Appendix 15g

**Comparisons Included in this Clinical Question** 

Anticonvulsant versus placebo

BARRATT1997

**CBT** versus treatment as usual

DAVIDSON2008

## **Characteristics of Included Studies**

Methods	Participants	Outcomes	Interventions	Notes
BARRATT1997				
Study Type: Randomised cross-over trial	n= 126		Group 1 N= 63	
Study Description: 6-weeks in duration with a 1-week washout period between weeks.	Age: Sex: all males	OAS-Modified (observer rated) Notes: DROP OUTS: 24/150	Phenytoin. Mean dose 300 - anticonvulsant. 200 mg a.m. and 100 mg	
Type of Analysis: Completers	Diagnosis:		p.m. Group 2 N= 63	
Blindness: Double blind	100% ASPD by DSM-IIIR		Placebo	
Duration (days): Mean 42	100% Offenders			
Setting: US, Texas Prison Notes: Details on randomisation not reported	Exclusions: Did not commit aggressive acts in prison: a) less than 80 on Wechsler Adult Intelligence Scale, b) DSM-III-R			
Info on Screening Process: Screened 613 potential inmates for aggression, 348 excluded,	axis I disorder c) taking medication, d) neurological or other serious medical disorder			
172 interviewed, 150 consented, 126 completed study	Notes: 55% had a lifetime but not a current substance misuse problem			
	Baseline: Paper does not report baseline data for treatment versus placebo; reports only change scores			
Results from this paper:				

- 1.1 Well covered
- 1.2 Not reported
- 1.3 Not addressed
- 1.4 Well covered
- 1.5 Not reported
- 1.6 Adequately addressed
- 1.7 Adequately addressed
- 1.8 16%
- 1.9 Not addressed
- 1.10 Not applicable

2.1+

### **DAVIDSON2008**

Study Type: RCT

Type of Analysis: Intention to treat

Blindness: Single blind

Duration (days): Range 182-365

Setting: UK, Glasgow & London

Notes: Randomisation conducted using a webbased system. Allocation concealment not

addressed.

Info on Screening Process: 77 assessed, 25 excluded, 52 randomised.

n= 52

Age: Mean 38

Sex: all males

Diagnosis:

100% ASPD by ICD-10

Exclusions: - female

- not between 18 and 65
- did not meet critria for ASPD
- not living in the community
- negative endorsement of all items on the MacArthur Community Violence Screening Instrument
- receiving inpatient psychiatric treatment
- receiving a systematic psychological therapy

Raseline: No significant differences at haseline

#### Data Used

MacArthur Community violence Screening

Instrument NAS-PI

Group 1 N= 25

CBT - Cognitive formulation of their problems. Focuses on beliefs about self/others and behaviours that impair social functioning. Compared 15 sessions over 6 months with 30 sessions over 12 months. 1 hour sessions. Experienced CBT therapists.

Results from this paper:

- 1.1 Well covered
- 1.2 Adequately addressed
- 1.3 Not addressed
- 1.4 Adequately addressed
- 1.5 Well covered
- 1.6 Adequately addressed 1.7 Adequately addressed
- 1.8 14.8% TAU; 20% treatment
- 1.9 Poorly addressed
- 1.10 Not addressed

2.1 +

# **References of Included Studies**

BARRATT1997 (Published Data Only)

Barratt, E.S., Stanford, M.S., Felthous, A.R., et al. (1997) The effects of phenytoin on impulsive and premeditated aggression: a controlled study. Journal of Clinical Psychopharmacology, 17, 341-349.

DAVIDSON2008 (Published Data Only)

Davidson, K.M., Tyrer, P., Tata, P. et al. (2008) Cognitive behaviour therapy for violent men with antisocial personality disorder in the community: an exploratory randomized controlled trial. Psychological Medicine, 38, 1-9.

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