

## Psychosis & Schizophrenia in Adults Guideline Development Group Meeting

**Date and Time:** Wednesday 12 September 2012, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
6<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**  
Elizabeth Kuipers (EK)  
Tim Kendall (TK)  
Max Birchwood (MB)  
Debbie Green (DG)  
Zaffer Iqbal (ZI)  
Sonia Johnson (SJ)  
Tom Lochhead (TL)  
Max Marshall (MM)  
Jonathan Mitchell (JM)  
Tony Morrison (TM)  
David Shiers (DS)  
Clive Travis (CT)  
Norman Young (NY)  
Peter Woodhams (PW)

**Experts**  
Victoria Bird

**In attendance:**  
NCCMH Staff: Amina Udechuku (AU)  
Nadir Cheema (NC)  
Bronwyn Harrison (BH)  
Maryla Moulin (MaM)

NICE staff: None

Observers: None

## Notes

1. EK welcomed the group. Apologies were received from Caroline Keir and Sonia Johnson for the morning and Rachel Waddingham for the day.
2. All members declared any new interests.
3. The minutes from the previous meeting were agreed as a true and accurate record with some minor amendments.
4. No specific service user and carer concerns were raised.
5. Victoria Bird presented the early intervention services methodology and analysis from the schizophrenia 2009 update followed by the updated 2011 analysis.
6. VB gave a presentation on the key characteristics of mental health teams.
7. NC presented the health economics evidence on early interventions.
8. AU provided a clinical evidence review on vocational rehabilitation.
9. NC presented health economic evidence on vocational rehabilitation.
10. AU presented the review conducted for self-management.
11. AU presented the clinical evidence on behavioural interventions to promote diet and exercise.
12. BH presented a summary of the data reviewed at the last GDG on peer support and self management.
13. The meeting came to a close, the chair thanked the GDG for their participation.
14. Next Meeting: 10.30am-4pm, 30 October 2012.