

Diagnosis and management of suspected idiopathic pulmonary fibrosis

Appendices

Clinical Guideline

Appendices A-S

January 2013

Draft for Consultation

*Commissioned by the National Institute for
Health and Clinical Excellence*

Disclaimer

Healthcare professionals are expected to take NICE clinical guidelines fully into account when exercising their clinical judgement. However, the guidance does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of each patient, in consultation with the patient and/or their guardian or carer.

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National Institute for Health and Clinical Excellence

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Appendices

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Appendix A: Scope

NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE

SCOPE

1 Guideline title

Idiopathic pulmonary fibrosis: the diagnosis and management of suspected idiopathic pulmonary fibrosis

1.1 Short title

Idiopathic pulmonary fibrosis

2 The remit

The Department of Health has asked NICE: 'To produce a clinical guideline on the diagnosis and management of suspected idiopathic pulmonary fibrosis.'

3 Clinical need for the guideline

3.1 Epidemiology

- a) Idiopathic pulmonary fibrosis (IPF) used to be called cryptogenic fibrosing alveolitis. It is a severe progressive lung disease, in which fibrous tissue forms in the lungs. Smoking is believed to be a risk-factor but the exact cause is unknown.
- b) Most people with idiopathic pulmonary fibrosis experience worsening breathlessness leading to respiratory failure. Average survival is around 3 years, and mortality rates are comparable to many solid cancers.
- c) The median age of presentation is 70 years. It is rare in people younger than 45.
- d) Idiopathic pulmonary fibrosis is becoming more common. The incidence is around eight to nine per 100,000 person years, which

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means more than 4000 new cases occur in the UK each year. The prevalence is around 15 to 25 per 100,000 and increases with age. The average hospital with a catchment of 500,000 will have 35 new cases a year and the average GP surgery of 10,000 patients will have two new cases every 3 years.

3.2 Current practice

- a) Idiopathic pulmonary fibrosis is one of several interstitial lung diseases that tend to present in a similar manner with breathlessness, bibasal chest crepitations and diffuse chest X-ray changes. Idiopathic pulmonary fibrosis has the poorest prognosis of these disorders, so establishing a timely, confident diagnosis is important. A confident diagnosis needs careful integration of clinical, radiological (high-resolution CT scans) and pathological data and there is evidence that this is best achieved in a specialist multidisciplinary setting.
- b) To manage IPF, there is evidence to support a role for some types of best supportive care, such as smoking cessation, pulmonary rehabilitation, withdrawal of ineffective therapy, oxygen therapy and palliation of symptoms.
- c) Currently, there is no proven effective drug therapy for IPF. Corticosteroids and azathioprine are often used. A recent trial suggests the addition of N-acetylcysteine to prednisilone and azathioprine may slow the rate of disease progression more than prednisolone and azathioprine alone.
- d) There are some emerging therapies for the disease. Some of these are costly, and all are as yet unproven but they may change the treatment landscape.
- e) Lung transplantation is a valuable resource for selected patients. It is suitable for only a minority of patients with idiopathic pulmonary fibrosis, and the number of patients that die waiting for a lung

transplant is proportionately higher than any other patient group. Efforts should be made to identify which patients would benefit most.

- f) Access to pulmonary rehabilitation services and palliative care for idiopathic pulmonary fibrosis is not uniform. The past few years have seen several ad hoc specialist centres emerge, often with limited or no resource support.
- g) The British Thoracic Society guidelines were published in 2008. There is an urgent need for guidance on initial diagnosis and the management of idiopathic pulmonary fibrosis because the ongoing burden of disease has significant resource implications, and because of the imminent emergence of new potential therapies.

4 The guideline

The guideline development process is described in detail on the NICE website (see section 6, 'Further information').

This scope defines what the guideline will (and will not) examine, and what the guideline developers will consider. The scope is based on the referral from the Department of Health.

The areas that will be addressed by the guideline are described in the following sections.

4.1 Population

4.1.1 Groups that will be covered

- a) Adults (18 and older) with suspected or diagnosed idiopathic pulmonary fibrosis.
- b) No patient subgroups have been identified as needing specific consideration.

4.1.2 Groups that will not be covered

- a) Children and young people (younger than 18).
- b) People with a diagnosis of pulmonary fibrosis as a complication of:
 - connective tissue disorders (for example, systemic lupus erythematosus, rheumatoid arthritis, scleroderma, polymyositis and dermatomyositis)
 - a known exogenous agent (for example, drug-induced disease or asbestosis).

4.2 *Healthcare setting*

All healthcare settings.

4.3 *Clinical management*

4.3.1 Key clinical issues that will be covered

- a) Diagnosis:
 - high resolution computed tomography (CT) scanning
 - biopsy (bronchoalveolar lavage and surgical lung biopsy)
 - multidisciplinary teams to achieve a consensus diagnosis
 - pulmonary function tests.
- b) Prognosis:
 - pulmonary function tests (resting spirometric and gas transfer measurement)
 - sub-maximal exercise testing
 - echocardiography.
- c) Treatment of the disease with the following drugs:
 - prednisolone
 - mycophenolate mofetil
 - warfarin

- azathioprine
- N-acetyl cysteine
- proton-pump inhibitors
- co-trimoxazole
- ambrisentan
- bosanten
- sildenafil.

Note that guideline recommendations will normally fall within licensed indications; exceptionally, and only if clearly supported by evidence, use outside a licensed indication may be recommended. The guideline will assume that prescribers will use a drug's summary of product characteristics to inform the decisions they make with patients.

d) Symptom relief:

- lung transplantation timing and referral
- best supportive care (benzodiazepines, oxygen therapy and palliative care)
- non invasive and invasive ventilation
- pulmonary rehabilitation (breathlessness management).

e) Patient review and follow-up.

4.3.2 Clinical issues that will not be covered

- a) Therapies for pulmonary hypertension as a complication of idiopathic pulmonary fibrosis.
- b) Treatment of lung cancer as a complication of idiopathic pulmonary fibrosis.
- c) Lung transplantation, other than timing and referral.

4.4 Main outcomes

- a) Lung capacity: measurement of vital capacity (VC) or forced vital capacity (FVC).
- b) Gas transfer: measurement of the carbon monoxide diffusing capacity of the lungs (T_LCO).
- c) Change in health-related quality of life measured using the Short Form-36 or Saint George's Respiratory Questionnaire and/or a measure of function such as the 6 minute walk test or EQ 5D.
- d) Hospitalisations due to exacerbation of the disease.
- e) Mortality.
- f) Adverse events.

4.5 Economic aspects

Developers will take into account both clinical and cost effectiveness when making recommendations involving a choice between alternative interventions. A review of the economic evidence will be conducted and analyses will be carried out as appropriate. The preferred unit of effectiveness is the quality-adjusted life year (QALY), and the costs considered will usually only be from an NHS and personal social services (PSS) perspective. Further detail on the methods can be found in 'The guidelines manual' (see 'Further information').

4.6 Status

4.6.1 Scope

This is the final scope.

4.6.2 Timing

The development of the guideline recommendations will begin in September 2011.

5 Related NICE guidance

5.1 *Published guidance*

- Lung cancer. NICE clinical guideline 121 (2011). Available from www.nice.org.uk/guidance/CG121
- Tuberculosis. NICE clinical guideline 117 (2011). Available from www.nice.org.uk/guidance/CG117
- Chronic obstructive pulmonary disease. NICE clinical guideline 101 (2010). Available from www.nice.org.uk/guidance/CG101
- Smoking cessation services. NICE public health guidance 10 (2008). Available from www.nice.org.uk/guidance/PH10.

5.2 *Guidance under development*

NICE is currently developing the following related guidance (details available from the NICE website).

- Opioids in palliative care. NICE clinical guideline. Publication expected May 2012.

5.2.1 NICE guidance to be incorporated

This guideline is intended to incorporate the following NICE guidance, subject to a technology appraisal consultation:

- Pirfenidone for the treatment of idiopathic pulmonary fibrosis. NICE technology appraisal. Publication date to be confirmed.

6 Further information

Information on the guideline development process is provided in:

- 'How NICE clinical guidelines are developed: an overview for stakeholders' the public and the NHS'
- 'The guidelines manual'.

1 Appendix B: Declarations of interest

2 B.1 Dr Nik Hirani

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| GDG meeting | Declaration of Interests | Actions taken |
|--------------------------------|--|---------------|
| On Application | <p>NH declared he knew of no personal pecuniary interests or personal family interests in the past 12 months and had nothing to declare for the upcoming month.</p> <p>NH declared non-personal pecuniary interests, which led to payments made directly to the University of Edinburgh: NH received a non-commercial clinician scientist fellowship to study mechanisms of acute lung injury and repair. Funded by GlaxoSmithKlein from 2001 to 2005.</p> <p>NH was the principal investigator for local site in a multiple-centre phase 3 clinical trial of endothelin antagonist in IPF (ARTEMIS) study. Funded by Gilead, from 2010 to Dec 2011.</p> <p>NH was the principal investigator in MRC/Industry-funded phase 1/2 clinical trial of CDK inhibitor. Funded by Astex, from 2010/2011 to January 2012.</p> <p>NH was the principal investigator in collaborative research on pre-clinical models of lung injury and fibrosis. Funded by AstraZeneca, from 2010 to December 2011.</p> <p>NH is the principal investigator for an MRC funded molecular imaging study in pulmonary fibrosis in partnership with AstraZeneca, which is due to commence in 2013.</p> <p>NH declared personal non-pecuniary interests. NH is a member of the British Thoracic Society and Chair of ILD specialist advisory group. NH also belongs to the Advisory board EurIPFnet (European Registry of IPF).</p> | None |
| First GDG meeting (16/09/2011) | NH had no new interests to declare other than those declared at upon application to the GDG. | None |
| Second GDG Meeting (21/10/11) | NH had no new interests to declare. | None |
| Third GDG Meeting (02/12/11) | NH declared a non-personal pecuniary interest. NH attended a BTS meeting and gave a presentation on IPF. Travel and accommodation was provided for by the University of Edinburgh. | None |
| Fourth GDG Meeting (12/01/12) | NH had no new interests to declare. | None |
| Fifth GDG Meeting | NH had no new interests to declare. | None |

| GDG meeting | Declaration of Interests | Actions taken |
|---------------------------------|--|---------------|
| (24/02/12) | | |
| Sixth GDG Meeting (28/03/12) | NH declared a personal pecuniary interest. NH gave a presentation at the April 2012 Keystones Lung Fibrosis meeting, for which he received travel and accommodation expenses from the University of Edinburgh. | None |
| Seventh GDG Meeting (11/05/12) | NH declared a non-personal pecuniary interest. NH is the principal investigator for an MRC funded molecular imaging study in pulmonary fibrosis in partnership with AstraZeneca, which is due to commence in July 2013. Funding is paid directly to the University of Edinburgh: NH was been Approached in the last month by Intermune to sit on an advisory board for the Passport study, which is a patient named surveillance study of those on Pirfenidone, which he declined. | None |
| Eighth GDG Meeting (21/06/12) | NH had no new interests to declare. | None |
| Ninth GDG Meeting (25/07/12) | NH declared a personal non-pecuniary interest. NH will be an adviser on the NIHR HTA report, which is evaluating the clinical and cost effectiveness of treatments for idiopathic pulmonary fibrosis. This systematic review is due for completion in spring 2013. | None |
| Tenth GDG Meeting (07/09/12) | NH declared personal non-pecuniary interests. NH is a member of the BTS steering group developing an IPF National Registry for which he receives no funding. A student which NH supervises received funding from Boehringer Ingelheim to attend the ERS conference. Funding was within reasonable limits for conference attendance. NH also endorsed an article in Thorax, which discussed what outcomes should be used as end points in trials in lung fibrosis. NH did not receive any funding for this endorsement. | None |
| Eleventh GDG Meeting (05/10/12) | NH declared a personal non-pecuniary interest. NH attended an IPF meeting, ICLAF, in Italy, from the 29th September to 4th October 2012. NH also published an abstract in the ERS journal. No financial remuneration was received for either of these declarations. | None |
| Twelfth GDG Meeting 01/11/12) | NH had no new interests to declare. | None |

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2 B.2 Angela Key

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| GDG meeting | Declaration of Interests | Actions taken |
|----------------|---|---------------|
| On Application | AK declared she knew of no personal pecuniary, personal family, non-personal pecuniary or personal non-pecuniary interests in the previous 12 months or upcoming month. | None |

| GDG meeting | Declaration of Interests | Actions taken |
|---------------------------------|--|----------------------|
| First GDG meeting (16/09/2011) | AK had no new interests to declare other than those declared at upon application to the GDG. | None |
| Second GDG Meeting (21/10/11) | AK had no new interests to declare. | None |
| Third GDG Meeting (02/12/11) | AK had no new interests to declare. | None |
| Fourth GDG Meeting (12/01/12) | AK had no new interests to declare. | None |
| Fifth GDG Meeting (24/02/12) | Did not attend | None |
| Sixth GDG Meeting (28/03/12) | AK had no new interests to declare. | None |
| Seventh GDG Meeting (11/05/12) | AK had no new interests to declare. | None |
| Eighth GDG Meeting (21/06/12) | AK had no new interests to declare. | None |
| Ninth GDG Meeting (25/07/12) | AK had no new interests to declare. | None |
| Tenth GDG Meeting (07/09/12) | AK had no new interests to declare. | None |
| Eleventh GDG Meeting (05/10/12) | AK had no new interests to declare | None |
| Twelfth GDG Meeting 01/11/12) | Did not attend | None |

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2 **B.3 Ann Millar**

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| GDG meeting | Declaration of Interests | Actions taken |
|--------------------|---|----------------------|
| On Application | AM declared she knew of no personal pecuniary or personal family interests in the previous 12 months or upcoming month. | None |

| GDG meeting | Declaration of Interests | Actions taken |
|---------------------------------|---|---------------|
| | <p>AM declared a non-personal pecuniary interest. AM is involved with trials of drug therapies for patients with IPF as recommended by the British Thoracic Society guidelines. These trials are funded by Boehringer Ingelheim and funding goes into a respiratory departmental research fund (on-going).</p> <p>AM declared personal non-pecuniary interests. AM is the Chairman of the British Association for Lung Research and member of the Respiratory Expert Advisory Group for the MHRA (2009-2013).</p> | |
| First GDG meeting (16/09/2011) | AM had no new interests to declare other than those declared at upon application to the GDG. | None |
| Second GDG Meeting (21/10/11) | Did not attend | None |
| Third GDG Meeting (02/12/11) | Ann Millar declared she had written an editorial for the Thoracic Society on the PANTHER study. | None |
| Fourth GDG Meeting (12/01/12) | AM had no new interests to declare. | None |
| Fifth GDG Meeting (24/02/12) | AM had no new interests to declare. | None |
| Sixth GDG Meeting (28/03/12) | AM had no new interests to declare. | None |
| Seventh GDG Meeting (11/05/12) | AM had no new interests to declare. | None |
| Eighth GDG Meeting (21/06/12) | Did not attend | None |
| Ninth GDG Meeting (25/07/12) | AM had no new interests to declare. | None |
| Tenth GDG Meeting (07/09/12) | AM declared a personal non-pecuniary interest. AM is a member of the BTS steering group developing an IPF National Registry, for which she receives no funding. | None |
| Eleventh GDG Meeting (05/10/12) | AM had no new interests to declare. | None |
| Twelfth GDG | AM had no new interests to declare. | None |

| GDG meeting | Declaration of Interests | Actions taken |
|----------------------|--------------------------|---------------|
| Meeting 01/11/12) | | |

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2 B.4 Annette Duck

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| GDG meeting | Declaration of Interests | Actions taken |
|-----------------------------------|--|---------------|
| On Application | <p>AD declared she knew of no personal pecuniary, personal family or personal non-pecuniary interests in the previous 12 months or upcoming month.</p> <p>AD declared non-personal pecuniary interests. AD has been the research nurse and clinical trial co-ordinator in trials associated with Intermune, Actelion, Boehringer Ingelheim and Gilead. AD is a committee member and Chair of the Association of Respiratory Nurse Specialists (ARNS), she has had associations and negotiated sponsorship on behalf of the association with Astra Zeneca, Boehringer Ingelheim, GSK, Chiesi, Nycomed, MSD, Nutricia, Teva, Actelion, Orion and Pfizer. This funding has supported educational annual conferences, study days, courses, and the secretariat and 10 committee expenses to run the association. AD's term of office ended in July 2011.</p> | None |
| First GDG meeting (16/09/2011) | AD had no new interests to declare other than those declared at upon application to the GDG. | None |
| Second GDG Meeting (21/10/11) | Did not attend. | None |
| Third GDG Meeting (02/12/11) | AD declared she had attended an IPF meeting in Berlin and had also been involved in discussions to set up an IPF patient support group in the previous month, both funded for by Intermune. AD also informed the group that her current employment in the NHS was under review and due to this she had also been in discussions with Intermune regarding future employment possibilities, but no further developments had yet been made. | None |
| Fourth GDG Meeting (12/01/12) | Did not attend. | None |
| Fifth GDG Meeting (24/02/12) | Annette Duck declared a personal non-pecuniary interest that she had attended two IPF patient support group meetings since the last GDG meeting. No financial re-numerations were received for either of these days. | None |
| Sixth GDG | AD declared non-personal pecuniary interests. AD was involved in developing and speaking at a patient support group meeting on the | None |

| GDG meeting | Declaration of Interests | Actions taken |
|------------------------------------|--|---------------|
| Meeting (28/03/12) | 10th March 2012 and the 25th April at the BLF NW ILD networking day. No financial re-numerations were received for either of these days. | |
| Seventh GDG Meeting (11/05/12) | AD declared a personal pecuniary interest. AD acted as a freelance trainer on the ARNS End of Life course in Swansea 19th and 20th April 2012, for which she received £300.00 per day. AD also declared personal non-pecuniary interests. AD was a speaker at the North-West BLF ILD/IPF networking patient support group meeting on the 25th April. AD also presented at the International Primary Care Respiratory Society Conference in Edinburgh on the 28th April. No financial re-numerations were received for either of these days. | None |
| Eighth GDG Meeting (21/06/12) | AD declared a personal pecuniary interest. AD acted as a freelance trainer on the ARNS End of Life care in Cambridge in May, for which she received £300 per day. | None |
| Ninth GDG Meeting (25/07/12) | AD declared a personal pecuniary interest for consulting at an IPF patient support day organised by Intermune on the 19th July 2012, for which she received a fee of £225. Intermune manufactures Pirfenidone, which is not a drug highlighted in the scope of this guideline. AD also declared non-personal pecuniary interests. AD attended a meeting to develop a national IPF support group in Nottingham on 20th July 2012 outside of her NHS commitments. No expenses or reimbursement was received for attending this meeting. AD is also a co-author on two articles, one on the benefits of a MDT in ILD diagnosis and another on the benefits of ambulatory oxygen in IPF, which have both been submitted to the European Respiratory Journal. | None |
| Tenth GDG Meeting (07/09/12) | AD declared personal non-pecuniary interests. AD attended a study day organised by Intermune on 28th June. She received no financial remuneration for attendance. AD also presented a research poster at the ERS on 4th September on 'Perceptions, experiences and information needs of patients with IPF'. The department in which AD works is taking part in the Pirfenidone Named Patient Programme, which commenced in September 2011 and for which there is no funding. AD declared a personal pecuniary interest that her hotel accommodation at the ERS was sponsored by Intermune. Her flight expenses were covered by her institution. | None |
| Eleventh GDG Meeting (05/10/12) | AD declared personal pecuniary interests. AD acted as a freelance trainer on the ARNS ILD study day in Belfast for which she received trainer fee of £300.00. AD was also involved in a radio interview on South Manchester radio for which there was no financial remuneration. AD declared a personal non-pecuniary interest, as she was involved with IPF awareness week sponsored by Intermune. Intermune sponsored activities at UHSM that were associated with IPF Awareness week with £500. | None |
| Twelfth GDG | Did not attend | None |

| GDG meeting | Declaration of Interests | Actions taken |
|----------------------|--------------------------|---------------|
| Meeting 01/11/12) | | |

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2 B.5 Geraldine Burge

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| GDG meeting | Declaration of Interests | Actions taken |
|-----------------------------------|---|---------------|
| On Application | <p>GB declared she knew of no personal pecuniary or personal family interests in the previous 12 months or upcoming month.</p> <p>GB declared the following non-personal pecuniary interests. GB is involved with drug studies conducted at Birmingham NHS hospital; Inspire Study Gamma Interferon/ placebo in patients with UIP, funded by Intermune was completed in 2010; Capacity Study Pirfenidone /placebo in patients with UIP, funded by Intermune started in 2007; Recap study open labelled Pirfenidone , funded by Intermune; and Tomorrow Study Vargate/ Placebo in pts with UIP, funded by Boeringher and Ingleheim, started in 2009. All of these studies have now come to an end in 2012. All funding goes to the Medical Innovations research unit at the Birmingham Heartlands hospital (MIDRU).</p> <p>GB declared a personal family interest, as her husband is the principle investigator of all the above studies mentioned since 2003 to 2012.</p> | |
| First GDG meeting (16/09/2011) | GB had no new interests to declare other than those declared at upon application to the GDG. | None |
| Second GDG Meeting (21/10/11) | <p>GB declared a personal family interest that her husband is the principle investigator of all the IPF studies she has been involved with since 2003, which includes involvement with Pirfenidone, Vargate and Gamma interferone.</p> <p>GB also declared personal non-pecuniary interests. GB attended two IPF meetings sponsored by Boeringher Ingleheim and one by Intermune at the ERS in September. GB also attended a Patient Group Advisory Panel in Manchester, organised by WG Consulting. GB is also due to give a lecture to regional physiotherapist on IPF in the upcoming month.</p> | None |
| Third GDG Meeting (02/12/11) | GB declared a personal pecuniary interest that she had attended an IPF meeting in Berlin during the previous month, for which travel and accommodation was funded by Intermune. | None |
| Fourth GDG Meeting (12/01/12) | Did not attend. | None |
| Fifth GDG | GB declared a personal non-pecuniary interest that she had | None |

| GDG meeting | Declaration of Interests | Actions taken |
|---------------------------------|--|---------------|
| Meeting (24/02/12) | attended an IPF patient support group since the last GDG meeting. | |
| Sixth GDG Meeting (28/03/12) | Did not attend | None |
| Seventh GDG Meeting (11/05/12) | <p>GB declared non-personal pecuniary interests. GB attended an ERS school meeting on the 4th May, for which she received travel and accommodation expenses. GB also attended a non-IPF related ARS conference funded by GlaxoSmithKlein, for which she received £300 to attend. GB also declared a personal non-pecuniary interest.</p> <p>GB declared a personal non-pecuniary interest, as she attended an IPF support group meeting in Nottingham on the 10th March 2012, for which no funding was received.</p> | None |
| Eighth GDG Meeting (21/06/12) | GB had no new interests to declare. | None |
| Ninth GDG Meeting (25/07/12) | Did not attend | None |
| Tenth GDG Meeting (07/09/12) | GB declared personal non-pecuniary interests. GB attended an IPF update in June, for which she received no funding and has also been involved with an IPF patient self-help group (query funding). She also attended an ERS conference, for which travel and accommodation was funded for by Intermune. All expenses were within reasonable limits. | None |
| Eleventh GDG Meeting (05/10/12) | Did not attend | None |
| Twelfth GDG Meeting (01/11/12) | Did not attend | None |

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2 B.6 Malcolm Weallans

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| GDG meeting | Declaration of Interests | Actions taken |
|----------------|--|---------------|
| On Application | <p>MW declared he knew of no personal pecuniary interests, personal family or non-personal pecuniary interests in the past 12 months and had nothing to declare for the upcoming month.</p> <p>MW declared a personal non-pecuniary interest. MW contributes to the UK yahoo self-help group pulmonaryfibrosis@yahoogroups.com and is the founder of the Crackle Fund, which raises funds for BLF.</p> | None |

| GDG meeting | Declaration of Interests | Actions taken |
|---------------------------------|---|----------------------|
| First GDG meeting (16/09/2011) | MW had no new interests to declare other than those declared at upon application to the GDG. | None |
| Second GDG Meeting (21/10/11) | MW had no new interests to declare. | None |
| Third GDG Meeting (02/12/11) | MW had no new interests to declare. | None |
| Fourth GDG Meeting (12/01/12) | MW declared that since the last GDG meeting he has become an honorary treasurer for the IPF Trust. | None |
| Fifth GDG Meeting (24/02/12) | MW had no new interests to declare. | None |
| Sixth GDG Meeting (28/03/12) | MW declared a new personal non-pecuniary interest. MW attended an IPF patient support group in Nottingham in March 2012. No sponsorship was received for this. | None |
| Seventh GDG Meeting (11/05/12) | MW had no new interests to declare. | None |
| Eighth GDG Meeting (21/06/12) | Did not attend | None |
| Ninth GDG Meeting (25/07/12) | MW had no new interests to declare. | None |
| Tenth GDG Meeting (07/09/12) | MW had no new interests to declare. | None |
| Eleventh GDG Meeting (05/10/12) | MW declared a personal non-pecuniary interest. MW is attending a research day at the Brompton, which is funded by Intermune, but for which MW does receive any financial remuneration. MW is also attending the Pirfenidone technology appraisal meeting in Manchester on the 24th October, for which travel expenses are funded by NICE. | None |
| Twelfth GDG Meeting (01/11/12) | MW had no new interests to declare. | None |

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2 **B.7 Melissa Hippard**

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| GDG meeting | Declaration of Interests | Actions taken |
|---------------------------------|---|---------------|
| On Application | <p>MH declared she knew of no personal pecuniary interests, personal family or non-personal pecuniary interests in the past 12 months and had nothing to declare for the upcoming month.</p> <p>MH declared personal non-pecuniary interests. MH is a member of an online support group: (http://health.groups.yahoo.com/group/pulmonaryfibrosis/) and has also posted in the past on other support groups: Huf'n'Puf (US group), PF Facebook group and the BLF support group. MH has attended the launch of and given donations to 'Breathing Matters' a charity set up to raise funds for research at the Centre for Respiratory Research, UCLH.</p> | None |
| First GDG meeting (16/09/2011) | Did not attend. | None |
| Second GDG Meeting (21/10/11) | MH had no new interests to declare. | None |
| Third GDG Meeting (02/12/11) | MH had no new interests to declare. | None |
| Fourth GDG Meeting (12/01/12) | MH had no new interests to declare. | None |
| Fifth GDG Meeting (24/02/12) | MH had no new interests to declare. | None |
| Sixth GDG Meeting (28/03/12) | MH had no new interests to declare. | None |
| Seventh GDG Meeting (11/05/12) | MH had no new interests to declare. | None |
| Eighth GDG Meeting (21/06/12) | Did not attend. | None |
| Ninth GDG Meeting (25/07/12) | MH had no new interests to declare. | None |
| Tenth GDG Meeting (07/09/12) | MH declared a personal non-pecuniary interest that she has volunteered to be a patient expert on the Pirfenidone technology appraisal committee, due to take place in October 2012. | None |
| Eleventh GDG Meeting (05/10/12) | Did not attend | None |

| GDG meeting | Declaration of Interests | Actions taken |
|-----------------------------------|-------------------------------------|---------------|
| Twelfth GDG Meeting (01/11/12) | MH had no new interests to declare. | None |

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2 B.8 Nicholas Kim Harrison

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| GDG meeting | Declaration of Interests | Actions taken |
|-----------------------------------|---|---------------|
| On Application | <p>NKH declared he knew of no personal pecuniary interests or non-personal pecuniary interests in the past 12 months and had nothing to declare for the upcoming month.</p> <p>NKH declared a personal family interest. NKH's wife is an Assistant Medical Director (Primary Care) for Abertawe Bro Morgannwg University Health Board and is lead for the development of 'Care Pathways' (from 2010 to present).</p> <p>NKH declared personal pecuniary interests. NKH is the Lead for 'Lung Research Wales'. NKH was the Chairman of the British Association for Lung Research from 2005 to 2009 and stepped down as a member of the BALR Committee in 2011. NKH represents Wales on the UK Respiratory Research Collaborative as well as the Respiratory Specialty Group of the National Institute for Health Research (NIHR) Clinical Research Network (from 2005 to present).</p> <p>NKH enrolled patients into the following clinical trial: TIPAC (Treating Interstitial Pneumonia with the Addition of Co-Trimoxazole) – a phase III interventional study (funded by the NIHR Research for Patient Benefit and the East Anglia Thoracic Society and sponsored by the University of East Anglia). This study closed 31st December 2009</p> <p>NKH enrolled patients into the following observational cohort study: Trent Lung Fibrosis Study – Does the presence of thrombophilia increase the risk of developing idiopathic pulmonary fibrosis? (Funded by the MRC and sponsored by the University of Nottingham, from 2009-2011).</p> | None |
| First GDG meeting (16/09/2011) | NKH had no new interests to declare other than those declared at upon application to the GDG. | None |
| Second GDG Meeting (21/10/11) | NKH had no new interests to declare. | None |
| Third GDG Meeting (02/12/11) | NKH had no new interests to declare. | None |

| GDG meeting | Declaration of Interests | Actions taken |
|------------------------------------|---|---------------|
| Fourth GDG Meeting (12/01/12) | NKH had no new interests to declare. | None |
| Fifth GDG Meeting (24/02/12) | NKH had no new interests to declare. | None |
| Sixth GDG Meeting (28/03/12) | NKH had no new interests to declare. | None |
| Seventh GDG Meeting (11/05/12) | NKH had no new interests to declare. | None |
| Eighth GDG Meeting (21/06/12) | NKH declared a non-personal pecuniary interest. NKH will be a co-investigator on a trial investigating the end of life needs of patients with IPF and their carers due to commence later in 2012 (date to be confirmed). The trial is funded by the Marie Curie Research Programme, and payment goes to a Palliative Care hospital. | None |
| Ninth GDG Meeting (25/07/12) | NKH had no new interests to declare. | None |
| Tenth GDG Meeting (07/09/12) | NKH declared a person non-pecuniary interest as he has endorsed and article in Thorax, which discussed what outcomes should be used as end points in trials in lung fibrosis. NKH did not receive any funding for this endorsement. | None |
| Eleventh GDG Meeting (05/10/12) | NKH had no new interests to declare. | None |
| Twelfth GDG Meeting 01/11/12) | NKH had no new interests to declare. | None |

1

2 B.9 Nicholas Screaton

3

| GDG meeting | Declaration of Interests | Actions taken |
|----------------|--|---------------|
| On Application | <p>NS declared personal pecuniary interests. NS has been involved in ethics submission for trials regarding ionising radiation. NS has received a payment of £300 from Actelion to cover expenses when delivering a lecture on imaging at a 'The Midlands Pulmonary Hypertension Forum'.</p> <p>NS declared he knew of no personal family interests in the previous 12 months or upcoming month.</p> | None |

| GDG meeting | Declaration of Interests | Actions taken |
|---------------------------------|---|---------------|
| | <p>NS declared non-personal pecuniary interests. NS is the president of the British Society of Thoracic Imaging, where financial support is gained from electrical companies.</p> <p>NS declared personal non-pecuniary interests. NS has published on PET-CT evaluation of interstitial lung disease as well as HRCT in the follow-up of NSIP.</p> | |
| First GDG meeting (16/09/2011) | Did not attend | None |
| Second GDG Meeting (21/10/11) | NS had no new interests to declare. | None |
| Third GDG Meeting (02/12/11) | NS had no new interests to declare. | None |
| Fourth GDG Meeting (12/01/12) | NS had no new interests to declare. | None |
| Fifth GDG Meeting (24/02/12) | NS had no new interests to declare. | None |
| Sixth GDG Meeting (28/03/12) | Did not attend | None |
| Seventh GDG Meeting (11/05/12) | NS had no new interests to declare. | None |
| Eighth GDG Meeting (21/06/12) | Did not attend | None |
| Ninth GDG Meeting (25/07/12) | NS had no new interests to declare. | None |
| Tenth GDG Meeting (07/09/12) | NS declared a non-personal non-pecuniary interest. His department has received funding from GlaxoSmithKlein for one radiologist and one physicist positions. | None |
| Eleventh GDG Meeting (05/10/12) | Did not attend | None |
| Twelfth GDG Meeting (01/11/12) | Did not attend | None |

1 **B.10 Patrick Wilson**

2

| GDG meeting | Declaration of Interests | Actions taken |
|--------------------------------|---|---------------|
| On Application | <p>PW declared he knew of no personal pecuniary, personal family or non-personal pecuniary interests in the previous 12 months or upcoming month.</p> <p>PW declared person non-pecuniary interests. PW has contributed to NICE scoping workshops involving inhaled mannitol and dry powder colistimethate sodium in cystic fibrosis. PW is involved through the United Kingdom Clinical Pharmacy Association in using web-based technology to deliver continuing education to pharmacists in the area of respiratory medicine.</p> | None |
| First GDG meeting (16/09/2011) | PW had no new interests to declare other than those declared at upon application to the GDG. | None |
| Second GDG Meeting (21/10/11) | PW had no new interests to declare. | None |
| Third GDG Meeting (02/12/11) | PW had no new interests to declare. | None |
| Fourth GDG Meeting (12/01/12) | PW had no new interests to declare. | None |
| Fifth GDG Meeting (24/02/12) | PW had no new interests to declare. | None |
| Sixth GDG Meeting (28/03/12) | Did not attend. | None |
| Seventh GDG Meeting (11/05/12) | PW had no new interests to declare. | None |
| Eighth GDG Meeting (21/06/12) | PW had no new interests to declare | None |
| Ninth GDG Meeting (25/07/12) | PW had no new interests to declare | None |
| Tenth GDG Meeting (07/09/12) | PW declared a non-personal pecuniary interest. PW has successfully applied for a Gilead Fellowship Grant to carry out a research project into improving adherence with nebulised antibiotic therapy in cystic fibrosis. This grant totals £10 000 and is to be paid directly into a departmental account on which PW is not named. | None |
| Eleventh GDG | PW declared a personal pecuniary interest. PW attended training on | None |

| GDG meeting | Declaration of Interests | Actions taken |
|--------------------------------|---|---------------|
| Meeting (05/10/12) | "Negotiating and Influencing", which was paid for by Bayer Pharmaceuticals. | |
| Twelfth GDG Meeting (01/11/12) | Did not attend. | None |

1

2 B.11 Richard Hubbard

3

| GDG meeting | Declaration of Interests | Actions taken |
|--------------------------------|---|---------------|
| On Application | <p>RH declared he knew of no personal family interests in the previous 12 months or upcoming month.</p> <p>RH declared personal pecuniary interests. In October 2009 RH received approximately £300 for consulting on a GSK design of a cohort study and ceased being an editor at Thorax in 2010.</p> <p>RH declared non-personal pecuniary interests. RH is a co-applicant on a joint research grant from GSK for £800,000 to study biomarkers for people with IPF (2009-2011). RH is the principle investigator on an MRC grant which is currently investigating the aetiology of Idiopathic pulmonary fibrosis in the East Midlands (2009-August 2012). RH is currently the British Lung Foundation Professor of Epidemiology and receives £85,000 per year research funding as part of this role (term due to end in 2016).</p> <p>RH declared personal non-pecuniary interests. RH is a committee member of a local Breathe Easy group. RH is a member of the British Lung Foundation Scientific Committee (term due to end 2016). RH was a member of the British Thoracic Society guidelines on Interstitial Lung disease.</p> | None |
| First GDG meeting (16/09/2011) | Did not attend | None |
| Second GDG Meeting (21/10/11) | RH declared that his department had been given a grant from MRC to study the natural history and aetiology of IPF. He is also part of a consortium on biomarkers for IPF for GSK. | None |
| Third GDG Meeting (02/12/11) | Did not attend | None |
| Fourth GDG Meeting (12/01/12) | Did not attend | None |
| Fifth GDG | Did not attend | None |

| GDG meeting | Declaration of Interests | Actions taken |
|------------------------------------|--|---------------|
| Meeting (24/02/12) | | |
| Sixth GDG Meeting (28/03/12) | RH had no new interests to declare | None |
| Seventh GDG Meeting (11/05/12) | RH had no new interests to declare | None |
| Eighth GDG Meeting (21/06/12) | Did not attend | None |
| Ninth GDG Meeting (25/07/12) | RH had no new interests to declare | None |
| Tenth GDG Meeting (07/09/12) | Did not attend | None |
| Eleventh GDG Meeting (05/10/12) | RH declared non-personal pecuniary interests. RH's department has been awarded a grant (£150,000) by the Roy Castle Lung Cancer Foundation to fund a research fellowship into delivery of care for people with lung cancer. RH also declared that he is a collaborator on a research project into palliative care aspects of Idiopathic Pulmonary Fibrosis. The main lead for the grant is University of Cardiff | None |
| Twelfth GDG Meeting (01/11/12) | RH had no new interests to declare | None |

1

2 B.12 Susan Copley

3

| GDG meeting | Declaration of Interests | Actions taken |
|-----------------------------------|---|---------------|
| On Application | SC declared she knew of no personal pecuniary, personal family or non-personal pecuniary interests in the previous 12 months or upcoming month. SC declared a personal non-pecuniary interest. SC has been involved with Research projects in the radiological diagnosis of the condition as a scorer of CT scans. | None |
| First GDG meeting (16/09/2011) | SC had no new interests to declare other than those declared at upon application to the GDG. | None |
| Second GDG | Did not attend. | None |

| GDG meeting | Declaration of Interests | Actions taken |
|------------------------------------|--|----------------------|
| Meeting (21/10/11) | | |
| Third GDG Meeting (02/12/11) | Did not attend. | None |
| Fourth GDG Meeting (12/01/12) | SC had no new interests to declare. | None |
| Fifth GDG Meeting (24/02/12) | SC had no new interests to declare. | None |
| Sixth GDG Meeting (28/03/12) | Did not attend. | None |
| Seventh GDG Meeting (11/05/12) | SC had no new interests to declare. | None |
| Eighth GDG Meeting (21/06/12) | SC had no new interests to declare. | None |
| Ninth GDG Meeting (25/07/12) | SC had no new interests to declare. | None |
| Tenth GDG Meeting (07/09/12) | SC declared personal non-pecuniary interests. SC is a member of the BTS steering group developing an IPF National Registry, for which no funding is received, and is also a co-organizer of an ILD Educational Course, NHLI, which commenced in March 2013 and the funding goes to her department. | None |
| Eleventh GDG Meeting (05/10/12) | Did not attend. | None |
| Twelfth GDG Meeting (01/11/12) | SC had no new interests to declare. | None |

1

2 **B.13 Tessa Lewis**

3

| GDG meeting | Declaration of Interests | Actions taken |
|--------------------|---|----------------------|
| On Application | TL declared she knew of no personal pecuniary, personal family, non-personal pecuniary or personal non-pecuniary interests in the previous 12 months or upcoming month. | None |
| First GDG meeting | TL had no new interests to declare other than those declared at upon application to the GDG. | None |

| GDG meeting | Declaration of Interests | Actions taken |
|------------------------------------|-------------------------------------|---------------|
| (16/09/2011) | | |
| Second GDG Meeting (21/10/11) | TL had no new interests to declare. | None |
| Third GDG Meeting (02/12/11) | TL had no new interests to declare | None |
| Fourth GDG Meeting (12/01/12) | TL had no new interests to declare | None |
| Fifth GDG Meeting (24/02/12) | TL had no new interests to declare | None |
| Sixth GDG Meeting (28/03/12) | TL had no new interests to declare | None |
| Seventh GDG Meeting (11/05/12) | TL had no new interests to declare | None |
| Eighth GDG Meeting (21/06/12) | TL had no new interests to declare | None |
| Ninth GDG Meeting (25/07/12) | Did not attend | None |
| Tenth GDG Meeting (07/09/12) | TL had no new interests to declare | None |
| Eleventh GDG Meeting (05/10/12) | TL had no new interests to declare | None |
| Twelfth GDG Meeting (01/11/12) | Did not attend | None |

1

2 B.14 Prof Andrew G Nicholson – co-opted expert

3

| GDG meeting | Declaration of Interests | Actions |
|----------------|--|---------|
| On Application | AGN declared personal pecuniary interests. AGN has received consultancy fees from Actelion Ltd, Boehringer Ingelheim Ltd, Intermune Ltd for involvement with drug trials for idiopathic pulmonary fibrosis in the past 10 years. | None |
| Fourth GDG | AGN declared no new interests to those declared upon application. | None |

| GDG meeting | Declaration of Interests | Actions |
|-----------------------------------|---|---------|
| meeting (12/01/2012) | | |
| Fifth GDG Meeting (24/02/2012) | AGN declared no new interests to those declared upon application. | None |

1

2 B.15 Mr Stephen Clark – co-opted expert

3

| GDG meeting | Declaration of Interests | Actions |
|---------------------------------|---|---------|
| On Application | SC declared he had no conflicts of interests in the previous 12 months or upcoming month. | None |
| Tenth GDG Meeting (07/09/12) | SC declared no new interests to those declared upon application. | None |

4

5 B.16 Professor Sally Singh – co-opted expert

6

| GDG meeting | Declaration of Interests | Actions |
|-----------------------------------|---|---------|
| On Application | SS declared she had no conflicts of interests in the previous 12 months or upcoming month. | None |
| Third GDG Meeting (02/12/2011) | SS declared no new interests to those declared upon application. | None |
| Ninth GDG Meeting (25/07/12) | SS declared a personal non-pecuniary interest. She will be an adviser on the NIHR HTA report, which is evaluating the clinical and cost effectiveness of treatments for idiopathic pulmonary fibrosis. This systematic review is due for completion in spring 2013. | None |

7

8 B.17 NCGC technical team

9

| GDG meeting | Declaration of Interests of the NCGC members | Actions |
|-----------------------------------|---|---------|
| First GDG meeting (16/09/2011) | No member of the NCGC knew of a personal pecuniary interests, personal family interests, non-personal pecuniary interests or personal non-pecuniary interests in the past 12 months or upcoming months. | None |
| Second GDG | No interests to declare. | None |

| GDG meeting | Declaration of Interests of the NCGC members | Actions |
|-------------------------------------|--|---------|
| Meeting (21/10/2011) | | |
| Third GDG Meeting (02/12/2011) | No interests to declare. | None |
| Fourth GDG Meeting (12/01/2012) | No interests to declare. | None |
| Fifth GDG Meeting (24/02/2012) | No interests to declare. | None |
| Sixth GDG Meeting (28/03/2012) | No interests to declare. | None |
| Seventh GDG Meeting (11/05/2012) | No interests to declare. | None |
| Eight GDG Meeting (21/06/12) | VDN declared a non-personal pecuniary interest. VDN will be attending a meeting in St Petersburg, for which travel and accommodation is being funded by Pfizer. Consultancy fee will be paid into the NCGC account. Pfizer does not manufacture any IPF related drugs. No other NCGC member had any interests to declare. | None |
| Ninth GDG Meeting (25/07/12) | VDN declared a non-personal pecuniary interest. VDN attended a meeting in St Petersburg, for which travel and accommodation was funded by Pfizer. The consultancy fee was paid into the NCGC account. Pfizer does not manufacture any IPF related drugs. No other NCGC member had any interests to declare | None |
| Tenth GDG Meeting (07/09/12) | No interests to declare. | None |
| Eleventh GDG Meeting (05/10/12) | VN declared a non-personal non-pecuniary interest. VN is attending the Pirfenidone technology appraisal meeting in Manchester on the 24th October. No financial remuneration is being received for this. No other NCGC member had any interests to declare | None |
| Twelfth GDG Meeting (01/11/12) | No interests to declare. | None |

Appendix C: Review protocols

Diagnosis

Table 1: Review protocols: biopsy

| Review question | In suspected IPF what is the additional value of adding biopsy to clinical evaluation, PFTs, HRCT +/- bronchoalveolar lavage for confirming the diagnosis of IPF? |
|-----------------|---|
| Objectives | To determine the added benefit of a biopsy in the diagnosis of a patient with suspected IPF, when clinical history, PFTs, HRCT +/- bronchoalveolar lavage have all be conducted. |
| Criteria | <p>Population: Adults with suspected ILD</p> <p>Interventions: Baseline clinical assessment (history, PFTs, HRCT, +/- BAL), and:</p> <ul style="list-style-type: none"> ○ +/-Bronchoalveolar lavage ○ Bronchoscopic biopsy/ transbronchial biopsy ○ Surgical biopsy (open lung or video assisted biopsy) <p>Comparisons: Baseline clinical assessment (history, PFTs, HRCT, +/- BAL)</p> <p>Outcomes at following time intervals: original study definitions will be used and recorded <u>Critical outcomes</u></p> <ul style="list-style-type: none"> ● All cause and IPF related mortality ● 1 and 3 year survival rates ● Sensitivity ● Specificity <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> ● Adverse events ● Improvement in health-related quality of life <p>Population size and directness: No limitations on sample size Populations of people with IPF receiving pharmacological treatment will be included Studies with indirect populations will not be considered</p> <p>Setting: Secondary and tertiary care settings</p> <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | <p>Databases: Medline, Embase, the Cochrane Library</p> <p>Date: Post 1994 data</p> <p>Language: Restrict to English only</p> <p>Population: ILDs</p> <p>Study designs: Cohort studies</p> |
| Review strategy | <p>Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists.</p> <p>Subgroups: People with co-existent emphysema</p> |

| |
|---|
| Type of analysis: Multivariable survival analysis |
|---|

Table 2: Review protocols: MDT diagnostic consensus

| Review question | In suspected IPF what is the additional value of adding multidisciplinary team (MDT) consensus to clinical assessment, PFTs and HRCT in the diagnosis of IPF? |
|-----------------|--|
| Objectives | To determine whether MDT consensus provides an additional benefit to diagnosis of IPF patients |
| Criteria | <p>Population: Adults with suspected ILD</p> <p>Interventions:</p> <ul style="list-style-type: none"> • MDT 1: Clinical assessment + radiological assessment + MDT consensus • MDT 2: Clinical assessment + radiological assessment +/- bronchoalveolar lavage + MDT consensus • MDT 3: Clinical assessment + radiological assessment +/- bronchoalveolar lavage + bronchoscopic/ transbronchial biopsy surgical biopsy (open-lung or VATs) + MDT <p>Comparisons: The following procedures alone or in combination:</p> <ul style="list-style-type: none"> • Clinical assessment • Radiological assessment • Bronchioalveolar lavage • Bronchoscopic/ transbronchial biopsy • Surgical lung biopsy (open lung and video assisted biopsy) <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcomes</u></p> <ul style="list-style-type: none"> • All cause and IPF related mortality • 1 and 3 year survival rates • Sensitivity • Specificity <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Adverse events • Improvement in health-related quality of life <p>Population size and directness:</p> <ul style="list-style-type: none"> • No limitations on sample size • Populations of people with IPF receiving pharmacological treatment will be included • Studies with indirect populations will not be considered <p>Setting: Secondary and tertiary care settings</p> <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | <p>Databases: Medline, Embase, the Cochrane Library</p> <p>Date: Post 1994 data</p> <p>Language: Restrict to English only</p> <p>Population: ILDs</p> <p>Study designs: Cohort studies</p> |
| Review | Appraisal of methodological quality: The methodological quality of each study will be assessed |

| | |
|----------|---|
| strategy | using NICE checklists. Subgroups: People with co-existent emphysema Type of analysis: Multivariable survival analysis |
|----------|---|

Table 3: Review protocols: MDT diagnostic composition

| Review question | How and by whom is a MDT diagnostic consensus best achieved (i.e. constituency of the MDT, specialist clinics, networks)? |
|-----------------|--|
| Objectives | To determine what requirements an MDT should fulfil in order to provide optimal clinical care to people with IPF. |
| Criteria | <p>Population: Adults with suspected ILD</p> <p>Interventions: MDT consisting of RP + R + P in tertiary referral hub as part of wider network</p> <p>Comparisons: Health professionals (RP or R or P) in isolation Health professionals (+/- RP +/-R +/- P) in MDT secondary care tertiary care network of referral between secondary hospitals network of referral between secondary and tertiary hospitals</p> <p>Abbreviations: RP = Respiratory physician (with interest/ experience in ILD) R = Radiologist (with interest/ experience in ILD) P = Pathologist (with interest/ experience in ILD)</p> <p>Outcomes at following time intervals: original study definitions will be used and recorded <u>Critical outcomes</u></p> <ul style="list-style-type: none"> • All cause and IPF related mortality • 1 and 3 year survival rates • Sensitivity • Specificity <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Adverse events • Improvement in health-related quality of life <p>Pulation size and directness: No limitations on sample size Populations of people with IPF receiving pharmacological treatment will be included Studies with indirect populations will not be considered</p> <p>Setting: Secondary and tertiary care settings</p> <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | Databases: Medline, Embase, the Cochrane Library Date: Post 1994 data |

| | |
|-----------------|--|
| | Language: Restrict to English only Population: ILDs Study designs: Cohort studies |
| Review strategy | Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists. Subgroups: People with co-existent emphysema Type of analysis: Multivariable survival analysis |

Prognosis

Table 4: Review protocol: PFTs

| Review question | Do serial pulmonary function tests (resting spirometric, gas transfer measurement and oxygen saturation) predict prognosis of IPF? |
|-----------------|--|
| Objectives | To determine whether resting spirometric, gas transfer measurements and oxygen saturation predict prognosis of IPF. |
| Criteria | <p>Population: Adults with IPF</p> <p>Prognostic Factors: FVC <5% change> TLCO or DLCO <15% change> Oxygen saturation <92%> (Risk factors - Age, sex, smoking status, baseline lung function, previous hospitalisations)</p> <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcomes</u></p> <ul style="list-style-type: none"> • Mortality or survival (time to event) <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Progression free survival • Acute exacerbation (time to event) • Respiratory hospitalisations (Surrogate outcome for acute exacerbation) • Eligibility for lung transplant <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness: No limitations on sample size Populations of people with IPF receiving pharmacological treatment will be included Studies with indirect populations will not be considered</p> <p>Setting: Secondary and tertiary care settings</p> <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |

| | |
|-----------------|--|
| Search | Databases: Medline, Embase, the Cochrane Library, CINAHL Date: Post 1994 data Language: Restrict to English only Population: IPF only Study designs: Cohorts |
| Review strategy | Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists. Subgroups: People with co-existent emphysema Type of analysis: Multivariable survival analysis |

Table 5: Review protocol: Sub-maximal exercise testing

| Review question | Does baseline sub-maximal exercise testing predict prognosis of IPF? |
|-----------------|--|
| Objectives | To determine whether baseline sub-maximal exercise testing predicts prognosis of IPF. |
| Criteria | <p>Population: Adults with IPF</p> <p>Prognostic factor: Sub-maximal exercise testing (threshold unknown – query <250m>) (Risk factors - Age, sex, smoking status, baseline lung function)</p> <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcomes</u></p> <ul style="list-style-type: none"> • Mortality or survival (time to event) <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Progression free survival • Acute exacerbation (time to event) • Respiratory hospitalisations (Surrogate outcome for acute exacerbation) • Eligibility for lung transplant <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness: No limitations on sample size Populations of people with IPF receiving pharmacological treatment will be included Studies with indirect populations will not be considered</p> <p>Setting: Secondary and tertiary care settings</p> <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |

| | |
|-----------------|--|
| Search Strategy | Databases: Medline, Embase, the Cochrane Library, CINAHL Date: Post 1994 data Language: Restrict to English only Population: IPF only Study designs: Cohort studies |
| Review Strategy | Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists. Subgroups: People with co-existent emphysema Type of analysis: Multivariable survival analysis |

Table 6: Review protocol: echocardiography

| Review question | Does baseline echocardiography predict prognosis of IPF? |
|-----------------|---|
| Objectives | Does baseline echocardiography predict prognosis of IPF? |
| Criteria | <p>Population: Adults with IPF</p> <p>Prognostic factor: Pulmonary arterial systolic pressure (threshold unknown) (Risk factors - Age, sex, smoking status, baseline lung function)</p> <p>Outcomes at following time intervals: original study definitions will be used and recorded <u>Critical outcomes</u></p> <ul style="list-style-type: none"> • Mortality or survival (time to event) <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Progression free survival • Acute exacerbation (time to event) • Respiratory hospitalisations (Surrogate outcome for acute exacerbation) • Eligibility for lung transplant <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness:</p> <ul style="list-style-type: none"> • No limitations on sample size • Populations of people with IPF receiving pharmacological treatment will be included • Studies with indirect populations will not be considered <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search Strategy | Databases: Medline, Embase, the Cochrane Library Date: Post 1994 data Language: Restrict to English only Population: IPF only Study designs: Cohort studies |
| Review | Appraisal of methodological quality: The methodological quality of each study will be assessed |

| | |
|----------|---|
| Strategy | using NICE checklists. Subgroups: People with co-existent emphysema Type of analysis: Multivariable survival analysis |
|----------|---|

Table 7: Review protocol: CT scores

| Review question | Do baseline CT scores predict prognosis of IPF? |
|-----------------|--|
| Objectives | To determine whether baseline CT scores predicts prognosis of IPF. |
| Criteria | <p>Population: Adults with IPF</p> <p>Prognostic factor: CT features/patterns (Risk factors - Age, sex, smoking status, baseline lung function)</p> <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcomes</u></p> <ul style="list-style-type: none"> • Mortality or survival (time to event) <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Progression free survival • Acute exacerbation (time to event) • Respiratory hospitalisations (Surrogate outcome for acute exacerbation) • Eligibility for lung transplant <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness:</p> <ul style="list-style-type: none"> • No limitations on sample size • Populations of people with IPF receiving pharmacological treatment will be included • Studies with indirect populations will not be considered <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search Strategy | <p>Databases: Medline, Embase, the Cochrane Library</p> <p>Date: Post 1994 data</p> <p>Language: Restrict to English only</p> <p>Population: IPF only</p> <p>Study designs: Cohort studies</p> |
| Review Strategy | <p>Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists.</p> <p>Subgroups: People with co-existent emphysema</p> <p>Type of analysis: Multivariable survival analysis</p> |

Pulmonary rehabilitation

Table 8: Review protocol: pulmonary rehabilitation

| | |
|------------------------|--|
| Review question | <p>What are the benefits of pulmonary rehabilitation programmes for people with confirmed IPF?</p> <p>What is the optimal course content, setting and duration for people referred for pulmonary rehabilitation programmes?</p> |
| Objectives | To determine the benefits or harms of pulmonary rehabilitation and the requirements of a pulmonary rehabilitation programme to provide optimal symptomatic relief people with IPF. |
| Criteria | <p>Population: Adult people with IPF</p> <p>Interventions: Pulmonary rehabilitation</p> <p>Comparisons:</p> <ul style="list-style-type: none"> • Best usual care/ usual medical management • Self-management <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcomes</u></p> <ul style="list-style-type: none"> • All cause and IPF related mortality • 1 and 3 year survival rates <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Dyspnoea • Hospitalisations due to IPF complications (including IPF exacerbations) • Improvement in cough and breathlessness • Improvement in health-related quality of life • Performance on sub-maximal walk test (distance walked and lowest SaO₂) • Improvement in psychosocial health (including depression) <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness:</p> <ul style="list-style-type: none"> • No limitations on sample size • Studies with indirect populations such as people with ILD and restrictive lung disease will be considered <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | <p>Databases: Medline, Embase, the Cochrane Library, CINAHL, PsychInfo</p> <p>Date: All years</p> <p>Language: Restrict to English only</p> <p>Population: Extended to ILDs</p> <p>Study designs: RCTs, systematic reviews, cohort studies</p> |
| Review strategy | Quality of life data: Collect all data for the stated QoL measure, for meta-analysis and GRADE report only overall scores |

Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists and GRADE.

Data synthesis of RCT data: Meta-analysis where appropriate will be conducted. Meta-analysis where appropriate will be conducted.

Subgroups: People with co-existent emphysema

Type of analysis: Available case analysis

Best supportive care

Table 9: Review protocol: best supportive care

| Review question | What is the clinical and cost effectiveness of best supportive care (palliation of cough, breathlessness and fatigue, and oxygen management) in the symptomatic relief of patients with IPF? |
|-----------------|---|
| Objectives | To determine the most clinically and cost effective best supportive care for patients with IPF |
| Criteria | <p>Population: Adults with confirmed IPF/ or ILD</p> <p>Interventions:</p> <ul style="list-style-type: none"> • Oxygen management • Palliation of cough • Palliation of breathlessness • Palliation of fatigue <p>Comparisons:</p> <ul style="list-style-type: none"> • No treatment • Other treatments <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcome</u></p> <ul style="list-style-type: none"> • Improvement in health-related quality of life <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Hospitalisations due to IPF complications (including IPF exacerbations) • Improvement in cough and breathlessness • Improvement in psychosocial health (including depression) • Mortality • Performance on sub-maximal walk test (distance walked and lowest SaO₂) • Symptom relief <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness:</p> <ul style="list-style-type: none"> • No limitations on sample size • Studies with indirect populations will not be considered <p>Minimally important differences:</p> |

| | |
|-----------------|--|
| | Please refer to section 1.3.9 Imprecision in the methodology chapter |
| Search | Databases: Medline, Embase, the Cochrane Library, CINAHL, PsychInfo Date: All years Language: Restrict to English only Study designs: RCTs, systematic reviews, cohort studies |
| Review strategy | Quality of life data: Collect all data for the stated QoL measure, for meta-analysis and GRADE report only overall scores Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists and GRADE. Data synthesis of RCT data: Meta-analysis where appropriate will be conducted. Meta-analysis where appropriate will be conducted. Subgroups: People with co-existent emphysema Type of analysis: Available case analysis |

Psychosocial support

Table 10: Review protocol: psychosocial support

| Review question | What is the specific type of psychosocial support and information that should be provided for patients diagnosed with IPF? |
|-----------------|---|
| Objectives | To determine what psychosocial support and information should be provided for patients diagnosed with IPF. |
| Criteria | <p>Population: Adults with confirmed IPF and/ or ILD Intervention: Psychosocial support, Patient information Comparison: None</p> <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcomes</u></p> <ul style="list-style-type: none"> Improvement in health-related quality of life <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> Dyspnoea Improvement in psychosocial health (including depression) <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> Resource Use –down-stream resource use associated with the adverse events or outcomes reported Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness:</p> <ul style="list-style-type: none"> No limitations on sample size Studies with indirect populations will not be considered <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | Databases: Medline, Embase, the Cochrane Library, CINAHL, PsychInfo Date: All years |

| | |
|-----------------|--|
| | Language: Restrict to English only Study designs: RCTs, systematic reviews, cohort studies |
| Review strategy | Quality of life data: Collect all data for the stated QoL measure, for meta-analysis and GRADE report only overall scores Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists and GRADE. Data synthesis of RCT data: Meta-analysis where appropriate will be conducted. Meta-analysis where appropriate will be conducted. Subgroups: People with co-existent emphysema Type of analysis: Available case analysis |

Table 11: Review protocol: pharmacological interventions

| | |
|------------------------|---|
| Review question | Which drug should be initiated first, for how long, and what combination in the treatment of IPF? What is the clinical and cost effectiveness of pharmacological interventions to manage patients with suspected or confirmed IPF: |
| Objectives | To determine which treatment should be initiated first, for how long and what are the benefits or harms of the different pharmacological therapies in treating patients with IPF. |
| Criteria | Population: Adult patients with IPF Interventions: <ul style="list-style-type: none"> • prednisolone • mycophenolate mofetil • warfarin • azathioprine • N-acetyl cysteine • proton-pump inhibitors • co-trimoxazole • ambrisentan • bosentan • sildenafil • drug combinations Comparisons: <ul style="list-style-type: none"> • Other pharmacological treatments/ placebo Outcomes at following time intervals: original study definitions will be used and recorded <u>Critical outcomes</u> <ul style="list-style-type: none"> • All cause and IPF related mortality • 1 and 3 year survival rates <u>Other outcomes</u> <ul style="list-style-type: none"> • Adverse events (please see adverse events table listed in Appendix N) • Dyspnoea • Change in percent predicted DLCO • Hospitalisations due to IPF complications, including IPF exacerbations • Improvement in health-related quality of life • Change in percent predicted forced vital capacity • Performance on sub-maximal walk test (distance walked and lowest SaO2) |

| | |
|-----------------|--|
| | <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness:</p> <ul style="list-style-type: none"> • No limitations on sample size • Studies with indirect populations will not be considered <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | <p>Databases: Medline, Embase, the Cochrane Library Date: All years Language: Restrict to English only Population: IPF only Study designs: RCTs and systematic reviews</p> |
| Review strategy | <p>Quality of life data: Collect all data for the stated QoL measure, for meta-analysis and GRADE report only overall scores Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists and GRADE. Data synthesis of RCT data: Meta-analysis where appropriate will be conducted. Meta-analysis where appropriate will be conducted. Subgroups: People with co-existent emphysema Type of analysis: Available case analysis</p> |

Table 12: Review protocol: minimising adverse events

| Review question | Which measures can be taken to minimize the occurrence/severity of adverse events when undergoing pharmacological treatment for IPF? |
|-----------------|--|
| Objectives | To determine the severity of adverse events when undergoing pharmacological treatment for patients with confirmed IPF |
| Criteria | <p>Population: Adult patients with confirmed IPF consistent with ATS/ERS consensus</p> <p>Interventions: Assessing TPMT</p> <p>Comparisons: Not assessing TPMT</p> <p>Outcomes at following time intervals: original study definitions will be used and recorded <u>Critical outcomes</u></p> <ul style="list-style-type: none"> • All cause and IPF related mortality • 1 and 3 year survival rates |

| | |
|-----------------|--|
| | <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Adverse events (please see adverse events table listed in Appendix N) • Dyspnoea • Hospitalisations due to IPF complications, including IPF exacerbations • Improvement in health-related quality of life • Performance on sub-maximal walk test (distance walked and lowest SaO₂) <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness: No limitations on sample size Studies with indirect populations will not be considered</p> <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | <p>Databases: Medline, Embase, the Cochrane Library, Date: All years Language: Restrict to English only Population: IPF only Study designs: No restrictions on study designs</p> |
| Review strategy | <p>Quality of life data: Collect all data for the stated QoL measure, for meta-analysis and GRADE report only overall scores Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists and GRADE. Data synthesis of RCT data Meta-analysis where appropriate will be conducted. Meta-analysis where appropriate will be conducted. Subgroups: People with co-existent emphysema Type of analysis: Available case analysis</p> |

Lung transplantation

Table 13: Review protocol: Lung transplantation

| | |
|------------------------|--|
| Review question | What is the optimal timing to consider a patient with IPF for lung transplantation referral? |
| Objectives | To determine when in the IPF care pathway a patient should be considered for lung transplantation referral. |
| Criteria | <p>Population: Adults with confirmed IPF</p> <p>Interventions: Time of assessment for lung/pulmonary transplantation</p> |

| | |
|-----------------|--|
| | <p>Comparisons:</p> <ul style="list-style-type: none"> • Different timings in the IPF care pathway according to the different levels of disease severity • No assessment <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcomes</u></p> <ul style="list-style-type: none"> • All cause and IPF related Mortality • 1 and 3 year survival rates <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Cross-over time • Hospitalisations due to IPF complications (including IPF exacerbations) • Improvement of health-related quality of life • Occurrence lung transplantation <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness:</p> <ul style="list-style-type: none"> • No limitations on sample size • Studies with indirect populations will not be considered <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | <p>Databases: Medline, Embase, the Cochrane Library, Date: All years Language: Restrict to English only Population: IPF only Study designs: RCTs, systematic reviews, cohorts</p> |
| Review strategy | <p>Quality of life data: Collect all data for the stated QoL measure, for meta-analysis and GRADE report only overall scores</p> <p>Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists and GRADE.</p> <p>Data synthesis of RCT data: Meta-analysis where appropriate will be conducted. Meta-analysis where appropriate will be conducted.</p> <p>Type of analysis: Available case analysis</p> |

Ventilation

Table 14: Review protocol: ventilation

| | |
|------------------------|---|
| Review question | In acute or acute-on chronic respiratory failure in patients with IPF, what is the value of non-invasive and invasive ventilation? |
| Objectives | To determine the benefit of non-invasive and invasive ventilation. |

| | |
|-----------------|---|
| Criteria | <p>Population: Adults with confirmed IPF</p> <p>Interventions: Invasive ventilation</p> <p>Comparisons:</p> <ul style="list-style-type: none"> • Non-invasive ventilation • No ventilation <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcome</u></p> <ul style="list-style-type: none"> • Mortality (in hospital and post discharge) <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Improvement of health-related quality of life • Hospital length of stay <p>We will also indicate if the following are reported in the study (but will not extract actual results for these)</p> <ul style="list-style-type: none"> • Resource Use –down-stream resource use associated with the adverse events or outcomes reported • Costs –any type of cost data or discussion of cost-effectiveness <p>Population size and directness:</p> <ul style="list-style-type: none"> • No limitations on sample size • Studies with indirect populations will not be considered <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | <p>Databases: Medline, Embase, the Cochrane Library,</p> <p>Date: All years</p> <p>Language: Restrict to English only</p> <p>Population: IPF only</p> <p>Study designs: RCTs, systematic reviews, cohorts</p> |
| Review strategy | <p>Quality of life data: Collect all data for the stated QoL measure, for meta-analysis and GRADE report only overall scores</p> <p>Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists and GRADE.</p> <p>Data synthesis of RCT data: Meta-analysis where appropriate will be conducted. Meta-analysis where appropriate will be conducted.</p> <p>Type of analysis: Available case analysis</p> |

Review and follow-up

Table 15: Review protocol: review and follow-up

| | |
|-----------------|---|
| Review question | <p>a. How often should a patient with confirmed diagnosis of IPF be reviewed?</p> <p>b. In which healthcare setting and by whom should a review appointment for patients with confirmed IPF be conducted?</p> |
|-----------------|---|

| | |
|-----------------|--|
| Objectives | To determine the frequency, healthcare setting and healthcare professionals that should conduct the following at a review appointment: <ul style="list-style-type: none"> • Clinical history and examination • Oxygen assessment • Sub-maximal exercise testing |
| Criteria | <p>Population: Adults with confirmed IPF</p> <p>Interventions:</p> <ul style="list-style-type: none"> • Review at 3 and 6 months • Review earlier than 3 months if clinically indicated • Review at yearly intervals <p>Comparisons:</p> <ul style="list-style-type: none"> • Different timing of review • No review <p>Outcomes at following time intervals: original study definitions will be used and recorded</p> <p><u>Critical outcomes</u></p> <ul style="list-style-type: none"> • Change in percent predicted forced vital capacity • Change in percent predicted DLCO <p><u>Other outcomes</u></p> <ul style="list-style-type: none"> • Oxygen saturation at rest • Oxygen saturation on walking • Distance walked on 6 min walk or incremental shuttle walk test • Eligibility for lung transplant <p>Minimally important differences: Please refer to section 1.3.9 Imprecision in the methodology chapter</p> |
| Search | <p>Databases: Medline, Embase, the Cochrane Library,</p> <p>Date: All years</p> <p>Language: Restrict to English only</p> <p>Population: IPF only</p> <p>Study designs: No restrictions on study design</p> |
| Review strategy | <p>Quality of life data: Collect all data for the stated QoL measure, for meta-analysis and GRADE report only overall scores</p> <p>Appraisal of methodological quality: The methodological quality of each study will be assessed using NICE checklists and GRADE.</p> <p>Data synthesis of RCT data: Meta-analysis where appropriate will be conducted. Meta-analysis where appropriate will be conducted.</p> <p>Type of analysis: Available case analysis</p> |

Appended economic review protocol

Table 16: Appended economic review protocol

| | |
|------------------------|---|
| Review question | All questions – health economic evidence |
|------------------------|---|

| | |
|-----------------|---|
| Objectives | To identify economic studies relevant to the review questions set out above. |
| Criteria | Populations, interventions and comparators as specified in the individual review protocols above. Must be a relevant economic study design (cost-utility analysis, cost-benefit analysis, cost-effectiveness analysis, cost-consequence analysis, comparative cost analysis). |
| Search strategy | An economic study search was undertaken using population specific terms and an economic study filter – see Appendix D |
| Review strategy | <p>Each study is assessed using the NICE economic evaluation checklist – NICE (2009) Guidelines Manual.</p> <p>Inclusion/exclusion criteria</p> <p>If a study is rated as both ‘Directly applicable’ and ‘minor limitations’ (using the NICE economic evaluation checklist) then it should be included in the guideline. An evidence table should be completed and it should be included in the economic profile.</p> <p>If a study is rated as either ‘Not applicable’ or ‘Very serious limitations’ then it should be excluded from the guideline. It should not be included in the economic profile and there is no need to include an evidence table.</p> <p>If a study is rated as ‘Partially applicable’ and/or ‘potentially serious limitations’ then there is discretion over whether it should be included. The health economist should make a decision based on the relative applicability and quality of the available evidence for that question, in discussion with the GDG if required. The ultimate aim being to include studies that are helpful for decision making in the context of the guideline and current NHS setting. Where exclusions occur on this basis, this should be noted in the relevant section of the guideline with references.</p> <p>Also exclude:</p> <ul style="list-style-type: none"> unpublished reports unless submitted as part of a call for evidence letters editorials reviews of economic evaluations foreign language articles <p>Where there is discretion</p> <p>The health economist should be guided by the following hierarchies.</p> <p>Setting:</p> <ul style="list-style-type: none"> UK NHS OECD countries with predominantly public health insurance systems (e.g. France, Germany, Sweden) OECD countries with predominantly private health insurance systems (e.g. USA, Switzerland) Non-OECD settings (always ‘Not applicable’) <p>Economic study type:</p> <ul style="list-style-type: none"> Cost-utility analysis Other type of full economic evaluation (cost-benefit analysis, cost-effectiveness analysis, cost-consequence analysis) Comparative cost analysis Non-comparative cost analyses including cost of illness studies (always ‘Not applicable’) <p>Year of analysis:</p> <p>The more recent the study, the more applicable it is</p> <p>Quality and relevance of effectiveness data used in the economic analysis:</p> <p>The more closely the effectiveness data used in the economic analysis matches with the studies included for the clinical review the more useful the analysis will be to decision making for the guideline.</p> |

1

2 Appendix D: Literature search strategy

3 Search strategies used for the idiopathic pulmonary fibrosis guideline are outlined below and were
4 run as per the NICE Guidelines Manual 2009
5 http://www.nice.org.uk/media/5F2/44/The_guidelines_manual_2009_-_All_chapters.pdf .

6 Searches for the **clinical reviews** were run in Medline (Ovid), Embase (Ovid) and the Cochrane
7 Library. Additional searches were run in Cinahl (EBSCO) and PsychInfo (Ovid) for some questions.
8 Usually, searches were constructed in the following way:

- 9 • A PICO format was used for **intervention** searches where population (P) terms were
10 combined with intervention (I) and sometimes comparison (C) terms. An intervention can be a drug,
11 a procedure or a diagnostic test. Outcomes (O) are rarely used in search strategies for interventions.
12 Search filters were also added to the search where appropriate.
- 13 • A PEO format was used for **prognosis** searches where population (P) terms were combined
14 with exposure (E) terms and sometimes outcomes (O). Search filters were added to the search where
15 appropriate.

16 Searches for the **health economic reviews** were run in Medline (Ovid), Embase (Ovid), the NHS
17 Economic Evaluations Database (NHS EED), the Health Technology Assessment (HTA) database and
18 the Health Economic Evaluation Database (HEED). Searches in NHS EED, HTA and HEED were
19 constructed only using population terms. For Medline and Embase an economic filter (instead of a
20 study type filter) was added to the same clinical search strategy.

21 All searches were run up to 1st November 2012 unless otherwise stated. Any studies added to the
22 databases after this date were not included unless specifically stated in the text.

23 The search strategies are presented below in the following order:

| | |
|---------------|--|
| Section D.1 | Population terms by database. The same searches were used for all questions and for both clinical and health economic searches. |
| Section D.2 | Study filter terms by database. These include filters for epidemiological study designs, health economic studies, quality of life studies and disease progression studies. |
| Section D.3 | Searches run for specific questions with the intervention or exposure terms by database. Order as presented in guideline |
| Section D.3.1 | Diagnosis: biopsy/lavage |
| Section D.3.2 | Diagnosis: MDT |
| Section D.3.3 | Prognosis: PFTs |
| Section D.3.4 | Prognosis: sub maximal exercise testing |

| | |
|----------------|--|
| Section D.3.5 | Prognosis: HRCT/echocardiography |
| Section D.3.6 | Psychosocial support |
| Section D.3.7 | Best supportive care/ patient review and follow up |
| Section D.3.8 | Pulmonary rehabilitation |
| Section D.3.9 | Pharmacological interventions |
| Section D.3.10 | Pharmacological interventions: adverse events |
| Section D.3.11 | Lung transplantation |
| Section D.3.12 | Ventilation |
| Section D.4 | Economics search |

1 D.1 Population search strategies

2 D.1.1 IPF population terms

3 Medline search terms

| | |
|----|---|
| 1 | Idiopathic Pulmonary Fibrosis/ |
| 2 | Idiopathic Interstitial Pneumonias/ |
| 3 | Lung Diseases, Interstitial/ |
| 4 | ((idiopathic adj (pulmonary or interstitial) adj (fibros* or pneumonia*)) or (fibrosing adj alveolitis) or interstitial lung disease* or ((chronic or usual or fibrosing) adj interstitial pneumonia*) or ((lung or pulmonary or idiopathic) adj interstitial fibros*) or (alveolar fibros* adj3 lung*) or (diffuse adj3 (lung or pulmonary) adj fibros*) or ((interstitial or parenchymal or fibrotic or restrictive) adj lung disease*)).ti,ab. |
| 5 | or/1-4 |
| 6 | limit 5 to English language |
| 7 | letter/ |
| 8 | editorial/ |
| 9 | news/ |
| 10 | exp historical article/ |
| 11 | Anecdotes as Topic/ |
| 12 | comment/ |
| 13 | case report/ |
| 14 | (letter or comment*).ti. |
| 15 | or/7-14 |
| 16 | randomized controlled trial/ or random*.ti,ab. |
| 17 | 15 not 16 |
| 18 | animals/ not humans/ |
| 19 | Animals, Laboratory/ |
| 20 | exp animal experiment/ |
| 21 | exp animal model/ |
| 22 | exp Rodentia/ |
| 23 | (rat or rats or mouse or mice).ti. |
| 24 | or/17-23 |

| | |
|----|----------|
| 25 | 6 not 24 |
|----|----------|

1

Embase search terms

| | |
|----|---|
| 1 | fibrosing alveolitis/ |
| 2 | interstitial pneumonia/ |
| 3 | interstitial lung disease/ |
| 4 | ((idiopathic adj (pulmonary or interstitial) adj (fibros* or pneumonia*)) or (fibrosing adj alveolitis) or interstitial lung disease* or ((chronic or usual or fibrosing) adj interstitial pneumonia*) or ((lung or pulmonary or idiopathic) adj interstitial fibros*) or (alveolar fibros* adj3 lung*) or (diffuse adj3 (lung or pulmonary) adj fibros*) or ((interstitial or parenchymal or fibrotic or restrictive) adj lung disease*)).ti,ab. |
| 5 | or/1-4 |
| 6 | limit 5 to English language |
| 7 | letter.pt. or letter/ |
| 8 | note.pt. |
| 9 | editorial.pt. |
| 10 | case report/ or case study/ |
| 11 | (letter or comment*).ti. |
| 12 | or/7-11 |
| 13 | randomized controlled trial/ or random*.ti,ab. |
| 14 | 12 not 13 |
| 15 | animal/ not human/ |
| 16 | nonhuman/ |
| 17 | exp Animal Experiment/ |
| 18 | exp Experimental Animal/ |
| 19 | animal model/ |
| 20 | exp Rodent/ |
| 21 | (rat or rats or mouse or mice).ti. |
| 22 | or/14-21 |
| 23 | 5 not 22 |

2

Cinahl search terms

| | |
|----|--|
| S1 | (lung or pulmonary) n1 fibros* |
| S2 | alveolitis n3 extrinsic |
| S3 | lung disease* n3 (restrictive or interstitial) |
| S4 | (MH "Pulmonary Fibrosis") |
| S5 | S1 or S2 or S3 or S4 |
| S6 | PT anecdote or PT audiovisual or PT bibliography or PT biography or PT book or PT book review or PT brief item or PT cartoon or PT commentary or PT computer program or PT editorial or PT games or PT glossary or PT historical material or PT interview or PT letter or PT listservs or PT masters thesis or PT obituary or PT pamphlet or PT pamphlet chapter or PT pictorial or PT poetry or PT proceedings or PT "questions and answers" or PT response or PT software or PT teaching materials or PT website |
| S7 | S5 NOT S6 |

3

Cochrane search terms

| | |
|----|---|
| #1 | MeSH descriptor Idiopathic Pulmonary Fibrosis, this term only |
|----|---|

| | |
|----|--|
| #2 | MeSH descriptor Idiopathic Interstitial Pneumonias, this term only |
| #3 | MeSH descriptor Lung Diseases, Interstitial, this term only |
| #4 | ((idiopathic NEAR (pulmonary or interstitial) NEAR (fibros* or pneumonia*)) or (fibrosing NEAR alveolitis) or interstitial lung disease* or ((chronic or usual or fibrosing) NEAR interstitial pneumonia*) or ((lung or pulmonary or idiopathic) NEAR interstitial fibros*) or (alveolar fibros* NEAR/3 lung*) or (diffuse NEAR/3 (lung or pulmonary) adj fibros*) or ((interstitial or parenchymal or fibrotic or restrictive) NEAR lung disease*)):ti,ab |
| #5 | (#1 OR #2 OR #3 OR #4) |

1

PsychInfo search terms

| | |
|---|---|
| 1 | ((idiopathic adj (pulmonary or interstitial) adj (fibros* or pneumonia*)) or (fibrosing adj alveolitis) or interstitial lung disease* or ((chronic or usual or fibrosing) adj interstitial pneumonia*) or ((lung or pulmonary or idiopathic) adj interstitial fibros*) or (alveolar fibros* adj3 lung*) or (diffuse adj3 (lung or pulmonary) adj fibros*) or ((interstitial or parenchymal or fibrotic or restrictive) adj lung disease*)):ti,ab. |
| 2 | ((lung or pulmonary) adj fibros*).ti,ab. |
| 3 | or/1-2 |
| 4 | limit 3 to English language |

2 **D.1.2 ILD population terms**

3

Medline search terms

| | |
|----|--|
| 1 | Restrictive lung disease*.ti,ab. |
| 2 | Pulmonary fibrosis.ti,ab. |
| 3 | ((idiopathic adj (pulmonary or interstitial) adj (fibros* or pneumonia*)) or (fibrosing adj alveolitis) or interstitial lung disease* or ((chronic or usual or fibrosing) adj interstitial pneumonia*) or ((lung or pulmonary or idiopathic) adj interstitial fibros*) or (alveolar fibros* adj3 lung*) or (diffuse adj3 (lung or pulmonary) adj fibros*) or ((interstitial or parenchymal or fibrotic) adj lung disease*)):ti,ab. |
| 4 | Idiopathic Pulmonary Fibrosis/ |
| 5 | Idiopathic Interstitial Pneumonias/ |
| 6 | alveolitis, extrinsic allergic/ |
| 7 | anti-glomerular basement membrane disease/ |
| 8 | histiocytosis, langerhans-cell/ |
| 9 | Idiopathic Interstitial Pneumonias/ |
| 10 | Pneumoconiosis/ |
| 11 | Radiation Pneumonitis/ |
| 12 | Sarcoidosis, Pulmonary/ |
| 13 | Wegener Granulomatosis/ |
| 14 | pneumonitis, interstitial/ |
| 15 | ((Lung disease* adj3 interstitial) or (Alveolitis adj3 Extrinsic) or anti Glomerular Basement Membrane Disease* or (Histiocytosis adj3 Langerhans*) or Idiopathic Interstitial Pneumonia* or pneumoconiosis or Radiation Pneumonitis or (Sarcoidosis adj3 Pulmonary) or Wegener Granulomatosis or (pneumoni* adj3 interstitial) or diffuse parenchymal lung disease*).ti,ab. |
| 16 | or/1-15 |
| 17 | limit 16 to English language |
| 18 | letter/ |
| 19 | editorial/ |

| | |
|----|--|
| 20 | news/ |
| 21 | exp historical article/ |
| 22 | Anecdotes as Topic/ |
| 23 | comment/ |
| 24 | case report/ |
| 25 | (letter or comment*).ti. |
| 26 | or/89-25 |
| 27 | randomized controlled trial/ or random*.ti,ab. |
| 28 | 26 not 287 |
| 29 | animals/ not humans/ |
| 30 | Animals, Laboratory/ |
| 31 | exp animal experiment/ |
| 32 | exp animal model/ |
| 33 | exp Rodentia/ |
| 34 | (rat or rats or mouse or mice).ti. |
| 35 | or/28-34 |
| 36 | 17 not 35 |

1

Embase search terms

| | |
|----|---|
| 1 | ((idiopathic adj (pulmonary or interstitial) adj (fibros* or pneumonia*)) or (fibrosing adj alveolitis) or interstitial lung disease* or ((chronic or usual or fibrosing) adj interstitial pneumonia*) or ((lung or pulmonary or idiopathic) adj interstitial fibros*) or (alveolar fibros* adj3 lung*) or (diffuse adj3 (lung or pulmonary) adj fibros*) or ((interstitial or parenchymal or fibrotic) adj lung disease*).ti,ab. |
| 2 | fibrosing alveolitis/ |
| 3 | interstitial pneumonia/ |
| 4 | ((Lung disease* adj3 interstitial) or (Alveolitis adj3 Extrinsic) or anti Glomerular Basement Membrane Disease* or (Histiocytosis adj3 Langerhans*) or Idiopathic Interstitial Pneumonia* or pneumoconiosis or Radiation Pneumonitis or (Sarcoidosis adj3 Pulmonary) or Wegener Granulomatosis or (pneumoni* adj3 interstitial) or diffuse parenchymal lung disease*).ti,ab. |
| 5 | lung alveolitis/ |
| 6 | histiocytosis/ |
| 7 | pneumoconiosis/ |
| 8 | radiation pneumonia/ |
| 9 | lung sarcoidosis/ |
| 10 | Wegener granulomatosis/ |
| 11 | Restrictive lung disease*.ti,ab. |
| 12 | Pulmonary fibrosis.ti,ab. |
| 13 | or/1-12 |
| 14 | limit 13 to English language |
| 15 | letter.pt. or letter/ |
| 16 | note.pt. |
| 17 | editorial.pt. |
| 18 | case report/ or case study/ |
| 19 | (letter or comment*).ti. |
| 20 | or/15-19 |

| | |
|----|--|
| 21 | randomized controlled trial/ or random*.ti,ab. |
| 22 | 20 not 21 |
| 23 | animal/ not human/ |
| 24 | nonhuman/ |
| 25 | exp Animal Experiment/ |
| 26 | exp Experimental Animal/ |
| 27 | animal model/ |
| 28 | exp Rodent/ |
| 29 | (rat or rats or mouse or mice).ti. |
| 30 | or/22-29 |
| 31 | 15 not 31 |

1

Cinahl search terms

| | |
|----|--|
| S1 | (lung or pulmonary) n1 fibros* |
| S2 | Alveoliti* n2 fibrosing OR Alveoliti* n2 Extrinsic OR Wegener Granulomatosis OR Histiocytosis n3 Langerhans* OR anti Glomerular Basement Membrane Disease* OR pneumoconiosis OR Radiation Pneumonitis OR Sarcoidosis n3 Pulmonary OR alveolar fibros* n3 lung* OR interstitial pneumonia* |
| S3 | lung disease* n3 (restrictive or interstitial) |
| S4 | (MH "Pulmonary Fibrosis") OR (MH "Lung Diseases, Interstitial+") |
| S5 | S1 or S2 or S3 or S4 |
| S6 | PT anecdote or PT audiovisual or PT bibliography or PT biography or PT book or PT book review or PT brief item or PT cartoon or PT commentary or PT computer program or PT editorial or PT games or PT glossary or PT historical material or PT interview or PT letter or PT listservs or PT masters thesis or PT obituary or PT pamphlet or PT pamphlet chapter or PT pictorial or PT poetry or PT proceedings or PT "questions and answers" or PT response or PT software or PT teaching materials or PT website |
| S7 | S5 NOT S6 |

2

Cochrane search terms

| | |
|-----|---|
| #1 | (idiopathic NEXT (pulmonary or interstitial) NEXT (fibros* or pneumonia*)) or (fibrosing NEXT alveolitis) or (interstitial NEXT lung NEXT disease*) or ((chronic or usual or fibrosing) NEXT interstitial NEXT pneumonia*) or ((lung or pulmonary or idiopathic) NEXT (interstitial NEXT fibros*)) or (alveolar NEXT fibrosis NEAR/3 lung*) or (diffuse NEAR/3 (lung or pulmonary) NEXT fibros*) or ((interstitial or parenchymal or fibrotic) NEXT (lung NEXT disease*)):ti,ab |
| #2 | Restrictive lung disease*:ti,ab |
| #3 | Pulmonary fibrosis:ti,ab |
| #4 | (Lung disease* NEAR/3 interstitial):ti,ab |
| #5 | (Alveolitis NEAR/3 Extrinsic):ti,ab |
| #6 | (Histiocytosis NEAR/3 Langerhans):ti,ab |
| #7 | (Idiopathic Interstitial Pneumonia*):ti,ab |
| #8 | Pneumoconiosis:ti,ab |
| #9 | (Sarcoidosis NEAR/3 Pulmonary):ti,ab |
| #10 | (Wegener NEXT Granulomatosis):ti,ab |
| #11 | (pneumoni* NEAR/3 interstitial):ti,ab |
| #12 | MeSH descriptor Lung Diseases, Interstitial explode all trees |
| #13 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12) |

1

PsychInfo search terms

| | |
|---|--|
| 1 | Restrictive lung disease*.ti,ab. |
| 2 | Pulmonary fibrosis.ti,ab. |
| 3 | ((idiopathic adj (pulmonary or interstitial) adj (fibros* or pneumonia*)) or (fibrosing adj alveolitis) or interstitial lung disease* or ((chronic or usual or fibrosing) adj interstitial pneumonia*) or ((lung or pulmonary or idiopathic) adj interstitial fibros*) or (alveolar fibros* adj3 lung*) or (diffuse adj3 (lung or pulmonary) adj fibros*) or ((interstitial or parenchymal or fibrotic) adj lung disease*)).ti,ab. |
| 4 | ((Lung disease* adj3 interstitial) or (Alveolitis adj3 Extrinsic) or anti Glomerular Basement Membrane Disease* or (Histiocytosis adj3 Langerhans*) or Idiopathic Interstitial Pneumonia* or pneumoconiosis or Radiation Pneumonitis or (Sarcoidosis adj3 Pulmonary) or Wegener Granulomatosis or (pneumoni* adj3 interstitial) or diffuse parenchymal lung disease*).ti,ab. |
| 5 | or/1-4 |
| 6 | limit 5 to English language |

2 **D.2 Study filter search terms**3 **D.2.1 Systematic review search terms**

4

Medline search terms

| | |
|----|--|
| 1 | Meta-Analysis/ |
| 2 | Meta-Analysis as Topic/ |
| 3 | (meta analy* or metanaly* or metaanaly*).ti,ab. |
| 4 | ((systematic* or evidence*) adj2 (review* or overview*)).ti,ab. |
| 5 | (reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab. |
| 6 | (search strategy or search criteria or systematic search or study selection or data extraction).ab. |
| 7 | (search* adj4 literature).ab. |
| 8 | (medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab. |
| 9 | cochrane.jw. |
| 10 | ((indirect or mixed) adj2 comparison*).ti,ab. |
| 11 | or/1-10 |

5

Embase search terms

| | |
|----|--|
| 1 | systematic review/ |
| 2 | meta-analysis/ |
| 3 | (meta analy* or metanaly* or metaanaly*).ti,ab. |
| 4 | ((systematic or evidence) adj2 (review* or overview*)).ti,ab. |
| 5 | (reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab. |
| 6 | (search strategy or search criteria or systematic search or study selection) or data extraction).ab. |
| 7 | (search* adj4 literature).ab. |
| 8 | (medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab. |
| 9 | ((pool* or combined) adj2 (data or trials or studies or results)).ab. |
| 10 | cochrane.jw. |

| | |
|----|---|
| 11 | ((indirect or mixed) adj2 comparison*).ti,ab. |
| 12 | or/1-11 |

1 D.2.2 Randomised controlled studies (RCTs) search terms

2 Medline search terms

| | |
|---|---------------------------------|
| 1 | randomized controlled trial.pt. |
| 2 | controlled clinical trial.pt. |
| 3 | randomi#ed.ab. |
| 4 | placebo.ab. |
| 5 | randomly.ab. |
| 6 | Clinical Trials as topic.sh. |
| 7 | trial.ti. |
| 8 | or/1-7 |

3 Embase search terms

| | |
|----|--|
| 1 | random*.ti,ab. |
| 2 | factorial*.ti,ab. |
| 3 | (crossover* or cross over*).ti,ab. |
| 4 | ((doubl* or singl*) adj blind*).ti,ab. |
| 5 | (assign* or allocat* or volunteer* or placebo*).ti,ab. |
| 6 | crossover procedure/ |
| 7 | single blind procedure/ |
| 8 | randomized controlled trial/ |
| 9 | double blind procedure/ |
| 10 | or/1-9 |

4 D.2.3 Diagnostic accuracy search terms

5 Medline search terms

| | |
|----|--|
| 1 | exp "sensitivity and specificity"/ |
| 2 | (sensitivity or specificity).ti,ab. |
| 3 | ((pre test or pretest or post test) adj probability).ti,ab. |
| 4 | (predictive value* or PPV or NPV).ti,ab. |
| 5 | likelihood ratio*.ti,ab. |
| 6 | likelihood function/ |
| 7 | (ROC curve* or AUC).ti,ab. |
| 8 | (diagnos* adj2 (performance* or accurac* or utilit* or value* or efficien* or effectiveness)).ti,ab. |
| 9 | gold standard.ab. |
| 10 | or/1-9 |

6 Embase search terms

| | |
|---|---|
| 1 | exp "sensitivity and specificity"/ |
| 2 | (sensitivity or specificity).ti,ab. |
| 3 | ((pre test or pretest or post test) adj probability).ti,ab. |

| | |
|----|--|
| 4 | (predictive value* or PPV or NPV).ti,ab. |
| 5 | likelihood ratio*.ti,ab. |
| 6 | (ROC curve* or AUC).ti,ab. |
| 7 | (diagnos* adj2 (performance* or accurac* or utilit* or value* or efficien* or effectiveness)).ti,ab. |
| 8 | diagnostic accuracy/ |
| 9 | diagnostic test accuracy study/ |
| 10 | gold standard.ab. |
| 11 | or/1-10 |

1 D.2.4 Observational studies search terms

2 Medline search terms

| | |
|---|---|
| 1 | Epidemiologic studies/ |
| 2 | exp Case control studies/ |
| 3 | exp Cohort studies/ |
| 4 | Cross-sectional studies/ |
| 5 | case control.ti,ab. |
| 6 | (cohort adj (study or studies or analys*)).ti,ab. |
| 7 | ((follow up or observational or uncontrolled or non randomi#ed or nonrandomi#ed or epidemiologic*) adj (study or studies)).ti,ab. |
| 8 | ((longitudinal or retrospective or prospective or cross sectional) and (study or studies or review or analys* or cohort*)).ti,ab. |
| 9 | or/1-8 |

3 Embase search terms

| | |
|----|---|
| 1 | Clinical study/ |
| 2 | exp Case control study/ |
| 3 | Family study/ |
| 4 | Longitudinal study/ |
| 5 | Retrospective study/ |
| 6 | Prospective study/ |
| 7 | Cross-sectional study/ |
| 8 | Cohort analysis/ |
| 9 | Follow-up/ |
| 10 | cohort*.ti,ab. |
| 11 | 9 and 10 |
| 12 | case control.ti,ab. |
| 13 | (cohort adj (study or studies or analys*)).ti,ab. |
| 14 | ((follow up or observational or uncontrolled or non randomi#ed or nonrandomi#ed or epidemiologic*) adj (study or studies)).ti,ab. |
| 15 | ((longitudinal or retrospective or prospective or cross sectional) and (study or studies or review or analys* or cohort*)).ti,ab. |
| 16 | or/1-8,11-15 |

1 **D.2.5 Prognosis search terms**2 **Medline search terms**

| | |
|---|--|
| 1 | Prognosis/ |
| 2 | Predictive value of tests/ |
| 3 | (predict* or prognos* or progression).ti,ab. |
| 4 | or/1-3 |

3 **Embase search terms**

| | |
|---|--|
| 1 | *prognosis/ |
| 2 | *predictive value/ |
| 3 | *disease exacerbation/ |
| 4 | (predict* or prognos* or progression).ti,ab. |
| 5 | or/1-4 |

4 **D.2.6 Health economic search terms**5 **Medline search terms**

| | |
|----|---|
| 1 | Economics/ |
| 2 | Value of life/ |
| 3 | exp "Costs and Cost Analysis"/ |
| 4 | exp Economics, Hospital/ |
| 5 | exp Economics, Medical/ |
| 6 | Economics, Nursing/ |
| 7 | Economics, Pharmaceutical/ |
| 8 | exp "Fees and Charges"/ |
| 9 | exp Budgets/ |
| 10 | budget*.ti,ab. |
| 11 | cost*.ti. |
| 12 | (economic* or pharmaco?economic*).ti. |
| 13 | (price* or pricing*).ti,ab. |
| 14 | (cost* adj2 (effective* or utilit* or benefit* or minimi* or unit* or estimat* or variable*)).ab. |
| 15 | (financ* or fee or fees).ti,ab. |
| 16 | (value adj2 (money or monetary)).ti,ab. |
| 17 | or/1-16 |

6 **Embase search terms**

| | |
|---|---------------------------------------|
| 1 | health economics/ |
| 2 | exp economic evaluation/ |
| 3 | exp health care cost/ |
| 4 | exp fee/ |
| 5 | budget/ |
| 6 | funding/ |
| 7 | budget*.ti,ab. |
| 8 | cost*.ti. |
| 9 | (economic* or pharmaco?economic*).ti. |

| | |
|----|---|
| 10 | (price* or pricing*).ti,ab. |
| 11 | (cost* adj2 (effective* or utilit* or benefit* or minimi* or unit* or estimat* or variable*)).ab. |
| 12 | (financ* or fee or fees).ti,ab. |
| 13 | (value adj2 (money or monetary)).ti,ab. |
| 14 | or/1-13 |

1 D.2.7 Quality of life search terms

2 Medline search terms

| | |
|----|---|
| 1 | quality-adjusted life years/ |
| 2 | sickness impact profile/ |
| 3 | (quality adj2 (wellbeing or well being)).ti,ab. |
| 4 | sickness impact profile.ti,ab. |
| 5 | disability adjusted life.ti,ab. |
| 6 | (qal* or qtime* or qwb* or daly*).ti,ab. |
| 7 | (euroQoL* or eq5d* or eq 5*).ti,ab. |
| 8 | (QoL* or hql* or hQoL* or h QoL* or hrQoL* or hr QoL*).ti,ab. |
| 9 | (health utility* or utility score* or disutilit* or utility value*).ti,ab. |
| 10 | (hui or hui1 or hui2 or hui3).ti,ab. |
| 11 | (health* year* equivalent* or hye or hyes).ti,ab. |
| 12 | discrete choice*.ti,ab. |
| 13 | rosser.ti,ab. |
| 14 | (willingness to pay or time tradeoff or time trade off or tto or standard gamble*).ti,ab. |
| 15 | (sf36* or sf 36* or short form 36* or shortform 36* or shortform36*).ti,ab. |
| 16 | (sf20 or sf 20 or short form 20 or shortform 20 or shortform20).ti,ab. |
| 17 | (sf12* or sf 12* or short form 12* or shortform 12* or shortform12*).ti,ab. |
| 18 | (sf8* or sf 8* or short form 8* or shortform 8* or shortform8*).ti,ab. |
| 19 | (sf6* or sf 6* or short form 6* or shortform 6* or shortform6*).ti,ab. |
| 20 | or/1-19 |

3 Embase search terms

| | |
|----|--|
| 1 | quality adjusted life year/ |
| 2 | "quality of life index"/ |
| 3 | short form 12/ or short form 20/ or short form 36/ or short form 8/ |
| 4 | sickness impact profile/ |
| 5 | (quality adj2 (wellbeing or well being)).ti,ab. |
| 6 | sickness impact profile.ti,ab. |
| 7 | disability adjusted life.ti,ab. |
| 8 | (qal* or qtime* or qwb* or daly*).ti,ab. |
| 9 | (euroQoL* or eq5d* or eq 5*).ti,ab. |
| 10 | (QoL* or hql* or hQoL* or h QoL* or hrQoL* or hr QoL*).ti,ab. |
| 11 | (health utility* or utility score* or disutilit* or utility value*).ti,ab. |
| 12 | (hui or hui1 or hui2 or hui3).ti,ab. |
| 13 | (health* year* equivalent* or hye or hyes).ti,ab. |
| 14 | discrete choice*.ti,ab. |

| | |
|----|---|
| 15 | rosser.ti,ab. |
| 16 | (willingness to pay or time tradeoff or time trade off or tto or standard gamble*).ti,ab. |
| 17 | (sf36* or sf 36* or short form 36* or shortform 36* or shortform36*).ti,ab. |
| 18 | (sf20 or sf 20 or short form 20 or shortform 20 or shortform20).ti,ab. |
| 19 | (sf12* or sf 12* or short form 12* or shortform 12* or shortform12*).ti,ab. |
| 20 | (sf8* or sf 8* or short form 8* or shortform 8* or shortform8*).ti,ab. |
| 21 | (sf6* or sf 6* or short form 6* or shortform 6* or shortform6*).ti,ab. |
| 22 | or/1-21 |

1 D.2.8 Economic modelling search terms

2 Medline search terms

| | |
|----|---|
| 1 | exp models, economic/ |
| 2 | *Models, Theoretical/ |
| 3 | *Models, Organizational/ |
| 4 | markov chains/ |
| 5 | monte carlo method/ |
| 6 | exp Decision Theory/ |
| 7 | (markov* or monte carlo).ti,ab. |
| 8 | econom* model*.ti,ab. |
| 9 | (decision* adj2 (tree* or analy* or model*)).ti,ab. |
| 10 | or/1-9 |

3 Embase search terms

| | |
|----|---|
| 1 | statistical model/ |
| 2 | exp economic aspect/ |
| 3 | 1 and 2 |
| 4 | *theoretical model/ |
| 5 | *nonbiological model/ |
| 6 | stochastic model/ |
| 7 | decision theory/ |
| 8 | decision tree/ |
| 9 | monte carlo method/ |
| 10 | (markov* or monte carlo).ti,ab. |
| 11 | econom* model*.ti,ab. |
| 12 | (decision* adj2 (tree* or analy* or model*)).ti,ab. |
| 13 | or/3-12 |

4 D.2.9 Disease progression search terms

5 Medline search terms

| | |
|---|--|
| 1 | exp disease progression/ |
| 2 | exp "Severity of Illness Index"/ |
| 3 | "International Classification of Diseases"/ |
| 4 | (Disease* adj (classif* or progress* or course*)).ti,ab. |
| 5 | clinical course.ti,ab. |

| | |
|----|--|
| 6 | (disease adj (attribute* or development* or evolution*)).ti,ab. |
| 7 | Natural History/ |
| 8 | (progress* adj2 (slow* or stable or rapid or fast or quick*)).ti,ab. |
| 9 | natural history.ti,ab. |
| 10 | (predict* adj3 (mortality or death)).ti,ab. |
| 11 | (acute adj (worse* or exacerbat*)).ti,ab. |
| 12 | or/1-11 |

1

Embase search terms

| | |
|----|--|
| 1 | *disease classification/ |
| 2 | *disease course/ |
| 3 | *disease severity/ |
| 4 | *disease association/ |
| 5 | *disease exacerbation/ |
| 6 | "international classification of diseases"/ |
| 7 | (Disease* adj (classif* or progress* or course*)).ti,ab. |
| 8 | clinical course.ti,ab. |
| 9 | (disease adj (attribute* or development* or evolution*)).ti,ab. |
| 10 | (progress* adj2 (slow* or stable or rapid or fast or quick*)).ti,ab. |
| 11 | natural history.ti,ab. |
| 12 | (predict* adj3 (mortality or death)).ti,ab. |
| 13 | (acute adj (worse* or exacerbat*)).ti,ab. |
| 14 | or/1-13 |

2 **D.3 Searches by specific questions**3 **D.3.1 Diagnosis: biopsy/bronchoalveolar lavage**

4 **In suspected IPF what is the additional value of adding biopsy to clinical evaluation, PFTs, HRCT +/-**
5 **bronchoalveolar lavage for confirming the diagnosis of IPF?**

6 Search constructed by combining the columns in the following table using the AND Boolean operator

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------|------------|--|--|
| IPF | Biopsy or lavage | | SRs, RCTs, observational, diagnostic (Medline and Embase only) | No date restriction. Search run up to 01/11/12 |

7 **Biopsy/lavage search terms**8 **Medline search terms**

| | |
|---|--|
| 1 | exp Biopsy/ |
| 2 | biops*.ti,ab. |
| 3 | exp Bronchoalveolar Lavage/ |
| 4 | ((bronchoalveolar or alveolar or lung or bronchial or bronchopulmonary) adj2 lavage*).ti,ab. |
| 5 | or/1-4 |

1 **Embase search terms**

| | |
|---|--|
| 1 | biops*.ti,ab. |
| 2 | exp biopsy/ or exp biopsy device/ or exp biopsy technique/ |
| 3 | lung lavage/ |
| 4 | ((bronchoalveolar or alveolar or lung or bronchial or bronchopulmonary) adj2 lavage*).ti,ab. |
| 5 | or/1-4 |

2 **Cochrane search terms**

| | |
|----|--|
| #1 | biops*.ti,ab |
| #2 | MeSH descriptor Biopsy explode all trees |
| #3 | MeSH descriptor Bronchoalveolar Lavage explode all trees |
| #4 | ((bronchoalveolar or alveolar or lung or bronchial or bronchopulmonary) NEAR/2 lavage*):ti,ab,kw |
| #5 | (#1 OR #2 OR #3 OR #4) |

3 **D.3.2 Diagnosis: MDT**

4 Searches for the following two questions were run as one search:

5 **In suspected IPF what is the additional value of adding multidisciplinary team (MDT) consensus to**
6 **clinical assessment, PFTs and HRCT in the diagnosis of IPF?**7 **How and by whom is an MDT diagnostic consensus best achieved (i.e. constituency of the MDT,**
8 **specialist clinics, networks)?**

9 Search constructed by combining the columns in the following table using the AND Boolean operator

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------|------------|----------------------------------|--|
| ILD | MDT | | None, all study types considered | No date restriction. Search run up to 01/11/12 |

10 **MDT search terms**11 **Medline search terms**

| | |
|----|--|
| 1 | ((doctor* or physician* or pulmonologist* or specialist* or clinician*) and radiologist*).ti,ab. |
| 2 | (Radiol* and (pathol* or histopathol* or histol*)).ti,ab. |
| 3 | (Multidisciplinar* or Interdisciplinar* or mdt or mdd or interobserver*).ti,ab. |
| 4 | ((clinical or diagnos*) adj2 (consensus or agreement*)).ti,ab. |
| 5 | ((Secondary or tertiary) adj care).ti,ab. |
| 6 | (Specialist* adj2 (clinic* or centre* or center* or hub or network*)).ti,ab. |
| 7 | (respiratory adj2 (clinic or clinics or hub*)).ti,ab. |
| 8 | (chest* adj2 (clinic or clinics or centre* or center* or hub or network*)).ti,ab. |
| 9 | (lung* adj2 (clinic or clinics or centre* or center* or hub*)).ti,ab. |
| 10 | (clinical adj2 (centre* or center* or hub or network*)).ti,ab. |
| 11 | (community adj2 (clinic or clinics or centre* or center* or hub or network*)).ti,ab. |
| 12 | exp *"Referral and Consultation"/ |
| 13 | *Patient Care Team/ |

| | |
|----|---------------------------------|
| 14 | exp *"Delivery of Health Care"/ |
| 15 | *Decision Trees/ |
| 16 | *Physician's Practice Patterns/ |
| 17 | *observer variation/ |
| 18 | *Community Medicine/ |
| 19 | or/1-18 |

1

Embase search terms

| | |
|----|--|
| 1 | ((doctor* or physician* or pulmonologist* or specialist* or clinician*) and radiologist*).ti,ab. |
| 2 | (Radiol* and (pathol* or histopathol* or histol*)).ti,ab. |
| 3 | (Multidisciplinar* or Interdisciplinar* or mdt or mdd or interobserver*).ti,ab. |
| 4 | ((clinical or diagnos*) adj2 (consensus or agreement*)).ti,ab. |
| 5 | ((Secondary or tertiary) adj care).ti,ab. |
| 6 | (Specialist* adj2 (clinic* or centre* or center* or hub or network*)).ti,ab. |
| 7 | (respiratory adj2 (clinic or clinics or hub*)).ti,ab. |
| 8 | (chest* adj2 (clinic or clinics or centre* or center* or hub or network*)).ti,ab. |
| 9 | (lung* adj2 (clinic or clinics or centre* or center* or hub*)).ti,ab. |
| 10 | (clinical adj2 (centre* or center* or hub or network*)).ti,ab. |
| 11 | (community adj2 (clinic or clinics or centre* or center* or hub or network*)).ti,ab. |
| 12 | exp *patient care/ |
| 13 | exp *health care delivery/ |
| 14 | *"decision tree"/ |
| 15 | *consensus/ |
| 16 | *observer variation/ |
| 17 | *community medicine/ |
| 18 | *intermethod comparison/ |
| 19 | *medical practice/ |
| 20 | *differential diagnosis/ |
| 21 | *quantitative diagnosis/ |
| 22 | *diagnostic accuracy/ |
| 23 | *"medical record review"/ |
| 24 | *patient referral/ |
| 25 | or/1-24 |

2

Cinahl search terms

| | |
|----|--|
| S1 | Multidisciplinar* OR Interdisciplinar* OR mdt OR mdd OR interobserv* |
| S2 | clinical n2 consensus OR clinical n2 agreement* OR diagnos* n2 consensus OR diagnos* n2 agreement* |
| S3 | doctor* OR physician* OR pulmonologist* OR specialist* OR clinician* |
| S4 | radiologist* |
| S5 | S3 and S4 |
| S6 | pathol* OR histopathol* OR histol* |
| S7 | Radiol* |
| S8 | S6 and S7 |
| S9 | Secondary care OR tertiary care OR Specialist* n2 clinic* OR Specialist* n2 centre* OR |

| | |
|-----|--|
| | Specialist* n2 center* OR Specialist* n2 hub OR Specialist* n2 network* OR respiratory n2 clinic OR respiratory n2 clinics OR respiratory n2 hub* |
| S10 | chest* n2 clinic OR chest* n2 clinics OR chest* n2 centre* OR chest* n2 center* OR chest* n2 hub* OR chest* n2 network* OR lung* n2 clinic OR lung* n2 clinics OR lung* n2 centre* OR lung* n2 center* OR lung* n2 hub* OR lung* n2 network* |
| S11 | community n2 clinic OR community n2 clinics OR community n2 centre* OR community n2 center* OR community n2 hub* OR community n2 network* OR clinical n2 centre* OR clinical n2 center* OR clinical n2 hub* OR clinical n2 network* |
| S12 | (MH "Referral and Consultation+") |
| S13 | (MH "Multidisciplinary Care Team") |
| S14 | (MM "Health Care Delivery+") |
| S15 | (MM "Decision Support Techniques+") |
| S16 | (MM "Practice Patterns") |
| S17 | S1 or S2 or S5 or S8 or S9 or S10 or S11 or S12 or S13 or S14 or S15 or S16 |

1

Cochrane search terms

| | |
|-----|---|
| #1 | ((doctor* or physician* or pulmonologist* or specialist* or clinician*) and radiologist*):ti,ab |
| #2 | (Radiol* and (pathol* or histopathol* or histol*)):ti,ab |
| #3 | (Multidisciplinar* or Interdisciplinar* or mdt or mdd or interobserver*):ti,ab |
| #4 | ((clinical or diagnos*) NEAR/2 (consensus or agreement*)):ti,ab |
| #5 | ((Secondary or tertiary) NEXT care):ti,ab |
| #6 | (Specialist* NEAR/2 (clinic* or centre* or center* or hub or network*)):ti,ab |
| #7 | (respiratory NEAR/2 (clinic or clinics or hub*)):ti,ab |
| #8 | (chest* NEAR/2 (clinic or clinics or centre* or center* or hub or network*)):ti,ab |
| #9 | (lung* NEAR/2 (clinic or clinics or centre* or center* or hub*)):ti,ab |
| #10 | (clinical NEAR/2 (centre* or center* or hub or network*)):ti,ab |
| #11 | (community NEAR/2 (clinic or clinics or centre* or center* or hub or network*)):ti,ab |
| #12 | MeSH descriptor Referral and Consultation explode all trees |
| #13 | MeSH descriptor Patient Care Team, this term only |
| #14 | MeSH descriptor Delivery of Health Care explode all trees |
| #15 | MeSH descriptor Decision Trees, this term only |
| #16 | MeSH descriptor Physician's Practice Patterns, this term only |
| #17 | MeSH descriptor Observer Variation, this term only |
| #18 | MeSH descriptor Community Medicine, this term only |
| #19 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18) |

2

3 **D.3.3 Prognosis: PFTs**

4 **Do serial pulmonary function tests (resting spirometric, gas transfer measurement and oxygen**
5 **saturation) predict prognosis of IPF?**

6 Search constructed by combining the columns in the following table using the AND Boolean operator

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------|------------|-------------------|-----------------|
| IPF | Pulmonary function | | Observational | 1994- 01/11/12 |

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------|------------|---|-----------------|
| | tests (PFTs) | | studies, prognostic studies (Medline and Embase only) | |

1 **PFT search terms**2 **Medline search terms**

| | |
|----|--|
| 1 | (forced adj vital adj capacity*).ti,ab. |
| 2 | Fvc.ti,ab. |
| 3 | (forced adj expiratory adj volume*).ti,ab. |
| 4 | Fev*1.ti,ab. |
| 5 | (diffusing adj capacity adj3 (carbon adj monoxide)).ti,ab. |
| 6 | Dlco.ti,ab. |
| 7 | Tlco.ti,ab. |
| 8 | Tlc.ti,ab. |
| 9 | (total adj lung adj capacity*).ti,ab. |
| 10 | (lung adj volume*).ti,ab. |
| 11 | ((pulmonary or lung) adj (function adj test*)).ti,ab. |
| 12 | (oxygen adj saturat*).ti,ab. |
| 13 | oximetry.ti,ab. |
| 14 | Spiromet*.ti,ab. |
| 15 | Vital capacity/ |
| 16 | Forced expiratory volume/ |
| 17 | Pulmonary gas exchange/ |
| 18 | Pulmonary diffusing capacity/ |
| 19 | Lung volume measurements/ |
| 20 | Respiratory function tests/ |
| 21 | *oxygen consumption/ |
| 22 | Oximetry/ |
| 23 | *oxygen/ |
| 24 | Spirometry/ |
| 25 | or/1-24 |

3 **Embase search terms**

| | |
|---|--|
| 1 | (forced adj vital adj capacity*).ti,ab. |
| 2 | Fvc.ti,ab. |
| 3 | (forced adj expiratory adj volume*).ti,ab. |
| 4 | Fev*1.ti,ab. |
| 5 | (diffusing adj capacity adj3 (carbon adj monoxide)).ti,ab. |
| 6 | Dlco.ti,ab. |
| 7 | Tlco.ti,ab. |
| 8 | Tlc.ti,ab. |
| 9 | (total adj lung adj capacity*).ti,ab. |

| | |
|----|---|
| 10 | (lung adj volume*).ti,ab. |
| 11 | (oxygen adj saturat*).ti,ab. |
| 12 | ((pulmonary or lung) adj (function adj test*)).ti,ab. |
| 13 | Spiromet*.ti,ab. |
| 14 | Forced vital capacity/ |
| 15 | Forced expiratory volume/ |
| 16 | Lung gas exchange/ |
| 17 | Lung diffusion capacity/ |
| 18 | Total lung capacity/ |
| 19 | Lung volume/ |
| 20 | lung function test/ |
| 21 | Arterial oxygen tension/ |
| 22 | Lung alveolus oxygen tension/ |
| 23 | *oxygen/ |
| 24 | Oxygen saturation/ |
| 25 | Spirometry/ |
| 26 | or/1-25 |

1

Cinahl search terms

| | |
|-----|---|
| S1 | Forced vital capacity |
| S2 | Fvc |
| S3 | forced expiratory volume* |
| S4 | fev |
| S5 | diffusing n2 capacity |
| S6 | Dlco OR Tlco |
| S7 | Tlc |
| S8 | total lung capacit* |
| S9 | lung volume* |
| S10 | ((pulmonary or lung) n2 (function test*)) |
| S11 | oxygen saturat* |
| S12 | Oximetry |
| S13 | Spiromet* |
| S14 | MH Vital capacity |
| S15 | MH Pulmonary gas exchange |
| S16 | MH Lung volume measurements |
| S17 | MH Pulmonary diffusing capacity |
| S18 | MH Respiratory function tests |
| S19 | MH oxygen consumption |
| S20 | MH Oximetry |
| S21 | MH oxygen |
| S22 | MH Spirometry |
| S23 | S1 or S2 or S3 or S4 or S5 or S6 or S7 or S8 or S9 or S10 or S11 or S12 or S13 or S14 or S15 or S16 or S17 or S18 or S19 or S20 or S21 or S22 |

2

Cochrane search terms

| | |
|-----|---|
| #1 | Fvc:ti,ab |
| #2 | (forced NEXT expiratory NEXT volume*):ti,ab |
| #3 | Fev*:ti,ab |
| #4 | ((diffusing NEXT capacity) NEAR/3 (carbon NEXT monoxide)):ti,ab |
| #5 | Dlco:ti,ab |
| #6 | Tlco:ti,ab |
| #7 | Tlc:ti,ab |
| #8 | (forced NEXT vital NEXT capacit*):ti,ab |
| #9 | (total NEXT lung NEXT capacit*):ti,ab |
| #10 | (lung NEAR/2 volume*):ti,ab |
| #11 | (oxygen NEAR/2 saturat*):ti,ab |
| #12 | oximetry:ti,ab |
| #13 | Spiromet*:ti,ab |
| #14 | MeSH descriptor Vital Capacity explode all trees |
| #15 | MeSH descriptor Forced Expiratory Volume explode all trees |
| #16 | MeSH descriptor Pulmonary Gas Exchange explode trees 1 and 3 |
| #17 | MeSH descriptor Pulmonary Diffusing Capacity explode all trees |
| #18 | MeSH descriptor Lung Volume Measurements explode all trees |
| #19 | MeSH descriptor Oxygen Consumption explode all trees |
| #20 | MeSH descriptor Oximetry explode all trees |
| #21 | MeSH descriptor Oxygen explode tree 2 |
| #22 | MeSH descriptor Spirometry explode all trees |
| #23 | ((pulmonary or lung) NEAR/2 (function NEXT test*)):ti,ab |
| #24 | MeSH descriptor Respiratory Function Tests explode all trees |
| #25 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23 OR #24) |

1 D.3.4 Prognosis: sub maximal exercise testing

2 Does baseline sub-maximal exercise testing predict prognosis of IPF?

3 Search constructed by combining the columns in the following table using the AND Boolean operator

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|------------------------------|------------|---|-----------------|
| IPF | Sub maximal exercise testing | | Observational studies, prognostic studies (Medline and Embase only) | 1994-01/11/12 |

4 Sub maximal exercise testing search terms

5 Medline search terms

| | |
|---|-------------------------------------|
| 1 | ("Sub maximal" adj exercis*).ti,ab. |
| 2 | (Submaximal adj exercis*).ti,ab. |
| 3 | (walk* adj test*).ti,ab. |
| 4 | (walk adj distance).ti,ab. |

| | |
|----|-----------------------------|
| 5 | (exercise adj test*).ti,ab. |
| 6 | (walk adj2 exercis*).ti,ab. |
| 7 | (fitness adj test*).ti,ab. |
| 8 | (shuttle adj test*).ti,ab. |
| 9 | (minute adj walk).ti,ab. |
| 10 | 6mwt.ti,ab. |
| 11 | 6mwd.ti,ab. |
| 12 | 12MWT.ti,ab. |
| 13 | exp Exercise Therapy/ |
| 14 | Exercise Tolerance/ |
| 15 | Exercise Test/ |
| 16 | or/1-15 |

1

Embase search terms

| | |
|----|-------------------------------------|
| 1 | ("Sub maximal" adj exercis*).ti,ab. |
| 2 | (Submaximal adj exercis*).ti,ab. |
| 3 | (walk* adj test*).ti,ab. |
| 4 | (walk adj distance).ti,ab. |
| 5 | (exercise adj test*).ti,ab. |
| 6 | (walk adj2 exercis*).ti,ab. |
| 7 | (fitness adj test*).ti,ab. |
| 8 | (shuttle adj test*).ti,ab. |
| 9 | (minute adj walk).ti,ab. |
| 10 | 6mwt.ti,ab. |
| 11 | 6mwd.ti,ab. |
| 12 | 12MWT.ti,ab. |
| 13 | exercise/ |
| 14 | exercise test/ |
| 15 | exercise tolerance/ |
| 16 | cardiopulmonary exercise test/ |
| 17 | or/1-16 |

2

Cinahl search terms

| | |
|----|--|
| S1 | Sub maximal exercis* OR Submaximal exercis* |
| S2 | walk* n1 (test* or distance or exercise* or minute*) |
| S3 | (exercise or fitness or shuttle) n1 test* |
| S4 | 6mwt OR 6mwd OR 12MWT |
| S5 | (MH "Therapeutic Exercise") OR (MH "Exercise Therapy: Ambulation (Iowa NIC)") OR (MH "Exercise Tolerance+") OR (MH "Walking") OR (MH "Exercise Test+") |
| S6 | S1 or S2 or S3 or S4 or S5 |

3

Cochrane search terms

| | |
|----|--|
| #1 | ((Sub NEXT maximal) NEXT exercis*):ti,ab |
| #2 | (walk* NEXT test*):ti,ab |
| #3 | (walk NEXT distance):ti,ab |
| #4 | (walk NEXT exercis*):ti,ab |

| | |
|-----|---|
| #5 | (exercise NEXT test*):ti,ab |
| #6 | (fitness NEXT test*):ti,ab |
| #7 | (shuttle NEXT test*):ti,ab |
| #8 | (minute NEXT walk):ti,ab |
| #9 | 6mwt:ti,ab |
| #10 | 6mwd:ti,ab |
| #11 | 12MWT:ti,ab |
| #12 | MeSH descriptor Exercise Test explode trees 2 and 3 |
| #13 | MeSH descriptor Exercise Therapy explode all trees |
| #14 | MeSH descriptor Exercise Tolerance explode all trees |
| #15 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14) |

1 **D.3.5 Prognosis: HRCT/echocardiography**

2 Searches for the following two questions were run as one search:

3 **Does baseline echocardiography predict prognosis of IPF?**

4 **Do baseline HRCT scores predict prognosis of IPF?**

5 Search constructed by combining the columns in the following table using the AND Boolean operator

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|---------------------------|------------|---|-----------------|
| IPF | HRCT/ echocardiography | | Observational studies, prognostic studies (Medline and Embase only) | 1994-01/11/12 |

6 **HRCT/ echocardiography search terms**

7 **Medline search terms**

| | |
|----|---|
| 1 | Hypertension, Pulmonary/di, ri, us [Diagnosis, Radionuclide Imaging, Ultrasonography] |
| 2 | *Hypertension, Pulmonary/ |
| 3 | exp Echocardiography/ |
| 4 | (echocardio* or tissue Doppler imag* or ((pulmonary or lung*) adj arter* adj2 pressure)).ti,ab. |
| 5 | exp Tomography, X-Ray Computed/ |
| 6 | Lung/ra [Radiography] |
| 7 | Lung Diseases/ra [Radiography] |
| 8 | lung diseases, interstitial/ra [Radiography] |
| 9 | (hrct or (comput* adj3 tomograph*) or ((cat or ct) adj scan*)).ti,ab. |
| 10 | or/1-9 |

8 **Embase search terms**

| | |
|---|---|
| 1 | *pulmonary hypertension/ |
| 2 | pulmonary hypertension/di [Diagnosis] |
| 3 | exp echocardiography/ |
| 4 | (echocardio* or tissue Doppler imag* or ((pulmonary or lung*) adj arter* adj2 pressure)).ti,ab. |

| | |
|---|---|
| 5 | exp computer assisted tomography/ |
| 6 | (hrct or (comput* adj3 tomograph*) or ((cat or ct) adj scan*)):ti,ab. |
| 7 | or/1-6 |

1

Cinahl search terms

| | |
|----|---|
| S1 | (MM "Hypertension, Pulmonary") OR (MM "Pulmonary Arterial Hypertension") |
| S2 | (MH "Echocardiography+") |
| S3 | echocardio* OR tissue Doppler imag* OR pulmonary arter* n2 pressure OR lung* arter* n2 pressure |
| S4 | (MH "Tomography, X-Ray Computed") |
| S5 | (MH "Lung/RA") OR (MH "Lung Diseases/RA") OR (MH "Lung Diseases, Interstitial/RA") |
| S6 | hrct OR comput* n3 tomograph* OR cat scan* OR ct scan* |
| S7 | S1 or S2 or S3 or S4 or S5 or S6 |

2

Cochrane search terms

| | |
|----|---|
| #1 | MeSH descriptor Hypertension, Pulmonary, this term only |
| #2 | MeSH descriptor Echocardiography explode all trees |
| #3 | (echocardio* or tissue Doppler imag* or ((pulmonary or lung*) NEAR arter* NEAR/2 pressure)):ti,ab |
| #4 | MeSH descriptor Tomography, X-Ray Computed explode all trees |
| #5 | MeSH descriptor Lung, this term only with qualifier: RA |
| #6 | MeSH descriptor Lung Diseases, this term only with qualifier: RA |
| #7 | MeSH descriptor Lung Diseases, Interstitial, this term only with qualifier: RA |
| #8 | (hrct or (comput* NEAR/3 tomograph*) or ((cat or ct) NEXT scan*)):ti,ab |
| #9 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8) |

3 **D.3.6 Psychosocial support**4 **What is the specific type of psychosocial support and information for patients diagnosed with IPF?**

5 Search constructed by combining the columns in the following table using the AND Boolean operator.
6 For PsychInfo only the population terms were used.

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------|------------|----------------------------------|--|
| ILD | Psychosocial support | | None, all study types considered | No date restriction. Search run up to 01/11/12 |

7 **Psychosocial support search terms**8 **Medline search terms**

| | |
|---|--|
| 1 | exp Information Services/ or exp Publications/ or Counseling/ or Directive Counseling/ |
| 2 | Patient Education as Topic/ or Patient Education Handout/ |
| 3 | "patient acceptance of health care"/ or exp patient satisfaction/ |
| 4 | Communication/ |
| 5 | exp Consumer Health Information/ |
| 6 | exp Psychotherapy/ |
| 7 | Social support/ |

| | |
|----|---|
| 8 | ((patient or patients) adj3 (education or educate or educating or information or literature or leaflet* or booklet* or pamphlet* or website* or knowledge)).ti,ab. |
| 9 | (information* adj3 (patient* or need* or requirement* or support* or seek* or access* or disseminat*)).ti,ab. |
| 10 | ((client* or patient* or user* or carer* or consumer* or customer*) adj2 (attitud* or priorit* or perception* or preferen* or expectation* or choice* or perspective* or view* or satisfact* or inform* or experience or experiences or opinion*)).ti,ab. |
| 11 | (psycholog* or council* or counsel* or psychotherap* or psychosocial).ti,ab. |
| 12 | ((support* or advice or advise) adj3 (telephone* or internet or program* or group*)).ti,ab. |
| 13 | or/1-12 |

1

Embase search terms

| | |
|----|---|
| 1 | patient attitude/ or patient preference/ or patient satisfaction/ or consumer attitude/ |
| 2 | consumer health information/ |
| 3 | Information Service/ or Information center/ or Publication/ or Book/ |
| 4 | Patient information/ or Patient education/ |
| 5 | medical information/ |
| 6 | health literacy/ |
| 7 | exp *interpersonal communication/ |
| 8 | exp Counseling/ |
| 9 | exp psychotherapy/ |
| 10 | psychosocial care/ |
| 11 | *social support/ |
| 12 | ((patient or patients) adj3 (education or educate or educating or information or literature or leaflet* or booklet* or pamphlet* or website* or knowledge)).ti,ab. |
| 13 | (information* adj3 (patient* or need* or requirement* or support* or seek* or access* or disseminat*)).ti,ab. |
| 14 | ((client* or patient* or user* or carer* or consumer* or customer*) adj2 (attitud* or priorit* or perception* or preferen* or expectation* or choice* or perspective* or view* or satisfact* or inform* or experience or experiences or opinion*)).ti,ab. |
| 15 | (psycholog* or council* or counsel* or psychotherap* or psychosocial).ti,ab. |
| 16 | ((support* or advice or advise) adj3 (telephone* or internet or program* or group*)).ti,ab. |
| 17 | or/1-16 |

2

Cinahl search terms

| | |
|----|--|
| S1 | (MH "Information Services+") OR (MH "Counseling+") OR (MH "Patient Education") OR (MH "Patient Discharge Education") OR (MH "Health Education") OR (MH "Death Education") OR (MH "Patient Attitudes") OR (MH "Communication+") |
| S2 | (MH "Consumer Health Information") OR (MH "Psychotherapy+") |
| S3 | ((patient or patients) n3 (education or educate or educating or information or literature or leaflet* or booklet* or pamphlet* or website* or knowledge)) |
| S4 | (information* n3 (patient* or need* or requirement* or support* or seek* or access* or disseminat*)) |
| S5 | ((client* or patient* or user* or carer* or consumer* or customer*) n2 (attitud* or priorit* or perception* or preferen* or expectation* or choice* or perspective* or view* or satisfact* or inform* or experience or experiences or opinion*)) |
| S6 | psycholog* or council* or counsel* or psychotherap* or psychosocial |
| S7 | ((support* or advice or advise) n3 (telephone* or internet or program* or group*)) |

| | |
|----|--|
| S8 | S1 or S2 or S3 or S4 or S5 or S6 or S7 |
|----|--|

1

Cochrane search terms

| | |
|-----|--|
| #1 | MeSH descriptor Information Services explode all trees |
| #2 | MeSH descriptor Publications explode all trees |
| #3 | MeSH descriptor Counseling, this term only |
| #4 | MeSH descriptor Directive Counseling, this term only |
| #5 | MeSH descriptor Patient Education as Topic, this term only |
| #6 | MeSH descriptor Patient Acceptance of Health Care, this term only |
| #7 | MeSH descriptor Patient Satisfaction explode all trees |
| #8 | MeSH descriptor Communication, this term only |
| #9 | MeSH descriptor Consumer Health Information explode all trees |
| #10 | MeSH descriptor Psychotherapy explode all trees |
| #11 | MeSH descriptor Social Support, this term only |
| #12 | ((patient or patients) NEAR/3 (education or educate or educating or information or literature or leaflet* or booklet* or pamphlet* or website* or knowledge)):ti,ab |
| #13 | (information* NEAR/3 (patient* or need* or requirement* or support* or seek* or access* or disseminat*)):ti,ab |
| #14 | ((client* or patient* or user* or carer* or consumer* or customer*) NEAR/2 (attitud* or priorit* or perception* or preferen* or expectation* or choice* or perspective* or view* or satisfact* or inform* or experience or experiences or opinion*)):ti,ab |
| #15 | (psycholog* or council* or counsel* or psychotherap* or psychosocial):ti,ab |
| #16 | ((support* or advice or advise) NEAR/3 (telephone* or internet or program* or group*)):ti,ab |
| #17 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16) |

2 **D.3.7 Best supportive care/ patient review and follow up**

3 Searches for the following three questions were run as one search:

4 **What is the clinical and cost effectiveness of best supportive care (palliation of cough,**
5 **breathlessness and fatigue, and oxygen management) in the symptomatic relief of patients with**
6 **IPF?**7 **How often should a patient with confirmed diagnosis of IPF be reviewed?**8 **In which healthcare setting and by whom should a review appointment for patients with**
9 **confirmed IPF be conducted?**10 Search constructed by combining the columns in the following table using the AND Boolean operator.
11 For PsychInfo only the population terms were used.

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|--|------------|--|--|
| ILD | Best supportive care (BSC) or patient review | | SRs, RCTs, observational (Medline and Embase only) | No date restriction. Search run up to 01/11/12 |

12 **BSC/ patient review search terms**13 **Medline search terms**

| | |
|----|--|
| 1 | exp oximetry/ |
| 2 | Oxygen Inhalation Therapy/ |
| 3 | Oxygen/ |
| 4 | ((oxygen or o2) adj3 (manag* or assess* or saturation* or sats or therap* or review* or ambulat* or nocturnal* or measur* or transcutaneous)).ti,ab. |
| 5 | (oximetr* or ptc02 or tcp02 or ltot).ti,ab. |
| 6 | or/1-5 |
| 7 | Dyspnea/ |
| 8 | (breathless* or dyspnea* or (short* adj2 breath*)).ti,ab. |
| 9 | or/7-8 |
| 10 | Cough/ |
| 11 | cough*.ti,ab. |
| 12 | or/10-11 |
| 13 | Fatigue/ |
| 14 | (fatigue* or lassitude).ti,ab. |
| 15 | or/13-14 |
| 16 | Palliative Care/ |
| 17 | ((best supportive or palliat*) adj2 (care or treat* or therap*)) or (symptom* adj2 (relie* or palliat*)).ti,ab. |
| 18 | or/16-17 |
| 19 | ((review or reviews or "follow up*" or follow-up* or "check up*" or check-up* or monit*) adj3 (patient* or appoint* or clinic* or gp or routine or regular or assess* or hospital* or primary care or consult*)).ti,ab. |
| 20 | ((hospital or frequent or frequency or periodic* or standardiz* or standardis* or out-patient or patient-initiated or GP-initiated or rheumatologist-initiated) adj2 (review or reviews or "follow up*" or follow-up* or "check up*" or check-up*)).ti,ab. |
| 21 | or/19-20 |
| 22 | 6 or 9 or 12 or 15 or 18 or 21 |

1

Embase search terms

| | |
|----|--|
| 1 | exp oximetry/ |
| 2 | oxygen therapy/ or exp home oxygen therapy/ |
| 3 | oxygen saturation/ |
| 4 | *oxygen/ |
| 5 | ((oxygen or o2) adj3 (manag* or assess* or saturation* or sats or therap* or review* or ambulat* or nocturnal* or measur* or transcutaneous)).ti,ab. |
| 6 | (oximetr* or ptc02 or tcp02 or ltot).ti,ab. |
| 7 | or/1-6 |
| 8 | (breathless* or dyspnea* or (short* adj2 breath*)).ti,ab. |
| 9 | *dyspnea/ |
| 10 | or/8-9 |
| 11 | cough*.ti,ab. |
| 12 | *coughing/ |
| 13 | or/11-12 |
| 14 | fatigue/ or exp lassitude/ |
| 15 | (fatigue* or lassitude).ti,ab. |

| | |
|----|--|
| 16 | or/14-15 |
| 17 | palliative therapy/ |
| 18 | (((best supportive or palliat*) adj2 (care or treat* or therap*)) or (symptom* adj2 (relie* or palliat*))).ti,ab. |
| 19 | or/17-18 |
| 20 | ((review or reviews or "follow up*" or follow-up* or "check up*" or check-up* or monit*) adj3 (patient* or appoint* or clinic* or gp or routine or regular or assess* or hospital* or primary care or consult*)).ti,ab. |
| 21 | ((hospital or frequent or frequency or periodic* or standardiz* or standardis* or out-patient or patient-initiated or GP-initiated or rheumatologist-initiated) adj2 (review or reviews or "follow up*" or follow-up* or "check up*" or check-up*)).ti,ab. |
| 22 | or/20-21 |
| 23 | 7 or 10 or 13 or 16 or 19 or 22 |

1

Cinahl search terms

| | |
|-----|---|
| S1 | (MH "Oximetry+") OR (MH "Oxygen Therapy") OR (MH "Home Oxygen Therapy") OR (MH "Oxygen Saturation") OR (MH "Oxygen") |
| S2 | ((oxygen or o2) n3 (manag* or assess* or saturation* or sats or therap* or review* or ambulat* or nocturnal* or measur* or transcutaneous)) |
| S3 | oximetr* or ptc02 or tcp02 or ltot |
| S4 | (MH "Dyspnea") OR (MH "Cough") OR (MH "Fatigue") OR (MH "Palliative Care") OR (MH "After Care") |
| S5 | (breathless* or dyspnea* or (short* n2 breath*)) |
| S6 | cough* OR fatigue* OR lassitude |
| S7 | (((best supportive or palliat*) n2 (care or treat* or therap*)) or (symptom* n2 (relie* or palliat*))) |
| S8 | ((review or reviews or "follow up*" or follow-up* or "check up*" or check-up* or monit*) n3 (patient* or appoint* or clinic* or gp or routine or regular or assess* or hospital* or primary care or consult*)) |
| S9 | ((hospital or frequent or frequency or periodic* or standardiz* or standardis* or out-patient or patient-initiated or GP-initiated or rheumatologist-initiated) n2 (review or reviews or "follow up*" or follow-up* or "check up*" or check-up*)) |
| S10 | S1 or S2 or S3 or S4 or S5 or S6 or S7 or S8 or S9 |

2

Cochrane search terms

| | |
|-----|---|
| #1 | MeSH descriptor Oximetry explode all trees |
| #2 | MeSH descriptor Oxygen Inhalation Therapy, this term only |
| #3 | MeSH descriptor Oxygen, this term only |
| #4 | ((oxygen or o2) NEAR/3 (manag* or assess* or saturation* or sats or therap* or review* or ambulat* or nocturnal* or measur* or transcutaneous)):ti,ab |
| #5 | (oximetr* or ptc02 or tcp02 or ltot):ti,ab |
| #6 | MeSH descriptor Dyspnea, this term only |
| #7 | (breathless* or dyspnea* or (short* NEAR/2 breath*)):ti,ab |
| #8 | MeSH descriptor Cough, this term only |
| #9 | cough*:ti,ab |
| #10 | MeSH descriptor Fatigue, this term only |
| #11 | (fatigue* or lassitude):ti,ab |
| #12 | MeSH descriptor Palliative Care, this term only |

| | |
|-----|---|
| #13 | ((best supportive or palliat*) NEAR/2 (care or treat* or therap*)) or (symptom* NEAR/2 (relie* or palliat*)):ti,ab |
| #14 | ((review or reviews or "follow up*" or follow-up* or "check up*" or check-up* or monit*) NEAR/3 (patient* or appoint* or clinic* or gp or routine or regular or assess* or hospital* or primary care or consult*)):ti,ab |
| #15 | ((hospital or frequent or frequency or periodic* or standardiz* or standardis* or out-patient or patient-initiated or GP-initiated or rheumatologist-initiated) NEAR/2 (review or reviews or "follow up*" or follow-up* or "check up*" or check-up*)):ti,ab |
| #16 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15) |

1 **D.3.8 Pulmonary rehabilitation**

2 Searches for the following two questions were run as one search:

3 **What are the benefits of pulmonary rehabilitation programmes for patients with confirmed IPF?**

4 **What is the optimal course content, setting and duration for patients referred for pulmonary rehab**
 5 **programmes?**

6 Search constructed by combining the columns in the following table using the AND Boolean operator.
 7 For PsychInfo only the population terms were used.

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|--------------------------|------------|----------------------------------|--|
| ILD | Pulmonary rehabilitation | | None, all study types considered | No date restriction. Search run up to 01/11/12 |

8 **Pulmonary rehabilitation search terms**

9 **Medline search terms**

| | |
|----|---|
| 1 | (fatigue severity scale* or visual analog* scale*).ti,ab. |
| 2 | (Borg adj2 scale*).ti,ab. |
| 3 | ((Dyspn?ea or illness) adj index).ti,ab. |
| 4 | (Daily adj2 activit* adj2 (life or living)).ti,ab. |
| 5 | (Exercise or Treadmill or bicycle or stepper or weights or ergometer or walk*).ti,ab. |
| 6 | ((Physical or aerobic or endurance or strength or fitness or resistance) adj2 (activit* or train* or condition* or program* or regime*)).ti,ab. |
| 7 | ((minute walk adj (test or distance)) or 6MWT or 6MWD).ti,ab. |
| 8 | (cycle ergometry or ICET).ti,ab. |
| 9 | Shuttle walk*.ti,ab. |
| 10 | ((Pulmonary adj2 rehabilitat*) or (rehabilitat* adj2 program*)).ti,ab. |
| 11 | Written disclosure therap*.ti,ab. |
| 12 | (psycholog* or council* or counsel* or psychotherap*).ti,ab. |
| 13 | ((Emotional or psychosocial) adj2 support).ti,ab. |
| 14 | ((patient* or carer*) adj2 (information or education* or knowledge)).ti,ab. |
| 15 | ((patient* or carer*) adj5 (leaflet* or pamphlet* or booklet* or website* or web site*)).ti,ab. |
| 16 | ((multifactor* or multifacet* or managed care) adj program*).ti,ab. |
| 17 | (Diet* or nutrition*).ti,ab. |

| | |
|----|--|
| 18 | (((Respiratory disease or George* respiratory) adj questionnaire*) or sgrq).ti,ab. |
| 19 | (WHOQOL-100 or whoQoL100).ti,ab. |
| 20 | (Support adj group*).ti,ab. |
| 21 | (disease adj management adj program*).ti,ab. |
| 22 | *Exercise Test/ |
| 23 | exp Exercise Tolerance/ |
| 24 | exp Exercise Movement Techniques/ |
| 25 | *Exercise/ |
| 26 | *Walking/ |
| 27 | Physical endurance/ |
| 28 | Exercise therapy/ |
| 29 | Rehabilitation/ |
| 30 | Rehabilitation centers/ |
| 31 | Severity of illness index/ |
| 32 | Activities of daily living/ |
| 33 | Managed care programs/ |
| 34 | Patient Education as Topic/ |
| 35 | exp Consumer Health Information/ |
| 36 | Access to Information/ |
| 37 | Information services/ |
| 38 | Pamphlets/ |
| 39 | Counseling/ |
| 40 | exp Psychotherapy/ |
| 41 | exp diet/ |
| 42 | exp nutrition therapy/ |
| 43 | or/1-42 |

1

Embase search terms

| | |
|----|--|
| 1 | (fatigue severity scale* or visual analog* scale*).ti,ab. |
| 2 | (Borg adj2 scale*).ti,ab. |
| 3 | ((Dyspn?ea or illness) adj index).ti,ab. |
| 4 | (Daily adj2 activit* adj2 (life or living)).ti,ab. |
| 5 | (Exercise or Treadmill or bicycle or stepper or weights or ergometer or walk*).ti,ab. |
| 6 | ((Physical or aerobic or endurance or strength or fitness or resistance) adj2 (activit* or train* or condition* or program* or regime*).ti,ab. |
| 7 | ((minute walk adj (test or distance)) or 6MWT or 6MWD).ti,ab. |
| 8 | (cycle ergometry or ICET).ti,ab. |
| 9 | Shuttle walk*.ti,ab. |
| 10 | ((Pulmonary adj2 rehabilitat*) or (rehabilitat* adj2 program*).ti,ab. |
| 11 | Written disclosure therap*.ti,ab. |
| 12 | (psycholog* or council* or counsel* or psychotherap*).ti,ab. |
| 13 | ((Emotional or psychosocial) adj2 support).ti,ab. |
| 14 | ((patient* or carer*) adj2 (information or education* or knowledge)).ti,ab. |
| 15 | ((patient* or carer*) adj5 (leaflet* or pamphlet* or booklet* or website* or web site*).ti,ab. |

| | |
|----|---|
| 16 | ((multifactor* or multifacet* or managed care) adj program*).ti,ab. |
| 17 | (Diet* or nutrition*).ti,ab. |
| 18 | ((Respiratory disease or George* respiratory) adj questionnaire*) or sgrq).ti,ab. |
| 19 | (WHOQOL-100 or whoQoL100).ti,ab. |
| 20 | (Support adj group*).ti,ab. |
| 21 | (disease adj management adj program*).ti,ab. |
| 22 | *Exercise/ |
| 23 | *Exercise test/ |
| 24 | exp Exercise tolerance/ |
| 25 | Muscle training/ |
| 26 | exp Pulmonary rehabilitation/ |
| 27 | Rehabilitation/ |
| 28 | Pulmonary Rehabilitation Program/ |
| 29 | *Walking/ |
| 30 | Rehabilitation center/ |
| 31 | Daily life activity/ |
| 32 | patient education/ |
| 33 | patient information/ |
| 34 | information service/ |
| 35 | medical information/ |
| 36 | health literacy/ |
| 37 | exp Counseling/ |
| 38 | exp psychotherapy/ |
| 39 | *nutrition/ |
| 40 | exp diet/ |
| 41 | exp diet therapy/ |
| 42 | or/1-41 |

1

Cinahl search terms

| | |
|-----|--|
| S1 | Exercise or Treadmill or bicycle or stepper or weights or ergometer or walk* |
| S2 | psycholog* or council* or counsel* or psychotherap* or psychosocial or emotional or pulmonary rehabilitat* |
| S3 | (MH "Rehabilitation, Pulmonary+") OR (MH "Rehabilitation Centers+") OR (MH "Patient Education") |
| S4 | (patient* n2 information) or (patient* n2 education*) or (patient* n2 knowledge*) |
| S5 | (MH "Nutrition Education") OR diet* OR nutrition* |
| S6 | (MH "Nutritional Counseling") OR (MH "Counseling") OR shuttle walk* |
| S7 | (MH "Diet") OR (MH "Nutrition") OR fatigue severity scale* |
| S8 | visual analog* scale* OR Borg N2 scale OR daily N2 activit* |
| S9 | written disclosure therap* OR managed care program* OR (MH "Managed Care Programs") |
| S10 | (MH "Walking") OR (MH "Activities of Daily Living+") OR (MH "Exercise+") OR (MH "Physical Endurance+") |
| S11 | S1 or S2 or S3 or S4 or S5 or S6 or S7 or S8 or S9 or S10 |

2

Cochrane search terms

| | |
|-----|---|
| #1 | (Exercis* or Treadmill or bicycle or stepper or weights or ergometer or walk*):ti,ab |
| #2 | ((Physical or aerobic or endurance or strength or fitness or resistance) NEAR/2 (activit* or train* or condition* or program* or regime*)):ti,ab |
| #3 | (6MWT or 6MWD):ti,ab |
| #4 | (minute walk NEXT (test or distance)):ti,ab |
| #5 | ((cycle NEXT ergometry) or ICET):ti,ab |
| #6 | (Shuttle NEXT walk*):ti,ab |
| #7 | ((Pulmonary NEAR/2 rehabilitat*) or (rehabilitat* NEAR/2 program*)):ti,ab |
| #8 | (Written NEXT disclosure NEXT therap*):ti,ab |
| #9 | (psycholog* or council* or counsel* or psychotherap*):ti,ab |
| #10 | ((Emotional or psychosocial) NEAR/2 support):ti,ab |
| #11 | ((multifactor* or multifacet* or managed care) NEXT program*):ti,ab |
| #12 | (Diet* or nutrition*):ti,ab |
| #13 | ((patient* or carer*) NEAR/2 (information or education* or knowledge)) AND rehabilitat*):ti,ab |
| #14 | ((patient* or carer*) NEAR/5 (leaflet* or pamphlet* or booklet* or website* or web site*) AND rehabilitat*)):ti,ab |
| #15 | MeSH descriptor Exercise Test, this term only |
| #16 | MeSH descriptor Exercise Tolerance, this term only |
| #17 | MeSH descriptor Exercise Movement Techniques explode all trees |
| #18 | MeSH descriptor Exercise explode all trees |
| #19 | MeSH descriptor Walking explode all trees |
| #20 | MeSH descriptor Physical Endurance explode all trees |
| #21 | MeSH descriptor Exercise Therapy explode all trees |
| #22 | MeSH descriptor Rehabilitation explode all trees |
| #23 | MeSH descriptor Managed Care Programs, this term only |
| #24 | MeSH descriptor Patient Education as Topic explode all trees |
| #25 | MeSH descriptor Consumer Health Information explode all trees |
| #26 | MeSH descriptor Access to Information explode all trees |
| #27 | MeSH descriptor Information Services explode all trees |
| #28 | MeSH descriptor Pamphlets explode all trees |
| #29 | MeSH descriptor Counseling explode all trees |
| #30 | MeSH descriptor Psychotherapy explode all trees |
| #31 | MeSH descriptor Diet explode all trees |
| #32 | MeSH descriptor Nutrition Therapy explode all trees |
| #33 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32) |

1 D.3.9 Pharmacological interventions

2 Searches for the following two questions were run as one search:

3 **Which drug should be initiated first, for how long, and what combination in the treatment of IPF?**

4 **(Sub-question) What is the clinical and cost effectiveness of pharmacological interventions to**
5 **manage patients with suspected or confirmed IPF?**

1 Search constructed by combining the columns in the following table using the AND Boolean operator

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------------|------------|-------------------------------------|--|
| IPF | Pharmacological interventions | | SRs, RCTs (Medline and Embase only) | No date restriction. Search run up to 01/11/12 |

2 **Pharmacological intervention search terms**

3 **Medline search terms**

| | |
|----|---|
| 1 | Acetylcysteine/ |
| 2 | (acetylcystein* or acetyl cystein* or acetadote or parvolex).ti,ab. |
| 3 | Azathioprine/ |
| 4 | exp Immunosuppressive Agents/ |
| 5 | (azathioprine or imuran or azasan or immunosuppress*).ti,ab. |
| 6 | (ambrisentan or volibris or letairis or bosentan or tracleer).ti,ab. |
| 7 | Glucocorticoids/ or Adrenal cortex hormones/ or Pregnadienetriols/ or Pregnediones/ |
| 8 | Prednisolone/ or betamethasone/ or cortisone/ or dexamethasone/ or hydrocortisone/ or methylprednisolone/ or prednisone/ or triamcinolone/ or beclomethasone/ or budesonide/ |
| 9 | (Prednisolone or prednisone or deltacotril or (pred adj forte) or methylprednisolone or depo medrol or lodotra or Deltastab or betamethasone or betnelan or betnesol).ti,ab. |
| 10 | (cortisone or deflazacort or calcort or dexamethasone or hydrocortisone).ti,ab. |
| 11 | (triamcinolone or Nasacort or adcortyl or kenalog or triderm or triacet or trivaris or triesence).ti,ab. |
| 12 | (Efcortisol or (Solu adj Cortef) or Medrone or (Solu adj Medrone) or Hydrocortistab or (Depo adj Medrone) or Adcortyl).ti,ab. |
| 13 | (beclometasone or beclomethasone or qvar or fostair or clenil or asmabec or beconase or pulvinal or becodisks or budesonide or budelin or budenofalk or pulmicort or symbicort or rhinocort or entocort).ti,ab. |
| 14 | (ciclesonide or alvesco or onnaris or fluticasone or flixotide or seretide or evohaler or veramyst or flovent or flonase or cutivate or advair or avamys or flixonase or pirinase or asmanex or elocon or nasonex).ti,ab. |
| 15 | (Glucocorticoid* or Corticosteroid* or Adrenal cortex hormone*).ti,ab. |
| 16 | Trimethoprim-Sulfamethoxazole Combination/ |
| 17 | ((trimethoprim adj2 sulfamethoxazole) or co trimoxazole or septrin).ti,ab. |
| 18 | (arzip or cellcept or mycophenolic or myfortic or mycophenolate).ti,ab. |
| 19 | mycophenolic acid/ |
| 20 | Warfarin/ |
| 21 | warfarin.ti,ab. |
| 22 | anticoagulants/ or antithrombins/ |
| 23 | exp Acenocoumarol/ |
| 24 | exp Phenindione/ |
| 25 | exp Coumarins/ |
| 26 | phenprocoumon/ |
| 27 | (acenocoumarol or nicoumalone or phenprocoumon or phenindione or nicoumalone or acenocoumarin or sinthrome or sintrom or coumadin or coumarin* or hydroxycoumarin* or (anti adj coagulant*).ti,ab. |

| | |
|----|---|
| 28 | Proton pump inhibitors/ |
| 29 | (proton adj3 pump* adj3 (inhibitor* or antagonist*).ti,ab. |
| 30 | Omeprazole/ |
| 31 | (omeprazole or prilosec or nexium or esomeprazole or vimovo or losec or pantoprazole or protium or protonix or lansoprazole or prevacid or zoton or rabeprazole or pariet).ti,ab. |
| 32 | (sildenafil or viagra or revatio).ti,ab. |
| 33 | vasodilator*.ti,ab. |
| 34 | *Vasodilator Agents/ |
| 35 | ((phosphodiesterase adj2 inhibitor*) or avanafil or bemaflafil or dasantaflafil or gisadenaflafil or lodenaflafil or mirodenaflafil or tadalafilaflafil or udenaflafil or vardenaflafil).ti,ab. |
| 36 | or/1-35 |

1

Embase search terms

| | |
|----|--|
| 1 | acetylcysteine/ |
| 2 | (acetylcystein* or acetyl cystein* or acetadote or parvolex).ti,ab. |
| 3 | (azathioprine or imuran or azasan or immunosuppress*).ti,ab. |
| 4 | azathioprine/ or immunosuppressive agent/ |
| 5 | (ambrisentan or volibris or letairis or bosentan or tracleer).ti,ab. |
| 6 | Glucocorticoid/ |
| 7 | Corticosteroid/ |
| 8 | Corticosteroid derivative/ |
| 9 | Pregnane derivative/ |
| 10 | Prednisolone/ or betamethasone/ or cortisone/deflazacort or dexamethasone/ or hydrocortisone/ or methylprednisolone/ or prednisone/ or triamcinolone/ or beclometasone/ or beclometasone dipropionate/ or beclometasone dipropionate plus salbutamol/ or budesonide/ or ciclesonide/ |
| 11 | (Prednisolone or prednisone or deltacortril or (pred adj forte) or methylprednisolone or depo medrol or lodotra or Deltastab or betamethasone or betnelan or betnesol).ti,ab. |
| 12 | (cortisone or deflazacort or calcort or dexamethasone or hydrocortisone).ti,ab. |
| 13 | (triamcinolone or Nasacort or adcortyl or kenalog or triderm or triacet or trivaris or triesence).ti,ab. |
| 14 | (Efcortisol or (Solu adj Cortef) or Medrone or (Solu adj Medrone) or Hydrocortistab or (Depo adj Medrone) or Adcortyl).ti,ab. |
| 15 | (beclometasone or beclomethasone or qvar or fostair or clenil or asmabec or beconase or pulvinal or becodisks or budesonide or budelin or budenofalk or pulmicort or symbicort or rhinocort or entocort).ti,ab. |
| 16 | (ciclesonide or alvesco or omnaris or fluticasone or flixotide or seretide or evohaler or veramyst or flovent or flonase or cutivate or advair or avamys or flixonase or pirinase or asmanex or elocon or nasonex).ti,ab. |
| 17 | (Glucocorticoid* or Corticosteroid* or Adrenal cortex hormone*).ti,ab. |
| 18 | ((trimethoprim adj2 sulfamethoxazole) or co trimoxazole or septrin).ti,ab. |
| 19 | cotrimoxazole/ |
| 20 | (arzip or cellcept or mycophenolic or myfortic or mycophenolate).ti,ab. |
| 21 | mycophenolic acid 2 morpholinoethyl ester/ |
| 22 | warfarin/ |
| 23 | warfarin.ti,ab. |
| 24 | (acenocoumarol or nicoumalone or phenindione or nicoumalone or acenocoumarin or |

| | |
|----|---|
| | sinthrome or sintrom or coumadin or coumarin* or hydroxycoumarin* or (anti adj coagulant*).ti,ab. |
| 25 | exp coumarin/ |
| 26 | anticoagulant agent/ |
| 27 | exp phenindione/ |
| 28 | exp acenocoumarol/ |
| 29 | phenprocoumon/ |
| 30 | exp coumarin anticoagulant/ |
| 31 | phenprocoumon.ti,ab. |
| 32 | exp Proton pump inhibitor/ |
| 33 | (proton adj3 pump* adj3 (inhibitor* or antagonist*).ti,ab. |
| 34 | Esomeprazole/ |
| 35 | Omeprazole/ |
| 36 | Lansoprazole/ |
| 37 | Rabeprazole/ |
| 38 | pantoprazole/ |
| 39 | (omeprazole or prilosec or nexium or esomeprazole or vimovo or losec or pantoprazole or protium or protonix or lansoprazole or prevacid or zoton or rabeprazole or pariet).ti,ab. |
| 40 | (sildenafil or viagra or revatio).ti,ab. |
| 41 | *sildenafil/ |
| 42 | *phosphodiesterase V inhibitor/ |
| 43 | phosphodiesterase v inhibitor/ or *avanafil/ or *beminafil/ or *dasantafil/ or *gisadenafil/ or *lodenafil/ or *mirodenafil/ or *sildenafil/ or *sildenafil nitrate/ or *tadalafil/ or *udenafil/ or *vardenafil/ |
| 44 | ((phosphodiesterase adj2 inhibitor*) or avanafil or beminafil or dasantafil or gisadenafil or lodenafil or mirodenafil or tadalafil or udenafil or vardenafil).ti,ab. |
| 45 | or/1-44 |

1

Cochrane search terms

| | |
|-----|---|
| #1 | (acetylcystein* or (acetyl NEXT cystein*) or acetadote or parvolex):ti,ab |
| #2 | MeSH descriptor Acetylcysteine explode all trees |
| #3 | (azathioprine or imuran or azasan or immunosuppress*):ti,ab |
| #4 | MeSH descriptor Azathioprine explode all trees |
| #5 | MeSH descriptor Immunosuppressive Agents explode all trees |
| #6 | (ambrisentan or volibris or letairis or bosentan or tracleer):ti,ab,kw |
| #7 | MeSH descriptor Glucocorticoids explode all trees |
| #8 | MeSH descriptor Adrenal Cortex Hormones explode all trees |
| #9 | MeSH descriptor Pregnadienetriols explode all trees |
| #10 | MeSH descriptor Pregnenediones explode all trees |
| #11 | MeSH descriptor Prednisolone explode all trees |
| #12 | MeSH descriptor Betamethasone explode all trees |
| #13 | MeSH descriptor Cortisone explode all trees |
| #14 | MeSH descriptor Dexamethasone explode all trees |
| #15 | MeSH descriptor Hydrocortisone explode all trees |
| #16 | MeSH descriptor Methylprednisolone explode all trees |
| #17 | MeSH descriptor Prednisone explode all trees |

| | |
|-----|---|
| #18 | MeSH descriptor Triamcinolone explode all trees |
| #19 | MeSH descriptor Beclomethasone explode all trees |
| #20 | MeSH descriptor Budesonide explode all trees |
| #21 | (Prednisolone or prednisone or daltacotril or (pred adj forte) or methylprednisolone or (depo medrol) or Iodotra or Deltastab or betamethasone or betnelan or betnesol):ti,ab |
| #22 | (cortisone or deflazacort or calcort or dexamethasone or hydrocortisone):ti,ab |
| #23 | (triamcinolone or Nasacort or ad cortyl or kenalog or triderm or triacet or trivaris or triesence):ti,ab |
| #24 | (Efcortisol or (Solu NEXT Cortef) or Medrone or (Solu NEXT Medrone) or Hydrocortistab or (Depo NEXT Medrone) or Adcortyl):ti,ab |
| #25 | (beclometasone or beclomethasone or qvar or fostair or clenil or asmacbec or beconase or pulvinal or becodisks or budesonide or budelin or budenofalk or pulmicort or symbicort or rhinocort or entocort):ti,ab |
| #26 | (ciclesonide or alvesco or omnaris or fluticasone or flixotide or seretide or evohaler or veramyst or flovent or flonase or cutivate or advair or avamys or flixonase or pirinase or asmanex or elocon or nasonex):ti,ab |
| #27 | (Glucocorticoid* or Corticosteroid* or (Adrenal cortex hormone*)):ti,ab |
| #28 | ((trimethoprim adj2 sulfamethoxazole) or (co trimoxazole)):ti,ab |
| #29 | MeSH descriptor Trimethoprim-Sulfamethoxazole Combination explode all trees |
| #30 | (arzip or cellcept or mycophenolic or myfortic or mycophenolate):ti,ab |
| #31 | MeSH descriptor Mycophenolic Acid explode all trees |
| #32 | (warfarin):ti,ab,kw |
| #33 | MeSH descriptor Warfarin, this term only |
| #34 | (acenocoumarol or nicoumalone or phenprocoumon or phenindione or nicoumalone or acenocoumarin or sinthrome or sintrom or coumadin or coumarin* or hydroxycoumarin* or (anti adj coagulant*)):ti,ab |
| #35 | MeSH descriptor Anticoagulants explode all trees |
| #36 | MeSH descriptor Antithrombins explode all trees |
| #37 | MeSH descriptor Acenocoumarol explode all trees |
| #38 | MeSH descriptor Phenindione, this term only |
| #39 | MeSH descriptor Coumarins explode all trees |
| #40 | MeSH descriptor Phenprocoumon, this term only |
| #41 | MeSH descriptor Proton Pump Inhibitors explode all trees |
| #42 | MeSH descriptor Omeprazole explode all trees |
| #43 | (omeprazole or prilosec or nexium or esomeprazole or vimovo or losec or pantoprazole or protium or protonix or lansoprazole or prevacid or zoton or rabeprazole or pariet):ti,ab |
| #44 | ((phosphodiesterase adj2 inhibitor*) or avanafil or beminafil or dasantafil or gisadenafil or lodenafil or mirodenafil or tadalafil or udenafil or vardenafil or sildenafil or viagra or revatio or vasodilator*):ti,ab,kw |
| #45 | MeSH descriptor Vasodilator Agents explode all trees |
| #46 | (proton NEAR/3 pump* NEAR/3 (inhibitor* or antagonist*)):ti,ab |
| #47 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34 OR #35 OR #36 OR #37 OR #38 OR #39 OR #40 OR #41 OR #42 OR #43 OR #44 OR #45 OR #46) |

1 D.3.10 Pharmacological interventions: adverse events

2 Which measures can be taken to minimize the occurrence/severity of adverse events when
3 undergoing pharmacological treatment for IPF?"

4 Search constructed by combining the columns in the following table using the AND Boolean operator

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------------------|-------------------------|------------|----------------------------------|--|
| IPF OR Azathioprine | TPMT | | None, all study types considered | No date restriction. Search run up to 01/11/12 |

5 Azathioprine search terms

6 **Medline search terms**

| | |
|---|--|
| 1 | (az#thiopri* or azasan or azamune or im?uran or imure#).ti,ab. |
| 2 | exp Azathioprine/ |
| 3 | 1 or 2 |

7 **Embase search terms**

| | |
|---|--|
| 1 | exp azathioprine/ |
| 2 | (az#thiopri* or azasan or azamune or im?uran or imure#).ti,ab. |
| 3 | 1 or 2 |

8 **Cochrane search terms**

| | |
|----|---|
| #1 | (az?thiopri* or azasan or azamune or imuran or immuran or imurel or imurek or imuren):ti,ab |
| #2 | MeSH descriptor Azathioprine explode all trees |
| #3 | #1 OR #2 |

9 TMPT search terms

10 **Medline search terms**

| | |
|---|--|
| 1 | *Methyltransferases/ |
| 2 | ((thiopurine adj2 methyltransferase) or (methyl adj2 methyl transferase) or tpmt).ti,ab. |
| 3 | 1 or 2 |

11 **Embase search terms**

| | |
|---|--|
| 1 | exp thiopurine methyltransferase/ or *methyltransferase/ |
| 2 | ((thiopurine adj2 methyltransferase) or (thiopurine adj2 methyl transferase) or tpmt).ti,ab. |
| 3 | 1 or 2 |

12 **Cochrane search terms**

| | |
|----|---|
| #1 | ((thiopurine NEAR/2 methyl) NEXT transferase):ti,ab |
| #2 | tpmt:ti,ab |
| #3 | (thiopurine NEAR/2 methyltransferase):ti,ab |
| #4 | MeSH descriptor Methyltransferases, this term only |
| #5 | #1 OR #2 OR #3 OR #4 |

1 D.3.11 Lung transplantation

2 **At what time points in the IPF care pathway should a patient be considered for referral for lung**
3 **transplantation?**

4 Search constructed by combining the columns in the following table using the AND Boolean operator

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------|------------|--|--|
| IPF | Lung transplantation | | SRs, RCTs, observational (Medline and Embase only) | No date restriction. Search run up to 01/11/12 |

5 Lung transplantation search terms

6 **Medline search terms**

| | |
|---|---|
| 1 | lung transplantation/ |
| 2 | (lung* adj3 (transplant* or graft*)).ti,ab. |
| 3 | or/1-2 |
| 4 | "referral and consultation"/ |
| 5 | time factors/ |
| 6 | (prognos* or time or timing or early or earlier or late or later or refer* or consult* or criteri* or indicat* or assess*).ti,ab. |
| 7 | or/4-6 |
| 8 | 3 and 7 |

7 **Embase search terms**

| | |
|---|---|
| 1 | *lung transplantation/ |
| 2 | (lung* adj3 (transplant* or graft*)).ti,ab. |
| 3 | or/1-2 |
| 4 | *patient referral/ |
| 5 | time/ |
| 6 | (prognos* or time or timing or early or earlier or late or later or refer* or consult* or criteri* or indicat* or assess*).ti,ab. |
| 7 | or/4-6 |
| 8 | 3 and 7 |

8 **Cochrane search terms**

| | |
|----|--|
| #1 | MeSH descriptor Lung Transplantation, this term only |
| #2 | (lung* NEAR/3 (transplant* or graft*)).ti,ab |
| #3 | (#1 OR #2) |

9 D.3.12 Ventilation

10 **In acute or acute-on chronic respiratory failure in patients with IPF, what is the value of non-**
11 **invasive and invasive ventilation?**

12 Search constructed by combining the columns in the following table using the AND Boolean operator

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------|------------|-------------------|-----------------|
|------------|-------------------------|------------|-------------------|-----------------|

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------|------------|--|--|
| IPF | Ventilation | | SRs, RCTs, observational (Medline and Embase only) | No date restriction. Search run up to 01/11/12 |

1 **Ventilation search terms**

2 **Medline search terms**

| | |
|----|---|
| 1 | exp Respiration, Artificial/ |
| 2 | exp Ventilators, Mechanical/ |
| 3 | ((ventilat* or respirat*) adj2 (mechanical* or artificial* or assist* or invasive or noninvasive or non-invasive)).ti,ab. |
| 4 | ((pressure support or high frequenc* or jet or oscillat* or liquid) adj1 ventilat*).ti,ab. |
| 5 | (bipap or nippv or nppv or niv or niav or cpap or aprv or ippb or ippv or peep or ipap or epap).ti,ab. |
| 6 | (positive airway pressure or (positive pressure adj (ventilati* or breath*)) or airway pressure release ventilation or positive end expiratory pressure).ti,ab. |
| 7 | (novalung or ecmo or (extracorporeal* adj2 membrane* adj2 oxygenat*)).ti,ab. |
| 8 | extracorporeal membrane oxygenation/ |
| 9 | Oxygenators, Membrane/ |
| 10 | or/1-9 |

3 **Embase search terms**

| | |
|----|---|
| 1 | exp *artificial ventilation/ |
| 2 | exp ventilator/ |
| 3 | ((ventilat* or respirat*) adj2 (mechanical* or artificial* or assist* or invasive or noninvasive or non-invasive)).ti,ab. |
| 4 | ((pressure support or high frequenc* or jet or oscillat* or liquid) adj1 ventilat*).ti,ab. |
| 5 | (bipap or nippv or nppv or niv or niav or cpap or aprv or ippb or ippv or peep or ipap or epap).ti,ab. |
| 6 | (positive airway pressure or (positive pressure adj (ventilati* or breath*)) or airway pressure release ventilation or positive end expiratory pressure).ti,ab. |
| 7 | extracorporeal oxygenation/ |
| 8 | oxygenator/ |
| 9 | (novalung or ecmo or (extracorporeal* adj2 membrane* adj2 oxygenat*)).ti,ab. |
| 10 | or/1-9 |

4 **Cochrane search terms**

| | |
|----|---|
| #1 | MeSH descriptor Respiration, Artificial explode all trees |
| #2 | MeSH descriptor Ventilators, Mechanical explode all trees |
| #3 | ((ventilat* or respirat*) NEAR/2 (mechanical* or artificial* or assist* or invasive or noninvasive or non-invasive)):ti,b |
| #4 | ((pressure support or high frequenc* or jet or oscillat* or liquid) NEAR ventilat*):ti,ab |
| #5 | (bipap or nippv or nppv or niv or niav or cpap or aprv or ippb or ippv or peep or ipap or epap):ti,ab |
| #6 | (positive airway pressure or ((positive pressure) NEXT (ventilati* or breath*)) or airway pressure release ventilation or positive end expiratory pressure):ti,ab |

| | |
|-----|---|
| #7 | MeSH descriptor Extracorporeal Membrane Oxygenation, this term only |
| #8 | MeSH descriptor Oxygenators, Membrane, this term only |
| #9 | (novalung or ecmo or (extracorporeal* NEAR/2 membrane* NEAR/2 oxygenat*)):ti,ab |
| #10 | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9) |

1 D.4 Economics search

2 Economic searches were conducted in Medline, Embase, HEED and CRD for NHS EED and HTA.

| Population | Intervention / exposure | Comparison | Study filter used | Date parameters |
|------------|-------------------------|------------|--|---|
| ILD | | | Economic, economic modelling, quality of life, disease progression (Medline and Embase only) | No date restriction. Search run up to 01/11/12. Economic filter in Medline and Embase limited to 2010 - 01/11/12 |

3 CRD search terms

| | |
|----|--|
| #1 | MeSH DESCRIPTOR Lung Diseases, Interstitial EXPLODE ALL TREES WITH QUALIFIER undefined |
| #2 | MeSH DESCRIPTOR Pulmonary Fibrosis EXPLODE ALL TREES WITH QUALIFIER undefined |
| #3 | (interstitial near pneumonia*) IN NHSEED, HTA |
| #4 | (interstitial near lung disease*) IN NHSEED, HTA |
| #5 | (pulmonary near fibros*) IN NHSEED, HTA |
| #6 | (alveoliti*) IN NHSEED, HTA |
| #7 | #1 OR #2 OR #3 OR #4 OR #5 OR #6 |

4 HEED search terms

| | |
|----|---|
| 1 | ax=interstitial |
| 2 | ax=pulmonary AND fibros* |
| 3 | ax=alveoliti* |
| 4 | ax=Pneumoconiosis |
| 5 | ax=Pneumonitis |
| 6 | ax=Sarcoidosis |
| 7 | ax=Wegener Granulomatosis |
| 8 | ax=lung AND fibros* |
| 9 | ax=organizing AND pneumonia |
| 10 | cs=1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 |

5

6

7

1 **Appendix E: Forest plots**

2 **E.1 Diagnosis**

3 *The data from these studies were not meta- analysable therefore forest plots for these outcomes*
4 *could not be provided; see the clinical evidence profile and the evidence tables for further information*

5 **E.2 Prognosis**

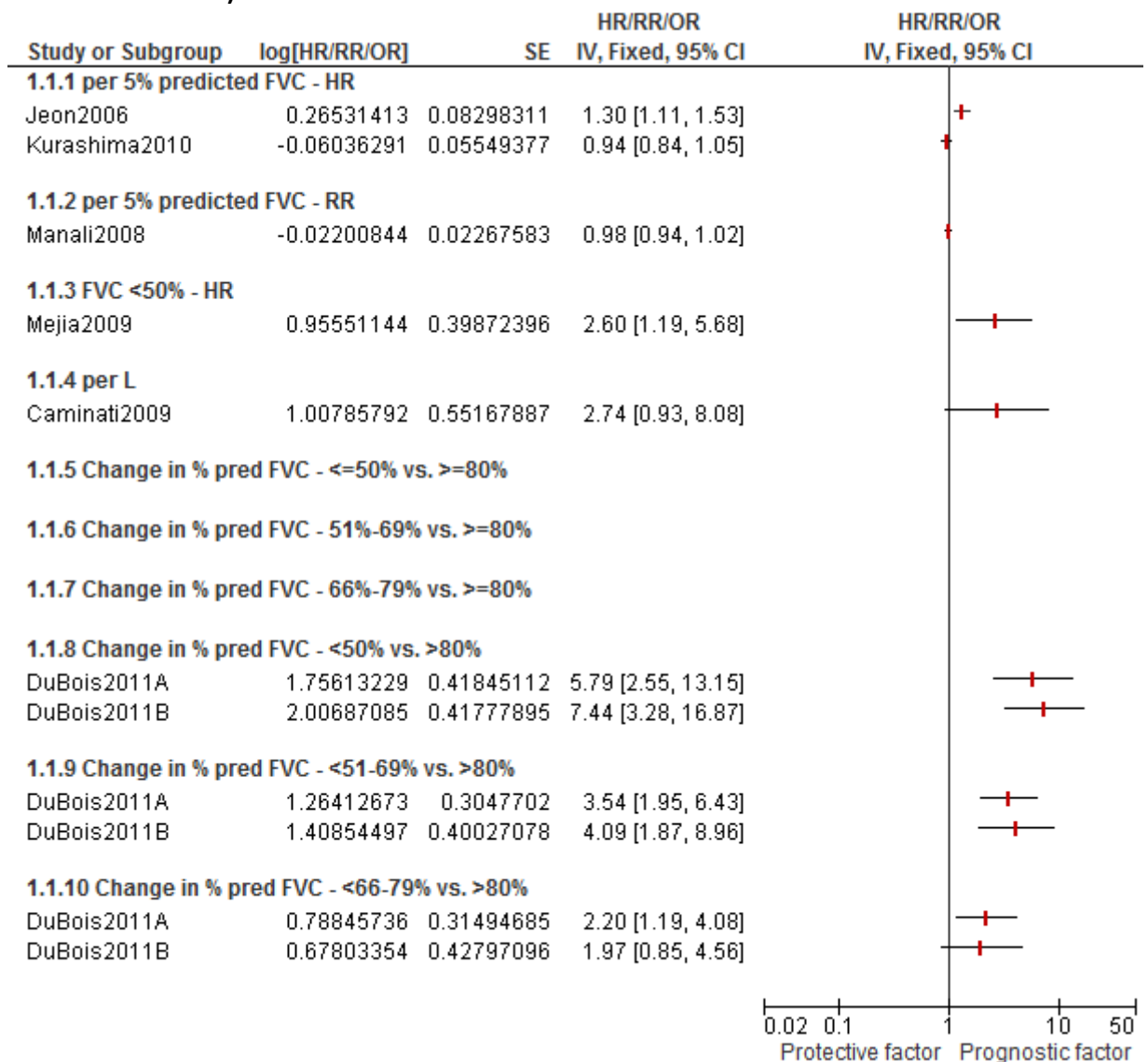
6 *Note: For graphical purposes only, results have been presented in forest plots.*

- 7 • *Only the results of the multivariable analysis have been reported in evidence tables and*
8 *included in the final analysis.*
- 9 • *Inversed hazard ratios were calculated to present declines of PFT measures/ predicted values*
- 10 • *Hazard ratios were also calculated per 5% decline for FVC and per 10% decline for DLCO*

11 *(See Appendix I for calculations of standard errors from hazard ratios, risk ratios and odds ratios)*

1 E.2.1 Serial pulmonary function tests

Figure 1: FVC per 5% predicted declines in patients with IPF at baseline; Mortality/ survival (time to event)



Source: Please note evidence from the same dataset was used for DuBois2012A⁴, Dubois2011A¹¹⁵ and DuBois2011B¹¹⁸, but data from Dubois2012¹²⁰ has been removed as it is an academic in confidence.

Figure 2: Relative declines in mortality/survival (time to event)

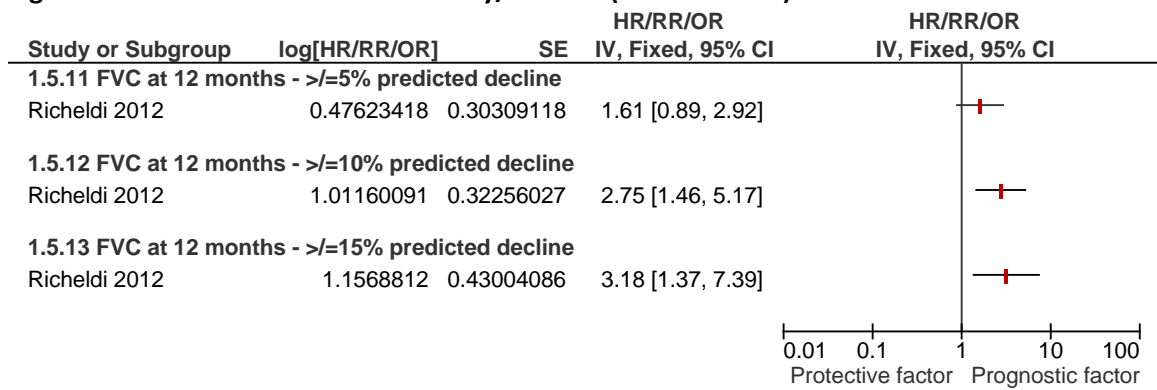


Figure 3: DLCO per 10% predicted declines in patients with IPF at baseline; Mortality/ survival (time to event)

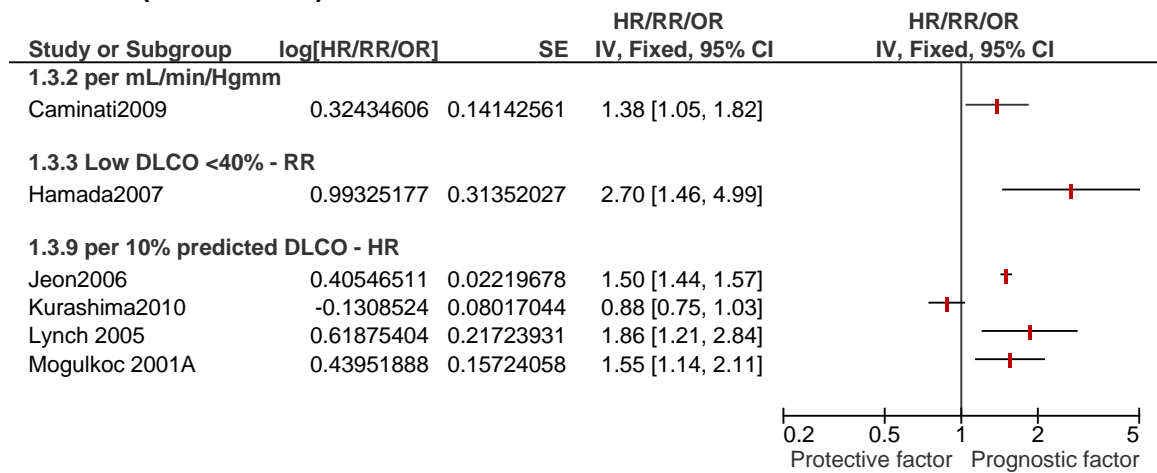
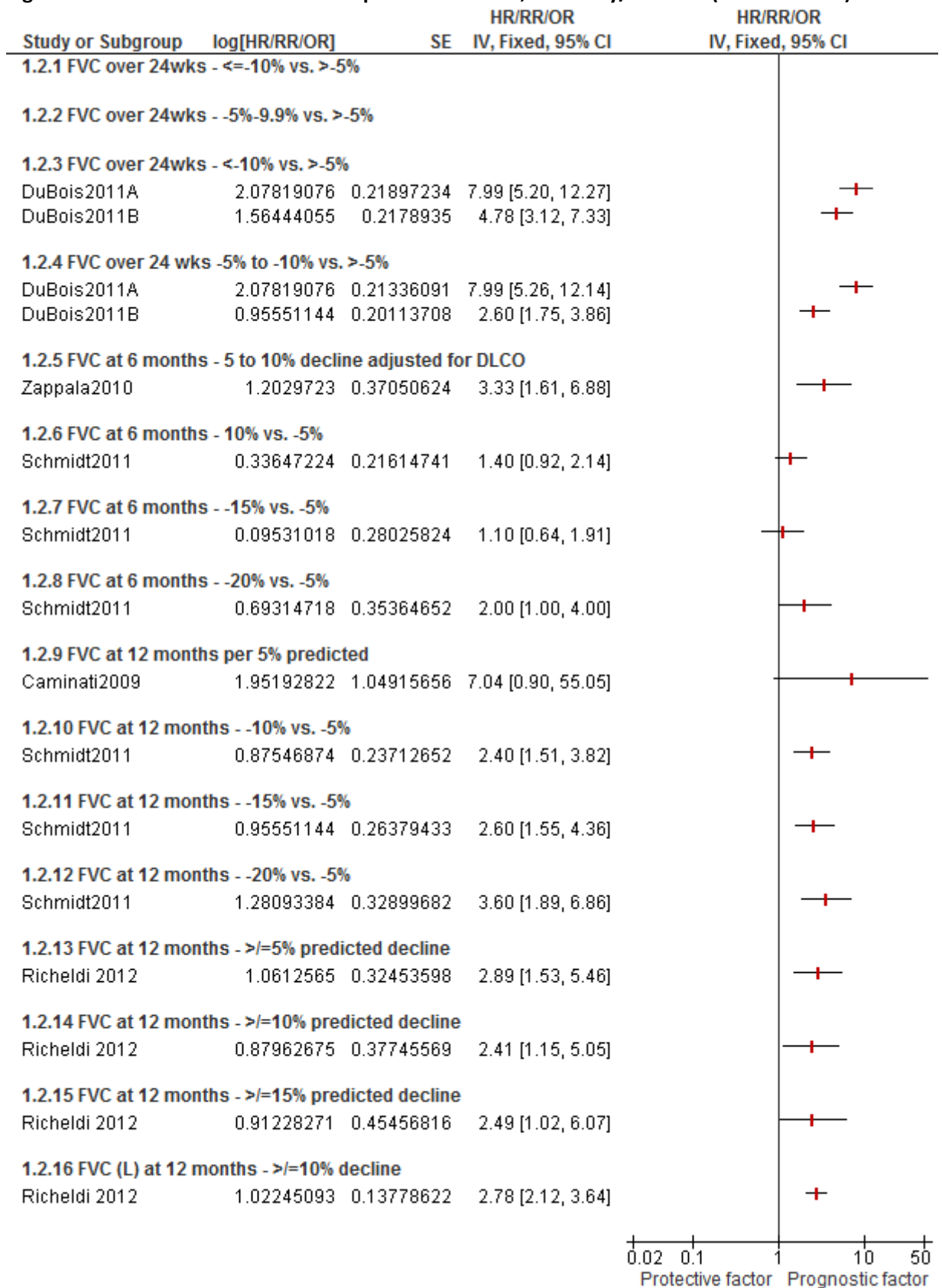


Figure 4: Absolute declines in FVC in patients with IPF; Mortality/ survival (time to event)



Source: Please note evidence from the same dataset was used for DuBois2012A⁴, Dubois2011A¹¹⁵ and DuBois2011B¹¹⁸,

but data from Dubois2012¹²⁰ has been removed as it is an academic in confidence.

1

Figure 5: Absolute declines in DLCO in patients with IPF; mortality/ survival (time to event)

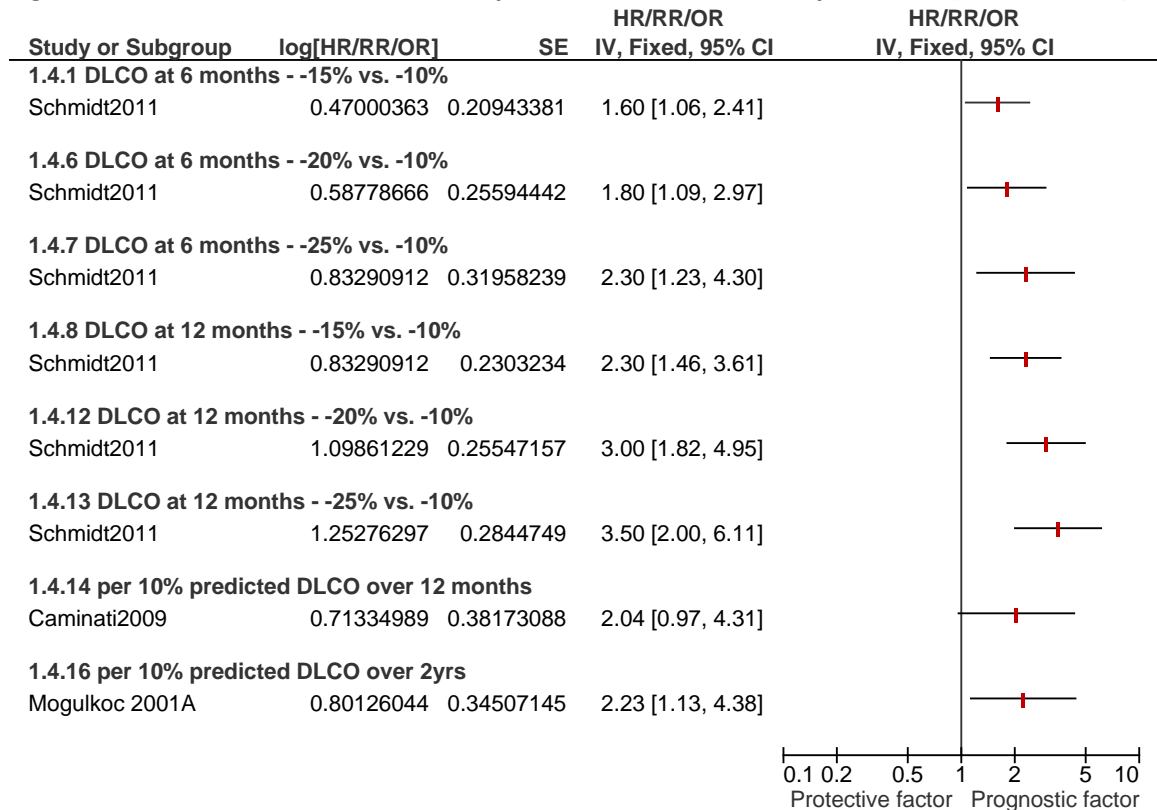


Figure 6: Baseline oxygen saturation in patients with IPF; mortality/ survival (time to event)

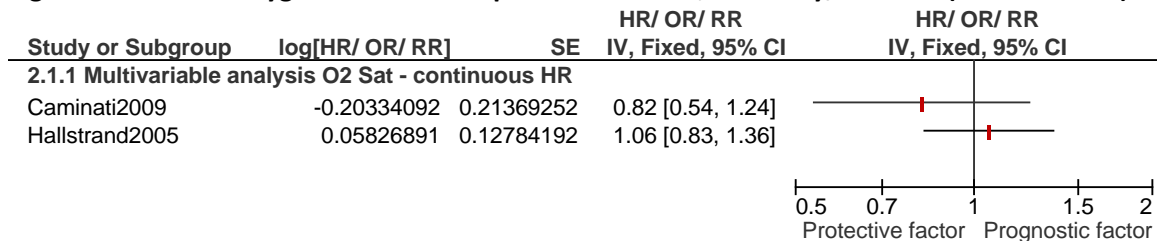
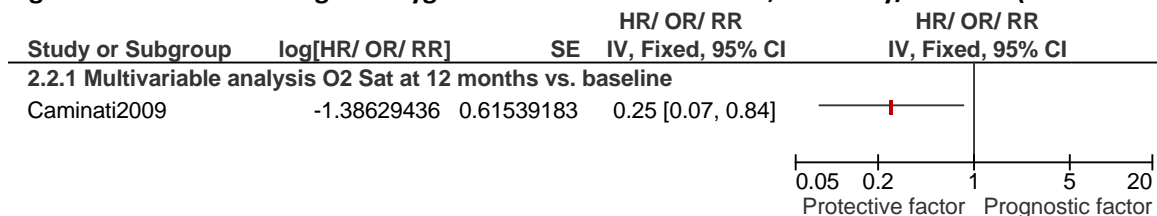


Figure 7: Absolute change in oxygen saturation at 12 months; mortality/ survival (time to event)

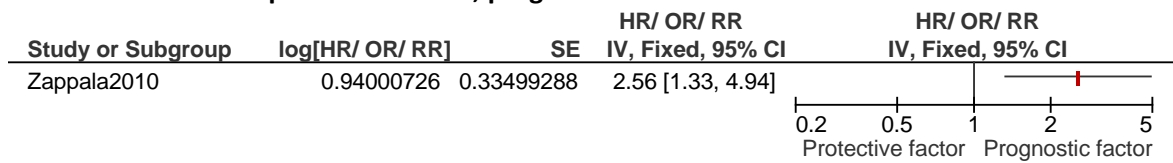


2

3

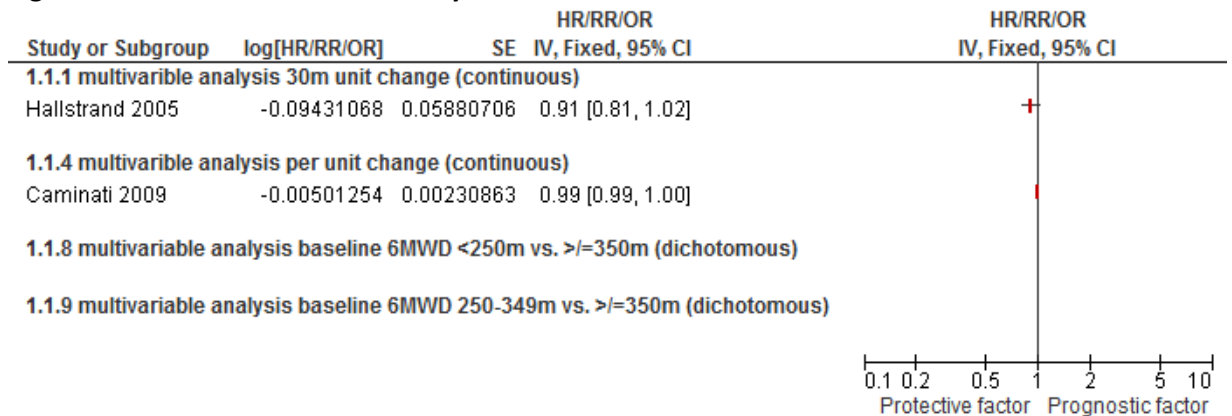
1

Figure 8: Percentage predicted decline in FVC (5-10%) adjusted for DLCO compared to stable disease in patients with IPF; progression free survival



2 **E.2.2 Sub maximal exercise testing**

Figure 9: Baseline 6MWD: mortality



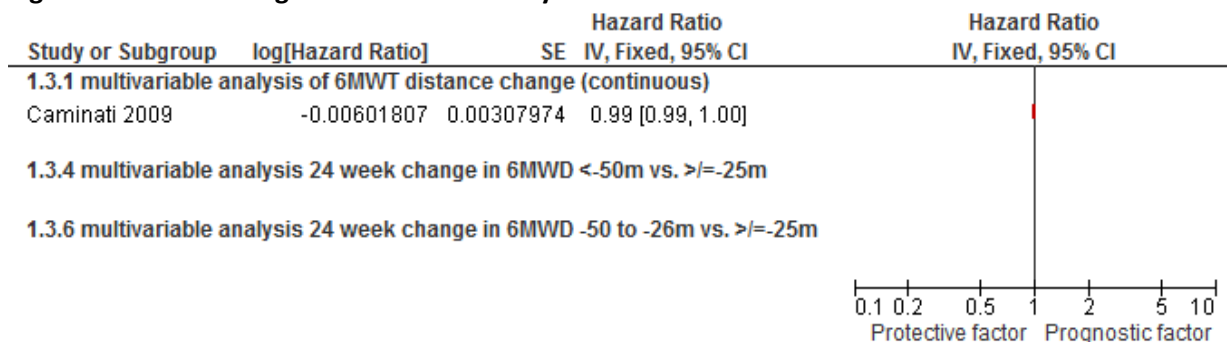
3

4

Source: Please note evidence from DuBois2012A⁴ has been removed as it is an academic in confidence.

5

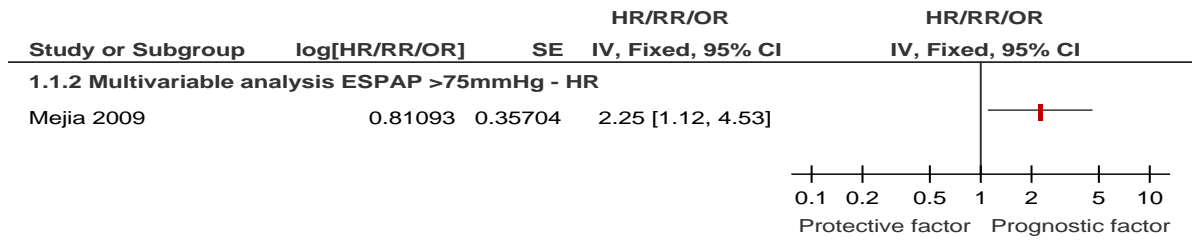
Figure 10: Serial change in 6MWD: mortality



Source: Please note evidence from DuBois2012A⁴ has been removed as it is an academic in confidence.

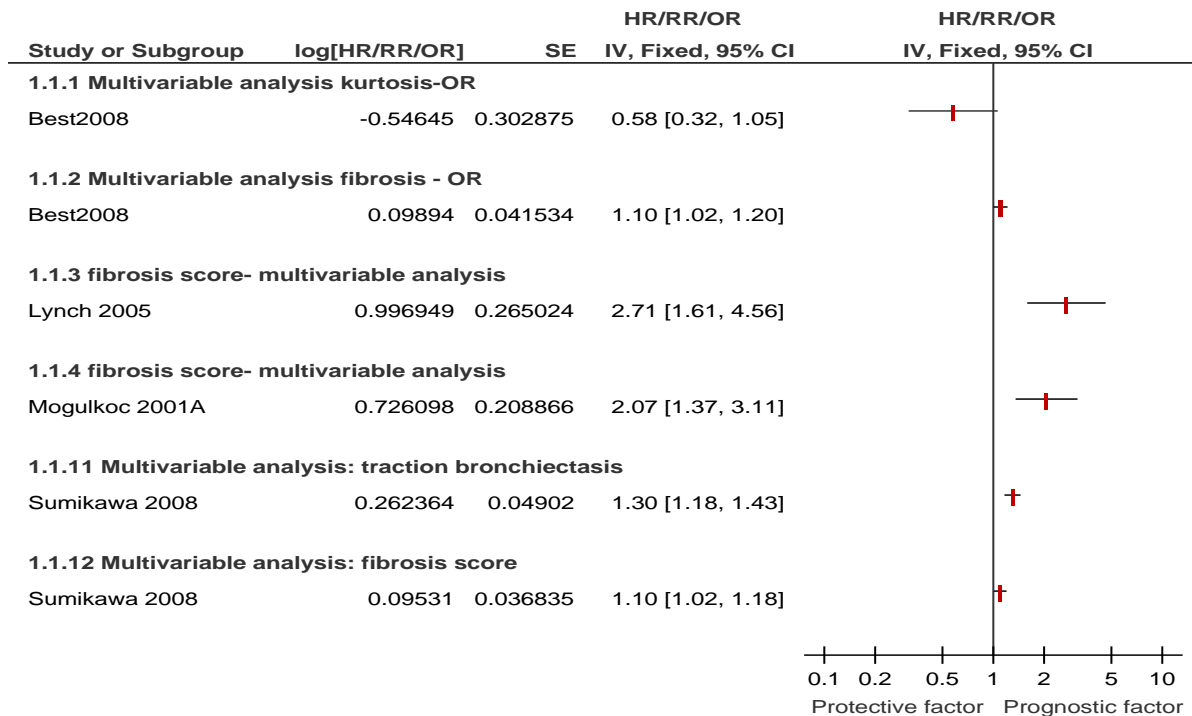
1 E.2.3 Echocardiography

Figure 11: Baseline pulmonary arterial pressure: mortality



2 E.2.4 HRCT scores

Figure 12: Baseline HRCT features: mortality



1 E.3 Pulmonary rehabilitation

Figure 13: Change in 6-minute walk distance (m) immediately following training in pulmonary rehabilitation vs. control in people with IPF

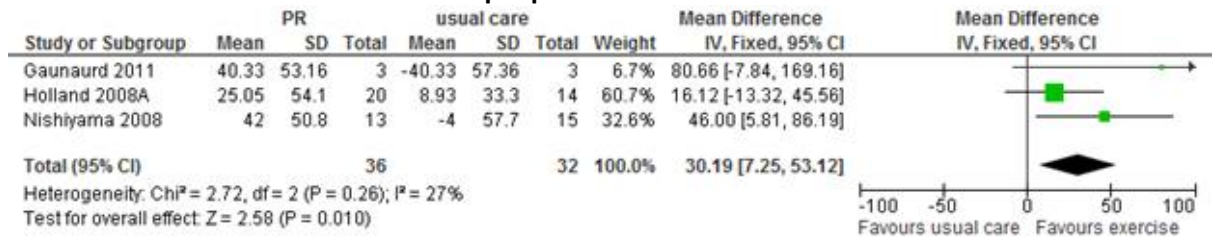


Figure 14: Change in 6-minute walk test distance (m) at long-term follow-up in pulmonary rehabilitation vs. control in people with IPF

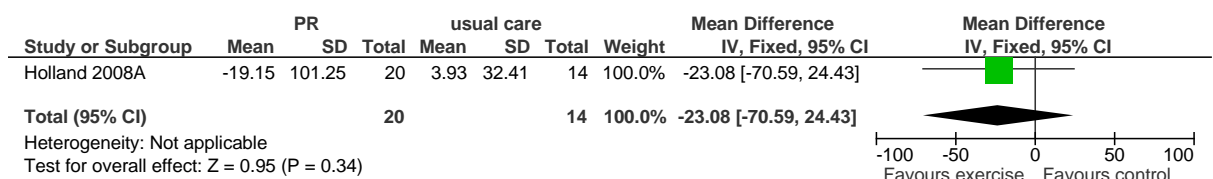


Figure 15: Change in dyspnoea score immediately following training in pulmonary rehabilitation vs. control in people with IPF

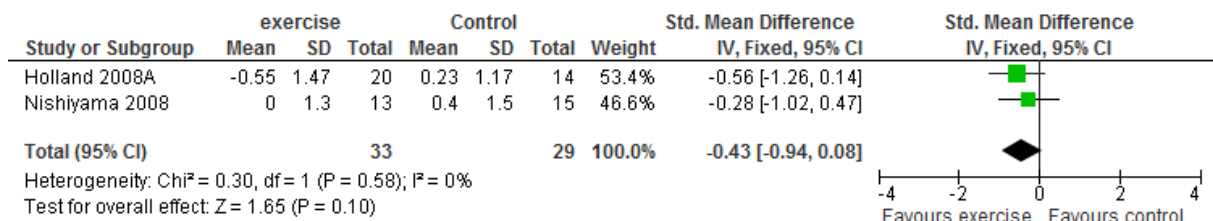


Figure 16: Change in dyspnoea score at long-term follow-up in pulmonary rehabilitation vs. control in people with IPF

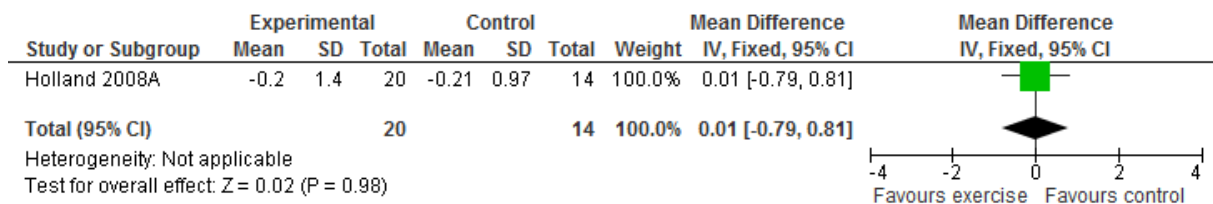


Figure 17: Change in quality of life immediately following training in pulmonary rehabilitation vs. control in people with IPF

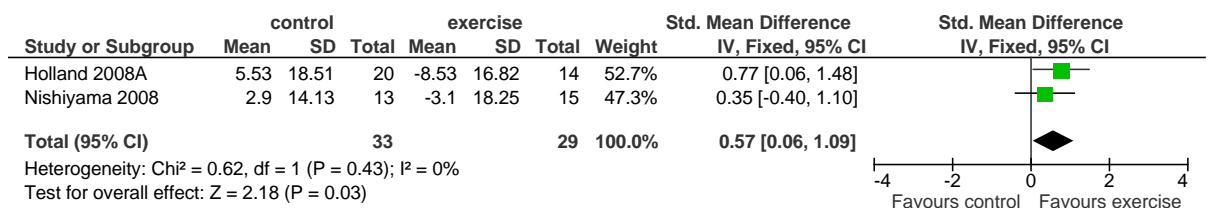


Figure 18: Change in quality of life at long-term follow-up in pulmonary rehabilitation vs. control in people with IPF

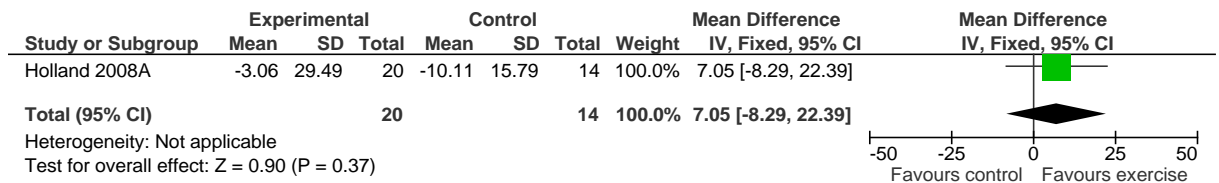


Figure 19: Six month survival in pulmonary rehabilitation vs. control in people with IPF

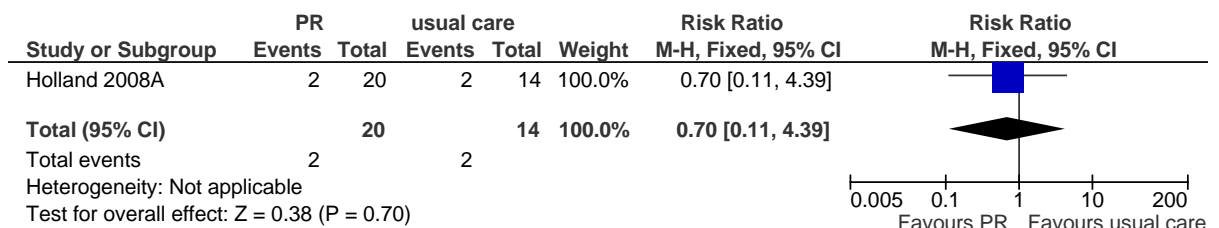


Figure 20: QoL: SF36 domain: physical functioning score immediately following training in pulmonary rehabilitation vs. usual care in people with IPF

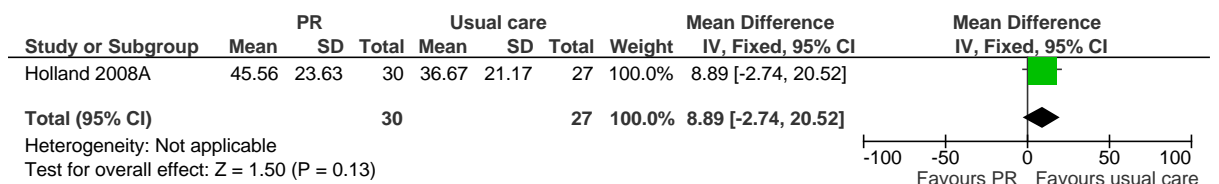


Figure 21: QoL: SF36 domain: physical role functioning score immediately following training in pulmonary rehabilitation vs. usual care in people with IPF

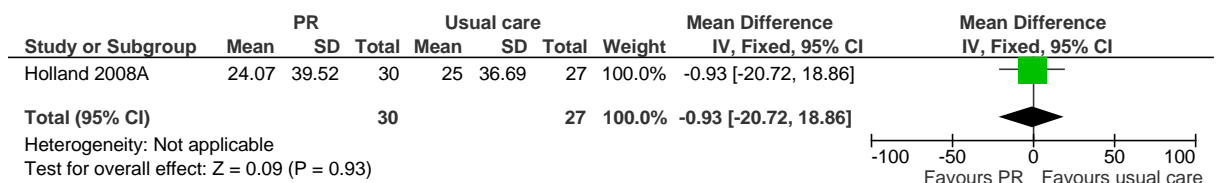


Figure 22: QoL: SF36 domain: vitality score immediately following training in pulmonary rehabilitation vs. usual care in people with IPF

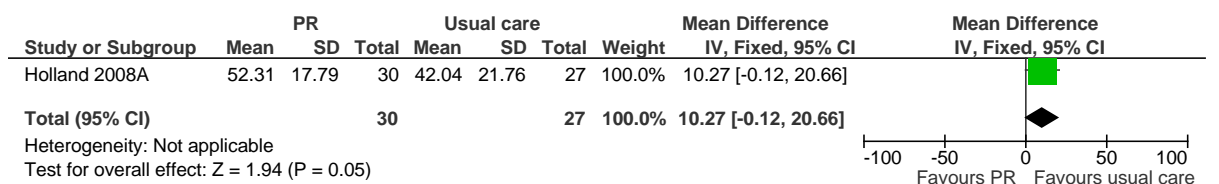


Figure 23: QoL: SF36 domain: bodily pain score immediately following training in pulmonary

rehabilitation vs. usual care in people with IPF

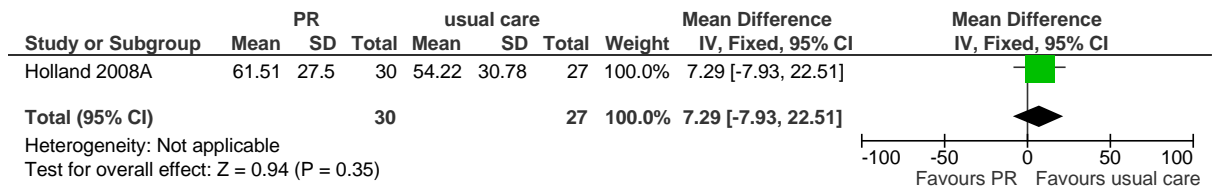


Figure 24: QoL: SF36 domain: general health perceptions score immediately following training in pulmonary rehabilitation vs. usual care in people with IPF

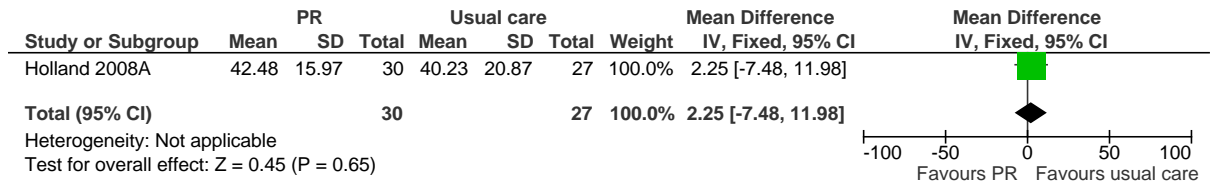


Figure 25: QoL: SF36 domain: social role functioning score immediately following training in pulmonary rehabilitation vs. usual care in people with IPF

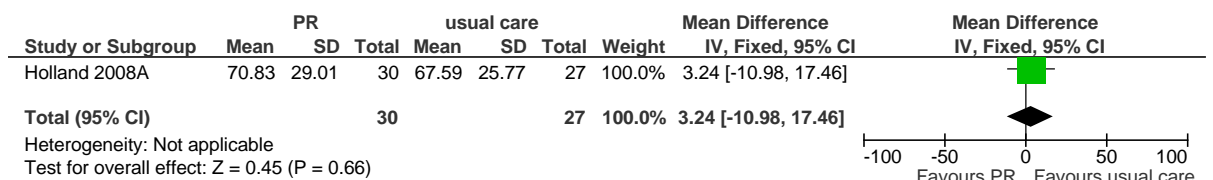


Figure 26: QoL: SF36 domain: emotional role functioning score immediately following training in pulmonary rehabilitation vs. usual care in people with IPF

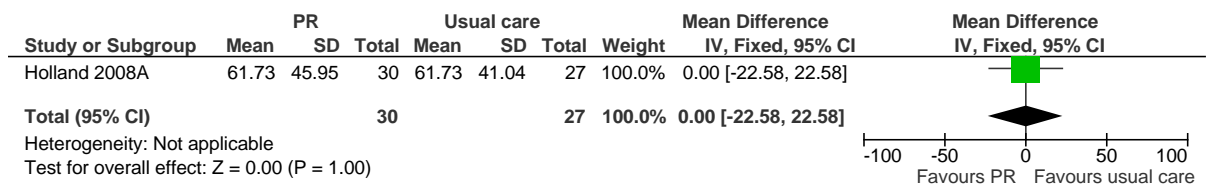


Figure 27: QoL: SF36 domain: mental health score immediately following training in pulmonary rehabilitation vs. usual care in people with IPF

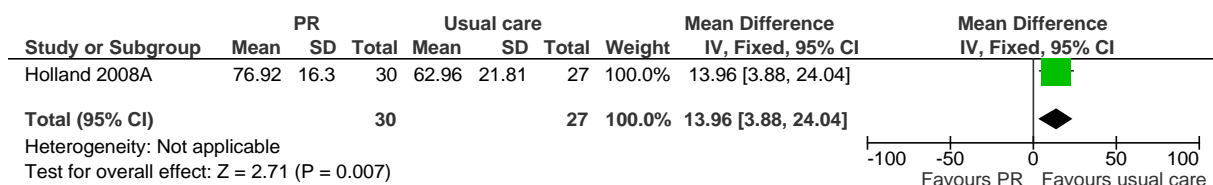
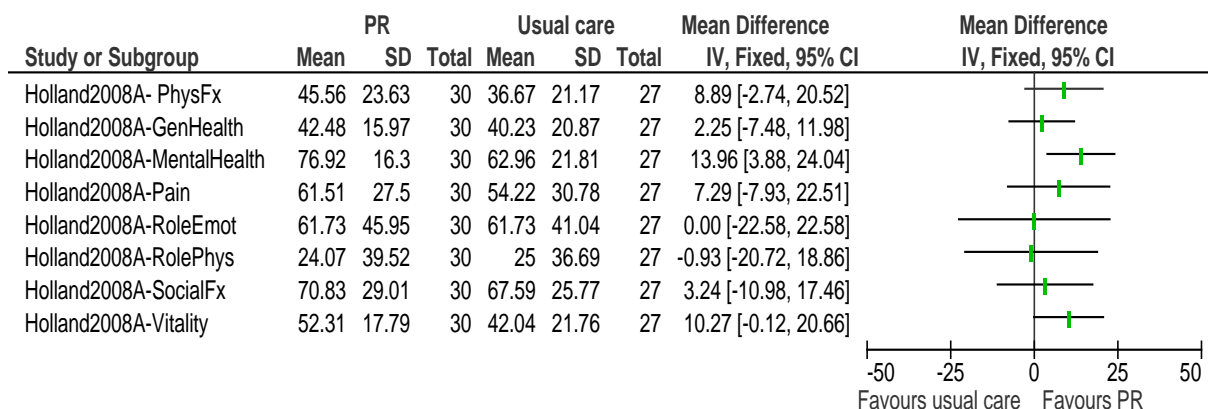


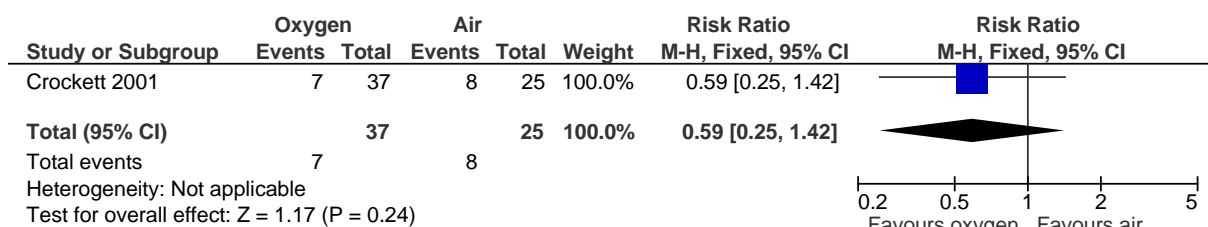
Figure 28: QoL: All SF36 domain scores immediately following training in pulmonary rehabilitation vs. usual care in people with IPF



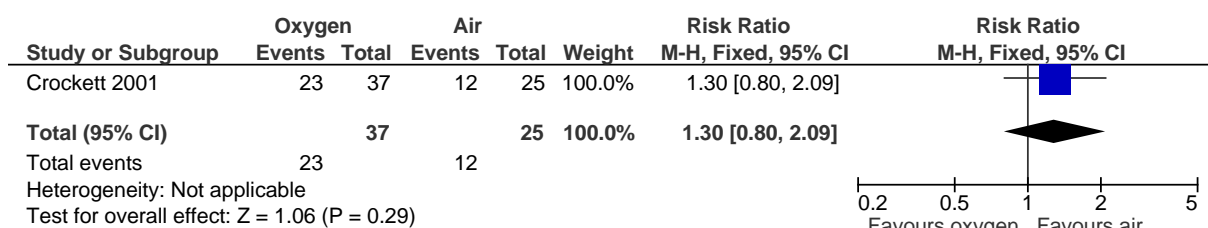
1 **E.4 Best supportive care**

2 **E.4.1 Oxygen management**

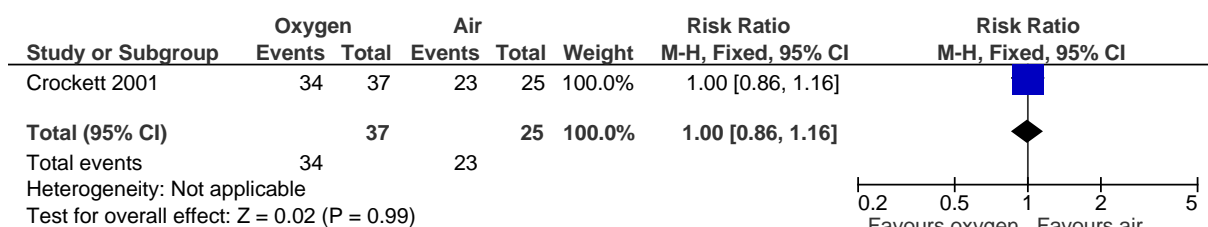
3 **Figure 29: Mortality (12 months) in patients receiving oxygen vs. air in people with IPF**



4
5 **Figure 30: Mortality (24 months) in patients receiving oxygen vs. air in people with IPF**

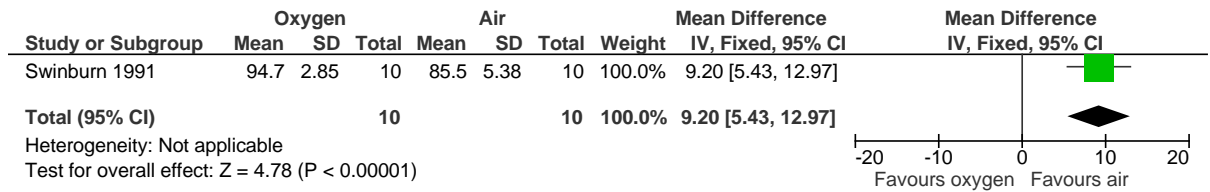


6
7 **Figure 31: Mortality (3 years) in patients receiving oxygen vs. air in people with IPF**



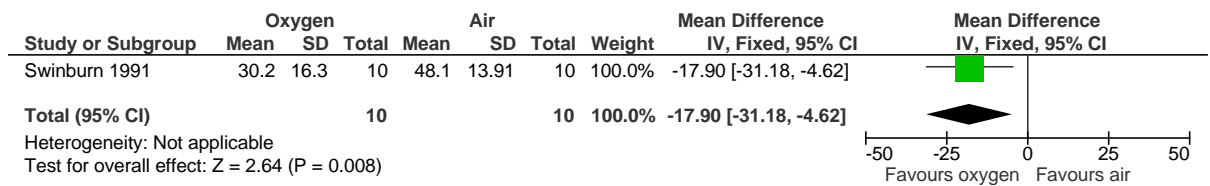
8
9
10
11
12

1 **Figure 32: Arterial oxygen saturation in patients receiving oxygen vs. air in people with IPF**
 2 **immediately after treatment period**



3
4

5 **Figure 33: Dyspnoea (VAS) in patients receiving oxygen vs. air in people with IPF immediately after**
 6 **treatment period**



7
8

9 **E.4.2 Prednisolone for the palliation of cough**

10 *The data from these studies were not meta- analysable therefore forest plots for these outcomes*
 11 *could not be provided; see the clinical evidence profile and the evidence tables for further*
 12 *information.*

13 **E.4.3 Thalidomide for the palliation of cough**

14 *The data from these studies were not meta- analysable therefore forest plots for these outcomes*
 15 *could not be provide; see the clinical evidence profile and the evidence tables for further information.*

16 **E.4.4 Morphine for the palliation of breathlessness**

17 *The data from these studies were not meta- analysable therefore forest plots for these outcomes*
 18 *could not be provided; see the clinical evidence profile and the evidence tables for further*
 19 *information.*

20

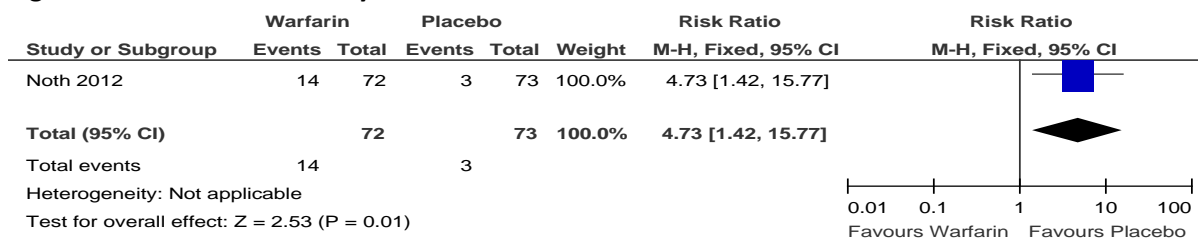
21 **E.5 Pharmacological interventions**

22 (See Appendix I for calculations of standard errors from hazard ratios, risk ratios and odds ratios)

23

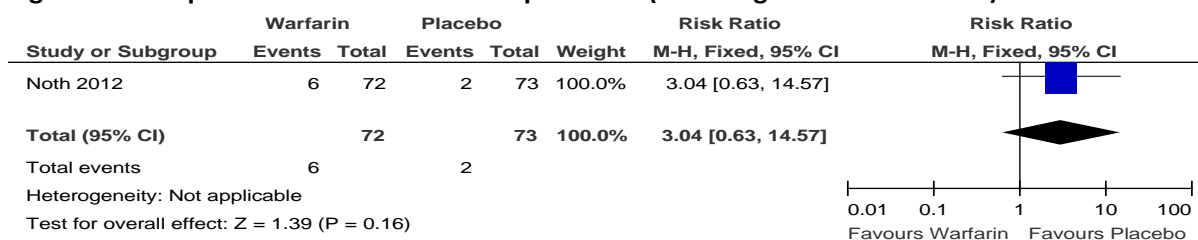
1 E.5.1 Warfarin vs. Placebo

Figure 34: All-cause mortality



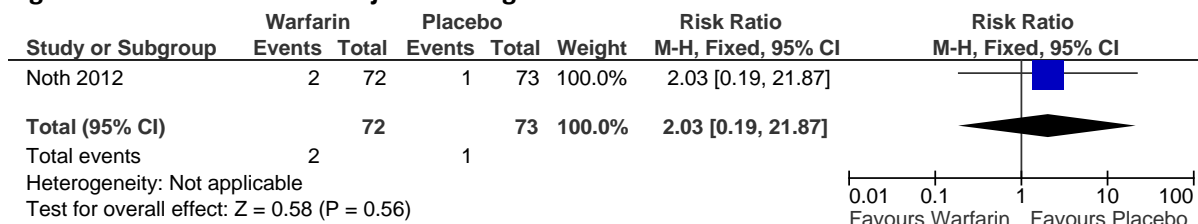
Source: At trial stop

Figure 35: Hospitalisations due to IPF complications (including IPF exacerbations)



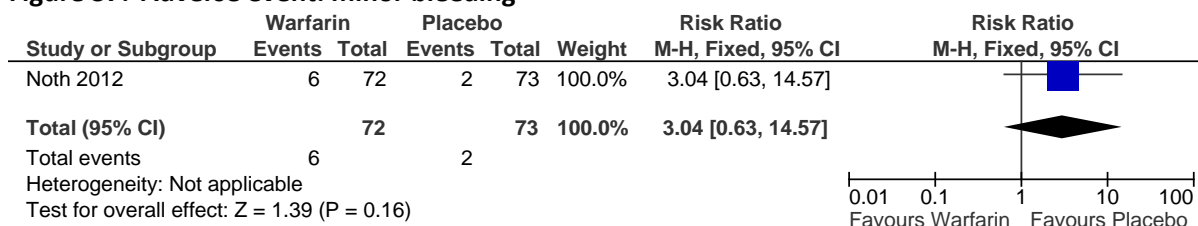
Source: At trial stop

Figure 36: Adverse event: Major bleeding



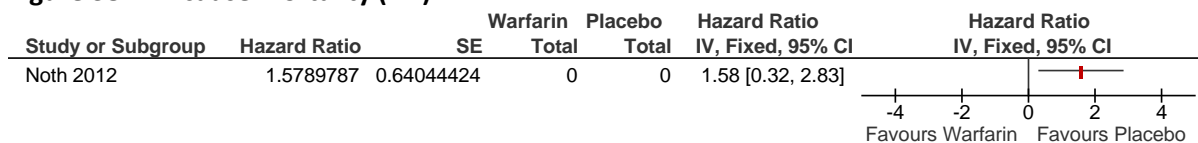
Source: At trial stop

Figure 37: Adverse event: minor bleeding



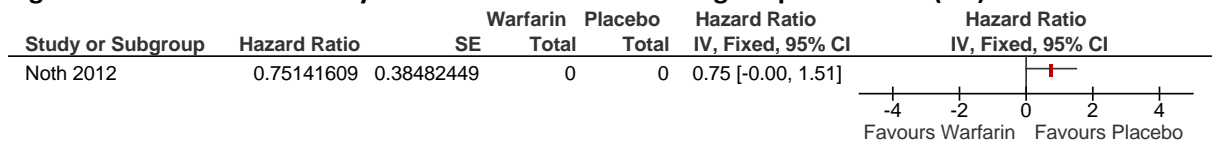
Source: At trial stop

Figure 38: All-cause mortality (HR)



Source: *extrapolated data*

Figure 39: All-cause mortality or non-elective non bleeding hospitalisations (HR)



1 E.5.2 Warfarin & prednisolone vs. Prednisolone

Figure 40: Hospitalisations due to IPF complications (including exacerbations)

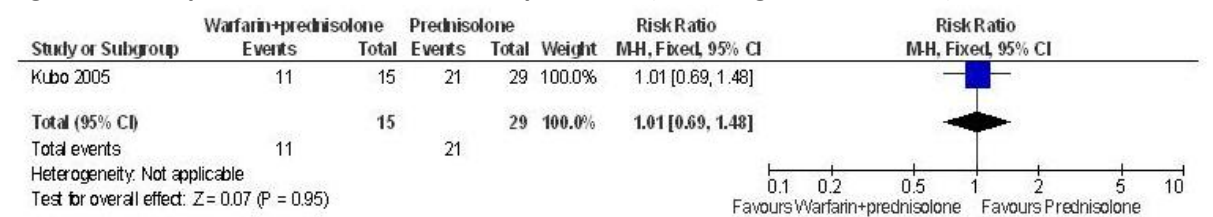


Figure 41: Mortality

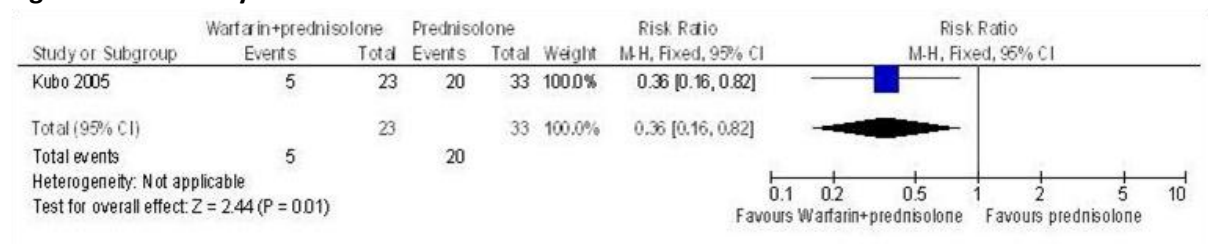


Figure 42: 1 year survival

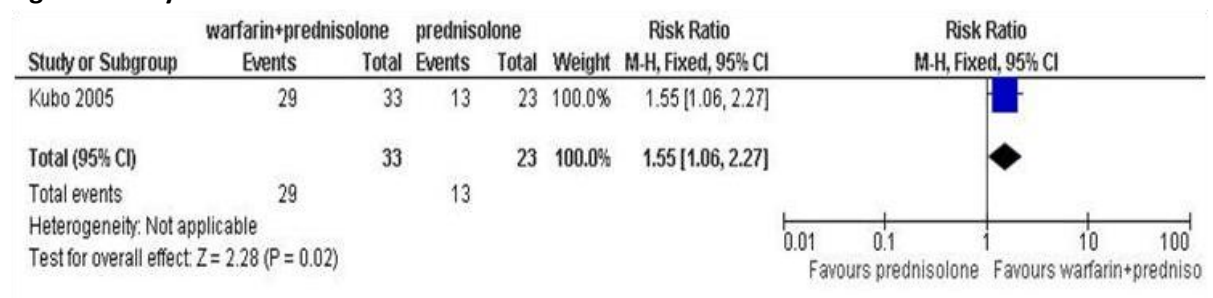
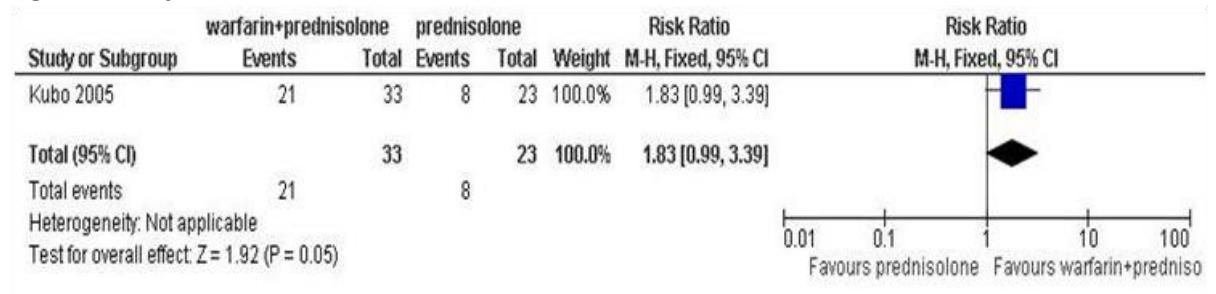


Figure 43: 3 year survival



1 **E.5.3 Sildenafil vs. Placebo**

Figure 44: Lung capacity (FVC)

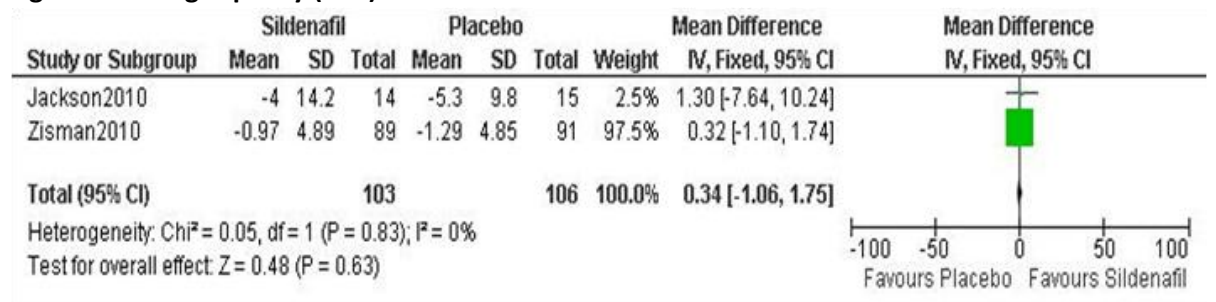


Figure 45: Gas transfer (DLCO)

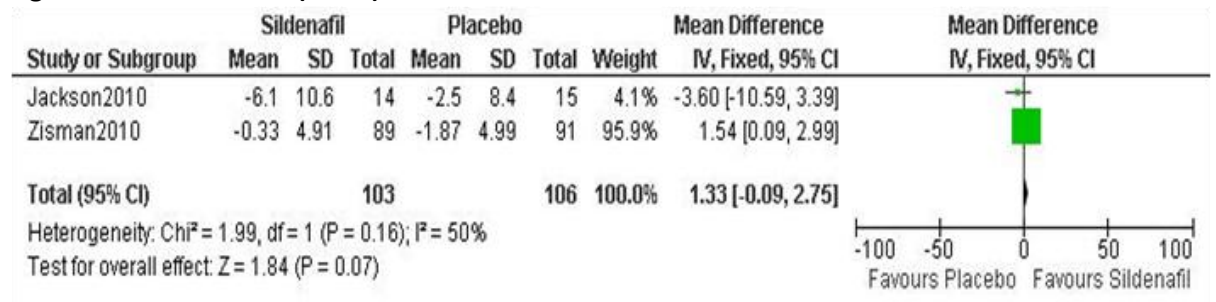


Figure 46: Performance on 6MWT (distance walked)

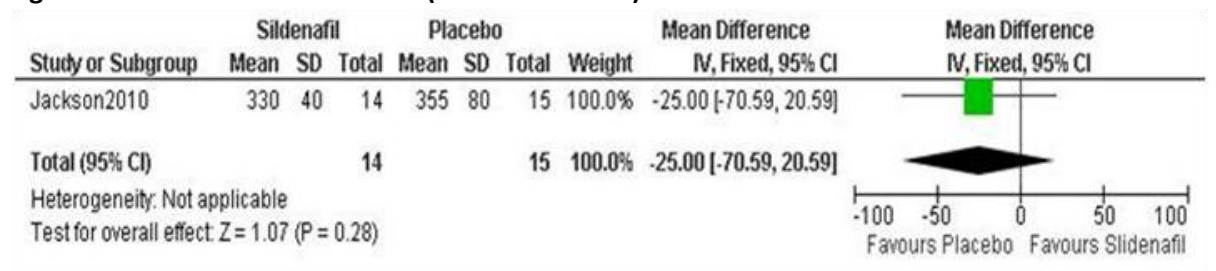


Figure 47: Mortality

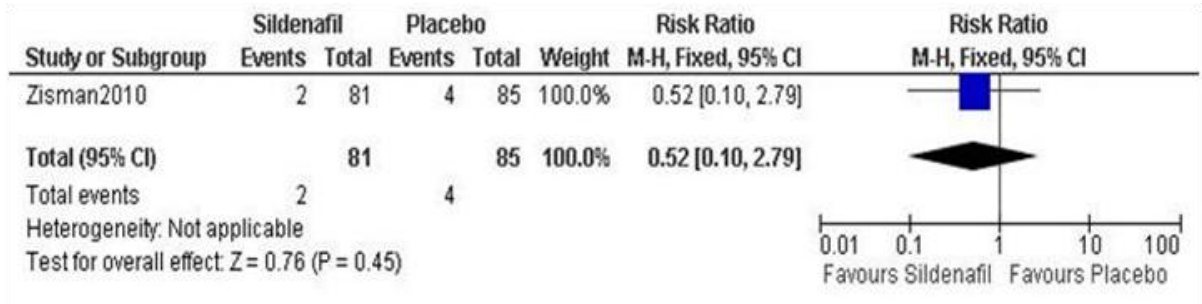


Figure 48: Adverse events: chest pain/coronary artery disease

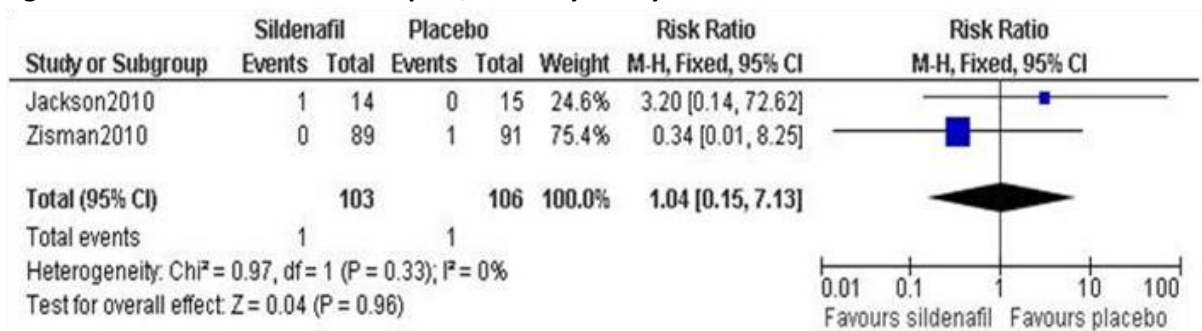


Figure 49: Adverse events: facial flushing

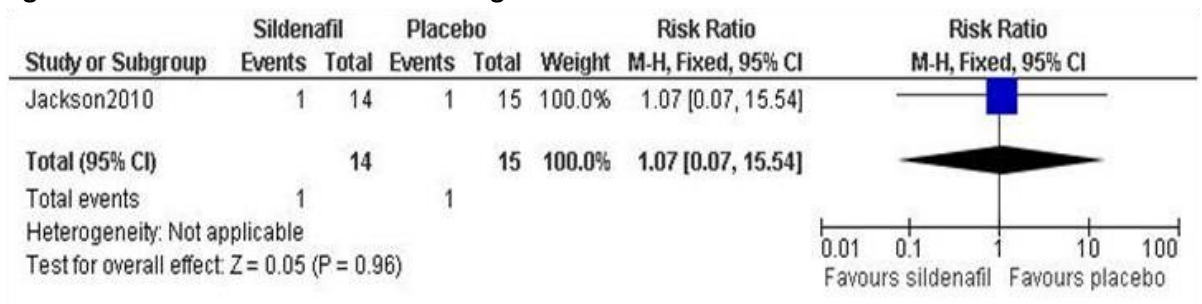


Figure 50: Adverse events: visual disturbance

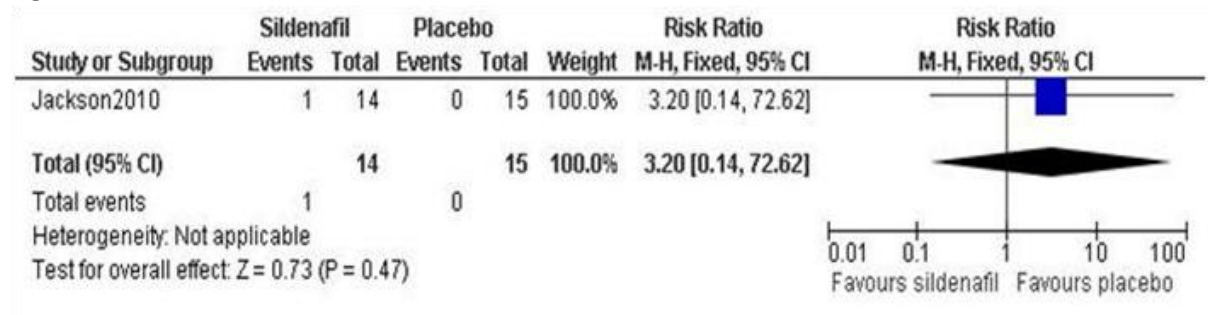


Figure 51: Dyspnoea (Borg)

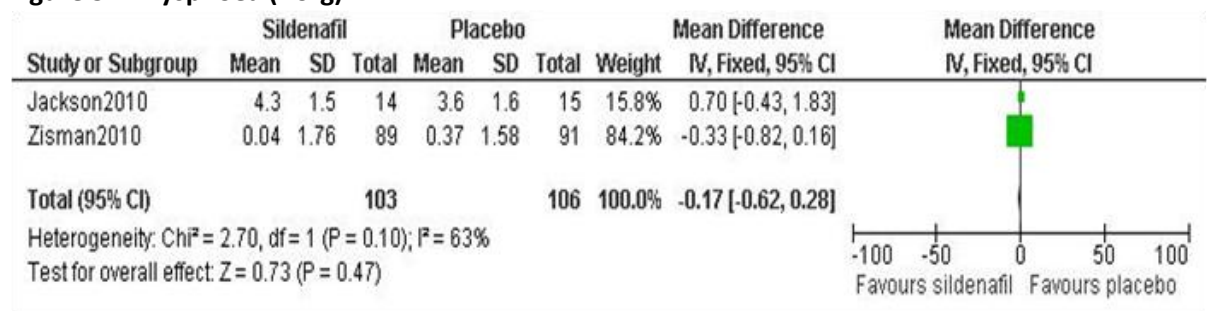
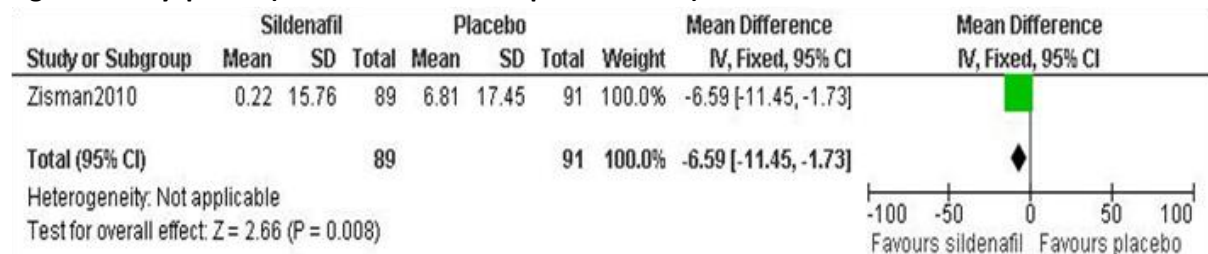


Figure 52: Dyspnoea (shortness of breath questionnaire)



1 **E.5.4 Bosentan vs. Placebo**

Figure 53: 6MWT (distance walked)

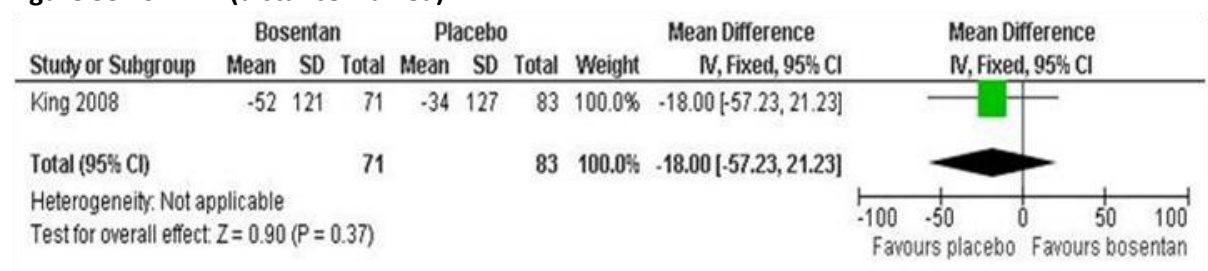


Figure 54: Mortality

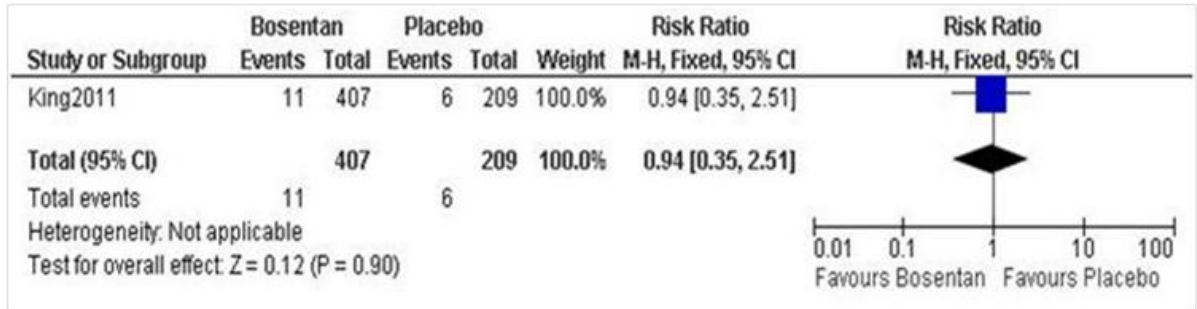


Figure 55: Adverse events (abnormal LFTs)

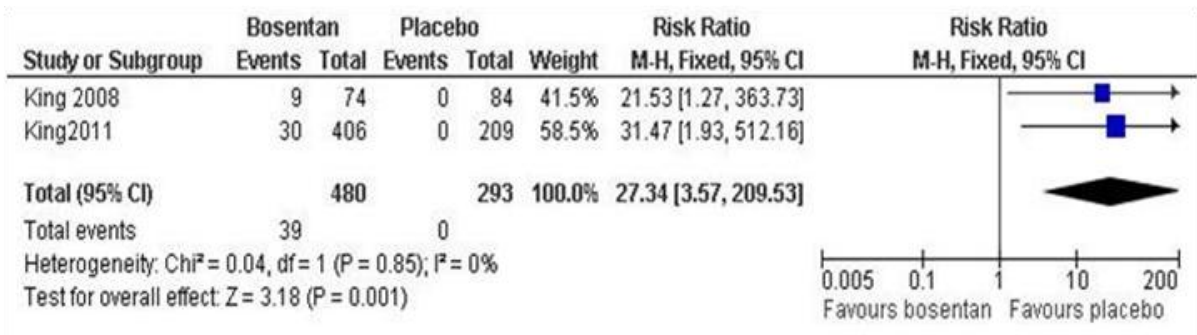


Figure 56: Adverse events (drug hypersensitivity)

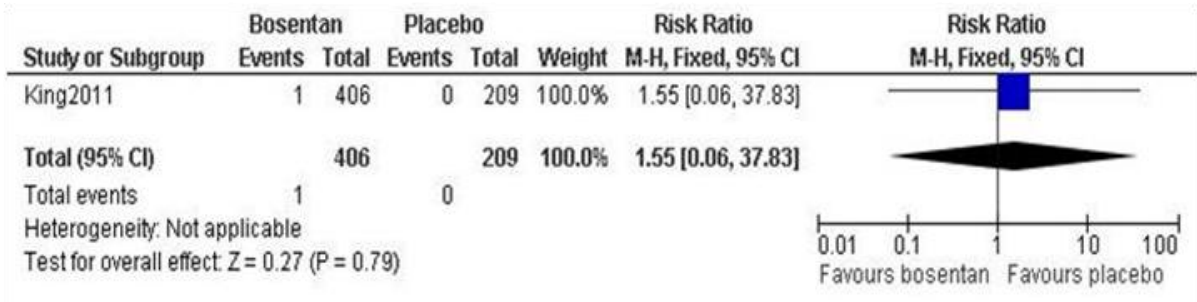


Figure 57: Dyspnoea

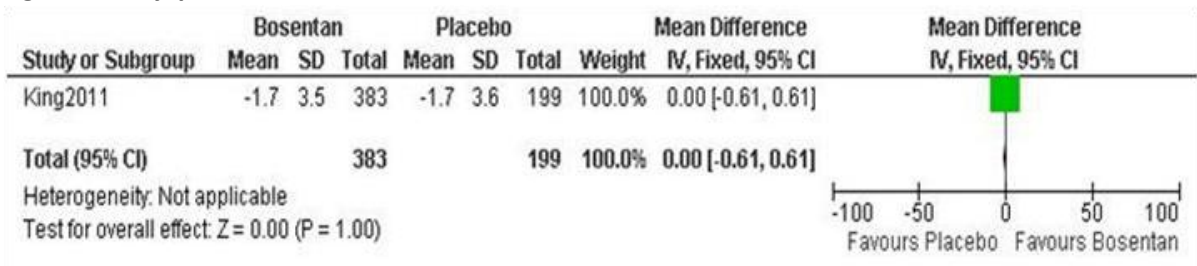
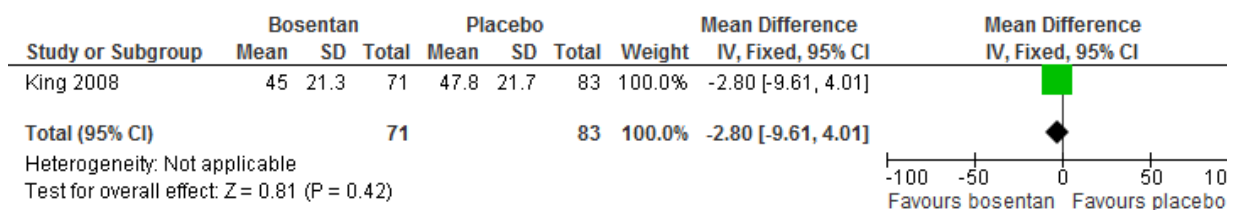


Figure 58: QOL: Total SGRQ at 6 months follow up



1 **E.5.5 N-acetylcysteine vs. Placebo**

Figure 59: Lung capacity (FVC)

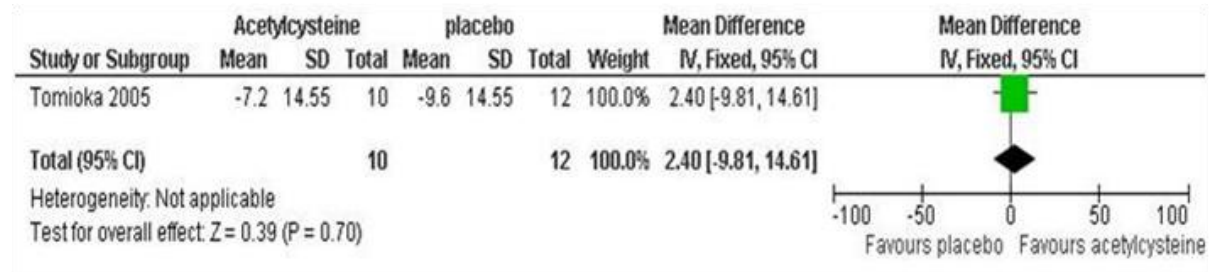


Figure 60: Gas transfer (DLCO)

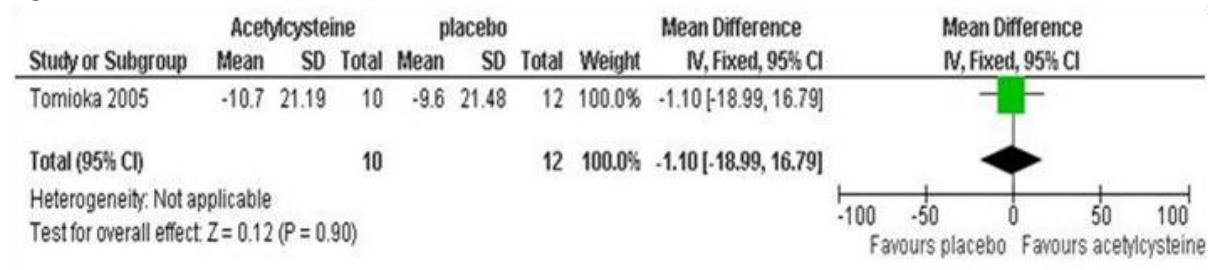


Figure 61: Performance on 6MWT (distance walked)

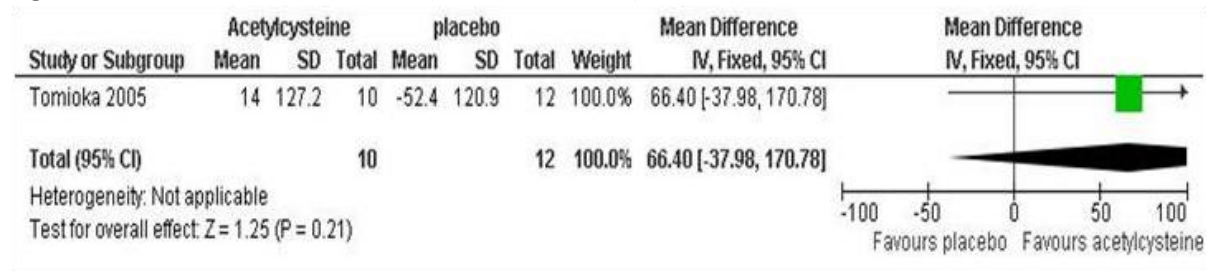


Figure 62: Performance on 6MWT (lowest SaO2)

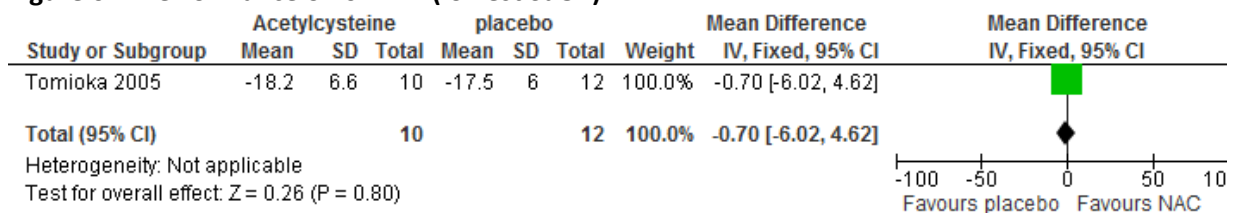


Figure 63: QOL: SF36: Physical function

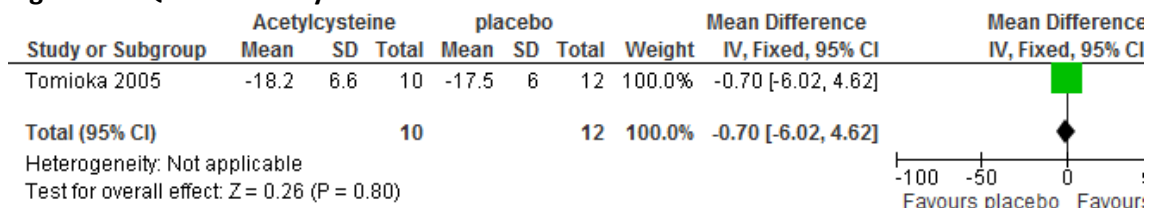


Figure 64: QOL: SF36: Physical role functioning

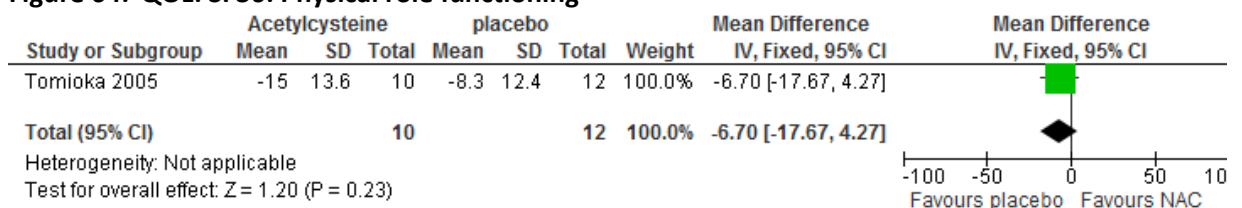


Figure 65: QOL: SF36: Vitality

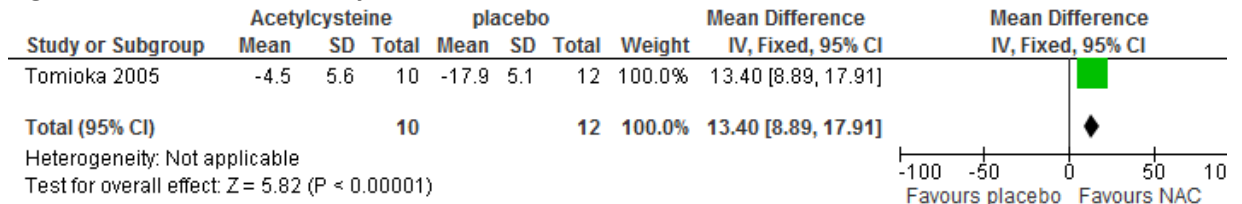


Figure 66: QOL: SF36: Bodily pain

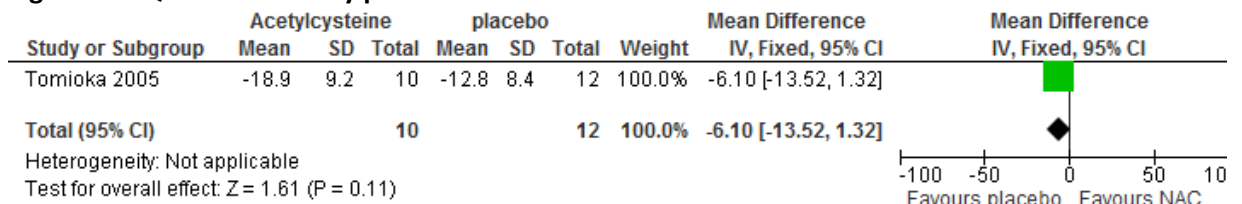


Figure 67: QOL: SF36: general health perceptions

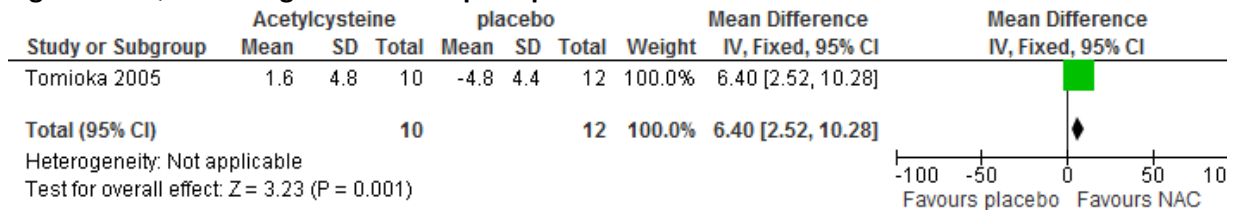


Figure 68: QOL: SF36: Social role functioning

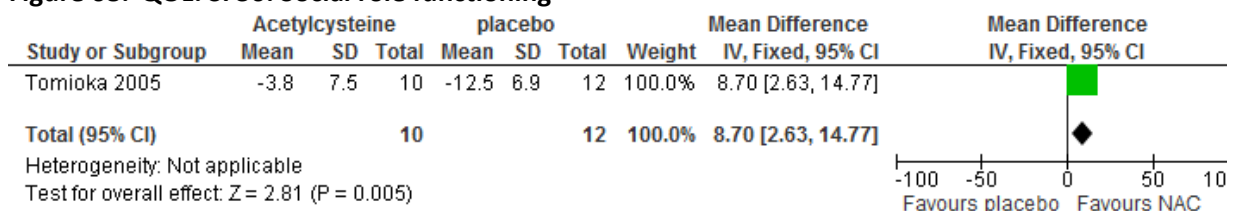


Figure 69: QOL: SF36: emotional role functioning

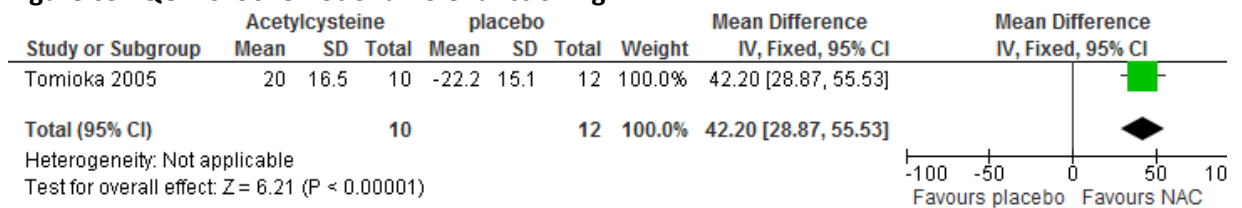
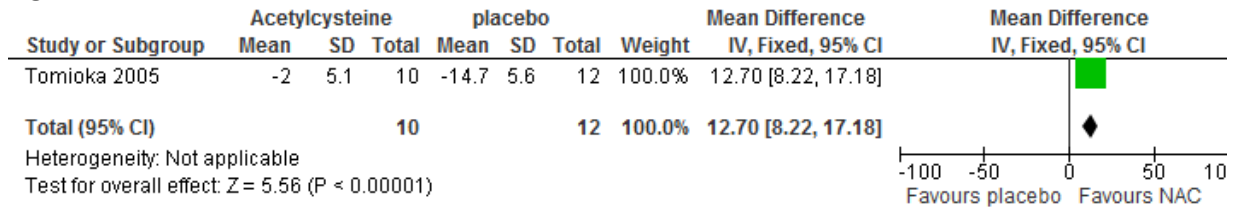


Figure 70: QOL: SF36: Mental health



1 **E.5.6 N-acetylcysteine vs. no treatment**

Figure 71: Lung capacity (FVC)

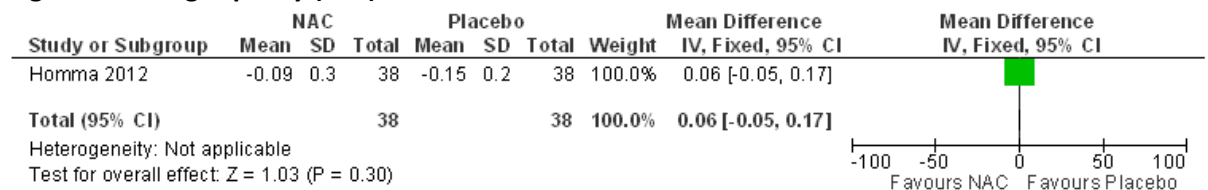


Figure 72: Hospitalisations due to IPF complications (including IPF exacerbations)

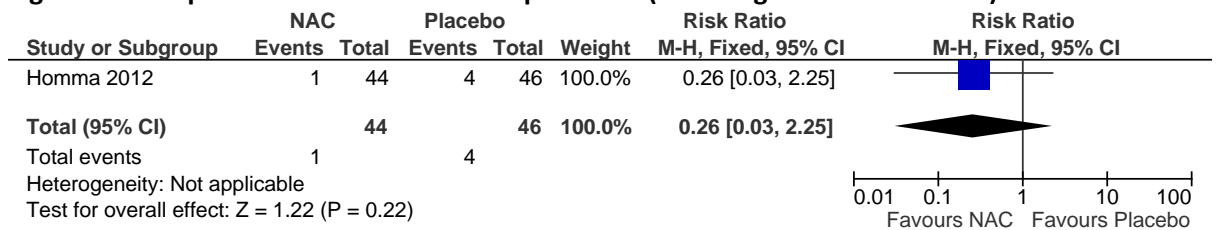
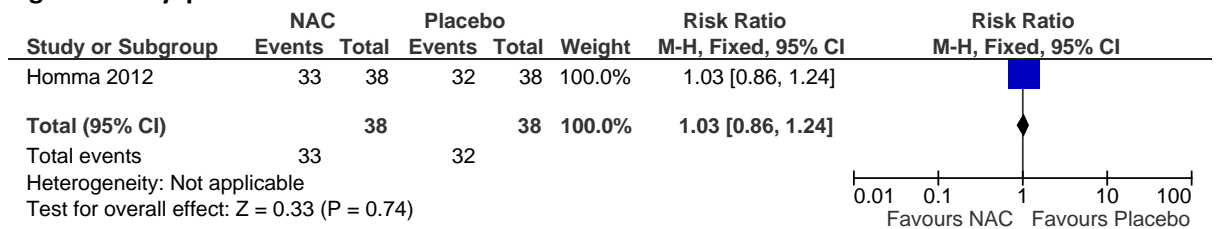


Figure 73: Dyspnoea



2 **E.5.7 Co-trimoxazole vs. Placebo**

Figure 74: Mortality (ITT)

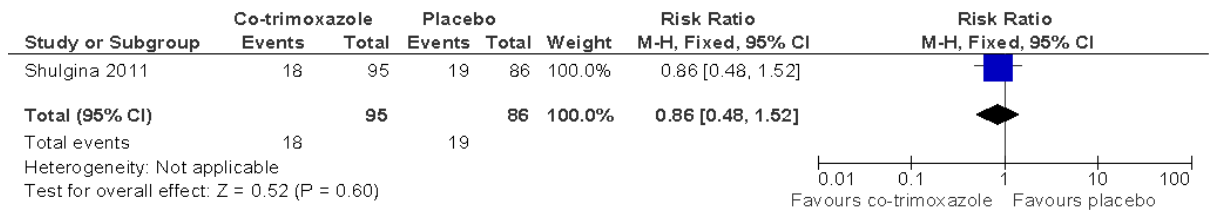


Figure 75: Mortality (per-protocol)

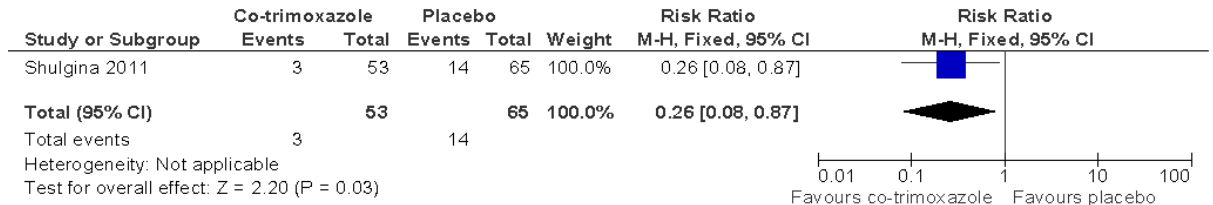


Figure 76: Lung capacity: FVC (ml)

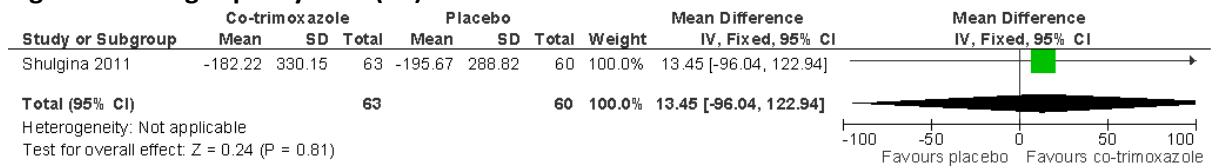


Figure 77: Lung capacity: FVC (% predicted)

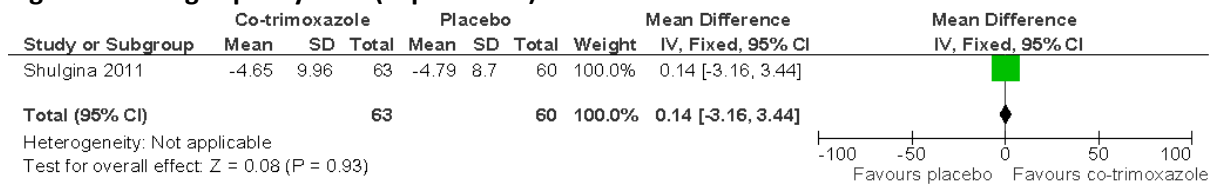


Figure 78: Gas transfer: DLCO (mmol/min/KPa)

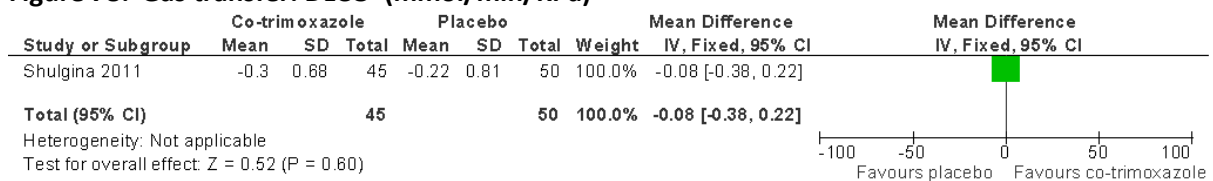


Figure 79: Gas transfer: DLCO % predicted

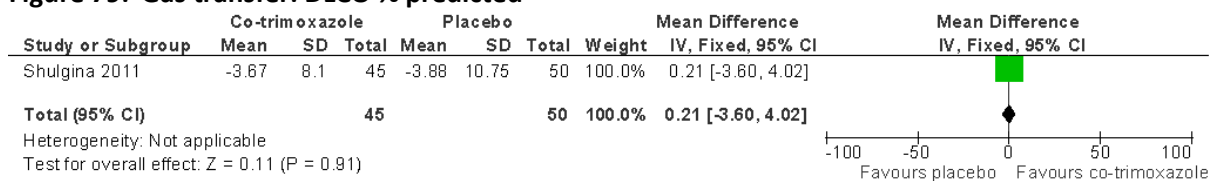


Figure 80: Health related quality of life: SGRQ total (units)

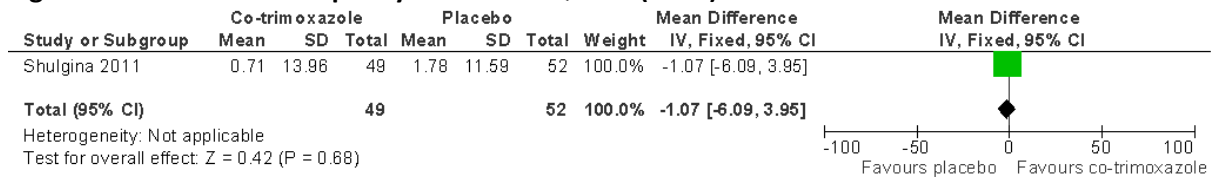


Figure 81: Performance on sub-maximal walk test: 6MWT (distance walked)

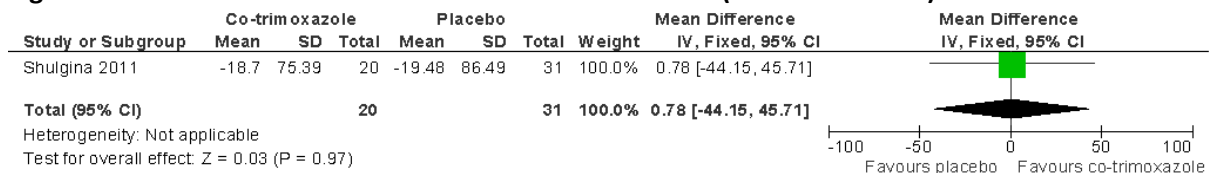


Figure 82: Performance on sub-maximal walk test: 6MWT (desaturation of 4% or more)

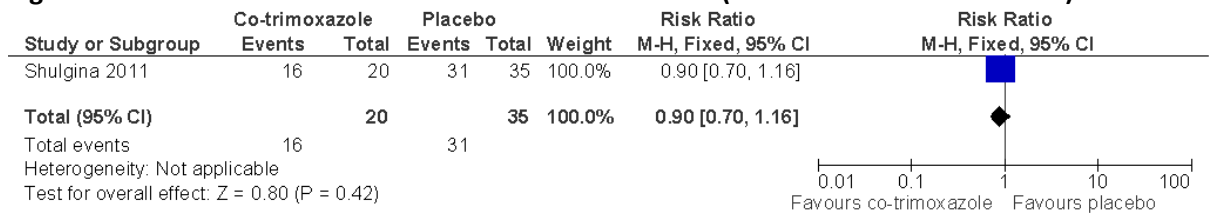
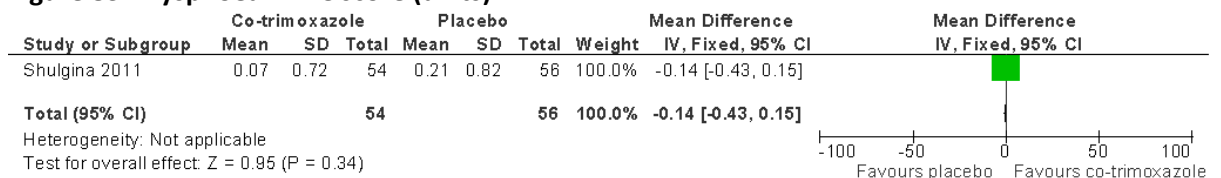


Figure 83: Dyspnoea: MRC score (units)



1 **E.5.8 Ambrisentan vs. Placebo**

Figure 84: Mortality

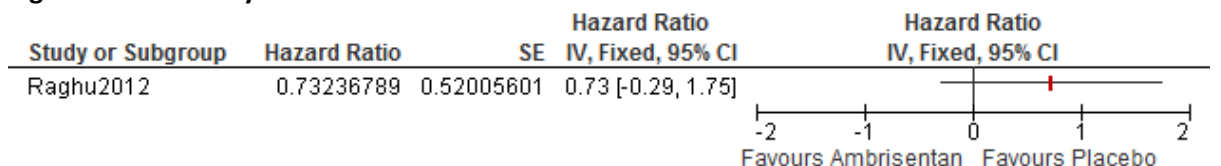
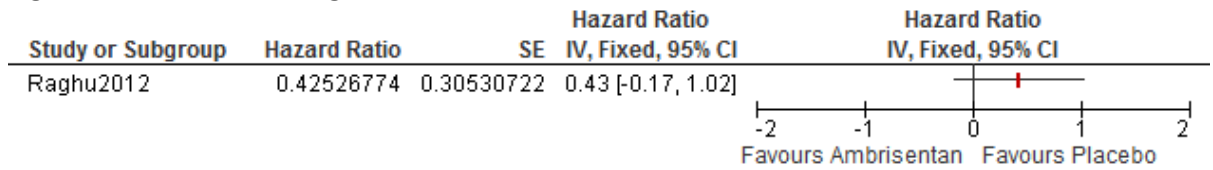


Figure 85: Decrease in lung function



1 **E.5.9 Combination: Prednisolone & azathioprine vs. Prednisolone & placebo**

Figure 86: Lung capacity (FVC)

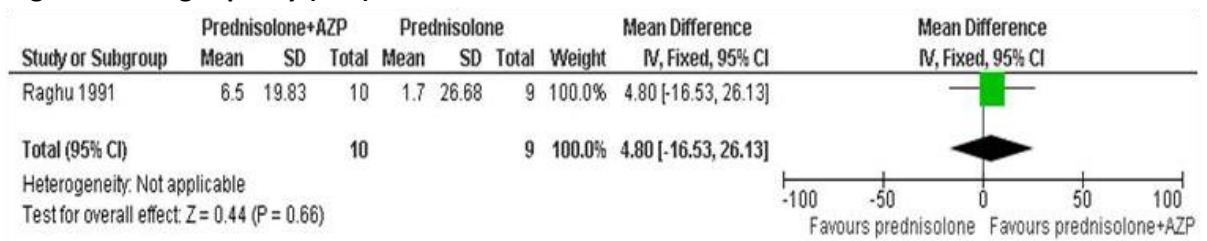


Figure 87: Gas transfer (DLCO)

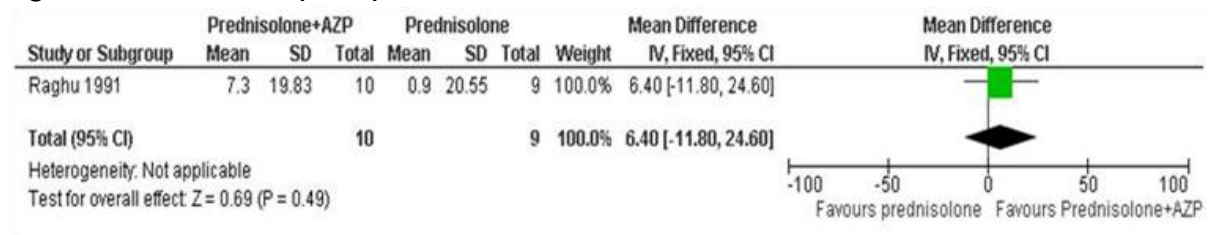


Figure 88: Mortality

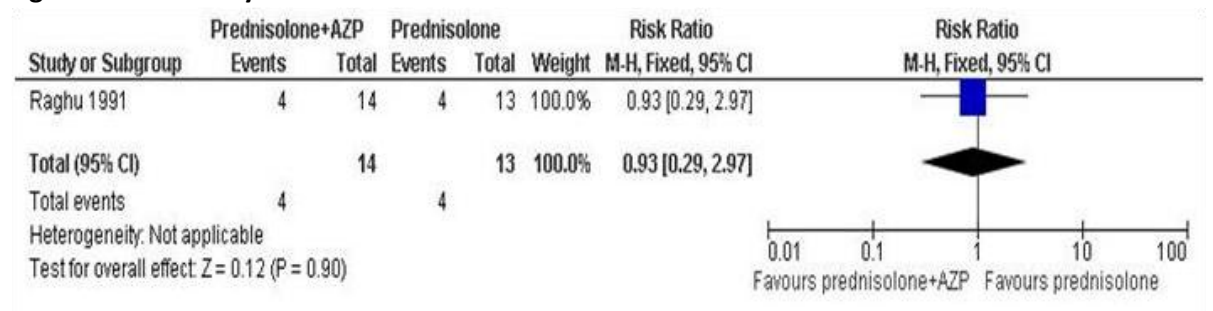


Figure 89: Adverse events: elevated liver enzymes

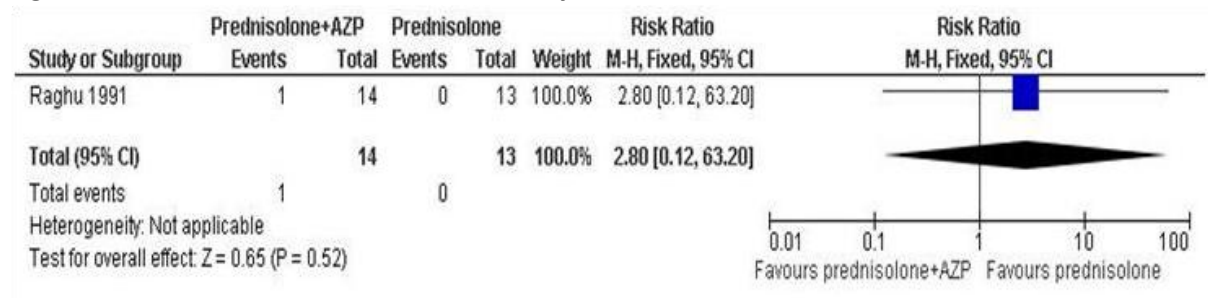
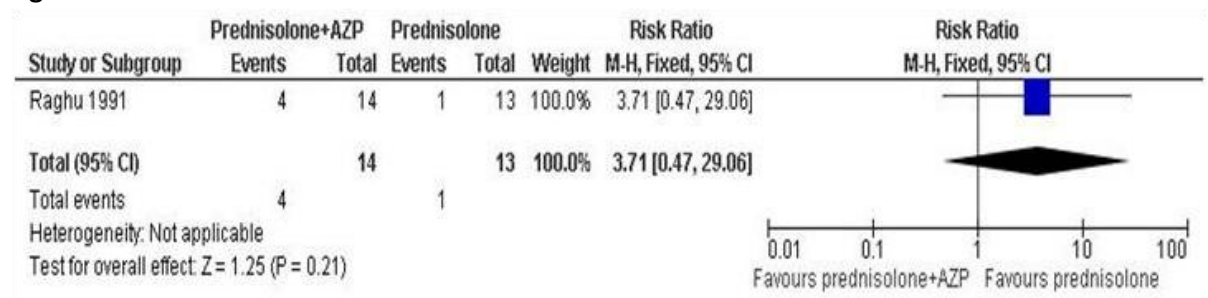


Figure 90: Adverse events: infections



1 **E.5.10 Combination: Prednisolone & azathioprine & n-acetylcysteine vs. Azathioprine &**
 2 **prednisolone**

Figure 91: lung capacity (FVC)- Available case analysis

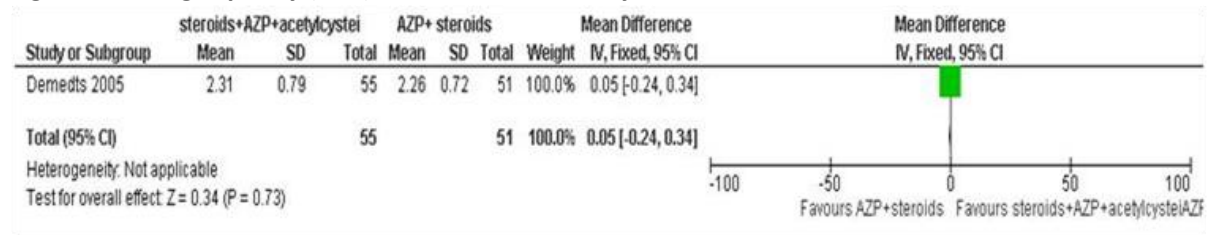


Figure 92: lung capacity (FVC)- Intention to treat analysis

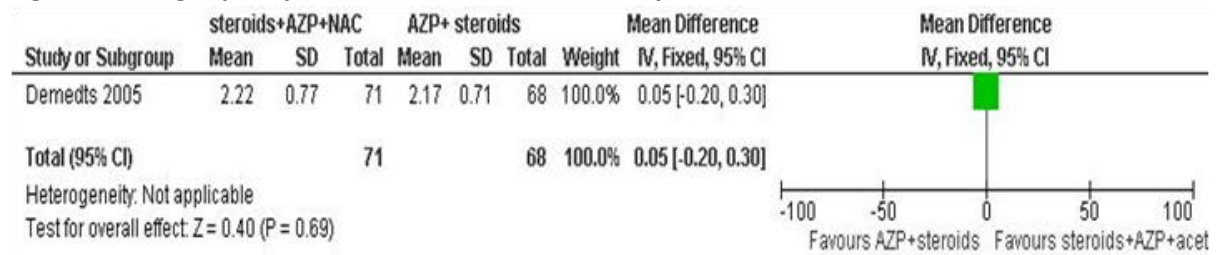


Figure 93: gas transfer (DLCO)- Available case analysis

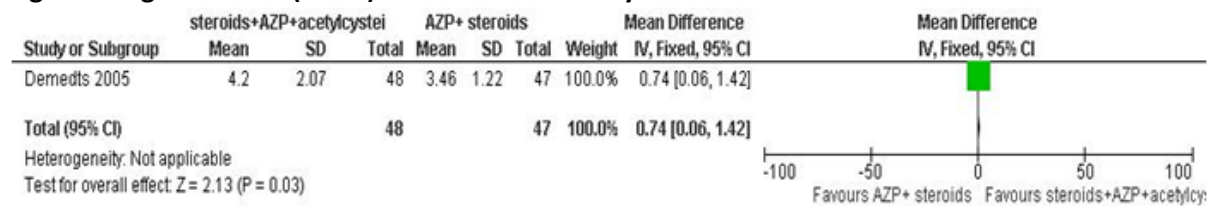


Figure 94: DLCO- Intention to treat analysis

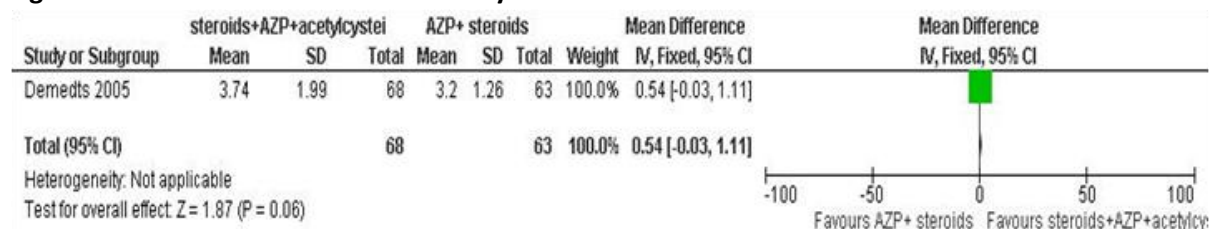


Figure 95: Mortality (all cause)

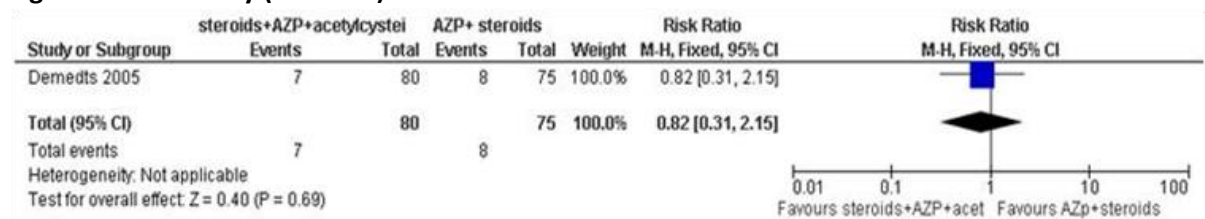
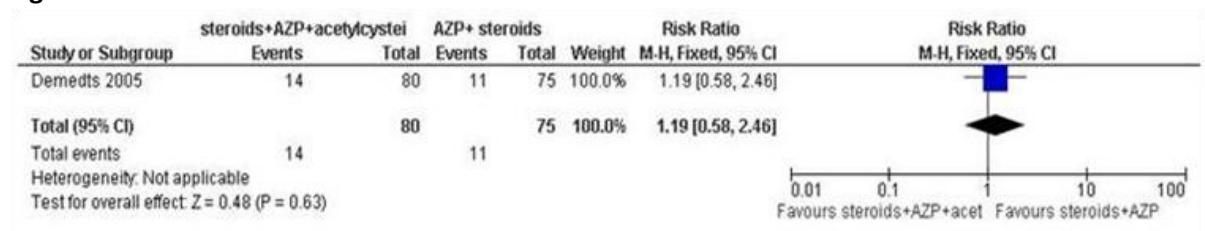
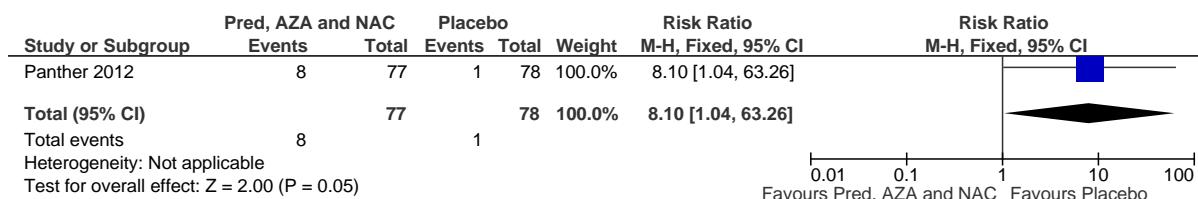


Figure 96: Adverse events: abnormal liver function tests



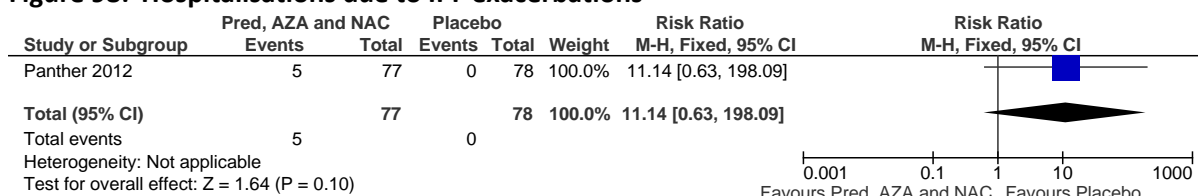
1 E.5.11 Combination: Prednisolone & azathioprine & n-acetylcysteine vs. Placebo

Figure 97: All-cause mortality at trial stop



Source: At trial stop

Figure 98: Hospitalisations due to IPF exacerbations



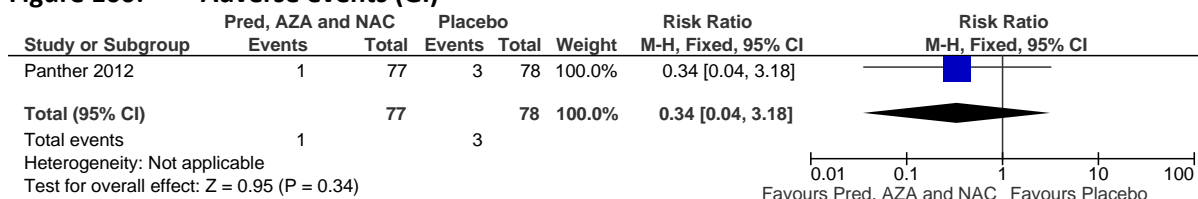
Source: At trial stop

Figure 99: Adverse events (infections)



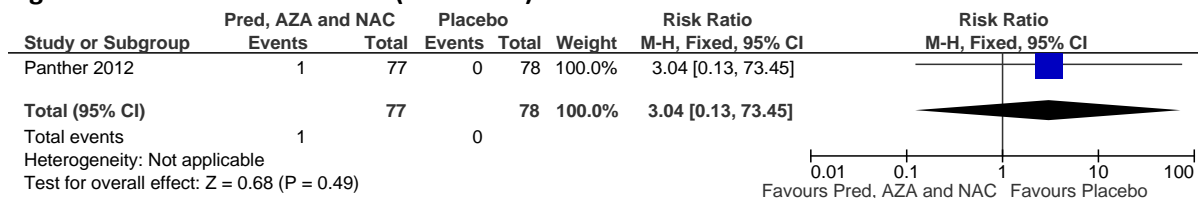
Source: At trial stop

Figure 100: Adverse events (GI)



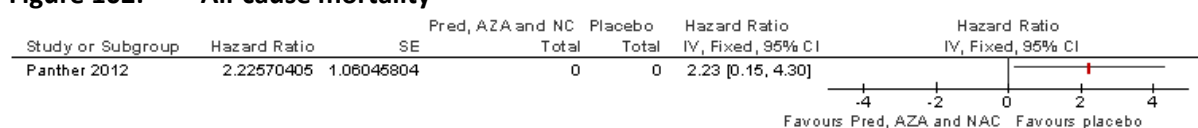
Source: At trial stop

Figure 101: Adverse events (metabolic)



Source: At trial stop

Figure 102: All-cause mortality



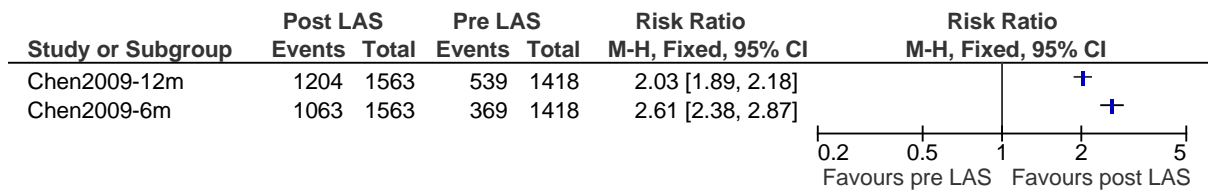
Source: *Extrapolated data*

1 **E.6 Lung transplantation**

2 **E.6.1 Lung allocation score**

3 **Figure 103: Occurrence of transplantation in IPF patients transplanted before LAS was**
 4 **implemented vs. patients who were transplanted after LAS was implemented**

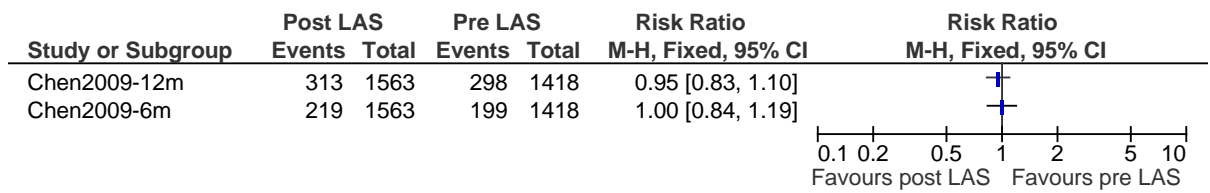
5



6

7 **Figure 104: Post transplant mortality in IPF patients transplanted before LAS was implemented vs.**
 8 **patients who were transplanted after LAS was implemented**

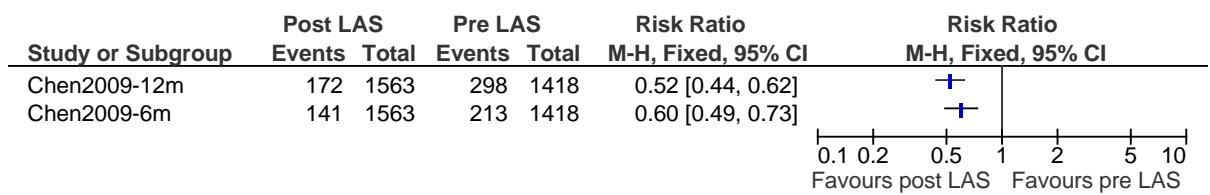
9



10

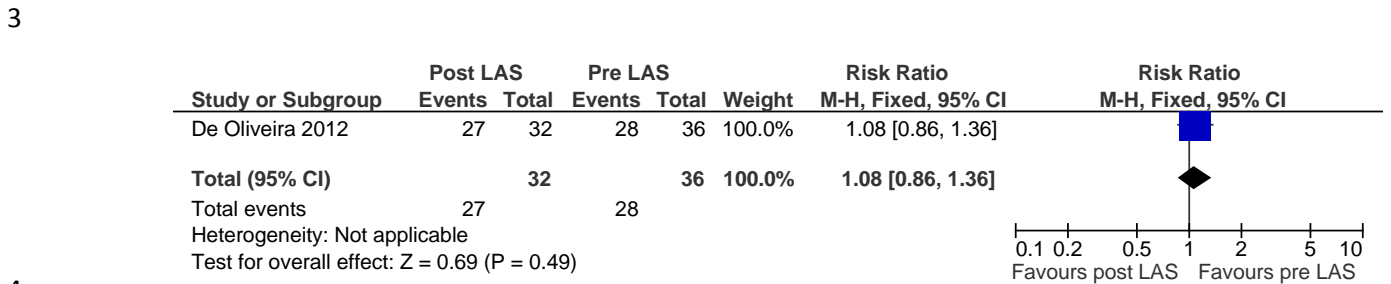
11 **Figure 105: Waiting list mortality in IPF patients transplanted before LAS was implemented vs.**
 12 **patients who were transplanted after LAS was implemented**

13



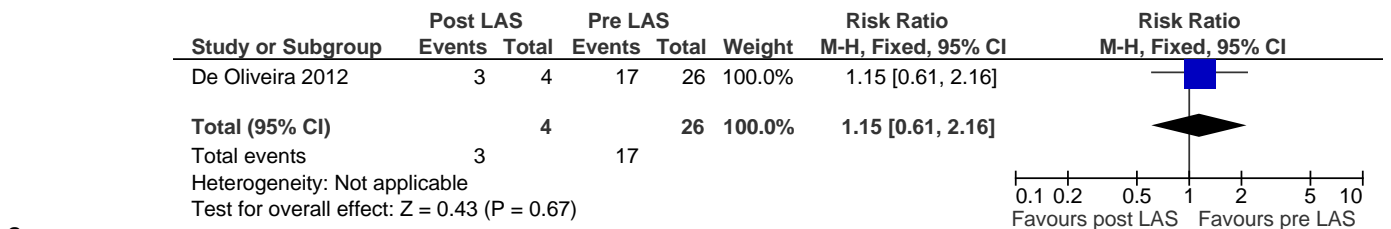
14

1 **Figure 106: 1 year survival in IPF patients transplanted before LAS was implemented vs. patients**
 2 **who were transplanted after LAS was implemented**

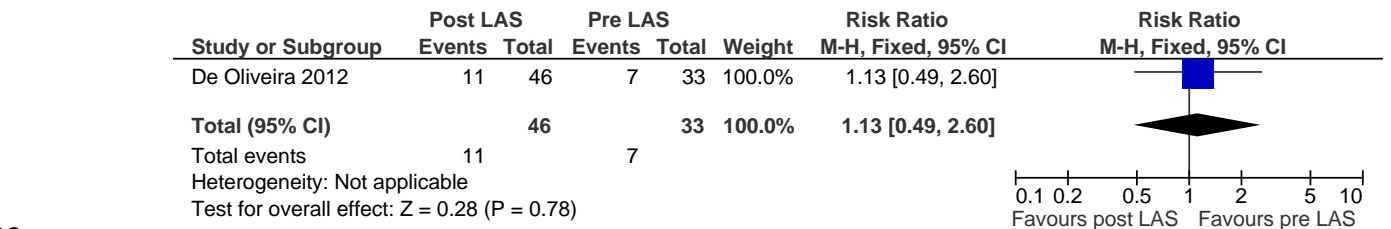


5

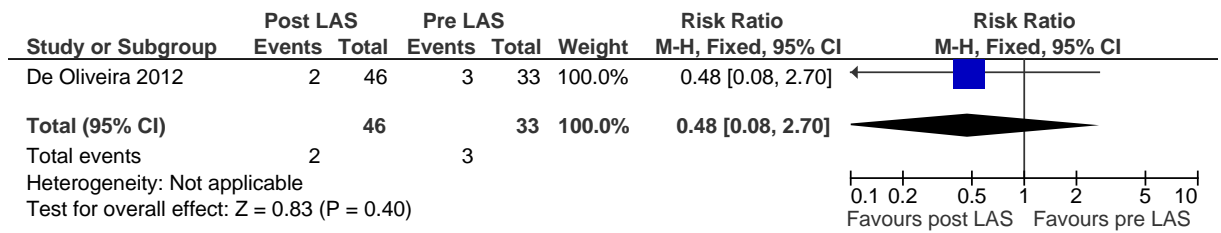
6 **Figure 107: 3 year survival in IPF patients transplanted before LAS was implemented vs. patients**
 7 **who were transplanted after LAS was implemented**



10 **Figure 108: Readmission <30 days in IPF patients transplanted before LAS was implemented vs.**
 11 **patients who were transplanted after LAS was implemented**

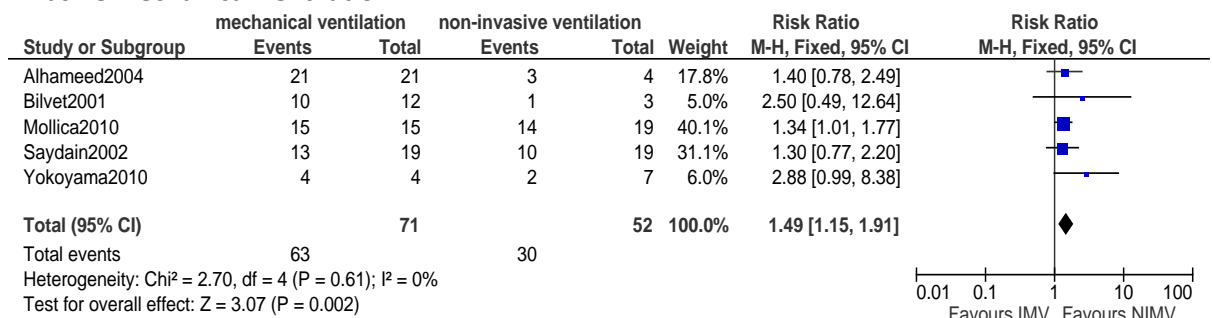


14 **Figure 109: Hospital mortality in IPF patients transplanted before LAS was implemented vs.**
 15 **patients who were transplanted after LAS was implemented**

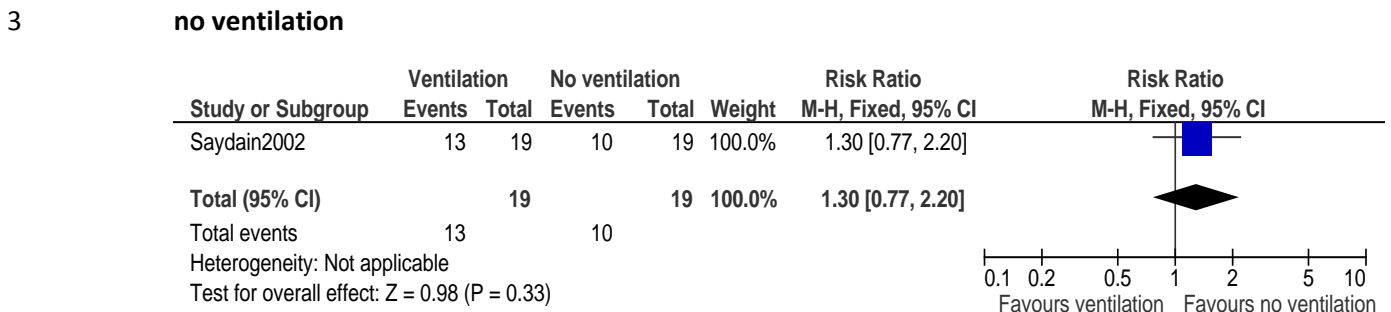


1 **E.7 Ventilation**

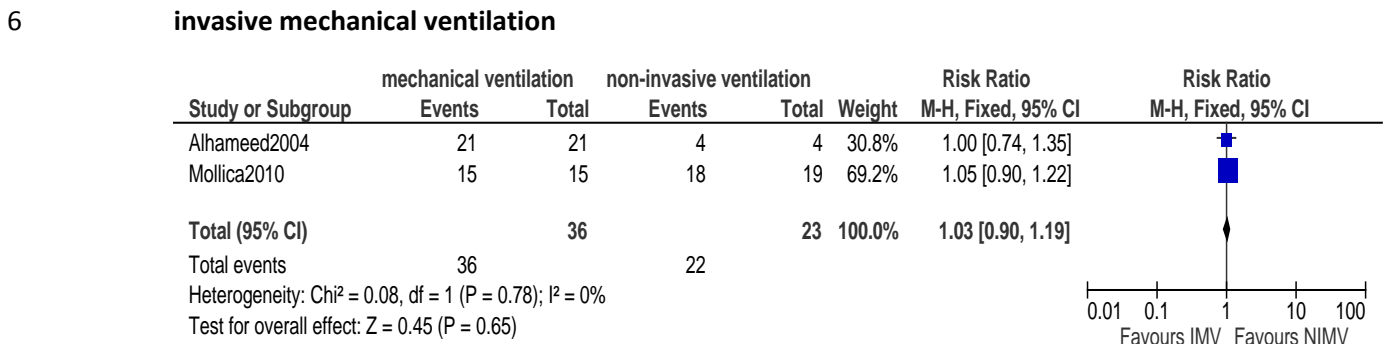
Figure 110: In hospital mortality of patients with IPF on invasive mechanical ventilation vs. non-invasive mechanical ventilation



2 **Figure 111: In hospital mortality of patients with IPF on Ventilation (invasive and non-invasive) vs. no ventilation**



4 **Figure 112: Mortality at 6 months in IPF patients on invasive mechanical ventilation vs. non-invasive mechanical ventilation**



7

1 **E.8 Patient review and follow-up**

2 *No relevant clinical studies comparing different timings and delivery of review appointments were*
3 *identified*

Appendix F: Clinical evidence tables

F.1 Diagnosis

F.1.1 Bronchoalveolar lavage

Table 17: Ohshimo 2009³⁶³

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|---|--|---|
| Ohshimo 2009 ³⁶³ Country of study: Germany Study design: retrospective Setting: Ruhrlandklinik, Essen, Germany Duration of follow-up: NR | <p>Patient group: suspected IPF on HRCT</p> <p>Patient characteristics: mean (SD) N: 101 (suspicious IPF based on HRCT findings)</p> <p>Excluded:</p> <ul style="list-style-type: none"> 17- no evidence of restriction 3- no impairment of gas exchange 5- evidence of collagen vascular disease- associated interstitial pneumonia or drug-induced pneumonia 2- lacked clinical history for IPF <p>N after exclusions: 74 (all had a clinical diagnosis of IPF according to ATS/ERS criteria)</p> <p>M:F: 60:14</p> | <p>All patients</p> <p>HRCT findings were evaluated by observers blinded to BAL results and other clinical data.</p> <p>Intervention: BAL</p> | <p>Final diagnosis</p> <p>Change in diagnosis after BAL</p> | <p>IPF 68 NSIP 3 EAA 3</p> <p>6/74</p> | <p>Funding: Arbeitsgemeinschaft zur Forderung der Pneumologie an der Ruhrlandklinik (AFPR)</p> <p>Limitations: Concurrent medication use</p> <p>Additional outcomes: BAL findings</p> <p>Notes: Year: 2003-2007</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|------------------|-------------|----------|
| | Age: 69 (8) Smoking status, current/ex/ non: 4/40/29 Duration of symptoms before diagnosis, years: 3.2 (4.5) Relevant concomitant medications, n (%): Corticosteroids and/ or immunosuppressants: 17 (23) Oxygen use: 7 (9) Inclusion criteria: criteria recommended in 2002 ATS/ERS consensus statement | | | | |

1 Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon
 2 monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire,
 3 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

4 **F.1.2 Transbronchial biopsy/ surgical lung biopsy**

5 **Table 18: Aalokken 2012⁵**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|----------------------------|--|--|------------------------|-------------|--|
| Aalokken 2012 ⁵ | Patient group: clinical suspicion of ILD who had undergone both HRCT and SLB | All patients underwent SLB (open thoracotomy or thoracoscopy) and thin-section CT. | Histological diagnosis | | Funding: NR Limitations: details of clinical information known to |
| Setting: regional and | Inclusion criteria: | | Sensitivity | 73% | |
| | | | Specificity | 74% | |
| | | | PPV | 83% | |
| | | | NPV | 61% | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|--|--|--|
| <p>national centre for chronic lung diseases, Norway 1992-2007</p> <p>Duration of follow-up: 3-17 years (range), 7.2 (median)</p> <p>Design: retrospective cohort</p> | <p>CT examinations were judged to be consistent</p> <p>The lung disease was not associated with connective tissue disease, environmental exposure and/ or drug toxicity</p> <p>Exclusion criteria: Histopathologic specimens not available or of suboptimal quality</p> <p>All patients n=91 initially, n=64 had a composite reference diagnosis established and were included in the analysis. M/F: 49/42 Mean age: 53.2 years, range 23-79 Follow up: 3-17 years (range), 7.2 (median)</p> | <p>Criteria for CT</p> <p>Images were reviewed separately and in random order by two chest radiologists. Observers were blinded to clinical information and histological diagnosis. CT features were classified according to the Nomenclature Committee of the Fleischner Society.</p> <p>Criteria for histopathology</p> <p>Specimens were retrospectively studied by light microscopy in consensus by two experienced lung pathologists who were blinded to clinical and radiological features. Classification was according to ATS criteria.</p> <p>A composite reference standard was used to</p> | | | reviewers unclear |
| | | | Consensus CT reading | | <p>Additional outcomes: Inter-observer variation for the evaluation of first choice HRCT diagnosis Inter-observer variation for the extent of HRCT abnormalities Thin section CT readings, comparison between UIP and non-UIP patients Sensitivity, specificity, PPV and NPV of CT diagnosis</p> <p>Notes: During the follow-up period 45 patients died and 5 patients underwent lung transplantation due to respiratory failure MDT consisted of a pulmonologist and a radiologist.</p> |
| | | | Overall correct diagnosis | 37/64 (58%), including 26 (63%) in people with UIP | |
| | | | Histological consensus (correct diagnosis) | 34/64 (53%), including 30 (73%) cases of UIP | |
| | | | Diagnostic yield (histology) | 64 people with IIP | |
| | | | TP | 30/64 (73%) | |
| | | | TN | 4/64 | |
| | | | FP | 6/64 | |
| FN | unclear | | | | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---|------------------|-------------|----------|
| | | provide an overall clinical diagnosis at the end of the study. A multidisciplinary team (pulmonologist and a radiologist). The team was blinded to the results of the retrospective review of the initial thin-section CT scans and retrospective histological evaluation made for the purpose of this study. | | | |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 19: Coutinho 2008⁸⁷

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|------------------------|---|---|
| Coutinho 2008 ⁸⁷ Country of study: Portugal | Patient group: diffuse parenchymal lung disease (DPLD) Exclusion criteria: NR Patient characteristics: mean (SD) N: 120 | All patients Previous investigations included: Clinical assessment CXR/ CT/ HRCT Bronchoscopic exam and | Mortality Diagnosis | 0 IIP 42 Hypersensitivity pneumonitis 21 Pneumoconiosis 18 Sarcoidosis 16 Organizing pneumonia 5 | Funding: NR Limitations: Retrospective study-difficult to know the real accuracy of the |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|---|---|--|
| Study design: Retrospective review Who was blinded: none Setting: Centre of Cardiothoracic Surgery, University Hospital, Coimbra, Portugal Duration of follow-up: NR | Age: 55.8 (14.0) range 17-77 M:F: 50:50 Smoking status (%): 37.5 Immunosuppressed (%): 30.8 Symptomatic (%): 67.5 | related procedures (BAL/TBB) Microbiology culture Intervention: SLB (VATS/ OLB) | | Respiratory bronchiolitis 5 Connective tissue associated 4 Amiodarone associated 3 Histiocytosis 2 Eosinophilic pneumonia 1 Others 3 | clinical/ imagiological examination due to patients being treated conservatively and others with a correct pathological diagnosis obtained by less invasive procedures not included in the study. Not all patients originated in the same institution, many being referred from other centres, meaning the clinical and imagiological observations were not uniform for all patients, with a probable impact on accuracy. |
| | | | Correlation between clinical/ imagiological and histopathological diagnosis | Correct diagnosis 76% (n=80) New diagnosis 21% (n=22) Biopsy inconclusive 3% (n=3) | |
| | | | Sensitivity % (95% CI) of clinical diagnosis | 67 (57-75) | |
| | | | Specificity % (95% CI) of clinical diagnosis | 90 (85-93) | |
| | | | PPV % (95% CI) of clinical diagnosis | 76 (67-84) | |
| | | | NPV % (95% CI) of clinical diagnosis | 85 (80-89) | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 20: Flaherty 2002 ¹⁴⁷

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|------------------|-------------|----------|
|---------------|------------|---------|------------------|-------------|----------|

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|--|------------------|---|--|
| Flaherty 2002 ¹⁴⁷ Country of study: USA Study design: NR Who was blinded: NR Setting: NR Duration of follow-up: NR | Patient group: Inclusion criteria: Not stated Patient characteristics: mean (SD) N: 168 Age: 38.9 (14.8) FEV1 (% predicted): 63.3 (23.4) FEV1/FVC%: 89 (13.9) DLCO (% predicted): 70.5 (23.7) | All patients Underwent surgical lung biopsy | Diagnosis | UIP 106 Fibrotic NSIP 28 Cellular NSIP 5 RBILD/ DIP 22 Hypersensitivity pneumonia 5 Bronchiolitis obliterans with organising pneumonia 1 Unclassified 1 | Funding: NHLBI Limitations: includes pre-1995 data Prognostic study Notes: Year 1989-2000 |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia

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Table 21: Ishie 2009²⁰¹

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|--|--|--|---|
| Ishie 2009 ²⁰¹ Country of study: | Patient group: patients being monitored in the Department of Thoracic Surgery of the Nereu | The medical charts of patients being monitored in order to diagnose DPLD were evaluated, as were | IPF diagnosed by VAT intraoperative complications | 14/48 (29.17%) 2 patients (4.17%) required 4-5 cm auxiliary incisions | Funding: NR Limitations: Population - |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|--|-----------------------------------|--|---|
| <p>Brazil</p> <p>Study design: retrospective</p> <p>Who was blinded: NR</p> <p>Aim: analyze the role of VAT, which is currently widely used, in the diagnosis of DPLD</p> | <p>Ramos Hospital in the city of Florianópolis, located in the state of Santa Catarina, between July of 1999 and July of 2007</p> <p>Inclusion criteria: being under outpatient follow-up treatment in order to diagnose DPLD; not having received a diagnosis by noninvasive evaluation; not having received a histopathological diagnosis in the transbronchial biopsy, when performed.</p> <p>Exclusion criteria: requiring mechanical ventilation in an intensive care unit being oxygen dependent</p> <p>All patients N: 48 Age range (mean): 20-76 (58.77) Drop outs: 0</p> | <p>the results of the anatomopathological examination of lung biopsy specimens collected through video-assisted thoracoscopy</p> | <p>postoperative complication</p> | <p>1 patient (2.08%) presented with a residual pneumothorax after chest tube removal</p> | <p>hospitalised patients</p> <p>Additional outcomes: gender and age of the patients the distribution of biopsy sites, duration of thoracic drainage in the postoperative period</p> |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 22: Jamaati 2006 ²⁰⁷

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|--|------------------|--|---|
| <p>Jamaati 2006 ²⁰⁷</p> <p>Country of study: Iran</p> <p>Study design: retrospective</p> <p>Who was blinded: no-one</p> <p>Setting: Masih Daneshvari Hospital</p> | <p>Patient group: IPF</p> <p>Inclusion criteria:</p> <p>Not stated</p> <p>Patient characteristics: mean (SD)</p> <p>N: 50 (27M, 23 F)</p> <p>Age: 56.25 (15.86)</p> <p>Clinical features: frequency, %</p> <p>Dyspnoea: 50 (100%)</p> <p>Cough: 45 (90%)</p> <p>Weight loss: 28 (56%)</p> <p>Orthopnoea, PND: 22 (44%)</p> <p>Chest pain: 16 (32%)</p> <p>Oedema: 10 (20%)</p> <p>Haemoptysis: 2 (8%)</p> <p>Clinical signs: frequency, %</p> <p>Crackles: 45 (90%)</p> <p>Tachpnoea: 29 (58%)</p> <p>Cyanosis: 16 (32%)</p> <p>Clubbing : 15 (30%)</p> <p>HRCT pattern</p> <p>Reticular pattern: 21 (42%)</p> <p>Honeycomb: 15 (30%)</p> <p>Ground glass: 3 (6%)</p> <p>Reticulo-nodular: 8 (16%)</p> <p>Increased pleural thickening: 8</p> | <p>All patients</p> <p>Transbronchial biopsy (70%)</p> <p>OLB (26%)</p> <p>Video assisted thoracoscopic lung biopsy (4%)</p> | <p>Diagnosis</p> | <p>All patients showed UIP on microscopy</p> | <p>Funding: NR</p> <p>Limitations: Pathological findings not well described.</p> <p>Additional outcomes: HRCT pattern</p> <p>Notes: Occupational/ environmental exposure described in patient characteristics- some cases may not be IPF.</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|------------------|-------------|----------|
| | (16%) Lymphadenopathy: 7 (14%) Normal: 0 Occupational/ environmental exposure Farming: 9 (18%) Cigarette smoking: 9 (18%) History of baking: 7 (14%) Contact with metal dust: 4 (8%) Contact with chemicals: 1 (2%) Contact with dust: 3 (6%) Contact with asbestos: 1 (2%) Indefinite contact: 16 (32%) | | | | |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 23: Lettieri 2005A ²⁷⁶

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|-------------------------|---|---|
| Lettieri 2005A ²⁷⁶ Country of study: USA Study design: retrospective | Patient group: suspected ILD Exclusion criteria: <18 years of age History of biopsy proven ILD | All patients Data were abstracted regarding demographics, factors known to increase perioperative mortality, pulmonary function, spirometry. | Mortality- all patients | 4/83 (4.8%) at 30 days 5/83 (6.0%) at 90 days | Funding: NR Limitations: Retrospective study- likely to be confounded by recall and coding bias |
| | | | Mortality- IPF patients | 3/42 (7.1%) at 30 days 4/42 (9.5%) at 90 days (of these, only one was suspected to have IPF based on clinical and radiographic findings) | |
| | | | Mortality- non-IPF | 1/41 (2.4%) at 30 days | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|------------------|--|---|
| cohort | Patient characteristics: mean (SD) N: 88 underwent SLB; 5 patients excluded due to incomplete data. | It was noted whether the patient required supplemental oxygen at the time of SLB, and whether they were in ICU receiving mechanical ventilation. SLB (OLB 27.7%) | patients | 1/41 (2.4%) at 90 days | Small sample size Institution in study not an IPF referral centre Referral for SLB was not protocolled Selection bias may mean that some very ill patients were never considered to be candidates for SLB- may have led to an overestimate of SLB safety |
| Who was blinded: no-one | Final number: 83 Age: 57.3 (14.2) FVC (% predicted): 69.8 (15.1) FEV1 (% predicted): 67.9 (15.9) DLCO (% predicted): 42.7 (14.8) | | Diagnosis | IPF: 42/83 Non-IPF: 41/83 40% of subjects in whom IPF was eventually diagnosed per ATS guidelines were thought to have had other conditions pre-operatively. | |
| Setting: tertiary care university affiliated medical centre | Male (%): 57.8 Tobacco use(%): 53.0 Supplemental oxygen: 45.8 % Immunosuppressed: 16.9% Mechanically ventilated: 9.6% | | Adverse events | 7/83 (8.4%), of which 2 were in IPF patients Acute MI 2 Nosocomial pneumonia 2 Stroke 1 Pancreatitis 1 Prolonged mechanical ventilation 1 | |
| Duration of follow-up: 90 days | | | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 24: Lettieri 2005 ²⁷⁷

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|------------------------------|--|--|------------------|--|--|
| Lettieri 2005 ²⁷⁷ | Patient group: subjects presenting to the pulmonary clinic with both clinical and radiographic evidence of ILD | All patients Underwent SLB. A general pathologist initially reviewed all SLB specimens. In some instances, specimens were further reviewed by pathologists with expertise | Diagnosis | Achieved in 93.2% of pts by the general pathologist, and in all cases by the specialist UIP 17 (specialists), 22 (general pathologists) NSIP 10 (specialists), 7 (general pathologists) Sarcoidosis 4 (specialists), 0 (general | Funding: NR |
| Country of study: USA | Inclusion criteria: Not stated | | | | Limitations: None reported |
| Study design: retrospective | Patient characteristics: mean (SD) | | | | Notes: Gold standard was the findings of the |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|--|---|--|------------------------|
| Setting: Walter Reed Army Medical Centre, Washington DC (large, multidisciplin ary, tertiary care referral centre) Duration of follow-up: | N: 83 underwent SLB. Of these, samples from 44 patients were further reviewed by pathologists specialising in pulmonary diseases. N=44 Age: 58.5 (14.2) % male: 47.7% FVC, % predicted: 70.2 (14.3) FEV1, % predicted: 68.6 (15.4) DLCO: 43.7 (13.5) % requiring supplemental O2 at time of biopsy: 54.5% | in ILD. Only those patients whose samples were examined by a pathologist specialising in pulmonary diseases were included in the final cohort. Each patient had multiple sites sampled by either OLB or VATS. The final diagnosis represented the consensus of several pulmonary pathologists. | | pathologists) Cryptogenic organising pneumonia 3 (specialists), 3 (general pathologists) Diffuse alveolar damage 2 (specialists), 1 (general pathologists) Infection 2 (specialists), 1 (general pathologists) Malignancy 2 (specialists), 0 (general pathologists) Other 5(specialists) 10 (general pathologists) | specialist pathologist |
| | | | Difference in histopathological interpretation between general and specialist pathologists | Occurred in 52.3% of cases (kappa 0.21), leading to a change in clinical management in 60% of cases. | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 25: Oliveira 2011 ³⁶⁴

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|--|------------------|---|--|
| Oliveira 2011 ³⁶⁴ Country of study: Brazil Study design: | Patient group: suspected ILD Inclusion criteria: Not stated Exclusion criteria: Incomplete clinical history/ examination | All patients Clinical suspicion of ILD was defined as the presence of dyspnoea or dry cough accompanied by radiological findings of nodules or reticular | Diagnosis | 11/56 (19.6%) had a definitive diagnosis of IPF 45/56 non-IPF diagnosis | Funding: None Limitations: Additional outcomes: Sensitivity, specificity, PPV, NPV, likelihood |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|---|------------------|-------------|--|
| retrospective Who was blinded: Setting: hospital das Clinicas de Botucatu, Brazil (a tertiary care university hospital) Duration of follow-up: NR | No CT scan Patient characteristics: mean (SD) N: 56 (25F, 31 M) Age: 56 (median), 15-80 (range) Symptoms: dyspnoea (70%), dry cough 59%, weight loss 36%. Smokers: 26/56 (46%) 8/56 (14.3%) had previously undergone SLB for diagnosis- 4 of these had a final diagnosis of IPF | pattern for at least 3 months. Intervention: TBB | | | ratio and accuracy of radiological changes from 1-6 Notes: Year 1999-2006 Final diagnosis obtained using ATS/ERS criteria 2002 Age range 15-80 |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 26: Ooi 2005 ³⁶⁶

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|------------------|--|---|
| Ooi 2005 ³⁶⁶ Country of study: UK | Patient group: suspected diagnosis of ILD Inclusion criteria: Diffuse ILD Patient characteristics: mean (SD) | All patients Preoperative investigations included: extensive clinical evaluation and HRCT | Diagnosis | (Histological diagnosis not consistent with ILD: 8) ILD: 70 26/70 (37.1%) UIP 13/70 (18.6%) non-specific pulmonary fibrosis | Funding: NR Limitations: None reported |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|--|---|---|----------|
| Study design: retrospective Who was blinded: no-one Setting: Papworth Hospital, Cambridge Duration of follow-up: | N: 70 (57 M, 13 F) Age: 56 (mean), range 20-89 | Open lung (15/70) or VATS biopsy(55/70). there were no conversions from VATs to OLB. | | 31/70 (44.3%) other diagnosis | |
| | | | Difference between pre-operative clinico-radiological and final histological diagnosis sufficient to change prognosis and definitive management | 19 patients (27.1%) Malignancy was ruled out in 6 patients (8.6%) Infection was ruled out in 7 patients (10%) | |
| | | | Mortality | 1 patient (1.5%) due to adult respiratory distress syndrome | |
| | | | Adverse events | OLB: 0 VATS: 1 death, 1 pneumothorax, 1 haemothorax, 2 urinary retention | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 27: Peckham 2004 ³⁷⁷

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|-------------------------|------------------|---|---|
| Peckham 2004 ³⁷⁷ Country of study: USA Study design: Retrospective | Patient group: patients undergoing lung biopsy for the diagnosis of ILD Exclusion criteria: Patient characteristics: mean (SD) N: 26 (18M, 8 F) 88% were current or former | All patients SLB | Diagnosis | 14/26 (53.8%) UIP 5/26 NSIP 2/26 sarcoidosis 2/26 neoplastic disease 1/26 end stage fibrosis 1/26 cryptogenic organising pneumonia | Funding: NR Limitations: Small sample size Study design-retrospective more prone to bias |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|------------|---------|------------------|---|---|
| e Who was blinded: no-one Setting: United States army tertiary care medical centre, USA Duration of follow-up: 60 days | smokers | | Sensitivity | HRCT 71% (51-92%) ATS clinical criteria 71% (51-92%) | Study performed in tertiary care therefore not applicable to community settings Notes: Gold standard was histological diagnosis in the absence of known aetiologies |
| | | | Specificity | HRCT 67% (39-86%) ATS clinical criteria 75% (47-92%) | |
| | | | PPV | HRCT 71% (51-92%) ATS clinical criteria 77% (50-92%) | |
| | | | NPV | HRCT 67% (39-86%) ATS clinical criteria 73% (54-86%) | |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 28: Rena 1999 ⁴⁰⁶

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|---|------------------|---------------------------------|---|
| Rena 1999 ⁴⁰⁶ Country of study: Italy | Patient group: ILD of unknown aetiology Inclusion criteria: Not stated Patient characteristics: mean (SD) N: 58 (33M, 25F) | All patients Preoperative investigations included: PFTs, HRCT, serological evaluation of Rh factor, ANA, anti-nuclear cytoplasmic antibodies, | Diagnosis | IPF: 14 Other diagnosis: 44 | Funding: NR |
| | | | Mortality | 0 | Limitations: Biopsy not compared to a reference standard |
| | | | Adverse events | 2 (prolonged air leak > 5 days) | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|------------------|---|------------------|-------------|---|
| Study design: prospective cohort Who was blinded: no-one Setting: Duration of follow-up: NR | Age: 49.6 (12.0) | angiotensin converting enzyme. Bronchoscopy and BAL were carried out and specimens sent for cell count, cytological examination, lymphocyte subtyping and microbiological studies. Video-assisted thoracoscopic lung biopsy | | | Study is pre-2002 therefore ATS/ERS criteria not used |

1 Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO₂=partial pressure of oxygen in arterial blood, DLCO=Carbon
 2 monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire,
 3 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

4 **Table 29: Sigurdsson 2009**⁴⁴⁰

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|--|--|--|--|
| Sigurdsson 2009 ⁴⁴⁰ Country of study: Iceland Study design: retrospective | Patient group: suspected ILD Exclusion criteria: people with a solitary pulmonary nodule or patients in whom the surgery was used to remove foreign bodies or for treatment of recurrent pulmonary infections. | All patients Information collected: Clinical symptoms, smoking history, clinical examination, spirometry, DLCO, lab results, chest radiographs CT results, | Mortality Diagnosis Adverse events | 2/73 (3%) at 30 days 3/73 (4%) at 90 days UIP23/72 (32%), of which 12 were nonspecific fibrosis (16% of total) Noninterstitial diagnosis: 8/73 (11%) Total 12/73 (16%) Prolonged air leakage 9/73 (12%) | Funding: NR Limitations: not all patients had a CT scan (81%) prior to biopsy Additional outcomes: Notes: |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|------------------|--|--|
| Setting: Landspitali University Hospital Duration of follow-up: NR | Patient characteristics: mean (SD) N: 73 Age: 57.3 years (mean), 20-88 (range) M 58%, F 42% History of smoking 75% Heavy smoker (>20 pack years) 53% Previous Ix: CXR: all patients CT scan 59/73 (81%) TBB 51/73 (70%) | bronchoscopy results, indication and relative contraindications for the surgical biopsy, clinical diagnosis before and after the biopsy. Biopsy from VATS or OLB. OLB: 45 (62%), VATS that were converted to thoracotomy: 3, VATS (85% of operations after 2005). (VATS increasingly used after 1991). All lung specimens were read by one of the attending pathologists and frequently reviewed by one or more additional pathologists before codes were assigned. | | Need for mechanical ventilation 3/73 (4%) Pneumonia 3/73 (4%) Acute exacerbation of respiratory failure 2/73 (3%) Other 1/73 (1%) | SNOMED coding used for pathology specimens |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 30: Slodkowska 2000 ⁴⁴²

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|--|------------------|--|-------------|
| Slodkowska 2000 ⁴⁴² Country of | Patient group: 6 people with clinical diagnosis of IPF and 8 people with UIP | All patients Clinical diagnosis of IPF/UIP was based on | Diagnostic yield | Histopathologic results - UIP in 7/14 patients Clinical re-assessment (based on HRCT) | Funding: NR |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|------------------|---|--|
| <p>study: Poland</p> <p>Study design: Retrospective</p> <p>Who was blinded: not reported</p> <p>Setting: analysis of patient records from Chinese literature and data from Drum Tower Hospital, Nanjing, China</p> <p>Duration of follow-up: Follow-up ranged from 1-4 years.</p> | <p>Exclusion criteria: people without any underlying medical conditions or potential causes of pulmonary abnormalities e.g. connective tissue disease, exposure to organic or inorganic dust, toxic fumes and history of specific drug intake (no further details reported)</p> <p>Patient characteristics: mean (SD) N: 14 (6F and 8M) Age range: 28-73yrs</p> | <p>clinical symptoms, chest radiographs, HRCT and lung function tests.</p> <p>Histologic re-examination of open lung biopsy specimens performed for all patients</p> <p>Separate analysis of HRCT findings. No further details.</p> | | <p>and pathology reports - UIP 12/14 patients</p> <p>Histopathology and HRCT analysis - UIP 7/14 patients</p> | <p>Limitations: Specific time period between clinical diagnosis, histologic and HRCT analysis not reported. Small sample size Study is pre-2002 therefore ATS/ERS criteria not used</p> <p>Notes: Authors note that discrepancy between histology and HRCT was due to a sampling problem observed in 2/12 (14%) patients. Authors conclude this is due to disease progression.</p> |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 31: Trahan 2008A ⁴⁷⁵

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|--|------------------------------------|--|---|
| Trahan 2008A ⁴⁷⁵ Country of study: USA Study design: retrospective Setting: data used from Mayo clinic database as well as 5 patients from Mayo Clinic Duration of follow-up: NR | Patient group: people with a clinical diagnosis of chronic hypersensitivity pneumonia (HP) Exclusion criteria: NR Patient characteristics: mean (SD) N: 15 | All patients SLBs were reviewed retrospectively without knowledge of the clinical diagnosis | Diagnosis from 31 biopsy specimens | HP 24 UIP 5 NSIP 1 (cellular) Other 1 (emphysema) | Funding: NR Limitations: small sample size Specific antigenic exposures / precipitating antibodies were identified in some pts Notes: year 1997-2005 |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 32: Vansteenkiste 1999 ⁴⁸⁴

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|-----------------------------------|--------------|------------------|-------------|-------------|
| Vansteenkist | Patient group: ILD, not specified | All patients | Adverse events | Air leak: 7 | Funding: NR |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|------------------|---|--|
| e 1999 ⁴⁸⁴ Country of study: Belgium Study design: NR Who was blinded: no-one Setting: NR Duration of follow-up: NR | after clinical assessment Inclusion criteria: Not stated Patient characteristics: mean (SD), range N: 24 (11M, 13F) Age: 52.3 (16.7) FVC: 88 (18%) 56-132 FEV1: 81 (14%) 54-109 TLC: 85 (16%) 64-129 DLCO: 53 (21%) 28-94 A previous BAL yielded nonspecific results in 17 patients and TBB in 11. 5 patients had been previously treated with corticosteroids | 8 patients had a thoracotomy with OLB and 5 had a VATS with a wedge biopsy by stapler All biopsy samples were examined prospectively and blinded to the clinical data by one lung pathologist. | Mortality | Bleeding: 1 Fever: 3 3 (at follow-up) | Limitations: Biopsy not compared to a reference standard Study is pre-2002 therefore ATS/ERS criteria not used Additional outcomes: Histopathological diagnosis by biopsy location |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO₂=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 33: Yamagutchi 2004⁵⁰⁰

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|--------------|-----------------------------------|---|-------------|
| Yamagutchi 2004 ⁵⁰⁰ Country of | Patient group: ILD diagnosed by chest radiography and computed tomography | All patients | Diagnosis (diagnostic yield 100%) | Idiopathic interstitial pneumonia (IIP)20 IPF 12 | Funding: NR |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|----------------|---|---|--|
| study: Japan Study design: retrospective Setting: not stated Duration of follow-up: | Exclusion criteria: Patient characteristics: mean (SD) N: 30 (18M, 12 F) Age:56.7 Preoperative vital capacity 80% Preoperative FEV1 83.6% | Elective VATLB | | Non-specific interstitial pneumonia (NSIP) 7 Acute interstitial pneumonia 1 Other diagnosis 10 | Limitations: retrospective study, small sample size Notes: Year 1994-2002 |
| | | | Change in treatment following histological diagnosis? | Total: yes 17 (57%), no 13 (43%) IIP: yes 11 (55%), no 9 (45%) IPF: yes 5 (42%), no 2 (29%) NSIP: yes 5 (71%), no 2 (29%) Acute interstitial pneumonia: yes 1 (100%), no 0 (0%) | |
| | | | Adverse events | 3/30 (10%) 2 acute respiratory failure 1 prolonged air leak | |
| | | | Mortality | 0 | |
| | | | 5 year survival rate (%) | Total: 78.8 Those who had treatment change: 69.8 Those who did not have treatment change 88.9 | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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4 **F.1.3 Multi-disciplinary team**

5 **Table 34: Flaherty 2003A** ¹⁴⁶

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|----------|
|---------------|----------|---------|------------------|-------------|----------|

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|---|---|---|---|
| <p>Flaherty 2003A¹⁴⁶</p> <p>Country of study: USA</p> <p>Study design: Retrospective</p> <p>Who was blinded:</p> <p>Setting:</p> <p>Aim: examines whether HRCT features add prognostic information to the histological classification in the differential diagnosis of UIP and</p> | <p>Patient group: consecutively referred Patients from the University of Michigan Specialized Center of Research in the Pathobiology of Fibrotic Lung Disease database. Who underwent surgical lung biopsy between October 1989 and February 2000.</p> <p>Inclusion criteria: people with a histological diagnosis of UIP or NSIP (by surgical lung biopsy)</p> <p>HRCT scan within 6 months of the biopsy</p> <p>Exclusion criteria: Associated collagen vascular illness</p> <p>All patients N: 73 (histological UIP) 23 (histological NSIP) Age (mean±SD): NR Drop outs: 0</p> | <p>Radiological classification</p> <p>Two thoracic radiologists independently reviewed each HRCT scan and recorded each case as either definite UIP, probable UIP, indeterminate (equal probability of UIP or NSIP), probable NSIP, definite NSIP.</p> <p>The finding felt by the radiologists to indicate probable or definite UIP was honeycombing, as this finding correlates strongly with pathological fibrosis and impaired survival.</p> <p>The absence of honeycombing, the presence of ground glass opacity, and an apical or non-subpleural distribution favoured NSIP</p> <p>Pathological classification</p> <p>Three pathologists blinded to the clinical and radiological features reviewed the biopsy</p> | <p>Differential HRCT consensus diagnosis of people with a histological diagnosis of UIP</p> <p>Radiologist complete agreement</p> <p>Radiological diagnosis of definite /probable UIP</p> <p>Radiologists specificity</p> <p>Radiologists sensitivity</p> | <p>Definite UIP : 16/73 Probable UIP : 11/73 Indeterminate: 20/73 Probable NSIP : 17/73 Definite NSIP : 9/73</p> <p>35/96 (36%) Kappa = 0.20 p<0.0001 Weighted kappa = 0.43 p<0.0001</p> <p>27/73 total cases of histologically diagnosed UIP</p> <p>100%</p> <p>37% (SD 6)</p> | <p>Funding: NR</p> <p>Limitations: Study design- retrospective more prone to bias</p> <p>Notes: Interobserver agreement of the radiological diagnoses was described using kappa and weighted kappa statistics, where weighted kappa statistics confer partial agreement for assignment of adjacent diagnoses— for example, definite and probable UIP, or probable UIP and indeterminate assignments.²³ Interobserver agreement between radiologists was first evaluated across all five diagnostic categories (definite UIP, probable UIP,</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|----------|---|------------------|-------------|---|
| NSIP, and determines whether the current radiological criteria for NSIP are useful in histologically proven cases of NSIP | | specimens. Each specimen was assigned a histological diagnosis of UIP or NSIP using defined criteria. A patient received a diagnosis of UIP when one or more biopsy specimens showed UIP. Cases of cellular NSIP (n=3) and fibrotic NSIP (n=20) were collectively classified as NSIP | | | indeterminate, probable NSIP, and definite NSIP). |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 35: Flaherty 2007¹⁴⁹

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|---|---|---|--|
| Flaherty 2007 ¹⁴⁹ Country of study: USA Study design: | Patient group: Data from patients referred to the University of Michigan Specialized Centre of Research in the Pathobiology of Fibrotic Lung Disease between August 2002 and December 2003. People with suspected IIP were referred to the study centre by participants in the University of Michigan Fibrotic | Patients underwent a history, physical examination, complete pulmonary function testing, HRCT, and SLB. Case information was provided to three groups (community 1, community 2, and the University of Michigan) on separate | Inter observer Agreement κ Score Step 5: Consensus diagnosis Academic centre Inter observer Agreement κ Score Step 5: Consensus diagnosis Community centre | Clinical: 0.71 (± 0.03 SE) Radiological: 0.55 (± 0.08 SE) Pathology: 0.57 (± 0.05 SE) Clinical: 0.44 (±0.07 SE) Radiological: 0.32 (±0.11 SE) Pathology: 0.41 (±0.13 SE) | Funding: National institute of health, National Heart, Lung and Blood Institute grants Limitations: Study design- retrospective more prone to bias |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|--|--|---|---|
| Retrospective review | Lung Disease Network | days. | Clinicians: Sensitivity without MDT# | Community : 65%-74% Academic: 50%-55% Overall:55%- 62% | Notes: McNemar tests were used to test whether two probabilities of agreement conducted during different steps or by different raters were equal. A κ statistic allowing for multiple raters was used to assess agreement in diagnosis. κ Scores are rated as almost perfect agreement (above 0.8), substantial agreement (scores between 0.6 and 0.8), moderate agreement (scores between 0.4 and 0.6), fair agreement (scores between 0.2 and 0.4), slight agreement (scores between 0.0 and 0.2), and poor agreement (scores below 0.0) |
| Who was blinded: NR | Inclusion criteria: NR | Participants at the University of Michigan were expert clinicians, radiologists, and pathologists from five centres (within and outside the United States). | Radiologists: Sensitivity without MDT# | Community : 80%- 85% Academic: 48%-73% Overall: 64%-79% | |
| Setting: 2 community locations and 1 academic location | Exclusion criteria: People without an HRCT scan or an SLB were excluded | On average, participants at the University of Michigan had been in practice longer and spend a greater amount of time in the evaluation and treatment of people with interstitial lung disease | Pathologists: Sensitivity without MDT# | Community : 90%- 92% Academic: 86%-98% Overall: 96%-88% | |
| Aim: Evaluated the agreement in classification of people with suspected IIP in community and academic settings. And examined the influence | All patients N: 39 Age (mean±SD): NR Drop outs: 0 | The cases were presented with the same information and in the same order at each institution. | Clinicians and radiologists Sensitivity without MDT# | Community : 71%- 78% Academic: 49%-60% Overall: 58%-67% | |
| | | Provided participants incremental information through five stages | Clinicians, radiologists and pathologist: Sensitivity without MDT# | Community : 82%- 87% Academic: 72%-78% Overall: 76%-81% | |
| | | clinicians and radiologists independently reviewed HRCT, | Clinicians: Specificity without MDT# | Community : 72%- 81% Academic: 88%-94% Overall: 83%-90% | |
| | | clinicians and radiologists independently reviewed clinical information & HRCT | Radiologists: Specificity without MDT# | Community : 65%- 78% Academic: 97%-98% Overall: 82%-88% | |
| | | clinicians and radiologists | Pathologists: Specificity without MDT# | Community :43%- 53% Academic: 67%-81% Overall: 59%-72% | |
| | | | Clinicians and | Community :70%- 80% | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|------------|---|---|---|---|
| of an iterative diagnostic approach on diagnostic agreement in a community compared with an academic setting, and addressed features that influenced diagnostic approaches | | discussed, as a group, the clinical and HRCT features As this was occurring, the pathologists were independently reviewing SLB specimens and assigning an independent histopathologic diagnosis. Clinicians, radiologists, and pathologists discussion of the findings of HRCT, clinical data and SLB. an attempt was made to reach a consensus diagnosis. | radiologists Specificity without MDT# | Academic: 90%-95% Overall: 82%-89% | An estimating equation approach to the analysis of correlated κ statistics was used in comparisons of κ statistics estimated throughout the study and in producing confidence intervals for the κ statistics # NCGC calculated using data reported in paper |
| | | | Clinicians, radiologists and pathologist: Specificity without MDT# | Community :64%- 72% Academic: 83%-90% Overall: 78%-84% | |
| | | | Clinicians: Sensitivity with MDT# | Community :85%- 87% Academic: 74%-100% Overall: 78%-96% | |
| | | | Radiologists: Sensitivity with MDT# | Community :90%- 92% Academic: 53%-77% Overall: 71%-85% | |
| | | | Pathologists: Sensitivity with MDT# | Community :95%- 100% Academic: 80%-98% Overall: 85%-99% | |
| | | | Clinicians and radiologists Sensitivity with MDT# | Community :87%- 89% Academic: 69%-94% Overall: 76%-92% | |
| | | | Clinicians, radiologists and pathologist: Sensitivity with MDT# | Community :89%- 92% Academic: 73%-96% Overall: 79%-94% | |
| | | | Clinicians: Specificity with MDT# | Community :67%- 81% Academic: 91%-97% Overall: 83%-92% | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|--|--|----------|
| | | | Radiologists: Specificity with MDT# | Community :65%- 84% Academic: 93%-94% Overall: 79%-89% | |
| | | | Pathologists: Specificity with MDT# | Community :59%- 78% Academic: 77%-94% Overall: 71%-89% | |
| | | | Clinicians and radiologists Specificity with MDT# | Community :66%- 83% Academic: 91%-96% Overall:67%-94% | |
| | | | Clinicians, radiologists and pathologist: Specificity with MDT# | Community :64%- 81% Academic: 87%-95% Overall:78%-90% | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 36: Hunninghake 2001¹⁹⁵

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------------------------|--|--|--|---|---|
| Hunninghake 2001 ¹⁹⁵ | Patient group: All new patients suspected of having IPF were entered into the study | Patients had a HRCT scan and a bronchoscopy with a transbronchial lung biopsy. | Overall IPF Diagnosis Clinical core | Sensitivity: 39/54 (72%) Specificity: 31/37 (84%) Accuracy: 70/91 (77%) Positive Predictive Value: 39/45 (87%) | Funding: NHLBI SCOR program on interstitial lung disease |
| Country of study: USA | if their medical condition did not preclude performing the biopsy | The transbronchial biopsy was performed to detect lung diseases other than | Overall IPF Diagnosis Radiology core* | Sensitivity: 41/53 (77%) Specificity: 26/36 (72%) Accuracy: 67/89 (75%) Positive | Limitations: none |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|--|---|--|---|
| <p>Study design: prospective, blinded study</p> <p>Who was blinded: NR</p> <p>Setting: eight referring centres</p> <p>Aim: determined the value of clinical and radiologic findings for the diagnosis of IPF.</p> | <p>Inclusion criteria: Patients able to undergo biopsy</p> <p>Exclusion criteria: People with an underlying connective tissue disorder Exposure to environmental agents or drugs known to cause pulmonary fibrosis Other underlying disorders known to cause pulmonary fibrosis</p> <p>All patients N: 91 patients Age (mean±SD): NR Drop outs: 0</p> | <p>IPF.</p> <p>If the transbronchial biopsy did not provide a specific diagnosis, patients underwent a surgical (open or thoracoscopic) lung biopsy.</p> <p>The lung HRCT scan was not used to determine if a patient should undergo a surgical biopsy.</p> <p>Before the surgical biopsy but after the results of the lung HRCT scan and transbronchial biopsy, one pulmonologist at each of the referring centres rated the certainty of the diagnosis of IPF (as certain, uncertain, or unlikely) and provided an overall clinical diagnosis, even if the diagnosis was uncertain.</p> <p>The centre investigators could use any clinical information that was available for the patient to provide this assessment.</p> <p>No predetermined clinical or radiologic criteria were used to make a clinical</p> | Overall IPF Diagnosis Referring centre | <p>Predictive Value: 41/48 (85%)</p> <p>Sensitivity: 46/54 (85%) Specificity: 16/37 (43%) Accuracy: 62/91 (68%) Positive Predictive Value: 46/67 (69%)</p> | <p>Additional outcomes: Sensitivity, specificity, accuracy and positive predictive value of a confident diagnosis of IPF (excluding cases where the investigator was uncertain of the diagnosis of IPF) Bayesian posterior conditional predictive probability of IPF (A prior probability of 0.60 of having IPF among new suspected patients that presented for diagnosis was used in the calculation of the posterior probability.)</p> <p>Notes: * Excludes two patients for whom the radiology core provided no diagnosis</p> <p>The kappa coefficient used to measure agreement within the cores was based on</p> |
| | | | Probability Of Agreement Within The Cores IPF versus Non-IPF Agreement | <p>Clinical: 0.79 Radiological: 0.77 Pathology: 0.85</p> | |
| | | | Probability Of Agreement Within The Cores IPF versus Non-IPF Kappa score | <p>Clinical: 0.59 (±0.06 SE) Radiological: 0.54 (±0.06 SE) Pathology: 0.68 (±0.06 SE)</p> | |
| | | | Probability Of Agreement Within The Cores Specific Diagnosis of ILD Agreement | <p>Clinical: 0.49 Radiological: 0.54 Pathology: 0.72</p> | |
| | | | Probability Of Agreement Within The Cores Specific Diagnosis of ILD Kappa score | <p>Clinical: 0.32 (±0.05 SE) Radiological: 0.31 (±0.05 SE) Pathology: 0.55 (±0.05 SE)</p> | |
| | | | | | |
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| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---|------------------|-------------|--|
| | | <p>diagnosis or to determine the level of certainty of the diagnosis of IPF.</p> <p>The following information was provided by the referring centres for review by a clinical core of three pulmonologists: presence and duration of cough; presence and duration of dyspnea; history of smoking; history of fever, weight loss, myalgias, arthralgias, rash, and arthritis; presence of finger clubbing; and pulmonary function tests.</p> <p>The clinical core directly evaluated chest radiographs and HRCT scans.</p> <p>Each independently rated their certainty of the diagnosis of IPF (as certain, uncertain, or unlikely) and provided an overall clinical diagnosis, even if the diagnosis was uncertain.</p> <p>A core of four chest radiologists independently evaluated the HRCT scans.</p> | | | <p>the form proposed by Kraemer which allowed for unequal numbers of observations per subject.</p> <p>The probability of agreement between any two members of a core, estimated as the average proportion of concordant pairs for all possible pairings of raters per subject, was also estimated.</p> <p>Using the pathology diagnosis of IPF as the gold standard, sensitivity, specificity, accuracy, and positive predictive value of the diagnosis of IPF of the cores and centres were calculated.</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---|------------------|-------------|----------|
| | | <p>No clinical information was provided. Each rated their certainty of the diagnosis of IPF (as certain, uncertain, or unlikely), and provided an overall clinical diagnosis, even if the diagnosis was uncertain.</p> <p>A core of three lung pathologists independently evaluated the same sets of pathology slides. No clinical information was provided.</p> <p>They provided an overall pathologic diagnosis, and if they were unsure of the diagnosis, they provided a secondary diagnosis.</p> | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

Table 37: Lynch 2005 ²⁹⁰

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------------------|--|--|--|---|-----------------------------|
| Lynch 2005 ²⁹⁰ | Patient group: Patients diagnosed with IPF, enrolled into a phase 3 RCT for IFN- | Assessment by Study-Site Radiologists Using defined criteria, | Diagnosis of the first two readers Study site vs Core | Consistent with IPF: 256 (81.3%) Inconsistent with IPF: 15 (4.8%) Lack of agreement: 44 (14.0%) | Funding: NR Limitations: |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|---|--|---|--|
| Country of study: USA, Europe, Canada, and South Africa (RCT) | y1b, who had a baseline HRCT scan available for evaluation | radiologists were asked to determine if either “definite” or “probable” IPF was present. | radiologists | | Clinical information may have been provided and the study-site radiologists knew that IPF was a consideration. The core radiologists were blinded to clinical data and treatment group assignment; however, they knew that the patients had met non-radiologic inclusion criteria for the study, and that a study-site radiologist had interpreted the HRCT scan as at least probable IPF on the basis of predefined criteria. Notes: The simple κ coefficient, ranging from -1 to +1, was used to assess the degree of interrater agreement in specific comparisons. The Wilcoxon rank |
| Study design: Retrospective review of RCT data | Inclusion criteria: Baseline HRCT was performed within 60 days before the first dose of study drug in the phase 3 trial. | A radiographic diagnosis of “definite IPF” required all three of the following criteria: | Consensus diagnosis of the three readers Study site vs Core radiologists | Consistent with IPF: 283 (89.8%) Inconsistent with IPF: 30 (9.5%) Lack of agreement: 2 (0.6%) | |
| Who was blinded: Core radiologists | Exclusion criteria: NR | presence of reticular abnormality and/or traction bronchiectasis with basal and peripheral predominance; | Concordant interpretations by the first two readers | 271/315 (86.0%) K = 0.33 (95% CI, 0.18–0.48) | |
| Setting: | All patients N: 315 Age (mean±SD): NR Drop outs: 0 | presence of honeycombing with basal and peripheral predominance; | Classification of definite IPF cases by core radiologist | Consistent with IPF 245/263 (93.2%) p = 0.001 | |
| Aim: To describe HRCT features in patients with mild to moderate IPF, compare diagnostic evaluations | | absence of atypical features, such as micronodules, peribronchovascular nodules, consolidation, isolated (nonhoneycomb) cysts, extensive ground glass attenuation, or extensive mediastinal adenopathy. | Classification of probable IPF cases by core radiologist | probable IPF: 37/49 (75.5%) p = 0.001 | |
| | | The presence of the first and third criterion only qualified as “probable” IPF (i.e., honeycombing was | Agreement with IPF diagnosis by core radiologists according to study site location (academic/community) | Academic: 206 /228 (90.4%) Community: 76/84 (90.5%) p = 1.0 | |
| | | | Histologic confirmation of UIP on SLB | 205/315 (65%) | |
| | | | HRCT classification of IPF diagnosis by core radiologist consensus of cases with histologically confirmed UIP on | Consistent with IPF: 181/205 (88.3%) Inconsistent with IPF: 24/205 (11.7%) | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|------------|---|---|---|--|
| by a radiology core (three thoracic radiologists) with those by study site radiologists, correlate baseline clinical and physiologic variables with HRCT findings, and evaluate their association with mortality | | not present). Assessment by Core Radiologists After the completion of the trial, a core panel of three thoracic radiologists independently review the baseline HRCT scans. Two core radiologists independently scored the baseline HRCT on a standardized form. The HRCT image was assessed for the presence and extent of ground glass attenuation, reticulation, honeycombing, decreased attenuation, centrilobular nodules, other nodules, consolidation, and emphysema. The extent of these abnormalities and the overall extent of fibrosis were determined for each entire lung using a 4-point scale 0 = no involvement 1 = 1–25% involvement 2 = 26–50% involvement | SLB HRCT classification of IPF diagnosis by core radiologist consensus of cases with no biopsy | Consistent with IPF: 102/110 (93%) Inconsistent with IPF: 6/110 (5%) | sum, Spearman rank order correlation, and Fisher’s exact tests were used for statistical comparisons of selected clinical, histologic, and HRCT characteristics, as appropriate. |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---|------------------|-------------|----------|
| | | <p>3 = 51–75% involvement 4 = 76–100% involvement</p> <p>The presence or absence of upper or lower lobe volume loss, traction bronchiectasis, crazy paving, tree in bud, bronchiolectasis, and mosaic attenuation was also assessed, and the predominant pattern (i.e., ground glass/reticulation/honeycombing vs. nodules/mosaic attenuation/ emphysema/ other) was determined.</p> <p>Each HRCT was classified by at least two core radiologists as typical IPF, atypical IPF, or inconsistent with IPF using usual diagnostic evaluation processes without pre-specified criteria for the study.</p> <p>A third core radiologist evaluated the scan if the first two readers did not agree, and the consensus diagnosis was based on agreement of at least two readers.</p> | | | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---|------------------|-------------|----------|
| | | <p>Only two readers were used for pattern extent scores, including honeycombing.</p> <p>Neither discussion nor adjudication was used for any result.</p> <p>In the event of disagreement between the readers, the result was recorded as missing.</p> | | | |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George’s Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 38: Raghu 1999⁴⁰⁰

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|---|---|---|
| <p>Raghu 1999⁴⁰⁰</p> <p>Country of study: USA</p> <p>Study design: Prospective</p> <p>Who was blinded:</p> | <p>Patient group: all symptomatic, adult, untreated people with ILD consecutively referred to a senior ILD specialist for diagnostic evaluation of new-onset ILD without a specific diagnosis at the University of Washington Medical Centre in Seattle</p> <p>Inclusion criteria:</p> <p>Exclusion criteria:</p> | <p>All patients referred during the period from 1992 to 1997 for further diagnostic evaluation of nonspecific ILD were considered potential candidates.</p> <p>Patients meeting the criteria were prospectively evaluated by the senior ILD specialist</p> <p>A detailed and thorough clinical assessment was</p> | <p>Histological diagnosis of IPF</p> <p>Clinical diagnosis of ILD other than IPF</p> <p>Clinical diagnosis of IPF</p> | <p>IPF= 29/59</p> <p>Accuracy = 61% of cases Sensitivity = 88.8% Specificity = 40% Positive predictive value = 94% Negative predictive value = 25%</p> <p>Accuracy = 62% of cases Sensitivity = 62% Specificity = 97% Positive predictive value = 95% Negative predictive value = 73%</p> | <p>Funding: NR</p> <p>Limitations: Referral of patients from 1992-1997 (pre 1995 outdated?)</p> <p>Notes: The histologic features of SLB were used as the reference standard for an accurate diagnosis to compare</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
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| <p>Reviewers</p> <p>Aim: tested the hypothesis that a clinical diagnosis based on thorough clinical assessment including HRCT and bronchoscopy findings is both sensitive and specific when compared with the histopathologic diagnosis.</p> | <p>had an established diagnosis based on accepted histologic criteria prior to referral</p> <p>had a diagnostic transbronchial lung biopsy (TBBX)</p> <p>had an established diagnosis of systemic lupus erythematosus, progressive systemic sclerosis, rheumatoid arthritis, dermatomyositis (based on accepted diagnostic criteria defined by American Rheumatological Association)</p> <p>had abnormal BUN and creatinine;</p> <p>had a history of having been treated for ILD;</p> <p>had clinical evidence of advanced IPF (clinically advanced IPF was defined as (1) an unexplained insidious onset of breathlessness with exertion with or without a cough of . 3 years' duration; (2) physical findings of late inspiratory crackles at both lung bases with or without clubbing; (3) chest radiographic and/or HRCT evidence of progressive intralobular and interstitial reticular opacities other than ground glass; irregular interlobular septal thickening, and</p> | <p>performed which included examination; and review of laboratory data, pulmonary function tests, bronchoscopy, and chest radiograph and HRCT findings.</p> <p>The histologic features of TBBX in patients who had undergone bronchoscopy were included in the assessment.</p> <p>Immediately following the review of all subjective and objective findings, the specialist documented the most likely specific diagnosis based on his overall clinical assessment.</p> <p>Histopathologic specimens from subjects who had undergone TBBX by referring community pulmonologists were reviewed by our pulmonary pathologist. The cellular analysis of BAL was not included in the assessment.</p> <p>The chest radiographs and HRCT scans were also read</p> | <p>Radiological diagnosis of diagnosis of ILD other than IPF</p> | <p>Accuracy = 58% of cases</p> <p>Sensitivity = 59%</p> <p>Specificity = 40%</p> <p>Positive predictive value = 91%</p> <p>Negative predictive value = 8%</p> | <p>and confirm the clinical and radiologic diagnoses made prior to SLB</p> |
| | | | <p>Radiological diagnosis of IPF</p> | <p>Accuracy = 76% of cases</p> <p>Sensitivity = 78.5%</p> <p>Specificity = 90%</p> <p>Positive predictive value = 88%</p> <p>Negative predictive value = 82%</p> | |
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| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---|------------------|-------------|----------|
| | <p>diffuse honeycombing in both lungs (not restricted to the subpleural and lower lung zones) associated with traction bronchiectasis on HRCT; had evidence of overt right or left heart failure on physical examination; refused SLB</p> <p>All patients N: 59 Age range (median): 24-78 (53) Drop outs: 0</p> | <p>independently by a senior chest radiologist who made a most likely specific diagnosis based solely on radiographic and HRCT features. The radiologist was only aware that the chest radiographs and HRCT scans were being obtained to rule out ILD. Prior to SLB, neither the radiologist’s report nor the clinical diagnosis independently made by the ILD specialist was made available to one another or to the pathologist.</p> <p>All consenting patients in whom a diagnosis was not clearly established by characteristic histologic features on TBBX underwent SLB within 1 month of their initial clinical assessment.</p> <p>The biopsy slides were interpreted by a senior pulmonary pathologist. The pathologist was aware that the SLB was obtained for diagnosis of ILD, but</p> | | | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|--|------------------|-------------|----------|
| | | was blinded to all other details of the clinical findings and diagnosis made independently by the clinician and the chest radiologist. | | | |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 39: Spencer 2011⁴⁴⁴

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|--|---|--|---|
| Spencer 2011 ⁴⁴⁴ | Patient group: suspected IPF (referral by chest physician) | The clinical history, physiological data, radiology and pathology samples, where available, were reviewed by the MDT (2 specialist ILD physicians, 2 thoracic radiologists, 2 pathologists with an interest in pulmonary disease and an ILD specialist nurse) and a consensus diagnosis was reached in each case. On some occasions a single consensus diagnosis could not be reached, in which case a differential diagnosis was given. | Referral centre: 67 definite IPF, 2 possible IPF | 2 possible IPF changed to other diagnoses by MDT 27/67 (40%) of ‘definite’ IPF were changed to other diagnoses, 10/27 (37%)of which were NSIP | Funding: NR |
| Setting: North-West Lung Centre, South Manchester University hospital, UK (a large university teaching hospital with tertiary and quaternary services for respiratory medicine) | Inclusion criteria: NR Exclusion criteria: NR All patients N=170 reviewed by the ILD MDT N=161 included in analysis Age: 56 (mean, 15-81 (range)) M/F: 92 (57%)/ 69 (43%) Patients were referred from 31 different hospitals, mainly district general, but some teaching hospitals with tertiary care | | Histological diagnosis Available in 38/67 (57%) 21/27 (78%) referred as ‘definite’ IPF but whose diagnosis had changed, had a lung biopsy to review | Lung biopsy report changed in 14/21 cases (67%) | Limitations: a lung biopsy was available in 81/161 (50%) of cases, 6 of which were taken after referral to the MDT and were therefore not reviewed by the referring centre therefore the MDT did not use the same criteria to diagnose each patient |
| | | | | | Additional outcomes: IPF diagnosis changed/ |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|---------|------------------|-------------|---|
| <p>Duration of follow-up: Design: retrospective cohort</p> | <p>services Had HRCT of the thorax and their cases had been reviewed by an ILD physician.</p> | | | | <p>unchanged by: patients age Number of months from MDT to follow-up Lung function at time of MDT meeting</p> <p>Change in HRCT report following MDT Change in pathology report following MDT</p> <p>Number of cases agreed/ disagreed between centres</p> <p>Survival benefit from change of diagnosis from IPF to other ILD</p> <p>Notes: some patients were <18 years old The MDT consisted of 2 specialist ILD physicians, 2 thoracic radiologists, 2 pathologists with an interest in pulmonary disease and an ILD specialist nurse, all of</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|------------------|-------------|---|
| | | | | | whom, bar 1 chest physician, had more than 10 years experience in a tertiary referral ILD clinic. |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 40: Sumikawa 2008⁴⁵²

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|---|--|--|
| Sumikawa 2008 ⁴⁵² Country of study: Japan Study design: retrospective review Who was blinded: No blinding | Patient group: 154 patients who underwent surgical biopsies at three institutions and who met the clinical and histologic criteria for diagnosis recommended by the ATS/ERS consensus classification of the IIPs were identified. Of which only 112 cases confirmed as confident UIP by a second pathologist where studied Inclusion criteria: NR Exclusion criteria: NR | Patient selection: All 154 cases were originally diagnosed histologically as diagnostic of UIP by a lung pathologist at each of the contributing institutions. All biopsy specimens were also reviewed by a second lung pathologist and classified into the following four categories by the certainty of the diagnosis of UIP: confident UIP, probable UIP, probably not UIP | Classification by second lung pathologist(patient selection) Radiologists classification of UIP The inter-observer agreement of CT diagnosis into consistent with UIP (definite or probable) or suggestive of | Confident UIP: 112 cases (73%) Probable UIP: 19 cases (12%) Probably not UIP: 16 cases (10%) Confident not UIP: 7 cases (5%) Definite UIP: 33/112(34%) Consistent with UIP: 36/112 Suggestive of alternative diagnosis: 21/112 (21%) Unclassified findings: 8/112 (8%) moderate (k 5 0.60) | Funding: NR Limitations: All radiologists and the pathologist were informed about pathological and clinical UIP diagnosis of the patient Additional outcomes: The relationship between survival duration and the three CT categories as subtypes was |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|--|--|-------------|--|
| <p>Aim: to revisit the thin-section CT findings of IPF and to clarify the correlation between CT findings and mortality</p> | <p>All patients N: 154 (pathological review) 112 (radiological review) Age (mean±SD): NR Drop outs: 0</p> | <p>confident not UIP. A confident diagnosis of UIP was made if all the ATS/ERS criteria were fulfilled: patchy involvement with clear evidence of chronic scarring/honeycombing and the presence of fibroblast foci in the absence of features against the diagnosis of UIP, such as granulomas and etc. A confident diagnosis of “not UIP” was made if there were clear features of an alternative diagnosis, or if none of the ATS/ERS criteria for UIP were present. Diagnoses of “probable UIP” and “probably not UIP” were more subjective; most commonly the former represented cases of extensive honeycombing without good evidence of patchy involvement in the sample reviewed, and the</p> | <p>alternate diagnosis (suggestive of NSIP or indeterminate)</p> | | <p>evaluated Notes: The inter-observer variation of the existence of predominant distribution and the overall impression of the findings was analyzed using the k statistic. Inter-observer agreement was classified as follows: poor (k 5 0–0.20), fair (k 5 0.21–0.40), moderate (k 5 0.41–0.60), good (k 5 0.61–0.80), excellent (k 5 0.81–1.00). Comparison between definite UIP and the other two CT categories of abnormality was made using univariable analysis</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|--|------------------|-------------|----------|
| | | <p>latter were cases in which the histology was more suggestive of an alternative diagnosis.</p> <p>Only the 112 cases interpreted by the second lung pathologist as definitely being UIP were considered acceptable for the study</p> <p>Thin-section CT scans of all patients were reviewed in a random order by four radiologists</p> <p>All radiologists were informed about pathological and clinical UIP diagnosis.</p> <p>The radiologist evaluated the presence, extent, and distribution of CT findings and radiologic abnormalities, excluding emphysema, that were present in both lungs to determine the percentage of lung parenchyma occupied by the disease.</p> <p>After review of the</p> | | | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---|------------------|-------------|----------|
| | | <p>findings, the CT scans in each case were classified by consensus as follows: definite UIP, consistent with UIP, suggestive of alternative diagnosis.</p> <p>The CT scan was classified as showing a definite UIP pattern when it demonstrated honeycombing in a predominantly peripheral and basal distribution.</p> <p>The CT was classified as consistent with UIP when it demonstrated a reticular pattern in a predominantly peripheral and basal distribution but only minimal or no honeycombing.</p> <p>The CT was classified as suggestive of alternative diagnosis when alternatives to UIP, such as NSIP, were more appropriate.</p> | | | |

Abbreviations: M/F= male/female, N= total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO₂= partial pressure of oxygen in arterial blood, DLCO= Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR= hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 41: Sverzellati 2010⁴⁵⁷

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|---|---|--|--|
| <p>Sverzellati 2010⁴⁵⁷</p> <p>Country of study: Italy & UK</p> <p>Study design: Retrospective</p> <p>Who was blinded: Reviewers</p> <p>Setting: NR</p> <p>Aim: document the spectrum of misleading thin-section CT diagnoses in people with biopsy-</p> | <p>Patient group: Patients on the interstitial lung disease databases of two teaching hospitals (Royal Brompton Hospital (London, England) and Morgagni Hospital (Forli Italy)) between Jan 1, 2003, and Dec 31, 2006</p> <p>Inclusion criteria: NR</p> <p>Exclusion criteria: coexistent infection cardiac failure acute exacerbation of disease at the time of CT</p> <p>All patients (core group) N: 55 Age (mean±SD): 59±6.2 Drop outs: 0</p> | <p>The core study group comprised consecutive patients who had a combined clinical-radiologic and pathologic diagnosis of IPF (biopsy proven) (n=55)</p> <p>Histological Evaluation</p> <p>Cases were reviewed by paired pathologists, and the diagnosis was confirmed according to accepted histopathologic criteria of UIP.</p> <p>To ensure that observers participating in this study assessed the thin-section CT appearance of the cases in the core study group in a blinded fashion, two other cohorts of people with chronic ILD were selected randomly from the ILD databases and mixed with the core study group.</p> <p>These cohorts comprised people with IPF diagnosed on the basis of clinical and thin-section CT criteria</p> | <p>Individual observations</p> <p>Rated as high probability IPF by radiologists</p> | <p>Observer 1:20/55 Observer 2:13/55 Observer 3:9/55</p> | <p>Funding: NR</p> <p>Limitations: Small sample size Study design-retrospective more prone to bias</p> <p>Notes: UIP was diagnosed histologically given the presence of temporal heterogeneity with non uniform and variable interstitial changes, including intermingled zones of established interstitial fibrosis, inflammation, fibroblastic foci, honeycomb change, and normal lung coexisting in variable proportions</p> <p>The diagnosis in people with mixed chronic and fibrotic cases was established at each</p> |
| | <p>Individual observations</p> <p>Rated as intermediate probability IPF by radiologists</p> | <p>Observer 1: 18/55 Observer 2: 7/55 Observer 3: 4/55</p> | | | |
| | <p>Individual observations</p> <p>Rated as low probability IPF by radiologists</p> | <p>Observer 1: 28/55 Observer 2: 38/55 Observer 3: 28/55</p> | | | |
| | <p>Number of patients given no differential diagnosis (with low probability of IPF diagnosis)</p> | <p>Observer 1: 21/28 Observer 2: 28/38 Observer 3: 19/28</p> | | | |
| | <p>Combined observations of IPF probability by 3 radiologists</p> | <p>High: 15/55 Intermediate: 6/55 Low: 34/55</p> | | | |
| | <p>Inter-observer</p> | <p>People with biopsy proven IPF =</p> | | | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|--|-------------------------------------|---|---|
| proved IPF | | <p>(n=20) & a mixed group of subjects with various chronic and fibrotic interstitial lung diseases (n=48)</p> <p>In the mixed group, subjects had diseases such as NSIP (n = 17), sarcoidosis (n = 6), chronic hypersensitivity pneumonitis (HP (n = 8)), desquamative interstitial pneumonia (n = 5), fibrotic Langerhans cell histiocytosis (n = 4), organizing pneumonia (n = 3), mixed NSIP and organizing pneumonia (n = 3), and lymphoid interstitial pneumonia (n = 2).</p> <p>Clinical data (eg, absence of previous environmental exposures and connective tissue disease) were reviewed by two chest physicians</p> <p>Lung biopsy specimens with a histologic diagnosis of UIP were reviewed by paired pathologists</p> <p>Decisions were made with</p> | agreement of first choice diagnosis | <p>Moderate: (k = 0.45 (95% CI: 0.32, 0.58))</p> <p>Whole study population= Fair: (k = 0.39 (95% CI: 0.34, 0.44))</p> | <p>participating institution on the basis of compatible clinical and histologic findings obtained by means of surgical lung biopsy (for HP, NSIP, organizing pneumonia, desquamative interstitial pneumonia, and lymphoid interstitial pneumonia) or transbronchial biopsy (for sarcoidosis).</p> <p>Unadjusted k coefficients of agreement were computed for the first-choice diagnosis in the entire study population and in the cohort of people with biopsy proved IPF. The weighted k (k w) coefficient of agreement was used to calculate the observer variation for the estimation of the probability of IPF diagnosis in the entire cohort and in the cohort of people with biopsy-proved IPF between paired observers (n = 3). To do this, the percentage</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
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| | | <p>consensus. UIP was diagnosed by using the ATS and ERS criteria. Image Evaluation Images were reviewed independently by three thoracic radiologists They did not provide any cases included in the study population, and had no knowledge of clinical findings or details of the patient population and were not aware of the purpose of the study. The observers were asked to list their differential diagnoses (with no limit to the number of possible diagnoses) and to assign likelihood to each diagnosis (to the nearest 5%, totalling 100%). Specific diagnostic criteria for ILDs were not provided, so the diagnoses were based on each observer’s own experience and understanding of the current CT literature.</p> | | | <p>likelihood given to each diagnosis was assigned a grade of 0 to 4, representing clinically useful probabilities: grade 0, condition not included in the differential diagnosis; grade 1, unlikely (5%–25 %); grade 2, intermediate probability (30%–65%); grade 3, high probability (70%–95%); grade 4, definite (100%). Observer agreement was categorized according to kappa values as: Poor (less than 0.20) fair (0.21–0.40) moderate,(0.41–0.60) good (0.61–0.80) excellent (0.81–1.00)</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
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| | | However, the observers used the terminology of the ATS and ERS classification for the diagnosis of idiopathic interstitial pneumonias. | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George’s Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

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Table 42: Thomeer 2008 ⁴⁶⁸

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|---|---|--|--|
| Thomeer 2008 ⁴⁶⁸ | Patient group: All of the patients included in the Idiopathic Pulmonary Fibrosis International Group Exploring N-Acetylcysteine I Annual (IFIGENIA) trial. All patients diagnosed with IPF by a specialist respiratory physician | Review by the radiological committee: The copies of the HRCT scans were reviewed independently by 3 members of the radiology committee, without knowledge of clinical, physiological or pathological parameters. | Diagnosis of IPF by HRCT | Present: 165 (92.7%) Absent: 14 (7.3%) | Funding: NR |
| Country of study: 6 European countries (IFIGENIA RCT) | Inclusion criteria: Diagnosis of IPF was based on the international consensus criteria Aged 18–75 yrs. Newly diagnosed (<6 months) as well as previously diagnosed (>6 months) patients | Each member of the committee confirmed the diagnosis of UIP on thoracic HRCT based on the criteria of the international consensus statement. | Diagnosis of IPF by OLB/TLB | Present: 68 (84.0%) Absent: 14 (16.0%) | Limitations: none |
| Study design: Retrospective review | | | Definite diagnosis of IPF* | Present: 156 (87.2%) Absent: 23 (12.8%) | Additional outcomes: Diagnosis of IPF by HRCT and/or biopsy for subgroups of patients (grouped by recruiting country) |
| Who was blinded: | | | Inter-observer agreement between reviewers (mean weighted kappa coefficients) | HRCT reviewers: 0.33-0.46 ((0.23-0.36)-(0.44-0.56)) (95% CIs) Histology reviewers: 0.30 (0.12–0.48) | Inter-observer agreement between histology reviewers sub grouped by presence UIP in HRCT and % predicted FVC Inter-observer agreement between radiology |

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| <p>Reviewers</p> <p>Setting: NR</p> <p>Aim: evaluate the diagnostic accuracy of respiratory physicians in IPF, and to calculate the interobserver agreement between HRCT reviewers and histology reviewers in the diagnosis of UIP</p> | <p>Exclusion criteria: NR</p> <p>All patients N: Age (mean±SD): Drop outs: NR</p> | <p>The degree of confidence in the diagnosis was recorded in terms of the scan being very suggestive, probable or unlikely for the diagnosis.</p> <p>The UIP diagnosis on thoracic HRCT was confirmed if the scan was scored as very suggestive or probable for UIP, and rejected if it was scored as unlikely.</p> <p>If disagreement occurred between the three members of the radiology committee, the UIP diagnosis agreed by the majority of the three members was accepted as definite.</p> <p>Review by the histology committee: The diagnosis of UIP according to the criteria of the ATS/ERS consensus classification was assessed by an independent panel of three pathology experts.</p> <p>The slides were reviewed independently without knowledge of clinical or</p> | | | <p>reviewers sub grouped by presence UIP in biopsy and no biopsy and % predicted FVC</p> <p>Notes: *defined as agreement of the histology and radiology committees with the diagnosis of IPF based on OLB/TLB and thoracic HRCT, or of the radiology committee when only HRCT scans were available.</p> <p>Weighted kappa coefficients (kw) were used to measure the level of inter-observer agreement. The kw were calculated using a method recommended for comparing level of agreement with categorical data along with their respective 95% CI</p> |
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| | | <p>physiological parameters.</p> <p>All slides were graded as being very suggestive, probable or unlikely for the diagnosis of UIP.</p> <p>For each observer, the UIP diagnosis on lung biopsy was confirmed if the slide was scored as very suggestive or probable for UIP and rejected if it was scored as unlikely.</p> <p>If the two reviewers disagreed as to diagnosis of UIP, the slides were sent to the third member of the pathology committee and assessed in an identical fashion.</p> <p>The diagnosis agreed by the majority of the three members was accepted as final.</p> <p>The diagnosis of UIP was rejected when one or both committees did not confirm a diagnosis of UIP.</p> | | | |
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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test RBILD/ DIP= respiratory bronchiolitis interstitial lung disease/ desquamative interstitial pneumonia, UIP= usual interstitial pneumonia, NSIP= non-specific interstitial pneumonia

1 F.2 Prognosis

2 F.2.1 Serial pulmonary function tests

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Table 43: DuBois2012A⁴ – please note data from this table has been removed as it is academic data in confidence

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|---|--|-------------|---|
| Study: DuBois2012 ¹ ₂₀ Setting: Phase 3 clinical trial Duration of follow-up: 1 year Design: prospective | Patient group: IPF. All randomised subjects in a placebo-controlled Phase 3 clinical trial of interferon-gamma 1b irrespective of treatment assignment Inclusion criteria: All subjects who participated in the week-24 trial visit Confident IPF diagnosis according to ATS criteria FVC \geq 55% predicted DLCO \geq 35% predicted Either FVC or DLCO \leq 90% predicted 6MWD \geq 150 metres Exclusion criteria: Subjects who died or had a lung transplant between the | All patients Followed up at 24 and 72 weeks Analysis Multivariable Cox proportional hazards model Subjects who were lost to follow-up or underwent lung transplant before the end of the second one-year follow-up period, or who survived through the end of the second one-year follow-up period were censored on the corresponding date. | All-cause mortality (over a 48-week period, N=79): Percent predicted FVC at baseline | - | Funding: NR Limitations: IPF-related mortality and all-cause mortality presented separately Additional outcomes: Mortality according to change in baseline FVC, 24-change in FVC, baseline 6MWD, 24 week change in 6MWD. Mortality and IPF-related mortality according to respiratory hospitalisations. Notes: We assume that |
| | | | IPF-related mortality (deaths in which IPF contributed in a clinically significant manner over a 48-week period, N=67): Percent predicted FVC at baseline | - | |
| | | | All-cause mortality: 24-week change in percent-predicted FVC | - | |

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| <p>baseline and the week-24 visit, or who were lost to follow-up during this period.</p> <p>All patients N=748 participated in the week-24 trial visit, and thus qualified for inclusion in the study population. Among the 748 subjects, 408 participated in the week 72 visit and thus the study database included a total of 1156 subject visits.</p> | <p>In analyses of IPF-related mortality, non-IPF related deaths were treated as competing events.</p> | <p>IPF related mortality: 24-week change in percent-predicted FVC</p> | - | <p>confounding factors adjusted for were: age, respiratory hospitalisations, baseline FVC, change in FVC, baseline 6MWD, change in 6MWD.</p> |
| | | <p>All-cause mortality: Baseline 6MWD</p> | - | |
| | | <p>IPF related mortality: Baseline 6MWD</p> | - | |
| | | <p>All cause mortality: 24-week change in 6MWD</p> | - | |
| | | <p>IPF related mortality: 24-week change in 6MWD</p> | - | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

Table 44: Caminati 2009 ⁵²

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
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| <p>Caminati 2009⁵²</p> <p>Country of study: Italy</p> <p>Study design: Retrospective cohort</p> <p>Who was blinded: NA</p> <p>Setting: NR</p> <p>Duration of follow-up: Mean 19.8 months (range 3.2-46.4)</p> | <p>Patient group: Patients diagnosed with IPF (clinical-radiological or histological) according to ATS criteria that underwent a 6 minute walk test on room air.</p> | <p>All patients</p> <p>All patients underwent PFTs and gas exchange evaluations, according to ATS criteria, at baseline and 6 months.</p> | <p>Baseline 6MWD</p> <p>Multivariable analysis for mortality</p> | <p>HR: 0.995</p> <p>95% CI: 0.990-0.999</p> <p>p value: 0.0308</p> | <p>Funding: NR</p> <p>Limitations: Age and sex adjusted for in analysis, no other confounding factors considered</p> <p>Additional outcomes: The paper reports the correlation between physiologic and 6MWT parameters multivariable analysis of physiologic and 6MWT parameters associated with mortality</p> <p>Notes: 35 patients received drug therapy during the study period.</p> <p>During the follow-up period, 11/44 patients died for causes related to disease. 3 patients fulfil criteria for acute exacerbation of disease.</p> |
| | <p>Inclusion criteria: NR</p> | <p>6MWT: Patients walked on level ground using standardized instructions. The test was symptom limited and was stopped for safety purposes if the arterial oxygen saturation dropped to <86%</p> | <p>Oxygen saturation at rest</p> <p>Multivariable analysis for mortality</p> | <p>HR: 0.816</p> <p>95% CI: 0.537-1.241</p> <p>P value: 0.3416</p> | |
| | <p>Exclusion criteria: Underlying connective tissue disease</p> | <p>If resting saturation was less than 90% on room air, patients were not considered eligible for 6MWT</p> | <p>Baseline FVC</p> <p>Multivariable analysis for mortality</p> | <p>HR: 0.365</p> <p>95% CI: 0.124-1.078</p> <p>p value: 0.0681</p> | |
| | <p>Exposure to environmental agents or drugs known to cause pulmonary fibrosis</p> | <p>Clinical data and survival data were obtained from medical records</p> | <p>Baseline DLCO</p> <p>Multivariable analysis for mortality</p> | <p>HR: 0.723</p> <p>95% CI: 0.548-0.954</p> <p>p value: 0.0219</p> | |
| | <p>Underlying disorder known to cause pulmonary fibrosis</p> | <p>Analysis: Univariable Cox proportional hazard model was used to analyse the relationship between 6MWT and mortality (results not reported). Multivariate Cox proportional hazards model was used for each parameter adjusting for</p> | <p>Change in 6MWD at 12 months</p> <p>Multivariable analysis for mortality</p> | <p>HR: 0.994</p> <p>95% CI: 0.988-1</p> <p>P value: 0.05</p> | |
| | <p>All patients</p> <p>N: 44</p> <p>Age (mean): 61.9±1.5</p> <p>M/F: 23/21</p> <p>Drop outs: Unclear</p> | | <p>Change in oxygen saturation at rest, at 12 months</p> <p>Multivariable analysis for mortality</p> | <p>HR: 0.25</p> <p>95% CI: 0.075-0.837</p> <p>P value: 0.02</p> | |
| | | | <p>Change in FVC at 12 months</p> <p>Multivariable</p> | <p>HR: 0.142</p> <p>95% CI: 0.018-1.1</p> <p>P value: 0.06</p> | |
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| | | covariables, age and sex. | analysis for mortality | |
| | | | Change in DLCO at 12 months Multivariable analysis for mortality | HR: 0.49 95% CI: 0.232-1.036 P value: 0.06 |

1 **Abbreviations:** M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial
2 pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6
3 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

4 **Table 45: DuBois 2011¹¹⁸**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|----------------------------------|---|--|---|--|--|
| DuBois 2011 ¹¹⁸ | Patient group: All randomised patients in two placebo controlled clinical trials. | All patients | 24 week absolute change percentage predicted FVC | HR:7.99 (95% CI: 5.26-12.14), p value: <0.001 | Funding: Intermune |
| Country of study: UK and USA | Inclusion criteria: Patients required to have HRCT scan showing features consistent with protocol-defined criteria for either definite or probable diagnosis of IPF. Surgical lung biopsy was required to confirm suspected diagnosis in all patients with a clinical and radiographic diagnosis of probable IPF and all patients <50yrs. | 24 week absolute change in percent – predicted FVC </= - 10%, - 5% to - 9%, > - 5% | </= -10% vs. >-5%: | | Limitations: Inclusion of patients with mild to moderate IPF at baseline. Patients with severe IPF and emphysema were excluded. Notes: N patient visits = 1854 N deaths = 142 |
| Study design: Cohort from an RCT | | Change in percent-predicted FVC </= 50%, 51%-65%, 66%-79%, >/=80% | 24 week absolute change percentage predicted FVC | HR:2.60 (95% CI: 1.75-3.85), p value: <0.001 | |
| Who was blinded: N/A | | Analysis: Change in percent-predicted FVC using Cox proportional hazards model. | 5 to -9.9% vs. >-5% | Reference : 1.0 | |
| Setting: Unclear | Exclusion criteria: NR | Change in percent | 24 week absolute change percentage predicted FVC >-5% predicted change percentage predicted FVC </=50% predicted | </=50% vs. >/=80%: HR: 5.79 (95% CI:2.55-13.15), p value <0.001 | |

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|-------------------------------|---|---|--|--|--|
| Duration of follow-up: 1 year | All patients N: 1099 Drop outs: loss to follow-up n=18, deaths or lung transplant n=39 M/F: 70.2% male Age, yrs: <60 – 21.8% 60-69 – 43.1% >= 70 – 35.1% | predicted FVC was evaluated over the 24week periods. Confounding factors adjusted for: age, oxygen use, surgical lung biopsy, history of respiratory hospitalisation, drug treatment, physiologic % predicted FVC, 24 week change in % predicted FVC, % predicted DLCO, 24 week change in % predicted DLCO, dyspnoea and HRQL UCSD SOBQ and 24 week change in UCSD SOBQ. | change percentage predicted FVC 51 to 65 | 51% - 65% vs. >=80%: HR: 3.54 (95% CI: 1.95-6.44), p value <0.001 | |
| | | | change percentage predicted FVC 66 to 79 | 66%-79% vs. >=80%: HR: 2.20 (95% CI:1.19-4.09), p value 0.012 | |
| | | | change percentage predicted FVC >= 80 | Reference : 1.0 | |

1 **Abbreviations:** M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial
2 pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6
3 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

4 **Table 46: DuBois 2011¹¹⁸**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|----------------------------------|---|---|--|---|--|
| DuBois 2011 ¹¹⁸ | Patient group: All randomised patients in two placebo controlled clinical trials. (All patients: N=1156, Drop outs: Not reported, M/F: 812/344, Age: mean 65.3 (8.1SD), Group 1: IFN-gamma 1b –n=713, Group 2: Placebo – n=443) | All patients 24 week absolute change in percent – predicted FVC <= - 10%, - 5% to - 9%, > - 5% | 24 week absolute change percentage predicted FVC | Patient visits (n):166 Deaths (n):39 | Funding: Intermune Limitations: Patients selected from 1156 patients recruited in two clinical trials. |
| Country of study: Multi national | | | <= -10% vs. >-5% | 1 year risk of death: HR:4.78 (95% CI: 3.12-7.33) p value: <0.001 | |
| Study | | Change in percent-predicted FVC <= 50%, | 24 week absolute change percentage | Patient visits (n):373 Deaths (n):45 | Patients receiving active drug treatment during |

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| <p>design: Cohort from an RCT</p> <p>Who was blinded: N/A</p> <p>Setting: Unclear</p> <p>Duration of follow-up: 1 year</p> | <p>Inclusion criteria: Patients required to have HRCT scan showing features consistent with protocol-defined criteria for either definite or probable diagnosis of IPF. Surgical lung biopsy was required to confirm suspected diagnosis in all patients with a clinical and radiographic diagnosis of probable IPF and all patients <50yrs.</p> <p>Exclusion criteria: NR</p> <p>All patients N: 1156 Drop outs: Not reported M/F: 812/ 344 (70.2%/ 29.8%) Age (mean, SD): 65.3 years (8.1)</p> | <p>51%-65%, 66%-79%, >/=80%</p> <p>Analysis: Change in percent-predicted FVC taken at week 24 and 1 year risk using Cox proportional hazards model.</p> <p>Change in percent predicted FVC was evaluated over the 24week periods immediately preceding the week 24 and week 72 trial visits, respectively and defined categorically based on prior research.</p> | predicted FVC | 1 year risk of death: HR:2.14 (95% CI: 1.43-3.20) p value: <0.001 | <p>were adjusted for in the analysis, but adjusting of other confounders such as, age, sex, baseline PFTs, smoking status and previous hospitalisations, not reported.</p> <p>Notes: Authors report that all deaths occurring over 48weeks of the trail were included in the analysis; subjects who were lost to follow-up and those who underwent lung transplant during follow-up were censored on the corresponding date.</p> |
| | | | -5 to -10% vs. >-5% | Patient visits (n):1316 Deaths (n):56 Reference : 1.0 | |
| | | | 24 week absolute change percentage predicted FVC | | |
| | | | >-5% predicted | Patient visits (n):203 Deaths (n):42 1 year risk of death: HR:7.44 (95% CI: 3.28-16.87) p value: <0.001 | |
| | | | change percentage predicted FVC </=50% predicted | Patient visits (n):691 Deaths (n):65 1 year risk of death: HR:4.09 (95% CI: 1.87-8.98) p value: <0.001 | |
| | | | change percentage predicted FVC 51 to 65 | Patient visits (n):594 Deaths (n):26 1 year risk of death: HR: 1.97 (95% CI: 1.87-8.98) p value: 0.111 | |
| | | | change percentage predicted FVC >/= 80 | Patient visits (n):374 Deaths (n):7 | |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

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Table 47: Hallstrand 2005¹⁶⁹

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|--|--|--|---|
| Hallstrand 2005 ¹⁶⁹ | Patient group: Consecutive new referrals for further management of IPF. Patients with IPF who were entered into this study had progressive symptomatic and/or physiological deterioration, despite treatment with prednisone with or without immunosuppressives. Inclusion criteria: Consented to the study met the diagnostic criteria for IPF* Exclusion criteria: Collagen vascular disease, occupational lung disease, sarcoid, hypersensitivity pneumonitis and other idiopathic interstitial pneumonias Patients with concurrent emphysema were excluded | All patients: Timed walk test (TWT): TWT on a 30-m-long level course. Patients walked at a pace comfortable to them until they became too fatigued, up to a maximum of 6 min** The test was stopped when saturation reached 80%, the lowest saturation was recorded if the saturation continued to decline. FVC and DLCO were performed were performed within 24 hours of the TWT according to ATS criteria. Analysis: Survival time was measured in days from enrolment until death or | Multivariable analysis Walk distance 30-m units to mortality | Relative hazard (95% CI): 0.91 (0.81–1.02) P value: 0.098 | Funding: NR Limitations: Baseline characteristics for each group not reported Effect could be due to confounding Selection bias Unclear cut-off for distance walked Additional outcomes: Effect of supplementary oxygen on walk distance, velocity and saturation Association of the timed walk test with pulmonary function Notes: *The diagnosis of IPF was ascertained by typical clinical, radiographical, non-diagnostic transbronchial biopsy, |
| Country of study: USA | | | Multivariable analysis Resting room air arterial oxygen saturation to mortality | Relative hazard (95% CI): 1.06(0.83–1.37) P value: 0.637 | |
| Study design: Prospective cohort | | | Multivariable analysis DLCO % pred to mortality | Relative hazard (95% CI): 0.92(0.87–0.98) P value: 0.005 | |
| Who was blinded: NR | | | Multivariable analysis FVC % pred to mortality | Relative hazard (95% CI): 0.94(0.97–1.02) P value: 0.646 | |
| Setting: the Interstitial Lung Disease Clinic, University of Washington Medical | | | | | |

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| <p>Center, Seattle, WA, USA, and for further evaluation and management in the Interstitial Lung Disease/Sarcoid/Pulmonary Fibrosis Program at the University of Washington</p> <p>Duration of follow-up: Median (range) 5.4 years (4.3-6.2)</p> | <p>based on elevated residual volume of $\geq 120\%$ and (FEV1)/ (FVC) ratio of ≤ 0.60.</p> <p>All patients N: 28 Drop outs: 5 (underwent lung transplantation) Age (mean): 62.7(57-69) M/F: 19/9 Smokers: 19 (67.9%)</p> | <p>censoring (patients censored at the end of the follow-up period or if patients underwent lung transplantation). Multivariable Cox proportional hazards models were adjusted for age, sex, FVC % pred, time from the onset of symptoms and supplemental oxygen administration during the test.</p> | | | <p>and physiological features consistent with IPF; surgical lung biopsy demonstrating histological features of usual interstitial pneumonia was accepted for the diagnosis of IPF in patients not meeting the major and minor clinical criteria.</p> <p>** Patients with resting room air saturation of $\leq 88\%$ had TWT in room air and with 2 L of oxygen. Patients with resting saturation $\leq 88\%$ were tested only on 2 L of oxygen. The test was stopped for safety if the patient had signs of overt fatigue and/or asked to stop, or the saturation dropped to $< 80\%$.</p> <p>Survival time was measured in days from enrolment until death or censoring. Patients were censored at the end of the follow-up period or if</p> |
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| | | | | | <p>they underwent lung transplantation</p> <p>19 out of 28 (67.9%) patients died within 2 yrs from the time of the baseline TWT, 22 out of 28 (78.6%) died over the entire follow-up period at an average (range) of 1.2 yrs (0.2–3.0) from enrolment. During the study period, five patients underwent single-lung transplant at an average of 1.5 yrs (1.0–2.4) from enrolment and were censored in the analysis at the time of transplantation.</p> <p>Disease severity ranged from FVC \geq70% predicted in eight patients and \leq40% predicted in five.</p> <p>All patients had progressive disease based on symptoms or pulmonary function tests, despite treatment with prednisone with or</p> |
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without Azathioprine.

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

Table 48: Hamada2007 ¹⁷⁰

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|----------------------------------|---|---|------------------------------------|--|--|
| Hamada2007 ¹⁷⁰ | Patient group: Patients with IPF diagnosed by pathology, “none of whom were receiving corticosteroids or immunosuppressive agents at the time of workup”. | All patients Right hearted catheterisation and PFTs were performed in the same week in most patients. No further details on measurements reported. | Preserved DLCO (%DLCO>/=40%, n=27) | 19/27 (70.4%) survived for 5 years compared to low DLCO group (p value<0.001) | Funding: NR Limitations: Small sample analysed. |
| Country of study: Japan | Inclusion criteria: As above | | Low DLCO (<40, n=25) | 5/25 (20%) survived for 5 years RR2.70 (95% CI: 1.46 to 4.99) p value < 0.001 | Notes: Study objectives were to evaluate long term clinical course of patients with IPF complicated with pulmonary arterial hypertension |
| Study design: Prospective cohort | Exclusion criteria: Patients who died within a month of open lung biopsy, had collagen vascular diseases, asbestosis, venoocclusive disease with Langerhans cell histiocytosis. Other disorders that could cause secondary PAH were excluded, including pulmonary arterial thromboembolism, connective tissue disease, chronic liver diseases and obstructive sleep apnea syndrome. | Analysis Survival rates estimated using Kaplan-Meier nonparametric survival model. Regression analysis performed to evaluate factors contributing to survival: age, gender, mean pulmonary arterial pressure, PaO2, PO2 in mixed venous blood, FVC % predicted, DLCO% predicted and cardiac index. | Causes of death | Respiratory failure due to IPF: 33/52 Pulmonary infection: 1 Lung cancer: 9 Other malignancies: 3 Cardiac disorders: 4 Cerebrovascular disorders: 1 Unknown: 1 | |
| Who was blinded: NR | | | | | |
| Setting: University hospital | | | | | |
| Duration of follow-up: 5 years | | | | | |
| | All patients | | | | |

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| N: 78 | | | | |
| Age (mean): 62+/-8 years | | | | |
| Drop outs: unclear | | | | |
| M/F: 53/8 | | | | |

1 **Abbreviations:** M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial
 2 pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6
 3 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

4 **Table 49: Jeon 2006²¹⁶**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|------------------------------------|--|---|---|---|---|
| Jeon 2006 ²¹⁶ | Patient group: Patients pathologically confirmed to have UIP on surgical lung biopsy and patients diagnosed as IPF positive by diagnostic American Thoracic Society criteria | All patients FVC and DLCO as continuous variables | Baseline PFTs (mean+/-SD %predicted): | FVC Specific treatment group: 74.6 +/- 18.1 Symptomatic supportive care: 73.2 +/- 20.8 p value: 0.758 | Funding: NR Limitations: Patients with UIP and IPF grouped together in analysis |
| Country of study: South Korea | Inclusion criteria: As above | PFTs were obtained within 2 weeks at the time of diagnosis and measured as recommended by ATS criteria. | FVC: 74.0 +/- 19.2 DLCO: 65.2 +/- 21.4 | DLCO Specific treatment group: 64.7 +/- 20.5 Symptomatic supportive care: 65.8 +/- 22.9 p value: 0.834 | Predictors of mortality for patients with IPF by multivariable analysis not presented by treatment group compared to supportive care group. |
| Study design: Retrospective cohort | Exclusion criteria: Clinical evidence of connective tissue disease, occupational or environmental exposure, or a history of ingestion of a drug known to cause ILD | Analysis: Patients grouped according to whether they were managed by pharmacological treatment or symptomatic supportive care only. | Predictors of mortality of IPF patients by multivariable analysis (% predicted) | FVC HR: 1.7 (95% CI: 1.2-2.3) p value: 0.004 | Adjusted for age, sex, severity of dyspnoea, FVC and DLCO and treatment, multivariable survival analysis. |
| Who was blinded: Not reported | All patients N: 88 | | | DLCO HR: 1.5 (95% CI: 1.1-2.1) p value: 0.033 | |
| Setting: Hospital | Drop outs: Not reported | | | | |
| Duration of follow-up: | Age: 60.3 mean (+/-7.5 SD)) | Cox proportional | | | |

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| <p>>1 year (unclear)</p> | <p>M:F – 69:19</p> <p>Group 1: Specific treatment group N: 49 Age (mean): 58.9 (+/-7.1 SD) Drop outs: Not reported</p> <p>Group 2: Symptomatic supportive care N: 39 Age (mean): 62.1 (+/-7.8 SD) Drop outs: Not reported</p> | <p>hazards regression was used to identify variables associated with survival rate. Hazard ratios were reported for these analyses.</p> | <p>Causes of death in patients with IPF (n=50)</p> | <p>Respiratory failure 34 (68%) Acute exacerbation 23 Slow progression 11 Infection 7 (14%) HAP 4 CAP 2 Wound infection 1 Lung cancer 4 (8%) Pulmonary embolism 1 (2%) Cardiovascular disease 1 (2%) Variceal bleeding 1 (2%) Unknown 2 (4%)</p> | |
|-----------------------------|---|---|--|--|--|

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

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Table 50: Kurashima 2010 ²⁵⁷

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|--|--|--|
| <p>Kurashima 2010 ²⁵⁷</p> <p>Country of study: Japan</p> <p>Study design: Retrospective cohort</p> | <p>Patient group: Patients previously diagnosed with UIP based on HRCT findings, with or without emphysema.</p> <p>Inclusion criteria: Medical records, PFT results and laboratory tests reviewed and patients selected according to following criteria: patients who underwent HRCT for clinical symptoms or other medical</p> | <p>All patients FVC and DLCO as continuous variables</p> <p>PFTs performed according to the ATS criteria.</p> <p>Analysis: Survival analysis was performed by the Kaplan Meier method, with end points being death or</p> | <p>Baseline characteristics in patients with UIP</p> <p>Multivariable Cox’s proportional hazards regression model for risk of death in patients with UIP</p> <p>Causes of death in</p> | <p>%FVC (n=348): 71.8 +/- 19.4 %DLCO (n=202): 74.3 +/- 20.1</p> <p>%FVC predicted per 1% (n=362) HR:0.988 (95% CI: 0.967-1.010) p value: 0.27</p> <p>%DLCO predicted per 1% (n=251): HR: 0.987 (95%CI: 0.971-1.002) p value: 0.21</p> <p>Lung cancer 8 (12.1%)</p> | <p>Funding: NR</p> <p>Limitations: Confounding factors adjusted for in multivariable survival analysis were emphysema, FVC % predicted, FEV/FVC per 1% and DLCO% predicted.</p> <p>Patients receiving treatment were not</p> |

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| Who was blinded: Thoracic radiologists blinded to clinical details | reasons and who were diagnosed with UIP by radiologists. | censoring of data. A univariable Cox's proportional hazards regression model followed by multivariable analysis was used to identify risk factors for mortality. | patients with UIP | Acute exacerbation 21 (31.8%) Chronic Respiratory failure 26 (39.4%) Other causes 11 (16.6%) | adjusted for in analysis |
| Setting: Hospital | Exclusion criteria: Connective tissue disease, diagnosis of other ILD, such as drug-induced ILD. | | | | Notes: Total of 1050 patients with possible diagnosis of UIP on HRCT were screened. For 660 patients (UIP with and without emphysema) the diagnostic findings were compatible with IPF. Of these 238 patients had lung cancer at diagnosis and PFT results were not available for 131 patients. |
| Duration of follow-up: 0 | Patients without PFT results and patient with lung cancer were excluded from analysis of PFT and HRCT findings and from survival analysis | | | | |
| | All patients N: 660 (UIP, n=439: UIP with emphysema, n=221) Drop outs: Unclear M/F: 336/103 Age: 72.9 years +/-8.1 Patients receiving treatment: n=8 | | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George's Respiratory Questionnaire, ATS = American Thoracic Society.

Table 51: Lynch 2005 ²⁹⁰

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------------------|-------------------------------------|---------------|---|---|--------------------|
| Lynch 2005 ²⁹⁰ | Patient group: mild to moderate IPF | HRCT features | Overall extent of fibrosis score-multivariable analysis | Hazard ratio (calculated by the Cox proportional hazards model, | Funding: InterMune |

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| <p>Country of study: multi-national (United states, Europe, Canada and South Africa)</p> <p>Study design: (e.g. RCT) patients from an RCT</p> <p>Who was blinded: (if RCT) N/A</p> <p>Setting: 58 medical centres (39 academic, 19 community based) in the USA, Europe, Canada and South Africa</p> | <p>Inclusion criteria: as above</p> <p>Exclusion criteria: NR</p> <p>All patients: N: 315</p> <p>Age (mean): NR</p> <p>Drop outs: unclear</p> | <p>Baseline FVC and DLCO results presented, but no details provided on these measurements.</p> <p>Analysis: Stepwise logistic regression (stratified by smoking status) model built using variables with a univariable p values <0.2. These were overall disease extent score on HRCT, reticulation pattern score, honeycomb pattern score, predominant pattern reticulation, A_a gradient and current O2 use.</p> | <p>stratifying by smoking status): 2.71</p> <p>95% confidence interval of hazard ratio: 1.61, 4.55</p> <p>p value: <0.0001</p> | <p>Limitations: Possible bias from radiologists who knew patients were being entered into a trial of treatment for IPF</p> <p>Additional outcomes: Agreement on diagnosis between radiologists</p> <p>HRCT characteristics according to HRCT classified as consistent with, or not consistent with IPF</p> <p>Clinical features according to HRCT classified as consistent with, or not consistent with IPF</p> <p>Correlation between baseline HRCT and baseline clinical characteristics</p> <p>Notes: Patients were enrolled in a trial of Interferon</p> |
| | | | <p>Baseline % predicted DLCO – multivariable analysis</p> | |

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| Duration of follow-up: NR | | | | | |
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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

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Table 52: Manali 2008²⁹⁸

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|--|---|--|---|
| <p>Manali 2008²⁹⁸</p> <p>Country of study: Greece</p> <p>Study design: Retrospective cohort</p> <p>Who was blinded: Not reported</p> <p>Setting: Respiratory outpatient clinic</p> <p>Duration of</p> | <p>Patient group: 25 consecutive patients with IPF recruited from respiratory outpatients clinic</p> <p>Inclusion criteria: All patients had IPF based on American Thoracic Society criteria and lung biopsies obtained by video assisted thoracoscopic surgery which showed UIP</p> <p>Exclusion criteria: Secondary causes of lung fibrosis: none of the patients had a history of environmental or occupational exposure, drug toxicity or connective tissue disease as documented by history, clinical and immunological tests.</p> <p>All patients N:25 Drop outs: 12/25 deaths</p> | <p>All patients: FVC as a continuous variables</p> <p>Lung function tests were measured during the diagnostic approach.</p> <p>Analysis: The patients still alive during the reporting of this study were censored for survival analysis (13/22..</p> <p>Univariable and multivariable Cox regression analysis was conducted for survival.</p> | <p>Impact on survival using multivariable Cox regression analysis</p> | <p>FVC RR 1.045 (95% CI: 0.956-1.142) p value: 0.033</p> | <p>Funding: Thorax Foundation, Athens</p> <p>Limitations: Multivariable survival analysis adjusting for confounders not clearly reported</p> <p>Additional outcomes: Deaths 12/25</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|--------------------------------|---------|------------------|-------------|----------|
| follow-up: 0 | Age: 64+/-2years M/F: 12/13 | | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

Table 53: Mejia 2009³⁰⁹

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|------------------------------------|---|---|------------------------------------|--|--|
| Mejia 2009 ³⁰⁹ | Patient group: IPF (2000 ATS/ERS criteria) | Estimated systolic pulmonary artery pressure (eSPAP). Pulmonary artery hypertension (PAH) was defined by an eSPAP ≥45mmHg. Baseline PAH eSPAP >50mmHg: IPF alone: 39/68; IPF+ emphysema: 26/29 eSPAP>75mmHg: IPF alone: 8/68; IPF+ emphysema: 21/29 | Mortality (multivariable analysis) | eSPAP >75mmHg: HR 2.25 95% CI 1.12-4.54 p value 0.022 | Funding: Universidad Nacional Autonoma de Mexico |
| Country of study: Mexico | Inclusion criteria: as above Exclusion criteria: Other ILDs. Atypical HRCT findings other than emphysema | | Mortality (multivariable analysis) | FVC<50% predicted: HR 2.6 95% CI 1.19-5.68 p value 0.016 | Limitations: Not all data reported-prognosis for subgroups defined at baseline not reported |
| Study design: Retrospective Cohort | All patients N: 110 M/F: 72%/28% | | | | Small study |
| Who was blinded: (if RCT) N/A | Age (mean): 64±9.5 years Drop outs: NR | HRCT scan fibrotic score FVC <50% predicted | | | Retrospective Analysis performed on whole group which included co-existing emphysema which could have confounded the results |
| Setting: National | Patients with IPF alone N= 79 M/f: 49/30 | | | | |

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|---|---|--|--|--|---|
| Institute of Respiratory Diseases, Mexico | Age, year: 63±10 Smoking status: Yes: 36 No: 40 Pack years: 0 (0-78). | | | | Additional outcomes: Univariable analysis for male gender |
| Duration of follow-up: NR | Subgroup: Patients with IPF and Emphysema N= 31 M/f: 30/1 Age, year: 67±7 Smoking status: Yes: 24 No: 7 Pack years: 5 (0-60) | | | | Notes: Multivariable analysis performed with the variables showing influence on mortality as identified with univariable analysis |

1 **Abbreviations:** M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial
2 pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6
3 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

4 **Table 54: Mogulkoc 2001A** ³²⁵

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|-------------------------------|---|---|--|--|---|
| Mogulkoc 2001A ³²⁵ | Patient group: mild to moderate IPF; age <65 years; potentially eligible for lung transplantation | DLCO | HRCT fibrosis score at baseline- multivariable analysis (n=85) | HRCT fibrosis score- baseline HR/ OR: 2.067 95% CI: 1.726- 3.914 p value: 0.026 | Funding: NR |
| Country of study: UK | Inclusion criteria: as above | HRCT score, n (%) HRCT fibrosis score: 2.1±0.7 | DLCO % predicted at baseline (n=85) | HR/ OR: 0.957 95% CI: 0.928- 0.987 p value: 0.005 | Limitations: patients were all <65 years Additional outcomes: Survival probability according to method of diagnosis |
| Study design: cohort | Exclusion criteria: (1) the presence of known histories of collagen vascular disease, allergic | HRCT ground glass score: 3.0±1.3 | DLCO % predicted at 2 year follow-up (n=70) | HR/ OR: 0.923 | |

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| <p>Who was blinded: (if RCT)</p> <p>Setting: North West Lung Research Centre, UK</p> <p>Duration of follow-up: 26.2 months (median), range 1-97 months</p> | <p>alveolitis, or exposure to organic dusts; (2) patients with a tissue diagnosis of nonspecific interstitial pneumonia (NSIP)/fibrosis, desquamative interstitial pneumonia (DIP), respiratory bronchiolitis associated with interstitial lung disease (RB-ILD), or bronchiolitis obliterans organizing pneumonia (BOOP); (3) patients with a predominantly ground-glass attenuation on HRCT scan (16, 17); (4) patients who demonstrated an objective response to corticosteroids alone; (5) patients who subsequently underwent lung transplantation; (6) patients older than 65 yr were excluded (on the grounds that they are not eligible for transplantation).</p> <p>All patients N: 115 Age (mean): 56±8 years M/F: 81/34 Drop outs: 20</p> | | | <p>95% CI: 0.863- 0.988 p value: 0.021</p> | <p>Notes: Potential lung transplant patients All patients had been treated with corticosteroids and various chemotherapeutic regimes before and after referral to the centre. Cox regression and logistic regression used Variables that were significant by univariable Cox regression analysis were taken as potential predictors of survival and were then used as covariates in multivariable analysis..</p> |
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1 **Abbreviations:** M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial
2 pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6
3 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

4 **Table 55: Mura 2012³³¹**

| Study | Population | Methods | Outcome measures | Effect size | Comments |
|-------|------------|---------|------------------|-------------|----------|
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| details | | | | | |
|--------------------------|--|--|---|---|---|
| Mura 2012 ³³¹ | <p>Patient group: Newly-diagnosed IPF n=70</p> <p>Inclusion criteria: ATS 2000 guideline diagnosis of IPF VATS confirmed UIP</p> <p>Exclusion criteria: Collagen vascular disease, drug toxicities, domestic or professional environmental exposures.</p> <p>All patients (n=70) M/F: 57/13 Time to diagnosis (months): 23±20 Biopsy based diagnosis yes/no: 23/47 6MWD (m) (n=64): 372±146 6MWD (% pred.) (n=64) fVC (% pred): 75±22 DLCO (% pred): 46±19</p> | <p>All patients Had baseline evaluation including Medical Research Council Dyspnoea score, 6-min walk test, PFTs, all of which were repeated at 6 months. HRCT scans without histological confirmation were independently reviewed by 3 radiologists Analysis Cox proportional hazards regression analysis was used to identify significant variables predicting survival status. Variables selected via univariable analysis were evaluated in the multivariable Cox regression analysis. P values <0.05 were regarded as significant.</p> | <p>Acute exacerbations (Cox proportional hazard analysis of variable at time of diagnosis) DLCO % predicted</p> | <p>HR 0.93 (0.89- 0.97) P value 0.008</p> | <p>Funding: Scuole di Specializzazione in Malattie dell’Apparato Respiratorio, Università di Roma “Tor Vergata” and Università degli Studi di Siena</p> <p>Limitations: Both 6MWD (m) and 6MWD (%predicted) were measured against an unknown threshold not used in the UK.</p> <p>Additional outcomes: Univariable analysis of variables linked with acute exacerbations. Multivariable analysis of concomitant emphysema on acute exacerbations. Comparative analysis in the retrospective cohort Mean survival from time of diagnosis was</p> |

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| | | | | | <p>30 months 3 year mortality was 46% Mortality (Cox proportional hazard analysis of variable at time of diagnosis) 6MWD <72% predicted - HR 3.27 (1.25-8.82) P value 0.0162</p> <p>Notes: 24 (34%) subjects had concomitant emphysema. Survival was defined as the time to death or lung transplant. Multivariable survival analysis adjusted for: BMI, MRC dyspnoea score, 6MWD, desaturation at 6MWD, PaO2, FV % predicted, DLCO % predicted, composite physiologic index, HRCT fibrosis score, BAL total cell counts and concomitant emphysema. A retrospective</p> |
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| | | | | | cohort of 68 patients was used for confirmation. |
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1 Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis,
 2 UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity,
 3 TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory
 4 Questionnaire, ATS = American Thoracic Society.

5 **Table 56: Richeldi 2012A⁴⁰⁸**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|--|--|--|---|
| Richeldi 2012A ⁴⁰⁸ Setting: Two independent longitudinal cohorts, USA Duration of follow-up: 12 months Design: cohort | Patient group: newly-diagnosed IPF (ATS 2000 guideline) Inclusion criteria: Two serial FVC measurements 12 months apart Exclusion criteria: NR All patients n=142 Age: 67 years (mean) Male: 74% History of smoking: 69% Biopsy proven disease: 56% FVC (L): 2.70 mean, SD 0.78 FVC, % predicted: 67.6 mean, SD 16.1 | All patients Analysis Logistic regression was used to determine the association of dichotomised decline in FVC with 2 year transplant-free survival. Unadjusted analyses were performed, followed by adjustment for age, gender, O2 use and baseline % predicted FVC and DLCO (only adjusted results presented in this table) | Death or transplant (time to event) ≥10% decline in FVC (L) at 12 months (adjusted OR/HR) | OR/HR3.54 (2.04 to 6.15) no p value | Funding: NIH grant HL086516 Limitations: none Additional outcomes: Frequency of ≥5%, ≥10% and ≥15% decline in FVC at 12 months for whole cohort, and excluding patients with severe disease. Unadjusted OR/HRs for all death/ death or transplant outcomes Transplant-free survival at 2 years for 12 month FVC declines of >5, >10 and >15% |
| | | | Death (time to event) ≥10% decline in FVC (L) at 12 months (adjusted OR/HR) | OR/HR2.78 (1.48 to 2.54) no p value | |
| | | | Death or transplant at 2 years (time to event) ≥5% decline in % predicted FVC at 12 months (adjusted OR/HR) | 1.91 (1.12-3.26) relative change 3.24 (1.84-5.69) absolute change | |
| | | | Death at 2 years (time to event) ≥5% decline in % | 1.61 (0.89-2.92) relative change 2.89 (1.53-5.46) absolute change | |

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| | | | predicted FVC at 12 months (adjusted OR/HR) | | Notes: 19% of patients were on long-term oxygen therapy 35% current or previous prednisone use Multivariable analysis adjusted for age, gender, O2 use and baseline % predicted FVC and DLCO |
| | | | Death or transplant at 2 years (time to event) $\geq 10\%$ decline in % predicted FVC at 12 months (adjusted OR/HR) | 3.38 (1.93-5.90) relative change 3.27 (1.77-6.05) absolute change | |
| | | | Death at 2 years (time to event) $\geq 10\%$ decline in % predicted FVC at 12 months (adjusted OR/HR) | 2.75 (1.46-5.17) relative change 2.41 (1.15-5.05) absolute change | |
| | | | Death or transplant at 2 years (time to event) $\geq 15\%$ decline in % predicted FVC at 12 months (adjusted OR/HR) | 3.5 (1.94-6.31) relative change 2.44 (1.12-5.32) absolute change | |
| | | | Death at 2 years (time to event) $\geq 15\%$ decline in % predicted FVC at 12 months (adjusted OR/HR) | 3.18 (1.16-6.26) relative change 2.49 (1.02-6.06) absolute change | |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George's Respiratory Questionnaire, ATS = American Thoracic Society.

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Table 57: Schmidt 2011 ⁴²²

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|---|---|---|
| <p>Schmidt 2011 ⁴²²</p> <p>Country of study: USA</p> <p>Study design: Retrospective cohort</p> <p>Who was blinded: NR</p> <p>Setting: Secondary care</p> <p>Duration of follow-up: 5.2-6.6 years</p> | <p>Patient group: Patients with IPF were selected from the university of Michigan interstitial lung disease database. Diagnosis made with either surgical lung biopsy or HRCT scan diagnostic of UIP using standard criteria.</p> <p>Inclusion criteria: PFT performed within 3 months of diagnosis.</p> <p>Exclusion criteria: NR</p> <p>All patients: Baseline N: 321 Age: 63.9±9.7</p> <p>Drop outs: 0 M/F:217/104</p> <p>Ever tobacco use: 236 (73.5%)</p> <p>All patients: 6 months N: 211 Age (mean): 63.2±10 Drop outs: 0</p> | <p>All patients FVC and DLCO as continuous variables</p> <p>PFT measured at diagnosis and at least one PFT after baseline</p> <p>Analysis Longitudinal analysis:</p> <p>For 6 months; PFTs included from 3-9 months included in analysis. An estimated PFT value was obtained from regression</p> <p>For 12 months; PFTs included from 9-15 months after diagnosis</p> <p>Cox proportional hazard models used to evaluate changes in Composite physiologic index and PFTs in patients stratified by amount of</p> | <p>Longitudinal HR for mortality by absolute decrease in PFTs: % FVC predicted Over 6 months (n=211)</p> <p>Longitudinal HR for mortality by absolute decrease in PFTs: % DLCO predicted Over 6 months (n=211)</p> <p>Longitudinal HR for mortality by absolute decrease in PFTs: % FVC predicted Over 12 months (n=144)</p> <p>Longitudinal HR for mortality by absolute decrease in PFTs: % DLCO predicted Over 12 months (n=144)</p> | <p>5%: HR 1.8(95% CI: 1.2-2.7), p value 0.002 10%: HR 1.4(95% CI: 0.9-2.1), p value 0.122 15%: HR 1.1(95% CI: 0.6-1.8), p value 0.857 20%: HR 2.0(95% CI: 1.0-4.0), p value 0.051</p> <p>10%:- HR 1.7(95% CI: 1.1-2.5), p value 0.011 15%: HR 1.6(95% CI: 1.1-2.5), p value 0.029 20%: HR 1.8(95% CI: 1.1-3.0), p value 0.030 25%: HR 2.3(95% CI: 1.2-4.2), p value 0.010</p> <p>5%: HR 1.8(95% CI: 1.1-2.9), p value 0.012 10%: HR 2.4(95% CI: 1.5-3.8), p value <0.001 15%: HR 2.6(95% CI: 1.6-4.5), p value <0.001 20%: HR 3.6(95% CI: 1.9-6.9), p value <0.001</p> <p>10%:- HR 2.2(95% CI: 1.4-3.5), p value 0.001 15%: HR 2.3(95% CI: 1.5-3.7), p value <0.001 20%: HR 3.0(95% CI: 1.8-4.9), p value <0.001 25%: HR 3.5(95% CI: 2.0-6.1), p value <0.001</p> | <p>Funding: National institutes for health National heart, lung and blood institute</p> <p>Limitations: none</p> <p>Additional outcomes: Longitudinal hazard ratios for mortality associated with absolute increases in composite physiologic index (CPI) and relative decreases in individual PFTs over 6 and 12 months in patients with combined IPF and emphysema.</p> <p>Notes: Mortality data were confirmed through social security death registry index censored by 3 months to account for reporting lag.</p> |

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| M/F:151/60 Ever tobacco use: 162(76%) All patients: 12 months N: 144 Age (mean): 62.3±10 Drop outs: 0 M/F:102/42 Ever tobacco use: 109 (75.7%) | emphysema. | | | Follow up time was determined from date of baseline PFT to date of death or censure |
|---|------------|--|--|---|

1 **Abbreviations:** M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial
2 pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6
3 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

4 **Table 58: Zappala 2010⁵⁰⁶**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------------------------------|---|---|---|---------------------------------------|--|
| Zappala 2010 ⁵⁰⁶ | Patient group: January 1978-June 2005 patients who met the histological criteria at surgical biopsy for IPF. | Serial PFT trends at 6(±2)months expressed as percentages of baseline values, were evaluated for FVC (measured using spirometer) and DLCO (measured by single breath/re-breathing technique using respirometer) relative trends were defined a priori as significant (FVC > 10% predicted, DLCO > 15% predicted)or marginal (FVC 5-10% predicted; DLCO 7.5- | Progression free survival patients with 5-10% decline in FVC compared with stable disease | HR; 1.82 (0.97-3.40) P value; 0.06 | Funding: NR Limitations: |
| Country of study: UK and Australia | Inclusion criteria: ATS/ERS diagnostic criteria | | Progression free survival patients with 5-10% decline in FVC compared with stable disease- adjusted for baseline DLCO | HR; 2.56 (1.17-4.38) P value; 0.02 | Additional outcomes: Study looked at patients with NSIP too but did some separate analysis for IPF patients (for which data has been extracted) |
| Study design: Retrospective Cohort | Exclusion criteria: Patients without serial PFT data | | | | |
| Setting: Secondary | All patients N: 84 (only IPF excluding NSIP) Age (mean): 57.4±8.50 Drop outs: 0 | | | | Notes: Transplanted patients n=4 were censored as alive at |

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|---|--|--|--|--|---|
| <p>care</p> <p>Duration of follow-up: 6 months ±2</p> | <p>m/f: 69/15 smokers (n): ever/never: 62/22</p> | <p>15% predicted) compared with baseline. Criteria for marginal decline were chosen to allow rapid computation in clinical practice reflecting the rational of current ATS criteria for significant PFT change.</p> <p>PFT trends analysed using proportional hazards analysis and multivariable analysis adjusting for age, sex, smoking status and baseline disease severity</p> | | | <p>date of transplant</p> <p>Treatment regimes included combination immunosuppressant treatment including low dose prednisolone (10mg) or high dose prednisolone (40-60mg) initially reducing to maintenance average of 10mg</p> <p>* includes NSIP patients n=72</p> <p>** excluding patients with a significant decline in FVC</p> <p>HR; 2.34 (1.19-4.60) P value; 0.01</p> <p>HR; 2.31 (1.19-4.50) P value; 0.014</p> <p>HR;3.33 (1.61-6.88) P value; <0.001</p> |
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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society

1 **F.2.2 Sub-maximal exercise tests**

2 *Some studies reported on more than one prognostic factor the information for sub-maximal exercise tests is in the following evidence tables located in the*
 3 *serial pulmonary function test subsection:*

4 *Table 43:*

5 *Table 44: Caminati 2009*

6 *Table 47: Hallstrand 2005*

7 **F.2.3 Echocardiography**

8 *Some studies reported on more than one prognostic factor the information for echocardiography is in the following evidence tables located in the serial*
 9 *pulmonary function test subsection:*

10 *Table 37: Mejia 2009³⁰⁹*

11 **F.2.4 CT scores**

12 *Some studies reported on more than one prognostic factor the information for CT scores is in the following evidence tables located in the serial pulmonary*
 13 *function test subsection:*

14 *Table 35: Lynch 2005²⁹⁰*

15 *Table 54: Mogulkoc 2001A*

16 **Table 59: Best 2008³⁷**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|------------------|-------------|----------|
|---------------|------------|---------|------------------|-------------|----------|

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|--|--|--|
| <p>³⁷</p> <p>Country of study: USA</p> <p>Study design: Retrospective cohort</p> <p>Who was blinded: N/A</p> <p>Setting: Hospital</p> <p>Duration of follow-up: 0.9-2.7 years (median follow-up, 1.5years)</p> | <p>Patient group: Patients enrolled in a clinical trial of interferon β-1a for treatment of IPF. (IPF diagnosed using American Thoracic Society criteria).</p> <p>Inclusion criteria: Progression of IPF, defined as meeting at least one of the following: >10% relative decrease in TLC or FVC or >15% relative decrease in DLCO >3% decrease in resting oxygen saturation level, a 3mm Hg increase in the resting gradient between the partial pressure of oxygen in the artery and that in the alveoli, or a 5% decrease in oxygen saturation with exercise Radiologic progression of disease as assessed on chest radiographs or thin-CT images</p> <p>Exclusion criteria: Environmental or drug exposures likely to cause ILD Connective tissue disease Emphysema occupying more than 50% of the lung End stage IPF defined as meeting at least two of the following: TLC less than 45% of predicted volume Haemoglobin-corrected DLCO <25% of predicted capacity</p> | <p>All patients: CT visual score: fibrosis (%), ground glass opacity (GGO) %, emphysema (%)</p> <p>Analysis: Survival analysis performed to assess value of each variable accounting for differences in duration of follow-up. Potential predictors were used in the Cox proportional hazards model for univariable analysis. No further details provided</p> | <p>Mortality prediction (multivariable logistic regression analysis)</p> | <p>Fibrosis OR estimate: 1.104 95% ci: 1.018, 1.198 P value: 0.017</p> | <p>Funding: NR</p> <p>Limitations: Outcome measures not clearly reported in paper.</p> <p>Paper reports that univariable analysis for treatment assignment conducted, but results unclear.</p> <p>Paper reports that univariable and multivariable logistic regression analysis was performed to predict mortality, however multivariable analysis data for FVC was not presented.</p> <p>Additional outcomes: Mortality: 35/167 (21.0%)</p> <p>Abstract reports that at multivariable analysis, FVC (P=0.006). This is not presented in the paper. No further details provided.</p> <p>Notes: N/A</p> |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

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Table 60: Sumikawa 2008⁴⁵²

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|---|---|--|--------------------------|--|
| Sumikawa 2008 ⁴⁵² | Patient group: IPF Inclusion criteria: as above | HRCT findings | Traction bronchiectasis-multivariable analysis | HR 1.30 95% CI 1.18-1.43 | Funding: NR |
| Country of study: USA | Exclusion criteria: NR | Analysis: Cox proportional hazards regression models used | Fibrosis score - multivariable analysis | HR 1.10 95% CI 1.03-1.19 | Limitations: |
| Study design: Retrospective cohort | All patients N: 98 Age (mean): 63 years (range 36-75) M/F: 71/27 | Confounding factors adjusted for: each one of the following CT findings: presence of ground-glass attenuation; airspace consolidation; nodules; interlobular septal thickening; thickening of bronchovascular bundles; intralobular reticular opacities; irregular interlobular septal thickening; nonseptal linear or platelike opacities; presence of honeycombing, cysts, emphysema, architectural distortion, or traction | | | Additional outcomes: Interobserver agreement for CT findings |
| Who was blinded: N/A | Drop outs: 46 died, 10 lost to follow-up | | | | |
| Setting: unclear | | | | | |
| Duration of follow-up: 79 months (mean) 63 months (median) | | | | | |

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| | | bronchiectasis; fibrosis score; the extent of disease close to the hilum; and upper, lower, peripheral, dependent, peribronchovascular, and asymmetric predominant distribution. | | | |
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1 **Abbreviations:** M/F=male/female, N=total number of patients randomised, SD= standard deviation, HR=hazard ratio, OR= Odds Ratio, RR= Risk Ratio, IPF= Idiopathic Pulmonary Fibrosis, UIP=Usual interstitial
 2 pneumonia, ILD=interstitial lung disease, HRCT= high resolution computed tomography, DLCO=Carbon monoxide diffusing capacity, FVC= Forced vital capacity, TLCO=transfer factor for carbon monoxide, 6MWT= 6
 3 minute walking test, PaO2=partial pressure of oxygen in arterial blood, BDI= baseline dyspnoea index, SGRQ= St George’s Respiratory Questionnaire, ATS = American Thoracic Society.

4 F.3 Pulmonary rehabilitation

5 **Table 61: Almoamary 2012¹⁰**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--------------------------------------|---|--|--|--|---|
| Almoamary 2012 ¹⁰ | Patient group: The medical records of people referred for pulmonary rehabilitation between 1 July 2004 and 15 January 2008 were reviewed. Only ILD patient data recorded in this table. Inclusion criteria: <ul style="list-style-type: none"> • ≥18 years, • Diagnoses of bronchiectasis, severe uncontrolled asthma, interstitial lung diseases (ILD)* or scoliosis. | All people People were initially interviewed by a pulmonary rehabilitation physiotherapist as part of the initial assessment on entry in the programme. Adherence to the pulmonary rehabilitation programme required the patient to complete the | 6-min. walking distance (m) Mean (SD) | Pre-rehab: 179 (74) Post-rehab: 293 (97) Difference: 114 (58) p value: 0.006 | Funding: NR Limitations: Retrospective design Bias Doesn’t account for confounding No blinding Additional outcomes: Adherence to rehabilitation programme: 11/21 |
| Country of study: Saudi Arabia | | | Distance on treadmill (m) Mean (SD) | Pre-rehab: 114 (66) Post-rehab: 371 (199) Difference: 257 (163) p value: 0.001 | |
| Study design: retrospective study | | | Distance on bicycle (m) Mean (SD) | Pre-rehab: 1031 (358) Post-rehab: 2532 (1120) Difference: 1503 (962) p value: 0.004 | |
| Who was blinded: | | | Distance on ergometer | Pre-rehab: 555 (136) | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|--|--|---|---|
| Setting: pulmonary rehabilitation centre at King Abdulaziz Medical City, Riyadh | <ul style="list-style-type: none"> Patient records which were available for 12 months before the start of pulmonary rehabilitation and 12 months after the completion of pulmonary rehabilitation or the last visit (for nonadherent people) | pulmonary rehabilitation protocol in the outpatient department by attending a 1-hour session, 2–3 times per week, throughout a period of 8–12 weeks for a total of 18–24 sessions. | (m) Mean (SD) | Post-rehab: 1238 (522) Difference: 683 (438) p value < 0.001 | Right ventricle abnormality: 4/21 Mean (SD) duration of programme for adherent people (days): 65.6 (12.2) Mean (SD) no. of sessions for adherent people: 12.3 (6.0) Short-acting bronchodilator inhalers (no.), Cumulative prednisone dose (mg), Antibiotic courses (no.) Pre-rehab, Post-rehab, Difference and p values for each. Notes: *The diagnosis of ILD or was confirmed by computed tomography of the chest. The association between different categorical variables |
| Duration of follow-up: | <p>Exclusion criteria:</p> <ul style="list-style-type: none"> Incomplete medical records Non adherence to the pulmonary rehabilitation programme Lack of initial evaluation by the pulmonary rehabilitation therapist | People were discharged from the pulmonary rehabilitation programme at 8 weeks provided that they had attended 18 sessions or until they completed 18 sessions within 8–12 weeks. | Emergency department visits (no.) Mean (SD) | Pre-rehab: 1.3 (1.9) Post-rehab: 0.6 (0.9) Difference: –0.7 (0.8) p value 0.280 | |
| | | | Outpatient department visits (days) | Pre-rehab: 4.7 (2.7) Post-rehab: 2.7 (0.6) Difference: –1.9 (1.6) p value: 0.033 | |
| | <p>All people N: 21 ILD(51 total) Age (mean±SD): 61±9.4 Drop outs: M/F: 6/15 FEV1 (% of predicted): 60.3±16.9 FVC (% of predicted): 64.4 ±15.5 FEV1/FVC: 77.7 ±14.7 PaO2 (mm Hg): 64.8 ±10.7 PaCO2 (mm Hg): 44.5 ±8.2 6-minute walking distance (m):</p> | <p>The pulmonary rehabilitation programme comprised education, exercise and psychosocial support. The exercise programme included a combination of a stationary cycle, treadmill, arm ergometer and stair stepping. The exercise programme was tailored for each</p> | | | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|--|------------------|-------------|--|
| | 189 ±95 | <p>patient based on their physiological parameters and the physiotherapist’s judgement.</p> <p>Specific exercises for the upper and lower extremities were included, as well as strength and flexibility exercises.</p> <p>Small group education sessions were conducted by the appropriate specialist</p> | | | <p>was assessed using the chi-squared test, whereas the paired and unpaired t-test was used to test differences between continuous variables. A P-value of < 0.05 was regarded as statistically significant</p> |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

Table 62: Ferreira 2009¹³⁸

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|--|--|---|
| <p>Ferreira 2009¹³⁸</p> <p>Country of study: USA</p> | <p>Patient group: Records of people with a diagnosis of ILD who had been referred for PR between January 2003 and March 2008 were retrospectively collected and analyzed from 3 study</p> | <p>All people</p> <p>PR programs were multidisciplinary, outpatient programs that consisted of two or three sessions per week</p> | <p>Borg score (n = 99) mean (SD)</p> <p>UCSD questionnaire (n =29) mean (SD)</p> | <p>Baseline: 3.6 (2.0) After PR: 2.7 (1.7) Change: -1.0 (1.7) P: > 0.0001</p> <p>Baseline: 57.4 (25) After PR: 49.1 (25) Change: - 8.3 (14)</p> | <p>Funding: NR</p> <p>Limitations: No control group Blinding is not reported Data available did not</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|---|--|--|---|
| Study design: Retrospective observational study | centres Inclusion criteria: a referring diagnosis of ILD and documentation of pre- and post-PR variables | (2 to 3 h each) of exercise and educational activities for 6 to 8 weeks. The exercise sessions included endurance, strength, and respiratory muscles training, along with pacing and breathing techniques. The educational topics included medication and oxygen use, nutrition, panic control and relaxation techniques, as well as psychosocial support and end-of-life issues. | | P: 0.005 | include information on comorbidities, the onset of a respiratory exacerbation or an acute illness during the PR program, current medications, and specific ILD diagnosis, all of which could potentially influence the results. Data on the level of oxygen used during walk testing were not available for all people. While standard practice was to use a stable level of oxygen throughout the period of PR, it is possible that some people could have received varying levels. Important differences between participating centres could be present that were missed due to inadequate numbers. |
| Who was blinded: NR | Exclusion criteria: NR | | 6MWT distance, m (n = 99) mean (SD) | Baseline: 335 (131) After PR: 391 (118) Change: 56 (69) P: > 0.0001 | |
| Setting: hospital | All people N: 99 Age (mean ±SD): 66± 13 M/F: 54/45 FVC (L, ±SD): 2.2 ±0.9 FVC (% predicted, ±SD): 62 ±20 DLCO (% , ±SD):40 ±14 6MWD (m): NR BDI score:NR SGRQ score (total):NR Lowest oxygen saturation on baseline 6MWT (% ,±SD): 89 ±6 Never-smoker: n=41 (41%) LTOT (±SD): 65 ±66 Drop outs: 0 | | CES-D score (n =27) mean (SD) | Baseline: 15.7 (8) After PR: 13.6 (8) Change: 2.2 (5) P: 0.046 | |
| Duration of follow-up: NR | | | 6MWT distance, % change (n =99) Median (25th percentile, 75th percentile). | Change: 14 (2, 33) P: 0.002 | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|------------------|-------------|--|
| | | | | | <p>Notes: Variables recorded included age, gender, baseline pulmonary function test values, specifically FVC and diffusion capacity of the lung for carbon monoxide (Dlco), smoking history, use of long-term oxygen therapy (LTOT), pre- and post-PR Borg dyspnoea score, pre- and post-PR 6-min walk test (6MWT) distance, and the PR centre attended. Pre- and post-PR University of California San Diego (UCSD) shortness of breath questionnaire scores and Centre for Epidemiologic Studies-Depression (CES-D) scores were available for some people.</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|------------------|-------------|--|
| | | | | | <p>The Borg dyspnoea score, UCSD shortness of breath questionnaire, and the CES-D score were all performed according to published standards.^{18–20} The 6MWTs were performed according to modified guidelines of the American Thoracic Society.²¹ Supplemental oxygen was used during the test in people who were already on LTOT or in those who desaturated below 88%</p> <p>All people had ILD diagnosed, which was recorded as idiopathic pulmonary fibrosis (n = 50), unspecified ILD (n = 42), scleroderma (n = 3), nonspecific interstitial</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|------------------|-------------|--|
| | | | | | pneumonia (n= 2), sarcoidosis (n =1), and lymphangioleiomyomatosis (n= 1). |

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Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 63: Gaunaud 2011¹⁵⁷

| Study Details | People | Methods | Outcome measures | Effect size | Comments |
|--|---|---|--------------------------------|---|--|
| Gaunaud 2011 ¹⁵⁷ Country of study: USA Study abstract of RCT Who was blinded: NR Setting: NR Duration of follow-up: 3 months | Patient group: Veterans with IPF Inclusion criteria: typical IPF Exclusion criteria: NR All people N:6 Drop outs: 0 Age (mean±SD): 67.67±5.68 Male: 5 BMI:29.90±7.08kg/m2 | Group 1 – PR* 12 week PR program consisting of educational lectures and supervised exercise: Exercise – 20 minutes of walking and 20 minutes of recumbent cycling. Flexibility exercises consisted of 6 stretches for upper body and lower body and strength training targeted the major muscle groups of the upper and lower body. Sessions were twice a week for 90 minutes Group 2 – control | Change in 6MWD (m) (mean±SD)** | Group 1: 40.33± 53.16 Group 2: -40.33± 57.36 P:NR | Funding: NR Limitations: Abstract – limited information given Additional outcomes: VO2 max by cycle ergometry Notes: *Subjects were required to complete 24 sessions **NCGC calculated |

| Study Details | People | Methods | Outcome measures | Effect size | Comments |
|---------------|--------|---------|------------------|-------------|----------|
|---------------|--------|---------|------------------|-------------|----------|

1 Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon
 2 monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire,
 3 6MWT= 6 minute walking test

4 **Table 64: Holland 2008¹⁸²(including unpublished data provided by authors) & Holland 2008¹⁸³**

| Study details | People | Methods | Outcome measures | Effect size | Comments |
|---|---|---|---|--|---|
| Holland 2008 ¹⁸² (including unpublished data provided by authors) , Holland 2008 ¹⁸³ (Cochrane review) & Country of study: Australia Study design: Randomised controlled trial | Patient group: Total n=57, including IPF n=34, IIP n=4 diffuse parenchymal lung disease of unknown cause n=14, granulotamous lung disease n=4. Only IPF people will be reported on in this table. Inclusion criteria: >18 years and sypmtomatic People ambulent and reported dyspnoea on exertion, on stable medical therapy. Exclusion criteria: History of syncope on exertion or any comorbities which precluded exercise | Group 1 - Exercise group 8 week outpatient exercise program, twice weekly supervised sessions by a physiotherapist. Consisting of 30 minutes endurance exercise (cycling and walking) with initial intensity at 80% of walking speed on initial 6-minute walk test and progressed according to protocol. Upper limb endurance and functional strength training for lower limbs also performed. Supplemental oxygen provided for SpO2≥85%. Once established on supervised programme a unsupervised home exercise program prescribed 3 times per week. Aim to achieve 5 exercise sessions per week. Group 2 - Control group | Change in 6-minute walk test immediately following PR (taken from Cochrane) | Group 1: 25.05 Group 2: 8.93 Mean difference: 16.12 95% CI: -13.32, 45.56 P-value: NR | Funding: Victorian Tuberculosis and Lung Association (Holland 2008 ¹⁸²) Limitations: Large numbers of drop outs The effect of disease aetiology and severity on response to exercise training could not be fully characterised – the study was not powered to adequately assess this outcome. Small sample size Notes: IPF diagnosis criteria in line with international consensus statement Stratified for IPF – raw data |
| | | | Chang e in 6-minute walk test long term follow up (taken from Cochrane) | Group 1: -19.15 Group 2: 3.93 Mean difference: -23.08 95% CI: -70.59, 24.43 P-value: 0.34 | |
| | | | Change in dyspnoea score immediately following training (taken from Cochrane) | Group 1: -0.55 Group 2: 0.23 Standard Mean difference: -0.56 95% CI: -1.26, 0.14 P-value: NR | |

| Study details | People | Methods | Outcome measures | Effect size | Comments |
|---|--|--|---|---|--|
| <p>Who was blinded: Single blinded</p> <p>Setting: outpatient</p> <p>Duration of follow-up 9 & 26 weeks</p> | <p>training (such as severe orthopaedic or neurological deficits or unstable cardiac disease). Had participated in a pulmonary rehabilitation programme in the last 12 months</p> <p>All people N: =34 (IPF) Age (mean±SD): NR for IPF alone – all people: 67±13 Drop outs for all participants NR for IPF alone: 8</p> <p>Group 1 Exercise group N: =30 Age (mean±SD): 70(8) Drop outs for all participants NR for IPF alone: Exercise training programme dropouts: 6 (1=IPF exacerbation, 2=unwell non respiratory, anxiety disorder and back pain 3= didn't want to complete) Loss to follow up :9 week follow up: 2 (declined) 26 week follow up:5</p> | <p>Weekly telephone calls for general health advice and support.</p> | <p>Change in dyspnoea score long term follow up (taken from Cochrane)</p> | <p>Group 1: -0.2 Group 2: -0.21 Mean difference: 0.01 95% CI: -0.79, 0.81 P-value: 0.98</p> | <p>not reported in paper for all outcomes in IPF only group</p> <p>Measured pre and post intervention period. 6 minute walk test and questionnaires repeated at 6 month follow up.</p> |
| | | | <p>Change in quality of life immediately following training (taken from Cochrane)</p> | <p>Group 1: 5.53 Group 2: -8.53 Standard Mean difference: 0.77 95% CI: 0.06, 1.48 P-value: NR</p> | <p>Computer generated random number sequence generation.</p> <p>Allocation concealment in a central location, sealed opaque envelope, by an individual unrelated to the study. (randomisation was done separately for IPF to other ILD people to ensure even distribution across groups)</p> |
| | | | <p>Change in quality of life long term follow up (taken from Cochrane)</p> | <p>Group 1: -3.06 Group 2: -10.11 Mean difference: 7.05 95% CI: -8.29, 22.39 P-value: 0.37</p> | |
| | | | <p>Six month survival (taken from Cochrane)</p> | <p>Group 1: 2/20 Group 2: 2/14 RR: 0.7 95% CI: 0.11, 4.39 P-value: 0.70</p> | <p>Data collector blinded to treatment allocation.</p> <p>Intention to treat analysis, last observation carried forward.</p> |
| | | | <p>SF36 domain: physical functioning (unpublished)</p> | <p>Group 1 post treatment : 36.67±21.17 Group1 long term follow up:</p> | <p>All data available at all time points</p> |

| Study details | People | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|---|--|--|
| | (declined 3 deceased 2) TLCO: 50(19) SF36 domains (mean±SD): Vitality: 40.38±17.43 physical functioning: 40.02±22.45 bodily pain: 59.78±23.21 general health perceptions: 42.19±18.05 physical role functioning: 19.44±28.87 emotional role functioning: 55.56±42.37 social role functioning: 64.35±29.36 mental health: 69.08±16.49 Group 2 Control group N: =27 Age (mean±SD): 67(13) Drop outs for all participants NR for IPF alone: Loss to follow up : 9 week follow up: 2 (1=deceased, 1=Unwell lymphoma) 26 week follow up: 9 (1= declined, 2 =deceased, 2=unwell IPF related 1=unwell lymphoma) | | data) mean±SD SF36 domain: physical role functioning (unpublished data) mean±SD SF36 domain: vitality (unpublished data) mean±SD SF36 domain: bodily pain (unpublished data) mean±SD SF36 domain: | 31.11±18.93 Group 2 post treatment : 45.56±23.63 Group 2 long term follow up: 38.70±25.89 Group 1 post treatment : 25.00±36.69 Group1 long term follow up: 20.37±30.25 Group 2 post treatment : 24.07±39.52 Group 2 long term follow up: 14.81±33.44 Group 1 post treatment : 42.04±21.76 Group1 long term follow up: 41.48±19.41 Group 2 post treatment : 52.31±17.79 Group 2 long term follow up: 45.38±23.11 Group 1 post treatment : 54.22±30.78 Group1 long term follow up: 55.22±33.93 Group 2 post treatment : 61.51±27.50 Group 2 long term follow up: 63.22±29.23 Group 1 post treatment : | All data reported in the original paper (Holland 2008 ¹⁸²)did not give IPF data separately from the total |

| Study details | People | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|--|---|----------|
| | TLCO: 49(18) SF36 domains (mean±SD): Vitality: 45.74±19.05 physical functioning: 39.26±23.34 bodily pain: 57.77±27.75 general health perceptions: 45.52±20.42 physical role functioning: 27.78±34.20 emotional role functioning: 55.56±47.14 social role functioning: 65.74±28.08 mental health: 65.48±20.76 | | general health perceptions (unpublished data) mean±SD | 40.23±20.87 Group1 long term follow up: 38.19±22.39 Group 2 post treatment : 42.48±15.97 Group 2 long term follow up: 43.00±23.33 | |
| | | | SF36 domain: social role functioning (unpublished data) mean±SD | Group 1 post treatment : 67.59±25.77 Group1 long term follow up: 59.26±29.33 Group 2 post treatment : 70.83±29.01 Group 2 long term follow up: 58.33±28.59 | |
| | | | SF36 domain: emotional role functioning (unpublished data) mean±SD | Group 1 post treatment : 61.73±41.04 Group1 long term follow up: 61.73±42.07 Group 2 post treatment : 61.73±45.95 Group 2 long term follow up: 50.62±47.37 | |
| | | | SF36 domain: mental health (unpublished data) mean±SD | Group 1 post treatment : 62.96±21.81 Group1 long term follow up: 61.63±19.98 Group 2 post treatment : 76.92±16.30 Group 2 long term follow up: | |

| Study details | People | Methods | Outcome measures | Effect size | Comments |
|---------------|--------|---------|------------------|-------------|----------|
| | | | | 72.92±17.65 | |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

Table 65: Holland 2012¹⁸⁴

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|---|--|--|
| Holland 2012 ¹⁸⁴ Design: Observational Study Setting: People recruited from two tertiary centres in Australia Who was blinded?: No one Duration of follow-up: People | Patient group: 44 participants (25 of whom had IPF) Only IPF data presented here Inclusion criteria: Ambulant people reporting dyspnoea on stable medical therapy. Exclusion criteria: History of syncope on exertion; any comorbidities precluding exercise training; participation in a pulmonary rehabilitation program in the last two years IPF people N: 25 Age (mean): 72.9 FVC (% predicted) mean +/- SD: 76.4 +/- 20.3 | All people The pulmonary rehabilitation consisted of a twice weekly, eight week exercise program of endurance and strength training which was prescribed and progressed according to a previously defined standard protocol. Supplemental O2 was provided to maintain SaO2 ≥ 85% An unsupervised home exercise program was also prescribed with the aim of achieving five sessions per week in total. People who had been prescribed supplemental O2 were encouraged to use this during home exercise. Participants also attended an education and self-management | Dyspnoea: Change in CRQ dyspnoea domain (at 8 weeks) | Mean (SD): 2.7 (5.6) Significantly improved from baseline p= 0.5 | Funding: No conflicts of interest declared Limitations: Confounding factors weren’t accounted for Small sample size No control Non randomised Additional outcomes: Change in FVC at 6 months Change in DLCO at 6 months No hazard ratios, odds ratios or risk ratios reported to inform prognosis. Notes: Only IPF data presented MID: 6MWD 34m (within |
| | | | Dyspnoea: Change in CRQ dyspnoea domain (at 6 months) | NS change from baseline | |
| | | | Mean improvement in 6MWD (at 8 weeks) | Mean (SD): 21 (58) Significantly improved from baseline p= 0.5 | |
| | | | Change in 6MWD (at 6 months) | NS change from baseline | |
| | | | Number of people achieving gains exceeding the MID for 6MWD at 8 weeks | “improvements that exceeded the MID occurred in 40% of participants” | |
| | | | Number of people achieving gains exceeding the MID for 6MWD at 6 months | “improvements that exceeded the MID occurred in 35% of participants” | |
| | | | Number of people | “improvements that | |

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|---|---|----------|---|--|--|
| undertook 8 weeks of pulmonary rehab and were assessed after 8 weeks and six months | TLCO (% predicted): mean +/- SD: 48.5 (19.1) Drop outs: "6 participants (in whole group) did not complete the rehab program due to respiratory illness (n=1), other illness (n=1), musculoskeletal pain (n=1) and lack of motivation (n=3). Two of these participants (both with IPF) declined further participation in the study" One participant with IPF died prior to 6 month follow up | program. | achieving gains exceeding the MID for CRQ dyspnoea at 8 weeks | exceeded the MID occurred in 59% of participants" | our MID range 24-45m) MID: CRQ dyspnoea 2.5 points (we use standard MIDs) |
| | | | Number of people achieving gains exceeding the MID for CRQ dyspnoea at 6 months | "improvements that exceeded the MID occurred in 24% of participants" | |
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Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 66: Jastrzebski 2006²¹⁰

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------------------------|---|--|--|--|---|
| Jastrzebski 2006 ²¹⁰ | Patient group: ILD | All people | Dyspnoea (MRC scale)- 5 grade scale | Baseline: 2.3±0.8 After rehab: 2.0±0.9 P: 0.06 | Funding: NR |
| Country of study: Poland | Inclusion criteria: · interstitial lung disease was diagnosed on the basis of radioclinical criteria · people reported at least 2 years of disease symptoms | The rehabilitation programme was composed of 4 weeks of rehabilitation held in the hospital and later continued by people themselves at home. The exercise programme was formed on the basis of the American Society, the British Thorax Society, and the American | Dyspnoea (oxygen cost diagram) | Baseline: 72.2±14.6 After rehab: 77.2±15.9 | Limitations: No baseline data provided Confounding factors weren't accounted for Small sample size No control Non randomised |
| Study design: cohort | · people did not require home oxygen therapy | | Dyspnoea (baseline dyspnoea index): sum of functional impairment, magnitude and effort and | Baseline: 6.3±2.8 After rehab: 6.8±3.3 | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|--|---|--|---|
| <p>Who was blinded: no one</p> <p>Setting: Department of Lung diseases and Tuberculosis of an academic hospital in Zabrze, Poland</p> <p>Duration of follow-up: 6 weeks</p> | <p>· people were able to perform exercises on a bicycle ergometer</p> <p>· treatment with no more than 20 mg of prednisone per day</p> <p>· people were at a stable stage of disease, free of infection</p> <p>Exclusion criteria:</p> <p>All people</p> <p>N: 38 (began programme; 31 completed)*</p> <p>M/F: 19/12</p> <p>Mean age: 48.7 years</p> <p>Drop outs: 7</p> | <p>Society of Cardiologic and Respiratory Rehabilitation recommendations, which were for COPD people.</p> <p>The people were informed about the rules and aims of the planned programme. A diary was provided in which they were obliged to note any deviations from, or problems with, the execution of the exercise programme. In the hospital environment, the programme was introduced to the patient under the supervision of an experienced instructor of rehabilitation, and exercise was preceded by instruction and demonstration of the planned tasks.</p> <p>The timing and intensity of the exercise program was prepared individually for each patient.</p> <p>The programme consisted of general exercise, performed twice a week for 30 min, (movements of the thorax, correctional exercise, isometric exercise), respiratory muscle exercise, consisting of 6 series of 5-breath cycles interspersed with</p> | magnitude of task | | <p>Additional outcomes: BDI domains – functional impairment, magnitude of task, magnitude of effort</p> <p>Notes:</p> <p>3 people terminated the rehabilitation due to disease exacerbation caused by infection that led to hospitalization, 2 people resigned from the training programme after 2 and 4 weeks because of discouragement to exercise, although they did not manifest any side effects, and 2 others were excluded from the analysis, since they did not report to the control examination due to personal reasons.</p> <p>*THE SAMPLE INCLUDED:</p> <ul style="list-style-type: none"> · 21 people with idiopathic interstitial pneumonia · 13 people with idiopathic pulmonary fibrosis · 8 people with nonspecific |
| | | | Dyspnoea (Borg scale of 1 to 10) | Baseline: 3.0±1.4 After rehab: 2.5±1.4 | |
| | | | SF36 domain: physical functioning (mean-taken from graph) | Baseline: 55 After rehab:65 P: <0.05 | |
| | | | SF36 domain: physical role functioning (mean-taken from graph) | Baseline: 40 After rehab:55 P: NR | |
| | | | SF36 domain: vitality (mean-taken from graph) | Baseline: 53 After rehab:58 P: <0.05 | |
| | | | SF36 domain: bodily pain (mean-taken from graph) | Baseline: 69 After rehab:67 P: NR | |
| | | | SF36 domain: general health perceptions (mean-taken from graph) | Baseline: 38 After rehab: 41 P: NR | |
| | | | SF36 domain: social role functioning (mean-taken from graph) | Baseline: 58 After rehab:70 P: <0.05 | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|--|---|--|--|
| | | 1-min rest periods (altogether 30 breaths), run on Threshold IMP produced by Healthdyne Technologies (UK), and bicycle ergometer training, performed once a day for 15 min with a pretested 60% max load in Watts. | | | interstitial pneumonia |
| | | | SF36 domain: emotional role functioning (mean-taken from graph) | Baseline: 69 After rehab:80 P: NR | · 4 people with pulmonary fibrosis due to allergic alveolitis (chronic form) |
| | | | SF36 domain: mental health (mean-taken from graph) | Baseline: 62 After rehab:68 P: <0.05 | · 5 people with pulmonary fibrosis due to mix collagenosis · 1 patient with pulmonary fibrosis due to silicosis |
| | | | SGRQ domains: symptoms (mean-taken from graph) | Baseline: 45 After rehab:46 P: NR | Overall scores not provided for SF-36 QoL (SF-36)- graph only SGRQ- graph only |
| | | | SGRQ domains: activity (mean-taken from graph) | Baseline: 52 After rehab:45 P: <0.03 | |
| | | | SGRQ domains: influence (mean-taken from graph) | Baseline: 47 After rehab:37 P: <0.03 | |
| | | | SGRQ total domains (mean-taken from graph) | Baseline: 47 After rehab:42 P: <0.03 | |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 67: Koze 2011²⁵⁰

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|--|---|--|
| Koze 2011 ²⁵⁰ | Patient group: IPF and COPD. Only results of IPF group reported in this table | All people | Dyspnoea (MRC grade) | Baseline (n=36): 3.0 ±0.8 8 weeks (n=36): 2.5±1.1 P=<0.01 6 months (n=30) : 2.9±1 P= NR | Funding: NR |
| Country of study: Japan | Inclusion criteria: Subjects were eligible to participate if they reported dyspnoea on exertion leading to a limitation in daily activities (Medical Research Council [MRC] grade > 1) and were on stable medical treatment. The diagnosis of IPF was based on published criteria- ATS guidelines 2000. | Prior to recruitment, subjects in both groups were required to be clinically stable for at least 4 weeks. All people were under the care of a respiratory physician. Medical treatment, including dose of oral corticosteroids and immunosuppressives was not changed during the rehabilitation | Exercise capacity (6MWD) | Baseline (n=36): 323±109 8 weeks (n=36): 340±122 P=<0.01 6 months (n=30) : 320±106 P= NR | Limitations: Large number of drop outs 20% drop out rate in IPF group (not including follow up period) Non randomised Blinding not reported Inconsistencies in reporting some data (when comparing IPF performance with COPD) |
| Study design: prospective nonrandomized open trial | Exclusion criteria: Individuals with collagen vascular disease, occupational lung disease, sarcoidosis, hypersensitivity pneumonitis and other idiopathic interstitial pneumonias were excluded. Other exclusions were MRC grade 5, severe orthopaedic or neurological disorders limiting exercise performance, unstable cardiac disease, inability to understand or complete questionnaires and previous | Subjects attended an 8-week outpatient programme comprising two classes each week, (90 minutes duration), that included exercise training, breathing retraining, and education. | SF36 domain: physical functioning (mean±SD) | Baseline (n=36): 38.6±19 8 weeks (n=36): 40.6±22.6 P=NR 6 months (n=30) : 37.8±23 P= NR | Control group composed of COPD people not IPF people receiving usual care Small sample |
| Who was blinded: no-one | | | SF36 domain: physical role functioning (mean±SD) | Baseline (n=36): 34.9±21.5 8 weeks (n=36): 35.9±20.7 P=NR 6 months (n=30) : 30.4±23.7 P= NR | Does not account for all confounding factors e.g. pulmonary hypertension. |
| Setting: Department of Rehabilitation Medicine, Nagasaki, Japan | | During each class, subjects performed 40 - 50 minutes of exercise supervised by a physiotherapist. Subjects also were instructed to undertake daily exercise at home and were encouraged to continue their home-based program at the end of the 8 weeks. Adherence with the home programme was assessed using a diary card. | SF36 domain: vitality (mean±SD) | Baseline (n=36): 43.1±20 8 weeks (n=36): 43.9±21 P=NR 6 months (n=30) : 42.1±23.6 P= NR | Additional outcomes: Adverse events TDI focal score Muscle force Activities of daily living score |
| Duration of follow-up: 6 months | | | SF36 domain: bodily pain | Baseline (n=36): 66.1±30 | Notes: |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---|--|---|--|
| | <p>participation in a pulmonary rehabilitation programme.</p> <p>All people N: 90 Drop outs:</p> <p>Group 1 (IPF)- only results of this group reported in this table N: 45 (36 completed programme(discontinued due to exacerbation =3, didn't wish to complete = 3 other reasons =3), 30 completed 6 month follow-up (deceased = 4 declined = 2)) Age (mean): 67.5 ±7.8 Gender, M/F: 37/8 Time since diagnosis, years: 1.8±1.8 Oral corticosteroids 20 (44%) Cough: 30 (67%) FVC, litres: 2.0 ±0.6 FVC, % predicted: 68.6 ±16 DLCO:, ml/min/mmHg: 6.0±2.5 DLCO, % predicted: 38.8±20 Drop outs: 9 (exacerbation: 3, did not wish to complete: 3, other reasons:3)</p> | <p>Exercise training included stretches and endurance and strength training. Lower limb endurance training was performed using a cycle ergometer with the initial workload prescribed at 50% of the PWR achieved on the baseline cycle ergometer test. In the early stages of the program, cycling was limited to 5 to 10 minutes and progressively increased, within symptom tolerance, to 20 minutes of continuous cycling. Once subjects had achieved 20 minutes cycling, the workload was increased. Upper limb endurance training comprised repetitive bilateral shoulder flexion and abduction using a light weight and synchronized with expiration for 2 minutes. Strength training was accomplished using free weights or the subject's own body weight. One set of 10 repetitions was initially prescribed increasing to 3 sets when the subject could perform the exercises without any difficulty. Arterial oxygen saturation was monitored during each session, and supplemental oxygen was given as necessary, to maintain arterial oxygen saturation above 85%. We recorded the duration of cycle-</p> | <p>(mean±SD)</p> <p>SF36 domain: general health perceptions (mean±SD)</p> <p>SF36 domain: social role functioning (mean±SD)</p> <p>SF36 domain: emotional role functioning (mean±SD)</p> <p>SF36 domain: mental health (mean±SD)</p> | <p>8 weeks (n=36): 63.4±28.1 P=NR 6 months (n=30) : 62.5±30.3 P= <0.05</p> <p>Baseline (n=36): 37.1±20 8 weeks (n=36): 36.9±21.1 P=NR 6 months (n=30) : 34.4±21.5 P= <0.05</p> <p>Baseline (n=36): 51±23.8 8 weeks (n=36): 50.3±25.3 P=NR 6 months (n=30) : 45.8±26.9 P= <0.05</p> <p>Baseline (n=36): 39.6±30.7 8 weeks (n=36): 38.7±31.3 P=NR 6 months (n=30) : 35.8±29.8 P= NR</p> <p>Baseline (n=36): 50.7±18.7 8 weeks (n=36): 52.6±20.5 P=NR 6 months (n=30) : 47.5±21.8 P= NR</p> | <p>No adverse events were recorded during this programme.</p> <p>Supervised sessions attended by IPF people: 13.3±3.8 p=0.24 Average number of home based exercise sessions completed each week 3.9±1.9 p=0.59</p> <p>20% drop out rate in IPF group</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---|------------------|-------------|----------|
| | <p>Group 2 (COPD- control)- results not reported in this table</p> <p>N: 45 (40 completed programme, 37 completed 6 month follow-up)</p> <p>Age (mean):</p> <p>Drop outs: 5 (exacerbation: 1, did not wish to complete: 2, other reasons: 2)</p> | <p>based exercise (in minutes) and workload (in Watts) of all subjects for each of the exercise sessions.</p> <p>Breathing retraining consisted of relaxation with breathing control, pursed-lip breathing and pacing during exercise training and ADL. The rationale for pursed-lip breathing in the IPF cohort was to assist subjects to control their breathing by reducing respiratory frequency. All subjects received the same instructions.</p> <p>The education component was provided by a physiotherapist at each class and consisted of the benefits and importance of daily exercise, pacing and energy conservation techniques to manage ADL and self-management strategies for coping with an exacerbation.</p> <p>Subjects were considered to have completed the programme if they attended at least 12 (75%) of the 16 supervised sessions. At the end of the 8 week programme, all subjects were encouraged to</p> | | | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---|------------------|-------------|----------|
| | | continue with their home exercise program however no formal maintenance programme was provided. | | | |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

Table 68: Naji 2006³³⁶

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|--|---|--|---|
| Naji 2006 ³³⁶ Country of study: Ireland Study design: Retrospective chart review Who was blinded: NR Setting: Hospital | Patient group: People with restrictive lung disease referred to a pulmonary rehabilitation centre over the past 8 years. Only the data for ILD people is presented here. Inclusion criteria: NR Exclusion criteria: Significant airflow obstruction Noncompliant Unable to perform pulmonary function tests or exercise endurance tests | All people People initially admitted to hospital for 3 days for baseline assessments and to commence on the programme. The programme consisted of exercise and education * was continued post discharge 2/week over a period of 8 weeks. | Shuttle test (m) mean±SD CRDQ (dyspnoea) Median (ranges) SGRQ Median (ranges) | Baseline**: 171 ± 102 8 weeks: 232 ± 118 1 year: NR Baseline**: $15.6 (9.7, 22.6)$ 8 weeks: $17.2(14.6, 27.1)$ 1 year: NR Baseline**: $48.1 (23, 82)$ 8 weeks: $26.4(17.4, 69.4)$ 1 year: NR | Funding: NR Limitations: Some figures related to dropouts and survival data doesn’t add up correctly. Very unclearly reported. Small sample size Single centre High dropout rate – 46% Blinding is not reported Retrospective observational study- No control group Additional outcomes: Survival (accurate and reliable data was not extractable from the paper) treadmill test Anxiety and depression were also measured using the hospital anxiety questionnaire. Results for all outcomes for all people with |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---------|------------------|-------------|---|
| Duration of follow-up: 8 weeks and 1 year | All people N: 35 ILD (19 people reported on at 8 weeks and 10 at 1 year) Drop outs: 15 (excluded from analysis) Age (mean±): 66.5±11.3 M/F: nr FVC (% predicted): 66.7±20.7 DLCO (%): 42.5±14 Borge scale: 3.4(1.8,5.5) SGRQ score (total):48(27.6, 67.9) CRDQ: 16(12.6,22.6) BMI kg/m ² : 26.7±4.9 shuttle test (m):206±108 | | | | restrictive lung disease this included the ILD people Notes: Of the 35 ILD people 28 had IPF * described elsewhere- Connor MC et al efficacy of pulmonary rehabilitation in an Irish population. Ir Med J.2001; 94(2):46-48. PFT testing conducted according to ERS guidelines the treadmill and shuttle test were performed. QOL was assessed using the chronic respiratory disease questionnaire and SGRQ. Only data from people who were compliant is described – compliance: measured as attendance at 24 exercise sessions and at required reassessments at 8 weeks and 1 year. Available case analysis **The baseline data given in the effect size column is reported for the same people who reached 8 weeks not all subjects who enrolled |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO₂=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 69: Nishiyama 2008³⁵³ & Holland 2008¹⁸³

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|---|---|---|
| Nishiyama 2008 ³⁵³ & Holland 2008 ¹⁸³ (Cochrane review) Country of study: Japan Study design: RCT Who was blinded: NR Setting: Outpatient clinic Duration of follow-up: NR | Patient group: consecutive people referred to an outpatient clinic between 2000 and 2004 Idiopathic pulmonary fibrosis n=28 | All people: no patient received any treatment with steroids or immunosuppressives during the study period. Group 1 :Exercise group 9 week outpatient exercise program, twice weekly supervised sessions. Exercise on treadmill at 80% of walking speed on initial 6-minute walk test, or on cycle ergometer at 80% of initial maximum workload. Strength training for limbs using elastic bands for approximately 20 minutes. Supplemental oxygen administered to achieve SpO2>90%. Some educational lectures included (content unspecified). | 6-minute walk test (taken from Cochrane review) | Group 1: 42 SD:50.8 Group 2: -4 SD:57.7 Mean difference: 46 95% CI: 5.81, 86.19 P-value: NR | Funding: Supported by the Japanese Ministry of Health, Labour and Welfare Limitations : Blinding of investigators not reported Sequence generation unclear Selective reporting may be a problem, due to insufficient data it is not possible to determine if all data was made available. Additional outcomes: FVC, FEV1, TLC, PaO2, PaCO2 Notes: All measured at baseline and 10 weeks. Allocation concealed using sealed envelopes that had been prepared |
| | Inclusion criteria: <75 years Diagnosis of IPF* Shortness of breath on effort Stable clinical condition with no infection or exacerbation in the previous 3 months | Group 2: Control group Not specified | dyspnoea score (taken from Cochrane review) | Group 1: 0 SD:1.3 Group 2: 0.4 SD:1.5 Mean difference: -0.28 95% CI: -1.02, 0.47 P-value: NR | |
| | Exclusion criteria: Severe co morbid illness Collagen vascular diseases Need for long term oxygen therapy Previous treatment with corticosteroids/ immunosuppressants | | St George's Respiratory Questionnaire (SGRQ) (total only - taken Cochrane review – exercise group marked as 2.9 and control as - 3.1. Reported SMD in cochrane) | Group 1: 2.9 SD:14.13 Group 2: -3.1 SD:18.25 Mean difference: NR 95% CI: NR P-value: NR | |
| | | | SGRQ domains: symptoms mean±SD (as reported in original study) | Group 1baseline : 53.4±25.8 Group1 post PR: 56.4±22.3 Group 2baseline: 38.0±25.8 Group2 post PR: 40.6±21.2 95% CI: NR | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|--|--|--|
| | m/f: 12/1 age 68(9) years, DLCO 59.4(16.7)%predicted 6MWD:385±116 Group 2: Control group n=15, m/f:9/6 age 65(9) years, DLCO 48.6(16.7)%predicted 6MWD:476±128 | | SGRQ domains: activity mean±SD (as reported in original study) SGRQ domains: impact mean±SD (as reported in original study) SGRQ total domains mean±SD (as reported in original study) reported in original study) | P-value: NR Group 1baseline : 62.5±16.9 Group1 post PR: 64.7±17.1 Group 2baseline: 50.4±26.2 Group2 post PR: 54.0±22.6 95% CI: NR P-value: NR Group 1baseline : 36.5±17.5 Group1 post PR: 39.7±17.6 Group 2baseline: 29.9±23.7 Group2 post PR: 32.9±23.5 95% CI: NR P-value: NR Group 1baseline : 47.3±17.4 Group1 post PR: 50.2±16.3 Group 2baseline: 37.8±22.725.8 Group2 post PR: 40.9±20.7 | prior to the study. **Two people randomised to exercise training but withdrew before baseline data collected. *The diagnosis of IPF was made according to ATS/ETS statement. |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|------------------|---------------------------|----------|
| | | | | 95% CI: NR P-value: NR | |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

Table 70: Ozalevli 2010³⁷¹

| Study Details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|--|--|--|---|
| Ozalevli 2010 ³⁷¹ Country of study: Turkey Study design: prospective cohort Who was blinded: no-one Setting: | Patient group: IPF, diagnosed using ATS/ERS criteria Inclusion criteria: Clinically stable Treatment with no more than 20mg of prednisone per day No pulmonary infections in the last 6 weeks No serious cardiological or psychological problems Not receiving supplementary O2 therapy No neurological, inner ear or orthopaedic disease Able to ambulate without assistance or assistive devices | All people Home-based PR programme lasting 12 weeks. All people received a booklet giving instructions on the programme. The programme consisted of pursed-lips breathing, thoracic expansion exercises, upper and lower extremity exercises combined with breathing control and a walking programme (15-30 min/day). Breathing control training, coping strategies to deal with shortness of breath and relaxation training were given. People were instructed to | 6MWD | Before: 390.3 After: 430.5 P=0.04 | Funding: NR Limitations: Small study size No blinding or randomisation Did not account for confounding factors No control group Generalisability Additional outcomes: FEV1 FEV1/FVC 6MWD-SpO2 and heart rate, dyspnoea, leg fatigue |
| | | | Dyspnoea (MRC scale) | Before: 2.3±1.2 After: 1.4±1.3 P=0.003 | |
| | | | SF36 domain: physical functioning (mean±SD) | Before: 57.00±5.7 After: 58.7±7.3 P:0.24 | |
| | | | SF36 domain: physical role functioning (mean±SD) | Before: 56.00±1.7 After: 68.3±1.6 P:0.01 | |
| | | | SF36 domain: vitality (mean±SD) | Before: 52.00±4.9 After: 55±4.2 P:0.40 | |
| | | | SF36 domain: bodily pain | Before: 25.00±2.6 | |

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|--|--|--|---|--|--|
| Home-based, Izmir, Turkey Duration of follow-up: 12 weeks | Willing to participate in the study Exclusion criteria: Obstructive lung disease (FEV1/FVC <80%) Acute coronary artery disease Collagen vascular disease Pneumoconiosis Sarcoidosis Cancer Non-parenchymal restrictive lung disease Other severe co morbid conditions All people N: 17 (15 completed) Drop outs: 2 (infectious disease) Age (mean): 62.8±8.5 M/F: 10/5 Disease duration, years: 5.0 ±3.8 Smoking history: 6/13 (40%) | perform all exercises 5 days a week, in 3 sessions per day with 10 repeats. Supervision was done by phone calls once a week and a daily exercise query. | (mean±SD) | After: 72±2.2 P:0.40 | FVC DLCO Notes: Those who did not complete the home based pulmonary rehabilitation programme or voluntarily left were excluded 6MWT administered to ATS criteria SF-36 (no total provided) Mean number of weekly completed session: 13.2±2.1 |
| | | | SF36 domain: general health perceptions (mean±SD) | Before: 67.30±4.6 After: 74±4.7 P:0.04 | |
| | | | SF36 domain: social role functioning (mean±SD) | Before: 75.80±2.7 After: 89.1±1.8 P:0.17 | |
| | | | SF36 domain: emotional role functioning (mean±SD) | Before: 29.00±1.3 After: 65±1.4 P:0.02 | |
| | | | SF36 domain: mental health (mean±SD) | Before: 49.90±6.7 After: 56.8±5.4 P:0.14 | |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 71: Rammaert 2011 ⁴⁰²

| Study | Population | Methods | Outcome measures | Effect size | Comments |
|-------|------------|---------|------------------|-------------|----------|
|-------|------------|---------|------------------|-------------|----------|

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| Details | | | | | |
|--|--|--|--|---|---|
| Rammaert 2011 ⁴⁰² | Patient group: stable people with IPF | All people | 6MWT breathing room air (n=13) | Before: 383±115 After: 375±01 | Funding: NR |
| Country of study: France | Inclusion criteria: ATS/ERS diagnosis of IPF The ability to perform a walk test and use a cycle ergometer | All examinations were carried out as part of the usual management of people with IPF. Pulmonary rehabilitation was based on the French Society of Pneumology recommendations for people with COPD. All people underwent prior cardiopulmonary exercise testing to establish a personalised prescription for training. | Dyspnoea (MRC score)- median | Before: 1.5 (1-3) After: 2 (1-3) | Limitations: Small sample size QoL scores not adequately reported Doesn't account for confounding |
| Study design: Prospective observational | The motivation and agreement of the patient for the setting up of a home based rehabilitation programme | Home-based PR was carried out for 8 consecutive weeks, lasting 30-45 minutes per day and included: Endurance training Muscle strengthening Activities of daily living, walking and learning to climb stairs Compliance with the programme was evaluated every week by a team member. | Dyspnoea (Borg scale) evaluated during step test | Before: 4 (2-8) After: 3 (2-9) | |
| Who was blinded: no-one | Exclusion criteria: Contraindications to functional exercise testing Acute exacerbation of IPF Changes in therapy planned in the coming 8 weeks People not requiring oxygen therapy during exercise | A patient education programme was also implemented with a picture folder and fact sheets. | Visual Analogue Scale (total)- assessing anxiety and sense of wellbeing. | Before: 38±8 After: 42±12 p=0.004 | Large number of drop outs – 41% Generalisability – single centre No comparison group |
| Setting: Calmette Hospital (part of Lille University Hospital) | All people N: 17 began programme, 14 completed, 13 evaluable Age (mean): 67±13 Male: 9/13 (62%) Drop outs: 3 (3 presented exacerbation of fibrosis- 2 of whom died; one patient developed a gluteal abscess) | | QoL (SF-36, SGRQ & HAD) | "Perceived physical limitation during exercise as described in the SF-36 decreased after PR (P=0.047). no significant differences were observed for the other SF-36 parameters, the SGRQ or the HAD scale | |
| Duration of follow-up: 8 weeks | | | | | Additional outcomes: Cycle endurance 6 minute step test Timed up and go Nadir SpO2 Chair stands FVC, DLCO and FEV1 before and after VAS domains: impact on everyday life, treatment constraints anxiety, breathlessness, quality of sleep, physical capabilities and sense of wellbeing. |
| | | | | | Notes: Oxygen therapy was |

prescribed during exercise to improve the physical performance of the people when transcutaneous oxygen saturation measured during the 6MWT was less than 90%. The flow rate was adjusted depending on the exercise level to obtain a spO2 above or equal to 90%

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Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 72: Swigris 2011⁴⁶³

| Study Details | Population | Methods | Outcome measures | Effect size | Comments |
|-----------------------------|---|---|--|---|--|
| Swigris 2011 ⁴⁶³ | Patient group: IPF, diagnosed by ATS/ ERS criteria (2000) | All people | 6MWD (feet) | Baseline:906±111 After PR: 1108±164 Difference:202±135 P:0.01 | Funding: Dr Swigris was partly supported by National Institutes of Health Career Development Award. The study was partly supported by an award from the Mordecai Palliative Care Research Fund and partly by Colorado Clinical and Translational Science Award. Limitations: Small sample size Substantial % of drop outs |
| Country of study: USA | Inclusion criteria: Diagnosis of IPF: no identifiable cause for lung fibrosis, and UIP lung injury confirmed by the characteristic pattern on HRCT or via SLB. | PR programme consisting of 18 sessions over 6-8 weeks, in accordance with American Thoracic Society standards and based on the NETT (National Emphysema Treatment Trial Research Group) PR programme. | General anxiety disorder-7 (a 7 item questionnaire, score from 0-21, with a higher score indicating more anxiety. 5-9= mild anxiety, 10-14= moderate anxiety, 15-21= severe anxiety) | Baseline:2.7±0.8 After PR: 1.3±0.5 Difference: -1.4±0.5 P: 0.1 | |
| Study design: pilot cohort | PR not completed within the last 2 years Ability to walk | Consisted of: exercise (aerobic and resistance training, instruction on breathing techniques, pacing and energy conservation). These were individualised based on patient status and estimated ability. | Patient Health Questionnaire- 8 (8 | Baseline:3.4±0.0 After PR: 2.5±0.7 | |
| Who was blinded: no-one | Exclusion criteria: conditions that precluded the safe completion of | | | | |

| Study Details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|---|-------------------------------|---|
| Setting: 6 centres certified by the American Association of Cardiovascular and Pulmonary Rehabilitation Duration of follow-up: 6-8 weeks | PR (e.g. unstable coronary artery disease) All people N: 21 had baseline data collected, 14 had data collected after PR Drop outs: 7 (2 died with IPF exacerbation, 4 did not enrol in PR, 1 withdrew from PR due to back pain) Age (mean): 71.5±7.4 Male: 18 FVC (% predicted): 73±22 (41-113) DLCO (%): 38±13 (12-63) 6MWD (m): 906±488 (110-1755) SLB: 14 Supplemental O2, 24 h/d: 7 Supplemental O2 only on exertion: 7 Ever smoked: 13 Taking prednisone: 7 Stable coronary artery disease: 3 Systemic hypertension: 7 Osteoarthritis: 13 COPD: 7 Diabetes mellitus: 5 | The aerobic component was begun at a level to achieve a heart rate 60% of the predicted maximum for the age; intensity and duration was gradually increased to build tolerance and confidence, with the goal of reaching maximum tolerated workload during each exercise period (goal at least 30min of continuous exercise). Prior to PR as part of routine care, each subject performed walk oximetry with oxygen titration to maintain Spo2 of ≥90%. During PR Spo2 and titrated oxygen flow were monitored to ensure saturation was >89% The education component included sessions on oxygen use, medications, relaxation, psychosocial support, energy, nutrition and end of life issues. | item questionnaire from 0-24, where a higher score indicates more severe depression. 5-9=mild, 10-14= moderate, 15-19= moderately severe, 20-24= severe depression) | Difference: -0.9±0.7 P:0.2 | PR was paid for through people' insurance therefore were a highly motivated group Additional outcomes: Fatigue severity scale Pittsburgh Sleep total Notes: 7/21 people had co-existing COPD The comparison group was COPD people results taken from another trial (results not reported in this table) |
| | SF36 domain: physical functioning (mean±SE) | | Baseline: 31.9±2.4 After PR: 33.1±2.8 Difference: 1.2±2.2 P:0.6 | | |
| | SF36 domain: physical role functioning (mean±SE) | | Baseline: 36.4±2.3 After PR: 38±2.8 Difference: 1.5±2.0 P:0.5 | | |
| | SF36 domain: vitality (mean±SE) | | Baseline: 47.2±2.2 After PR: 50.8±2.6 Difference: 3.6±2.2 P:0.1 | | |
| | SF36 domain: bodily pain (mean±SE) | | Baseline: 45±2.2 After PR: 47.6±2.7 Difference: 2.7±2.7 P:0.3 | | |
| | SF36 domain: general health perceptions (mean±SE) | | Baseline: 38.3±1.7 After PR: 39.8±2.9 Difference: 1.4±2.8 P:0.6 | | |

| Study Details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|---|---|----------|
| | | | SF36 domain: social role functioning (mean±SE) | Baseline: 45.1±2 After PR: 47.1±3 Difference: 1.9±2.2 P:0.4 | |
| | | | SF36 domain: emotional role functioning (mean±SE) | Baseline: 45.7±2.6 After PR: 43.8±4 Difference: -1.9±4.3 P:0.7 | |
| | | | SF36 domain: mental health (mean±SE) | Baseline: 51.8±2 After PR: 53.3±1.4 Difference: 1.6±1.7 P:0.4 | |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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F.4 Best supportive care

F.4.1 Oxygen management

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Table 73: Crockett 2001⁹⁰ & Zielinski 2000⁵⁰⁸

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|------------------------|--|----------------|
| Crockett 2001 ⁹⁰ & Zielinski 2000 ⁵⁰⁸ | Patient group: Patients diagnosed with interstitial pulmonary Fibrosis. The patients were followed over a four year period. | Compared long-term oxygen therapy to a control, no oxygen therapy group | Mortality at 12 months | Group1: 7/37 Group 2: 8/25 p value: 0.24 | Funding: NR |
| | | | Mortality at 24 | Group1: 23/37 | Limitations: |

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| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|----------------------|---|--|
| review of Braghiroli 2000 unpublished data | (study commenced in 1988) Inclusion criteria: either gender under 79 years of age diagnosis on X-ray examination of interstitial pulmonary Fibrosis, clinically stable, not previously treated with oxygen, Arterial oxygen tension (PaO ₂) between 45-60 mm Hg (6.0-8.0 kPa) on 4 consecutive weekly determinations. Total lung capacity (TLC) was < 80% predicted | Group 1 Treatment with long-term domiciliary oxygen therapy Group 2 no oxygen therapy All patients Pharmacological treatment was kept steady for as long as possible during the study | months | Group 2: 12/25 p value: 0.27 | The method of randomisation for the study was not stated. The method of blinding was not described. However, random sampling was set up by blocks, each with six cases allocated to the treatment group and five cases to the control group Missing baseline data per group Additional outcomes: Pulmonary artery pressure, cardiac output, pulmonary vascular resistance, arterial oxygen tension for patients on oxygen and room air. Mortality at 12 months: Peto Odds Ratio (Peto, Fixed, 95% CI): 0.50 [0.15, 1.61], Mortality at 24 months: Peto Odds Ratio (Peto, Fixed, 95% CI): 1.76 [0.64, 4.86], Mortality at 3 years: Peto Odds Ratio (Peto, Fixed, 95% CI): 0.99 [0.16, 6.26] |
| | | | Mortality at 3 years | Group 1: 34/37 Group 2: 23/25 p value: 0.99 | |
| Country of study: International | Exclusion criteria: without other major causes of morbidity and mortality such as malignancy, unstable angina, or recent myocardial infarction, congestive cardiac failure, alcoholism, recent pulmonary embolism, diabetes or pregnancy. All patients N: 62 Drop outs: | Pulmonary artery catheterisation was performed using a swan-ganz thermodilution catheter. After initial measurements were taken, patients received oxygen at a flow of ≥2L/min to increase PaO ₂ to > 65mmHg. Second measurements were taken after one | | | Notes: Crockett 2001 ⁹⁰ & Zielinski 2000 ⁵⁰⁸ present the findings of the unpublished work of Braghiroli et al. information has been taken from both reviews. Results and |
| Study design: Controlled multi-centre study | | | | | |
| Who was blinded: NR | | | | | |
| Setting: NR | | | | | |
| Duration of follow-up: 3 years | | | | | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|---|----------------|------------------|-------------|---|
| | Age: 62±7 Mean vital capacity: 51±13% of predicted Ratio of FEV in the first second to the VC: 103±12% Total lung capacity: 65±18% of predicted DLCO: 43±10% of predicted Mean PaO ₂ : 54±10 mmHg Mean PaCO ₂ : 36±5 mmHg Group 1 N: 37* Age (mean): NR M/F: 17/20 Drop outs: 0 Group 2 N: 25* Age (mean): NR Drop outs: 0 M/F: 14/11 | hour of oxygen | | | information on methodology have been taken from Crockett 2001 ⁹⁰ and only information on methodology was taken from Zielinski 2000 ⁵⁰⁸ Forty nine of the patients (28 treated and 21 controls) had a diagnosis of idiopathic pulmonary fibrosis, and 13 (9 treated and 4 controls) had pulmonary fibrosis secondary to other diseases Only mortality data with both disease groups combined was provided for the included patients The effect of oxygen therapy on physiological parameters was not indicated & data on quality of life was not reported in crockett 2001 review of Braghiroli 2000 study. |

Abbreviations: M/F= male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO₂=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 74: Obi 2010³⁶¹

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|-----------------------------------|---|------------------------|--|
| Obi 2010 ³⁶¹ | Patient group: Advanced chronic lung diseases Only IPF data presented | Group 1: With Supplementary O2 | Mean difference change in 6MWD (m) between groups | 19.17 NS difference | Funding: NR |
| Design: Retrospective review | Inclusion criteria: NR | Group 2: Without O2 | Mean difference change in lowest SaO2 (%) between groups | 4.83 p= 0.05 | Limitations: Abstract only No baseline characteristics No blinding No randomisation Small sample size No description of sample given |
| Country of study: | Exclusion criteria: NR | | Dyspnoea: Mean change in Borg max (score) between groups | -1.04 p= 0.05 | |
| Setting: Inova Fairfax Hospital, VA, USA | IPF Patients N: 24 Baseline characteristics: NR Drop outs: NR | | | | |
| Duration of follow-up: Comparison of 6MWT done with and without O2 on the same day | | | | | Notes: Abstract only |

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Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 75: Swinburn 1991⁴⁶⁶

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|---|---|--|--|
| <p>Swinburn 1991⁴⁶⁶</p> <p>Country of study: UK</p> <p>Study design: Double-blinded crossover study</p> <p>Who was blinded: Patients and investigator</p> <p>Setting: Hospital inpatient ward</p> <p>Duration of follow-up: N/A</p> | <p>Patient group: ILD including cryptogenic fibrosing alveolitis (8 patients) amiodarone lung toxicity (1 patient) hypersensitivity pneumonitis (1 patient)</p> <p>All patients severely disabled by respiratory distress and breathless at rest. Each patient studied whilst a hospital inpatient and claimed subjective benefit from supplemental oxygen on the ward.</p> <p>Inclusion criteria: NR</p> <p>Exclusion criteria: NR</p> <p>All patients N: 10 Drop outs: 0 Age (SE): 56.3 (2.2) M/F: 6/4 SaO2 %: 85.5 (SE 1.7)</p> | <p>The patients were studied in a quiet room while comfortably seated with good lumbar and lateral support. Each subject received 28% oxygen or air through the same face mask using the same source flow rate (4L/min). 100% oxygen and air were supplied from gas cylinders. Arterial oxygen saturation was measured using an ear oximeter</p> <p>Measurements were made during four periods of 10 min with each gas given twice in a randomised sequence. For a run to be acceptable SaO2 had to remain stable ($\pm 1\%$) over the second 5 min of each period. A 5 min washout period during which the mask was removed separated each of the four study periods. All measurements were recorded by an assistant behind a screen. At the end of each gas breathing period immediately after the measurements were taken and before the removal of the mask the patient was asked whether the gas helped</p> | <p>SaO2, %</p> <p>Visual Analogue Scale (100mm VAS)</p> | <p>Group1: 94.7 (SE 0.9) SD: 2.85#</p> <p>Group 2: 85.5 (SE 1.7) SD:5.38# p value: <0.01</p> <p>Group1: 30.2 (SE 5.1) SD:16.13#</p> <p>Group 2: 48.1 (SE 4.4) SD:13.91# p value: <0.05</p> | <p>Funding: NR</p> <p>Limitations: Baseline VAS scores not provided Small sample Order effects Carry-over between treatments- wash out period long enough? Potential for confounding Method of randomisation not stated</p> <p>Additional outcomes: Effect of oxygen on ventilation, tidal volume, respiratory rate, and effect of oxygen on the same parameters in COAD patients</p> <p>Notes: Oxygen management Order effects were</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---|------------------|-------------|---|
| | | his/her breathing (y/n) and to record the severity of breathlessness on a 100-mm visual analogue scale with limits marked “not at all breathless” and “extremely breathless” Group 1 (oxygen) 28% oxygen by venture face mask Group 2 (air) air by venturi face mask All patients Received both gases twice | | | analysed by ANOVA #NCGC calculated |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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4 **F.4.2 Prednisolone for the palliation of cough**

5 **Table 76: Hope-Gill 2003¹⁸⁸**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|--|--|--|--|
| Hope-Gill 2003 ¹⁸⁸ Country of study: UK | Patient group: IPF patients with disabling cough (all had a visual analogue score | All patients Prednisolone 40-60 mg/day for least 4 weeks. | visual analogue scale score of cough intensity using a 10 cm scale | Baseline: 7.2±0.8 Post treatment: 2.2±2.5 p value: <0.05 | Funding: supported by a grant from lechyd morgannwg health R&D consortium. Asta Zeneca pharmaceuticals donated the omeprazole used in this study. |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|------------------|-------------|--|
| <p>Study design: Prospective cohort</p> <p>Who was blinded: NR</p> <p>Setting: NR</p> <p>Duration of follow-up: 4 weeks</p> | <p>of 5 or more on a 10cm scale)*</p> <p>Inclusion criteria: Diagnosis of IPF based on ATS criteria</p> <p>Exclusion criteria: NR** Evidence of respiratory infection within 1 month History of smoking within 1 year Post nasal drip, rhinitis, or catarrhal symptoms Symptoms of gastroesophageal reflux Asthma or respiratory disease other than IPF Angiotensin inhibitor, bronchodilator, or no steroidal anti-inflammatory drug therapy Other major systemic illness. Airway hypersensitivity</p> <p>All patients</p> | <p>All subjects were asked to grade their cough severity from 0 (no cough) to 10 (disabling) using a 10 cm visual analogue scale.</p> | | | <p>Limitations: No baseline data provided Small sample size No comparison Method of blinding not reported Indirect intervention- prednisolone used to study the cough reflex to stimulants</p> <p>Additional outcomes: Cough response to capsaicin, substance P and bradykinin. Sputum cell counts, albumin & neutrophin measurements. Results of the above for patients not treated with steroids and healthy controls.</p> <p>Notes: *Main study looked at IPF patients vs. healthy control studying the cough response to capsaicin, substance P and bradykinin. An additional 6 patients were tested before and after steroid therapy. This table reports the results for the 6 patients treated with steroids. **The exclusion criteria is stated for patients in the main study</p> <p>Patients reported to have no difference in lung function tests between these patients and those from the main study not treated with steroids Baseline lung function results for patients in main study:</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|----------------------|---------|------------------|-------------|---|
| | N: 6 Drop outs: 0 | | | | N=10 FVC % predicted: 77.43 TLC % predicted: 67.02 DLCO % predicted: 42.44 |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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4 **F.4.3 Thalidomide for the palliation of cough**

5 **Table 77: Horton 2008¹⁸⁹**

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|--|---|------------------|---|--|
| Horton 2008 ¹⁸⁹ Country of study: USA Study design: Prospective cohort Open label phase II trial Abstract Who was | Patient group: 11 patients with chronic cough Inclusion criteria: As above Exclusion criteria: NR All patients N:11 Drop outs: 5 | All patients Thalidomide administered daily in 100-400mg doses. Patients were followed with interval histories, physical examinations and quality of life questionnaires. | Cough score | Baseline:4.9±0.3 Follow up at 3 months: 2.2±1.6 P = 0.03 (data from 6 patients for who there was complete data) | Funding: NR Limitations: Abstract Limited information given on methodology, no baseline data, and post treatment Large dropout rate Additional outcomes: quantification of cough was recorded by subjects on question 2 of SGRQ |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|------------|---------|------------------|-------------|--|
| blinded: NR Setting: Hospital Duration of follow-up: 3 months | | | | | Side effects; most commonly reported adverse event was dizziness and constipation. |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

Table 78: Horton 2012¹⁹⁰

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|--|--|---|---|
| Horton 2012 ¹⁹⁰ Country of study: USA Study design: Double blind 2 treatment 2 period crossover trial | Patient group: Consecutive eligible patients between February 2008 and March 2011 Inclusion criteria: >50 years Clinical history consistent with IPF (symptom duration >3 months <5 years) chronic cough (defined by cough of more than 8 weeks duration that adversely affected QOL and was not due to identifiable causes) | All patients Patients received each treatment for 12 weeks in the crossover design with a 2 week washout period All patients began on 50mg of thalidomide orally at bedtime, the dose was increased to 100mg if not improvement in cough was seen after 2 weeks* | QOL: cough quality of life questionnaire (mean±SD) QOL: Visual analogue scale (mean±SD) | Baseline:60.5±12 Post treatment placebo:58.7±14.0 Post treatment thalidomide:47.2±13.4 Mean difference (95% CI):-11.4(-15.7to-7) P value:<0.001 Baseline:64.8±21.4 Post treatment placebo:61.9±26.5 Post treatment thalidomide:32.2±26.1 Mean difference (95% CI):-31.2(-45.2to-17.2) P value:<0.001 | Funding: Celgene corporation provided the study drug and funding but had no role in study design, conduct, analysis or manuscript Limitations: Treatment crossover was the washout period adequate Unclear allocation concealment |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|--|--------------------------------|--|--|
| <p>Who was blinded: double blind study investigators and participants</p> <p>Setting: hospital</p> <p>Duration of follow-up: 12 weeks</p> | <p>HRCT consistent with IPF or SLB results confirming interstitial pneumonia</p> <p>FVC between 40-90% predicted</p> <p>TLC between 40-80% predicted</p> <p>DLCO between 80-90% predicted at screening</p> <p>Exclusion criteria:</p> <p>Pregnancy</p> <p>Female with childbearing potential</p> <p>Toxic or environmental exposure to respiratory irritants</p> <p>Collagen vascular disease</p> <p>Airflow obstruction</p> <p>Active narcotic antitussive use</p> <p>Peripheral vascular disease</p> <p>Neuropathy</p> <p>Inability to give informed consent</p> <p>Allergy or intolerance to thalidomide</p> <p>Life expectancy less than 6 months in the opinion of investigators</p> <p>All patients</p> <p>N: 24</p> <p>Drop outs: 4(1 patient withdrew before receiving treatment, 3</p> | <p>All patients received sodium docusate 100mg orally during the trial for constipation and vitamin b complex supplement for any undiagnosed deficiency.</p> <p>Any prescription for cough was discontinued 2 weeks before the trial and no patients began benzonatate therapy or reported changes in ACEi/ARB GERD or sinus therapies during the trial.</p> | SGRQ total (mean±SD) | <p>Baseline:57.4±18.8</p> <p>Post treatment placebo:56.9±17.1</p> <p>Post treatment thalidomide: 43.9±16.0</p> <p>Mean difference (95% CI):-11.7(-18.6to-4.8)</p> <p>P value:0.001</p> | <p>Small sample size</p> <p>Single centre study</p> <p>Short duration of study</p> <p>Additional outcomes:</p> <p>Adverse events</p> <p>Notes:</p> <p>Randomisation schedula prepared by using manual algorithm. A random seed number was generated by using RAND function in excel. The pharmacist dispensing the drug was the only person who had access to the treatment.</p> <ul style="list-style-type: none"> This happened in 21/22 patient's receiving thalidomide and all placebo patients |
| | | | SGRQ symptom domain (mean±SD) | <p>Baseline:67.7±19.7</p> <p>Post treatment placebo:62±18.3</p> <p>Post treatment thalidomide: 50.3±20.9</p> <p>Mean difference (95% CI):-12.1(-22.2to-2.0)</p> <p>P value:0.018</p> | |
| | | | SGRQ impact domain (mean±SD) | <p>Baseline:48.1±20.7</p> <p>Post treatment placebo:49.0±19.4</p> <p>Post treatment thalidomide:34.3±16.1</p> <p>Mean difference (95% CI):-13.1 (-19.7to-6.6)</p> <p>P value:<0.001</p> | |
| | | | SGRQ activity domain (mean±SD) | <p>Baseline:64.3±22.7</p> <p>Post treatment placebo:65.8±18.7</p> <p>Post treatment thalidomide: 60.9±14.2</p> <p>Mean difference (95% CI):-3.3(-9.8 to-3.2)</p> <p>P value:0.31</p> | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|------------------|-------------|----------|
| | withdrew after 2 weeks due to worsening health) M:F: 18:5 Age(mean):67.6±7.8 Previous cough treatment:8 (35%) GERD:12(52%) Therapy for GERD on entry in the study proton pump inhibitor: 10(43%) Chronic sinitis: 8(34%) ACEi/ARB use: 7(30%) FVC % predicted(mean±SD):70.4±13.7 TLCO% predicted(mean±SD):63.6±11.4 DLCO% predicted(mean±SD):57.4±14.4 | | | | |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 79: Saini 2011⁴¹⁶

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| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---------------|------------|---------|------------------|-------------|----------|
| | | | | | |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|---|--|--|--|
| <p>Saini 2011⁴¹⁶</p> <p>Country of study: UK</p> <p>Study design: prospective cohort</p> <p>Who was blinded: NR</p> <p>Setting: hospital</p> <p>Duration of follow-up: NR</p> | <p>Patient group: 9 Patients referred to ILD clinic between 2009 -2011for assessment for their cough</p> <p>Inclusion criteria: Patients with IPF who had "significant cough"*</p> <p>Exclusion criteria:</p> <p>All patients N: 6 (4 IPF, 1 hypersensitivity pneumonitis, 1 fibrotic cryptogenic organising pneumonia) Drop outs: NR Male: 72% Age (mean (range)): 69 (51-88)</p> | <p>All patients Treated with thalidomide – no details of starting dosages given ("two patients are currently stable on 50mg once daily and 1 with 50mg alternate daily")*</p> | <p>Cough score: (Leicester cough questionnaire) Median (IQR)</p> | <p>Baseline (pre-thalidomide): 74.5(13.25)</p> <p>Post-treatment: 51.5(49.25)</p> <p>P=0.046</p> | <p>Funding: NR</p> <p>Limitations: Abstract limited information on methodology and results, baseline data, treatment and post treatment. All patients had been treated with other drugs for cough before starting thalidomide therapy, no washout period stated</p> <p>Additional outcomes: None</p> <p>Notes: *the 9 patients who were initially referred for assessment were assessed using a modified version of Leicester cough questionnaire in conjunction with subjective symptoms. A trial of PPI (omeprazole 40mg) and prednisolone 10mg for 6 weeks – two subjects were excluded as they did not have a significant cough and one patient declined thalidomide after initial screening. *3 patients stopped thalidomide subsequent to rash.</p> |

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Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

1 F.4.4 Morphine for the palliation of breathlessness

2 Table 80: Currow 2011⁹¹

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|--|--|--|--|---|--|
| <p>Currow 2011⁹¹</p> <p>Country of study: Australia</p> <p>Study design: Cohort. Phase II was an open-label prospective study</p> <p>Who was blinded: N/A</p> <p>Setting: outpatients from 4 tertiary university teaching hospitals in two states</p> | <p>Patient group: Patients with a palliative diagnosis (only ILD reported in this table). Recruited from 4 tertiary university hospitals between July 2007- October 2009.</p> <p>Inclusion criteria: Opioid-naïve Palliative diagnosis Age ≥ 18 years Ongoing dyspnoea (3 or 4 on the modified Medical Research Council [MMRC] Dyspnoea Scale) Any underlying reversible causes of dyspnoea must have been maximally treated On stable medications and oxygen (if required) for the seven days before commencing the study, with an estimated prognosis of > 1 month.</p> <p>Exclusion criteria: Regular use of any opioid medication in the 2 weeks before</p> | <p>All patients N= 10</p> <p>3 week titration period. Received 10mg daily of sustained-release morphine sulphate, which was increased in non-responders by 10mg daily each week to a maximum of 30mg daily. Administered with laxatives (sodium docusate with sennosides). The participant was withdrawn if there were unacceptable side effects or no response to maximum dose.</p> <p>Morning and evening dyspnoea VAS scores were recorded on days 5-7 of each seven-day week (i.e. during steady-state) were averaged and contributed to assessments of the number of people who responded to morphine and the dose at which they responded; an individual</p> | <p>VAS intensity of dyspnoea at baseline</p> <p>100mm VAS scale “right now” (hence, at rest) anchored at 0mm as “no breathlessness” and at 100mm as “worst imaginable breathlessness”.</p> <p>Participants recorded dyspnoea twice daily in a purpose-printed diary.</p> | <p>Baseline Average: 44.8 SD: 15.4 Range: 18-61</p> <p>Difference- first and last measured VAS in Phase II Average: 3.2 SD: 32.7 Range: -33 to 46</p> | <p>Funding: National Health and Medical Research Council</p> <p>Limitations: Small sample size</p> <p>Additional outcomes: Improvement in dyspnoea (VAS scale) for COPD and cancer.</p> <p>Side effects Participant ranked ‘physical symptoms or problems that have been the biggest problem for you over the past two days’ (McGill Quality of life questionnaire) data not reported for ILD separately</p> <p>Indirect intervention results taken from phase II of a pharmacovigilance study</p> |

| Study details | Population | Methods | Outcome measures | Effect size | Comments |
|---|---|---|------------------|-------------|---|
| of Australia Duration of follow-up: N/A | screening A true hypersensitivity reaction to opioids History of substance misuse Use of monoamine oxidase inhibitors in the last 2 weeks Functional status <50 on the Australian –modified Karnofsky Performance Scale (AKPS) A calculated creatinine clearance of <15mL/ min Pregnancy Confusion (< 24/30 on a Mini Mental State Examination) Unwilling/ unable to complete the study measures. All patients N: 83 (total), 10 ILD Drop outs: 4 (toxicity), 2 (other reason) 4 patients proceeded to Phase IV | improvement of 10% over baseline was considered, a priori, as a clinically significant improvement. | | | Notes: Phase II part of study only Study withdrawal initiated at any time by the participant. Other reason included AKPS falling below 30, sudden increase dyspnoea, or participant death. |

Abbreviations: M/F=male/female, N=total number of people randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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1 **F.5 Pharmacological interventions**

2 **F.5.1 Warfarin vs. Placebo**

3 **Table 81: Noth 2012³⁵⁷**

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|--|--|---|--|
| <p>Noth 2012³⁵⁷</p> <p>Comparison: Warfarin versus placebo</p> <p>Setting: Multicentre trial; 22 centres in the USA</p> <p>Duration of follow-up: 48 weeks planned; Study was stopped by Independent safety and monitoring board with a mean follow up of 28 weeks</p> <p>Design: Parallel group</p> | <p>Patient group: Patients aged 35 to 80 meeting ATS/ERS diagnostic criteria for IPF</p> <p>Inclusion criteria: Progressive IPF patients i.e. those with a history of 1) worsening dyspnoea or 2) physiologic deterioration defined as an absolute of either FVC \geq 10% or DLCO \geq 15%, progression of radiographic findings a reduction in SaO₂ of \geq 5%. Patients must be willing to do home INR testing.</p> <p>Exclusion criteria: Current indication for or treatment with warfarin, prasugrel, or clopidogrel combined with aspirin; presence of an increased</p> | <p>Group 1: (n=72) Oral warfarin dose adjusted to maintain an INR of 2-3</p> <p>Group 2: (n=73) Sham dose adjusted placebo</p> | All-cause mortality at trial stop (RR) | Group 1: 14 Group 2: 3 RR [95%CI]: 4.73 [1.42, 15.77] p=0.01 | Funding: Unclear Limitations: |
| | | | Combined all-cause mortality and non-elective non bleeding hospitalisations at trial stop (RR) | Group 1: 21 Group 2: 10 RR [95%CI]: 2.13 [1.08, 4.20] p=0.03 | All disclosures on online appendix and not presented in paper |
| | | | Respiratory cause mortality at trial end (RR) | Group 1: 11 Group 2: 3 RR [95%CI]: 3.72 [1.08, 12.77] p=0.04 | High risk of attrition bias as trial stopped prior to completion for safety thus all available results analysed together and high overall dropout rate |
| | | | Cardiac cause mortality at trial end (RR) | Group 1: 3 Group 2: 0 NS difference | |
| | | | All-cause mortality at trial stop (HR) | HR: 4.85 SE: | Additional outcomes: |
| | | | Combined all-cause mortality and non- | HR:2.12 | Plasma D-Dimer levels |
| | | | | | |

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|--|--|---|---|--------|
| <p>risk of bleeding; a recent CVA or GI bleed; any signs and symptoms of a severe, progressive or uncontrolled comorbid illness; presence on active list for lung transplantation.</p> <p>All patients N:145 Age (mean): 67 Male/female (%): 63/27 Mean predicted FVC (%): 59 Mean predicted DLCO (%): 34 Drop outs:</p> <p>Group 1: N: 72 Age (mean): 67.3 +/- 7.1 Male/female (%): 67/33 FVC, % predicted (mean +/- SD): 58.9 +/- 16.2 DLCO % predicted (mean +/- SD): 33.8 +/- 12.4 Drop outs:</p> <p>Group 2: N: 73 Age (mean): 66.7 +/- 7.4</p> | | elective non bleeding hospitalisations at trial stop (HR) | SE: | Notes: |
| | | Change in 6MWD (m),FVC (%) and DLCO (%)at 48 weeks (extrapolated) | Non-significant difference between groups reported in text narrative. No data given | |
| | | QoL | Non-significant between groups reported in text narrative. No data given | |
| | | Number of participants with IPF exacerbations at trial end | Group 1: 6 Group 2: 2 Non-significant difference | |
| | | Number of participants with major bleeds at trial end | Group 1: 2 Group 2: 1 Non-significant difference | |
| | | Number of participants with minor bleeds at trial end | Group 1: 6 Group 2: 2 Non-significant difference | |
| | | 1 and 3 year survival rate | NR | |
| | | Hospitalisations due to IPF | NR | |
| | | Dyspnoea | NR | |

| | | | | | |
|---|--|--|--|--|--|
| Male/female (%): 79/21 FVC, % predicted (mean +/- SD): 58.7 +/- 16.1 DLCO % predicted (mean +/- SD): 34.6 +/-13.4 Drop outs: NS differences in baseline populations | | | | | |
|---|--|--|--|--|--|

1 Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood , DLCO=Carbon
2 monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical,
3 radiologic, physiological score, ACA= available case analysis

4 **F.5.2 Warfarin & prednisolone vs. Prednisolone**

5 **Table 82: Kubo 2005²⁵⁴**

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|---|--|---|--|
| Kubo 2005 ²⁵⁴ Comparison Warfarin + oral prednisolone vs oral prednisolone Setting: Hospitalised patients Duration of follow-up: 3 years? | Patient group: Patients with diagnosis of IPF admitted to hospital Inclusion criteria: diagnosis of IPF, deterioration of IPF to varying degrees despite conventional treatment without prednisolone, non-smoker Exclusion criteria: clinical or serological evidence of | Group 1- anticoagulant group Oral prednisolone + oral warfarin Oral prednisolone administered same schedule as group 2 Oral warfarin was administered such that the INR value was maintained between 2-3. Group 2 | Mortality | Group1: 5/23 Group 2: 20/33 p value: 0.6 | Funding: NR Limitations: -allocation concealment NR - large dropout rate from intervention group: 6 withdrew because they were afraid of side effects and disliked the extra blood tests |
| | | | Hospitalisations due to IPF (acute?) exacerbations | Group1: 11/15 Group 2: 21/29 p value: NR | |
| | | | Denominator= number of hospitalisations | | |
| | | | 1 year survival rates | Group1: 87% 29/30 (97%) Group 2: 58% 13/23 (57%) p value: (If no p-value: | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---|-----------------------|---|---|
| | collagen vascular disease, history of exposure to fibrogenic agents, active infection, malignancy, haemoptysis, hypersensitive pneumonitis, GI bleeding, or ARDS. Obvious signs of existing PE, pulmonary hypertension due to pulmonary thromboembolism, or phlebitis by colour Doppler ultrasonography or enhanced CT | Oral prednisolone 0.5 – 1.0 mg/kg/d for 4 weeks, subsequent tapering of dose to 10 – 20 mg/day over a 1 month period. | | Sig/Not sig/NR) | -Not double blind? |
| | | | 3 year survival rates | Group1: 63% (21/30) Group 2: 35% (8/23) p value: NR | -all participants non-smokers (IPF associated with smoking) |
| | | | Lung capacity | NR | -hospitalised patients- bias towards acutely ill or deteriorating patients- high % of exacerbations, short median survival |
| | | | Gas transfer | NR | |
| | | | Health-related QoL | NR | |
| | | | Adverse events | NR | -no patient group treated with anticoagulant alone |
| | | | Dyspnoea | NR | |
| | All patients N: 56 Age (mean): 69.4 (47-89) Drop outs: Group 1-anticoagulant N: 31 Age (mean): 71.3 (10.6) Drop outs: 8 Male/female:14/9 Method of diagnosis: -open lung biopsy:4 -transbronchial biopsy: 8 -HRCT: 23 | | | | Additional outcomes: -plasma d-dimer HR for death in non-anticoagulant group compared to anticoagulant group 2.9 (1.0 -8.0) p=0.04 -number of re-hospitalisations -cause of re-hospitalisations -rehospitalisation free period |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|------------------|-------------|--|
| | <p>Clinical condition: -hugh jones score: 3.3 (0.5) -need for supplemental oxygen:11 Pulmonary function: -%FVC: 70 (10) -PaO2: 69 (13) -DLCO, % predicted: 59 (15) - Plasma d-dimer:2.1 (1.6)</p> <p>Group 2 N: 33 Age (mean): 68.1 (9.7) Drop outs: Male/female: 17/16 Method of diagnosis: -open lung biopsy:5 -transbronchial biopsy: 12 -HRCT: 13 Clinical condition: -hugh jones score:3 (1) -need for supplemental oxygen:11 Pulmonary function: -%FVC:71 (17) -PaO2:73(9) -DLCO, % predicted: 63</p> | | | | <p>Notes: -diagnosis of IPF determined previously by histologic evaluation of open lung biopsy or transbronchial lung biopsy specimens or radiologic evaluation using HRCT, or both. Diagnosis by radiologist blinded - random number tables for randomisation</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|-----------------------------------|---------|------------------|-------------|----------|
| | (14) -Plasma d-dimer:1.9 (1.3) | | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical, radiologic, physiological score, ACA= available case analysis

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4 **F.5.3 Sildenafil vs. Placebo**

5 **Table 83: Jackson 2010²⁰⁴**

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|---|--|---|--|
| Jackson 2010 ²⁰⁴ Country of study: USA Study design: single-centre, double blind, placebo-controlled trial (RCT) Who was blinded: Treatment assignments | Patient group: Typical patients with IPF, who fulfilled the clinical diagnostic criteria of the American Thoracic and European Respiratory Societies. Subjects recruited from August 2006 to November 2008. Inclusion criteria: <ul style="list-style-type: none"> • IPF onset between 3 -36 months before screening • Diagnosis must be made by HRCT scan showing definite / probable IPF and VATS lung biopsy showing definite/ probable UIP • RVSP or PAsys 25–50 mmHg, based on echocardiography and absence of decompensated right heart failure (NYHA class I or II acceptable) • Age 21 -85 years, inclusive. Patients aged 21–40 years must have diagnosis by open or video-assisted thorascopic surgery lung biopsy | Group 1 Subjects were treated with sildenafil citrate tablets orally in an escalating dose schedule: 20 mg daily for 3 days, 20 mg twice daily for 3 days, and then 20 mg three times daily for the remainder of the trial. Patients took the study drug at home after receiving verbal and written | 6MWD: metres (Approximation read off graph) (Mean ±SD) Lung capacity FVC (% of predicted value) (mean change ± SD) Gas transfer DLCO (% of predicted value) (mean change ± SD) Dyspnoea: 10 point Borg scale (after exercise stress test) | Group1: 330 ±40 Group 2: 355±80 Relative risk [95% CI]: NR p value: NR Group1: -4 ± 14.2 Group 2: -5.3 ± 9.8 Relative risk [95% CI]: NR p value: 0.79 Group1: -6.1 ± 10.6 Group 2: -2.5 ± 8.4 Relative risk [95% CI]: NR p value: 0.341 Group1: 4.3±1.5 Group 2: 3.6±1.6 Relative risk [95% | Funding: Supported by a grant from the Veterans Administration Research Service. Pfizer UK provided sildenafil and placebo donation. Limitations: <ul style="list-style-type: none"> • Unclear allocation concealment • Small sample size • Study of short duration • 21.4% drop out rate in placebo arm |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|------------------------|---|---|------------------------------------|---|---|
| and personnel | <ul style="list-style-type: none"> FVC 40–90% predicted or DLCO 30–90% predicted or impaired gas exchange with rest or exercise 6MWT (distance) ≥150 m and ≤500 m Worsening of one of the following in the last year :>10% decrease in percent predicted FVC or worsening dyspnoea at rest/ on exertion Ability to understand and sign a written informed consent form and comply with the requirements of the study Absence of clinical features suggesting infection, neoplasm, sarcoidosis, collagen-vascular disease or exposure to known fibrogenic environmental factors <p>Exclusion criteria:</p> <ul style="list-style-type: none"> PAsys>50 mmHg, based on echocardiography or TR velocity≥ 3.2 m/s Severe heart failure (NYHA class III or IV or LVEF<25%) 6MWD <150 m />500 m FEV1/FVC ratio <0.5 at screening (post-bronchodilator) Residual volume>120% predicted Any condition other than IPF likely to result in the death of the patient within 2 years History of unstable or deteriorating cardiac or neurologic disease Pregnancy or lactation. | instruction Group 2 Identical placebo | (Mean ±SD) | CI]:NR p value: 0.202 | Additional outcomes: <ul style="list-style-type: none"> Exercise stress test times before and after intervention. PFTs; TLC, RVSP, SaO2 <p>Notes: Randomly assigned, in a ratio as close as 1:1 as possible, used blocked randomization, with varying size of the blocks</p> <p>Double blind. Active and placebo compounds were identically packaged and labelled. Study personnel involved in obtaining 6MWT were blinded to adverse events, symptoms, and possible side effects. Treatment assignments were unblinded only at the completion of the</p> |
| Setting: | | | Adverse events: chest pain | Group1: 1/14 Group 2: 0/15 Relative risk [95% CI]:NR p value: NR | |
| Clinical | | | Adverse events: facial flushing | Group1: 1/14 Group 2: 1/15 Relative risk [95% CI]:NR p value: NR | |
| Duration of follow-up: | | | Adverse events: visual disturbance | Group1: 1/14 Group 2: 0/15 Relative risk [95% CI]:NR p value: NR | |
| 6 months | | | | | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|------------------|-------------|---|
| | <ul style="list-style-type: none"> • Current treatment with corticosteroids (oral or inhaled), Cytoxan, azathioprine, 241nblended241s, pirfenidone, interferon gamma or beta, anti-tumour necrosis factor therapy, or with endothelin receptor blockers. There must be at least 4 weeks of treatment washout before inclusion in this study • Investigational therapy for any indication within 28 days before treatment • Creatinine>1.5 9 upper limit of normal at screening • WBC<2,500/mm³ or neutrophil count<1500, hematocrit<30% or>59%, platelets<100,000/mm³ at screening • Total bilirubin >2.0 X upper limit of normal; aspartate or alanine aminotransferases (AST, SGOT or ALT, SGPT) >3 X upper limit of normal; alkaline phosphatase>3 X upper limit of normal; albumin <3.0 mg/dl at screening • Degenerative arthritis, cerebrovascular accident, or other limitation to mobility preventing completion of the 6MWT • Oxygen saturation on room air<80% at rest <p>All patients N: 29 Age (mean): NR Drop outs: 4</p> <p>Group 1</p> | | | | <p>study.</p> <p>Statistical analyses were performed on intent-to treat basis. All statistical tests were two-sided tests at a nominal 5% level of significance.</p> <p>Drug compliance ranged from 89%-100%.for the sildenafil and placebo groups respectively</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|------------------|-------------|----------|
| | N: 14 Age (mean): 70 ± 12.1 Drop outs: 3 Baseline 6MWD (mean ±SD): 333.9 ± 68.8 Predicted FVC (mean ±SD): 62.2 ± 16.7 Predicted DLCO (mean ±SD): 40.4 ± 7.9 Borg dyspnoea scores (after exercise stress test)(mean ±SD): 3.6±1.6 Group 2 N: 15 Age (mean± SD): 71 ± 6.2 Drop outs: 1 Baseline 6MWD (mean ±SD): 358.8 ± 72.2 Predicted FVC (mean ±SD): 62.7 ± 10.3 Predicted DLCO (mean ±SD): 43.5 ± 9.4 Borg dyspnoea scores (after exercise stress test) (mean ±SD): 4.1 ±2.1 | | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood , DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical, radiologic, physiological score, ACA= available case analysis

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Table 84: Zisman 2010⁵¹¹

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| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|---|---|---|--|
| Zisman 2010 ⁵¹¹ Country of | Patient group: Diagnosed with advanced IPF according to consensus criteria* | Period 1 Group 1 20 mg of sildenafil 3 times a day, daily | 6MWD: Improvement in the 6-minute walk distance of | Group1: 9/89 (10%) Group 2: 6/91 (7%) Relative risk [95% CI]:NR | Funding: National Heart, Lung and Blood Institute (NHLBI) Cowlin Fund at the Chicago community |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|--|--|---|--|--|
| <p>study: USA</p> <p>Study design: Multi-center, randomized, double-blind, placebo-controlled period (period 1), followed by open-label period (period 2).</p> <p>Who was blinded: Double-blind</p> <p>Setting: Clinical 14 IPFnet centres</p> <p>Duration of follow-up: 12 weeks</p> | <p>Inclusion criteria: Diagnosis of IPF, as defined by consensus criteria*, in an advanced stage, which was defined as a diffusing capacity for carbon monoxide of <35% of the predicted value.</p> <p>Exclusion criteria:</p> <ul style="list-style-type: none"> 6MWD <50m (164 ft) A difference of more than 15% in the 6MWD between two pre-randomization walks; Extent of emphysema greater than the extent of fibrotic change, determined by HRCT; Treatment with medications containing nitrates The presence of aortic stenosis/idiopathic hypertrophic subaortic stenosis; The initiation of pulmonary rehabilitation within 30 days after screening; The initiation or change in the dose of any investigational treatment for idiopathic pulmonary fibrosis within 30 days after screening; Treatment for pulmonary hypertension with prostaglandins, endothelin-1 antagonists, or other | <p>for 12 weeks, then 20 mg of sildenafil 3 times a day, daily for 12 weeks</p> <p>Group 2 matched placebo</p> <p>Period 2 All subjects took part in a second 12-week open-label phase of the protocol once they had completed the first period. This second study period assigned all subjects to sildenafil 20 mg 3 times daily and evaluated the short-term effects of treatment and longer-term (24-week) safety profile</p> | <p>20% or more over baseline</p> <p>Dyspnoea: Shortness of breath questionnaire – mean change (95% CI) (higher score indicates worse function)</p> <p>Dyspnoea: Score on Borg Dyspnoea Index after walk test– mean change (95% CI) (higher score indicates worse function)</p> <p>Quality of life: St Georges Respiratory Questionnaire, total score – mean change (95% CI) (higher score indicates worse function)</p> <p>Quality of life: EQ-5D self-</p> | <p>p value: 0.39</p> <p>Group1: 0.22 (-3.10 to 3.54) SD: 15.76* Group 2: 6.81 (3.53 to 10.08) SD: 17.45* #Absolute difference: -6.58 (-11.25 to -1.92) p value: 0.006</p> <p>Group1: 0.04(-0.30 to 0.37) SD: 1.76* Group 2: 0.37(0.04 to 0.70) SD: 1.58* #Absolute difference:-0.34 (-0.81 to 0.14) p value: 0.16</p> <p>Group1: -1.64 (-3.91 to 0.64) SD: 10.8* Group 2: 2.45 (0.17 to 4.72) SD: 10.92* #Absolute difference: -4.08 (-7.30 to -0.86) p value: 0.01</p> <p>Group1: -0.01 (-0.06 to 0.03)</p> | <p>Trust Pfizer (donated sildenafil and matching placebo) Masimo (donated pulse oximeters)</p> <p>Limitations:</p> <ul style="list-style-type: none"> Blinding not reported Findings are applicable only to patients with advanced idiopathic pulmonary fibrosis Unknown whether the treatment effect was driven by a particular subgroup of patients (e.g., those with more severe pulmonary vascular disease) Small sample size Study of short duration improvements in subjective outcomes, such as quality of life, may be due to incomplete masking SD have not been reported for all outcomes <p>Additional outcomes:</p> <ul style="list-style-type: none"> PFT; partial pressure of oxygen, partial pressure of carbon dioxide, alveolar-arterial gradient, arterial oxygen saturation. Acute exacerbations Quality of life: SF-36 |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|--|--|--|
| | <p>phosphodiesterase inhibitors within 30 days after screening;</p> <ul style="list-style-type: none"> A resting SpO2 < 92% while breathing 6 litres of supplemental oxygen; Listed for lung transplantation <p>All patients N: 180 Age (mean): 69 Drop outs: 14 M/F: 83%/17% Baseline 6MWD (mean): 265m Predicted FVC (mean): 56.8% Predicted DLCO (mean):26.3%</p> <p>Group 1 N: 89 Age (mean): 69.76 ± 8.71 Drop outs: 8 (4 adverse event 2 died 2 lost to follow up) M/F: 73 (82%)/16(18%) Baseline 6MWD (mean): 246.39m ±103.40m Predicted FVC (mean): 54.89% ±14.00% Predicted DLCO (mean): 25.81% ±6.03%</p> <p>Group 2</p> | | <p>report questionnaire mean change (95% CI)</p> <p>Lung capacity: FVC (% of predicted value) –mean change (95% CI)</p> <p>Gas transfer DLCO (% of predicted value)–mean change (95% CI)</p> <p>Mortality (Death from any cause)</p> | <p>Group 2: –0.03 (–0.08 to 0.01) #Absolute difference: 0.02 (–0.04 to 0.08) p value: 0.54</p> <p>Group1: -0.97 (-2.00 to 0.06) SD: 4.89* Group 2: -1.29 (-2.30 to -0.28) SD:4.85* #Absolute difference:0.32 (-1.12 to 1.76) p value: 0.66</p> <p>Group1: -0.33 (-1.36 to 0.71) SD: 4.91* Group 2: -1.86 (-2.91 to -0.83) SD: 4.99* #Absolute difference: 1.55 (0.08 to 3.01) p value: 0.04</p> <p>Group1: 2/89 (2%) Group 2: 4/91 (4%) Relative risk [95% CI]: NR</p> | <ul style="list-style-type: none"> Quality of life: EQ-5D visual-analogue scale <p>Notes: Supplementary Appendix: http://www.nejm.org/doi/suppl/10.1056/NEJMoa1002110/suppl_file/nejmoa1002110_appendix.pdf</p> <p>Randomisation: 1:1 with the use of a permuted block design, with stratification according to clinical centre. Calculations based on chi squared test of equal proportions Intention to treat analysis - patients were deemed to have had no response if the rate of improvement was less than 20% at 12 weeks or if they died, withdrew from the study, or had missing data</p> <p>All P values are two-sided, and no adjustment has been made for multiple comparisons</p> <p>*Consensus criteria: The presence of all major criteria and 3 of the 4 minor criteria are required to meet study criteria for the diagnosis of IPF. Major Criteria 1. Clinical: exclusion of other known causes</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|---|---|---|
| | N: 91 Age (mean): 68.20 ± 9.25 Drop outs: 6 (4 adverse events 1, died, 1 underwent lung transplantation) M/F: 77(84%)/14(16%) Baseline 6MWD (mean): 269.55m ±129.83m Predicted FVC (mean): 58.73% ±14.12% Predicted DLCO (mean): 26.73% ±6.16% | | Adverse events (all adverse events classed as 'serious'): coronary artery disease | p value: 0.43 Group1: 0/89(0%) Group 2: 1/91 (1.1%) Relative risk [95% CI]:NR p value: NR | (connective tissue diseases, environmental and drug exposures) of ILD 2. Physiologic: restriction on pulmonary function testing (PFT) and/or evidence of impaired gas exchange (decreased DLCO or increased alveolar-arterial partial pressure of oxygen difference [A-aPO ₂] at rest or with exercise) 3. Radiographic: HRCT with bibasilar reticular abnormality and honeycomb change with minimal ground glass opacities Minor Criteria 1. Age > 50 years 2. Insidious onset of unexplained dyspnoea 3. Duration of illness for ≥ 3 months 4. Bibasilar, inspiratory crackles # Absolute difference: this value is the absolute difference between sildenafil group and the placebo group in the change from baseline *Calculated by NCGC |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO₂=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical, radiologic, physiological score, ACA= available case analysis

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1 **F.5.4 Bosentan vs. Placebo**2 **Table 85: KING2008A²³⁶**

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|--|---|--|---|
| KING2008A ²³⁶ Country of study: International Europe; Germany, France, UK, Italy Switzerland. USA, Canada and Israel Study design: RCT International prospective double blind randomised placebo-controlled, parallel group study Who was blinded: | Patient group: Patients with proven diagnosis of IPF Inclusion criteria: <ul style="list-style-type: none"> Patients with proven diagnosis of IPF made within the last 3 years before enrolment according to ATS/ERS consensus guidelines (2000/2002). In addition to clinical evaluation HRCT scan within the previous 3 months was used to give definitive diagnosis however if this couldn't be confirmed with HRCT a lung biopsy was mandatory to confirm histopathological diagnosis of UIP <ul style="list-style-type: none"> Duration of illness 3 months or more Baseline 6MWD between 150-499m Exclusion criteria: <ul style="list-style-type: none"> ILD due to conditions other than IPF, Severe restrictive lung disease (FVC <50% predicted, DLCO, corrected for haemoglobin level < 30% predicted, or RV ≥120%), Obstructive lung disease (FEV1/FVC<65%), echocardiographic evidence of severe pulmonary hypertension (systolic pulmonary pressure ≥50 mm Hg or tricuspid | Group 1 Oral bosentan 62.5mg twice daily for 4 weeks, untitrated to bosentan 125mg twice daily thereafter (target dose) Patients unable to tolerate the target dose could be maintained on bosentan 62.5mg twice daily. Group 2 matching placebo | Exercise capacity 6MWT (Mean change in m from baseline up to 12 months ±SD) | Group1: -52± 121 Group 2: -34 ± 127 Relative risk [95% CI]:NR p value: 0.226 | Funding: Supported by Actelion Pharmaceuticals Ltd, Allschwil, Switzerland Limitations: Allocation concealment unclear These results include data on patients who did not complete 12 months of treatment and for whom either a last observation carried forward or an imputed value of zero was used in the analysis Additional outcomes: Time to disease progression or death up to Month 12. Changes in PFT scores at month 12, categorised in to |
| | | | Dyspnoea scores Transition Dyspnoea Index | Group1: -1.7 Group 2: -2.6 Relative risk [95% CI]: NR p value: 0.292 | |
| | | | Quality of life: St Georges Respiratory Questionnaire, total score – At 6 months 12 month data not shown – “differences continued to favour bosentan but were smaller” | Group1: 45.0 ± 21.3 Group 2: 47.8 ± 21.7 Relative risk [95% CI]:NR p value: 0.034 | |
| | | | Lung capacity FVC (% of predicted value) (Mean absolute change from baseline up to 12 months) | Group1: -6.4 Group 2: -7.7 Relative risk [95% CI]: NR p value: NR | |
| | | | Gas transfer DLCO (% of predicted | Group1: -4.3 Group 2: -5.8 | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|---------|--|---|--|
| Setting: Clinical Duration of follow-up: 12 months | regurgitation velocity $\geq 3.2\text{m/s}$, <ul style="list-style-type: none"> Severe congestive heart failure, or a terminal (expected survival <1 yr) concomitant illness. FVC of 90% predicted or resting Pao₂ of less than 55 mmHg (sea level) or 50 mmHg (above 1,400m), Haemoglobin concentration less than 75% of the lower limit of normal, Systolic blood pressure less than 85 mmHg, Moderate to severe hepatic impairment and serum creatinine of 2.5 mg/dl or greater. Concomitant treatment with immunosuppressive, cytotoxic drugs or other investigational agents was not allowed, except corticosteroid therapy of 15 mg or less of prednisone or equivalent. Other prohibited drugs: Calcineurin inhibitors fluconazole and glyburide, due to potential interactions with bosentan. All patients N:154 Age (mean \pm SD): Drop outs: 45 M/F: 112(73%)/42 (27%) Group 1 N: 71 Age (mean \pm SD): 65.3 \pm 8.4 Drop outs: 22 | | value) (Mean absolute change from baseline up to 12 months) Adverse events: abnormal LFTs | Relative risk [95% CI]: NR p value: NR Group1: 9/74 (12.2%) Group 2: 0/84 (0%) Relative risk [95% CI]:NR p value: NR | worsened and improved Notes: Within 4 weeks of screening eligible patients were randomised 1:1 Patients completing 12 months of double blind therapy continued treatment until the end of the study. Which was when the last patient randomised to study medication and not prematurely discontinued completed a full 12 months of treatment. |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|------------------|-------------|----------|
| | M/F: 49 (69%)/22 (31%) Baseline 6MWD (mean ±SD): 375 ± 92 Predicted FVC (mean ±SD): 65.9 ±10.5 Predicted DLCO (mean ±SD): 42.3 ± 9.5 Group 2 N: 83 Age (mean ±SD): 65.1 ± 9.1 Drop outs: 23 M/F: 63 (76%)/20 (24%) Baseline 6MWD (mean ±SD): 372 ± 74 Predicted FVC (mean ±SD): 69.5 ± 12.6 Predicted DLCO (mean ±SD): 41.4 ± 9.5 | | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical, radiologic, physiological score, ACA= available case analysis

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Table 86: King 2011²³⁹

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| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|---|--|--|---|
| King 2011 ²³⁹ Country of study: Australia, Canada, Israel, Japan, South Korea, the United States, and | Patient group: As below Inclusion criteria: men and women aged 18 years or older with a proven diagnosis of IPF according to the American Thoracic Society/ European Respiratory Society | Group 1 Patients received an initial dose of 62.5 mg twice daily, up-titrated after 4 weeks to a target dose of 125 mg twice daily (or remaining at 62.5 mg twice daily if body weight < 40 kg). Patients unable to | QOL: SF-36 General health perceptions | Group1 :n=376 Baseline: 52.1 ± 21.5 1 year: 47.4 ± 24.1 Group 2: n=196 Baseline: 48.7 ± 20.0 1 year: 46.9 ± 22.9 Relative risk [95% CI]: NR Baseline: -2.9 1 year: -6.5, 0.6 | Funding: Funding was provided by Actelion Pharmaceuticals Ltd (Allschwil, Switzerland). Colleagues from Actelion Pharmaceuticals Ltd participated in the study design, the collection, analysis, and the interpretation of data. Funding for medical writing |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|--|--|---|--|
| 13 countries in Europe | statement, of less than 3 years' duration, and with diagnosis confirmed by surgical lung biopsy | tolerate target dose could be maintained on initial dose | | p value: NR | assistance during the preparation of this manuscript was provided by Actelion Pharmaceuticals Ltd Limitations: None Additional outcomes: None Notes: Eligible patients were randomized 2:1 to receive oral bosentan or matching placebo, respectively. Intention to treat analysis performed, Patients were assessed at baseline, at randomization, and every 4 months thereafter until BUILD-3 End of Study, which was scheduled to be declared when 202 primary endpoint events were confirmed. In cases of premature discontinuation of study treatment, patients underwent an End of Study Treatment assessment and |
| Study design: prospective, multicentre, randomised, double-blind, placebo-controlled, parallel-group, event-driven, morbidity–mortality trial | Exclusion criteria: Severe concomitant illness limiting life expectancy (<1 year); severe restrictive lung disease (forced vital capacity [FVC] <50% of predicted or <1.2 L [formula reported in E1], diffusing capacity for carbon monoxide [DLCO] <30% of predicted or residual volume [RV] ≥120% of obstructive lung disease (forced expiratory volume in 1 second [FEV1] ÷ FVC <0.65); a documented, sustained improvement in IPF up to 12 months prior to randomisation; recent pulmonary or upper respiratory tract infection (≤4 weeks prior to randomisation); acute or chronic impairment (other than dyspnoea) limiting ability to comply with study requirements; chronic heart failure; serum levels of alanine aminotransferase or aspartate aminotransferase >1.5 × upper limit of normal; moderate-to-severe hepatic impairment; and, serum creatinine ≥2.5 mg·dL–1. | Group 2 matching placebo | Dyspnoea Transition dyspnoea index at 1 year | Group1: –1.7 ± 3.5 N= 383 Group 2: –1.7 ± 3.6 N= 199 Relative risk [95% CI]: 0.1 (–0.5, 0.7) p value: NR | |
| Who was blinded: (if RCT) | | | Mortality | Group1: 11/407 Group 2: 6/209 Relative risk [95% CI]: NR p value: NR | |
| Setting: teaching and community hospitals | | | Adverse events (observed in ≥5% of bosentan treated patients): abnormal LFTs | Group1: 30/406 (7.4%) Group 2: 0/209 (0%) Relative risk [95% CI]: NR p value: NR | |
| Duration of follow-up: 1 year | | | Adverse events (observed in ≥5% of bosentan treated patients): drug hypersensitivity | Group1: 1/406 (7.4%) Group 2: 0/209 (0%) Relative risk [95% CI]: NR p value: NR | |
| | | | Time to IPF worsening (excluding death). | HR (95% CI): 0.85 (0.654-1.107) | |
| | | | Time to death up to BUILD-3 End of Study. | HR (95% CI): 1.039 (0.6-1.798) | |
| | | | | | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|------------------|-------------|--|
| | <p>Also patients were not enrolled if, within 4 weeks preceding randomization, they received chronic treatment for IPF with: oral corticosteroids (>20 mg per day prednisone or equivalent), immunosuppressive or cytotoxic drugs, antifibrotic drugs, or N-acetylcysteine. Patients treated using glibenclamide (glyburide) and calcineurin inhibitors within 1 week preceding randomization were also not enrolled</p> <p>All patients N: 616 Age (mean): Drop outs: 95 M/F: 429(69.6%)/187 (30.4%)</p> <p>Group 1 N: 407 Age (mean): 63.8 ± 8.4 Drop outs: 75 M/F: 296 (72.7%) /111(27.3%) Predicted FVC (mean ±SD): 74.9 ±14.8 Predicted DLCO (mean ±SD): 47.7 ±11.9</p> | | | | <p>remained in the trial until the BUILD-3 End of Study was declared.</p> <p>Patients were assigned a unique randomization number via a centralized Interactive Randomization System which designated which study treatment was to be dispensed at randomization, at each patient visit to the site, and each time a patient’s dose was adjusted. The randomization code was generated using Visual Basic 6.0. The investigators, study staff, patients, monitors, and study sponsor remained blinded to treatment assignment until study database closure</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|------------------|-------------|----------|
| | Group 2 N: 209 Age (mean): 63.2 ± 9.1 Drop outs: 21 M/F: 133 (63.6%)/76 (36.4%) Predicted FVC (mean ±SD): 73.1 ± 15.3 Predicted DLCO (mean ±SD): 47.9 ± 12.7 | | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical, radiologic, physiological score, ACA= available case analysis

F.5.5 N-acetylcysteine vs. Placebo

Table 87: Tomioka 2005⁴⁷⁴

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|--|--|---|--|---|
| Tomioka 2005 ⁴⁷⁴ Country of study: Japan Study design: | Patient group: 26 patients: clinical diagnosis (ATS criteria); 4 patients: diagnosis based on presence of UIP by a surgical (open or thoracoscopic) lung biopsy Inclusion criteria: Patients with IPF who had not received any form of immunosuppressive therapy. Exclusion criteria: Aged 80 years or over A grave complication that would | Group 1 N-acetyl-cysteine (NAC) twice daily via a compressor-type nebuliser (OMRON NE c-16, OMRON, Tokyo, Japan). At each treatment session, patients inhaled 176mg NAC diluted with saline to a total volume of 5mL (a total of 352mg NAC | Lung capacity (% of predicted) absolute value (mean±SEM) CHESTAC-33 system (Chest, Tokyo, Japan) used. Predicted normal values for the Japanese population were derived from reference values of the Japanese Respiratory Society. Carbon monoxide diffusing capacity (% of predicted) (mean±SEM) | Group1: Baseline: 67.6±15.7 Change: -7.2±4.6 (SD 14.55*) Group 2: Baseline:76.6±19.1 Change: -9.6±4.2 (SD 14.55*) p value: Not sig Group1: Baseline: 64.7±15.7 | * Calculated by NCGC Funding: not reported Limitations: Randomisation method unclear Allocation concealment unclear Small sample size ?appropriate NAC dose |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|---|--|---|--|--|
| open-label RCT Who was blinded: (if RCT) open-label | influence the clinical course of IPF Enrolment in a rehabilitation programme Non-compliance in taking medications All patients N: 30 randomised; 22 evaluable Age (range): 57-78 years Drop outs: 8 (4 deaths, 2 lost to follow-up, 1 developed lung cancer, 1 developed thrombocytopenic purpura) | per day) Group 2 Bromhexine hydrochloride twice daily via a compressor-type nebuliser (OMRON NE c-16, OMRON, Tokyo, Japan). At each treatment session, patients inhaled 2mg of bromhexine hydrochloride diluted with saline to a total volume of 5mL (a total of 4mg NAC per day) | CHESTAC-33 system (Chest, Tokyo, Japan) used. Predicted normal values for the Japanese population were derived from Nishida et al (1976). 6 min walking test distance (m) Absolute value (mean±SEM). Performed according to the method of Chang et al (18) in an enclosed, level, measured corridor. Supplemental oxygen was permitted at the same concentration inspired normally during daily activities at baseline. | Change: -10.7±6.7 (SD 21.19*) Group 2: Baseline: 60.7±16.7 Change: -9.6±6.2 (SD 21.48*) p value: Not sig | for IPF (study states it may be too low) Open label study Additional outcomes: SF-36 (Japanese test version)- overall score not provided HRCT findings Serum KL-6-values Notes: At the endpoint, corticosteroid therapy (doses of 10, 35 and 25mg/day) had been started in 3 patients (1 in NAC grp; 2 in control due to disease progression) |
| Setting: Outpatient pulmonary clinic Duration of follow-up: 12 months | Group 1 N: 15 randomised; 10 evaluable Age (mean): 70±4.9 (evaluable group) Drop outs: 5 (2 deaths due to respiratory failure, 1 lost to follow-up, 1 developed lung cancer, 1 developed thrombocytopenic purpura) Smoking status: 5 (never), 4 (former: smoked in the past but not within previous year), 1 (current: smoked regularly within previous year) Lowest SaO2 during 6-min walking test (%): 90.1±5.9 Group 2 N: 15 randomised; 12 evaluable Age (mean): 70±5.3 (evaluable group) Drop outs: 3 (2 deaths due to respiratory failure, 1 lost to follow-up) Smoking status: 3 (never), 5 (former: smoked in the past but not within | | Adverse effects Lowest SaO2 during 6MWT (%) | Group 1: Baseline: 385±90 Change: 14.0±40.2 (SD 127.12*) Group 2: Baseline: 390±116 Change: -52.4±34.9 (SD 120.90*) p value: Not sig Group 1: none Group 2: NR p value: Not sig Group 1: -0.3 ±2.1% Group 2: -6.8 ±1.8% P: <0.05 | 3 patients (1 in NAC grp; 2 in control) developed a need for supplemental oxygen during the study, but all 3 underwent the 6MWT without supplemental oxygen at endpoint. |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|------------------|-------------|----------|
| | previous year), 4 (current: smoked regularly within previous year) Lowest SaO2 during 6-min walking test (%): 91.1±5.9 | | | | |

1 Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood , DLCO=Carbon
 2 monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical,
 3 radiologic, physiological score, ACA= available case analysis

4 **F.5.6 N-acetylcysteine vs. no treatment**

5 **Table 88: Homma 2012¹⁸⁶**

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|--|---|---|---|
| Homma 2012 ¹⁸⁶ Comparison: NAC therapy versus nil NAC therapy Setting: Multicentre trial; 27 centres in Japan Duration of follow-up: 48 weeks Design: Parallel group | Patient group: Early stage (I or II) IPF patients aged between 50-79 years as diagnosed by ATS/ERS consensus. HRCT evidence of UIP mandatory. Inclusion criteria: Firm clinical and radiological diagnosis of IPF at stage I or II and a lowest arterial O2 saturation of > 90% during 6MWD test. | Group 1: (n=44) 352.4mg N-Acetylcysteine (NAC) diluted with saline to a volume of 4ml nebulised twice daily with microair nebulisers (NE-U222, Omron, Tokyo, Japan) Group 2: (n=46) 'No treatment (or placebo)' | Number of patients who subjectively felt their dyspnoea had improved compared to deteriorated at 48 weeks Mean change in FVC (l) from baseline (mean +/- SD) at 48 weeks Change in lowest SaO2 (%) during 6MWT, 6MWD (m), VC (%) and (% of predicted, DLCO (%) and (% of predicted), TLC (%) and (% of predicted) at 48 weeks Number of patients with IPF exacerbation | Group 1: 33/38 Group2:32/38 NS Difference Group 1: -0.09 +/- 0.3 Group2: -0.15 +/- 0.2 NS Difference No data presented but narrative text says NS difference between group 1 and 2. Group 1: 1 Group 2: 4 | Funding: Grant from Ministry of Health, Labour and Welfare of Japan. Authors thank Pharma KK and Niphix KK for their help with study management and data analysis Limitations: Very High Risk of Bias overall High risk selection bias: |

| | | | | | |
|--|-----------------------------|--|--|--|---|
| <p>Exclusion criteria: Improvement in symptoms in the preceding 3 months; use of NAC, immunosuppressive agents, oral prednisolone or pirfenidone and clinical suspicion of other interstitial pneumonia other than IPF</p> <p>All patients N:90 Age (mean):NR Drop outs: NR</p> <p>Of those analysed: Group 1: N: 38 Age (mean): 67.6 +/- 6.4 Male/female (%): 76/24 FVC, % predicted (mean +/- SD): 89.2 +/- 17.8 DLCO % predicted (mean +/- SD): 72.3 +/- 25.3 Drop outs: NR accurately</p> <p>Group 2: N: 38 Age (mean): 68.2 +/- 7.7 Male/female (%): 76/24 FVC, % predicted (mean</p> | | | | NS Difference | <p>Randomisation process and allocation concealment not described</p> <p>Not commented upon any differences between baseline groups, although p values presented all non-significant</p> <p>Not placebo controlled, comparison 'no treatment'</p> <p>Blinding methods and personnel not described</p> <p>Only patients aged 50-79 included</p> <p>Selective reporting of data, LOCF method used for analysis, 10 patients data not analysed due to 'protocol violations, missing data etc' Paper suggested NS</p> |
| | AEs | | | 'NS differences in adverse events reported for two groups'. Common AEs reported during the study were bacterial pneumonia, cough, sore throat and hypercholesterolemia. Treatment with NAC was well tolerated. | |
| | 1 and 3 year survival rate | | | NR | |
| | Hospitalisations due to IPF | | | NR | |
| | QoL | | | NR | |
| | Mortality | | | NR | |

| | | | | | |
|--|---|--|--|--|--|
| | <p>+/- SD): 88.7 +/-15.5 DLCO % predicted (mean +/- SD):64.4 +/-20.1 Drop outs: NR accurately</p> <p>See limitations section for discussion of dropouts and selective reporting</p> | | | | <p>difference in excluded from analysis population between arms. Reason for Dropouts not given and selective analysed subset.</p> <p>Serum markers of pneumocyte injury (KL-6, surfactant proteins A and D) Disease progression as determined by HRCT</p> |
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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood , DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical, radiologic, physiological score, ACA= available case analysis

4 **F.5.7 Co-trimoxazole vs. Placebo**

5 **Table 89: Shulgina 2012⁴³⁸**

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|------------------------------|--|--|-----------------------------------|---|---|
| Shulgina 2012 ⁴³⁹ | Patient group: Fibrotic idiopathic interstitial pneumonia (89% with definite/probable IPF) | Group 1: co-trimoxazole 960mg twice daily orally in addition to usual care | Mortality (ITT analysis) | Group1: 18/95 (19%) Group 2: 19/86 (22%) p value: 0.379 | Funding: East Anglia Thoracic Society NIHR Research for Patient benefit programme |
| Country of study: | Inclusion criteria: Age : >40 years MRC dyspnoea score ≥2 | Group 2: Placebo tablets, twice daily | Mortality (per-protocol analysis) | Group1: 3/53 Group 2: 14/65 | Boehringer Ingelheim |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|--|---------|----------------------------------|---|---|
| UK | Treatment regimens had remained unchanged for at least 6 weeks | | | p value: 0.02 | non-commercial educational grant |
| Study design: RCT | A protocol amendment was made to include patients not receiving immunosuppressive therapy as long as they had progressive disease with deteriorating lung function and those receiving anti-oxidants to reflect changes in UK prescribing practice. | | FVC (ml) ITT analysis | Group1: -195.67 (SD 288.82) Group 2:-182.22 (SD 330.15) p value: 0.988 (95% CI -0.11, 0.11) | Limitations: Not all patients had IPF Patients in the co-trimoxazole group may have had shorter disease duration |
| Who was blinded: (if RCT) double-blind | Exclusion criteria: Child-bearing potential Secondary cause for pulmonary fibrosis identified | | FVC % predicted ITT analysis | Group1: -4.65 (SD 9.96) Group 2: -4.79 (SD 8.7) p value: 0.978 (95% CI -3.22, 3.32) | Additional outcomes: Hospital days Medicine increase/decrease |
| Setting: 28 university and district hospital in England and Wales | Receiving immunosuppressant medication other than prednisolone, azathioprine or mycophenolate mofetil Co-trimoxazole allergy or intolerance Untreated folate or B12 deficiency Respiratory tract infection within 2 months prior to randomisation Significant concomitant disease that could affect subject safety or influence study outcome. | | DLCO (mmol/min/kPa) ITT analysis | Group 1: -0.3 (SD0.68) Group 2: -0.22 (SD 0.81) P value: 0.48 (95% CI -0.4, 0.19) | Notes: Outcomes presented as 'adjusted for baseline' |
| Duration of follow-up: | All patients N: 181 (ITT analysis) Age: 71.6 ±8.5 years (mean) FVc (% predicted): 70.7 ±21.2 | | DLCO % predicted ITT analysis | Group 1: -3.67 Group 2: -3.88 P value: 0.459 (85% CI -4.88, 2.21) | ITT and per-protocol analysis both used Randomisation: performed centrally using a computer generated randomisation code and the site research pharmacist was |
| | | | SGRQ total (units) | Group 1: 0.71 Group 2: 1.78 P value: 0.599 (95% CI -6.13, 3.54) | |
| | | | 6MWD (metres) | Group 1: -18.7 Group 2: -19.48 | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|------------------|---|---|
| | DLCO (% predicted): 37.5±11.5 Drop outs: Group 1 (co-trimoxazole) N: 95 Age (mean): 72.38 (SD 8.45) Definite IPF (UIP histopathology, honeycombing on HRCT or in report on destroyed HRCT): 37 Probable IPF (Fell probability score ≥0.6): 46 Probable IPF (all features consistent with UIP except honeycombing on HRCT or in report on destroyed HRCT): 46 Co-existing emphysema: 6 (6.3%) Drop outs: 4% did not receive more than 80% of the scheduled study drug doses Group 2 (placebo) N: 86 Age (mean): 70.65 (SD 8.56) Definite IPF (UIP histopathology, honeycombing on HRCT or in report on | | | P value: 0.835 (95% CI -53.55, 43.24) 6MW desaturation of 4% or more Group 1: 16/20 (80%) Group 2: 31/35 (88.6%) P value: 0.634 (95% CI -2.37, 4.1) MRC score Group 1: 0.07 (SD 0.72) Group 2: 0.21 (SD 0.82) P value: 0.533 (95% CI -0.37, 0.19) Adverse events (GI), number of individuals with 1 or more Group 1: 41 (44.6%) Group 2: 21 (24.4%) P value: 0.005 Adverse events (nausea), number of individuals with 1 or more Group 1: 17 (18.5%) Group 2: 6 (7%) P value: 0.022 Adverse events (immune system disorder), number of individuals with 1 or more Group 1: 0 Group 2: 1 (1.2%) p value: 0.483 | informed of the code by email via Norwich Clinical Trials Unit. Patients were randomised with stratification for the site and the use of azathioprine/ mycophenolate mofetil. A blinded retrospective radiological review was undertaken by 2 specialist respiratory radiologists using the criteria of Silva et al., 2008 for those patients where a histopathological diagnosis of UIP or NSIP was not available. In addition, HRCT scans of patients without definite IPF were scored according to the algorithm |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|--|--|---|
| | destroyed HRCT): 38 Probable IPF (Fell probability score ≥ 0.6): 41 Probable IPF (all features consistent with UIP except honeycombing on HRCT or in report on destroyed HRCT): 40 Co-existing emphysema: 9 (10.5%) Drop outs: 10% did not receive more than 80% of the scheduled study drug doses | | Adverse events (skin disorder), number of individuals with 1 or more | Group 1: 14 (15.2%) Group 2: 4 (4.7%) p value: 0.019 | described by Fell et al., 2010 to predict the probability of IPF. |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO₂=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical, radiologic, physiological score, ACA= available case analysis

F.5.8 Ambrisentan vs. Placebo

Table 90: Raghu 2012³⁹³

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|---------------------|--|---|---|
| Raghu 2012 ³⁹³ Country of study: unclear (136 clinical sites) | Patient group: IPF Inclusion criteria: NR Exclusion criteria: NR All patients N: 492 Age : NR Drop outs: NR | Group 1 Ambrisentan | Time to IPF disease progression, defined as all-cause mortality, adjudicated respiratory hospitalisation or a categorical decrease in lung function (a 10% decrease in FVC with a 5% decrease in DLCO or a 15% decrease in DLCO with a 5% decrease in FVC) | Group1: HR 1.74 fold increase in risk of meeting this (95% CI 1.14-2.66, p=0.01) Group 2: NR p value: Not significant | Funding: NR Limitations: limited data available-abstract only Additional outcomes: Primary events (not defined in abstract therefore NR in this |
| | | Group 2 Placebo | | Mortality Group1: HR 2.05 (95% CI 0.75-5.76, p=0.1) | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|---------|--|---|---|
| Study design: RCT Who was blinded: (if RCT) double-blind Setting: 136 clinical sites Duration of follow-up: 34 weeks | N: NR Age (mean): NR Drop outs: NR | | | Group 2: NR p value: Not significant | table) Respiratory hospitalisations Notes: Abstract only 11% of patients in each group had pulmonary hypertension |
| | Group 2 (Placebo) N: NR Age (mean): NR Drop outs: NR | | Categorical decrease in lung function (a 10% decrease in FVC with a 5% decrease in DLCO or a 15% decrease in DLCO with a 5% decrease in FVC) | Group1: HR 1.53 (95% CI 0.84- 2.78, p=0.109) Group 2: NR p value: Not significant | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical, radiologic, physiological score, ACA= available case analysis

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1 **F.5.9 Combination: Prednisolone & azathioprine vs. Prednisolone & placebo**

2 **Table 91: Raghu 1991³⁹⁸**

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|---|--|---|--|
| Raghu 1991 ³⁹⁸ Country of study: USA Study design: RCT Who was blinded: (if RCT) Patients and clinicians Setting: Outpatient Duration of follow-up: 12 months | Patient group: Newly diagnosed patients with IPF Symptomatic adult patients with diffuse pulmonary infiltrates Diagnosis: Supported by lung biopsy in all patients (23 OLB, 4 transbronchial). All fulfilled: Progressive dyspnoea from day of onset Progressive roentgenographic parenchymal abnormality 10% or greater decrease in FVC or total lung capacity compared with previous values; or 20% or greater reduction in DLCO compared with previous values Inclusion criteria: Exclusion criteria: NR All patients N: 27 M:F: 12:15 Drop outs: 8 | Group 1 Azathioprine plus prednisolone. Azathioprine was administered at a daily dose of 3mg/kg/day (not to exceed 200mg/day) to the nearest 25mg dose increment for the duration of the trial. Group 2 Prednisone plus placebo. Oral prednisone dose: in an initial dose of 1.5mg/kg/day to a maximum of 100mg/day for the first 2 weeks followed by a fortnightly decrease of according to participants' tolerance until a maintenance dose of 20mg/day or less was reached. A similar number of placebo tablets were dispensed. All patients | Change in lung capacity (FVC) (% predicted) after 1 year of therapy (mean± SE) measured using an Ohio spirometer and interpreted according to Schoenberg 1978 | Group1: +6.5 ±5.3 (*SD 19.83) Group 2: +1.7 ±7.4 (*SD 26.68) Mean difference: 6.4 * p value: 0.87 | *Calculated by NCGC Funding: Virginia Mason Research Centre, Seattle, WA Limitations: Unclear allocation concealment Patients were allowed to cross over between groups ATS diagnostic criteria not used (HRCT not mandatory) Additional outcomes: Change in rest P[A-a]O2 (mmHg) Numbers who had improved/unchanged or deteriorated |
| | | | Change in gas transfer (DLCOSB) (% predicted) (mean± SE) after 1 year of therapy measured with a Medscience Model 572 Diffusion corrected for haemoglobin concentration and interpreted according to Ogilvie 1957 and Dinkara 1970 | Group1: +7.3 ±5.3 (*SD 19.83) Group 2: +0.9 ±5.7 (*SD 20.55) Relative risk [95% CI]:NR p value: 0.70 | |
| | | | Overall survival at 1 year, probability (mean± SE) (estimated from graph therefore only reported here) | Group 1: 0.72 Group 2: 0.70 | |
| | | | Overall survival at 3 years, probability | Group1: 0.6 Group 2: 0.55 | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|--|--|---|---|
| | <p>Group 1 N: 14 (randomised), 10 (evaluable) Age (mean): 58±2 M:F: 5:9 Clinical duration of illness (months):26±6 Drop outs: 4 deaths (3 resp. failure; 1 MI); 2 crossed over to other group (not counted as drop outs due to ITT analysis)</p> <p>Group 2 N: 13 (randomised), 9 (evaluable) Age (mean): 54±3 M:F: 7:6 Clinical duration of illness (months):23±6 Drop outs: 4 deaths (3 resp. failure; 1 MI); 1 crossed over to other group (not counted as drop out due to ITT analysis)</p> | <p>Received oral prednisone according to an identical protocol. The initial dose was 1.5mg/kg/day (not to exceed 100mg/day) for the first 2 weeks followed by a fortnightly decrease of 20mg/day until a dose of 40mg/day was reached. The dosage was further decreased in 5 to 10mg/day decrements every 2 weeks according to patient tolerance in an effort to achieve a maintenance dose of 20mg/day or less.</p> | <p>(mean± SE) (estimated from graph therefore only reported here)</p> <p>Adverse events: elevated liver enzymes</p> <p>Adverse events: infections</p> <p>Mortality after 1 year of therapy</p> | <p>Relative risk [95% CI]: p value: not significant</p> <p>Group1: 1 Group 2: 0 Relative risk [95% CI]:NR p value: (If no p-value: Sig/Not sig/NR)</p> <p>Group1: 4 Group 2: 1 Relative risk [95% CI]:NR p value: (If no p-value: Sig/Not sig/NR)</p> <p>Group 1: 4/14 Group 2:4/13 Relative risk: 0.93 P value: NR</p> | <p>pulmonary function after 1 year of therapy</p> <p>Notes: Randomisation: block randomisation in groups of 10 by a research pharmacist Duration of patients' respiratory symptoms before lung biopsy was arbitrarily taken as the clinical duration of IPF. ITT analysis used. The patient crossed over to the other treatment arm if any of the following occurred: Nausea, vomiting or diarrhoea unresponsive to symptomatic</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|---|
| | | | | | therapy WBC<3500/ml Platelet count<80,000/ml Respiratory failure requiring mechanical ventilation Coma Abnormal LFTs Rapid disease progression Patient's request |

1 Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood , DLCO=Carbon
2 monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical,
3 radiologic, physiological score, ACA= available case analysis

4 **F.5.10 Combination: Prednisolone & azathioprine & n-acetylcysteine vs. Azathioprine & prednisolone**

5 **Table 92: Demedts 2005¹⁰³**

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|--|--|--|---|
| Demedts 2005 ¹⁰³ Country of study: Multinationa l: 36 centres in 6 | Patient group: IPF Inclusion criteria: <ul style="list-style-type: none"> Age 18-75 years with a histological or radiologic pattern of UIP, with other causes ruled out | Group 1 Corticosteroids, azathioprine and acetylcysteine N-acetylcysteine (Fluimucil, Zambon Group) in 600mg | Mortality (12 month follow-up) ITT analysis FVC (litres) (12 month follow-up) ACA | Group1: 7/80 (8.8%) Group 2: 8/75 (10.7%) Relative risk [95% CI]:0.82 (0.31-2.15) p value: 0.69 Baseline Group1: 2.29±0.68 Group 2:2.36±0.74 | Funding: Zambon Group Limitations: High drop-out rate: only 30% of initially |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|---|---|---|--|--|
| <p>countries (Germany, France, Spain, Belgium, the Netherlands and Italy)</p> <p>Study design: RCT</p> <p>Who was blinded: patients, clinicians and investigators</p> <p>Setting:</p> <p>Duration of follow-up: 1 year</p> | <ul style="list-style-type: none"> HRCT very suggestive of, or consistent with, a diagnosis of UIP Patients <50 years: open or thorascopic lung biopsy was mandatory and showed a pattern of UIP Bronchoalveolar lavage must have been performed at any time before inclusion and must have failed to show features supporting alternative diagnoses. Duration of disease >3 months Bibasilar inspiratory crackles Dyspnoea scores of at least 2 on a scale of 0 (min) and 20 (max) Vital capacity no more than 80% predicted Single breath DLCO <80% predicted At least 2 of the 3 members of each committee or at least 2 members of the radiology committee (if no biopsy was available) had to confirm the diagnosis of UIP. <p>Exclusion criteria:</p> | <p>effervescent tablets 3 times daily.</p> <p>Group 2 Corticosteroids and azathioprine Matched placebo</p> <p>All patients Usual care, as recommended by ATS/ERS plus: Prednisone: starting dose 0.5 per kg of body weight per day month 2: 0.4mg/kg/day month 3: 0.3 mg/kg/day dose progressively reduced to 10mg per day in months 4,5 and 6 and this dose was maintained until month 12.</p> <p>Azathioprine: 2mg/kg/day</p> | | <p>12 months</p> <p>Group1: 2.31±0.79 n=55</p> <p>Group 2: 2.26±0.72 n=51</p> | <p>randomised patients available for follow-up after 1 year</p> <p>Patients excluded after randomisation</p> <p>Total dose of N-acetylcysteine was 1800mg/day which is 3-9x the usual approved dose when administered in COPD</p> <p>Results for some outcomes not reported fully</p> <p>Additional outcomes: FVC (% predicted value) DLCO (% predicted value) DLCO:VA Maximum exercise load Maximum oxygen uptake Maximum</p> |
| | | | FVC (litres) (12 month follow-up) ITT | <p>Baseline</p> <p>Group1: 2.29±0.68</p> <p>Group 2:2.36±0.74</p> <p>12 months</p> <p>Group1: 2.22±0.77 n=71</p> <p>Group 2: 2.17±0.71 n=68</p> | |
| | | | DLCO (mmol/min/kPa) (12 month follow-up) ACA | <p>Baseline</p> <p>Group1: 3.85±1.41</p> <p>Group 2: 3.90±1.39</p> <p>12 months</p> <p>Group1: 4.20± 2.07 n=55</p> <p>Group 2: 3.46± 1.22 n=51</p> | |
| | | | DLCO (mmol/min/kPa) (12 month follow-up) ITT | <p>Baseline</p> <p>Group1: 3.85±1.41</p> <p>Group 2: 3.90±1.39</p> <p>12 months</p> <p>Group1: 3.74± 1.99 n=68</p> <p>Group 2: 3.20± 1.26 n=63</p> | |
| | | | Adverse events: abnormal LFTs ITT analysis | <p>Group1: 14/80 (18%)</p> <p>Group 2: 11/75 (15%)</p> | |
| | | | | | |
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| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|------------------|-------------|---|
| | <p>Contraindication to, or no justification for standard regimen of prednisone and azathioprine</p> <p>Treatment with prednisone at a dose of at least 0.5mg/kg/day or with azathioprine at a dose of at least 2 mg/kg/day during the month before inclusion in the study, or treatment with acetylcysteine at a dose of >600mg/day for >3 months in the previous 3 years.</p> <p>Concomitant/ pre-existing diseases, abnormalities or treatment at study entry or in the past with drugs (such as antioxidants or anti-fibrotic drugs) that interfere with the diagnosis, severity, therapy or prognosis of IPF.</p> <p>All patients N: 182 (randomised)</p> <p>Group 1 N: 92 (randomised), 80 (confirmed and included)57/80 (71%) completed study Age (mean): 62±9 M:F (%):69:31 Drop outs: 23 (prohibited therapy:3, withdrawn by</p> | | | | <p>exercise ventilation CRP score HRCT score Dyspnoea</p> <p>Notes: 1:1 randomisation performed centrally with computer-generated randomisation list stratified in blocks of 4 according to country and whether vital capacity was less than or more than 60% of the predicted value.</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|------------------|-------------|----------|
| | <p>investigator: 3, consent withdrawn: 4, adverse events: 2, noncompliance 1, other: 3, deaths due to disease progression:3 , deaths due to respiratory tract infection: 3, deaths due to heart failure: 1)</p> <p>Group 2 N: 90 (randomised), 75 (confirmed and included), 51/75 (68%) completed study Age (mean): 64±9 M:F (%):75:25 Drop outs: 24 (prohibited therapy:2, withdrawn by investigator: 2, consent withdrawn: 4, adverse events: 2, noncompliance 2, ineffective treatment or worsening condition: 4, deaths due to disease progression:4 , deaths due to respiratory tract infection: 1, deaths due to cardiac arrest: 1, deaths due to MI: 1, deaths due to cancer: 1)</p> | | | | |

1 Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial
 2 blood, DLCO=Carbon monoxide diffusing capacity , IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA=
 3 alveolar volume, CRP score= clinical, radiologic, physiological score, ACA= available case analysis

F.5.11 Combination: Prednisolone & azathioprine & n-acetylcysteine vs. Placebo

Table 93: Panther 2012¹⁹⁸

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|--|--|--|---|
| <p>Panther 2012¹⁹⁸</p> <p>Comparison: Prednisolone, Azathioprine and NAC versus NAC alone versus placebo</p> <p>Setting: Multicentre trial; 25 centres in the USA</p> <p>Duration of follow-up: Planned for 60 weeks. At mean 32 weeks interim analysis group 1 terminated by independent safety and monitoring board, results extrapolated up to 60 weeks</p> <p>Design: Parallel group</p> | <p>Patient group: IPF patients</p> <p>Inclusion criteria: IPF patients aged between 35 and 85 with mild to moderate lung function impairment (FVC \geq 50%) and DCLO \geq 30% of predicted) meeting ATS/ERS, JRS and LATA criteria with a HRCT or biopsy 48 month or less before enrolment.</p> <p>Exclusion criteria: Nil quoted in paper referred to study protocol</p> <p>All patients N: 155 Age (mean): 68 years Male/Female (%): 75/25 Predicted FVC (mean): 71% Predicted DLCO (mean): 44%</p> | <p>Group 1: (n=77) Combination therapy: Prednisolone initiated at 0.5mg/kg of ideal body weight tapered to 0.15mg/kg over 25 weeks, Azathioprine (max 150mg /day) dosed by patients ideal weight, concurrent use of allopurinol and TPMT activity, NAC 600mg orally tds</p> <p>Group 2: (n=78) Placebo</p> <p>Group 3: 600mg NAC orally tds (this arm of the study remains ongoing and data not presented)</p> | All-cause mortality at trial stop | Group 1: 8 Group 2: 1 RR [95%CI]: 8.10 [1.04, 63.26] $p=0.05$ | <p>Funding: Zambon pharmaceuticals supplied NAC and matching placebo</p> <p>Limitations: Manuscript approved by Zambon pharmaceuticals prior to submission</p> <p>Risk of Bias: Serious: High risk attrition bias: No overall dropout rates given prior to discontinuation of combination therapy arm at 32 week interim analysis. Discontinuation rates given for individual drugs may be for same patient no time course given</p> |
| | | | Respiratory cause mortality at trial stop | Group 1: 7 Group2: 1 Non-significant difference | |
| | | | All cause hospitalisations at trial stop | Group 1: 23 Group 2: 7 RR [95%CI]: 3.33 [1.52, 7.30] $p=0.003$ | |
| | | | Hospitalisations due to IPF exacerbation at trial stop | Group 1: 5 Group 2: 0 Non-significant difference | |
| | | | Number of patients who discontinued all three drugs at trial stop | Group 1: 20 Group 2: 3 RR [95%CI]: 6.75 [2.09, 21.80] $p=0.001$ | |
| | | | Change in FVC (l) from baseline (mean +/- SD) at trial stop SD calculated by NCGC | Group 1: -0.24 +/- 0.33 Group2: - 0.23 +/- 0.33 Non-significant difference | |

| | | | |
|--|--|---|---|
| <p>Group 1: N: 77 Age (mean): 68.8+/- 7.3 Male/female (n):59 /18 Predicted FVC (mean (%)): 69.3 +/- 15.1 Predicted DLCO (mean (%)): 42.1+/-10.2</p> <p>Group 2: N: 78 Age (mean): 67.9 +/- 8.1 Male/female (n):57/21 Predicted FVC (mean (%)): 72.1+/-14.4 Predicted DLCO (mean(%)): 45.3 +/- 12.4</p> <p>Group 3: This arm remains ongoing baseline characteristics not published</p> <p>Study quotes groups were 'well matched' with respect to demographic and clinical characteristics</p> | <p>Toxicity: Total number of patients reporting any SAE at trial stop</p> | <p>Group 1: 24 Group 2: 8 RR [95%CI]: 3.04 [1.46, 6.34] p=0.003</p> | <p>or actual number of dropouts related to toxicity at 32 weeks. ITT population studied</p> <p>No description of blinding methods or personnel given,</p> <p>Additional outcomes: All outcomes reported due to high impact nature of paper</p> <p>Notes: Data from group 3 of the study not presented as this arm of the study remains on-going</p> |
| | <p>Toxicity: Total number of patients reporting respiratory SAEs at trial stop</p> | <p>Group 1: 12 Group 2: 4 RR [95%CI]: 3.04 [1.02, 9.01] p=0.05</p> | |
| | <p>Toxicity: Total number of patients reporting GI SAEs at trial stop</p> | <p>Group 1: 1 Group 2: 3 Non-significant difference</p> | |
| | <p>Toxicity: Total number of patients reporting infectious SAEs at trial stop</p> | <p>Group 1: 5 Group 2: 1 Non-significant difference</p> | |
| | <p>Toxicity: Total number of patients reporting cardiac SAEs at trial stop</p> | <p>Group 1: 3 Group 2: 0 Non-significant difference</p> | |
| | <p>Toxicity: Total number of patients reporting neoplastic SAEs at trial stop</p> | <p>Group 1: 2 Group 2: 0 Non-significant difference</p> | |
| | <p>Toxicity: Total number of patients reporting musculoskeletal SAEs at trial stop</p> | <p>Group 1: 0 Group 2: 1 Non-significant difference</p> | |
| | <p>Toxicity: Total number of patients reporting metabolic SAEs at trial stop</p> | <p>Group 1: 1 Group 2: 0 Non-significant difference</p> | |

| | | |
|---|---|--|
| See limitations for notes on dropout and attrition bias | stop | |
| | Toxicity: Total number of patients reporting nervous system SAEs at trial stop | Group 1: 1 Group 2: 0 Non-significant difference |
| | Toxicity: Total number of patients reporting reproductive system SAEs at trial stop | Group 1: 1 Group 2: 0 Non-significant difference |
| | Toxicity: Total number of patients reporting any AEs at trial stop | Group 1: 68 Group 2: 61 Non-significant difference |
| | Toxicity: Total number of patients reporting skin AEs at trial stop | Group 1: 13 Group 2: 4 RR [95%CI]: 3.29 [1.12, 9.65] p=0.03 |
| | Toxicity: Total number of patients reporting renal/urinary AEs at trial stop | Group 1: 10 Group 2: 1 RR [95%CI]: 10.13 [1.33, 77.24] p=0.03 |
| | All-cause mortality at 60 weeks (extrapolated) | HR: 9.26 SE: |
| | All-cause mortality or hospitalisation at 60 weeks (extrapolated) | HR:3.74 SE: |
| | All-cause mortality or ≥10% decline in FVC at 60 weeks (extrapolated) | HR:1.46 SE: |
| | 1 and 3 year survival rates | NR |

| | | | | |
|--|--|--|--------------------------------------|----|
| | | | Dyspnoea | NR |
| | | | Gas transfer | NR |
| | | | QoL | NR |
| | | | Performance on sub-maximal walk test | NR |

1 Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood , DLCO=Carbon
 2 monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, UIP= usual interstitial pneumonia, VA= alveolar volume, CRP score= clinical,
 3 radiologic, physiological score, ACA= available case analysis

4 F.6 Lung transplantation

5 Table 94: Charman 2002⁶¹

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------------------------------|--|---|------------------------------|--|--|
| Charman2002 ⁶¹ | Patient group: Patients accepted for single, double and heart lung transplant between April 1984-september 1999 | All patients Patient data was routinely collected from the time they were accepted for LTX. Cohort collected from April 1984 – September 1999* | Died on Waiting List (n) | All Patients: 33 Single LTX patients: 18 Double/Heart Lung Transplant patients: 15 | Funding: NR |
| Country of study: UK | Inclusion criteria: Patients were required to have a life expectancy of 12-24 months, or severely impaired quality of life despite maximal medical therapy. | Data is analysed separately for the following groups: ALL Patients n=100 Single LTX patients n=63 Double/Heart Lung Transplant patients n=37 | Removed or still waiting (n) | All Patients: 7 Single LTX patients: 3 Double/Heart Lung Transplant patients: 4 | Limitations: Doesn't specify IPF: Cohort is all Pulmonary Fibrosis Doesn't account for any confounders – no data given on disease severity at baseline. Presented as crude data |
| Study design: Retrospective cohort | Acceptance criteria for LTX in line with ATS, ERS and ISHLT | | Transplanted (n) | All Patients: 60 Single LTX patients: 42 Double/Heart Lung Transplant patients: 18 | Additional outcomes: The same outcomes reported for other diseases |
| Who was blinded: NR | Exclusion criteria: | | Days Waiting (Median (IQR)) | All Patients: 117 (43, 231) Single LTX patients: 104 (5,194) | Equity point Risk profiles |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|------------------------------------|---|---------|--|---|--|
| Setting: Hospital | NR | | | Double/Heart Lung Transplant patients: 147 (94,305) | Notes: *Patients listed for a second transplant were not considered twice but recorded as deaths or censored. |
| Duration of follow-up: 15 years | All patients N: 100 (only pulmonary fibrosis patient data reported) Age (mean±SD):49±12 Single LTX PF patients: 52±11 Double/Heart Lung Transplant PF patients: 41±11 Drop outs: 0 | | Post-transplant survival days (median (95% CI)) | All Patients: 931 (98,1764) Single LTX patients: 449 (0,1287) Double/Heart Lung Transplant patients: 1121 (0, 3024) | |
| | | | Risk of death after transplant relative to that of continued waiting at 1 month (RR) | All Patients: 2.23 Single LTX patients:1.96 Double/Heart Lung Transplant patients: 2.88 | |
| | | | Risk of death after transplant relative to that of continued waiting at 6 months (RR) | All Patients: 0.65 Single LTX patients: 0.71 Double/Heart Lung Transplant patients: 0.57 | |
| | | | Risk of death after transplant relative to that of continued waiting at 12 months (RR) | ALL Patients: 0.46 Single LTX patients: 0.54 Double/Heart Lung Transplant patients: 0.36 | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

Table 95: Chen 2009⁶²

| Study | Patients | Methods | Outcome | Effect size | Comments |
|-------|----------|---------|---------|-------------|----------|
|-------|----------|---------|---------|-------------|----------|

| details | | | measures | | | | |
|---------------------------------------|--|--|---|---|--|--|--|
| Chen2009 ⁶² | Patient group: All lung transplantation registrants in the United States listed from May 4, 2002 to May 3, 2008 – IPF patient data is presented only | National data from United Network for Organ Sharing used to describe waiting list and post-transplant outcomes for patients before and after implementation of the LAS. | LTX % 6 months from initial listing for LTX (Cumulative incidence (95 % CI)) | Group 1: 26(23-28) Group 2: 68 (65-70) 95% CI:NR P: <0.001 | Funding: Supported in part by NHLBI grant K23 HL086585 (H.C.) and NCRR UCSF-CTSI grant UL1 RR024131 (S.C.S.), and Health Resources and Services Administration contract 231-00-0115. The content is the responsibility of the authors alone and does not necessarily reflect the views or policies of the U.S. Department of Health and Human Services. Conflict of Interest Statement: H.C. served as a consultant to United Therapeutics and received \$1,000 in 2007 and 2008. S.C.S. does not have a financial relationship with a commercial entity that has an interest in the subject of this manuscript. J.A.G. has received \$205,000 in research funding from Actelion Pharmaceuticals Ltd. in 2007 and 2008. M.K.G. does not have a financial relationship with a commercial entity that has an interest in the subject of this manuscript. S.R.H. does not have a financial relationship with a commercial entity that has an interest in the subject of | | |
| Country of study: USA | Inclusion criteria: Age 18 or older with one of four primary diagnoses defined in the OPTN database: Primary Pulmonary Hypertension Idiopathic Pulmonary Fibrosis COPD/Emphysema Cystic Fibrosis. Exclusion criteria: patients classified as secondary pulmonary hypertension Listings for combined heart-lung All patients N: 2981 Drop outs: 0 Group 1 | The total cohort was divided by “pre-LAS” cohort and a “post-LAS” cohort based on their initial date of registration for lung transplant. Group 1 - pre LAS The pre-LAS time frame was defined as the 3-year period before implementation of the LAS (May 4, 2002 to May 3, 2005). Group 2 – post LAS The post-LAS time frame was defined as the 3-year period after implementation of the LAS (May 4, 2005 to May 3, 2008). | LTX % 12 months from initial listing for LTX (Cumulative incidence (95 % CI)) | Group 1: 38(36-41) Group 2: 77(74-79) 95% CI:NR P: <0.001 | | | |
| Study design: Retrospective cohort | | | | | | | |
| Who was blinded: NR | | | | | | | |
| Setting: Hospital | | | | | | Waiting list mortality % 6 months from initial listing for LTX (Cumulative incidence (95 % CI)) | Group 1: 15(13-17) Group 2: 9(8-11) 95% CI:NR P: <0.001 |
| Duration of follow-up: 12 months | | | | | | Waiting list mortality % 12 months from initial listing for LTX (Cumulative incidence (95 % CI)) | Group 1: 21(19-23) Group 2: 11(10-13) 95% CI:NR P: <0.001 |
| | | | | | Post LTX mortality 6 months from initial listing for LTX | Group 1: 14 (11-17) Group 2: 14 (12-16) 95% CI:NR P: 0.494 | |

| | | | | | |
|---|--|--|--|--|--|
| <p>N: 1418 Age (mean): 55-9 M/F: 895 /523 Lung request Right: 907 Left: 974 Bilateral:683 LAS score at listing: NA Drop outs: 0</p> <p>Group 2 N: 1563 Age (mean): 58-9 M/F: /506 Lung request Right:758 Left:865 Bilateral:945 LAS score at listing: 40.9 (39.0-48.3) Drop outs: 0</p> | | | (Cumulative incidence (95 % CI)) | | <p>this manuscript. C.W.H. does not have a financial relationship with a commercial entity that has an interest in the subject</p> <p>Limitations: Changing in referral patterns Secular trends Factors determined at organ matching may have a large impact on who receives the LTX No indication of disease severity at baseline</p> <p>Additional outcomes: All listed outcomes also reported for: Primary Pulmonary Hypertension, COPD/Emphysema and Cystic Fibrosis Cumulative incidence curves and comparisons of outcomes results between diseases.</p> <p>Notes: In the United States, donor lung allocation is overseen by the Organ Procurement and Transplantation Network (OPTN), which is operated by the United Network for Organ Sharing (UNOS)</p> |
| | | | <p>Post LTX mortality 6 months from initial listing for LTX (Cumulative incidence (95 % CI))</p> | | |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 96: De Oliveira 2012¹⁰

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------------------------------|---|--|--|---|---|
| De Oliveira 2012 ¹⁰¹ | Patient group: LTX registrants consecutive patients with advanced ILD from Jan 93- Jan 09 | Group 1 pre LAS Data collected from January 1993-april 2005 | Hospital mortality | Group 1: 3 (9.1%) Group 2: 2 (4.3%) 95% CI:NR P: 0.64 | Funding: NR |
| Country of study: USA | Inclusion criteria: As above | Group 2 LAS Data collected from May 2005- march 2009 | Survival at 1 year | Group 1: 78.8% Group 2: 85.8% 95% CI: NR P: 0.98 | Limitations: Similar baseline characteristics however higher frequency of history of diabetes, and smoking in LAS group (p=0.02) |
| Study design: Retrospective cohort | Exclusion criteria: NR | | Survival at 3 years | Group 1: 63.6% Group 2: 62.8% 95% CI: NR P: 0.98 | Sample size Single centre – lack of generalisability Changes in medical management |
| Who was blinded: NR | All patients N: 79 (107 total- only IPF data presented here) Drop outs: 0 | | Survival at 5 years | Group 1: 63.6% Group 2: NR 95% CI: NR P: NR | Additional outcomes: Post-operative outcomes Kaplan Meier graphs |
| Setting: Hospital | Group 1 N: 33 Age (mean): 52.5-9.9 | | Time on waiting list (days median (IQR)) | Group 1: 209(113-379) Group 2: 65(14-209) 95% CI: P: <0.01 | Notes: Medians displayed for data which was skewed |
| Duration of follow-up: 5 years | M/F: 27/6 FVC (% predicted): 47±16 History of smoking: 17 (51%) History of diabetes: 4 (12.1%) | | Length of ICU stay (days median (IQR)) | Group 1: 6(4-16) Group 2: 3(2-7) 95% CI: | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|---------------------------------------|---|----------|
| | LAS score:40.3(IQR; 36.7-45.1) Drop outs: 0 | | | P: <0.01 | |
| | Group 2 N: 46 Age (mean): 57.9±6.5 M/F: 37/9 FVC (L): 48±16 History of smoking: 35 (76.1%) History of diabetes: 16 (34.8%) LAS score: 43.5 (IQR; 38.8-48.9) Drop outs: 0 | | Length of hospital stay median (IQR)) | Group 1: 23(16-42) Group 2: 11(9-17) 95% CI: P: <0.01 | |
| | | | Readmission <30 days (%) | Group 1: 7 (21.2%) Group 2: 11 (23.9%) 95% CI: P: 0.78 | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 97: Kadikar 1997²²²

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--------------------------------------|---|--|------------------------------|---|---|
| Kadikar 1997 ²²² | Patient group: From January 1991 to June 1995, patients who were assessed for lung transplantation by the Toronto lung transplantation program.* | All patients Patient data was collected from a retrospective chart review of patients who were evaluated for the program. | Transplanted (n) | 6/26 | Funding: NR |
| Country of study: Canada | | | Remained on waiting list (n) | 9/26 | Limitations: 6MWD not documented for 7/26 IPF patients and no analysis conducted for IPF alone Single centre Did not account for confounding factors |
| Study design: Retrospective chart | Inclusion criteria: NR | 6MWD test; Conducted in an | Died on waiting list (n) | 11/26 | |
| | | | 6MWD | Patients on waiting list/transplanted:364.3±122.8 | |

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| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|---|------------------|---|--|
| review Who was blinded: NR Setting: Hospital Duration of follow-up: 5 years | Exclusion criteria: NR All patients N: 26 IPF patients (144 total cohort) Age (mean):52.1±6.0 Drop outs: NR | enclosed hospital corridor of 52.7m. Patients were asked to walk quickly but comfortably with encouragement along the way and rests if necessary. | | N=13 Patient who died: 214.9±143.6 N=6 P=0.057 | Sensitivity, specificity PPV, NPV of the 6MWT in the prediction of death – using <300m and <400 m thresholds for total cohort – not IPF alone. Additional outcomes: Lung function Cardiac function The above and reported outcomes were also given for other disease populations in the cohort. Notes: *included patients diagnosed with emphysema, alpha-1-antitrypsin deficiency, IPF, primary pulmonary hypertension, Eisenmenger syndrome and cystic fibrosis. |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

Table 98: Paik 2012³⁷²

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--------------------------|--|----------------------------------|----------------------|---------------|-------------|
| Paik 2012 ³⁷² | Patient group: From May 1996 to May 2011, | All patients Patient data was | Transplanted (n (%)) | 23/61 (37.7%) | Funding: NR |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|--|---|-------------|---|
| Country of study: Korea | patients who were listed for LTX. Inclusion criteria: NR | collected from a retrospective chart review of patients who were listed for LTX at 5 institutions and listed in the Korean network for organ sharing | Remained /removed from waiting list (n (%)) | 3/61(4.9%) | Limitations: Doesn't account for any confounders – no data given on disease severity at baseline. Presented as crude data |
| Study design: Retrospective chart review | Exclusion criteria: NR | | Died on waiting list (n (%)) | 35 (57.4%) | |
| Who was blinded: NR | All patients N: 61 IPF patients (146 total cohort) Age (mean): NR Drop outs: NR | | | | Additional outcomes: Age and sex distribution for LTX Number transplanted and mortality by blood group and gender The reported outcomes were also given for other disease populations in the cohort. |
| Setting: 5 centres | | | | | |
| Duration of follow-up: 9 years | | | | | |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St. George's Respiratory Questionnaire, 6MWT= 6 minute walking test

F.7 Ventilation

Table 99: Alhameed 2004¹¹

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|----------|
|---------------|----------|---------|------------------|-------------|----------|

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------------------------------|---|--|---|--|--|
| Alhameed 2004 ¹¹ | <p>Patient group: All patients with IPF requiring MV for unknown causes of ARF who were admitted to the medical and surgical ICU units from November 1988 to December 2000.</p> <p>Inclusion criteria: age 18 years and older, an established diagnosis of IPF and acute exacerbation of IPF that required ICU admission</p> <p>Exclusion criteria: evidence of connective tissue disorders or hypersensitivity pneumonitis; presence of infection in the first five days of ICU admission; evidence of severe left ventricular dysfunction documented as an ejection fraction of less than 30%; significant history of occupational exposure; and patients with irreversible</p> | <p>All patients data were collected from the medical charts</p> <p>All patients were treated with antibiotics and systemic corticosteroids, while eight patients received chemotherapy additionally</p> <p>Group 1-invasive mV Intubation and MV was administered to 21 patients for a mean duration of 11 days (range two to 27 days).</p> <p>Group 2-non-invasive MV The other four patients were treated with non-invasive ventilation (three patients) – two with bi-level positive airway pressure, one with proportional assist ventilation and one with high flow oxygen alone. The latter individual was included in the present study because he would have been treated with MV, but he chose not to pursue this treatment</p> | In hospital mortality | Group1: 21/21 Group 2: 3/4 p value: NR | Funding: NR |
| Country of study: Canada | | | 2 month mortality | Group1: 21/21 Group 2: 4/4 p value: NR | Limitations: Retrospective data Generalizability 1 patient who was in the NIV group but would have been treated with IMV but declined |
| Study design: Retrospective cohort | | | Additional outcomes: ICU clinical status | | |
| Who was blinded: NR | Notes: IPF was defined as a specific form of chronic fibrosing interstitial pneumonia of unknown etiology with the histological appearance of usual interstitial pneumonia (UIP) on surgical (thoroscopic or open) lung biopsy In the absence of surgical lung biopsy, IPF was diagnosed based on the presence of all of the major diagnostic criteria, as well as at least three of the four minor criteria. The major criteria included: exclusion of other known causes of interstitial lung disease such as certain | | | | |
| Setting: ICU | | | | | |
| Duration of follow-up: 2 months | | | | | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|------------------|-------------|--|
| | <p>systemic disease, e.g. end-stage neoplasm</p> <p>All patients N: 25 M/F: 23/2 Age (mean): 69±11 Drop outs: 0</p> <p>Group 1 N: 21 M/F:NR Age (mean): NR Drop outs: NR</p> <p>Group 2 N: 4 M/F: NR Age (mean): NR Drop outs: NR</p> | | | | <p>drug toxicities, environmental exposures and connective tissue diseases; abnormal pulmonary function studies that included evidence of restriction (reduced vital capacity, often with an increased forced expiratory volume in 1 s/forced vital capacity ratio) and impaired gas exchange (increased alveolar to arterial oxygen gradient of the partial pressure of oxygen [PaO₂] at rest or exercise or decreased diffusion capacity of the lung for carbon monoxide); bibasilar reticular abnormalities with minimal ground glass opacities on high resolution computed tomography (HRCT) scan; and transbronchial lung biopsy or bronchoalveolar lavage showing no features supporting an alternative diagnosis. The minor criteria included: age older than 50 years; insidious onset of otherwise unexplained dyspnoea on exertion; duration of illness three months or longer; and bilateral inspiratory crackles.</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|---|
| | | | | | <p>Acute exacerbation of IPF was defined by the following criteria: exacerbation of dyspnoea within eight to 12 weeks; development of adult respiratory distress syndrome (ARDS) criteria (based on the American and European consensus conference absence of apparent infectious agents; and ICU admission for further diagnostic workup and management</p> <p>Infections were ruled out by extensive surveillance cultures (including sputum, blood and urine cultures) and/or bronchoscopy with BAL in the first five days of ICU admission. The diagnosis of pneumonia was considered if the patient met the following criteria: fever and deterioration of pulmonary status with appearance of a new pulmonary infiltrate on chest radiograph, and documented pulmonary pathogens.</p> |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 100: Blivet 2001⁴²

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------------------------------|--|--|--|---|--|
| Blivet 2001 ⁴² | Patient group: Retrospectively studied all consecutive patients referred to respiratory ICU with ARF from January 1989to June 1998 Inclusion criteria: As above Exclusion criteria: Patients with a clinical history of environmental exposure, drug induced pulmonary disease or collagen vascular disease | All patients Information was collected from patients medical charts | Patients treated with NIMV | 5/15 | Funding: NR |
| Country of study: France | | | Patients treated with MV | 12/15 (10 on ICU admission and 2 after failure of NIMV) | Limitations: Generalizability Cross over between treatment groups |
| Study design: Retrospective cohort | | | Mortality | NIMV: 1 MV: 10 | Confounding factors weren’t accounted for |
| Who was blinded: NR | | | Number of patients who received both NIMV & MV | 2 | Additional outcomes: Mean time between IPF diagnosis and AR leading to ICU admission |
| Setting: University hospital | | | | | Duration of clinical symptoms Medical management including the use of cyclophosphamide, steroids, and oxygen and duration of treatment HRCT findings Conditions associated with ARF in IPF patients |
| Duration of follow-up: NR | All patients N: 15 M/F: 11/4 Age (mean): 64-10 Drop outs: 0 Current smokers: 7/15 TLC % predicted:54-17* | | | Clinical status of patients at ICU admission-arterial blood gas levels, simplified acute physiology score, identified cause of deterioration. | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|--|---------|------------------|-------------|---|
| | FVC % predicted:55-15* FEV1 % predicted: 61-22* | | | | Duration of ventilation Cause of death Length of ICU stay of all patients Mortality of all patients Notes: The definition ARF is: exacerbation of dyspnoea within a few days, deterioration of hypoxemia(PaO2/fraction of inspired oxygen <250), MV requirement IPF diagnosis: based on a combination of the following; persistent bilateral dry crackles on auscultation, widespread bilateral shadowing on chest radiographs or IPF related abnormalities on HRCT, PFT results showing a restrictive ventilatory defect and decreased single breath carbon monoxide diffusing capacity and /or pathologic criteria on open lung biopsy specimen. * PFTs performed a year before ARF |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 101: Fumeaux 2001¹⁵⁴

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|--|--|-------------|---|
| Fumeaux 2001 ¹⁵⁴ | Patient group: Patients diagnosed with PF from December 96- to march 2001. | All patients Patients data was retrieved from a computerized database | Patients treated with NIMV | 11/14 | Funding: NR |
| Country of study: Switzerland | Inclusion criteria: Patients requiring MV for ARF during their ICU stay. | | Patients treated with MV | 14/14 | Limitations: The population includes patients who have secondary PF – 3/14 patients had secondary PF associated with sarcoidosis and rheumatoid arthritis |
| Study design: Retrospective observational case series | Exclusion criteria: NR | | Number of patients who received both NIMV & MV | 11/14 | Single centre-results may be influenced by variations in the management of patients |
| Who was blinded: NR | All patients N: 14 M/F: 7/7 Age (mean): 72-8.2 Drop outs: 0 TLC 60-8 FVC 72-19 | | | | Additional outcomes: results of biopsy, HRCT and BAL Medical management including the use of azathioprine, steroids, no pharma and oxygen - duration of treatment and last dosage Disease severity- dyspnoea ranked as mild to moderate in all |
| Setting: Hospital | FEV 69-19 | | | | Symptom of ARF |
| Duration of follow-up: | | | | | Time between first symptom and admission |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|---|
| NR | | | | | Patient characteristics at hospital/ICU admission Cause of ARF Length of hospital stay before ICU admission Notes: IPF was defined according to ATS criteria and secondary PF was defined by evidence of fibrosis (dyspnoea, pulmonary crackles on auscultation, PFTs, with fibrosis on HRCT and /or pulmonary biopsy) associated with a pathology known to induce secondary fibrosis. ARF was defined as acute or rapidly progressive decline in respiratory function with exacerbation of dyspnoea and hypoxia |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George's Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 102: Mollica 2010³²⁸

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|-----------------------------|---|---|----------------------------|--|-------------|
| Mollica 2010 ³²⁸ | Patient group: Patients admitted for | All patients Assessment of IPF Patients with ARF | Mortality (In hospital) | Group1: 15/15 (100%) Group 2: 14/19 (74%) # | Funding: NR |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------------------------------|---|--|---------------------|---|---|
| Country of study: Italy | ARF* from January 2000 to January 2007, 34 consecutive patients at S. Camillo-Forlanini Hospital, Rome. | The decision to initiate NIV or to perform endotracheal intubation (ETI), in the presence of the patient's acute alteration of consciousness, depended on the clinical evaluation by the attending physician in the respiratory ward. | Mortality (6 month) | p value: Group1: 15/15 Group 2: 18/19 p value: | Limitations: The disease severity was quite different between the 2 groups, with patients undergoing IMV showing a significantly higher APACHE II score as compared with subjects undergoing NIV (24.2 ± 6 vs. 19.5 ± 5.9; p = 0.01) |
| Study design: Retrospective cohort | Inclusion criteria: Patients with IPF** who underwent MV for ARF for at least 12 h | In presence of contraindications to NIV, individuals underwent ETI and invasive MV (IMV) was performed, unless patients had previously declared a wish not to be resuscitated. | | | Additional outcomes: reason for admission APACHE) II score duration of MV Effectiveness of MV was calculated NIV failure, ETI mortality rate (%) |
| Who was blinded: NR | Exclusion criteria: Subjects with known causes of interstitial lung disease (e.g., collagen vascular diseases, radiation/drug toxicity, neoplasm, environmental exposure, infections and post-operative observation after non-thoracic procedures) | Patients admitted to the ICU underwent ETI with cuffed tubes (internal diameters 7.5–8.5 mm), after intravenous administration of midazolam (2.5–5 mg) or fentanyl (1 g/kg) for sedation; all patients received propofol (1.5–2 mg/kg of measured body weight); 7 patients also received vecuronium (0.1 mg/kg) or pancuronium (0.05 mg/kg) to obtain a better adaptation to MV. | | | Notes: * ARF was defined as an acute and rapidly progressive decline in respiratory function and exacerbation of dyspnoea within a few days, associated with a deterioration of hypoxemia with a partial pressure of arterial oxygen/fraction of inspired oxygen ratio (PaO ₂ /FiO ₂) < 250 |
| Setting: Hospital ICU | | Both IMV and NIV were performed by Puritan Bennett 7200A ventilator (Nellcor Puritan Bennett Inc. 4280, Pleasanton, Calif., USA). | | | |
| Duration of follow-up: 6 months | All patients N: 34 M/F:26/8 Age (mean): 60±11 Drop outs: 0 | All along the stay, corticosteroids (methylprednisolone 0.5–1 g/day) and broad-spectrum antibiotic regimens were administered to all the patients. | | | |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|--|------------------|-------------|--|
| | <p>Group 1- invasive MV N: 15 M/F: NR Age (mean):64.6±10 Drop outs: 0</p> <p>Group 2- non-invasive MV N: 19 M/F: NR Age (mean):56±11 Drop outs:</p> | <p>Group 1 IMV was applied in a volume-controlled mode with a mean delivered tidal volume (TV) value of 7.5ml/kg (range 6–9) of measured body weight. Positive end expiratory pressure (PEEP) was set in order to obtain the best oxygenation with the fewest side effects on haemodynamics</p> <p>Group2 NIV was performed in pressure support mode (NIPSV); a helmet (CaSta; Starmed, Mirandola, Italy) was used as an interface for all patients. Pressure support, PEEP and flow-by trigger values were adjusted in order to obtain the best oxygenation and to reduce RR and were modified on the basis of blood gas data.</p> <p>The criteria for NIPSV discontinuation and shift to IMV were: onset of coma, cardiovascular instability or poor compliance to NIV device.</p> | | | <p>Sepsis and shock diagnoses were based on American College of Chest Physicians/Society of Critical Care Medicine Consensus Conference (1992) criteria</p> <p>** In 16 subjects, the diagnosis was obtained by lung biopsy, and in the remaining 18 by the presence of all major and at least 3 minor European Respiratory Society/American Thoracic Society criteria for IPF diagnosis</p> <p>All patients had severe functional and radiological impairment. On hospital admission, microbiological investigations for a suspected pulmonary infection (sputum culture and/or endotracheal aspiration and/or BAL) were performed upon all patients, before the introduction of an empirical antibiotic treatment. # despite the observed improvement in oxygenation, NIV was withdrawn because of</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|--|
| | | | | | poor compliance (3 patients), pneumothorax (1 patient) and blood emesis (1 patient). All of them requested not to be resuscitated and died after 16 ± 5.4 days. NIV failed to improve PaO ₂ /FiO ₂ in 9 individuals: 5 underwent IMV and died after 8.8 ± 5.8 days and 4 died before undergoing ETI. |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO₂=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

Table 103: Stern 2001⁴⁴⁷

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|---|---|-----------------------|-------------------------------|---|
| Stern 2001 ⁴⁴⁷ Country of study: France Study design: retrospective cohort Who was | Patient group: 27 consecutive patients with pulmonary fibrosis requiring MV for ARF admitted between September 1990 and October 1999 were retrospectively examined. Inclusion criteria: A diagnosis of IPF was based on the association of the three following criteria: (1) | All patients The decision of initiating IMV depended on the attending physician** The patients were receiving mechanical ventilation using Cesar (Taema; Paris, France), Erica (Engstro¨m; Bromma, Sweden), or Evita 2 (Dra¨ger Medical; Lübeck, Germany) ventilators. The initial settings of the ventilator were adjusted in order to minimize peak airway pressure and to maintain adequate ventilation. To accomplish the goal of limiting peak airway pressure, Paco ₂ was permitted to rise. | In hospital Mortality | Group1: 22/23* p value: NR | Funding: NR Limitations: Blinding No comparison/ control group Observational data Retrospective Single centre Small sample size Additional outcomes: The presence of organ |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|---|------------------|-------------|--|
| <p>blinded: NR</p> <p>Setting: Hospital-ICU</p> <p>Duration of follow-up: NR</p> | <p>history of dyspnoea and examination findings compatible with the diagnosis of IPF (bilateral crackles and/or clubbing); (2) chest radiograph and/or high-resolution CT scan showing typical pattern of IPF, such as ground-glass areas, irregular linear opacities, and honeycombing; and (3) no known cause of pulmonary fibrosis, such as hypersensitivity pneumonitis connective tissue disease, drug or radiation-induced pneumonitis, or less frequent causes.</p> <p>Exclusion criteria: Other causes of pulmonary fibrosis</p> <p>All patients N: 23 M/F:19/4 Age (mean):53 Drop outs: 0</p> | <p>The fraction of inspired oxygen (Fio2) was 100% at the time of intubation and was then progressively decreased to the lowest level compatible with arterial oxygen haemoglobin saturation >90%. Thereafter, these settings were adjusted by the attending physician. After intubation, there were no decisions of withdrawal of support or of “do not resuscitate.”</p> <p>At the time of intubation (day 0), volume-control ventilation was used with tidal volume ranging from 8 to 13 mL/kg and respiratory rate from 16 to 20 breaths/min. The corresponding mean peak airway pressure that resulted at day 0 was 50 6 7 cm H2O (range, 25 to 85 cm H2O).</p> | | | <p>dysfunction and/or infection in ICU was evaluated using the organ dysfunction and/or infection (ODIN) model.</p> <p>Duration of MV, percentage of patients who underwent LTX, Arterial blood gas measurements obtained before initiation of MV and at different time points after MV, the Pao2 value measured before MV. After MV, the Pao2/Fio2 ratio was calculated.</p> <p>The incidence of nosocomial pneumonia in patients receiving MV and the precipitating cause of ARF</p> <p>Notes: * With the exception of one patient who successfully received a single-lung transplant 6 h after initiation of MV, the remaining 22 patients died while receiving MV ** This decision was based on the presence of at least one of the two following criteria of respiratory failure: severe dyspnoea with marked deterioration of oxygen saturation, or oxygen</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|--|
| | | | | | <p>saturation, 80% despite a high oxygen flow rate using a high concentration facial mask (Rusch Medical; Le Paget, France), or acute alteration of consciousness with or without marked hypercapnia.</p> <p>The duration of MV varied greatly among these 22 patients (median 3 days; range, 1 h to 60 days)</p> <p>Two patients died within the first 2 h after initiation of MV, and 10 patients (45%) died by the end of day 2.</p> <p>In the 10 patients who died within the first 2 days after intubation, the cause of death was oxygenation failure and severe alveolar hypoventilation associated with hemodynamic failure in 8 patients. The other causes of death were brain death related to severe hypoxemia (n = 1) and septic shock associated with left ventricular failure (n = 1).</p> |

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Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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Table 104: Saydain 2002⁴²¹

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|--|-------------------------------|---|--|
| <p>Saydain 2002⁴²¹</p> <p>Country of study: USA</p> <p>Study design: Retrospective cohort</p> <p>Who was blinded: NR</p> <p>Setting: ICU</p> <p>Duration of follow-up: NR</p> | <p>Patient group: patients with IPF admitted to the ICU between January 1995 and July 2000</p> <p>Inclusion criteria: had IPF based on the following criteria: (1) surgical biopsy showing usual interstitial pneumonitis (UIP); (2) abnormal pulmonary function studies that included evidence of restriction, and/or increased alveolar-arterial oxygen tension gradient at rest or during exercise, or decreased diffusing capacity for carbon monoxide; and (3) chest radiograph or high-resolution computed tomography suggestive of UIP. In the absence of surgical biopsy, patients had to fulfil all of the major criteria and at least three of the four minor criteria of the ATS & ERS</p> <p>Exclusion criteria:</p> | <p>This study was aimed to describe the clinical course and outcome of patients with IPF admitted to the ICU.</p> <p>Group 1- ventilated patients (invasive and non-invasive)</p> <p>Group 2- no ventilation</p> | <p>In hospital mortality*</p> | <p>Group1: 13/19 Group 2: 10/19 p value: NR</p> | <p>Funding: Robert N. brewer family foundation and the mayo foundation</p> <p>Limitations: Observational data Generalizability – single centre data</p> <p>Additional outcomes: Observational data recorded throughout ICU stay.</p> <p>Notes: Of the 32 patients admitted for respiratory failure, 10 (31%) had pneumonia, 2 (6%) pulmonary embolism, 2 (6%) congestive heart failure, and 2 (6%) pneumothorax. One patient developed acute on chronic respiratory failure following surgery for mitral valve replacement. The remaining 15 (47%) patients with respiratory</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|---|---------|------------------|-------------|---|
| | <p>Patients who have known causes of interstitial lung disease, such as collagen vascular disease, drug toxicity, and environmental exposure, Patients who were admitted to ICU for electrocardiographic monitoring or postoperative observation after non thoracic procedures</p> <p>All patients N: 38 M/F: 25/13 Age (mean): 69±11 Drop outs: 0</p> <p>Group 1 N: 19 M/F: NR Age (mean): NR Drop outs: 0</p> <p>Group 2 N: 19 M/F:NR Age (mean): NR Drop outs: 0</p> | | | | <p>failure had no immediate precipitating factor, and the worsening respiratory failure was attributed to progression of IPF</p> <p>*Nineteen patients (50%) received mechanical ventilation for an average of 10.5 ± 12.4 (median 5) days. Six patients received invasive as well as non-invasive positive pressure ventilation, whereas one patient received non-invasive positive pressure ventilation only. Fifteen patients (39%) requested not to be resuscitated. Life support was withdrawn from eight patients (21%) at the request of next of kin. Ten of the 19 patients (53%) who did not receive mechanical ventilation died compared with 13 of the 19 patients (68%) who received mechanical ventilation p=0.51</p> <p>There was no significant difference in the duration of mechanical ventilation between survivors and no survivors (p = 0.10). (median of 4.5 for</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|--|
| | | | | | survivors and of 11.0 for no survivors, p =0.66) |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

Table 105: Yokoyama 2010⁵⁰³

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---|---|---|--|---|--|
| Yokoyama 2010 ⁵⁰³ Country of study: Japan Study design: retrospective cohort Who was blinded: No one Setting: Hospital | Patient group: Patients included in the study diagnosed with IPF and were who fulfilled the proposed Japanese Respiratory Society criteria for acute exacerbation-IPF* during the period between April 1998 and June 2004 at Tosei General Hospital. Inclusion criteria: NIV was initiated in cases of a respiratory failure of PaO2/FIO2 less than 300, Exclusion criteria: Patients had contraindications of NIV use such as severe coma and pneumothorax. | All patients Standard microbiological investigations with blood and sputum cultures were performed to exclude pulmonary infection in all patients# BAL was performed on admission to rule out infectious disease except in patients with severe pulmonary function impairment before AE, marked honeycombing on HRCT, or rejection of BAL##. High-dose corticosteroid therapy was introduced as general therapy for AE-IPF. Another immunosuppressive therapy such as cyclophosphamide or cyclosporine A was concurrently or subsequently used###. Ventilatory managements BiPAP Vision (Respironics Inc, Murrysville, PA, USA) was used for NIV. The initial setting for NIV was CPAP | Mortality (all) Mortality (non-intubated cases)-NIMV Mortality (intubated cases)- MV | Group1: 6/11 p value: NR Group1: 2/7 p value: NR Group1: 4/4 p value: NR | Funding: Grant from Japanese ministry of health, labour and welfare. Limitations: No comparison/ control group Observational data Retrospective Single centre Small sample size Post hoc analysis of NIMV vs. IMV Baseline data not given per group Notes: *IPF was defined according to American Thoracic Society (ATS)/European Respiratory Society (ERS) Consensus Statement Criteria. The criteria |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|--|--|--|------------------|-------------|--|
| <p>Duration of follow-up: 3 months</p> | <p>All patients N: 11** M/F:7/4 Age (mean): 72.3± 7.7 years Drop outs: 0</p> | <p>mode and the CPAP level was gradually increased to 12 cmH2O. Pressure support was given if high respiratory frequency or respiratory acidosis was found, and FIO2 was set at the lowest value to keep PaO2 at more than 60 mmHg.</p> <p>Endotracheal intubation was performed in patients with any of the following criteria: decreased alertness or major agitation requiring sedation, clinical signs of exhaustion (active contraction of the accessory muscles of respiration with paradoxical abdominal or thoracic motion), hemodynamic instability, cardiac arrest, or refractory hypoxemia.</p> <p>The criteria for the end of NIV use were defined as follows: PaO2/FIO2 >200, respiration rate <20, clinical improvement of the radiological findings</p> | | | <p>for AE-IPF were as follows: During the chronic course of IPF, there was 1) acute worsening of dyspnoea within the course of one month, 2) bibasilar honeycombing with newly developing ground glass attenuation and/or consolidation on HRCT scans, 3) deterioration of PaO2 of more than 10 mmHg under the same condition, and 4) exclusion of other known causes of exacerbation, such as pulmonary infection, pneumothorax, malignancy, pulmonary thromboembolism, and heart failure</p> <p>** Ten patients were diagnosed with IPF before acute exacerbation and one patient was diagnosed with IPF in acute exacerbation</p> <p>#All blood cultures were negative, and neither sputum Gram staining nor culture was contributory. After these diagnostic investigations, broad-spectrum antibiotics were administered as empiric</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|--|
| | | | | | <p>therapy until the offending pathogen was identified or ruled out.</p> <p>##BAL was performed during acute exacerbation before antibiotics were introduced in 6 patients. In all 6 cases, BAL fluid studies for routine bacterial organisms, opportunistic pathogens, as well as common viral pathogens revealed no evidence of infection.</p> <p>###After diagnosis of AE-IPF, all patients were treated with steroid pulse therapy and/or methyl-prednisolone 2 mg/kg/day, followed by tapering corticosteroid with or without an immunosuppressant.</p> <p>The time from introduction of NIV to steroid therapy was 2.2±1.2 days</p> <p>Duration of NIV was 5.4±3.8 days in all cases</p> <p>Intubation was required in 4 of 11 patients, who failed NIV.</p> |

| Study details | Patients | Methods | Outcome measures | Effect size | Comments |
|---------------|----------|---------|------------------|-------------|---|
| | | | | | <p>And the all 4 patients died during 3 months after AE-IPF. Intubation was avoided in 5 of 11 patients, who survived more than 3 months after AE-IPF. The other 2 patients, who refused endotracheal intubation, died without intubation. All 6 patients who failed NIV died within 3 months because of the progression of respiratory failure</p> |

Abbreviations: M/F=male/female, N=total number of patients randomised, SD= standard deviation, %FVC= Forced vital capacity (percentage), PaO2=partial pressure of oxygen in arterial blood, DLCO=Carbon monoxide diffusing capacity, IPF= Idiopathic Pulmonary Fibrosis, HRCT= high resolution computed tomography, HR=hazard ratio, BDI= baseline dyspnoea index, SGRQ= St.George’s Respiratory Questionnaire, 6MWT= 6 minute walking test

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1 **F.8 Patient review and follow-up**

2 *No relevant clinical studies comparing different timings and delivery of review appointments were identified*

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Appendix G: Economic evidence tables

G.1 Diagnosis

No relevant economic evaluations were identified that assessed the value of a biopsy, multidisciplinary team consensus in the diagnosis of IPF or how this should best be achieved.

G.2 Prognosis

No health economic literature assessing an intervention for a prognostic purpose in an IPF population was identified.

G.3 Pulmonary rehabilitation

No relevant economic evaluations that assessed pulmonary rehabilitation in an IPF population were identified.

G.4 Best supportive care

No relevant economic evaluations comparing strategies of oxygen management, or palliation of cough, breathlessness or fatigue were identified.

G.5 Pharmacological interventions

G.5.1 Combination: Prednisolone & azathioprine & n-acetylcysteine vs. Conservative treatment and thiopurine S-methyltransferase testing

Table 106: Hagaman 2010¹⁶⁸

J. T. Hagaman, B. W. Kinder, and M. H. Eckman. Thiopurine S-methyltransferase testing in idiopathic pulmonary fibrosis: a pharmacogenetic cost-effectiveness analysis. *Lung* 188 (2):125-132, 2010.

| Study details | Population & interventions | Costs | Health outcomes | Cost effectiveness |
|---------------|----------------------------|-------|-----------------|--------------------|
|---------------|----------------------------|-------|-----------------|--------------------|

J. T. Hagaman, B. W. Kinder, and M. H. Eckman. Thiopurine S-methyltransferase testing in idiopathic pulmonary fibrosis: a pharmacogenetic cost-effectiveness analysis. Lung 188 (2):125-132, 2010.

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|--|---|---|---|---|
| <p>Economic analysis: CUA</p> <p>Study design: Analytic decision model</p> <p>Approach to analysis: Decision tree structure depicted however assumed Markov based on description. Based on published estimates and expert opinion</p> <p>Perspective: USA, Medicare</p> <p>Time horizon: Lifetime, with key intervention related events captured only in first year. Events assumed to occur every 0.5 years</p> <p>Treatment effect duration: Assumed to be continuous with use of drug</p> <p>Discounting: NR</p> | <p>Population: IPF patients</p> <p>Cohort settings: Start age = NR M =NR</p> <p>Intervention 1: Conservative therapy, medical history and exam.</p> <p>Intervention 2: Azathioprine, NAC, and steroids at standard dose [dose NR], medical history and exam 3 times annually, monthly CBC for 1 year and bimonthly after, LFT and renal function biannually, PFT and CT scan annually, DEXA scanning, bisphosphate therapy, calcium, and Vitamin D, TMP/sulfa 3 times weekly</p> <p>Intervention 3: Azathioprine, NAC, and steroids at reduced dose [dose NR], medical history and exam 3 times annually, monthly CBC for 1 year and bimonthly after, LFT and renal function biannually, PFT and CT scan annually, DEXA scanning, bisphosphate therapy, calcium, and Vitamin D, TMP/sulfa 3 times weekly</p> | <p>Total costs (mean per patient): Intvn 1: £6,249.78 Intvn 2: £10,190.81 Intvn 3: £10,201.12</p> <p>Currency & cost year: 2007 US dollars (presented here as 2007 UK pounds£)</p> <p>Cost components incorporated: TPMT assay:£193.47 Cost of delivering Intvn. 1 per month = £42.56 Cost of delivering Intvn. 2 per month = £191.54 Cost of delivering Intvn. 3 per month = £154.78 Complicated leukopenia = £6,536.77 Complicated leukopenia leading to death = £9,458.19 Uncomplicated leukopenia = £272.80 Cost of IPF progression (Interstitial lung disease DRG code 93, additional CT and PFT per year, additional comprehensive medical</p> | <p>Primary outcome measure: QALYs (mean per patient) Intvn 1: 2.50 Intvn 2: 2.61 Intvn 3: 2.62</p> | <p>Primary ICER (Intvn 2 vs. Intvn 1): Intervention 2 was subject to extended dominance ICER of Intvn3 vs. 1: £31,701.per QALY gained CI: NR Probability cost-effective: NR</p> <p>Other: If conservative treatment is excluded from the incremental analysis due to lack of applicability to the UK context, the ICER of Intvn 3 vs. 2 is £19,129.85</p> <p>Subgroup analyses: NA</p> <p>Analysis of uncertainty: Deterministic sensitivity performed for majority of inputs except costs. A threshold analysis was conducted for prevalence of abnormal activity. Inspection from graph suggests that in order for TPMT testing to be cost effective compared to no testing, the prevalence of abnormal TPMT activity needs to be 2.5%. At prevalence above 13.5% TPMT testing dominates. The sensitivity analysis also showed that results were sensitive to the probability of leukopenia. If the probability of leukopenia on low dose of azathioprine increases above 12% over the base case value (21.4% with intermediate TPMT activity) then testing is no longer cost effective at \$50,000 threshold [results not reported] A two way sensitivity analysis assessing cumulative probability of disease progression on conservative therapy and that of the drug regimen. This showed with lower estimates of disease progression on conservative therapy the less favourable the drug regimen was in comparison.</p> |
|--|---|---|---|---|

J. T. Hagaman, B. W. Kinder, and M. H. Eckman. Thiopurine S-methyltransferase testing in idiopathic pulmonary fibrosis: a pharmacogenetic cost-effectiveness analysis. Lung 188 (2):125-132, 2010.

| | | |
|--|-------------------------------------|---|
| | exam every 6 months) = £9,527.20 | Authors reported no other parameters tested influenced the results significantly. |
|--|-------------------------------------|---|

Data sources

Health outcomes: Respective 1 year cumulative probability of developing leucopenia with standard dose was 1%, 21.4%, 100% for normal, intermediate and absent TPMT activity. Respective 1 year cumulative probability of developing leucopenia with reduced dose was 1%, 10%, and NA for normal, intermediate and absent TPMT activity. 1 year probability of miscellaneous complications on azathioprine was 2.5%. In patients with leucopenia the probability of complicated leukopenia was 16% and 8% probability of death. The one year probability of disease progression for patients on the pharmacological regimens was 37% and 51% for those without. The respective quality of life estimates used was 0.63, 0.95 and 0.76 for patients with progression of IPF, leucopenia and complicated leucopenia. Excess mortality due to IPF was 9% per year. Life expectancy after IPF diagnosis was 3 years. All values were subject to sensitivity analysis.

Effectiveness data for the drug regimen was derived from one RCT and two observational trials - Demedts et al (2005), Raghu et al (1991), Winterbauer et al (1978)

Quality-of-life weights: IPF weights derived from Japanese population using SF36. Other weights derived from Eldar-Lissai et al (2008), Vogel et al (2005), Talcott (2000)

Cost sources: Drug costs from www.drugstore.com; other costs from average Medicare reimbursement for the corresponding Current Procedural Terminology or Diagnosis Related Group codes.

Comments

Source of funding: Not reported; **Limitations:** Lifetime horizon used with no events associated with the intervention occurring beyond the first year, potentially not capturing some of the benefits of having appropriate dose beyond first year. Implicit assumption that if you have an adverse event due to inappropriate dosage this will occur in first year of treatment. Relevant health outcomes are included. Where possible RCT data is used, supplemented by observational data and expert opinion. Unclear if cost estimates come from the best source of data. Deterministic sensitivity performed and incremental analysis presented. No probabilistic sensitivity analysis.

Other: Unclear whether marginal cost between conservative treatment and triple therapy applicable to UK context.

Overall applicability*: Partially applicable **Overall quality**:** Potentially serious limitations

1 *Abbreviations: CBC = Complete Blood Count; CI = confidence interval; CT = Computer-aided Tomography CUA = cost-utility analysis; ICER = incremental cost-effectiveness ratio; LFT = Liver*
 2 *Function Test; NA = Not applicable; NAC = N-acetylcysteine; NR = not reported; pa = probabilistic analysis; PFT = Pulmonary Function Test; QALY = Quality Adjusted Life Year; RCT =*
 3 *Randomised Control Trial; TPMT = Thiopurine S-methyltransferase; ‡ Converted using 2007 Purchasing Power Parities*
 4 ** Directly applicable / partially applicable / Not applicable; ** Minor limitations /potentially serious Limitations / Very serious limitations*

G.5.2 Co-trimoxazole vs. Placebo

Table 107: Wilson 2012⁴⁹⁷ - please note data from this table has been removed as it is academic data in confidence

E. C. F. Wilson, L. Shulgina, A. Cahn, E. Chilvers, H. Parfrey, A. B. Clark, O. Twentyman, A. G. Davison, J. Curtin, M. B Crawford, and A. Wilson. Treating idiopathic pulmonary fibrosis with the addition of co-trimoxazole: a cost-effectiveness analysis. Draft in confidence. Anonymous. Anonymous. 2012.

| E. C. F. Wilson, L. Shulgina, A. Cahn, E. Chilvers, H. Parfrey, A. B. Clark, O. Twentyman, A. G. Davison, J. Curtin, M. B Crawford, and A. Wilson. Treating idiopathic pulmonary fibrosis with the addition of co-trimoxazole: a cost-effectiveness analysis. Draft in confidence. Anonymous. Anonymous. 2012. | | | | |
|--|---|-------|-----------------|--------------------|
| Study details | Population & interventions | Costs | Health outcomes | Cost effectiveness |
| <p>Economic analysis: CUA</p> <p>Study design: Within trial cost utility analysis.</p> <p>Approach to analysis: Intention to treat analysis of RCT data with economic evaluation.</p> <p>Perspective: UK, NHS</p> <p>Time horizon: 12 months</p> <p>Treatment effect duration: 12 months</p> <p>Discounting: NA due to short time horizon</p> | <p>Population: Aged over 40 with fibrotic idiopathic interstitial pneumonia.</p> <p>Cohort settings: Start age = NR M =NR</p> <p>Intervention 1: Patients were randomised to receive either co-trimoxazole 960mg (as two tablets of 480mg each) twice daily Each patient received folic acid (non-proprietary) 5mg once daily. The use of additional antibiotics was permitted for intercurrent infections.</p> <p>Intervention 2: Placebo (usual care)</p> | - | - | - |
| Data sources | | | | |
| <p>Health outcomes: Based on a double-blind, multi- (28) centre randomised, placebo-controlled trial of 12 months therapy with co-trimoxazole in 181 patients aged over 40 with fibrotic idiopathic interstitial pneumonia.⁽⁴³⁷⁾ Quality-of-life weights: Overall health-related quality of life (via the EuroQoL EQ-5D-3L) was assessed at baseline, six weeks and six, nine, and 12 months. Responses to the EQ-5D-3L were converted to utilities using standard UK health state valuations, and thence to Quality Adjusted Life Years (QALYs) gained by calculating the area under the curve over the 12 month time horizon. Cost sources: NHS reference costs and PSSRU.</p> | | | | |
| Comments | | | | |
| <p>Source of funding: Not reported; Limitations: Only one data source used to inform resource use and treatment effect. Short time horizon of 1 year Other: Costing and collection of resource use data (via questionnaire) seems comprehensive and UK cost sources used.</p> | | | | |
| <p>Overall applicability*: Directly applicable Overall quality**: Potentially serious limitations</p> | | | | |

1 *Abbreviations: CI = confidence interval; CUA = cost-utility analysis; ICER = incremental cost-effectiveness ratio; NA = Not applicable; NR = not reported; pa = probabilistic analysis; QALY =*
2 *Quality Adjusted Life Year; RCT = Randomised Control Trial;*
3 ** Directly applicable / Partially applicable / Not applicable; ** Minor limitations /Potentially serious Limitations / Very serious limitations*

4

5 **G.6 Lung transplantation**

6 *No relevant economic evaluations comparing different timing of LTX in a population of IPF were identified.*

7 **G.7 Ventilation**

8 *No relevant economic evaluations comparing invasive and non-invasive ventilation strategies were identified.*

9 **G.8 Patient review and follow-up**

10 *No relevant economic evaluations comparing different review and monitoring strategies were identified.*

11

Appendix H: Interpreting post-test probabilities by considering prevalence/pre-test probability

Predictive values or post-test probabilities address the chances of a person having a particular diagnosis given the known test result. However, the values are only accurate for a population with similar prevalence to the population tested because the prevalence of disease in the population can have a large effect on the calculated predictive value. Therefore, the predictive values are not independent of prevalence and are not intrinsic to the test itself.

Consequently, it is necessary to consider the prevalence when interpreting the positive and negative predictive values. In this report, the modified positive and negative predictive values have been calculated, which represent the value-added predictive figures:

Value-added PPV = $PPV - prevalence$

Value-added NPV = $NPV - (1 - prevalence)$

These figures convey the additional certainty of the diagnosis that is contributed by a positive or negative test result over the starting probability of a diagnosis (the prevalence in the sample). However, it is important to bear in mind that if there is only a small amount of uncertainty in the diagnosis before the test a small absolute increase in certainty may be important for diagnostic decisions.

Below is a summary matrix to aid interpretation of these values when the post-test probability is high, which superficially suggests a high diagnostic accuracy. Note that if the PPV or NPV is low then the test is unlikely to be useful as it will be unable to accurately discriminate a positive from a negative diagnosis in the majority of cases.

Table 108: Interpreting high post-test probabilities

| Prevalence (pre-test probability) | Post-test probability (predictive values) | |
|-----------------------------------|---|---|
| | PPV high | NPV high |
| High | Little value added: limited additional certainty in the diagnosis and so uncertain in the discriminative ability of the test (accurately detected those with disease but there was a large proportion of positives in the sample) | Large value added: considerable additional certainty in the negative diagnosis and so high value of the test (accurately detected those without disease from a small total number of negatives) |
| Low | Large value added: considerable additional certainty in the positive diagnosis and so high value of the test (accurately detected those with disease from a small total number of positives) | Little value added: limited additional certainty in the diagnosis and so limited value of the test (accurately detected those with disease but there was a large proportion of negatives in the sample) |

Appendix I: Calculations of standard errors from HR, RR and ORs

These formulae were applied for any ratio measures including HR, RR and OR

| Using the Confidence Interval for the RR/OR/HR to find the SE | | | | | |
|--|---|---------|-----------|-------------------|-----------------|
| OR/RR/HR = | 0.48 | | | | |
| Upper CI limit = | 0.69 | | | | |
| Lower CI limit = | 0.33 | | | | |
| % CI (enter 0.95 for 95%; or 0.90 for 90%CI or 0.99 for 99%CI) = | 0.95 | | | | |
| No. of participants in Group 1 = | 107 | | | | |
| No. of participants in Group 2 = | 2911 | | | | |
| <i>(divisor = 3.92)</i> | | | | | |
| | <table border="1"> <thead> <tr> <th>In (RR)</th> <th>SE(In RR)</th> </tr> </thead> <tbody> <tr> <td>-0.7339692</td> <td>0.188163</td> </tr> </tbody> </table> | In (RR) | SE(In RR) | -0.7339692 | 0.188163 |
| In (RR) | SE(In RR) | | | | |
| -0.7339692 | 0.188163 | | | | |

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1 I.1.1 Calculations of SE

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR RR/OR/HR) |
|-------------------|-----------------------------|---|------------|----------|----------|--------------|---------------------|
| Prognosis: PFTs | DuBois2012A ⁴ | All-cause mortality: Baseline FVC </=50% vs. >/=80%: | - | - | - | - | - |
| | | All-cause mortality: Baseline FVC 51% - 65% vs. >/=80%: | - | - | - | - | - |
| | | All-cause mortality: Baseline FVC 66%-79% vs. >/=80%: | - | - | - | - | - |
| | Caminati 2009 ⁵² | Mortality: Baseline resting room air arterial oxygen saturation | 0.816 | 0.537 | 1.241 | -0.203340924 | 0.21369252 |
| | | Mortality: Baseline FVC (L) | 2.73972603 | 8.064516 | 0.927644 | 1.007857925 | -0.55167887 |
| | | Mortality: Baseline DLCO (mL/min/mmHg) | 1.38312586 | 1.824818 | 1.048218 | 0.324346057 | -0.14142561 |
| | DuBois2011A ¹¹⁵ | Mortality: Change in percent-predicted FVC | 5.79 | 2.55 | 13.15 | 1.756132292 | 0.41845112 |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR OR/OR/HR) |
|-------------------|----------------------------|---|----------|----------|----------|--------------|---------------------|
| Prognosis PFTs: | | (from baseline) </=50% vs. >/=80%: | | | | | |
| | | Mortality: Change in percent-predicted FVC (from baseline) 51% - 65% vs. >/=80%: | 3.54 | 1.95 | 6.44 | 1.264126727 | 0.3047702 |
| | | Mortality: Change in percent-predicted FVC (from baseline) 66%-79% vs. >/=80%: | 2.2 | 1.19 | 4.09 | 0.78845736 | 0.31494685 |
| | | Mortality: Change in percent-predicted FVC (from baseline) </=50% vs. >/=80%: | 7.44 | 3.28 | 16.87 | 2.006870849 | 0.41777895 |
| | | Mortality: Change in percent-predicted FVC (from baseline) 51% - 65% vs. >/=80%: | 4.09 | 1.87 | 8.98 | 1.40854497 | 0.40027078 |
| | DuBois2011B ¹¹⁸ | Mortality: | 1.97 | 0.85 | 4.55 | 0.678033543 | 0.42797096 |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR OR/OR/HR) |
|-------------------|--------------------------------|---|------------|----------|----------|--------------|---------------------|
| Prognosis: PFTs | | Change in percent-predicted FVC (from baseline) 66%-79% vs. >/=80%: | | | | | |
| | Hallstrand 2005 ¹⁶⁹ | Mortality: Baseline resting room air arterial oxygen saturation | 1.06 | 0.83 | 1.37 | 0.058268908 | 0.12784192 |
| | Hamada 2007 ¹⁷⁰ | Mortality: Baseline % DLCO <40 | 2.7 | 1.46 | 4.99 | 0.993251773 | 0.31352027 |
| | Jeon 2006 ²¹⁶ | Mortality: Baseline FVC, % predicted per 10% decrease | 1.30384048 | 1.095445 | 1.516575 | 0.265314126 | 0.08298311 |
| | | Mortality: Baseline DLCO, % predicted per 10% decrease | 1.5 | 1.1 | 1.2 | 0.405465108 | 0.02219678 |
| | Kurashima 2010 ²⁵⁷ | Mortality: Baseline FVC, % predicted per 1 % | 0.94142282 | 0.845537 | 1.05101 | -0.060362906 | 0.05549377 |
| | | Mortality: Baseline DLCO, % predicted per 1 % | 0.87734727 | 0.745062 | 1.020181 | -0.130852395 | 0.08017044 |
| | Lynch 2005 ²⁹⁰ | Mortality: Baseline % predicted DLCO | 1.85661333 | 2.867972 | 1.223881 | 0.618754037 | -0.21723931 |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR RR/OR/HR) |
|----------------------------|---|---|------------|----------|------------|--------------|---------------------|
| Prognosis: PFTs | Manali 2008 ²⁹⁸ | Mortality: Baseline FVC, % predicted | 0.97823198 | 1.022754 | 0.935765 | -0.022008443 | -0.02267583 |
| | Mejia2009 ³⁰⁹ | Mortality: Baseline FVC <50% predicted | 2.6 | 1.19 | 5.68 | 0.955511445 | 0.39872396 |
| | Mogulkoc 2001A ³²⁵ | Mortality: Baseline DLCO, % predicted per 1% decrease | 1.55196035 | 2.111156 | 1.1398 | 0.439518875 | -0.15724058 |
| | Mura 2012 ³³¹ | Mortality: Baseline DLCO % predicted | 0.93 | 0.89 | 0.97 | -0.072570693 | 0.02195781 |
| | DuBois2012A ⁴ | All-cause mortality: 24 week change in percent-predicted FVC </=10% vs. >-5%: | - | - | - | - | - |
| | | All-cause mortality: 24 week change in percent-predicted FVC -5% - -9.9% vs. >-5%: | - | - | - | - | - |
| DuBois2011A ¹¹⁵ | Mortality: 24 week absolute change in percent –predicted FVC </=-10% vs. >- | 7.99 | 5.26 | 12.14 | 2.07819076 | 0.21336091 | |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR RR/OR/HR) |
|-------------------|-----------------------------|---|------------|----------|----------|--------------|---------------------|
| Prognosis: PFTs | | 5% | | | | | |
| | | Mortality: 24 week absolute change in percent –predicted FVC -5 to -9.9% vs. >-5% | 2.6 | 1.75 | 3.85 | 0.955511445 | 0.20113708 |
| | DuBois2011B ¹¹⁸ | Mortality: 24 week absolute change percentage predicted FVC </=-10% vs. >-5%: | 4.78 | 3.12 | 7.33 | 1.564440547 | 0.2178935 |
| | | Mortality: 24 week absolute change percentage predicted FVC -5 to -10% vs. >-5% | 2.14 | 1.43 | 2.3 | 0.760805829 | 0.12123334 |
| | Caminati 2009 ⁵² | Change in oxygen saturation over 12 months follow up compared to baseline | 4 | 13.33333 | 1.194743 | 1.386294361 | -0.61539183 |
| | | Mortality: Change in FVC at 12 months | 7.04225352 | 55.55556 | 0.909091 | 1.951928221 | -1.04915656 |
| | | Mortality: Change in DLCO at 12 months | 2.04081633 | 4.310345 | 0.965251 | 0.713349888 | -0.38173088 |
| | Mogulkoc 2001A | DLCO % predicted | 2.22834787 | 4.364073 | 1.128315 | 0.801260445 | -0.34507145 |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR OR/OR/HR) |
|-------------------|-------------------------------|--|----------|----------|----------|--------------|---------------------|
| | ³²⁵ | per 1% decrease, at 2 years | | | | | |
| | Richeldi 2012A ⁴⁰⁸ | Death at 2 years ≥5% decline in % predicted FVC at 12 months. Relative change | 1.61 | 0.89 | 2.92 | 0.476234179 | 0.30309118 |
| | | Death at 2 years (time to event) ≥10% decline in % predicted FVC at 12 months. Relative change | 2.75 | 1.46 | 5.17 | 1.011600912 | 0.32256027 |
| | | Death at 2 years (time to event) ≥15% decline in % predicted FVC at 12 months. Relative change | 3.18 | 1.16 | 6.26 | 1.156881197 | 0.43004086 |
| | | Death at 2 years ≥5% decline in % predicted FVC at 12 months. Absolute change | 2.89 | 1.53 | 5.46 | 1.061256502 | 0.32453598 |
| | | Death at 2 years (time to event) ≥10% decline in % predicted FVC at 12 months. Absolute change | 2.41 | 1.15 | 5.05 | 0.879626748 | 0.37745569 |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR RR/OR/HR) |
|-------------------|----------------------------|--|----------|----------|----------|--------------|---------------------|
| | | months. Absolute change | | | | | |
| | | Death at 2 years (time to event) ≥15% decline in % predicted FVC at 12 months. Absolute change | 2.49 | 1.02 | 6.06 | 0.91228271 | 0.45456816 |
| | Schmidt2011 ⁴²² | Mortality: Change in FVC over 6 months – 5% predicted | 1.8 | 1.2 | 2.7 | 0.587786665 | 0.20686995 |
| | | Mortality: Change in FVC over 6 months – 10% predicted | 1.4 | 0.9 | 2.1 | 0.336472237 | 0.21614741 |
| | | Mortality: Change in FVC over 6 months – 15% predicted | 1.1 | 0.6 | 1.8 | 0.09531018 | 0.28025824 |
| | | Mortality: Change in FVC over 6 months – 20% predicted | 2.0 | 1.0 | 4.0 | 0.693147181 | 0.35364652 |
| | | Mortality: Change in FVC over 12 months – 5% predicted | 1.8 | 1.2 | 2.9 | 0.587786665 | 0.22509928 |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR OR/OR/HR) |
|-------------------|----------|---|----------|----------|----------|--------------|---------------------|
| | | Mortality: Change in FVC over 12 months – 10% predicted | 2.4 | 1.5 | 3.8 | 0.875468737 | 0.23712652 |
| | | Mortality: Change in FVC over 12 months – 15% predicted | 2.6 | 1.6 | 4.5 | 0.955511445 | 0.26379433 |
| | | Mortality: Change in FVC over 12 months – 20% predicted | 3.6 | 1.9 | 6.9 | 1.280933845 | 0.32899682 |
| | | Mortality: Change in DLCO over 6 months – 10% predicted: | 1.7 | 1.1 | 2.5 | 0.530628251 | 0.20943381 |
| | | Mortality: Change in DLCO over 6 months – 15% predicted : | 1.6 | 1.1 | 2.5 | 0.470003629 | 0.20943381 |
| | | Mortality: Change in DLCO over 6 months – 20% predicted : | 1.8 | 1.1 | 3.0 | 0.587786665 | 0.25594442 |
| | | Mortality: Change in DLCO over 6 months – 25% predicted : | 2.3 | 1.2 | 4.2 | 0.832909123 | 0.31958239 |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR OR/OR/HR) |
|---------------------------------|----------------------------|--|----------|----------|----------|--------------|---------------------|
| | | Mortality: Change in DLCO over 12 months – 10% predicted | 2.2 | 1.4 | 3.5 | 0.78845736 | 0.23374764 |
| | | Mortality: Change in DLCO over 12 months – 15% predicted | 2.3 | 1.5 | 3.7 | 0.832909123 | 0.2303234 |
| | | Mortality: Change in DLCO over 12 months – 20% predicted | 3.0 | 1.8 | 4.9 | 1.098612289 | 0.25547157 |
| | | Mortality: Change in DLCO over 12 months – 25% predicted | 3.5 | 2.0 | 6.1 | 1.252762968 | 0.2844749 |
| | Zappala2010 ⁵⁰⁶ | Decline in FVC at 6 months -adjusted for DLCO | 3.33 | 1.61 | 6.88 | 1.202972304 | 0.37050624 |
| | | Progression free survival patients with 5-10% decline in FVC compared with stable disease-adjusted for baseline DLCO | 2.56 | 1.17 | 4.38 | 0.940007258 | 0.33674617 |
| Prognosis: Sub maximal exercise | DuBois2012A ⁴ | All-cause mortality: Baseline 6MWD | - | - | - | - | - |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR OR/OR/HR) |
|--|--------------------------------|--|----------|----------|----------|--------------|---------------------|
| testing Prognosis: Sub maximal exercise testing | | <250m vs. >/=350m | | | | | |
| | | All-cause mortality: Baseline 6MWD 250-349m vs. >/=350m: | - | - | - | - | - |
| | | All-cause mortality: 24 week change in 6MWD <-50m vs. >/=25m | - | - | - | - | - |
| | | All-cause mortality: 24 week change in 6MWD -50 to -26m vs. >/=25m | - | - | - | - | - |
| | Caminati 2009 ⁵² | All-cause mortality: Baseline 6MWD | 0.995 | 0.990 | 0.999 | -0.005012542 | 0.00230863 |
| | | All-cause mortality: Change in 6MWD at 12 months | 0.994 | 0.988 | 1 | -0.006018072 | 0.00307974 |
| | Hallstrand 2005 ¹⁶⁹ | All-cause mortality: Baseline 6MWD 30-m units change | 0.91 | 0.81 | 1.02 | -0.094310679 | 0.05880706 |
| Pharmacological interventions | Panther2012 ¹⁹⁸ | Death from any cause | 9.26 | 1.16 | 74.1 | 2.225704049 | 1.06045804 |
| | | Death from any cause or | 3.74 | 1.68 | 8.34 | 1.319085611 | 0.4087422 |

| Guideline section | Study ID | Outcome & Prognostic factor | RR/OR/HR | Lower CI | Upper CI | ln(RR/OR/HR) | SE (ln RR OR/OR/HR) |
|-------------------|-------------------------|---|----------|----------|----------|--------------|---------------------|
| | | hospitalisation | | | | | |
| | | Death from any cause or $\geq 10\%$ decline in FVC | 1.46 | 0.7 | 3.05 | 0.378436436 | 0.3754634 |
| | Noth2012 ³⁵⁷ | Primary endpoint | 1.32 | 0.7 | 2.47 | 0.277631737 | 0.3216564 |
| | | All-cause mortality | 4.85 | 1.38 | 16.99 | 1.578978705 | 0.64044424 |
| | | Combined all-cause mortality or non-elective, non-bleeding hospitalisations | 2.12 | 1 | 4.52 | 0.751416089 | 0.38482449 |
| | | Combined all-cause mortality or $\geq 10\%$ FVC drop | 1.44 | 0.69 | 2.99 | 0.364643114 | 0.37406558 |

Appendix J: Costing of a Multidisciplinary Team (MDT) in the Context of an Interstitial Lung Disease (ILD) Network: Finding the incremental cost of involving an MDT in the IPF diagnostic pathway.

J.1 Introduction

The addition of the MDT to the diagnostic pathway will mean extra resources will need to be made available to enable staff to attend the MDT. In recognition that the specialist staff who form an MDT may be geographically widely distributed, the economic consideration of adding an MDT to the diagnostic pathway is undertaken with the assumption that MDTs will evolve within an ILD network configuration.

In an ILD network, we could assume that two forms of MDTs occur: a local level MDT in secondary care and a specialist level MDT in a tertiary care referral hub. The cost per IPF patient diagnosed through a network of MDTs will depend on the implementation costs and on the number of ILD patients (including IPF patients) diagnosed in the network.

The below sections propose a possible configuration for a network and estimate an incremental cost of £682 per IPF patient diagnosed with MDT involvement, or £227 per ILD (including IPF) diagnosis made. To note these estimated costs may cover up to one local and three tertiary MDT meetings as part of the diagnostic pathway. The costing assumes that there would be one specialist MDT and six local MDTs in each network, serving a population of 1.5 million. Other configurations may result in different cost per diagnosis.

J.2 Implementation costs of local and specialist level MDTs

J.2.1 The type, number and location of staff involved in local MDT meetings

It is envisioned that at a local MDT would consist of a radiologist and respiratory medical consultant as a minimum. Although there is potential involvement of a pathologist and ILD nurse (band 6), the costing does not include the time of these members as part of the local team, as it is envisioned they would be a shared resource across the network and included only as part of the specialist team.

J.2.2 The type, number and location of staff involved in specialist MDT meetings

It is envisioned that a specialist MDT would consist of a radiologist, chest physician and pathologist at consultant grade and with a specialist interest in ILD. A nurse with a specialist interest in ILD could also be present (band 6). Further, additional clerical staff could be employed to coordinate the MDTs at tertiary level and provide support for local level centres. The role of the administrative staff could include managing meetings, continuity of patient care, patient notes and potentially management of information for audit and research purposes.

1 **J.2.3 Unit cost of staff and time involvement**

2 The unit cost of each cadre of staff, alongside the cost of their time for their membership in an MDT
3 meeting, is provided in Table 109. These meeting costs represent opportunity costs of the increased
4 time commitment of already employed staff to the MDT; however, the unit cost where qualification
5 has been incorporated is presented in parenthesis for information and in recognition that additional
6 staffing levels may be needed.

7 We assume that a local MDT meeting, including any additional preparation time, will involve 3 hours
8 for each clinical staff member. We assume local level MDT members are not present at specialist
9 level MDTs, and no additional referral time is costed. We assume that a specialist MDT meeting,
10 including any additional preparation time, will involve 2 hours for each clinical staff member. We
11 have not taken into account the potential for staff members to have less than 100% attendance at
12 MDT meetings. In a sensitivity analysis, the time per weekly specialist MDT was increased to 3 hours.

13 Depending on the configuration of the network it is possible some staff members will need to travel,
14 the costs (including time) of which would be in part dependent on the distances involved between
15 centres and the frequency and duration of the meetings. However, the potential to use of
16 information technology and teleconference facilities may mitigate this need. Therefore, the time and
17 cost of travel has not been considered further.

18

19

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Table 109: Unit cost of MDT staff

| Cadre of staff | Per contract hour | Per local MDT meeting | Per specialist MDT meeting | Annual cost per member of staff for local MDT meetings | | | Annual cost per member of staff for specialist MDT meetings | | | Source |
|---|-------------------|-----------------------|----------------------------|--|---------|---------|---|---------|---------|-----------------------------|
| | | | | Number of meetings per year | | | Number of meetings per year | | | |
| | | | | 52 | 26 | 12 | 52 | 26 | 12 | |
| Consultant (Medical, Radiologist, Pathologist) | £110 | £330 | £220 | £17,160 | £8,580 | £3,960 | £11,440 | £5,720 | £2,640 | PSSRU (2010) ³⁷⁹ |
| With Qualification | £127 | £381 | £254 | £19,812 | £9,906 | £4,572 | £13,208 | £6,604 | £3,048 | |
| Specialist respiratory nurse (band 6) | £28 | £84 | £56 | £4,368 | £2,184 | £1,008 | £2,912 | £1,456 | £672 | PSSRU (2010) ³⁷⁹ |
| With Qualification | £31 | £93 | £62 | £4,836 | £2,418 | £1,116 | £3,224 | £1,612 | £744 | |
| MDT coordinator - (Band 4 – agenda for Change point 16) | £13 (a) | £489 | £489 (b) | £25,411 | £25,411 | £12,706 | £25,411 | £25,411 | £12,706 | Estimate (c) |
| With Qualification | £13 | £489 | £489 | £25,411 | £25,411 | £12,706 | £25,411 | £25,411 | £12,706 | |
| MDT composition | | | | | | | | | | |
| 3 consultants, specialist nurse and MDT coordinator | £371 | £1,563 | £1,205 | £81,259 | £53,335 | £25,594 | £62,643 | £44,027 | £21,298 | Calculated |
| With Qualification | £425 | £1,725 | £1,313 | £89,683 | £57,547 | £27,538 | £68,259 | £46,835 | £22,594 | |
| 3 consultants and MDT coordinator | £343 | £1,479 | £1,149 | £76,891 | £51,151 | £24,586 | £59,731 | £42,571 | £20,626 | Calculated |
| With Qualification | £394 | £1,632 | £1,251 | £84,847 | £55,129 | £26,422 | £65,035 | £45,223 | £21,850 | |
| 2 consultants | £220 | £660 | £440 | £34,320 | £17,160 | £7,920 | £22,880 | £11,440 | £5,280 | Calculated |
| With Qualification | £254 | £762 | £508 | £39,624 | £19,812 | £9,144 | £26,416 | £13,208 | £6,096 | |

(a) Per contract hour based on full annual salary plus on cost and 37.5 hour week.

(b) Per meeting cost based on full annual salary plus on cost divided by 52 meetings

(c) 52 meetings based on £21,176 annual salary with 20% employers on cost of £4235. 12 meetings based on 0.5 WTE of £21,176 per annum salary with 20% employers on cost.

2

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4

1 Based on the unit costs presented in Table 109 and taking into account qualification, we could
 2 estimate the annual staff cost for weekly specialist MDTs (consisting of 3 consultants, a respiratory
 3 nurse and full time coordinator support) to be £62,643 (£1,351 per meeting with audio-visual
 4 included). If these meetings were monthly with coordinator support (0.5 WTE), the annual staff cost
 5 would be £22,594.

6 The annual staff cost for a *fortnightly* local MDTs consisting of only 2 consultants (i.e. a radiologist
 7 and chest physician) would be £19,812 (£785 per meeting with audio-visual included). The annual
 8 staff cost for *monthly* local MDTs consisting of only 2 consultants (i.e. a radiologist and chest
 9 physician) would be £9,144 (£812 per meeting with audio-visual included).

10 **J.2.4 The availability and cost of teleconferencing facilities.**

11 The cost of videoconferencing will depend in part on the type of system specified and the number of
 12 sites involved. Additional costs would include line rentals and potentially additional IT equipment. An
 13 additional consideration is whether further administrative support or training would be required in
 14 the operation of the teleconferencing facility and in preparing slides and papers for electronic
 15 distribution in a timely manner. The cost of the video conferencing system would depend on the
 16 number and type of inputs and outputs as well as the quality requirement. Dependent on these
 17 factors commercial quotes for medical audio-visual teleconferencing range from £10,000 to £30,000
 18 per centre. However, with many centres already utilising MDTs for other conditions, rooms may
 19 already be set up for MDT purposes. In this case, where the ILD network could “piggy back” on
 20 capital and arrangements already made, running and installation costs could be as low as £1324
 21 installation fee for the hub and £45 per month fee for each participating unit (Confidential
 22 communication with provider of audio-visual equipment to NHS, 2012). For the purposes of costing,
 23 we have allowed a budget of £600 per local centre and £2000 for the specialist centre to invest in
 24 audio-visual equipment per year.

25 **J.2.5 The number of teams needed to serve the network and the configuration of MDTs within** 26 **the network.**

27 There is diversity and variation in the existing arrangements for MDTs and referral for the diagnosis
 28 of IPF patients. The incremental cost of adding an MDT into the diagnostic pathway is likely to vary
 29 depending on the existing architecture, the local incidence of IPF and potential best configuration
 30 (for instance, whether the MDTs at different levels are combined or done in isolation). However, in
 31 the sections below we use prevalence and incidence estimates, alongside assumptions of the role of
 32 the local and specialist MDTs, to provide a possible configuration of MDTs within the network for
 33 costing purposes.

34 In accordance with the information presented in sections below, we could assume that a network
 35 serves a population of 1.5 million. This network would have one specialist weekly MDT which would
 36 review 9 patients, of which 2 or 3 would be diagnosed with IPF. In order to achieve this number of
 37 referred patients per week, the network could consist of 6 local centres which would have fortnightly
 38 MDTs, reviewing 25 ILD patients per MDT (either to diagnose new cases or to discuss management
 39 plans). In any given month, it would be expected that a local MDT will need to refer an ILD patient to
 40 a specialist MDT to confirm diagnosis of IPF.

1 J.3 The population served by each MDT and across a network

2 J.3.1 Prevalence and incidence of IPF in the UK population.

3 It has been estimated that there are around 15,000 people in the UK with a diagnosis of IPF and each
4 year 5000 new cases are identified. In 2010 the UK population was estimated to be 62.3 million (ONS
5 2011). This would give a prevalence estimate of 24 IPF patients per 100,000 population, with an
6 expected 8 newly diagnosed cases per 100,000 per year.

7 J.3.2 The number of patients reviewed and managed by local level MDTs.

8 According to the population size a network serves, the below table gives estimates on the number of
9 IPF and ILD patients (including IPF patients) that could present and be managed by the local centres
10 within a network serving the population size specified. It is assumed that IPF patients form one third
11 of the ILD patients presenting.

12 It is acknowledged that the role of the MDT may not purely be to diagnose ILD patients, but also to
13 manage their care. Although this additional role of the MDT is outside of the scope of the guideline,
14 it is considered due its potential to bring health benefit and to estimate the number of patients
15 reviewed by the MDT on a weekly or monthly basis. For costing purposes, we therefore assume that
16 local MDTs will be responsible for reviewing on the care management of all diagnosed ILD patients
17 within their catchment area. We assume that, on average, an ILD patient's management plan is
18 reviewed by their local MDT three times per year.

19 **Table 110: The number of IPF and ILD (including IPF) patients reviewed and managed by local**
20 **level MDTs**

| Size of population served by network | Number of new IPF cases presenting in a network | | | Number of diagnosed IPF patients served by a network | | | Number of IPF patient management plans discussed by local level MDTs in a network | | | Total number of IPF patients discussed by local level MDTs in a network | | |
|--------------------------------------|---|------|-----|--|------|-----|---|--------|------|---|--------|--------|
| | a | m | wk | a | m | wk | a | m | wk | a | m | wk |
| 62,000,000 (UK population) | 5000 | 417 | 96 | 15,000 | 1250 | 288 | 45,000 | 3750 | 865 | 20,000 | 1667 | 50,000 |
| 100000 | 8 | 1 | 0 | 24 | 2 | 0 | 73 | 6 | 1 | 32 | 3 | 81 |
| 500000 | 40 | 3.4 | 1 | 121 | 10 | 2 | 363 | 30 | 7 | 161 | 13 | 403 |
| 750000 | 60 | 5 | 1 | 181 | 15 | 3 | 544 | 45 | 10 | 242 | 20 | 605 |
| 1000000 | 81 | 7 | 2 | 242 | 20 | 5 | 726 | 60 | 14 | 323 | 27 | 806 |
| 1500000 | 121 | 10 | 2 | 363 | 30 | 7 | 1089 | 91 | 21 | 484 | 40 | 1210 |
| 2000000 | 161 | 13 | 3 | 484 | 40 | 9 | 1452 | 121 | 28 | 645 | 54 | 1613 |
| 2500000 | 202 | 17 | 4 | 605 | 50 | 12 | 1815 | 151 | 35 | 806 | 67 | 2016 |
| 62,000,000 | 15,000 | 1250 | 288 | 45,000 | 3750 | 865 | 135,000 | 11,250 | 2596 | 150,000 | 12,500 | 2885 |
| 100000 | 24 | 2 | 0 | 73 | 6 | 1 | 218 | 18 | 4 | 242 | 20 | 5 |
| 500000 | 121 | 10 | 2 | 363 | 30 | 7 | 1089 | 91 | 21 | 1210 | 101 | 23 |
| 750000 | 181 | 15 | 3 | 544 | 45 | 10 | 1633 | 136 | 31 | 1815 | 151 | 35 |
| 1000000 | 242 | 20 | 5 | 726 | 60 | 14 | 2177 | 181 | 42 | 2419 | 202 | 47 |

| Size of population served by network | Number of new IPF cases presenting in a network | | | Number of diagnosed IPF patients served by a network | | | Number of IPF patient management plans discussed by local level MDTs in a network | | | Total number of IPF patients discussed by local level MDTs in a network | | |
|--------------------------------------|---|----|----|--|-----|----|---|-----|-----|---|-----|-----|
| | | | | | | | | | | | | |
| 1500000 | 363 | 30 | 7 | 1089 | 91 | 21 | 3266 | 272 | 63 | 3629 | 302 | 70 |
| 2000000 | 484 | 40 | 9 | 1452 | 121 | 28 | 4355 | 363 | 84 | 4839 | 403 | 93 |
| 2500000 | 605 | 50 | 12 | 1815 | 151 | 35 | 5444 | 454 | 105 | 6048 | 504 | 116 |

1 The number of centres within a network will determine how many patients would be reviewed in an
2 MDT. Given the assumptions and figures outlined above, the below table gives estimates of how
3 many patients may be reviewed per month per local centre according to the number of centres in
4 the network.

5 **Table 111: Number of patients reviewed monthly by each local centre in the network according to**
6 **the population size served by a network and the number of local centres within a**
7 **network**

| Size of population served by network | Number of patients reviewed <u>monthly</u> by each local centre in the network | | | | | | |
|--------------------------------------|--|------|------|------|------|------|------|
| | Number of centres in the network | 3 | 4 | 5 | 6 | 7 | 8 |
| 62,000,000 | | 4167 | 3125 | 2500 | 2083 | 1786 | 1563 |
| 100000 | | 7 | 5 | 4 | 3 | 3 | 3 |
| 500000 | | 34 | 25 | 20 | 17 | 14 | 13 |
| 750000 | | 50 | 38 | 30 | 25 | 22 | 19 |
| 1000000 | | 67 | 50 | 40 | 34 | 29 | 25 |
| 1500000 | | 101 | 76 | 60 | 50 | 43 | 38 |
| 2000000 | | 134 | 101 | 81 | 67 | 58 | 50 |
| 2500000 | | 168 | 126 | 101 | 84 | 72 | 63 |

8

9 **J.3.3 The number of patients reviewed and diagnosed by specialist MDTs.**

10 To undertake the costing, we assume that the specialist MDT meets with a purpose to diagnose ILD
11 patients only. As such, the specialist MDT is not expected to spend time on the review of patients
12 care and management. We assume that any patient with IPF will need to have their diagnosis
13 confirmed at a specialist MDT. However, for the purposes of costing the MDT we assume that not all
14 ILD patients will need to be referred to a specialist MDT for correct diagnosis and that 60% of ILD
15 patients without IPF will be diagnosed at local level. This compares with an estimated 38% of ILD
16 patients that have IPF excluded as a diagnosis at local level in the analysis presented in appendix K.
17 This percentage is calculated by using the sensitivity and specificity of clinical and radiological
18 findings estimated from data presented by Flaherty (2007) and colleagues¹⁴⁹, and the assumption
19 that 8% of patients with an unconfident diagnosis of IPF through a HRCT will have IPF excluded from
20 their diagnosis with a bronchoalveolar lavage (BAL)³⁶³ (please see appendix K for further detail). In a
21 sensitivity analysis, the time requirement of the weekly specialist MDT was increased from 2 to 3
22 hours, to take into account that local expertise and level of referral.

23 It is possible that a specialist MDT could need to review the diagnosis of a patient up to three times to
24 confirm a diagnosis (i.e. to decide the need for bronchoalveolar lavage or transbronchial biopsy, to
25 interpret the results of the biopsy and consider the need for further surgical biopsy and then if

1 applicable to interpret the results of surgical biopsy). For the purposes of costing the MDT using the
2 clinical experience of the GDG we assume that:

- 3 • 70% of patients are reviewed by specialist MDT only one time (i.e. biopsy is not needed or
4 inappropriate)
- 5 • 25% of patients are reviewed by specialist MDT two times (i.e. the patient has required one
6 biopsy)
- 7 • 5% of patients are reviewed by specialist MDT three times (i.e. the patient has required two
8 biopsies)

9 If we use the sensitivity and specificity for the diagnostic interventions as extracted for the clinical
10 review from Flaherty (2007)¹⁴⁹, Ohshimo (2009)³⁶³, Flaherty (2002)¹⁴⁷ and Coutinho (2008)⁸⁷ we could
11 estimate 53% of patients are diagnosed with clinical exam and HRCT, 43% of patients are diagnosed
12 after a first biopsy, and 4% of patients are diagnosed with a final surgical lung biopsy (please see
13 appendix K for further detail).

14
15 **Table 112: Number of patients reviewed at specialist level MDT according to size of**
16 **population served by a network.**

| Size of population served by network | Number of patients referred weekly to specialist MDT | Number of patients on 2 nd review | Number of patients on 3 rd review | Total number of patients reviewed at weekly meeting | Number of ILD patients diagnosed per week | Number of IPF patients diagnosed per week | Approximate number of specialist MDTs needed to serve UK population. |
|--------------------------------------|--|--|--|---|---|---|--|
| 62000000 | 231 | 115 | 23 | 369 | 231 | 96 | 1 |
| 100000 | 0 | 0 | 0 | 1 | 0 | 0 | 620 |
| 500000 | 2 | 1 | 0 | 3 | 2 | 1 | 124 |
| 750000 | 3 | 1 | 0 | 4 | 3 | 1 | 83 |
| 1000000 | 4 | 2 | 0 | 6 | 4 | 2 | 62 |
| 1500000 | 6 | 3 | 1 | 9 | 6 | 2 | 41 |
| 2000000 | 7 | 4 | 1 | 12 | 7 | 3 | 31 |
| 2500000 | 9 | 5 | 1 | 15 | 9 | 4 | 25 |

17 J.4 Summary

18 Based on the above information, we could argue a potential configuration for an ILD MDT network
19 configuration in the UK as follows:

20 Those 41 networks across the UK could serve a population of 1.5 million each. Each network would
21 have one specialist weekly MDT which would review 4 to 5 patients, of which 2 to 3 patients would
22 be diagnosed with IPF. In order to achieve this number of patients per week, the network could
23 consist of 6 local centres which would have fortnightly MDTs, reviewing 25 ILD patients per MDT
24 (either to diagnose new cases or to discuss management plans). Each local MDT would serve a
25 population of approximately 250,000. In any given month, it would be expected that a local MDT will
26 need to refer four ILD patients to a specialist MDT to confirm diagnosis.

27 The annual opportunity cost of MDT staff across such a network would be approximately £187,131
28 (£68,259 for weekly specialist MDTs and £118,872 for fortnightly local MDTs in 6 local centres).
29 However, if we were to assume that local MDTs only spent 10 percent of time on diagnostic activity,

1 the opportunity of staff time per year would be £80,146. When an additional cost of audio-visual is
2 also accounted for, the total annual cost rises to £192,731 or £82,506 when considering diagnostic
3 time only.

4 With 121 new presentations of IPF expected annually within the network, the incremental cost of
5 running an ILD network of MDTs per IPF diagnosis would be approximately£682; or £227 per ILD
6 (including IPF) diagnosis made. This assumes that the MDT has a hundred percent diagnostic yield.

7 It is important to note that these are estimates for only one form of network configuration and
8 composition, with an assumption that 60% of ILD patients without IPF could be diagnosed at local
9 level. If less patients can be diagnosed at local level, the time requirement and cost of the specialist
10 MDT would increase. If 3 hours was allowed for the specialist MDT instead of 2, the additional cost
11 per ILD (including IPF) patient diagnosed through MDT discussion would rise to £286. The incremental
12 cost would increase if the ILD network could not use facilities already in place for the cancer network
13 that utilises an MDT approach. It is likely that the most cost effective configuration will depend on
14 local need and commissioning arrangements.

16 **Appendix K: Placing the diagnostic clinical** 17 **evidence into an economic framework for** 18 **decision making.**

20 **K.1 Introduction**

21 An economic model to assess the cost effectiveness of diagnostic interventions for IPF was not
22 prioritised in this guideline; in part this was due to the fact that treatment pathways that follow a
23 correct diagnosis are still emerging and uncertain. As such the health benefit that could be obtained
24 from a correct diagnosis of IPF and the opportunity cost of an incorrect diagnosis would also be
25 uncertain. However, placing the clinical evidence in an economic framework for analysis can allow
26 estimation of the number of correct and incorrect diagnoses that result from a diagnostic strategy.
27 From these estimations it is possible to demonstrate which potential diagnostic strategies may create
28 fewer successful diagnostic outcomes than others. In addition, when the outcome of a diagnostic
29 strategy is considered alongside its cost, it is possible to demonstrate that some strategies are less
30 successful but more costly – that is to say they are dominated options and should not be
31 recommended on the grounds of cost effectiveness.

32 **K.1.1 Population**

33 The population considered in the analysis are ILD patients presenting within a diagnostic ILD network
34 assumed to have a population of 1.5 million. We assume IPF patients form one third of all ILD
35 patients presenting within the network, and on this basis estimate that there will be approximately
36 121 new presentations per annum. We assume all of the starting population is fit enough to biopsy.

37 **K.1.2 The comparators**

38 Eight diagnostic strategies are compared in the analysis. These strategies are based on four
39 scenarios, as outlined below. Each scenario was considered with and without MDT involvement.

1 **Scenario 1:** Clinical examination (including PFTs) and HRCT only.

2 **Scenario 2:** Clinical examination (including PFTs) and HRCT, with the addition of BAL for any patients
3 which could not have a confident diagnosis using HRCT findings.

4 **Scenario 3:** Clinical examination (including PFTs) and HRCT, with the addition of BAL for any patients
5 which could not have a confident diagnosis using HRCT findings. Where BAL could not exclude IPF
6 with certainty, these patients would have a biopsy. That is to say only patients which had an
7 unconfident diagnosis would be referred for biopsy.

8 **Scenario 4:** Clinical examination (including PFTs) and HRCT, with the addition of BAL for any patients
9 which could not have a confident diagnosis using HRCT findings. With the exception of patients that
10 were diagnosed with an alternative ILD at BAL, all patients have a biopsy to confirm diagnosis of
11 HRCT.

12 K.2 Clinical Effectiveness inputs in the primary analysis

13 The analysis is based on clinical evidence identified in the systematic review undertaken for the
14 guideline, supplemented by additional data sources as required. A summary of the inputs used in the
15 base-case (primary) analysis is provided in the table below.

16 **Table 113: Inputs to estimate diagnostic accuracy of interventions in the diagnostic pathway in the**
17 **base-case analysis**

| Intervention | | Value | Source | Notes |
|--|-------------|-------|---|--|
| Clinical examination and HRCT | | | | |
| Confident diagnosis | Sensitivity | 67% | Calculation using data presented by Flaherty (2007) | MDT final agreement used as reference standard. All questionable cases are excluded in the calculation. Calculation used data from community and academic clinicians and radiologists. |
| | Specificity | 89% | | |
| Unconfident diagnosis | Specificity | 58% | Calculation using data presented by Flaherty (2007) | |
| | Specificity | 82% | | |
| Clinical examination and HRCT + MDT | | | | |
| Confident diagnosis | Sensitivity | 92% | Calculation using data presented by Flaherty (2007) | MDT final agreement used as reference standard. All questionable cases are excluded in the calculation. Calculation used data from community and academic clinicians and radiologists. |
| | Specificity | 94% | | |
| Unconfident diagnosis | Sensitivity | 76% | Calculation using data presented by Flaherty (2007) | |
| | Specificity | 67% | | |

| Intervention | | Value | Source | Notes |
|--|-------------|-------|---|---|
| Bronchoalveolar lavage (BAL) | | | | |
| Percentage of IPF cases confirmed at HRCT that will be re-diagnosed as not having IPF with BAL | | 8% | Ohshimo (2009) | This percentage applies to the total number diagnosed with IPF at HRCT, but is only composed of the false positives |
| Percentage of cases suspected without IPF, confirmed negative with BAL | | 25% | Expert opinion | This percentage applies to the total number diagnosed without IPF at HRCT, but is only composed of the true negatives |
| Accuracy of biopsy after clinical exam, HRCT. | | | | |
| After a confident HRCT diagnosis | Sensitivity | 96% | Calculation using data presented by Flaherty (2007) | MDT final agreement used as reference standard. All questionable cases are excluded in the calculation. Calculation used data from community and academic pathologists. |
| | Specificity | 72% | | |
| After an unconfident HRCT diagnosis | Sensitivity | 88% | Calculation using data presented by Flaherty (2007) | MDT final agreement used as reference standard. All questionable cases are included in the calculation. Calculation used data from community and academic pathologists. |
| | Specificity | 59% | | |
| Accuracy of biopsy after clinical exam, HRCT + MDT | | | | |
| After a confident HRCT diagnosis | Sensitivity | 99% | Calculation using data presented by Flaherty (2007) | MDT final agreement used as reference standard. All questionable cases are excluded in the calculation. Calculation used data from community and academic pathologists. |
| | Specificity | 89% | | |
| After an unconfident HRCT diagnosis | Sensitivity | 85% | Calculation using data presented by Flaherty (2007) | MDT final agreement used as reference standard. All questionable cases are included in the calculation. Calculation used data from community and academic pathologists. |
| | Specificity | 71% | | |
| Probability that diagnosis will be confident at clinical exam and HRCT | | | | |
| when patient has IPF | | 74% | Calculated from Hunninghake (2007) | |
| when patient has not got IPF | | 38% | | |

1 K.3 Analytical Overview

2 K.3.1 Placing the clinical effectiveness data into an analytical framework

3 Using the inputs listed above, a series of 2 by 2 tables were constructed for each intervention in the
4 diagnostic pathway to calculate the number of true positives, true negatives, false negatives and
5 false positives that could be expected for each scenario. Those constructed for the diagnostic
6 pathway without MDT involvement are depicted in Figure 113 and Figure 114; however the exact
7 same structure was used for the pathway with MDT involvement. The figures in the table have been
8 rounded to 2 decimal places as calculated by the pathway; however, for explanatory purposes the
9 text below explains the figures in whole numbers which may differ slightly due to rounding error.

1 To note, the information shown in Figure 114 shows the level of agreement between the diagnosis
2 by clinical exam and HRCT, and the diagnosis made by biopsy. So for example, 60 patients were
3 correctly and confidently diagnosed with IPF by HRCT, and subsequent biopsy would correctly
4 diagnose a further 26 patients, and as such assumed to be in agreement in 60 true positive cases.
5 HRCT correctly and confidently diagnosed 81 patients to not have IPF, whereas a biopsy only
6 correctly diagnosed 66 patients to not have IPF, therefore HRCT and biopsy agreed 66 true negative
7 cases. Further HRCT and biopsy agreed in 3 false negative cases and 10 false positive cases (i.e. both
8 interventions diagnosed incorrectly).

9 Therefore in patients where a confident diagnosis was made by HRCT, the biopsy agrees with the
10 diagnostic conclusion in 138 out of 181 cases (77%). In the other 43 cases HRCT and biopsy will
11 disagree and the diagnosis will be uncertain. The level of agreement is affected by the prior
12 prevalence of disease, as the two tests could come to the same conclusion by chance. Therefore, for
13 information the kappa statistic was calculated to measure interobserver agreement. So for instance
14 when HRCT findings are confident, the level of agreement adjusting for chance is 0.56 (the kappa
15 statistic).

16 The pathway allowed four different scenarios to be explored.

17 The first scenario is that where the patient is only offered a HRCT scan. It considered only the
18 outcomes from the 2 by 2 tables constructed for the confident and unconfident HRCT. These tables
19 can be seen in Figure 113.

20 The second scenario is that where the patient is offered a HRCT scan, and if the diagnosis is
21 unconfident they are then offered BAL. Scenario 2 considered only the outcomes seen in the 2 by 2
22 table constructed for confident HRCT findings and those after BAL had been performed on patients
23 with unconfident HRCT findings. These tables can be seen in Figure 113

24 The third scenario is that where the patient is offered a HRCT scan, and if the diagnosis is
25 unconfident is offered BAL to rule out IPF. Those which are not ruled out with BAL are offered biopsy.
26 This scenario considered the outcomes seen in the 2 by 2 table constructed for confident HRCT
27 findings and the patients which had left the pathway after BAL (i.e. patients which BAL confirmed as
28 true negatives). In addition this scenario considered the outcomes in the 2 by 2 table constructed
29 using the cases where uncertain HRCT findings and biopsy agreed or disagreed, as shown in Figure
30 114.

31 The fourth scenario is that where every patient is offered an additional diagnostic procedure after
32 HRCT. If the diagnosis is confident at HRCT, the patient is offered biopsy to confirm. If the diagnosis is
33 unconfident at HRCT, the patient is offered BAL to rule out IPF, and if IPF is still suspected is offered
34 biopsy. This scenario considered the patients which had left the pathway after BAL (as seen in Figure
35 113) as well as the outcomes in the 2 by 2 table constructed using the cases where uncertain and
36 certain HRCT findings and biopsy agreed or disagreed (as shown in Figure 114).

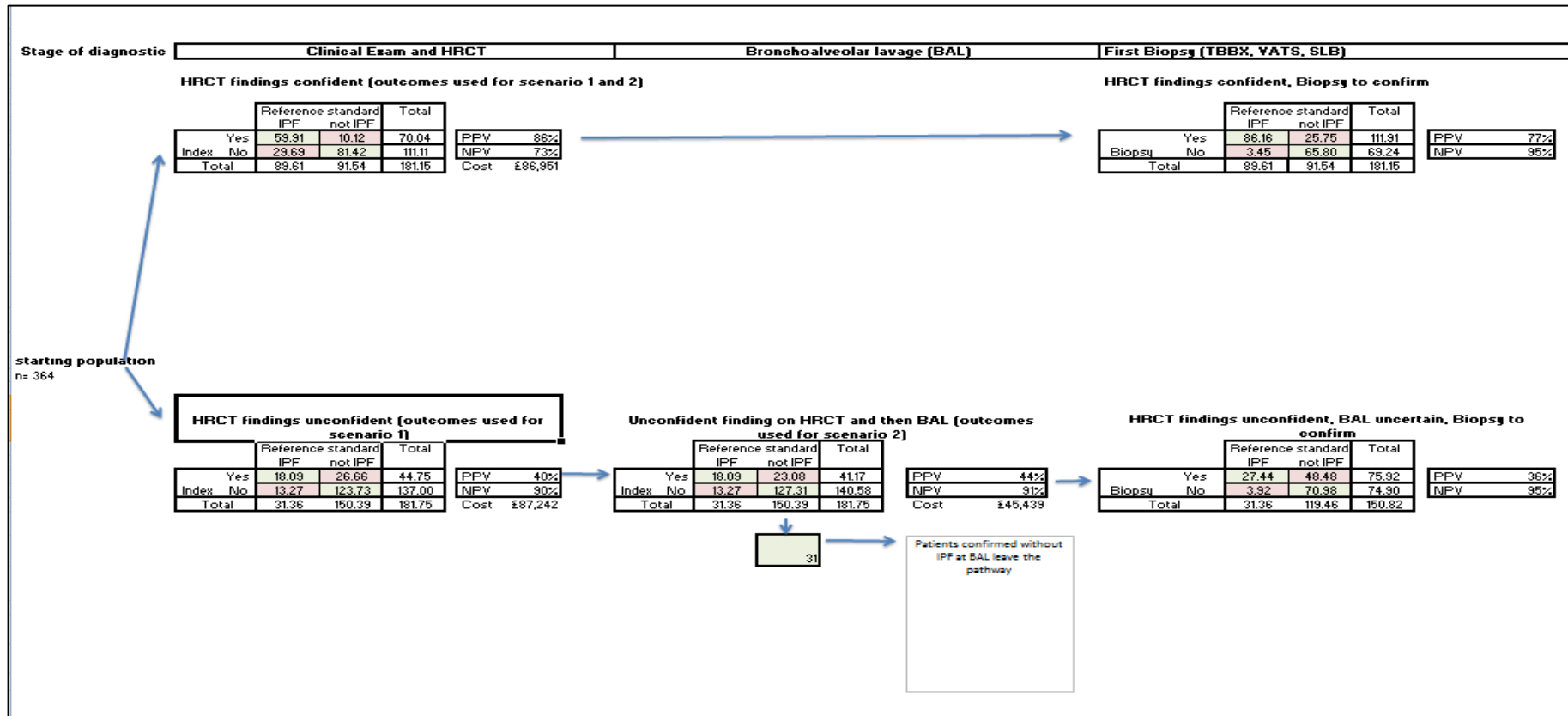
37 When only HRCT or BAL was considered in the pathway (scenarios 1 and 2), the outcomes were to be
38 diagnosed with or without IPF, either correctly or incorrectly. When biopsy was considered as an
39 additional step (scenarios 3 and 4), there was also the possibility of an uncertain diagnosis as an
40 outcome (whereby HRCT and biopsy disagreed). The outcomes for each of the scenarios with MDT
41 involvement were considered in the same manner as described above.

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Figure 113: The first stages of the diagnostic pathway, without MDT involvement.

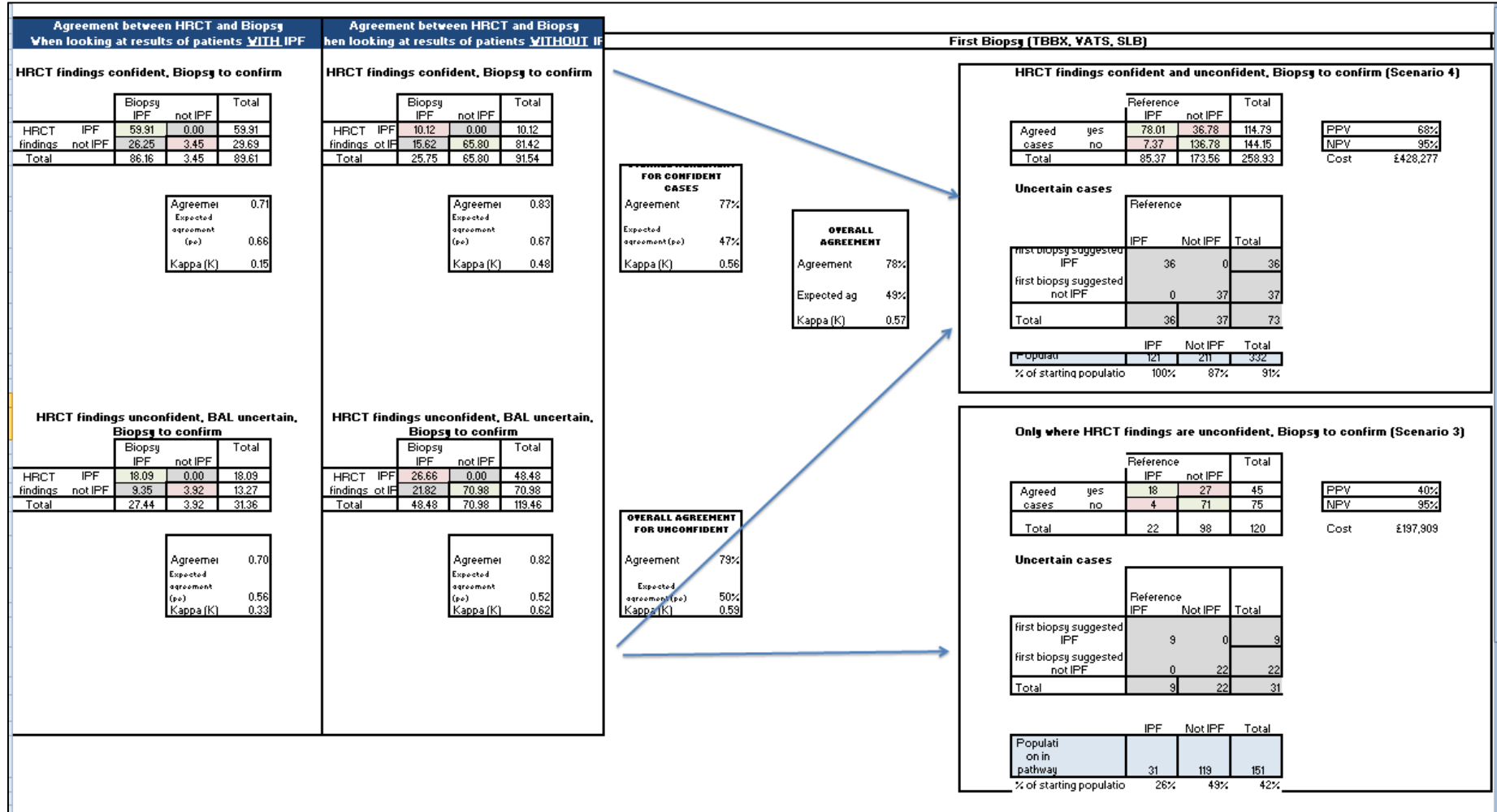


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Figure 114: The level of agreement between the diagnostic conclusion of the HRCT and biopsy (post HRCT) which would be found with no MDT involvement.



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1 K.4 Calculating the cost of each diagnostic strategy

2 From the series of 2 by 2 tables, the number of patients undertaking each diagnostic intervention in
3 both the pathways with and without MDT involvement could be calculated. To find the total cost of
4 diagnostic pathway in each scenario, the unit cost of each diagnostic intervention was multiplied by
5 the number of patients having the intervention.

6 To incorporate the cost of MDT involvement in the diagnostic model, the assumption is made that
7 everyone entering the pathway is fit enough to benefit from biopsy. This differs from the approach
8 used in the MDT costing presented Appendix J where clinical members considered the likelihood of
9 being fit enough to biopsy in their estimate of the likelihood of being reviewed more than once by a
10 specialist MDT.

11 With the assumption that everyone entering the pathway is fit enough to benefit from biopsy, the
12 proportion of patients being reviewed by a local MDT or specialist MDT can be derived by the
13 diagnostic pathways. In scenario 1, every patient has a HRCT but no further intervention, therefore
14 the patient is reviewed once by a local level MDT. In scenario 2, every patient has a HRCT and a
15 proportion with a confident diagnosis will be diagnosed at local level MDT – the remainder will be
16 reviewed by a specialist level MDT (i.e. with a pathologist) before BAL and post BAL. In the third
17 scenario, again a proportion will have a confident diagnosis at local level MDT – the remainder will be
18 reviewed by a specialist MDT (i.e. with a pathologist) before BAL and post BAL, and in some cases
19 post biopsy where applicable. In the fourth scenario, every patient will be reviewed at least one
20 review by a specialist MDT as every patient undergoes BAL or biopsy (mirroring the assumption made
21 in the MDT costing outlined in Appendix J. The number of diagnostic patient reviews at each level is
22 therefore dependent on the assumptions made in the scenario and the accuracy/level of confidence
23 at each stage in the pathway.

24 The table below also details the number of patients that require a diagnostic review per monthly
25 MDT meeting at a local level, or at a weekly meeting at a specialist level. This was calculated based
26 on the number of patients requiring a diagnostic review given the incidence of IPF within a network
27 of 1.5 million

28 **Table 114: Data generated from and used in costing of MDT diagnostic pathways**

| | Scenario | | | |
|--|----------|------|-----|-----|
| | 1 | 2 | 3 | 4 |
| % of IPF patients which are diagnosed at local level | 100% | 74% | 74% | 0% |
| % of non IPF patients which are excluded at local level | 100% | 38% | 38% | 0% |
| % of all patients diagnosed at local level | 100% | 50% | 50% | 0% |
| Of those patients who have not been diagnosed at local level | | | | |
| % of patients which are reviewed three times by specialist MDT | 0% | 0% | 86% | 93% |
| % of patients which are reviewed twice by specialist MDT | 0% | 100% | 14% | 7% |
| % of patients which are reviewed once by specialist MDT (%) | 0% | 0% | 0% | 0% |
| Number of diagnostic reviews undertaken in an MDT | | | | |
| In one local MDT per month | 50 | 50 | 50 | 50 |
| In one specialist MDT per week (including first, second and third reviews) | 0 | 9 | 13 | 27 |

| | | | | |
|--|----------------|-----------------|-----------------|-----------------|
| TOTAL - Annual cost of local MDT spent on diagnosis (10% of time on diagnosis) | £13,658 | £11,887 | £11,887 | £11,887 |
| TOTAL – annual cost of specialist weekly meetings (100% of time allocated spent on diagnosis) | £0 | £133,385 | £178,978 | £337,410 |

1 By using the data in Table 114, it is possible to calculate the expected cost of MDT involvement with
2 each scenario, by multiplying the number of diagnostic reviews undertaken in each MDT by the unit
3 cost of the staff involved at each MDT. Each local level diagnostic review was expected to take 8
4 minutes on average, and each specialist level diagnostic review (including preparation time) was
5 expected to take 32 minutes, as calculated by the MDT costing presented in Appendix J. This was
6 thought reasonable by clinical members of the group given that at local level there would be some
7 less complex cases which would require minimal discussion and that at specialist level more
8 preparation time may be required. However, this assumption was tested in a sensitivity analysis
9 where the time assigned to a patient review in a local MDT was increased to 15 minutes, and
10 reduced to 15 minutes in the specialist MDT.

11 Table 115 presents the costs associated with each level of MDT in each scenario. Please note that
12 scenario 1 does not include the cost of a specialist MDT, as biopsy is not offered in this scenario.
13 However, 0.5 WTE of clerical support has been included as a means of facilitating local MDT
14 arrangements. The overall cost of MDT involvement is higher than that reported in the MDT costing
15 in Appendix J as we have assumed all patients are fit to biopsy, and therefore the time requirement
16 of the specialist MDT staff has increased. The annual cost of local and specialist MDT involvement
17 was added to the cost of the other diagnostic interventions for that scenario, as shown in Table 116.

18 **Table 115: The cost of local and specialist level MDTs in each scenario.**

| | Scenario | | | |
|--|----------------|-----------------|-----------------|-----------------|
| | 1 | 2 | 3 | 4 |
| Local or community MDT (1 clinician and 1 radiologist) | | | | |
| Annual cost of clinical MDT staff in local MDT across network | £118,872 | £118,872 | £118,872 | £118,872 |
| Annual cost of support staff (if no specialist centre 0.5 WTE of clerical support is assigned) | £12,706 | £0 | £0 | £0 |
| Annual cost of audio - visual (if no specialist centre, one of the local centres act as a hub) | £5,000 | £3,600 | £3,600 | £3,600 |
| Specialist MDT (1 clinician, 1 radiologist, one pathologist) | | | | |
| Annual cost of clinical staff at specialist meetings (including 1 ILD nurse and 3 consultants) | £0 | £105,974 | £151,567 | £309,999 |
| Annual cost of support staff at specialist meeting | £0 | £25,411 | £25,411 | £25,411 |
| Annual cost of audio - visual (if no specialist centre, one of the local centres act as a hub) | £0 | £2,000 | £2,000 | £2,000 |
| Total annual cost of MDT time spent on diagnosis | £13,658 | £145,272 | £190,865 | £349,297 |

19 *Note: These costs were calculated by multiplying the unit cost of an MDT (as estimated in Appendix J by the number of*
20 *patients being reviewed (as calculated in table 6).*

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Table 116: The annual cost and number of ILD patients per network expected to have a diagnostic intervention in each scenario's diagnostic strategy.

| Intervention | Unit cost (a) | Scenario 1 | | Scenario 2 | | Scenario 3 | | Scenario 4 | |
|---|---------------|------------------------|--------------|------------------------|--------------|------------------------|--------------|------------------------|--------------|
| | | Number of patients (b) | Cost (a * b) | Number of patients (c) | Cost (a * c) | Number of patients (d) | Cost (a * d) | Number of patients (e) | Cost (a * e) |
| Diagnostic pathway without MDT involvement | | | | | | | | | |
| Clinical exam and HRCT | £480 | 363 | £174,194 | 363 | £174,194 | 363 | £174,194 | 363 | £174,194 |
| BAL | £250 | | | 182 | £45,439 | 182 | £45,439 | 182 | £45,439 |
| Biopsy | £1,654 | | | | | 151 | £249,458 | 332 | £549,078 |
| Total annual cost | | | £174,194 | | £219,632 | | £469,090 | | £768,710 |
| Diagnostic pathway with MDT involvement | | | | | | | | | |
| Clinical exam and HRCT | £480 | 363 | £174,194 | 363 | £174,194 | 363 | £174,194 | 363 | £174,194 |
| BAL | £250 | | | 182 | £45,439 | 182 | £45,439 | 182 | £45,439 |
| Biopsy | £1,654 | | | | | 156 | £258,671 | 338 | £558,293 |
| Annual cost of local level MDT | | | £13,658 | | £11,887 | | £11,887 | | £11,887 |
| Annual cost of specialist level MDT | | | | | £133,385 | | £178,978 | | £337,410 |
| Total annual cost | | | £187,851 | | £364,904 | | £669,170 | | £1,127,222 |

2

Note: The number of patients displayed in this table is based on the number of ILD patients expected to present annually within an ILD network that serves a population of 1.5 million. The unit cost is based on the costing presented in appendix J and NHS reference costs¹⁰⁵

3

1 K.4.1 Estimation of the health benefit of the diagnostic outcomes

2 The outcome of a diagnostic strategy can be placed in four categories: true positives (IPF patients
3 correctly diagnosed with IPF), true negatives (ILD patients without IPF correctly excluded of an IPF
4 diagnosis), false negatives (IPF patients incorrectly excluded of an IPF diagnosis) and false positives
5 (ILD patients without IPF incorrectly being diagnosed with IPF). The health benefit and cost
6 associated with each of these outcomes in the IPF population is not known, as effective management
7 of IPF are still emerging and are uncertain. However, the potential consequences of the various
8 diagnostic outcomes should be given due consideration. One means of doing so is by attaching a
9 hypothetical Quality Adjusted Life Year to each outcome and explore how the impact of changing the
10 QALY associated with each outcome influences the results of the analysis.

11 The below table gives a qualitative summary of the potential consequences of each diagnostic
12 outcome, and details the QALY given to each diagnostic outcome found in the analyses. To note, the
13 downstream cost which could be required to achieve the downstream health benefit has not been
14 considered further in the analysis, and therefore the results should be interpreted with caution.

15 **Table 117: Estimation of the health benefit which could be found with each diagnostic outcome.**

| Diagnostic Outcome | Potential downstream cost and health benefit | Hypothetical QALY associated with each diagnostic outcome | | | |
|--------------------|---|---|---------------------------|----------------------------|----------------------------|
| | | Base case analysis (a) | Sensitivity Analysis 1(b) | Sensitivity Analysis 2 (c) | Sensitivity Analysis 3 (d) |
| True positives | <ul style="list-style-type: none"> Timely IPF management plan with health benefit (QoL) Utility of correct prognosis | +0.08 QALY | + 0.7 QALY | +0.7 QALY | 0 |
| True negatives | <ul style="list-style-type: none"> Possible diagnosis of alternative condition with health benefit of appropriate management Appropriate onward referral and associated benefit (outside scope) | +0.08 QALY | +0.7 QALY | +0.7 QALY | +0.7 QALY |
| False negatives | <ul style="list-style-type: none"> Delayed diagnosis of IPF with possible less effective management options (i.e. reduced QoL for longer time) Inappropriate onward referral, further investigative tests | -0.08 QALY | -0.7 QALY | 0 | 0 |
| False positives | <ul style="list-style-type: none"> Patients with conditions other than IPF may miss out on health benefit of alternative treatment Patient “disutility” of incorrect prognosis for other patients | -0.08 QALY | -0.7 QALY | 0 | 0 |

16 (a) 0.08 is the minimally important difference used in this guideline for a quality of life improvement. In this analysis we
17 assume that a correct diagnosis will improve the quality of life of an ILD patient for one year.

- 1 (b) In this analysis we assume a correct diagnosis gives an IPF patient one additional year of life of 0.7. This could be
 2 reflective of a future scenario whereby effective treatment for IPF becomes available. We assume that other ILD patients
 3 will also benefit to the same extent by having a correct diagnosis.
 4 (c) As above, however we assume that incorrectly diagnosed patients do not have a decreased health benefit to if their
 5 diagnosis remains uncertain.
 6 (d) As above, however we assume that only the ILD patients have a substantial health benefit from a correct diagnosis.

7 K.5 Dealing with uncertainty in the estimates of diagnostic accuracy of 8 interventions in the pathway.

9 In order to take into account the range of estimates of the accuracy of the interventions in the
 10 diagnostic pathway, a univariate sensitivity analysis was conducted where the estimates of accuracy
 11 of each intervention in the pathway were systematically replaced with the alternative estimates of
 12 accuracy as reported by the clinical review. In each sensitivity analysis, costs and downstream health
 13 benefits remained the same as those used in the base case analysis. The accuracy estimates used in
 14 each analysis are reported in Table 118.

15 **Table 118: The inputs of each of the univariate sensitivity analysis**

| Intervention | | Value | Source | Notes |
|---|-------------|-------|--------------------|---|
| SA4: Clinical examination and HRCT | | | | |
| Confident and unconfident diagnosis | Sensitivity | 67% | Coutinho (2008) | Biopsy used as reference |
| | Specificity | 90% | | |
| SA5: Clinical examination and HRCT | | | | |
| Confident and unconfident diagnosis | Sensitivity | 71% | Peckham (2004) | Biopsy used as reference |
| | Specificity | 67% | | |
| SA6: Clinical examination and HRCT + ATS guidelines | | | | |
| Confident and unconfident diagnosis | Sensitivity | 71% | Peckham (2004) | Biopsy used as reference |
| | Specificity | 75% | | |
| SA7: Clinical examination and HRCT of referral centre | | | | |
| Confident diagnosis | Sensitivity | 93% | Hunninghake (2001) | Pathologist core used as reference |
| | Specificity | 36% | | |
| Unconfident diagnosis | Sensitivity | 64% | | |
| | Specificity | 48% | | |
| SA8: Using data from Thomeer (2009) and Slodkowska (2000) | | | | |
| Clinical examination and HRCT (confident and unconfident diagnosis at HRCT) | Sensitivity | 92% | Thomeer (2009) | Based on the assumption that all patients recruited in the IFIGENIA trial had IPF. Specificity could not be calculated and therefore assumed the same as sensitivity |
| | Specificity | 92% | | |
| Biopsy After a confident diagnosis at HRCT | Sensitivity | 84% | | |
| | Specificity | 84% | | |
| Biopsy After an unconfident diagnosis at HRCT | Sensitivity | 50% | Slodkowska (2000) | Pathologists in this study did not have access to HRCT results and therefore used as a proxy to accuracy where HRCT findings are |
| | Specificity | 50% | | |

| Intervention | | Value | Source | Notes |
|---|-------------|-------|-------------------|---|
| | | | | unconfident. Specificity could not be calculated and therefore assumed the same as sensitivity |
| SA9: Clinical exam, HRCT and Biopsy | | | | |
| Biopsy After a confident diagnosis at HRCT | Sensitivity | 63% | Flaherty (2002) | All patients assumed IIP, SLB + HRCT, but this is not clearly reported in paper. Specificity could not be calculated and therefore assumed the same as sensitivity |
| | Specificity | 63% | | |
| Biopsy After an unconfident diagnosis at HRCT | Sensitivity | 50% | Słodkowska (2000) | Pathologists in this study did not have access to HRCT results and therefore used as a proxy to accuracy where HRCT findings are unconfident. Specificity could not be calculated and therefore assumed the same as sensitivity |
| | Specificity | 50% | | |

1 K.6 Examining the effect of community versus academic clinical staff in 2 the diagnostic pathway.

3 Flaherty et al (2007) provided patient level data which showed the frequency at which a clinician,
4 radiologist and pathologist would amend their diagnosis post an MDT consensus. Data was
5 disaggregated according to whether the consultant worked in a community or academic setting.
6 Using the MDT consensus as a reference standard, it was possible to calculate the sensitivity and
7 specificity of the radiologist and clinician, or pathologist, in obtaining the diagnosis eventually
8 arrived by MDT consensus in both a community setting and an academic setting. In a sensitivity
9 analysis this data is explored further to examine the impact the setting in which the consultant works
10 may have on their accuracy of diagnosis. To note all other inputs, including all unit costs, remained
11 the same as the base-case.

12 **Table 119: Diagnostic accuracy estimates derived for community and academic clinical staff**

| Intervention | | Value | Notes |
|---|-------------|-------|--|
| Community setting - Clinical examination and HRCT | | | |
| Confident diagnosis | Sensitivity | 78% | Calculation used data from community clinicians and radiologists only. |
| | Specificity | 80% | |
| Unconfident diagnosis | Sensitivity | 71% | |
| | Specificity | 70% | |
| Academic setting - Clinical examination and HRCT | | | |
| Confident diagnosis | Sensitivity | 60% | Calculation used data from academic clinicians and radiologists only. |
| | Specificity | 95% | |
| Unconfident diagnosis | Sensitivity | 49% | |
| | Specificity | 90% | |
| Community setting - Clinical examination and HRCT, + MDT | | | |
| Confident diagnosis | Sensitivity | 89% | Calculation used data from community clinicians and radiologists only. |
| | Specificity | 83% | |
| Unconfident diagnosis | Sensitivity | 87% | |

| Intervention | | Value | Notes |
|---|-------------|-------|---|
| | Specificity | 66% | |
| Academic setting - Clinical examination and HRCT, +MDT | | | |
| Confident diagnosis | Sensitivity | 94% | Calculation used data from academic clinicians and radiologists only. |
| | Specificity | 96% | |
| Unconfident diagnosis | Sensitivity | 69% | |
| | Specificity | 91% | |
| Community setting - Accuracy of biopsy after clinical exam and HRCT. | | | |
| After a confident HRCT diagnosis | Sensitivity | 92% | Calculation used data from community pathologists only. |
| | Specificity | 53% | |
| After an unconfident HRCT diagnosis | Sensitivity | 90% | |
| | Specificity | 43% | |
| Academic setting - Accuracy of biopsy after clinical exam and HRCT. | | | |
| After a confident HRCT diagnosis | Sensitivity | 98% | Calculation used data from academic pathologists only. |
| | Specificity | 81% | |
| After an unconfident HRCT diagnosis | Sensitivity | 86% | |
| | Specificity | 67% | |
| Community setting – Accuracy of biopsy after clinical exam and HRCT + MDT. | | | |
| After a confident HRCT diagnosis | Sensitivity | 100% | Calculation used data from community pathologists only. |
| | Specificity | 78% | |
| After an unconfident HRCT diagnosis | Sensitivity | 95% | |
| | Specificity | 59% | |
| Academic setting – Accuracy of biopsy after clinical exam and HRCT + MDT. | | | |
| After a confident HRCT diagnosis | Sensitivity | 98% | Calculation used data from academic pathologists only. |
| | Specificity | 94% | |
| After an unconfident HRCT diagnosis | Sensitivity | 80% | |
| | Specificity | 71% | |

1 Source/Note: Calculation using data presented by Flaherty (2007). MDT final consensus was used as a
2 reference standard. For confident HRCT diagnosis, all questionable cases which final MDT could not make a
3 firm diagnosis were excluded from the calculation. For unconfident HRCT diagnosis, all questionable cases
4 which final MDT could not make a firm diagnosis were included in the calculation.

5 K.7 Estimation of cost effectiveness

6 The widely used cost-effectiveness metric is the incremental cost-effectiveness ratio (ICER). This is
7 calculated by dividing the difference in costs associated with two alternatives by the difference in
8 QALYs. The decision rule then applied is that if the ICER falls below a given cost per QALY threshold
9 the result is considered to be cost effective. If both costs are lower and QALYs are higher the option
10 is said to dominate and an ICER is not calculated.

$$ICER = \frac{Costs (B) - Costs (A)}{QALYs (B) - QALYs (A)}$$

Where: Costs/QALYs(X) = total costs/QALYs for option X

- Cost-effective if:
ICER < Threshold

1 When there are more than two comparators, as in this analysis, options must be ranked in order of
 2 increasing cost then options ruled out by dominance or extended dominance before calculating ICERs
 3 excluding these options. An option is said to be dominated, and ruled out, if another intervention is
 4 less costly and more effective. An option is said to be extendedly dominated if a combination of two
 5 other options would prove to be less costly and more effective.

6 It is also possible, for a particular cost-effectiveness threshold, to re-express cost-effectiveness
 7 results in term of net monetary benefit (NMB). This is calculated by multiplying the total QALYs for a
 8 comparator by the threshold cost per QALY value (for example, £20,000) and then subtracting the
 9 total costs (formula below). The decision rule then applied is that the comparator with the highest
 10 NMB is the most cost-effective option at the specified threshold. That is the option that provides the
 11 highest number of QALYs at an acceptable cost.

$$\text{Net Benefit } (X) = \text{QALYs } (X) \times \lambda - \text{Costs } (X)$$

Where: $\text{Costs}/\text{QALYs}(X)$ = total costs/QALYs for option X; λ = threshold

- Cost-effective if:
highest net benefit

12 Both methods of determining cost effectiveness will identify exactly the same optimal strategy. For
 13 ease of computation NMB is used in this analysis to identify the optimal strategy.

14 Results are also presented graphically where total costs and total QALYs for each diagnostic strategy
 15 are shown. Comparisons not ruled out by dominance or extended dominance are joined by a line on
 16 the graph where the slope represents the incremental cost-effectiveness ratio.

17 K.7.1 Interpreting Results

18 NICE's report 'Social value judgements: principles for the development of NICE guidance' sets out the
 19 principles that GDGs should consider when judging whether an intervention offers good value for
 20 money. In general, an intervention was considered to be cost effective if either of the following
 21 criteria applied (given that the estimate was considered plausible):

- The intervention dominated other relevant strategies (that is, it was both less costly in terms of
 23 resource use and more clinically effective compared with all the other relevant alternative
 24 strategies), or
- The intervention costs less than £20,000 per quality-adjusted life-year (QALY) gained compared
 25 with the next best strategy.
 26

27 As we have several interventions, we use the NMB to rank the strategies on the basis of their relative
 28 cost-effectiveness. The highest NMB identifies the optimal strategy at a willingness to pay of £20,000
 29 per QALY gained.

30 K.8 Results and interpretation of the analysis

31 The result of the base case analysis is given in Table 120 and represented graphically in Figure 115.
 32 The base-case results show that the only non-dominated strategies are scenario 1 with MDT,
 33 scenario 2 with MDT, scenario 3 with MDT, and scenario 4 with MDT. Using a cost effectiveness
 34 threshold of £20,000, the base case analysis suggests the most likely cost effective option is to have a
 35 clinical exam, PFTs, and HRCT with a multidisciplinary discussion at local level (scenario 1 with MDT).
 36 Varying the time required to review a patient in a local MDT and specialist MDT to 15 minutes
 37 respectively did not change the conclusions of the results (see Table 121). However, care should be
 38 taken when interpreting the results as the true QALY associated with each outcome is unknown, and
 39 further no downstream costs that would follow a diagnostic outcome have been incorporated into
 40 the analysis.

1 Table 122 gives the results of the sensitivity analyses where the value of the QALYs associated with
2 each diagnostic outcome varied. Table 123 gives the results of the sensitivity analyses where
3 estimates of diagnostic accuracy of various interventions in the pathway were replaced by alternative
4 estimates derived by the clinical review. The results show that scenario 3 without MDT and scenario
5 4 without MDT remained dominated options in all of these sensitivity analyses. It is therefore unlikely
6 these strategies are cost effective.

7 Table 124 show results of the sensitivity analysis where the setting in where the diagnostic clinical
8 staff worked was considered. It shows that staff working in academic settings achieve greater
9 diagnostic success than those working in the community both with and without an MDT. Scenarios
10 with an academic MDT in this analysis dominate scenarios without MDT or community MDT. A
11 limitation, however, is that any potential difference in staff costs between the academic or
12 community setting were considered. Therefore the results of this analysis are only informative if the
13 additional expertise of academic staff compared to community staff can be achieved with no
14 additional cost to the NHS.

15 No analysis suggested that a strategy with biopsy was optimal. However, if a greater QALY gain could
16 be associated with a correct diagnostic outcome; or alternatively a greater QALY or monetary loss
17 could be associated with an incorrect diagnostic outcome, strategies involving biopsy would become
18 more cost effective. It is worth noting that scenario 4, where everyone was offered biopsy post HRCT,
19 ranked less optimal than scenario 3 in all analyses when using a threshold of £20,000. This gives
20 greater strength to the argument that if biopsy is considered, it should only be offered to patients
21 who have an unconfident diagnosis at HRCT. Also to note that scenarios with biopsy appeared more
22 cost effective with MDT involvement than without, as MDT involvement reduced the number of
23 cases where findings did not agree with HRCT findings.

24 A key limitation of this analysis is that it does not explore the impact of downstream costs associated
25 with each diagnostic outcome. The addition of downstream cost is likely to further accentuate the
26 patterns already seen in the analysis, as there is likely to be a greater cost to the NHS is associated
27 with incorrect diagnoses. However, the findings of this analysis may not be reflective of a scenario
28 where there is substantial cost associated with effective treatment of IPF patients. The cost
29 effectiveness of diagnostic interventions is in part dependent on the cost effectiveness of the
30 management strategies that follow a particular diagnostic result. A further consideration is that the
31 analyses did not explore a QALY gain or loss associated to cases where no agreement.

32

33 **K.9 Conclusion = Evidence Statement**

34 It is likely that involvement of a multidisciplinary team at each stage of the diagnostic pathway for IPF
35 patients is cost effective when compared to no involvement. This is based on evidence with direct
36 applicability but with potentially serious limitations.

37 It is likely that with the involvement of a multidisciplinary team at each stage of the diagnostic
38 pathway a diagnosis using clinical and radiological findings alone is more cost effective than a
39 diagnosis using clinical and radiological findings with biopsy. This is based on evidence with direct
40 applicability but with potentially serious limitations.

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Table 120: Results of the base case analysis

| Scenario (in order of cost per patient). | Correct IPF diagnosis | Correct non IPF diagnosis | Negative effects and costs to be offset | | Cases without agreement | | Total cost | Cost per patient | Cost per correct diagnosis (TP+TN) | Average "QALY" gain per patient | Net benefit | Rank, according to net benefit. |
|--|-----------------------|---------------------------|---|----|-------------------------|---------|------------|------------------|------------------------------------|---------------------------------|-------------|---------------------------------|
| | | | FN | FP | IPF | Non IPF | | | | | | |
| Scenario 1 | 78 | 205 | 43 | 37 | | | £174,194 | £480 | £615 | 0.0448 | £151,280 | 2 |
| Scenario 1 +MDT | 106 | 187 | 14 | 55 | | | £187,851 | £518 | £640 | 0.0495 | £171,489 | 1 |
| Scenario 2 | 78 | 209 | 43 | 33 | | | £219,632 | £605 | £766 | 0.0464 | £117,298 | 3 |
| Scenario 2 + MDT | 106 | 193 | 14 | 49 | | | £364,904 | £1,006 | £1,218 | 0.0521 | £13,049 | 4 |
| Scenario 3 | 78 | 183 | 34 | 37 | 9 | 22 | £469,090 | £1,293 | £1,795 | 0.0421 | -£163,567 | 5 |
| Scenario 3 + MDT | 106 | 200 | 12 | 42 | 3 | 0 | £669,170 | £1,844 | £2,184 | 0.0557 | -£264,547 | 6 |
| Scenario 4 | 78 | 168 | 7 | 37 | 36 | 37 | £768,710 | £2,118 | £3,128 | 0.0444 | -£446,193 | 7 |
| Scenario 4 +MDT | 106 | 195 | 6 | 42 | 9 | 5 | £1,127,222 | £3,106 | £3,736 | 0.0560 | -£721,037 | 8 |

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Abbreviations: FN = False negative; FP =False Positive; TP= True Positive; TN= True Negative

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Note: Entries highlighted in strong green represent the most cost effective option. Entries highlighted in green show non-dominated options. Negative net benefit indicates that the strategy is not cost effective using a threshold of £20,000.

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Table 121: Sensitivity Analysis of varying time slots assigned per patient at local and specialist level MDT.

| Scenario (in order of cost per patient). | Base case analysis with 8 minutes assigned per patient at local level MDT and 32 minutes assigned per patient at specialist level MDT | | | Sensitivity Analysis with 15 minutes assigned per patient at local MDT, 32 minutes at specialist level | | | Sensitivity Analysis with 15 minutes assigned per patient at specialist level MDT, 8 minutes at local level | | | Sensitivity Analysis with 15 minutes assigned per patient at local and specialist level MDT | | |
|--|---|-----------|------|--|-----------|------|---|-----------|------|---|-----------|------|
| | Cost | NMB | Rank | Cost | NMB | Rank | Cost | NMB | Rank | Cost | NMB | Rank |
| Scenario 1 | £480 | £151,280 | 2 | £480 | £151,280 | 2 | £480 | £151,280 | 2 | £480 | £151,280 | 2 |
| Scenario 1 +MDT | £518 | £171,489 | 1 | £548 | £160,332 | 1 | £518 | £171,489 | 1 | £548 | £160,332 | 1 |
| Scenario 2 | £605 | £117,298 | 3 | £605 | £117,298 | 3 | £605 | £117,298 | 3 | £605 | £117,298 | 3 |
| Scenario 2 + MDT | £1,006 | £13,049 | 4 | £1,038 | £1,366 | 4 | £851 | £69,101 | 4 | £882 | £57,944 | 4 |
| Scenario 3 | £1,293 | -£163,567 | 5 | £1,293 | -£163,567 | 5 | £1,293 | -£163,567 | 5 | £1,293 | -£163,567 | 5 |
| Scenario 3 + MDT | £1,844 | -£264,547 | 6 | £1,877 | -£276,456 | 6 | £1,623 | -£184,379 | 6 | £1,654 | -£195,536 | 6 |
| Scenario 4 | £2,118 | -£446,193 | 7 | £2,118 | -£446,193 | 7 | £2,118 | -£446,193 | 7 | £2,118 | -£446,193 | 7 |
| Scenario 4 +MDT | £3,106 | -£721,037 | 8 | £3,141 | -£733,732 | 8 | £2,654 | -£557,071 | 8 | £2,685 | -£568,228 | 8 |

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Note: NMB = Net Monetary Benefit

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Entries highlighted in strong green represent the most cost effective option. Entries highlighted in green show non-dominated options. Negative net benefit indicates that the strategy is not cost effective using a threshold of £20,000.

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Table 122: Results of the sensitivity analyses where the QALY weighting associated with each outcome varied (cost per patient unchanged)

| Scenario (in order of cost per patient). | Base case analysis | | | Sensitivity Analysis 1 | | | Sensitivity Analysis 2 | | | Sensitivity Analysis 3 | | |
|--|---------------------------------|-------------|---------------------------------|---------------------------------|-------------|---------------------------------|---------------------------------|-------------|---------------------------------|---------------------------------|-------------|---------------------------------|
| | Average "QALY" gain per patient | Net benefit | Rank, according to net benefit. | Average "QALY" gain per patient | Net benefit | Rank, according to net benefit. | Average "QALY" gain per patient | Net benefit | Rank, according to net benefit. | Average "QALY" gain per patient | Net benefit | Rank, according to net benefit. |
| Scenario 1 | 0.0448 | £151,280 | 2 | 0.3924 | £2,673,700 | 5 | 0.5462 | £3,790,076 | 4 | 0.3957 | £2,697,973 | 2 |
| Scenario 1 +MDT | 0.0495 | £171,489 | 1 | 0.4332 | £2,956,378 | 2 | 0.5666 | £3,924,586 | 1 | 0.3612 | £2,433,926 | 3 |
| Scenario 2 | 0.0464 | £117,298 | 3 | 0.4062 | £2,728,505 | 4 | 0.5531 | £3,794,759 | 3 | 0.4026 | £2,702,656 | 1 |
| Scenario 2 + MDT | 0.0521 | £13,049 | 4 | 0.4556 | £2,974,878 | 1 | 0.5778 | £3,861,654 | 2 | 0.3724 | £2,370,993 | 4 |
| Scenario 3 | 0.0421 | -£163,567 | 5 | 0.3683 | £2,204,230 | 7 | 0.5041 | £3,189,730 | 7 | 0.3536 | £2,097,627 | 6 |
| Scenario 3 + MDT | 0.0557 | -£264,547 | 6 | 0.4878 | £2,920,484 | 3 | 0.5911 | £3,670,312 | 5 | 0.3857 | £2,179,652 | 5 |
| Scenario 4 | 0.0444 | -£446,193 | 7 | 0.3888 | £2,053,311 | 8 | 0.4740 | £2,671,374 | 8 | 0.3235 | £1,579,271 | 8 |
| Scenario 4 +MDT | 0.0560 | -£721,037 | 8 | 0.4897 | £2,526,532 | 6 | 0.5819 | £3,195,945 | 6 | 0.3765 | £1,705,285 | 7 |

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Note: Entries highlighted in strong green represent the most cost effective option. Entries highlighted in light green show non-dominated options. Negative net benefit indicates that the strategy is not cost effective using a threshold of £20,000.

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Table 123: Results of the sensitivity analyses where the diagnostic accuracy estimates where changed in line with different sources used in the clinical review (QALY associated with each diagnostic outcome as per the base case)

| Scenario (in order of cost per patient). | Sensitivity Analysis 4 – Coutinho: HRCT | | | Sensitivity Analysis 5 - Peckham (HRCT) | | | Sensitivity Analysis 6 – Peckham (HRCT+ ATS) | | | Sensitivity Analysis 7 – Hunninghake (HRCT) | | | Sensitivity Analysis 8 – Thomeer & Slodkowska (HRCT+biopsy) | | | Sensitivity Analysis 9 – Flaherty & Slodkowska (biopsy) | | |
|--|---|-------|------|---|-------|------|--|-------|------|---|-------|------|---|-------|------|---|-------|------|
| | Cost | QALY | Rank | Cost | QALY | Rank | Cost | QALY | Rank | Cost | QALY | Rank | Cost | QALY | Rank | Cost | QALY | Rank |
| Scenario 1 | £480 | 0.052 | 1 | £480 | 0.029 | 2 | £480 | 0.038 | 2 | £480 | 0.012 | 3 | £480 | 0.067 | 1 | £480 | 0.045 | 2 |
| Scenario 1 +MDT | £518 | 0.050 | 2 | £518 | 0.050 | 1 | £518 | 0.050 | 1 | £518 | 0.050 | 1 | £518 | 0.050 | 3 | £518 | 0.050 | 1 |
| Scenario 2 | £605 | 0.053 | 3 | £605 | 0.032 | 4 | £605 | 0.040 | 3 | £605 | 0.015 | 4 | £605 | 0.069 | 2 | £605 | 0.046 | 3 |
| Scenario 2 + MDT | £1,006 | 0.052 | 4 | £1,006 | 0.052 | 3 | £1,006 | 0.052 | 4 | £1,006 | 0.052 | 2 | £1,006 | 0.052 | 4 | £1,006 | 0.052 | 4 |
| Scenario 3 | £1,279 | 0.046 | 5 | £1,319 | 0.030 | 5 | £1,305 | 0.036 | 5 | £1,352 | 0.023 | 6 | £1,276 | 0.054 | 5 | £1,293 | 0.037 | 5 |
| Scenario 3 + MDT | £1,844 | 0.056 | 6 | £1,844 | 0.056 | 6 | £1,844 | 0.056 | 6 | £1,844 | 0.056 | 5 | £1,844 | 0.056 | 6 | £1,844 | 0.056 | 6 |
| Scenario 4 | £2,105 | 0.048 | 7 | £2,144 | 0.036 | 7 | £2,131 | 0.041 | 7 | £2,177 | 0.031 | 7 | £2,102 | 0.051 | 7 | £2,118 | 0.031 | 7 |
| Scenario 4 +MDT | £3,106 | 0.056 | 8 | £3,106 | 0.056 | 8 | £3,106 | 0.056 | 8 | £3,106 | 0.056 | 8 | £3,106 | 0.056 | 8 | £3,106 | 0.056 | 8 |

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Note: Costs and QALYs presented are mean per patient. Rank is based on calculated net monetary benefit (using a threshold of £20,000) with 1 representing the most optimal strategy. Options which are not dominated appear in light green. These options would improve in rank if the net monetary benefit was calculated with a higher threshold per QALY.

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Table 124: Results of the sensitivity analyses where the diagnostic accuracy estimates are based on either community clinicians or academic clinicians.

| Scenario (in order of cost per patient). | Correct IPF diagnosis | Correct non IPF diagno | Negative effects and costs to be offset | Cases without agreement | Total cost | Cost per patient | Cost per successful outcome | Average "QALY" gain per | Net | Rank, according to net |
|--|-----------------------|------------------------|---|-------------------------|------------|------------------|-----------------------------|-------------------------|-----|------------------------|
|--|-----------------------|------------------------|---|-------------------------|------------|------------------|-----------------------------|-------------------------|-----|------------------------|

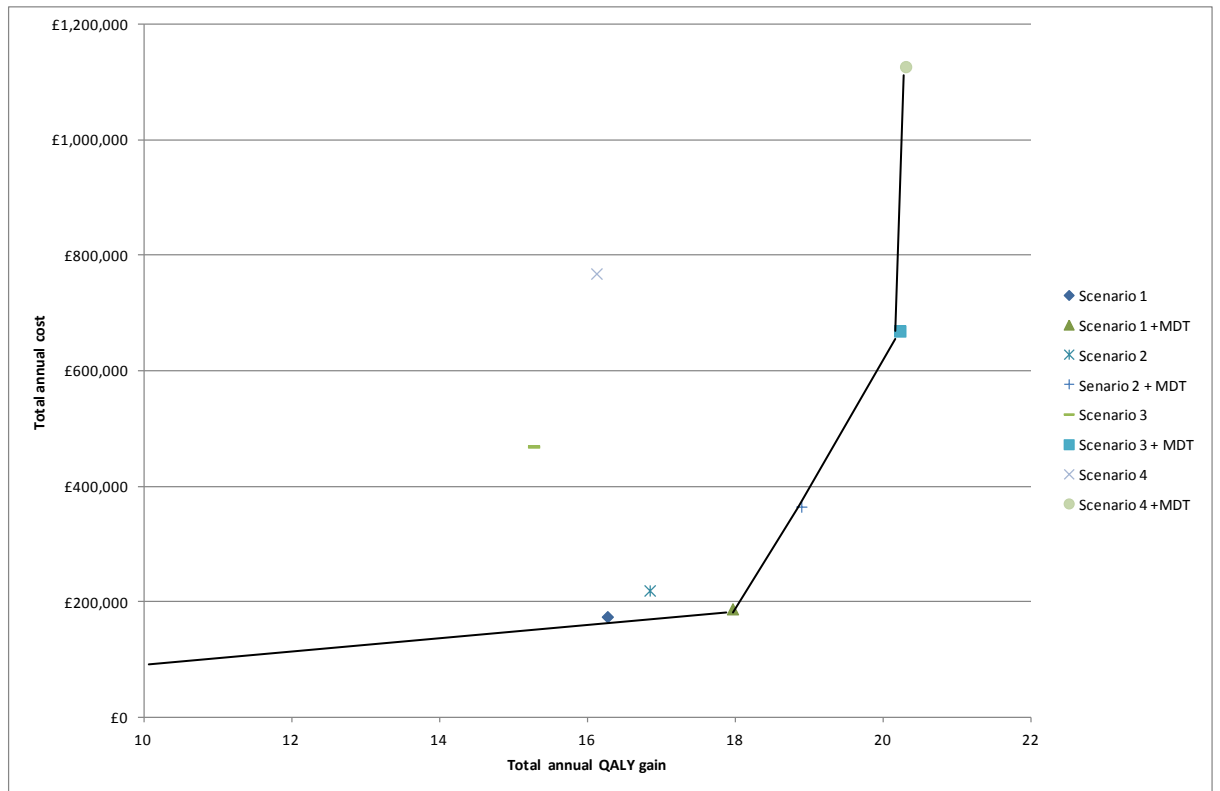
| | | sis | FN | FP | IPF | Non IPF | | | (TP+TN) | patient | Monetary Benefit | benefit. |
|----------------------------|-----|-----|----|----|-----|---------|------------|--------|---------|---------|------------------|----------|
| Community Scenario 1 | 93 | 178 | 28 | 64 | 0 | 0 | £174,194 | £480 | £644 | 0.039 | £110,532 | 6 |
| Academic Scenario 1 | 69 | 222 | 52 | 20 | 0 | 0 | £174,194 | £480 | £598 | 0.048 | £176,748 | 2 |
| Community Scenario 1 +MDT | 107 | 175 | 14 | 67 | 0 | 0 | £187,851 | £518 | £666 | 0.044 | £134,395 | 4 |
| Academic Scenario 1 +MDT | 106 | 225 | 15 | 17 | 0 | 0 | £187,851 | £518 | £567 | 0.066 | £291,598 | 1 |
| Community Scenario 2 | 93 | 183 | 28 | 59 | 0 | 0 | £219,632 | £605 | £796 | 0.042 | £82,511 | 7 |
| Academic Scenario 2 | 69 | 225 | 52 | 17 | 0 | 0 | £219,632 | £605 | £748 | 0.049 | £139,040 | 3 |
| Academic Scenario 2 + MDT | 106 | 228 | 15 | 14 | 0 | 0 | £364,904 | £1,006 | £1,092 | 0.067 | £123,413 | 5 |
| Community Scenario 2 + MDT | 107 | 181 | 14 | 61 | 0 | 0 | £364,904 | £1,006 | £1,265 | 0.047 | -£22,616 | 8 |
| Academic Scenario 3 | 69 | 199 | 40 | 20 | 12 | 23 | £464,150 | £1,279 | £1,733 | 0.046 | -£131,934 | 9 |
| Community Scenario 3 | 93 | 153 | 22 | 64 | 6 | 24 | £476,993 | £1,314 | £1,939 | 0.035 | -£221,853 | 11 |
| Academic Scenario 3 + MDT | 106 | 205 | 10 | 17 | 5 | 21 | £651,726 | £1,796 | £2,097 | 0.063 | -£197,025 | 10 |
| Community Scenario 3 + MDT | 107 | 190 | 14 | 52 | 1 | 0 | £670,172 | £1,847 | £2,263 | 0.051 | -£302,168 | 12 |
| Academic Scenario 4 | 69 | 187 | 6 | 20 | 46 | 35 | £763,770 | £2,105 | £2,987 | 0.051 | -£395,865 | 13 |
| Community Scenario 4 | 93 | 129 | 10 | 64 | 18 | 49 | £776,613 | £2,140 | £3,508 | 0.032 | -£540,985 | 14 |
| Academic Scenario 4 +MDT | 106 | 198 | 6 | 17 | 9 | 27 | £1,109,777 | £3,058 | £3,653 | 0.062 | -£659,705 | 15 |
| Community Scenario 4 +MDT | 107 | 190 | 5 | 47 | 9 | 6 | £1,128,223 | £3,109 | £3,810 | 0.054 | -£737,769 | 16 |

Note: Costs and QALYs presented are mean per patient. Rank is based on calculated net monetary benefit (using a threshold of £20,000) with 1 representing the most optimal strategy. Options which are not dominated appear in light green. These options would improve in rank if the net monetary benefit was calculated with a higher threshold per QALY.

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Figure 115: Cost-effectiveness scatter plot for base case analysis



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Appendix L: Cost-effectiveness analysis – Pulmonary rehabilitation for patients with Idiopathic Pulmonary Fibrosis

L.1 Introduction

Pulmonary rehabilitation aims to reduce disability in people with lung disease and to improve their quality of life while diminishing the health care burden. Provided by a multiprofessional team, pulmonary rehabilitation comprises of physical training, education, dietetics, occupational therapy, psychology, and social support. The benefits include improvements in exercise performance, health status, dyspnoea, and reduction in usage of health services. There can be involvement from the patient's family or carer. It assumes that optimal medical management has been achieved or continues alongside the programme, and thus rehabilitation should be seen as an adjunct rather than a comparator to other interventions⁴⁶.

Currently in the UK, pulmonary rehabilitation designed and provided specifically for the IPF population is not known to exist. Either patients are not offered pulmonary rehabilitation, or are offered places on pulmonary rehabilitation courses for patients with Chronic Obstructive Pulmonary Disease (COPD). Content in programmes designed for COPD may be inappropriate for an IPF population. Unlike COPD, a dry cough (which can become debilitating), shortness of breath, and fatigue are common symptoms of restrictive lung disease such as IPF and may not be addressed sufficiently in programmes designed for COPD patients. IPF patients do not need instruction on inhalers. Whilst COPD patients can have problems with high-flow supplemental oxygen, patients with restrictive lung diseases need as much oxygen as possible. Furthermore, pulmonary fibrosis progresses more rapidly than COPD, and the only "cure" currently available is a lung transplant. With a shorter median life expectancy on diagnosis, IPF patients need different consideration in pulmonary rehabilitation in managing expectations in end of life care and psychosocial support. As IPF is less common than COPD, patient members of the group expressed that a key benefit of a pulmonary rehabilitation programme provided for IPF patients could only be a reduction in the feeling of isolation in experiencing the condition, mitigating some of the associated anxiety and depression associated with IPF.

The reasons why pulmonary rehabilitation for IPF is lacking in the UK are complex, but may include medical indifference to non-pharmacological management, lack of scientific evidence, poor funding, and ineffective consumer demand. Clinical guidelines also appear to be lagging behind the strength of evidence in respect of rehabilitation⁴⁶. No studies on the cost effectiveness of pulmonary rehabilitation in the IPF population were identified.

Pulmonary rehabilitation could be underutilised as a means of improving quality of life in people who live with IPF, including both patients and carers. Further, pulmonary rehabilitation programmes provided and designed specifically for IPF patients could prove to have additional benefit to programmes designed principally for COPD patients, although provision of IPF programmes would come at additional cost. It is suspected that rehabilitation could potentially prevent unnecessary contacts with the NHS as patients learnt how to self-manage symptoms of IPF, and therefore could reduce costs; however, there is currently an absence of evidence to demonstrate this. Overall the Guideline Development Group (GDG) considered a cost utility analysis to explore the cost effectiveness of offering IPF patients pulmonary rehabilitation in the current UK context to be a priority.

Pulmonary rehabilitation can be defined as a multi professional team led programme involving exercise, education and psychosocial support. The typical duration of one programme is 6-8 weeks, although some do run for longer. IPF patients could be defined as having category C rehabilitation needs, and therefore require a category 3a rehabilitation service. Having said this, the prevalence of IPF is lower than that of many other respiratory conditions for which pulmonary rehabilitation is offered. As such, we would expect only large district general hospitals or tertiary care centres to have a sufficiently large catchment area of referral to recruit the required number of patients to make use of economies of scale and make programmes offered exclusively to IPF patients viable in terms of cost effectiveness.

Patients with Category C rehabilitation needs:

- Patient goals are typically focused in restoration of function / independence and co-ordinated discharge planning with a view to continuing rehabilitation in the community.
- Patients require rehabilitation in the context of their specialist treatment as part of a specific diagnostic group (e.g. stroke).
- Patients may be medically unstable or require specialist medical investigation / procedures for the specific condition.
- Patients usually require less intensive rehabilitation intervention from 1-3 therapy disciplines in relatively short rehabilitation programmes (i.e. up to 6 weeks).
- Patients are treated by a local specialist team (i.e. Level 3a service) which may be led by consultants in specialties other than Rehabilitative Medicine (e.g. neurology / stroke medicine) and staffed by therapy and nursing teams with specialist expertise in the target condition.

Source: Cambridgeshire Joint Prescribing Group, 2010⁵¹

Therefore, it is felt appropriate to explore all strategies in the context of a network of referral, allowing patients managed in smaller providers to be able to access the service provided. As IPF is relatively rare (we approximate 24 per 100,000 population [see Appendix J³⁴⁷]), IPF patients are usually under the outpatient care of a consultant in a large hospital and therefore we would expect any implementation cost of referral to be low given that a referral system should already be in place. To note, we would expect coordination of referral to sit comfortably within the context of the Multidisciplinary Team (MDT) (inclusive a full time coordinator and ILD nurse in each specialist hub); which is recommended and costed as part of the diagnostic pathway for IPF patients in this guideline.

The evidence base to inform the clinical course of IPF and the treatment effect in the health economic model is limited. The implications of a lack of available evidence to populate the model were considered, however, the developers felt a health economic model would still add value in determining thresholds and scenarios whereby certain strategies become more or less likely to be cost effective given that pulmonary rehabilitation is felt to be one of the few interventions that could benefit people with IPF.

L.2 Methods

L.2.1 Model overview

A cost-utility analysis was undertaken to evaluate the cost-effectiveness of a pulmonary rehabilitation course with IPF participants compared to a strategy of no offer of pulmonary rehabilitation. Lifetime quality-adjusted life years (QALYs) and costs were estimated from a current UK NHS and personal social services perspective. Both costs and QALYS were discounted at a rate of

1 3.5% per annum in line with NICE methodological guidance³⁴⁶. The cost effectiveness outcome of the
2 model is cost per QALY gained.

3 The following general principles were adhered to in developing the cost-effectiveness analysis:

- 4 • The GDG was consulted during the construction and interpretation of the model.
- 5 • Model inputs were based on the systematic review of the clinical literature supplemented with
6 other published data sources where possible.
- 7 • When published data was not available expert opinion was used to populate the model.
- 8 • Model inputs and assumptions were reported fully and transparently.
- 9 • The results were subject to sensitivity analysis and limitations were discussed.
- 10 • The model was peer-reviewed by another health economist at the NCGC.

11 **L.2.1.1 Comparators**

12 The below comparators were identified

- 13 1. No pulmonary rehabilitation
- 14 2. Community rehabilitation with exercise component
- 15 3. Pulmonary rehabilitation with exercise component and an educational component specifically
16 designed for IPF patients.

17 Community rehabilitation is defined as a programme of exercise and physiotherapy only. It consists
18 of bi-weekly attendance at pulmonary rehabilitation exercise session conducted weekly by
19 community physiotherapist in local proximity to patients' residence. It is expected these sessions
20 could be shared with other patient populations with respiratory conditions such as those with COPD,
21 so long as safety of the patient in the case of over exertion was taken into account.

22 Pulmonary rehabilitation specifically designed for IPF patients is considered to be the exercise
23 programme offered by community rehabilitation, with the addition of an educational component
24 which would be delivered and overseen by a clinician (registrar or consultant level) with a specialist
25 interest in IPF, alongside a ILD respiratory nurse, as well as one or more of the rehabilitation
26 disciplines (physiotherapy, occupational therapy, psychology, dietetics, social work, vocational /
27 educational support etc.).

28 **L.2.1.2 Population**

29 The base case considers a population of patients with a diagnosis of suspected or confirmed IPF. The
30 analysis considers three subgroups of patients with IPF that have differential rates of disease
31 progression. This is to allow for further analysis of the impact treatment effect duration on cost
32 effectiveness. The proportion of patients in each subgroup is explored in a sensitivity analysis

33 **L.2.1.3 Time horizon and cycle length.**

34 The Markov model takes a lifetime horizon (maximum of 20 years post diagnosis) with a cycle length
35 of 1 month to allow for changes in treatment effect duration.

36 **L.2.1.4 Deviations from NICE reference case**

37 The analysis will follow the standard assumptions of the reference case including discounting at 3.5%
38 for costs and health effects, and incremental analysis is conducted. A sensitivity analysis using a
39 discount rate of 1.5% for both costs and health benefit is conducted.

1 L.2.2 Approach to modelling

2 L.2.2.1 Model structure

3 The cost utility analysis uses a decision tree with Markov states which are based on a continuum of
4 absolute Forced Vital Capacity Percentage (FVC %) predicted values ranging from 100% to 35%. A
5 cohort of IPF patients with suspected or confirmed diagnosis of differing rates of disease progression
6 is offered one of the compared strategies (in correspondence of the decision node of the tree) and
7 then enters the Markov model which is depicted in Figure 116. It illustrates the health states in the
8 model and possible transitions between them in each cycle. There is implicit time dependency within
9 the model due to the increased risk of mortality as the cohort increases with age.

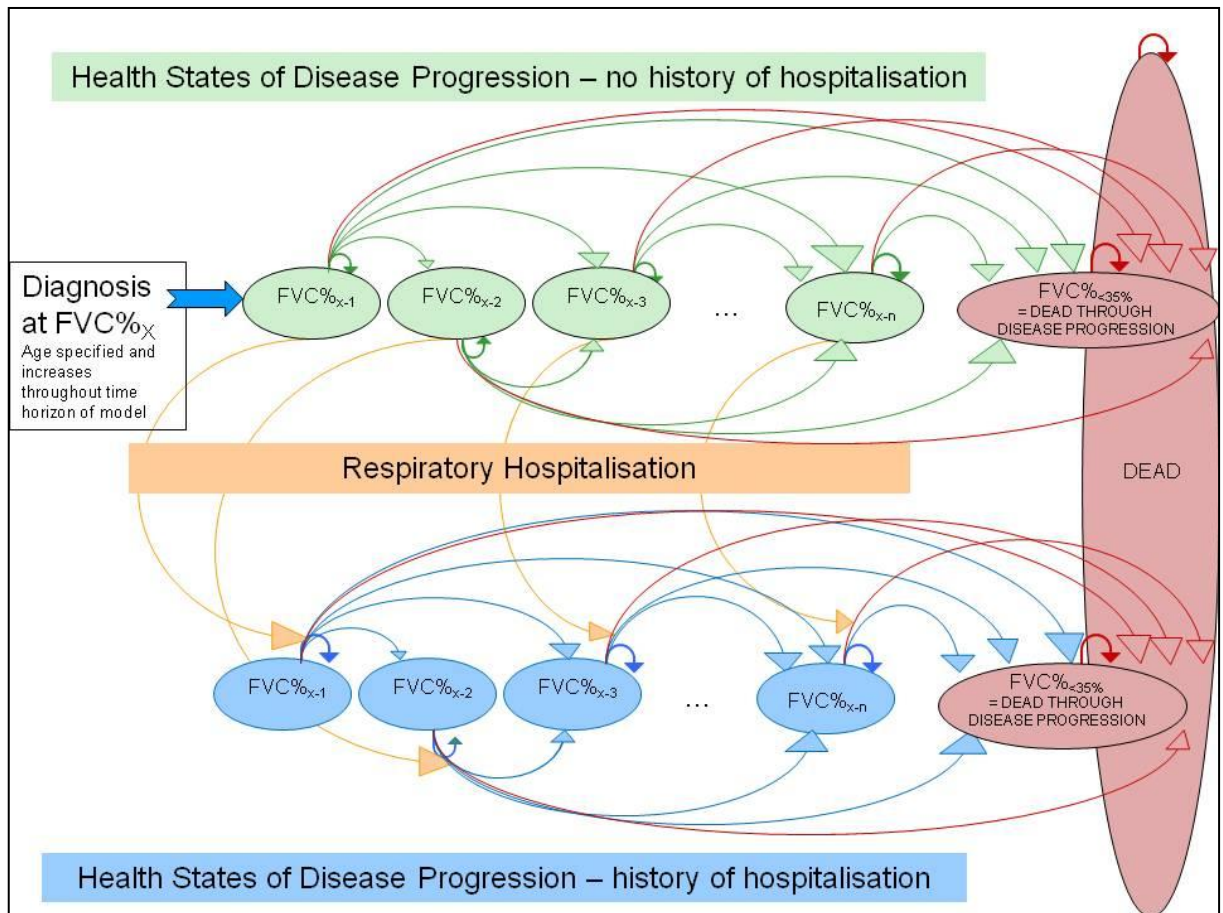
10 In a Markov model a set of mutually exclusive health states are defined that describe what can
11 happen to the population of interest over time. People in the model can only exist in one of these
12 health states at a time. Possible transitions are defined between each of the health states and the
13 probability of each transition occurring within a defined period of time (a cycle) is assigned to each
14 possible transition.

15 The health states are fixed according to categories of absolute FVC% predicted values. The cohort is
16 subject to a probability of respiratory hospitalisation (which may include acute exacerbation), which
17 acts as a transition event that moves the cohort to tunnel states that are also fixed on absolute FVC%
18 predicted values. The tunnel states, however, have a higher associated probability of mortality due
19 to the history of prior hospitalisation. The event of a respiratory hospitalisation occurs at the
20 beginning of a cycle. Therefore from the first cycle, a patient may move to a health state with a lower
21 FVC% predicted value without experiencing a hospitalisation, move to a lower FVC% predicted value
22 having experienced hospitalisation or die. If a patient has a respiratory hospitalisation in the first
23 month, for example, the probability of death in that cycle will take into account that the patient has
24 experienced a hospitalisation. Additionally a half cycle correction is applied to all life years and costs
25 accrued to reflect movement between states throughout the time of the cycle.

26 The rate at which the cohort progresses through the health states is determined by the probability of
27 being in a subgroup experiencing a predefined rate of disease progression, as measured by a unit
28 drop in FVC% predicted. The event of hospitalisation does not influence the rate of disease
29 progression, and therefore the rate of disease progression for each subgroup is the same in pre and
30 post hospitalisation states. To note, as a simplification to model disease progression, FVC% predicted
31 can only deteriorate with time. In reality, some patients with IPF may experience an increase in FVC%
32 predicted, however it is likely this is due to co morbidity such as emphysema or inaccuracies of the
33 test. Clinical members advised that these patients are likely to have a similar probability of
34 hospitalisation or death as IPF patients whose FVC% predicted has declined.

35 The rate of mortality is dependent on the age of the cohort, the absolute FVC% predicted value, the
36 rate of disease progression and the history of hospitalisation¹¹⁵. Additionally it is assumed that the
37 patient would not be in a state below 35% FVC% predicted as this is assumed to be unsustainable to
38 life; therefore, movement beyond this is directed to the dead state. The intervention of pulmonary
39 rehabilitation is only expected to influence QoL and a cost accrued within the model and does not
40 influence any transition probability contained within the Markov model.

1 **Figure 116: Simplified graphic of the Markov Model**



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 3 *Note:* $FVC\%_x$ denotes the starting lung function status of the cohort as measured by FVC% predicted. The diagram
 4 depicts a continuum of health states defined by FVC% predicted values. In the basecase, for example, the cohort
 5 starts in a health state of 75% FVC% predicted, and have a probability of moving to health states of 74% FVC%
 6 predicted, 73% FVC% predicted, 72% FVC% predicted and so on.

7 A one month cycle duration was used in this model to capture the potential decline in lung function
 8 and reflect disease progression. All the probabilities and on-going costs associated with community
 9 rehabilitation were converted to reflect the one month cycle length in the model. The model was run
 10 for repeated cycles, and the time spent in each health state was calculated. By attributing costs and
 11 quality of life weights to the time spent in each health state, total resource costs and QALYs can be
 12 calculated. There were no secondary outcomes recorded, however for clinical validation the median
 13 and mean life expectancy, alongside Kaplan Meier curves were produced for cohorts with differing
 14 starting characteristics. The model was run for 10,000 cycles in order to calculate costs and QALYs
 15 over a lifetime horizon.

16 To take into account the impact of disease progression on the ability to participate, it was assumed
 17 that pulmonary rehabilitation will not be of benefit when FVC% predicted is very low (approximately
 18 45%) when patients would be unlikely to participate. To note, the patient's FVC% predicted value is
 19 used in this case as a proxy marker for the ability to participate for the purposes of modelling
 20 participation, and does not infer that an offer of rehabilitation should not be made for these patients
 21 as currently evidence does not exist to validate this assumption. A sensitivity analysis explores the
 22 scenarios whereby patients cannot participate in pulmonary rehabilitation within the cycle
 23 immediately post hospitalisation, and secondly whereby only a proportion of patients return to
 24 rehabilitation post any respiratory hospitalisation.

25 An assessment cost is applied at the beginning of each course of rehabilitation for every patient who
 26 is still alive in the model, regardless of the patient's assumed ability to participate due to prior
 Idiopathic pulmonary fibrosis: full guideline DRAFT (January 2013)

1 hospitalisation, low FVC% predicted value or otherwise. For the proportion of patients passing
2 assessment and returning to rehabilitation, a cost for a place throughout the duration of the course
3 is applied. The cost of pulmonary rehabilitation is not assumed to change in regard to the patient's
4 clinical status or timing of the offer. As the probability of respiratory hospitalisation is the same in all
5 compared strategies, the cost of the hospitalisation is not considered in the model.

6 A patient's quality of life is dependent on the time since the start of the model, treatment effect of
7 the pulmonary rehabilitation course and the time period that has occurred since the beginning of the
8 course. Quality of life is not adjusted according to FVC% predicted value. In case of death, the patient
9 remains in the dead health state which is associated with no cost and a Health Related Quality of Life
10 (HRQoL) equal to 0. In strategies where the cohort has had pulmonary rehabilitation an improved
11 quality of life is added to the baseline quality of life.

12 The base case assumes that the maximum effect in quality of life recorded at follow up by the
13 literature is only realised at the end of the programme (i.e. after 2 months) with a linear increase in
14 quality of life until that point. This maximal benefit is sustained for a period of time after the
15 programme finishes, and then declines to the point where the last long term follow up of quality of
16 life was recorded by the literature (i.e. 6 months). From this point forth quality of life declines to
17 baseline. Therefore, after the longest treatment effect duration has expired, the patient experiences
18 the same quality of life as a patient at the same time period in the model that had not had the
19 rehabilitation course.

20 For each strategy the expected healthcare resource costs and expected QALYs were calculated by
21 estimating the costs and quality adjusted month for each state and then multiplying them by the
22 proportion of patients who would be in that state (as determined by the differing transition
23 probabilities associated with the strategy taken). Quality adjusted months were converted into
24 quality adjusted life years.

25 The number of patients entering the Markov model for each subgroup was in accordance to the
26 proportion the subgroup assumed in the population. In order to assess the cost-utility of
27 implementing the compared strategies for a population, the resource costs and QALYs were summed
28 for all subgroups in the cohort. The total costs and QALYs for a strategy were divided by the number
29 of patients in the cohort, allowing an average cost and QALY per patient to be calculated. Comparing
30 these results allows us to identify which strategy is the most cost-effective.

31 **L.2.2.2 Uncertainty**

32 The model was built probabilistically to take account of the uncertainty around input parameter
33 point estimates. A probability distribution was defined for each model input parameter. When the
34 model was run, a value for each input was randomly selected simultaneously from its respective
35 probability distribution; mean costs and mean QALYs were calculated using these values. The model
36 was run repeatedly – 10,000 times for the base case and 2500 times for each sensitivity analysis –
37 and results were summarised. The number of simulations used was chosen considering the Monte
38 Carlo error of the incremental costs, QALYs and net monetary benefit using methods as described by
39 Koehler et al²⁴⁴. It was set to ensure that the Monte Carlo error was not more than 5% of the
40 standard error for each of these outcomes in all analyses, with the base case having an improved
41 accuracy due to the greater number of simulations.

42 The way in which distributions are defined reflects the nature of the data, so for example utilities
43 were given a beta distribution, which is bounded by zero and one, reflecting that a QoL weighting will
44 not be outside this range. All of the variables that were probabilistic in the model and their
45 distributional parameters are detailed in Table 125 and in the relevant input summary tables in
46 section L.2.3. Probability distributions in the analysis were parameterised using error estimates from
47 data sources.

1 **Table 125: Description of the type and properties of distributions used in the probabilistic**
 2 **sensitivity analysis**

| Parameter | Type of distribution | Properties of distribution |
|---|----------------------|--|
| Probability of being in a particular subgroup (i.e. having a certain rate of disease progression) | Dirichlet | Fitted to multinomial data. Represents a series of conditional distributions, bounded on 0-1 interval. Derived by the number of patients in the sample and the number of patients in a particular subgroup. |
| Mortality | Uniform | The risk calculator for mortality gave a range for a one year risk of mortality given four risk factors. A uniform distribution was taken to select from the range of the one year risk quoted for a given set of risk factors, before conversion to the appropriate probability for the cycle length. |
| Hospitalisation probability | Beta | Bounded between 0 and 1. As the sample size and the number of events were specified alpha and Beta values were calculated as follows: $\text{Alpha} = (\text{number of patients hospitalised})$ $\text{Beta} = (\text{Number of patients}) - (\text{number of patients hospitalised})$ |
| Utility | Beta | Bounded between 0 and 1. Derived from mean of a domain or total quality of life score and its standard error, using the method of moments. Alpha and Beta values were calculated as follows: $\text{Alpha} = \text{mean}^2 * (1 - (\text{mean}/\text{SE}^2)) - \text{mean}$ $\text{Beta} = \text{Alpha} * ((1 - \text{mean})/\text{mean})$ |

3 The following variables, were left deterministic (i.e. were not varied in the probabilistic analysis):
 4 cost-effectiveness threshold (which was deemed to be fixed by NICE), the resource, including time
 5 and cost of staff, required to implement each strategy (assumed to be fixed according to national pay
 6 scales and programme content) and the rate of disease progression (which was assumed to be
 7 linear).

8 In addition, various deterministic sensitivity analyses were undertaken to test the robustness of
 9 model assumptions. In these, one or more inputs were changed and the analysis rerun to evaluate
 10 the impact on results and whether conclusions on which intervention should be recommended
 11 would change.

12 **L.2.3 Model inputs**

13 **L.2.3.1 Summary table of model inputs**

14 Model inputs were based on clinical evidence identified in the reviews undertaken for the guideline,
 15 supplemented by additional data sources (including expert opinion) as required. In particular,
 16 estimates of treatment effect were derived from the only two RCTs identified by the systematic
 17 review conducted specifically for pulmonary rehabilitation, whereas other data sources were
 18 selectively chosen from the evidence retrieved as discussed in the following sections of this report.
 19 Model inputs were discussed and validated with clinical members of the GDG. A summary of the
 20 model inputs used in the base-case (primary) analysis is provided in the table below. More details
 21 about sources, calculations and rationale for selection can be found in the sections following this
 22 summary table.

1

Table 126: Summary table of model inputs

| Input | Data | Source | Probability distribution |
|---|--|------------------------------------|--|
| Comparators | <ul style="list-style-type: none"> • Pulmonary rehabilitation with educational component • Community rehabilitation • No rehabilitation | n/a | n/a |
| Population and subgroups | People diagnosed with IPF with a) rapid disease progression b) moderate disease progression c) slow disease progression | Expert opinion | n/a |
| Perspective | UK NHS & PSS | NICE reference case ³⁴⁶ | n/a |
| Time horizon | Lifetime | NICE reference case ³⁴⁶ | n/a |
| Discount rate | Costs: 3.5% Outcomes: 3.5% | NICE reference case ³⁴⁶ | n/a |
| Cohort settings | | | |
| Age on entry to model | 70 years | Expert opinion | Fixed |
| FVC% predicted absolute value on entry to the model | 75% | Expert opinion | Fixed |
| Mortality | | | |
| Mortality rate | Dependent on age, history of respiratory hospitalisation, baseline FVC% predicted value and 6 month change in FVC% predicted value. | Du Bois 2011 ¹¹⁵ | Uniform. Please see Table 125 for further explanation. |
| Quality of life (utility) | | | |
| Without rehabilitation | Time dependent , linear rate of decline between time points | | |
| Year 0 | 0.892 | Tzanakis, 2005 ⁴⁸⁰ | Beta |
| Year 1 | 0.852 | | |
| Year 2 | 0.821 | | |
| Year 3 | 0.769 | | |
| Year 4 | 0.720 | | |
| Year 5 | 0.677 | | |
| Year 6 | 0.607 | | |
| Year 7 | 0.569 | | |
| Year 8 onwards | 0.488 | | |
| Community rehabilitation (exercise only) | | Holland, 2008 ¹⁸² | |
| Absolute change at 3 months | 0.068 | | Beta |
| Absolute change at 6 months | 0.058 | | Beta |
| IPF rehabilitation (exercise with educational component) | | Nishiyama, 2008 ³⁵³ | |
| Absolute change at 3 months | 0.060 | | Beta |
| Absolute change at 6 months | 0.060 | | Beta |
| Long term utility | Treatment effect diminishes at linear | Assumption | n/a |

| Input | Data | Source | Probability distribution |
|----------------------------------|--|--|--------------------------|
| assumption | rate after 6 months to return to baseline at 7 months. | | |
| Costs | | | |
| Rehabilitation costs per patient | Rehabilitation assessment: £96.13 Exercise only programme: £91.02 Education and exercise programme £117.06 | Derived from resource use and unit costs below. ^{106,379} | n/a |

1 L.2.3.2 Initial cohort settings

2 In the base case, the starting age and the extent of disease progression (as measured by absolute
3 FVC% predicted) of the cohort in the model is estimated on the pooled mean reported for the
4 baseline characteristics of the studies which inform the treatment effect. However, the study
5 populations may not be reflective of one which is newly diagnosed in the UK context in that they may
6 be older and have more extensive disease progression (i.e. a lower FVC% predicted). In a two way
7 sensitivity analysis cohort settings are varied so that the impact an earlier and routine offer of
8 pulmonary rehabilitation may be explored. For example, one of the analysis looks at an FVC%
9 predicted of 100% and an age of 40 years old – a scenario which may be reflective of an offer of
10 rehabilitation at an earlier stage of disease progression (with early diagnosis). Given that pulmonary
11 rehabilitation would normally be prescribed on clinical judgement of symptoms such as
12 “breathlessness” rather than on a clinical marker being reached, other scenarios explore the
13 outcome if the initiation of pulmonary rehabilitation is at a lower absolute FVC% predicted value at
14 which you would expect the patient to be experiencing symptoms such as breathlessness i.e. at 60%.
15 Please refer to section L.2.5. for full details.

16 The cohort will enter the model with a prior probability of having a particular rate of disease
17 progression. The proportion of the cohort experiencing a particular rate of disease progression is
18 detailed below in section L.2.3.3

19 L.2.3.3 Baseline event rates (life expectancy and natural history)

20 The literature retrieved to inform the value of prognosis (Chapter 6) was reviewed to inform the
21 parameters used to model that natural clinical course of the cohort. This information was
22 supplemented by literature retrieved from a natural history search contained within the economic
23 search (detailed in appendix D) and expert opinion.

24 Rate of Disease Progression

25 The natural clinical course of IPF is currently uncertain and unpredictable. Survival estimates for
26 patients with confirmed/suspected IPF range from 1-10 years, with a median life expectancy of
27 approximately 3 years. The literature and clinical experts in the GDG indicated that as understanding
28 of the aetiology of IPF improves, it is likely further categorisation of the disease will occur allowing
29 better definition of subgroups that follow a particular clinical course. Based on this information, the
30 model allows for differentiation of rate of disease progression within the modelled IPF cohort and
31 three subgroups are defined:

- 32
- 33 • IPF patients with **rapid disease progression** as indicated by a 6 month decline in **FVC% predicted**
34 **of 10 or more units (%)**

- 1 • IPF patients with **moderate disease progression** as indicated by a 6 month decline in **FVC% predicted of 5 to 9 units (%)**
- 2
- 3 • IPF patients with **slow disease progression** as indicated by a 6 month decline in **FVC% predicted of less than 5 units (%)**
- 4

5 The probability of moving between health states of an absolute FVC% predicted value was calculated
6 for each subgroup according to the rate of FVC% predicted decline specified above. To do this, it was
7 assumed that at 6 months the subgroup would have equal chance of experiencing an absolute unit
8 change within the range specified. The unit decline per month and subsequently per cycle was
9 calculated, assuming that decline was linear and rounding the unit decline per cycle to the nearest
10 one percent of FVC% predicted (as the health states are defined per percent). Due to the rounding to
11 the nearest percent, the model applies the below in the deterministic analysis:

- 12 • All IPF patients with **rapid disease progression** experience a decline of 2% per month leading to a
13 6 month decline in FVC% predicted of 12 units (%)
- 14 • IPF patients with **moderate disease progression** have an 80% chance of experiencing a decline of
15 1% per month leading to a 6 month decline in FVC% predicted of 6 units (%) and 20% chance of
16 experiencing a decline of 2 units change per month leading to a 6 month decline in FVC%
17 predicted of 12 units (%). Across the subgroup, a mean decline of 1.2 units is applied per month,
18 or a 7.2 unit decline per 6 months
- 19 • IPF patients with **stable disease progression** have a 60% chance of experiencing a decline of 0%
20 per month leading to a 6 month decline in FVC% predicted of 0 units (%) and 40% chance of
21 experiencing a decline of 1 unit change per month leading to a 6 month decline in FVC% predicted
22 of 6 units (%). Across the subgroup, a mean decline of 0.6 units is applied per month, or a 3.6 unit
23 decline per 6 months.

24 In the probabilistic analysis, rounding error is accounted for so that the mean unit decline
25 experienced in each subgroup is exactly the midpoint of the range over a large number of
26 simulations.

27 It is recognised that the above subgroups are not inclusive of all IPF patients, as some patient's FVC%
28 predicted may improve post diagnosis. This improvement may in part be explained by co-morbidities
29 such as emphysema, or by variation or discrepancy in pulmonary function testing. However, no
30 evidence was retrieved to inform the duration of improvement in FVC in IPF patients or the impact
31 this improvement would have on future rate of disease progression, hospitalisation or mortality. On
32 the premise that other factors (such as co morbidity) could mask IPF disease progression (when
33 measured by a change in FVC% predicted), it was agreed reasonable to assume patients with
34 improved IPF would incur the same or more risk of mortality as patients with slow disease
35 progression.

36 The proportion of the cohort entering the model with a particular rate of disease progression was
37 estimated by averaging the proportion of patients with each rate of disease progression observed in
38 the BUILD1 trial⁴⁶² and UK unpublished hospital data provided by a clinical member of the GDG
39 (Table 127). The calculation of the proportion of patients in each subgroup in the base case excluded
40 data retrieved from patients whom FVC% predicted improved. In a sensitivity analysis, the proportion
41 of patients in each subgroup was explored, firstly by assuming patients who had an improved FVC%
42 predicted had the same mortality risk as those with slow disease progression and secondly by
43 assuming a patients mortality risk was influenced by the rate of change (improvement or decline) in
44 FVC% predicted, with those experiencing a small improvement experiencing the same mortality risk
45 as those with a small decline, and patients with moderate improvement experiencing the same
46 mortality risk as those with moderate decline(SA1 and SA2 respectively in the table below).

Table 127: The proportion of patients experiencing a given rate of disease progression according to FVC% predicted (per unit of %)

| Disease progression within 6 months (defined by FVC% predicted unit change) | Swigris (2010) [a] | UK data source [b] | Base case estimate [c] | SA1 [d] | SA2 [e] | SA3 | SA4 | SA5 |
|---|--------------------|--------------------|------------------------|-------------|-------------|------|------|------|
| Moderate improvement | 6% (n=8) | 13% (n=24) | | | | | | |
| Small improvement | 8% (n=10) | 24% (n=45) | | | | | | |
| Slow disease progression | 53% (n=68) | 33% (n=60) | 57% (n=128) | 69% (n=215) | 58% (n=183) | 100% | | |
| Moderate disease progression | 20% (n=26) | 15% (n=28) | 24% (n=54) | 17% (n=54) | 27% (n=86) | | 100% | |
| Rapid disease progression | 13% (n=17) | 15% (n=27) | 19% (n=44) | 14% (n=44) | 14% (n=44) | | | 100% |

(a) Swigris et al(2010) categorisation of disease progression in absolute change of FVC% predicted: Moderate improvement =>+12%; Small improvement=+7% to +12%; Slow disease progression=-7% to+7%; Moderate disease progression = -12% to -7% ; Rapid disease progression=>-12%

(b) The UK data source categorisation of disease progression in absolute change of FVC% predicted: Moderate improvement =>+5%; Small improvement=0% to 5%; Slow disease progression=0% to -5%; Moderate disease progression =-5% to -10%; Rapid disease progression=>-10%

(c) Base case categorisation of disease progression: Slow disease progression=0 to 5 unit decrease; Moderate disease progression =5 to 10 unit decrease; Rapid disease progression=>10 unit decrease. Proportions are an average of data sources, excluding with patients with improved FVC% predicted.

(d) Assumption that all patients with improved FVC experience same mortality risk as those with slow disease progression.

(e) Assumption that only patients with small improvement in FVC experience the same mortality risk as those with slow disease progression, and the remainder experience the same mortality risk as those with moderate disease progression.

Rate of Respiratory Hospitalisation (including acute exacerbation)

Findings from Du Bois et al (2011)¹¹⁵ indicate that previous hospitalisation for a respiratory cause is a prognostic risk factor for mortality. Further, hospitalisation was indicated as a potential event that would prevent participation in a programme. A natural history search retrieved three papers which potentially could inform the rate of hospitalisation from respiratory causes in the IPF population, taking into account disease progression as measured by FVC% predicted.

Kondoh et al (2010)²⁴⁵ found a 10% decline in FVC% predicted at 6 months found to be independent risk factor of AE, reporting a hazard ratio of 2.60 (95% CI 1.01-7.45). Additionally these authors found that acute exacerbation, when adjusted for FVC% predicted and decline in FVC % predicted, was an independent predictor of survival (with a hazard ration of 2.79 [95% CI 1.59-4.88]). In a multivariate analysis, Song et al. (2011)⁴⁴³ reported a hazard ratio of 0.979 (0.964-0.995) for “low” FVC% predicted values. Whilst both papers were informative, neither papers specified the comparator used in the calculation of the hazard ratio, making the use of their data unviable in the model.

Martinez et al. (2005)³⁰² reported that 38 of 168 patients had respiratory hospitalization. The authors report that 82 patients had an FVC % predicted value of less than 63%, and 25 of these patients had a respiratory hospitalisation within 18 months of follow up. 86 patients had an FVC % predicted value of over 62%, 13 of whom had a respiratory hospitalisation in the same time. Using this data, the following probability of hospitalisation in the model was derived.

1
2**Table 128: Probability of respiratory hospitalisation according to FVC% predicted value. Source: Martinez et al. (2005).**

| | N | Number of hospitalisations (over 18 month period) | Probability of 1st hospitalisation (over 18 month period) | alpha | Beta | Rate | Probability of hospitalisation over a one month cycle |
|-----------------------------|-----|---|---|-------|------|--------|---|
| Complete cohort | 168 | 38 | 0.23 | 38 | 130 | 0.0142 | 0.01 |
| FVC% predicted <=62% (n=82) | 82 | 25 | 0.30 | 25 | 57 | 0.0202 | 0.02 |
| FVC% predicted >62% (n=86) | 86 | 13 | 0.15 | 13 | 73 | 0.0091 | 0.009 |

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Rate of Mortality4
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Du Bois et al (2011)¹¹⁵ provide a mortality risk scoring system taking into account 4 risk factors (age, history of hospitalisation, FVC% predicted and 24 week change in FVC% predicted) providing baseline risk data of mortality. The hazard ratio derived by multiple regression and score assigned to each risk factor is given in Table 129, and the risk of 1 year mortality by composite score is given in Table 130.

8
9**Table 129: Multivariate analysis of predictors of all-cause mortality among patients with idiopathic pulmonary fibrosis**

| Heading | HR | LCI | UCI | Score |
|---|------|------|-------|-------|
| Age | | | | |
| >=70 | 2.21 | 1.35 | 3.62 | 8 |
| 60-69 | 1.49 | 0.90 | 2.46 | 4 |
| <60 | 1 | | | 0 |
| History of respiratory hospitalisation | | | | |
| yes | 4.11 | 2.57 | 6.58 | 14 |
| no | 1 | | | 0 |
| FVC% predicted | | | | |
| <=50 | 5.79 | 2.55 | 13.15 | 18 |
| 51-65 | 3.54 | 1.95 | 6.44 | 13 |
| 66-79 | 2.2 | 1.19 | 4.09 | 8 |
| >=80 | 1 | | | 0 |
| 24 week change in FVC% predicted | | | | |
| <=-10 | 7.99 | 5.26 | 12.14 | 21 |
| -5 to -9.9 | 2.60 | 1.75 | 3.85 | 10 |
| >-5 | 1 | | | 0 |

10
11**Table 130: Expected 1-year probability of death corresponding to total risk score shown in Table 129**

| Total Risk score | Expected 1 year Risk of death |
|------------------|-------------------------------|
| 0-4 | <2% |

| Total Risk score | Expected 1 year Risk of death |
|------------------|-------------------------------|
| 8-14 | 2-5% |
| 16-21 | 5-10% |
| 22-29 | 10-20% |
| 30-33 | 20-30% |
| 34-37 | 30-40% |
| 38-40 | 40-50% |
| 41-43 | 50-60% |
| 44-45 | 60-70% |
| 47-49 | 70-80% |
| >50 | >80% |

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The model uses the one year risk of mortality calculator detailed in Table 130 to estimate the probability of mortality in each cycle of each health state. This was done by determining the score each subgroup would have at any particular time point in the model by taking into account increasing age as the cohort progressed through the model, whether the event of hospitalisation had occurred through use of tunnel states and a decreasing absolute FVC % predicted as the FVC% declined in accordance to which subgroup they were in. For simplicity as the model cycle was 1 month in duration, we assume that a 6 month decline in FVC% predicted is interchangeable and equivalent to the 24 week decline in FVC% predicted specified by the Du Bois study. The probability of mortality in one cycle was calculated from the one year risk using methods outlined in section L.2.4

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The nature of the Markov model, the use of the Du Bois data and the model structure imposes several assumptions regarding the natural history of the IPF patients:

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- The rate of disease progression is linear and we can divide into subgroups accordingly. If the rate of disease progression increases with time, the model may underestimate the mortality risk in later cycles of the model.

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- The risk of hospitalisation is only influenced by absolute FVC% predicted values, and not by rate of disease progression (as there is an absence of evidence to suggest this). If hospitalisation increases with an increased rate of disease progression, the model may underestimate mortality risk.

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- Due to computational complexity, the model only has the capacity to have memory of one previous hospitalisation, which may have occurred at any point since entry of the cohort. Using the hazard ratios specified by Du Bois et al (2011)¹¹⁵ could result in overestimation of mortality risk in cycles post 24 weeks. However, this overestimation may be mitigated by the fact that 25% of patients with history of hospitalisation will be expected to have multiple episodes⁴⁴³.

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- The model assumes that previous hospitalisation only affects the risk of mortality, it does not decrease FVC % predicted value or increase rate of disease progression. If hospitalisation does result in a rapid drop in FVC% predicted value, the model may underestimate mortality risk post hospitalisation and overestimate life expectancy, as a lower proportion of the cohort surviving a hospitalisation will reach an FVC% predicted value of <35% (the dead through disease progression state) in the time period expected.

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The assumptions outlined above were discussed in light of findings from the prognostic clinical review. In order to clinically validate the model output, the median life expectancy and disease trajectory of cohorts with differing baseline characteristics was produced. The median life expectancies mean life years gained per patient and Kaplan Meier curves are given for cohorts of differing age and FVC% predicted at baseline in Appendix M: M.

1 L.2.3.4 Quality of Life (Utilities)

2 The Quality Adjusted Life Year (QALY) is a measure of a person's length of life weighted by a
3 valuation of their Health Related Quality of Life (HRQoL) over that period. Utilities are a
4 measurement of the preference for a particular health state, with a score ranging from 0 (death) to 1
5 (perfect health). To inform the utility of the time spent in the model; a search of the economic and
6 quality of life literature identified utilities which have been used in previous economic evaluations
7 regarding idiopathic pulmonary fibrosis.

8 A number of instruments are used in assessing the HRQoL associated with interventions in IPF. Two
9 commonly instruments are the generic SF36 and the disease specific SRGQ questionnaires.

10 The SF36 has been validated in the IPF population^{303,462} and can be mapped to EQ5D using the
11 methods cited by Ara and Brazier [¹⁹ equation 1]. The use of SRGQ (St Georges Respiratory
12 Questionnaire) has also been suggested as a valid tool to assess quality of life in the IPF population
13^{462,480,509} and can also be mapped to the EQ5D by the algorithm developed by Starkie and
14 colleagues⁴⁴⁵. Where estimates of utility either directly from EQ5D estimates or from values mapped
15 from SF36 are not obtainable, consideration will be given to mapping SRGQ scores to the EQ5D.

16 Uncertainty associated with any reported scores can also be taken into account in the mapped EQ5D
17 estimate by using probabilistic methods and simulation. The mapped EQ5D estimate, with
18 confidence interval, is a composite score that will allow an assessment of the change in quality of life
19 provided by an intervention. For full details of the method and calculations used in mapping to the
20 EQ5D, please refer to section L.2.4. When assessing the evidence, the limitations of both the HRQoL
21 instruments and mapping methods were taken into consideration, and these are outlined in section O

22 Estimating quality of life throughout the natural clinical course of IPF (baseline QoL)

23 The quality of life search and the history search retrieved two studies^{462 480} that provided potential
24 means of estimating the quality of life throughout the natural clinical course of IPF. The two data
25 sources lend themselves to two different approaches to estimating the baseline QoL of patients in
26 the no rehabilitation strategy of the model.

27 Estimating baseline utility – approach 1:

28 Swigris et al. (2010)⁴⁶² used data from the BUILD-1 trial in a retrospective analysis to determine a
29 minimally important difference in QoL of IPF patients as measured by the SF36 and SRGQ. The
30 authors used distributional and anchor based methods, and report regression equations for each
31 SF36 domain for a unit change in FVC% predicted. These are shown alongside the expected decline in
32 the value of the SF36 domain for a unit decline in FVC% predicted in Table 131. The final row gives
33 the decline in utility you would expect with the associated decline in FVC% predicted if these values
34 were mapped to the EQ5D.

35 **Table 131: Regression equation for a change in SF36 domain and FVC% predicted. Source: Swigris**
36 **et al (2010)/**

| SF36 domain | Regression equation | Decline in SF36 domain score that corresponds to a raw change in FVC% predicted of: | | |
|---------------------------|---------------------|---|-----------------|------|
| | | 5% | 10% | 15% |
| Physical Functioning (PF) | | 1.6 | 2.5 (1.1-3.9) | 3.4 |
| Physical Role (RP) | | 2.5 | 3.3 (1.3 – 5.4) | 4.1 |
| Bodily Pain (BP) | | 0.5 | 1.2 (0.5 – 3.0) | 1.9 |
| General Health (GH) | | 0.33 | 0.7 (-0.5-1.8) | 1.03 |

| SF36 domain | Regression equation | Decline in SF36 domain score that corresponds to a raw change in FVC% predicted of: | | |
|---|---------------------|---|-----------------|-----------|
| | | 5% | 10% | 15% |
| Vitality (VT) | | 1.27 | 2.1 (0.8 – 3.4) | 2.87 |
| Social Functioning (SF) | | 3.15 | 5.0 (2.1- 7.0) | 6.85 |
| Emotional Role (RE) | | 2.35 | 3.7 (1.4-6.1) | 5.05 |
| Mental Health (MH) | | 1.16 | 1.3 (0.8 – 2.8) | 1.56 |
| Estimated decline in utility (as mapped by to the EQ5D) | | 0.0457116 | 0.0534191 | 0.0611266 |

1 (a) The study used data recorded at baseline and 6 months. Note that the range was only reported for a decline of 10% in
2 FVC% predicted value.

3 Table 132 shows the expected FVC% predicted value at given time points in the model for the
4 different subgroups, such that it gives the predicted utility of a patient at a given time point in the
5 model if the utility decrements specified for a given decline in FVC% predicted (of that subgroup)
6 were used. It was decided that it would become too computationally burdensome to find the utility
7 decrement associated with each FVC% predicted unit change within the model, given the number of
8 health states and tunnel health states required to represent a continuum and all 8 SF36 domains
9 would need to be taken into account before mapping to the EQ5D. Further, although application of a
10 different baseline utility may influence the accuracy of total QALY gain, as the treatment effect is
11 added to the baseline in the model, assumptions regarding baseline utility would not impact greatly
12 on the incremental effect calculated.

13 **Table 132: Predicted QoL according to decline in FVC% predicted per year**

| Time (years) | Slow decline (2.5% every 6 months) | | Moderate decline (7.5% every 6 months) | | Fast decline (12.5% every 6 months) | |
|--------------|---------------------------------------|--------------|---|--------------|--|--------------|
| | FVC% predicted | QoL estimate | FVC% predicted | QoL estimate | FVC% predicted | QoL estimate |
| 0 | 100% | 1.00 | 100% | 1 | 100% | 1 |
| 1 | 95% | 0.92 | 85% | 0.90 | 0.75 | 0.89 |
| 2 | 90% | 0.83 | 69% | 0.80 | 0.5 | 0.77 |
| 3 | 85% | 0.75 | 52% | 0.70 | 0.25 | 0.66 |
| 4 | 80% | 0.67 | 34% | 0.60 | | |
| 5 | 75% | 0.58 | | | | |
| 6 | 70% | 0.50 | | | | |
| 7 | 65% | 0.41 | | | | |
| 8 | 60% | 0.33 | | | | |

14 **Estimating baseline utility – approach 2:**

15 Tzanakis et al (2005)⁴⁸⁰ reports on a cross sectional study examining the correlation between quality
16 of life measures and pulmonary function tests. The authors found that duration of disease was
17 significantly correlated with SRGQ scores ($r=0.483$, $p=0.01$). Using the methodology outlined in
18 section L.2.3.4, utilities for each year post diagnosis are given in Table 133.

19 **Table 133: Quality of Life of IPF patients over an 8 year time horizon. Source: Tzanakis et al. (2005).**

| Time (years) | SRGQ score | EQ5D Utility Estimates (mapped from SRGQ) |
|--------------|------------|---|
|--------------|------------|---|

| Time (years) | SRGQ score | EQ5D Utility Estimates (mapped from SRGQ) | | | |
|--------------|------------|---|------|------|------|
| | | Estimate | SEM | LCI | UCI |
| 0 | 24 | 0.89 | 0.02 | 0.84 | 0.93 |
| 1 | 30 | 0.85 | 0.03 | 0.79 | 0.90 |
| 2 | 34 | 0.82 | 0.03 | 0.75 | 0.87 |
| 3 | 40 | 0.77 | 0.04 | 0.70 | 0.83 |
| 4 | 45 | 0.72 | 0.04 | 0.64 | 0.79 |
| 5 | 49 | 0.68 | 0.04 | 0.59 | 0.75 |
| 6 | 55 | 0.61 | 0.05 | 0.51 | 0.69 |
| 7 | 58 | 0.57 | 0.05 | 0.47 | 0.66 |
| 8 | 64 | 0.49 | 0.05 | 0.38 | 0.59 |

Note: Sample size (n) = 25; Male = 84%; Age = 66±11(sd); FVC% pred = 68.8±16 (sd). Rate of FVC% pred. decline = NR; No participating subjects had any significant medical history or co morbidity. 32% had supplemental oxygen use. SGRQ = 37.7 ± 18.9(sd). SRGQ standard error approximated at 3.78 = (18.9/ 25). Please note that SRGQ scores were read from graph as exact values were not provided on request.

In the model, each life year in the no rehabilitation strategy is weighted with the respective utility detailed in Table 133. It was not possible to estimate from the paper the quality of life beyond the 8th year, it was assumed that the quality of life for patients living beyond 8 years was the same as that derived for the 8th year of the model. The model assumes that baseline quality of life is not influenced by the patient's FVC% predicted, hospitalisation or rate of disease progression. If quality of life does decline with these factors, the model is likely to overestimate the total QALY gain of the subgroups with moderate and rapid decline across all strategies. To take this limitation into account, and to avoid error in estimating the incremental QALY gain between those receiving pulmonary rehabilitation and those without, the model adds a mean difference of effect found by the clinical review, rather than applying a relative treatment effect (i.e. QoL improves by 25%).

15 L.2.3.5 Treatment effect

16 The clinical review identified two RCTs^{182 353} and 6 cohort studies^{210,250,371,402,463} to inform the
17 treatment effect of pulmonary rehabilitation for an IPF and ILD population. A further study that
18 looked at only psychosocial support specifically²⁸². Three of the cohort studies that gave SF36 values
19 at baseline and post intervention^{210,250,371}. Due to the quality of these observational studies, it was
20 decided that only the programmes specified by the RCTs should be used to inform the model.

21 One RCT¹⁸² suggested there may be a small improvement in 6 month survival following an exercise
22 programme, however there was too much uncertainty to determine whether there was a difference
23 in this parameter. As such, it is not expected that pulmonary rehabilitation will delay disease
24 progression; rather that it improves the quality of life throughout the first stages of disease
25 progression. Therefore the only treatment effect examined in the model is the quality of life
26 improvement found with pulmonary rehabilitation. Pulmonary rehabilitation does not influence the
27 probability of disease progression, respiratory hospitalisation (including acute exacerbation) or
28 death. This means that the life expectancy and the number of hospitalisations will be the same
29 across compared strategies. For this reason the number and cost of healthcare contacts is not
30 recorded by the model.

31 The two RCTs^{353 182} suggested that pulmonary rehabilitation improved quality of life.

32 Nishiyama et al (2008)³⁵³ showed that quality of life, as measured by the St Georges Respiratory
33 questionnaire, improved moderately by a nine week programme that had some educational
34 elements (not specified). Table 134 gives the St Georges Respiratory Questionnaire scores presented
35 by Nishiyama et al. 2008, and Table 135 shows the utility estimates used in the model when these

1 scores were mapped to the EQ5D using the methods stated in section L.2.4.1. An absolute effect
 2 difference in utility of 0.060 was found at the end of the pulmonary rehabilitation programme
 3 between the control and intervention arm.

4 **Table 134: St Georges Respiratory Questionnaire Scores presented by Nishiyama et al (2008)**

| SGRQ Domain | Control (n=15) | | | | Rehab (n=13) | | | | Difference between groups in change from baseline |
|-------------|----------------|------|-------------------|------|--------------|------|-------------------|------|---|
| | Baseline | SD | Post intervention | SD | Baseline | SD | Post intervention | SD | |
| Symptoms | 38.0 | 25.8 | 40.6 | 21.2 | 53.4 | 25.8 | 56.4 | 22.3 | -5.7 |
| Activity | 50.4 | 26.2 | 54.0 | 22.6 | 62.5 | 16.9 | 64.7 | 17.1 | -5.8 |
| Impacts | 29.9 | 23.7 | 32.9 | 23.5 | 36.5 | 17.5 | 39.7 | 17.6 | -6.2 |
| Total | 37.8 | 22.7 | 40.9 | 20.7 | 47.3 | 17.4 | 50.2 | 16.3 | -6.1 |

5 Note: SD = Standard deviation

7 **Table 135: Utility estimates used in the model, as derived by mapping the SGRQ scores to the EQ5D**

| | Total SGRQ | Mapped to the EQ5D from SGRQ | SE of SGRQ | α | β |
|--------------------------|------------|------------------------------|------------|----------|---------|
| Control - baseline | 37.800 | 0.786 | 5.861 | 40.314 | 66.337 |
| Rehab - baseline | 50.200 | 0.661 | 4.826 | 49.297 | 48.904 |
| Control - post | 40.900 | 0.757 | 5.345 | 44.857 | 64.817 |
| Rehab - post | 47.300 | 0.693 | 13.923 | 46.313 | 51.601 |
| Difference - control | 3.100 | -0.028 | | | |
| Difference - rehab | -2.900 | 0.032 | | | |
| Absolute mean difference | | 0.060 | | | |

8 Note: Percentage male = not reported, therefore assumed at 70%; SE = Standard error calculated by dividing standard
 9 deviation by the square root of the sample size. Alpha and Beta calculated using standard error. A beta
 10 distribution was used in the probabilistic sensitivity analysis.

11 Holland et al (2008) showed that quality of life as measured by the SF36 improved to a similar extent
 12 to that found by Nishiyama et al. (2008). Table 136 gives the mean SF36 scores (provided as summary
 13 data from the authors), with the mapped values as calculated in the methodology stated in section
 14 L.2.4. The data shows that at three months follow up, an absolute effect difference in utility of 0.068
 15 was found between the control and intervention arm, and at six months follow up the absolute
 16 difference in effect had decreased to 0.058. Table 137 gives the uncertainty estimates used in the
 17 probabilistic sensitivity analysis for this parameter.

18 **Table 136: Treatment effect of exercise programme as detailed by Holland et al (2008)**¹⁸²

| Mean SF36 Dimension Score | | | | | | | | | | | Utility (Mappe |
|---------------------------|------|----|----|----|----|----|----|----|---|--|----------------|
| Sam | Time | PH | RP | BP | GH | SF | RE | MH | V | | |

| | ple size | point | | | | | | | | | d EQ5D from SF36) |
|----------|----------|----------|-------|------|------|-------|------|------|-------|-------|-------------------|
| Contr ol | 27 | Base | 17.85 | 5.11 | 7.78 | 14.10 | 7.26 | 4.67 | 21.37 | 13.15 | 0.18 |
| | 27 | 3 months | 17.11 | 5.00 | 7.50 | 12.68 | 7.15 | 4.74 | 20.67 | 12.11 | 0.18 |
| | 27 | 6 months | 16.11 | 4.81 | 7.51 | 12.26 | 6.26 | 4.56 | 20.22 | 11.81 | 0.17 |
| Reha b | 28 | Base | 18.00 | 4.78 | 7.70 | 13.59 | 7.00 | 4.67 | 22.59 | 12.19 | 0.19 |
| | 28 | 3 months | 19.41 | 4.96 | 8.10 | 14.16 | 7.92 | 5.00 | 24.26 | 14.70 | 0.20 |
| | 28 | 6 months | 17.78 | 4.64 | 7.95 | 13.90 | 6.79 | 4.71 | 22.39 | 13.07 | 0.18 |

1

Table 137: Uncertainty estimates for the SF36 values provided by Holland for use in the probabilistic sensitivity analysis

| Arm of trail | t [a] | Standard Error for each SF36 domain | | | | | | | | Alpha and Beta values derived by method of moments (Briggs) | | | | | | | | | | | | | | | |
|--------------|-------|-------------------------------------|---------|----------|---------|----------|---------|----------|---------|---|---------|----------|---------|----------|---------|----------|---------|----------|---------|----------|---------|----------|---------|-----|-----|
| | | | | | | | | | | PH | | RP | | BP | | GH | | SF | | RE | | MH | | V | |
| | | α | β | α | β | α | β | α | β | α | β | α | β | α | β | α | β | α | β | α | β | α | β | | |
| Control | 0 | 4.49 | 6.58 | 5.34 | 3.93 | 5.40 | 9.07 | 4.00 | 3.67 | 46 | 71 | 13 | 33 | 49 | 36 | 73 | 87 | 50 | 26 | 16 | 13 | 92 | 49 | 84 | 100 |
| | 3 | 4.07 | 7.06 | 5.92 | 4.02 | 4.96 | 7.90 | 4.20 | 4.19 | 51 | 88 | 9 | 27 | 38 | 32 | 60 | 88 | 60 | 29 | 23 | 14 | 83 | 49 | 58 | 80 |
| | 6 | 4.07 | 5.82 | 6.53 | 4.31 | 5.64 | 8.10 | 3.85 | 3.74 | 40 | 88 | 10 | 37 | 31 | 26 | 48 | 78 | 44 | 30 | 22 | 13 | 98 | 61 | 72 | 101 |
| Rehab | 0 | 4.24 | 5.46 | 4.39 | 3.41 | 5.55 | 8.01 | 3.12 | 3.29 | 53 | 79 | 10 | 42 | 74 | 50 | 88 | 121 | 47 | 26 | 21 | 17 | 151 | 68 | 89 | 132 |
| | 3 | 4.47 | 7.47 | 5.20 | 3.02 | 5.48 | 8.68 | 3.08 | 3.36 | 56 | 67 | 8 | 24 | 53 | 33 | 114 | 154 | 48 | 20 | 19 | 12 | 143 | 43 | 115 | 105 |
| | 6 | 4.47 | 6.32 | 5.52 | 4.41 | 5.40 | 8.95 | 3.34 | 4.37 | 46 | 72 | 5 | 26 | 48 | 28 | 54 | 71 | 48 | 34 | 15 | 15 | 129 | 48 | 59 | 70 |

2

3

Note: Standard error calculated by dividing the standard deviation by square root of the sample size. T= time since programme start (months). Alpha and Beta values derived by method of moments⁴⁵. A beta distribution was used in the probabilistic sensitivity analysis.

4

5

1 Treatment effect duration

2 No evidence was retrieved to inform treatment effect duration or the impact of pulmonary
3 rehabilitation maintenance. The base case takes the conservative assumption that utility increases at
4 a linear rate from baseline to the maximum absolute difference seen by the RCT at the end of the
5 pulmonary rehabilitation course (2 months). At this point the maximum absolute difference in utility
6 is sustained until the midpoint follow-up period of 3 months specified by Holland et al. (2008) has
7 surpassed. From this midpoint the utility difference between those who do not have rehabilitation
8 and those who have had rehabilitation declines at a linear rate until the observed difference in utility
9 at the long term follow up time point at 6 months is achieved. In the base case, it is assumed no
10 further treatment effect will be observed past this time period, and the rehabilitation cohort then
11 experiences the same utility as the cohort that did not have rehabilitation. In a sensitivity analysis, a
12 long term treatment effect diminishing at a linear rate is tested, with treatment effect completely
13 disappearing after 6 months (base case), 9 months, 12 months, 15 months, 18 months and 24
14 months.

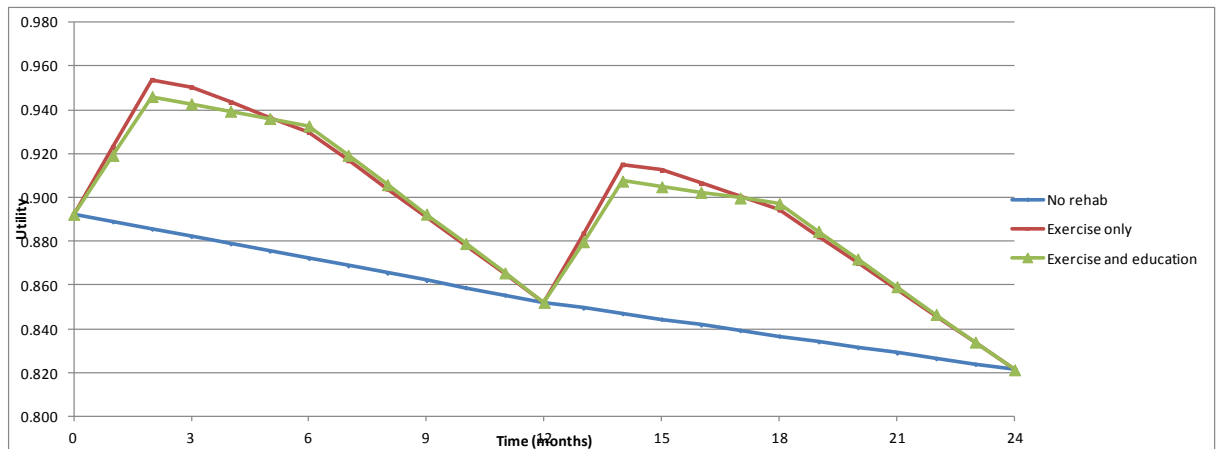
15 Treatment effect of repeated programmes

16 There was no evidence to inform whether patients undergoing a repeated programme would
17 experience the same increase in quality of life as they had experienced with the first programme. A
18 sensitivity analysis was conducted whereby the treatment effect was reduced by a given percentage
19 compared to that experienced by completing a previous programme by applying a treatment effect
20 multiplier powered to the number of programmes previously undertaken. So for example, a patient
21 on their second programme of rehabilitation will only experience 80% of the quality of life
22 improvement that they had experienced on the first programme. A patient on their third programme
23 would experience 80% of the quality of life improvement they had experienced on their second
24 programme and so on.

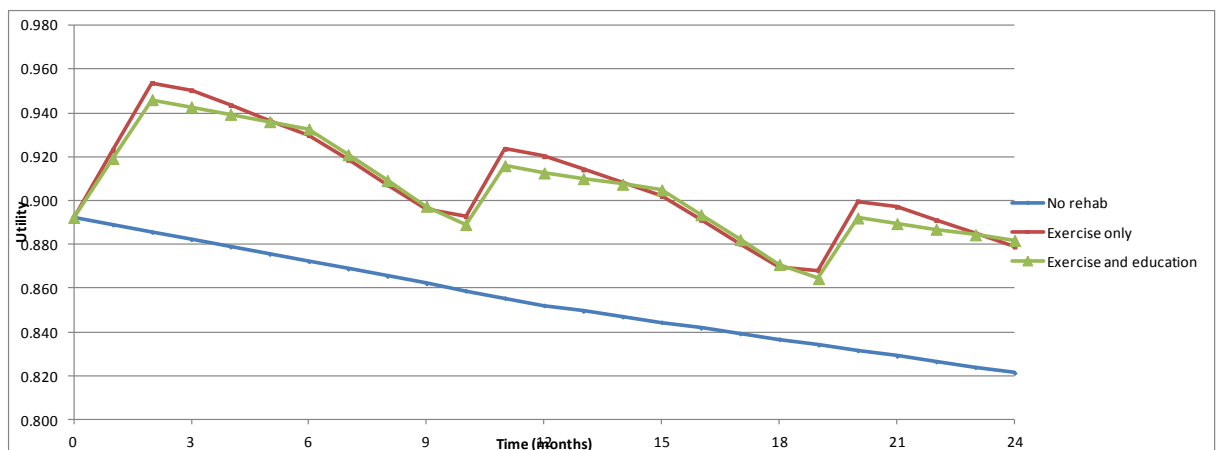
25 A three-way deterministic sensitivity analysis explores the impact of differing treatment effect
26 assumptions as outlined in section L.2.5 to aid decision making regarding the viability of offering
27 pulmonary rehabilitation more than once. The graphs below illustrate the utility applied for the
28 programmes given a 12 month long term treatment effect with an offer of rehabilitation every 12
29 months and every 9 months. Figure 117 and Figure 118 illustrate this with the treatment effect
30 multiplier set to 100% so no difference in effect was observed between repeated programmes, and
31 Figure 119 and Figure 120 show the same over a longer time horizon, with the treatment effect
32 multiplier set to 80% which shows the decline in effect with each repeated programme.

33 In some cases, where the long-term treatment effect was long and the magnitude of treatment
34 effect with each repeated offer decreased substantially, it was possible that at the time point of the
35 repeated programme the utility arising from sustained effect of the first programme was higher than
36 that produced by the second programme. The model was programmed to ensure that in such
37 instances the sustained treatment effect was applied appropriately by modelling the utility gain in
38 each repeated course (according to magnitude of effect and treatment effect duration) and selecting
39 the highest utility possible in each cycle.

1 **Figure 117: Utility estimates applied in the first 24 months of the model, whereby the**
 2 **pulmonary rehabilitation course was repeated at 12 months, and long term treatment**
 3 **effect duration of 12 months was applied.**



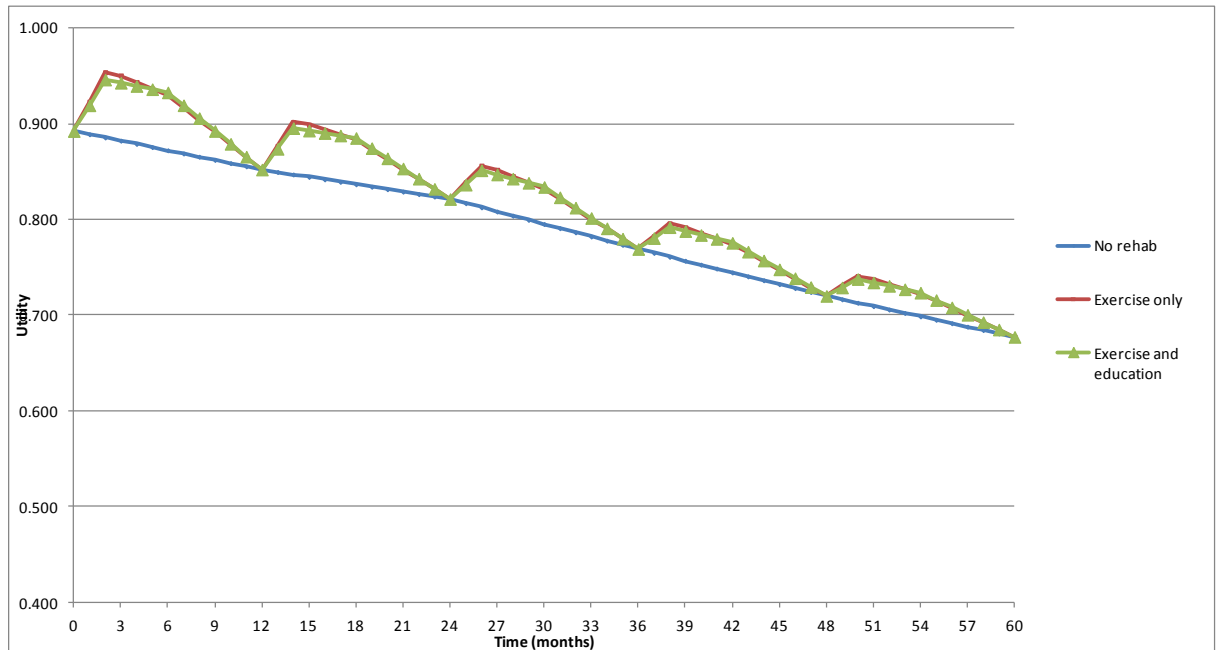
4
 5 **Figure 118: Utility estimates applied in the first 24 months of the model, whereby the**
 6 **pulmonary rehabilitation course was repeated at 9 months, and long term treatment**
 7 **effect duration of 12 months was applied.**



8

1 **Figure 119:** Utility estimates applied in the first 60 months of the model, whereby the
 2 pulmonary rehabilitation course was repeated at 12 months, and long term treatment
 3 effect duration of 12 months was applied. Each subsequent programme is 80% as
 4 effective as the previous programme experienced before.

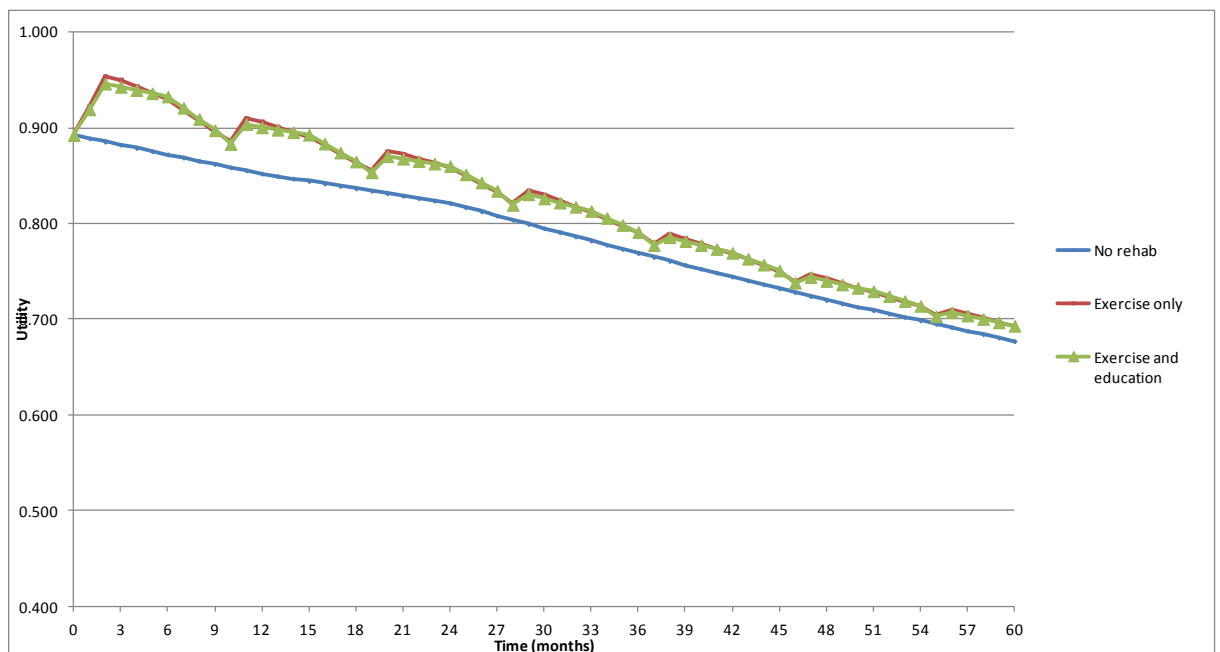
5



6

7 **Figure 120:** Utility estimates applied in the first 60 months of the model, whereby the
 8 pulmonary rehabilitation course was repeated at 9 months, and long term treatment
 9 effect duration of 12 months was applied. Each subsequent programme is 80% as
 10 effective as the previous programme experienced before.

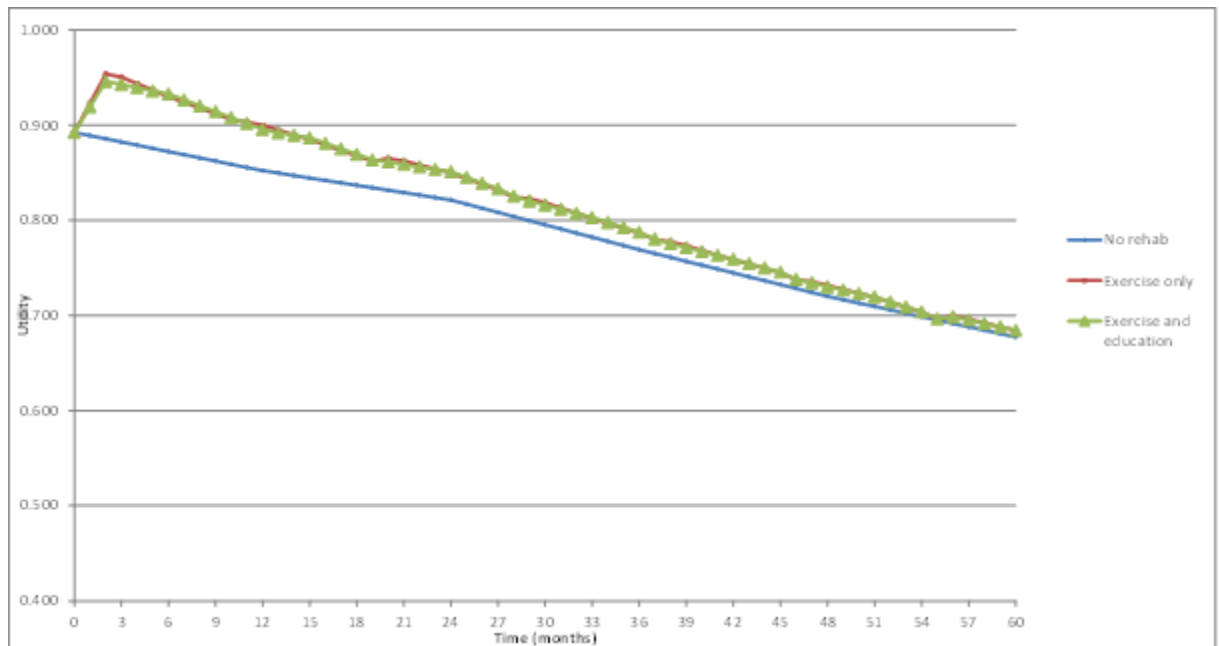
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12

13

1 **Figure 121: Utility estimates applied in the first 60 months of the model, whereby the**
 2 **pulmonary rehabilitation course was repeated at 9 months, and long term treatment**
 3 **effect duration of 24 months was applied. Each subsequent programme is 80% as**
 4 **effective as the previous programme experienced before.**



5

6

7 L.2.3.6 Participation and drop out

8 The ability to participate in a programme will influence the cost effectiveness, however there was no
 9 evidence to inform this element of the model. The clinical experience of the group was that if the
 10 patient's needs were fully identified at assessment for pulmonary rehabilitation, it was likely that a
 11 patient would be able to fully participate throughout the course and experience any long term
 12 benefit effect thereafter. However, hospitalisation could influence a patient's ability to be "fit" to
 13 participate and subsequently benefit of pulmonary rehabilitation.

14 For this reason various participation scenarios were tested. The base case assumes so long as the
 15 patient is alive, they may participate in pulmonary rehabilitation, regardless of their hospitalised
 16 status. Participation scenario one assumes that a patient will not be able to participate or feel the
 17 benefit of pulmonary rehabilitation (i.e. their utility is the same as baseline) in the cycle post
 18 hospitalisation. Participation scenario two assumes that a proportion of the cohort could not return
 19 to participate in or benefit from pulmonary rehabilitation if they have had a previous hospitalisation.
 20 Within this scenario the proportion of patients with prior hospitalisation not returning to pulmonary
 21 rehabilitation was tested, from 100% of patients that had experienced hospitalisation not returning
 22 to the programme to 0% of patients (i.e. all patients could continue to participate which mirrored the
 23 base case participation setting). If a patient did not return to pulmonary rehabilitation, they would
 24 still be assessed (and incur assessment costs), however they would not incur programme costs or
 25 benefit from an improved quality of life from the programme.

26 L.2.3.7 Resource use and cost

27 There was no evidence identified that examined the impact pulmonary rehabilitation may have on
 28 downstream healthcare resource use such as hospital admission or other healthcare contacts.
 29 Although in reality you would expect some costs to be associated with treatment, hospitalisation etc
 30 with no rehabilitation, there was no evidence to confirm whether these would be different from

1 those undertaking a rehabilitation programme. As such, no rehabilitation attracts no cost in the
2 economic model.

3 The cost of the different rehabilitation programmes is calculated taking into account the level of
4 resource use described in the different studies included in the clinical review. The unit costs of the
5 key members of staff who may be involved with a pulmonary rehabilitation programme are outlined
6 in Table 142. The base case uses the cost of the assessment and programme based on a costing using
7 the key resource use defined by clinical members of the group. A sensitivity analysis uses the costs as
8 presented by the NHS reference costs. A micro costing was preferred as the estimates provided by
9 the NHS reference costs were considered high for this population group and likely to be reflective of
10 a more specialised rehabilitation programme. The NHS reference costs used in the sensitivity analysis
11 and for comparison are presented in Table 138

12 **Table 138: 2010-11 NHS reference costs for travel (exclusive), pulmonary rehabilitation assessment**
13 **(exclusive) and pulmonary rehabilitation (inclusive of assessment, but exclusive of**
14 **travel).**

| Currency Code | Currency Description | Activity | National Average Unit Cost | Lower Quartile Unit Cost | Upper Quartile Unit Cost | No. Data Submissions |
|---------------|--|-----------|----------------------------|--------------------------|--------------------------|----------------------|
| HTCS | Hospital Travel Cost Scheme | 296,819 | £12 | £7 | £15 | 71 |
| DZ32Z | Simple Lung Function Exercise Testing (outpatient) | 4,606 | £269 | £188 | £263 | 49 |
| VC01Z | Assessment for Rehabilitation (unidisciplinary) ('Non-specialist' Rehabilitation Services (NSRS) outpatient) | 2,516 | £241 | £289 | £289 | 2 |
| VC03Z | Assessment for Rehabilitation (multidisciplinary; specialist) ('Non-specialist' Rehabilitation Services (NSRS) outpatient) | 4,472 | £209 | £214 | £214 | 2 |
| CRTX | Community Rehabilitation | 2,316,031 | £71 | £52 | £87 | 84 |
| VC40Z | Rehabilitation for Respiratory disorders ('Non-specialist' Rehabilitation Services (NSRS) - Bed Days: Admitted Patient Care) | 51,695 | £253 | £223 | £283 | 43 |

15 **Costing of pulmonary rehabilitation course used in the base case analysis.**

16 The setting of both the assessment and the programme was discussed, and in particular concerns for
17 the patient safety were highlighted. The model assumes both the assessment and programme are
18 conducted in a hospital outpatient setting; however, it is acknowledged that if appropriate
19 assessment has been undertaken within a short time period of programme commencement, as well
20 as appropriate standards of training and skills for the programme staff, a community setting could be
21 viable. As the unit costs incorporate overheads and work space, the cost of the venue and equipment
22 has not been included in the micro costing.

23 It was expected that the type of rehabilitation will also influence the number and type of NHS
24 contacts a patient will make, for example number of GP home visits, number of GP surgery visits and
25 number of hospitalisations. This is because it is expected that as patients learn how to manage their

1 symptoms, the number of NHS contacts will decrease. However, no data was found to inform this
2 aspect of the planned model, and therefore this decrease in resource use has not been considered.

3 Two different approaches to costing were explored. The base case assumes the patient incurs the
4 cost of the assessment and the course up front. This reflects the scenario of diminishing class size
5 with drop out due to inability to participate due to disease progression, hospitalisation or death. A
6 second approach assumes that the programme is rolling, with patients being able to participate at
7 any time (i.e. have maximal benefit from the intervention throughout the time horizon of the model
8 when participating) and that the class is at full capacity. This is presented as a scenario in the
9 sensitivity analysis.

10 **Assessment for pulmonary rehabilitation**

11 Assessment for pulmonary rehabilitation is assumed to be the same for all programmes. It is
12 assumed that patients would be referred for assessment following diagnosis at specialist MDT, and
13 thereby the role of the MDT coordinator and ILD nurse will extend into this care pathway.
14 Alternatively referral may come from Primary Care e.g. GPs, practice nurses, community
15 pharmacists; and Secondary care e.g. consultants, nurses, Early Supported Discharge (ESD) teams;
16 respiratory clinics, wards, physiotherapists. The Administration clerk will contact patients for
17 assessment & re-assessment (and may need to send a follow-up letter to those who don't respond).
18 This is assumed to take 10 minutes.

19 Clinical experts stressed the importance of the assessment for pulmonary rehabilitation. The IPF
20 patient's desaturation profile should be fully understood at assessment in order to prevent an
21 emergency scenario arising within the pulmonary rehabilitation class. Therefore both a submaximal
22 and endurance test may be appropriate to ascertain the patient's needs when undertaking the
23 course. It was agreed that the assessment should occur in a hospital setting so that in the
24 unlikelihood of over exertion or emergency appropriate care would be available. To ensure access,
25 the requirement for transport for a certain percentage of patients to be able to access the hospital
26 outpatient setting is included in the costing. Using the group's experience, it was thought 10% of
27 patients would require transport. It is assumed that oxygen requirements are already established
28 and catered for, and as such oxygen assessment and oxygen use has not been included in the costing.
29 It was acknowledged oxygen reassessment may be required within a short timeframe prior to the
30 rehabilitation assessment. It was also assumed that lung function tests would have already been
31 recently performed and were also not included in the assessment costs.

32 Clinical members advised that assessment would require 1.5 hours of a physiotherapist's time (band
33 6) due to the requirement for a practice exercise test and a real test, the need for the patient to rest
34 between exercise tests and the need for the physiotherapist to be present throughout and conduct
35 any associated paperwork. The same resource use will occur for first and repeat assessments. The
36 costing assumes a frequency of 1.33 to allow for one third of patients to have more than one
37 appointment (due to attendance failure or to complete the session).

38 **Table 139: Unit cost of pulmonary rehabilitation assessment**

| Activity | Frequency | Cadre of staff | Band | Unit cost per hour | Time required (hour) | Group size | Cost per patient |
|-----------------------------------|-----------|----------------------|------|--------------------|----------------------|--------------|------------------|
| Contacting patient for assessment | 1.33 | Clerical coordinator | 4 | 26 | 0.17 | 1 | 6 |
| Assessment | 1.33 | Physiotherapist | 6 | 44 | 1.50 | 1 | 88 |
| | 0.13 | Transport | na | 19 | | 1 | 3 |
| | | | | | | Total | £96.13 |

1

2

Pulmonary Rehabilitation Programme Costs

3 Nishiyama2008³⁵³ gave a treatment effect for a nine week outpatient exercise program, with twice
 4 weekly supervised sessions. Exercise on treadmill at 80% of walking speed on initial 6-minute walk
 5 test, or on cycle ergometer at 80% of initial maximum workload. Strength training for limbs using
 6 elastic bands for approximately 20 minutes. Supplemental oxygen administered to achieve
 7 SpO₂>90%. Some educational lectures were included but the content was not specified. Thus in the
 8 costing, we have the conservative assumption that both a nurse and physiotherapist (at band 6) are
 9 required throughout the course. In addition a clinician of registrar grade and two hospital based
 10 allied health professionals (at band 5) are each required to undertake an hour educational session
 11 per course programme. Transport is provided for 10% of patients. The costing of this programme is
 12 outlined in Table 140.

13

Table 140: Resource use for the programme cited by Nishiyama et al (2008)

| Activity | Frequency | Cadre of staff | Band | Unit cost per hour | Time required (hour) | Group size | Cost per patient |
|------------------------|-----------|---|------|--------------------|----------------------|--------------|------------------|
| Pulmonary Rehab Course | 18 | Physiotherapist - hospital | 6 | £44 | 0.50 | 10 | £39 |
| | 18 | Nurse (team leader) - hospital | 6 | £45 | 0.50 | 10 | £41 |
| | 1 | Band 5 allied hospital based allied work professional (i.e. hospital dietician) | 5 | £37 | 2.00 | 10 | £7 |
| | 1 | Registrar | na | £73 | 1.00 | 10 | £7 |
| | 18 | Transport | na | £12 | 1.00 | 10 | £22 |
| | | | | | | Total | £117.06 |

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Holland et al (2008) gave a treatment effect for an eight week outpatient exercise program, twice
 weekly supervised sessions consisting of 30 minutes endurance exercise (cycling and walking) with
 initial intensity at 80% of walking speed on initial 6-minute walk test and progressed according to
 protocol. Upper limb endurance and functional strength training for lower limbs also performed.
 Supplemental oxygen provided for SpO₂>85%. Unsupervised home exercise program prescribed 3
 times per week. In the costing, we have the conservative assumption that both a nurse and
 physiotherapist (at band 6) are required throughout the course. Transport is provided for 10% of
 patients. The costing of this programme is outlined in Table 141.

22

Table 141: Resource use for the programme cited by Holland et al (2008).

23

| Activity | Frequency | Cadre of staff | Band | Unit cost per hour | Time required (hour) | Group size | Cost per patient |
|------------------------|-----------|--------------------------------|------|--------------------|----------------------|------------|------------------|
| Pulmonary Rehab Course | 16 | Physiotherapist - hospital | 6 | £44 | 0.50 | 10.00 | £35 |
| | 16 | Nurse (team leader) - hospital | 6 | £45 | 0.50 | 10.00 | £36 |

| Activity | Frequency | Cadre of staff | Band | Unit cost per hour | Time required (hour) | Group size | Cost per patient |
|----------|-----------|----------------|------|--------------------|----------------------|--------------|------------------|
| | 16 | Transport | na | £12 | 1.00 | 10.00 | £20 |
| | | | | | | Total | £91.02 |

1

Table 142: Unit cost of NHS staff who may be involved with a pulmonary rehabilitation programme.

| Staff | NHS Band | Hours per annum [a] | Direct salary [b] | On cost [c] | Qualification and on-going training [d] | Staff overhead [e] | Non staff overhead [f] | Capital [g] | Total | Per hour of working time |
|---|----------|---------------------|-------------------|-------------|---|--------------------|------------------------|-------------|----------|--------------------------|
| Hospital staff | | | | | | | | | | |
| Hospital physiotherapist | 6 | 1549 | £29,464 | £6,947 | £4,927 | £6,954 | £15,147 | £4,541 | £67,980 | £44 |
| Hospital dietician | 5 | 1549 | £24,554 | £5,789 | £5,059 | £5,796 | £12,623 | £3,535 | £57,355 | £37 |
| Nurse team leader | 6 | 1549 | £29,464 | £6,947 | £9,356 | £6,954 | £15,147 | £2,307 | £70,175 | £45 |
| Registrar * PSSRU estimate for 2011 on mean full time equivalent earnings | - | 1987 | £55,600 | £14,169 | £28,711 | £13,325 | £29,024 | £3,297 | £144,126 | £73 |
| Clerical coordinator | 4 | 1549 | £20,433 | £4,818 | £0 | £4,823 | £10,504 | £0 | £40,578 | £26 |

(a) Source: PSSRU (2011)⁹³

(b) Source: For staff on NHS band pay scales these figures have been taken from 'Pay Circular (AfC) 2/2012'. Pay and conditions for NHS³⁵⁰. For consultants and the community pharmacist, these figures are taken from PSSRU (2011)⁹³ and have not been inflated.

(c) Employers' national insurance is included plus 14 per cent of salary for employers' contribution to superannuation. This equates to approximately **24 per cent** of direct salary cost.

(d) Annual cost of qualification (estimated at **3.5 per cent** of total qualification cost), and where appropriate on-going training cost, is as reported by PSSRU (2011)⁹³

(e) Direct overheads cover the resources required to deliver services to users or patients and are directly related to the level of service activity. Indirect overheads include functions of the organisation which support the services and allow the organisation to operate; examples would be the Human Resources or Finance Departments. Unfortunately, the information provided in the Summarised Accounts does not identify these categories separately, and we have adapted our estimation method to obtain a percentage figure that reflects the relationship between all overheads and direct salary costs. The Summarised Accounts show the number of care (direct) and non-care (indirect) staff and costs for the latter group were estimated using the average salary for NHS management and administrative staff³⁴². The calculation resulted in an additional **19.1 per cent** on care staff costs to cover management, estates and administrative staff.

(f) The non-staff overheads are the remaining costs to the provider (office costs, travelling subsistence, leased and contract hire, advertising, transport and moveable plant, telephone rentals etc.), supplies and services (clinical and general), utilities and premises costs (water, sewerage, electricity and gas, cleaning, air conditioning) and education and training costs for the professional staff. These account for an additional **41.6 per cent** of direct care staff salary costs, making a total of overheads 'multiplier' for direct salary costs of 60.7 per cent. More information on NHS accounting procedures can be found in the NHS Costing Manual^{104 93}

(g) Based on the new-build and land requirements, plus additional space for shared facilities. Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent (PSSRU 2011)⁹³

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1 **L.2.4 Computations**

2 The model was constructed in Microsoft Excel and was evaluated by cohort simulation. Time
 3 dependency was built in by cross referencing the cohorts age as a respective risk factor for mortality.
 4 Baseline utility was also time dependent and was conditional on the number of years post entry to
 5 the model.

6 Patients start in cycle 0 in an alive health state. Patients moved to the dead health state at the end of
 7 each cycle as defined by the mortality transition probabilities and if the rate of disease progression
 8 indicated the patient should deteriorate to a state with a FVC% predicted value of less than 35%.

9 Transition probabilities for respiratory hospitalisation (including acute exacerbation) and death were
 10 derived from the literature. Transition probabilities for the rate of disease progression were based on
 11 an assumption of a fixed rate of decline in FVC% predicted for each subgroup. For mortality, hazard
 12 ratios for four risk factors within the same multivariate analysis were reported. However, as the
 13 regression equation, mean, variance and covariance matrix of beta coefficients from the regression
 14 equation was not obtained, it was not possible to calculate a composite hazard ratio to calculate the
 15 adjusted rate of mortality for the IPF patient given their respective risk factors. Instead, the risk
 16 calculator provided for an individual patient was used. These mortality rates were converted into
 17 transition probabilities for the respective cycle length (1 month in the base case) before inputting
 18 into the Markov model. For respiratory hospitalisation, the probability of the event over the time
 19 horizon specified by the literature was converted into a rate, before being converted into a
 20 probability appropriate for the cycle length. The above conversions were done using the following
 21 formulae:

| | |
|-------|---|
| | Where r = selected rate t= cycle length (months) |
| _____ | Where P=probability of event over time t t=time over which probability occurs |

22 Life years for the cohort were computed each cycle. To calculate QALYs for each cycle, Q(t), the time
 23 spent (i.e. 1 month or 0.08 years) in the alive state of the model was weighted by a utility value that
 24 is dependent on the time spent in the model and the treatment effect. A half-cycle correction was
 25 applied. QALYs were then discounted to reflect time preference (discount rate = r). QALYs during the
 26 first cycle were not discounted. The total discounted QALYs were the sum of the discounted QALYs
 27 per cycle. The total discounted QALYs were the sum of the discounted QALYs per cycle.

28 Costs per cycle, C(t), were calculated in the same way as QALYs. In the base case, rehabilitation costs
 29 were applied in cycle 1 only. If a difference in post-rehabilitation costs was being included, this was
 30 applied in cycle two and beyond. Costs were discounted to reflect time preference (discount rate = r)
 31 in the same way as QALYs using the following formula:

32 Discount formula:

| | |
|--|---|
| $\text{Discounted total} = \frac{\text{Total}}{1 + r^n}$ | Where: r = discount rate per annum n = time (years) |
|--|---|

33 In the deterministic and probabilistic analysis, the total number of QALYs and resource costs accrued
 34 by each subgroup was recorded. These subtotals were summed across all subgroups to ascertain the

1 total number of patients in the population and the total QALYs and resource costs accrued for the
 2 population. The cost of a full pulmonary rehabilitation course was added to the recurrent cost of
 3 community pulmonary rehabilitation accrued over the time horizon of the model. The total cost and
 4 QALYs accrued by the cohort was divided by the number of patients in the population to calculate a
 5 cost per patient and cost per QALY.

6 L.2.4.1 Technical account of quality of life mapping methods

7 Where SF-36 dimension scores were reported, these were mapped onto the EQ5D index in order to
 8 approximate one generic preference based measurement for decision making. Via the method of
 9 moments⁴⁵, a beta distribution was fitted to each SF36 domain scores using the standard error and
 10 the number in the sample as reported by the study concerned.

11 A value was drawn from the SF36 domain scores' respective distributions to enter the algorithm EQ1
 12 derived by Ara and Brazier (2008)²⁰ to estimate the mapped EQ5D index. If only baseline SF36 scores
 13 with absolute change over a time interval were reported, the absolute change was sampled from a
 14 normal distribution and added to the baseline domain score to calculate the follow up SF36 domain
 15 score to feed into the algorithm. Where available, SRGQ total scores were also mapped to EQ5D
 16 using the algorithm derived by Starkie et al (2011)⁴⁴⁵.

| | |
|---|--|
| <p style="text-align: center;">Algorithm to map SF36 to EQ5D (Ara and Brazier, 2008)</p> <p>EQ5D index = 0.03256+0.0037*PH+0.00111*RP-0.00024*BP +0.00024*GH +0.00256*SF-0.00063*RE +0.00286*MH +0.00052*V</p> | <p>Where SF36 domains are indicated by: PH = Physical Health RP = Physical Role BP= Bodily Pain GH = General Health SF = Social Functioning RE = Emotional Role MH = Mental Health V= Vitality</p> |
| <p style="text-align: center;">Algorithm to map SGRQ to EQ5D (Starkie et al., 2010)</p> <p>EQ5D index = 0.9617 - SGRQ – (0.0001*SGRQ²) + 0.0231*Male%</p> | <p>Where SGRQ = Total score Male% = Percentage of males</p> |

17 In the deterministic analysis, the best estimate of utility was calculated using the mean values
 18 reported by the study in the mapping algorithm. In the probabilistic analysis, each iteration drew
 19 from the sampled SF36 or SRGQ scores, which were then mapped to EQ5D by the appropriate
 20 algorithm. For the purpose of reporting the mapped EQ5D scores in this appendix, mapped values
 21 were calculated 20,000 times. The mean, standard deviation and upper and lower 95% confidence
 22 intervals of the 20,000 mapped EQ5D values were then calculated and reported.

23 L.2.4.2 Calculating cost effectiveness

24 The widely used cost-effectiveness metric is the incremental cost-effectiveness ratio (ICER). This is
 25 calculated by dividing the difference in costs associated with two alternatives by the difference in
 26 QALYs. The decision rule then applied is that if the ICER falls below a given cost per QALY threshold
 27 the result is considered to be cost effective. If both costs are lower and QALYs are higher the option
 28 is said to dominate and an ICER is not calculated.

$$ICER = \frac{Costs (B) - Costs (A)}{QALYs (B) - QALYs (A)}$$

Where: Costs/QALYs(X) = total costs/QALYs for option X

- Cost-effective if:
ICER < Threshold

1 When there are more than two comparators, as in this analysis, options must be ranked in order of
2 increasing cost then options ruled out by dominance or extended dominance before calculating ICERs
3 excluding these options.

4 It is also possible, for a particular cost-effectiveness threshold, to re-express cost-effectiveness
5 results in term of net monetary benefit (NMB). This is calculated by multiplying the total QALYs for a
6 comparator by the threshold cost per QALY value (for example, £20,000) and then subtracting the
7 total costs (formula below). The decision rule then applied is that the comparator with the highest
8 NMB is the most cost-effective option at the specified threshold. That is the option that provides the
9 highest number of QALYs at an acceptable cost.

$$Net\ Benefit (X) = QALYs (X) \times \lambda - Costs (X)$$

Where: Costs/QALYs(X) = total costs/QALYs for option X; λ = threshold

- Cost-effective if:
highest net benefit

10 Both methods of determining cost effectiveness will identify exactly the same optimal strategy. For
11 ease of computation NMB was used to identify the optimal strategy in the probabilistic analysis
12 simulations.

13 The probabilistic analysis was run for 10,000 simulations for the base case. Each simulation, total
14 costs and total QALYs were calculated for each strategy. Net benefit was also calculated and the
15 most cost-effective option identified (that is, the one with the highest net benefit), at a threshold of
16 £20,000 per QALY gained. The results of the probabilistic analysis were summarised in terms of mean
17 costs, mean QALYs and mean net benefit for each treatment option, where each was the average of
18 the simulated estimates. The option with the highest mean net benefit (averaged across the
19 simulations) was the most cost-effective at the specified threshold. The percentage of simulations
20 where each strategy was the most cost-effective gives an indication of the strength of evidence in
21 favour of that strategy being cost-effective.

22 Results are also presented graphically where mean total costs and mean total QALYs for each
23 strategy are plotted. Comparisons not ruled out by dominance or extended dominance are joined by
24 a line on the graph where the slope represents the incremental cost-effectiveness ratio, the
25 magnitude of which is labelled.

26 L.2.5 Sensitivity analyses

27 A range of deterministic sensitivity analyses were completed to test the robustness of the results to
28 changes in key inputs and assumptions. These are outlined in Table 143

29 **Table 143: Deterministic Sensitivity Analyses**

| Heading | Description and rationale | Values used in deterministic |
|----------------------------|---|--|
| Structural settings | | |
| SA1: discount rate | Differential discount rates were applied to costs and health benefits (measured in QALYs) | Cost discount rate of 1.5% QALY discount rate of 1.5% |
| Cohort settings | | |

| Heading | Description and rationale | Values used in deterministic |
|--|--|--|
| SA2: age | <p>We assume that the average age of patients commencing pulmonary rehabilitation is 70. However, this sensitivity analysis is conducted in the recognition that changes in identification and diagnosis of IPF may identify patients at earlier stages of disease progression and at a younger age.</p> <p>Results from this analysis inform whether prompt referral to pulmonary rehabilitation at an early diagnosis is more cost effective than a later referral.</p> | 40 years old |
| | | 50 years old |
| | | 60 years old |
| | | 70 years old (base case) |
| | | 80 years old |
| SA3: Starting FVC% predicted | <p>We assume an initial FVC% predicted value for the cohort which one would hope to have at diagnosis of 100%. However, in recognition that diagnosis of IPF is often delayed, this assumption will be tested through sensitivity analysis with varying proportions of the cohort starting in the model with different FVC% predicted values. Results from this analysis inform whether prompt referral to pulmonary rehabilitation at an early stage of disease progression is more cost effective than a later referral.</p> | 100% |
| | | 90% |
| | | 80% |
| | | 70% |
| | | 60% |
| | | 50% |
| SA4: The proportion in each subgroup. | <p>The proportion of people with IPF experiencing a given rate of disease progression is uncertain, especially regarding the expected decline in patients who may in the first year in prognosis experience an increase in percentage predicted FVC% predicted. Therefore a sensitivity analysis was conducted to explore the impact a given rate of disease progression would have on the cost effectiveness of the intervention.</p> | <p>Base case: Stable = 57% (n=128) Moderate decline = 24% (n=54) Rapid decline = 19% (n=44)</p> |
| SA4.1 | <p>Assumption that all patients with improved FVC% predicted experience same mortality risk as those with slow disease progression.</p> | <p>Stable = 69% (n=215) Moderate decline = 17% (n=54) Rapid decline = 14% (n=44)</p> |
| SA4.2 | <p>Assumption that only patients with small improvement in FVC% predicted experience the same mortality risk as those with slow disease progression, and the remainder with a larger improvement in FVC experience the same mortality risk as those with moderate disease progression. This reflects the possibility that it is the degree of instability of FVC which could be prognostic.</p> | <p>Stable = 58% (n=183) Moderate decline = 27% (n=86) Rapid decline = 14% (n=44)</p> |
| SA4.3 | <p>All patients offered pulmonary rehabilitation have stable disease</p> | <p>Stable: 100%</p> |
| SA4.4 | <p>All patients offered pulmonary rehabilitation have moderate disease</p> | <p>Moderate: 100%</p> |
| SA4.5 | <p>All patients offered pulmonary rehabilitation have rapid disease</p> | <p>Rapid: 100%</p> |
| Participation assumptions | | |
| Base case | <p>The base case assumes that all patients who are alive can participate in pulmonary rehabilitation,</p> | |

| Heading | Description and rationale | Values used in deterministic |
|--|--|---|
| | regardless of whether they have been hospitalised in the same cycle in which they may be undertaking rehabilitation. | |
| Participation scenario 1 | In this scenario, we assume that patients cannot benefit from pulmonary rehabilitation in the cycle of hospitalisation. Treatment effect of pulmonary rehabilitation returns in the cycles post hospitalisation. | |
| Participation scenario 2 | In this scenario, we assume that only a proportion of patients cannot participate or benefit from pulmonary rehabilitation post hospitalisation. For these patients the treatment effect of pulmonary rehabilitation does not return in the cycles post hospitalisation. They are costed for the assessment but not for any places on subsequent rehabilitation courses. | 100% |
| Base case | | 80% |
| | | 70% |
| | | 60% |
| | | 40% |
| | | 20% |
| | | 0% (base case participation effect) |
| Treatment effect scenarios | | |
| SA5: Treatment effect duration (months) | This sensitivity analysis specifies the time period from the start of the programme until the treatment effect diminishes to baseline. | 6 (base case) 9 12 15 18 24 |
| SA6: Treatment effect of repeated pulmonary rehabilitation programmes | This sensitivity analysis applies a treatment effect multiplier so that repeated programmes are proportionally less effective than the one undertaken previously. | 100% as effective (base case) 90% as effective 80% as effective 70% as effective 60% as effective 50% as effective 40% as effective 30% as effective 20% as effective 10% as effective |
| SA7: Time period between repeating the rehabilitation programme (months) | This sensitivity analysis examines the impact of varying the time period between the beginning of one programme and starting the subsequent programme. | 6 months 12 months (base case) 18 months 24 months 36 months 48 months |
| Intervention Cost and resource use | | |
| SA.8: Use of NHS reference costs rather than micro costing | NHS reference costs (assumed to be inclusive of assessment) used instead of micro costing. | Community rehabilitation = £71 Respiratory rehabilitation = £253 |

1 Parameters associated with the programme composition and resource use (i.e. programme
2 duration, staff levels, patients requiring transport) were not tested in a sensitivity analysis for two
3 main reasons. Firstly adjustments were unlikely to make programme costs higher than those
4 estimated through use of NHS reference costs and secondly the impact a change on resource use
5 would have on programme effect is unknown.

6 **L.2.6 Model validation**

7 The model was developed in consultation with the GDG; model structure, inputs and results were
8 presented to and discussed with the GDG for clinical validation and interpretation. In particular, the
9 median life expectancy calculated for the subgroups with differential rates of disease progression
10 were of interest to the GDG. For this reason, survival curves calculated from the model were
11 produced for clinical validation.

12 The model was systematically checked by the health economist undertaking the analysis; this
13 included inputting null and extreme values and checking that results were plausible given inputs. The
14 model was peer reviewed by a second experienced health economist; this included systematic
15 checking of the model calculations.

16 **L.2.7 Interpreting results**

17 NICE's report 'Social value judgements: principles for the development of NICE guidance' sets out the
18 principles that GDGs should consider when judging whether an intervention offers good value for
19 money³⁴⁵.

20 In general, an intervention was considered to be cost effective if either of the following criteria
21 applied:

- 22 a) The intervention dominated other relevant strategies (that is, it was both less costly in terms of
23 resource use and more clinically effective compared with all the other relevant alternative
24 strategies), or
- 25 b) The intervention cost less than £20,000 per quality-adjusted life-year (QALY) gained compared
26 with the next best strategy.

27 As the analysis is based on two RCTs with a selected population and specified intervention it had
28 limited applicability to the overall IPF population and current UK practice. It was felt that the analysis
29 could help evaluate the likelihood that an offer of pulmonary rehabilitation at diagnosis, with
30 continued community rehabilitation, was cost-effective and provide useful information to feed into
31 decision making; however, it was also noted that it would not be able to provide definitive
32 conclusions given these limitations.

33 **L.3 Results**

34 Detailed results are presented over the next few pages for the base case and various sensitivity
35 analyses.

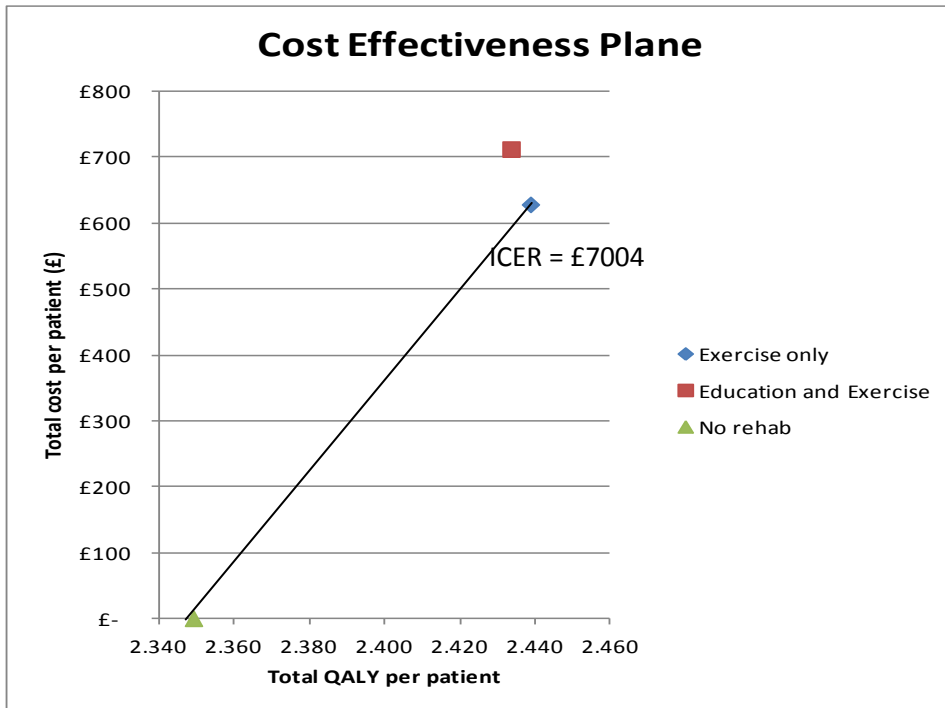
36 The results of the deterministic analyses showed the exercise and educational programme to be
37 dominated by the exercise only programme, with the exercise only programme proving to be most
38 cost effective at the £20,000 threshold throughout all analysis.

39 The results of the probabilistic analyses showed that the exercise and educational programme, and
40 the exercise only programme, were comparable in their probability of being the optimal programme
41 determined by the highest net monetary benefit, with no rehabilitation being the least optimal
42 throughout.

1 **L.3.1 Base case**

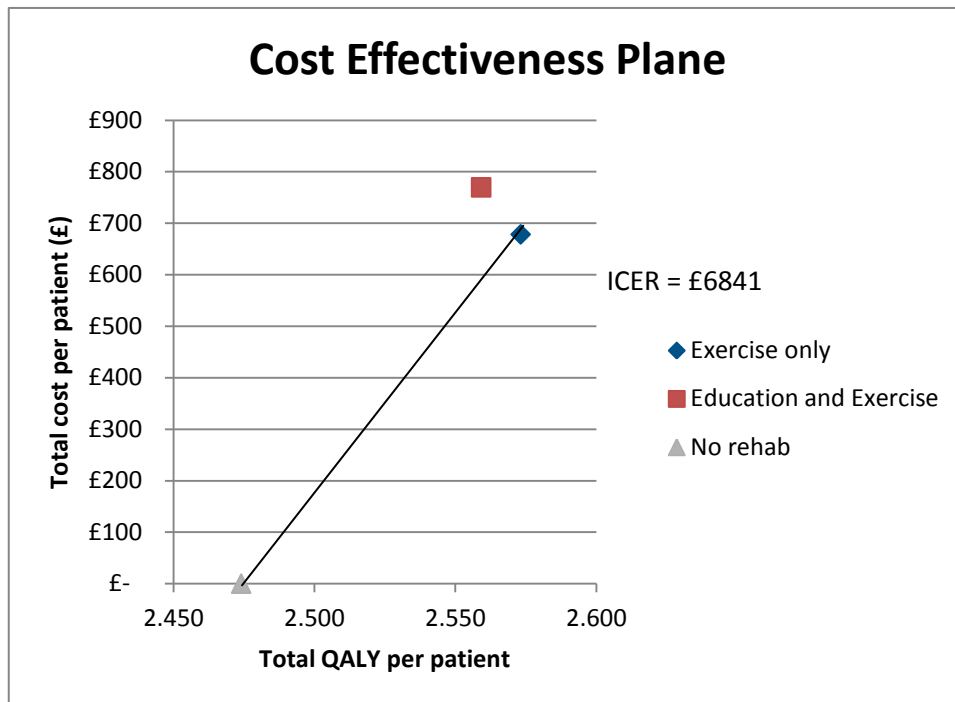
2 The base case shows that pulmonary rehabilitation is cost effective when compared to no pulmonary
 3 rehabilitation, with both programmes having similar chance of being cost effective using the £20000
 4 threshold when uncertainty of treatment effect is taken into account, with exercise programmes
 5 ranking optimal in 48% of simulations and exercise with education ranking optimal in 47%
 6 simulations. The highest incremental net benefit was achieved for the exercise programme of
 7 pulmonary rehabilitation. The results of the base case are shown in Figure 122, Figure 123 and Table
 8 144.

9 **Figure 122: Cost effectiveness plane for the base case results (deterministic)**



10

1 **Figure 123: Cost effectiveness plane for the base case results (probabilistic)**



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Table 144: Probabilistic results for the base case analysis, with results of sensitivity analysis looking at structural assumptions regarding participation and benefit post hospitalisation.

| Participation scenarios | Intervention | Cost | Cost discounted | QALY | QALY discounted | NMB (£20K) | NMB (£30k) | % of times ranked optimal at 20K | % of times ranked optimal at £30 |
|-------------------------|-------------------------------|------|-----------------|-------|-----------------|------------|------------|----------------------------------|----------------------------------|
| Base case (a) | No rehab | £- | £- | 2.713 | 2.474 | £49,480 | £74,220 | 5% | 4% |
| | Exercise only | £741 | £678 | 2.817 | 2.573 | £50,785 | £76,453 | 48% | 48% |
| | Education and Exercise | £841 | £770 | 2.802 | 2.559 | £50,413 | £75,933 | 47% | 48% |
| Scenario 1 (b) | No rehab | £- | £- | 2.713 | 2.474 | £49,480 | £74,220 | 6% | 0% |
| | Exercise only | £741 | £678 | 2.816 | 2.572 | £50,676 | £83,739 | 46% | 51% |
| | Education and Exercise | £841 | £770 | 2.801 | 2.558 | £50,398 | £83,204 | 48% | 49% |
| Scenario 2 (c) | No rehab | £- | £- | 2.713 | 2.474 | £49,480 | £74,220 | 6% | 4% |
| | Exercise only | £741 | £678 | 2.798 | 2.557 | £50,457 | £76,025 | 47% | 48% |
| | Education and Exercise | £841 | £770 | 2.785 | 2.544 | £50,118 | £75,562 | 47% | 48% |

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(a) Base case participation scenario: Patients benefit from and participate in pulmonary rehabilitation regardless of hospitalisation.

(b) Participation scenario 1: Patients do not benefit from pulmonary rehabilitation in the cycle post hospitalisation

(c) Participation scenario 2: Patients do not benefit from or return to pulmonary rehabilitation post hospitalisation (all subsequent cycles) – however all patients undertake assessment regardless of previous hospitalisation.

1

2 **L.3.2 Sensitivity analyses**

3 **L.3.2.1 Sensitivity analysis on structural assumptions regarding treatment effect and participation.**

4 The results of the sensitivity analysis on different scenarios of participation are reported in Table 144.
5 In no scenario was no rehabilitation optimal, and when only considering the mean net monetary
6 benefit achieved the exercise only programme appeared more cost effective than the exercise and
7 educational programme. It becomes more likely that the exercise only programme is cost effective in
8 comparison to exercise and when patients are less likely to benefit from pulmonary rehabilitation
9 post hospitalisation.

10 Participation scenarios were tested across all sensitivity analyses reported below to check that
11 conclusions of the analysis did not change regardless of these baseline assumptions. The results from
12 the sensitivity analyses using alternative participation scenarios did not indicate a different
13 conclusion to the basecase. Due to this fact, and the quantity of results across all analyses, only the
14 results from the basecase participation scenario are presented below.

15 **L.3.2.2 Sensitivity analysis on differing rates of mortality post hospitalisation**

16 Due the changes in treatment effect requiring a monthly cycle, the model took the conservative
17 assumption by applying a higher mortality rate to patients who had experienced a respiratory
18 hospitalisation, regardless of when that hospitalisation occurred. This assumption may reduce the
19 number of patients who accumulate benefit of the programme once the programme has come to an
20 end, favouring no rehabilitation.

21 To assess the impact this may have had on the potential life expectancy the model was rerun with a 6
22 month cycle, and a higher mortality rate was only applied in the cycle post hospitalisation. This
23 allowed the scoring system presented by Du Bois in predicting mortality to be applied with greater
24 accuracy; however the rate of movement through the health states slows with the longer cycle
25 length. For information and clinical validation, Kaplan Meier curves for each cohort evaluated in this
26 analysis were produced. These, alongside the mean and median life expectancy of each cohort are
27 presented in Appendix M. Due to the changes in treatment effect requiring a cycle length less than 6
28 months, it was not possible to evaluate the potential increase in cost effectiveness of the pulmonary
29 rehabilitation programmes that a change in this structural assumption may have.

30 If we assume only one hospitalisation per patient once diagnosed the results in Appendix M show
31 that mortality is likely to be overestimated, and life expectancy is likely to be underestimated in the
32 model. However, it is likely the model results are more reflective of the typical survival of people
33 with IPF post diagnosis if people with IPF, once having experienced a respiratory hospitalisation, are
34 likely to have a hospitalisation at least once every 6 months thereafter. When applying a higher
35 mortality rate for only one month post hospitalisation, this favoured the pulmonary rehabilitation
36 programmes in terms of cost effectiveness (see Table 146).

37

38 **L.3.2.3 Sensitivity analysis of the discount factor**

39 The change in discount factor did not change the conclusions of the analysis. Results are shown in
40 Table 146.

1 L.3.2.4 Sensitivity analysis of the FVC% predicted and age

2 This analysis explored the impact that differing starting characteristics of the cohort may have on the
3 cost effectiveness of the programme. The analysis shows that pulmonary rehabilitation in
4 comparison to no rehabilitation is cost effective regardless of age or stage of disease progression.
5 The exception is that the higher cost of the education and exercise programme meant it was not cost
6 effective in cohorts which were older than 60 years of age and who also had an FVC% predicted
7 baseline of 50%. In general, cost effectiveness is reduced in cohorts that have a higher starting risk of
8 mortality and hospitalisation as these cohorts are less likely to accrue the benefit of the programme
9 once it has ended. The deterministic results of this analysis are presented in Table 145.

10 For information and clinical validation, Kaplan Meier curves for each cohort evaluated in this analysis
11 were produced. These, alongside the mean and median life expectancy of each cohort are presented
12 in appendix M.

13 L.3.2.5 Sensitivity analysis on the proportion of people in each subgroup

14 The rate of disease progression of the cohort did not change the conclusions of the analysis, however
15 the programmes are more cost effective when the cohort is more likely to be able to benefit from
16 any long term treatment effect once the course has ended (i.e. with more stable rate of disease
17 progression). Results are shown in Table 146.

**18 L.3.2.6 Sensitivity analysis on the number of people able to rejoin and benefit from pulmonary
19 rehabilitation post hospitalisation (extension of participation scenario 2)**

20 The change in the number of people able to rejoin and benefit from pulmonary rehabilitation did not
21 change the conclusions of the analysis. However, the programmes are more cost effective when the
22 cohort is more likely to be able to benefit from any long term treatment effect once the course has
23 ended (i.e. if more patients are able to experience a higher quality of life after pulmonary
24 rehabilitation despite hospitalisation). Results are shown in Table 146.

25 L.3.2.7 Sensitivity analysis on the cost of the programme.

26 Use of NHS reference costs, which were higher for the educational programme than estimated
27 through the costing of staff time, did not change the conclusion of the analysis. Results are shown in
28 Table 146.

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Table 145: Deterministic analysis of cost effectiveness according to FVC% predicted and age.

| Starti ng FVC | Age | Mean number of cost per patient (£) | | | | | | Mean number of QALYs gained per patient | | | | | | Cost effectiveness | | | | |
|---------------------|-----|-------------------------------------|-----------------|---------------|-----------------|------------------------|-----------------|---|-----------------|---------------|-----------------|------------------------|-----------------|--------------------|---------------|--------------------------|--|--------------------------|
| | | No rehab | | Exercise only | | Education and Exercise | | No rehab | | Exercise only | | Education and Exercise | | NMB (£20K) | | | ICER of intervention compared to no rehabilitation | |
| | | Cost | Cost discounted | Cost | Cost discounted | Cost | Cost discounted | QALY | QALY discounted | QALY | QALY discounted | QALY | QALY discounted | No rehab | Exercise only | Educ ation and Exerci se | Exerc ise only | Educat ion and Exerctise |
| 100% | 40 | £0 | £0 | £1,325 | £1,152 | £1,502 | £1,307 | 4.75 | 4.14 | 4.94 | 4.32 | 4.93 | 4.31 | £82,875 | £85,277 | £84,919 | £6,482 | £7,801 |
| | 50 | £0 | £0 | £1,309 | £1,141 | £1,485 | £1,296 | 4.68 | 4.10 | 4.87 | 4.28 | 4.86 | 4.27 | £82,020 | £84,413 | £84,056 | £6,458 | £7,778 |
| | 60 | £0 | £0 | £1,208 | £1,064 | £1,372 | £1,209 | 4.33 | 3.83 | 4.51 | 3.99 | 4.50 | 3.98 | £76,578 | £78,819 | £78,485 | £6,438 | £7,760 |
| | 70 | £0 | £0 | £1,058 | £944 | £1,203 | £1,073 | 3.82 | 3.41 | 3.97 | 3.55 | 3.96 | 3.55 | £68,166 | £70,141 | £69,844 | £6,466 | £7,799 |
| | 80 | £0 | £0 | £1,058 | £944 | £1,203 | £1,073 | 3.82 | 3.41 | 3.97 | 3.55 | 3.96 | 3.55 | £68,166 | £70,141 | £69,844 | £6,466 | £7,799 |
| 90% | 40 | £0 | £0 | £1,122 | £998 | £1,270 | £1,130 | 4.15 | 3.68 | 4.31 | 3.83 | 4.30 | 3.82 | £73,659 | £75,672 | £75,369 | £6,626 | £7,958 |
| | 50 | £0 | £0 | £1,119 | £995 | £1,266 | £1,128 | 4.13 | 3.67 | 4.29 | 3.82 | 4.28 | 3.81 | £73,422 | £75,435 | £75,132 | £6,615 | £7,947 |
| | 60 | £0 | £0 | £1,025 | £921 | £1,162 | £1,045 | 3.78 | 3.39 | 3.93 | 3.53 | 3.92 | 3.53 | £67,890 | £69,775 | £69,491 | £6,567 | £7,903 |
| | 70 | £0 | £0 | £906 | £823 | £1,029 | £935 | 3.34 | 3.02 | 3.47 | 3.15 | 3.46 | 3.14 | £60,471 | £62,148 | £61,894 | £6,583 | £7,931 |
| | 80 | £0 | £0 | £906 | £823 | £1,029 | £935 | 3.34 | 3.02 | 3.47 | 3.15 | 3.46 | 3.14 | £60,471 | £62,148 | £61,894 | £6,583 | £7,931 |
| 80% | 40 | £0 | £0 | £923 | £839 | £1,043 | £949 | 3.53 | 3.18 | 3.65 | 3.31 | 3.64 | 3.30 | £63,662 | £65,291 | £65,038 | £6,800 | £8,164 |

| | | | | | | | | | | | | | | | | | | |
|-----|----|----|----|------|------|--------|------|------|------|------|------|------|------|---------|---------|---------|---------|---------|
| | 50 | £0 | £0 | £923 | £839 | £1,043 | £949 | 3.53 | 3.18 | 3.65 | 3.31 | 3.64 | 3.30 | £63,643 | £65,272 | £65,019 | £6,799 | £8,163 |
| | 60 | £0 | £0 | £831 | £764 | £941 | £866 | 3.14 | 2.87 | 3.26 | 2.98 | 3.25 | 2.97 | £57,332 | £58,831 | £58,597 | £6,751 | £8,124 |
| | 70 | £0 | £0 | £740 | £685 | £839 | £777 | 2.76 | 2.54 | 2.87 | 2.64 | 2.86 | 2.63 | £50,713 | £52,046 | £51,837 | £6,786 | £8,175 |
| | 80 | £0 | £0 | £740 | £685 | £839 | £777 | 2.76 | 2.54 | 2.87 | 2.64 | 2.86 | 2.63 | £50,713 | £52,046 | £51,837 | £6,786 | £8,175 |
| 70% | 40 | £0 | £0 | £738 | £687 | £831 | £774 | 2.95 | 2.71 | 3.04 | 2.80 | 3.04 | 2.80 | £54,117 | £55,331 | £55,137 | £7,228 | £8,630 |
| | 50 | £0 | £0 | £738 | £687 | £831 | £774 | 2.95 | 2.71 | 3.04 | 2.80 | 3.04 | 2.80 | £54,117 | £55,331 | £55,137 | £7,228 | £8,630 |
| | 60 | £0 | £0 | £645 | £606 | £728 | £684 | 2.51 | 2.33 | 2.60 | 2.41 | 2.59 | 2.41 | £46,558 | £47,646 | £47,471 | £7,154 | £8,570 |
| | 70 | £0 | £0 | £606 | £571 | £685 | £646 | 2.32 | 2.16 | 2.40 | 2.24 | 2.40 | 2.23 | £43,168 | £44,199 | £44,032 | £7,133 | £8,558 |
| | 80 | £0 | £0 | £606 | £571 | £685 | £646 | 2.32 | 2.16 | 2.40 | 2.24 | 2.40 | 2.23 | £43,168 | £44,199 | £44,032 | £7,133 | £8,558 |
| 60% | 40 | £0 | £0 | £535 | £510 | £597 | £570 | 2.27 | 2.12 | 2.33 | 2.19 | 2.33 | 2.18 | £42,475 | £43,234 | £43,102 | £8,045 | £9,524 |
| | 50 | £0 | £0 | £535 | £510 | £597 | £570 | 2.27 | 2.12 | 2.33 | 2.19 | 2.33 | 2.18 | £42,475 | £43,234 | £43,102 | £8,045 | £9,524 |
| | 60 | £0 | £0 | £479 | £460 | £537 | £515 | 1.95 | 1.84 | 2.00 | 1.89 | 2.00 | 1.89 | £36,710 | £37,408 | £37,286 | £7,940 | £9,444 |
| | 70 | £0 | £0 | £458 | £440 | £514 | £495 | 1.82 | 1.72 | 1.87 | 1.77 | 1.87 | 1.77 | £34,357 | £35,028 | £34,909 | £7,920 | £9,444 |
| | 80 | £0 | £0 | £458 | £440 | £514 | £495 | 1.82 | 1.72 | 1.87 | 1.77 | 1.87 | 1.77 | £34,357 | £35,028 | £34,909 | £7,920 | £9,444 |
| 50% | 40 | £0 | £0 | £343 | £334 | £375 | £366 | 1.57 | 1.50 | 1.59 | 1.52 | 1.59 | 1.52 | £29,919 | £30,115 | £30,050 | £12,608 | £14,706 |
| | 50 | £0 | £0 | £343 | £334 | £375 | £366 | 1.57 | 1.50 | 1.59 | 1.52 | 1.59 | 1.52 | £29,919 | £30,115 | £30,050 | £12,608 | £14,706 |
| | 60 | £0 | £0 | £320 | £313 | £352 | £345 | 1.38 | 1.33 | 1.41 | 1.35 | 1.40 | 1.35 | £26,532 | £26,722 | £26,659 | £12,441 | £14,593 |
| | 70 | £0 | £0 | £314 | £307 | £345 | £339 | 1.32 | 1.27 | 1.34 | 1.29 | 1.34 | 1.29 | £25,377 | £25,565 | £25,503 | £12,416 | £14,587 |

| | | | | | | | | | | | | | | | | | | |
|--|----|----|----|------|------|------|------|------|------|------|------|------|------|---------|---------|---------|---------|---------|
| | 80 | £0 | £0 | £314 | £307 | £345 | £339 | 1.32 | 1.27 | 1.34 | 1.29 | 1.34 | 1.29 | £25,377 | £25,565 | £25,503 | £12,416 | £14,587 |
|--|----|----|----|------|------|------|------|------|------|------|------|------|------|---------|---------|---------|---------|---------|

1 **Table 146: Deterministic results of sensitivity analyses testing assumptions and data sources of the model.**

| Name of sensitivity analysis | Mean cost per patient (£) | | | | | | Mean number of QALYs gained per patient | | | | | | Cost Effectiveness | | | | |
|---|---------------------------|-----------------|---------------|-----------------|------------------------|-----------------|---|-----------------|---------------|-----------------|------------------------|-----------------|--------------------|---------------|------------------------|--|------------------------|
| | No rehab | | Exercise only | | Education and Exercise | | No rehab | | Exercise only | | Education and Exercise | | NMB (£20K) | | | ICER of intervention when compared to no rehabilitation. | |
| | Cost | Cost discounted | Cost | Cost discounted | Cost | Cost discounted | QALY | QALY discounted | QALY | QALY discounted | QALY | QALY discounted | No rehab | Exercise only | Education and Exercise | Exercise only | Education and Exercise |
| Base case | £0 | £0 | £672 | £628 | £762 | £712 | 2.54 | 2.35 | 2.63 | 2.44 | 2.63 | 2.43 | £46,972 | £48,137 | £47,949 | £7,005 | £8,427 |
| No half cycle correction applied | £0 | £0 | £672 | £628 | £762 | £712 | 2.58 | 2.38 | 2.67 | 2.47 | 2.66 | 2.46 | £47,541 | £48,731 | £48,542 | £6,907 | £8,311 |
| Discount rate of 1.5% applied to costs and 1.5% applied to benefits | £0 | £0 | £672 | £652 | £762 | £739 | 2.55 | 2.46 | 2.63 | 2.55 | 2.63 | 2.54 | £49,129 | £50,262 | £50,068 | £7,309 | £8,813 |
| Sub grouping based on assumption all observed to have increasing FVC% predicted have slow disease progression | £0 | £0 | £741 | £688 | £839 | £780 | 2.82 | 2.59 | 2.92 | 2.69 | 2.91 | 2.69 | £51,823 | £53,132 | £52,925 | £6,891 | £8,287 |
| Sub grouping based on assumption all observed to have increasing FVC% predicted have slow to moderate disease progression | £0 | £0 | £689 | £643 | £781 | £729 | 2.62 | 2.42 | 2.71 | 2.51 | 2.71 | 2.51 | £48,404 | £49,606 | £49,414 | £6,972 | £8,385 |
| Cohort consists only of people with slow disease progression | £0 | £0 | £918 | £844 | £1,039 | £957 | 3.53 | 3.22 | 3.66 | 3.35 | 3.65 | 3.34 | £64,425 | £66,108 | £65,851 | £6,680 | £8,030 |
| Cohort consists only of people with moderate disease progression | £0 | £0 | £418 | £407 | £473 | £461 | 1.61 | 1.55 | 1.66 | 1.60 | 1.66 | 1.60 | £30,977 | £31,615 | £31,501 | £7,785 | £9,357 |

| | | | | | | | | | | | | | | | | | |
|--|----|----|------|------|------|------|------|------|------|------|------|------|---------|---------|---------|--------|---------|
| Cohort consists only of people with rapid disease progression | £0 | £0 | £271 | £268 | £308 | £305 | 0.81 | 0.79 | 0.84 | 0.82 | 0.83 | 0.82 | £15,832 | £16,132 | £16,058 | £9,442 | £11,487 |
| 35% FVC% predicted cut off point for participation (no cut off point for participation) | £0 | £0 | £699 | £649 | £796 | £739 | 2.54 | 2.35 | 2.64 | 2.45 | 2.64 | 2.44 | £46,972 | £48,304 | £48,099 | £6,554 | £7,922 |
| 40% FVC% predicted cut off point for participation | £0 | £0 | £689 | £642 | £784 | £730 | 2.54 | 2.35 | 2.64 | 2.44 | 2.63 | 2.44 | £46,972 | £48,240 | £48,041 | £6,721 | £8,116 |
| 50% FVC% predicted cut off point for participation | £0 | £0 | £646 | £605 | £728 | £683 | 2.54 | 2.35 | 2.63 | 2.43 | 2.62 | 2.43 | £46,972 | £48,044 | £47,870 | £7,218 | £8,637 |
| 60% FVC% predicted cut off point for participation | £0 | £0 | £570 | £538 | £630 | £596 | 2.54 | 2.35 | 2.60 | 2.41 | 2.60 | 2.41 | £46,972 | £47,681 | £47,553 | £8,629 | £10,130 |
| 100% of patients do not return to or benefit from pulmonary rehabilitation post hospitalisation | £0 | £0 | £672 | £628 | £762 | £712 | 2.54 | 2.35 | 2.62 | 2.42 | 2.61 | 2.42 | £46,972 | £47,868 | £47,696 | £8,242 | £9,912 |
| 80% of patients do not return to or benefit from pulmonary rehabilitation post hospitalisation | £0 | £0 | £610 | £569 | £681 | £636 | 2.54 | 2.35 | 2.62 | 2.43 | 2.62 | 2.42 | £46,972 | £47,980 | £47,823 | £7,216 | £8,559 |
| 60% of patients do not return to or benefit from pulmonary rehabilitation post hospitalisation | £0 | £0 | £547 | £510 | £601 | £561 | 2.54 | 2.35 | 2.62 | 2.43 | 2.62 | 2.43 | £46,972 | £48,093 | £47,949 | £6,259 | £7,296 |
| 40% of patients do not return to or benefit from pulmonary rehabilitation post hospitalisation | £0 | £0 | £485 | £452 | £521 | £485 | 2.54 | 2.35 | 2.63 | 2.43 | 2.62 | 2.43 | £46,972 | £48,205 | £48,075 | £5,362 | £6,112 |
| 20% of patients do not return to or benefit from pulmonary rehabilitation post hospitalisation | £0 | £0 | £422 | £393 | £440 | £410 | 2.54 | 2.35 | 2.63 | 2.44 | 2.63 | 2.43 | £46,972 | £48,318 | £48,201 | £4,521 | £5,002 |
| Higher mortality risk applied only one cycle post hospitalisation | £0 | £0 | £768 | £707 | £867 | £799 | 2.96 | 2.69 | 3.06 | 2.79 | 3.05 | 2.79 | £53,831 | £55,115 | £54,909 | £7,106 | £8,517 |
| Cost of programme using NHS reference costs | £0 | £0 | £244 | £229 | £868 | £815 | 2.54 | 2.35 | 2.63 | 2.44 | 2.63 | 2.43 | £46,972 | £48,535 | £47,846 | £2,556 | £9,656 |

1 **L.3.2.8 Sensitivity analysis on treatment effect duration, a declining treatment effect on each subsequent**
2 **offer of pulmonary rehabilitation and time between repeated programmes of pulmonary**
3 **rehabilitation.**

4 There was no evidence to inform the duration of effect that pulmonary rehabilitation has on
5 improving quality of life in people with pulmonary rehabilitation, with the longest reported follow up
6 being 6 months, 4 months after the programme finished.¹⁸²) As this study showed quality of life had
7 not returned to baseline at this point, there is reason to believe that treatment effect lasts for a
8 longer time period than 6 months, however the duration and rate of diminishing effect remains
9 unknown. The optimal time between repeated offers of pulmonary rehabilitation to sustain a
10 treatment effect given the additional cost of offering repeated programmes is dependent on the
11 duration and rate of diminishing effect, as well as knowledge whether a repeated programme will
12 achieve the same effect as the first programme the patient undertakes.

13 A three way sensitivity analysis was conducted to estimate the optimal time period between offers
14 of repeated programmes given varying assumptions regarding duration and rate of diminishing long
15 term treatment effect, and a potential decline in the magnitude of treatment effect with each
16 additional programme. The analysis looked at repeating the programmes every 6, 12, 18, 24, 36 and
17 48 months, and identified which strategy (including no rehabilitation) obtained the highest net
18 monetary benefit for a given combination treatment effect duration and magnitude of effect on
19 repeated programmes. Table 147 details which strategy is optimal for a given combination of
20 treatment effect assumptions, as well as the optimal time interval (in terms of highest net benefit)
21 which the programme should be repeated for a combination of assumptions. An aspect of this
22 analysis to keep in mind is that the more frequently the programme is repeated, the more
23 programmes at a reduced efficacy (due to each subsequent programme having less effect) the
24 patient will experience in the same timeframe. Further, when it is assumed that long term treatment
25 effect is sustained over a lengthy time (i.e. 24 months), the repeated programme could give a lower
26 treatment effect than what would have been observed at the same time point had the programme
27 not been repeated.

28

1

Table 147: Optimal strategy given assumptions regarding treatment effect duration and the effectiveness of each subsequent programme

| Treatment effect multiplier: | | 100% | 90% | 80% | 60% | 50% | 40% | 30% | 20% | 10% | 0% |
|------------------------------------|----|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| Treatment effect duration (months) | 6 | Exercise programme, every 6 months | Exercise programme, every 12 months | Exercise programme, every 12 months | Exercise programme, every 18 months | Exercise programme, every 36 months | Exercise programme, every 48 months | Exercise programme, every 48 months | Exercise programme, every 48 months | Exercise programme, every 48 months | Exercise programme, every 48 months |
| | 9 | Exercise programme, every 6 months | Exercise programme, every 6 months | Exercise programme, every 12 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 36 months | Exercise programme, every 48 months | Exercise programme, every 48 months | Exercise programme, every 48 months | Exercise programme, every 48 months |
| | 12 | Exercise programme, every 6 months | Exercise programme, every 12 months | Exercise programme, every 12 months | Exercise programme, every 12 months | Exercise programme, every 18 months | Exercise programme, every 36 months | Exercise programme, every 48 months | Exercise programme, every 48 months | Exercise programme, every 48 months | Exercise programme, every 48 months |
| | 15 | Exercise programme, every 6 months | Exercise programme, every 12 months | Exercise programme, every 12 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 36 months | Exercise programme, every 36 months | Exercise programme, every 48 months | Exercise programme, every 48 months |
| | 18 | Exercise programme, every 6 months | Exercise programme, every 12 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 36 months | Exercise programme, every 36 months | Exercise programme, every 36 months | Exercise programme, every 48 months |
| | 24 | Exercise programme, every 12 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 18 months | Exercise programme, every 36 months | Exercise programme, every 36 months | Exercise programme, every 36 months | Exercise programme, every 48 months |

1 The deterministic analysis shows that across the range of treatment effect assumptions tested, the
2 exercise programme had the potential to produce the highest net benefit if offered at the optimal
3 time interval. If the same treatment effect is observed on repeated offers, unless duration of
4 treatment effect is very long (i.e. 24 months), it is most cost effective to repeat the programme every
5 6 months. If it is expected that each repeated programme is at least 80% as effective as the one
6 previously undertaken, it is likely that repeating the programme every 12 months will be cost
7 effective. This is with the exception when the treatment effect is likely to be less than 18 months.
8 Once the magnitude of effect started to decrease by 60% on each subsequent programme the
9 optimal time interval between programmes extends to 18 months or more. If the effectiveness of
10 programmes more than halve on each offer, it is increasingly likely that the programme should not
11 be repeated.

12 **L.4 Discussion**

13 **L.4.1 Summary of results**

14 It is highly likely that pulmonary rehabilitation compared to no rehabilitation is cost effective as a
15 means to improve quality of life for people with IPF. It is uncertain whether pulmonary rehabilitation
16 with exercise alone is cost effective when compared to a programme with an educational
17 component, with both types of programmes having a comparable probability of being optimal in
18 terms of cost effectiveness.

19 **L.4.2 Limitations & interpretation**

20 The conclusion that pulmonary rehabilitation compared to no rehabilitation proved to be robust over
21 a wide range of sensitivity analyses. This gives reassurance that the conclusion of the analysis would
22 not change had alternative assumptions in the model been made. However, the findings of the
23 sensitivity analyses have practical implications in terms of how to make the programmes most cost
24 effective and indicate the type of further research that could aid to resolve some of the limitations of
25 the current model.

26 **L.4.2.1 When and to whom to offer pulmonary rehabilitation**

27 The two way sensitivity analysis on the age and FVC% predicted of the cohort as they entered the
28 model showed that the programmes were most cost effective for patients who were likely to benefit
29 from the longer term treatment effect. The sensitivity analysis on the proportion of patients in each
30 subgroup of rate of disease progression supported this conclusion, with rehabilitation proving not
31 cost effective for a cohort only consisting of people with rapid disease progression.

32 This finding has two implications for policy. Firstly, that an early diagnosis and referral to pulmonary
33 rehabilitation is likely to improve the cost effectiveness of the programmes. Secondly, it is important
34 to consider whether the patient group being referred to pulmonary rehabilitation is likely to be able to
35 experience the benefit of the course after it has ended, with a likely indicator of this being the
36 patient's short term prognosis (i.e. whether the disease is progressing rapidly). However, the
37 population diagnosed with IPF are heterogeneous and the disease course unpredictable. Because of
38 this, recommendations that refer only specific subgroups to rehabilitation on the account of cost
39 effectiveness are unlikely to be appropriate, and further may reduce the cost effectiveness of the
40 programme as a whole due to delays in establishing a prognosis.

1 L.4.2.2 The optimal time interval between programmes

2 Generally, the longer the treatment effect duration the less cost effective it is to shorten the interval
3 between programmes; and the less effective each subsequent offer is, the less cost effective it is to
4 undertake the repeat programme.

5 If the programme is repeated frequently with a short time interval between programmes, the cohort
6 will experience more programmes which are less effective than if there were less programmes in the
7 same period of time (given each subsequent programme reduces in effect). For this reason repeating
8 the programme every 6 months only becomes optimal if the effectiveness of each repeated
9 programme is high and we assume the programme would not necessarily carry a long term
10 treatment effect once the course ended. This scenario could be reflective of a maintenance exercise
11 programme.

12 When a programme carries a longer term effect, it becomes more cost effective to have a longer
13 time interval between programmes, especially if you assume each subsequent programme becomes
14 less effective. This scenario could be reflective of an educational programme, where the knowledge
15 gained would improve quality of life for a longer period, and unlikely to improve quality of life
16 substantially if repeated.

17 In this population group, the natural history of the disease also plays a part in determining the
18 optimal time period between programmes – which may in part explain why in some cases a more
19 frequent programme is optimal despite an assumption that long term effect duration is longer. The
20 impact of a reduced effect in each subsequent programme on results is mitigated to some extent by
21 the fact the median life expectancy of people with IPF is relatively low and a low proportion of the
22 cohort will start and participate in the less effective repeated programmes. If the life expectancy of
23 people with IPF were to dramatically increase, the magnitude of effect of repeated programmes
24 would be more influential on results.

25 The stable subgroup are most likely to be able to start, participate and benefit from repeated
26 programmes, especially where there longer time intervals between programmes are explored. The
27 analysis of FVC% predicted and age, as well as that for the subgroups, show it is the stable patients
28 that potentially benefit most from pulmonary rehabilitation as they are most likely to be able to
29 participate and accrue benefit after the programme has ended (due to reduced mortality and/or
30 hospitalisation). The time period between programmes should therefore be sufficiently long to
31 capitalise on any residing long term treatment effect, however should not be so long that the stable
32 group which benefits most has become an age or entered a stage of disease progression (lower
33 absolute FVC% predicted) where they have a higher risk of mortality or hospitalisation which would
34 prevent them from benefiting from the long term treatment effect.

35 The probabilistic analysis suggested that the two types of programmes were equally as effective
36 using the same treatment effect assumptions and when offered at the same time interval; however it
37 is possible that one type of programme may carry a different long term effect than the other. If
38 education has a longer treatment effect than the exercise programme, it would not be as cost
39 effective as the exercise programme when offered in shorter time intervals. If this assertion is true,
40 the practical implication is that the educational programme should be offered over a longer time
41 period i.e. every 12 months, whereas an exercise programme should be repeated more regularly i.e.
42 every 6 months.

43

44

1 **L.4.2.3 The role of assessment for pulmonary rehabilitation**

2 The assessment for pulmonary rehabilitation is of importance in determining which patients are
3 most likely to benefit from pulmonary rehabilitation. An important factor to consider at assessment
4 is whether a patient is likely to be able to benefit from the rehabilitation programme after the
5 programme ends.

6

7 **L.4.3 Summary of key limitations**

8 It is likely that the model underestimates the cost effectiveness of the pulmonary rehabilitation
9 programmes in the base case for a variety of reasons. Firstly, the mortality is likely to be
10 overestimated in the base case, as demonstrated from the discrepancy in modelled life expectancy
11 between the results using the base case settings and a higher risk of mortality applied only for 6
12 months post hospitalisation (see Appendix M:). A higher mortality would mean fewer patients will
13 have benefited from long term treatment effect, and the programmes would appear less cost
14 effective. It is worth noting however, the results shown in appendix M do not allow for a second
15 hospitalisation. Secondly, the long term treatment effect in the base case was 6 months, and in
16 practice this may be longer which would raise the cost effectiveness of the programme if offered at
17 an appropriate time interval accordingly.

18 The quality of life assumed for people not undertaking rehabilitation was relatively high. In
19 simulation runs where the educational programme had a large positive effect, it was possible the
20 cohort experienced full health and any additional benefit beyond this was not captured, whereas it
21 would have been if the quality of life associated with no rehabilitation was lower. Further, the quality
22 of life improvement of the programmes may understate some important benefits described by
23 patients (please refer to detail in the below sections).

24 The costing of the programme took the conservative assumption that only 10 patients would
25 participate in each class, whereas in practice some class sizes may be greater than this, decreasing
26 the cost per patient and improving the cost effectiveness of the programme. Further, we did not
27 assume that rehabilitation influenced the number of healthcare contacts. If rehabilitation does
28 reduce the number of healthcare contacts a patient makes, it could potentially be cost saving.

29 Thus although the model is robust in determining that rehabilitation is more cost effective than no
30 rehabilitation through the incremental analysis, the exact accuracy of the total QALY gain and cost of
31 the respective comparators is likely to be low.

32 **L.4.3.1 Limitations of assumptions and simplifications made in order to model disease progression.**

33 Subgroups are identified based upon their rates of disease progression at six months. It is assumed
34 that the rate of disease progression at 6 months is indicative of future progression, and this rate is
35 applied as a constant monthly probability throughout the model lifetime, with adjustment within
36 subgroups to capture time-varying rates of progression. There is a strong assumption that the rate of
37 disease is linear, posing a potential limitation in the validity of results.

38 In order to be as transparent as possible, median life expectancies and survival curves calculated by
39 the models inputs are given in Appendix M. It is acknowledged that the median life expectancies
40 given in Appendix M appear generally on the low side –e.g. a median life expectancy of 2.33 years for
41 the population with 70% starting FVC% predicted (M.1 table 1) (cf. 2-5 years cited by Noble et al
42 2011 in the CAPACITY study³⁵⁶). However, as shown in the sensitivity analysis regarding age and
43 starting FVC% predicted, as well as in section L.3.2.4 which details the natural history assumptions,

1 cost effectiveness is in general reduced in cohorts that have a higher starting risk of mortality and so
 2 these assumptions are unlikely to alter the conclusions of the analysis. In this regard the model is
 3 likely to make a conservative estimation of cost effectiveness.

4
 5 **L.4.3.2 Limitations of using FVC% predicted as a marker for disease progression in the IPF population, and**
 6 **as a proxy for ability to participate and benefit from the pulmonary rehabilitation programme.**

7 Clinical members expressed concern in the use of FVC% predicted as a marker for disease
 8 progression in the IPF population, and as a proxy for ability to participate and benefit from the
 9 pulmonary rehabilitation programme. They felt that FVC% predicted was much less indicative of to
 10 reflect these factors than it may be for other populations which have a respiratory condition.
 11 However, given that the decline in FVC% predicted was found to be the best predictor of mortality
 12 (see chapter XX), and evidence was retrieved to link FVC to hospitalisation, a consensus was made it
 13 was suitable for modelling purposes.

14 Clinical members of the group noted that emphysema may mask disease progression if measured by
 15 FVC% predicted, and this co morbidity may in part explain why the baseline data to estimate the
 16 proportion of patients in each subgroup may have rises in FVC% predicted. There was insufficient
 17 data on clinical course and treatment effect to allow consideration of a subgroup of patients with IPF
 18 and emphysema, and it was not possible to explore whether these patients may benefit more from a
 19 pulmonary rehabilitation alongside COPD patients than IPF patients without the co morbidity.

20 **L.4.3.3 Limitations of applying the same absolute treatment effect across all subgroups.**

21 The treatment effect and baseline QoL was a mean taken across what developers assumed to be
 22 patients from all subgroups, An absolute, rather than a relative treatment effect was applied. The use
 23 of PSA explored the uncertainty surrounding this point estimate and the range covered may be
 24 indicative of the different rates of declines in the studies used to derive the inputs for the model.
 25 However it may not be reasonable to assume the same absolute QoL treatment benefit across all
 26 subgroups, with patients with varying rate of declines potentially benefiting more or less from
 27 pulmonary rehabilitation. Unfortunately, no evidence currently exists to inform how rate of decline
 28 may be correlated with outcomes of rehabilitation and as such developers felt a sensitivity analysis
 29 would not be useful. It was noted the subgroup sensitivity analysis could be misleading if the rate of
 30 disease progression did influence treatment outcome, however at this time developers felt there was
 31 not sufficient information to estimate the impact on conclusions. Overall, developers any range of
 32 inputs to modify the sensitivity analysis which would be estimated without further evidence unlikely
 33 to change final conclusions at this time.

34 **L.4.3.4 Limitations of the instruments that measure quality of life in an IPF population**

35 To our knowledge, validated instruments that measure quality of life in the IPF population are not in
 36 widespread use. However, the SF-36 generic HRQoL instrument and the SRGQ have been commonly
 37 used in clinical trials that have an IPF population. Both instruments have an evidence base to support
 38 their use in an IPF population ^{60 480 25 288,303,462,473,509} and scores from both instruments can be mapped
 39 to the EQ5D using standard methodology. However, a number of criticisms of the instruments for
 40 use in the IPF population exist.

41 The SF36 has been criticized for limited coverage of aspects that concern IPF patients ⁴⁶⁵. For
 42 example the SF36 does not include any items focusing on therapy, sleep, forethought, employment
 43 and finances, dependence, sexual relations, or mortality. There is no mention of cough or
 44 breathlessness on the SF36, and pain which is included on the SF36 was not mentioned by IPF

1 patients. The SRGQ has also been criticized for limited coverage of aspects that concern IPF patients
 2 (in particular its lack of focus on social relationships), in addition to dubious face validity¹⁰². Overall
 3 the clinical members of the group felt that the HRQoL tools to assess QoL in IPF in the studies may
 4 not have captured all the important benefits that pulmonary rehabilitation may bring, for example
 5 reduced feeling of social isolation and improved social relationships. Such concerns have also been
 6 noted in the literature^{102,465}.

7 **L.4.3.5 Limitations of mapping algorithms**

8 The mapping function of SF-36 to EQ5D has been validated using a wide array of datasets from
 9 conditions such as asthma, coronary heart disease, diabetes, depression, renal transplant, pain,
 10 walking impairment, psoriasis etc. Authors of the algorithm note that caution should be taken when
 11 applying the algorithm for scores that are likely to produce very low utility values. They also note that
 12 a different algorithm may be preferable when looking at incremental differences between study
 13 arms or over time. However, when we have compared results from the two algorithms, the
 14 incremental difference calculated from the mean results from the first algorithm appears to be a
 15 closer match than the second.

16 The mapping function of the SRGQ score to EQ5D was developed using datasets for COPD patients,
 17 who were categorised by disease severity (moderate, severe, very severe). Authors found that the
 18 mapped QALY was slightly greater than the observed (Table 1).

19 **Table 148: Mean (SD) observed and predicted utility scores by disease severity**

| Heading | Moderate | Severe | Very Severe |
|-----------------|-------------|-------------|-------------|
| QALYs observed | 2.16 (0.68) | 1.99 (0.74) | 1.75 (0.75) |
| QALYs predicted | 2.18 (0.52) | 2.01 (0.57) | 1.80 (0.58) |

20 The difference between the estimated QALY for the moderate and severe disease category was the
 21 same as the observed, however the estimated difference between the severe and very severe
 22 disease category was slightly smaller than observed. The difference in QALY gain between the most
 23 and least effective treatment was the same in predicted and observed values, however the authors
 24 note some of the ranking of strategies between these treatments changed. The mean values
 25 between observed and predicted did not differ more than 0.05, and each of the standard deviations
 26 associated with the mean value were greater than 0.05. It is likely that quality of life associated with
 27 more severe states may be lower than the mapped estimates suggest. Although uncertainty intervals
 28 will be provided with the mapped estimate, these will not be reflective of the potential error that
 29 may have been introduced by the mapping method.

30 **L.4.3.6 Limitations regarding programme setting and resource use**

31 A lack of clinical data meant that it was not possible to explore the cost effectiveness of rehabilitation
 32 in different settings. The potential settings of the pulmonary rehabilitation programmes include the
 33 outpatient, community and home setting, as well as potentially a residential course. The setting of
 34 the pulmonary rehabilitation programme could influence the cost of running the programme,
 35 accessibility for the patient and potentially the uptake and/or participation in the programme, and
 36 the efficacy of the programme.

37 It was expected that the type of rehabilitation would influence the number and type of NHS contacts
 38 a patient will make, for example number of GP home visits, number of GP surgery visits and number
 39 of hospitalisations. This is because it is expected that as patients learn how to manage their
 40 symptoms, the number of NHS contacts will decrease. However, no data was found to inform this
 41 aspect of the planned model, and therefore this decrease in resource use has not been considered. If

1 a healthcare resource use decrease is found with pulmonary rehabilitation, it is possible
2 rehabilitation could be cost saving.

3 **L.4.4 Comparisons with published studies**

4 No economic evaluations comparing pulmonary rehabilitation programmes for patients with IPF to
5 any other strategy was identified in the literature. One study in the UK, which was excluded at the
6 sifting stage on the account of inappropriate population (predominately with COPD), found the
7 programme to increase the mean number of QALYs generated by 0.03 per patient (p=0.03) and
8 found a non-significant mean “cost saving” of £152 per patient (p=0.68). This study took into account
9 potential reductions in healthcare resource use (such as GP visits) whereas the IPF model did not.
10 Thus the cost effectiveness of rehabilitation for IPF patients appears lower despite the quality of life
11 gain being similar and the cost per patient being higher than this models estimation (due to
12 increased staff involvement on the programme). Even without reduction in healthcare resource use,
13 however, the IPF model finds pulmonary rehabilitation to be cost effective using the £20,000
14 threshold.

15 **L.4.5 Implications for future research**

16 The economic model produced was based on many assumptions which future research may be able
17 to inform. Future studies should consider the following to provide information which would improve
18 future economic evaluations of pulmonary rehabilitation for people with IPF:

- 19 a) Collection of quality of life data using the EQ5D
- 20 b) The correlation between quality of life and any key outcomes of the study, such as change in
21 FVC% predicted and walking distance achieved, with subsequent analysis adjusting for
22 confounding factors appropriately.
- 23 c) Analysis of treatment effect and potential confounding factors such as stage and rate of
24 disease progression.
- 25 d) Analysis of healthcare resource use with and without pulmonary rehabilitation.
- 26 e) Analysis of the factors which impact uptake, participation and sustaining treatment effect.
- 27 f) Analysis of the effectiveness of different types of pulmonary rehabilitation programme
28 including that which could be shared with patients with COPD, with clear detail regarding the
29 composition and setting of the programme, and resource use involved.
- 30 g) The duration and magnitude of the long term effect of pulmonary rehabilitation and the
31 requirement of maintenance rehabilitation to sustain effect.

32 Only one economic model ¹⁶⁸ evaluating a treatment strategy for people with IPF was identified to
33 inform this guideline. In order for future economic models assessing any treatment strategy in this
34 population group, information regarding the natural history of the disease, including information on
35 prognostic risk factors for differing rates of disease progression and likelihood of acute exacerbation
36 and/or respiratory hospitalisation is likely to improve future attempts at modelling the IPF disease
37 pathway - which still remains relatively unknown.

38 **L.4.6 Conclusion = evidence statement**

39 It is highly likely that pulmonary rehabilitation is cost effective as a means to improve quality of life
40 for people with IPF.

41 It is uncertain whether pulmonary rehabilitation with exercise alone is cost effective when compared
42 to a programme with an educational component. Both programmes are highly likely to be cost
43 effective when compared to no rehabilitation.

Pulmonary rehabilitation could be cost effective if offered at 6 to 12 month intervals to people with IPF, given appropriate assessment of the patient prior to the programme. If the duration of long term effect is shorter in the exercise programme than the educational programme, it is likely it is more cost effective to repeat this component of pulmonary rehabilitation in shorter time intervals (i.e. 6 months) than an educational component (i.e. 12 months or more).

Appendix M: Model produced Median and Mean Life Expectancies for people diagnosed with IPF

M.1 Median and mean life expectancy of people diagnosed with IPF

Table 149: Natural history results from the deterministic analysis in the model using base case assumptions and 1 month cycle length

| Starting FVC% predicted | Age | Median life expectancy | | | | Mean Life years | | | |
|-------------------------|-----|------------------------|------------------|---------------|------------|-----------------|------------------|---------------|------------|
| | | Slow decline | Moderate decline | Rapid decline | Population | Slow decline | Moderate decline | Rapid decline | Population |
| 100% | 40 | 10.33 | 4.08 | 2.33 | 5.25 | 9.83 | 3.66 | 2.08 | 6.09 |
| | 50 | 10.25 | 4.08 | 2.33 | 5.25 | 9.60 | 3.66 | 2.08 | 6.09 |
| | 60 | 8.83 | 3.75 | 1.92 | 4.75 | 8.68 | 3.47 | 1.83 | 5.69 |
| | 70 | 7.25 | 3.25 | 1.67 | 4.33 | 7.40 | 3.10 | 1.67 | 4.97 |
| | 80 | 7.25 | 3.25 | 1.67 | 4.33 | 7.40 | 3.10 | 1.67 | 4.97 |
| 90% | 40 | 8.83 | 3.50 | 2.00 | 4.08 | 8.33 | 3.09 | 1.75 | 5.51 |
| | 50 | 8.83 | 3.50 | 2.00 | 4.08 | 8.28 | 3.09 | 1.75 | 5.51 |
| | 60 | 7.42 | 3.25 | 1.58 | 4.00 | 7.36 | 2.90 | 1.54 | 5.02 |
| | 70 | 6.08 | 2.75 | 1.33 | 3.58 | 6.31 | 2.63 | 1.38 | 4.37 |
| | 80 | 6.08 | 2.75 | 1.33 | 3.58 | 6.31 | 2.63 | 1.38 | 4.37 |
| 80% | 40 | 7.33 | 2.92 | 1.67 | 3.33 | 6.86 | 2.50 | 1.41 | 4.72 |
| | 50 | 7.33 | 2.92 | 1.67 | 3.33 | 6.86 | 2.50 | 1.41 | 4.72 |
| | 60 | 5.92 | 2.67 | 1.25 | 3.17 | 5.91 | 2.31 | 1.24 | 4.12 |
| | 70 | 5.00 | 2.25 | 1.00 | 2.83 | 5.07 | 2.12 | 1.07 | 3.58 |
| | 80 | 5.00 | 2.25 | 1.00 | 2.83 | 5.07 | 2.12 | 1.07 | 3.58 |
| 70% | 40 | 5.92 | 2.25 | 1.33 | 2.75 | 5.53 | 1.96 | 1.07 | 3.81 |
| | 50 | 5.92 | 2.25 | 1.33 | 2.75 | 5.53 | 1.96 | 1.07 | 3.81 |
| | 60 | 4.42 | 2.17 | 1.00 | 2.42 | 4.50 | 1.88 | 0.95 | 3.18 |
| | 70 | 4.08 | 1.83 | 0.75 | 2.33 | 4.18 | 1.67 | 0.80 | 2.92 |
| | 80 | 4.08 | 1.83 | 0.75 | 2.33 | 4.18 | 1.67 | 0.80 | 2.92 |
| 60% | 40 | 4.33 | 1.67 | 0.92 | 1.92 | 4.05 | 1.48 | 0.80 | 2.80 |
| | 50 | 4.33 | 1.67 | 0.92 | 1.92 | 4.05 | 1.48 | 0.80 | 2.80 |

| | | | | | | | | | |
|-----|----|------|------|------|------|------|------|------|------|
| | 60 | 3.42 | 1.58 | 0.83 | 1.75 | 3.36 | 1.41 | 0.72 | 2.38 |
| | 70 | 3.00 | 1.50 | 0.58 | 1.67 | 3.16 | 1.28 | 0.61 | 2.22 |
| | 80 | 3.00 | 1.50 | 0.58 | 1.67 | 3.16 | 1.28 | 0.61 | 2.22 |
| 50% | 40 | 2.83 | 1.00 | 0.58 | 1.25 | 2.70 | 0.97 | 0.52 | 1.86 |
| | 50 | 2.83 | 1.00 | 0.58 | 1.25 | 2.70 | 0.97 | 0.52 | 1.86 |
| | 60 | 2.50 | 1.00 | 0.58 | 1.08 | 2.34 | 0.92 | 0.49 | 1.64 |
| | 70 | 2.42 | 0.92 | 0.42 | 1.08 | 2.26 | 0.86 | 0.42 | 1.57 |
| | 80 | 2.42 | 0.92 | 0.42 | 1.08 | 2.26 | 0.86 | 0.42 | 1.57 |

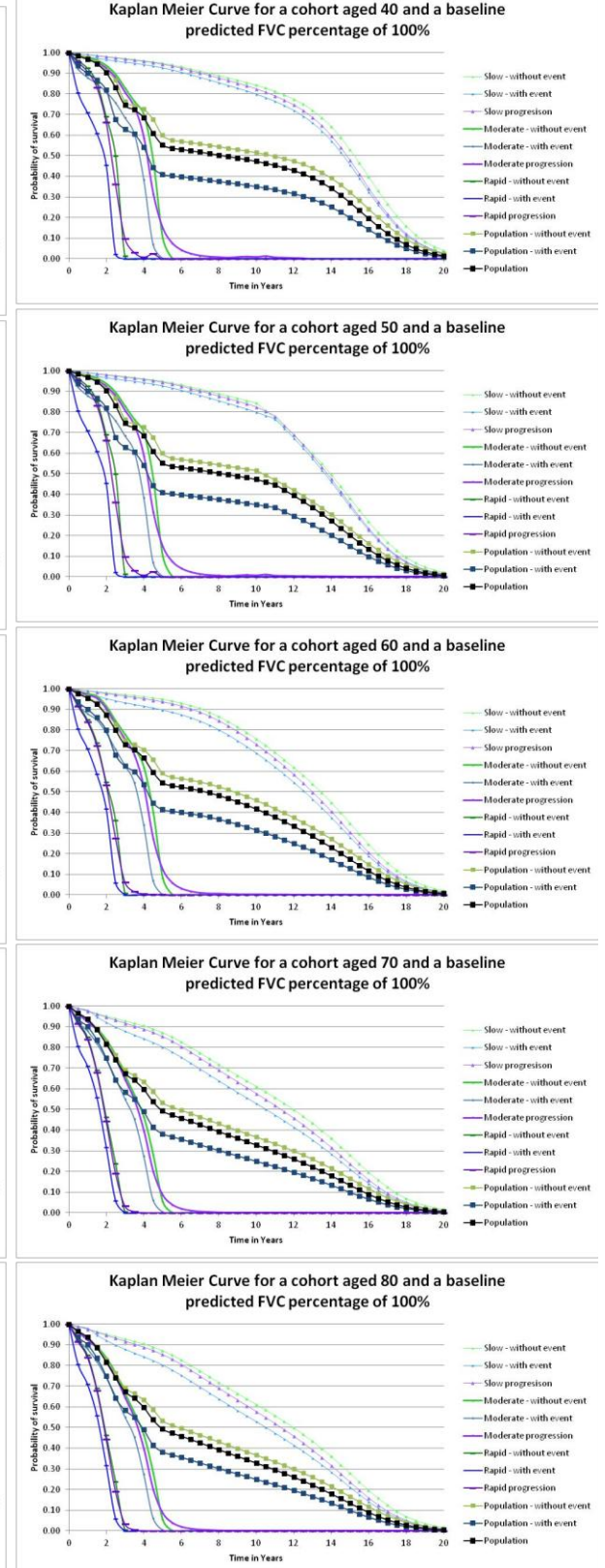
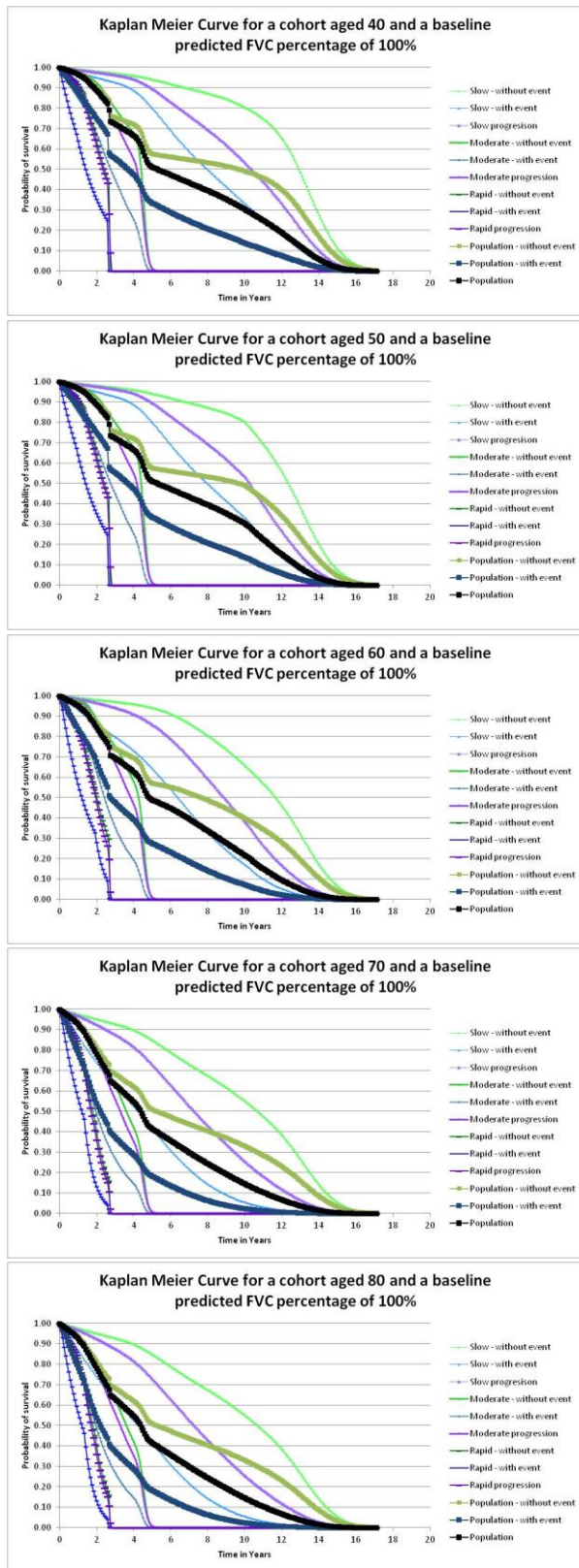
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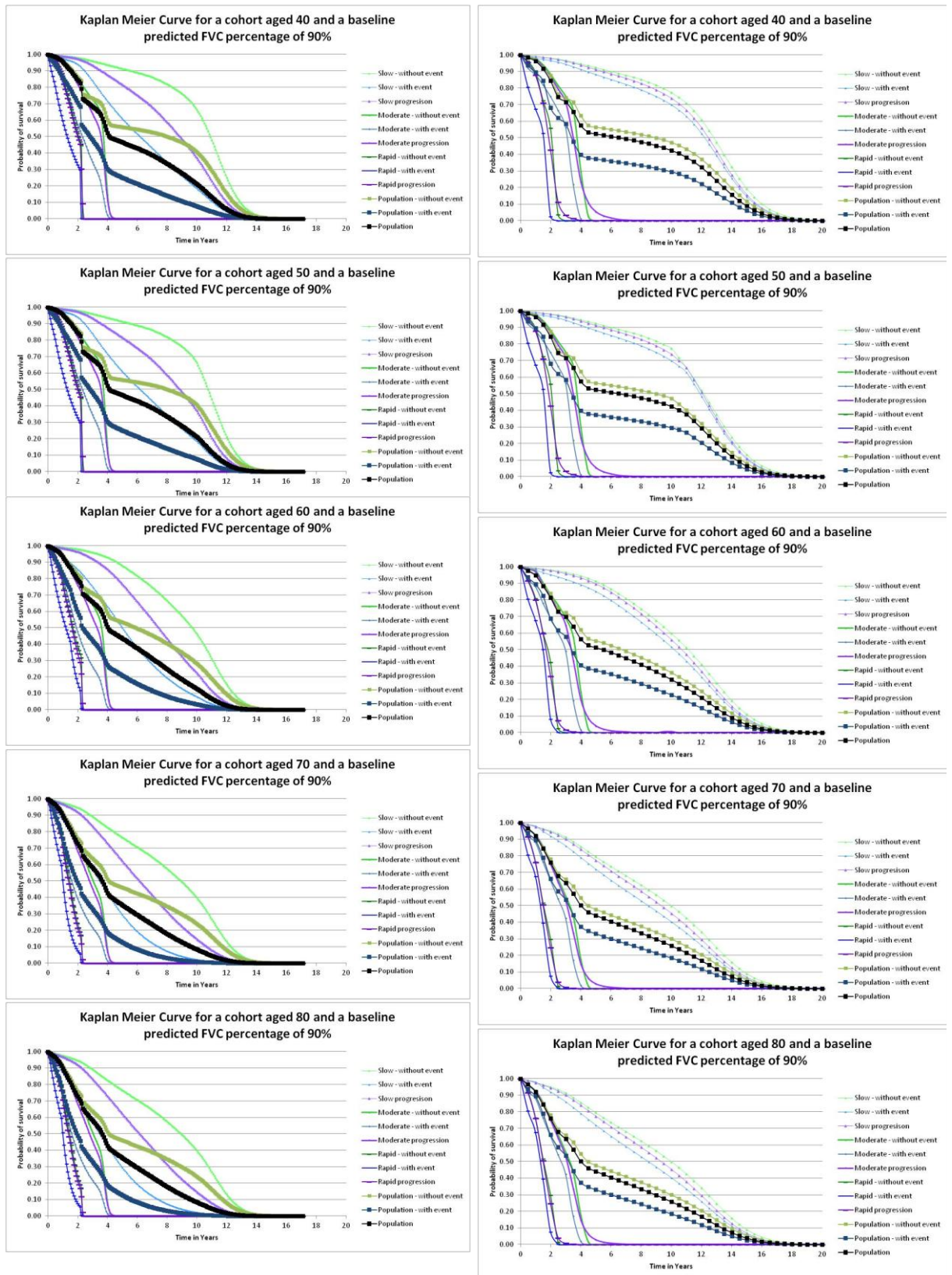
Table 150: Natural history results from the deterministic analysis in the model using base case assumptions, but with a 6 month cycle length and application of the higher post hospitalisation mortality risk only in the cycle of hospitalisation

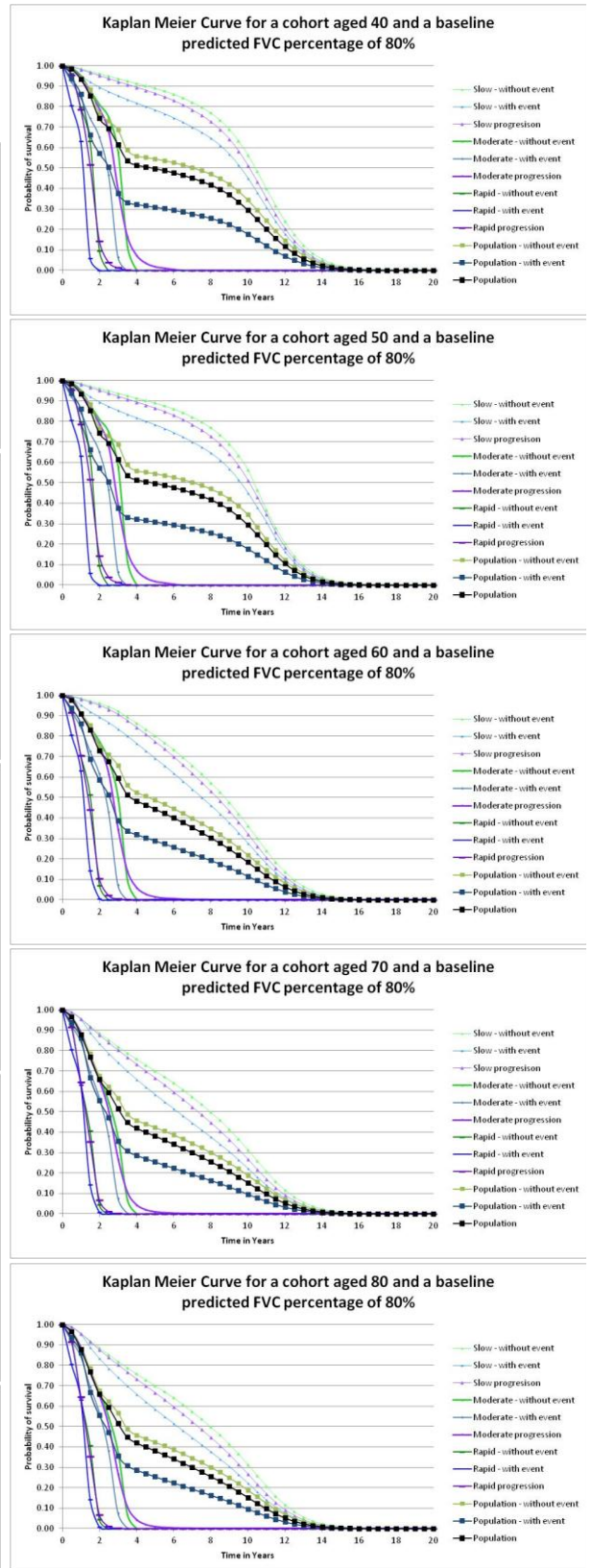
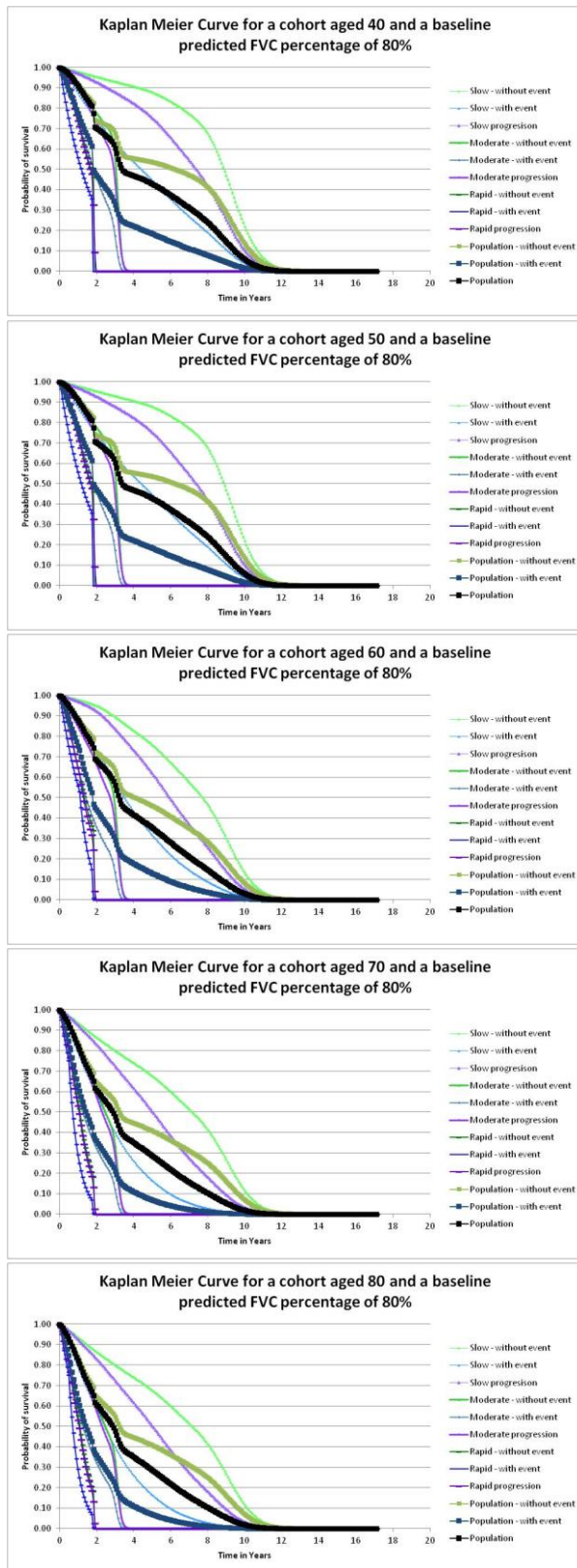
| Starting FVC% predicted | Age | Median life expectancy | | | | Mean Life years | | | |
|-------------------------|-----|------------------------|------------------|---------------|------------|-----------------|------------------|---------------|------------|
| | | Slow decline | Moderate decline | Rapid decline | Population | Slow decline | Moderate decline | Rapid decline | Population |
| 100% | 40 | 14.50 | 4.00 | 2.00 | 8.00 | 13.78 | 3.97 | 2.18 | 9.18 |
| | 50 | 13.50 | 4.00 | 2.00 | 8.00 | 13.09 | 3.97 | 2.18 | 8.79 |
| | 60 | 12.50 | 4.00 | 2.00 | 7.00 | 12.37 | 3.80 | 1.94 | 8.29 |
| | 70 | 11.00 | 3.50 | 1.50 | 4.50 | 10.78 | 3.39 | 1.80 | 7.26 |
| | 80 | 11.00 | 3.50 | 1.50 | 4.50 | 10.78 | 3.39 | 1.80 | 7.26 |
| 90% | 40 | 12.00 | 3.00 | 1.50 | 6.50 | 11.57 | 3.34 | 1.81 | 7.71 |
| | 50 | 12.00 | 3.00 | 1.50 | 6.50 | 11.29 | 3.34 | 1.81 | 7.54 |
| | 60 | 10.50 | 3.00 | 1.50 | 5.00 | 10.20 | 3.17 | 1.62 | 6.85 |
| | 70 | 9.00 | 3.00 | 1.50 | 4.00 | 8.96 | 2.86 | 1.49 | 6.05 |
| | 80 | 9.00 | 3.00 | 1.50 | 4.00 | 8.96 | 2.86 | 1.49 | 6.05 |
| 80% | 40 | 10.00 | 2.50 | 1.50 | 4.50 | 9.32 | 2.72 | 1.48 | 6.21 |
| | 50 | 10.00 | 2.50 | 1.50 | 4.50 | 9.26 | 2.72 | 1.48 | 6.18 |
| | 60 | 8.00 | 2.50 | 1.00 | 3.50 | 7.95 | 2.58 | 1.35 | 5.38 |
| | 70 | 7.00 | 2.50 | 1.00 | 3.00 | 7.05 | 2.35 | 1.25 | 4.80 |
| | 80 | 7.00 | 2.50 | 1.00 | 3.00 | 7.05 | 2.35 | 1.25 | 4.80 |
| 70% | 40 | 7.50 | 2.00 | 1.00 | 3.50 | 7.30 | 2.11 | 1.19 | 4.87 |
| | 50 | 7.50 | 2.00 | 1.00 | 3.50 | 7.30 | 2.11 | 1.19 | 4.87 |
| | 60 | 6.00 | 2.00 | 1.00 | 2.50 | 5.90 | 1.99 | 1.09 | 4.03 |
| | 70 | 5.50 | 1.50 | 1.00 | 2.00 | 5.61 | 1.83 | 0.98 | 3.81 |
| | 80 | 5.50 | 1.50 | 1.00 | 2.00 | 5.61 | 1.83 | 0.98 | 3.81 |
| 60% | 40 | 5.50 | 1.50 | 0.50 | 2.50 | 5.27 | 1.54 | 0.87 | 3.52 |
| | 50 | 5.50 | 1.50 | 0.50 | 2.50 | 5.27 | 1.54 | 0.87 | 3.52 |
| | 60 | 4.50 | 1.00 | 0.50 | 1.50 | 4.32 | 1.48 | 0.81 | 2.96 |
| | 70 | 4.00 | 1.00 | 0.50 | 1.50 | 4.25 | 1.35 | 0.73 | 2.87 |
| | 80 | 4.00 | 1.00 | 0.50 | 1.50 | 4.25 | 1.35 | 0.73 | 2.87 |
| 50% | 40 | 3.00 | 0.50 | 0.50 | 1.50 | 3.29 | 1.01 | 0.62 | 2.23 |
| | 50 | 3.00 | 0.50 | 0.50 | 1.50 | 3.29 | 1.01 | 0.62 | 2.23 |
| | 60 | 2.50 | 0.50 | 0.50 | 1.00 | 2.83 | 0.96 | 0.59 | 1.94 |
| | 70 | 2.50 | 0.50 | 0.00 | 1.00 | 2.80 | 0.90 | 0.51 | 1.90 |
| | 80 | 2.50 | 0.50 | 0.00 | 1.00 | 2.80 | 0.90 | 0.51 | 1.90 |

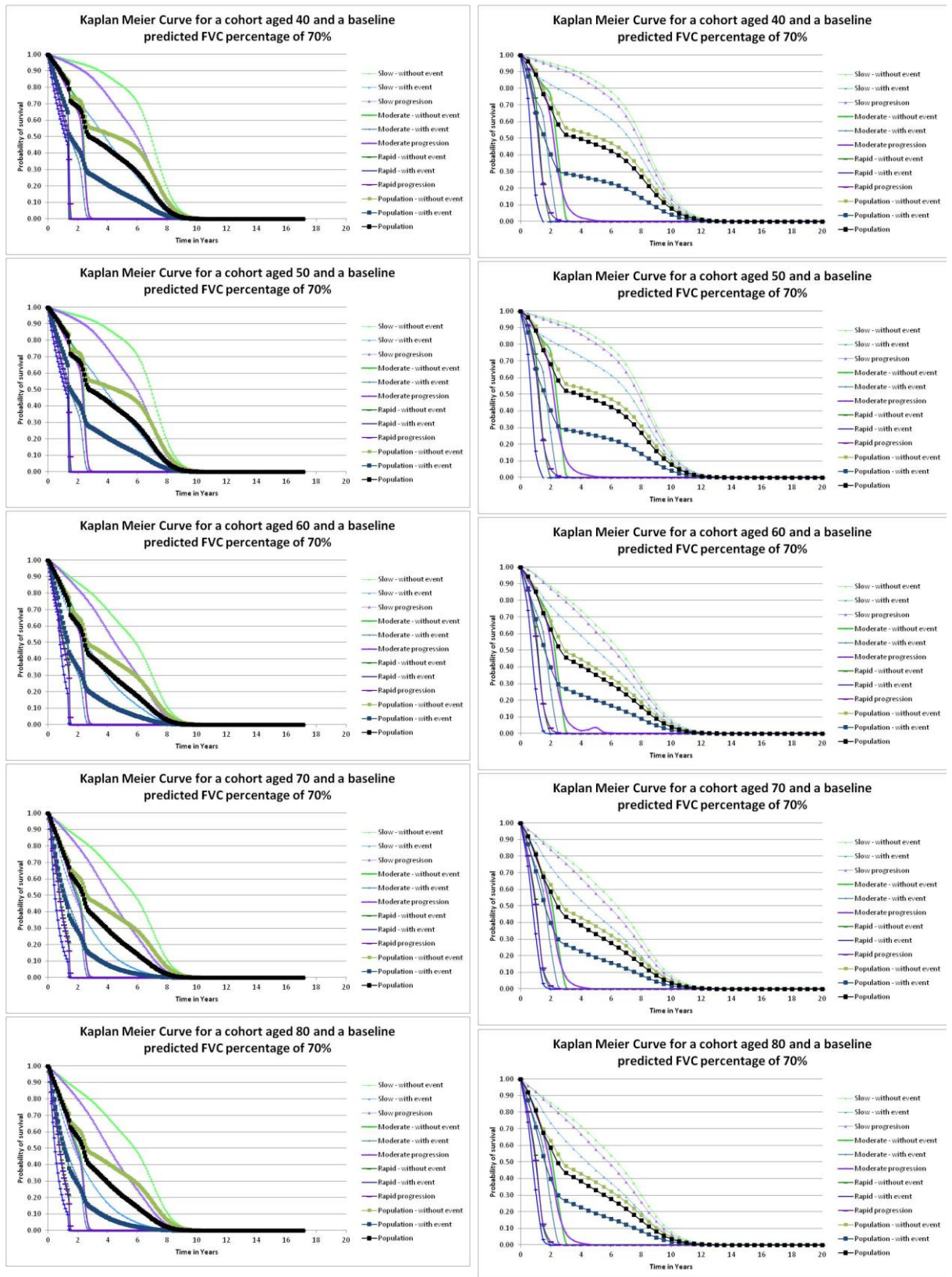
Figure 124: Kaplan Meier curves produced by using the base case probabilities of the economic model (1 month cycle)

Figure 125: Kaplan Meier curves produced by using the higher risk of hospitalisation for only one cycle post hospitalisation (6month cycle)









1 Appendix N: Adverse events table

2 N.1.1 Adverse events prioritised by GDG

| Drug | Priority adverse events |
|---|---|
| Corticosteroid (prednisolone) | Weight gain Osteoporosis Cataract Diabetes/ hyperglycaemia Skin thinning. |
| Immunospressant (mycophenolate mofetil) | Bone marrow suppression (infections) Pancytopenia Skin cancer Hepatic dysfunction Malignancy Blood disorders Gastrointestinal |
| Immunosuppressant (azathioprine) | Bone marrow suppression (infections) Blood disorders Hypersensitivity Liver function abnormalities Vomiting, sudden fevers, myalgia and arthralgia necessitating immediate withdrawal |
| Anticoagulant (warfarin) | Haemorrhage Hepatic dysfunction Bruising Skin necrosis |
| Mucolytic (N-acetylcysteine) | Diarrhoea Hepatic dysfunction nausea |
| Proton pump inhibitor | Gastrointestinal Increased risk of clostridium difficile Fractures Abdominal pain nausea |
| Antibiotic (co-trimoxazole) | Nausea Bone marrow suppression Allergy/ hypersensitivity Rash Diarrhoea |
| Endothelial receptor antagonist (ambrisentan) | Allergy/ Hypersensitivity Hepatic dysfunction Anaemia |
| Endothelial receptor antagonist | Allergy/ hypersensitivity Hepatic dysfunction Blood disorders |

| Drug | Priority adverse events |
|-------------------------------|--|
| (bosentan) | |
| PDE inhibitor (sildenafil) | Visual impairment Cardiovascular disease Flushing Dry mouth |

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Appendix O: The cost of pharmacological interventions for IPF

| Intervention; with assumed dose/duration of treatment for typical IPF patient [a] | Unit cost of pharmacological intervention [based on drug tariff, September 2011 unless otherwise stated] ³⁴⁹ | Additional Costs; monitoring/prevention of complications [b] | Expected cost per patient per year | Notes |
|---|---|---|--|---|
| <p>Prednisolone</p> <ul style="list-style-type: none"> • 40 mg daily for first 4 weeks • 30 mg daily for weeks 4-8 • 20mg daily for weeks 8-12 • 10mg thereafter <p>NB: this dosage differs from that cited in the BNF and was agreed to be typical by clinical members of the GDG</p> | <p>Cost per 5mg 28 tab pack = £2.58</p> <p>Cost per week</p> <ul style="list-style-type: none"> • For wks 1-4: £5.16 • For wks 4-8: £3.87 • For wks 8-12: £2.58 • For weeks 12+:£1.29 <p>Cost per year = £98.04</p> | <p><u>Monitoring</u></p> <p>Assessment for corticosteroid complications, once on initiation and twice per year thereafter as a minimum. Assessment would include screening for contraindications, as well as regular blood pressure and urine testing Vitamin D supplementation may be offered. A DEXA bone scan is sometimes offered to patients considered at risk of osteoporosis.</p> <ul style="list-style-type: none"> • DEXA scan = £77¹⁰⁵ • General practice nurse time per consultation = £10³⁷⁹ • Urine testing: Costs vary depending on how many substances can be detected and on the supplier. Typical price per Clinistix® (and similar) is approximately 5-8 pence per stick. Strips detecting 7 or 10 different substances can cost up to 20 pence per strip. • Calcium and Ergocalciferol (10mg) (Calcium and Vitamin D) 28 tab pack costs £7.91. A year of one tablet daily = £143.11 <p>For the costing it is assumed that monitoring occurs via 4 primary care nurse consultation per year and that staff time is the only significant cost.</p> <ul style="list-style-type: none"> • Cost of monitoring + supplements per year + dexa = | <ul style="list-style-type: none"> • Cost of drug = £98 • Additional costs = £220 <p>Total = £318</p> | <p>Alternative drugs in the same class.</p> <ul style="list-style-type: none"> • Betamethasone; cortisone acetate; deflazacort; dexamethasone; hydrocortisone; methylprednisolone; prednisone; triamcinolone |

| Intervention; with assumed dose/duration of treatment for typical IPF patient [a] | Unit cost of pharmacological intervention [based on drug tariff, September 2011 unless otherwise stated] ³⁴⁹ | Additional Costs; monitoring/prevention of complications [b] | Expected cost per patient per year | Notes |
|--|---|---|---|--|
| | | (4*£10) + £103.11+£77 = £220.11 | | |
| Mycophenolate mofetil <ul style="list-style-type: none"> • 1g twice daily | Cost per 500mg 50-tab pack=£28.40 <ul style="list-style-type: none"> • Cost per day = £2.27 • Cost per week = £15.90 • Cost per year = £827.01 | <u>Monitoring</u> Patients monitored for neutropenia, concomitant medications, viral infections, or some combination of these causes. Complete blood counts weekly during the first month, twice monthly for the second and third months of treatment, then monthly through the first year. <ul style="list-style-type: none"> • Cost of full blood count: £2.49¹¹⁰ • Cost of nurse time per procedure in primary care: £9³⁷⁹ • Assumed number of tests per year: 19 • Cost of tests per year: £47.31+£171 =£218.31 | <ul style="list-style-type: none"> • Cost of drug = £827 • Additional costs = £218 Total = £1045 | Brands include: <ul style="list-style-type: none"> • Arzip® 500 mg, 50-tab pack = £57.57 • Cellcept® 500 mg, 50-tab pack = £82.26 • Myfortic® 360 mg 120-tab pack = £193.43 [NB higher dosage may be required] |
| Warfarin <ul style="list-style-type: none"> • Dose according to INR • Assumed dose of 3mg daily | Cost per 3mg 28-tab pack=£0.91 <ul style="list-style-type: none"> • Cost per day = £0.03 • Cost per week = £0.23 • Cost per year = £11.83 | <u>Monitoring</u> INR be determined daily or on alternate days in early days of treatment, then at longer intervals, 4-6 weeks, then up to every 12 weeks. INR testing may be done by NHS in clinic or primary care. The NHS reference cost takes data from both settings. Estimates from literature <ul style="list-style-type: none"> • Cost per year of INR monitoring = £155^{220,220} • Cost per year, clinic setting = £98.47^{78,143} • Cost per year, primary care setting = £283.10^{343,344} Estimate from NHS reference cost <ul style="list-style-type: none"> • Number of visits per year, assuming daily for first week and monthly thereafter: 7+12 = 19 • Anticoagulation clinics [non consultant led – service code | Assuming no adverse event <ul style="list-style-type: none"> • Cost of drug = £12 • Additional costs = £202 Total = £204 | Other anticoagulants include: <ul style="list-style-type: none"> • Phenindione 50 mg, 28-tab pack = £32.33. • Sintrome® acenocoumarol 1 mg 100-tab pack = £4.27 |

| Intervention; with assumed dose/duration of treatment for typical IPF patient [a] | Unit cost of pharmacological intervention [based on drug tariff, September 2011 unless otherwise stated] ³⁴⁹ | Additional Costs; monitoring/prevention of complications [b] | Expected cost per patient per year | Notes |
|---|--|---|--|--|
| | | 324]: £22 first visit; £10 for each follow-up visit cost per year = £22+£180 = £202 ¹⁰⁵ | | |
| Azathioprine <ul style="list-style-type: none"> • 2mg/kg – max 150mg per day • Assume 125 mg per day | Cost per 25mg 100-tab pack=£8.98 Cost per 50mg 100 tab-pack = £8.63 <ul style="list-style-type: none"> • Cost per day = £0.11 • Cost per week = £0.77 • Cost per year = £39.97 | Monitoring Monitor for toxicity throughout treatment (including routine liver tests); monitor full blood count weekly (more frequently with higher doses or if severe hepatic or renal impairment) for first 4 weeks, at least every 3 months. Consider measuring TPMT activity before starting azathioprine <ul style="list-style-type: none"> • Estimated cost of TPMT assay: £20 [price for service quoted by City Hospital, Birmingham⁶⁷ Cost of nurse time per procedure in primary care: £9³⁷⁹ Cost of TPMT = £29 • Full Blood Count Cost of full blood count: £2.49¹¹⁰ Cost of nurse time per procedure in primary care: £9³⁷⁹ Assumed number of tests per year: 7 Cost of tests per year: £17.43+£63.00 =£80.43 • Liver Function Tests Cost of liver function test: £4.12¹¹⁰ Cost of nurse time per procedure in primary care: £9³⁷⁹ Assumed number of tests per year: 13 Cost of tests per year: £53.56+£117 =£170.56 | <ul style="list-style-type: none"> • Cost of drug = £40 • Additional costs (inc TPMT) = £280 Total = £320 | Brands include <ul style="list-style-type: none"> • Azamune®[no price reported in BNF] • Imuran® 25 mg 100-tab pack = £10.99; 50 mg, 100-tab pack = £7.99. |
| N-acetyl cysteine <ul style="list-style-type: none"> • 600mg 3 times daily | N-acetylcysteine, as an oral agent, is only available as an | No additional monitoring required | <ul style="list-style-type: none"> • Cost of drug = £179 | <ul style="list-style-type: none"> • Oral form not licensed in the UK – therefore not quoted in BNF or |

| Intervention; with assumed dose/duration of treatment for typical IPF patient [a] | Unit cost of pharmacological intervention [based on drug tariff, September 2011 unless otherwise stated] ³⁴⁹ | Additional Costs; monitoring/prevention of complications [b] | Expected cost per patient per year | Notes |
|--|--|--|---|---|
| | <p>unlicensed generic. The following is an example correct of 01/10/2011</p> <p>Cost per 600 mg 100 tab pack= £16.42 (direct communication with Pharmacarma International Ltd.)</p> <ul style="list-style-type: none"> • Cost per day = £0.49 • Cost per week = £3.45 • Cost per year = £179.09 | | <p>Total = £179</p> | <p>tariff.</p> <ul style="list-style-type: none"> • Used as adjunctive therapy to immunosuppressant • Other possible suppliers include (prices correct of 2009)⁵¹ : IDIS World Medicines approx. £38 (+VAT) for 60 capsules Mawdsleys Unlicensed approx. £12.50 (+VAT) for 60 capsules <p>Alternatives include: Carbocisteine. A 120 cap pack (375mg) costs £17.57 . Assuming a 1.5g daily dose, a year supply costs £213.</p> |
| <p>Proton-pump inhibitors – Lansoprazole</p> <ul style="list-style-type: none"> • 15–30 mg daily | <p>Cost per 40mg 7 tab pack = £1.67</p> <p>Cost per 30mg 28 tab pack = £1.56</p> <p>Cost per week</p> <ul style="list-style-type: none"> • Cost per week: £0.39 | <p>No additional monitoring required</p> | <ul style="list-style-type: none"> • Cost of drug = £31.18 <p>Total = £20</p> | |

| Intervention; with assumed dose/duration of treatment for typical IPF patient [a] | Unit cost of pharmacological intervention [based on drug tariff, September 2011 unless otherwise stated] ³⁴⁹ | Additional Costs; monitoring/prevention of complications [b] | Expected cost per patient per year | Notes |
|--|--|--|--|---|
| | <ul style="list-style-type: none"> • Cost per year = £20.28 | | | |
| Co-trimoxazole (Septrin®) <ul style="list-style-type: none"> • 960mg given twice daily | Cost per 960mg 100-tab pack = £23.46 <ul style="list-style-type: none"> • Cost per day = £0.47 • Cost per week = £3.28 • Cost per year = £170.79 | <u>Monitoring</u> Monitor blood counts on prolonged treatment <ul style="list-style-type: none"> • Cost of full blood count: £2.49¹¹⁰ • Cost of nurse time per procedure in primary care: £9³⁷⁹ • Assumed number of tests per year: 12 • Cost of tests per year: £29.88+£108=£137.88 | <ul style="list-style-type: none"> • Cost of drug = £171 • Additional costs = £138 Total = £309 | <ul style="list-style-type: none"> • Brands include: Fectrim®, Fectrim® Forte |
| Ambrisentan - Volibris® <ul style="list-style-type: none"> • 5mg given daily | Cost per 5 or 10 mg 30-tab pack = £1,618.08 ³ <ul style="list-style-type: none"> • Cost per day = £53.94 • Cost per week = £377.55 • Cost per year = £19,632.70 For treatment using HRG code XD01Z: £215 per unit ¹⁰⁵ | <u>Monitoring</u> Patients should be monitored for signs of hepatic injury and monthly monitoring of ALT and AST is recommended. <ul style="list-style-type: none"> • Cost of liver function test: £4.12¹¹⁰ • Cost of nurse procedure in primary care: £9³⁷⁹ • Assumed number of tests per year: 13 • Cost of tests per year: £53.56+£117 =£170.56 It is recommended that haemoglobin and/or haematocrit levels are measured during treatment e.g. at 1 month, 3 months and periodically thereafter in line with clinical practice. <ul style="list-style-type: none"> • Cost of full blood count: £2.49¹¹⁰ • Cost of nurse procedure in primary care: £9³⁷⁹ • Assumed number of tests per year: 5 • Cost of tests per year: £12.45+£45 =£57.45 | <ul style="list-style-type: none"> • Cost of drug = £19,633 • Additional costs = £228 Total = £19,861 | <ul style="list-style-type: none"> • Excluded from tariff • Unbundled HCD (OPSC code X821) • No non-proprietary form available |
| Bosanten - Tracleer® | Cost per 62.5 mg 56-tab | Self-administered | <ul style="list-style-type: none"> • Cost of drug = | <ul style="list-style-type: none"> • Excluded from tariff |

| Intervention; with assumed dose/duration of treatment for typical IPF patient [a] | Unit cost of pharmacological intervention [based on drug tariff, September 2011 unless otherwise stated] ³⁴⁹ | Additional Costs; monitoring/prevention of complications [b] | Expected cost per patient per year | Notes |
|--|--|---|--|---|
| <ul style="list-style-type: none"> Initially 62.5 mg twice daily increased after 4 weeks to 125 mg twice daily; max. 250 mg twice daily | pack = £1,510.21 ³ Cost per 125mg 56-tab pack = £1,510.21 ³ <ul style="list-style-type: none"> Cost per day = £26.97 Cost per week = £377.55 Cost per year = £19,632.73 For treatment using HRG code XD02Z: £1,191 per unit¹⁰⁵ | <u>Monitoring</u> Liver aminotransferase levels measured prior to initiation of treatment and subsequently at monthly intervals for the duration of treatment with Tracleer. In addition, liver aminotransferase levels measured 2 weeks after any dose increase. <ul style="list-style-type: none"> Cost of liver function test: £4.12¹¹⁰ Cost of nurse procedure in primary care: £9³⁷⁹ Assumed number of tests per year: 13 Cost of tests per year: £53.56+£45=£57.45 | £19,633 <ul style="list-style-type: none"> Additional costs = £171 Total = £19,804 | when used for IPF <ul style="list-style-type: none"> Unbundled HCD (OPSC code X822) No non-proprietary form available |
| Sildenafil - Revatio® <ul style="list-style-type: none"> By mouth, 20 mg 3 times daily; | Cost per 20mg 90 tab pack = £373.50 ³ <ul style="list-style-type: none"> Cost per day = £12.45 Cost per week = £87.15 Cost per year = £4531 For treatment using HRG code XD01Z: £215 per unit ¹⁰⁵ | Self-administered. No additional monitoring required. | <ul style="list-style-type: none"> Cost of drug = £4531 Total= £4,531 | <ul style="list-style-type: none"> Excluded from tariff when used for IPF Unbundled HCD (OPSC code X821) No non-proprietary form available |

Abbreviations: INR = International normalized ratio; ACC = anticoagulation clinic care; TPMT = thiopurine methyltransferase. HRG = Health Resource Group; HCD = High Cost Drug.

(a) Pharmacological Intervention:

- a. Dose: Unless otherwise stated, these dosages are as per the BNF 2011 and validated by clinical members of the GDG for appropriateness to the IPF population.. Consideration given to whether given daily, twice daily etc.
- b. Duration of course: course for all interventions assumed to last as long as treatment is effective

(b) Additional Costs:

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- a. *Route of administration: all interventions are self-administered.*
- b. *Therapeutic Drug Monitoring: for example INR testing, plasma concentration monitoring, and biochemical assay. Frequency and setting this is conducted is noted with estimate of cost.*
- c. *Consideration given to common or severe side effects that have an impact on health/resource use: any preventative measures taken (noting dose etc.), likely resource impact of adverse event (i.e. emergency admission for acute GI bleed) etc.*

Appendix P: Research recommendations

P.1 The value of bronchoalveolar lavage

Research question:

What is the value of bronchoalveolar lavage in people in whom idiopathic pulmonary fibrosis is considered the most likely diagnosis when clinical and/or computed tomography findings are insufficient to support a confident diagnosis?

Why this is important: A confident diagnosis of idiopathic pulmonary fibrosis requires integration of clinical and computed tomography findings in a multidisciplinary setting. However, a consensus diagnosis cannot always be made with confidence. In some people with 'probable idiopathic pulmonary fibrosis', bronchoalveolar lavage alone may help attain a more confident diagnosis while in others, a subsequent surgical lung biopsy may be needed. It is not known whether the benefits of attaining a more confident diagnosis by bronchoalveolar lavage outweigh the risks of the procedure. A randomised controlled trial should be conducted to determine the potential benefits and risks of bronchoalveolar lavage with regard to increasing diagnostic certainty and avoiding the need for surgical lung biopsy. The study should incorporate outcomes that include diagnostic certainty (sensitivity, specificity), mortality (all-cause and idiopathic pulmonary fibrosis-related), health-related quality of life and change in lung function. Adjustments should be made for differences in baseline clinical and radiological features. Clinical studies should be of sufficient power and duration and include a health economic evaluation.

Criteria for selecting high-priority research recommendations:

| | |
|---|--|
| PICO question | What is the value of bronchoalveolar lavage in patients in patients in whom IPF is suspected clinically, but the CT findings are insufficient to support a confident diagnosis? |
| Importance to patients or the population | Results would inform recommendations for, or against routine BAL when diagnosing people with IPF |
| Relevance to NICE guidance | Future NICE guidance may recommend BAL as a first line option before SLB. |
| Relevance to the NHS | If outcomes are positive (high sensitivity and specificity), then BAL may prove to increase diagnostic certainty for people with IPF. BAL analysis may not be routinely available in all secondary care centres and will require additional resource |
| National priorities | None |
| Current evidence base | There are no suitable studies addressing this. |
| Equality | The research question has no particular equality issues. |
| Study design | A controlled trial should be conducted to determine the potential benefits and risks of BAL in adults. |
| Feasibility | There are specialist secondary care facilities which offer BAL and its analysis routinely, so there will be an adequate infrastructure for a study. |
| Other comments | None |
| Importance | High: the research is essential to inform future updates of key recommendations in the guideline. |

1

2 P.2 The value of surgical lung biopsy

3 Research question:

4 What is the value of surgical lung biopsy in people in whom idiopathic pulmonary fibrosis is
5 considered the most likely diagnosis when clinical and/or computed tomography findings are
6 insufficient to support a confident diagnosis?

7 **Why this is important:** A confident diagnosis of idiopathic pulmonary fibrosis requires integration of
8 clinical and computed tomography findings in a multi-disciplinary setting. However, a consensus
9 diagnosis cannot always be made with confidence. In such cases of 'probable idiopathic pulmonary
10 fibrosis', surgical lung biopsy may be indicated to allow a diagnosis to be made with greater
11 confidence. It is not known, if in this group of patients, the benefits of attaining a more confident
12 diagnosis outweigh the risks of surgical lung biopsy. A randomised controlled trial should be
13 conducted to determine the potential benefits and risks of biopsy with regard to diagnostic certainty
14 (sensitivity, specificity), mortality (all-cause and idiopathic pulmonary fibrosis-related), health-related
15 quality of life and change in lung function. Adjustments should be made for differences in baseline
16 clinical and radiological features. Clinical studies should be of sufficient power and duration and
17 include health economic evaluation.

18 Criteria for selecting high-priority research recommendations:

| | |
|---|---|
| PICO question | What is the value of surgical lung biopsy in patients in whom IPF is suspected clinically, but the HRCT findings are insufficient to support a confident diagnosis? |
| Importance to patients or the population | Results would inform recommendations for, or against the value of surgical lung biopsy when diagnosing people with IPF. |
| Relevance to NICE guidance | Future NICE guidance would be able to specify criteria for when a SLB may be appropriate. |
| Relevance to the NHS | Surgical lung biopsy requires significant resource. The outcome of a study may increase or reduce the SLB rate |
| National priorities | None |
| Current evidence base | There are no suitable studies addressing this. |
| Equality | The research question has no particular equality issues. |
| Study design | A controlled trial should be conducted to determine the potential benefits and risks of SLB in adults. |
| Feasibility | Surgical lung biopsy is performed in selected centres only, but the service is available to all secondary care sites. |
| Other comments | None |
| Importance | High: the research is essential to inform future updates of key recommendations in the guideline. |

19 P.3 P.3 The value of transthoracic echocardiography

20 Research question:

1 What is the value of transthoracic echocardiography in detecting pulmonary hypertension and
 2 determining prognosis in people with IPF?
 3

4 **Why this is important:** People with IPF sometimes develop pulmonary hypertension. This may be an
 5 indicator of poor prognosis. Pulmonary artery pressure (PAP) can only be accurately measured by
 6 right heart catheter which is an invasive procedure. Transthoracic doppler echocardiography (TCC) is
 7 a non-invasive technique for estimating PAP although values correlate poorly with those obtained by
 8 right heart catheterisation. The benefits of estimating PAP in people with IPF, at the time of diagnosis
 9 or serially thereafter, is not known. A study should be undertaken to determine whether estimation
 10 of PAP is a useful predictor of prognosis for disease progression in IPF. The study should address the
 11 additive value of TCC over other routinely performed tests, by measuring rates of survival, mortality
 12 (all-cause and IPF-related); hospitalisation (all-cause, non-elective and IPF-related); change in lung
 13 function (vital capacity and diffusion capacity for carbon monoxide); 6 minute walk distance;
 14 breathlessness score; health related quality of life measures (ideally employing a tool validated in IPF
 15 patients); and development of pulmonary hypertension as measured by right heart catheterisation.
 16 Clinical studies should be of sufficient power and duration and include health economic evaluation.

17 **Criteria for selecting high-priority research recommendations:**

| | |
|---|---|
| PICO question | What is the value of transthoracic echocardiography (TCC) in detecting pulmonary hypertension and determining prognosis in people with IPF? |
| Importance to patients or the population | People with IPF may present with co-existing pulmonary hypertension, or may develop pulmonary hypertension over time. Several studies have suggested that pulmonary hypertension is a poor prognostic indicator in IPF. |
| Relevance to NICE guidance | Future NICE guidance may recommend routine TCC in order to predict prognosis in people with IPF. |
| Relevance to the NHS | TCC is widely available but requires resource. Most centres do not perform TCC routinely in all patients with IPF. |
| National priorities | None. |
| Current evidence base | The NICE IPF guideline development systematic review found no adequate evidence to support or condemn the use of transthoracic echocardiography. No research has been done to modern standards. |
| Equality | The research question has no particular equality issues. |
| Study design | Cohort studies investigating the prognostic value of TCC in adults should be adequately powered and measure mortality/ survival (time to event data). |
| Feasibility | TCC is available in most secondary care centres. |
| Other comments | None. |
| Importance | Medium: the research is relevant to the recommendations in the guideline, but the research recommendations are not key to future updates. |

18
 19 **P.4 Agreement between radiologists in the interpretation of CT**
 20

21 **Research question:**

Idiopathic pulmonary fibrosis: full guideline DRAFT (January 2013)

1 What is the agreement between radiologists in the interpretation of CT in patients with suspected
2 IPF?

3
4 **Why this is important:** Interpretation of the computed tomography (CT) is of pivotal importance in
5 the diagnosis of IPF. Patients with a consistent clinical history can be confidently diagnosed with IPF if
6 the CT is considered indicative of the usual interstitial pneumonia (UIP) pattern of disease. Previous
7 studies from North America have attempted to determine the agreement between radiologists in
8 interpreting CT images in patients with suspected IPF, but these predated the most recently
9 published international consensus criteria for the diagnosis of IPF and these previous studies may not
10 reflect current practice in the UK. A multicentre study should be performed to determine the level of
11 agreement between radiologists of varying expertise for the diagnosis of UIP pattern of disease on
12 CT. Clinical studies should be of sufficient power and duration, and should routinely include health
13 economic evaluation.

14 **Criteria for selecting high-priority research recommendations:**

| | |
|---|--|
| PICO question | What is the agreement between radiologists in the interpretation of CT in patients with suspected IPF? |
| Importance to patients or the population | CT appearances are pivotal in the diagnosis of IPF. Uniformity of CT interpretation would ensure that IPF is diagnosed appropriately and accurately. |
| Relevance to NICE guidance | None. |
| Relevance to the NHS | It is not known if there is adequate expertise in CT interpretation in all secondary care centres. Expert chest CT interpretation requires resource. |
| National priorities | None. |
| Current evidence base | The NICE IPF guideline development systematic review found no adequate evidence to support or condemn the use of computed tomography. No research has been done to modern standards. |
| Equality | The research question has no particular equality issues. |
| Study design | A multicentre study should determine the level of agreement between radiologists when assessing the diagnosis of UIP pattern of disease. |
| Feasibility | CT scans are digitally archived and can be independently reviewed |
| Other comments | None. |
| Importance | Medium: the research is relevant to the recommendations in the guideline, but the research recommendations are not key to future updates. |

15
16 **P.5 CT scoring systems**

17 **Research question:**

18 What is the feasibility of a formal 'CT scoring system' to assess disease severity in patients with
19 suspected IPF?

20
21 **Why this is important:** There are a number of published 'CT scoring systems' that have been
22 validated to varying extents. Scoring of CT consumes resources. There is no data comparing different

1 CT scoring systems in terms of inter- and intra-observer agreement, functional correlation and ease
 2 of use. There are no data comparing observers at MDTs in secondary and tertiary care for inter- and
 3 intra-observer agreement of CT scoring. Studies should be performed that compare different CT
 4 scoring systems in terms of ease of use, observer agreement and correlation with functional indices.
 5 Clinical studies should be of sufficiently long duration, sufficiently powered and should include health
 6 economic evaluation.

7 **Criteria for selecting high-priority research recommendations:**

| | |
|---|--|
| PICO question | What is the feasibility of a formal 'CT scoring system' to assess disease severity in patients with suspected IPF? |
| Importance to patients or the population | There are a number of CT scoring systems used for research purposes but the applicability in clinical practice is not known |
| Relevance to NICE guidance | Future NICE guidance may include formal CT scoring or quantification if it is found to be valuable in determining disease severity |
| Relevance to the NHS | Formal CT scoring is routinely performed and requires resource |
| National priorities | None |
| Current evidence base | The NICE IPF guideline development systematic review found no adequate evidence to support or condemn the use of computed tomography scoring. No research has been done to modern standards. |
| Equality | The research question has no particular equality issues. |
| Study design | A blinded study of independently scored CT scans |
| Feasibility | CT scans are digitally archived and can be independently reviewed |
| Other comments | None |
| Importance | Medium: the research is relevant to the recommendations in the guideline, but the research recommendations are not key to future updates. |

8

9 **P.6 Utility of a formal CT scoring system in determining outcomes**

10 **Research question:**

11 What is the utility of a formal CT scoring system in determining outcome in patients with suspected
 12 IPF?

13

14 **Why this is important:** Some evidence suggests that composite score systems (including CT scoring)
 15 are of value in predicting prognosis in IPF. There is little information on whether a score suggesting
 16 CT abnormalities at the time of diagnosis or whether scoring a change in CT appearance at follow-up
 17 might independently predict prognosis. Studies should be undertaken to compare different CT
 18 scoring systems in patients with IPF evaluating the extent, pattern and ancillary features of fibrosis
 19 (including any co-existing conditions such as emphysema) at diagnosis. Furthermore, longitudinal
 20 observational studies should measure inter-observer agreement comparing observers with different
 21 levels of expertise at multi-disciplinary teams (MDTs) of secondary and tertiary care level. Primary
 22 outcomes should include a correlation between CT scores and survival. Study length should be 5
 23 years and also be sufficiently powered and include health economic evaluation.

1

Criteria for selecting high-priority research recommendations:

| | |
|---|--|
| PICO question | What is the utility of a formal CT scoring system in determining outcome in patients with suspected IPF? |
| Importance to patients or the population | Severity of disease in IPF is generally assessed by symptoms and lung function testing. The value of quantifying CT abnormalities by CT scoring in predicting outcome, or for monitoring disease progression is not known |
| Relevance to NICE guidance | Future NICE guidance may include formal CT scoring or quantification if it is found to be valuable in determining disease progression |
| Relevance to the NHS | Formal CT scoring is routinely performed and requires resource |
| National priorities | None |
| Current evidence base | The NICE IPF guideline development systematic review found no adequate evidence to support or condemn the use of computed tomography scoring systems. No research has been done to modern standards. |
| Equality | The research question has no particular equality issues. |
| Study design | Longitudinal observational studies should measure CT scores against disease progression. Primary outcomes should include association between CT scores and survival. Adjustments should be made for variables known to predict outcome in IPF. |
| Feasibility | CT scans are digitally archived and can be independently reviewed |
| Other comments | None |
| Importance | Medium: the research is relevant to the recommendations in the guideline, but the research recommendations are not key to future updates. |

2

3 **P.7 Pulmonary rehabilitation**4 **Research question:**5 Does pulmonary rehabilitation improve outcomes for patients with IPF?
6

7 **Why this is important:** There is evidence that patients with idiopathic pulmonary fibrosis may benefit
8 from pulmonary rehabilitation. However this evidence is mostly derived from programmes designed
9 principally for patients with chronic obstructive pulmonary disease. It is likely that the needs of
10 people with idiopathic pulmonary fibrosis and chronic obstructive pulmonary disease differ.
11 Randomised controlled trials should be undertaken to determine the effects of pulmonary
12 rehabilitation programmes tailored to idiopathic pulmonary fibrosis, compared to currently offered
13 pulmonary rehabilitation programmes, on quality of life, walking distance and lung function (FVC%),
14 with analysis adjusting for confounding factors appropriately. Trials should analyse benefits of the
15 different aspects of pulmonary rehabilitation including the components, setting and location of the
16 programme, and healthcare resources involved. Endpoints may include: 6-minute walk distance;
17 breathlessness score; a measure of health related quality of life (ideally employing a tool validated in
18 idiopathic pulmonary fibrosis patients), mortality (all-cause and idiopathic pulmonary fibrosis -
19 related); hospitalisation (all-cause, non-elective and idiopathic pulmonary fibrosis -related); lung

1 function (vital capacity and diffusion capacity for carbon monoxide). Studies should be of sufficient
2 power and duration and include a health economic evaluation.

3 **Criteria for selecting high-priority research recommendations:**

| | |
|---|--|
| PICO question | Does pulmonary rehabilitation improve outcomes for patients with IPF? |
| Importance to patients or the population | Pulmonary rehabilitation may consist of various exercise or educational components. Currently, patients with IPF are most likely to be offered pulmonary rehabilitation tailored to people with COPD, if at all. |
| Relevance to NICE guidance | Future NICE guidance may be able to specify components of pulmonary rehabilitation programmes which are proven to improve quality or life outcomes specifically for people with IPF. |
| Relevance to the NHS | Pulmonary rehabilitation specifically designed for IPF would have resource implications. |
| National priorities | None |
| Current evidence base | There are no suitable studies addressing the components of pulmonary rehabilitation programmes in people with IPF. |
| Equality | The availability, setting and locations of pulmonary rehabilitation programmes should be tailored to all people with IPF, including those with disabilities. |
| Study design | Controlled trials should investigate the benefit of pulmonary rehabilitation components in adults, be adequately powered and measure patient centred outcomes. |
| Feasibility | Pulmonary rehabilitation facilities are widely available. |
| Other comments | None |
| Importance | High: the research is essential to inform future updates of key recommendations in the guideline. |

4

5 **P.8 Nocturnal oxygen**

6 **Research question:**

7 Does nocturnal oxygen improve outcomes in IPF?

8

9 **Why this is important:** Oxygen desaturation during sleep is known to occur in many patients with IPF
10 even if they do not desaturate on exercise. The detection of nocturnal hypoxaemia and its treatment
11 with supplemental oxygen is not currently part of routine clinical practice. A randomised control trial
12 should establish the benefits of supplementary nocturnal oxygen therapy in patients with IPF who
13 develop hypoxia during sleep and include a placebo arm. Endpoints in phase 3 clinical trials in IPF
14 should reflect patient survival, quality of life and functional status. Appropriate endpoints may
15 include 6 minute walk distance; transthoracic echocardiogram to estimate pulmonary artery
16 pressure; breathlessness score; a measure of health related quality of life (ideally employing a tool
17 validated in IPF patients), mortality (all-cause and IPF-related); hospitalisation (all-cause, non-elective
18 and IPF-related). Phase 3 trials should have a duration of greater than 12 months and include health
19 economic evaluation.

20 **Criteria for selecting high-priority research recommendations:**

| | |
|----------------------|--|
| PICO question | Does nocturnal oxygen improve outcomes in IPF? |
|----------------------|--|

| | |
|---|--|
| Importance to patients or the population | Oxygen desaturation during sleep is known to occur in many patients with IPF even if they do not desaturate on exercise. The significance of this is not known |
| Relevance to NICE guidance | NICE would provide guidance on nocturnal oxygen |
| Relevance to the NHS | Nocturnal oxygen therapy requires resource |
| National priorities | None |
| Current evidence base | There are no suitable studies addressing this. |
| Equality | The research question has no particular equality issues. |
| Study design | A randomised control trial should establish the benefits of supplementary nocturnal oxygen therapy versus placebo. |
| Feasibility | Oxygen therapy is readily available |
| Other comments | None |
| Importance | Medium: the research is relevant to the recommendations in the guideline, but the research recommendations are not key to future updates. |

1

2 P.9 Ambulatory oxygen

3 Research question:

4 Does ambulatory oxygen improve outcomes in IPF?

5

6 **Why this is important:** People with idiopathic pulmonary fibrosis frequently demonstrate a fall in
7 oxygen saturation during exercise even though they are not hypoxic at rest. In such people,
8 ambulatory oxygen is often provided to improve exercise capacity, enhance mobility and enable
9 activities of daily living in order to improve quality of life. However, there are no randomised
10 controlled trials to demonstrate that ambulatory oxygen therapy is effective in achieving these aims
11 in patients with idiopathic pulmonary fibrosis. A randomised controlled trial should be conducted to
12 determine the effects of ambulatory oxygen on quality of life in people with idiopathic pulmonary
13 fibrosis and consideration given to the use of a placebo arm. This should include a standardised
14 protocol for assessing exercise such as the 6-minute walk test. The endpoints may include 6-minute
15 walk distance; breathlessness score; a measure of health-related quality of life (ideally employing a
16 tool validated in idiopathic pulmonary fibrosis patients). Phase 3 trials should have a duration of
17 greater than 12 months and include health economic evaluation.

18 Criteria for selecting high-priority research recommendations:

| | |
|---|--|
| PICO question | Does ambulatory oxygen improve outcomes in IPF? |
| Importance to patients or the population | Patients with IPF frequently demonstrate a fall in oxygen saturation during exercise even though they are not hypoxia at rest. Ambulatory oxygen is often prescribed to patients that desaturate on exercise, but its value is not known |
| Relevance to NICE guidance | NICE would recommend ambulatory oxygen if future guidelines |
| Relevance to the NHS | Ambulatory oxygen requires resource |

| | |
|------------------------------|---|
| National priorities | None |
| Current evidence base | There are no suitable studies addressing this. |
| Equality | The research question has no particular equality issues. |
| Study design | A RCT of ambulatory oxygen. |
| Feasibility | Ambulatory oxygen is readily available. Careful consideration should be given to the use of placebo |
| Other comments | None |
| Importance | High: the research is essential to inform future updates of key recommendations in the guideline. |

1

2 P.10 Short burst oxygen therapy

3 **Research question:**

4 Does short-burst oxygen therapy improve outcomes in IPF?

5

6 **Why this is important:** Short-burst oxygen therapy is often used to relieve the symptom of
7 breathlessness on exertion in patients with IPF. However, there is currently no evidence to prove it is
8 effective. The benefit of short-burst oxygen therapy to relieve breathlessness and improve quality of
9 life in patients with IPF should be tested in a randomised control trial. The endpoints must be
10 clinically meaningful and reflect quality of life and functional status. Appropriate endpoints may
11 include, but should not be restricted to; 6 minute walk distance; breathlessness score; a measure of
12 health related quality of life (ideally employing a tool validated in IPF patients, and hospitalisation
13 (all-cause, non-elective and IPF-related). A short-term, cross-over design may be appropriate in this
14 type of intervention. Careful consideration should be given to the use of a placebo arm. Health
15 economic evaluation should be included within the study design.

16

Criteria for selecting high-priority research recommendations:

| | |
|---|--|
| PICO question | Does short-burst oxygen therapy improve outcomes in IPF? |
| Importance to patients or the population | Short-burst oxygen therapy is often used to relieve the symptom of breathlessness on exertion in patients with IPF. However its value is not known |
| Relevance to NICE guidance | NICE would make recommendations on short burst oxygen therapy |
| Relevance to the NHS | Short-burst oxygen therapy requires resource |
| National priorities | None |
| Current evidence base | There are no suitable studies addressing this. |
| Equality | The research question has no particular equality issues. |
| Study design | A short-term cross-over study of oxygen therapy versus placebo |
| Feasibility | Careful consideration should be given to the use of placebo in this setting |
| Other comments | None |
| Importance | Medium: the research is relevant to the recommendations in the guideline, but the research recommendations are not key to future updates. |

1

2 P.11 Pharmacological treatments of cough

3 Research question:

4 What is the value of pharmacological treatments of cough in idiopathic pulmonary fibrosis?

5

6 **Why is it important:** At least 70% of people with IPF complain of cough which may impair their
 7 quality of life. There is preliminary evidence that pharmacological therapies may be of benefit in
 8 controlling the cough associated with IPF. Randomised, placebo-controlled trials of adequate power
 9 and duration should be undertaken to determine the benefits, side-effects and appropriate dose of
 10 anti-tussive therapies in people with a confirmed diagnosis of IPF who complain of troublesome
 11 cough. Studies should incorporate a validated, specific cough questionnaire such as the Leicester
 12 Cough Questionnaire (LCQ), a Visual Analogue Score of cough (VAS), an assessment of quality of life
 13 such as EQ5D Questionnaire and a health economic assessment. Groups should be matched for
 14 confounding variables which can cause cough such as gastro-oesophageal reflux and medication with
 15 angiotensin converting enzyme inhibitors. An objective measure of cough, using a 24 hour cough
 16 recording, on a small sub-group of patients to support findings on subjective assessments, should
 17 also be determined.

18 Criteria for selecting high-priority research recommendations:

| | |
|---|---|
| PICO question | What is the value of pharmacological treatments of cough in idiopathic pulmonary fibrosis? |
| Importance to patients or the population | At least 70% of people with IPF complain of cough which may impair their quality of life, and commonly used therapies are often ineffective |
| Relevance to NICE guidance | NICE would make recommendations on the management of cough in IPF |
| Relevance to the NHS | Interventions for cough may require resource |
| National priorities | None |
| Current evidence base | There are few studies of novel pharmacological therapies for cough in IPF |
| Equality | The research question has no particular equality issues. |
| Study design | Randomised, placebo-controlled trials of adequate power and duration should be undertaken to determine the benefits, side-effects and appropriate dose of anti-tussive therapies in people with a confirmed diagnosis of IPF who complain of troublesome cough. |
| Feasibility | Dependent upon specific intervention. |
| Other comments | None |
| Importance | Medium: the research is relevant to the recommendations in the guideline, but the research recommendations are not key to future updates. |

19

1 P.12 Anti-reflux therapy

2 Research question:

3 Is anti-reflux therapy an effective treatment for IPF?
4

5 **Why this is important:** There is evidence from observational studies, and uncontrolled interventional
6 trials, that microaspiration of gastric/oesophageal contents contribute to disease progression, and
7 perhaps even cause idiopathic pulmonary fibrosis. There have been no randomised controlled trials
8 of anti-reflux therapy in idiopathic pulmonary fibrosis but proton-pump inhibitors are often
9 prescribed for symptoms of acid-reflux. A randomised, placebo-controlled trial of adequate power
10 and duration of greater than 12 months should be undertaken to determine the benefits and side-
11 effects of anti-reflux therapy, including proton pump inhibition in people with a confirmed diagnosis
12 of idiopathic pulmonary fibrosis. Appropriate endpoints may include mortality (all-cause and
13 idiopathic pulmonary fibrosis-related); hospitalisation (all-cause, non-elective and idiopathic
14 pulmonary fibrosis-related); lung function (vital capacity and diffusion capacity for carbon
15 monoxide); 6-minute walk distance; breathlessness score; a measure of health related quality of life
16 (ideally employing a tool validated in idiopathic pulmonary fibrosis patients). Phase 3 trials include a
17 health economic evaluation.

18 Criteria for selecting high-priority research recommendations:

| | |
|---|--|
| PICO question | Is anti-reflux therapy an effective treatment for IPF? |
| Importance to patients or the population | There is evidence from observational studies, and uncontrolled interventional trials, that microaspiration of gastric/oesophageal contents contribute to disease progression, and perhaps even cause IPF. |
| Relevance to NICE guidance | NICE would provide guidance on the value of reflux therapy in IPF |
| Relevance to the NHS | Anti-reflux therapies may require resource |
| National priorities | None |
| Current evidence base | There are no suitable studies to address this |
| Equality | The research question has no particular equality issues. |
| Study design | A randomised, placebo-controlled trial of adequate power and duration should be undertaken to determine the benefits and side-effects of anti-reflux therapy, including proton pump inhibition in people with a confirmed diagnosis of IPF |
| Feasibility | Dependent upon specific anti-reflux strategy |
| Other comments | None |
| Importance | High: the research is essential to inform future updates of key recommendations in the guideline. |

19

20 P.13 Corticosteroid therapy

21 Research question:

22 Is corticosteroid therapy an effective treatment for IPF?
23

1 **Why this is important:** Historically, high dose oral corticosteroids (≥ 60 mg daily) were used to treat
 2 IPF. However, there is recent evidence to suggest that the combination of prednisolone and
 3 azathioprine may be harmful and lead to increased mortality. There have been no placebo-controlled
 4 trials of corticosteroids as monotherapy in IPF. A randomised, placebo-controlled trial of adequate
 5 power and duration should be undertaken to determine the benefits and side-effects of
 6 prednisolone to treat people with IPF. Since high doses of corticosteroids may be harmful, careful
 7 consideration should be given to the most appropriate dose to employ. Endpoints in phase 3 clinical
 8 trials must reflect patient survival, quality of life and functional status. Appropriate endpoints may
 9 include mortality (all-cause and IPF-related); hospitalisation (all-cause, non-elective and IPF-related);
 10 lung function (vital capacity and diffusion capacity for carbon monoxide); 6 minute walk distance;
 11 and a measure of health related quality of life (ideally employing a tool validated in IPF patients).
 12 Phase 3 trials should have a duration of greater than 12 months and include a health economic
 13 evaluation.

14 **Criteria for selecting high-priority research recommendations:**

| | |
|---|---|
| PICO question | Is corticosteroid therapy an effective treatment for IPF? |
| Importance to patients or the population | Historically, high dose oral corticosteroids (≥ 60 mg daily) were used to treat IPF. However, there is recent evidence to suggest that the combination of prednisolone and azathioprine may be harmful and lead to increased mortality. There have been no placebo-controlled trials of corticosteroids as monotherapy in IPF |
| Relevance to NICE guidance | NICE may recommend corticosteroids for IPF if found to be valuable |
| Relevance to the NHS | Corticosteroids usage is likely to require resource |
| National priorities | None |
| Current evidence base | There are no suitable studies to address this |
| Equality | The research question has no particular equality issues. |
| Study design | A randomised, placebo-controlled trial of adequate power and duration should be undertaken to determine the benefits and side-effects of prednisolone to treat people with IPF. |
| Feasibility | The study is feasible |
| Other comments | None |
| Importance | Medium: the research is relevant to the recommendations in the guideline, but the research recommendations are not key to future updates. |

15

16 **P.14 Co-trimoxazole**

17

18 **Research question:**

19 Is co-trimoxazole an effective treatment for IPF?

20

21 **Why this is important:** Co-trimoxazole is an antibiotic that may also have immunomodulatory
 22 function. In a randomised placebo-controlled trial, treatment with co-trimoxazole did not affect the
 23 primary end-point, and change in forced vital capacity over 12 months. The majority of participants

1 had IPF, but some had other idiopathic fibrotic lung diseases. Over one third of participants were
 2 taking azathioprine and/or prednisolone. In the subgroup of participants who completed the study as
 3 per protocol, co-trimoxazole therapy was associated with fewer deaths. A randomised, placebo-
 4 controlled trial should be undertaken to determine if co-trimoxazole therapy reduces mortality in
 5 IPF. The primary endpoint should include all-cause mortality. The comparator should be current best
 6 supportive care that does not include the routine use of immunosuppressive drugs including
 7 prednisolone. The trial should have a duration of at least 12 months and include a health economic
 8 evaluation.

9 **Criteria for selecting high-priority research recommendations:**

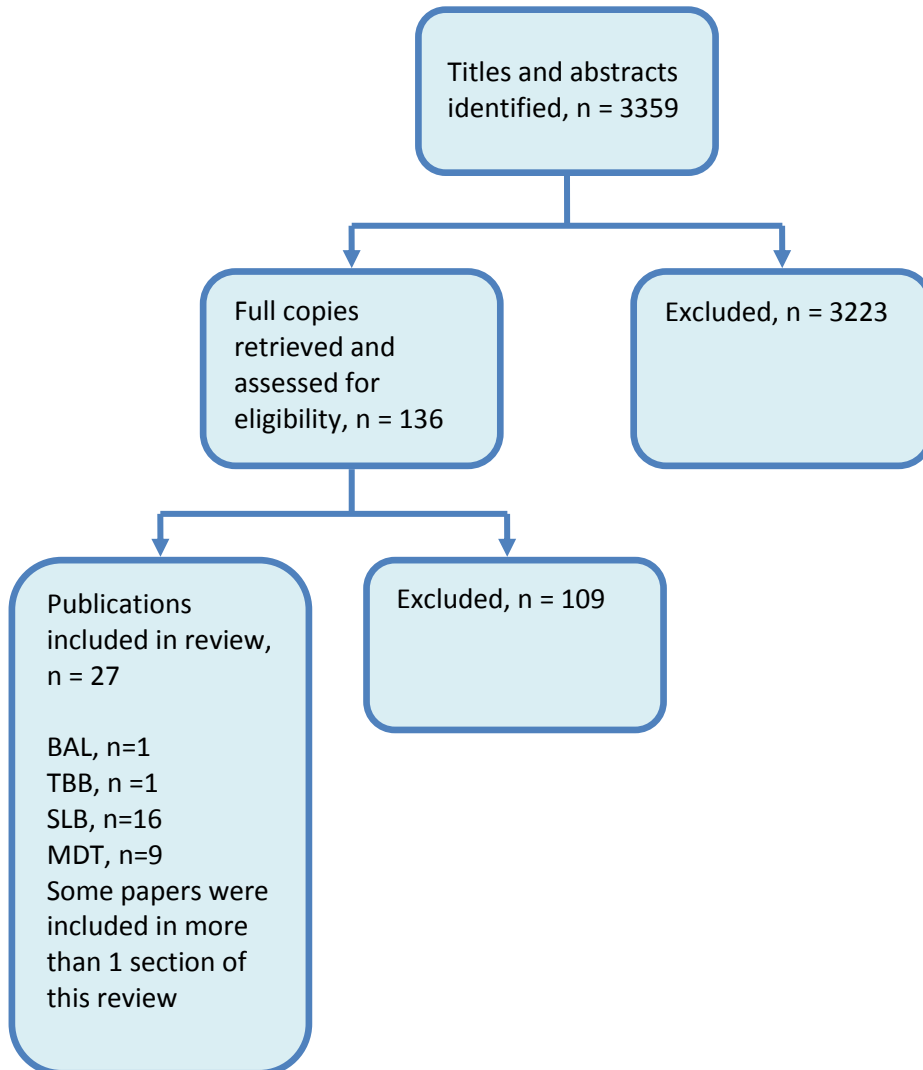
| | |
|---|---|
| PICO question | Is co-trimoxazole an effective treatment for IPF? |
| Importance to patients or the population | Co-trimoxazole is an antibiotic that may also have immunomodulatory function. In one recent randomised placebo-controlled trial, the subgroup of participants who completed the study as per protocol, co-trimoxazole therapy was associated with fewer deaths. |
| Relevance to NICE guidance | NICE may recommend co-trimoxazole for IPF if found to be valuable. |
| Relevance to the NHS | Co-trimoxazole usage is likely to require resource. |
| National priorities | None. |
| Current evidence base | There are no suitable studies to address this. |
| Equality | The research question has no particular equality issues. |
| Study design | A randomised, placebo-controlled trial of adequate power and duration should be undertaken to determine the benefits and side-effects of co-trimoxazole to treat people with IPF. |
| Feasibility | This study is feasible. |
| Other comments | None. |
| Importance | Medium: the research is relevant to the recommendations in the guideline, but the research recommendations are not key to future updates. |

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1 Appendix Q: Adapted Prisma Diagrams

2 Q.1 Diagnosis

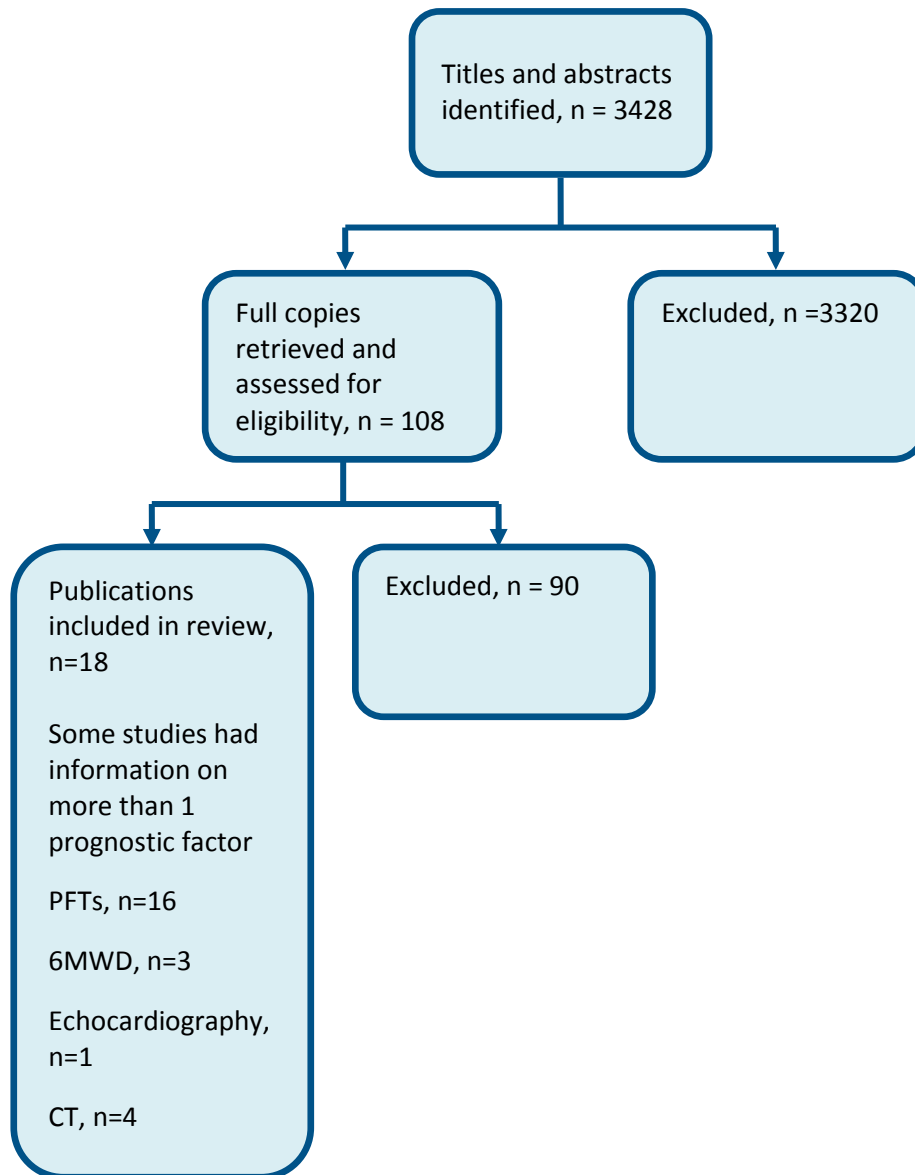
3 Figure 126: Flow diagram of clinical article selection for diagnostic review (BAL, Biopsy and
4 MDT)



1 **Q.2 Prognosis**

2 **Figure 127: Flow diagram of clinical article selection for prognosis review**

3



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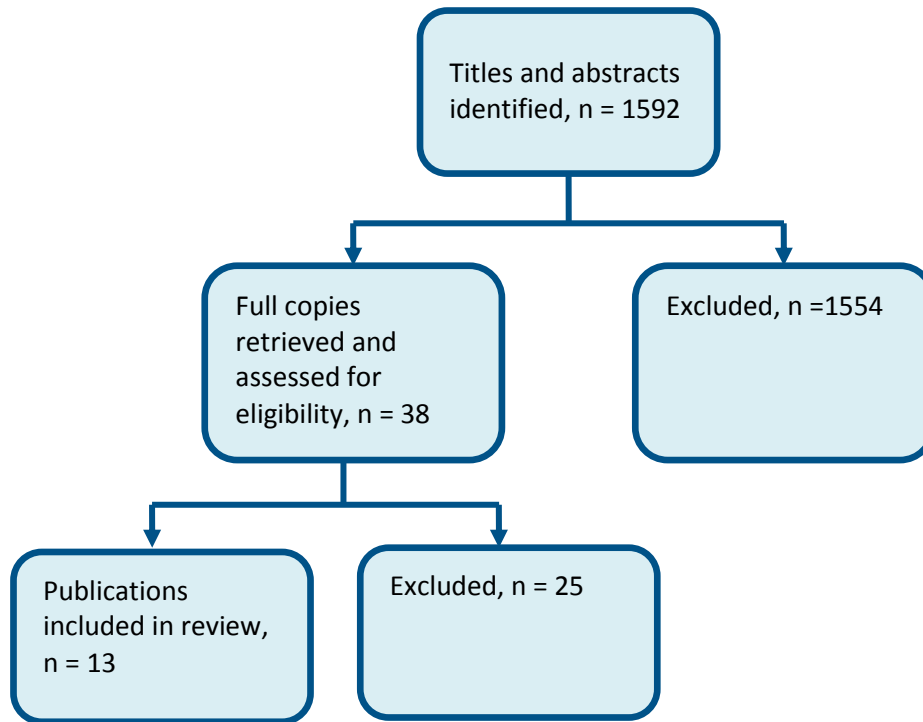
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1 Q.3 Pulmonary rehabilitation

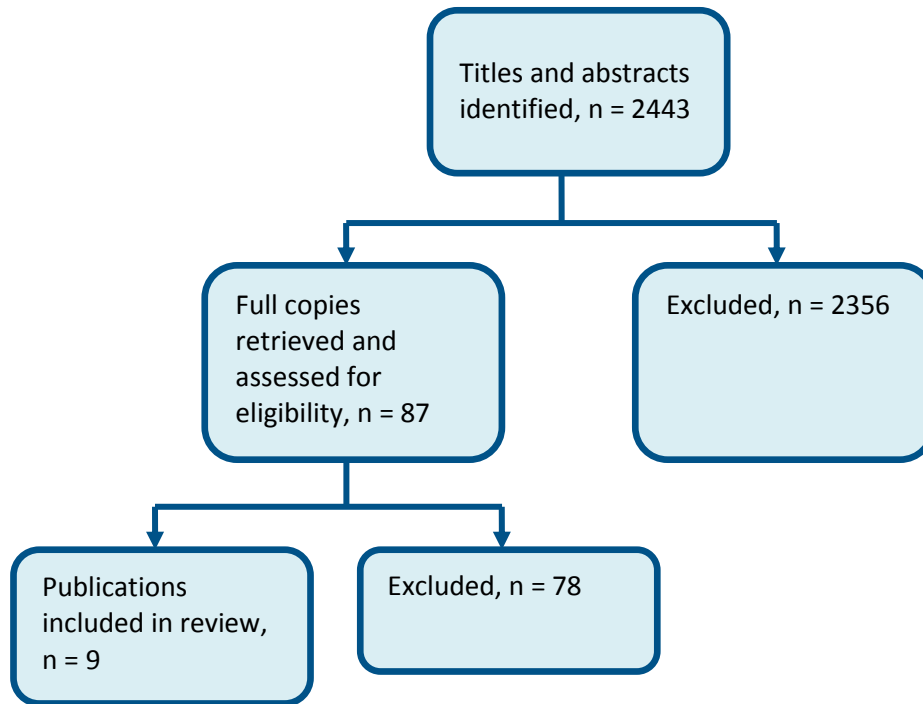
Figure 128: Flow diagram of clinical article selection for pulmonary rehabilitation review



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1 Q.4 Best supportive care

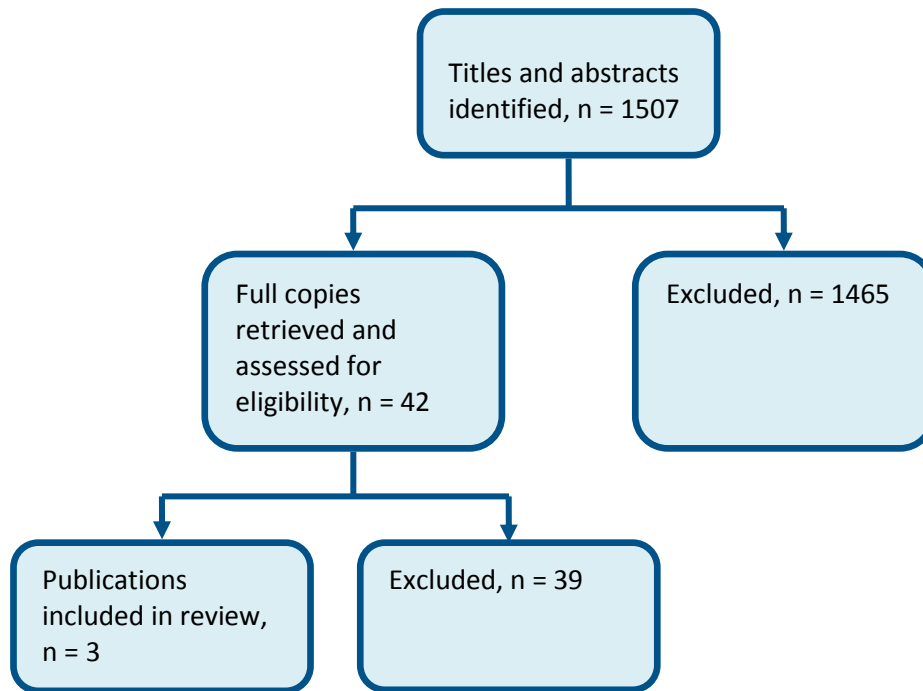
Figure 129: Flow diagram of clinical article selection for best supportive care



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1 **Q.5 Psychosocial support**

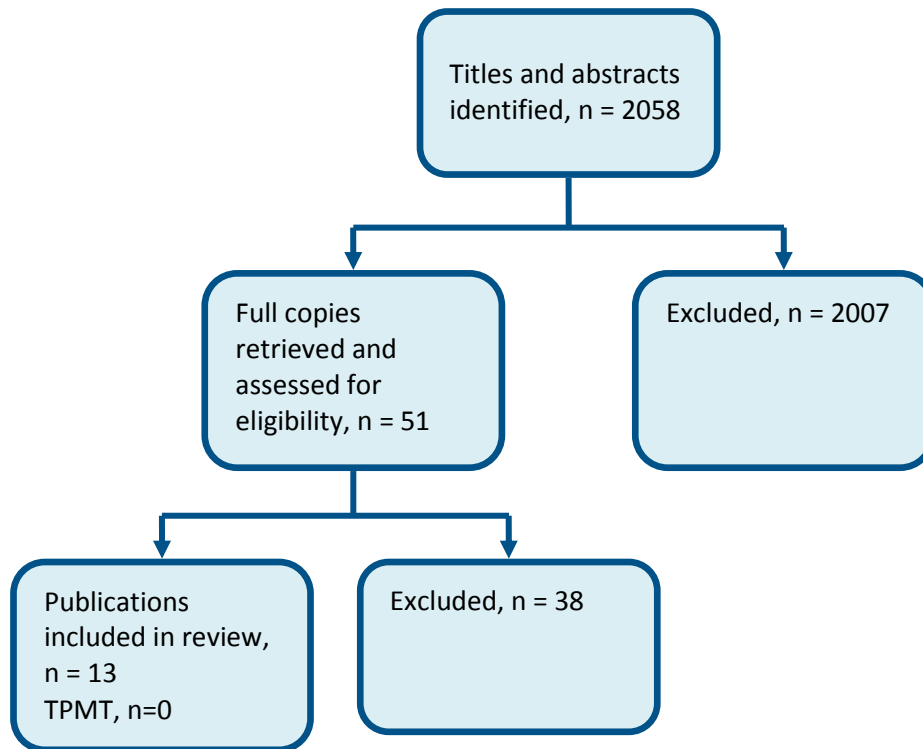
2 **Figure 130: Flow diagram of clinical article selection for psychosocial support**



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1 **Q.6 Pharmacological interventions**

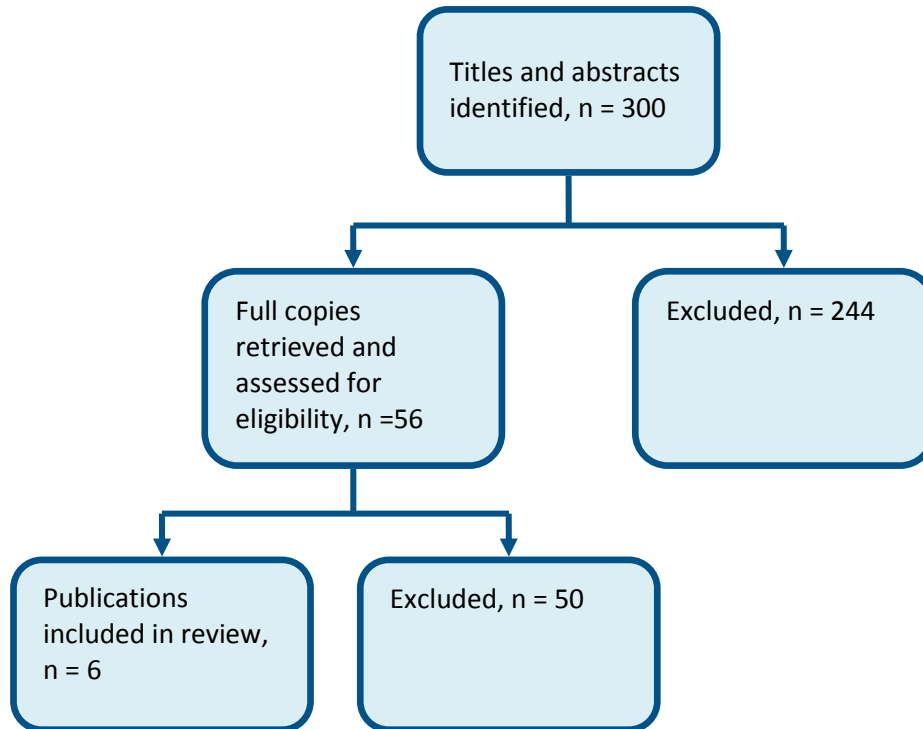
2 **Figure 131: Flow diagram of clinical article selection for pharmacological interventions review**



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1 **Q.7 Lung transplantation**

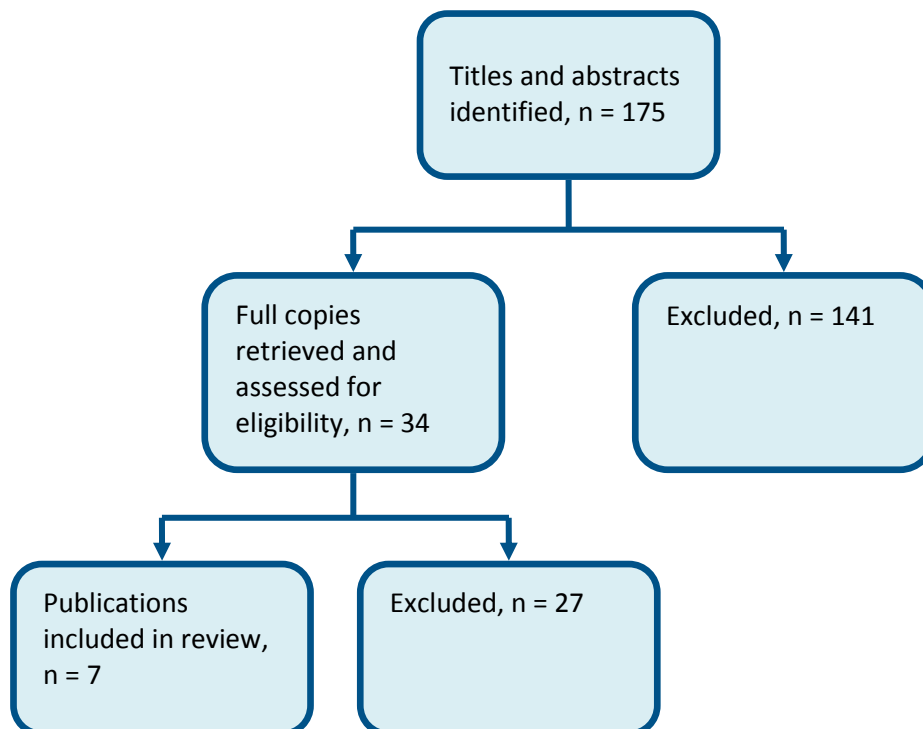
2 **Figure 132: Flow diagram of clinical article selection for timing of referral for lung**
3 **transplantation review**



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5 **Q.8 Ventilation**

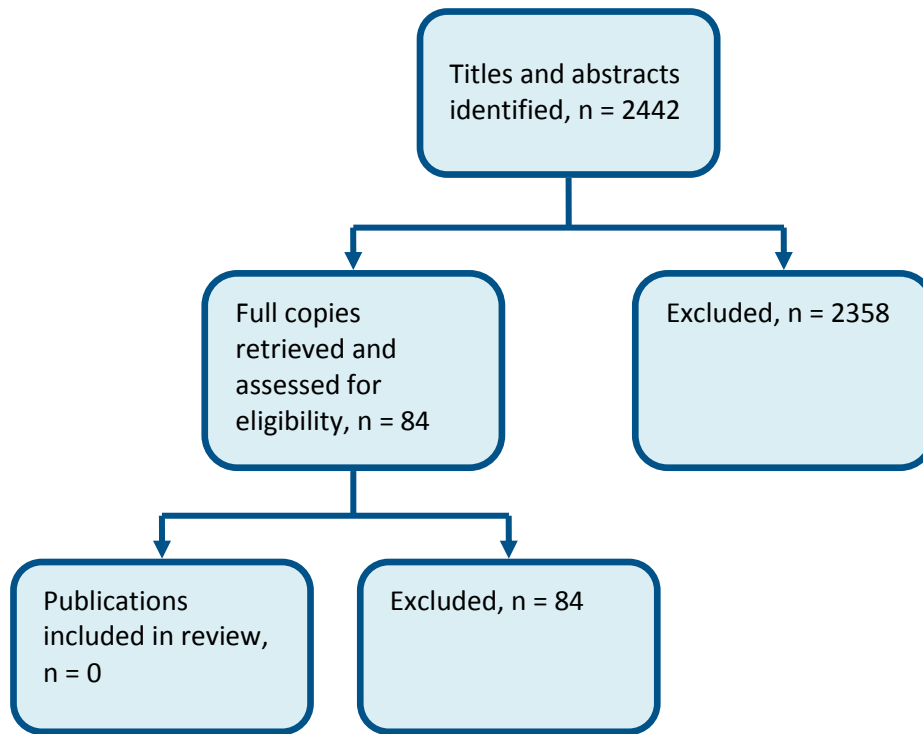
6 **Figure 133: Flow diagram of clinical article selection for ventilation review**



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1 **Q.9 Review and follow-up**

2 **Figure 134: Flow diagram of clinical article selection for review and follow-up**



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Appendix R: Excluded Studies

R.1 Diagnosis

Table 151: Excluded studies for the clinical evidence

| Study excluded | Reason |
|-------------------------------|---|
| Agostini 2001 ⁸ | No relevant outcomes |
| Alzeer 2008 ¹⁶ | Population does not match protocol (ILD of unknown aetiology) |
| Ayed 2000 ²⁴ | No relevant outcomes |
| Ayed 2003 ²³ | No relevant outcomes |
| Behr 2012 ³⁵ | Incorrect study design (non-systematic review) |
| Berbescu 2006 ³⁶ | Population does not match protocol (IPF not specified) |
| Cherniack 1991 ⁶³ | Study does not match protocol (pre 1994 data) |
| Chuang 1987 ⁶⁵ | Study does not match protocol (pre 1994 data) |
| Cobanoglu 2012 ⁷⁰ | Non English language publication (Turkish) |
| Collins 1994 ⁷⁷ | Study does not match protocol (pre 1994 data) |
| Cottin 2012 ⁸⁶ | Incorrect study design (non-systematic review) |
| Doyle 2012 ¹¹² | Incorrect study design (non-systematic review) |
| Du Bois 2012 ¹²⁰ | Incorrect study design (non-systematic review) |
| Duck 2007 ¹²¹ | Incorrect study design (discussion paper) |
| Esme 2007 ¹²⁹ | No relevant outcomes |
| Fell 2010 ¹³³ | No relevant outcomes |
| Fend 1989 ¹³⁵ | Study does not match protocol (pre 1994 data) |
| Fibla 2012 ¹⁴⁰ | Intervention does not match protocol |
| Fishbein 2005 ¹⁴² | Incorrect study design (discussion paper) |
| Flaherty 2001A ¹⁴⁸ | No relevant outcomes |
| Frankel 2009 ¹⁵² | Incorrect study design (discussion paper) |
| Gal 2005 ¹⁵⁶ | Incorrect study design (discussion paper) |
| Gaspole 2001A ¹⁶¹ | Incorrect study design (discussion paper) |
| Gotway 2007 ¹⁶⁵ | Incorrect study design (discussion paper) |
| Gruden 1998 ¹⁶⁶ | Incorrect study design (discussion paper) |
| Guerra 2009 ¹⁶⁷ | Non-English language publication (Portuguese) |
| Hara 2012 ¹⁷² | Intervention does not match protocol (measurement of S100A9 levels in serum and bronchoalveolar lavage fluid) |
| Huang 2008 ¹⁹² | Incorrect study design (discussion paper) |
| Kataoka 2010 ²²⁷ | Abstract only (not a full paper) |
| Kazerooni 1997 ²²⁹ | Intervention and comparison do not match protocol (incorrect reference standard, CT versus CT) |
| Keller 1995 ²³¹ | Incorrect study design (discussion paper) |
| Kim 2008 ²³³ | Population does not match protocol (mixed population, ILD and pulmonary nodules) |
| King 2001A ²⁴¹ | Study does not match protocol (pre 1994 data) |
| King 2001A ²⁴¹ | Study does not match protocol (pre 1994 data) |
| Kondoh 2006 ²⁴⁶ | Population does not match protocol (acute exacerbation) |
| Kramer 1998 ²⁵¹ | Study does not match protocol (pre 1994 data) |

| Study excluded | Reason |
|--------------------------------------|---|
| Kreider 2007 ²⁵² | No relevant outcomes |
| Kulshres 2012 ²⁵⁵ | No relevant outcomes |
| Lee 2009 ²⁷¹ | Abstract only (not a full paper) |
| Lee 2010 ²⁷⁰ | Population does not match protocol (cryptogenic organizing pneumonia) |
| Lee 2012 ²⁶⁸ | Intervention does not match protocol (assessing the levels of pepsin in BAL fluid in IPF patients with acute exacerbation compared to stable disease) |
| Leslie 2006 ²⁷² | Incorrect study design (discussion paper) |
| Leslie 2012 ²⁷³ | Incorrect study design (non systematic review) |
| Lynch 2000 ²⁸⁹ | Incorrect study design (discussion paper) |
| Magpantay 2010 ²⁹² | Population does not match protocol (pulmonary tuberculosis) |
| Mahajan 2002 ²⁹³ | Incorrect study design (discussion paper) |
| Maher 2008A ²⁹⁴ | Incorrect study design (discussion paper) |
| Margaritopoulos 2012 ³⁰¹ | Incorrect study design (non systematic review) |
| Matsuo 1996 ³⁰⁶ | Study does not match protocol (pre 1994 data) |
| Mazuranic 1996 ³⁰⁷ | No relevant outcomes |
| Melo 2009 ³¹⁰ | Non English language publication (Portuguese) |
| Meyer 2004 ³¹³ | Incorrect study design (discussion paper) |
| Meyer 2012 ³¹⁴ | Intervention does not match protocol (clinical practice guideline outlining technique for BAL) |
| Miller 2000 ³¹⁷ | Intervention and comparison do not match protocol (comparison of two biopsy techniques) |
| Milman 1994 ³¹⁸ | Study does not match protocol (pre 1994 data) |
| Milman 1995 ³²⁰ | Population does not match protocol (diffuse pulmonary lesions) |
| Misumi 2006 ³²¹ | Incorrect study design (discussion paper) |
| Mouroux 1997 ³³⁰ | Study does not match protocol (pre 1994 data) |
| Nicholson 2002 ³⁵¹ | Incorrect study design (discussion paper) |
| Noth 2007 ³⁵⁸ | Incorrect study design (discussion paper) |
| Orens 1995 ³⁶⁷ | Intervention does not match protocol (Incorrect reference standard, HRCT) |
| Park 2007A ³⁷⁶ | No relevant outcomes |
| Poletti 2004 ³⁸⁰ | Incorrect study design (Discussion paper) |
| Polychronopoulos 2009 ³⁸³ | Abstract only (not a full paper) |
| Popp 1992 ³⁸⁴ | Study does not match protocol (pre 1994 data) |
| Popper 2001 ³⁸⁵ | Incorrect study design (discussion paper) |
| Quadrelli 2010 ³⁸⁸ | No relevant outcomes |
| Quigley 2006 ³⁸⁹ | Incorrect study design (discussion paper) |
| Qureshi 2002 ³⁹² | No relevant outcomes |
| Qureshira 2003 ³⁹¹ | No relevant outcomes |
| Raghu 2004A ³⁹⁷ | Incorrect study design (discussion paper) |
| Raghu 2004B ³⁹⁴ | Incorrect study design (discussion paper) |
| Ryu 2007A ⁴¹⁵ | Incorrect study design (discussion paper) |
| Sawy 2004 ⁴²⁰ | Population does not match protocol (all patients undergoing a bronchoscopy) |
| Schmidt 2009A ⁴²³ | Incorrect study design (discussion paper) |

| Study excluded | Reason |
|-----------------------------------|--|
| Shah 1992 ⁴³⁰ | Study does not match protocol (pre 1994 data) |
| Shah 2008 ⁴²⁹ | Incorrect study design (discussion paper) |
| Shim 2010 ⁴³³ | No relevant outcomes |
| Sung 2007 ⁴⁵⁵ | Incorrect study design (discussion paper) |
| Sverzellati 2009 ⁴⁵⁶ | Abstract only (not a full paper) |
| Tiitto 2005 ⁴⁶⁹ | No relevant outcomes |
| Trisolini 2000 ⁴⁷⁶ | Incorrect study design (discussion paper) |
| Turner 1980 ⁴⁷⁹ | Study does not match protocol (pre 1994 data) |
| Valeyre 2011 ⁴⁸² | Incorrect study design (discussion paper) |
| Veeraraghavan 2003 ⁴⁸⁶ | Population does not match protocol and no relevant outcomes (BAL findings used to discriminate between patients with UIP and NSIP) |
| Wall 1981 ⁴⁹⁰ | Study does not match protocol (pre 1994 data) |
| Watters 1986 ⁴⁹³ | Study does not match protocol (pre 1994 data) |
| Welker 2004 ⁴⁹⁵ | Intervention does not match protocol (incorrect reference standard, using categorisations for cell differentials) |
| Zhang 2010 ⁵⁰⁷ | Population does not match protocol (IPF not specified) |

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Table 152: Excluded studies for the economic evidence

| First author | Title | Notes |
|---------------------------|--|---|
| Molin 1994 ³²⁶ | VATS increases costs in patients undergoing lung biopsy for interstitial lung disease. Annals of Thoracic Surgery 58 (6):1595-1598, 1994. Thoracic Surgery 58 (6):1595-1598, 1994. | Retrospective study with cost component. Partial applicability - USA retrospective study with cost component. Relevant interventions and population of ILD patients. And very serious limitations- Cost analysis focused on procedural costs only and did not account for relevant costs associated with adverse events of the procedure or subsequent hospital stay. The source of the cost data was not presented. Quality of life not assessed and incremental analysis not presented. |

2 R.2 Prognosis

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Table 153: Excluded studies for the clinical evidence

| Reference | Reason for exclusion |
|-----------------------------|--|
| Alhamad 2008 ¹³ | Analysis does not match protocol (univariable analysis only) |
| Arcasoy 2003 ²¹ | No relevant outcomes |
| Augusti 1994 ⁹ | No relevant outcomes |
| Battista 2003 ³⁰ | Non English language publication (Italian) |
| Best 2003 ³⁸ | No relevant outcomes |
| Boutou 2011 ⁴³ | No relevant outcomes |
| Campaignha ⁵⁴ | Abstract only (not a full paper) |
| Carbone 2010 ⁵⁵ | Analysis does not match protocol (univariable analysis only) |
| Chan 1997 ⁵⁹ | Population does not match protocol (cryptogenic fibrosing alveolitis) |
| Collard 2003 ⁷⁶ | No relevant outcomes |
| Corte 2009B ⁸² | Population does not match protocol (diffuse lung disease, not subdivided into IPF) |

| Reference | Reason for exclusion |
|------------------------------------|--|
| Corte 2010A ⁸¹ | Population does not match protocol (only 16/90 had IPF; analyses not presented for IPF separately) |
| Corte 2012 ⁸³ | Population does not match protocol (includes IIP considered as IPF, NSIP and indeterminate IIP; analyses not presented for IPF separately) |
| Dancer 2012 ⁹⁴ | Incorrect study design (non systematic review) |
| Devaraj 2009 ¹⁰⁷ | Abstract (not a full paper) |
| Doherty 1997 ¹⁰⁹ | Population does not match protocol (cryptogenic fibrosing alveolitis) |
| DuBois 2011 ¹¹⁹ | Analysis does not match protocol (univariable analysis only) |
| Du Bois 2012 ¹²⁰ | Incorrect study design (non systematic review) |
| Edey 2011 ¹²⁵ | Population does not match protocol (fibrotic IIP; analyses not presented for IPF separately) |
| Erbes 1997 ¹²⁸ | Study does not match protocol (pre 1994) |
| Fakharian 2010 ¹³⁰ | Abstract only (not a full paper) |
| Fasano 1999 ¹³¹ | Non English language publication (Italian) |
| Fell 2010 ¹³³ | No relevant outcomes |
| Fernandezperez 2010 ¹³⁶ | No relevant outcomes |
| Flaherty 2002 ¹⁴⁷ | Analysis does not match protocol (univariable analysis only) |
| Flaherty 2003 ¹⁴⁴ | Population does not match protocol (fibrotic IIP -UIP and NSIP not distinguished) |
| Flaherty 2003A ¹⁴⁶ | No relevant outcomes |
| Flaherty 2006 ¹⁵⁰ | No relevant outcomes |
| Fujimoto 2012 ¹⁵³ | Population does not match protocol (all IPF patients with acute exacerbation) |
| Gay 1998 ¹⁵⁸ | Analysis does not match protocol (univariable analysis only) |
| Harari 1997 ¹⁷³ | Study does not match protocol (pre 1994) |
| Holland 2008A ¹⁸² | Intervention does not match protocol (RCT looking at the effects of exercise training) |
| Holland 2010 ¹⁸¹ | Abstract (not a full paper) |
| Hubbard 1998 ¹⁹³ | Population does not match protocol (cryptogenic fibrosing alveolitis) |
| Huie 2011 ¹⁹⁴ | Abstract only (not a full paper) |
| Hwang 2011 ¹⁹⁶ | Population does not match protocol (IPF not specified) |
| Ichikado 2002 ¹⁹⁷ | Population does not match protocol (acute interstitial pneumonia) |
| Iwasawa 2008 ²⁰² | Non English language publication (Japanese) |
| Iwasawa 2009 ²⁰³ | Intervention does not match protocol (used the Gaussian histogram normalised correlation system to determine the extent of disease on CT images) |
| Jastrzebski 2005A ²¹² | Population and prognostic factor does not match protocol (all lung transplant referrals and left ventricular ejection fraction) |
| Jegal 2005 ²¹⁵ | Population does not match protocol (fibrotic IIP, UIP and NSIP not distinguished) |
| Jeong 2005 ²¹⁷ | Analysis does not match protocol (univariable analysis only) |
| Kaminsky 2007 ²²⁵ | No extractable data (No OR, RR or HR) |
| Kim 2010B ²³⁴ | Abstract only (not a full paper) |
| King 2001 ²⁴⁰ | No relevant outcomes |
| Kishaba 2012 ²⁴² | No relevant outcomes |
| Kurashima 2010 ²⁵⁷ | Abstract only (not a full paper) |
| Kawut 2005 ²²⁸ | Population does not match protocol (indirect population, 55% UIP only) |
| Lama 2003 ²⁵⁹ | No relevant outcomes |

| Reference | Reason for exclusion |
|-------------------------------|---|
| Laz 2011 ²⁶⁶ | Abstract only (not a full paper) |
| Lederer 2006 ²⁶⁷ | No relevant outcomes |
| Lettieri 2006 ²⁷⁴ | Intervention does not match protocol (right heart catheterisation to measure PAH) |
| Lettieri 2006A ²⁷⁵ | No relevant outcomes |
| Ley 2012 ²⁷⁹ | Intervention does not match protocol (development and validation of a staging system, data not presented for FVC in patient's with IPF alone) |
| Manali 2010 ²⁹⁷ | No relevant outcomes |
| Miller 2012 ³¹⁶ | Incorrect study design (non-systematic review) |
| Moloney 2003 ³²⁹ | Intervention does not match protocol (reliability of the SWT measuring functional capacity in patients with IPF) |
| Nadrous 2005 ³³³ | No relevant outcomes |
| Nadrous2005A ³³² | No relevant outcomes |
| Nagao 2002 ³³⁵ | Study does not match protocol (pre 1994) |
| Nathan 2007 ³³⁹ | No relevant outcomes |
| Nathan 2008A ³⁴¹ | No relevant outcomes |
| Nathan 2011A ³⁴⁰ | No relevant outcomes |
| Latsi 2003 ²⁶⁴ | No relevant outcomes and population does not match protocol (UIP versus NSIP) |
| Peelen 2010 ³⁷⁸ | Population does not match protocol (fibrotic IIP, UIP and NSIP not distinguished) |
| Riha 2002 ⁴⁰⁹ | No relevant outcomes and population does not match protocol (UIP versus NSIP) |
| Ryerson 2011 ⁴¹² | No relevant outcomes |
| Screaton 2005 ⁴²⁷ | Population does not match protocol (not IPF) |
| Shabbier 2012 | Intervention does not match protocol (sensitivity and specificity of HRCT scans, not the prognostic implications of HRCT features and patterns) |
| Shin 2008 ⁴³⁴ | Population does not match protocol (not IPF) |
| Sumikawa 2006 ⁴⁵³ | No relevant outcomes |
| Schwartz1994A ⁴²⁵ | No relevant outcomes |
| Schwartz1994B ⁴²⁶ | No relevant outcomes |
| Swigris 2010A ⁴⁶¹ | No relevant outcomes |
| Swigris 2009 ⁴⁶⁰ | No relevant outcomes |
| Valeyre 2010 ⁴⁸³ | Intervention does not match protocol (responsiveness to pharmacological treatment) |
| Xaubet 1998 ⁴⁹⁹ | No relevant outcomes |
| Yang 2009 ⁵⁰¹ | Non English language publication (Chinese) |
| Zisman 2007 ⁵¹² | No relevant outcomes |
| Zisman 2007A ⁵¹³ | Intervention does not match protocol (prediction of pulmonary hypertension) |
| Zompatori 2003 ⁵¹⁴ | No relevant outcomes |

1 **Excluded studies for the economic evidence:**

2 *No health economic literature assessing an intervention for a prognostic purpose in an IPF population*
3 *was identified. No studies were selectively excluded.*

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1 R.3 Pulmonary rehabilitation

2 **Table 154: Excluded studies for the clinical evidence**

| Reference | Reason for exclusion |
|---------------------------------|--|
| Bausewein2008C ³³ | Intervention and population do not match protocol (Cochrane review, no studies included had IPF/ILD people or used PR as an intervention) |
| Bevelaqua2011 ³⁹ | Population do not match protocol (ILD not specified) |
| Budweiser2006 ⁴⁹ | Population does not match protocol (restrictive lung disease doesn't analysis results for ILD/IPF separately) |
| Butcher2001 ⁵⁰ | Population does not match protocol (primarily COPD, 9/49 pulmonary fibrosis and were not analysed separately) |
| Cockcroft1981 ⁷² | Population does not match protocol (coal workers with pneumoconiosis and chronic obstructive airway disease) |
| Cockcroft1982 ⁷¹ | Population does not match protocol (people had coal workers pneumoconiosis and COPD) |
| Connor 2007 ⁷⁹ | Population does not match protocol (restrictive lung disease which includes ILD and thoracic skeletal abnormalities, ILD not analysed separately) |
| Dierich2010 ¹⁰⁸ | Population and outcomes do not match protocol (mixed ILD population and analyses of VC and 6MWT is not presented for IPF separately) |
| Ferreira 2000 ¹³⁹ | Population does not match protocol (COPD vs. non COPD, does not analyse results for IPF/ILD separately) |
| Fowler2011 ¹⁵¹ | Population and outcomes do not match protocol (ILD proportion of included population not specified and results for shuttle walk test not presented) |
| Ho2010 ¹⁷⁹ | Population does not match protocol (ILD not specified) |
| Holden 1990 ¹⁸⁰ | Population does not match protocol (not IPF) |
| Jastrzebski2007A ²¹³ | Intervention does not match protocol (inspiratory muscle training versus no inspiratory muscle training in isolation) |
| Jastrzebski2008 ²¹⁴ | Non-English language publication (Polish) |
| Kagaya 2009 ²²⁴ | Population does not match protocol (cannot determine proportion of people with IPF/ILD) |
| Kozu 2011B ²⁴⁹ | Intervention does not match protocol (effectiveness of PR programmes according to the severity of dyspnoea) |
| Lindell 2010 ²⁸² | Intervention does not match protocol (psychosocial support no PR is included; this paper has been included in the psychosocial support section of the guideline). |
| Marciniak2010 ³⁰⁰ | Intervention and population does not match protocol (weight management programme for people with obesity people and no further information provided on population) |
| Mittal 2011 ³²² | Population does not match protocol (did not analyse results for people with IPF/ILD people separately) |
| Ochmann2012 ³⁶² | Incorrect study design (non systematic review) |
| Rozanski2012 ⁴¹¹ | Population and outcomes do not match protocol (mixed ILD population post lung transplantation and analyses of 6MWT is not presented for IPF separately) |
| Salhi 2010 ⁴¹⁸ | Population does not match protocol (restrictive lung disease, 6/31 people had pulmonary fibrosis and results have not been analysed separately for IPF/ILD) |

| Reference | Reason for exclusion |
|--------------------------------|---|
| Verrill2008 ⁴⁸⁸ | Population does not match protocol (does not specify if people with IPF/ILD are included) |
| Verrill2008A ⁴⁸⁹ | Intervention does not match protocol (validating a prediction equation) |
| Warrington 2010 ⁴⁹² | Intervention does not match protocol (PR with and without oxygen) |

1 **Excluded studies for the economic evidence:**

2 *No relevant economic evaluations that assessed pulmonary rehabilitation in an IPF population were*
 3 *identified. No studies were selectively excluded.*

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5 **R.4 Best supportive care**

6 **Table 155: Excluded studies for the clinical evidence**

| Reference | Reason for exclusion |
|-------------------------------|--|
| Agarwal 2009 ⁷ | Not relevant to clinical question (review of ILD and sleep) |
| Alhamad 2009 ¹² | Population does not match protocol (sarcoidosis) |
| Allen 2005 ¹⁴ | Incorrect study design (not an intervention study) |
| Annane 2007 ¹⁷ | Population and intervention do not match protocol and intervention (no IPF/ILD and intervention is mechanical ventilation) |
| Aversa 1993 ²² | Population does not match protocol (only 6/73 pulmonary fibrosis; majority COPD) |
| Bailey 2010 ²⁶ | Incorrect study design (not an intervention study) |
| Bajwah 2012 ²⁸ | Incorrect study design (not an intervention study) |
| Barlo 2009 ²⁹ | Non English language publication (Dutch) |
| Baughman 2005 ³¹ | Population does not match protocol (sarcoidosis) |
| Baughman 2006A ³² | Population and intervention does not match protocol (infliximab therapy in sarcoidosis) |
| Bevelaqua 2011 ³⁹ | Population does not match protocol (end stage lung disease, ILD/IPF not specified) |
| Braghiroli 1993 ⁴⁴ | No relevant outcomes. (This study contains the protocol of a study which is included in Crockett 2001 ²² & Zielinski 2000 ⁸³) |
| Brown 2006 ⁴⁸ | Incorrect study design (not an intervention study) |
| Cerri 2012 ⁵⁷ | Incorrect study design (not an intervention study) |
| Chailleux 1996 ⁵⁸ | Does not match review question (not relevant to patient review or best supportive care) |
| Chang 1999 ⁶⁰ | Does not match review question (description of HRQoL) |
| Choi 2008 ⁶⁴ | Incorrect study design (dissertation) |
| Cima 2010 ⁶⁶ | Population does not match protocol (not IPF) |
| Clark 2001 ⁶⁸ | Does not match review question (descriptive study of prevalence of cough in IPF) |
| Coelho 2010 ⁷³ | Does not match review question (QOL in IPF and no intervention) |
| Corte 2009 ⁸⁰ | Does not match review question (mortality prediction by nocturnal desaturation) |
| Crockett 1991 ⁸⁹ | Population does not match protocol (majority COPD) |
| Currow 2008 ⁹² | Population does not match protocol and does not match review question (majority COPD) |
| Dayton 1993 ⁹⁷ | Does not match review question and study does not match protocol (pre-1994) |

| Reference | Reason for exclusion |
|---------------------------------|---|
| Dayton 1993 ⁹⁷ | Does not match review question (not relevant to patient review or best supportive care) |
| Douglas 2000 ¹¹¹ | Incorrect study design and does not match review question (observational study looking at prognostic factors) |
| Dubois 1999 ¹¹⁷ | Population does not match protocol (sarcoidosis) |
| Duck 2008 ¹²² | Incorrect study design (non-systematics review) |
| Duck 2009 ¹²³ | Incorrect study design (non-systematics review) |
| Eaton 2001 ¹²⁴ | Population does not match protocol (majority COPD) |
| Fasciolo 1994 ¹³² | Population does not match protocol (only 17/104 pulmonary fibrosis; majority COPD/ cancer) |
| Fakharian 2010 ¹³⁰ | Does not match review question (not best supportive care) |
| Harris-Eze 1994 ¹⁷⁴ | No relevant outcomes |
| Harris-Eze 1995 ¹⁷⁵ | No relevant outcomes |
| Hira 1997 ¹⁷⁷ | Incorrect study design (not an intervention study) |
| Hirst 2001 ¹⁷⁸ | Does not match review question (insomnia) |
| Ho 2010 ¹⁷⁹ | Population does not match protocol (restrictive lung disease, ILD/IPF not specified) |
| Hook 2012 ¹⁸⁷ | Does not match review question (not relevant to patient review or best supportive care) |
| Irwin 1998 ²⁰⁰ | Does not match review question (management of cough; not specific to IPF) |
| Janssen 2010 ²⁰⁸ | Incorrect study design and population does not match protocol (case series and majority COPD) |
| Janssens 1996 ²⁰⁹ | Comparison does not match protocol (comparative evaluation with COPD patients) |
| Jastrzebski 2005 ²¹¹ | Does not match review question (QOL in patients awaiting lung transplantation) |
| Johnson 1989 ²¹⁹ | Does not match review question and study does not match protocol (pharmacological study, pre-1994) |
| Judson 2006 ²²¹ | Population does not match protocol (sarcoidosis) |
| Kagan 1976 ²²³ | Population does not match protocol (not IPF/ILD) |
| Kastelik 2005 ²²⁶ | Does not match review question (chronic cough; not specific to IPF) |
| Krishnan 2008 ²⁵³ | Does not match review question (sleep quality and HRQoL description only) |
| Kumar 2010 ²⁵⁶ | Incorrect study design and population does not match protocol (not an intervention study and not IPF) |
| Kyeong 1999 ²⁵⁸ | Non English language publication (Korean) |
| Lamas 2011 ²⁶¹ | Does not match review question (delay in initial assessment) |
| Lancaster 2009 ²⁶² | Incorrect study design (descriptive study only, no intervention) |
| Lindell 2007 ²⁸⁰ | Incorrect study design (no intervention) |
| Louly 2009 ²⁸⁵ | Incorrect study design (case study) |
| Lower 2008 ²⁸⁶ | Population does not match protocol (sarcoidosis) |
| Mahler 1989 ²⁹⁶ | Population does not match protocol (ILD population only) |
| Martinez 2000 ³⁰³ | Does not match review question (evaluation of SF36 in IPF) |
| Martinez 2005 ³⁰² | Does not match review question (clinical course of IPF) |
| Masjedi 2010 ³⁰⁴ | Incorrect study design (no intervention) |
| Mermigkis 2009 ³¹² | Incorrect study design (observational study, no intervention) |
| Milman 1994A ³¹⁹ | Population does not match protocol (sarcoidosis) |
| Papiris 2005 ³⁷⁵ | Incorrect study design (descriptive study only, no intervention) |
| Polosa 2002 ³⁸² | Does not match review question (X |

| Reference | Reason for exclusion |
|--------------------------------|---|
| Polonski 1994 ³⁸¹ | No relevant outcomes |
| Rank 2007 ⁴⁰⁴ | Incorrect study design (no intervention) |
| Ryerson 2011 ⁴¹² | Does not match review question (prognostic study of cough) |
| Ryerson 2012 ⁴¹⁴ | Incorrect study design (no intervention) |
| Ryerson 2012A ⁴¹³ | Systematic review- all relevant papers have been included in the guideline |
| Saydain 2002 ⁴²¹ | Incorrect study design (descriptive study only, no intervention) |
| Sharifabad 2010 ⁴³² | Population does not match protocol (chronic lung disease, IPF not specified) |
| Shulgina 2011 ⁴³⁷ | Does not match review question (not relevant to patient review or best supportive care) |
| Simon2012 ⁴⁴¹ | Population does not match protocol (not IPF) |
| Sundar 2010 ⁴⁵⁴ | Does not match review question (prevalence of cough in conditions other than IPF) |
| Swigris 2005A ⁴⁶⁴ | Does not match review question (background to IPF QoL tools) |
| Swigris 2005B ⁴⁵⁹ | Does not match review question (not relevant to patient review or best supportive care) |
| Swigris 2011 ⁴⁶³ | Does not match review question (not relevant to patient review or best supportive care) |
| Troy 2012 ⁴⁷⁷ | Does not match review question (sleep disordered breathing in IPF) |
| Wee 2011 ⁴⁹⁴ | Population does not match protocol (no ILD /IPF populations included in any of the studies included in this review) |
| Xaubet 2001 ⁴⁹⁸ | Does not match review question (delay in initial assessment) |

1 **Table 156: Excluded studies for the economic evidence**

| Reference | Reason for exclusion |
|---|---|
| M. Neri, L. Fedi, A. Spanevello, G. Mazzucchelli, M. Grandi, M. Ambrosetti, S. Conti, and G. B. Migliori. Savings obtained using an oxygen economizer device: a cost-minimization analysis. <i>Monaldi Archives for Chest Disease</i> 54 (4):311-314, 1999. | This cost minimisation analysis evaluates the use of oxygen minimiser device in the administration of liquid oxygen. This study was selectively excluded on not assessing a relevant population (Only 4 of 29 patients in the sample had restrictive lung disease). |

2

3 **R.5 Psychosocial support**

4 **Table 157: Studies excluded from the clinical review**

| Reference | Reason for exclusion |
|----------------------------|--|
| Anon 2005 ² | Does not match review question (patient information on a clinical trial) |
| Bajwah 2011 ²⁷ | Poster presentation only (not a full paper) |
| Blake 1990 ⁴⁰ | Population does not match protocol (chronic lung disease, IPF not specified) |
| Carroll 1999 ⁵⁶ | Incorrect study design (no intervention) |
| Coffman 2002 ⁷⁴ | Does not match review question (review of psychiatric issues and pulmonary disease, no intervention) |
| Cox 2004 ⁸⁸ | Population does not match protocol (no ILD/ IPF patients) |
| Daniels 2006 ⁹⁵ | Intervention does not match protocol (review of management of patients with IPF) |
| Drent 1998 ¹¹³ | Population does not match protocol (sarcoidosis) |

| Reference | Reason for exclusion |
|---------------------------------|---|
| Dressel 2007 ¹¹⁴ | Population does not match protocol (no ILD/ IPF patients) |
| Duck 2008 ¹²² | Intervention does not match protocol (review of management of patients with IPF) |
| Duck 2009 ¹²³ | Intervention does not match protocol (review of management of patients with IPF) |
| Egan 2011 ¹²⁶ | Intervention does not match protocol (review of management of patients with IPF) |
| Holden 1990 ¹⁸⁰ | Population does not match protocol (no ILD/ IPF patients) |
| Jain 2009 ²⁰⁶ | Does not match review question (review of psychiatric issues and pulmonary disease, no intervention) |
| Killin 2010 ²³² | Poster presentation only (not a full paper) |
| Krishnan 2008 ²⁵³ | Does not match review question (sleep quality and HRQoL description only, no intervention) |
| Lee 2011 ²⁶⁹ | Intervention does not match protocol (review of management of patients with IPF) |
| Lindell 2007 ²⁸⁰ | Study included in Lindell 2010 ²⁸³ |
| Michaelson 2000 ³¹⁵ | Intervention does not match protocol (review of management of patients with IPF) |
| Ong 2001 ³⁶⁵ | Population does not match protocol (majority COPD) |
| Prendergast 2002 ³⁸⁶ | Incorrect study design (no intervention, case studies) |
| Pruitt 2008 ³⁸⁷ | Does not match review question (overview of restrictive lung diseases) |
| Quill 2000 ³⁹⁰ | Incorrect study design (no intervention, case studies) |
| Ryerson 2011 ⁴¹² | Does not match review question (study looking at the association between dyspnea and depression) |
| Shanmugam 2007 ⁴³¹ | Does not match review question (overview of psychiatric consideration in pulmonary diseases) |
| Shiple 2009 ⁴³⁵ | Does not match review question (study to examine the use of a screening test to identify depression in an ILD population) |
| Swigris 2005 ⁴⁶⁵ | Does not match review question (validation study of SF-36 for measuring HRQoL) |
| Swigris 2005A ⁴⁶⁴ | Does not match review question (background to IPF QoL tools) |
| Swigris 2005B ⁴⁵⁹ | Does not match review question (not relevant to psychosocial support) |
| Tomioka 2007 ⁴⁷³ | Does not match review question (study developing a HRQoL instrument) |
| Verrill 2008 ⁴⁸⁸ | Population does not match protocol (majority COPD) |
| Yeager 2005 ⁵⁰² | Population does not match protocol (sarcoidosis) |

1

2 R.6 Pharmacological interventions

3

Table 158: Excluded studies for the clinical evidence

| Reference | Reason for exclusion |
|------------------------------|---|
| Actelion 2004 ⁶ | Abstract only (original paper has been considered King 2008A ²³⁶) |
| Antoniou 2008A ¹⁸ | Abstract only (original paper has been considered King 2008A ²³⁶) |
| Behr 2002 ³⁴ | Incorrect study design and no relevant outcomes (study not randomised) |
| Brown 2008 ⁴⁷ | Commentary on King 2008A ²³⁶ |
| Collard 2007 ⁷⁵ | Incorrect study design (not RCT) |
| Costabel 2011 ⁸⁴ | Non-English language publication (German) |
| Du Bois 2006 ¹¹⁶ | Abstract for King 2008A ²³⁶ |
| Flaherty 2004 ¹⁴⁵ | Intervention does not match protocol (zileuton) |
| Han 2011 ¹⁷¹ | Population does not match protocol (pulmonary hypertension) |

| Reference | Reason for exclusion |
|----------------------------------|---|
| Homma 2010 ¹⁸⁵ | Abstract of study already in file ¹⁸⁶ |
| Jackson 2009 ²⁰⁵ | Abstract of study already in file (Jackson 2010 ²⁰⁴) |
| King 2006 ²³⁷ | Abstract for King 2008A ²³⁶ |
| King 2008 ²³⁵ | Incorrect study design (discussion paper) |
| King 2010 ²³⁸ | Abstract for King 2011 ²³⁹ |
| Lavender 2011 ²⁶⁵ | Editorial of trial already included in guideline |
| Meiersydow 1979 ³⁰⁸ | Non-English language publication (German) |
| Miyazaki1y 2011 ³²³ | Intervention does not match protocol (cyclosporine A versus cyclophosphamide with corticosteroid) |
| Nagai 2008 ³³⁴ | Incorrect study design (non-systematic review) |
| Nathan 2006 ³³⁸ | Incorrect study design (non-systematic review) |
| Newman 2011A ³⁴⁸ | Does not match review question (assessment of whether thiopurine methyltransferase genotyping prior to azathioprine reduces adverse drug reactions) |
| Nicholson 2007 ³⁵² | Subset of King 2008 ²³⁵ |
| O'Connell 2011 ³⁶⁰ | Incorrect study design (non-systematic review) |
| Papali 2010 ³⁷⁴ | Incorrect study design (non-RCT) |
| Raghu 2006 ³⁹⁵ | Abstract for King 2008A ²³⁶ |
| Raghu 2008 ³⁹⁶ | Intervention does not match protocol (etanercept) |
| Raghu 2010 ³⁹⁹ | Subset of King 2008 ²³⁵ |
| Richeldi 2012 ⁴⁰⁷ | Incorrect study design (non-systematic review) |
| Roig2010 ⁴¹⁰ | Non-English language publication (Spanish) |
| Ryerson 2012 ⁴¹⁴ | Incorrect study design (not RCT) |
| Scriabine 2009 ⁴²⁸ | Incorrect study design (Not RCT) |
| Stolagiewicz 2012 ⁴⁴⁸ | Incorrect study design (Cochrane protocol) |
| Swigris 2008 ⁴⁵⁸ | Incorrect study design (Not RCT) |
| Tomioka 2003 ⁴⁷² | Abstract of Tomioka 2005 ⁴⁷⁴ |
| Tzouvelekis 2011 ⁴⁸¹ | Incorrect study design (retrospective cohort) |
| Varney 2008 ⁴⁸⁵ | Population does not match protocol (IPF patients not analysed separately) |
| Velluti 2000 ⁴⁸⁷ | No relevant outcomes |
| Walter 2006 ⁴⁹¹ | Incorrect study design (non-systematic review) |
| Zisman 2010A ⁵¹⁰ | Abstract of study already in file ⁵¹¹ |

1 **Excluded studies for the economic evidence:**

2 *No studies were selectively excluded.*

3

4 **R.7 Lung transplantation**

5 **Table 159: Excluded studies for the clinical evidence**

| Reference | Reason for exclusion |
|-----------------------------|---|
| Caminati 2010 ⁵³ | Incorrect study design and does not match review question (non-systematic review on the diagnosis and prognosis of IPF) |
| Costache 2009 ⁸⁵ | Intervention does not match protocol and the population does not match |

| Reference | Reason for exclusion |
|----------------------------------|--|
| | protocol (study does not look at referral times/severity level of disease and results for IPF not separated) |
| Daniels 2006 ⁹⁵ | Incorrect study design (non-systematic review) |
| Davis 1994 ⁹⁶ | Intervention does not match protocol (investigates the results after lung transplantation) |
| Demeester 2001 ⁹⁸ | Intervention does not match protocol and population does not match protocol (life expectancy and lung transplant effect and results for IPF not separated) |
| Deoliveira 2012a ¹⁰⁰ | Intervention does not match protocol (effectiveness of type of lung transplant, single versus bilateral) |
| Deoliveira 2012b ⁹⁹ | Intervention and population do not match the protocol (ILD population with no stratification for IPF, outcomes of patients who underwent single lung and bilateral LTX) |
| Egan 1991 ¹²⁷ | Intervention does not match protocol (analyses referrals to a single centre for lung transplantation) |
| Feltrim 2008 ¹³⁴ | Intervention does not match protocol (QoL of patients on lung transplantation waiting list) |
| Fioret 2011 ¹⁴¹ | Incorrect study design (non-systematic review on the management of IPF) |
| Genao 2012 ¹⁵⁹ | Intervention does not match protocol (trajectory of function after lung transplantation in old and young recipients in the post lung allocation score era and abstract only) |
| George 2011 ¹⁶⁰ | Intervention does not match protocol (no information on stage or timing of referral) |
| Gottlieb 2012 ¹⁶⁴ | Intervention does not match protocol (outcomes of ventilated transplant patients and the results aren't separated out for IPF patients) |
| Gomez 2003 ¹⁶² | Population does not match protocol (does not specify IPF) |
| Hayden 1993 ¹⁷⁶ | Population does not match protocol (does not analyse IPF patients separately) |
| Jastrzebski 2005 ²¹¹ | Intervention does not match protocol (QoL of patients on a lung transplantation waiting list) |
| Jastrzebski 2005a ²¹² | Population does not match protocol (does not analyse IPF patients separately) |
| Keating 2009 ²³⁰ | Intervention does not match protocol (no mention of timing of referral) |
| King 2001 ²⁴⁰ | Intervention does not match protocol (prognostic study looking at survival in IPF patients) |
| Klooster 2011 ²⁴³ | Abstract only (not a full paper) |
| Kozower 2008 ²⁴⁸ | Intervention does not match protocol (survival of IPF patients is not captured pre and post LAS implementation) |
| Lalaatsp 1998 ¹ | Guideline: all relevant papers have already been included/considered |
| Lamas 2011 ²⁶¹ | Intervention does not match protocol (referral time to sub-speciality care not specifically LTX referral) |
| Lamas 2011a ²⁶⁰ | Abstract only (full paper assessed LAMAS 2011 ²⁶¹) |
| Langer 2012 ²⁶³ | Intervention does not match protocol (investigates the level of activity in patients who are candidates for lung transplantation) |
| Lederer 2006 ²⁶⁷ | Intervention does not match protocol (does not look at referral times/severity level of disease) |
| Levvey 2009 ²⁷⁸ | Abstract only (not a full paper) |
| Ley 2011 ²⁶¹ | Intervention does not match protocol (development of a staging system) |
| Lingaraju 2006 ²⁸⁴ | Intervention does not match protocol (survival of IPF patients is not captured pre and post LAS implementation) |

| Reference | Reason for exclusion |
|----------------------------------|---|
| Lutogniewska 2010 ²⁸⁸ | Intervention does not match protocol (QoL and dyspnoea in patients referred for lung transplantation) |
| Mackay 2007 ²⁹¹ | Population does not match protocol (does not analyse IPF patients separately) |
| Mahida 2012 ²⁹⁵ | Incorrect study design (non-systematic review) |
| Mansour 2011 ²⁹⁹ | Abstract only and intervention does not match protocol (difference in outcomes for lung transplantation in patients with IPF who had an acute exacerbation) |
| Martinez 2005 ³⁰² | Intervention does not match protocol (clinical course of IPF patients, no mention of referral times) |
| Mason 2007 ³⁰⁵ | Intervention does not match protocol does (compares survival of IPF patients versus non IPF receiving lung transplantation) |
| Merlo 2009 ³¹¹ | Intervention does not match protocol (of IPF patients is not captured pre and post LAS implementation) |
| Nathan 2005b ³³⁷ | Incorrect study design (non-systematic review) |
| Obeirne 2010 ³⁵⁹ | Incorrect study design (non-systematic review) |
| Orens 2006 ³⁶⁸ | Guideline: all relevant papers have already been included/considered |
| Osaki 2009 ³⁷⁰ | Abstract only and population does not match protocol (does not analyse IPF patients) |
| Osaki 2010 ³⁶⁹ | Population does not match protocol (does not analyse IPF patients separately) |
| Reed 2006 ⁴⁰⁵ | Intervention does not match protocol (does not analyse IPF patients separately) |
| Santana 2009 ⁴¹⁹ | Intervention does not match protocol (improvements in QOL after transplantation) |
| Shitrit 2009 ⁴³⁶ | Intervention does not match protocol (study on the 15-step oximetry test) |
| Stavem 2000 ⁴⁴⁶ | Intervention does not match protocol (QoL of patients on lung transplantation waiting list and recipients) |
| Studer 2000 ⁴⁴⁹ | Incorrect study design (non-systematic review) |
| Thabut 2003 ⁴⁶⁷ | Intervention does not match protocol (survival benefits of lung transplantation) |
| Titman 2009 ⁴⁷⁰ | P population does not match protocol (diffuse parenchymal lung disease, doesn't specify IPF) |
| Tuppin 2008 ⁴⁷⁸ | Population does not match protocol (does not analyse IPF patients separately) |
| Whelan 2005 ⁴⁹⁶ | Does not match review question (prognostic value of pulmonary artery pressure) |

1 **Table 160: Excluded studies for the economic evidence**

| Reference | Reason for exclusion |
|---|---|
| S. D. Ramsey, D. L. Patrick, R. K. Albert, E. B. Larson, D. E. Wood, and G. Raghu. The cost-effectiveness of lung transplantation: a pilot study. Anonymous. Anonymous. Chest 108(6):1594-1601, 1995. | Within trial CUA from USA Medicare perspective based on case findings. Excluded due to a low proportion of the sample having IPF (n=5/26) |

2

3 **R.8 Ventilation**

4 **Table 161: Excluded studies for the clinical evidence**

| Reference | Reason for exclusion |
|----------------------------|--|
| Altinoz 2010 ¹⁵ | Non-English language publication (Turkish) |

| Reference | Reason for exclusion |
|--------------------------------|--|
| Blancal 2010 ⁴¹ | Abstract only and intervention does not match the protocol (studies the clinical feature and prognostic factors of acute exacerbation of IPF) |
| Claudett 2010 ⁶⁹ | Intervention does not match protocol (protocol used for NIMV) |
| Fernandez 2008 ¹³⁷ | Intervention does not match protocol (setting for MV) |
| Fumeaux 2003 ¹⁵⁵ | Non-English language publication (French) |
| Gottlieb 2010 ¹⁶³ | Abstract only (the original paper Gottlieb 2012 ¹¹ has been considered) |
| Gottlieb 2012 ¹⁶⁴ | Population and intervention does not match protocol (analysis of prognostic markers of ventilated patients who are lung transplantation candidates and IPF not separated in the analysis) |
| Howard 2009 ¹⁹¹ | Abstract only and intervention does not match protocol (overview of NIMV and its effectiveness in a range of conditions) |
| Iotti 2010 ¹⁹⁹ | Population and intervention does not match protocol, the study does not specify if IPF patients are present in the sample. And the Intervention does not match protocol the study compares two different types of MV |
| Jin 2008 ²¹⁸ | Non-English language publication (Korean). |
| Koschel 2010 ²⁴⁷ | Population and intervention does not match protocol (IPF not separated and study looks at the acute effects of NIMV) |
| Lunt 2011 ²⁸⁷ | Abstract only and population does not match protocol (ILD, n=1) |
| Moderno 2010 ³²⁴ | Intervention does not match protocol (effects of NIMV on exercise performance) |
| Mollica 2008 ³²⁷ | Incorrect study design (non-systematic review) |
| Niwa 2010 ³⁵⁴ | Abstract only and population does not match protocol (acute respiratory distress syndrome) |
| Niwa 2011 ³⁵⁵ | Intervention does not match protocol (safety of a new ventilation system in patients with interstitial pneumonia) |
| Pandey 2011 ³⁷³ | Population and intervention does not match protocol (ILD, n=1 and benefits of NIMV) |
| Rai 2004 ⁴⁰¹ | Population does not match protocol (ILD, n=2) |
| Rangappa 2009 ⁴⁰³ | Intervention does not match protocol (outcomes of IPF patients admitted to ICU) |
| Ryerson 2012 ⁴¹⁴ | Systematic review (all relevant papers have already been included/considered) |
| Sakamoto 2011 ⁴¹⁷ | Intervention does not match protocol (incidence of acute exacerbation after lung transplantation) |
| Schönhofer 1997 ⁴²⁴ | Intervention does not match protocol (use of MV during the day versus the night) |
| Su 2010 ⁴⁵⁰ | Non-English language publication (Chinese) |
| Suh 2006 ⁴⁵¹ | Population does not match protocol (interstitial pneumonia) |
| Tomii 2010 ⁴⁷¹ | Population does not match protocol (interstitial pneumonia) |
| Yokoyama 2011 ⁵⁰⁴ | Abstract only and intervention and population do not match the protocol (effect of early NIMV in acute exacerbation of interstitial pneumonia) |
| Yokoyama 2012 ⁵⁰⁵ | Population does not match protocol (interstitial pneumonia) |

1 **Excluded studies for the economic evidence:**

2 *No relevant economic evaluations comparing invasive and non-invasive ventilation strategies were*
3 *identified. No studies were selectively excluded.*

4

1 Patient review and follow-up

2 Table 162: Excluded studies for the clinical evidence

| Reference | Reason for exclusion |
|--------------------------------|---|
| Agarwal 2009 ⁷ | Does not match review question (review of ILD and sleep) |
| Alhamad2009 ¹² | Population does not match protocol (sarcoidosis) |
| Allen 2005 ¹⁴ | Incorrect study design (not an intervention study) |
| Annane 2007 ¹⁷ | Incorrect population, no IPF/ILD and intervention is mechanical ventilation |
| Aversa 1993 ²² | Incorrect population, only 6/73 pulmonary fibrosis; majority COPD |
| Bailey 2010 ²⁶ | Incorrect study design (not an intervention study) |
| Bajwah 2012 ²⁸ | Incorrect study design (not an intervention study) |
| Barlo 2009 ²⁹ | Non English language publication (Dutch) |
| Baughman 2005 ³¹ | Population does not match protocol (sarcoidosis) |
| Baughman 2006A ³² | Population and intervention does not match protocol (infliximab therapy in sarcoidosis) |
| Bevelaqua 2011 ³⁹ | Does not match review question (not relevant to patient review or best supportive care) |
| Brown 2006 ⁴⁸ | Incorrect study design (not an intervention study) |
| Cerri 2012 ⁵⁷ | Incorrect study design (not an intervention study) |
| Chailleux 1996 ⁵⁸ | Does not match review question (not relevant to patient review or best supportive care) |
| Chang 1999 ⁶⁰ | Does not match review question (description of HRQoL) |
| Choi 2008 ⁶⁴ | Incorrect study design (dissertation) |
| Cima 2010 ⁶⁶ | Incorrect population, not IPF |
| Clark 2001 ⁶⁸ | Does not match review question (descriptive study of prevalence of cough in IPF) |
| Coelho 2010 ⁷³ | Does not match review question (QoL in IPF) |
| Corte 2009 ⁸⁰ | Does not match review question (mortality prediction by nocturnal desaturation) |
| Crockett 1991 ⁸⁹ | Population does not match protocol (majority COPD) |
| Crockett 2001 ⁹⁰ | Does not match review question (not relevant to patient review or best supportive care) |
| Currow 2008 ⁹² | Population does not match protocol (majority COPD) |
| Currow 2011 ⁹¹ | Does not match review question (not relevant to patient review or best supportive care) |
| Dayton 1993 ⁹⁷ | Study does not match protocol (pre 1994) |
| Dayton 1993 ⁹⁷ | Does not match review question (not relevant to patient review or best supportive care) |
| Douglas 2000 ¹¹¹ | Does not match review question (not relevant to patient review or best supportive care) |
| Dubois1999 ¹¹⁷ | Population does not match protocol (sarcoidosis) |
| Duck 2008 ¹²² | Incorrect study design (not an intervention study) |
| Duck 2009 ¹²³ | Incorrect study design (not an intervention study) |
| Eaton 2001 ¹²⁴ | Population does not match protocol (majority COPD) |
| Fakharian 2010 ¹³⁰ | Abstract only (not a full paper) |
| Fasciolo1994 ¹³² | Population does not match protocol (majority COPD and cancer) |
| Harris-Eze 1994 ¹⁷⁴ | No relevant outcomes |
| Harris-Eze 1995 ¹⁷⁵ | No relevant outcomes |

| Reference | Reason for exclusion |
|---------------------------------|---|
| Hira 1997 ¹⁷⁷ | Incorrect study design (not an intervention study) |
| Hirst 2001 ¹⁷⁸ | Does not match review question (insomnia) |
| Ho 2010 ¹⁷⁹ | Does not match review question (not relevant to patient review or best supportive care) |
| Hook 2012 ¹⁸⁷ | Does not match review question (not relevant to patient review or best supportive care) |
| Hope-Gill 2003 ¹⁸⁸ | Does not match review question (not relevant to patient review or best supportive care) |
| Horton 2008 ¹⁸⁹ | Incorrect study design (letter) |
| Irwin 1998 ²⁰⁰ | Does not match review question (management of cough, not specific to IPF) |
| Janssen 2010 ²⁰⁸ | Population does not match protocol (majority COPD) |
| Janssens 1996 ²⁰⁹ | Comparison does not match protocol (comparative evaluation with COPD patients) |
| Jastrzebski 2005 ²¹¹ | Does not match review question (QoL in patients awaiting lung transplantation) |
| Johnson 1989 ²¹⁹ | Study and intervention does not match protocol (pre-1994 and a pharmacological study) |
| Judson 2006 ²²¹ | Population does not match protocol (sarcoidosis) |
| Kagan 1976 ²²³ | Population does not match protocol (no IPF/ILD) |
| Kastelik 2005 ²²⁶ | Intervention does not match protocol (chronic cough not specific to IPF) |
| Krishnan 2008 ²⁵³ | Does not match review question (sleep quality and HRQoL description only) |
| Kumar 2010 ²⁵⁶ | Incorrect study design and population does not match protocol (not an intervention study and not IPF) |
| Kyeong 1999 ²⁵⁸ | Non English language publication (Korean) |
| Lamas 2011 ²⁶¹ | Intervention does not match protocol (delay in initial assessment) |
| Lancaster 2009 ²⁶² | Incorrect study design (not an intervention study) |
| Lindell 2007 ²⁸⁰ | Incorrect study design (not an intervention study) |
| Lindell 2007A ²⁸¹ | Abstract only (not a full paper) |
| Louly 2009 ²⁸⁵ | Incorrect study design (case study) |
| Lower 2008 ²⁸⁶ | Population does not match protocol (sarcoidosis) |
| Mahler 1989 ²⁹⁶ | Study and population does not match protocol (pre-1994 and ILD only) |
| Martinez 2000 ³⁰³ | Intervention does not match protocol (evaluation of SF36 in IPF) |
| Martinez 2005 ³⁰² | Does not match review question (paper outlining clinical course of IPF) |
| Masjedi 2010 ³⁰⁴ | Incorrect study design (not an intervention study) |
| Mermigkis 2009 ³¹² | Incorrect study design (not an intervention study) |
| Milman1994A ³¹⁹ | Population does not match protocol (sarcoidosis) |
| Papiris 2005 ³⁷⁵ | Incorrect study design (not an intervention study) |
| Polonski 1994 ³⁸¹ | Abstract only (not a full paper) |
| Polosa 2002 ³⁸² | See Cochrane review using Harris-Eze 1995 ¹⁷⁵ |
| Rank 2007 ⁴⁰⁴ | Incorrect study design (not an intervention study) |
| Ryerson 2011 ⁴¹² | Does not match review question (prognostic study of cough) |
| Ryerson 2012 ⁴¹⁴ | Incorrect study design (not an intervention study) |
| Ryerson 2012A ⁴¹³ | No extra papers found to include from review |
| Saini 2011 ⁴¹⁶ | Abstract only (not a full paper) |
| Saydain 2003 ⁴²¹ | Incorrect study design (not an intervention study) |

| Reference | Reason for exclusion |
|--------------------------------|---|
| Sharifabad 2010 ⁴³² | Population does not match protocol (majority COPD) |
| Shulgina 2011 ⁴³⁷ | Does not match review question (not relevant to patient review or best supportive care) |
| Simon 2010 ⁴⁴¹ | Population does not match protocol (not IPF) |
| Sundar 2010 ⁴⁵⁴ | Does not match review question (prevalence of cough in conditions other than IPF) |
| Swigris 2005A ⁴⁶⁴ | Does not match review question (background to IPF QoL tools) |
| Swigris 2005B ⁴⁵⁹ | Does not match review question (not relevant to patient review or best supportive care) |
| Swigris 2011 ⁴⁶³ | Does not match review question (not relevant to patient review or best supportive care) |
| Swinburn 1991 ⁴⁶⁶ | Does not match review question (effect of O2 on ILD) |
| Troy 2012 ⁴⁷⁷ | Does not match review question (sleep disordered breathing in IPF) |
| Xaubet 2001 ⁴⁹⁸ | Does not match review question (delay in initial assessment) |
| Zielinski 2000 ⁵⁰⁸ | See Crockett Cochrane review ⁸⁹ |

1

2

Excluded studies for the economic evidence:

3

No relevant economic evaluations comparing different review and monitoring strategies were identified. No studies were selectively excluded.

4

5

6

Appendix S: Reference list

7

- 8 1 International guidelines for the selection of lung transplant candidates. The American Society for
9 Transplant Physicians (ASTP)/American Thoracic Society(ATS)/European Respiratory
10 Society(ERS)/International Society for Heart and Lung Transplantation(ISHLT). American Journal
11 of Respiratory and Critical Care Medicine. 1998; 158(1):335-339. (*Guideline Ref ID*
12 *LALAATSP1998*)
- 13 2 Summaries for patients. What is the natural course of idiopathic pulmonary fibrosis? Annals of
14 Internal Medicine. 2005; 142(12 Pt 1):123. (*Guideline Ref ID ANON2005*)
- 15 3 British National Formulary. 59 edition. London: BMJ Group Pharmaceutical Press; 2010. Available
16 from: <http://bnf.org/bnf/bnf/current/index.htm> (*Guideline Ref ID BNF2010*)
- 17 4 6MWD and Risk of Mortality in IPF. 2012 (*Guideline Ref ID DUBOIS2012A*)
- 18 5 Aalokken TM, Naalsund A, Mynarek G, Berstad AE, Solberg S, Strom EH et al. Diagnostic accuracy
19 of computed tomography and histopathology in the diagnosis of usual interstitial pneumonia.
20 Acta Radiologica. 2012; 53(3):296-302. (*Guideline Ref ID AALOKKEN2012*)
- 21 6 Actelion. Efficacy and safety of oral bosentan in patients with idiopathic pulmonary fibrosis.
22 Clinicaltrials Gov. 2004. (*Guideline Ref ID ACTELION2004A*)

- 1 7 Agarwal S, Richardson B, Krishnan V, Schneider H, Collop NA, Danoff SK. Interstitial lung disease
2 and sleep: What is known? *Sleep Medicine*. 2009; 10(9):947-951. (Guideline Ref ID
3 AGARWAL2009)
- 4 8 Agostini C, Albera C, Bariffi F, De Palma M, Harari S, Lusuardi M et al. First report of the Italian
5 register for diffuse infiltrative lung disorders (RIPID). *Monaldi Archives for Chest Disease -
6 Pulmonary Series*. 2001; 56(4):364-368. (Guideline Ref ID AGOSTINI2001)
- 7 9 Agusti C, Xaubet A, Agusti AG, Roca J, Ramirez J, Rodriguez-Roisin R. Clinical and functional
8 assessment of patients with idiopathic pulmonary fibrosis: results of a 3 year follow-up.
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- 10 10 Al Moamary MS. Impact of a pulmonary rehabilitation programme on respiratory parameters
11 and health care utilization in patients with chronic lung diseases other than COPD. *Eastern
12 Mediterranean Health Journal*. 2012; 18(2):120-126. (Guideline Ref ID ALMOAMARY2012)
- 13 11 Al-Hameed FM, Sharma S. Outcome of patients admitted to the intensive care unit for acute
14 exacerbation of idiopathic pulmonary fibrosis. *Canadian Respiratory Journal*. 2004; 11(2):117-
15 122. (Guideline Ref ID ALHAMEED2004)
- 16 12 Alhamad EH. The six-minute walk test in patients with pulmonary sarcoidosis. *Annals of Thoracic
17 Medicine*. 2009; 4(2):60-64. (Guideline Ref ID ALHAMAD2009)
- 18 13 Alhamad EH, Masood M, Shaik SA, Arafah M. Clinical and functional outcomes in Middle Eastern
19 patients with idiopathic pulmonary fibrosis. *Clinical Respiratory Journal*. 2008; 2(4):220-226.
20 (Guideline Ref ID ALHAMAD2008)
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