

## **Advanced Breast Cancer: Rapid Update**

### **1 Background**

The advanced breast cancer guideline (CG81) was reviewed in 2012 as part of NICE's routine surveillance programme to decide whether the guideline requires updating.

### **2 Surveillance programme findings**

The surveillance programme identified new literature focusing on the safety and benefit of exercise for breast cancer-related lymphoedema. Here is the link to the full report:

<http://guidance.nice.org.uk/CG81/ReviewDecision/pdf/English>

### **3 Rapid Update**

We are answering the following question within the advanced breast cancer guideline: In adults with breast cancer post-treatment, what is the role of exercise in relation to safety of the exercise undertaken?

### **4 Rapid Update process**

The rapid update will be produced using a standing committee. NICE are piloting the use of a standing committee for guideline updates. More information about the pilot can be found here:

<http://www.nice.org.uk/aboutnice/whatwedo/aboutclinicalguidelines/ClinicalGuidelinesRapidUpdatesStandingCommittee>

Committee meeting date: 15<sup>th</sup> January 2014

Consultation dates: March 2014

Expected publication date: July 2014