

## Self-Harm: Longer Term Management Guideline Development Group Meeting

**Date and Time:** **Day 1** - Tuesday 18 January 2011, 10.30am – 6pm  
**Day 2** – Wednesday 19 January 2011, 9.30am – 5pm.

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
6<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**  
Nav Kapur (Chair) (NK)  
Tim Kendall (TK)  
Paul Gill (PG)  
Rory O'Connor (RoC)  
Gareth Allen (GA)  
Anthony Cox (AC)  
Kate Hunt (KH)  
Stephen Briggs (SB)  
Jonathan Evans (JE)  
Suzanne Kearney (SK)  
Richard Pacitti (RP)  
Andrew Briggs (AB)

**Experts**

None

**In attendance:**  
NCCMH Staff: Henna Bhatti (HB)  
Melissa Chan (MC)  
Nadir Cheema (NC)  
Naomi Glover (NG)  
Katherine Leggett (KL)

NICE staff Nick Staples (NS)

Observers: None

**Day 1**

Notes

1. Apologies were received from Simon Baston and Stephen Briggs. Paul Moran withdrew from the group due to time commitments.
2. Each member stated their declarations of interest.
3. The minutes of the last meeting were agreed as a true and accurate account.
4. Service user and carer concerns were discussed.
5. TK outlined the aims for the 2 day meeting. The group discussed the areas of the guideline they feel are most important or still need highlighting
6. MC presented the clinical evidence for psychosocial interventions.
7. Nadir Cheema presented the Health Economics evidence for psychosocial interventions.
8. MC gave a summary of the pharmacological data.
9. The group discussed and amended the draft recommendations.
10. No other business was raised.

## **Day 2**

### Notes

1. Apologies were received from Suzanne Kearney and Andrew Briggs.
2. AC presented the chapter on young people.
3. HB gave a summary of the risk scales data.
4. NG gave a summary of the training data.
5. The group finalised the recommendations.
6. The GDG discussed the potential key priorities for implementation.
7. The group discussed potential research recommendations.
8. No other business was raised.
9. Next meeting: 29 June 2011