

Schedule of specialist antenatal appointments

Type of pregnancy	Weeks 6 to 19												
	6	7	8	9	10	11	12	13	14	15	16	17	18
All pregnancy types below													Anomaly scan (18 ⁺⁰ to 20 ⁺⁶ weeks)**
Monochorionic diamniotic twins	Booking appt by 10 weeks*				Appt + early scan (approximately 11 ⁺⁰ to 13 ⁺⁶ weeks)			Appt/scan FFTS			Appt/scan FFTS		
Dichorionic twins								Appt only (no scan)					
Monochorionic & dichorionic triplets (triamniotic)								Appt/scan FFTS			Appt/scan FFTS		
Trichorionic triamniotic triplets								Appt only (no scan)					

Type of pregnancy	Weeks 20 to 29										
	20	21	22	23	24	25	26	27	28	29	
All pregnancy types below	Anomaly scan (18 ⁺⁰ to 20 ⁺⁶ weeks)										
	Monitor for IUGR at each scan from 20 weeks										
Monochorionic diamniotic twins	Appt/scan FFTS	Appt/scan FFTS			Appt/scan FFTS					Appt/scan	
Dichorionic twins	Appt/scan				Appt/scan					Appt/scan	
Monochorionic triamniotic & dichorionic triamniotic triplets	Appt/scan FFTS	Appt/scan FFTS			Appt/scan FFTS		Appt/scan			Appt/scan	
Trichorionic triamniotic triplets	Appt/scan				Appt/scan					Appt/scan	

* See 'Antenatal care' at www.nice.org.uk/guidance/CG62

** Consider scheduling anomaly scan slightly later if needed.

Type of pregnancy	Weeks 30 to 37							
	30	31	32	33	34	35	36	37
All pregnancy types below	Monitor for IUGR at each scan from 20 weeks							
Monochorionic diamniotic twins			Appt/scan		Appt/scan		Offer birth If declined: weekly appts + scans	
Dichorionic twins			Appt/scan		Appt only (no scan)		Appt/scan	Offer birth If declined: weekly appts + scans
Monochorionic triamniotic & dichorionic triamniotic triplets	Appt/scan		Appt/scan		Appt/scan	Offer birth If declined: weekly appts + scans		
Trichorionic triamniotic triplets			Appt/scan		Appt/scan	Offer birth If declined: weekly appts + scans		

Key

Appt/scan: Appointment plus scan (note that all women should have at least two of their appointments with the specialist obstetrician);

FFTS: Monitor for foeto-foetal transfusion syndrome; IUGR: Intrauterine growth restriction