

Bipolar Disorder (Update) Guideline Development Group Meeting

Date and Time: Tuesday 21st January 10.30am – 5.30pm
Wednesday 22nd January 9.30am-4pm

Minutes: Confirmed

Place: The Royal College of Psychiatrists
21 Prescott Street
London E1 8BB

Present: **GDG members**
Richard Morriss (Chair) (RM)
Tim Kendall (Facilitator) (TK)
Richard Byng (RB)
Andrea Cipriani (AC)
Anthony James (AJ)
Carnice John (CJ)
Steven Jones (SJ)
Thomas Meyer (TM)
Carol Paton (CP)
Matthias Schwannauer (MS)
Robert Westhead (RW)
Faye Wilson (FW)

Experts
None

In attendance:
NCCMH Staff: Elena Marcus (EM)
Evan Mayo-Wilson (EMW)
Ifigeneia Mavranezouli (IM)
Katherine Leggett (KL)
Clare Taylor (CT)

NICE staff: Clifford Middleton (CM)

Observers: Marisa Dias (MD)

Notes – Day 1

1. Apologies were received from Donna Swindon and Tim McDougall.
2. The GDG declared their new interests.
3. The minutes were agreed as an accurate account of the previous meeting.
4. TK discussed the main aims of the 2-day GDG meeting.
5. EMW reviewed the final results from the long term management data.
6. IM presented the results of a cost analysis of lithium treatment in the long term management of adults with bipolar disorder.
7. The GDG discussed discontinuation studies.
8. The GDG discussed the psychological interventions used in the treatment and management of bipolar disorder.
9. The GDG discussed writing tasks.
10. The GDG discussed the draft recommendations.

Notes – Day 2

1. Apologies were received from Donna Swindon and Tim McDougall.
2. The GDG discussed the draft recommendations.
3. The GDG discussed the research recommendations.
4. The GDG discussed potential publications and articles that could be written to help promote the guideline.
5. TK informed the GDG of what the next steps were prior to the guideline's first submission to NICE for stakeholder consultation.

Date, time and venue of the next meeting

Tuesday 25th February 2014 at 10.30am – 4pm at The Royal College of Psychiatrists, 21 Prescott Street, London E1 8BB.