7.9) months; to extraction of ILR or maximum 31 months to end of study (n=50)

> detect heart rates of more than 165 bpm or less than 40 bpm or asystole more than 3 seconds; SVT; VT; asystole; complete AV block; Torsades de Pointes; sinus brady less than 60bpm; sinus tachy; premature ventricular

extrasystoles predefined

Farwell 2006 RCT; study held in UK. Setting: unclear.

general hospital including (but may not be only) A&E. Funding: partly supported by grants from Medtronic UK

Participant

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal Plus set to record 3 patient normal. Prior tests: All patients had at least 1 prior test. basic workup plus Holter/tilt test as indicated Definition of TLoC: not defined apart from "syncope".

Inclusion criteria: 16 yr or over; acute syncope; 2 or more unexplained TLoCs in last 12 months; no pacing indication after basic clinical workup (tilt test & Holter if clinically indicated).

Exclusion criteria: see above.

Patient characteristics: age: median 74 yr (IQR 61 to 81 yr); sex: 54% female; some patients with existing heart disease (around 50% had prior IHD); TLoC history: mean 1.5 TLOC per year

Comorbidities: not stated. Other details: adults presenting with syncope Other study comments: Eastbourne Syncope Assessment Study (EaSyAS)

Diagnostic tests

activations + 5 automatic activations; time: median 17 months (IQR 9-23 months); maximum 34 months (n=103)

Comparator test: conventional investigation and management; time: median 17 months

for Target Condition/Outcome: set to record ventricular pasues more than 3 seconds; ventricular rate less than 40 bpm or more than 165 bpm; events recorded were bradycardia, SVT or VT (no further details and not prespecified)

Krahn 2001 RCT; study held in Canada. Setting: Cardiology. Arrhythmia service. Funding: Heart and Stroke Foundation of Ontario

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal ILR; patient activated; normal. Prior tests: All patients had at least 1 prior test. Had had clinical assessment, postural BP, 24 hour ambulatory monitoring or

telemetry, echocardiogram; could have had other neurological or cardiovascular testing, tilt test or loop recorder

Definition of TLoC: unexplained syncope not further defined.

Inclusion criteria: referred to arrhythmia clinic; those with typical history for neurally mediated syncope excluded.

Exclusion criteria: Left ventricular ejection fraction below 35%; unlikely to survive 1 year; unable to provide follow up or consent; typical presentation of neurally mediated syncope (upright; prodrome including warmth and diaphoresis; postepisode fatigue).

Patient characteristics: age: mean age 66 yr (14 yr); sex: 55% male; some patients with existing heart disease (38% had heart disease); TLoC history:recurrent in 53 patients; 7 had single episode judged to warrant cardiovascular testing

Comorbidities: not stated. Other details: referred to arrhythmia clinic; those

with typical history for neurally mediated syncope excluded.

Other study comments: If undiagnosed after 1st strategy, pts offered crossover to other strategy: diagnosis in 1/6 (17%) conventional and 8/13 (62%) ILR (p=0.069). Conventional gp only had 2-4 weeks ELR & if tilt & EP negative,

immediately offered ILR (diff follow up times)

time: follow up at 1 week, 1, 2, 3, 6, 9 and 12 months and after event (aimed for full 1 year monitoring) (n=30)

Comparator test: conventional plus external recorder plus tilt and electrophysiological testing; time: ELR 2-4 weeks; pts offered ILR immediately if tilt & EP negative (n=30). for Target Condition/Outcome: symptom/rhythm correlation (not prespecified): found bradycardia; tachycardia

Krahn 2004 case series; study held in Canada. Setting: Cardiology.

Ontario

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: ILR: Reveal Plus; patient or normal. Prior tests: All patients had at least 1 prior test. patients referred to arrhythmia service for investigation of syncope; 24 hour Holter negative

Definition of TLoC: not defined.

Funding: Heart and Inclusion criteria: aged 30 years or more; left ventricular ejection fraction 35% Stroke Foundation of or more and negative conventional monitoring.

> Exclusion criteria: LVEF below 35%; unlikely to survive 1 year; unable to give consent or follow up; typical presentation of neurally mediated syncope. Patient characteristics: age: mean age 67 (16) years; sex: 55% female; some patients with existing heart disease (42% structural heart disease); TLoC history: median 4 episodes; median duration 0.9 years Other details: recurrent unexplained syncope or single episode associated with physical injury that warranted cardiovascular investigation Other study comments: case series

automatic activation; time: follow up at 1, 2, 4, 8, 12 weeks and every 3 months thereafter to event or 1 year of end of battery life (14-20 months) (n=60)

for Target Condition/Outcome: ILR set to record pause over 3s or heart rate below 40 or above 160bpm; prespecified arrhythmias: pause over 5s; 3rd degree AV block over 10s, rate below 30bpm for over 10s; over 10 beats wide complex tachy (VT); 30 beats narrow complex tachy over 180bpm

Participant

Lombardi 2005 case series; study held in Italy. Setting: Hospital several departments. cardiology or neurology. Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal Plus; patient activated or normal. Prior tests: All patients had at least 1 prior test. unexplained syncope: cardiac diagnosis excluded (from history, examination, echo, Holter, telemetry, positive tilt test) and neurological diagnosis excluded (CT/MRI/EEG)

Definition of TLoC: unexplained syncope.

Inclusion criteria: at least 2 unexplained syncopal episodes and negative neurological and cardiovascular workup.

Exclusion criteria: cardiac diagnosis (from history, examination, echo, Holter, telemetry, positive tilt test) or neurological diagnosis (CT/MRI/EEG). Patient characteristics: age: mean 60 (15) years (range 28-84 years); sex: 62% male; some patients with existing heart disease (atherosclerosis 12%, dilated cardiomyopathy 6%, hypertension 3%, aortic stenosis 3%);

TLoC history: 2 syncopal episodes within 1 year

Comorbidities: diabetes 9%, atherosclerosis 12%, dilated cardiomyopathy 6%, thyroid disease 6%, hypertension 3%, aortic stenosis 3%, epilepsy 3%. Other

details: see below

Other study comments: case series no comparator

Pezawas 2007 case series; study held in Austria. Setting: Cardiology. university cardiac centre. Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal Plus; patient or normal. Prior tests: All patients had at least 1 prior test. unexplained syncope after neurological investigation, ECG, carotid sinus massage, BP, echo, 24 hour ECG Definition of TLoC: unexplained syncope. Inclusion criteria: at least 2 syncopal episodes before ILR implantation.

Exclusion criteria: EPS suspicious of conduction problem or non-sustained VT. Patient characteristics: age: mean age 55 (17) years(range 25-79 years); sex: 51% female; some patients with existing heart disease (47% had heart disease); TLoC history: mean number of episodes before ILR 2.4 (1.1) in patients with structural heart disease vs. 5.2 (2.6) in those without

Comorbidities: 63% hypertension, 13% diabetes, 30% depression, 7% stroke, 1% epilepsy. Other details: see below

Other study comments: case series no comparator

Diagnostic tests

automatic; time: mean 7 (4) months, range 1-14 months; device explanted after diagnosis made or if no syncope after 14 months (n=34) for Target Condition/Outcome: symptom/rhythm correlation: device set to record heart rate below 40bpm or over 160bpm or asystole over 3s. Rhythms found were bradycardia/asystole or AF.

automatically activated; time: mean 16 (8) months; seen every 3 months to diagnosis or end of ILR life (n=70) for Target Condition/Outcome: set to record pauses 3s or more; heart rate 40 or below or 160 or above; prespecified arrhythmias: asystole (sinus arrest, sinus brady + AV block or AV block); brady (decrease of rate by over 30% or rate below 40 for 10s); tachy (AF; SVT;

Pierre 2008 case series; study held in France. Setting: Cardiology.

Funding: funding for open access publication provided by Medtronic

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal Plus; patient activated or normal. Prior tests: All patients had at least 1 prior test.

cardiac investigations including EPS Definition of TLoC: recurrent syncope. Inclusion criteria: at least 3 episodes syncope.

Exclusion criteria: orthostatic hypotension, abnormal 24 hour ECG, positive tilt brady below 30bpm; ventricular arrest over test, neurological abnormality, abnormal EPS or carotid sinus massage, inducible VT or SVT, LVEF<30-35%, candidates for prophylactic ICD. Patient characteristics: age: mean 64.3 (17.30 years; sex: 60% male; some patients with existing heart disease (22% had heart disease);

TLoC history: mean 4.9 (3.8)

Comorbidities: not stated. Other details: syncope of unknown aetiology

Other study comments: case series no comparator

automatic; time: mean 10.2 (5.2) months; seen every 3 months until diagnosis or end of battery life (14 months) (n=95) for Target Condition/Outcome: set to record 3s; tachy above 180bpm during 32 beats; rhythms found (not prespecified): complete AV block; VF; sustained/nonsustained VT; AF with fast ventricular response; SVT; sinus arrest

3.4 Further details about ambulatory ECG studies

3.4.1 Population categories

For the category, "unexplained syncope after secondary tests", we have defined two subcategories:

- (i) indicates that those with positive tests were excluded from the study and
- (ii) indicates that tests were carried out but patients were not excluded on the basis of a positive test.

Study name	category of patients	population details
Aronow 1993	unexplained syncope after secondary tests (i)	elderly patients with unexplained syncope; vasodepressor, drug- induced, carotid sinus, neurological syncope, orthostatic hypotension, valvular heart disease, HCM, acute MI, PE, hypoglycaemia excluded
Arya 2005	suspected arrhythmia	syncope or presyncope; had had clinical assessment including BP, ECG and echo
Ashby 2002	unexplained syncope after secondary tests (i)	unexplained syncope (n=41) or presyncope (n=7); tests included echo, EER, EPS, tilt table, EEG
Boersma 2004	unexplained syncope after secondary tests (ii)	recurrent unexplained syncope despite CSM, echo, exercise test, 24 hour Holter, tilt test and EPS. A positive tilt test or abnormal Holter was not a reason for exclusion
Boudoulas 1979	suspected arrhythmia	syncope or presyncope (dizziness ot lightheadedness); prior ECG (Holter not mentioned)
Boudoulas 1983	suspected arrhythmia	syncope or presyncope; had had EEG (some also had CT or cerebral angiography); prior ECG (Holter not mentioned)
Brembilla- Perrot 2001	suspected arrhythmia	referred with syncope or presyncope and myocardial infarction. Prior ECG (Holter not mentioned)
Brembilla- Perrot 2004	suspected arrhythmia	coronary disease with history of MI and/or multiple coronary stenoses on angiography and LVEF below 40%. Prior ECG (Holter not mentioned)
Brembilla- Perrot 2004	suspected arrhythmia	idiopathic dilated cardiomyopathy, normal coronary angiogram, LVEF below 40%
Brignole 2001	suspected arrhythmia	Bundle branch block and negative EPS, carotid sinus massage, echo, 24-hour ECG; tilt test (but not excluded because of this)
Brignole 2005	unexplained syncope after secondary tests (i)	unexplained syncope; all had "negative workup" (likely to include Holter)
Brignole 2006	Ambulatory ECG - suspect NM syncope	patients with suspected neurally mediated syncope. Holter not mentioned; Most patients had a tilt test before IER, but all included

Study name	category of patients	population details
Brignole 2006b	Ambulatory ECG - suspect NM syncope	causes other than neurally mediated excluded (e.g. by carotid sinus massage, ECG) Holter not mentioned; Most patients had a tilt test before IER, but all included
	unexplained syncope after initial tests	negative clinical examination, routine haematological tests, chest x-ray, ECG (negative ECG = inclusion criterion). Not Holter
Cumbee 1990	unexplained syncope after secondary tests (i)	92% previous Holter; 46% previous EPS; patients excluded if cause of syncope already known
	Ambulatory ECG - suspect NM syncope	vasovagal syncope, because of history, physical exam, CSM, positive HUT included Prior ECG (Holter not mentioned)
Donateo 2003	unexplained syncope after secondary tests (ii)	history, examination, ECG, carotid sinus massage, echo and 24- hour ambulatory ECG all not diagnostic; some pts also had EPS; ATP test and tilt test positive (inclusion criteria)
Ermis 2003	unexplained syncope after initial tests	patients with syncope who received an IER; prior tests not stated (refers to ESC guidelines 2001)
Farwell 2006	unexplained syncope after secondary tests (i)	history + physical exam, ECG plus Holter in patients with suspected cardiac syncope (Holter positive patients were excluded as were those diagnosed on basis of initial assessment); tilt test & CSM in all patients (patients with asystolic tilt/CSM results were excluded)
	Ambulatory ECG - suspect NM syncope	blackouts suggestive of vasovagal syncope. Holter vs Tilt test. Not done previously
_	unexplained syncope after secondary tests (i)	patients presenting for evaluation of syncope or presyncope; had had examination, 12 lead ECG, noninvasive investigation of cardiac function; those with heart disease had EPS. 10/62 had previous negative tilt. Holter not mentioned
Garcia- Civera 2005	suspected arrhythmia	suspected arrhythmic syncope and negative EPS, ECG, carotid sinus massage, BP, 24 hour ambulatory ECG (other tests if clinically indicated) – not excluded on this basis. Tilt test carried out and all included.
Gibson 1984	unexplained syncope after initial tests	referred for syncope of unknown cause; no evidence of prior tests
Kabra 2009	unexplained syncope after secondary tests (i)	unexplained syncope/ palpitations/ presyncope/ dizziness; 35% had had CT head; 27% EEG; 55% Holter or event monitoring; 54% tilt table; 42% EPS;
Kapoor 1991	unexplained syncope after initial tests	unexplained syncope but normal clinical examination findings, history and normal 12-lead ECG

Study name	category of patients	population details
Krahn 1998	unexplained syncope after secondary tests (i)	ambulatory or in-hospital monitoring, tilt table and EPS negative in all patients
Krahn 1999	suspected arrhythmia	undiagnosed after history, examination, ECG and at least 24 hours ambulatory monitoring
Krahn 2000	unexplained syncope after initial tests	not stated: retrospective study; no evidence of prior tests
Krahn 2001	unexplained syncope after secondary tests (i)	Had had clinical assessment, postural BP, 24 hour ambulatory monitoring or telemetry, echocardiogram; could have had other neurological or cardiovascular testing. Patients could have had a tilt test or loop recorder recording if symptoms suggested repeat testing was needed. Patients were excluded if they had a clear diagnosis of neurally mediated syncope on initial assessment.
Krahn 2002	unexplained syncope after secondary tests (i)	syncope of unknown origin; pts had had ECG, Holter or telemetry; some had tilt testing and/or EPS
Krahn 2004	unexplained syncope after secondary tests (i)	patients referred to arrhythmia service for investigation of syncope; 24 hour Holter negative
Kuhne 2007	unexplained syncope after secondary tests (i)	patients referred with syncope; some patients had had echo; 24 hour Holter negative; other prior tests unclear
Lacroix 1981	unexplained syncope after secondary tests (i)	syncope of unknown aetiology (some patients had had exercise tests & echo); positive test for arrhythmia excluded
Linzer 1990	unexplained syncope after secondary tests (i)	unexplained syncope; referred from all sources including tertiary inpatient and outpatient hospital, ER, Veterans Affairs medical centre, private physicians, syncope clinic; Holter indeterminate at 24 hours
Lombardi 2005	unexplained syncope after secondary tests (i)	unexplained syncope: cardiac diagnosis excluded (from history, examination, echo, Holter, telemetry, positive tilt test) and neurological diagnosis excluded (CT/MRI/EEG)
Mason 2003	suspected arrhythmia	recurrent unexplained syncope; patients had had ECG (20), event recorders (16) EPS (17) stress test (19) tilt test (32), cardiac catheterisation (12)
Menozzi 2002	suspected arrhythmia	suspected tachycardia cause; carotid sinus massage, echo, 24-hour ambulatory ECG not diagnostic
Morrison 1997	unexplained syncope after secondary tests (ii)	trauma patients admitted to level I trauma centre with syncope or possible syncope; patients had routine laboratory tests; 83% had echo; 72% carotid duplex examination; 64% CT head; 20% EEG; positive tests did not exclude from having Holter
Moya 2001	Ambulatory ECG -	normal ECG, tilt test positive

suspect NM syncope

Study name	category of patients	population details
Moya 2001	unexplained syncope after secondary tests (i)	normal ECG, tilt test negative
Nierop 2000	unexplained syncope after secondary tests (ii)	history, examination, ECG, echo, routine lab tests 24 hour ECG, assessment of left ventricular ejection fraction, BP; abnormal Holter did not exclude patients
Pezawas 2007	unexplained syncope after secondary tests (i)	unexplained syncope after neurological investigation, ECG, carotid sinus massage, BP, echo, 24 hour ECG
Pierre 2008	unexplained syncope after secondary tests (i)	cardiac investigations including EPS all normal
Porterfield 1999	unexplained syncope after initial tests	patients who had experienced syncope; selected from national database; prior tests not stated
Ringqvist 1989	suspected arrhythmia	patients referred for investigation of syncope from Department of Internal Medicine or GP
Rockx 2005	unexplained syncope after secondary tests (i)	referred for ambulatory monitoring; 41 had had prior Holter; 31 echo; 13 tilt test (could have had previous investigations provided they had ongoing undiagmosed symptoms)
Rothman 2007	suspected arrhythmia	high clinical suspicion of malignant arrhythmia; syncope or presyncope; non-diagnostic 24 hour Holter or telemetry in last 45 days. No tilt test.
Sarasin 2001	unexplained syncope after secondary tests (i)	patients presenting to ED with syncope; had had ECG, BP, carotid massage and syncope still unexplained
Sarasin 2005	suspected arrhythmia	unexplained syncope and a high likelihood of arrhythmias (neurological examination and tests for orthostatic hypotension negative; typical history of vasovagal/ situational syncope excluded)
Saxon 1990	suspected arrhythmia	dizziness (n=30) or (n=20) syncope and persistent atrial fibrillation
Schernthaner 2008	unexplained syncope after secondary tests (ii)	unexplained recurrent syncope or presyncope; neurological tests (including EEG), 12 lead ECG, 24 hour Holter, echo, exercise stress test, all negative carotid sinus massage, all negative tilt table; AF or previous positive EPS did not exclude patients
Schuchert 2003	unexplained syncope after secondary tests (i)	tilt test negative, ECG and echo negative, no suggestion of vasovagal trigger mechanism
Seidl 2000	unexplained syncope after secondary tests (i)	unexplained syncope and negative laboratory investigations (e.g. ECG, Holter, echo, tilt table, EPS, external loop recorder but not all patients had all of these)

Zeldis 1980	unexplained syncope	patients had syncope with or without other indications; patients	
	after secondary tests	had had coronary angiograms	
	(i)		

3.4.2 TLoC frequency (previous episodes), duration of monitoring and time to first syncope, frequency x duration, category for freq x duration

Study name	Frequency of TLoC (number per year)	Duration of monitoring (days) [Time to first syncope]	Frequency x duration	Frequency x duration (a) < 0.1; b) 0.1 to 0.99; c) 1 to 10; d) >10)
Aronow 1993	NS	1 [NA]	NS	NS
Arya 2005	NS	1 1 st day + 1 2 nd day [NA]	NS	NS
Ashby 2002	NS	168 [mean 2.8 (2.1) months = 84 days]	NS	NS
Boersma 2004	6	540 [NA]	6/365 x 540 = 8.9	С
Boudoulas 1979	NS	1 [NA]	NS	NS
Boudoulas 1983	NS	1 [NA]	NS	NS
Brembilla- Perrot 2001	NS	1 [NA]	NS	NS
Brembilla- Perrot 2004	NS	1 [NA]	NS	NS
Brembilla- Perrot 2004	NS	1	NS	NS
Brignole 2001	1.5	48 [37% had event after median 48 days (range 2–367) days]	1.5/365 x 48 = 0.2	b
Brignole 2005	NS	420 [not stated]	NS	NS
Brignole 2006	3	270 [36% patients had event after median 9 months (IQR 3–17)]	3/365 x 270 = 2.2	С
Brignole 2006b	2	365 [26% of patients had syncope documented after mean of 3 months (90 days)]	2/365 x 365 = 2	С
Comolli 1993	NS	1 [NA]	NS	NS
Cumbee 1990	NS	mean 42d, median 28d, range 3–140 d [diagnostic recorders worn for mean 33d, median 28d, range 3–140 d; non-diagnostic (usually no spells) mean 48 d, median 28 d, range 21–112 d]	NS	NS
Deharo 2006	6.9	510 [12/25 had events; time to 1 st event mean 4.8 months (SD 4.7)]	6.9/365 x 510 = 9.6	С
Donateo 2003	1.5	540 [16/36 activated device	1.5/365 x	C
	-			

for syncope: median time 9 months (range 1–36)

540 = 2.2

Study name	Frequency of TLoC (number per year)	Duration of monitoring (days) [Time to first syncope]	Frequency x duration	Frequency x duration (a) < 0.1; b) 0.1 to 0.99; c) 1 to 10; d) >10)
Ermis 2003	NS	429 [mean time to TLoC was 13.4 months (range 1–23) in 12% patients	NS	NS
Farwell 2006	1.5	Time not stated but mean follow up was 276 (SD 134 days) for both groups.	1.5/365 x 510 = 2.1	С
Fitchet 2003	2.5	2 [NA]	2.5/365 x 2 = 0.01	a
Fogel 1997	NS	28 [NA]	NA	NA
Garcia-Civera 2005	3.5	276 [IER documented syncope/pre-syncope occurred in 40% pts in mean of 85 (SD 95) days]	3.5/365 x 276 = 2.6	С
Gibson 1984	NS	1 [NA]	NA	NA
Kabra 2009	NS	10 months (300 days)	NS	NS
Kapoor 1991	NS	3 [NA]	NS	NS
Krahn 1998	3.6	138 [21/24 developed syncope or presyncope at a mean of 5.1 (4.8) months = 153 days]	3.6/365 x 138 = 1.4	С
Krahn 1999	5.1	315 [58/85 (68%) had symptoms a mean of 71 (79) days after ILR]	5.1/365 x 315 = 4.4	С
Krahn 2000	NS	2 Holter; 30 IER [NA]	NS	NS
Krahn 2001	2.6	365 [NA]	2.6/365 x 365 = 2.6	С
Krahn 2002	NS	6 months (180 days) [symptoms recurred in 69% of patients at a mean of 93 (107) days]	NS	NS
Krahn 2004	4.4	365 [NA]	$4.4/365 \times 365 = 4.4$	С
Kuhne 2007	NS	1 [NA]	NS	NS
Lacroix 1981	3	1 [NA]	3/365 x 1 = 0.08	а
Linzer 1990	10	30 [mean duration of monitoring before diagnosis was 1 week (7 days)]	10/365 x 30 = 0.8	b
Lombardi 2005	2	210 [NA]	2/365 x 210 = 1.2	С

Mason 2003	NS	333 [mean time to	NS	NS
		recurrence of symptoms 7.6		
		(7.2) months (228 days)]		

Study name	Frequency of TLoC (number per year)	Duration of monitoring (days) [Time to first syncope]	Frequency x duration	Frequency x duration (a) < 0.1; b) 0.1 to 0.99; c) 1 to 10; d) >10)
Menozzi 2002	1	480 [syncope occurred in 6/35 (17)5 of patients after a mean of 6 (5) months (180 days)]	1/365 x 480 = 1.3	C
Morrison 1997	NS	1 [NA]	NS	NS
Moya 2001 (tilt positive)	1.5	300 [8/29 (28%) of patients had recurrence at a median of 59 days (range 22–98)]	1.5/365 x 300 = 1.2	С
Moya 2001 (tilt negative)	2	270 [24/82 (29%) of patients had recurrence at a median of 105 days (range 47–226)]	2/365 x 270 = 1.5	С
Nierop 2000	5.2	330 [44 events (syncope or presyncope) in mean of 11 months follow up; of these 37 in 1 st 6 months and 7 in months 7–12, but cannot calculate mean time to recurrence per patient as patients could have more than 1 event]	5.2/365 x 330 = 4.7	С
Pezawas 2007	NS	480 [recurrence in 60/70 patients with actuarial recurrence rate 30% at 3 months, 65% at 12 months and 91% at 24 months in those with structural heart disease and 35%, 68% and 87% without]	NS	NS
Pierre 2008	NS	306 [43/95 (45.2%) of patients had recurrence at a mean time of 5.4 (4.6) months = 162 days]	NS	NS
Porterfield 1999	NS	30 [NA]	NS	NS
Ringqvist 1989	NS	2 [NA]	NS	NS
Rockx 2005	1.8	2 for 48 hour Holter; 30 for EER [median time to diagnosis 16 days (mean 17 (13) days for loop)]	Holter: 1.8/365 x 2 = 0.01; 1.8/365 x 30 = 0.15	Holter: a; EER: b
Rothman 2007	NS	NS [median time to diagnosis was 10 and 6 days for EER and telemetry	NS	NS

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		respectively. Diagnos corresponded to TLo			
Sarasin 200 Holter	01 NS	1 [NA]	NS	NS	

Study name	Frequency of TLoC (number per year)	Duration of monitoring (days) [Time to first syncope]	Frequency x duration	Frequency x duration (a) < 0.1; b) 0.1 to 0.99; c) 1 to 10; d) >10)
Sarasin 2001 EER	NS	7 [NA]	NS	NS
Sarasin 2005	NS	1 [NA]	NS	NS
Saxon 1990	NS	1 [NA]	NS	NS
Schernthaner 2008	1	270 [40/55 (73%) of patients had recurrence at a mean time of 7.6 (6.6) months = 228 days]	1/365 x 270 = 0.7	b
Schuchert 2003	6	50 [median time to TLoC 103 days (range 1 to 704 days) after tilt test in 8/24 patients.]	6/365 x 50 = 0.8	b
Seidl 2000	6.3	324 [NA]	6.3/365 x 324 = 5.6	С
Zeldis 1980	NS	1 [NA]	NS	NS

3.4.3 Arrhythmias detected in the studies

Study name Index test (group)	Index test time	Target condition	Arrhythmia detected (% refers to percentage of patients with brady or tachyarrhythmia out of total patients)	Bradyarrhythmi as proportion of a) arrhythmias during TLoC; b) arrhythmias not during TLoC and c) all arrhythmias found
Aronow 1993 Holter 24h (4)	24 hours	symptom/rhythm correlation: pauses >3s; sustained VT; AF with ventricular rate >190 beats pre minute; nonsustained VT; other complex ventricular arrhythmias	pause >3s: 21; nonsustained VT: 25; sustained VT: 3; AF: 3; other complex ventricular arrhythmias: 48 out of 148 patients (i.e. brady 14%; tachy 22%; others unclear)	a) 21/100=21% b) 0 c) 21/100=21%
Arya 2005 Holter 24h (1)	48 hours	main ECG finding (non- sustained VT 3 beats or more; sinus pause 3s or more; symptomatic bradycardia below 30 beats/min; paroxysmal atrial fibrillation; sustained SVT above 150 beats/min; VT above 100 beats/min; Mobitz type II 2nd or 3rd degree AV block)	nonsustained VT: 5; sinus pause: 3; AV block: 2 out of 49 patients (i.e. tachy 10%, brady 8%) for day 1; day 2: nonsustained VT: 6; sinus pause >3s: 3; symptomatic sinus brady: 1; sustained SVT: 1	Day 1: a) 5/10 = 50% b) 0 c) 5/10=50% Day 2: a) 4/11= 36% b) 0 c) 4/11= 36%
Boersma 2004(4)	median 18 months (range 1-18 months); device interrogated every 3 months & after an event	symptom/rhythm correlation: lower & upper detection thresholds set at 40 and 180 beats per minutes respectively; events were AV block; AF plus brady-tachycardia syndrome; AF; extreme bradycardia to asystole; VT; sinus arrest	during TLoC: brady/asystole: 7; AV block: 1; paroxysmal AF with brady-tachy syndrome: 1; AF: 1; VT: 1 (i.e. brady 9/43=21% and tachy 2/43=5%)	a) 9/11=82% b) 1/1=100% c) 10/12=83%
Boudoulas 1979 Holter 24h (1)	24 hours	sinus brady below 40 bpm awake; paroxysmal SVT (170 bpm); high grade AV block; frequent ventricular premature contractions, effective rate less than 40 bpm; repetitive pairs PVCs; VT	sinus brady or SA exit block: 12; SVT: 16; high grade AV block: 2; malignant ventricular dysrhythmias: 31 (incl. VT 4 and PVCs 30); more than 1 cause: 12 out of 119 patients (i.e. brady 12%, tachy 40%, but those with more than 1 cause unknown)	a) not stated b) not stated c) 14/73=19%

Study name (group)	Index test time	Target condition	Arrhythmia detected	Brady propn a) with TLoC; b) not with TLoC; c) all
Boudoulas 1983 Holter 24h (1)	24 hours	sinus brady less than 40 bpm awake; sinoatrial exit block; paroxysmal SVT (rate over 170 bpm); repetitive pairs premature ventricular beats; VT	SVT: 12; VT or premature ventricular beats or couplets: 8; profound bradycardia: 7; AV block: 4 out of 65 patients (i.e. tachy 31%; brady 17%)	a) not stated b) not stated c) 11/31=35%
Brembilla- Perrot 2001 Holter 24h (1)	24 hours	non-sustained ventricular tachycardia (3 consecutive beats or tachycardia less than 10 seconds)	nonsustained VT: 42/130 patients (i.e. tachy 32%)	a) not stated b) not stated c) 0%
Brignole 2006 IER pt & auto activated (2)	up to 24 months; median 9 months; follow up every 3 months or to event or to max 24 months	ECG documented syncope: asystolic pause over 3 seconds (AV block or sinus arrest); bradycardia; tachyarrhythmia (paroxysmal AF; paroxysmal SVT; VT)	during TLoC: asystole 57 (AV block 16 + 41 sinus arrest); bradycardia: 4; tachyarrhythmia: 9 (SVT 5 + AF 3 + VT 1); sinus tachy 7 out of 392 patients (i.e. brady 16%, tachy 4%); not during TLoC: 11 asystole/brady + 4 tachy (AV nodal reentrant tachycardia: 1; non-sustained VT: 2; 1 patient had antiarrhythmic drugs but arrhythmia not specified (assume tachy)) (i.e. brady 3%, tachy 1%)	b) 11/15=73% c) 72/92=78%
Comolli 1993 Holter 24h (3)	24 hours	abnormalities of rhythm whether associated with TLoC or not: major abnormalities defined as VT; pauses over 2 seconds; bradycardia below 30 bpm; high grade AV block	During TLoC: 2VT; 1 normal rhythm out of 3 patients with TLoC (i.e. tachy 1%); not during TLoC: VT 23; pause > 2s: 11; bradycardia <30bpm: 13; high-grade AV block: 8 out of 287 patients (i.e. brady 11%, tachy 8%)	a) 0/2=0% b) 32/55=58% c) 32/57=56%

Study name (group)	Index test time	Target condition	Arrhythmia detected	Brady propn a) with TLoC; b) not with TLoC; c) all
Deharo 2006 IER pt & auto activated (2)	planned duration 18 mo; device interrogated after 1 mo + every 3 mo and after event; all followed to 18 mo except 2 explanted (infection/ neoplasia)	severe bradycardia during syncope (less than 40 bpm for at least 10 seconds); asystole (ventricular pause over 3 seconds); tachycardia over 165 bpm	during TLoC: 4 sinus bradycardia + 1 sinus arrest + 1 AV block = 6; sinus tachy: 1 out of 25 patients (i.e.brady 24%; tachy 4%)	a) 6/7=86%b) nonec) 6/7=86%
Donateo 2003 IER pt activated (4)	mean 18 (9) months; 1 st syncopal event analysed; follow up every 3 months to maximum of 36 months	events recorded were AV block; sinus arrest; sinus bradycardia (less than 40 bpm); sinus rhythm; sinus tachycardia; AF; ectopic atrial tachycardia; bradycardia; long ventricular pause; but not prespecified which were counted as arrhythmia	AV block 3; AV block + sinus arrest 1; sinus arrest 5; sinus brady 2 = bradycardia: 11; sinus tachycardia: 1; rapid AF: 1; ectopic atrial tachycardia: 1 out of 36 patients (i.e. brady 31%, tachy 8%)	
Ermis 2003 IER pt & auto activated (3)	mean 14.3 (7.9) months; to extraction of IER or maximum 31 months to end of study	IER set to detect heart rates of more than 165 bpm or less than 40 bpm or asystole more than 3 seconds; SVT; VT; asystole; complete AV block; Torsades de Pointes; sinus brady less than 60bpm; sinus tachy; premature ventricular extrasystoles predefined	During TLoC: SVT: 2; VT: 1; sinus brady: 1 out of 50 patients (i.e. brady 2%, tachy 6%); not during TLoC (grade I in paper i.e. arrhythmia definitely causing syncope but not occurring during TLoC): 13 patients but cannot break down by brady/tachy	,
Farwell 2006 IER pt & auto activated (4)	median 17 months (IQR 9- 23 months); maximum 34 months	set to record ventricular auses more than 3 seconds; ventricular rate less than 40 bpm or more than 165 bpm; events recorded were bradycardia, SVT or VT (no further details and not prespecified)	bradycardia: 15; tachycardia: 5 (2 VT + 3 SVT) out of 101 patients (i.e. brady 15%, tachy 5%)	a) 15/20=75% b) none c) 15/20=75%

Study name (group)	Index test time	Target condition		Brady propn a) with TLoC; b) not with TLoC; c) all
Fitchet 2003 Holter 48h (2)	48 hours	events recorded during TLoC were sinus tachy, sinus rhythm, AF; major arrhy not during TLoC were nonsustained VT or SVT; AF; sinus brady; minor ones were isolated vent ectopics/bigeminy/trigeminy/couplets; 1 st degree heart block (not prespecified)	sinus tachy 8 out of 118 patients (i.e. tachy 7%): not during	a) none b) 4/29=14% c) 4/39=10%
Fogel 1997 EER (4)	usually 4 weeks; less if an event; extended if no event	symptom/rhythm correlation: detected arrhythmias were SVT; paroxysmal AF; prolonged pause following AF (not prespecified)	prolonged pause	a) b) c)
Garcia- Civera 2005 IER pt activated (1)	mean 9.2 (5.9) months; seen every 3 months; followed up until diagnosis reached, battery expired or patient died	symptom/rhythm correlation: prespecified arrhythmic syncope if high degree AV block or VT; neurally mediated if sinus bradycardia up to 40 bpm or sinus pause 3 seconds or more; indeterminate if sinus rhythm	block: 12; sinus brady: 5; sinus pause: 4; VT: 6 out of 81	a) 21/27 = 78%b) nonec) 21/27 = 78%
Kapoor 1991 Holter 72h (4)	72 hours	major rhythm abnormalities (+/- symptoms) found (not prespecified): VT 3 or more beats; pauses over 2s; brady below 30bpm; complete heart block; other: ventricular ectopy; Mobitz type I heart block; brady 30-39bpm; SVT 10 or more beats over 150bpm; AF	VT: 19; pause >2s: 8; bradycardia: 1; complete heart block: 1 out of 95 patients (i.e. brady 11%, tachy 20%)	b) 6/25=24%
Krahn 1998 IER pt activated (4)	up to 12 months; mean 4.6 (3.8) months; device explanted if diagnosis made or no event in 2 years (battery life)	symptom/rhythm correlation or exclusion of arrhythmia: found: bradycardia; bradytachy; AV block; sinus arrest; SVT; VT (not prespecified)	block: 3; brady tachy: 3; sinus arrest: 2; SVT: 1; VT: 1 out of	a) 8/10=80% b) none c) 8/10=80%

Study name (group)	Index test time	Target condition	Arrhythmia detected	Brady propn a) with TLoC; b) not with TLoC; c) all
Krahn 1999 IER pt activated (1)	mean 10.5 (4) months; follow up after each event; device in until syncope/presyn cope; 18 months follow up; end of battery life; or patient or investigator chose to remove it sooner	arrhythmia or exclusion of arrhythmic cause: found: bradycardia below 50bpm; tachycardia (sustained SVT; atrial flutter with rapid ventricular response) not prespecified	bradycardia: 18; tachycardia: 3 out of 85 patients (i.e. brady 21%; tachy 3.5%)	a) 18/21 = 86%b) nonec) 18/21 = 86%
Krahn 2001 IER pt activated (4)	follow up at 1 week, 1, 2, 3, 6, 9 and 12 months and after event (aimed for full 1 year monitoring)	symptom/rhythm correlation (not prespecified): found bradycardia; tachycardia	during TLoC: bradycardia: 10; tachycardia: 1 out of 60 patients (i.e. brady 17%; tachy 1.7%)	a) 10/11 = 91%b) nonec) 10/11 = 91%
Krahn 2002 IER pt activated (4)	mean 93 (107) days; follow up every 1-2 months for at least 6 months or stop after event	symptom-rhythm correlation: prespecified: bradycardia below 50bpm; tachycardia above 150bpm	bradycardia: 35 out of 206 patients (17%); tachycardia: 12 (6%)	a) 35/47 = 74%b) nonec) 35/47 = 74%
Krahn 2004 IER pt & auto activated (4)	follow up at 1, 2, 4, 8, 12 weeks and every 3 months thereafter to event or 1 year of end of battery life (14- 20 months)	IER set to record pause over 3s or heart rate below 40 or above 160bpm; prespecified arrhythmias: pause over 5s; 3rd degree AV block over 10s, rate below 30bpm for over 10s; over 10 beats wide complex tachy (VT); 30 beats narrow complex tachy over 180bpm	during TLoC: brady 10; tachy: 4 out of 60 patients (i.e. brady 17%, tachy 7%); not during TLoC: brady 7 (12%); tachy 2 (3%)	a) 10/14 = 71%b) 7/9 = 78%c) 17/23 = 74%

Study name (group)	Index test time	Target condition	Arrhythmia detected	Brady propn a) with TLoC; b) not with TLoC; c) all
Lacroix 1981 Holter 24h (4)	24 hours	symptom/rhythm correlation: not prespecified; rhythms found were VTAF; wide complex tachy; SVT; atrial flutter; ventricular pause over 3sAV lock (Mobitz type I or II)	3 AV block; 1 ventricular pause >3s; 1 sustained VT; 9 nonsustained VT; 2 AF; nonsustained SVT 2; atrial flutter 2; wide QRS complex tachy 1 out of 100 patients (i.e. brady 4%, tachy 17%); unclear if during TLoC or not	a) unclear b) unclear c) 4/21 = 19%
Linzer 1990 EER (4)	up to 1 month; recording stopped if diagnostic event	symptom/rhythm correlation: prespecified: sinus pause over 3s; SVT over 190bpm; complete AV block; Mobitz II 2 nd degree block; VT over 10s; AF with slow ventricular response (RR interval over 3s); alternating bundle branch block; VT over 30s	during TLoC: VT: 1; SVT: 1; AV block: 2; 2 prolonged asystole; 1 non-asystolic bradycardia of 57 patients (i.e. 3.5% tachy; 9% brady)	
Lombardi 2005 IER pt & auto activated (4)	mean 7 (4) months, range 1-14 months; device explanted after diagnosis made or if no syncope after 14 months	symptom/rhythm correlation: device set to record heart rate below 40bpm or over 160bpm or asystole over 3s. Rhythms found were bradycardia/asystole or AF.	During TLoC: marked bradycardia/ asystole 6; AF with wide QRS tachy 2; AV block 3; symptomatic sinus tachy 2 = 13 out of 34 patients (i.e. brady 26%, tachy 12%)	a) 9/13 = 69%b) nonec) 9/13 = 69%
Menozzi 2002 IER pt activated (1)	mean 16 (11) months; seen every 3 months until diagnosis, end of battery life or patient died	ECG during syncope: arrhythmias found (not prespecified) were: AV block plus asystole; sinus tachy plus sinus brady plus sinus arrest; sinus tachy 120bpm; AF (+ or – asystole)	during TLoC: bradycardia + long pause 3 (2 AV block + 1 sinus arrest); 2 sinus tachy; 3 AF; sustained VT 1; 1 post-tachycardia pause (counted as brady) = 10 out of 35 patients (i.e. tachy 17%, brady 11%)	a) 4/10 = 40%b) nonec) 4/10 = 40%

Study name (group)	Index test time	Target condition	Arrhythmia detected	Brady propn a) with TLoC; b) not with TLoC; c) all
Moya 2001b IER pt activated (2)	mean 10 (5) months; seen every 3 months until diagnosis, battery ran down or end of study (maximum 36 months)	ECG/syncope: findings (not prespecified): asystole	during TLoC: sinus arrest 5; bradycardia 1 out of 29 patients (i.e. brady 21%; tachy 0%)	a) 6/6 = 100% b) none
Moya 2001a IER pt activated (4)	mean 9 (5) months; seen every 3 months until diagnosis, battery ran down or end of study (maximum 36 months)	ECG/syncope: findings (not prespecified): asystole; brady below 40bpm; AV block	during TLoC: sinus arrest 10; AV block 1; bradycardia 2; sinus tachy 1; atrial tachy 1 = 15 out of 82 patients (i.e. brady 16%; tachy 2%)	a) 13/15 = 87%b) nonec) 13/15 = 87%
Nierop 2000 IER pt activated (4)	11 (8) months; seen every 3 months	symptom-rhythm correlation: findings (not prespecified): bradycardia below 40bpm; asystole over 3s; tachycardia 180- 220bpm	during TLoC: extreme bradycardia or asystole >5s: 4; tachycardia: 6 out of 35 patients (i.e. brady 11%, tachy 17%)	b) none
Pezawas 2007 IER pt & auto activated (4)	mean 16 (8) months; seen every 3 months to diagnosis or end of IER life	set to record pauses 3s or more; heart rate 40 or below or 160 or above; prespecified arrhythmias: asystole (sinus arrest, sinus brady + AV block or AV block); brady (decrease of rate by over 30% or rate below 40 for 10s); tachy (AF; SVT; VT)	during TLoC: sinus arrest 8; sinus brady with AV block: 6; AV block 2; bradycardia 2; sinus tachy 10; AF 5 out of 70 patients (i.e. brady 26%, tachy 21%)	a) 18/33 = 54%b) nonec) 18/33 = 54%
Pierre 2008 IER pt & auto activated (4)	mean 10.2 (5.2) months; seen every 3 months until diagnosis or end of battery life (14 months)	set to record brady below 30bpm; ventricular arrest over 3s; tachy above 180bpm during 32 beats; rhythms found (not prespecified): complete AV block; VF; sustained/ nonsustained VT; AF with fast ventricular response; SVT; sinus arrest	during TloC: sinus arrest: 16; AV block: 5; VF: 1; VT: 3; AF: 1; SVT: 1 out of 95 patients (i.e. brady 22%; tachy 6%)	a) 21/27 = 78% b) none c) 21/27 = 78%

Study name (group)	Index test time	Target condition	Arrhythmia detected	Brady propn a) with TLoC; b) not with TLoC; c) all
Ringqvist 1989 Holter 48h (1)	48 hours	prespecified: sinus brady below 40bpm 1 min; sinus arrest 3s or more; SVT heart rate 180 or more over 10s; VT 3 or more beats; AV block Mobitz II/3rd degree; paroxysmal AF 180 bpm or more for 4 beats; AF or flutter rate below 40 at least 1min/RR 4s/more	during TLoC: sinus arrest: 1; AV block: 2; AF: 1 out of 63 patients (i.e. brady 5%, tachy 2%); not during TLoC: sinus arrest 3; AV block 1; SVT 1; VT 1; atrail flutter 1; AF 1 (brady 6%; tachy 6%)	a) 3/4 = 75%b) 4/8 = 50%c) 7/12 = 58%
Rockx 2005 EER (4)	worn until 2 clinical episodes occurred or 1 month elapsed	prespecified: sinus pause over 3s; complete heart block; Mobitz type 2 2nd degree block; AF with slow ventricular response (RR over 3s); symptomatic sinus brady below 40bpmSVT over 10s or symptomatic; VT	During TLoC: Loop recorder: 1/49 patients had paroxysmal AF with sinus pauses up to 5.2s on conversion to sinus rhythm (i.e. brady 2%; tachy 0%); not during TLoC: none. Holter: no arrhythmias diagnosed during or not during TLoC	a) Loop: 1/1 = 100%; Holter 0 b) none c) Loop: 1/1 = 100%; Holter 0
Rothman 2007 EER (1)	up to 30 days (minimum 25 days)	prespecified: pauses; complete AV block; Mobitz type 2 2nd deg block; AF/flutter; rate over 120bpm + symptoms; over 150 - symptoms; brady below 40bpm + symptoms; sustained (over 10s)/ symptomatic SVT over 120bpm; VT over 100bpm over 3 beats	unclear – numbers don't add up between text and table	a) unclear b) unclear c) unclear
Sarasin 2001 EER (4)	mean 6.7 (1.7) days	prespecified: sinus pause 3s/more/symptom+ pause 2s/more; sinus brady 35bpm or less/symptomatic brady 40bpm/less; AF+slow ventricular response (RR 3s/more); SVT 30s/more 180bpm/more or + systolic BP 90mmHg/less; 2nd deg (Mob 2)/complete AV block; VT	3/113 had arrhythmia (not stated which)	a) unclear b) unclear c) unclear

Study name (group)	Index test time	Target condition	Arrhythmia detected	Brady propn a) with TLoC; b) not with TLoC; c) all
Sarasin 2001 Holter 24h (4)	24 hours	prespecified: sinus pause 3s/more/symptom+ pause 2s/more; sinus brady 35bpm or less/symptomatic brady 40bpm/less; AF+slow ventricular response (RR 3s/more); SVT 30s/more 180bpm/more or + systolic BP 90mmHg/less; 2nd deg (Mob 2)/complete AV block; VT	9/122 had arrhythmia (not stated which)	a) unclear b) unclear c) unclear
Sarasin 2005 Holter 24h (1)	24 hours	prespecified: sinus pause 3s or more; sinus brady 35bpm or less; AF + slow ventricular response (RR 3s or more); SVT 30s or more at 180bpm or more or with hypotension; Mobitz 2 2nd degree/complete AV block; VT 30s or more	during TLoC: sinus pause >3s: 3; bradycardia: 2; AV block: 2; VT: 2 out of 140 patients (i.e. brady 5%, tachy 1%); not during TLoC: none	a) 7/9 = 78%b) nonec) 7/9 = 78%
Schuchert 2003 EER (4)	mean 7 (3) weeks; range 1-10 weeks	symptom/rhythm correlation; recorded (not prespecified): sinus tachycardia (rate not specified); atrial flutter	during TLoC: sinus tachy: 1; (i.e. tachy 4%); not during TLoC: sinus tachycardia: 6; atrial flutter: 2; paced rhythm 2 out of 24 patients (i.e. tachy 42%; brady 0%)	a) 0/1 = 0% b) 0/10 = 0% c) 0/11 = 0%
Seidl 2000 IER pt activated (4)	mean 10.8 (4.3) months; device implanted until syncope/presyn cope or patient or investigator wanted to remove it	recorded (not prespecified): brady below 50bpm; AV nodal re-entry tachycardia; SVT; torsades de pointes; frequent ventricular premature beats; mixed brady + venticular premature beats + nonsustained VT	during TLoC: 21 brady (<50bpm); 5 SVT; 1 Torsades de Pointes; 1 pacemaker problem; 1 AV nodal re-entry tachy; 2 ventricular premature beats; 1 multiple rhythms (brady, ventricular premature beats and non- sustained VT) of 133 patients (i.e. brady 17%, tachy 8%)	a) 22/32 = 69% b) none c) 22/32 = 69%

3.5 Exercise testing for arrhythmia review

3.5.1 **Diagnostic Test: exercise test**

Study	Participant	Diagnostic tests
Boudoulas 1979 non-randomised comparative study; study held in USA. Setting: Cardiology. Funding: National Institutes of Health and Central Ohio Heart Chapter of the American Heart Association	TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test. syncope or presyncope (dizziness ot lightheadedness) Definition of TLoC: syncope or presyncope (dizziness or lightheadedness). Inclusion criteria: patients with syncope or presyncope (dizziness ot lightheadedness). Exclusion criteria: obvious cause of syncope on resting ECG. Patient characteristics: age: mean around 51 years; sex: 53% male; All patients with existing heart disease (all had cardiovascular disorders); TLoC history: not stated Comorbidities: not stated. Other details: patients with syncope or presyncope (dizziness or lightheadedness) Other study comments: 2 tests within 1 week; exercise test as index test versus ambulatory monitoring as reference standard	Index test: maximum multistage treadmill exercise test Bruce protocol; time: 24 hours (n=119) Reference standard: 24 hour ambulatory heart rate recording (Avionics Electrocardiocorder Model 400); automatic recording of all ECG; diary for symptoms; time 1 day(n=119) for Target Condition/Outcome: dysrhythmia
Colivicchi 2002 non-randomised comparative study; study held in Italy. Setting: Syncope unit. Cardiology/sports science. Funding: not stated	TLoC population: Prior tests: All patients had at least 1 prior test. echo, 24 hour ECG, exercise test, EPS tilt test Definition of TLoC: exercise-related syncope: sudden transient loss of consciousness with inability to maintain postural tone and spontaneous recovery. Inclusion criteria: highly trained athletes with at least 2 witnessed episodes of syncope during or immediately after exercise in last 6 months. Exclusion criteria: none. Patient characteristics: age: mean age 21.4 (3.2) years); sex: 61% female; no patients with existing heart disease (no major cardiac abnormality on 12 lead ECG or echo); TLoC history: mean 4.66 spells before evaluation Comorbidities: none stated. Other details: athletes referred for recurrent unexplained episodes of exercise-related syncope Other study comments: case series	Index test: Exercise tolerance testing; Bruce protocol; time: 1 day (n=33) Comparator test: morning; fasting; 60 degrees for 30 minutes; if negative, 1.25mg isosorbide dinitrate sublingually and tilt for 15 minutes; time: 1 day (n=33). for Target Condition/Outcome: diagnosis

diagnostic test accuracy study; study held in Japan. Setting: Department of Internal Medicine.

Doi 2002

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: fasting; morning; modified rapid normal. Prior tests: ---.

unexplained syncope; cardiovascular and cerebrovascular disease excluded by 12 lead ECG, echo, CT

Definition of TLoC: not defined.

Inclusion criteria: syncope during exercise (n=18) or exercise-unrelated

syncope (n=26).

Exclusion criteria: organic heart disease, thyroid dysfunction, paroxysmal atrial Funding: not stated flutter-fibrillation.

> Patient characteristics: age: patients: mean age 46 (19) years, range 13 to 79 years; controls: mean age 42 (18), 13 to 79 years; sex: patients: 59% male;

> controls 60% female; no patients with existing heart disease (no cardiovascular disease); TLoC history: syncope during exercise (n=18) or

exercise-unrelated syncope (n=26); mean number of spells around 3

Comorbidities: 4 patients had impaired glucose tolerance test; 4 had untreated hypertension. Other details: see below

Other study comments: case series; 44 patients and 20 control subjects

protocol: exercise of submaximal intensity for 3 minutes after each 1 minute step-up period; abrupt cessation without cool down; 10 minutes standing at end; time: 1 day (n=64) Reference standard: patients versus controls for Target Condition/Outcome: diagnosis

3.6 Tilt table for NMS review

3.6.1 Included studies table

Study

Aerts 1997 case control study; study held in Belgium. Setting: Cardiology. two hospital cardiology departments.

Funding: not stated

Participant

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. history of typical vasovagal syncope; other causes excluded by ECG, BP, CSM, routine laboratory tests, CT, EEG, 24 hour Holter Definition of TLoC: syncope preceded by provocative stimuli (stress, overcrowding, fatigue, illness, pain, blood) with prodrome (nausea, sweating, palpitations, pallor) with complete spontaneous recovery of consciousness and symptoms.

Inclusion criteria: 32 patients with a history of typical vasovagal syncope + 20 healthy volunteers.

Exclusion criteria: other causes of syncope (cardiac/ neurological). Patient characteristics: age: mean age 43 (21) years, range 16 to 87 years; sex: 63% male; Unclear/not stated with existing heart disease (not stated); TLoC history: mean 3 episodes, range 1-20 episodes (not stated over what time period)

Comorbidities: not stated. Other details: see below

Other study comments: 32 patients + 20 healthy volunteers (16 men + 4 women) who had never had syncope; mean age 27 (4) years; range 22 to 38 years

Diagnostic tests

Index test: supine 10 minutes; raised to 70 degrees for up to 45 minutes; if negative, isosorbide dinitrate 5mg sublingually; further 15 minutes tilt; time: maximum 70 minutes

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope; comparison of classic HUT and HUT-ISO (but only done once)

Aerts 1999 case control study; study held in Belgium.

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. history of typical vasovagal syncope

Definition of TLoC: TLOC with spontaneous recovery (awareness of imminent 1microg/kg/min; dose increased by

Setting: Cardiology. syncope or loss of postural control; syncope erect or sitting;

prodrome of nausea, sweating, visual dimming; precipitating anxiety,

cardiology departments at 3 pain, mental stress; lightheadedness; rapid recovery with recumbency).

hospitals. Funding: not stated

Inclusion criteria: 20 patients with a history of typical vasovagal syncope +23 healthy volunteers (no syncope). Exclusion criteria: other causes of syncope (by neurological examination, CSM,

BP, 12 lead ECG, routine laboratory tests, 24 hour Holter, echo, CT, EEG); cardiovascular or vasodilating drugs.

Patient characteristics: age: patients mean age 41 (15) years; controls 25 (5) years (p<0.001); sex: patients: 50% male; controls 65% male (NS); Unclear/not

stated with existing heart disease (not stated); TLoC history: mean 4 episodes, range 1 to 20 (not stated over what time period)

Comorbidities: not stated. Other details: see below Other study comments: 20 patients + 23 healthy controls Index test: between 9am and noon after overnight fast; 10 minutes supine; continuous IV infusion of isosorbide dinitrate 1microg/kg/min every 5 minutes to maximum of 6microg/kg/min; tilt at 70 degrees for maximum of 30 minutes; time: maximum 40 minutes (n=43)

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Aerts 2005 case control study; study held in Belgium, The Netherlands. Setting: Cardiology. multinational. Funding: not stated

Participant

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. 12-lead ECG, routine laboratory tests, CT, Doppler flow of neck vessels, 24 hour Holter, echo EEG

Definition of TLoC: syncope provoked by emotional and orthstatic stress; situational (micturition, defecation, swallowing); prodrome (warmth, nausea, sweating, visual dimming, lightheadedness); symptom relief with recumbence. for Target Condition/Outcome: vasovagal Inclusion criteria: physical and neurological examination normal. Exclusion criteria: carotid sinus hypersensitivity, orthostatic hypotension;

cardiovascular or vasoactive drugs. Patient characteristics: age: mean age of patients 46 (19) years, range 16 to 78 years; controls 26 (6) years, range 20 to 40 year; sex: patients: 56% female; controls 83% male; no patients with existing heart disease (none); TLoC history: not stated

Comorbidities: not stated. Other details: 43 patients with typical history of vasovagal syncope + 18 controls.

Other study comments: 43 patients with typical history of vasovagal syncope+18 healthy controls; reproducibility of 2nd tilt 16 (12) days after 1st tilt: positive test (patients and controls) reproduced 100%; reproducibility of negative test 50% in patients and 93% in controls

Diagnostic tests

Index test: between 9am and noon; fasting at least 4 hours; 10 minutes supine; tilt to 70 degrees for 30 minutes; if negative, 5mg isosorbide dinitrate for 15 minutes; time: maximum 55 minutes (n=61) Reference standard: patients versus controls

Aerts 2005b case control study; study held in Belgium, The Netherlands. Setting: Cardiology. Multinational. Funding: not stated

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. clinically suspected vasovagal syncope

Definition of TLoC: At least 1 of: awareness of imminent syncope, loss of postural control; occurs in erect or sitting position; prodrome (warmth, nausea, sweating, visual dimming, precipitating anxiety of pain, mental stress, lightheadedness); rapid recovery with recumbency.

Inclusion criteria: clinically suspected vasovagal syncope.

Exclusion criteria: other causes of syncope (by neurological examination, CSM, BP, 12 lead ECG, routine laboratory tests, 24 hour Holter, echo, CT, EEG); cardiovascular or vasodilating drugs.

Patient characteristics: age: patients: mean age 46 (16) years; control 40 (18) years; sex: patients: 53% male; control 52% male; no patients with existing heart disease (none); TLoC history: mean 3 spells (range 1-10; not stated over what time period)

Comorbidities: not stated. Other details: see below Other study comments: 38 patients + 31 controls

Index test: HUT-GTN: between 9am and noon after overnight fast; no passive tilt phase; directly after attaining 70 degrees, 0.4mg nitroglycerin spray sublingually; maximum 30 minutes; time: maximum 30 minutes (n=69) Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Almquist 1989 case control study; study held in USA. Setting: Department of Medicine. Funding: American Heart Association; Education ministry of China; Minnesota

Medical Foundation

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. 12-lead ECG, ambulatory ECG, neurological evaluation (could include CT and/or EEG)

Definition of TLoC: not defined.

Inclusion criteria: at least 3 episodes of unexplained syncope or presyncope. Exclusion criteria: excessive obesity, haematologic or biochemical abnormality, drugs predisposing to orthostatic hypotension; left ventricular dysfunction (LVEF below 45%); contraindications to isoproterenol.

Patient characteristics: age: patients 14 to 80 years; controls 13 tp 70 years; gender 54% male; controls 72% male; some patients with existing heart disease (21% had heart disease); TLoC history: at least 3

episodes of unexplained syncope or presyncope (no further details)

Comorbidities: not stated.

Other study comments: 24 patients with recurrent syncope and 18 controls without syncope referred for assessment of ventricular or supraventricular tachycardia

Index test: 80 degrees for maximum of 10 minutes; if negative, supine with IV isoproterenol 1microg/min for 5 minutes; 80 degree tilt for maximum of 10 minutes; if negative, repeated with graded infusion rates up to 5microg/min; time: maximum not stated

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Participant

Aslan 2002 case control study; study held in Turkey. TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: supine rest 20-30 minutes; tilt to 80 normal. Prior tests: All patients had at least 1 prior test.

unexplained syncope after CSM, BP, routine biochemical and haematological tests, 12 lead ECG, echo, neurological evaluation, exercise tests, 24 hour

Setting: Cardiology. Holter, EPS, angiography

Definition of TLoC: sudden and transient loss of consciousness and upright

Funding: not stated posture.

Inclusion criteria: unexplained syncope.

Exclusion criteria: none.

Patient characteristics: age: mean age 45.4 (18) years; sex: 51% male; no patients

with existing heart disease (none); TLoC history: median 3

episodes in last year (range 1 to 12 episodes) Comorbidities: not stated. Other details: see below

Other study comments: 18 controls mean age 45.8 (12) years, no syncope/presyncope/ heart disease/disease known to cause autonomic dysfunction. 1st 25 patients tested again after 1-4 weeks; if passive -ve, isoproterenol 1 and 3 microg/min and 80 degree tilt for 10 minutes

Diagnostic tests

degrees for 30 minutes; if negative, 2.5mg sublingual isosorbide dinitrate for additional 15 minutes; time: maximum 75 minutes (n=61)

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Athanasos 2003 case control study; study held in Australia. Setting: Clinical and

experimental

pharmacology. Funding: not stated TLoC population: unclear/not stated. Prior tests: Unclear or Not stated. syncope of undetermined origin Definition of TLoC: sudden, transient loss of consciousness due to decreased cerebral blood flow.

Inclusion criteria: referred for HUT because of syncope of unknown origin.

Exclusion criteria: not stated. Patient characteristics: age: patients mean age 39 (13) years; controls 32 (9); sex: vasovagal syncope

patients: 54% female; controls: 54% male; Unclear/not stated with existing

heart disease (not stated); TLoC history: not stated

Comorbidities: not stated. Other details: referred for HUT because of syncope

of unknown origin

Other study comments: 13 patients + 13 asymptomatic controls with no syncope

history

Bartoletti 1999 RCT; study held in Italy.

Setting: Cardiology. cardiology several hospitals.

Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: between 8.30 and 11.30 am; normal. Prior tests: All patients had at least 1 prior test. unexplained syncope

Definition of TLoC: sudden transient loss of consciousness and loss of postural spray 0.4mg and further 20 minutes; time: tone and spontaneous recovery.

Inclusion criteria: patients with unexplained syncope.

Exclusion criteria: not stated.

Patient characteristics: age: mean age 55 (22) years; sex: 61% female; some patients with existing heart disease (coronary heart disease 6%); TLoC history: median number of episodes 3 (range 1-100); median

duration 24 months (range 1-680)

Comorbidities: 18% had arterial hypertension. Other details: see below Other study comments: all patients underwent both tests in randomised sequence with 24 to 72 hour interval

Index test: HUT-GTN: Raviele protocol except glyceryl trinitrate for 15 not 25 minutes; time: total duration not stated (n=26)

Reference standard: patients versus controls for Target Condition/Outcome: diagnosis;

Raviele method: passive 60 degrees for 45 minutes; if negative, sublingual nitroglycerin maximum duration 65 minutes (n=84) Comparator test: between 8.30 and 11.30 am; accelerated HUT-GTN method: passive 60 degrees for 5 minutes; if negative, sublingual nitroglycerin spray 0.4mg and further 20 minutes; time: maximum duration 25 minutes

for Target Condition/Outcome: vasovagal syncope

Benchimol 2008 case control study; study held in Brazil.

Setting: unclear. University hospital, department not stated. Funding: none

Participant

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. ECG and echo normal or showed no association with symptoms Definition of TLoC: non-convulsive faints or unexplained falls (drop attacks). Inclusion criteria: patients referred for investigation of non-convulsive faints or unexplained falls of which 1st episode several months before.

Exclusion criteria: carotid murmur, CVA or acute MI in previous 6 months or history of severe ventricular arrhythmia.

Patient characteristics: age: mean 50 (24) years (range 10-96 years); sex: 66% female; Unclear/not stated with existing heart disease (not stated);

TLoC history: 1st episode mean of 53 (100) months before Comorbidities: not stated. Other details: see below

Other study comments: 55 "controls" no history of seizures, faints or falls; mean age 57 (21) years, range 16-88 years. 3rd part: HUTT patients versus controls

DTA; results not given for passive phase

Diagnostic tests

Index test: 2-5pm after 12 hour fast; 1.25mg isosorbide dinitrate; time: passive 25 mins; sensitised 25 mins (n=259)

Reference standard: patients versus controls Comparator test: 2-5pm after 12 hour fast; 1.25mg isosorbide dinitrate; time: passive 25 mins; sensitised 25 mins (n=55). for Target Condition/Outcome: HUTT positive if symptoms occurred due to hypotension, bradycardia or both

Brignole 1991 case control study; study held in Italy. Setting: Cardiology. referred from ED or inpatient service or ambulatory program. Funding: not stated

TLoC population: unclear/not stated. Prior tests: All patients had at least 1 prior test.

syncope of uncertain origin despite neurological examination, laboratory tests, 12 lead ECG, 24 hour monitoring, chest x-ray, echo (+ where indicated strress test, EEG, Doppler, CT, cardiac catheter, EPS, arteriography) Definition of TLoC: not defined.

Exclusion criteria: postural hypotension, conversion reaction, seizure, TIA, subclavian steal, drug-induced syncope, aortic stenosis, pulmonary HT, hypertrophic cardiomyopathy, dysrhythmia.

Patient characteristics: age: patients: mean age 60 (18); controls 60 (17); sex: patients: 54% men; controls 57% male; some patients with existing heart disease (39% had structural heart disease); TLoC history: not stated

Other study comments: 100 patients+ 25 healthy controls without syncope or presyncope matched on age and gender

Index test: 8 am to noon; non-fasting; 10 minutes supine; 60 degrees for 60 minutes; time: maximum 70 minutes (n=100) Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Carlioz 1997 non-randomised comparative study; study held in France.

Setting: Cardiology.

Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: patients not necessarily fasting; 10 normal. Prior tests: All patients had at least 1 prior test. blood test, carotid sinus massage, BP, 12 lead ECG, 24 hour ambulatory ECG,

echo, exercise test, neurological examination

Definition of TLoC: Syncope: transient loss of consciousness appearing suddenly or preceded by short prodromes (less than 10 seconds) with loss of postural tone and spontaneous recovery without therapeutic intervention. Inclusion criteria: young adults (under 30 years); at least 1 episode of syncope of unknown cause.

Exclusion criteria: not stated.

Patient characteristics: age: patients: mean age 20.9 (1.7) years; controls: 22.6 (2.7); sex: 98% male; Unclear/not stated with existing heart disease (not stated);

TLoC history: mean 3.8 (1.6) unexplained losses of consciousness (not stated over what time period) Comorbidities: not stated. Other details: see below

Other study comments: 76 patients + 35 volunteers (no syncope, lipothymia, cardiopathy or other underlying disease); 1st batch of patients/controls had passive HUT; 2nd batch had HUT-ISO

minutes horizontal; passive tilt 60 degrees for 45 minutes; time: maximum 55 minutes (n=65)

Reference standard: patients versus controls Comparator test: 10 minutes horizontal; 30 minutes passive tilt at 60 degrees; horizontal 5 minutes with 2microg/min isoproterenol; 60 degrees for 10 minutes; horizontal 5 minutes; then 5 microg/min isoproterenol; 60 degrees 10 minutes; time: maximum 70 minutes (n=46).

for Target Condition/Outcome: vasovagal syncope

Del Rosso 1998 case control study; study held in Italy. Setting: Cardiology. Cardiology, internal medicine, Arrhythmology departments at hospitals.

Funding: not stated

dy Participant

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: HUT-GTN: after overnight fast, normal. Prior tests: All patients had at least 1 prior test. between 8.30 and 10.30 am; 10 minutes unexplained syncope after ECG, carotid sinus massage (ambulatory 24 hour supine; 60 degrees for 20 minutes; if negati

unexplained syncope after ECG, carotid sinus massage (ambulatory 24 hour ECG, echo, EPS, EEG, CT as indicated)

Definition of TLoC: sudden transient loss of consciousness with inability to maintain postural tone and spontaneous recovery.

Inclusion criteria: unexplained syncope.

Exclusion criteria: structural heart disease, sick sinus syndrome,

intraventricular conduction disturbance, orthostatic hypotension, chronic and

paradoxical atrial fibrillation, permanent pacemaker

Patient characteristics: age: patients: mean age 49 (19) years, range 8 to 85 years; controls 45 (17) years, range 18 to 82 years; sex: 56% female; no patients with

existing heart disease (excluded); TLoC history: mean 4 (5) episodes;

mean duration of symptoms 62 (118) months

Comorbidities: 12% arterial hypertension. Other details: see below

Other study comments: case series: 202 patients with unexplained syncope + 34 controls (no history of syncope or presyncope or structural heart disease)

Del Rosso 2002 case control study; study held in Italy.

Setting: Syncope unit. syncope units in secondary and tertiary hospitals. Funding: not stated TLoC population: patients with a history of recurrent syncope but 12-lead ECG normal. Prior tests: All patients had at least 1 prior test. unexplained syncope after BP, ECG, carotid sinus massage ambulatory 24 hour ECG, echo, EPS, EEG, CT where necessary)

Definition of TLoC: sudden transient loss of consciousness with inability to maintain postural tone and spontaneous recovery.

Inclusion criteria: referred from emergency room or from outpatients to syncope unit of the cardiology or geriatric medicine divisions at 3 hospitals. Exclusion criteria: organic heart disease, sick sinus syndrome, orthostatic hypotension, carotid sinus syndrome, chronic and paroxysmal atrial fibrillation, permanent pacemakers, intraventricular conduction defects.

Patient characteristics: age: 100 aged 65 or more (mean 73 (6) yr) + 224 under 65 yr (mean 41 (15) yr); sex: patients and controls 55% female; no patients with existing heart disease (excluded); TLoC history: mean 4 (5) episodes in each age band; mean duration 95 (195) months in older and 82 (136) months in younger group. Comorbidities: 11% arterial hypertension.

Other study comments: 324 patients + 64 controls (29 aged 65 years or more, mean 73 (6); 35 under 65 years (42 (13)); no history of syncope or presyncope

Diagnostic tests

Index test: HUT-GTN: after overnight fast, between 8.30 and 10.30 am; 10 minutes supine; 60 degrees for 20 minutes; if negative, sublingual nitroglycerin 400 microg and 25 more minutes; time: maxumum 55 minutes (n=236)

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal 4

syncope

Index test: HUT-GTN: between 8.30 and 10.30 am; supine 10 minutes; 60 degrees for 20 minutes; if negative, sublingual GTN 400 microg and further 15 minutes; time: maximum 45 minutes (n=388)

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Doi 2002 diagnostic test accuracy study; study held in Japan. Setting: Department

of Internal Medicine.

TLoC population: patients with a history of recurrent syncope but 12-lead ECG normal.

unexplained syncope; cardiovascular and cerebrovascular disease excluded by 12 lead ECG, echo. CT

Definition of TLoC: not defined.

Inclusion criteria: syncope during exercise (n=18) or exercise-unrelated syncope (n=26).

syncope (n=26).

Funding: not stated Exclusion criteria: organic heart disease, thyroid dysfunction,

paroxysmal atrial flutter-fibrillation. Patient characteristics: age: mean age 46 (19) years, range 13 to 79 years; sex:

59% male; no patients with existing heart disease (no cardiovascular disease); TLoC history: syncope during exercise (n=18; excluded) or

exercise-unrelated syncope (n=26); mean number of spells 2.9 (1.8); range 1 to 8 over mean 6.4 years (mean age of onset 40.3 years; mean age at study start

46.7 years)

Comorbidities: 4 patients had impaired glucose tolerance test; 4 had untreated

hypertension. Other details: see below

Other study comments: case series; 20 control subjects (60% female; mean age 42 (18) years, range 13 to 79 years)

Confidential

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Index test: fasting; morning; 10 minutes rest; 80 degrees for 30 minutes; if negative 0.01-0.02microg/kg/min isoproterenol; increased 0.005microg every 5 minutes; total duration 45 minutes; time: maximum 45 minutes (n=44)

Reference standard: patients versus controls for Target Condition/Outcome: diagnosis

Englund 1997 case control study; study held in Sweden. Setting: Hospital several departments. cardiology, medicine. Funding: Swedish Heart and Lung Foundation;

Karolinska Institute

Participant

TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

patients with bifascicular block and unexplained syncope after extensive invasive and non-invasive EPS investigation; exercise test, echo, 24 hour ambulatory ECG, carotid sinus massage

Definition of TLoC: syncope or severe presyncope (lightheadedness plus at least 1 of: partial loss of postural tone, decreased vision, slow response to verbal stimuli, nausea) plus marked hypotension or bradycardia.

Inclusion criteria: patients with bifascicular block (left bundle branch block or right bundle branch block with left anterior or posterior fascicular block) and unexplained syncope.

Exclusion criteria: not stated.

Patient characteristics: age: in table not supplied with paper; sex: in table not supplied with paper; All patients with existing heart disease (bifascicular block); TLoC history: not stated

Comorbidities: not stated.

Other study comments: 25 patients with bifascicular block and unexplained syncope + 25 controls with bifascicular block without syncope or dizzy spells

(Westminster protocol); time: (n=50) Reference standard: patients versus controls for Target Condition/Outcome: vasovagal

Index test: after 4 hours fasting; 10 minutes

supine; 60 degrees for 45 minutes

Diagnostic tests

Fitzpatrick 1991 case control study; study held in UK. Setting: Cardiology.

Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: between 9am and noon after normal. Prior tests: All patients had at least 1 prior test.

recurrent unexplained syncope after surface ECG, 24 hour Holter, limited EPS Definition of TLoC: not defined.

Inclusion criteria: 2 or more episodes of syncope; normal cardiovascular and neurological assessment; non-invasive investigations (surface ECG, 24 hour Holter) did not suggest diagnosis; normal limited EPS.

Exclusion criteria: not stated.

Patient characteristics: age: Patients: mean age 69 (10) years; controls: 64 (12); sex:: 58% male; controls 56% male; some patients with existing heart disease (3 had mild hypertension; 2 had mild stable angina); TLoC history: not stated

Comorbidities: not stated. Other details: see below

Other study comments: 71 patients + 27 symptom-free controls (no history of syncope)

overnight fast; 60 degrees for 60 minutes; time: maximum 60 minutes (n=98) Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Gielerak 2002 case control study; study held in Poland.

Setting: Hospital several departments. internal medicine and cardiology. Funding: not stated

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. syncope of unknown origin after echo, 12 lead ECG, 24 hour Holter and signal- 60 degrees for 45 minutes; time: maximum 60 averaged ECG, neurological examination (and in patients over 45 years Doppler ultrasound of carotid arteries), carotid sinus massage, laboratory tests Reference standard: patients versus controls Definition of TLoC: not defined.

Inclusion criteria: at least 2 syncopal episodes in last 6 months. Exclusion criteria: organic heart disease; abnormalities on echo, 12 lead ECG,

24 hour Holter and signal-averaged ECG, neurological examination (and in patients over 45 years Doppler ultrasound of carotid arteries), carotid sinus massage, laboratory tests.

Patient characteristics: age: patients: mean age 34.8 (15.8) years, range 18 to 72 years; controls 33.7 (15.3), 18 to 69 years; sex: patients: 55% female; controls 58% male; no patients with existing heart disease (excluded);

TLoC history: at least 2 syncopal episodes in last 6 months, mean 4.7 (3.5), range 2 to 14 in last 6 months

Comorbidities: not stated. Other details: see below

Other study comments: case series: 40 patients + 24 healthy age-sex matched controls

Index test: Westminster protocol: overnight fast; between 9 and 11 am; supine 15 minutes; minutes (n=64)

for Target Condition/Outcome: vasovagal syncope

Gilligan 1992 case control study; study held in UK. Setting: Cardiology. department of medicine (clinical cardiology). Funding: not stated

Participant

TLoC population: unclear/not stated. Prior tests: All patients had at least 1 prior test.

patients with hypertrophic cardiomyopathy who had had echo, 48 hour Holter Definition of TLoC: sudden episode of loss of consciousness with spontaneous

Inclusion criteria: hypertrophic cardiomyopathy and syncope. Exclusion criteria: age below 18 or over 70 years; overt heart failure; uncontrolled cardiac arrhythmia; severe mitral regurgitation; difficult echo; withdrawal of medication unacceptable; coronary artery disease; MI; other major systemic disease.

Patient characteristics: age: mean age 48 (14) years, range 18 to 70 years; sex: 56% female; All patients with existing heart disease (hypertrophic cardiomyopathy); TLoC history: syncope in last 5 years Comorbidities: not stated. Other details: see below

Other study comments: case series: 17 patients with hypertrophic cardiomyopathy and syncope + 19 controls (HCM but not syncope)

Diagnostic tests

Index test: 30 mins supine; 30 degrees for 2 mins; 60 degrees for 45 mins; if negative, supine 15 mins; isoprenaline 1microg/min for $5\ mins; 30\ degrees$ for 30s and 60 degrees for 10 mins; 5 mins supine; 2microg/min tilt 10 min; 5 mins supine; 4microg/min tilt 10 min; time: maximum duration 135 minutes (n=36) Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Graham 2001 RCT; study held in UK.

Setting: Cardiology. cardiovascular investigation unit. Funding: Northern and Yorkshire Research and Development Health Services Research Committee

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: HUT-GTN: supine 10 minutes; normal. Prior tests: All patients had at least 1 prior test.

unexplained syncope after 12 lead ECG, supine and upright carotid sinus massage, 24 hour Holter, 24 hour ambulatory BP (EEG, echo, CT brain an dexercsie test if indicated)

Definition of TLoC: not defined.

Inclusion criteria: patients with unexplained syncope referred to regional syncope facility; more than 2 episodes in previous year.

Exclusion criteria: uncontrolled hypertension (190/100), tachyarrhythmia, recent MI, angina requiring more than occasional use of nitrate, cerebrovascular events.

Patient characteristics: age: mean age 50 years (range 16 to 87 years); sex: 66% female; Unclear/not stated with existing heart disease (not stated);

TLoC history: more than 2 episodes in previous year

Comorbidities: not stated.

Other study comments: case series of 48 patients + 14 healthy controls (no syncope or presyncope in past 5 years, no medication, normal ECG) who had glyceryl trinitrate tilt and isoprenaline tilt 1 week apart in random order if passive HUT negative

for Target Condition/Outcome: vasovagal

Graham 2001 case control study; study held in UK. Setting: Cardiology. cardiovascular investigation unit. Funding: Northern and Yorkshire Research and Development Health

Services Research

Committee

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: between 2 and 4pm; fasting; supine normal. Prior tests: All patients had at least 1 prior test.

unexplained syncope after 12 lead ECG, supine and upright carotid sinus massage, 24 hour Holter, 24 hour ambulatory BP (EEG, echo, CT brain and exercsie test if indicated)

Definition of TLoC: not defined.

Inclusion criteria: patients with unexplained syncope referred to regional

syncope facility; more than 2 episodes in previous year. Exclusion criteria: uncontrolled hypertension (190/100), tachyarrhythmia,

recent MI, angina requiring more than occasional use of nitrate, cerebrovascular

events.

Patient characteristics: age: patients: mean age 50 years (range 16 to 87 years); controls: mean 44 (20) years; sex: patients: 66% female; controls: 54% female;

Unclear/not stated with existing heart disease (not stated);

TLoC history: median syncope frequency 1 per week (not stated how long for)

Comorbidities: not stated. Other details: see below Other study comments: 88 patients + 26 controls

glyceryl trinitrate 800microg sublingually; 70 degrees 25 minutes; time: maximum duration 35 minutes (n=62)

Reference standard: patients versus controls Comparator test: HUT-ISO: supine 5 mins; 70 degrees 5 mins; isoprenaline 1microg/min for 5 mins supine and 5 mins at 70 degrees; 2 min supine; 3microg/min for 5 mins supine and 5 mins at 70 degrees; 2 mins supine; 5microg/min for 5 mins supine and 5 mins at 70 degrees; time: maximum duration 44 minutes (n=62).

syncope

10 minutes; 70 degrees 40 minutes; time:

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Grubb 1991b case control study; study held in USA. Setting: Cardiology. cardiology. Funding: not stated

Participant

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: fasting; 80 degrees for 30 minutes; normal. Prior tests: All patients had at least 1 prior test. recurrent unexplained syncope despite 12 lead ECG, ambulatory ECG, exercise test, echo, neurological examination including EEG and CT (some also had

Definition of TLoC: not defined.

Inclusion criteria: at least 2 episodes in preceding 6 months.

Exclusion criteria: not stated.

Patient characteristics: age: patients: mean age 50 (16) years, range 13 to 80 years; controls: mean 37 years; sex:: 56% male; controls: 67% male; some patients with existing heart disease (5 had organic heart disease); TLoC history: total number of episodes ranged from 2 to 9; at least 2 episodes in preceding 6 months

Comorbidities: not stated. Other details: see below

Other study comments: 25 patients + 6 controls (no history of syncope)

Grubb 1992b case control study; study held in USA. Setting: Cardiology.

electrophysiology

university hospital.

Funding: not stated

laboratory of

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: fasting; HUT 30 minutes at 80 normal. Prior tests: All patients had at least 1 prior test. elderly patients with recurrent idiopathic syncope; prior tests, BP, 12 lead ECG, isoproterenol 1microg/min and tilt for 30 exercise test, echo, ambulatory ECG, neurological exam including EEG and CT or MRI brain; CSM; some also had angiography, EPS Definition of TLoC: transient loss of consciousness and postural tone. Inclusion criteria: At least 2 syncopal episodes in previous 6 months; cause unknown despite tests.

Exclusion criteria: not stated.

Patient characteristics: age: patients unexplained: mean 73 (6) yr (range 65 to 89 yr); controls other syncope: mean 70 (4) years; sex: patients: 56% female; controls: 57% male; some patients with existing heart disease (5 had IHD; 2 had mitral valve prolapse (of 25)); history of TLoC: at least 2 syncopal episodes in previous 6 months; mean of 3.4 (1.5) episodes in all (not stated over what time period)

Comorbidities: not stated. Other details: At least 2 syncopal episodes in previous 6 months; cause unknown despite tests

Other study comments: 25 patients with recurrent unexplained syncope + 7 controls with other causes of syncope

Herrmosillo 2000 case control study; study held in

Mexico. Setting: department of electrophysiology and division of clinical research. Funding: not stated

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. history of neurocardiogenic syncope

Definition of TLoC: neurocardiogenic syncope: loss of consciousness occurring while standing; related to unpleasant, frightening or painful events; with weakness, sweating, pallor, palpitations, warmth, nausea, abnormal vision; recovery within seconds of supine rest.

Inclusion criteria: typical history of neurocardiogenic syncope with recent episodes (at least 2 episodes in last 6 months).

Exclusion criteria: structural heart disease, sick sinus syndrome, intraventricular conduction disturbance, orthgostatic hypotension, chronic and paroxysmal atrial fibrillation, pacemaker.

Patient characteristics: age: patients: mean 32.7 (14.8), range 15 to 77 years; controls: mean 32 (2), 25 to 70 years; sex: 74% female; 64% female; no patients with existing heart disease (excluded); TLoC history: median 5 episodes, range 2 to 25 in the last 6 months.

Comorbidities: not stated. Other details: other causes of sycope excluded by carotid sinus massage, BP, 12 lead ECG, ambulatory monitoring (EEG and CT brain when neurological disease suspected),

Other study comments: 120 patients and 50 controls (healthy volunteers)

Diagnostic tests

if negative, supine 5 minutes, IV isoproterenol 1microg/min 5 minutes; 80 degrees for 30 minutes; repeated with 2microg/min and 3microg/min; time: maximum duration 150 minutes (n=31) Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

degrees, if negative, 5 minutes supine, minutes, repeated at 2microg/min and 3microg/min; time: maximum 135 minutes

for Target Condition/Outcome: vasovagal syncope: bradycardia and/or hypotension on tilt test associated with LOC

Index test: overnight fast; between 9 and 11am; 10 minutes supine; 70 degrees for 30 minutes; if negative, 30 minutes supine; isoproterenol 4microg/min for 10 minutes; 30 minutes supine; isosorbide dinitrate 5mg sublingual and tilt for 12 minutes; time: maximum duration 122 minutes (n=170) Reference standard: patients versus controls for Target Condition/Outcome:

neurocardiogenic syncope

Lagi 1992 case control study; study held in Italy. Setting: Hospital several departments. internal medicine and neurology. Funding: not stated

Participant

TLoC population: patients with suspected neurally mediated syncope but 12-lead ECG normal. Prior tests: All patients had at least 1 prior test. previous discharge diagnosis of recurrent vasodepressor syncope Definition of TLoC: diagnosis based on prodrome, short duration of LOC, recovery on lying in less than 5 minutes without neurological sequelae, triggers (e.g. pain), normal 24 hour ECG and carotid sinus massage, no orthostatic hypotension.

Inclusion criteria: at least 3 episodes of vasodepressor syncope (by above definition); at least 2 episodes of loss of consciousness after standing still for at least 10 minutes.

Exclusion criteria: neurological, cardiovascular, metabolic or endocrine disorder, alcohol abuse, smoking, physical/neurological abnormality on examination

Patient characteristics: age: patients: mean age 47 years, range 22 to 70 years; controls: mean 42 years, range 18 to 67 years; sex: patients 56% female; controls 58% male; no patients with existing heart disease (excluded); TLoC history: at least 3 episodes of vasodepressor syncope in last 4 years Comorbidities: not stated. Other details: see below

Other study comments: case series: 72 patients + 71 healthy volunteers

Diagnostic tests

Index test: overnight fast; late morning after at least 2 hours rest; 60 degrees; duration not stated; time: duration not stated (n=143)
Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Lazzeri 2000 case control study; study held in Italy. Setting: Hospital several departments. internal medicine

Funding: not stated

TLoC population: patients with suspected neurally mediated syncope but 12-lead ECG normal. Prior tests: All patients had at least 1 prior test. unexplained syncope referred for HUT

Definition of TLoC: loss of consciousness not explained by history, examination, carotid sinus massage, BP, chest x-ray, exercise test, neurological examination and echocardiography.

Inclusion criteria: at least 1 episode of unexplained syncope in last 6 months. Exclusion criteria: heart failure, diabetes, neuropathy, coronary heart disease, arterial hypertension, other disease that could account for syncope, abnormal urinalysis or blood tests or ECG or echo.

Patient characteristics: age: patients: mean age 35 (3) years, range 15 to 60 years; controls 36 (4), 15 to 60 years; sex: patients: 50% male; controls 55% male; no patients with existing heart disease (excluded); TLoC history: at least 1 episode of unexplained syncope in last 6 months

Comorbidities: not stated. Other details: see below

Other study comments: 44 patients with syncope + 20 healthy age and gendermatched controls (no syncope, presyncope or history of hypertension, cardiovascular, renal, respiratory, hepatic or metabolic disease

Micieli 1999 case control study; study held in Italy. Setting: Department of neurology.

Funding: not stated

TLoC population: patients with suspected neurally mediated syncope but 12-lead ECG normal. Prior tests: All patients had at least 1 prior test. minutes 60 deg syncope of unknown aetiology after neurological and cardiological evaluation, blood tests, 12 lead ECG, Holter, psychological evaluation 180 and 240 minutes 180 and 24

Exclusion criteria: medical/neurological disease liable to alter BP control, cardiac disease, hypertension, migraine, intolerance to bromocriptine, inability or refusal to consent.

Patient characteristics: age: mean age 33 years; range 18 to 59 years for patients and 20 to 55 years for controls; sex: 56% female; no patients with existing heart disease (excluded); TLoC history: mean of 3 episodes in last 6 months

Comorbidities: not stated. Other study comments: 23 patients and 23 controls (no syncope or presyncope) matched by age (+/- 5 years) and gender

Index test: overnight fast; between 8 and 11am; supine 30 minutes; 60 degrees for 45 minutes; time: maximum duration 75 minutes (n=64)

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Index test: fasting; 9am; 10 minutes supine; 10 minutes 60 degrees; 10 minutes supine; performed in abseline condition and 60, 120, 180 and 240 minutes after bromocriptine 2.5mg orally; time: maximum duration 270 minutes (n=46)

Reference standard: patients versus controls for Target Condition/Outcome: vasodepression by dopamine in neurally mediated syncope

Mittal 2004 case control study; study held in USA. Setting: Cardiology. cardiology. Funding: National Institutes of Health, Rosenfeld Foundation, Michael Wolk Foundation, American Heart Association, Maurice and Corinne Greenberg Arrhythmia Research Grant, Raymond and Beverly Sackler Foundation, New

Participant

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. unexplained syncope after appropriate medical/neurological evaluation Definition of TLoC: syncope: transient loss of consciousness. Inclusion criteria: unexplained syncope. Exclusion criteria: presyncope only; on beta-blockers or SSRIs, pacemaker, implantable defibrillator, asthma, orthostatic intolerance or hypotension. Patient characteristics: age: patients: mean age 54 (19) years; controls: 30 (10) years; sex: patients: 60% female; controls: 70% male; some patients with existing heart disease (14% had ECG abnormalities); TLoC history: 71% of patients had 3 or more episodes; 14% 2 and 15% 1 episode (not stated over what time period) Comorbidities: not stated. Other details: ECG abnormalities: 6% sinus bradycardia; 1st degree AV delay 2%; left ventricular hypertrophy 4% Other study comments: 129 patients + 30 controls (no syncope, structural heart

Diagnostic tests

Index test: fasting; between 8 and 10am; supine 3 minutes; 60 degrees and immediately IV adenosine 150microg/kg for 3 minutes, if negative, supine 5 minutes; retilted with adenosine incremented by 75microg/kg; process repeated until adenosine effect observed; time: maximum duration not stated (n=159) Reference standard: patients versus controls for Target Condition/Outcome: neurally mediated syncope

Morillo 1995 case control study; study held in Canada.

York Cardiology Associates

Setting: department of medicine. Funding: Heart and Stroke Foundation of Ontario, Heart and Stroke Foundation of Canada

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: postabsorptive state; between normal. Prior tests: All patients had at least 1 prior test. recurrent unexplained syncope after 12 lead ECG, 24 hour monitoring, echo (some patients had EPS)

Definition of TLoC: not defined.

disease, asthma, medication)

Inclusion criteria: 2 or more undiagnosed syncopal episodes.

Exclusion criteria: not stated.

Patient characteristics: age: patients: mean age 40 (18) years; controls: 39 (16) years; sex: patients: 53% female; controls: 53% female; some patients with existing heart disease (8% structural heart disease); TLoC history: mean 12 (8) syncopal episodes (not stated over what time period)

Comorbidities: not stated.

Other study comments: 120 patients + 30 healthy controls (no syncope or presyncope)

8.30am and noon; supine 15 minutes; 60 degrees for 15 minutes; if negative, isoproterenol 1microg/min increased every 5 minutes until decrease in sinus cycle length of 25% (max 3microg/min) to maximum of 15 minutes; time: maximum duration 45 minutes (n=150)

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Mussi 2001 case control study; study held in Italy. Setting: geriatrics and gerontology. Funding: MURST grants

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: HUT-GTN: overnight fast; between normal. Prior tests: All patients had at least 1 prior test. unexplained syncope after neurological examination, routine laboratory tests, 12 lead ECG, 24 hour ECG and BP monitoring, carotid sinus massage (and echo, exercise test, coronary angiography, CT CNS, EEG, Doppler, EPS when necessary)

Definition of TLoC: transient and sudden loss of consciousness with an inability to maintain postural tone with spontaneous recovery; presyncope: symptoms of imminent syncope and difficulty maintaining postural tone. Inclusion criteria: elderly patients with at least 1 episode of syncope of unknown origin.

Exclusion criteria: not stated.

Patient characteristics: age: patients: mean age 71.6 (5.1) years, range 57 to 89 years; controls: 71.2 (5.5), range55 to 88 years; sex: 50% male; some patients with existing heart disease (5% had ischaemic heart disease);

TLoC history: median 1 episode; range 1 to 12 episodes (not stated over what time period)

Comorbidities: 32% had hypertension; 12% diabetes. Other details: see below Other study comments: 128 patients + 101 controls matched for age and gender (no cardiovascular drugs)

8 and 10am; supine 10 minutes; Westminster protocol: 60 degrees for 45 minutes; if negative, sublingual nitroglycerin 0.4mg and further 20 minutes; time: maximum duration 75 minutes (n=229) Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Participant

Oraii 1999 RCT; study held in Iran.

Setting: Cardiology.

Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: overnight fast; morning; supine 15 normal. Prior tests: All patients had at least 1 prior test. unexplained syncope after BP, carotid sinus massage, routine laboratory tests, 12lead ECG, echo, 24 hour Holter (and exercise test, EPS, angiography or CT if 70 degrees for 10 minutes; if negative, dose

Definition of TLoC: syncope: transient loss of consciousness with spontaneous recovery; presyncope: intense dizziness plus 1 or more of: decreased vision, slow response to verbal stimuli, partial loss of tone, nausea, vomiting. Inclusion criteria: outpatients with syncope referred to Shahid Rajaii Heart Hospital.

Exclusion criteria: not stated.

Patient characteristics: age: patients: mean 34 (11.2) years; range 17 to 56 years; controls: 29 (9.5), 17 to 56 years; sex: patients: 60% female; controls 50% female; Unclear/not stated with existing heart disease (not stated); TLoC history: mean 3.3 (3.8), range 1 to 20 episodes (not stated over what time period)

Comorbidities: not stated.

Other study comments: 65 patients + 20 controls (no history of syncope or presyncope; no abnormalities on examination, ECG or echo). All had 2 tests on successive days, in random order

Diagnostic tests

minutes; 70 degrees for 45 minutes; if negative, isoprenaline 1microg/min and tilt to increased by 1microg/min at 10 minute intervals to max 4microg/min or heart rate>150bpm; time: maximun duration 100 minutes (n=85)

Reference standard: patients versus controls Comparator test: HUT-GTN: overnight fast; morning; supine 15 minutes; 70 degrees for 45 minutes; if negative, 400microg sublingual GTN and 70 degrees for 20 minutes; time: maximum duration 80 minutes (n=85). for Target Condition/Outcome: vasovagal syncope

Oribe 1997 case control study; study held in USA. Setting: Cardiology.

Funding: not stated

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: supine 20 minutes; 60 degrees 40 normal. Prior tests: All patients had at least 1 prior test.

syncope of unknown cause despite 12 lead ECG; many patients also had 24 hour Holter and EEG; 38 had EPS

Definition of TLoC: syncope: transient alteration of consciousness followed by complete recovery without neurological deficits.

Inclusion criteria: referred for unexplained syncope; at least 1 episode in last 3

months. Exclusion criteria: beta blockers, anticholinergics, fludrocortisone.

Patient characteristics: age: patients: mean age 51 years (95% CI 48 to 55); controls: 54 (48 to 55); sex: patients: 57% female; controls 55% female;

Unclear/not stated with existing heart disease (not stated);

TLoC history: mean 3.6 episodes, range 1 to 30 in all (not stated over what time period); at least 1 episode in 3 months prior to study

Comorbidities: not stated. Other details: see below

Other study comments: 201 patients + 102 age and gender matched controls (no syncope or syncopal symptoms)

minutes; time: maximum duration 60 minutes (n=303)

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Parry 2008 RCT; study held in Setting: Hospital several departments. falls and syncope service, institute for ageing and health, department of geriatric medicine.

Funding: British

Heart Foundation

Participant

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: supine 10 minutes; 70 degrees for normal. Prior tests: All patients had at least 1 prior test. unexplained syncope after 12 lead ECG, active stand to exclude orthostatic hypotension, 24 hour ECG, carotid sinus massage (in patients over 40 years), EPS, EEG, echo, 24 hour ambulatory ECG; referred to tertiary falls and syncope Comparator test: HUT-GTN: supine 10 facility. Definition of TLoC: not defined.

Inclusion criteria: patients with 2 or more episodes of unexplained syncope, or one episode where driving or occupation required definitive diagnosis, or disabling presyncope (5 or more episodes); aged 18 to 90 years. Exclusion criteria: clinically severe left ventricular outflow obstruction, critical mitral stenosis, proximal coronary artery stenoses, known severe cerebrovascular stenosis, previous adverse reaction to nitrates, inability to attend 2nd test...

Patient characteristics: age: patients: mean age 58.0 (19.3) years; range 18 to 89 years; controls: 54.5 (19.4), 18 to 90 years; sex: patients: 60% female; controls: 54% female; some patients with existing heart disease (23% angina; 11% MI; 20% hypertension); TLoC history: 2 or more episodes of unexplained syncope, or one episode where driving or occupation required definitive diagnosis, or disabling presyncope (5 or more episodes); not stated over what time period

Comorbidities: 2% diabetes. Other details: see below Other study comments: 149 patients + 83 asymptomatic controls (no history of syncope, presyncope or dizziness; similar age and gender distribution; no cardiovascular abnormalities on examination and 12 lead ECG); all had both tests 1 week apart in random order

Diagnostic tests

40 minutes; time: maximum duration 50 minutes (n=232)

Reference standard: patients versus controls minutes; glyceryl trinitrate 800microg sublingually; 70 degrees for 20 minutes; time: maximum duration 30 minutes (n=232). for Target Condition/Outcome: vasovagal syncope

TLoC First Draft

Study

Podoleanu 2004 case control study; study held in Romania. Setting: medical clinic. Funding: not stated

Participant

TLoC population: patients with a history of recurrent syncope but 12-lead ECG normal. Prior tests: All patients had at least 1 prior test. syncope of unknown origin after neurological assessment, routine laboratory tests, supine and orthostatic BP, 12 lead ECG, bedside and upright carotid sinus sublingually and tilt for 20 minutes; time: massage, echo

Definition of TLoC: transient self-limited loss of consciousness apid onset, duration seconds to a few minutes, loss of postural tone, spontaneous and complete recovery; due to transient global cerebral hypoperfusion; presyncope: sensation of near-fainting.

Inclusion criteria: syncope of unknown origin.

Exclusion criteria: medication.

Patient characteristics: age: patients: mean age 38.5 (15.7) years; controls: 26.0 (6.5) years; sex: patients: 51% female; controls: 56% female; Unclear/not stated with existing heart disease (not stated); TLoC history: mean 2.3 (1.3) episodes, range 1 to 10 episodes; mean duration of symptoms 3.01 (1.9) months Comorbidities: not stated. Other study comments: 72 patients + 16 healthy controls (no history of syncope or presyncope)

Diagnostic tests

Index test: HUT-GTN: overnight fast; morning; supine 15 minutes; 70 degrees for 30 min; ;if negative, 400microg nitroglycerin maximum duration 65 minutes (n=88) Reference standard: patients versus controls for Target Condition/Outcome: vasovagal

Prakash 2004 case control study; study held in India. Setting: Hospital several departments. physiology,

neurology, medicine, paediatrics, cardiology.

Funding: Central Council for Research in Yoga and

Naturopathy, New Delhi

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. unexplained syncope (43, of which 28 recurrent) or presyncope (43) after 12 lead ECG

Definition of TLoC: sudden and transient loss of consciousness due to an acute Reference standard: patients versus controls reduction in cerebral blood flow.

Inclusion criteria: unexplained syncope or presyncope.

Exclusion criteria: diabetes, hypoglycaemia, orthostatic intolerance or

hypotension, cardiac disease.

Patient characteristics: age: patients mean 29.5 years, range 6 to 79 years; controls 30, range 8 to 55 years; sex: 52% female; no patients with existing heart

disease (excluded); TLoC history: not stated Comorbidities: not stated. Other details: see below

Other study comments: case series: 86 patients + 14 asymptomatic healthy

controls

Index test: 1-3 hours after light meal; between 9am and noon; supine 10 minutes; 70 degrees for 45 minutes; time: maximum duration 55 minutes (n=100)

for Target Condition/Outcome: vasovagal syncope

Shen 1999 case control study; study held in USA. Setting: Hospital several departments. cardiovascular diseases, internal medicine. Funding: National Institutes of Health

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: fasting 6-10 hours; supine 10 normal. Prior tests: All patients had at least 1 prior test. syncope or presyncope; cause uncertain despite comprehnesive medical and neurological investigation Definition of TLoC: not defined. Inclusion criteria: at least 1 episode of syncope (98) or presyncope (13).

Exclusion criteria: orthostatic hypotension, significant anaemia, endocrine abnormailities, abnormal EPS findings.

Patient characteristics: age: mean age 55 (20) years, range 17 to 85 years; sex: 50% male; no patients with existing heart disease (excluded); TLoC history: mean 3 (5) episodes, range 1 to 28 episodes in 1 year

Comorbidities: not stated. Other details: see below

Other study comments: 111 patients + 23 normal controls (no history of syncope or presyncope) had test passive 1st then isoproterenol or the other order (randomised sequence)

minutes; 70 degrees for 45 minutes; 10-20 minutes supine; isoproterenol 0.05microg/kg/min for 5 minutes supine and 10 minutes at 70 degrees; time: maximum duration 90 minutes (n=111) Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

Theodorakis 2000 non-randomised comparative study; study held in Greece.

Setting: Cardiology.

Funding: not stated

Participant

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. neurocardiogenic syncope; 12 lead ECG, echo (EPS, EEG, CT when needed) Definition of TLoC: neurocardiogenic syncope: syncopal spells with symptoms of autonomic dysfunction (pallor, nausea, sweating).

Inclusion criteria: 2 or more syncopal spells with symptoms of autonomic dysfunction (pallor, nausea, sweating).

Exclusion criteria: structural heart disease, neurological disease. Patient characteristics: age: patients: mean age 40 (17); controls: mean age 46 (15) years; sex: patients: 58% female; controls: 55% male; no patients with existing heart disease (excluded); TLoC history: mean 3.7 (2) episodes in last 6 months. Comorbidities: not stated.

Other study comments: 55 patients with positive history of neurocardiogenic syncope + 22 controls (nonspecific symptoms, no history of syncope or struc tural heart disease). All had 2 tests, 24 hours apart

Theodorakis 2003 RCT; study held in Greece.

Setting: Cardiology.

Funding: not stated

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. neurocardiogenic syncope; 12 lead ECG, echo (EPS, EEG, CT when needed) Definition of TLoC: neurocardiogenic syncope: syncopal spells with symptoms of autonomic dysfunction (pallor, nausea, sweating).

Inclusion criteria: 2 or more syncopal spells with symptoms of autonomic dysfunction (pallor, nausea, sweating).

Exclusion criteria: structural heart disease, neurological disease. Patient characteristics: age: patients: mean age 41 (16) years; controls: 46 (15); sex: patients: 52% female; controls: 56% female; no patients with existing heart disease (excluded); TLoC history: mean 3.7 (2) episodes in last 6 months. Comorbidities: not stated.

Other study comments: 126 patients with recurrent neurocardiogenic syncope + 54 healthy controls (nonspecific symptoms, no history of syncope or structural heart disease).

All had 2 tests in random order with 24 hours between

Diagnostic tests

Index test: basic: fasting at least 12 hours; between 8am and 1pm; supine 10 minutes; 60 degrees for 30 minutes; if negative, supine 10 minutes; IV isoproterenol 2microg/min, increased to heart rate130 beats/min, and tilt for 15 minutes; time: maximum duration 65 minutes (n=77)

Reference standard: patients versus controls Comparator test: clomipramine test: 10 minutes supine; clomipramine IV 5mg over 5 minutes while tilted at 60 degrees and further 15 minutes tilt; time: maximum duration 30 minutes (n=77).

for Target Condition/Outcome: vasovagal

Index test: basic: fasting at least 12 hours; between 8am and 1pm; supine 10 minutes; 60 degrees for 30 minutes; if negative, supine 10 minutes; IV isoproterenol 2microg/min, increased to heart rate130 beats/min, and tilt for 15 minutes; time: maximum duration 65 minutes (n=180)

Reference standard: patients versus controls Comparator test: clomipramine test: 10 minutes supine; clomipramine IV 5mg over 5 minutes while tilted at 60 degrees and further 15 minutes tilt; time: maximum duration 30 minutes (n=180).

for Target Condition/Outcome: vasovagal syncope

Zeng 2001 RCT; study held in China. Setting: Cardiology.

Funding: Third Military Medical University of PR China

TLoC population: patients with a history of recurrent syncope but 12-lead ECG normal. Prior tests: All patients had at least 1 prior test. recurrent unexplained syncope after neurological assessment, routine laboratory tests, BP, 12 lead ECG, bilateral bedside and upright carotid sinus massage, 24 hour Holter, echo (exercise test, EPS, angiography, EEG, Doppler, CT head when indicated)

Definition of TLoC: syncope: sudden transient loss of consciousness with inability to maintain postural tone and spontaneous recovery; presyncope: prodrome (severe lightheadedness, severe weakness, transient graying of vision, hearing loss) and difficulty maintaining tone.

Inclusion criteria: recurrent unexplained syncope.

Exclusion criteria: not stated.

Patient characteristics: age: patients: mean age 36.8 (21.3) years, range 12 to 60 years; controls: 35 (16.4) years, 14 to 52 year; sex: patients: 51% female; controls 50% female; Unclear/not stated with existing heart disease (not stated); history for Target Condition/Outcome: vasovagal of TLoC: TLoC history: mean around 7 episodes per year Comorbidities: not stated.

Other study comments: randomised crossover study; 37 patients + 20 healthy volunteers (no history of syncope or presyncope; recruited from medical outpatients, matched on age, gender and weight); all had both tests with 1-14 day interval

Index test: HUT-GTN: conventional: fasting; between 9 and 11am; nitroglycerin 1.72microg/kg/hr for 5 minutes supine and 10 minutes at 80 degrees; repeated with increments of 0.86microg/kg/hr for 5 stages up to 5.16microg/kg/hr at stage 5; time: maximum duration 75 minutes (n=57) Reference standard: patients versus controls Comparator test: HUT-GTN single stage: fasting; between 9 and 11am; nitroglycerin 3.44microg/kg/hr for 5 minutes supine; 3.44microg/kg/hr for 15 minutes at 80 degrees; time: maximum duration 20 minutes

syncope

3.6.2 Proportions of cardioinhibitory response to tilt testing

We calculated the proportion of 'cases' with a cardioinhibitory response to tilt testing. This could be the sum of the cardioinhibitory and 'mixed' responses, but studies varied in their definitions of 'mixed'. For example, the VASIS classification (see below) had a definition of 'mixed' that did not include a cardioinbitory response. Other studies had different definitions of 'mixed'. The various meanings of 'mixed' are given in the table.

VASIS classification:

- Type 1 (mixed): heart rate rises initially then falls, ventricular rate does not fall below 40bpm, or falls to below 40 bpm for less than 10s with or without asystole for less than 3s, BP rises then falls before heart rate falls:
- Type 2 (cardioinhibitory):
 - type 2A: heart rate rises initially then falls to a ventricular rate of less than 40bpm
 for longer than 10s, or asystole occurs for more than 3s; BP change as for type 1;
 - type 2B: heart rate rises initially then falls to a ventricular rate of less than 40bpm for longer than 10s, or asystole occurs for more than 3s; BP rises initially and only falls to hypotensive levels below 80mmHg systolic at or after onset of rapid and severe heart rate fall;
- Type 3 (vasodepressor): heart rate rises progressively and does not fall to more than 10% from peak at time of syncope; BP falls to cause syncope.

Where the study uses the VASIS classification, the proportion of all positive responses that were cardioinhibitory is based only on the pure cardioinhibitory figures. In other studies, in which the 'mixed' category could include people with both cardioinhibition and vasodepression, the proportion with a cardioinhibitory response includes those with pure cardioinhibition plus the mixed response category.

Study name	Definition of mixed	CI	Vaso- depressor	Mixed	not separated out	n=No. of cases; % of cases with CI
Aerts 1997	increase in heart rate 10% or more vs. baseline + bradycardia 60 bpm or less or decrease heart rate of 20bpm or more vs. 1 min before presyncope, or asystole 3s or more + hypotension (systolic BP 90mmHg or less or decrease 20mmHg or more vs. 1 min before presyncope	0	3 (11%)	25 (89%) including 7 (25%) asystole (4-15s)		n=32 altogether; 28 positive 7 definitely had asystole (22% of cases)
Aerts 1999	decrease heart rate of 20bpm or more and decrease of systolic BP 20mmHg or more	4 (21%) all asystole (8-41s)	4 (21%)	11 (58%)		n=20 ; 19 positive 4 CI (20%)
Aerts 2005	decrease heart rate of 20bpm or more and decrease of systolic BP 20mmHg or more	3 (8%) all asystole (7-20s)	8 (22%)	26 (70%)		n=43 ; 37 positive 3 CI (7%)
Aerts 2005b	decrease heart rate of 20bpm or more and decrease of systolic BP 20mmHg or more	3 (10%) all asystole (4-28s)	2 (6%)	26 (84%)		n=38; 31 positive 3 CI (8%)
Almquist 1989	Profound bradycardia & hypotension			15 patients positive, all mixed response		n=24; 15 positives no CI / asystole (0%)
Aslan 2002	VASIS	2 (25%)	2 (25%)	4 (50%)		n=43; 8 positives 2 CI (5%)
Athanas os 2003	Hypotension and bradycardia			6 (100%)		n=13 none CI/asystole
Bartoletti 1999	VASIS	conventio nal: 8 (19%) accelerat ed: 4 (14%)	convention al: 4 (9%) accelerated : 0	conventio nal: 31 (72%) accelerat ed: 25 (86%)		n=84 conventional: 8/84 CI (10%) accelerated: 4/84 (5%)
Benchi- mol 2008	not defined				169/259 tests positive	n=259

Study name	Definition of mixed	CI	Vaso- depressor	Mixed	not separated out	n=No. of cases; % of cases with CI
Brignole 1991	symptoms plus bradycardia (asystole 3s or more or heart rate 45bpm or less during passive test, or rate 60bpm or less with isoproterenol) and hypotension (fall in systolic BP to 80mmHg or less)				passive: 32/100 positive (including 7 asystole); isoproteren ol: 11 additional patients positive (no asystole)	n=100; 43 positives CI or mixed in 17 with passive test + 6 with isoproterenol (23 overall out of; 23%)
Brignole 2000	mixed included hypotension without pause over 3s	29 (28%)			74 (72%) vasodepres sor or mixed	n=175; 103 positives 29 CI (17%)
Brooks 1993	only vasodepressor response (hypotension and relative bradycardia) counted as positive test		30 (100%)			0%
Carlioz 1997	hypotension and bradycardia, or asystole 3s or more	passive: 4 (40%) isoproter enol: not stated	passive: 1 (10%) isoproteren ol: not stated	passive: 5 (50%) isoproter enol: 19/24 positives (79%)		n=48; 10 positive passive: CI 4 (8%); with mixed (might not have had asystole) 9 (19%) isoproterenol: NS
Del Rosso 1998	VASIS	passive: 11 (50%) GTN: 38 (32%)	passive: 1 (5%) GTN: 11 (9%)	passive: 10 (45%) GTN: 70 (59%)		n=202; 22 positive responses Passive: CI 11(5%) of whom 9 had asystole (4%) n=179 had GTN test CI 49 overall (24%) of whom 38 overall had asystole (19%) Asystole 3-38s
Del Rosso 2002	VASIS	64 (37%)	18 (10%)	92 (53%)		n=324; 174 positives CI 64 (20%) of whom 49 had asystole (15%)
Doi 2002	Sutton; mixed = bradycardia <40bpm and marked hypotension (systolic BP below 80mmHg)	1 (5%)	7 (35%)	12 (60%)		n=26; 20 positive; exercise-unrelated syncope group CI 1 (4%)

Study name	Definition of mixed	CI	Vaso- depressor	Mixed	not separated out	n=No. of cases; % of cases with CI
Fitz- patrick 1991	Category not defined (positive test = "vasovagal syncope")	40 (78%) bradycardia below 60bpm	13 (22%) profound hypotensio n but rate did not fall below 60bpm	0		n=71; 53 positives CI 40 (56%)
Fouad 1993	Hypotension + bradycardia	19 (76%); heart rate below 50bpm in 5 and 50- 65bpm in 7; complete asystole not observed in any other subjects	6 (24%); BP reduced significantly			n=44; 25 positives CI 19 (43%)
Gielerak 2002	VASIS	1 (5%)	10 (43%)	12 (52%)		n=40; 23 positives CI 1 (3%)
Graham 2001	not defined				passive: 31/88 positive isoprenalin e: 10/48 positive GTN: 23/48 positive	n=88 had passive tilt n=48 (passive tilt negative) had GTN and isoprenaline tilt tests 1 week apart; CI not stated
Grubb 1991b	bradycardia and hypotension				passive: 6/25 positive isoproteren ol: 9/19 (passive negative)	n=25 had passive tilt n=19 passive negative had isoproterenol tilt CI not stated
Grubb 1992b	bradycardia (abrupt fall in heart rate) and hypotension (abrupt fall in BP)	isoproterenol: 0	isoproteren ol: 4 (57%)	isoproter enol: 3 (43%)	passive: 9/25 (including 2 asystole [8s and 14s]) isoproteren ol: 7/16 (passive negative)	n=25 had passive tilt CI not stated n=16 passive negative had isoproterenol tilt CI/mixed 3 (19%)

Study name	Definition of mixed	CI	Vaso- depressor	Mixed	not separated out	n=No. of cases; % of cases with CI
Hermosillo 2000	passive defined as positive if hypotension or bradycardia or both; with drugs, positive only if both hypotension and bradycardia (i.e. all mixed)	isoproterenol: 0 ISDN: 0	isoproteren ol: 0 ISDN: 0	isoproter enol: 36 (100%) ISDN: 49 (100%)	passive: 50/120 positive	n=120 had passive tilt CI not stated n=70 passive negative had isoprenaline and ISDN tilt CI 0% by definition (not recognised as a positive test); all positive tests mixed
Lagi 1992	not defined	asystole + symptoms 2 (6%)			35/72 positive	n=72; 35 positives CI 2 (3%)
Lazzeri 2000	syncope or presyncope plus systolic BP below 80mmHg and heart rate below 40bpm	12 (52%)	11 (48%)	0		n=44; 23 positives; CI 12 (27%)
Micieli 1999	positive test defined as hypotension with or without bradycardia (i.e. not CI)	0 by definition	9 (50%) hypotensio n only	9 (50%) bradycar dia plus hypotensi on		n=23; 18 positives; mixed 9 (39%) but not necessarily asystole (not mentioned)
Mittal 2004	positive response defined as bradycardia and hypotension				23/129 positive	n=129 CI not stated
Morillo 1995	hypotension, systolic BP 70mmHg or below and heart rate 40bpm or below	25 (35%) of whom 5 had asystole over 3s (4-45s)	17 (23%)	31 (42%)	passive: 30/120 positive; isoproteren ol further 43 patients	n=120 had passive tilt n=90 passive negative had isoproterenol tilt CI 25 (18%)
Mussi 2001	VASIS	passive: 3 (12%) GTN: 6 (11%)	passive: 13 (50%) GTN: 39 (74%)	passive: 10 (38%) GTN: 8 (15%)	passive: 26/128 positive; GTN: further 53 positive	n=128 had passive test; 26 positive CI 3 (2%) n=102 passive negative had GTN test; overall 9 CI (7%)

Study name	Definition of mixed	CI	Vaso- depressor	Mixed	not separated out	n=No. of cases; % of cases with Cl
Oraii 1999	VASIS	passive: 6 (30%) isoprenaline: 4 (15%) GTN: 9 (36%)	passive: 1 (5%) isoprenalin e: 2 (8%) GTN: 3 (12%)	passive: 13 (65%) isoprenali ne: 20 (77%) GTN: 13 (52%)		n=65 had passive test; 20 positives; CI 6 (9%) 45 passive negative had drug tests with GTN or isoprenaline (two successive days in random order) CI isoprenaline 4 (15%) and GTN 9 (36%)
Oribe 1997	positive test defined as hypotension plus bradycardia plus symptoms (i.e. all mixed type)			74 (100%)	74/201 positive	n=201 100% mixed type (by definition); asystole not stated
Parry 2008	VASIS	passive: 0 GTN: 8 (15%)	passive: 12 (71%) GTN: 28 (52%)	passive: 5 (29%) GTN: 18 (33%)	passive: 17/149; GTN: 54/149	n=149 had passive tilt (CI none) and GTN tilt (CI: 8 [9%]) 1 week apart in random order
Podolea nu 2004	heart rate rises initially then falls, ventricular rate does not fall below 40bpm, or falls to below 40 bpm for less than 10s with or without asystole for less than 3s, BP rises then falls before heart rate falls	overall 8 (14%)	overall 22 (38%)	overall 28 (48%)	passive positive in 25; GTN positive in 33	n=72 had passive test if passive negative, 47 had GTN test. Overall CI 8 (11%)
Prakash 2004	hypotension and bradycardia and symptoms	6 CI with asystole over 3s (26%)	7 (30%)	10 (44%)	23/86 positive	n=86; (43 syncope + 43 presyncope); 23 positives CI 6 (7%)
Shen 1999	syncope or presyncope and bradycardia (decrease in heart rate at least 20% from baseline) and hypotension decrease in systolic BP 30mmHg or more				passive: 35/111; isoproteren ol: 62/111 positive	n=111 CI not stated

TLoC First Draft

Study name	Definition of mixed	CI	Vaso- depressor	Mixed	not separated out	n=No. of cases; % of cases with CI
Theodor akis 2000	Hypotension followed by bradycardia	passive/ isoproterenol: 8 (28%) clomipramine : 9 (20%)	passive/ isoproteren ol: 8 (28%) clomiprami ne: 13 (30%)	passive/ isoproter enol: 13 (45%) clomipra mine: 22 (50%)	passive: 19 positive; isoproteren ol: 10 further positive; clomiprami ne 44 positive	n=55 had passive test: if negative, isoproterenol infused CI 8 (15%); and clomipramine tests CI 9 (16%) 24 hours apart
Theodor akis 2003	Hypotension followed by bradycardia	isoproterenol: 14 (27%) clomipramine : 21 (20%)	isoproteren ol: 12 (23%) clomiprami ne: 41 (39%)	isoproter enol: 26 (50%) clomipra mine: 43 (41%)	passive: 34 positive; isoproteren ol: 18 further positive; clomiprami ne 105 positive	n=126 passive and if negative isoproterenol: CI 14 (11%) and clomipramine test CI 21 (17%) in random order 24 hours apart
Zeng 2001	hypotension (decrease in systolic BP over 50%) and bradycardia (decrease in heart rate over 30%)				convention al GTN: 23/37 single stage GTN: 24/37 positive	n=37 had single stage GTN test and conventional multistage test in random order 1-14 days apart

3.7 Carotid sinus massage for NMS review

Study

Benchimol 2008 case control study; study held in Brazil.

Setting: unclear. University hospital, department not stated. Funding: none

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. ECG and echo normal or showed no association with symptoms Definition of TLoC: non-convulsive faints or unexplained falls (drop attacks). Inclusion criteria: patients referred for investigation of non-convulsive faints or degrees of tilt in controls; time: 5 seconds unexplained falls of which 1st episode several months before.

Exclusion criteria: carotid murmur, CVA or acute MI in previous 6 months or history of severe ventricular arrhythmia.

Patient characteristics: age: mean 50 (24) years (range 10-96 years); sex: 66% female; Unclear/not stated with existing heart disease (not stated); TLoC history: 1st episode mean of 53 (100) months before Comorbidities: not stated. Other details: see below

Other study comments: 55 "controls" no history of seizures, faints or falls; mean age 57 (21) years, range 16-88 years. 2nd part: CSM at 60 degrees patients versus controls diagnostic test accuracy

Brignole 1991

study held in Italy. Setting: Cardiology. referrerd from ER or inpatient service or ambulatory program.

case control study;

Funding: not stated

Freitas 2004

Portugal.

case control study; study held in

Setting: Cardiology.

Centre for study of

autonomic function.

TLoC population: unclear/not stated. Prior tests: All patients had at least 1 prior test.; syncope of uncertain origin despite neurological examination, laboratory tests, 12 lead ECG, 24 hour monitoring, chest x-ray, echo (+ where indicated strress test, EEG, Doppler, CT, cardiac catheter,

EP, arteriography)

Definition of TLoC: not defined.

Inclusion criteria: syncope of uncertain origin.

Exclusion criteria: postural hypotension, conversion reaction, seizure, TIA, subclavian steal, drug-induced syncope, aortic stenosis, pulmonary HT, hypertrophic cardiomyopathy, dysrhythmia.

Patient characteristics: age: patients: mean age 60 (18); controls 60 (17); sex: patients: 54% men; controls 57% male; some patients with existing heart disease (39% had structural heart disease); TLoC history: not stated Comorbidities: not stated.

Other study comments: 100 patients+ 25 healthy controls without syncope or presyncope matched on age and gender

patients with unexplained syncope, presyncope or falls aged over 42 years

Inclusion criteria: 380 patients with unexplained syncope, presyncope or falls

Exclusion criteria: age under 42 years; contraindication to CSM (e.g. carotid bruits or carotid ctenosis of over 70% from previous echo Doppler or history of stroke or TIA).

Funding: not stated Patient characteristics: age: not stated; sex: not stated; Unclear/not stated with

Comorbidities: not stated. Other details: patients with unexplained syncope,

presyncope or falls aged over 42 years

Diagnostic tests

Index test: carotid sinus massage at 60 degrees of tilt; time: 5 seconds (n=259)

Reference standard: patients versus controls Comparator test: carotid sinus massage at 60

for Target Condition/Outcome: CSM induces asystole for more than 3s (cardioinhibitory type) or systolic pressure decrease above 50mmHg (vasodepressor type).

Index test: CSM left and right sides supine and standing for 10 seconds; time: 10 seconds

Reference standard: patients versus controls for Target Condition/Outcome: vasovagal syncope

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: Unclear or Not stated. Definition of TLoC: not defined.

aged over 42 years plus 108 controls (healthy) aged over 40.

existing heart disease (not stated); history of TLoC: not stated

Index test: carotid sinus massage supine and at 70 degree tilt; both sinuses massaged for 10 seconds with interval of 2 minutes; time: maximum 3 minutes (n=494) Reference standard: patients versus controls for Target Condition/Outcome: carotid sinus hgypersensitivity

Kumar 2003 case control study; study held in UK. Setting: Blackout clinic. falls clinic in clinical gerontology research unit. Funding: not stated

Participant

TLoC population: patients with suspected neurally mediated syncope but 12-lead ECG normal. Prior tests: All patients had 1 prior test. referred to falls clinic by hospital consultant or GP; history, examination, postural BP, routine blood tests, 12 lead ECG, 24 hour Holter where indicated Definition of TLoC: syncope: falls associated with definite loss of consciousness.

Inclusion criteria: 130 patients with syncope plus 44 asymptomatic controls aged 60 or more.

Exclusion criteria: significant aortic stenosis, recent myocardial infarction, cerebrovascular events, significant carotis artery disease.

Patient characteristics: age: patients: mean 78.8 years (range 60-96 years); controls: mean 71.3 years (range 63-86 years); sex: patients: 64% female; controls 36% female; Unclear/not stated with existing heart disease (not stated); TLoC history: not stated.

Comorbidities: not stated. Other details: patients aged over 60 years referred to falls clinic by hospital consultant or GP

TLoC population: patients with suspected neurally mediated syncope but 12-

Diagnostic tests

Index test: light breakfast, usual medication; test in the morning; supine 5 minutes, CSM for 5 seconds separately each side; 70 degree tilt; repeat CSM each side; time: 5 seconds each side supine and at 70 degrees (n=174) Reference standard: patients versus controls for Target Condition/Outcome: Carotid sinus syndrome (cardioinhibitory: asystole >3s; vasodepressor: fall in systolic BP >50mmHg; or mixed if both)

Morillo 1999 case control study; study held in USA. Setting: Hospital several departments. department of medicine; Veterans Affairs Centre; Department of Cardiology. Funding: National Institutes of Health; Colombian Institute for the Advancement of Science and Technology

lead ECG normal. Prior tests: All patients had 1 prior test. recurrent unexplained syncope; 12 lead ECG; 24-48 hour ambulatory ECG, echo, non-CSS syncope pts also had EPS Definition of TLoC: not defined.
Inclusion criteria: 2 or more syncopal episodes in last 6 months.
Exclusion criteria: not stated.
Patient characteristics: age: pts: mean 63 (12; range 46-85); controls 65 (14; 48-89); other syncope 59 (12; 31-74); sex: pt: 73% male; cont: 83% male; non-CSS: 56% male; some patients with existing heart disease (pts 29% CAD; cont 10%; non-CSS syncope 16%); TLoC history: mean 6 (3) episodes

non-CSS syncope 16%); TLoC history: mean 6 (3) episodes Comorbidities: hypertension: pts 43%; cont 26%; non-CSS syncope 38%. Other details: 80 patients with recurrent unexplained syncope; 30 age-matched controls (no syncope or presyncope) and 16 patients with syncope not related to CSS

Index test: post-absorptive state, between 8.30 and noon; 15 minutes supine; CSM 5 seconds supine repeated at least twice each side, 5 minutes rest; and after 2 minutes at 60 degrees; time: around 25 minutes (n=126) Reference standard: a) asymptomatic controls; b) controls with syncope not related to CSS for Target Condition/Outcome: vasodepressor: fall in systolic BP of 50mmHg or more; cardioinhibitory: asystole 3 s; mixed: bradycardia 40 bpm plus fall in BP; associated with syncope or presyncope that resembled the clinical presentation

Parry 2000 case control study; study held in UK. Setting: Cardiology. Cardiovascular investigation unit and institute for the health of the elderly.

Funding: British Heart Foundation; National Cardiovascular Research and Development grant TLoC population: patients with suspected neurally mediated syncope but 12-lead ECG normal. Prior tests: All patients had 1 prior test. patients with unexplained syncope aged over 55 years, from A&E or syncope

facility; prior tests not stated

Definition of TLoC: syncope: loss of consciousness with loss of postural tone and collapse.

Inclusion criteria: patients with unexplained syncope over 55 years; controls with no history of falls, dizziness or syncope and no cardiovascular comorbidity. (cardioinhibitory or mixed subtypes)

Exclusion criteria: contraindications to CSM (carotid bruits, cerebrovascular accident or myocardial infarction in previous 3 months, history of ventricular arrhythmia); cognitive impairment.

Patient characteristics: age: not stated; sex: not stated; Unclear/not stated with existing heart disease (not stated); TLoC history: not stated

Comorbidities: not stated. Other details: 1149 patients with unexplained syncope aged over 55 years, from A&E or syncope facility plus 25 healthy agematched controls

Index test: supine CSM for 5 seconds on right side; repeated on left after haemodynamic reequilibration; repeated after 1 minute at 70 degrees tilt; time: 5 seconds each side supine and tilted (n=1174)

Reference standard: patients versus controls for Target Condition/Outcome: Carotid sinus 7. hypersensitivity with asystole over 3 s

3.8 Comparison of different tests

3.8.1 Implantable event recorder versus usual care

Study Farwell 2006 RCT; study held in UK. Setting: unclear. general hospital including (but may not be only) A&E. Funding: partly

supported by grants

from Medtronic UK

Participant TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal Plus set to record 3 patient

normal. Prior tests: All patients had at least 1 prior test. basic workup plus Holter/tilt test as indicated

Definition of TLoC: not defined apart from "syncope".

Inclusion criteria: 16 yr or over; acute syncope; 2 or more unexplained syncopes Comparator test: conventional investigation in last 12 months; no pacing indication after basic clinical workup (tilt test &

Holter if clinically indicated). Exclusion criteria: see above.

Patient characteristics: age: median 74 yr (IQR 61 to 81 yr); sex: 54% female; some patients with existing heart disease (around 50% had prior IHD);

TLoC history: mean 1.5 TLOC per year

Comorbidities: not stated. Other details: adults presenting with syncope Other study comments: Eastbourne Syncope Assessment Study (EaSyAS) Diagnostic tests

activations + 5 automatic activations; time: median 17 months (IQR 9-23 months); maximum 34 months (n=103)

and management; time: median 17 months

for Target Condition/Outcome: set to record ventricular pasues more than 3 seconds; ventricular rate less than 40 bpm or more than 165 bpm; events recorded were bradycardia, SVT or VT (no further details and not

prespecified)

Krahn 2001 RCT; study held in Canada. Setting: Cardiology. Arrhythmia service. Funding: Heart and Stroke Foundation of

Ontario

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: Reveal ILR; patient activated; normal. Prior tests: All patients had at least 1 prior test.

Had had clinical assessment, postural BP, 24 hour ambulatory monitoring or telemetry, echocardiogram; could have had other neurological or

cardiovascular testing, tilt test or loop recorder

Definition of TLoC: unexplained syncope not further defined.

Inclusion criteria: referred to arrhythmia clinic; those with typical history for neurally mediated syncope excluded.

Exclusion criteria: Left ventricular ejection fraction below 35%; unlikely to survive 1 year; unable to provide follow up or consent; typical presentation of neurally mediated syncope (upright; prodrome including warmth and diaphoresis; postepisode fatigue).

Patient characteristics: age: mean age 66 yr (14 yr); sex: 55% male; some patients with existing heart disease (38% had heart disease); TLoC

history: recurrent in 53 patients; 7 had single episode judged to warrant

cardiovascular testing

Comorbidities: not stated. Other details: referred to arrhythmia clinic; those

with typical history for neurally mediated syncope excluded.

Other study comments: If undiagnosed after 1st strategy, pts offered crossover to other strategy: diagnosis in 1/6 (17%) conventional and 8/13 (62%) ILR (p=0.069). Conventional gp only had 2-4 weeks ELR & if tilt & EP negative, immediately offered ILR (diff follow up times)

time: follow up at 1 week, 1, 2, 3, 6, 9 and 12 months and after event (aimed for full 1 year monitoring) (n=30) Comparator test: conventional plus external

recorder plus tilt and electrophysiological testing; time: ELR 2-4 weeks; pts offered ILR immediately if tilt & EP negative (n=30). for Target Condition/Outcome: symptom/rhythm correlation (not prespecified): found bradycardia; tachycardia

3.8.2 External event recorder versus 24-hour Holter monitoring

Study

Participant

Krahn 2000 non-randomised comparative study; study held in Canada. TLoC population: unclear/not stated. Prior tests: Unclear or Not stated. not stated: retrospective study; no evidence of prior tests

Definition of TLoC: syncope or presyncope (drop attacks, L, fainting or weak

spells, blackouts, lightheadedness, dizziness).

Inclusion criteria: retrospective review: recordings for assessment of

Setting: Cardiology. syncope or presyncope. Exclusion criteria: none.

Funding: Ontario Heart and Stroke Foundation

Patient characteristics: age: 59.8 (21) years for Holter and 52.2 (19.9) for ILR; sex: 53% male; Unclear/not stated with existing heart disease (not stated);

TLoC history: not stated Comorbidities: not stated.

Other study comments: case series; retrospective

Diagnostic tests

Index test: loop recorder (King of Hearts, Instromedix); patient activated; transmission of recordings via telephone; time: median 30 days; range 5-96 days (retrospective - no further details) (n=81)

Comparator test: Holter 24 or 48 hours and symptom diary; time: 24 or 48 hours (n=232). for Target Condition/Outcome: prespecified: sinus pause over 3s; complete heart block; Mobitz type II 2nd degree block; AF with slow ventricular response RR above 3s; sinus brady below 40bpm; SVT over190bpm; VT over 10s; asymptomatic abnormal rhythms; asymptomatic and no arrhythmia

External event recorder versus 48-hour Holter monitoring 3.8.3

Study

Participant

Rockx 2005 RCT; study held in Canada.

Setting: Cardiology. patients referred from community or

Funding: Physician

ED. Services Inc, Toronto

TLoC population: patients with a history of recurrent syncope but 12-lead ECG Index test: external event recorder; time: worn normal. Prior tests: All patients had at least 1 prior test.

referred for ambulatory monitoring; 41 had had prior Holter; 31 echo; 13 tilt

Definition of TLoC: patients had diagnosis of syncope, presyncope or both. Inclusion criteria: patients had diagnosis of syncope, presyncope or both, referred for ambulatory monitoring.

Exclusion criteria: none.

Patient characteristics: age: mean age 56 (20) years; sex: 44% male; some patients with existing heart disease (33% had heart disease);

TLoC history: median 1 prior episode (mean 50+/-12); symptoms for

a median of 6.5 months (mean 41 +/-94 months) Comorbidities: not stated. Other details: see below

Other study comments: same study as Sivakumaran 2003 (number 821) additional data added in here from that paper (otherwise patients counted

Diagnostic tests

until 2 clinical episodes occurred or 1 month elapsed (n=49)

Comparator test: Holter monitoring 48 hours; time: 48 hours (n=51).

for Target Condition/Outcome: prespecified: sinus pause over 3s; complete heart block; Mobitz type 2 2nd degree block; AF with slow ventricular response (RR over 3s); symptomatic sinus brady below 40bpmSVT

over 10s or symptomatic; VT

3.8.4 Exercise test versus 24-hour Holter monitoring

Study

Participant

Boudoulas 1979 non-randomised comparative study; study held in USA.

Institutes of Health

Heart Chapter fo the

and Central Ohio

American Heart

Association

TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

syncope or presyncope (dizziness ot lightheadedness)

Definition of TLoC: syncope or presyncope (dizziness ot lightheadedness). Inclusion criteria: patients with syncope or presyncope (dizziness or Setting: Cardiology. lightheadedness). Exclusion criteria: obvious cause of syncope on Funding: National resting ECG. Patient characteristics: age: mean around 51 years;

> sex 53% male; All patients with existing heart disease (all had cardiovascular disorders); TLoC history: not stated

Comorbidities: not stated. Other details: patients with syncope

or presyncope (dizziness or lightheadednes)s Other study comments: 2 tests within 1 wee k

Diagnostic tests

Index test: 24 hour ambulatory heart rate recording (Avionics Electrocardiocorder Model 400); automatic recording of all ECG; diary for symptoms; time: 24 hours (n=119) Comparator test: maximum multistage treadmill exercise test Bruce protocol; time: 1 day (n=119).

for Target Condition/Outcome: sinus brady below 40 bpm awake; paroxysmal SVT (170 bpm); high grade AV block; frequent ventricular premature contractions, effective rate less than 40 bpm; repetitive pairs PVCs; VT

Exercise test versus tilt table 3.8.5

Colivicchi 2002 non-randomised comparative study; study held in Italy. Setting: Syncope

TLoC population: ---. Prior tests: All patients had at least 1 prior test. echo, 24 hour ECG, exercise test, EPS tilt test

Definition of TLoC: exercise-related syncope: sudden transient loss of consciousness with inability to maintain postural tone and spontaneous

recovery.

Cardiology/sports science.

Funding: not stated

Inclusion criteria: highly trained athletes with at least 2 witnessed episodes of syncope during or immediately after exercise in last 6 months. Exclusion criteria: none.

Patient characteristics: age: mean age 21.4 (3.2) years); sex: 61% female; no

patients with existing heart disease (no major cardiac abnormality on 12 lead ECG or echo); TLoC history: mean 4.66 spells before evaluation

Comorbidities: none stated. Other details: athletes referred for recurrent unexplained episodes of exercise-related syncope

Other study comments: case series

Index test: Exercise tolerance testing; Bruce protocol; time: 1 day (n=33)

Comparator test: morning; fasting; 60 degrees for 30 minutes; if negative, 1.25mg isosorbide dinitrate sublingually and tilt for 15 minutes; time: 1 day (n=33).

for Target Condition/Outcome: diagnosis

3.8.6 48-hour Holter monitoring versus tilt table

Study

Participant

Fitchet 2003 case series; study held in UK. Setting: Cardiology. cardiologist-run syncope clinic or cardiologists of 2 tertiary referral centres.

Funding: not stated

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: Unclear or Not stated.

blackouts suggestive of vasovagal syncope

Definition of TLoC: blackouts suggestive of vasovagal syncope. Inclusion criteria: blackouts suggestive of vasovagal syncope.

Exclusion criteria: contraindications to HUT test.

Patient characteristics: age: mean 50 (20) years, range 16-88 years; sex: 58% female; some patients with existing heart disease (7% had IHD and 1%

imparied left ventricular function); TLoC history: previous syncope burden 22 (20) range 1-50 episodes over 8.8 (10.9) years

(range 0.02 to 60.0). Comorbidities: not stated. Other study comments: case series

Diagnostic tests

Index test: Holter monitor (no further details); time: 48 hours (n=118)

Comparator test: fasting 2 to 4 hours; supine 20 min; tilt to 60 degrees for 45 minutes; if negative at 30 minutes, GTN 400 microg sublingually or isoprenaline IV 1 microg/min, increasing according to heart rate response to a maximum of 5microg/min for 15 minutes; time: Maximum duration 65 minutes (n=118). for Target Condition/Outcome: events recorded during TLOC were sinus tachy, sinus rhythm, AF; major arrhy not during TLOC were nonsustained VT or SVT; AF; sinus brady; minor ones were isolated v ent ectopics / bigeminy / trigeminy/couplets;

1st degree heart block (not prespecified)

3.8.7 24-hour Holter monitoring versus electrophysiological study

Study

cardiology.

Participant

Boudoulas 1983 non-randomised comparative study; study held in USA. Setting: Cardiology. TLoC population: unclear/not stated. Prior tests: All patients had at least 1 prior test.

syncope or presyncope; had had EEG (some also had CT or cerebral

angiography)

Definition of TLoC: not defined.

Inclusion criteria: syncope or presyncope.

Funding: not stated Exclusion criteria: obvious cause of syncope or significant arrhythmia on

resting ECG.

Patient characteristics: age: not stated; sex: not stated; some patients with

existing heart disease (75% had heart disease); TLoC history:

not stated. Comorbidities: not stated.

Other study comments: case series; 24 hour monitoring and

electrophysiological study within 1 week

Diagnostic tests

Index test: 24 hour ambulatory ECG (Avionics model 660-A); whole rhythm analysed; symptom diary; time: 24 hours (n=65) Comparator test: referenced but not described in this paper; time: 1 day (n=65). for Target Condition/Outcome: sinus brady less than 40 bpm awake; sinoatrial exit block; paroxysmal SVT (rate over 170 bpm); VT; repetitive pairs premature ventricular beats;

3.8.8 External event recorder versus telemetry

Study

Participant

Rothman 2007 RCT; study held in USA.

Setting: Cardiology. Multicentre.

Funding: Cardionet Inc TLoC population: patients with a suspected cardiac cause. Prior tests: All patients had at least 1 prior test.

high clinical suspicion of malignant arrhythmia; syncope or presyncope; nondiagnostic 24 hour Holter or telemetry in last 45 days

Definition of TLoC: syncope or presyncope (transient dizziness, lightheadedness, unsteadiness or weak spells without LOC).

Inclusion criteria: high clinical suspicion of malignant arrhythmia; syncope or presyncope; non-diagnostic 24 hour Holter or telemetry in last 45 days. Exclusion criteria: NYHA Class IV heart failure, MI in last 3 months, unstable angina, candidate for or recent valve surgery, sustained VT or VF, complex ectopy, below 18 years, other condition prohibiting completion of or compliance with protocol.

Patient characteristics: age: mean age 56 years; sex: around 30% male; some patients with existing heart disease (around 49% hypertension; 20% coronary artery disease; 5% MI, 5% congestive heart failure); TLoC history: not stated Comorbidities: not stated. Other details: non-diagnostic 24 hour Holter or telemetry in last 45 days. Other study comments: RCT

Diagnostic tests

Index test: external loop event monitoring; patient or automatically activated; time: up to 30 days (minimum 25 days) (n=52)
Comparator test: mobile cardiac outpatient telemetry (MCOT; CardioNet): continual recording; time: up to 30 days (n=62). for Target Condition/Outcome: prespecified: pauses; complete AV block; Mobitz type 2 2nd deg block; AF/flutter; rate over 120bpm + symptoms; over 150 - symptoms; brady below 40bpm + symptoms; sustained (over 10s)/symptomatic SVT over 120bpm; VT over 100bpm over 3 beats

3.9 Tilt table for NMS - cardioinhibitory response review

Study

Gatzoulis 2003 case series; study held in Greece. Setting: Cardiology.

Funding: not stated

Participant

TLoC population: patients with suspected neurally mediated syncope but 12-lead ECG normal. Prior tests: All patients had at least 1 prior test. unexplained syncope, neurological assessment, standard laboratory tests, BP, 12 lead ECG, bedside and upright carotid sinus massage, 24 hour Holter, echo (exercsie test, EPS, cardiac catheterisation, EEG, Doppler, CT or MRI brain as indicated)

Definition of TLoC: not defined.

Inclusion criteria: recurrent syncope and negative initial cardiovascular and neurological evaluation.

Exclusion criteria: abnormal 12 lead ECG, complex ventricular atopy, runs of supraventricular tachycardia on Holter.

Patient characteristics: age: mean age 44 (18) years, range 20 to 70 years; sex: 52% male; no patients with existing heart disease (excluded);

TLoC history: mean 4 (3) episodes (range 2 to 8); last episode in last 6 months

Comorbidities: not stated. Other details: see below

Other study comments: case series; followed up 24 (7) months

Diagnostic tests

Index test: supine 10 minutes; 80 degrees tilt for 20 minutes; if negative, isoproterenol 1 microg/min for 10 minutes; 5 minutes supine; 2mcg/min for 10 minutes; 5 minutes supine; 3microg/min for 10 minutes; 5 minutes supine; time: maximum 75 minutes (n=123) for Target Condition/Outcome: vasovagal syncope

3.10 Carotid sinus massage - cardioinhibitory response review

Study

Lagi 1991 diagnostic test accuracy study; study held in Italy. Setting: internal medicine. Funding: not stated

Participant

TLoC population: patients with suspected neurally mediated syncope but 12-lead ECG normal. Prior tests: All patients had at least 1 prior test. patients with unexplained syncope after history, examination, 12 lead ECG, chest x-ray, blood and urine chemistry, 24 hour Holter, EEG; some time: 1 minute patients also had exercise test, echo, cardiac catheter, CT head, 24 hour EEG

Definition of TLoC: .

Inclusion criteria: patients with unexplained syncope after history, examination 12 lead ECG, chest x-ray, blood and urine chemistry, 24 hour Holter, EEG; some patients also had exercise test, echo, cardiac catheter,CT head, 24 hour EEG.

Exclusion criteria: epileptic; vasodepressive (prodrome; short LOC and complete recvoery after lying down for less than 5 minutes without neurological sequelae); carotid artery disease, history of cerebrovascular

Patient characteristics: age: mean age 66 (12) years, range 47 to 82 years; sex: not stated; some patients with existing heart disease (75% had heart disease); TLoC history: at least 1 episode of syncope (isolated or

recurrent; not stated how many patients in each category)
Comorbidities: not stated. Other details: unexplained syncope; epilepsy and

vasodepressor syncope excluded

Other study comments: case series; mean follow up 11 (8) months

Diagnostic tests

Index test: massage to each right and left carotid sinus for about 5 seconds with the neck hyperextended, supine;

(n=56)

Reference standard: no recurrent syncope after permanent pacemaker; time 11(8) months(n=37)

for Target Condition/Outcome: cardioinhibitory carotid sinus hypersensitivity: variation of the cardiac rhythm or ventricular asystole over 3s with or without decrease in BP

3.11 Ambulatory ECG - cardioinhibitory response review

Study

Brignole 2006b non-randomised comparative study; study held in Multinational. Setting: Cardiology. multinational. Funding: Medtronic Europe

TLoC population: patients with suspected neurally mediated syncope but 12lead ECG normal. Prior tests: All patients had at least 1 prior test. causes other than neurally mediated excluded (e.g. by carotid sinus massage,

Definition of TLoC: not defined.

Inclusion criteria: 3 or more clinically severe syncopal episodes in last 2 years without significant ECG or cardiac abnormalities (severe=high number of episodes or high risk of physical injury due to unpredictability) Exclusion criteria: orthostatic hypotension, carotid sinus syncope; high likelihood of cardiac syncope; non-syncopal LOC, subclavian steal. Patient characteristics: age: mean age 66 (14) years; sex: 55% female; some patients with existing heart disease (14% had heart disease); TLoC history: median 6 events

Comorbidities: neurological disease 9%, diabetes 8%. Other details: see below Other study comments: case series; same patients as Brignole 2006 (number 780); only comparative diagnostic yield given here versus tilt table

Diagnostic tests

Index test: Reveal Plus (Medtronic); patient and automatic activation; time: mean 12 (8) months; device interrogated every 3 months or after event to maximum of 24 months (n=392)

Comparator test: no details given; time: 1 day (n=343).

for Target Condition/Outcome: suspected neurally mediated syncope; symptom/rhythm correlation: asystolic pause over 3 seconds (AV block or sinus arrest); bradycardia; tachyarrhythmia (paroxysmal AF; paroxysmal SVT; VT)

4 Pacemaker reviews

4.1 Pacemakers for Tilt testing

Study

Ammirati 2001 (SYDIT) RCT; study held in Italy. Funding: None stated

Participants

TLoC population: selected patients with NM syncope. Prior tests: All patients had 1 prior test. Extensive prior tests to exclude other causes (12-lead ECG, exercise, echo, 24h ECG, CSM, EEG plus CT, MRI, EP as necessary) and positive tilt test. Tilt test: all positive on head up tilt; 60 deg for 30 min; then isosorbide dinitrate 1.25mg for 15 min; 56% had ISD. All patients had TLoC during tilt test. Patient characteristics:

- age: Pacemaker 61(SD 13) years; drug 55 (SD 15) years; age >35 years
- sex: 43% and 37% male;
- cardioinhibitory NM syncope: some patients (60.2% patients had syncope in association with > asystole 3s (mean 16 (SD18) pace; 18 (11) drug))
- comorbidities: not stated, but study excluded cardiac, neurological or metabolic disease and no-one had need for concomitant chronic pharmacological treatment.

History of TLoC: median 7 (range 3-130) events; median 2 (1-20)

and 2(1-12) in 6 months prior to enrollment

Other study comments: Trial terminated early. Syncope witnessed in 57% of events and 29% other events associated with minor injuries (i.e.86% independently verified). Inclusion criteria: Recurrent vasovagal syncope plus age > 35 y + at least 3 syncopal spells in previous 2 years, with last episode within 6 mo of enrollment. Plus positive response to tilt test with syncope in association with relative bradycardia (< 60 bpm).

Exclusion criteria: Syncope of cause other than vasovagal known or suspected. Any historical, clinical, laboratory evidence of cardiac, neurological or metabolic disease. Need for concomitant chronic pharmacological treatment for any cause. Definition of TLoC: Sudden transient loss of consciousness with inability to maintain postural tone and spontaneous recovery.

interventions

Intervention 1: Dual chamber pacemaker (DDD) with rate drop response pacing: (syncope + trough heart rate < 60 bpm) programmed on basis of heart rate behaviour on tilt test plus lower rate 40bpm and minimum AV delay of 200 ms; time: median 390 days (IQR 360-420) time to 1st recurrence (n=46)

Comparator: Atenolol 50 mg once per day, then titrated up to 100 mg/day within 2-3 days; time: median 135 days (IQR 15-250) time to 1st recurrence (n=47).

TLoC First Draft

Study

Connolly 2003 (VPS II)

RCT; study held in Canada, Australia, US, Colombia. Funding: study co-funded by Medtronic Inc (pacemaker manufacturer) and

lead author had

honorarium

from them.

Participants

TLoC population: selected patients with NM syncope.

Prior tests: Unclear or Not stated. Typical history of recurrent vasovagal syncope and positive tilt test: syncope/presyncope + heart rate x bp < 6000 mm Hg/min All positive on head up tilt; 60-80 deg for 15-30 min; then isoproterenol 1-5 mcg for 5-15 min (44% DDD & 56% ODO IPN). 60% DDD & 71% for ODO had TLoC during tilt test. Patient characteristics:

- age: 50.8 (SD 17.6) years DDD and 47.8 (SD 17.7) ODO
- sex: 27.1% men (DDD) 52% men (ODO) significantly diff;
- cardioinhibitory NM syncope: some patients (15% DDD and 23% ODO had <40 bpm)
- comorbidities: diabetes mellitus (8%), cardiac disease (10%), hypertension (25%), chronic lung disease (12%)

History of TLoC: median 15 (IQR 8-50) DDD and 20 (8-50); median 4 (3-12) DDD and 4 (2-15) events in past year; median 1 month since last event Other study comments: Concomitant pharmacological therapy used during follow up: beta-blockers 12% ODO, 19% DDD; fludrocortisone 10% vs 2%; SSRI 12% vs 13%. Syncope witnessed in 12/16 (75%) (DDD) and 12/22 (55%) (ODO).

Inclusion criteria: Older than 19 years; typical history of recurrent

vasovagal syncope with at least 6 episodes ever or 3 in 2 years before enrollment.

Positive head up tilt result with heart rate x bp < 6000 mm Hg/min

Exclusion criteria: Any other cause of syncope; patients with important valvular, coronary artery, or myocardial disease; ECG abnormality; any major noncardiovascular

Definition of TLoC: Transient loss of consciousness with prompt spontaneous recovery.

RCT; study held in Canada and USA. Funding: none stated

Connolly 1999 (VPS) TLoC population: selected patients with NM syncope.

Prior tests: All patients had 1 prior test. History of recurrent syncope and positive tilt test (syncope/presyncope + trough heart rate <60bpm or see inclusion criteria). Other causes of TLoC excluded (arrhythmias, carotid sinus syndrome, seizures)

Tilt test: all positive on head up tilt; passive then isoproterenol phase; 78% pacemaker and 67% no PM had IPN. 77% in the pacemaker group and 63% in the no PM group had TLoC during tilt test; rest had presyncope Patient characteristics:

- age: 43 years (SD 18)
- sex: 30% male;
- cardioinhibitory NM syncope: some patients (19% pacemaker & 26% no pacemaker had <40 bpm)
- comorbidities: low incidence of diabetes mellitus (3%), hypertension on therapy (13%) & lung disease (6%). Excluded if important valvular, coronary, myocardial/conduction abnormality.

History of TLoC: TLoC history: median 14 (IQR 8-35) PM and 35 (20-100) lifetime events; median 3 (2-12) and 6 (3-40) in previous year; mean 92 days (SD 126) and 63 (SD 130) from most recent episode to randomisation.

Other study comments: Trial terminated early. Syncope witnessed in 50% of PM events & 32% no PM; 0% & 21% events associated with minor injuries. 7% in each group received a beta-blocker and 1/27 in the no PM group had disopyramide. Adjusted analysis same.

Inclusion criteria: At least 6 lifetime syncopal spells plus positive tilt test with syncope or presyncope and with relative bradycardia (trough heart rate of <60 bpm if no isoproterenol used, <70 if up to 2 mcg/min IPN used or <80 if over 2 mcg/min used). Exclusion criteria: Important valvular, coronary, myocardial/conduction abnormality; previous pacemaker therapy; contraindication to insertion of pacemaker, a major chronic noncardiovascular disease.

Definition of TLoC: Transient state of unconsciousness characterised by spontaneous recovery.

interventions

Intervention 1: Dual chamber pacemaker (DDD) with rate drop response pacing: drop size 20 beats, drop rate 70/min and intervention rate of 100/min for 2 min; time: 6 months (n=48)

Comparator: Dual chamber pacemaker set to sensing only (ODO); time: 6 months (n=52).

Intervention 1: Dual chamber pacemaker (DDD) with rate drop response pacing: drop 5 to 15 bpm over 20-40 beats, drop rate 60/min and intervention rate of 100/min for 2 min] + usual care (none required); time: mean 112days (n=27) Comparator: usual care medical or nonmedical at discretion of physician (none required); time: mean 54 days (n=27).

4.2 Pacemakers for CSM

Study

Brignole 1992c RCT; study held in Italy. Funding: not stated

Participants

TLoC population: selected patients with TLoC of mixed known causes. Prior tests: Intervention 1: 18 patients received All patients had at least 1 prior test. a ventricular inhibited (VVI)

"severe carotid sinus syndrome"; 97% had syncope; history, exam, 12 lead ECG, ECG at least 24 hours (ambulatory/ telemetry) in CCU CXR, echo, EPS 40/60 had heart disease; CSM: right and left side 10 s; supine and erect; repeated after atropine 0.02mg/kg; for 1 min

- Patient characteristics:
 age: mean around 70 years (10 years)
- sex: 80% male;
- cardioinhibitory NM syncope: All patients ()
- · comorbidities: not stated

History of TLoC: mean around 3.3 episodes per patient; 2 in last year Other study comments: all patients advised against driugs affecting carotid reflex (e.g. beta blockers, digitalis, antiarrhythmic drugs). Inclusion criteria: recurrent syncope/presyncope + major trauma/risk of trauma (sudden onset/activity of patient) or interfered with daily activity (frequency/intensity). CSM reproduced symptoms + asystole at least 3s; reproducible within few days. No other cause. Exclusion criteria: persistent diurnal sinus brady (<50bpm); intermittent mild brady <60bpm with abnormal EPS; AV block; HV interval 70ms or more. Definition of TLoC: syncope: sudden unexplained loss of consciousness.

Interventions

Intervention 1: 18 patients received a ventricular inhibited (VVI) pacemaker, while 14 had a dual chamber (DDD) pacemaker; time: 34 months (SD 10) (n=32)
Comparator: no pacemaker; 19 (68%) patients however received a pacemaker after a mean of 8.2 months (SD 10) follow up; in 15 cases this was because of TLoC recurrence; time: 36 months (SD 10) (n=28).

Claesson 2007 RCT; study held in Sweden. Funding: Skaraborg Institute for Research and Development TLoC population: ---. Prior tests: All patients had at least 1 prior test. syncope or presyncope and induced cardioinhibitory carotid sinus syndrome; history, exam, 12 lead ECG, orthostatic test, HUT, 24 hour ambulatory Holter CSM consisted of firm pressure to the carotid sinus without any movement of the fingertips for 5 seconds in the supine position, first on the right then on the left if needed.

Patient characteristics:

- age: mean age around 75 years
- sex: 42/60 male;
- cardioinhibitory NM syncope: All patients ()
- comorbidities: 34/60 on cardiovascular drugs (beta-blockers, calcium inhibitors, nitrates)

History of TLoC: at least 1 episode

Other study comments: Inclusion criteria: syncope or presyncope and induced cardioinhibitory carotid sinus syndrome.

Exclusion criteria: diminished cognitive function; geographical reasons.

Definition of TLoC: transient self-terminating loss of consciousness usually leading to falling; onset rapid; recovery spontaneous, complete and prompt. Presyncope: pt feels syncope is imminent; premonitory symptoms of syncope.

Intervention 1: 24 patients had a pacemaker operating in DDDR mode, 5 in VVIR mode and 1 in AAIR mode; time: 12 months (n=30)

Comparator: no pacemaker; patients allowed to cross to pacemaker after they had had syncope or presyncope (1/3rd did crossover); time: 12 months (n=30).

TLoC First Draft

Study

Kenny 2001 RCT; study held in UK. Funding: National Health Service Cardiovascular research and development programme; research into

educational grant from Medtronic

ageing,

Participants

TLoC population: selected patients with TLoC of mixed known causes. Prior tests: Intervention 1: rate drop response All patients had at least 1 prior test. dual-chamber pacemaker implant,

cohort that had non-accidental falls and were attending the ED, not necessarily had TLoC. Patients had history, examination including neurological, cardiovascular, gait and balance assessment

12% had is chaemic heart disease; patients over 50 years attending A&E with non-accidental fall, with cardioinhibitory or mixed CSH

Patient characteristics:

- age: mean age 73 (10) years
- sex: 40% male;
- cardioinhibitory NM syncope: All patients ()
- comorbidities: 26% HY; 15% stroke; 9% diabetes; 25% abnormal visual acuity; 45% abnormal gait; 79% abnormal balance

History of TLoC: TLoC history: median 2 falls (mean 9.3; range 0 to >100); 30% had LOC during CSM but 80% had amnesia for this (i.e. previous falls might have been TLOC)

Other study comments: likely to be an indirect population. CSM: supine 5 min; CSM right then left side; 5 seconds each; 1 minute interval between; if no response, tilted to 70 degrees and repeated

Inclusion criteria: patients over 50 years attending A&E with non-accidental fall, with cardioinhibitory or mixed CSH.

Exclusion criteria: cognitive impairment; medical explanation of event within 10 days of presentation; accidental fall; blindness; lived >15 miles from A&E; contraindication to CSM; drugs affecting CSM response.

Definition of TLoC: not defined. Patients had to have had a non-accidental fall, defined as coming to rest on the ground or a lower level, not explained by accidental event and not medical causes such as epilepsy, stroke, alcohol excess, Orthostatic hypotension, bradycardias and tachycardias.

Interventions

Intervention 1: rate drop response dual-chamber pacemaker implant; paced if heart rate below 50bpm; diaries kept by patients (85% completion); time: 12 months (n=87)

Comparator: usual care; diaries kept by patients (92% completion); time: 12 months (n=88).