

## Psychosis & Schizophrenia in Adults Guideline Development Group Meeting

**Date and Time:** Tuesday 30 October 2012, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
6<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**  
Elizabeth Kuipers (EK)  
Tim Kendall (TK)  
Max Birchwood (MB)  
Debbie Green (DG)  
Jonathan Mitchell (JM)  
David Shiers (DS)  
Clive Travis (CT)  
Norman Young (NY)  
Peter Woodhams (PW)  
Rachel Waddingham (RW)

**Experts**  
Daniel Tsoi

**In attendance:**  
NCCMH Staff: Amina Udechuku (AU)  
Nadir Cheema (NC)  
Bronwyn Harrison (BH)  
Maryla Moulin (MaM)

NICE staff Caroline Keir (CK)

Observers: None

## Notes

1. EK welcomed Daniel Tsoi to the group. Apologies were received from Zaffer Iqbal, Sonia Johnson, Tom Lochhead, Max Marshall and Tony Morrison .
2. All members declared any new interests.
3. The minutes from the previous meeting were agreed as a true and accurate record with some minor amendments.
4. No specific service user and carer concerns were raised.
5. The GDG critical outcomes for each review question/ intervention were reviewed.
6. AU presented a summary of the data on peer support, vocational rehabilitation, self management and diet and exercise which has been previously reviewed by the GDG and draft recommendations were discussed for these topics.
7. The draft recommendations on early intervention teams and peer support were discussed.
8. DT gave an outline of the Cochrane Review on interventions for smoking cessation in individuals with schizophrenia.
9. BH presented the clinical evidence for intensive case management.
10. The meeting came to a close, the chair thanked the GDG for their participation.
11. Next Meeting: 10.30am-4pm, 14 December 2012.