

## Obesity

Identification, assessment and management of  
overweight and obesity in children, young people and  
adults

*Update of CG43*

*Appendix B*

*November 2014*

*Commissioned by the National Institute for  
Health and Care Excellence*



**Disclaimer**

Healthcare professionals are expected to take NICE clinical guidelines fully into account when exercising their clinical judgement. However, the guidance does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of each patient, in consultation with the patient and/or their guardian or carer.

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## Appendices

### Appendix B: Declarations of interest

#### B.1 Peter Barry

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1 10/02/14	Did not attend	None
GDG2 11/02/14	Did not attend	None
GDG3 26/03/14	No change	None
GDG4 27/03/14	No change	None
GDG5 07/05/14	No change	None
GDG6 08/05/14	No change	None
GDG7 09/09/14	No change	None

#### B.2 Rachel Batterham

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1 10/02/14	None	None
GDG2 11/02/14	No change	None
GDG3 26/03/14	No change	None
GDG4 27/03/14	No change	None
GDG5	No change	None

GDG meeting	Declaration of Interests	Action taken
07/05/14		
GDG6 08/05/14	<p>Head of Obesity Services at UCLH and Head of the Centre for Obesity Research at UCL. In the last 12 months, has received funding from the Rosetrees Trust to undertake obesity research investigating how genetic variants affect bodyweight.</p> <p>The UCLH patient information leaflets have helped to inform the RCGP 10 top tips, and RB has read through and commented on the guidance that they produced.</p> <p>Co-author on the BOMSS Nutritional Guidelines following bariatric surgery that are currently being finalised.</p>	None
GDG7 09/09/14	Awarded the 2014 Lilly Scientific Achievement Award by The Obesity Society for her scientific contribution to the understanding of bodyweight regulation.	None

### B.3 Alexandra Blakemore

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1 10/02/14	Primary Investigator for clinical trials, looking at the genetics and genomics of obesity, and factors influencing response to therapeutic intervention, which have been funded by MRC, EPSRC and NIHR. Has been approached by Henry Stewart Talks charity to act as an editor for online educational presentations related to obesity for which she is being paid £2,000.	None
GDG2 11/02/14	No change	None
GDG3 26/03/14	No change	None
GDG4 27/03/14	No change	None
GDG5 07/05/14	Involved as co-applicant in a research grant application to the EU, for which Slimmers World was another co-applicant, however she was not PI and had no direct discussions with Slimmers World. This application was not funded and no money was received personally.	None
GDG6 08/05/14	No change	None
GDG7 09/09/14	Has written an invited editorial entitled "Obesity, genetic risk and environment" for the British Medical Journal, for which she	None

GDG meeting	Declaration of Interests	Action taken
	was paid £150.	

## B.4 Ken Clare

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1 10/02/14	Member of BOMSS, and Chair of the Trustees for WLSinfo. Weight Matters offered 2 training days free to WLSinfo; KC and another trustee attended, the nominal cost would have been £99. The training was aimed at showcasing their services to potential patients and other referrers. Co-writing a lottery bid for a social enterprise. Has done some commissioned work for Nova Nordisk which finished in December and was paid an honorarium within reasonable limits. Attending and speaking to attend ECO (European Congress of Obesity), which is being held in May; KC's travel expenses are being paid by ECO.	None
GDG2 11/02/14	No change	None
GDG3 26/03/14	A member of the Joined up Clinical Pathways for Obesity, CRG for Severe and Complex Obesity, and the advisory group on Review of Bariatric Surgery 2009 and 2013 (not yet published). Joint successful applicant with Plymouth University and Diabetes UK for the Patent Office 2014 fast forward awards to develop health apps - awarded 75,000.	None
GDG4 27/03/14	No change	None
GDG5 07/05/14	Approached by a company in the US who run a course on bariatric surgery. No action taken at this time.	None
GDG6 08/05/14	No change	None
GDG7 09/09/14	The following money was received by WLSinfo. It was a payment in return for advertising space on the website and forums. KC acts as Chair of Trustees for WLSinfo and was not the signatory for the funds received.  15/02/2013 £5000 Spire Leeds 14/03/2014 £5000 Spire Leeds	None

## B.5 Claire Connell

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1	Paid to give training for Lighterlife 5 years ago,	None

GDG meeting	Declaration of Interests	Action taken
10/02/14	otherwise talks for no financial gain. LighterLife declaration has expired.	
GDG2 11/02/14	No change	None
GDG3 26/03/14	Did not attend	None
GDG4 27/03/14	Did not attend	None
GDG5 07/05/14	No change	None
GDG6 08/05/14	No change	None
GDG7 09/09/14	Did not attend	None

## B.6 Rachel Holt

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1 10/02/14	A member of the British Psychological Society, the division of Clinical Health Psychology and National Network of Obesity Psychologists.	None
GDG2 11/02/14	No change	None
GDG3 26/03/14	No change	None
GDG4 27/03/14	No change	None
GDG5 07/05/14	No change	None
GDG6 08/05/14	No change	None
GDG7 09/09/14	No change	None



## B.7 Carly Hughes

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1 10/02/14	Has been given 10 free Cambridge Weight Plan products for use with patients. There is no financial benefit to self or any other involvement with them. Is giving a talk on formula diets for Cambridge Weight Plan but has had train fare paid only.	None
GDG2 11/02/14	No change	None
GDG3 26/03/14	No change	None
GDG4 27/03/14	No change	None
GDG5 07/05/14	A member of the RCGP GP with interest in nutrition group. Part of the BOMSS-sponsored NICE-approved process to develop commissioning guidelines for Tier 3 services as the RCGP representative. She is clinical lead for a Tier 3 service, and Cambridge Weight Plan has given free LELD product for use with 10 patients.	None
GDG6 08/05/14	Presenting the RCGP post-bariatric surgery 10 top tips with colleagues at RCGP at a stand at the RCGP annual conference in October. Her attendance is sponsored by Ethicon.	None
GDG7 09/09/14	Did not attend	None

## B.8 Mary O’Kane

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1 10/02/14	Did not attend	None
GDG2 11/02/14	Did not attend	None
GDG3 26/03/14	Is a member of the CRG for Severe and Complex Obesity	None
GDG4 27/03/14	No change	None
GDG5	Personal pecuniary interests declared:	None

GDG meeting	Declaration of Interests	Action taken
07/05/14	<p>- Book chapter on Dietary Evaluation of the Bariatric Surgery Patient. Not yet published –small payment of £100 to £200 when published and copy of book.</p> <p>- Book chapter on bariatric surgery and dietetics for the Manual of Dietetic Practice (co-author). Not yet published–small payment of £100 when published and copy of book.</p> <p>- Book chapter for British Dietetic Association (BDA) Obesity on Dietary Management: Diet to Support Bariatric Surgery. Not yet published –small payment of £100 when published and copy of book.</p> <p>Personal non-pecuniary interests declared:</p> <ul style="list-style-type: none"> <li>-MSc Dissertation 2013 – Bariatric Surgery, Vitamins, Minerals and Nutritional Monitoring. A survey of current practice within BOMSS</li> <li>-BDA member</li> <li>-ASO member</li> <li>-BOMSS – member and Council member</li> <li>-NHS England Obesity CRG – BDA representative</li> <li>-Writing national guidelines for BOMSS on bariatric surgery, nutritional monitoring and vitamin and mineral supplements</li> <li>-Involved in writing guidelines for the management of bariatric surgery patients in primary care – RCGP 10 top tips</li> <li>-Has given presentations at BOMSS training day (January 2013) and AUGIS (September 2014) on managing weight regain in bariatric surgery patients</li> <li>-Commissioning guide: Weight assessment and management clinics (tier 3) –member of guide development group.</li> </ul>	
GDG6 08/05/14	No change	None
GDG7 09/09/14	<p>Co-author of a book chapter on bariatric surgery and dietetics for the Manual of Dietetic Practice . Now published. Received a small payment of £37.50 and copy of book.</p> <p>Involved in developing national guidelines for BOMSS on bariatric surgery, nutritional monitoring and vitamin and mineral supplements which are now completed.</p> <p>Involved in development guidelines for the management of bariatric surgery patients in primary care which are now written. Involved in RCGP 10 top tips.</p>	None

## B.9 Mars Skae

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None

GDG meeting	Declaration of Interests	Action taken
GDG1 10/02/14	Cambridge Weight Plan are sponsoring the junior doctor lunches, which Mars is organising. Cambridge Weight Plan are also looking (nothing formally agreed) at providing their products for 10 patients (free or reduced cost), decided on by criteria from the Tier 3 clinic where lifestyle and medication has not worked, in a similar way to CH and LT. There will be no financial benefit to self or any other involvement with them.	None
GDG2 11/02/14	No change	None
GDG3 26/03/14	No change	None
GDG4 27/03/14	No change	None
GDG5 07/05/14	No change	None
GDG6 08/05/14	No change	None
GDG7 09/09/14	<p>Speaking on behalf of the Royal College of Paediatrics and Child Health at the Labour Party conference 2020 Health session on childhood obesity on 22 September 2014. The topic will be obesity related, covering the issues of education and regulation (yet to receive a full brief). No payment will be received.</p> <p>Has been approached by SHINE TV to film a 3 part series for ITV on children's obesity clinics to start filming November 2014-March 2015 which will be aired summer 2015. This is only in the discussion stages.</p>	None

## B.10 Lucy Turnbull

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1 10/02/14	Worked with Cambridge Weight Plan, which gives a discount to patients. There is no financial benefit to self or any other involvement with them. Member of Dieticians in Obesity Management (DOM) UK Committee and the Association for the Study of Obesity (ASO).	None
GDG2 11/02/14	No change	None
GDG3 26/03/14	No change	None

GDG meeting	Declaration of Interests	Action taken
GDG4 27/03/14	No change	None
GDG5 07/05/14	No change	None
GDG6 08/05/14	No change	None
GDG7 09/09/14	<p>Working with blink films for a Channel 4 documentary regarding housebound obese patients. Due to air in 2015 (date TBC). Receiving total payment of £1600 (plus expenses).</p> <p>As BDA spokesperson have had quotes published in The Mirror newspaper, Marie Claire magazine, the Metro newspaper.</p> <p>Attending ASO conference accepting award for 'Best Practice. Payment includes entrance to the conference (not including travel and accommodation).</p> <p>Facilitating for My Pace at EFAD conference in Athens Oct 2014. Payment is 1 night's accommodation and €100.</p> <p>Attending meeting at DoH with obesity lead for which no payment was received.</p> <p>Involved in developing The sound doctor webcasts on bariatric surgery pre-post dietetic care for which no payment was received..</p> <p>Wrote case study for Wiley publication for a book to accompany the Manual of Dietetic Practice for which no payment was received other than a free copy of the book.</p> <p>Staff member of a Specialist weight Management Service that has an agreement with a VLCD company to offer VLCD at a discount rate to patients enrolled in the tier 3 weight management programme. However, the trust does not receive any financial or other compensation from the company, nor is the service bound to only use this company for their patients.</p>	None

## B.11 Richard Welbourn

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None

GDG meeting	Declaration of Interests	Action taken
GDG1 10/02/14	Sponsorship for attending conferences from Ethicon Endo-Surgery within the last year, previous sponsorship from Allergan and Covidien for attending conferences/ courses and writing fees for published articles (in newsletters).	None
GDG2 11/02/14	No change	None
GDG3 26/03/14	A member of the CRG for Severe and Complex Obesity	None
GDG4 27/03/14	No change	None
GDG5 07/05/14	No change	None
GDG6 08/05/14	No change	None
GDG7 09/09/14	<p>Ethicon Endo-Surgery: personal educational grants to attend courses / conferences, and remuneration for teaching and mentorship of surgeons in other hospitals.</p> <p>Educational Fellowship awarded to Musgrove Park Hospital, Taunton UK as part of BOMSS post-training Fellowship in bariatric surgery scheme.</p> <p>First author (October 2014 – in press) of NBSR Second Registry Report published by Dendrite Clinical Systems Ltd (ISBN pending).</p> <p>First author (August 2014) of IFSO Global Registry Pilot Project published by Dendrite Clinical Systems Ltd ISBN 978-0-9568154-9-1.</p> <p>President of BOMSS 2013-present.</p> <p>Chair NBSR 2012-present.</p> <p>Surgical lead By-Band RCT (HTA programme of NIHR).</p> <p>Invited faculty / speaker for masterclass held at European Association of Endoscopic Surgeons congress Paris June 2014 (registration, travel and hotel imburded by congress, no speaker fees)</p> <p>Contribution to attendance at IFSO Congress Montreal August 2014 from Ethicon Endosurgery</p> <p>Chair database committee for IFSO Global Registry Pilot Project presented at IFSO Congress Montreal August 2014 and published August 2014</p>	None

GDG meeting	Declaration of Interests	Action taken
	Chair database committee for 2nd UK National Bariatric Surgery Registry report intended publication date October 2014  Member of guidelines committee for BOMSS nutrition and mineral guidelines publication date September 2014	

## B.12 John Wilding

GDG meeting	Declaration of Interests	Action taken
Original DoI	None	None
GDG1 10/02/14	Has presented for a number of pharma companies including Astellas, AstraZeneca, Boehringer Ingelheim, Bristol-Myers Squibb, Janssen, Lilly, Merck Sharpe & Dohme and Novo Nordisk in the last 12 months. Any funds received have been within reasonable limits. Is a primary investigator on a number of ongoing diabetes clinical trials: AstraZeneca/Bristol-Myers Squibb – dapagliflozin for diabetes (1 investigator- initiated study), Janssen – canagliflozin for diabetes (ongoing study), Merck Sharpe & Dohme – sitagliptin for diabetes (ongoing study), Novo Nordisk – liraglutide for obesity (ongoing study). Also lead author and investigator for Nova Nordisk diabetes drug – semaglutide for diabetes (ongoing trial). This is being used for the management of obesity, but is beyond the scope for this guideline update which has excluded the pharmacological management of obesity. Committee member and trustee for ASO which does get sponsorship from some companies (Kelloggs (not continued from November 13), Tanita, Seca, LighterLife, Weight Watchers). It was noted that sponsorship is no longer being accepted and that JW has no involvement in the administration of these funds. Has also received travel grants within reasonable limits to attend conferences (AstraZeneca, Boehringer Ingelheim, Bristol-Myers Squibb, Janssen, Lilly).	None
GDG2 11/02/14	No change	None
GDG3 26/03/14	Is attending the American Diabetes Association meeting in June, and being supported by Boehringer-Ingelheim (economy travel + accommodation and conference registration).	None
GDG4 27/03/14	No change	None
GDG5 07/05/14	No change	None
GDG6 08/05/14	No change	None

<b>GDG meeting</b>	<b>Declaration of Interests</b>	<b>Action taken</b>
GDG7 09/09/14	Did not attend	None