

Date and Time: Tuesday 09 September 2014, 10:00-16:00

Minutes: Confirmed

**Guideline Development Group Meeting 7** 

Place: NCGC, 180 Great Portland Street, London, W1W 5QZ

**Present:** 

Peter Barry GDG Chair (Chair)

Rachel Batterham Head of Obesity & Bariatric Services, UCLH

Alexandra Blakemore Patient Representative Ken Clare Patient Representative

Rachel Holt Consultant Clinical Psychologist, Derbyshire Community Health

services

Mary O'Kane Consultant Dietician, Leeds Teaching Hospitals NHS Trust

Craig Melville Senior Lecturer in Learning Disabilities Psychiatry

Mars Skae Consultant Paediatric Endocrinologist, Royal Manchester

Children's Hospital

Lucy Turnbull Clinical Lead for Chronic Disease and Weight Management

Services, Central London Community Healthcare

Richard Welbourn Consultant Upper GI and Bariatric Surgeon, Musgrove Park

Hospital

NCGC technical team:

Katie Broomfield Document Editor/Process Assistant

Alexander Haines Health Economist
Susan Latchem Guideline Lead
Emma Madden Research Fellow

Nancy Pursey Senior Project Manager

Heather Stegenga Research Fellow

NICE staff:

Emma Chambers Public Involvement Advisor

John Davidson Associate Director, Media Relations

Gareth Haman Senior Medical Editor Edgar Masanga Costing Analyst

Katie Perryman-Ford Guidelines Commissioning Manager

Carmel Thomason Implementation Adviser

**Apologies:** 

Claire Connell Lead Obesity Clinical Nurse Specialist, Cambridge University

Hospitals NHS Foundation Trust

Carly Hughes GP Partner, Fakenham Medical Practice and Clinical Lead,

Fakenham Weight Management Service (Tier 3 service)

Clare Jones Senior Research Fellow

John Wilding Professor of Medicine & Head of Department of Obesity &

Endocrinology, University of Liverpool

### **Notes**

#### 1. Welcome and introductions

PB welcomed the group to the seventh and final meeting of this GDG. Apologies were received from AO, JW, CH and CC.

#### 2. Declarations of interest

The following declarations were made:

- RB: Awarded the Lilly Scientific Award by The Obesity Society and will give a plenary lecture and receive this at Obesity Week at The Obesity Society's meeting in Boston USA, first week of November. Funded by Lilly, but they have no involvement. Funding from Ethicon to attend the meeting was not accepted.
- AB: Has written an invited editorial entitled "Obesity, genetic risk and environment" for the British Medical Journal, for which she was paid £150.
- KC: The following money was received by WLSinfo. It was a payment in return for advertising space on our website and forums. I am the Chair of Trustees. I was not the signatory for the funds received:
  - 15/02/2013 £5000 Spire Leeds
  - 14/03/2014 £5000 Spire Leeds
- MoK: Co-author of a book chapter on bariatric surgery and dietetics for the Manual of Dietetic Practice. Now published. Received a small payment of £37.50 and copy of book.
  - Involved in developing national guidelines for BOMSS on bariatric surgery, nutritional monitoring and vitamin and mineral supplements which are now completed.
  - Involved in development guidelines for the management of bariatric surgery patients in primary care which are now written. Involved in RCGP 10 top tips.
- MS: Speaking at the Labour party conference on behalf of RCPCH in Manchester on 22 September 2014. The topic will be obesity related (yet to receive a full brief). No payment will be received.
- LT: Working with blink films for a channel 4 documentary regarding housebound obese patients. Due to air in 2015 (date TBC). Receiving total payment of £1600 (plus expenses).
  - As BDA spokesperson have had quotes published in The Mirror newspaper, Marie Claire magazine, the Metro newspaper.
  - Attending ASO conference accepting award for 'Best Practice. Payment includes entrance to the conference. (not including travel and accommodation)
  - Facilitating for My Pace at EFAD conference in Athens Oct 2014. Payment is 1 nights' accommodation and €100
  - Attending meeting at DoH with obesity lead no payment.
  - The sound doctor webcasts on bariatric surgery pre-post dietetic care. No payment.

#### **Notes**

- Wrote case study for Wiley publication for a book to accompany the Manual of Dietetic Practice. Payment is a free copy of the book
- Our Specialist weight Management Service and an agreement with a VLCD company offer VLCD at a discount rate to patients enrolled in our tier 3 weight management programme. However, the trust does not receive any financial or other compensation from the company, nor are we bound to only use this company for our patients.
- RW: Ethicon Endo-Surgery: personal educational grants to attend courses / conferences, and remuneration for teaching and mentorship of surgeons in other hospitals.
  - Educational Fellowship awarded to Musgrove Park Hospital, Taunton UK as part of BOMSS post-training Fellowship in bariatric surgery scheme
  - First author (October 2014 in press) of NBSR Second Registry Report published by Dendrite Clinical Systems Ltd (ISBN pending)
  - First author (August 2014) of IFSO Global Registry Pilot Project published by Dendrite Clinical Systems Ltd ISBN 978-0-9568154-9-1
  - President of BOMSS 2013-
  - Chair NBSR 2012-
  - Surgical lead By-Band RCT (HTA programme of NIHR)
  - Invited faculty / speaker for masterclass held at European Association of Endoscopic Surgeons congress Paris June 2014 (registration, travel and hotel imbursed by congress, no speaker fees)
  - Contribution to attendance at IFSO Congress Montreal August 2014 from Ethicon Endosurgery
  - Congress Montreal August 2014 and published August 2014
  - Chair database committee for 2nd UK National Bariatric Surgery Registry report intended publication date October 2014
  - Member of guidelines committee for BOMSS nutrition and mineral guidelines publication date September 2014
  - Chair database committee for IFSO Global Registry Pilot Project presented at IFSO Congress Montreal August 2014 and published August 2014
  - Member of guidelines committee for BOMSS nutrition and mineral guidelines publication date September 2014.

### 3. Update on NICE guidance in development

SL gave an update on the NICE single technology appraisal on bupropion/naltrexone, known as Contrave. The GDG were notified that they can register as a stakeholder, and were asked to inform SL if a GDG member could represent the group as a stakeholder.

#### 4. Update from NICE communications team

### **Notes**

JD gave a talk on the media interest surrounding the guideline, the role of the communications team, and associated action points for the GDG.

## 5. Discussion of major themes surrounding the consultation comments

SL gave a presentation introducing the main business of the day, outlining the work that the technical team have been doing in producing responses to stakeholder comments.

### 6. Discussion of major themes surrounding the consultation comments (continued)

EM gave a presentation on consultation comments for VLCD – effectiveness and maintenance.

# 7. Discussion of major themes surrounding the consultation comments (continued)

AH gave a presentation on consultation comments for health economics.

### 8. Discussion of major themes surrounding the consultation comments (continued)

HS gave a presentation on consultation comments for VLCD – safety.

### 9. Discussion of major themes surrounding consultation comments (continued)

HS gave a presentation on consultation comments for bariatric surgery.

### 10. Discussion of major themes surrounding the consultation comments (continued)

HS gave a presentation on consultation comments for follow-up care.

### 11. Implementation of the guideline

CT gave a presentation on implementation issues raised during consultation.

### 12. Summary of next steps and AOB

SL gave a presentation on next steps for the GDG.

### 13. Close of meeting.