



# May 2025 exceptional surveillance of antenatal and postnatal mental health: clinical management and service guidance (NICE guideline CG192)

Surveillance report

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[www.nice.org.uk](http://www.nice.org.uk)

In May 2025, we reviewed this guideline in relation to the [recommendation on the GAD-2 cut-off point for suspecting anxiety](#), and potentially lowering the current score from 3 to 2.

## Surveillance decision

We will not update the guideline at this time but continue to monitor for evidence for the optimal cut-off for the GAD-2 screening tool instrument.