APPENDIX 25: SURVEY OF ANTENATAL AND POSTNATAL MENTAL HEALTH PRIMARY CARE SERVICES IN ENGLAND AND WALES – QUESTIONNAIRE

NICE GUIDELINE ON ANTENATAL AND POSTNATAL MENTAL HEALTH SERVICES

Services for Women with Antenatal and Postnatal Mental Health Problems
A Survey of NHS Primary Care Trusts by
The National Institute for Health and Clinical Excellence

Dear Chief Executive

This survey is being carried out as an essential part of the development of the NICE Guideline on Antenatal and Postnatal Mental Health by the National Collaborating Centre for Mental Health. This is one of three surveys which will help describe services for women with antenatal and postnatal mental health problems at all levels, including primary, maternity and secondary mental health services. The involvement of all PCTs is very important to achieve a complete national picture of current provision, and to support the development of NICE service guidance on antenatal and postnatal mental health. Your assistance with this is greatly appreciated.

Details of person completing the questionnaire

If necessary, please pass on to an individual in the Trust best placed to give the information requested.

Name

_____

Position

_____

PCT name

_____

Address

_____

Postcode

_____

Telephone number

_____

Email address

_____

Please answer the following questions as accurately as possible. There are spaces provided for more information and comments if it is not possible to answer the questions using the options provided. If extra space is required, please attach an additional sheet.

a. Is there an identified lead clinician/manager within the Trust responsible for the development and/or coordination of mental health services for women with antenatal or postnatal mental health problems?

Yes/No

Is this you?

Yes/No

If No please provide details of the individual below:

Name

_____

Position

_____

PCT name

_____

Address

_____

Postcode

_____

Telephone number

_____

Email address

_____

2. What services are available for women who have identified mental health problems during pregnancy and the postnatal period?

Policies and training

2.1 Is there an agreed policy for the PCT which:

a) requires all pregnant women, and those in the postnatal period, in contact with primary care services to be routinely asked about their past or current mental health problems?

Yes / No

b) specifies that all pregnant women, and those in the postnatal period, should be asked about their mental health problems at the following times:

- on initial contact with the service **Yes/No**
- at subsequent appointments during pregnancy **Yes/No**
- postnatally **Yes/No**

c) is agreed and implemented throughout the whole PCT area as follows:

- agreed **Yes/No**
- fully implemented **Yes/No**
- partially implemented **Yes/No**
- not implemented **Yes/No**

2.2 Is there a pathway/protocol within the PCT for the care of women with current mental health problems during the perinatal period?

a) Developed **Yes/No**

b) Implemented throughout the PCT area

- fully implemented **Yes/No**
- partially implemented **Yes/No**
- not implemented **Yes/No**

2.3 Is there an identified mental health training programme for health visitors in the PCT?

a) Training programme developed **Yes/No**

b) What proportion of health visitors have received training:

- All **Yes/No**
- Most **Yes/No**
- Few or none **Yes/No**

2.4 Please describe any other dedicated antenatal and postnatal mental health services in the PCT

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Services for women with severe mental health problems

Severe mental illness (SMI) refers to psychotic disorders (schizophrenia and bipolar disorder), depressive disorders and other mental disorders of sufficient severity that they significantly impair the daily personal and social functioning of an individual.

2.5 All women with SMI have access to a specialist antenatal and postnatal mental health service

Yes/No

2.6 Women with SMI who require inpatient care have access to a specialist mother and baby unit

Yes/No

If known, please indicate the number of admissions to specialist mother and baby units for the financial year 2004/2005

N = _____

3. Does the Trust have an APMH/Perinatal Mental Health Strategy?

- **Yes – Multi-agency** (If available please attach)
- **Yes – PCT only** (If available please attach)
- **No – but in preparation – multi-agency**
- **No – but in preparation – PCT only**
- **No**

Comments

Please provide any further comments or information that you feel may be relevant in the space below:

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Signed: ____
Date: ____

Please return the completed questionnaire to (SAE enclosed):

Antenatal and Postnatal Mental Health Services Survey
NICE APMH Guideline
National Collaborating Centre for Mental Health Centre for Outcomes Research and Effectiveness
British Psychological Society
Sub-Department of Clinical Health Psychology
University College London
1-19 Torrington Place
London
WC1E 7HB

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