

Appendix 15a: Forest plots for Psychological interventions

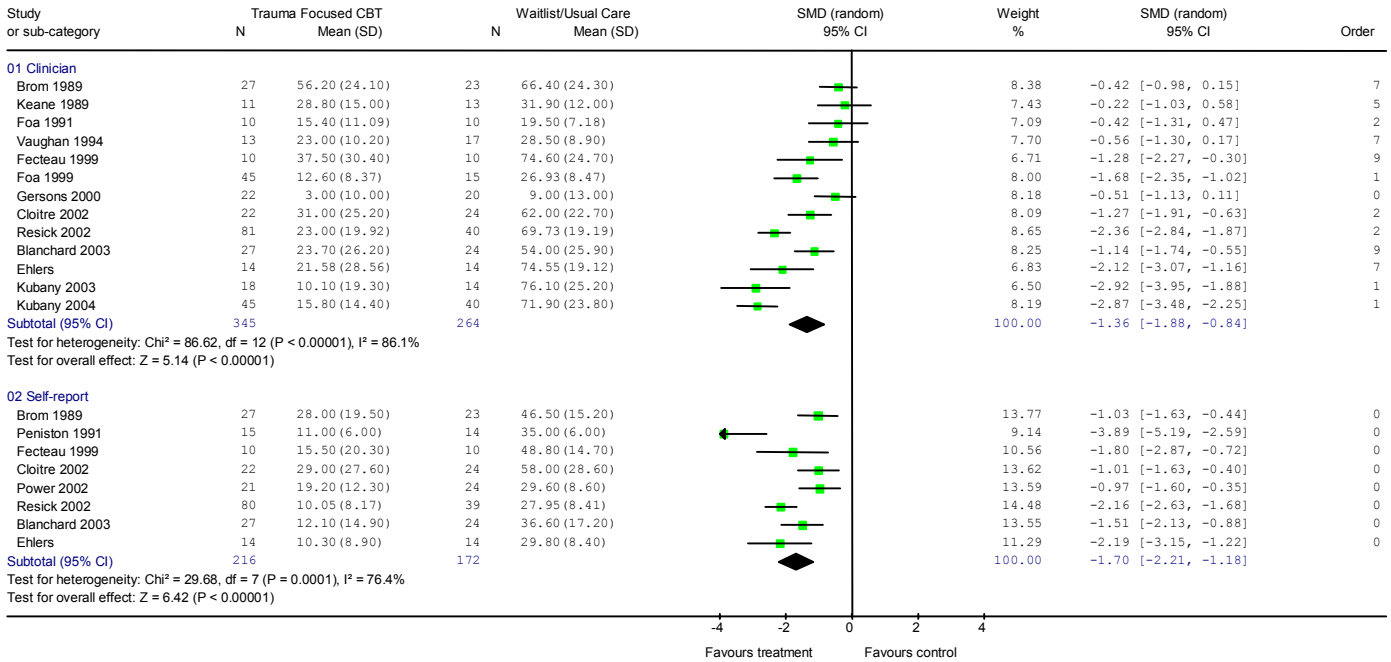
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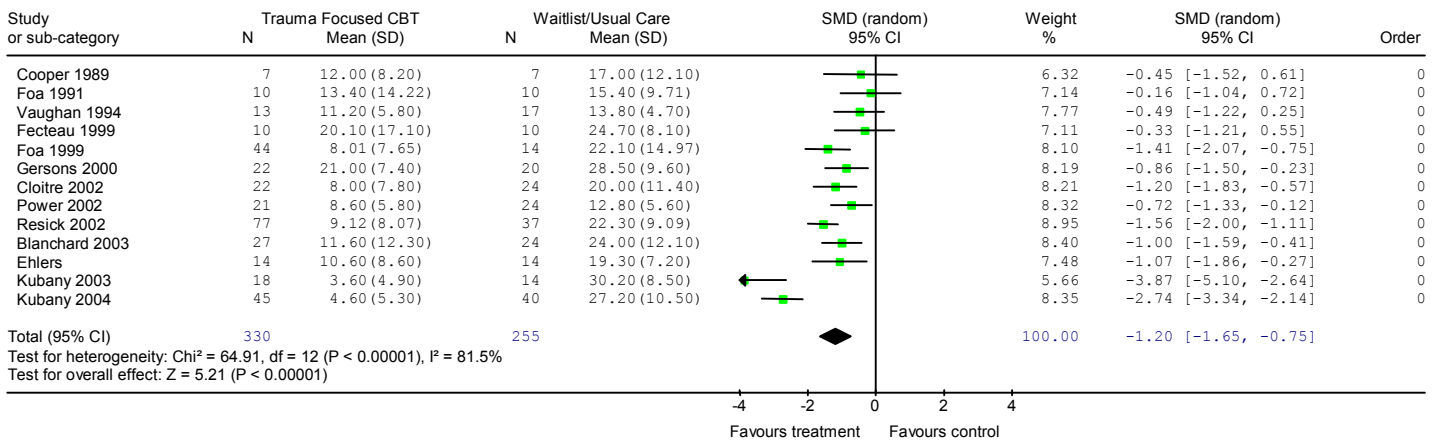
Appendix 15a: Forest plots for Psychological interventions

Trauma-focused CBT vs waitlist/usual care

Review: PTSD: Psychological Interventions 3
 Comparison: 02 Trauma Focused CBT/ Exposure Therapy vs Waitlist/Usual Care
 Outcome: 01 Severity of PTSD symptoms

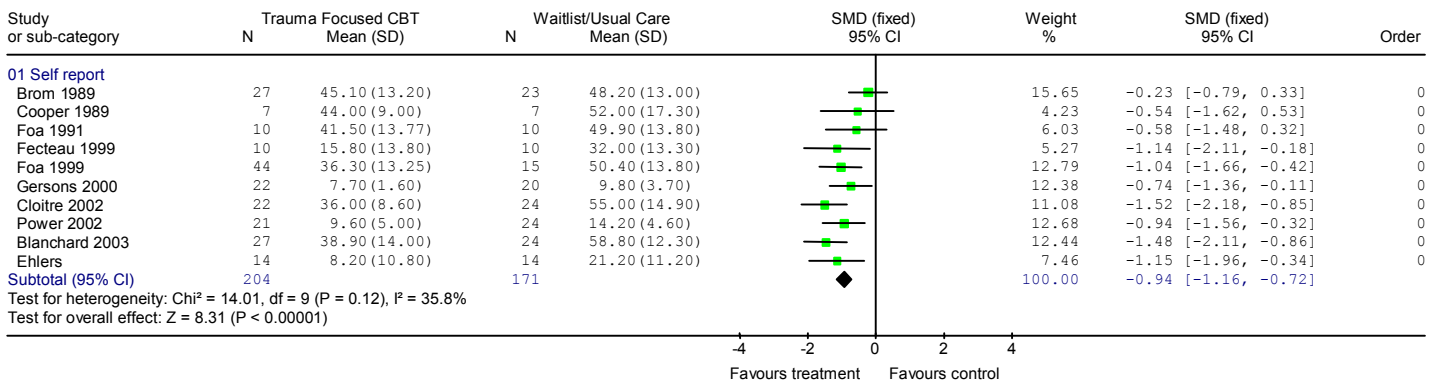


Review: PTSD: Psychological Interventions 3
 Comparison: 02 Trauma Focused CBT/ Exposure Therapy vs Waitlist/Usual Care
 Outcome: 03 Depression

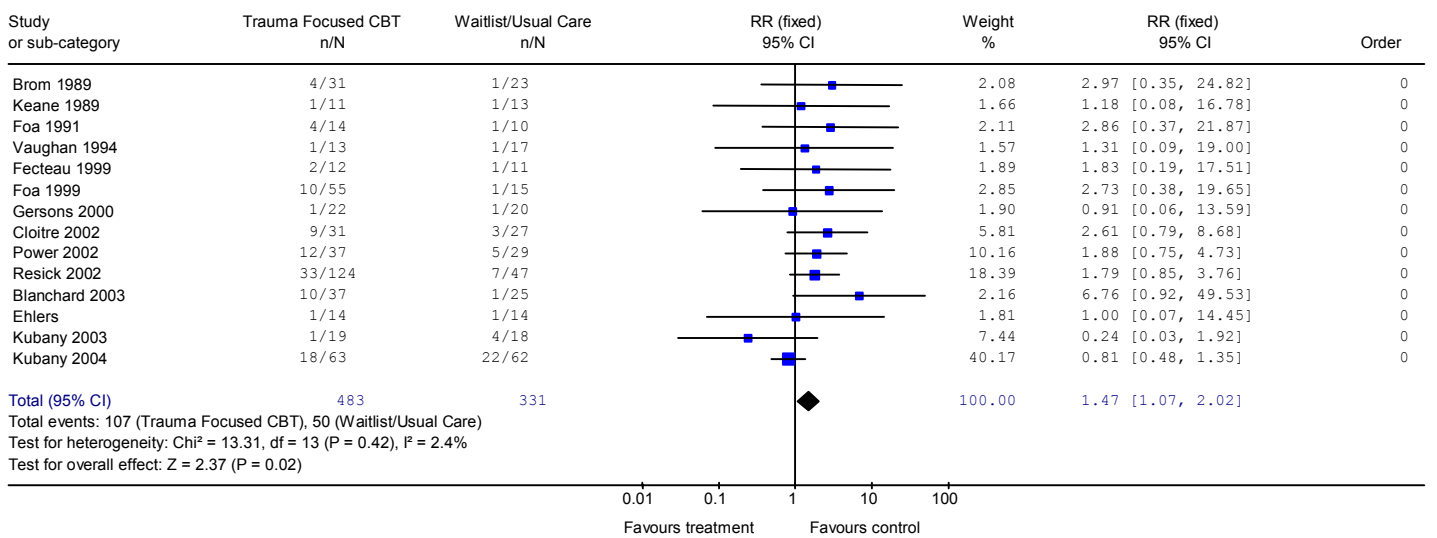


CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.

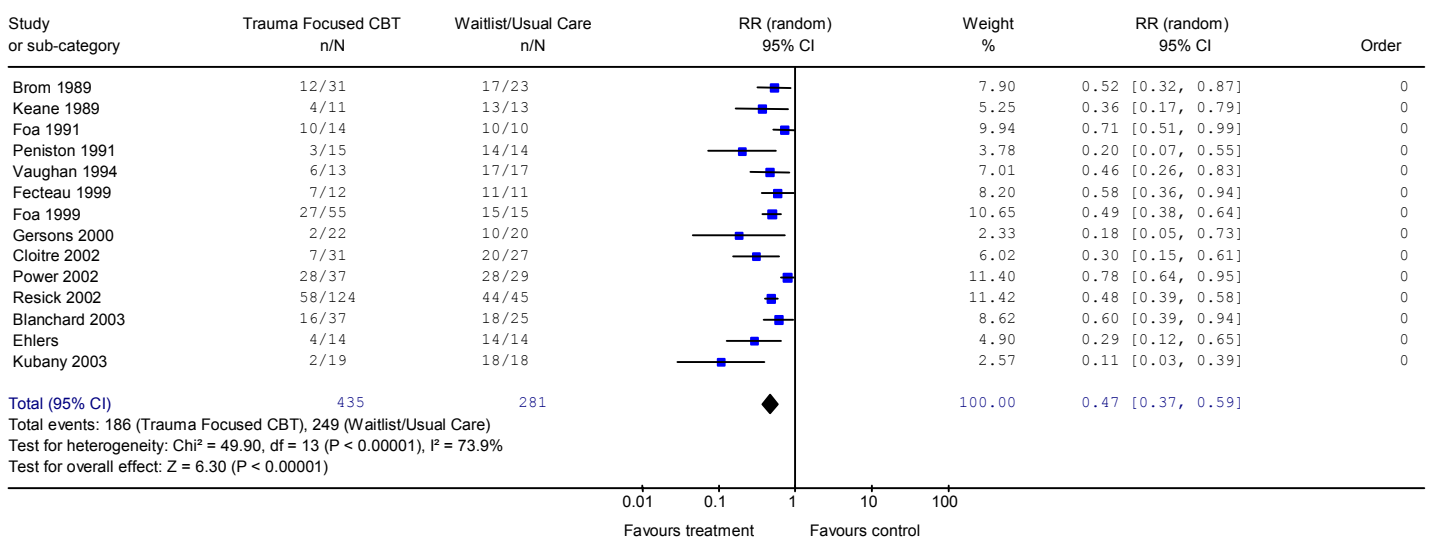
Review: PTSD: Psychological Interventions 3
 Comparison: 02 Trauma Focused CBT/ Exposure Therapy vs Waitlist/Usual Care
 Outcome: 04 Anxiety



Review: PTSD: Psychological Interventions 3
 Comparison: 02 Trauma Focused CBT/ Exposure Therapy vs Waitlist/Usual Care
 Outcome: 05 Leaving the study early due to any reason

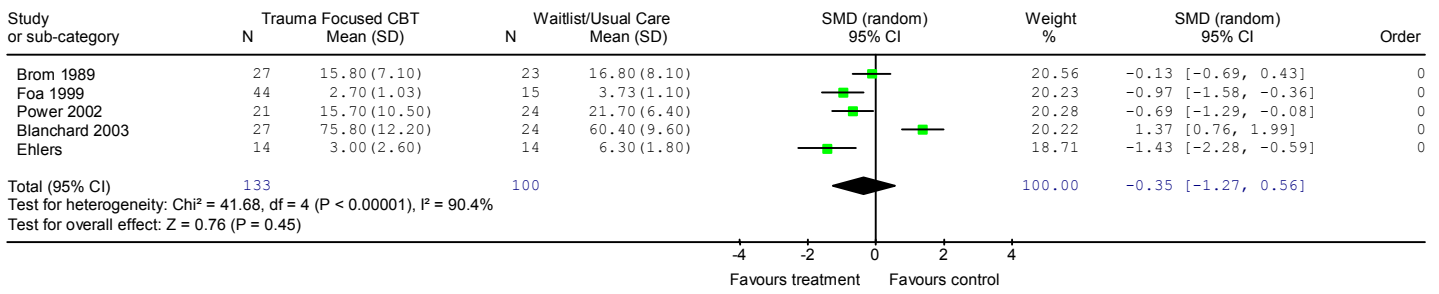


Review: PTSD: Psychological Interventions 3
 Comparison: 02 Trauma Focused CBT/ Exposure Therapy vs Waitlist/Usual Care
 Outcome: 06 PTSD diagnosis after treatment



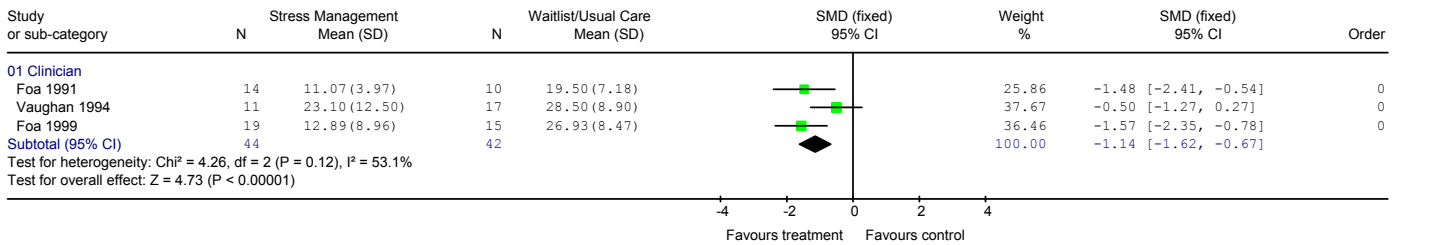
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Review: PTSD: Psychological Interventions 3
 Comparison: 02 Trauma Focused CBT/ Exposure Therapy vs Waitlist/Usual Care
 Outcome: 07 Quality of Life

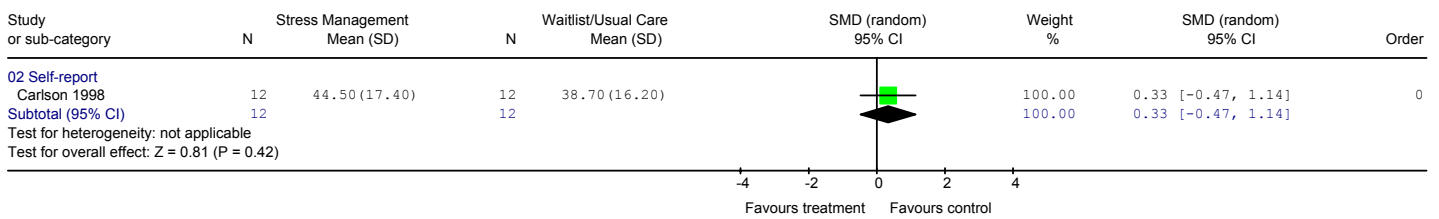


Stress management therapy vs waitlist/usual care

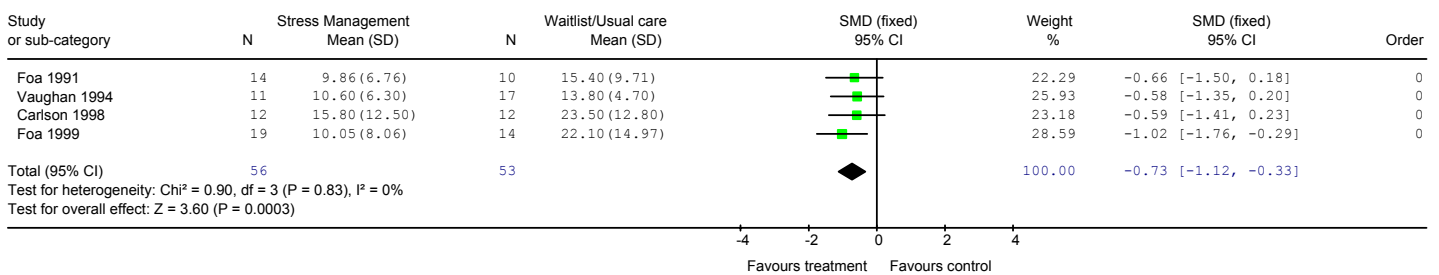
Review: PTSD: Psychological Interventions 3
 Comparison: 05 Stress Management Therapy vs Waitlist/Usual Care
 Outcome: 01 Severity of PTSD symptoms - Clinician



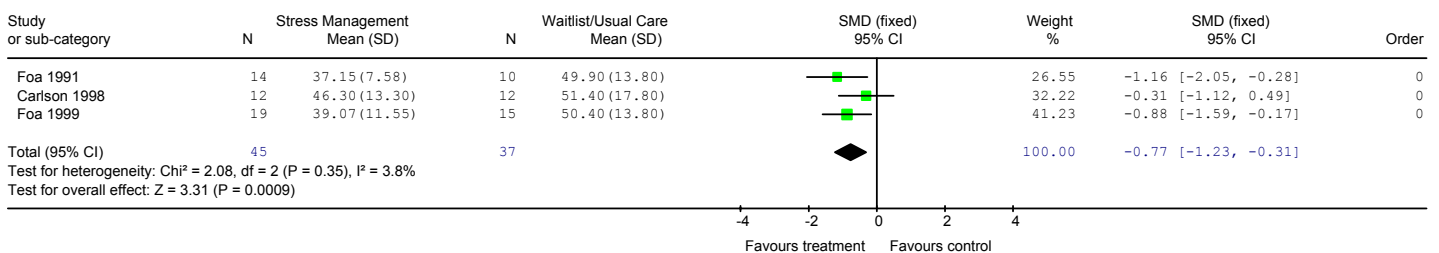
Review: PTSD: Psychological Interventions 3
 Comparison: 05 Stress Management Therapy vs Waitlist/Usual Care
 Outcome: 02 Severity of PTSD symptoms - Self-report



Review: PTSD: Psychological Interventions 3
 Comparison: 05 Stress Management Therapy vs Waitlist/Usual Care
 Outcome: 03 Depression

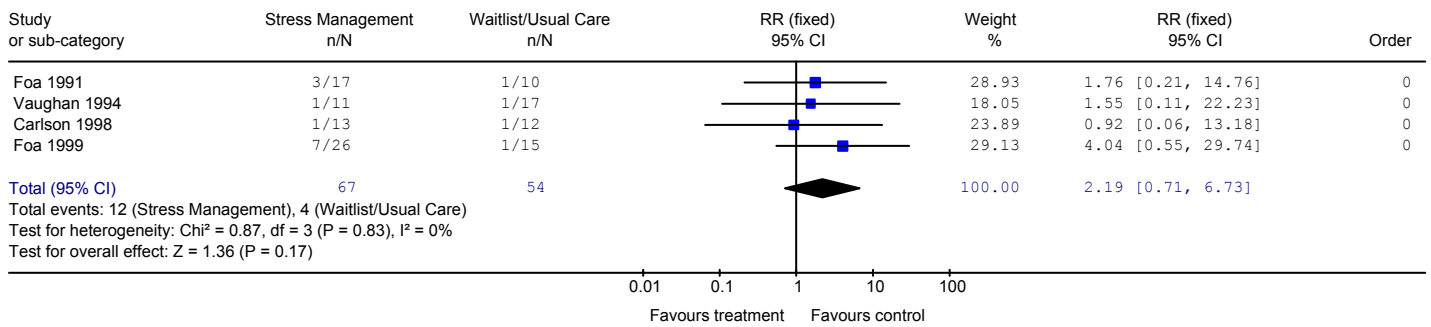


Review: PTSD: Psychological Interventions 3
 Comparison: 05 Stress Management Therapy vs Waitlist/Usual Care
 Outcome: 04 Anxiety

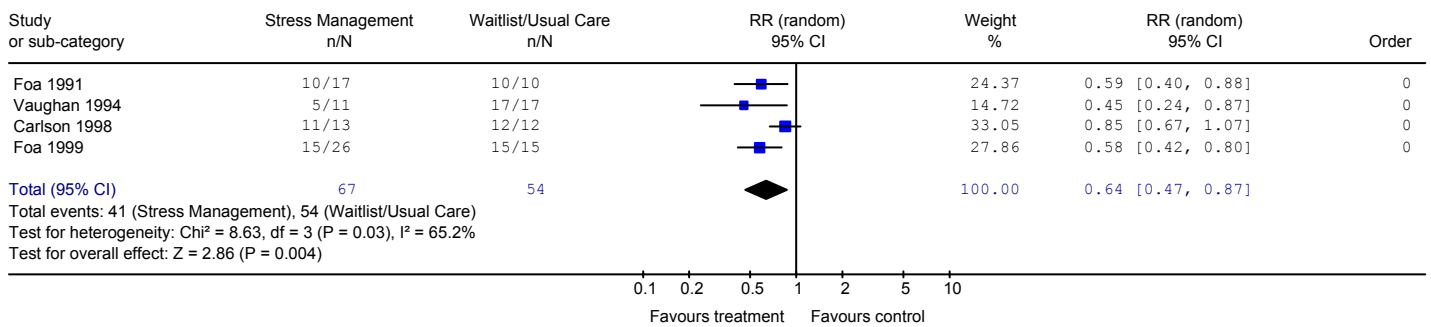


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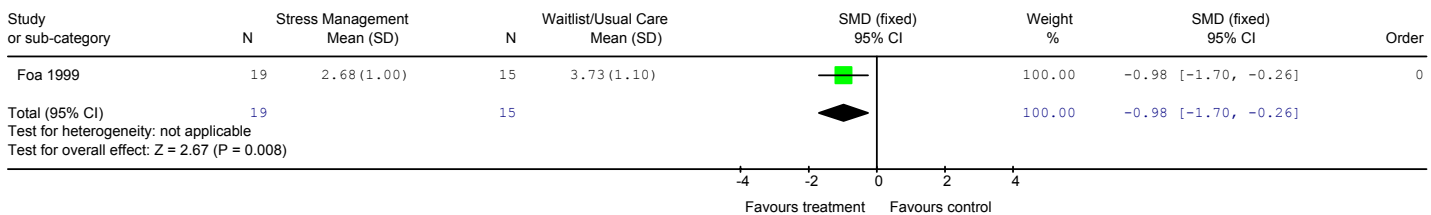
Review: PTSD: Psychological Interventions 3
 Comparison: 05 Stress Management Therapy vs Waitlist/Usual Care
 Outcome: 05 Leaving the study early due to any reason



Review: PTSD: Psychological Interventions 3
 Comparison: 05 Stress Management Therapy vs Waitlist/Usual Care
 Outcome: 06 PTSD diagnosis after treatment

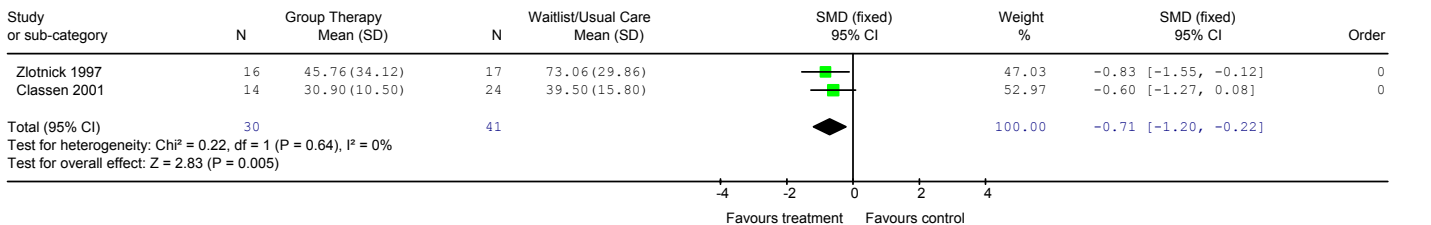


Review: PTSD: Psychological Interventions 3
 Comparison: 05 Stress Management Therapy vs Waitlist/Usual Care
 Outcome: 07 Quality of life

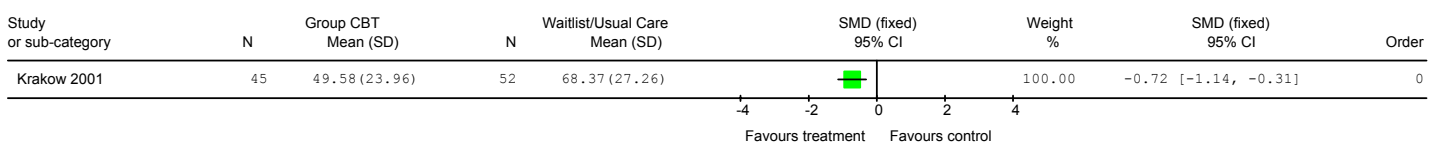


Group CBT vs waitlist/usual care

Review: PTSD: Psychological Interventions 3
 Comparison: 07 Group CBT vs Waitlist/Usual Care
 Outcome: 01 Severity of PTSD symptoms - self-report

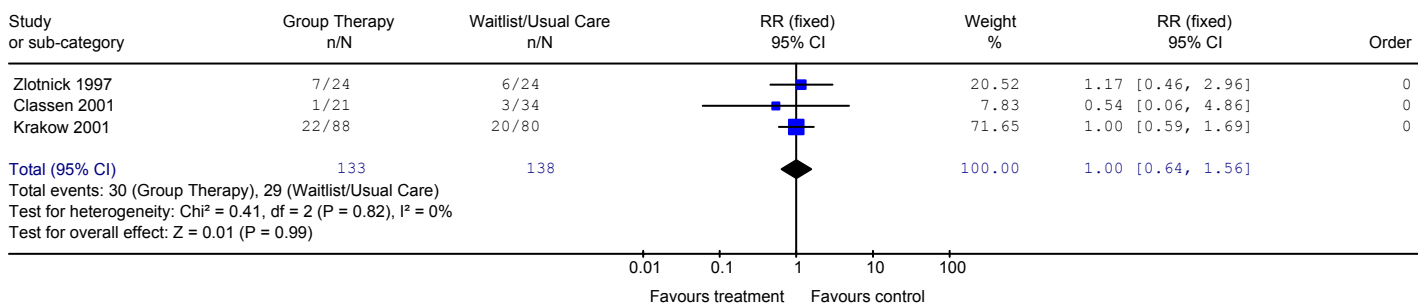


Review: PTSD: Psychological Interventions 3
 Comparison: 07 Group CBT vs Waitlist/Usual Care
 Outcome: 02 Severity of PTSD symptoms - clinician

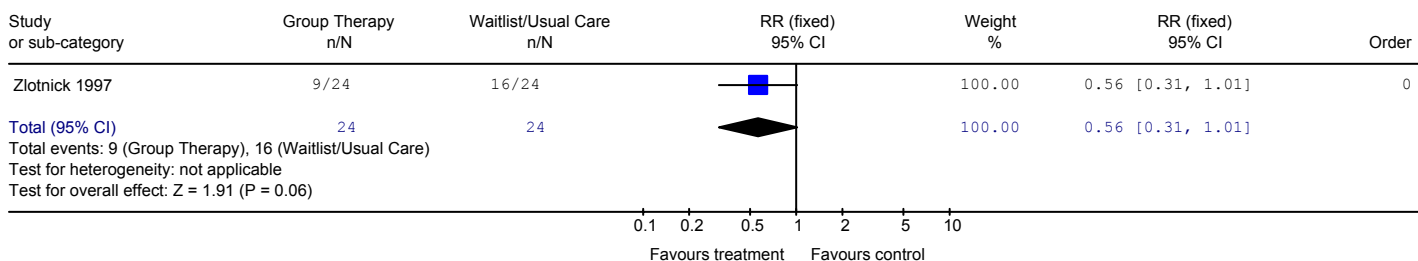


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Review: PTSD: Psychological Interventions 3
 Comparison: 07 Group CBT vs Waitlist/Usual Care
 Outcome: 03 Leaving the study early due to any reason

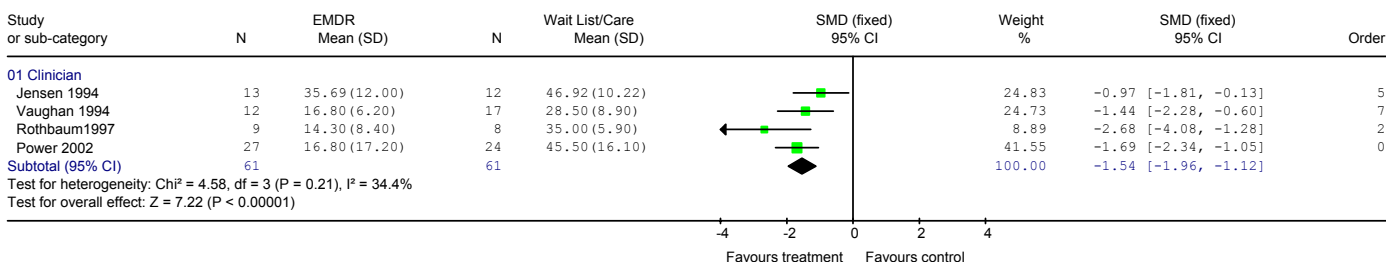


Review: PTSD: Psychological Interventions 3
 Comparison: 07 Group CBT vs Waitlist/Usual Care
 Outcome: 04 PTSD diagnosis after treatment

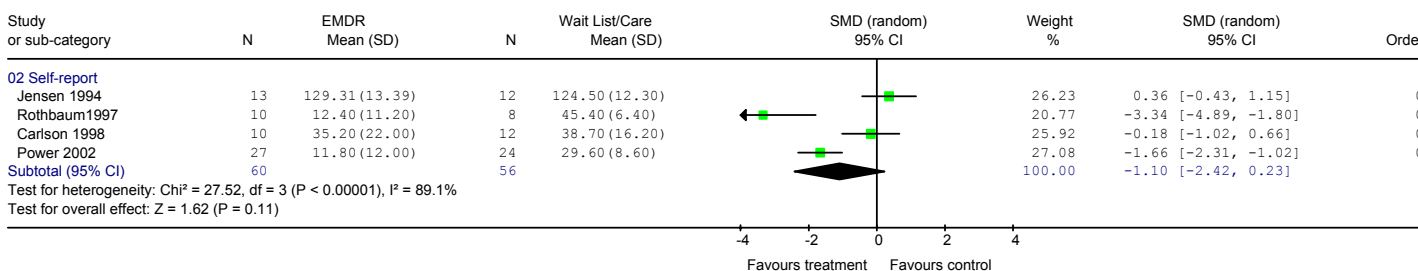


EMDR vs waitlist/usual care

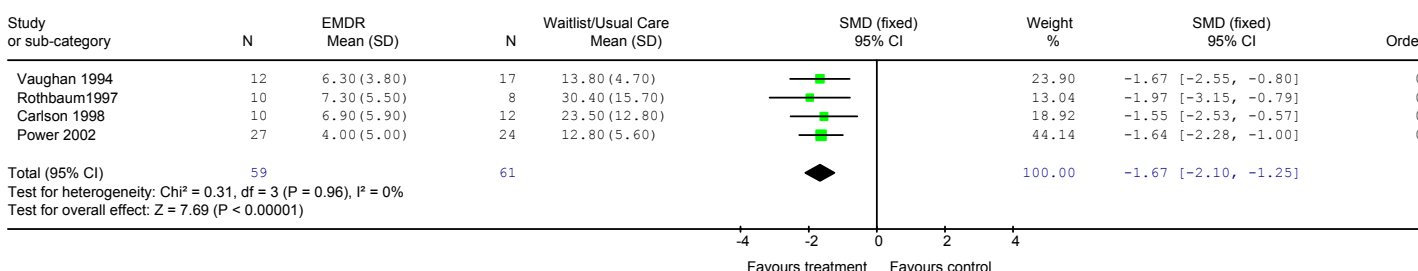
Review: PTSD: Psychological Interventions 3
 Comparison: 01 EMDR vs Waitlist/Usual Care
 Outcome: 01 Severity of PTSD symptoms - Clinician



Review: PTSD: Psychological Interventions 3
 Comparison: 01 EMDR vs Waitlist/Usual Care
 Outcome: 02 Severity of PTSD symptoms - Self-report

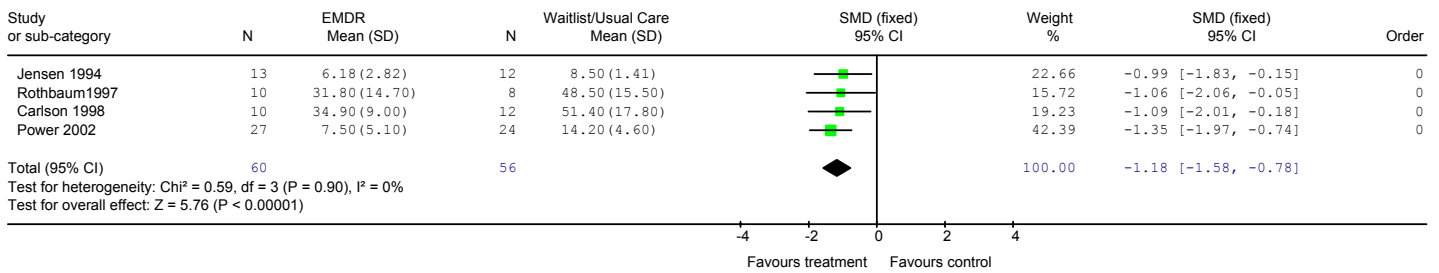


Review: PTSD: Psychological Interventions 3
 Comparison: 01 EMDR vs Waitlist/Usual Care
 Outcome: 03 Depression

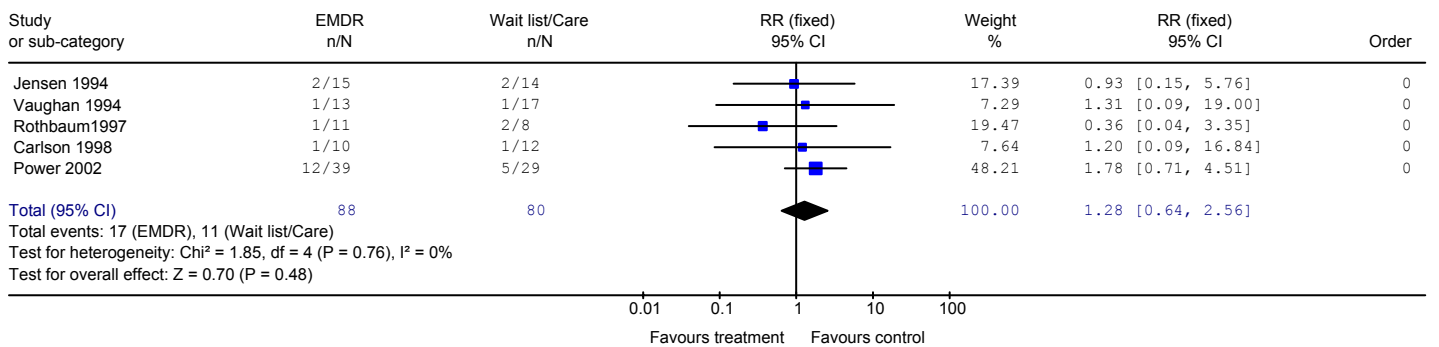


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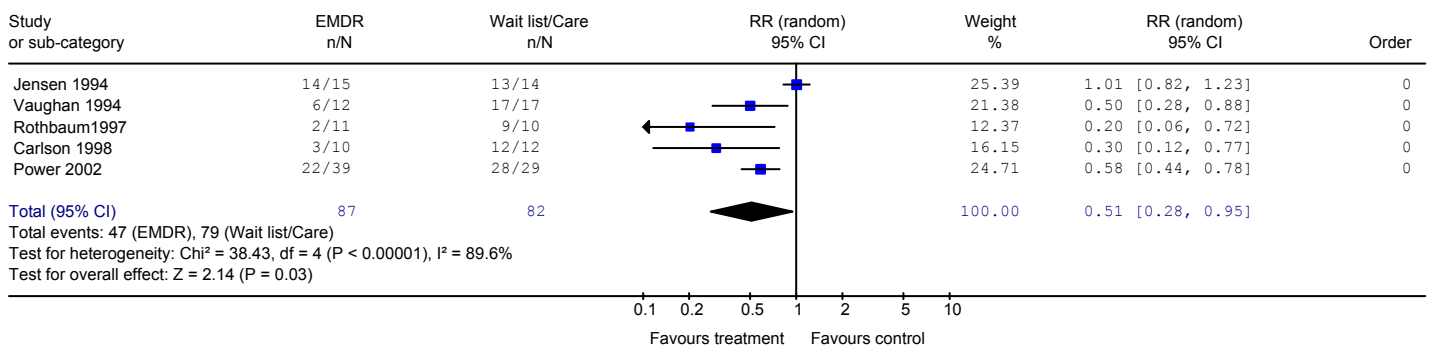
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 Comparison: 01 EMDR vs Waitlist/Usual Care
 Outcome: 04 Anxiety



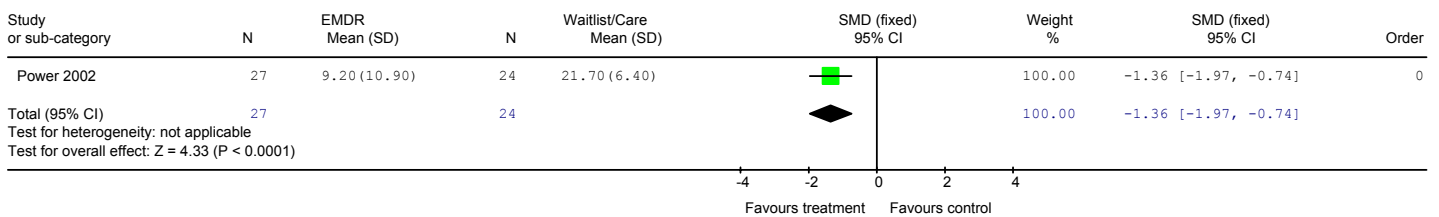
Review: PTSD: Psychological Interventions 3
 Comparison: 01 EMDR vs Waitlist/Usual Care
 Outcome: 05 Leaving the study early due to any reason



Review: PTSD: Psychological Interventions 3
 Comparison: 01 EMDR vs Waitlist/Usual Care
 Outcome: 06 PTSD diagnosis after treatment

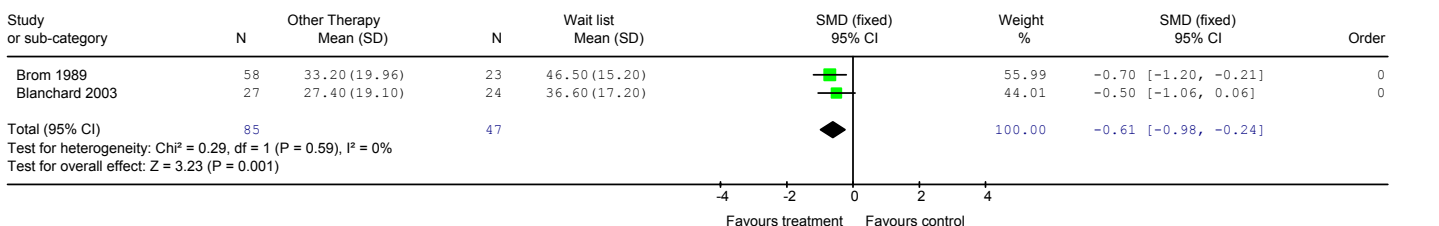


Review: PTSD: Psychological Interventions 3
 Comparison: 01 EMDR vs Waitlist/Usual Care
 Outcome: 07 Quality of life



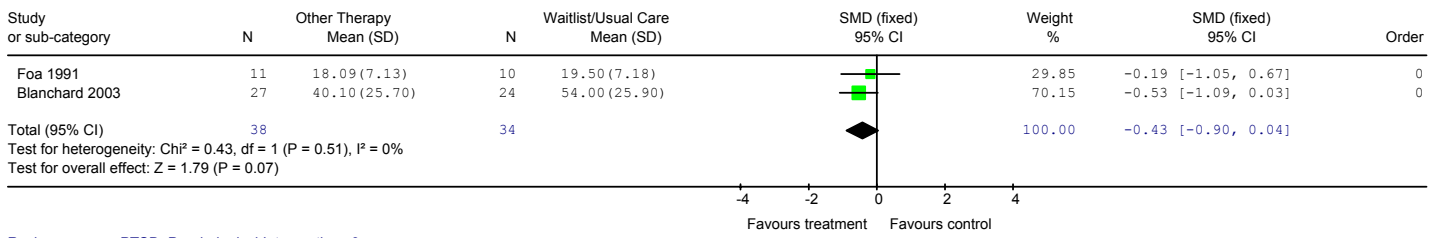
Other therapies vs waitlist/usual care

Review: PTSD: Psychological Interventions 3
 Comparison: 06 Other Therapies vs Waitlist/Usual Care
 Outcome: 01 Severity of PTSD symptoms - self report

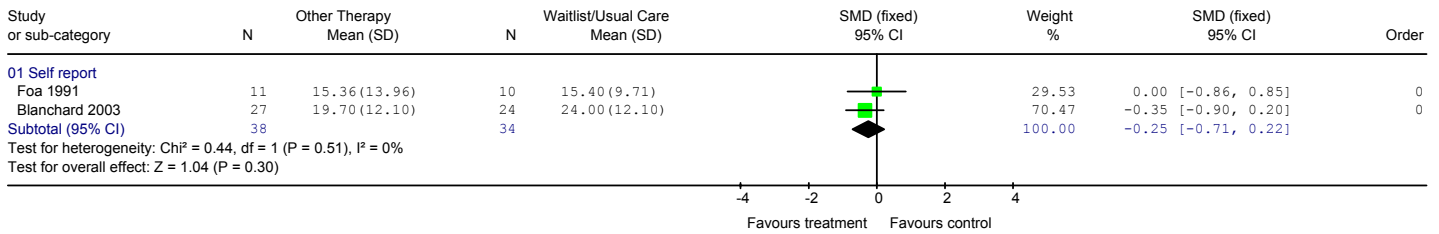


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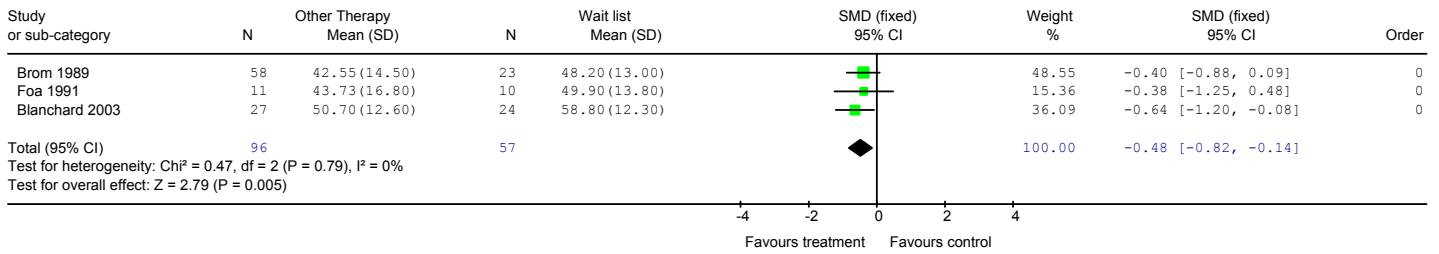
Review: PTSD: Psychological Interventions 3
 Comparison: 06 Other Therapies vs Waitlist/Usual Care
 Outcome: 02 Severity of PTSD symptoms - clinician



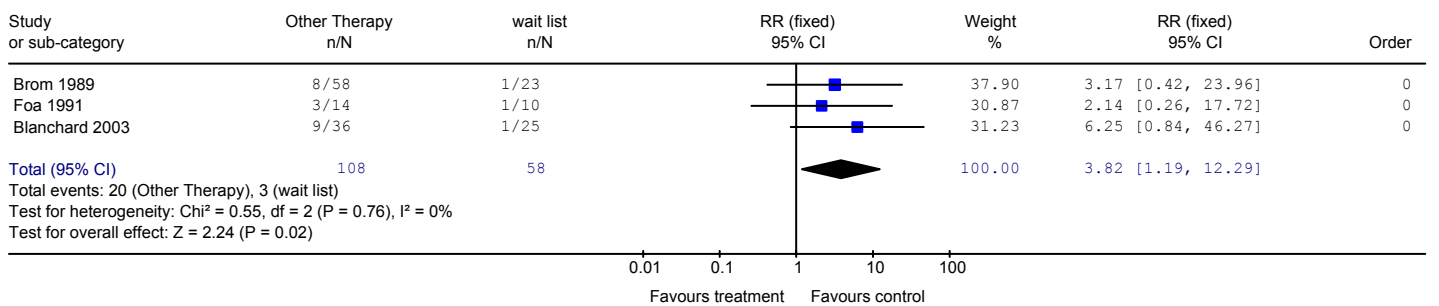
Review: PTSD: Psychological Interventions 3
 Comparison: 06 Other Therapies vs Waitlist/Usual Care
 Outcome: 04 Depression



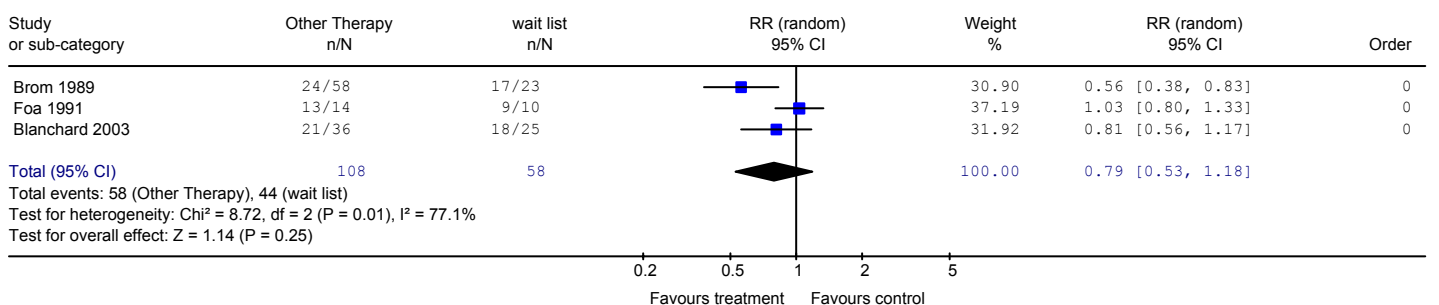
Review: PTSD: Psychological Interventions 3
 Comparison: 06 Other Therapies vs Waitlist/Usual Care
 Outcome: 05 Anxiety - Self report



Review: PTSD: Psychological Interventions 3
 Comparison: 06 Other Therapies vs Waitlist/Usual Care
 Outcome: 06 Leaving the study early due to any reason

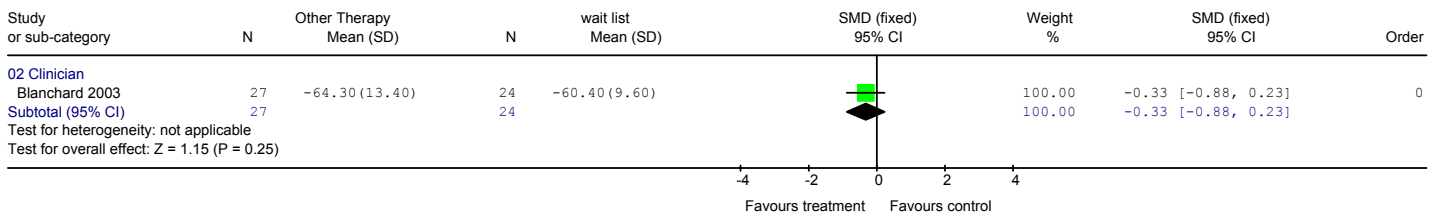


Review: PTSD: Psychological Interventions 3
 Comparison: 06 Other Therapies vs Waitlist/Usual Care
 Outcome: 07 PTSD diagnosis after treatment



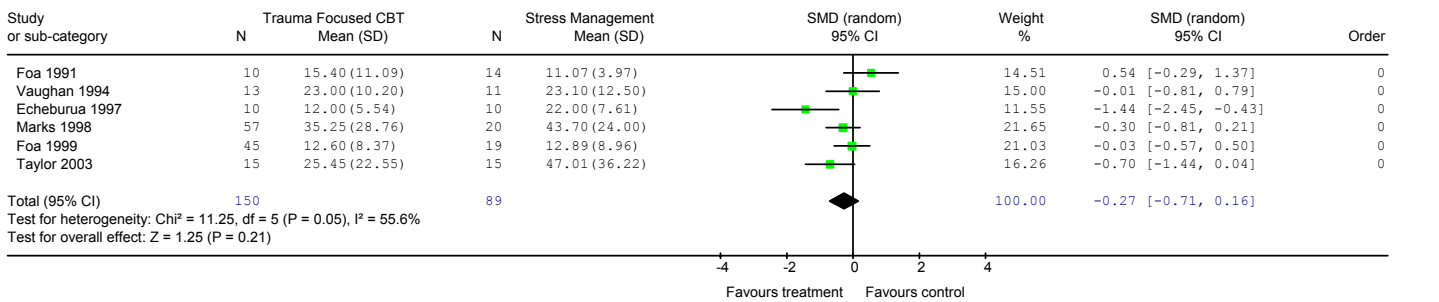
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Review: PTSD: Psychological Interventions 3
 Comparison: 06 Other Therapies vs Waitlist/Usual Care
 Outcome: 08 Quality of Life

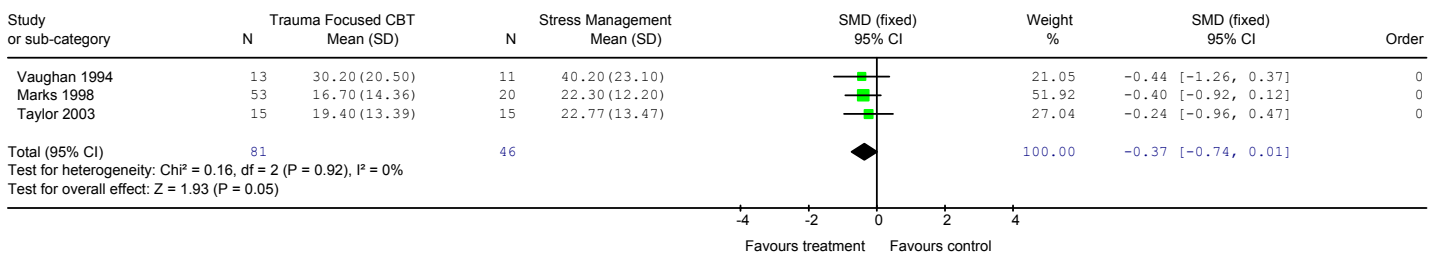


Trauma-focused CBT vs stress management therapy

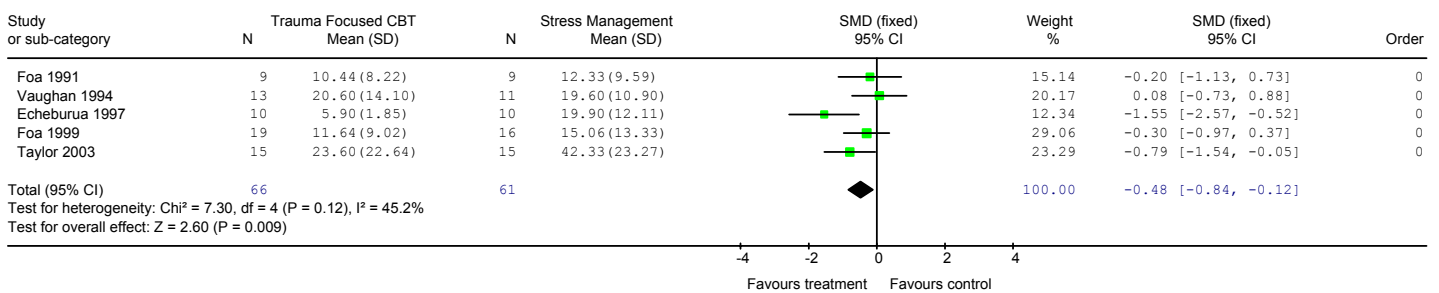
Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 01 Severity of PTSD Symptoms - clinician



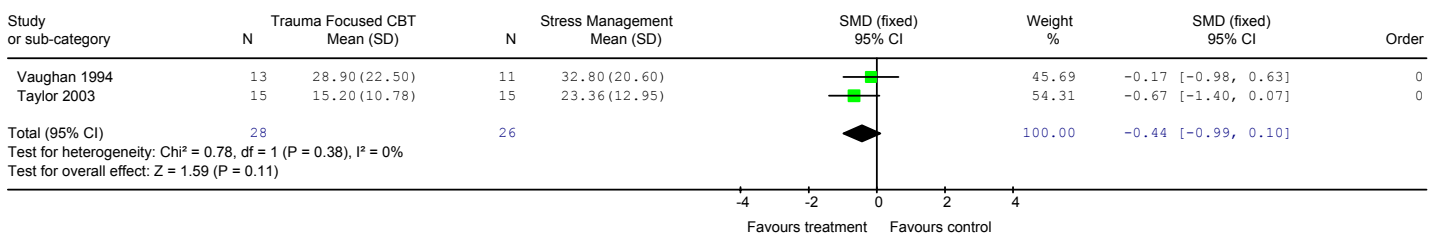
Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 02 Severity of PTSD symptoms - self report



Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 03 Severity of PTSD symptoms - clinician - follow-up (2-5 months)

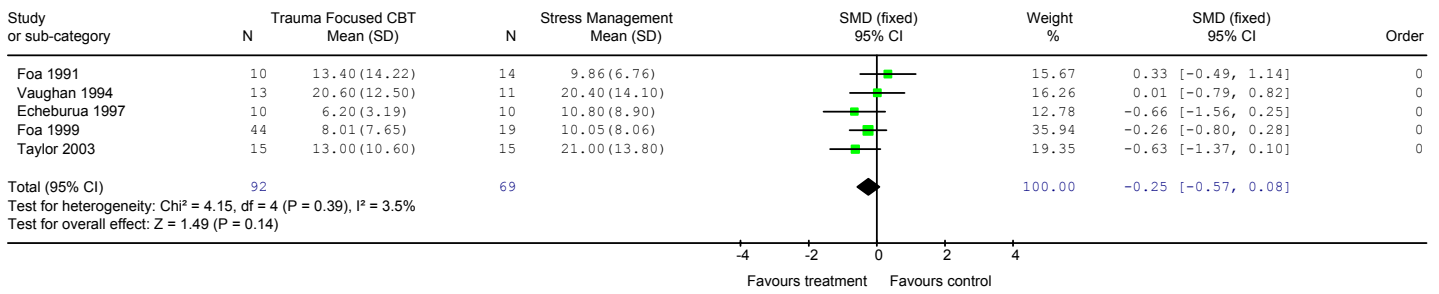


Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 04 Severity of PTSD symptoms - self report - follow-up (2-5 months)

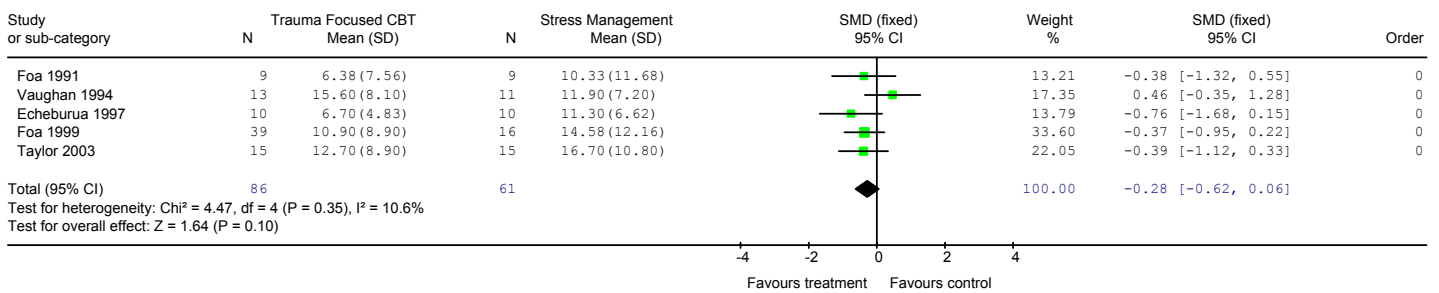


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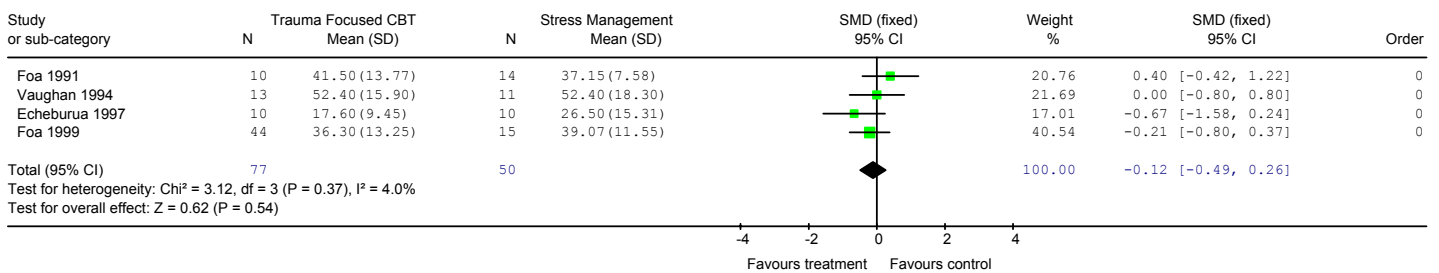
Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 07 Depression



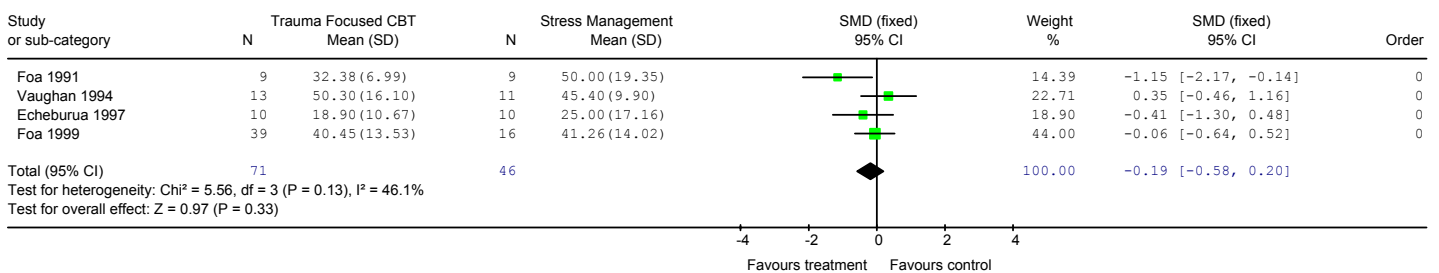
Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 10 Depression - follow-up (2-5 months)



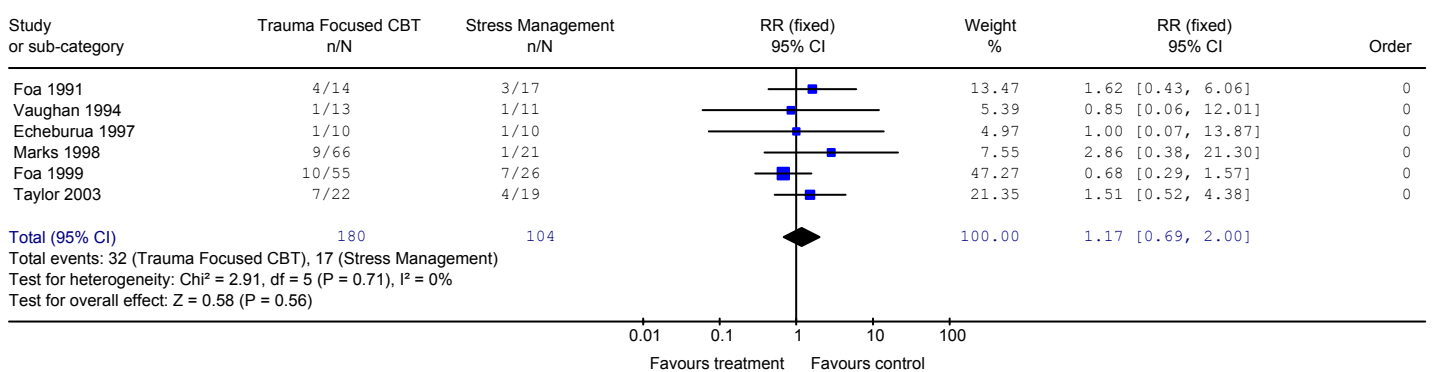
Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 12 Anxiety



Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 13 Anxiety - Follow-up (2-5 months)

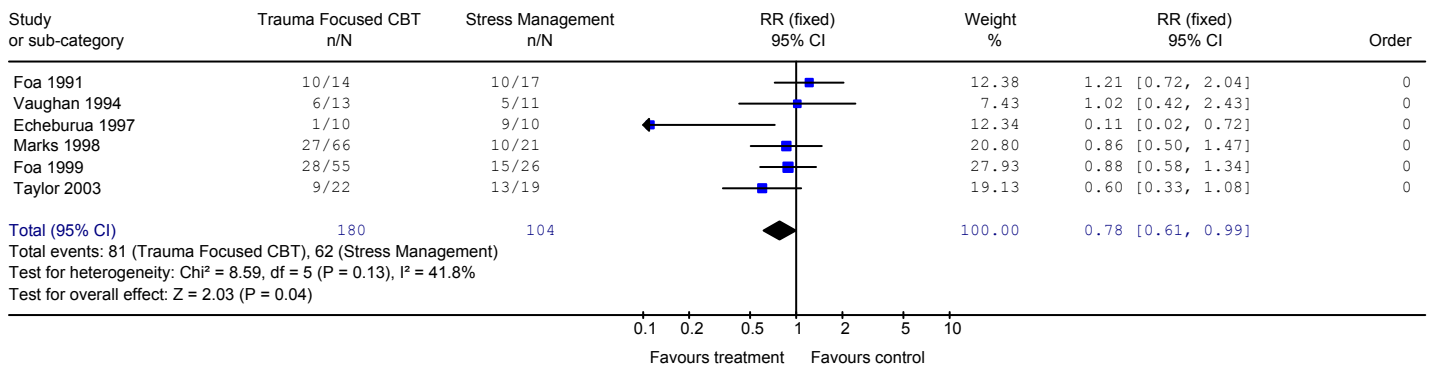


Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 14 Leaving the study early due to any reason

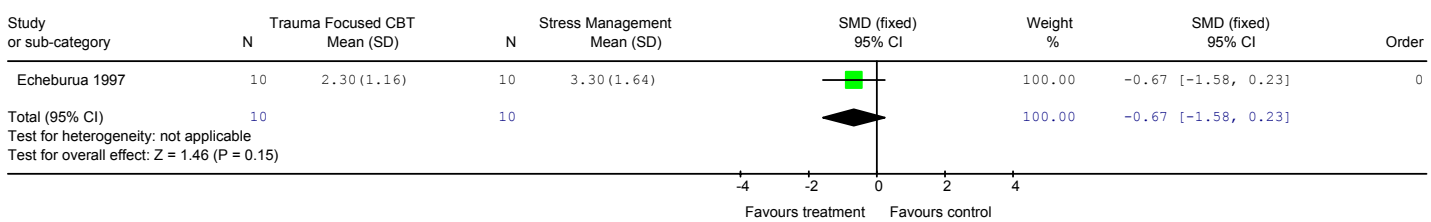


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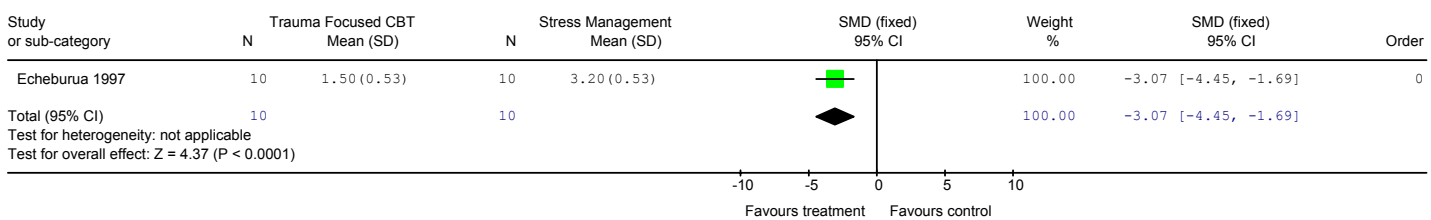
Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 15 PTSD diagnosis after treatment



Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 16 Quality of Life

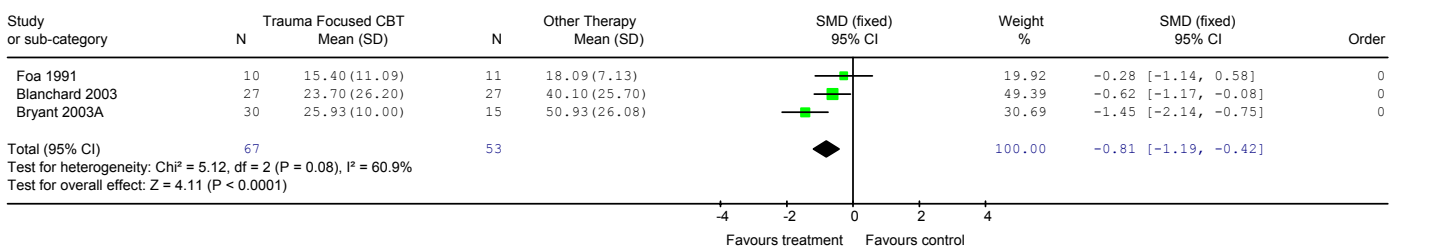


Review: PTSD: Psychological Interventions 3
 Comparison: 13 Trauma Focused CBT/ Exposure Therapy vs Stress Management Therapy
 Outcome: 17 Quality of Life - follow-up (3 months)

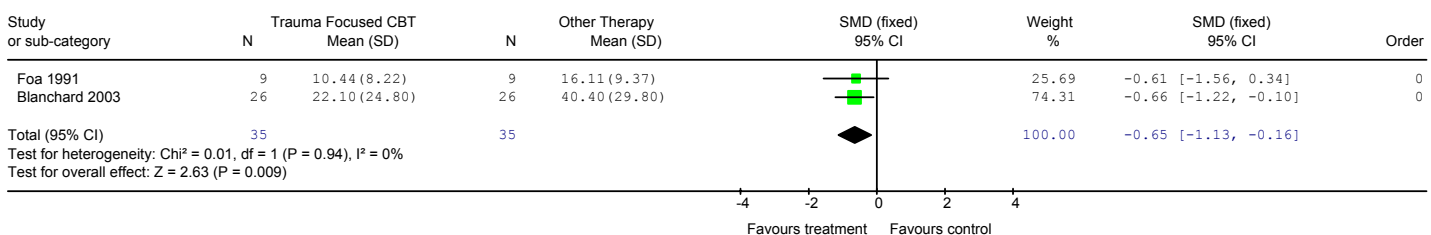


Trauma-focused CBT vs other therapies

Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 01 Severity of PTSD symptoms - clinician

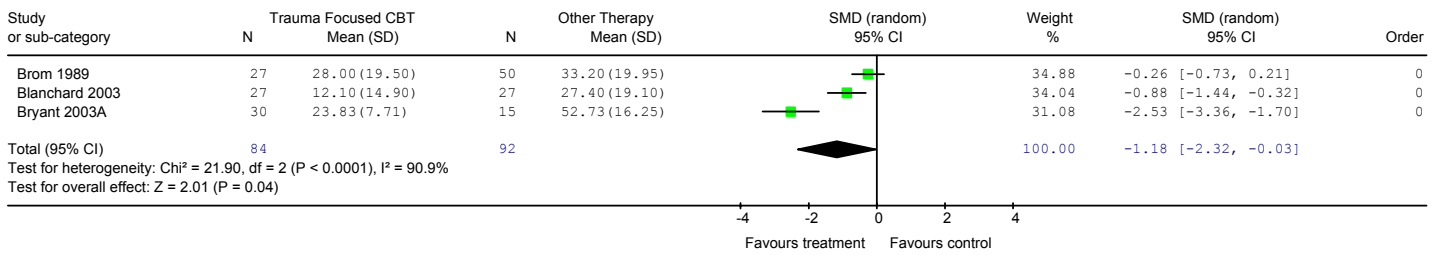


Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 02 Severity of PTSD symptoms - clinician - follow-up (3 months)

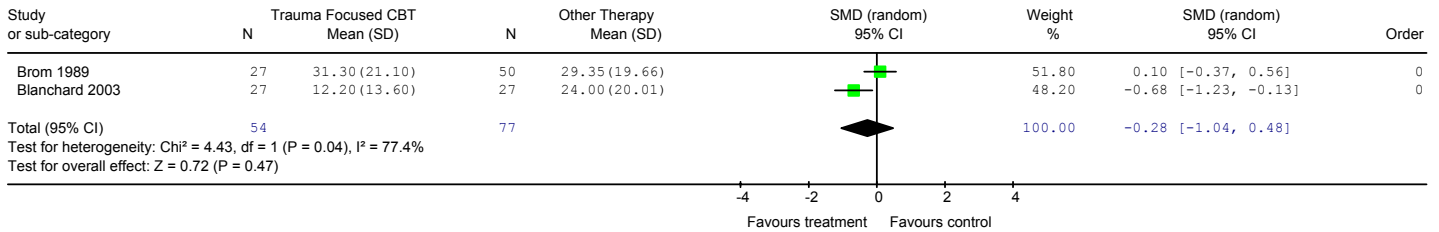


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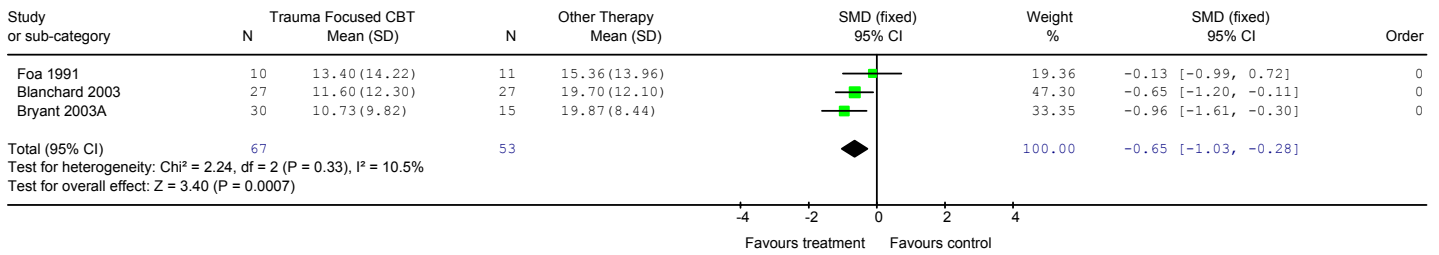
Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 03 Severity of PTSD symptoms - self report



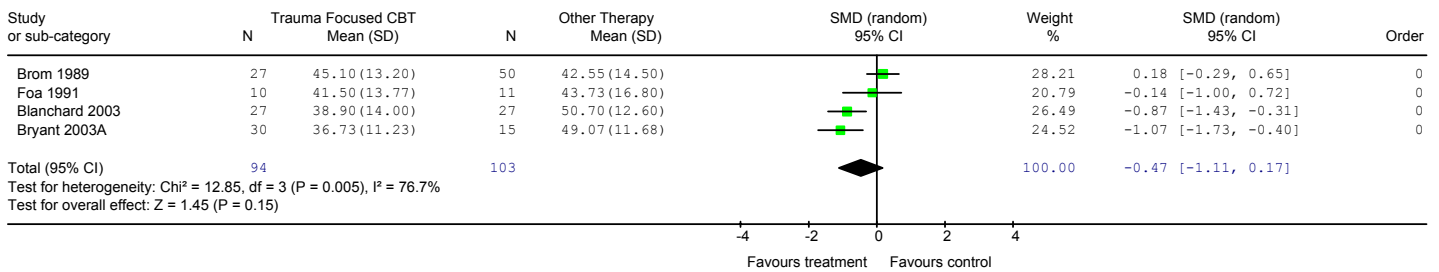
Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 04 Severity of PTSD symptoms - self report - follow-up (2-5 months)



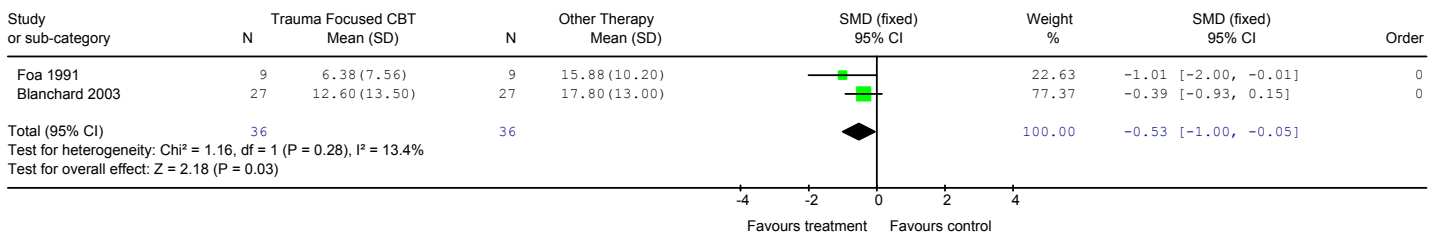
Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 05 Depression - self report



Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 06 Anxiety - self report

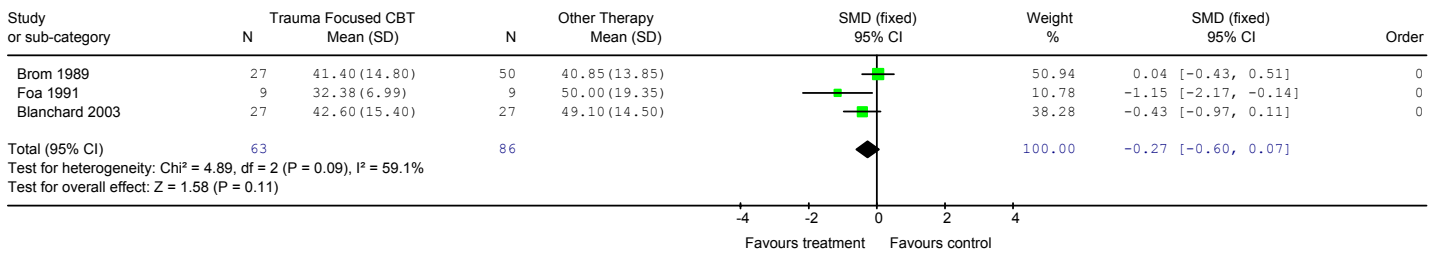


Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 07 Depression - self-report - follow-up (2-5 months)

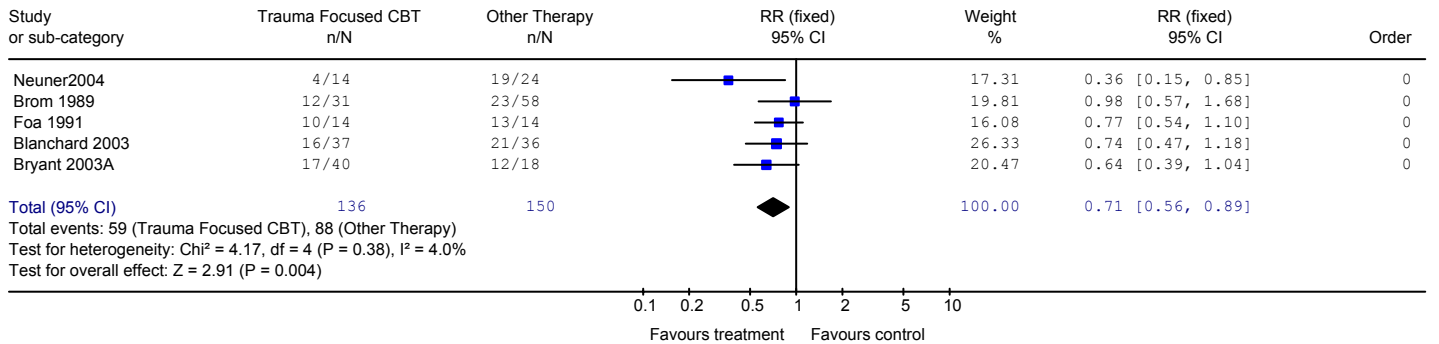


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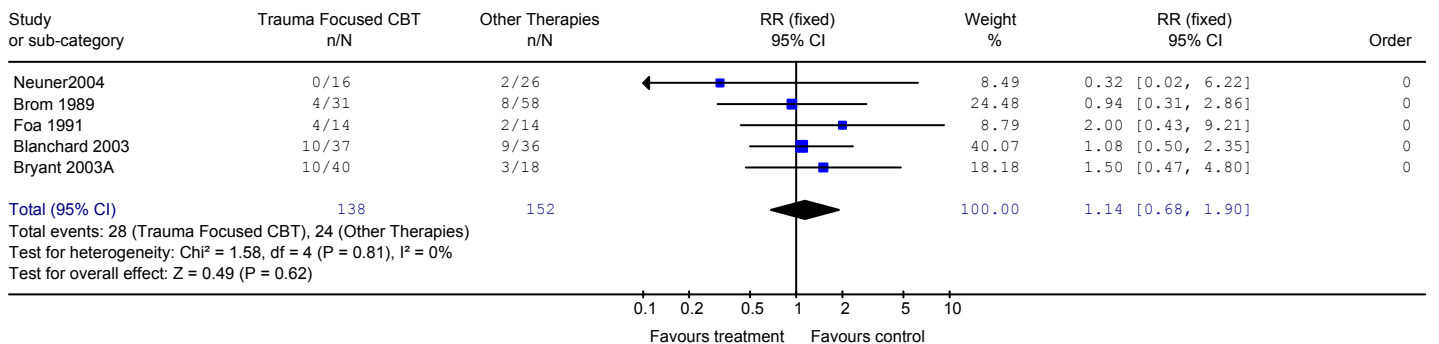
Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 08 Anxiety - self-report - follow-up (2-5 months)



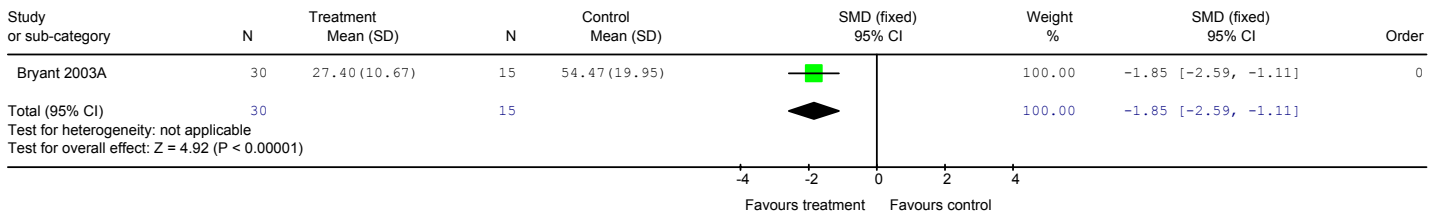
Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 09 PTSD diagnosis after treatment



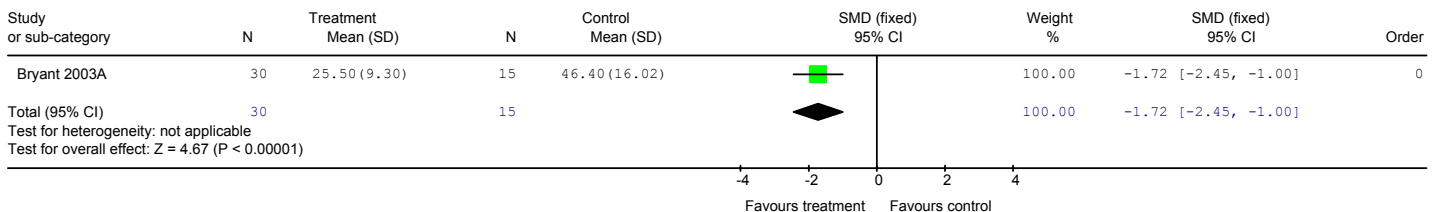
Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 10 Leaving the study early due to any reason



Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 11 Severity of PTSD symptoms - clinician - follow-up (6-9 months)

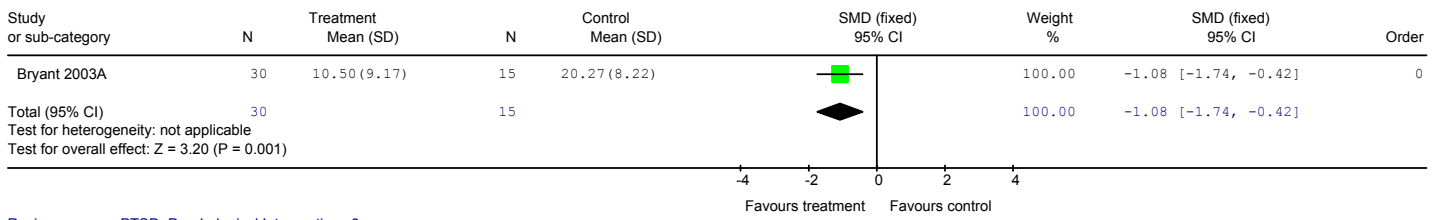


Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 12 Severity of PTSD symptoms - self-report - follow-up (6-9 months)

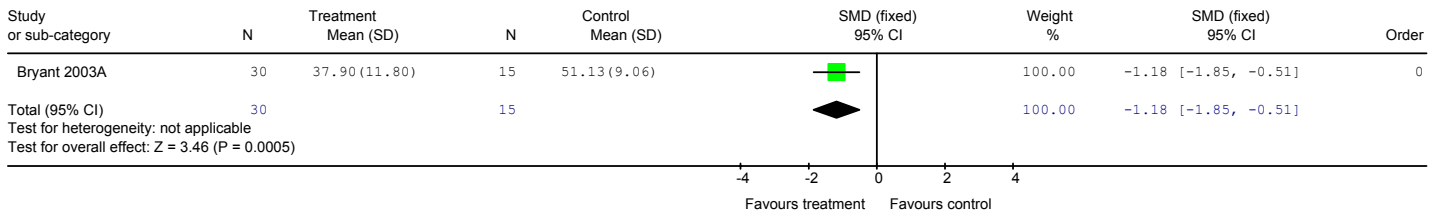


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Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 13 Depression - follow-up (6-9 months)



Review: PTSD: Psychological Interventions 3
 Comparison: 17 Trauma Focused CBT/Exposure Therapy vs Other Therapies (supportive counselling/hypnotherapy/psychodynamic)
 Outcome: 14 Anxiety - follow-up (6-9 months)

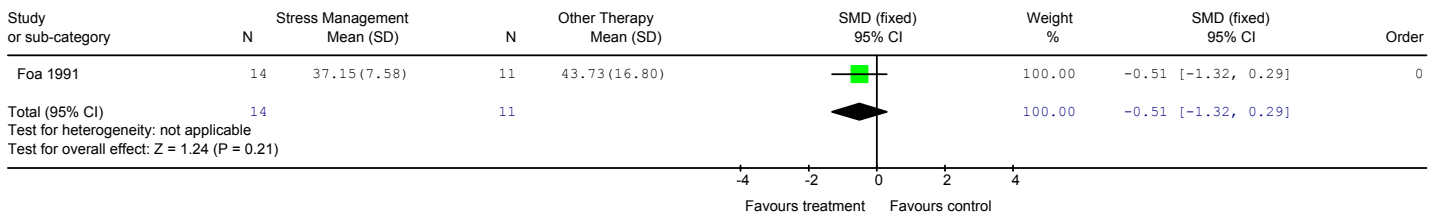


Stress management therapy vs other therapies

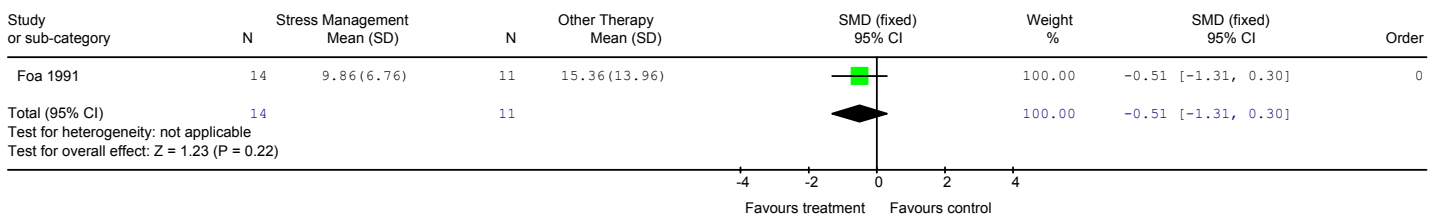
Review: PTSD: Psychological Interventions 3
 Comparison: 20 Stress Management Therapy vs Other Therapies
 Outcome: 01 Severity of PTSD symptoms - Clinician



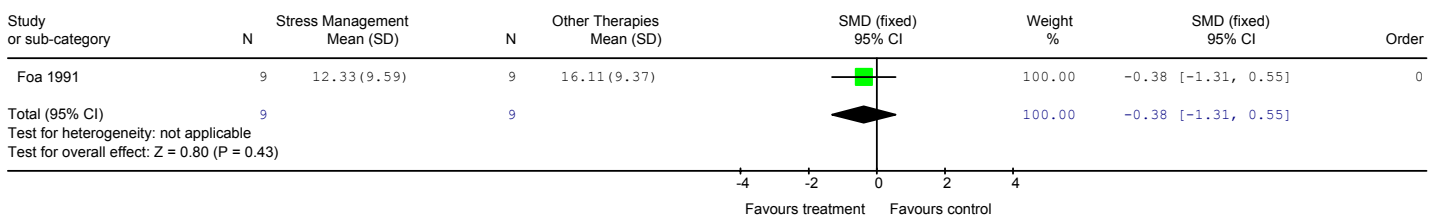
Review: PTSD: Psychological Interventions 3
 Comparison: 20 Stress Management Therapy vs Other Therapies
 Outcome: 02 Anxiety - Self-report



Review: PTSD: Psychological Interventions 3
 Comparison: 20 Stress Management Therapy vs Other Therapies
 Outcome: 03 Depression - Self-report



Review: PTSD: Psychological Interventions 3
 Comparison: 20 Stress Management Therapy vs Other Therapies
 Outcome: 06 Severity of PTSD symptoms - clinician - follow-up (3 months)



CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.

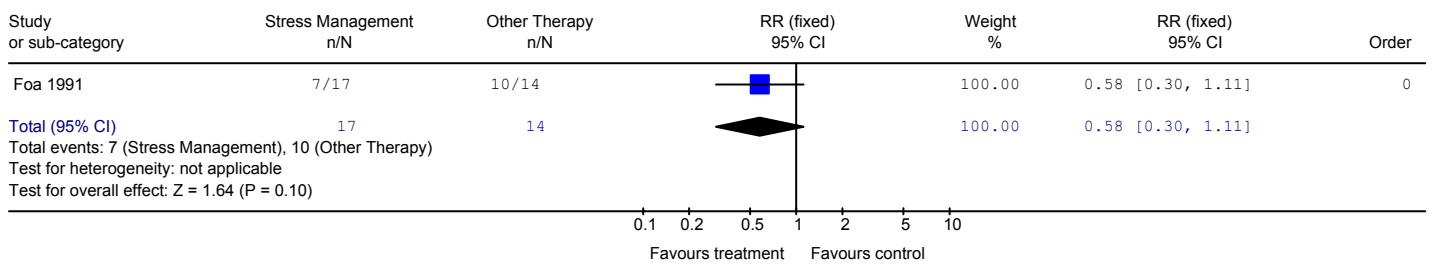
Review: PTSD: Psychological Interventions 3
 Comparison: 20 Stress Management Therapy vs Other Therapies
 Outcome: 07 Anxiety - self-report - follow-up (3 months)



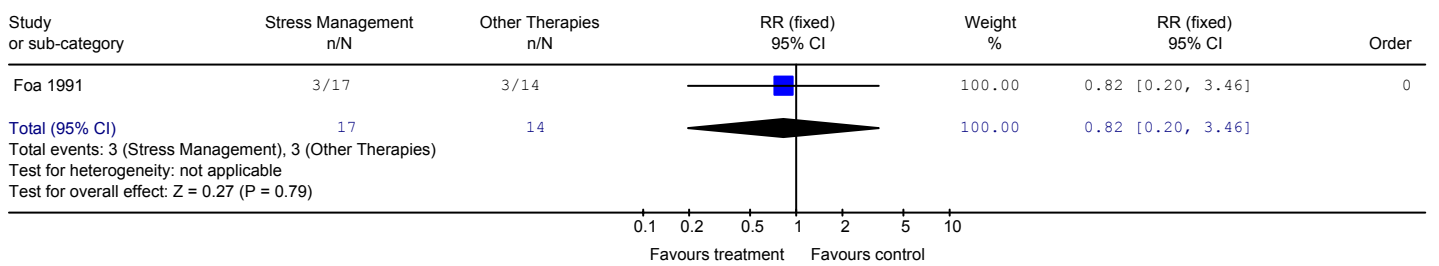
Review: PTSD: Psychological Interventions 3
 Comparison: 20 Stress Management Therapy vs Other Therapies
 Outcome: 08 Depression - self-report - follow-up (3 months)



Review: PTSD: Psychological Interventions 3
 Comparison: 20 Stress Management Therapy vs Other Therapies
 Outcome: 09 PTSD diagnosis after treatment

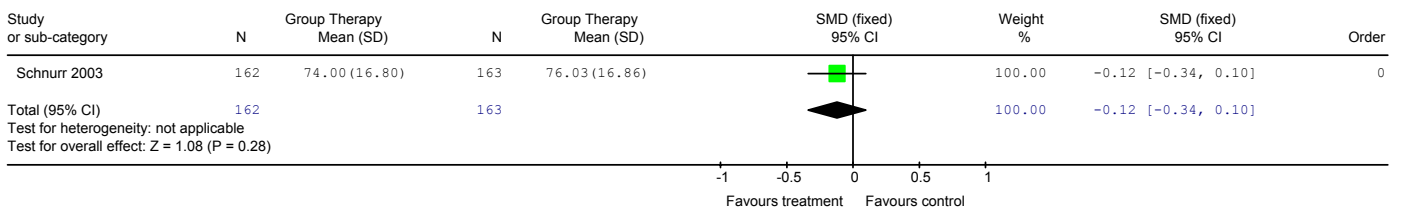


Review: PTSD: Psychological Interventions 3
 Comparison: 20 Stress Management Therapy vs Other Therapies
 Outcome: 10 Leaving the study early due to any reason



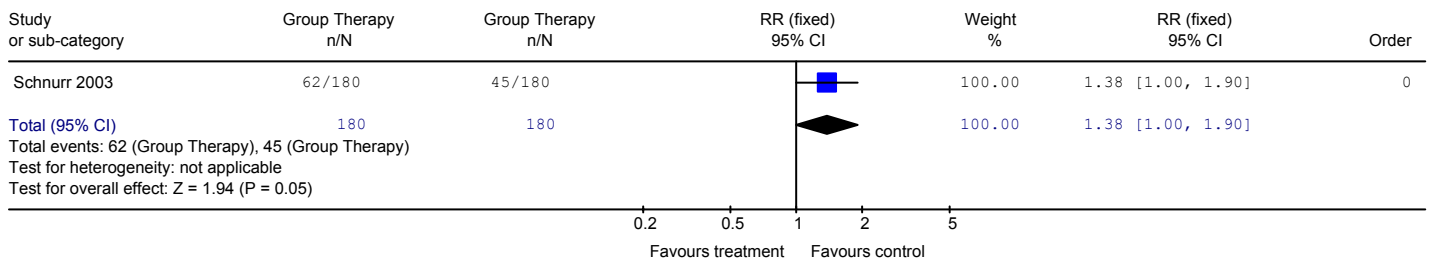
Group CBT (trauma-focused) vs group CBT (non-trauma-focused)

Review: PTSD: Psychological Interventions 3
 Comparison: 21 Group CBT (trauma focused) vs Group CBT (non-trauma focused)
 Outcome: 01 Severity of PTSD symptoms

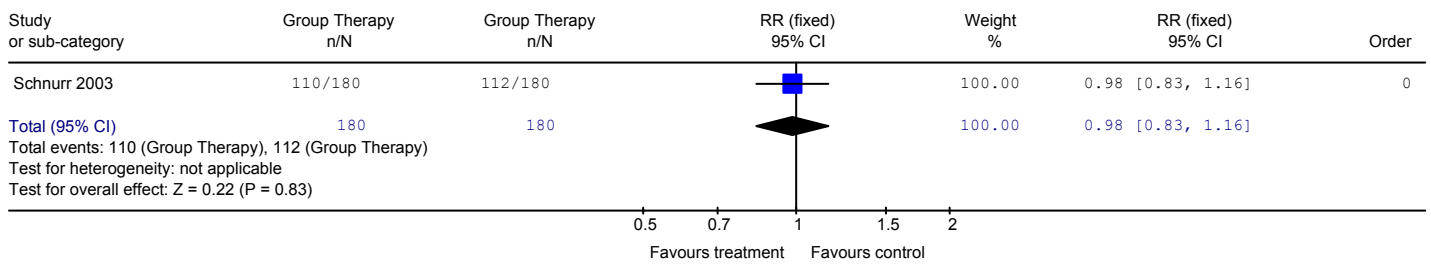


CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.

Review: PTSD: Psychological Interventions 3
 Comparison: 21 Group CBT (trauma focused) vs Group CBT (non-trauma focused)
 Outcome: 02 Leaving the study early due to any reason

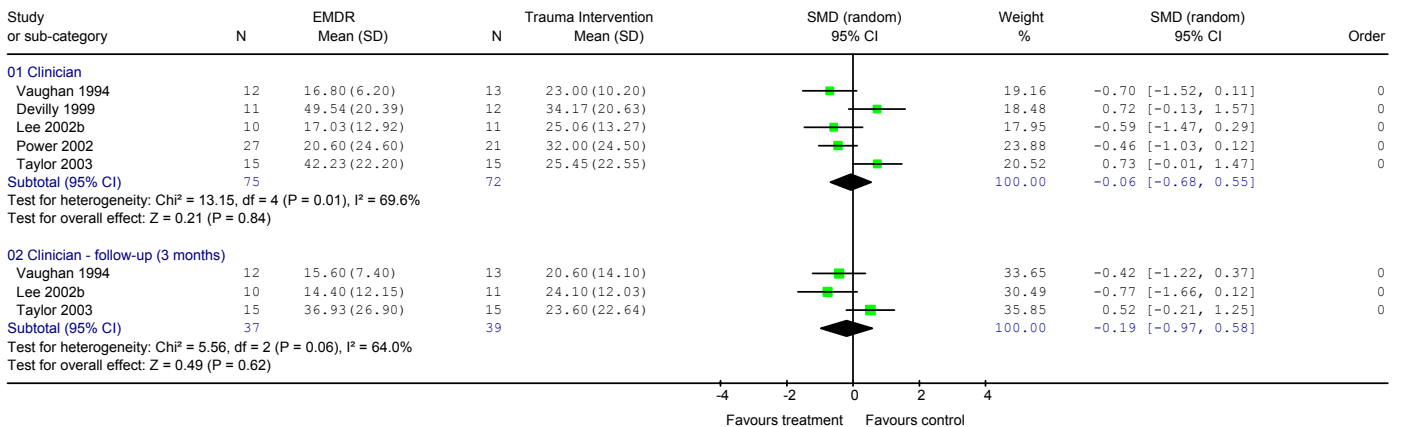


Review: PTSD: Psychological Interventions 3
 Comparison: 21 Group CBT (trauma focused) vs Group CBT (non-trauma focused)
 Outcome: 03 PTSD diagnosis after treatment



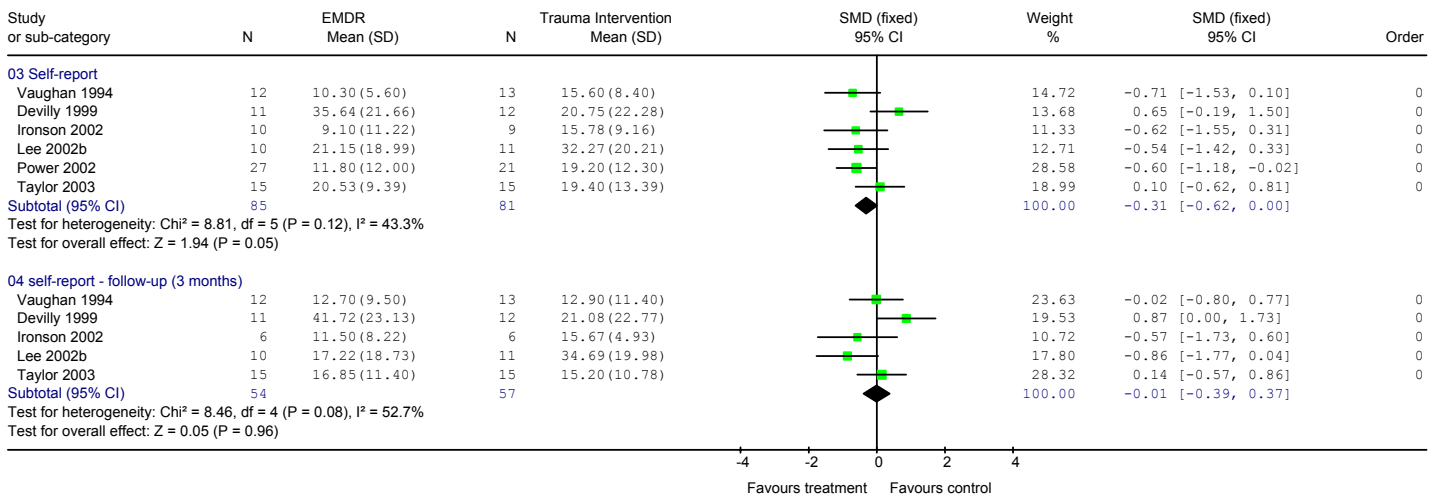
EMDR vs trauma-focused CBT

Review: PTSD: Psychological Interventions 3
 Comparison: 08 EMDR vs Trauma Focused CBT/ Exposure Therapy
 Outcome: 01 Severity of PTSD symptoms - Clinician

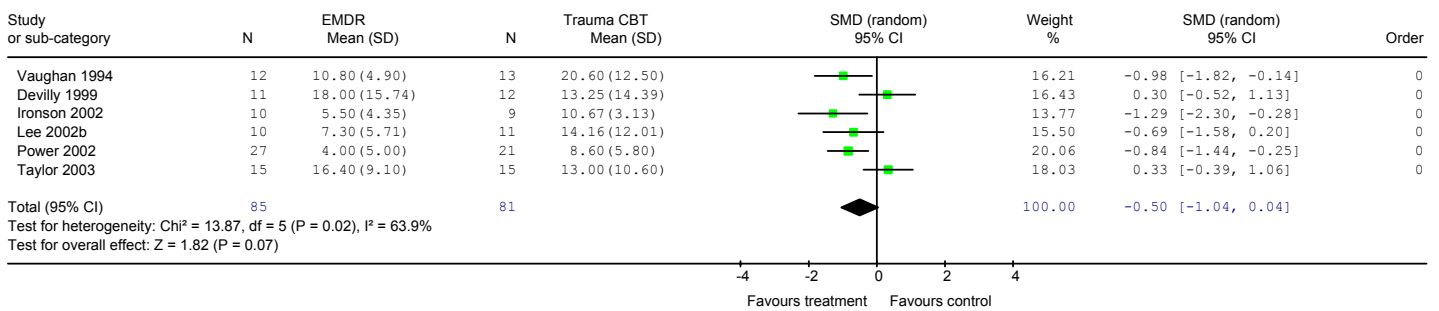


CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.

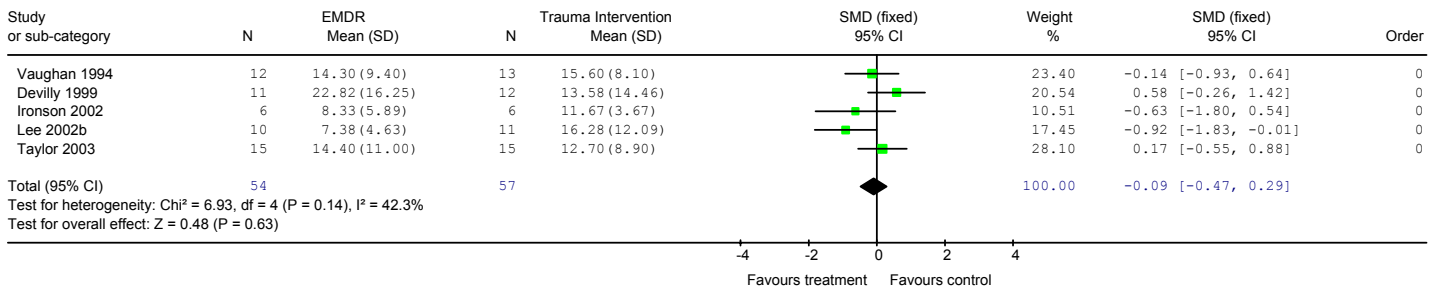
Review: PTSD: Psychological Interventions 3
 Comparison: 08 EMDR vs Trauma Focused CBT/ Exposure Therapy
 Outcome: 02 Severity of PTSD symptoms - Self-report



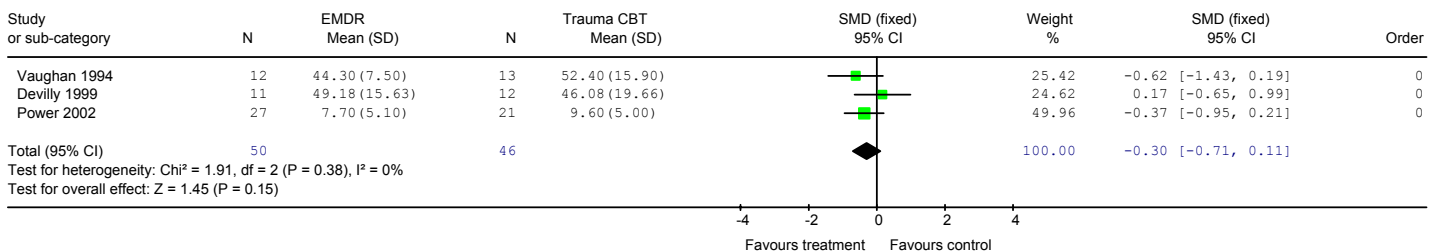
Review: PTSD: Psychological Interventions 3
 Comparison: 08 EMDR vs Trauma Focused CBT/ Exposure Therapy
 Outcome: 03 Depression - self report



Review: PTSD: Psychological Interventions 3
 Comparison: 08 EMDR vs Trauma Focused CBT/ Exposure Therapy
 Outcome: 04 Depression - self report - follow-up (2-5 months)

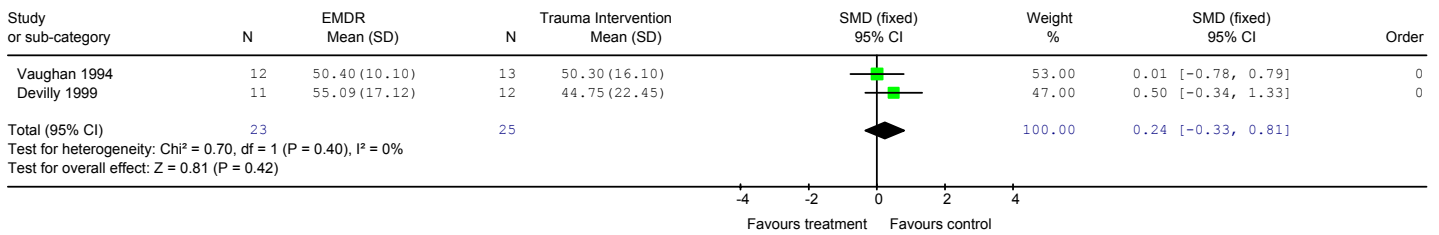


Review: PTSD: Psychological Interventions 3
 Comparison: 08 EMDR vs Trauma Focused CBT/ Exposure Therapy
 Outcome: 05 Anxiety - self report

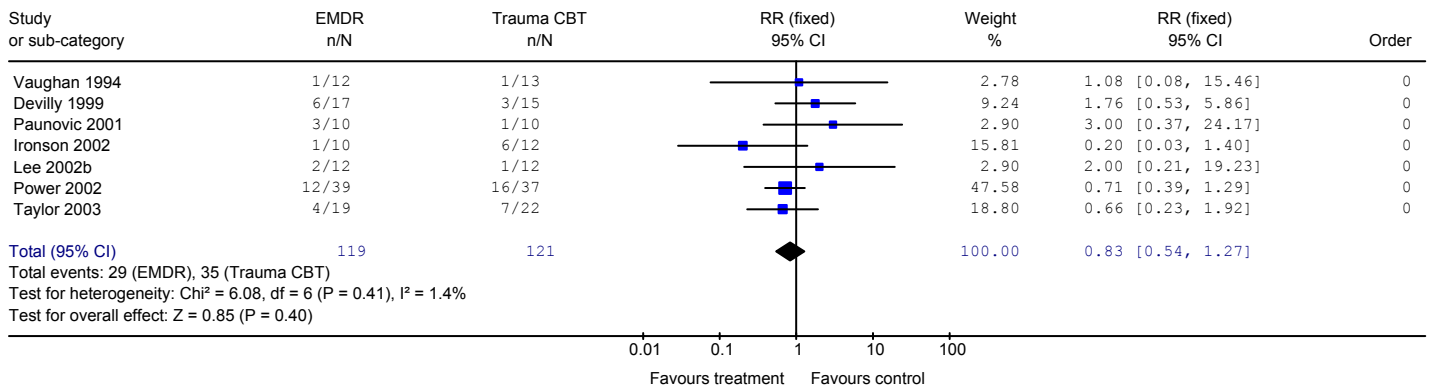


CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.

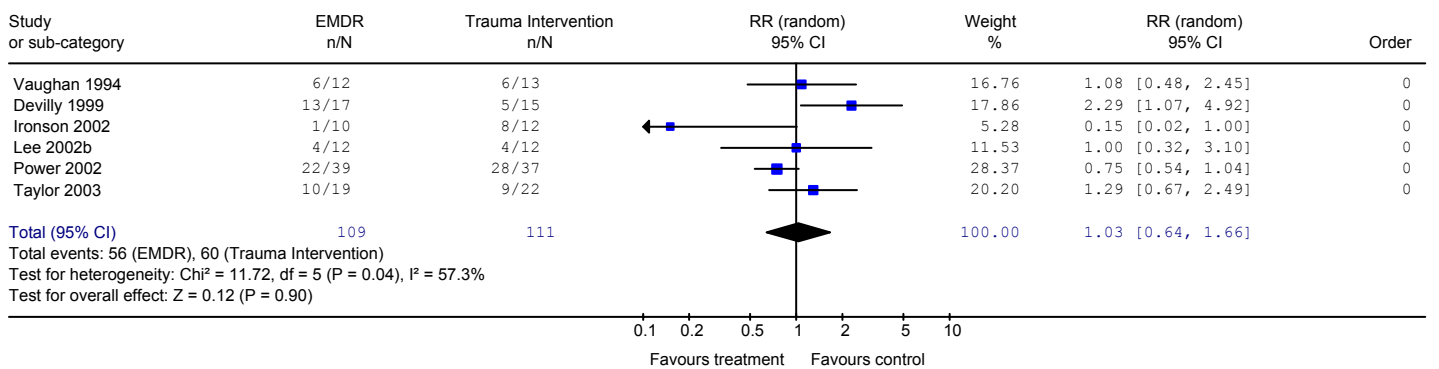
Review: PTSD: Psychological Interventions 3
 Comparison: 08 EMDR vs Trauma Focused CBT/ Exposure Therapy
 Outcome: 06 Anxiety - self report - follow-up (2-5 months)



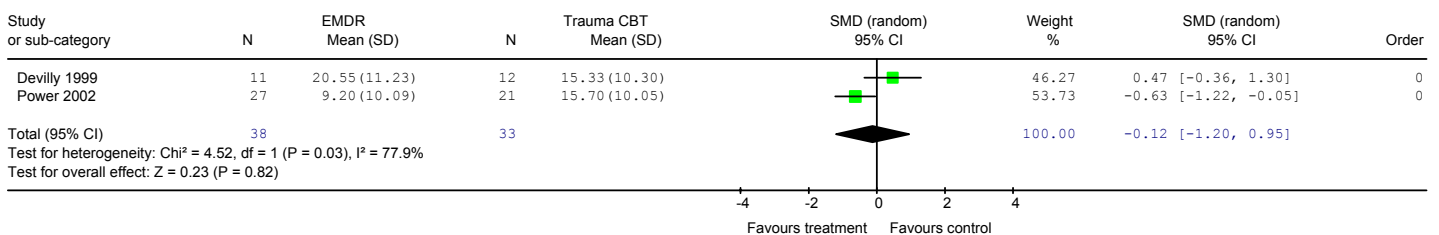
Review: PTSD: Psychological Interventions 3
 Comparison: 08 EMDR vs Trauma Focused CBT/ Exposure Therapy
 Outcome: 07 Leaving the study early due to any reason



Review: PTSD: Psychological Interventions 3
 Comparison: 08 EMDR vs Trauma Focused CBT/ Exposure Therapy
 Outcome: 08 PTSD diagnosis after treatment



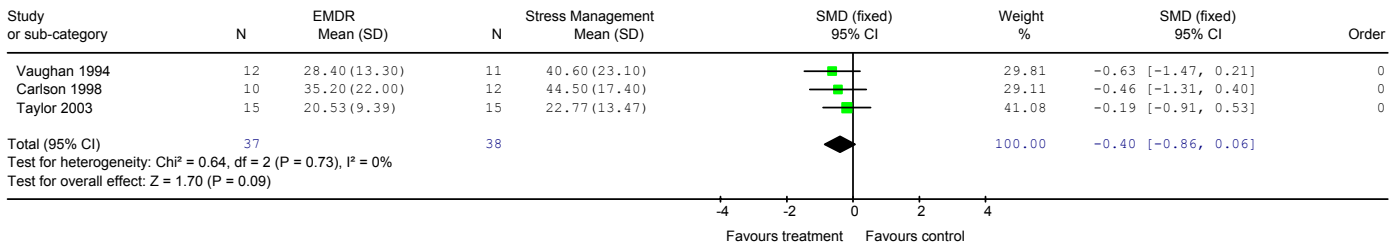
Review: PTSD: Psychological Interventions 3
 Comparison: 08 EMDR vs Trauma Focused CBT/ Exposure Therapy
 Outcome: 10 Quality of life



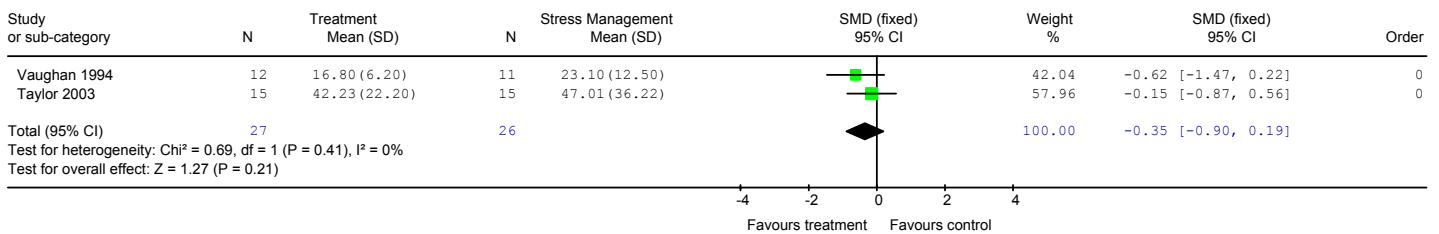
CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.

EMDR vs stress management therapy

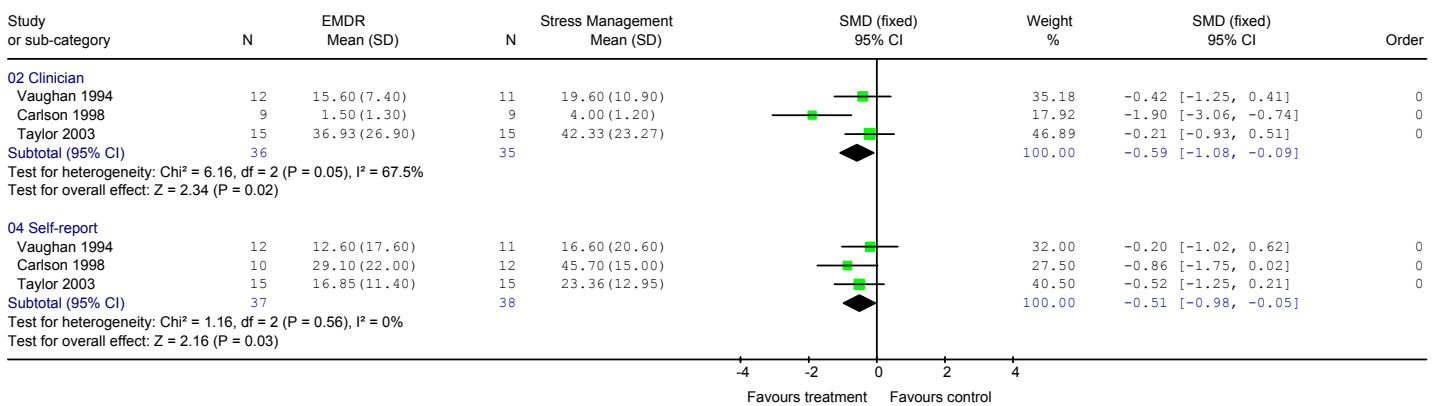
Review: PTSD: Psychological Interventions 3
 Comparison: 11 EMDR vs Stress Management Therapy
 Outcome: 01 Severity of PTSD symptoms - Self report



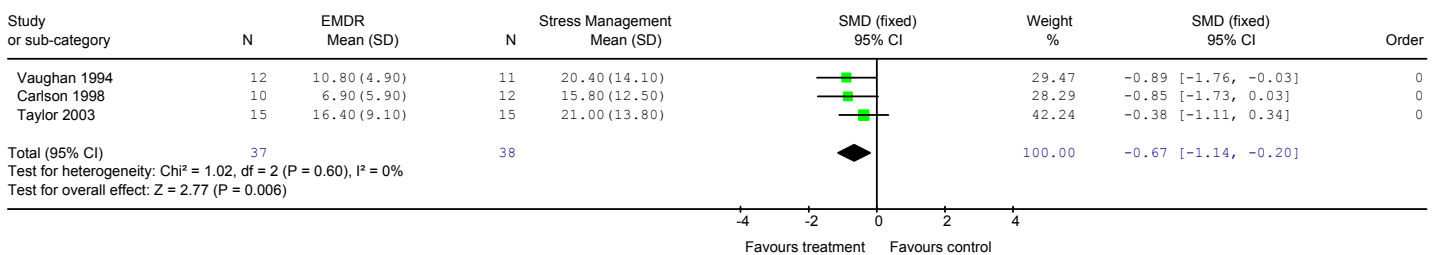
Review: PTSD: Psychological Interventions 3
 Comparison: 11 EMDR vs Stress Management Therapy
 Outcome: 02 Severity of PTSD symptoms - Clinician



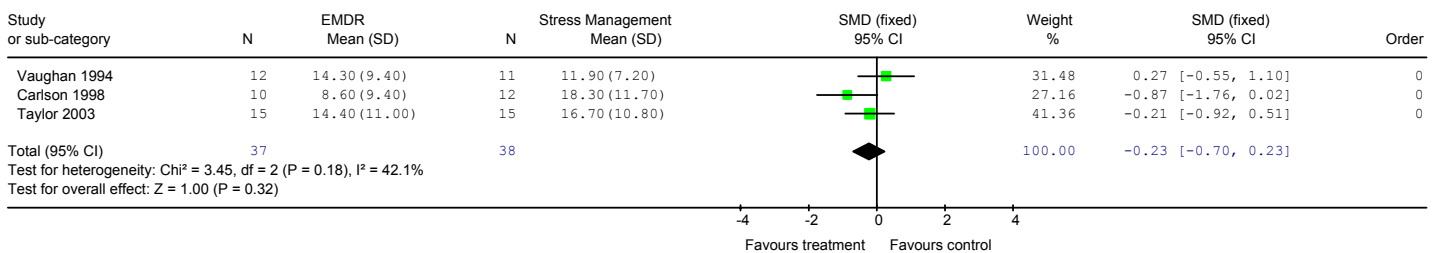
Review: PTSD: Psychological Interventions 3
 Comparison: 11 EMDR vs Stress Management Therapy
 Outcome: 03 Severity of PTSD symptoms - follow-up (2-5 months)



Review: PTSD: Psychological Interventions 3
 Comparison: 11 EMDR vs Stress Management Therapy
 Outcome: 04 Depression - self report

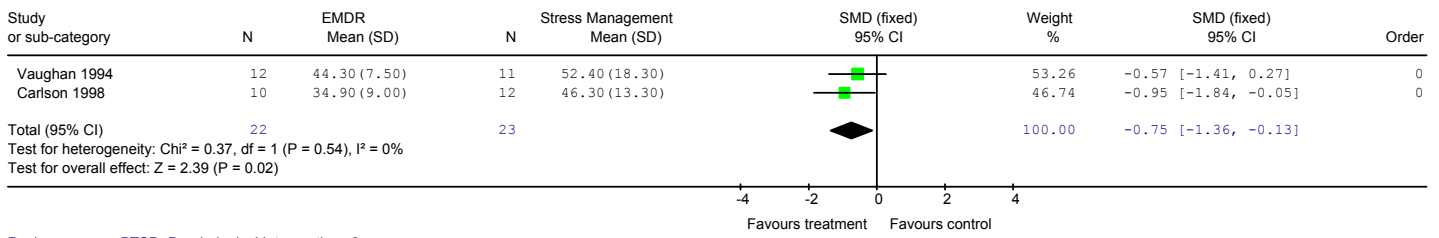


Review: PTSD: Psychological Interventions 3
 Comparison: 11 EMDR vs Stress Management Therapy
 Outcome: 07 Depression - self report - follow-up (2-5 months)

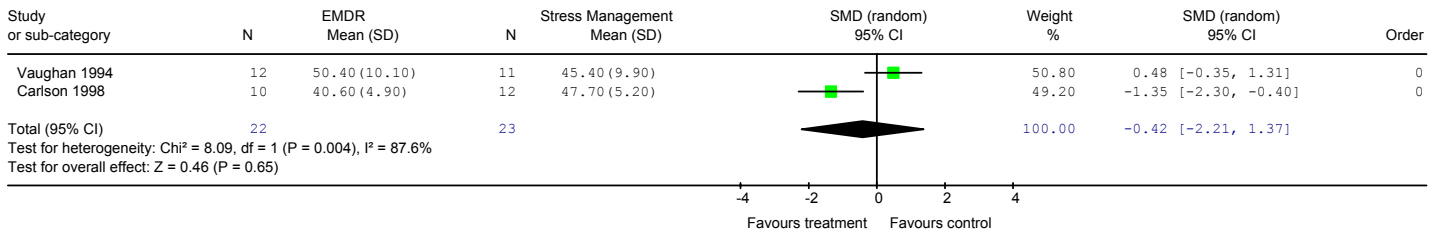


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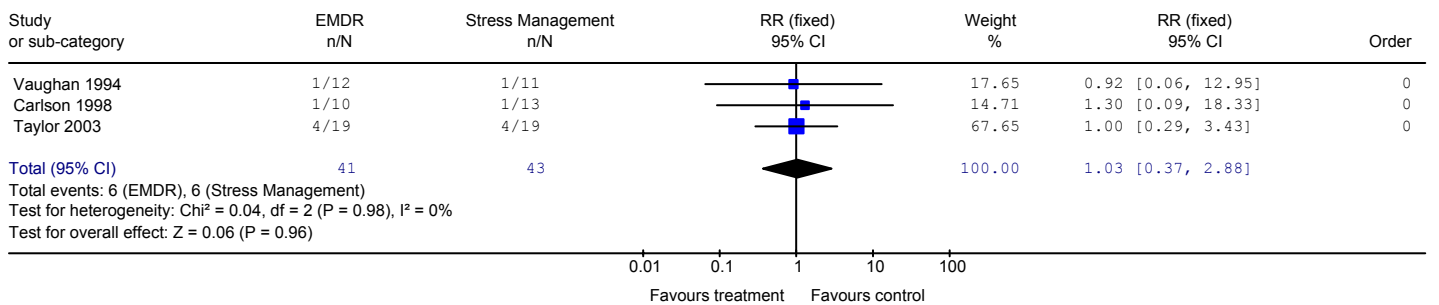
Review: PTSD: Psychological Interventions 3
 Comparison: 11 EMDR vs Stress Management Therapy
 Outcome: 08 Anxiety - Self report



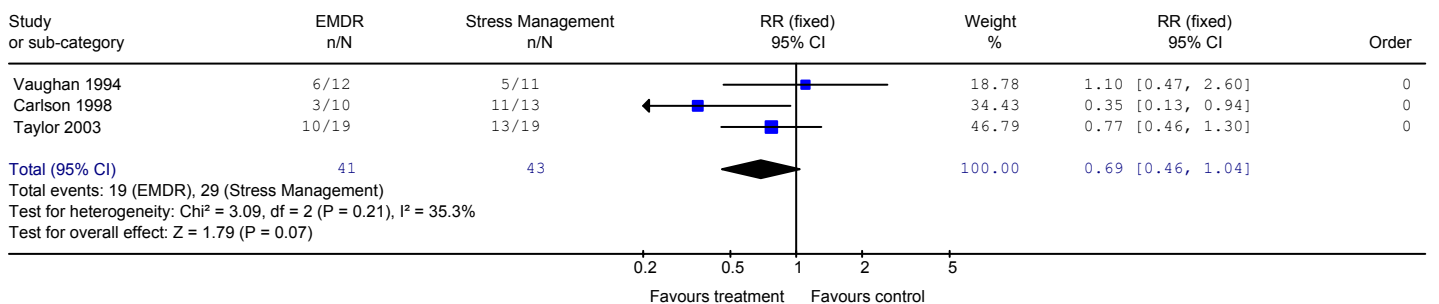
Review: PTSD: Psychological Interventions 3
 Comparison: 11 EMDR vs Stress Management Therapy
 Outcome: 09 Anxiety - self-report - follow-up (2-5 months)



Review: PTSD: Psychological Interventions 3
 Comparison: 11 EMDR vs Stress Management Therapy
 Outcome: 12 Leaving the study early due to any reason

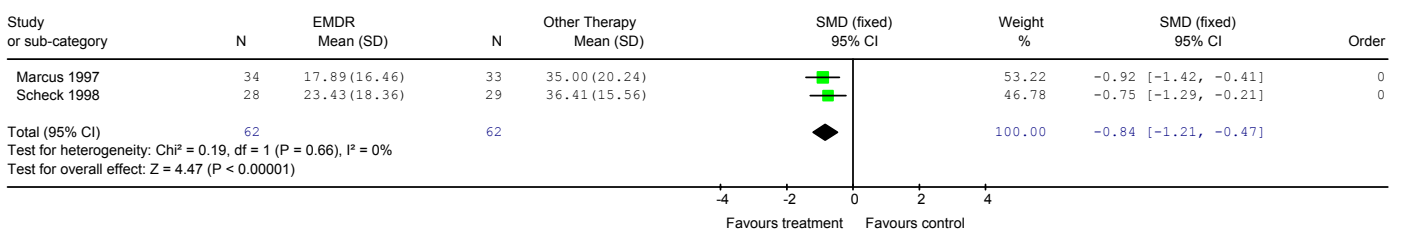


Review: PTSD: Psychological Interventions 3
 Comparison: 11 EMDR vs Stress Management Therapy
 Outcome: 13 PTSD diagnosis after treatment



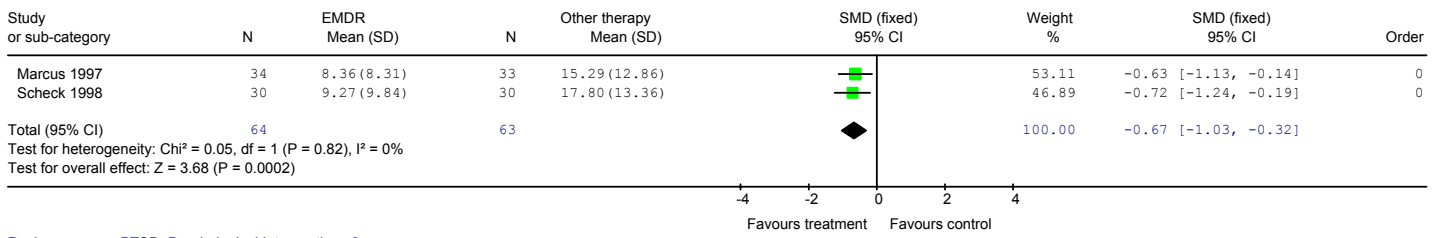
EMDR vs other therapies

Review: PTSD: Psychological Interventions 3
 Comparison: 12 EMDR vs Other Therapies
 Outcome: 01 Severity of PTSD symptoms - self report

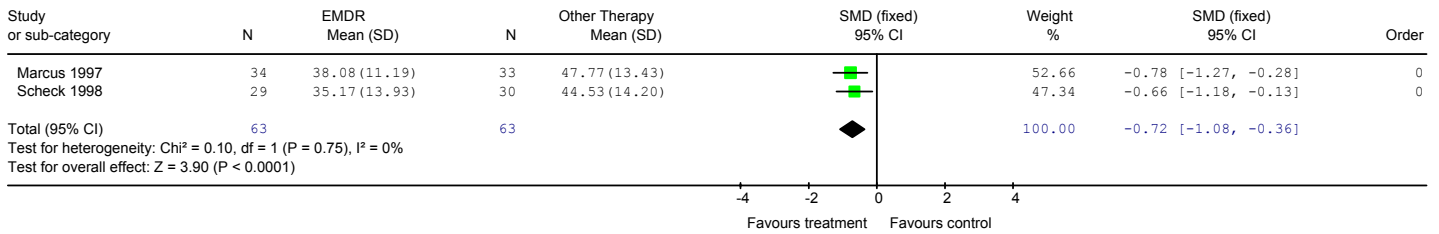


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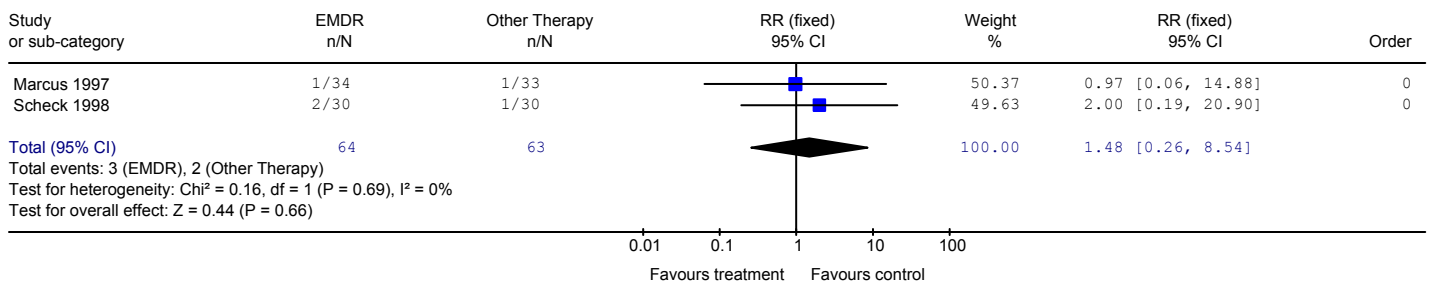
Review: PTSD: Psychological Interventions 3
 Comparison: 12 EMDR vs Other Therapies
 Outcome: 02 Depression



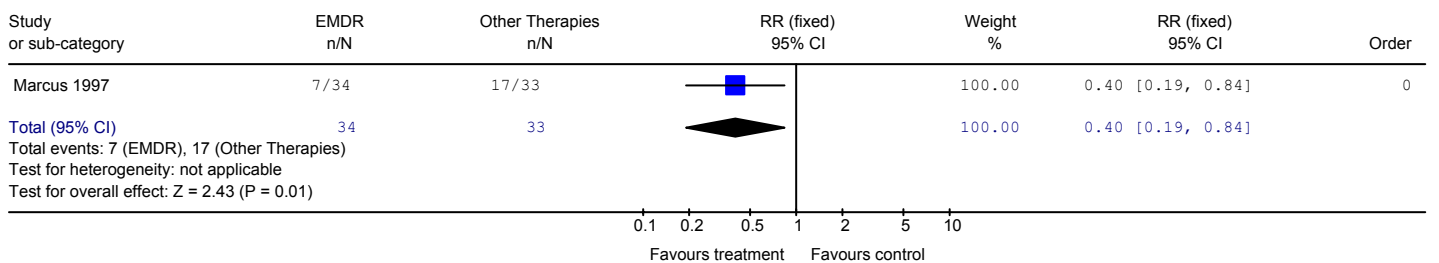
Review: PTSD: Psychological Interventions 3
 Comparison: 12 EMDR vs Other Therapies
 Outcome: 03 Anxiety



Review: PTSD: Psychological Interventions 3
 Comparison: 12 EMDR vs Other Therapies
 Outcome: 04 Leaving the study early due to any reason

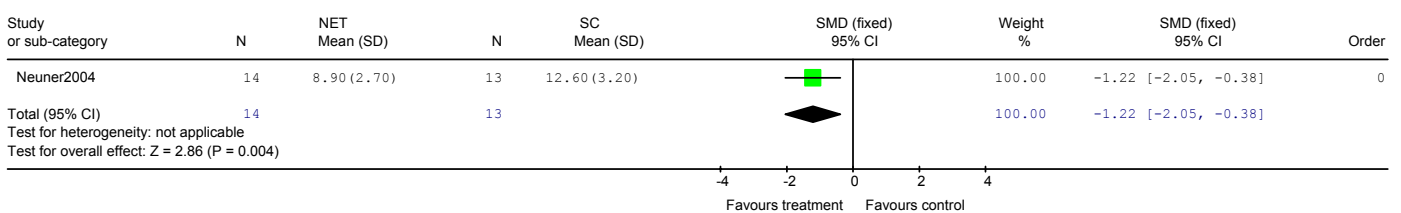


Review: PTSD: Psychological Interventions 3
 Comparison: 12 EMDR vs Other Therapies
 Outcome: 05 PTSD diagnosis after treatment



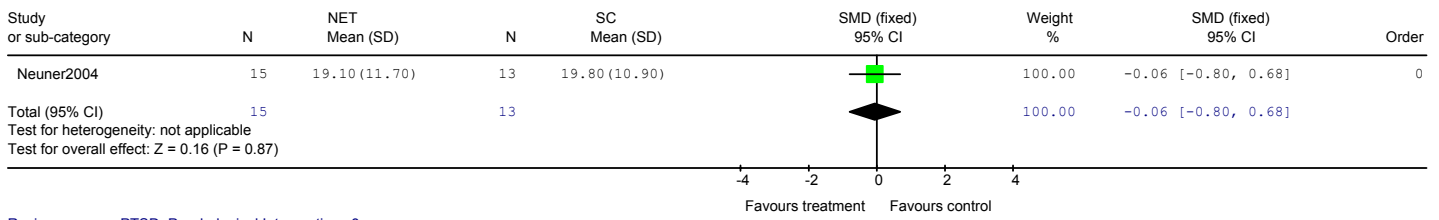
Narrative Exposure Therapy (trauma-focused) vs Supportive Counselling (non-trauma-focused)

Review: PTSD: Psychological Interventions 3
 Comparison: 29 Narrative Exposure Therapy (trauma focused) vs Supportive Counselling (non-trauma focused)
 Outcome: 01 Diagnosis and severity of PTSD - clinician interview (CIDI) - 12 months

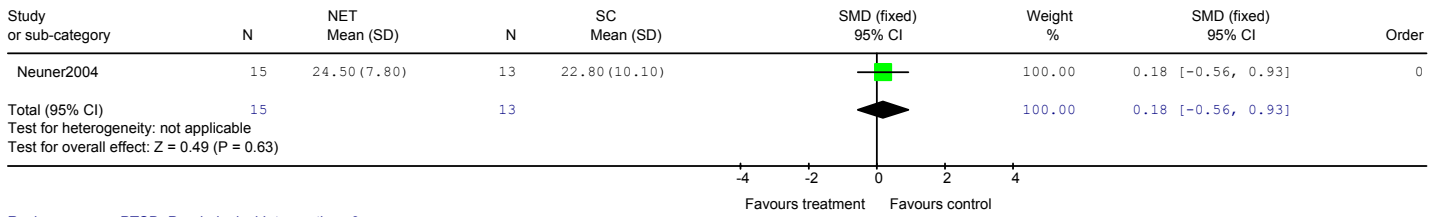


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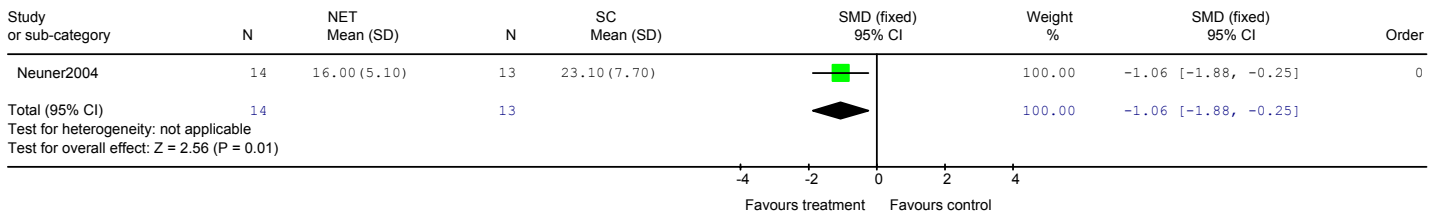
Review: PTSD: Psychological Interventions 3
 Comparison: 29 Narrative Exposure Therapy (trauma focused) vs Supportive Counselling (non-trauma focused)
 Outcome: 02 PTSD severity (PDS - assisted self report) - endpoint



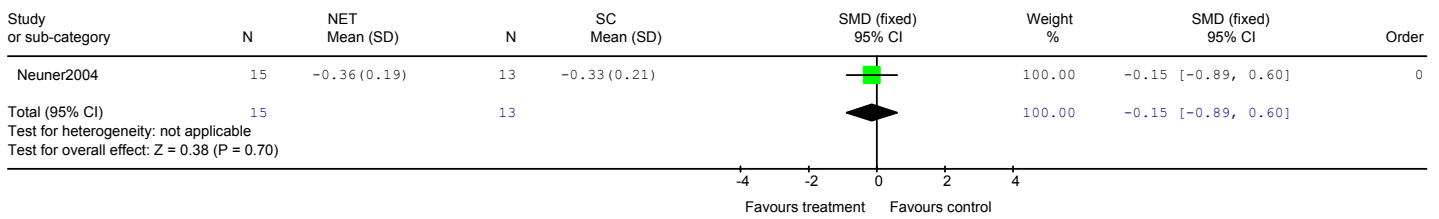
Review: PTSD: Psychological Interventions 3
 Comparison: 29 Narrative Exposure Therapy (trauma focused) vs Supportive Counselling (non-trauma focused)
 Outcome: 03 PTSD severity (PDS - assisted self report) - 4 month



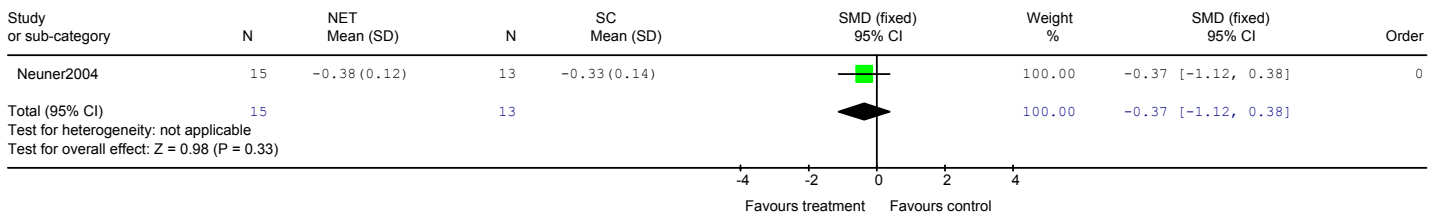
Review: PTSD: Psychological Interventions 3
 Comparison: 29 Narrative Exposure Therapy (trauma focused) vs Supportive Counselling (non-trauma focused)
 Outcome: 04 PTSD severity (PDS - assisted self report) - 12 month



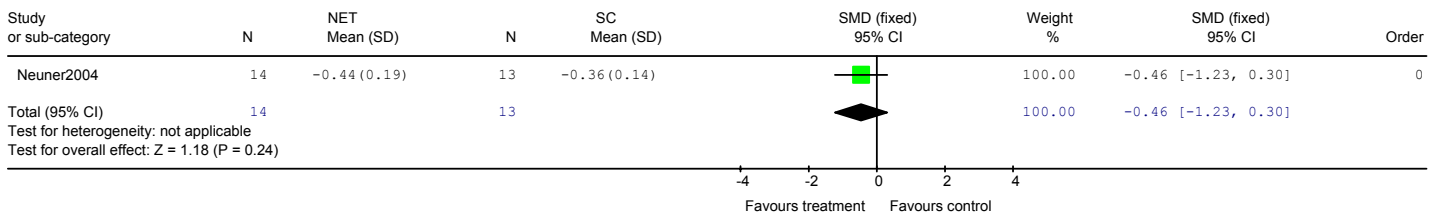
Review: PTSD: Psychological Interventions 3
 Comparison: 29 Narrative Exposure Therapy (trauma focused) vs Supportive Counselling (non-trauma focused)
 Outcome: 08 Psychological functioning (assisted self report : Med. Outcome Study Self Report Form-12)-endpoint



Review: PTSD: Psychological Interventions 3
 Comparison: 29 Narrative Exposure Therapy (trauma focused) vs Supportive Counselling (non-trauma focused)
 Outcome: 09 Psychological functioning (assisted self report : Med. Outcome Study Self Report Form-12)- 4 months

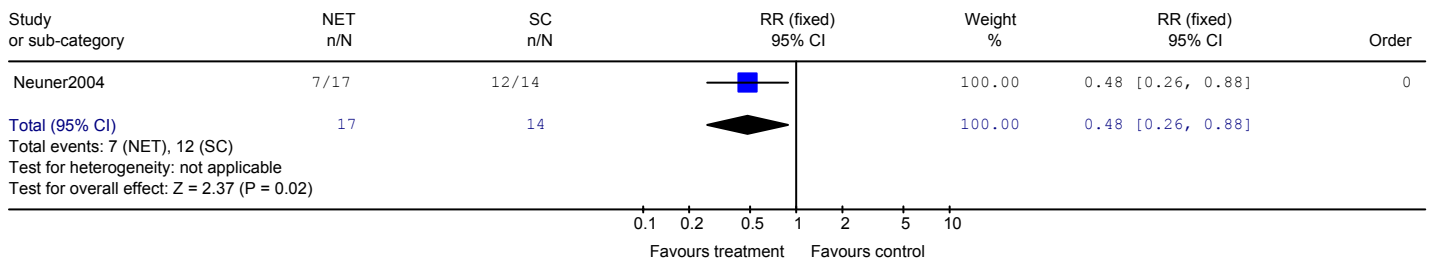


Review: PTSD: Psychological Interventions 3
 Comparison: 29 Narrative Exposure Therapy (trauma focused) vs Supportive Counselling (non-trauma focused)
 Outcome: 10 Psychological functioning (assisted self report : Med. Outcome Study Self Report Form-12) - 12 months

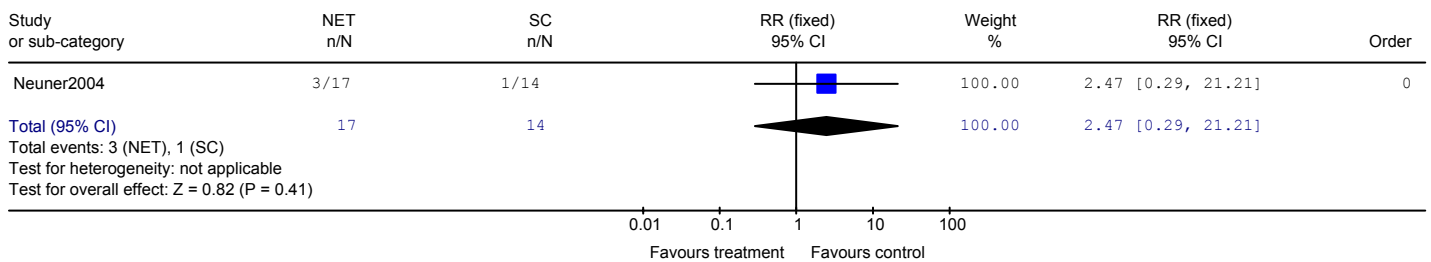


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Review: PTSD: Psychological Interventions 3
 Comparison: 29 Narrative Exposure Therapy (trauma focused) vs Supportive Counselling (non-trauma focused)
 Outcome: 11 PTSD diagnosis at 12 month follow up

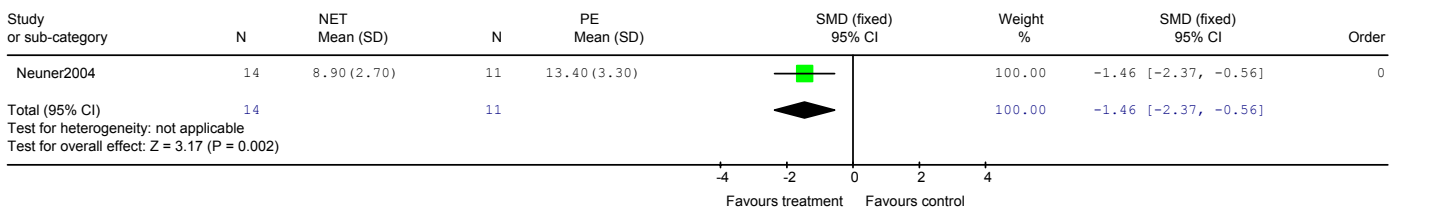


Review: PTSD: Psychological Interventions 3
 Comparison: 29 Narrative Exposure Therapy (trauma focused) vs Supportive Counselling (non-trauma focused)
 Outcome: 12 Leaving the study early due to any reason (at 12 mth follow up)

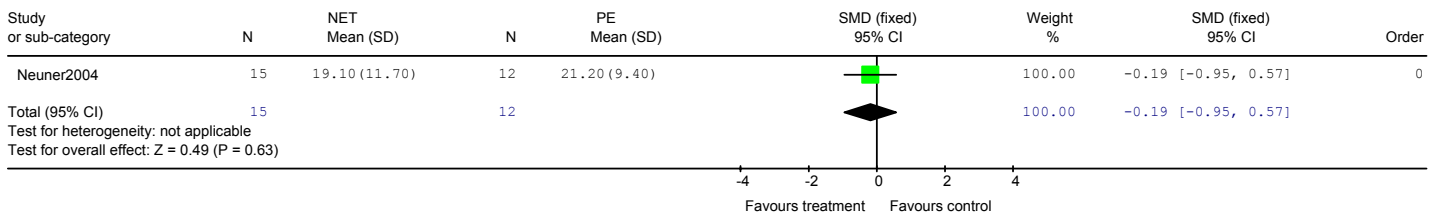


Narrative Exposure Therapy (trauma-focused) vs Brief Psychoeducation (non-trauma-focused)

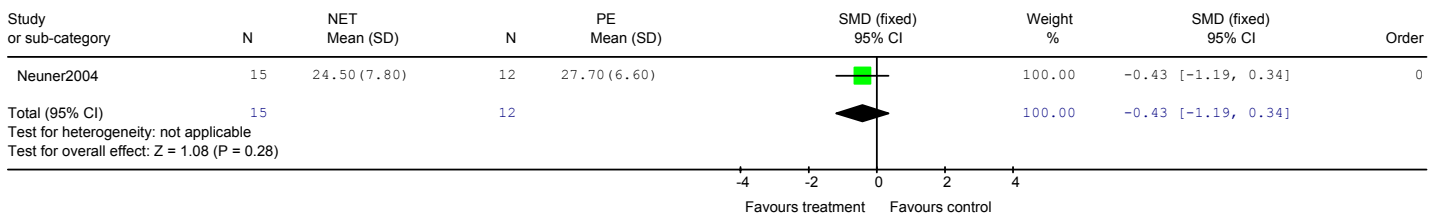
Review: PTSD: Psychological Interventions 3
 Comparison: 30 Narrative Exposure Therapy (trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 01 Diagnosis and severity of PTSD - clinician interview (CID) - 12 months



Review: PTSD: Psychological Interventions 3
 Comparison: 30 Narrative Exposure Therapy (trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 02 PTSD severity (PDS - assisted self report) - endpoint

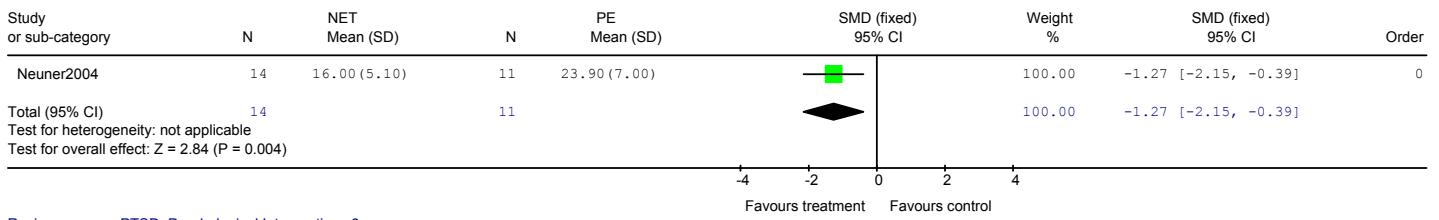


Review: PTSD: Psychological Interventions 3
 Comparison: 30 Narrative Exposure Therapy (trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 03 PTSD severity (PDS - assisted self report) - 4 month

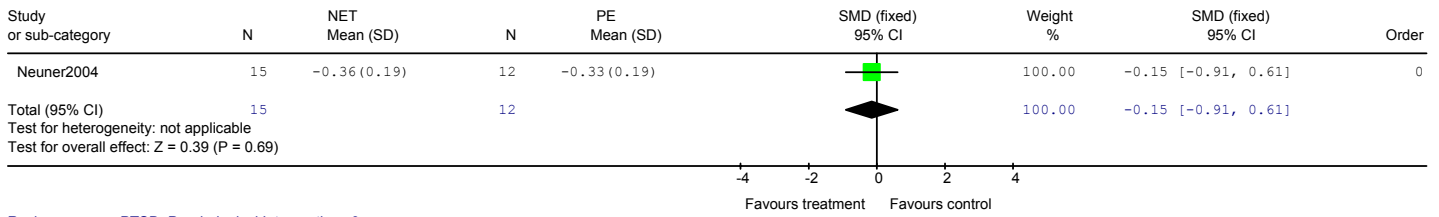


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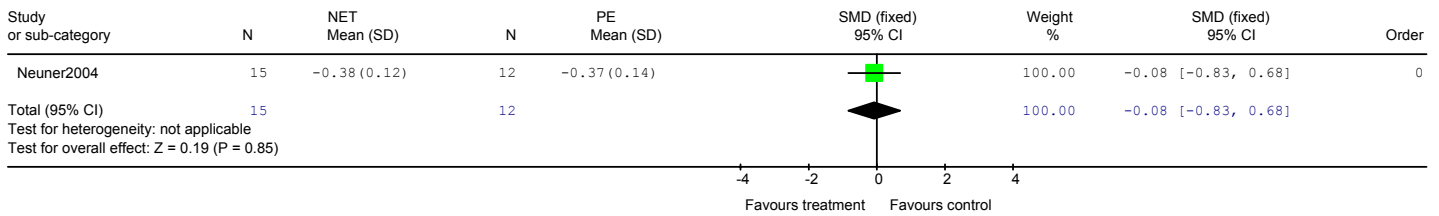
Review: PTSD: Psychological Interventions 3
 Comparison: 30 Narrative Exposure Therapy (trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 04 PTSD severity (PDS - assisted self report) - 12 month



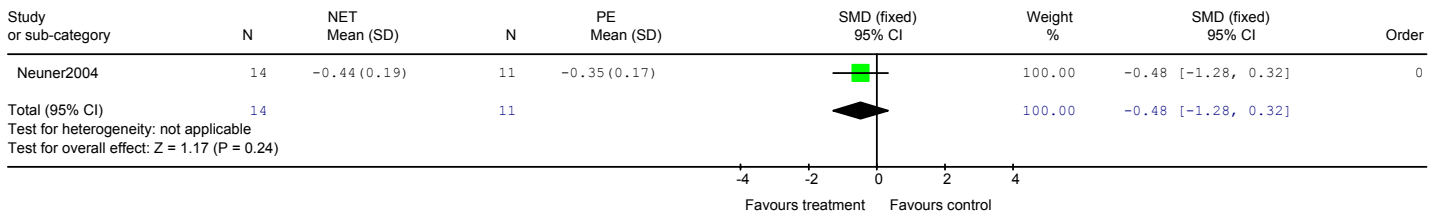
Review: PTSD: Psychological Interventions 3
 Comparison: 30 Narrative Exposure Therapy (trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 08 Psychological functioning (assisted self report : Med. Outcome Study Self Report Form-12)-endpoint



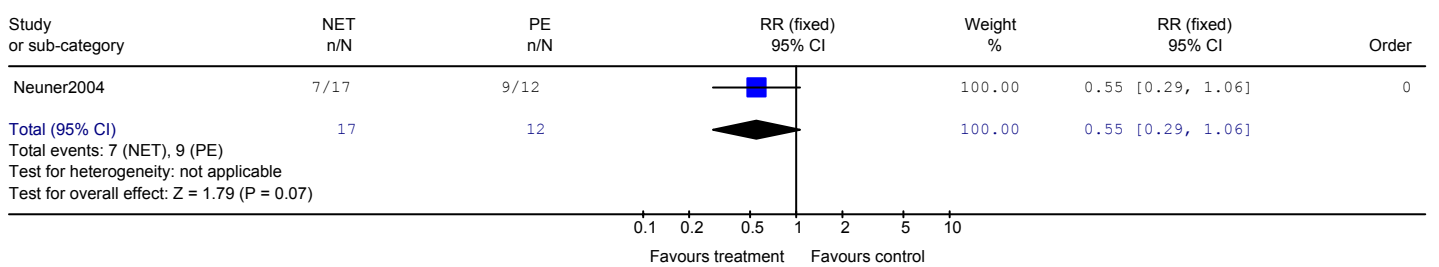
Review: PTSD: Psychological Interventions 3
 Comparison: 30 Narrative Exposure Therapy (trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 09 Psychological functioning (assisted self report : Med. Outcome Study Self Report Form-12) 4 months



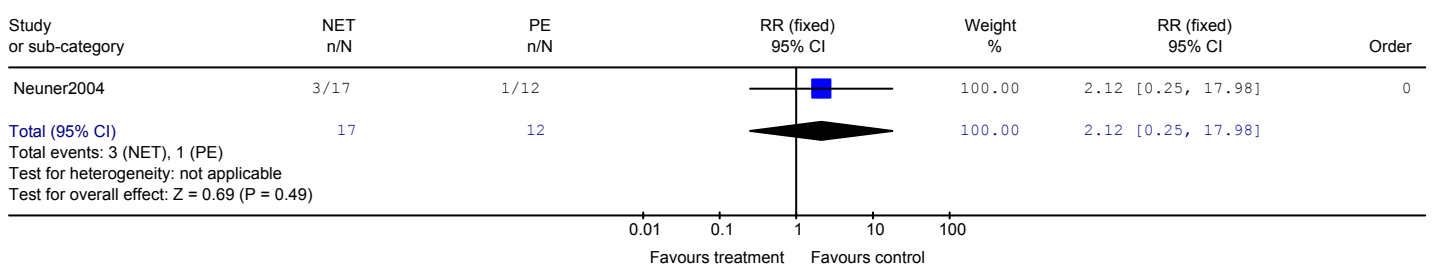
Review: PTSD: Psychological Interventions 3
 Comparison: 30 Narrative Exposure Therapy (trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 10 Psychological functioning (assisted self report : Med. Outcome Study Self Report Form-12) 12 months



Review: PTSD: Psychological Interventions 3
 Comparison: 30 Narrative Exposure Therapy (trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 11 PTSD diagnosis at 12 month follow up



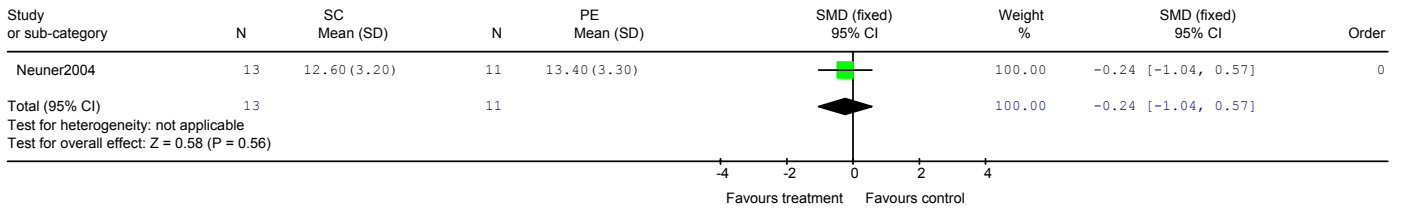
Review: PTSD: Psychological Interventions 3
 Comparison: 30 Narrative Exposure Therapy (trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 12 Leaving the study early due to any reason (at 12 mth follow up)



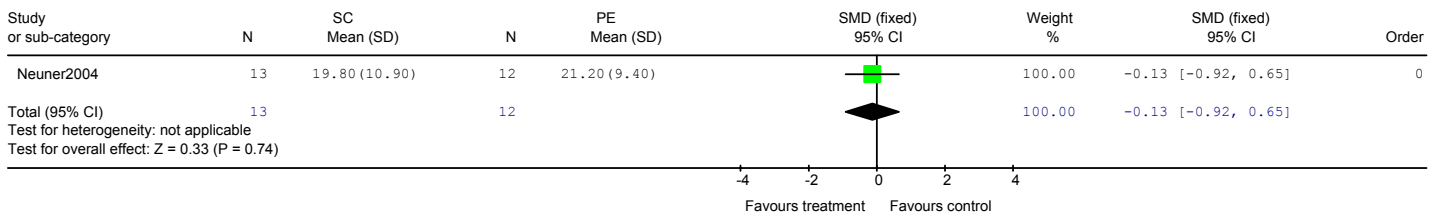
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Supportive Counselling (non-trauma-focused) vs Brief Psychoeducation (non-trauma-focused)

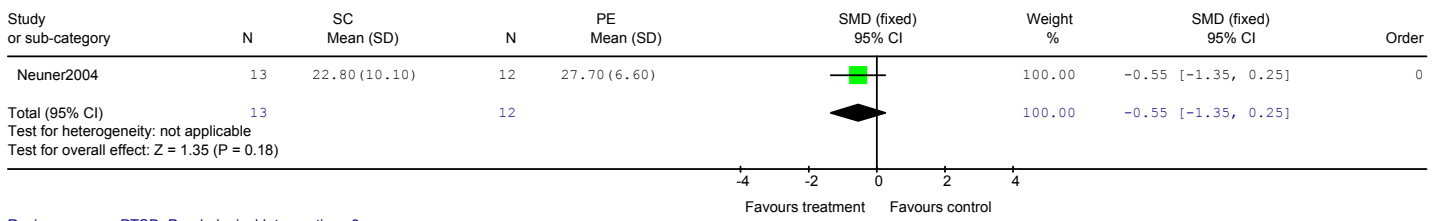
Review: PTSD: Psychological Interventions 3
 Comparison: 31 Supportive Counselling (non-trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 01 PTSD severity - clinician reported 12 month follow up



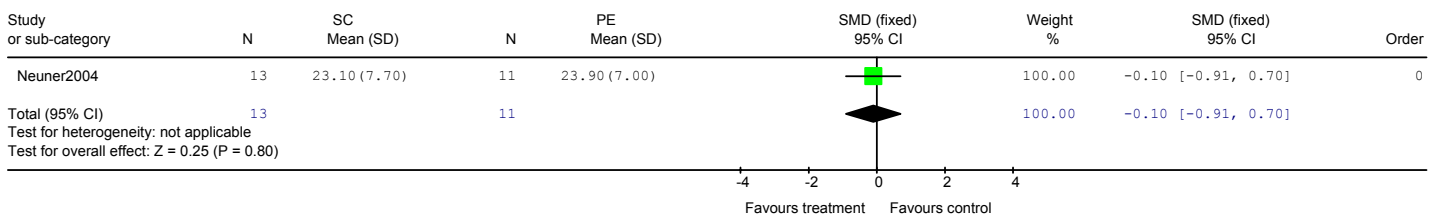
Review: PTSD: Psychological Interventions 3
 Comparison: 31 Supportive Counselling (non-trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 02 PTSD severity (PDS - assisted self report) - endpoint



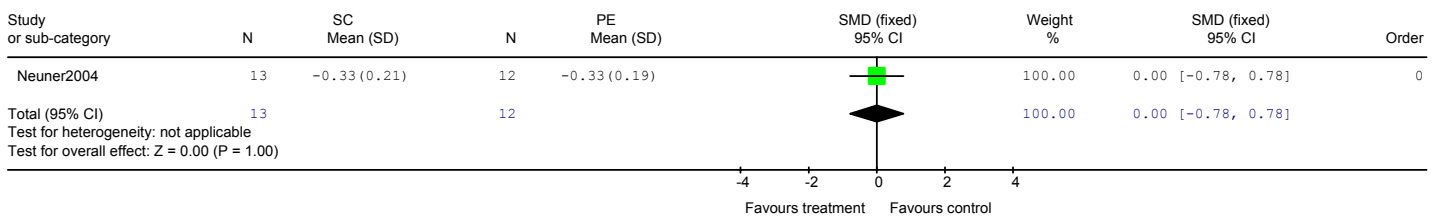
Review: PTSD: Psychological Interventions 3
 Comparison: 31 Supportive Counselling (non-trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 03 PTSD severity (PDS - assisted self report) - 4 month follow up



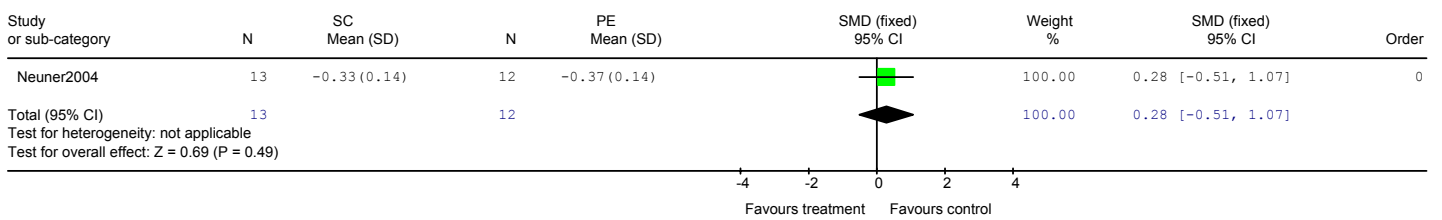
Review: PTSD: Psychological Interventions 3
 Comparison: 31 Supportive Counselling (non-trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 04 PTSD severity (PDS - assisted self report) - 12 month follow up



Review: PTSD: Psychological Interventions 3
 Comparison: 31 Supportive Counselling (non-trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 08 Psychological functioning (assisted self report : Med. Outcome Study Self Report Form-12) endpoint

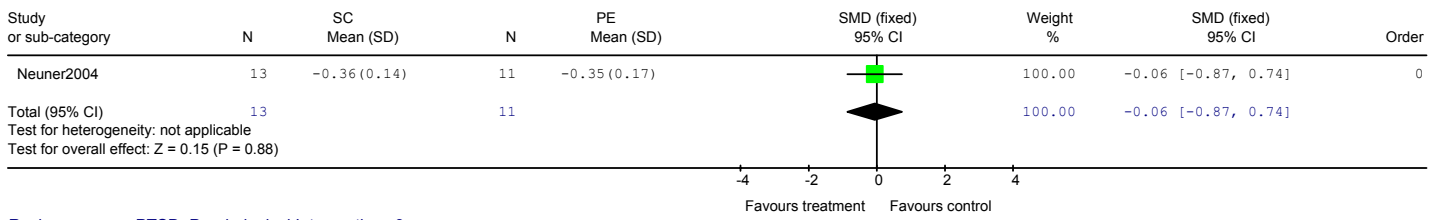


Review: PTSD: Psychological Interventions 3
 Comparison: 31 Supportive Counselling (non-trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 09 Quality of life (assisted self report : Med. Outcome Study Self Report Form-12) 4 month follow up

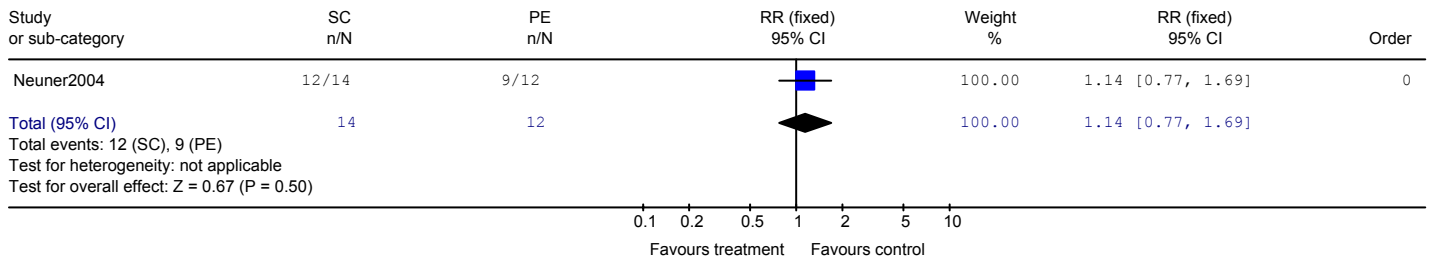


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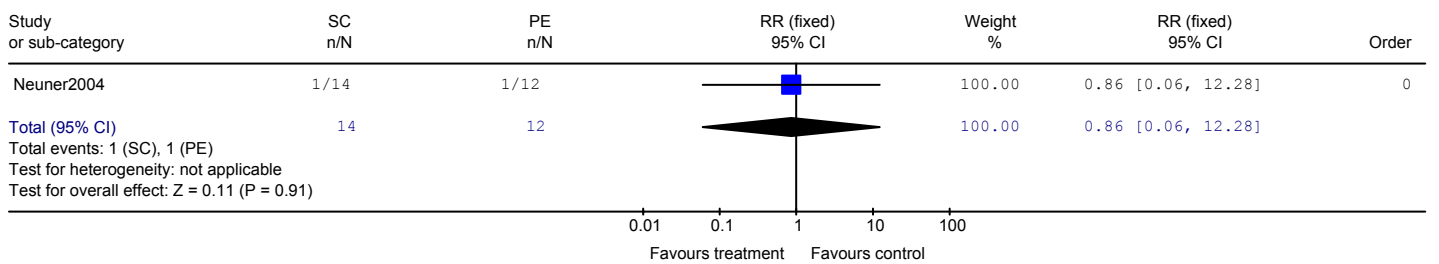
Review: PTSD: Psychological Interventions 3
 Comparison: 31 Supportive Counselling (non-trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 10 Quality of life (assisted self report : Med. Outcome Study Self Report Form-12) 12 month follow up



Review: PTSD: Psychological Interventions 3
 Comparison: 31 Supportive Counselling (non-trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 11 PTSD diagnosis at 12 month follow up

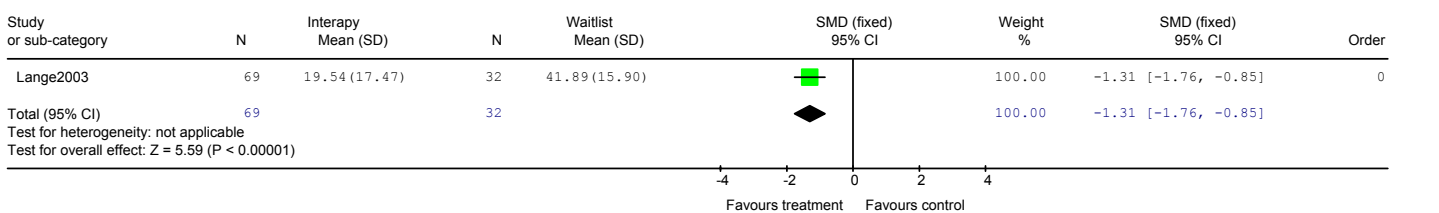


Review: PTSD: Psychological Interventions 3
 Comparison: 31 Supportive Counselling (non-trauma focused) vs Brief Psychoeducation (non-trauma focused)
 Outcome: 12 Leaving the study early due to any reason (at 12 mth follow up)

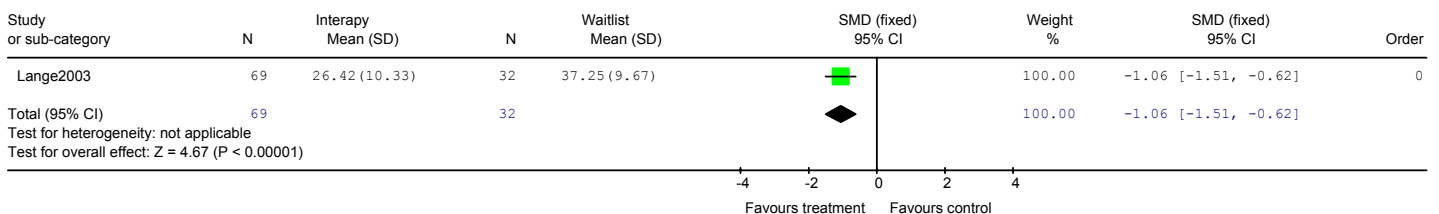


Interapy vs Waitlist

Review: PTSD: Psychological Interventions 3
 Comparison: 32 Interapy vs Waitlist
 Outcome: 02 PTSD severity - IES

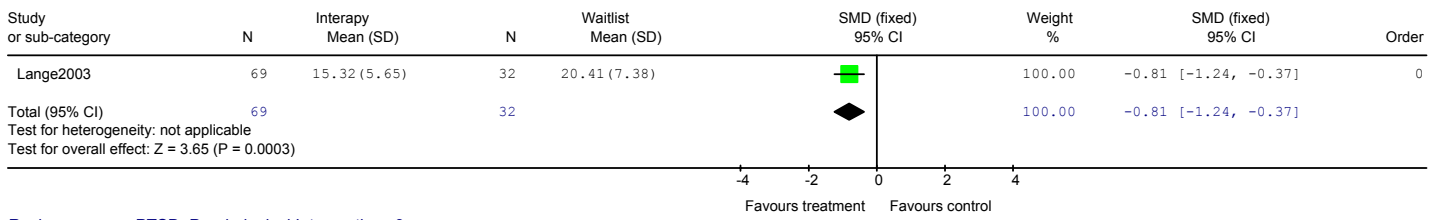


Review: PTSD: Psychological Interventions 3
 Comparison: 32 Interapy vs Waitlist
 Outcome: 04 Depression using self report SCL-90

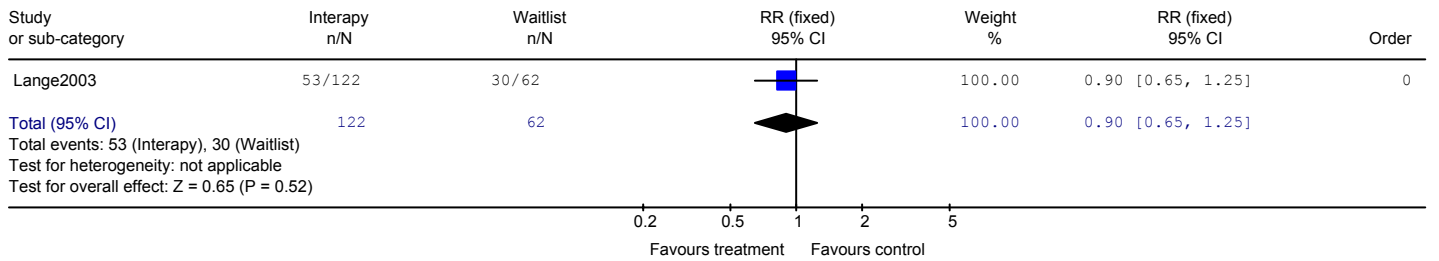


CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.

Review: PTSD: Psychological Interventions 3
 Comparison: 32 Interapy vs Waitlist
 Outcome: 05 Anxiety using self report SCL-90

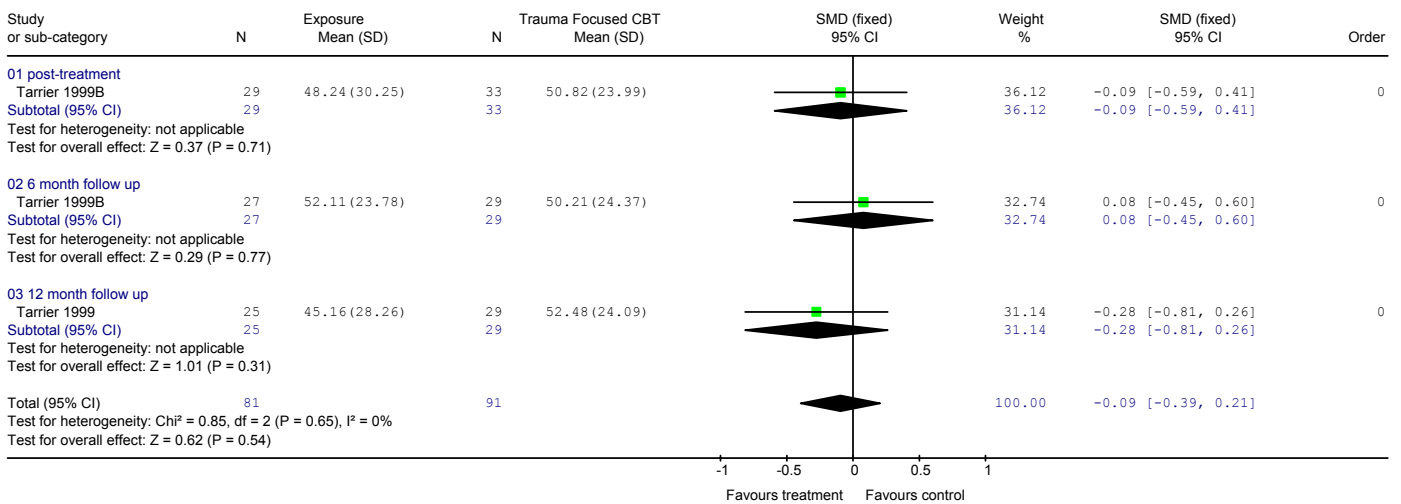


Review: PTSD: Psychological Interventions 3
 Comparison: 32 Interapy vs Waitlist
 Outcome: 06 Leaving study early for any reason



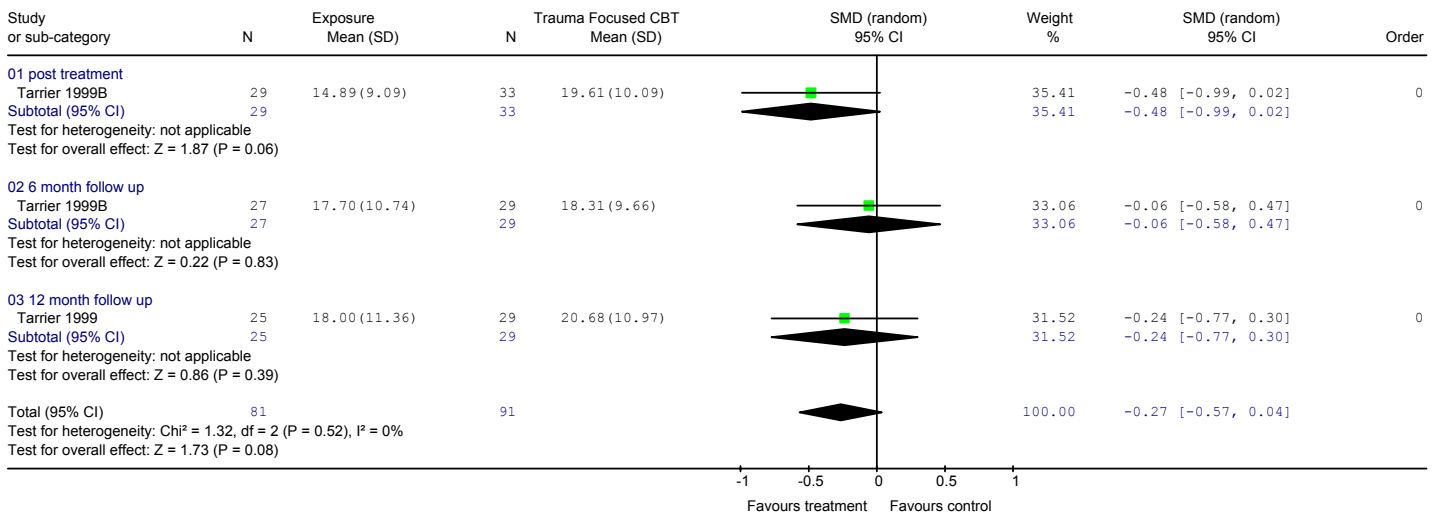
Trauma-focused CBT (exposure) and trauma-focused CBT (cognitive therapy)

Review: PTSD: Psychological Interventions 3
 Comparison: 33 Trauma-focused CBT (cognitive therapy) vs Trauma-focused CBT (exposure)
 Outcome: 01 Severity of PTSD symptoms - clinician CAPS

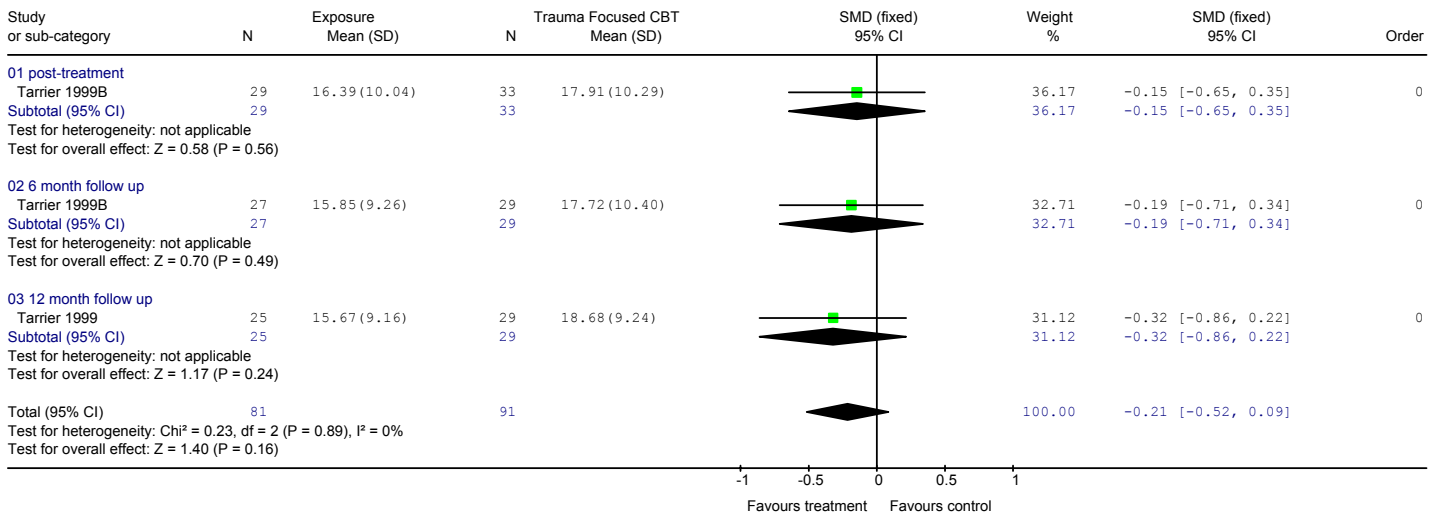


CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.

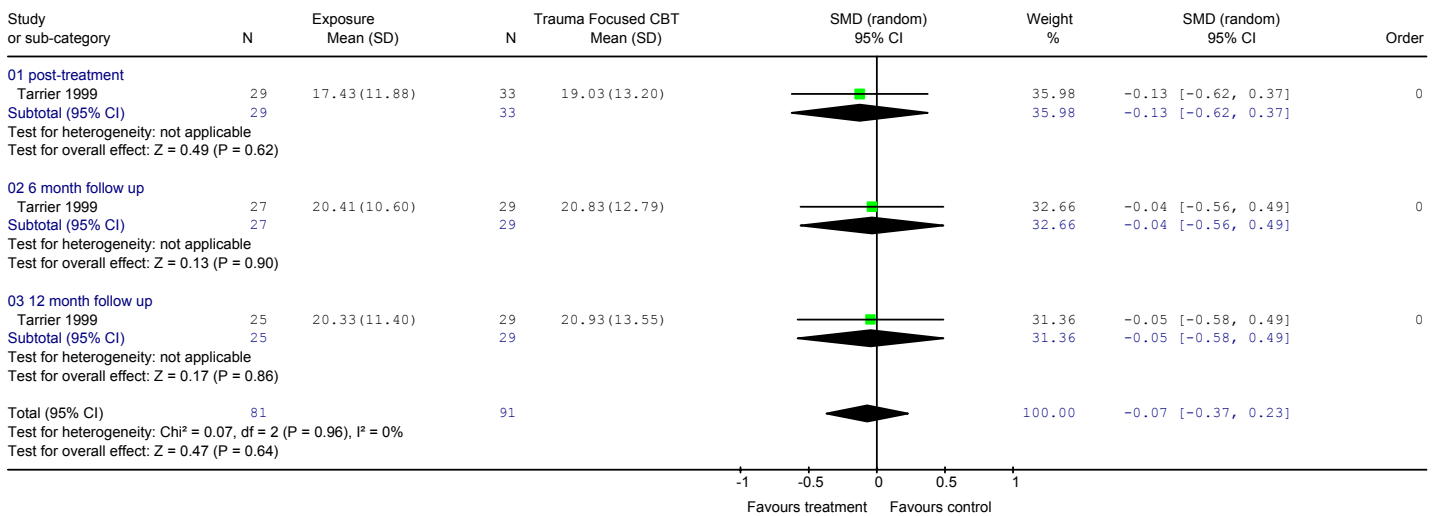
Review: PTSD: Psychological Interventions 3
 Comparison: 33 Trauma -focused CBT (cognitive therapy) vs Trauma-focused CBT (exposure)
 Outcome: 02 Severity of PTSD symptoms - self-report IES avoidance subscale



Review: PTSD: Psychological Interventions 3
 Comparison: 33 Trauma -focused CBT (cognitive therapy) vs Trauma-focused CBT (exposure)
 Outcome: 03 Severity of PTSD symptoms - self-report IES intrusions subscale

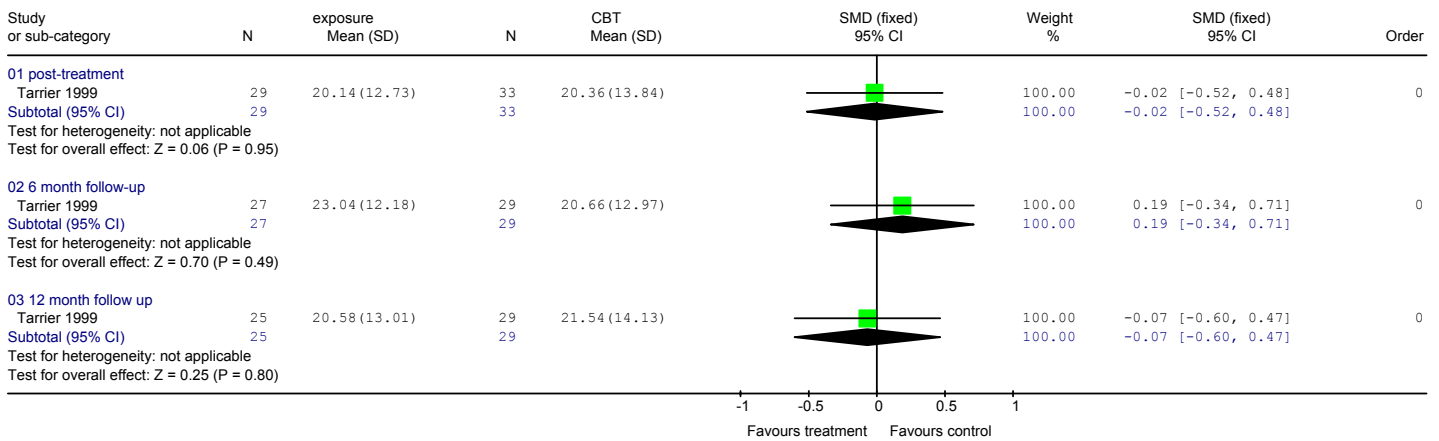


Review: PTSD: Psychological Interventions 3
 Comparison: 33 Trauma -focused CBT (cognitive therapy) vs Trauma-focused CBT (exposure)
 Outcome: 04 Depression - self-report BDI

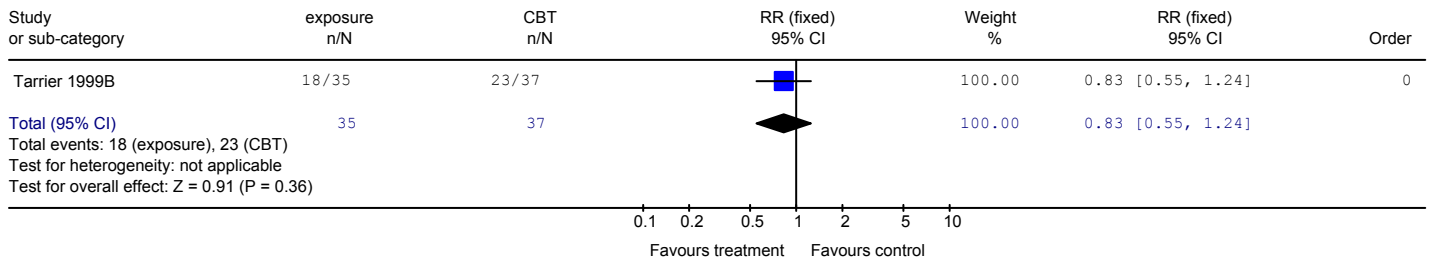


CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.

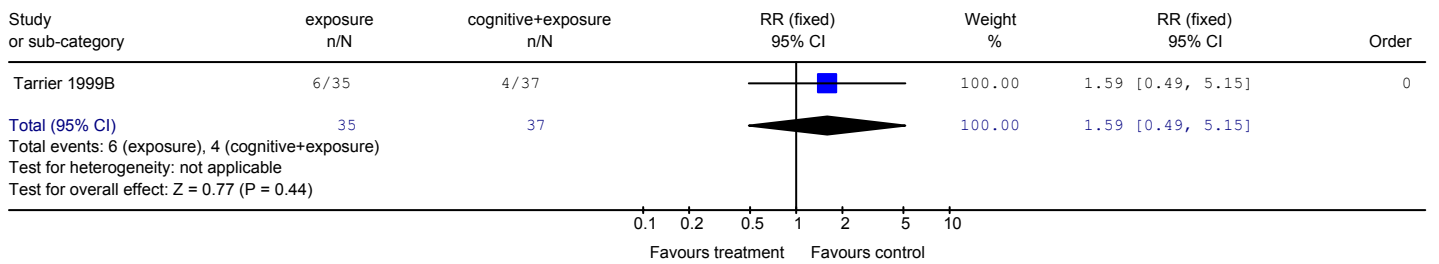
Review: PTSD: Psychological Interventions 3
 Comparison: 33 Trauma -focused CBT (cognitive therapy) vs Trauma-focused CBT (exposure)
 Outcome: 07 Anxiety - self report BAI



Review: PTSD: Psychological Interventions 3
 Comparison: 33 Trauma -focused CBT (cognitive therapy) vs Trauma-focused CBT (exposure)
 Outcome: 08 PTSD diagnosis post-treatment



Review: PTSD: Psychological Interventions 3
 Comparison: 33 Trauma -focused CBT (cognitive therapy) vs Trauma-focused CBT (exposure)
 Outcome: 09 Leaving the study early due to any reason prior to end of treatment



CBT = Cognitive Behavioural Therapy; EMDR=Eye Movement Desensitization and Reprocessing. See psychology chpt 6 for descriptions of interventions.