



Interactive care pathway for cauda equina syndrome

Implementation support
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Cauda equina syndrome is a rare and severe type of spinal stenosis where all of the nerves in the lower back become severely compressed.

The [Getting It Right First Time \(GIRFT\) pathway for cauda equina syndrome](#) covers:

- symptoms and initial management
- bladder scanning
- radiology
- surgery
- post-operative care.

It can be used by healthcare professionals in primary, community and secondary care as a decision-support tool.

The GIRFT programme is a national NHS England programme designed to improve the treatment and care of patients through in-depth review and benchmarking of services. It uses a data-driven evidence base to support change.