

Key

Assessment

Global assessment
 Consider severity, psychological well-being
 Check adherence and optimal therapy

Education to include:

Stepped approach' to management
 Demonstrations on how to use treatment
 How to recognise a flare
 Benefits and harms of treatment

Emollients

Apply all the time, and with all treatments
 Offer choice of products
 Prescribe large quantities (>250g per week)
 Apply liberally and frequently, and after bathing

Topical corticosteroids (TCS)

Use lowest potency capable of controlling symptoms
 Apply to areas of active AE only
 Use mild TCS to prevent flares
 Mild potency only on face and neck, and thin skin
 Use once or twice daily
 Consider short course (7-10 days) of potent TCS to control symptoms
 Use potent TCS for max. 2 weeks and seek specialist advice if longer term treatment required

DO NOT USE without specialist advice on:
 Potent on children under 12 months
 Very potent on children under 12 years
 On face, axilla or groin

Calcineurin inhibitors

Not first line therapy on the body (limbs and trunk)
 Tacrolimus for moderate/ severe eczema in children > 2 yrs if uncontrolled by TCS
 Pimecrolimus for moderate eczema in children > 2 yrs if uncontrolled by TCS
 Only prescribed by those (incl. GPs) with special interest in dermatology

DO NOT USE without specialist advice:
 Under occlusion
 For eczema requiring long term use

Bandages

Use for chronic lichenified eczema
 To treat a flare
 Only initiated by those trained in their use

DO NOT USE

As first line treatment
 For > 7 days with TCS (longer with emollients only)

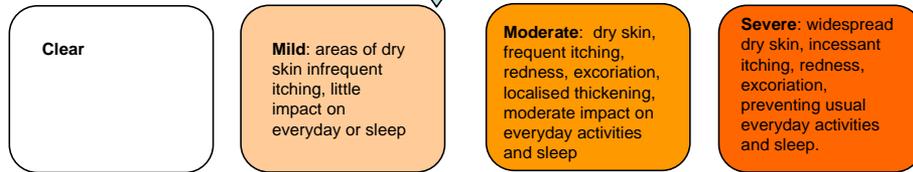
Systemic treatment and phototherapy

Specialist only
 Use as last resort
 Requires allergy testing prior to start

The management of atopic eczema in children from birth up to the age of 12 years

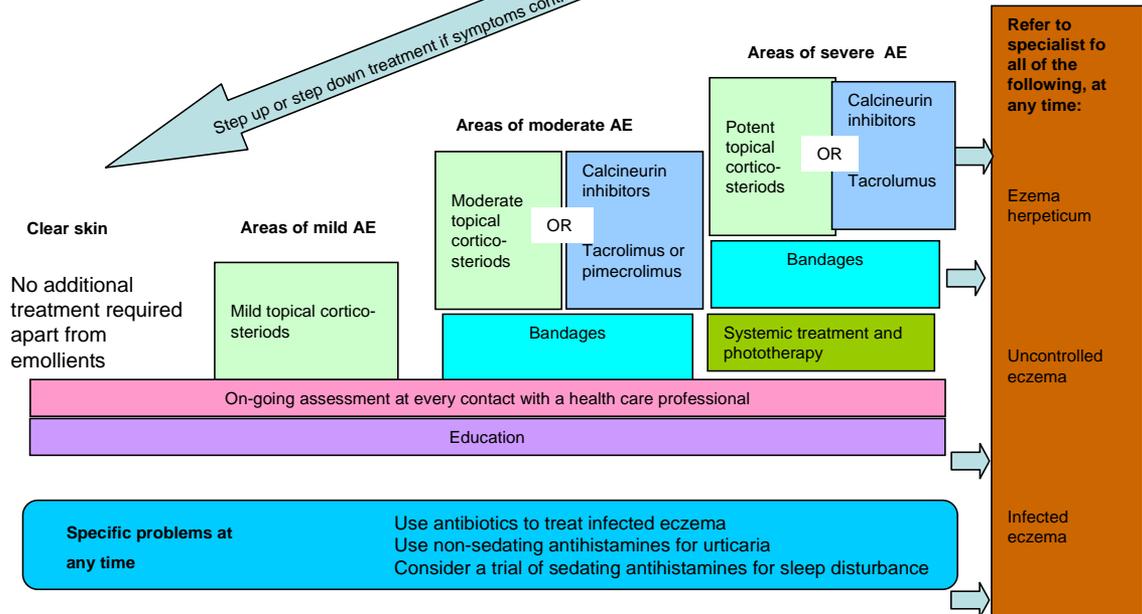
Global assessment to determine diagnosis, triggers, severity, psychological and psychosocial wellbeing and quality of life.

Assess and treat each area of skin independently



Treat with emollients all the time, plus

On the limbs and trunk....



On face, neck, axillae and groin

