

# Characteristics Table for The Clinical Question: Are therapeutic communities (TCs) more effective than control in the treatment of antisocial personality disorder?

## Comparisons Included in this Clinical Question

<b>Therapeutic communities versus control</b>
NIELSEN1996
SACKS2004
WEXLER2004

## Characteristics of Included Studies

Methods	Participants	Outcomes	Interventions	Notes
<p><b>NIELSEN1996</b></p> <p>Study Type: RCT</p> <p>Type of Analysis: Did not included LTF</p> <p>Blindness: Open</p> <p>Duration (days): Mean 180</p> <p>Followup: 12 months</p> <p>Setting: US</p> <p>Institution (Prison)</p>	<p>n= 689</p> <p>Age:</p> <p>Sex: 544 males 144 females</p> <p>Diagnosis:</p> <p style="padding-left: 20px;">92% Substance Abuse</p> <p>Exclusions: - not in prison or eligible for release</p> <p style="padding-left: 20px;">- no history of drug use</p>	<p><b>Data Used</b></p> <p>incarceration</p>	<p><b>Group 1 N= 248</b></p> <p>Therapeutic Communities - CREST 1 month orientation; 2 months treatment (individual and group counselling); 3 months work release. Continual group meetings.</p> <p><b>Group 2 N= 441</b></p> <p>Control - Standard care with outpatient conventional work release programme</p>	
<p>Results from this paper:</p> <p>1.1 Adequately addressed</p> <p>1.2 Adequately addressed</p> <p>1.3 Not reported adequately</p> <p>1.4 Not addressed</p> <p>1.5 Not addressed</p> <p>1.6 Adequately addressed</p> <p>1.7 Adequately addressed</p> <p>1.8 Not reported</p> <p>1.9 Adequately addressed</p> <p>1.10 Not applicable</p> <p>Study Quality: +</p>				
<p><b>SACKS2004</b></p> <p>Study Type: RCT</p> <p>Type of Analysis: ITT</p> <p>Blindness: No mention</p> <p>Duration (days):</p> <p>Setting: US</p> <p>Institution (Prison)</p> <p>Notes: Details on randomisation not reported.</p> <p>Info on Screening Process: 236 male inmates randomly assigned to modified TC or mental health treatment; 51 crossover cases excluded from analysis.</p>	<p>n= 139</p> <p>Age: Mean 34</p> <p>Sex:</p> <p>Diagnosis:</p> <p style="padding-left: 20px;">100% Substance misuse by DSM-III-R</p> <p style="padding-left: 20px;">37% ASPD</p> <p>Exclusions: - Not an inmate with a dual diagnosis</p> <p style="padding-left: 20px;">- Inmates who presented a clear danger to themselves or others</p> <p>Notes: non-alcohol substance misuse</p>	<p><b>Data Used</b></p> <p>incarceration</p>	<p><b>Group 1 N= 92</b></p> <p>Therapeutic Communities - psycho-education, cognitive behavioural, medication. 12 months, 5 days per week, 4-5 hours per day. Plus aftercare: 3-7 days per week, 305 hours per day over 6-months. Bi-weekly supervision.</p> <p><b>Group 2 N= 93</b></p> <p>Control - Standard care: medication, individual therapy and counselling, substance misuse services.</p>	
<p>Results from this paper:</p> <p>1.1 Adequately addressed</p> <p>1.2 Adequately addressed</p> <p>1.3 Not reported adequately</p>				

1.4 Not addressed 1.5 Not addressed 1.6 Adequately addressed 1.7 Adequately addressed 1.8 Not reported 1.9 Adequately addressed 1.10 Not applicable  Study Quality: +
---

<b>WEXLER2004</b> Study Type: RCT  Type of Analysis: ITT Blindness: No mention Duration (days): Followup: 12 months Setting: US Institution (Prison)  Info on Screening Process: 715 male inmate volunteers	n= 715 Age: Mean 31 Range 30-31 Sex: all males  Diagnosis: 95% Substance Abuse by DSM-IIIIR  52% ASPD by DSM-IIIIR  Exclusions: Inmates convicted of arson or sexual crimes involving minors	<b>Data Used</b> Incarceration, any (12 months)	<b>Group 1 N= 425</b> Therapeutic Communities - 3-phases: 1. orientation, planning, treatment goals; 2. counselling; 3. strengthening plan for return to community. Plus after-care + provided services for wives and children.  <b>Group 2 N= 290</b> Control - Waitlist
---	---	--	---

Results from this paper: 1.1 Adequately addressed 1.2 Adequately addressed 1.3 Not reported adequately 1.4 Not addressed 1.5 Not addressed 1.6 Adequately addressed 1.7 Adequately addressed 1.8 Not reported 1.9 Adequately addressed 1.10 Not applicable  Study Quality: +
--

**Characteristics of Excluded Studies**

Reference ID	Reason for Exclusion
GRANT2003	Design: non-RCT
LAMB1974	Design: non-RCT (participants given choice after randomisation)
MARCUS2001	Design: non-RCT; comparison: not relevant
MARSHALL1997	Design: non-RCT
MARTIN1999	Design: non-RCT
ORTMAN2000	Design: non-RCT
RICE1992	Design: non-RCT; Participants: includes schizophrenia

**References of Included Studies**

**NIELSEN1996** (Published Data Only)  
Nielsen, A.L., Scarpitti, F.R. & Inciardi, J.A. (1996) Integrating the therapeutic community and work release for drug-involved offenders: the CREST program. Journal of Substance Abuse Treatment, 13, 349-358.

**SACKS2004** (Published Data Only)  
Sacks, S., Sacks, J.Y., McKendrik, K. et al. (2004) Modified TC for MICA offenders: crime outcomes. Behavioural Science Law, 22, 477-501.

**WEXLER2004** (Published Data Only)

Wexler, H., DeLeon, G., Thomas, G., et al. (2004) The Amity prison TC evaluation: reincarceration outcomes. *Criminal Justice and Behaviour*, 26, 147-167.

## References of Excluded Studies

**GRANT2003** (Unpublished and Published Data)

Grant, B.A., Kunic, D., MacPherson, P., et al. (2003) The high intensity substance abuse program (HISAP): Results from the Pilot Programs.

**LAMB1974**

Lamb, R.H. & Goentzel, V. (1974) Elsworth house: a community alternative to jail. *American Journal of Psychiatry*, 131, 64-68.

**MARCUS2001**

Marcus, M.T., Fine, M. & Kouzekanani, K. (2001) Mindfulness-based meditation in a therapeutic community. *Journal of Substance Misuse*, 5, 305-311.

**MARSHALL1997**

Marshall, P. (1997) A Reconviction Study of HMP Grendon Therapeutic Community. Home Office Research Findings number 53. London: Home Office.

**MARTIN1999**

Martin, S.S., Butzin, C. & Saum, C.A. (1999) Three-year outcomes of therapeutic community treatment for drug involved offenders in Delaware: from prison to work release. *The Prison Journal*, 79, 294-320.

**ORTMAN2000**

Ortman, R. (2000) The effectiveness of social therapy in prison: a randomized experiment. *Crime and Delinquency*, 46, 214-232.

**RICE1992**

Rice, M.E., Harris, G.T. & Cormier, C.A. (1992) An evaluation of a maximum security therapeutic community for psychopaths and other mentally disordered offenders. *Law and Human Behavior*, 16, 399-412.