# Obesity

Identification, assessment and management of overweight and obesity in children, young people and adults

Update of CG43 Appendices D-E November 2014

> Commissioned by the National Institute for Health and Care Excellence











#### Disclaimer

Healthcare professionals are expected to take NICE clinical guidelines fully into account when exercising their clinical judgement. However, the guidance does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of each patient, in consultation with the patient and/or their guardian or carer.

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**Funding** National Institute for Health and Care Excellence

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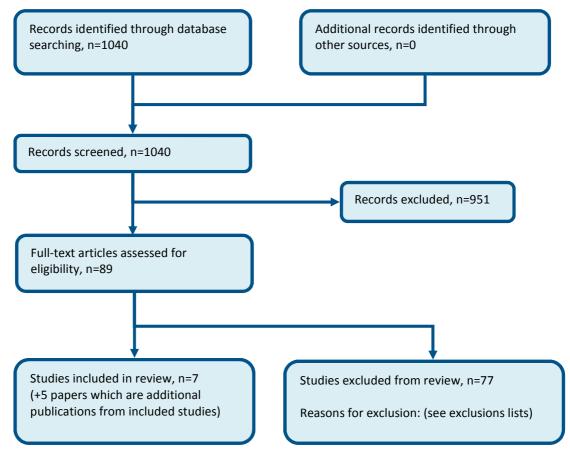
Obesity (update)

# **Appendix D:** Clinical article selection

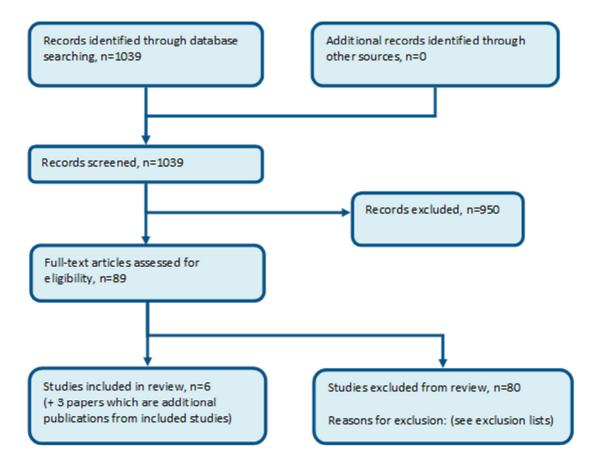
## D.1 Very-low-calorie diets (VLCD)

#### D.1.1 Effectiveness





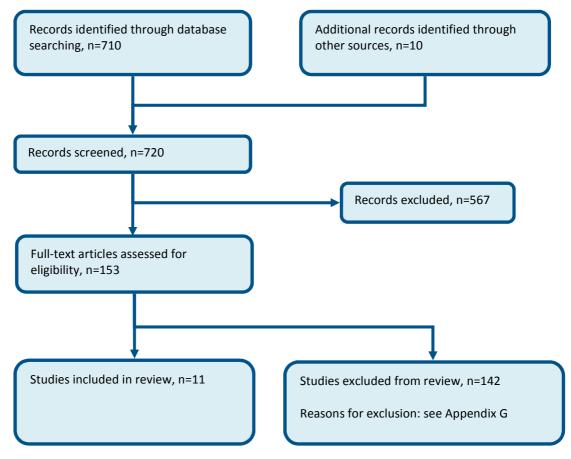
#### D.1.2 Safety



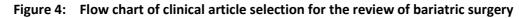
#### Figure 2: Flow chart of clinical article selection for the review on VLCD safety

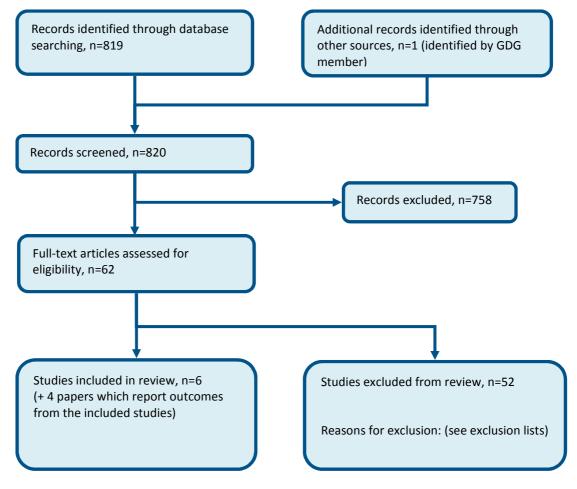
#### D.1.3 Maintenance

# Figure 3: Flow chart of clinical article selection for the review on weight loss maintenance following VLCD



## D.2 Bariatric surgery in people with type 2 diabetes





## D.3 Follow-up care packages after bariatric surgery

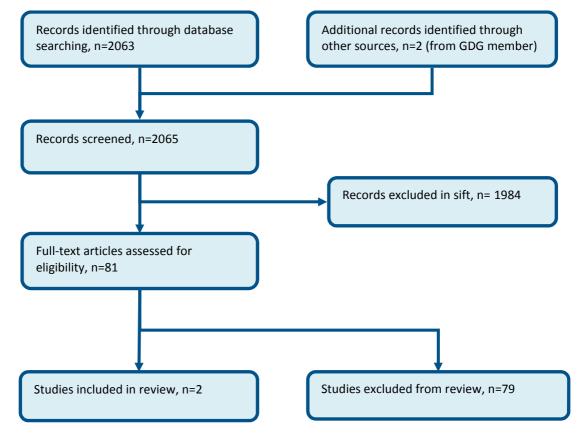
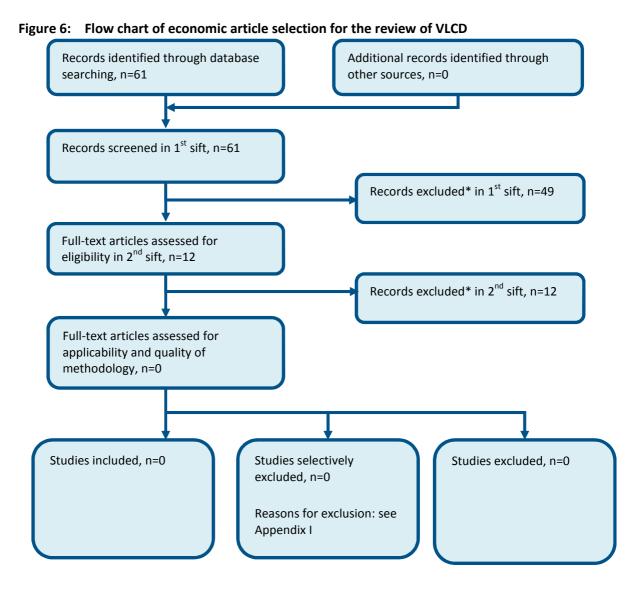


Figure 5: Flow chart of clinical article selection for the review of post-bariatric care packages

# **Appendix E: Economic article selection**

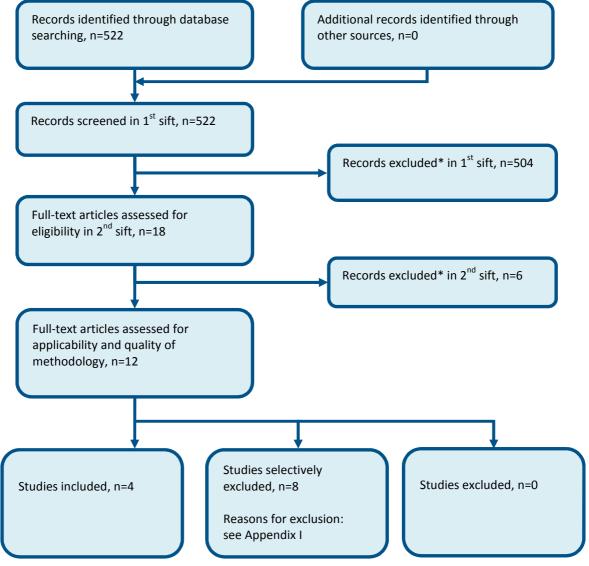
# E.1 Very-low-calorie diets (VLCD)



\* Non-relevant population, intervention, comparison, design or setting; non-English language

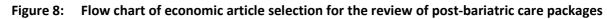
### E.2 Bariatric surgery in people with type 2 diabetes

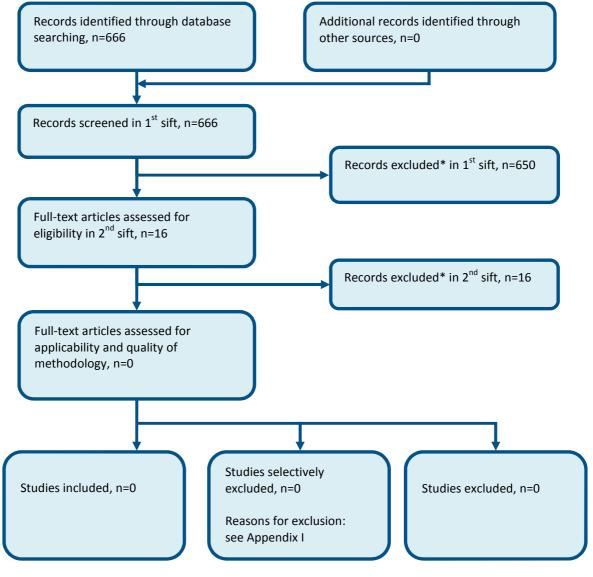




\* Non-relevant population, intervention, comparison, design or setting; non-English language

## E.3 Follow-up care packages after bariatric surgery





\* Non-relevant population, intervention, comparison, design or setting; non-English language