

## MEETING MINUTES

**Rehabilitation after Stroke – GDG Meeting 5**  
**Location: National Clinical Guideline Centre – Board Room**  
**180 Great Portland Street, London, W1W 5QZ**  
**24<sup>th</sup> November, 2010**

<u>Present</u>			
<u>GDG</u>		<u>NCGC Technical Team</u>	
Diane Playford	DP	Gill Ritchie	GR
Anne Forster	AF	Tamara Diaz	TD
Sandra Chambers	SC	Antonia Morga	AM
Robin Cant	RC	Serena Carville	SCa
Sue Thelwell	ST	Jonathan Nyong	JN
Khalid Ali	KA	Lina Gulhane (PM only)	LG
Louise Clark	LC		
Kathryn Head	KH	<u>Observers</u>	
Rory O'Connor	ROC	Rebecca Kearney (NICE Scholar)	RK
Najma Khan-Bourne	NKB	Abitha Senthinathan (NICE)	AS
Helen Hunter	HH	Quyen Chu (NCGC)	QC

### 1. Introduction

#### 1.1. Welcome and Apologies

The Chair welcomed NICE Scholar's observer Rebecca Kearney, NICE Short Guidelines team member Abitha Senthinathan and NCGC Team member, Quyen Chu. The GDG and technical team introduced themselves for the benefit of the observers. Formal apologies were received from Keith Mac Dermott, Pamela Holmes, Avril Drummond and Martin Bird.

#### 1.2. Declarations of Interest.

There were no declarations of interest relevant to the day's clinical review.

#### 1.3. GDG 4 Minutes

Pending the following amendment, the GDG accepted the minutes as a true reflection of the meeting's events:

1.3.1. In the apologies Najma Khan-Bourne's name to be hyphenated.

#### 1.4. GDG 4 Matters Arising

##### 1.5. Minimal Important Difference Scores.

An update will be provided on this agenda item.

##### 1.6. Stroke Association Cooptee for Information/Education Question

The GDG was advised that a cooptee had been referred by the Stroke Association to assist with questions related to Information and Education in Stroke Rehabilitation. The cooptee's input had been sought to draft the protocol for the education question that will be finalised at today's meeting.

##### 1.7. Mean Age Stroke Survival Data.

Data on the mean age of stroke had been sourced from the suggested research (David Smithard's Outcomes of Stroke paper) and this data will be added to the evidence-to-recommendations statement for the clinical question on Constraint Induced Movement Therapy.

### 2. Overview of the Agenda

The Chair provided an overview of the meeting agenda, highlighting clinical and health economic evidence on intensity of rehabilitation and intensity of occupational therapy for activities of daily

living. Health Economic evidence for each question will also be presented and the GDG will discuss and reach agreement on clinical questions.

### **3. Evidence Reviews: Rehabilitation Interventions**

#### **3.1. In people after stroke what is the clinical and cost effectiveness of intensive occupational therapy focussed specifically on personal activities of daily living (dressing/others) versus usual care.**

3.1.1. The GDG discussed the limitations and merits of the clinical and health economic evidence presented and drafted recommendations for the clinical question.

#### **3.2. In people after stroke what is the clinical and cost-effectiveness of intensive rehabilitation versus standard rehabilitation?**

##### 3.2.1. Clinical evidence:

The GDG discussed the clinical and health economic evidence presented and drafted recommendations for the clinical question.

### **4. Health Economics**

#### 4.1. Economic Priority – Intensity of Rehabilitation

As Intensity of rehabilitation is one of the clinical questions chosen for original economic analysis the GDG agreed on the evidence that the analysis would be based on and the type of analysis that would be conducted.

### **5. Clinical Questions and Search protocols**

#### **5.1. Review Protocols**

The GDG discussed and agreed the clinical question on interventions for return to work vocational rehabilitation and discussed the search protocols for the following rehabilitation areas:

5.1.1. Psychological therapies provided to the family (patient included)

5.1.2. Interventions for swallowing

5.1.3. Benefits of supported information provision

The technical team will follow up with Kathryn Head to finalise the dysphagia protocol.

### **6. Any other business**

MID – TD will follow up with GDG on outstanding MID Scores data.

GDG confirmed that they were all familiar with the NICE quality standards.

There being no further business the meeting ended at 4:15 p.m.

### **7. Close**

The next GDG meeting will take place on 12<sup>th</sup> January, 2011 at the Conwy Room, National Institute for Clinical Excellence, Mid City Place, 71 High Holborn, London, WC1V 6NA from 10:00 a.m. – 4:00 p.m.