

Appendix 19b: Psychological clinical evidence forest plots

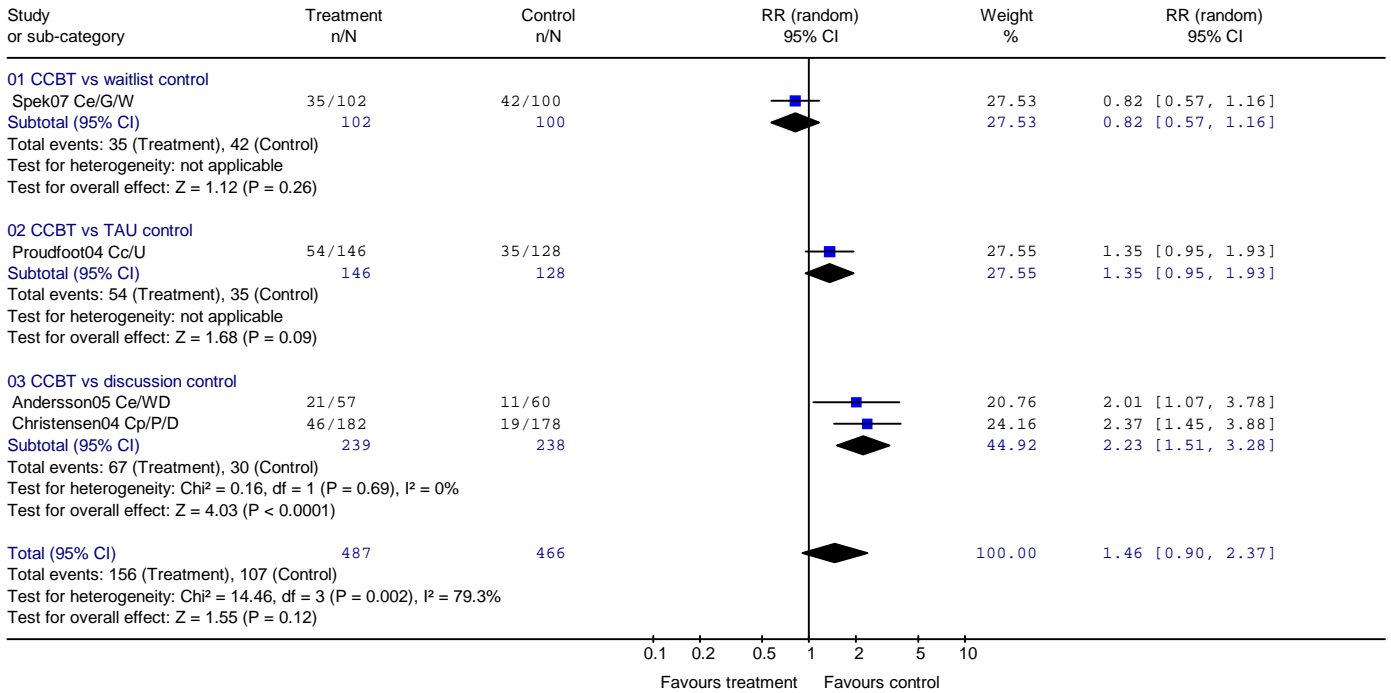
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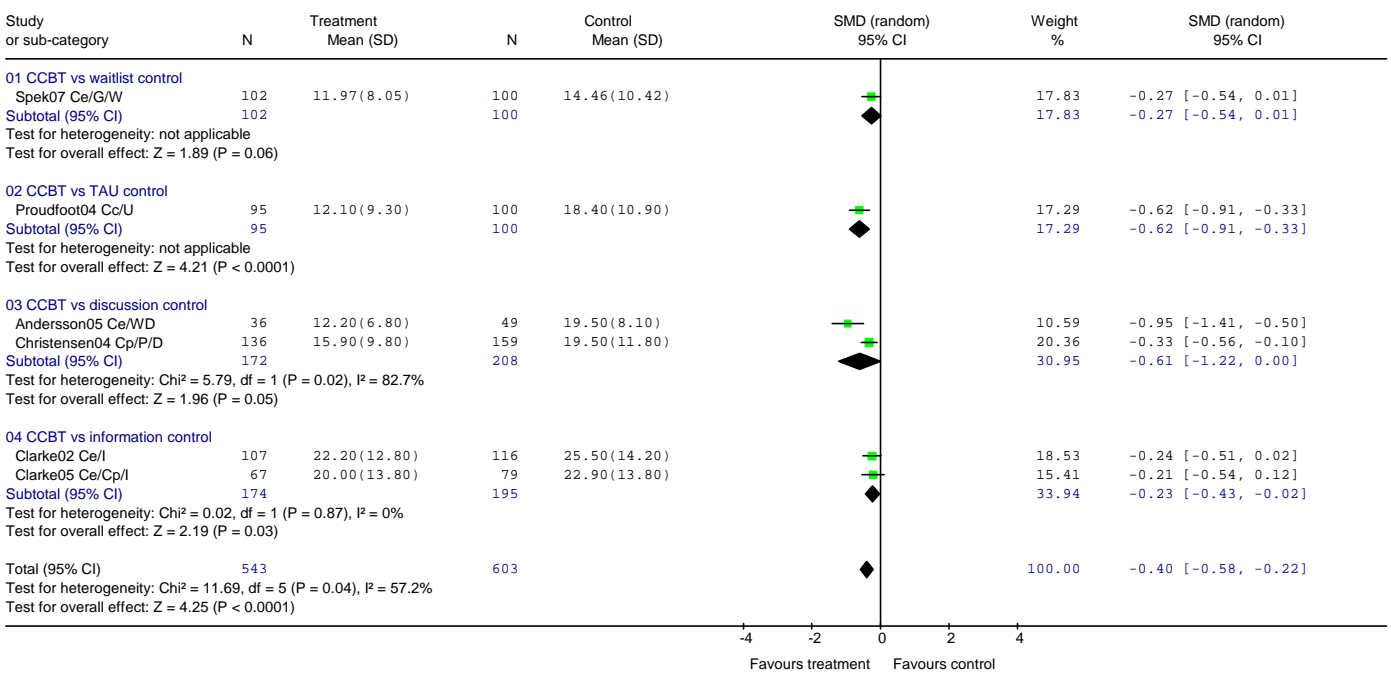
LOW INTENSITY INTERVENTIONS

Computerised cognitive behaviour therapy

Review: Dep up CCBT (FINAL VERSION)
 Comparison: 01 CCBT vs Control
 Outcome: 01 Leaving study early for any reason

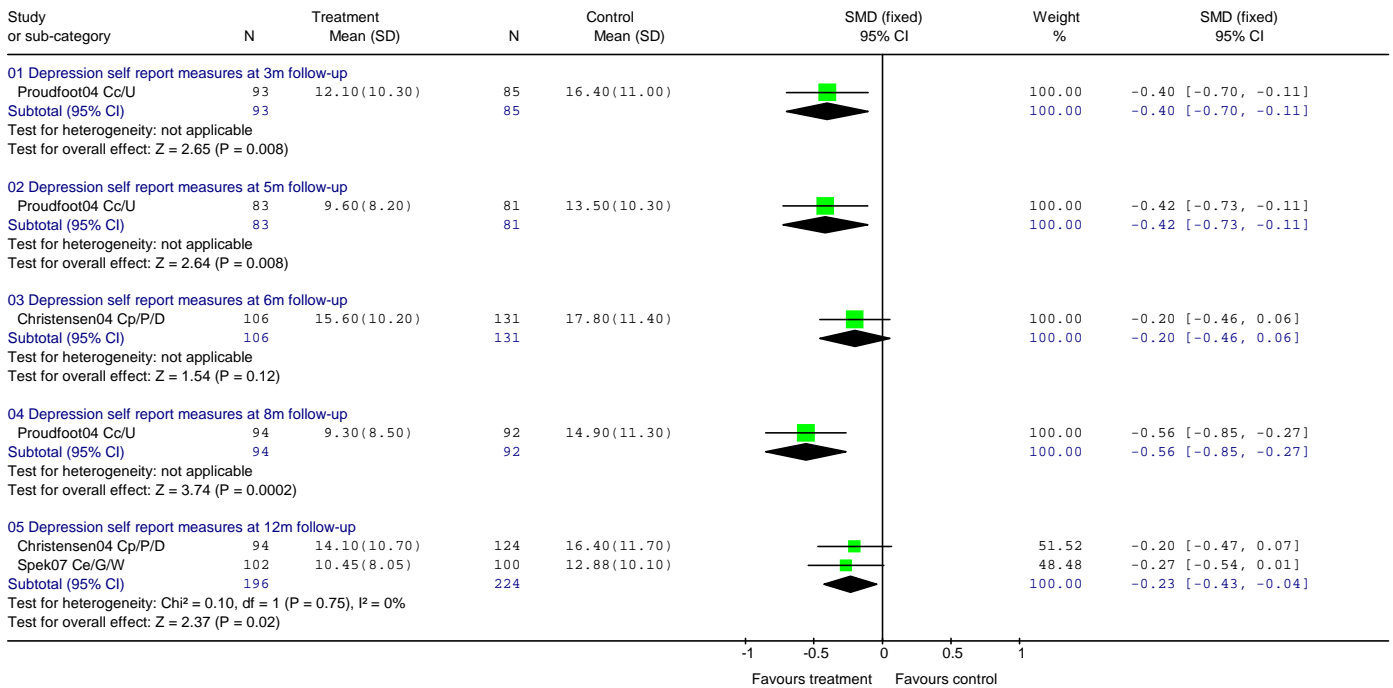


Review: Dep up CCBT (FINAL VERSION)
 Comparison: 01 CCBT vs Control
 Outcome: 02 Depression self report measures at endpoint

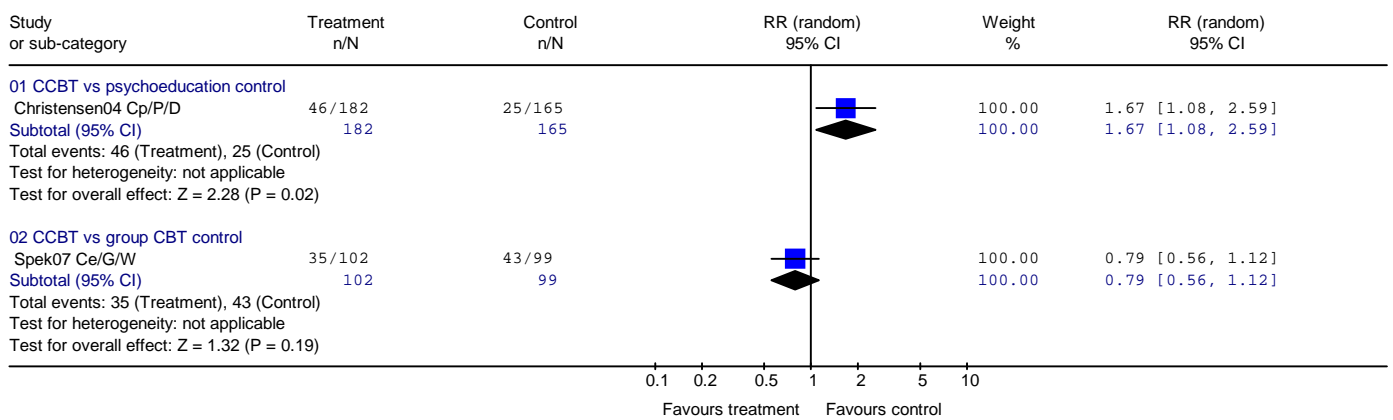


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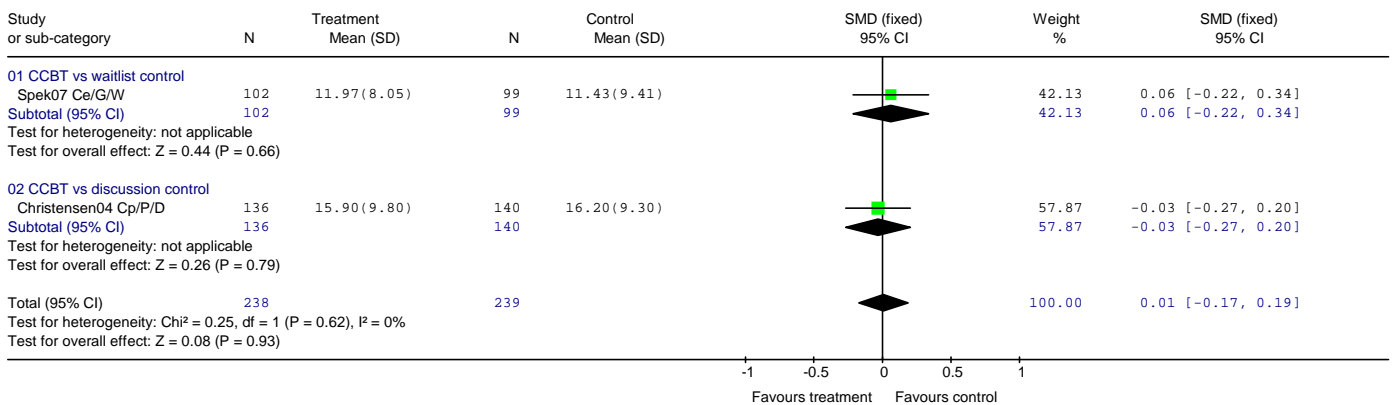
Review: Dep up CCBT (FINAL VERSION)
 Comparison: 01 CCBT vs Control
 Outcome: 03 Depression self report measures at follow-up



Review: Dep up CCBT (FINAL VERSION)
 Comparison: 02 CCBT vs Active Control
 Outcome: 01 Leaving study early for any reason

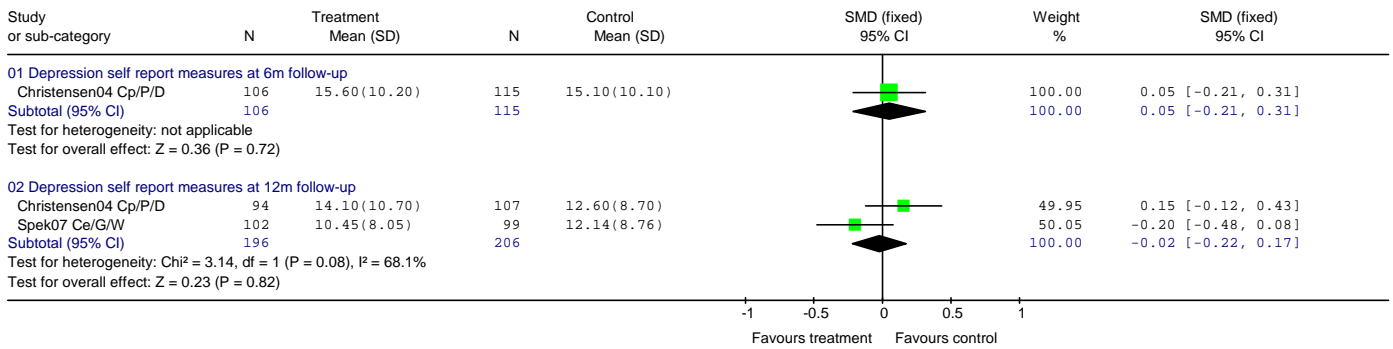


Review: Dep up CCBT (FINAL VERSION)
 Comparison: 02 CCBT vs Active Control
 Outcome: 02 Depression self report measures at endpoint

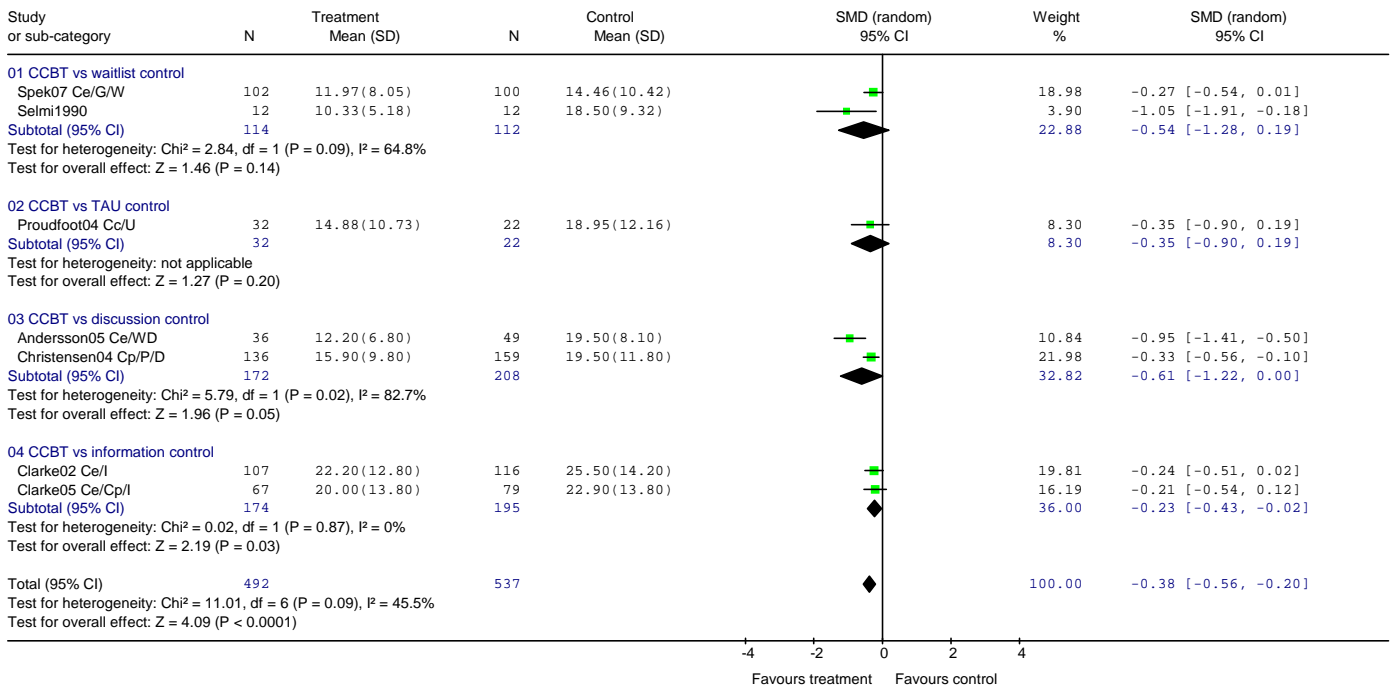


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Review: Dep up CCBT (FINAL VERSION)
 Comparison: 02 CCBT vs Active Control
 Outcome: 03 Depression self report measures at follow-up

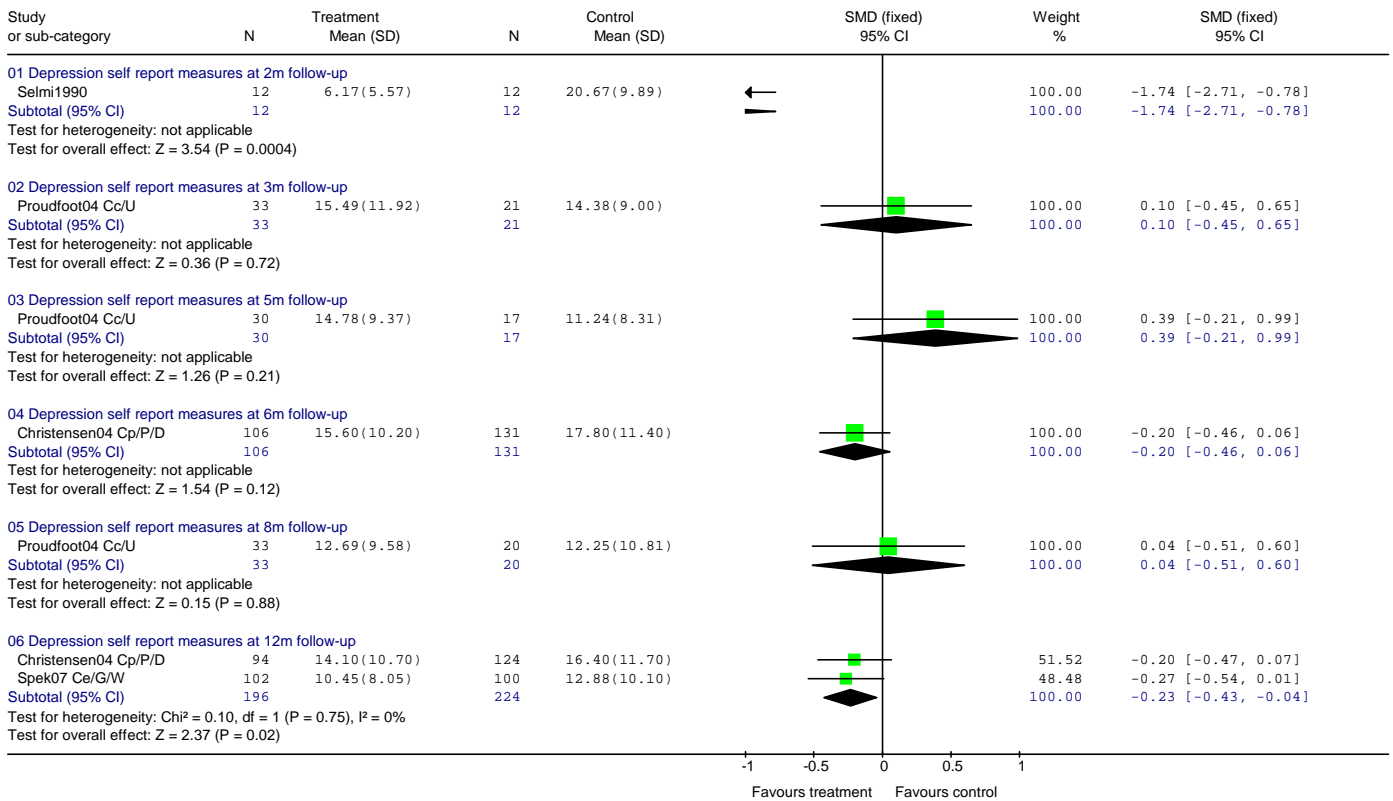


Review: Dep up CCBT (FINAL VERSION)
 Comparison: 06 Sub-analysis: PROUDFOOT2004 Depressed-sample only
 Outcome: 01 Depression self report measures at endpoint



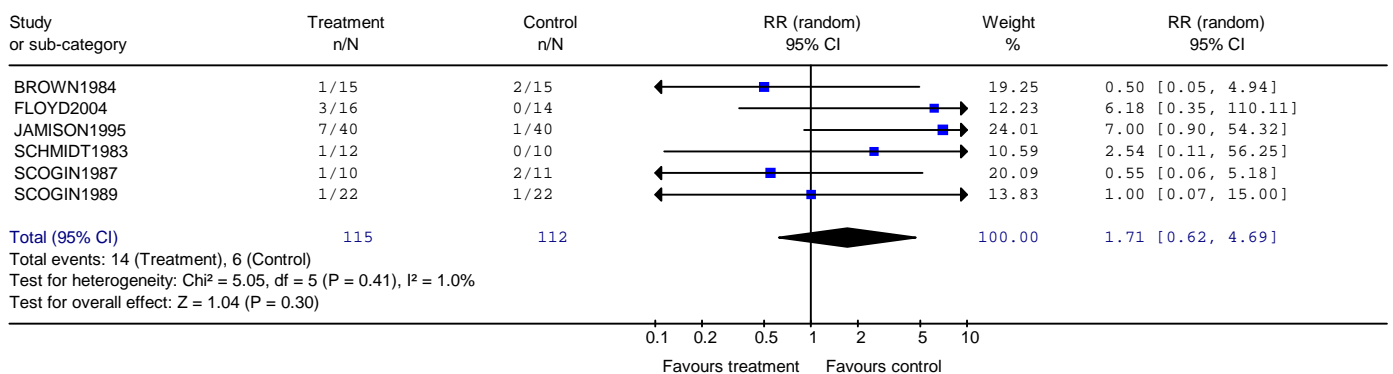
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Review: Dep up CCBT (FINAL VERSION)
 Comparison: 06 Sub-analysis: PROUDFOOT2004 Depressed-sample only
 Outcome: 02 Depression self report measures at follow-up



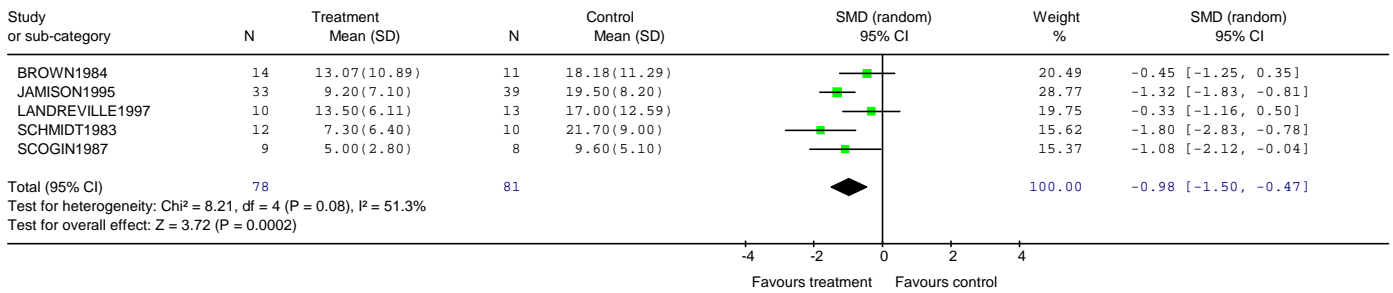
Guided self-help

Review: Dep Up GSH (Final version)
 Comparison: 01 Individual GSF (minimal support) v Waitlist control
 Outcome: 01 Leaving study early for any reason

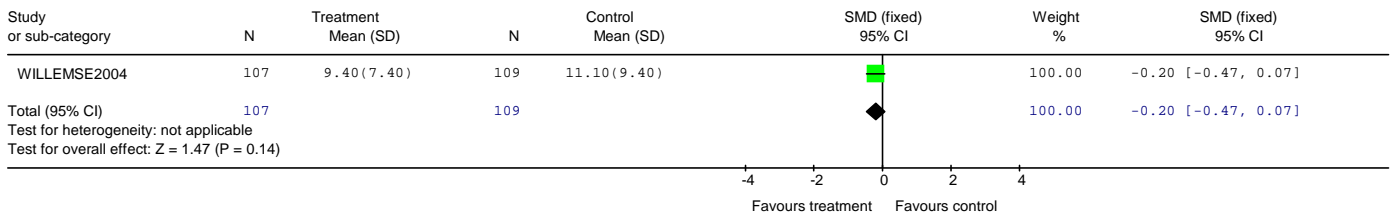


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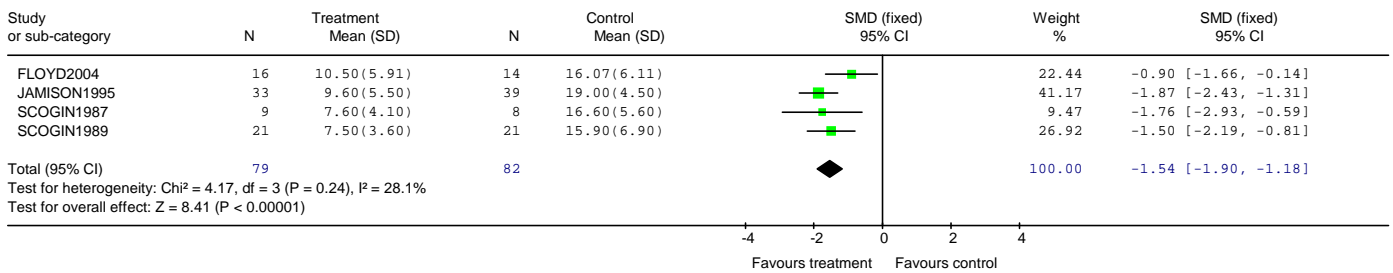
Review: Dep Up GSH (Final version)
 Comparison: 01 Individual GSF (minimal support) v Waitlist control
 Outcome: 02 Self-report depression measures (BDI) at endpoint



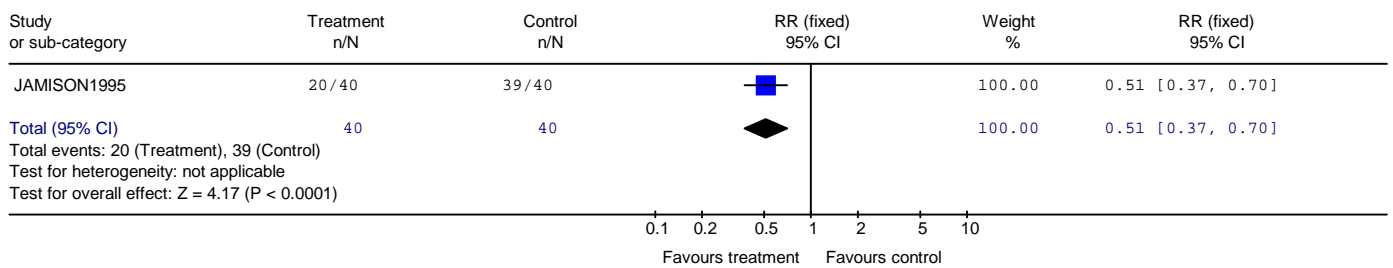
Review: Dep Up GSH (Final version)
 Comparison: 01 Individual GSF (minimal support) v Waitlist control
 Outcome: 03 Self-report depression measure (CES-D) at 12m follow-up



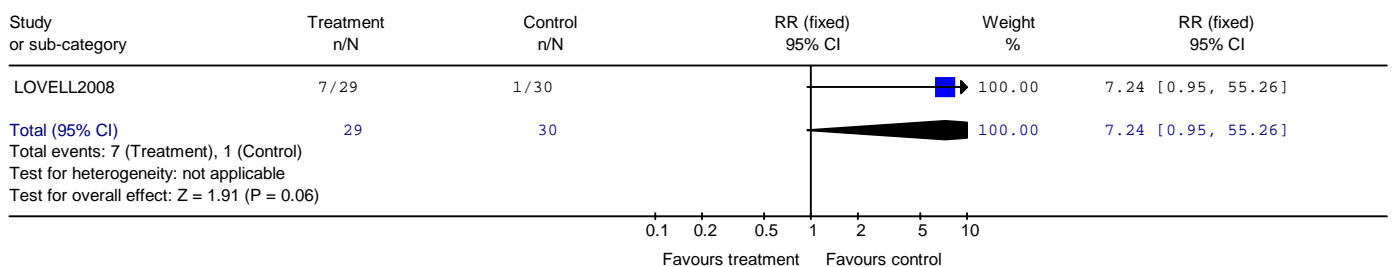
Review: Dep Up GSH (Final version)
 Comparison: 01 Individual GSF (minimal support) v Waitlist control
 Outcome: 04 Clinician depression measure (HRSD) at endpoint



Review: Dep Up GSH (Final version)
 Comparison: 01 Individual GSF (minimal support) v Waitlist control
 Outcome: 05 Non response (as measured by HRSD <=12)

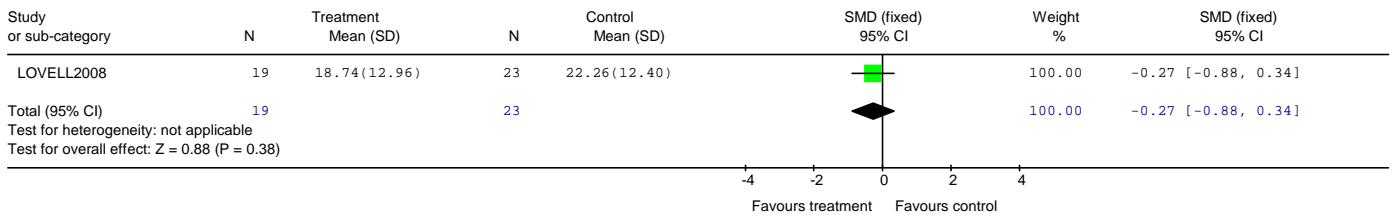


Review: Dep Up GSH (Final version)
 Comparison: 02 Individual GSH (w support) v TAU
 Outcome: 01 Leaving study early for any reason

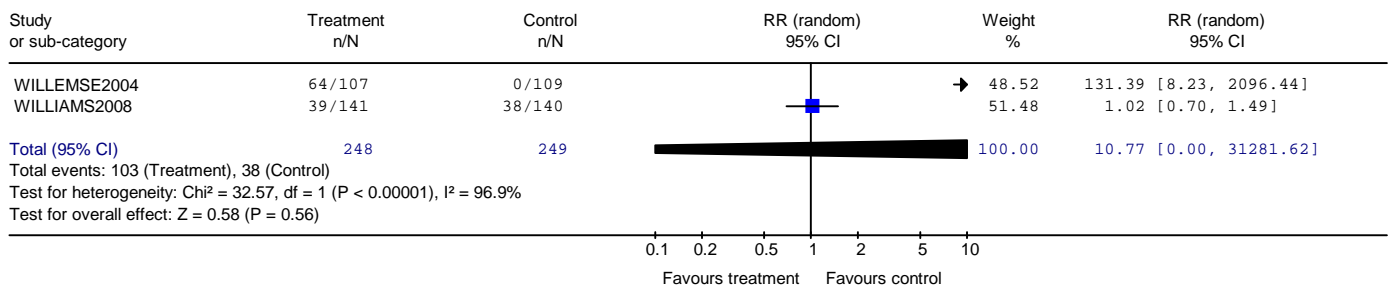


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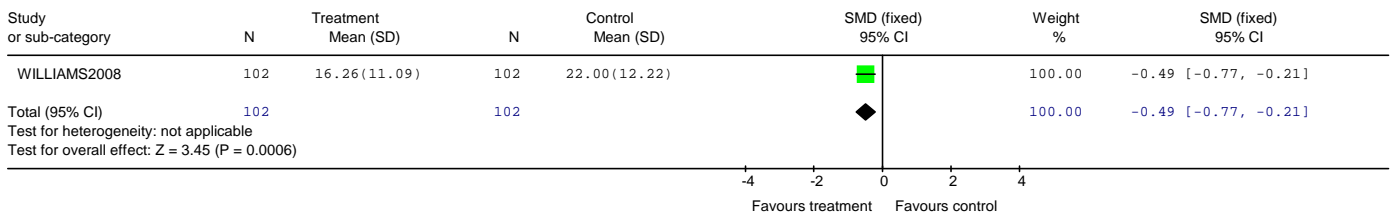
Review: Dep Up GSH (Final version)
 Comparison: 02 Individual GSH (w support) v TAU
 Outcome: 02 Self-report depression measures (BDI) at endpoint



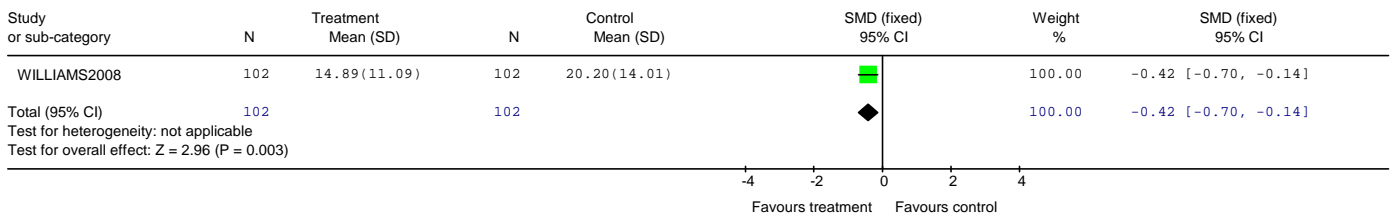
Review: Dep Up GSH (Final version)
 Comparison: 03 Individual GSH (minimal support) v TAU
 Outcome: 01 Leaving study early for any reason



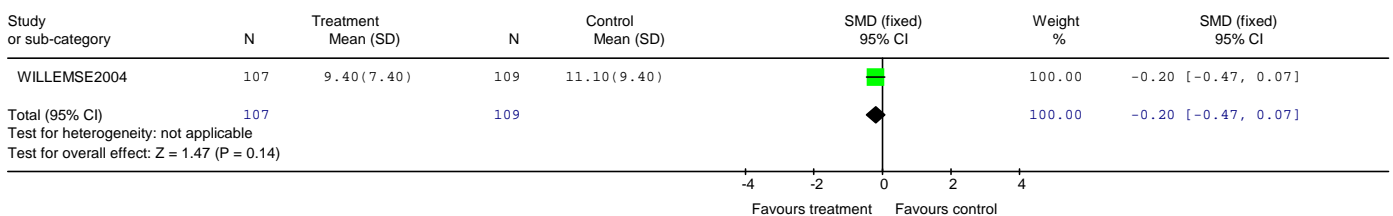
Review: Dep Up GSH (Final version)
 Comparison: 03 Individual GSH (minimal support) v TAU
 Outcome: 02 Self-report depression measures (BDI) at 12m follow-up



Review: Dep Up GSH (Final version)
 Comparison: 03 Individual GSH (minimal support) v TAU
 Outcome: 03 Self-report depression measures (BDI) at 12m follow-up

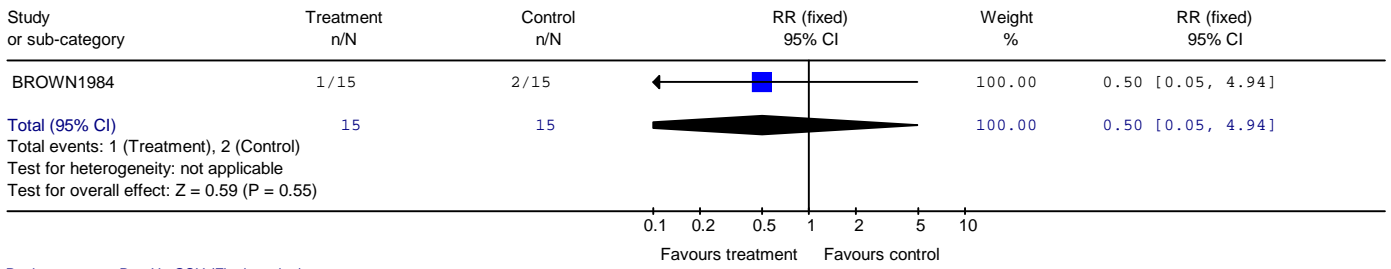


Review: Dep Up GSH (Final version)
 Comparison: 03 Individual GSH (minimal support) v TAU
 Outcome: 04 Self-report depression measure (CES-D) at 12m follow-up

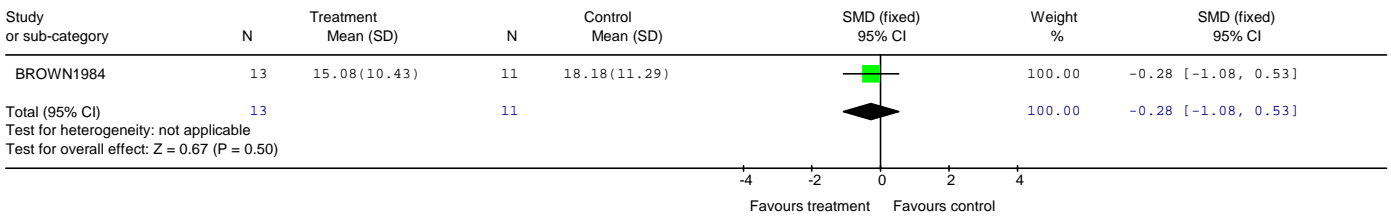


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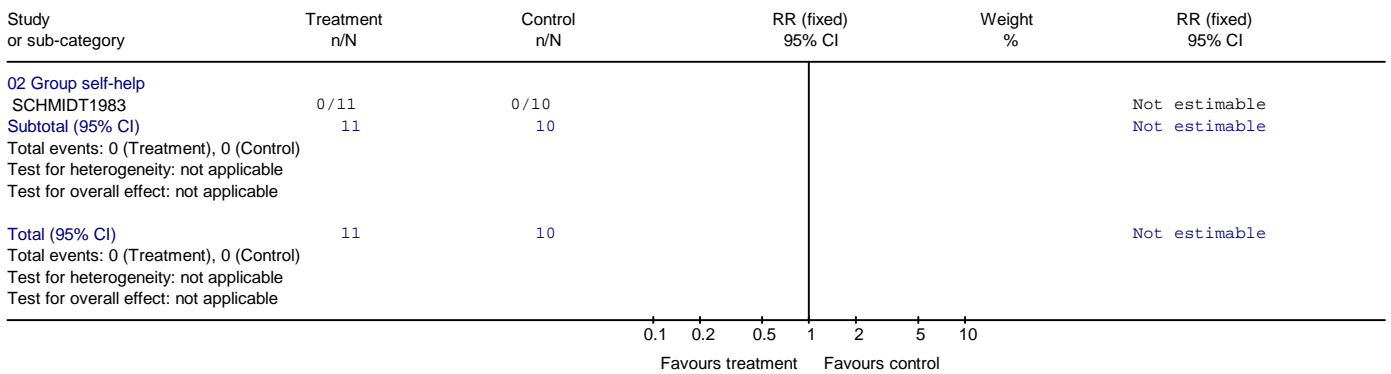
Review: Dep Up GSH (Final version)
 Comparison: 04 Individual GSH (w support) v Waitlist control
 Outcome: 01 Leaving study early for any reason



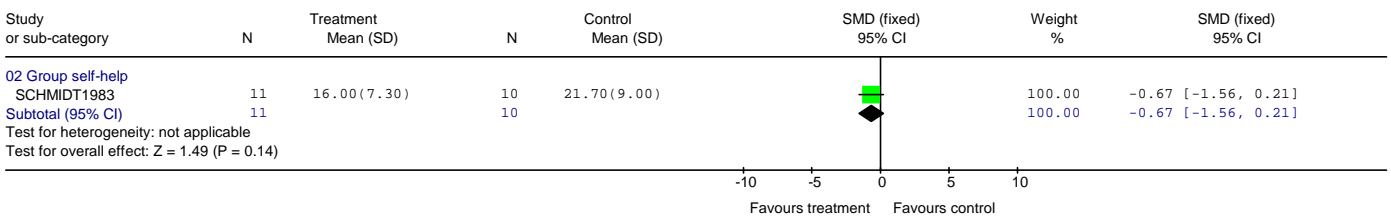
Review: Dep Up GSH (Final version)
 Comparison: 04 Individual GSH (w support) v Waitlist control
 Outcome: 02 Self-report depression measures (BDI) at endpoint



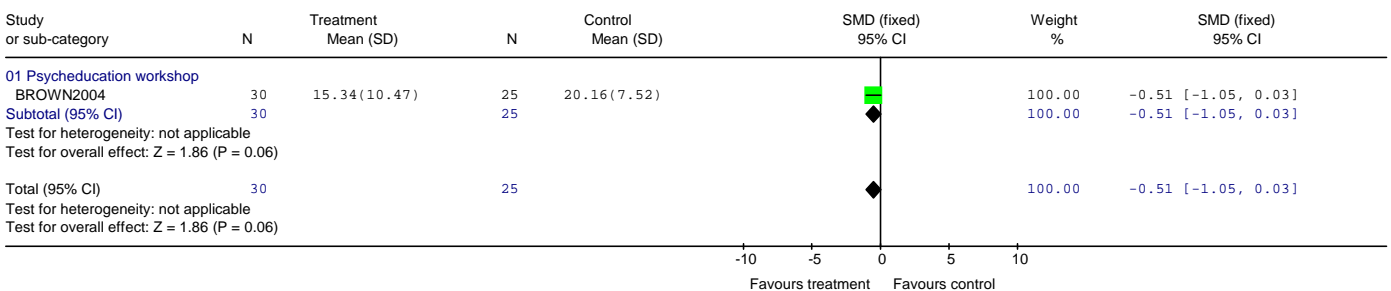
Review: Dep Up GSH (Final version)
 Comparison: 05 Group GSH v Waitlist control
 Outcome: 01 Leaving study early for any reason



Review: Dep Up GSH (Final version)
 Comparison: 05 Group GSH v Waitlist control
 Outcome: 02 Self-report depression measures (BDI or HADS-D) at endpoint

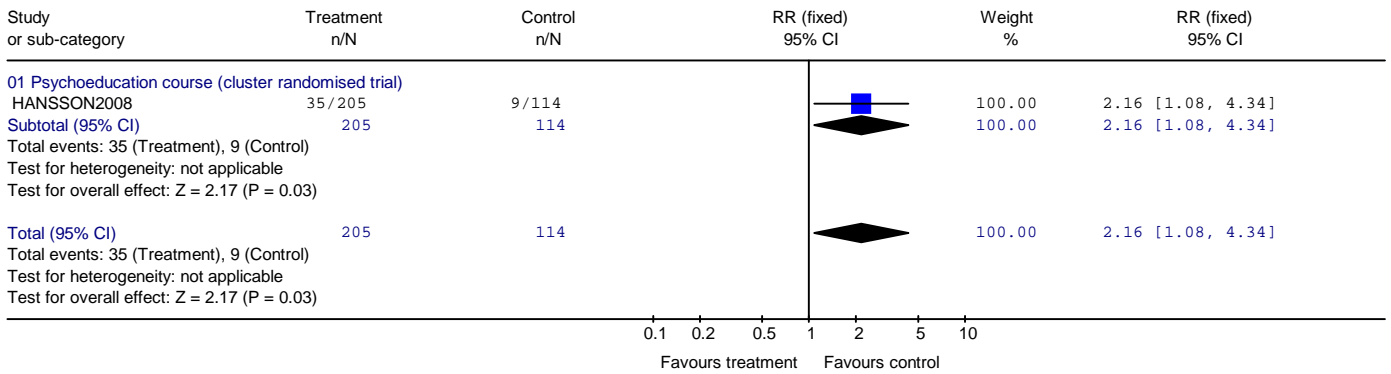


Review: Dep Up GSH (Final version)
 Comparison: 05 Group GSH v Waitlist control
 Outcome: 04 Self-report depression measures (BDI) at 3m follow-up

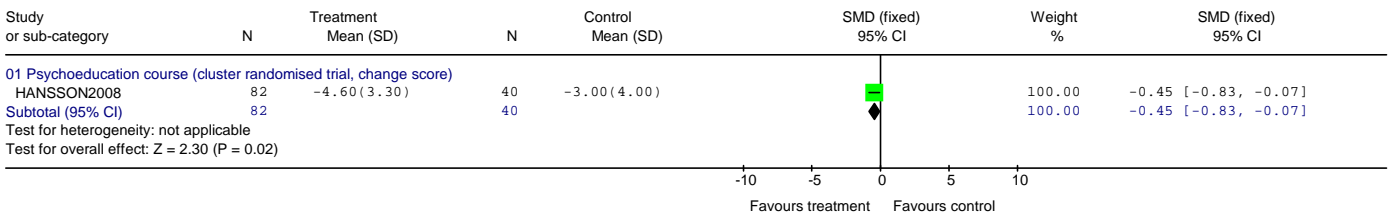


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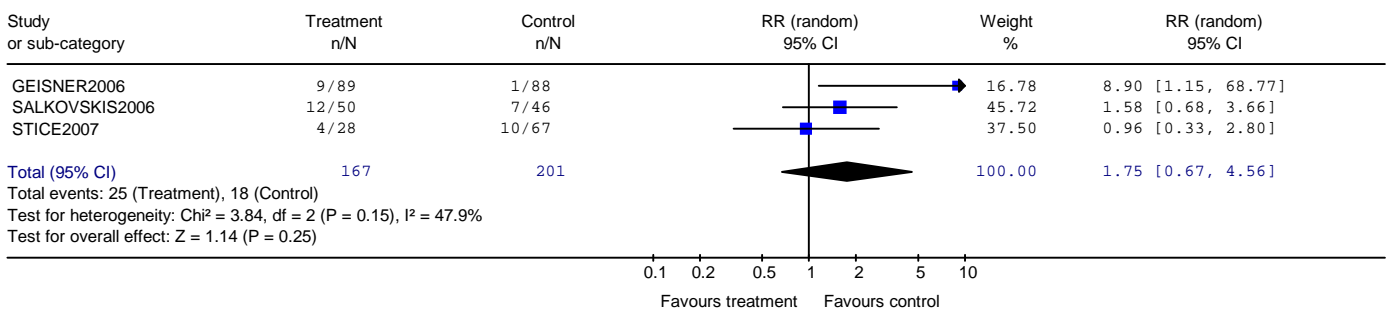
Review: Dep Up GSH (Final version)
 Comparison: 06 Group GSH v TAU
 Outcome: 01 Leaving study early for any reason



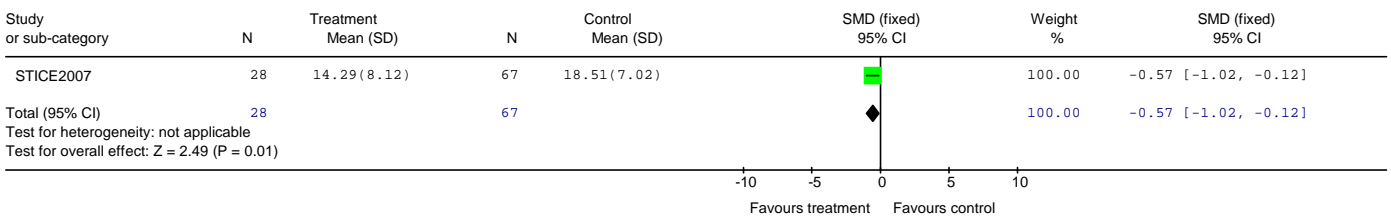
Review: Dep Up GSH (Final version)
 Comparison: 06 Group GSH v TAU
 Outcome: 02 Self-report depression measures (BDI or HADS-D) at endpoint



Review: Dep Up GSH (Final version)
 Comparison: 07 GSH (w support by mail) v Waitlist
 Outcome: 01 Leaving study early for any reason

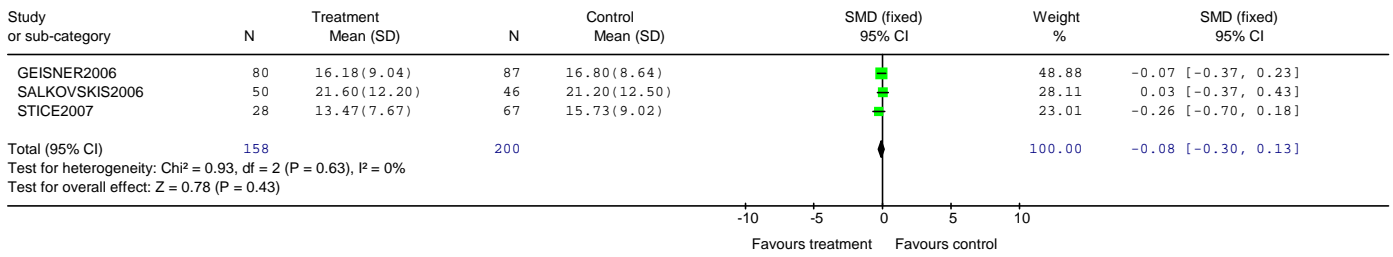


Review: Dep Up GSH (Final version)
 Comparison: 07 GSH (w support by mail) v Waitlist
 Outcome: 02 Self-report depression measure (BDI) at endpoint

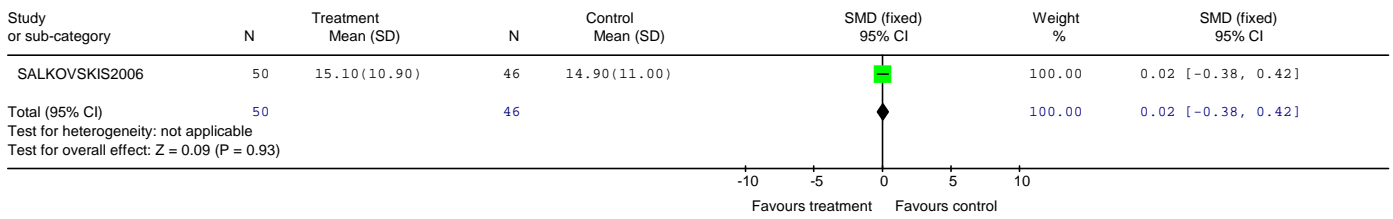


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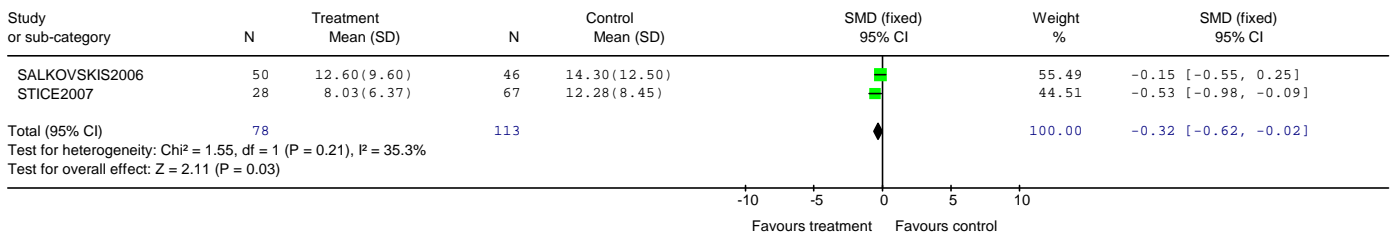
Review: Dep Up GSH (Final version)
 Comparison: 07 GSH (w support by mail) v Waitlist
 Outcome: 03 Self-report depression measures (BDI) at 1m follow-up



Review: Dep Up GSH (Final version)
 Comparison: 07 GSH (w support by mail) v Waitlist
 Outcome: 04 Self-report depression measures (BDI) at 3m follow-up



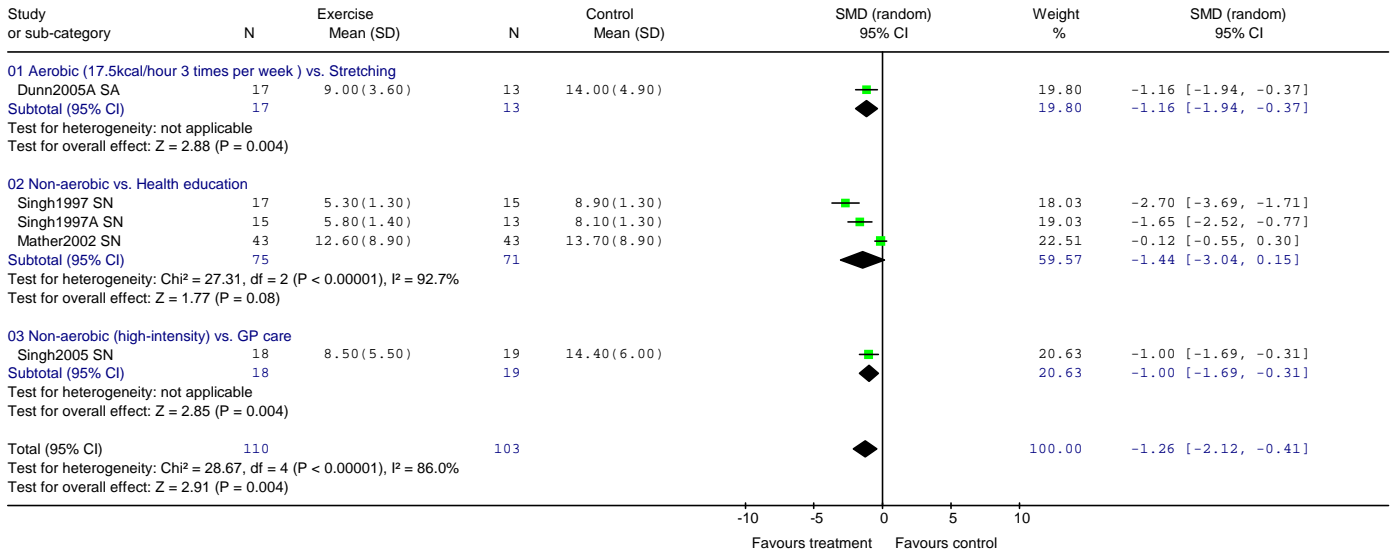
Review: Dep Up GSH (Final version)
 Comparison: 07 GSH (w support by mail) v Waitlist
 Outcome: 05 Self-report depression measures (BDI) at 6m follow-up



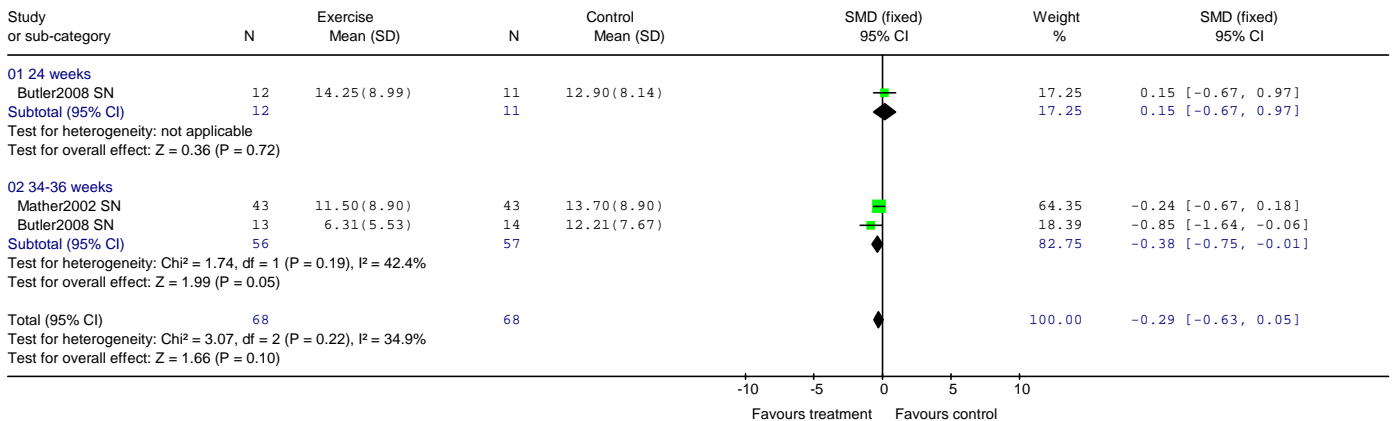
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Physical activity

Review: Service: Exercise (steve)
 Comparison: 10 Exercise vs. No exercise control (edited data)
 Outcome: 01 Supervised (clinician-rated endpoint depression scores)

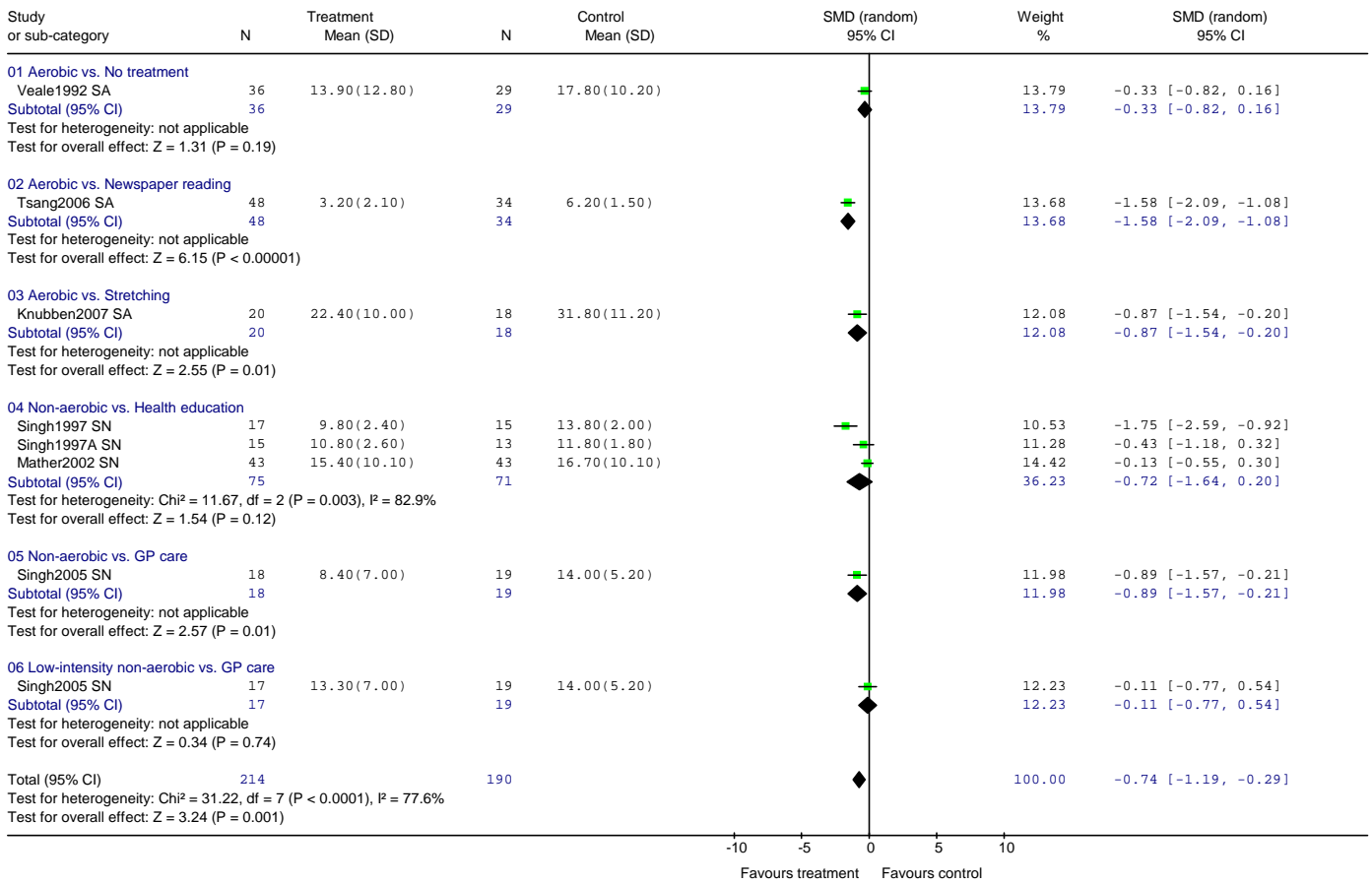


Review: Service: Exercise (steve)
 Comparison: 01 Exercise vs. No exercise control
 Outcome: 02 Supervised non-aerobic vs. health education (clinician-rated depression scores at follow-up)

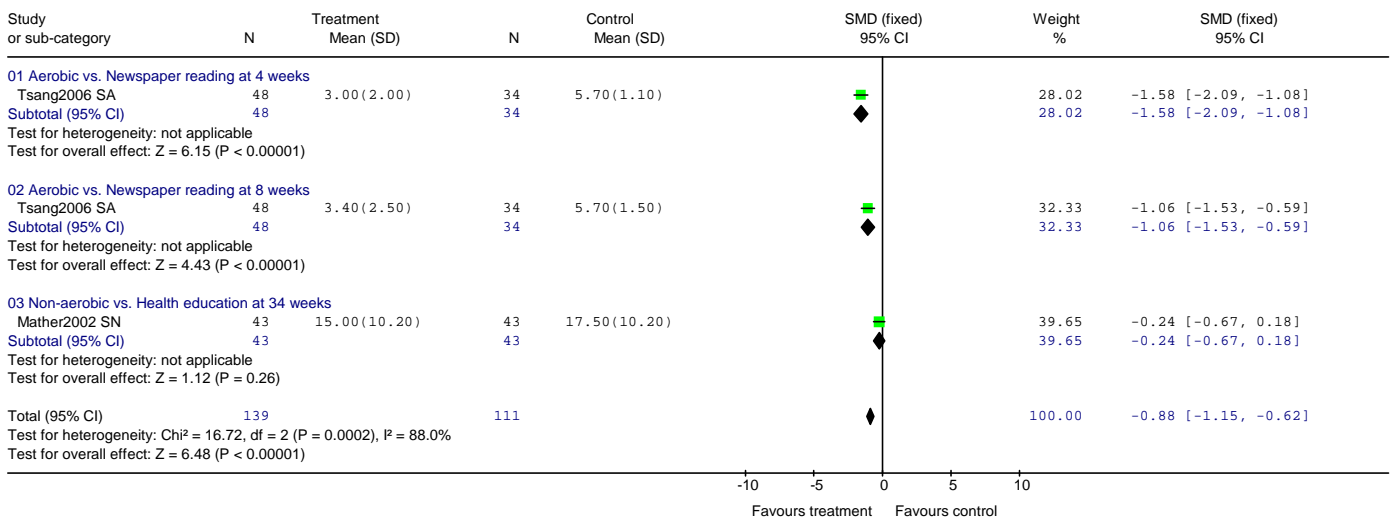


Appendix 19b: Psychological clinical evidence forest plots

Review: Service: Exercise (steve)
 Comparison: 01 Exercise vs. No exercise control
 Outcome: 03 Supervised (self-rated endpoint depression scores)

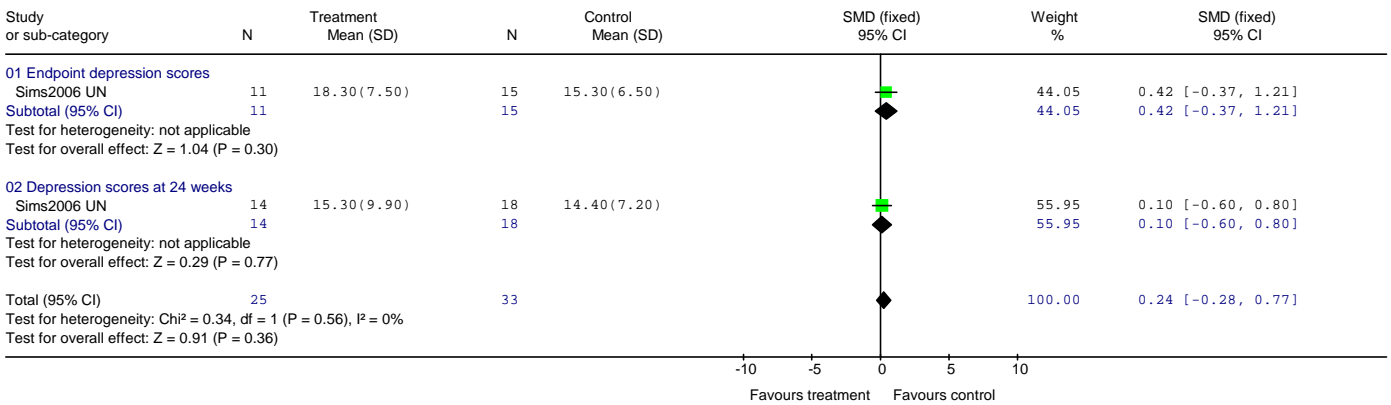


Review: Service: Exercise (steve)
 Comparison: 01 Exercise vs. No exercise control
 Outcome: 05 Supervised (self-rated depression scores at follow-up)

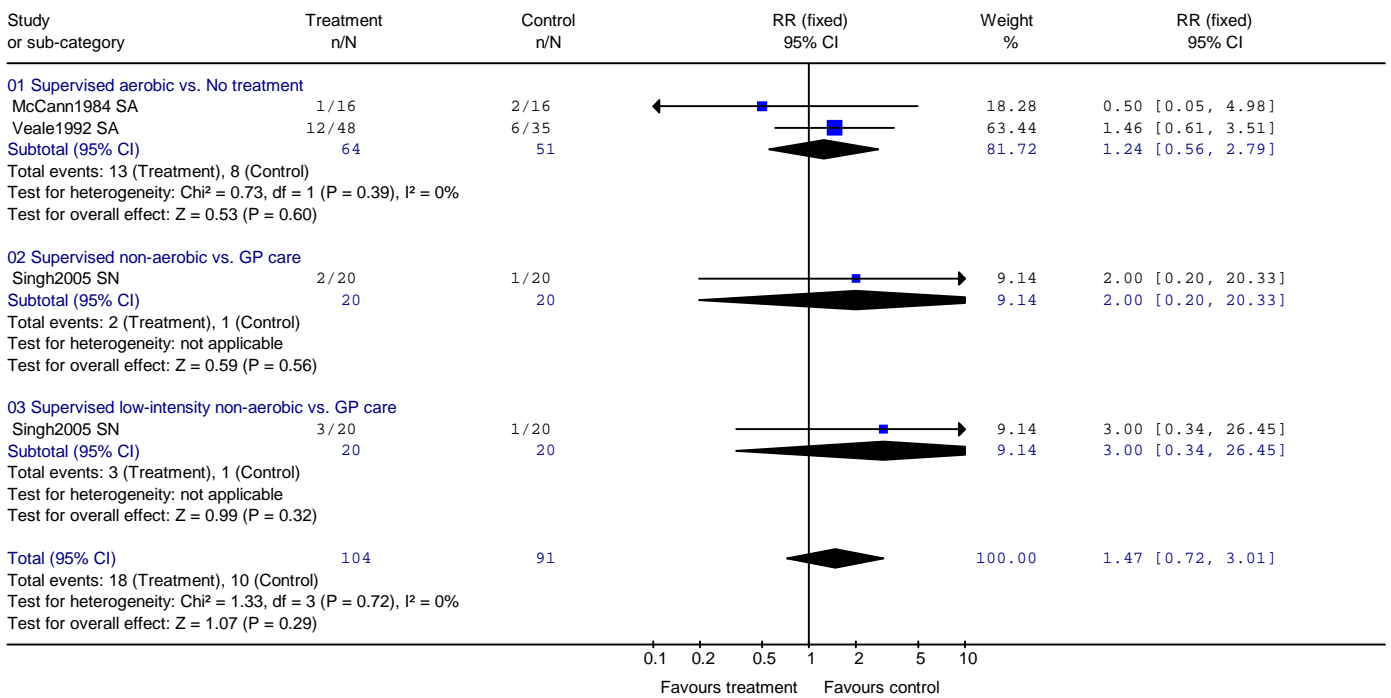


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Review: Service: Exercise (steve)
 Comparison: 01 Exercise vs. No exercise control
 Outcome: 06 Unsupervised non-aerobic vs. Advice control (self-rated endpoint depression scores)



Review: Service: Exercise (steve)
 Comparison: 01 Exercise vs. No exercise control
 Outcome: 07 N leaving treatment for any reason

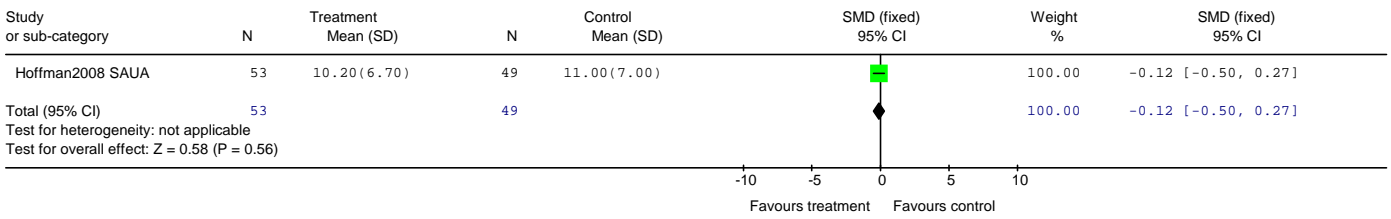


Review: Service: Exercise (steve)
 Comparison: 02 Exercise vs. Placebo pill
 Outcome: 01 Supervised aerobic (clinician-rated endpoint depression scores)

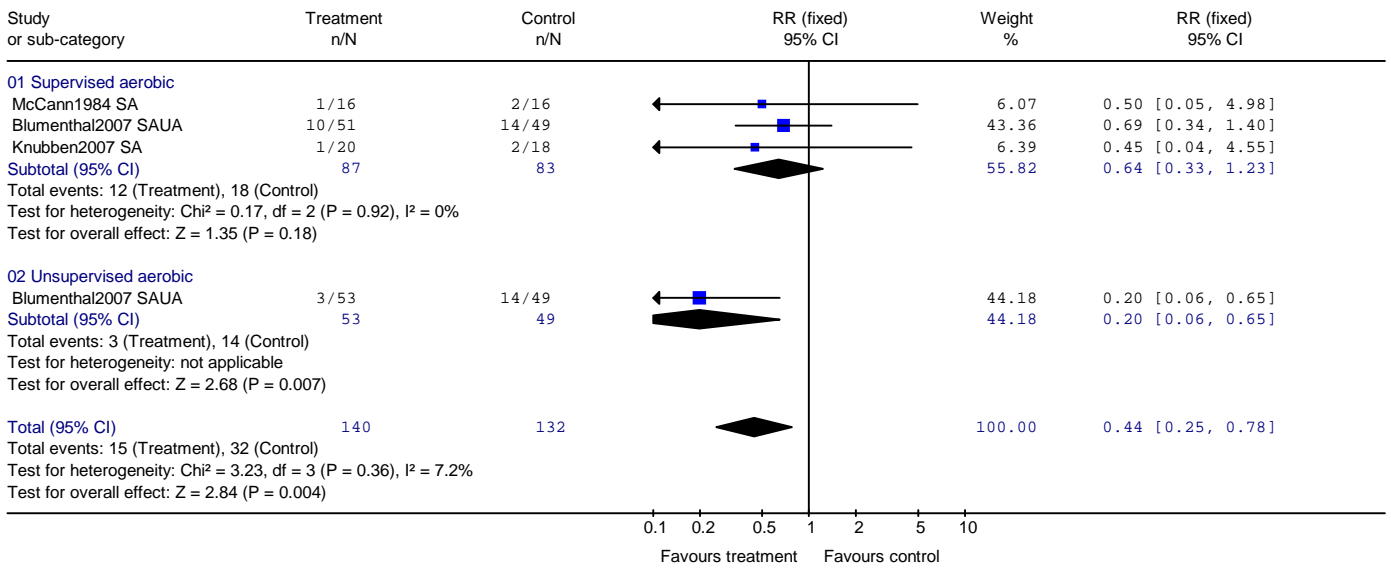


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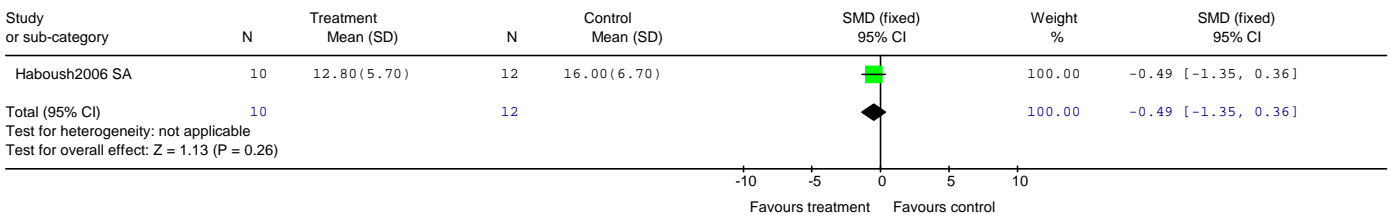
Review: Service: Exercise (steve)
 Comparison: 02 Exercise vs. Placebo pill
 Outcome: 03 Unsupervised aerobic (clinician-rated endpoint depression scores)



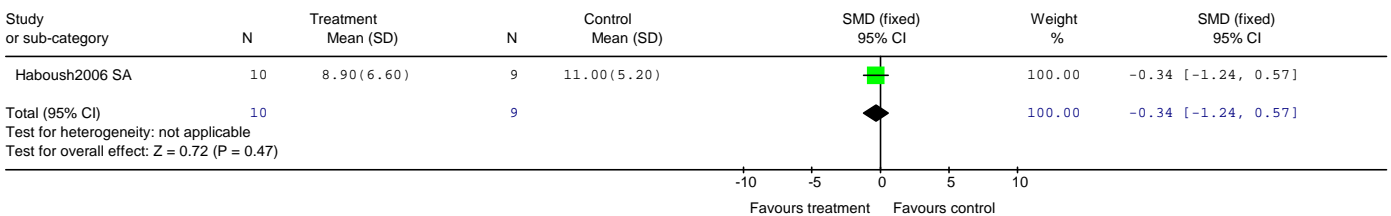
Review: Service: Exercise (steve)
 Comparison: 02 Exercise vs. Placebo pill
 Outcome: 05 N leaving treatment for any reason



Review: Service: Exercise (steve)
 Comparison: 03 Exercise vs. Wait-list
 Outcome: 01 Supervised aerobic (clinician-rated endpoint depression scores)

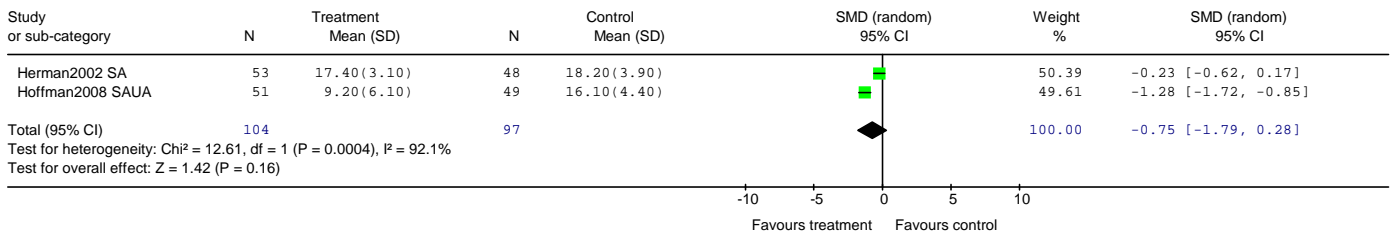


Review: Service: Exercise (steve)
 Comparison: 03 Exercise vs. Wait-list
 Outcome: 02 Supervised aerobic (clinician-rated depression scores at 12 weeks)

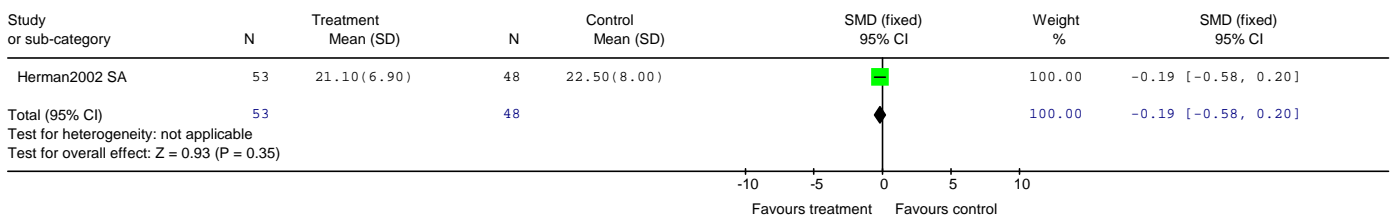


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Review: Service: Exercise (steve)
 Comparison: 04 Exercise vs. Sertraline
 Outcome: 01 Supervised aerobic (clinician-rated endpoint depression scores)



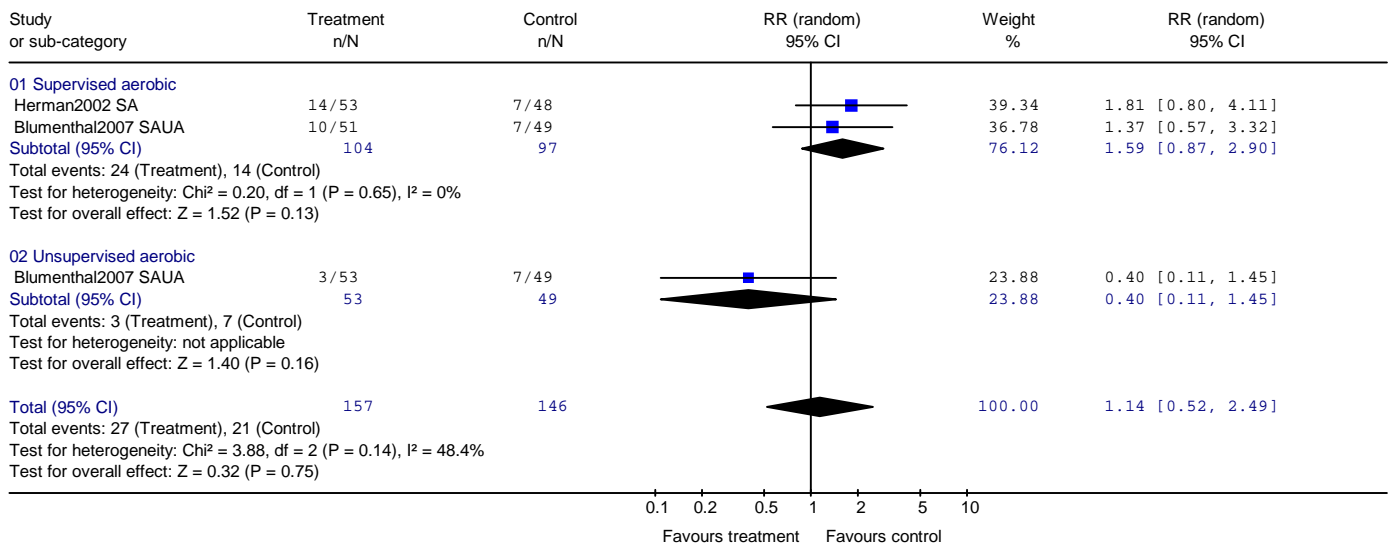
Review: Service: Exercise (steve)
 Comparison: 04 Exercise vs. Sertraline
 Outcome: 03 Supervised aerobic (self-rated endpoint depression scores)



Review: Service: Exercise (steve)
 Comparison: 04 Exercise vs. Sertraline
 Outcome: 04 Unsupervised aerobic (clinician-rated endpoint depression scores)

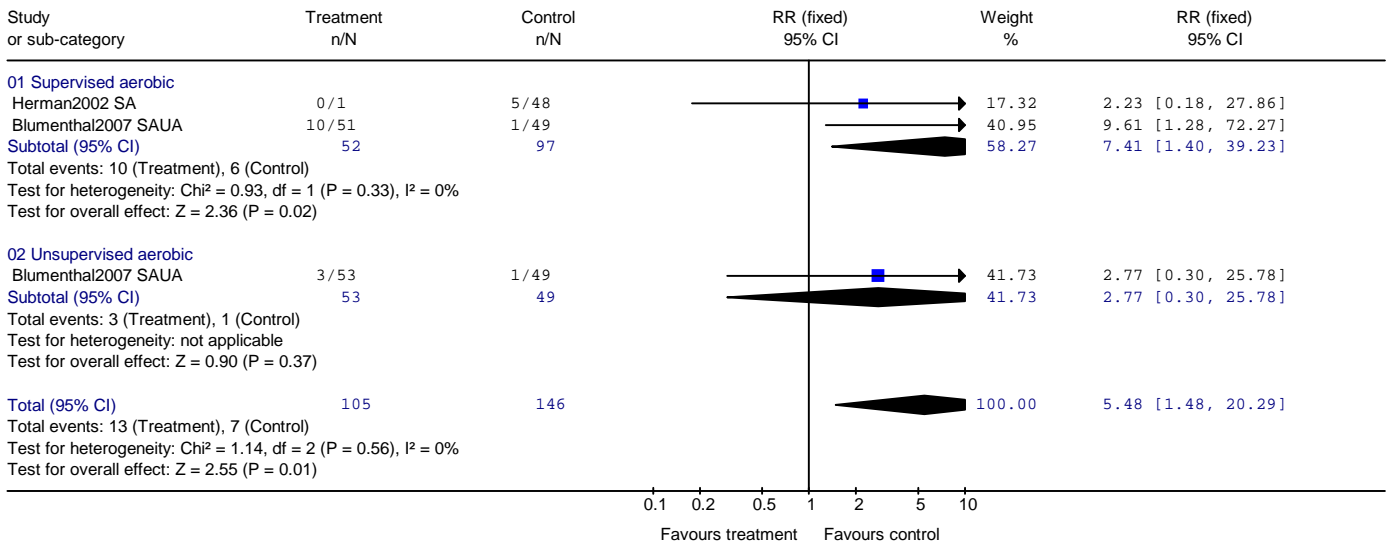


Review: Service: Exercise (steve)
 Comparison: 04 Exercise vs. Sertraline
 Outcome: 06 N leaving treatment for any reason

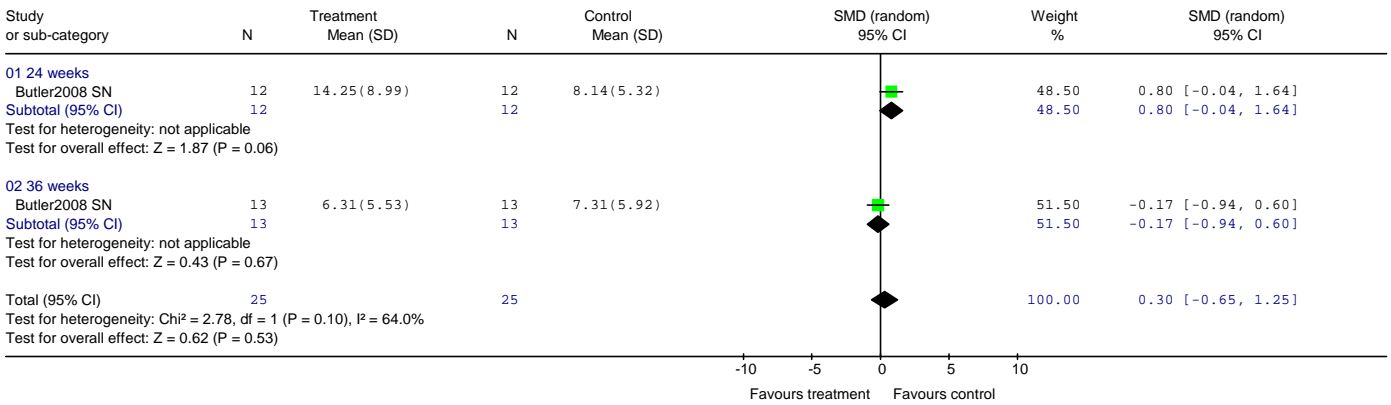


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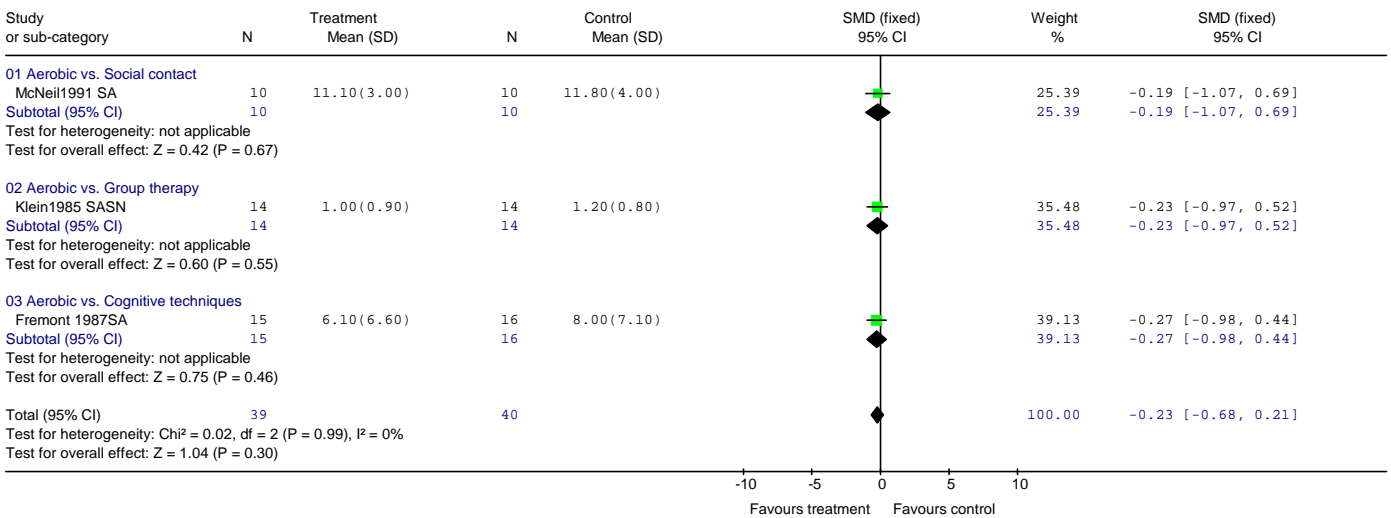
Review: Service: Exercise (steve)
 Comparison: 04 Exercise vs. Sertraline
 Outcome: 07 N leaving treatment due to side effects



Review: Service: Exercise (steve)
 Comparison: 05 Exercise vs. Psychotherapy
 Outcome: 01 Supervised non-aerobic vs. Hypnosis (clinician-rated depression scores at follow-up)

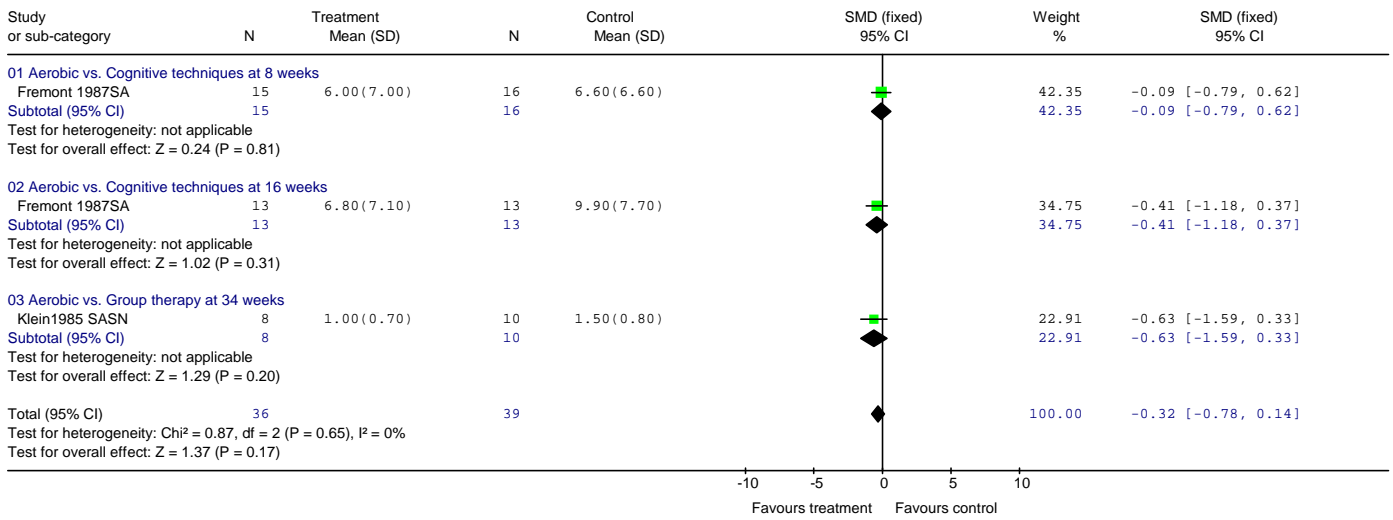


Review: Service: Exercise (steve)
 Comparison: 05 Exercise vs. Psychotherapy
 Outcome: 02 Supervised (self-rated endpoint depression scores)

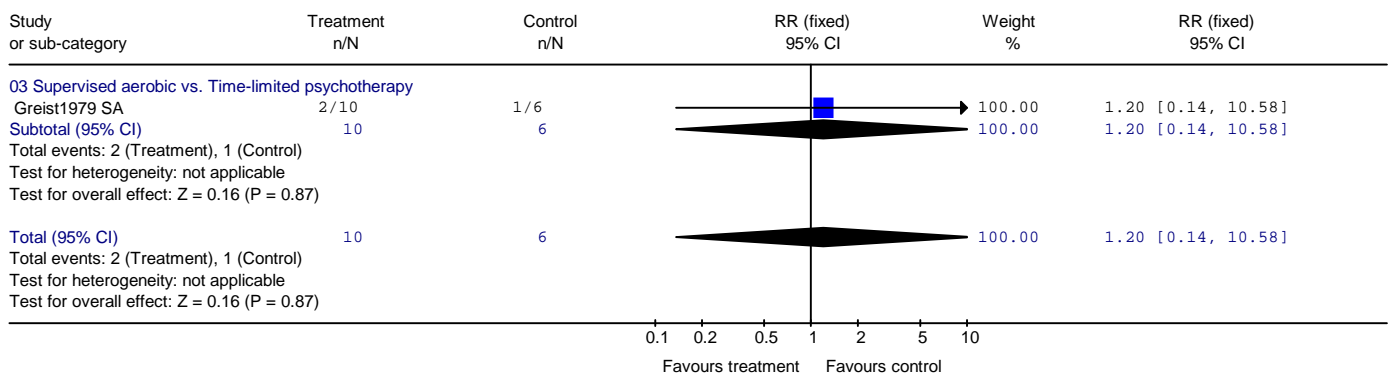


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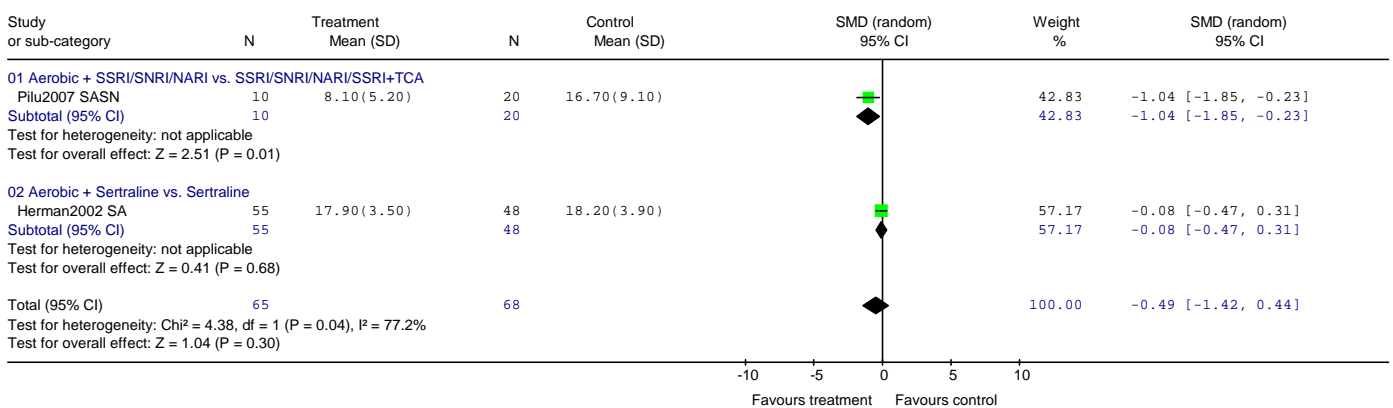
Review: Service: Exercise (steve)
 Comparison: 05 Exercise vs. Psychotherapy
 Outcome: 03 Supervised (self-rated depression scores at follow-up)



Review: Service: Exercise (steve)
 Comparison: 05 Exercise vs. Psychotherapy
 Outcome: 04 N leaving treatment early for any reason

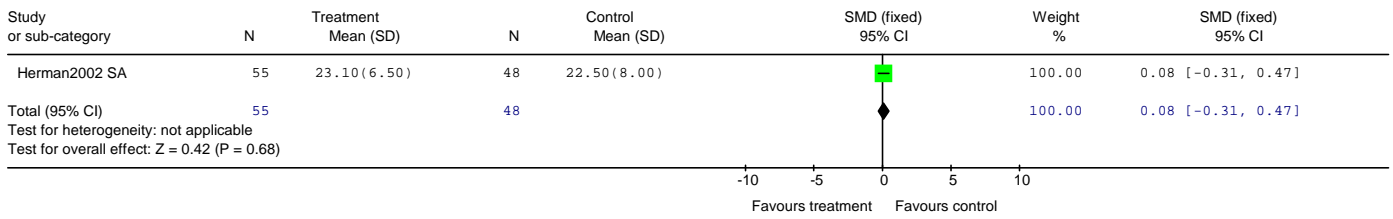


Review: Service: Exercise (steve)
 Comparison: 09 Combination vs. Pharmacotherapy
 Outcome: 01 Supervised exercise + Pharmacotherapies vs. Pharmacotherapies (C-R endpoint depression scores)

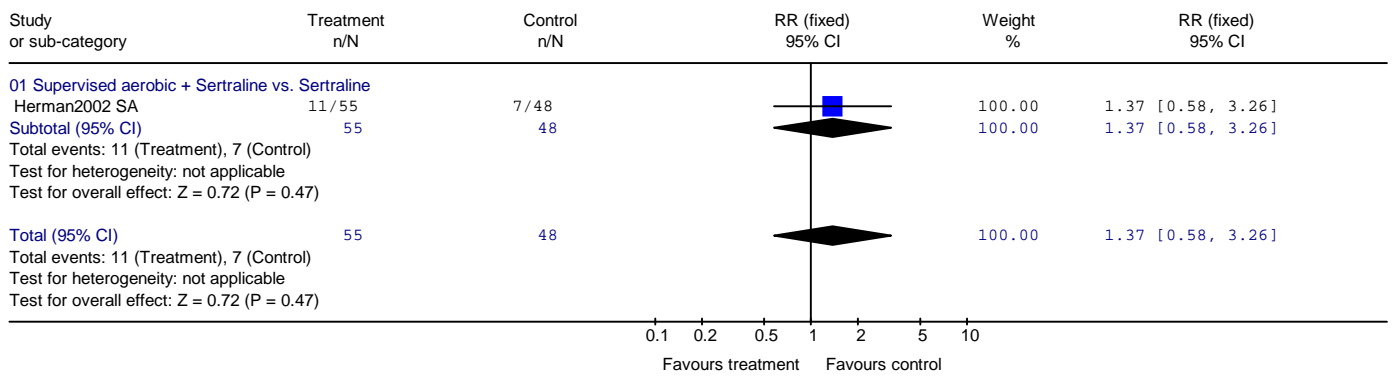


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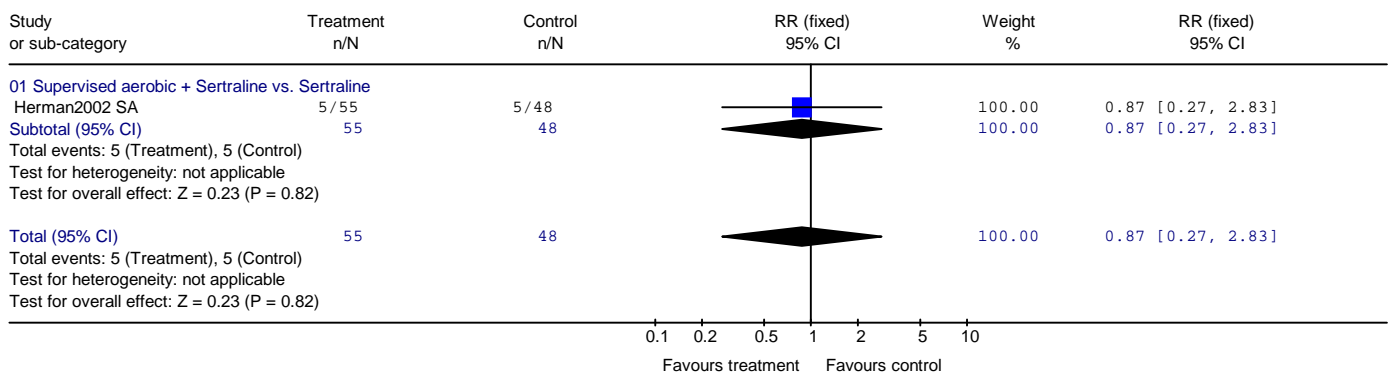
Review: Service: Exercise (steve)
 Comparison: 09 Combination vs. Pharmacotherapy
 Outcome: 02 Supervised aerobic + Sertraline vs. Sertraline (S-R endpoint depression scores)



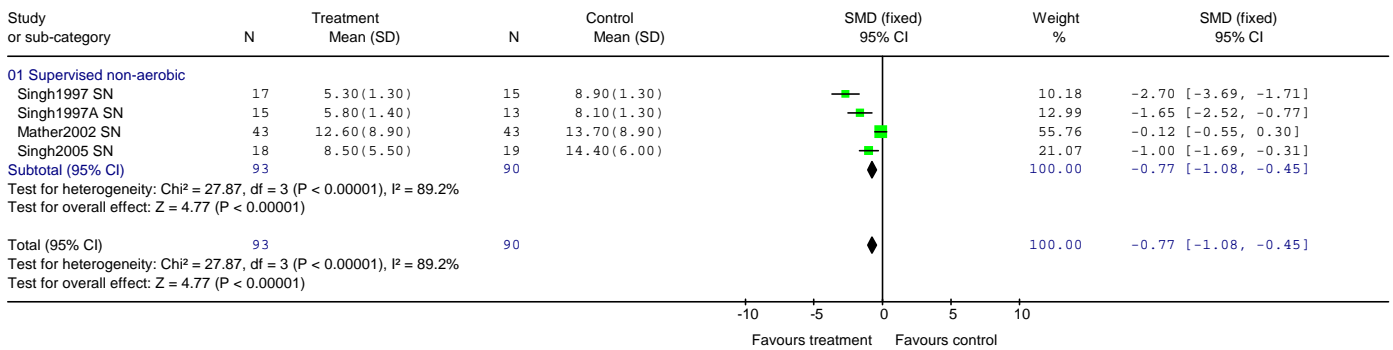
Review: Service: Exercise (steve)
 Comparison: 09 Combination vs. Pharmacotherapy
 Outcome: 03 N leaving treatment for any reason



Review: Service: Exercise (steve)
 Comparison: 09 Combination vs. Pharmacotherapy
 Outcome: 04 N leaving treatment due to side effects

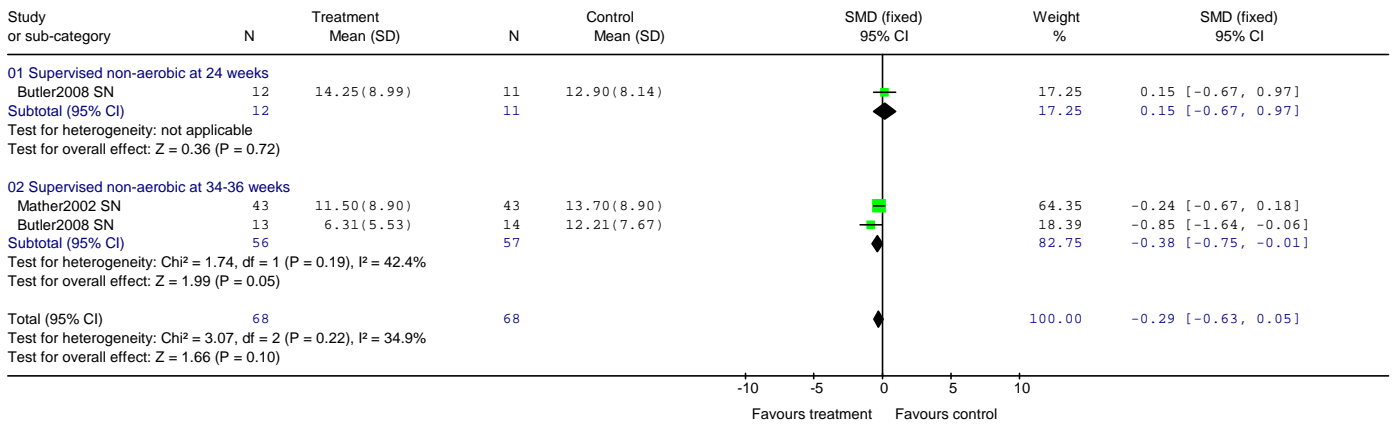


Review: Service: Exercise (steve)
 Comparison: 19 Group exercise vs. No exercise control
 Outcome: 01 Clinician-rated endpoint scores

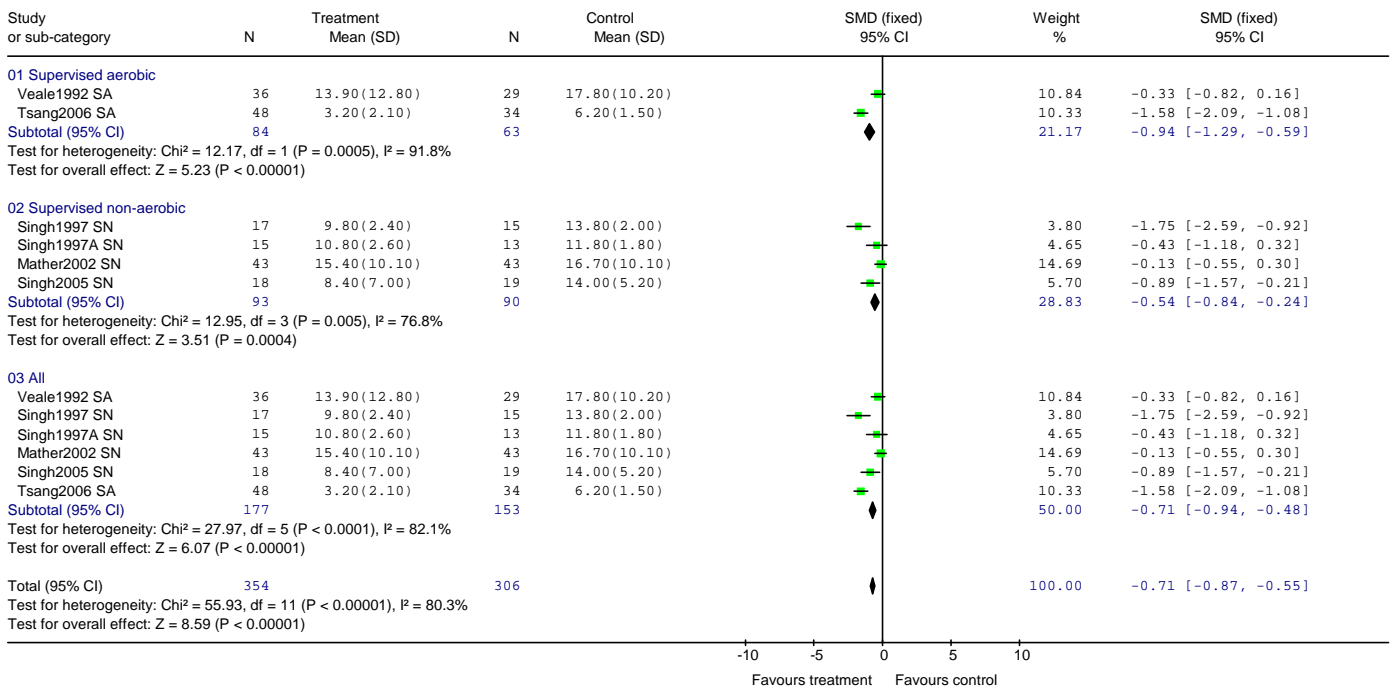


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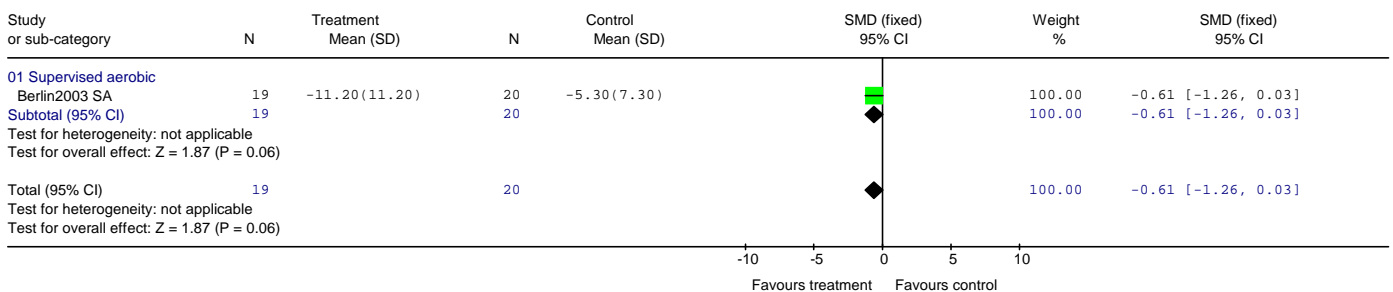
Review: Service: Exercise (steve)
 Comparison: 19 Group exercise vs. No exercise control
 Outcome: 02 Clinician-rated depression scores at follow up



Review: Service: Exercise (steve)
 Comparison: 19 Group exercise vs. No exercise control
 Outcome: 03 Self-rated endpoint scores

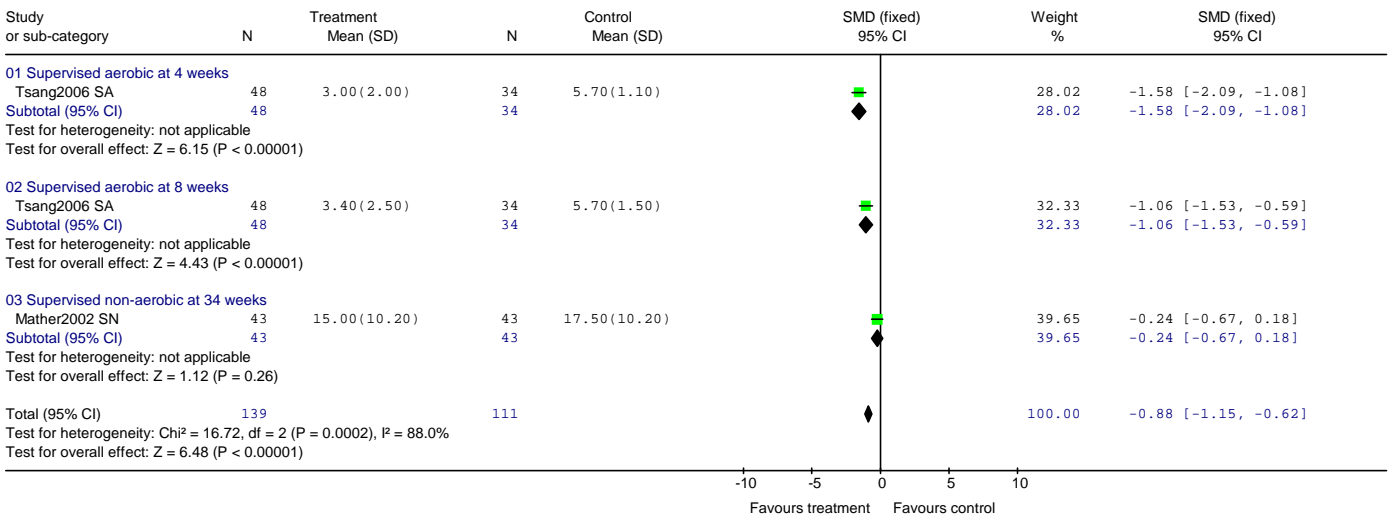


Review: Service: Exercise (steve)
 Comparison: 19 Group exercise vs. No exercise control
 Outcome: 04 Self-rated depression change scores

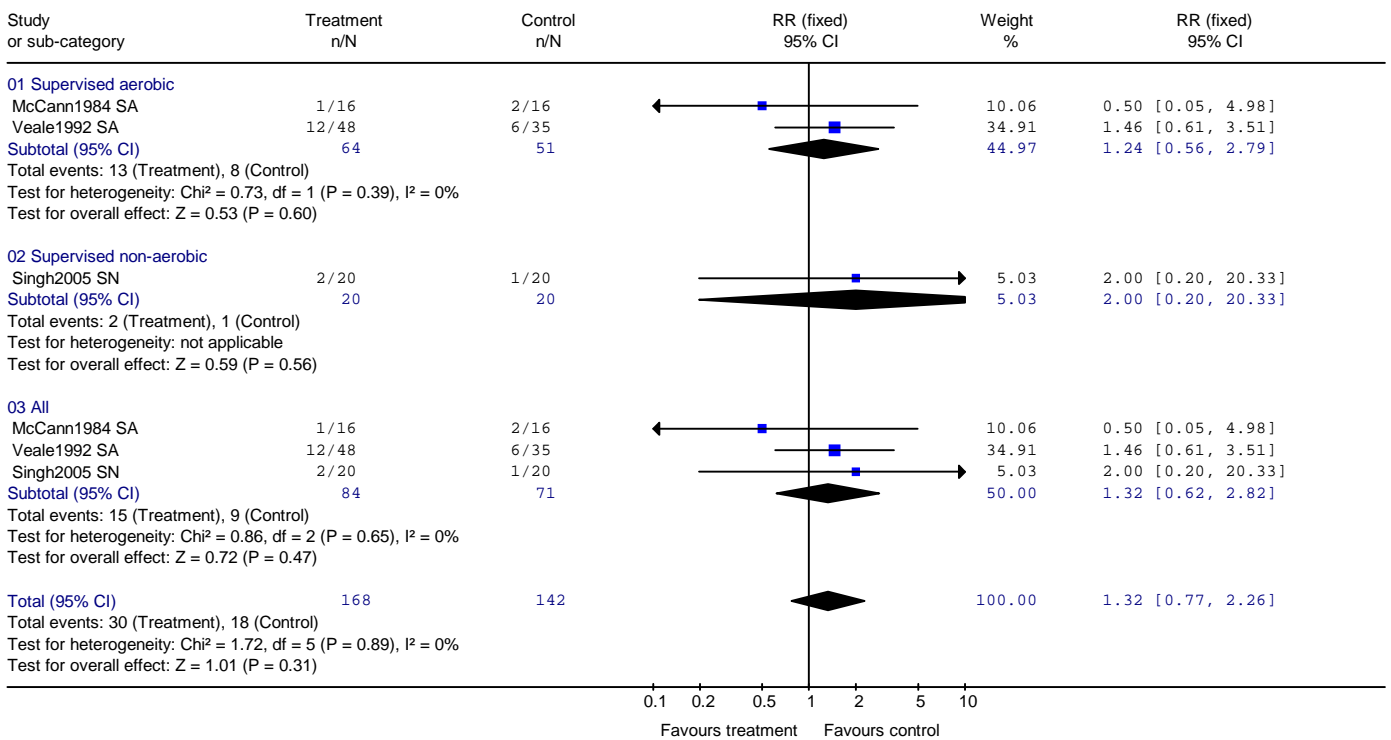


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Review: Service: Exercise (steve)
 Comparison: 19 Group exercise vs. No exercise control
 Outcome: 05 Self-rated depression scores at follow up

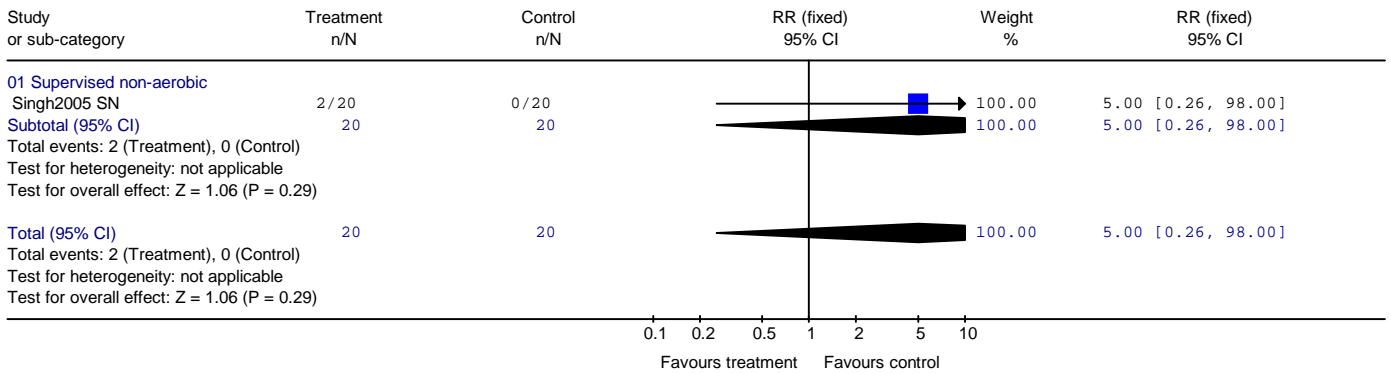


Review: Service: Exercise (steve)
 Comparison: 19 Group exercise vs. No exercise control
 Outcome: 06 N leaving treatment for any reason

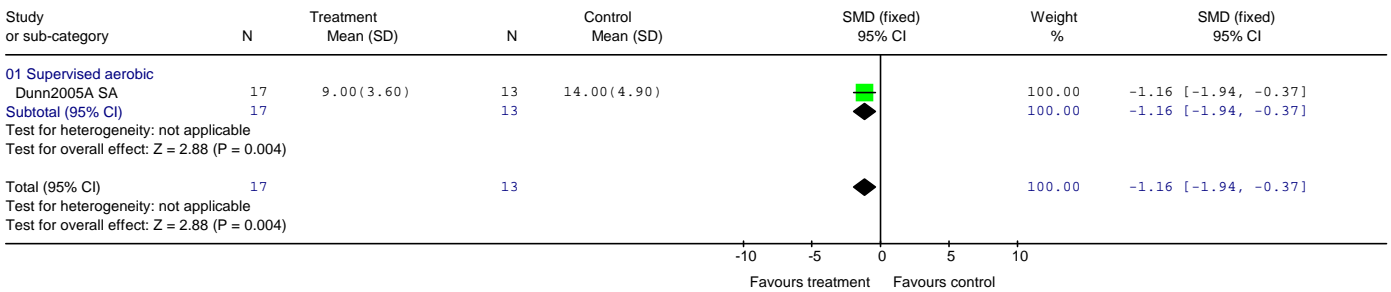


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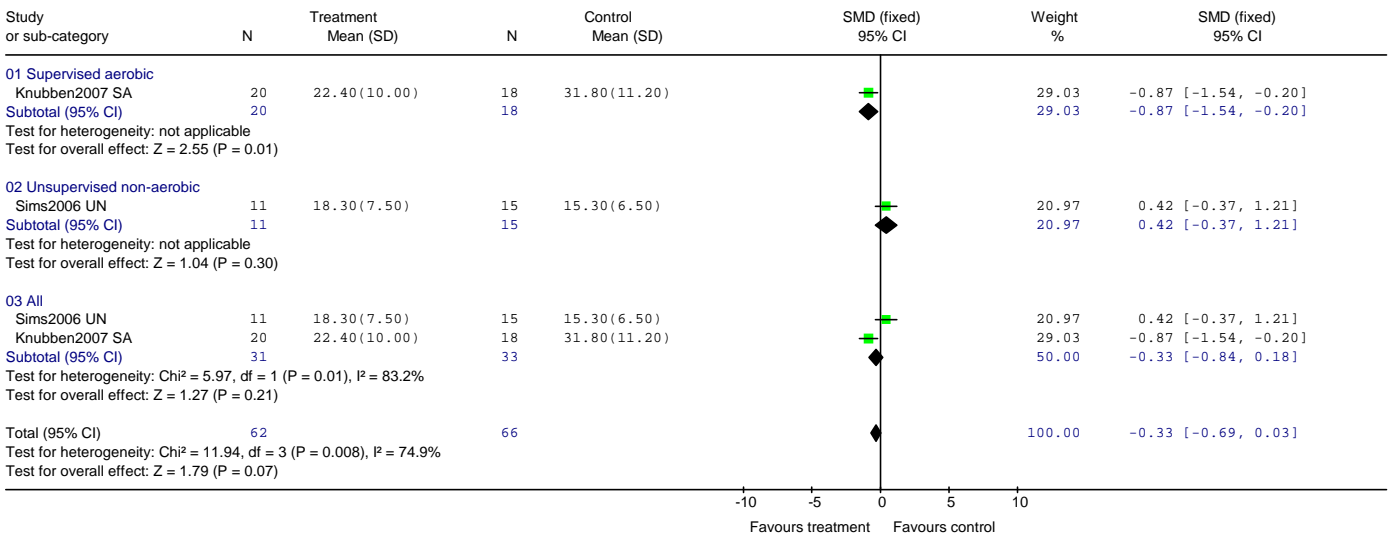
Review: Service: Exercise (steve)
 Comparison: 19 Group exercise vs. No exercise control
 Outcome: 07 N leaving treatment due to side effects



Review: Service: Exercise (steve)
 Comparison: 20 Individual exercise vs. No exercise control
 Outcome: 01 Clinician-rated endpoint scores

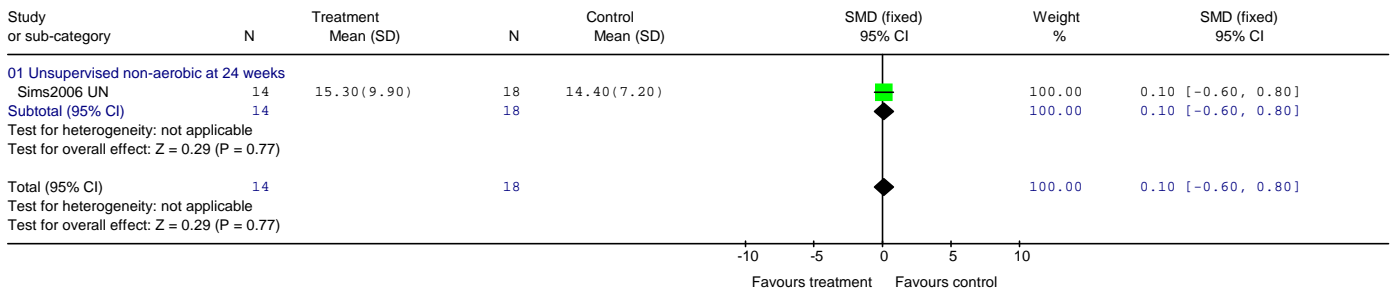


Review: Service: Exercise (steve)
 Comparison: 20 Individual exercise vs. No exercise control
 Outcome: 02 Self-rated endpoint scores



Appendix 19b: Psychological clinical evidence forest plots

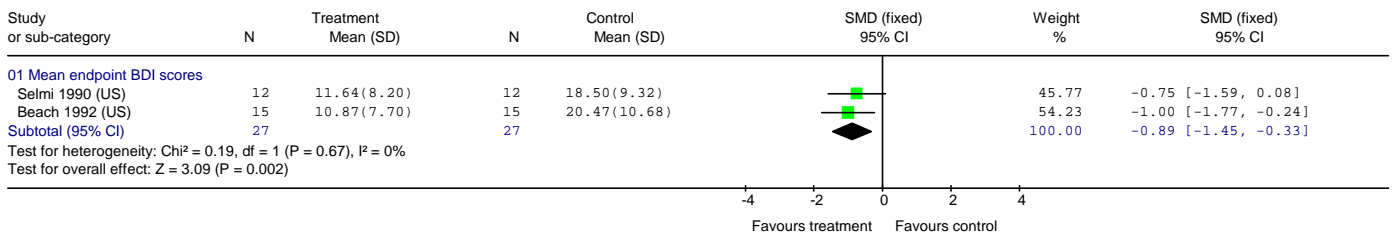
Review: Service: Exercise (steve)
 Comparison: 20 Individual exercise vs. No exercise control
 Outcome: 03 Self-rated depression scores at follow up



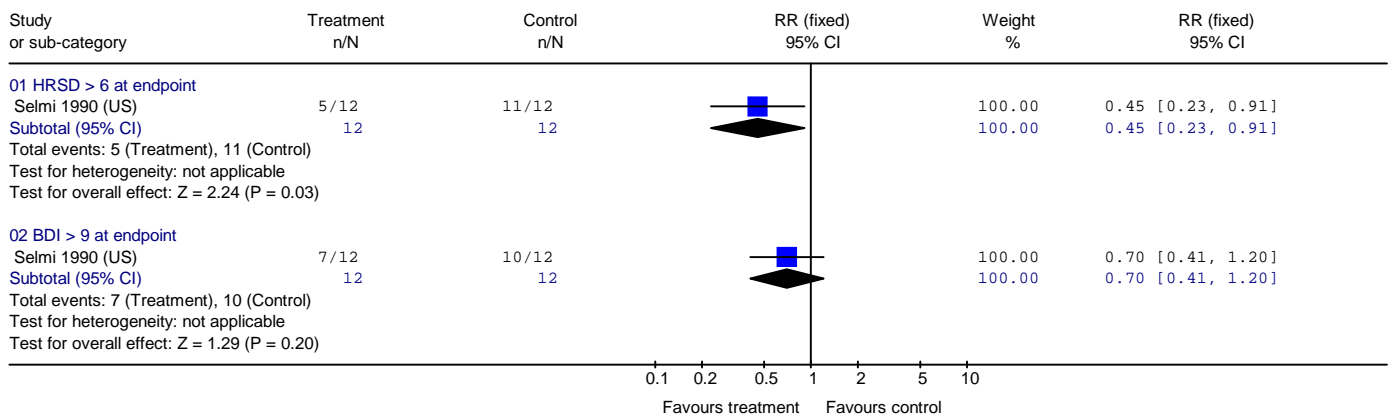
HIGH INTENSITY INTERVENTIONS

Cognitive and behavioural therapies

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 01 Cognitive and behavioural therapies v wait-list control
 Outcome: 04 Depression scores: continuous measures at endpoint

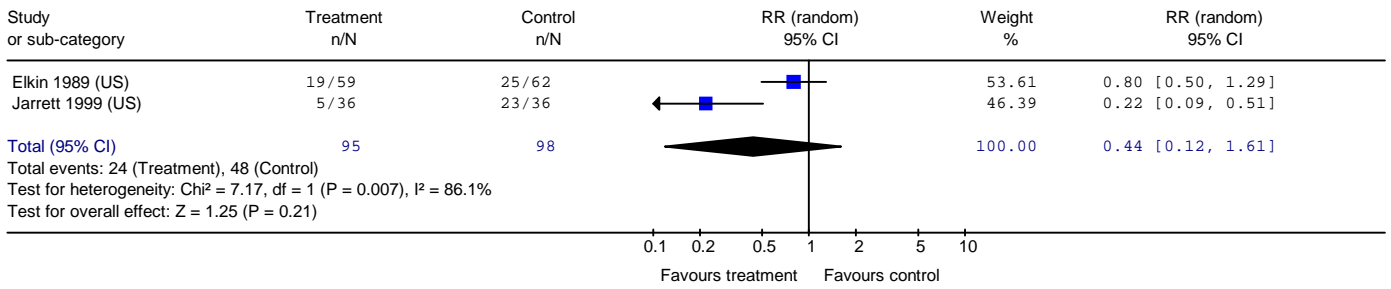


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 01 Cognitive and behavioural therapies v wait-list control
 Outcome: 05 Depression scores: dichotomous outcomes

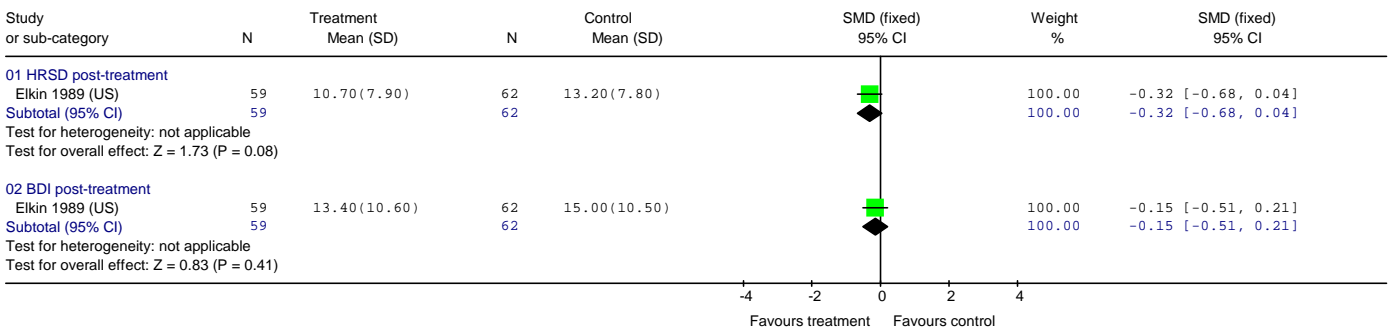


Appendix 19b: Psychological clinical evidence forest plots

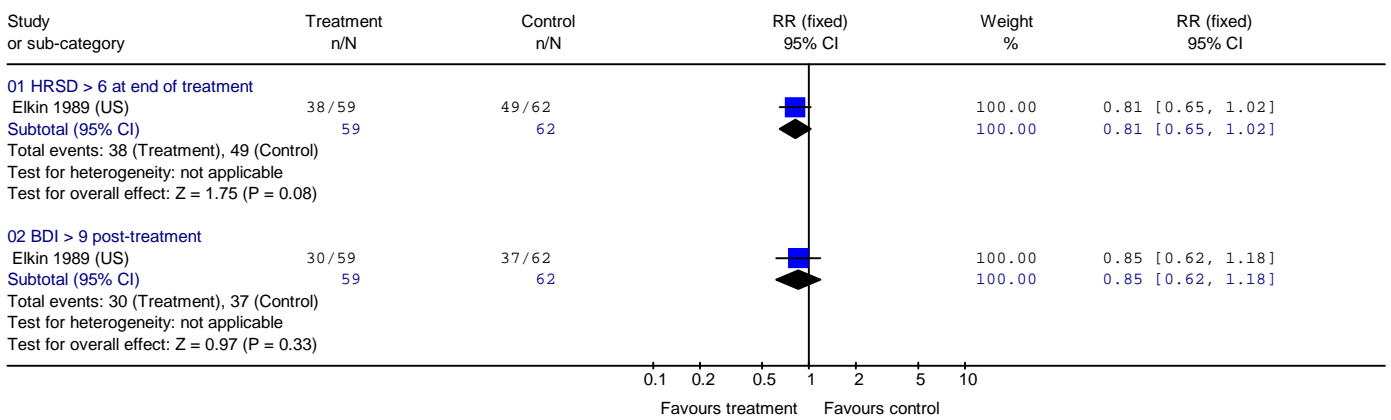
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 02 Cognitive and behavioural therapies v placebo
 Outcome: 01 Leaving the study early



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 02 Cognitive and behavioural therapies v placebo
 Outcome: 02 Depression scores: continuous measures



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 02 Cognitive and behavioural therapies v placebo
 Outcome: 03 Depression scores: dichotomous outcomes

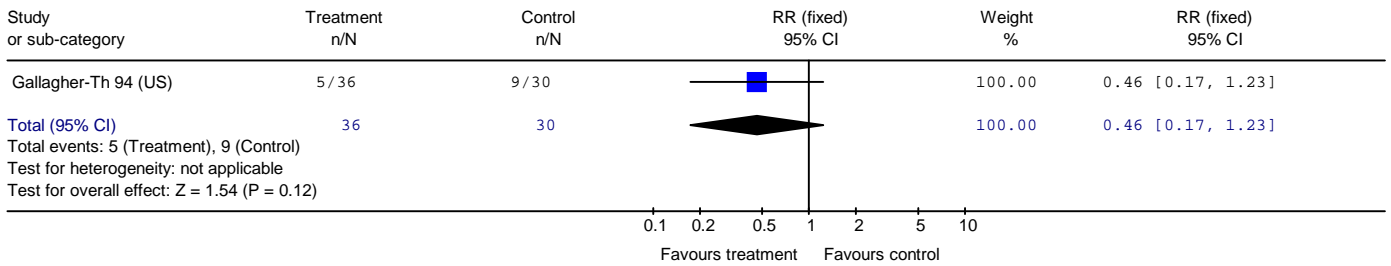


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 03 Cognitive and behavioural therapies v therapies not specifically designed for depression
 Outcome: 01 CBT v Gestalt: BDI scores post-treatment

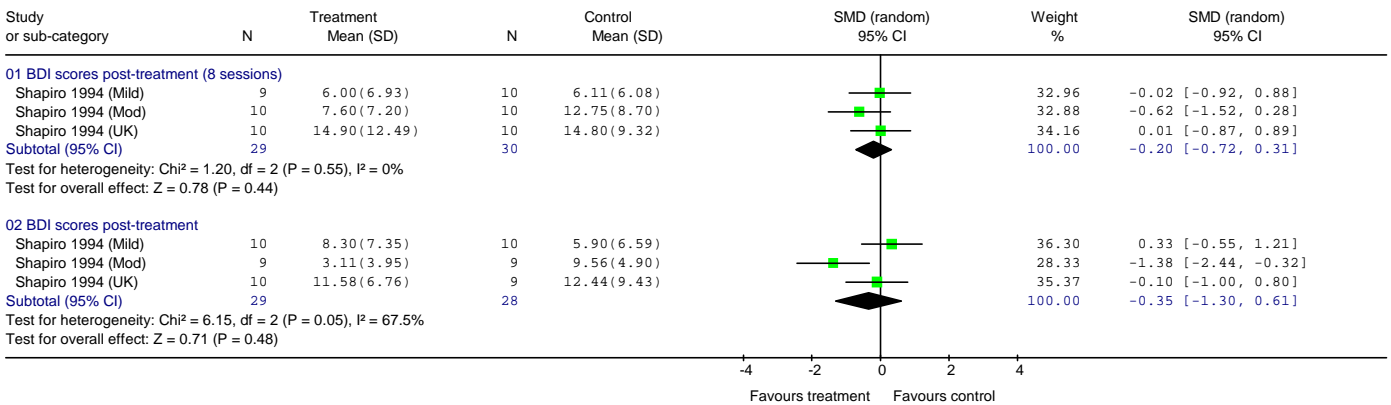


Appendix 19b: Psychological clinical evidence forest plots

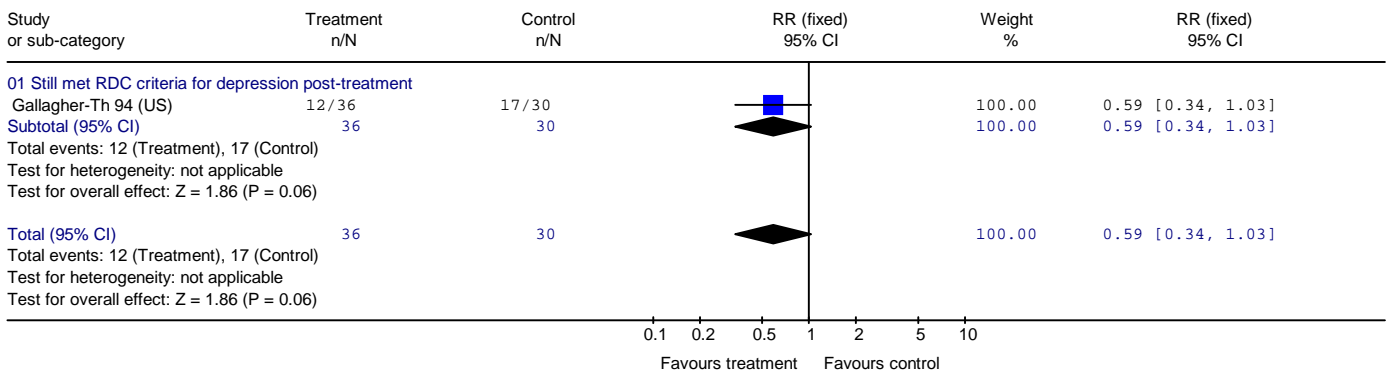
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 03 Cognitive and behavioural therapies v therapies not specifically designed for depression
 Outcome: 02 Leaving the study early



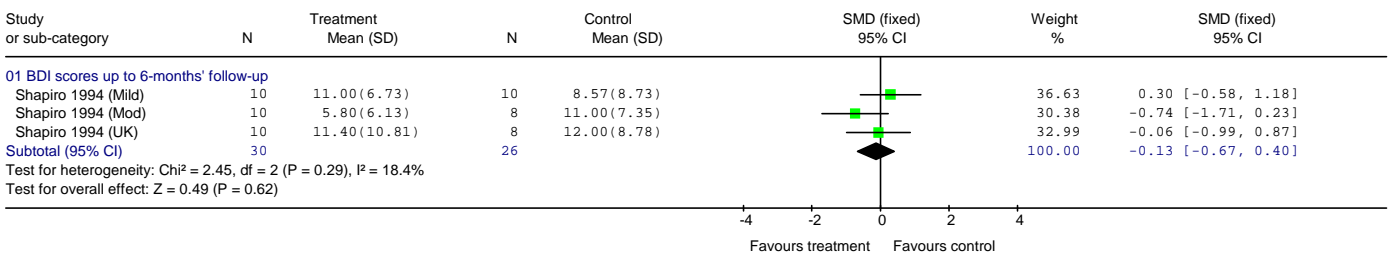
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 03 Cognitive and behavioural therapies v therapies not specifically designed for depression
 Outcome: 03 Depression scores: continuous measures



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 03 Cognitive and behavioural therapies v therapies not specifically designed for depression
 Outcome: 04 Depression scores: dichotomous outcomes

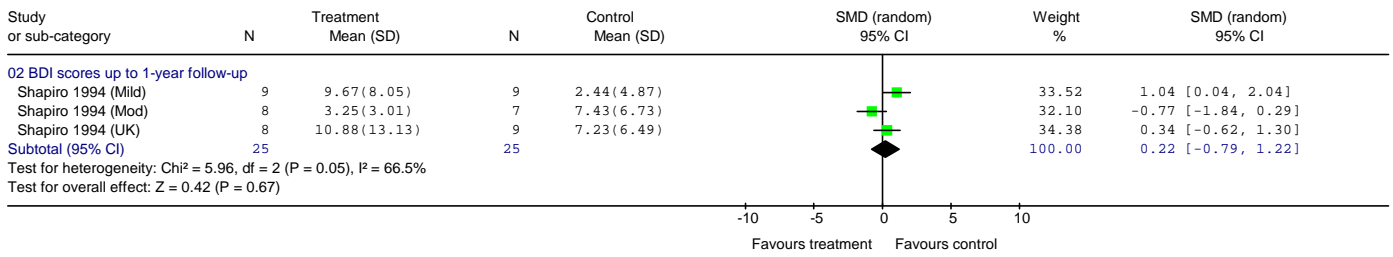


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 03 Cognitive and behavioural therapies v therapies not specifically designed for depression
 Outcome: 05 Depression scores: continuous measures at follow-up

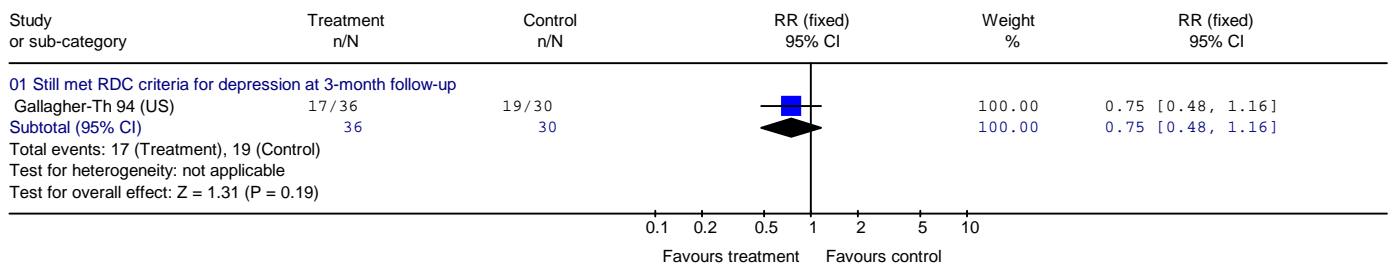


Appendix 19b: Psychological clinical evidence forest plots

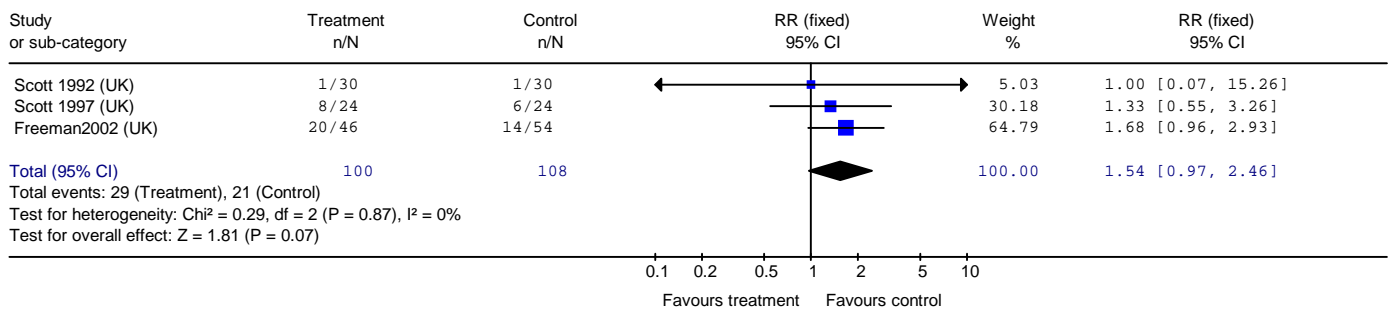
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 03 Cognitive and behavioural therapies v therapies not specifically designed for depression
 Outcome: 06 Depression scores: continuous measures at follow-up



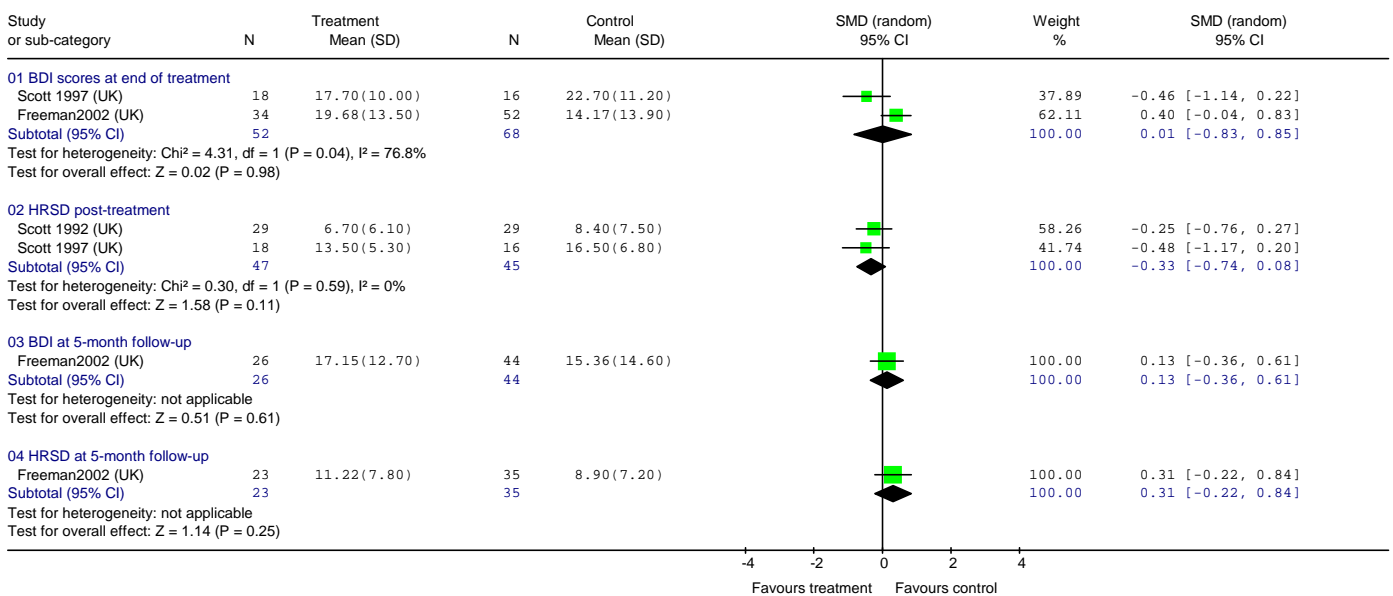
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 03 Cognitive and behavioural therapies v therapies not specifically designed for depression
 Outcome: 07 Depression scores: dichotomous measures at follow-up



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 04 Cognitive and behavioural therapies (primary care) v GP care
 Outcome: 01 Leaving the study early

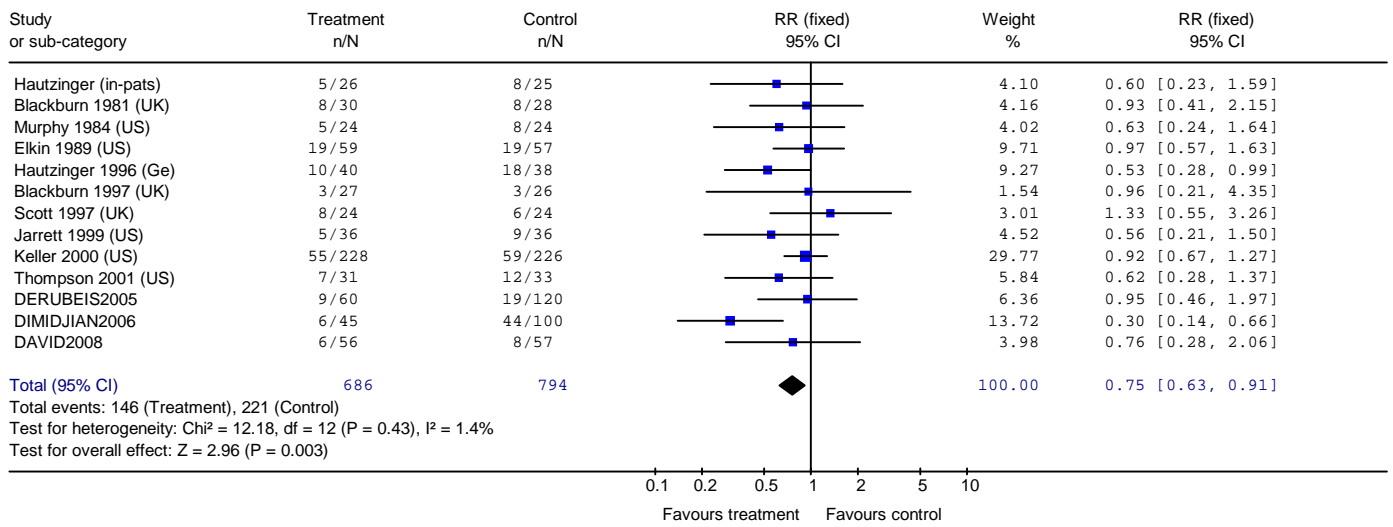


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 04 Cognitive and behavioural therapies (primary care) v GP care
 Outcome: 02 Depression scores: continuous measures



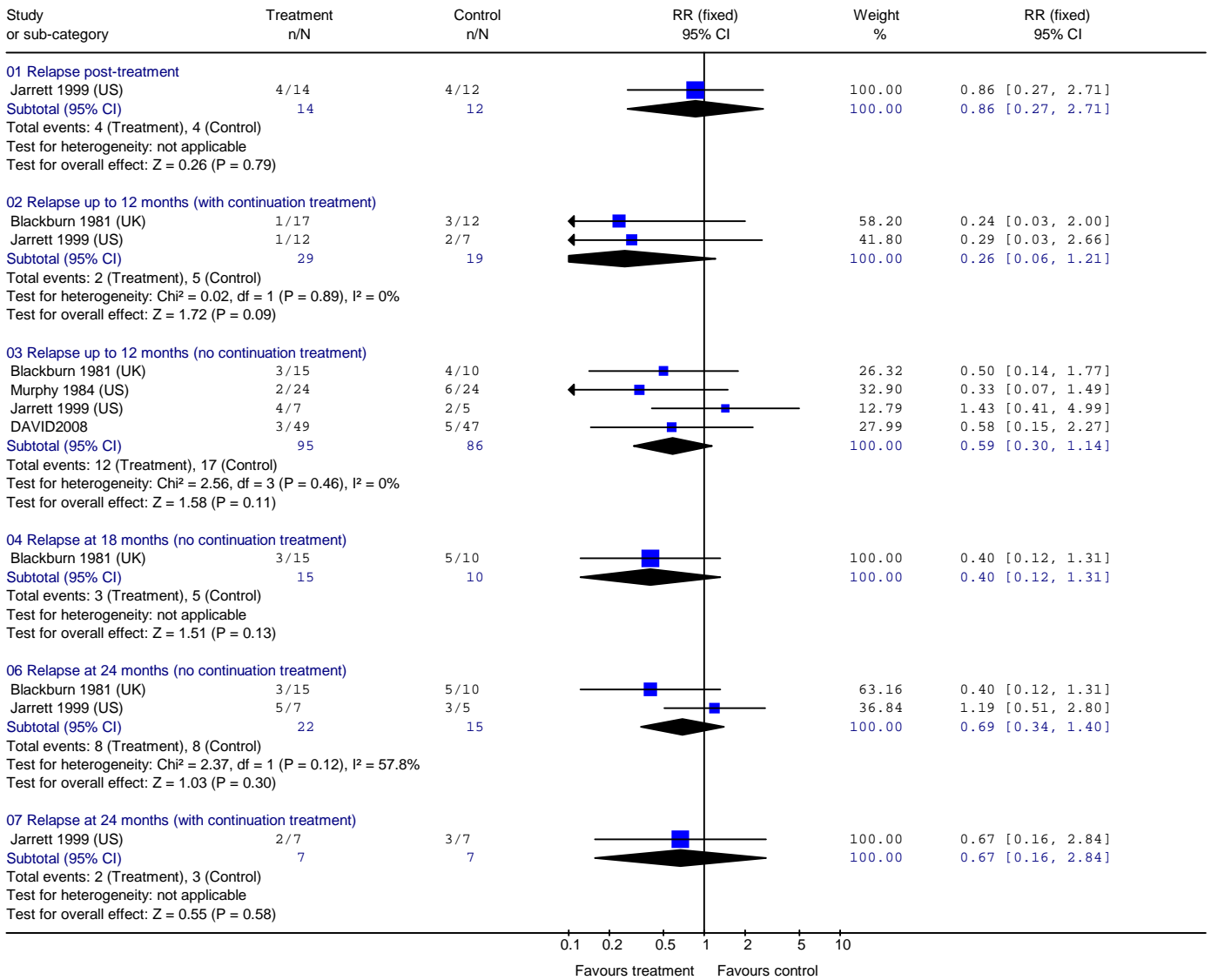
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 05 Cognitive and behavioural therapies v ADs (with/without Clinical Management or GP care)
 Outcome: 01 Leaving the study early



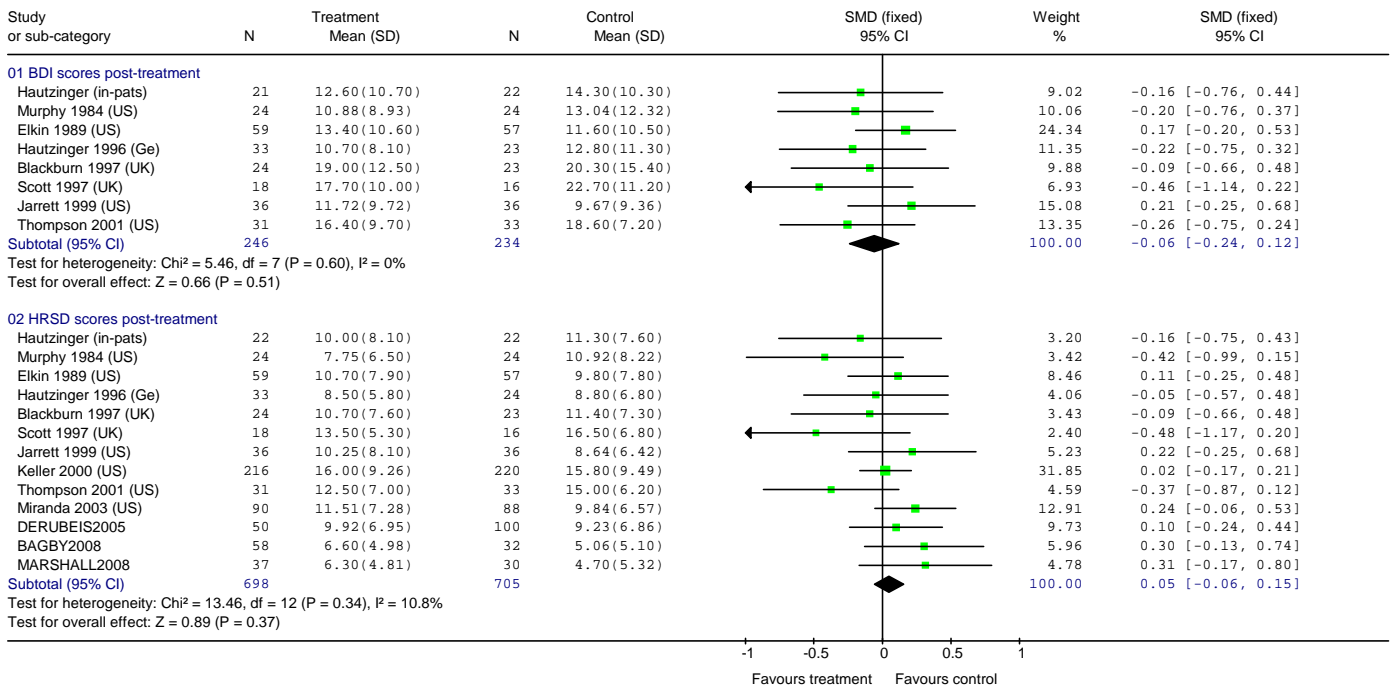
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 05 Cognitive and behavioural therapies v ADs (with/without Clinical Management or GP care)
 Outcome: 02 Relapse



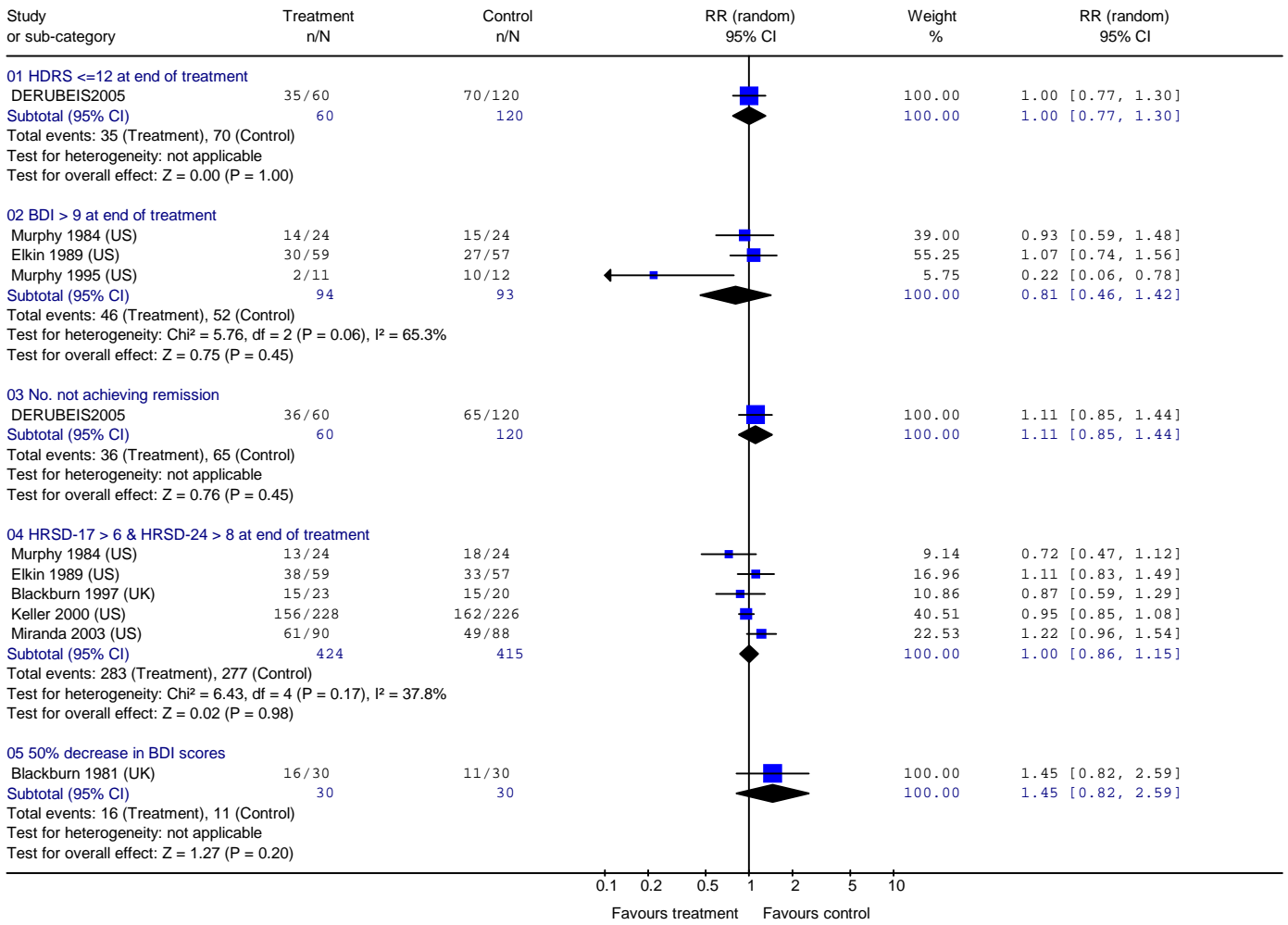
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 05 Cognitive and behavioural therapies v ADs (with/without Clinical Management or GP care)
 Outcome: 03 Depression scores: continuous measures post-treatment



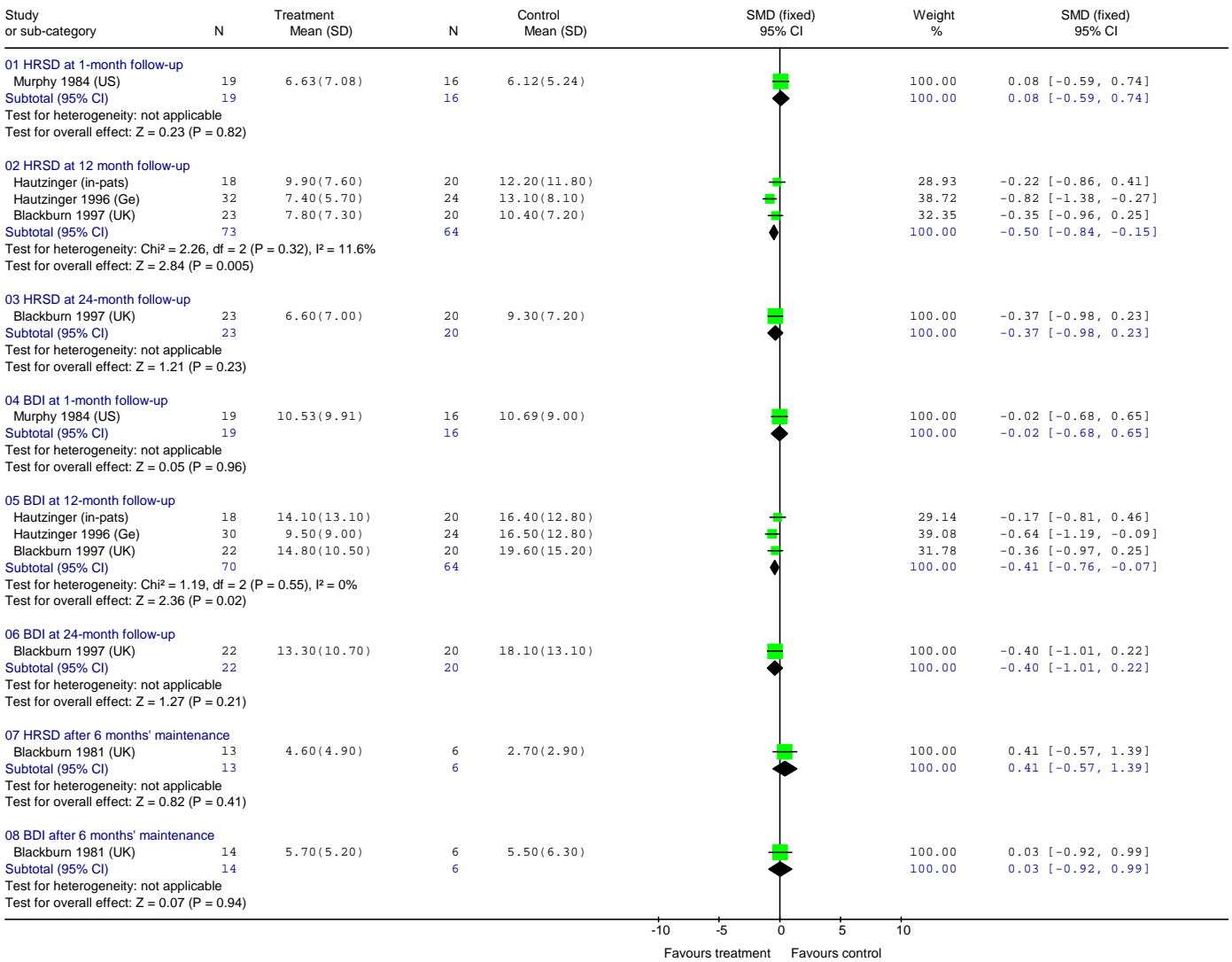
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 05 Cognitive and behavioural therapies v ADs (with/without Clinical Management or GP care)
 Outcome: 04 Depression scores: dichotomous outcomes

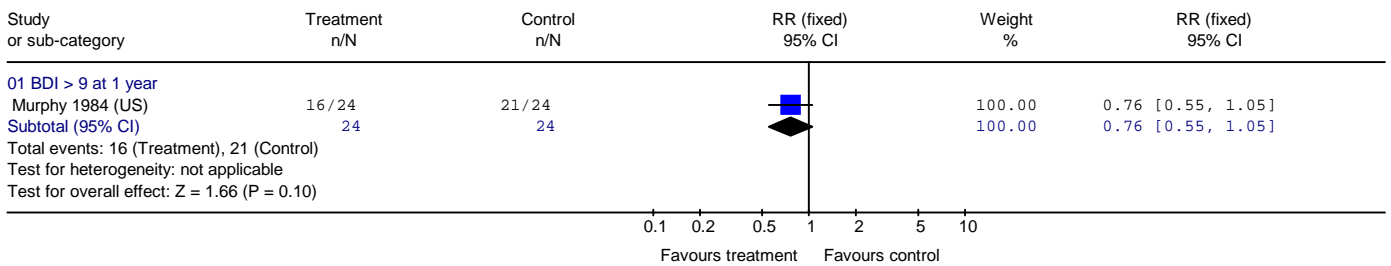


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 05 Cognitive and behavioural therapies v ADs (with/without Clinical Management or GP care)
 Outcome: 05 Depression scores: continuous measures at follow-up

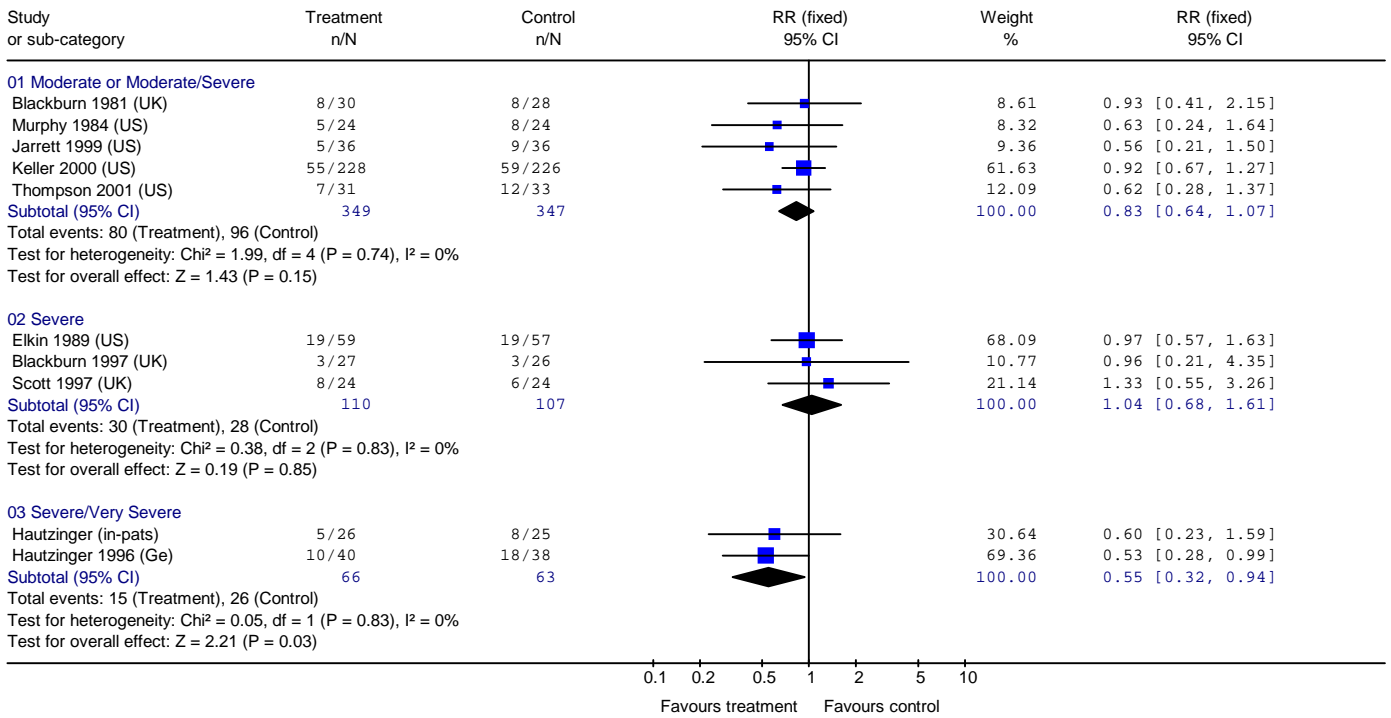


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 05 Cognitive and behavioural therapies v ADs (with/without Clinical Management or GP care)
 Outcome: 06 Depression scores: dichotomous outcomes at follow-up

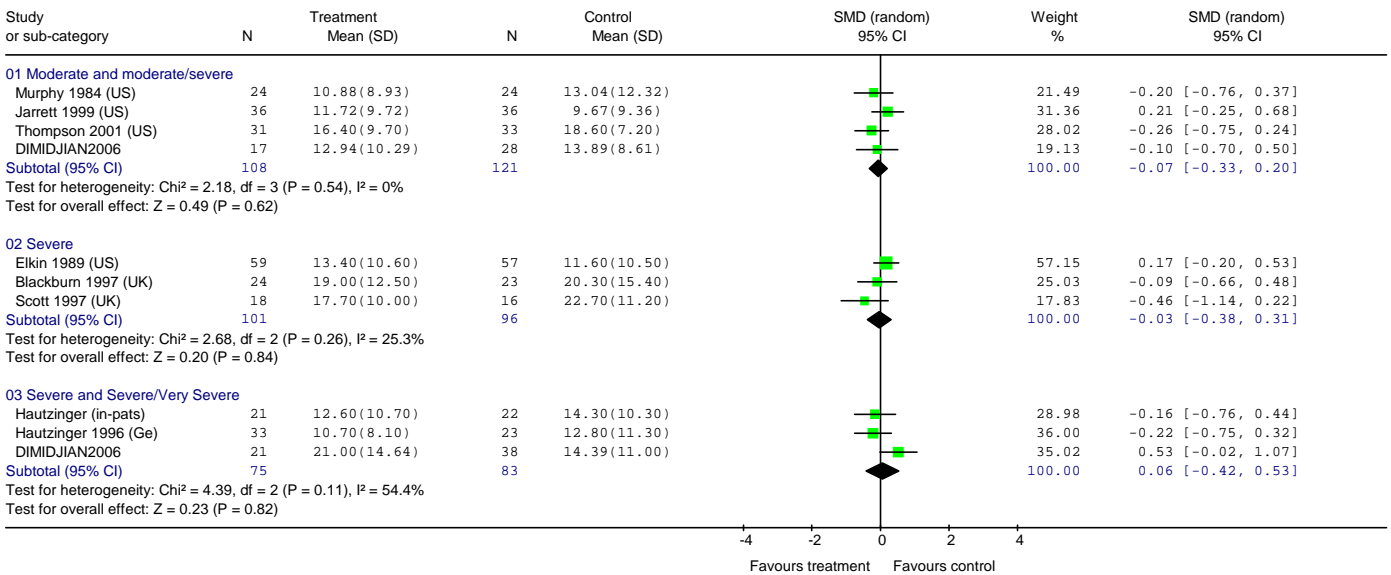


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 01 Leaving the study early

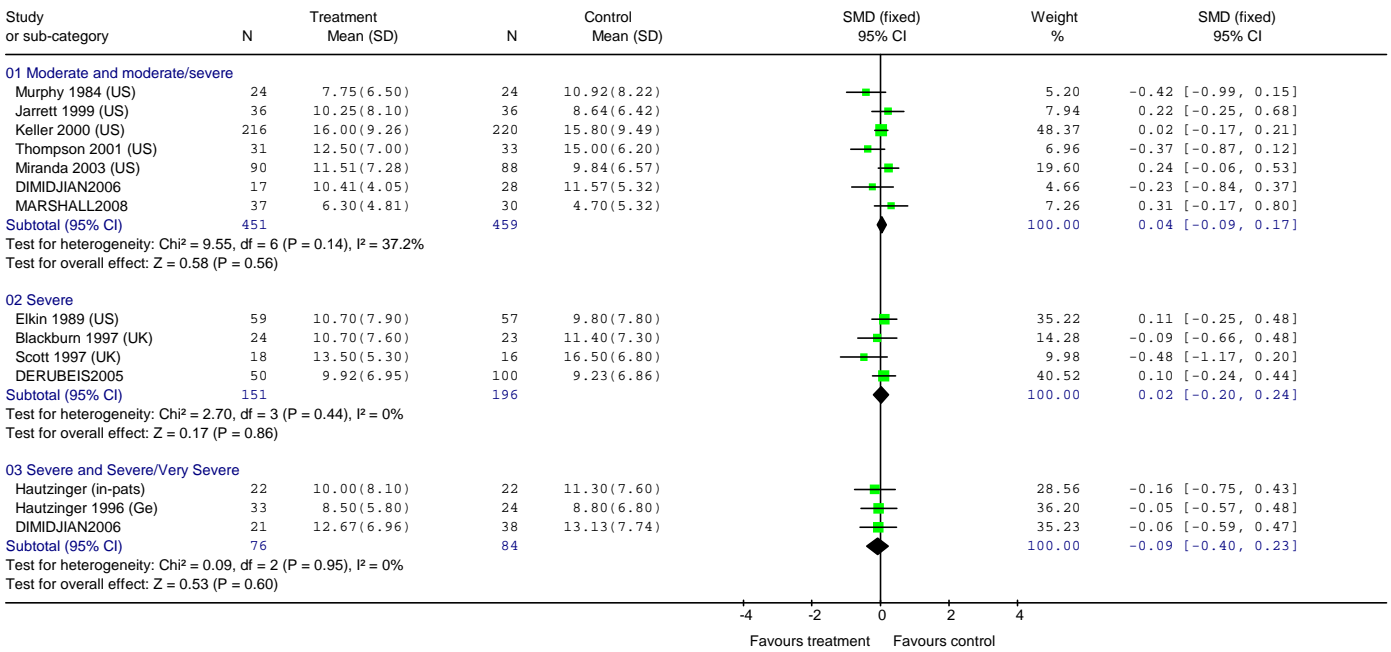


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 02 Depression scores: continuous measures post-treatment - BDI

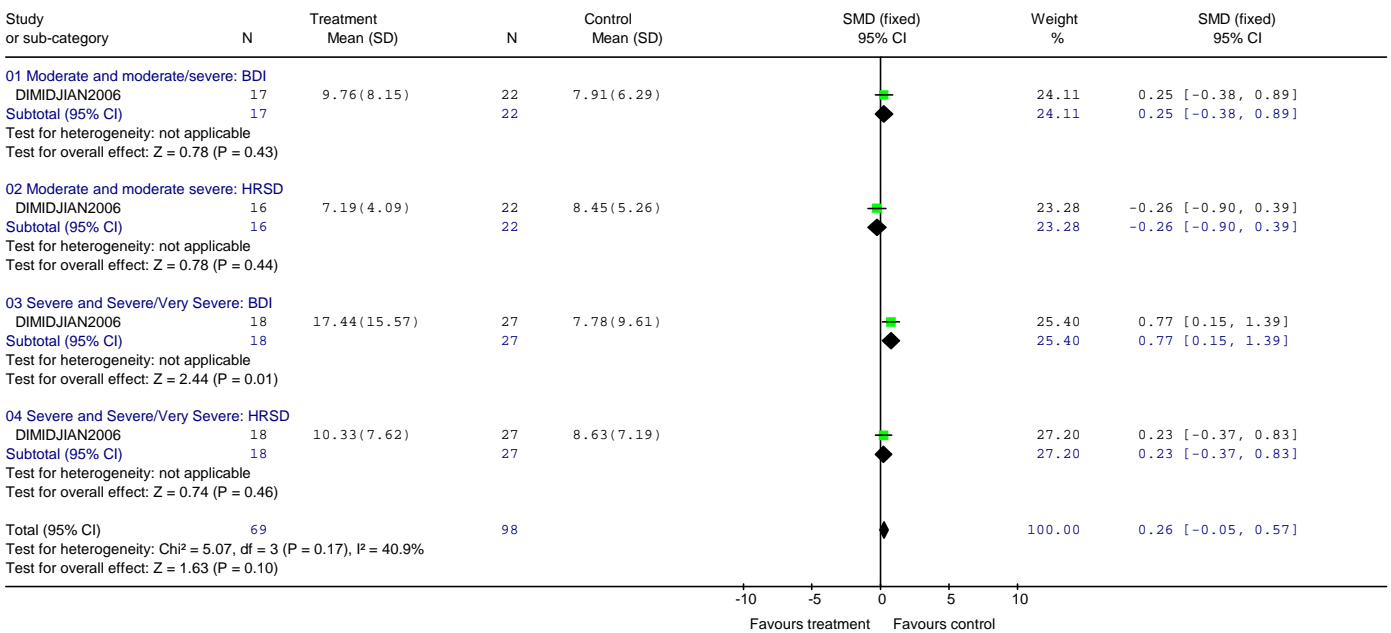


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 03 Depression scores: continuous measures post-treatment - HRSD

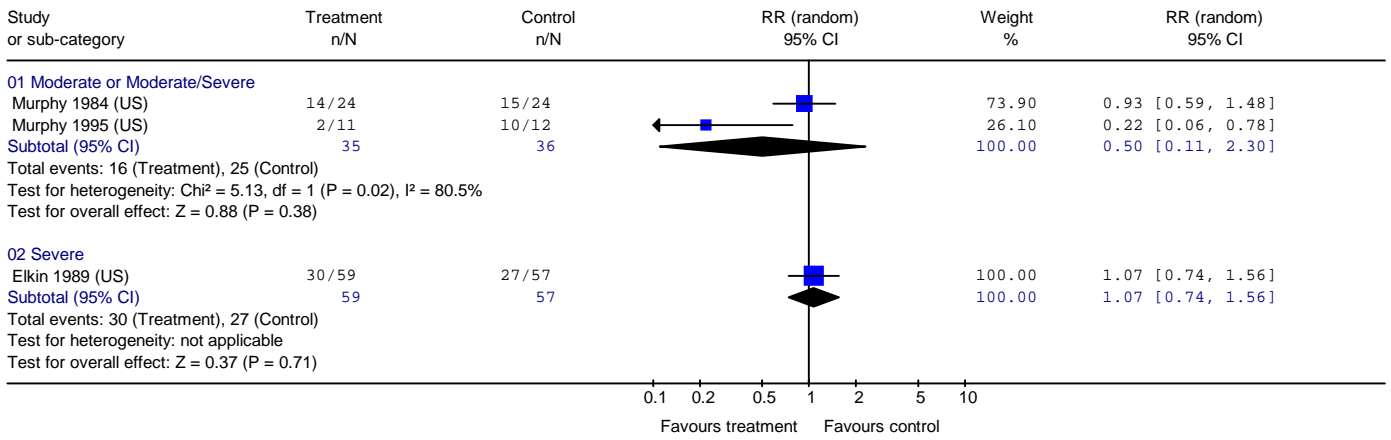


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 04 Depression scores: continuous measures at follow-up (16 weeks)

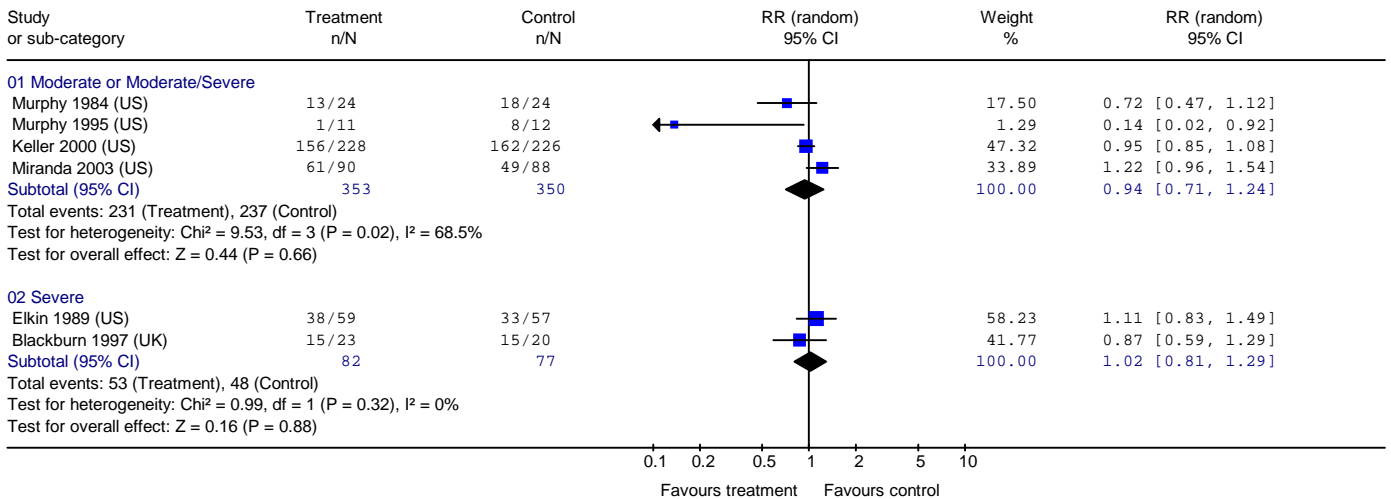


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 05 Depression scores: dichotomous outcomes by severity - BDI

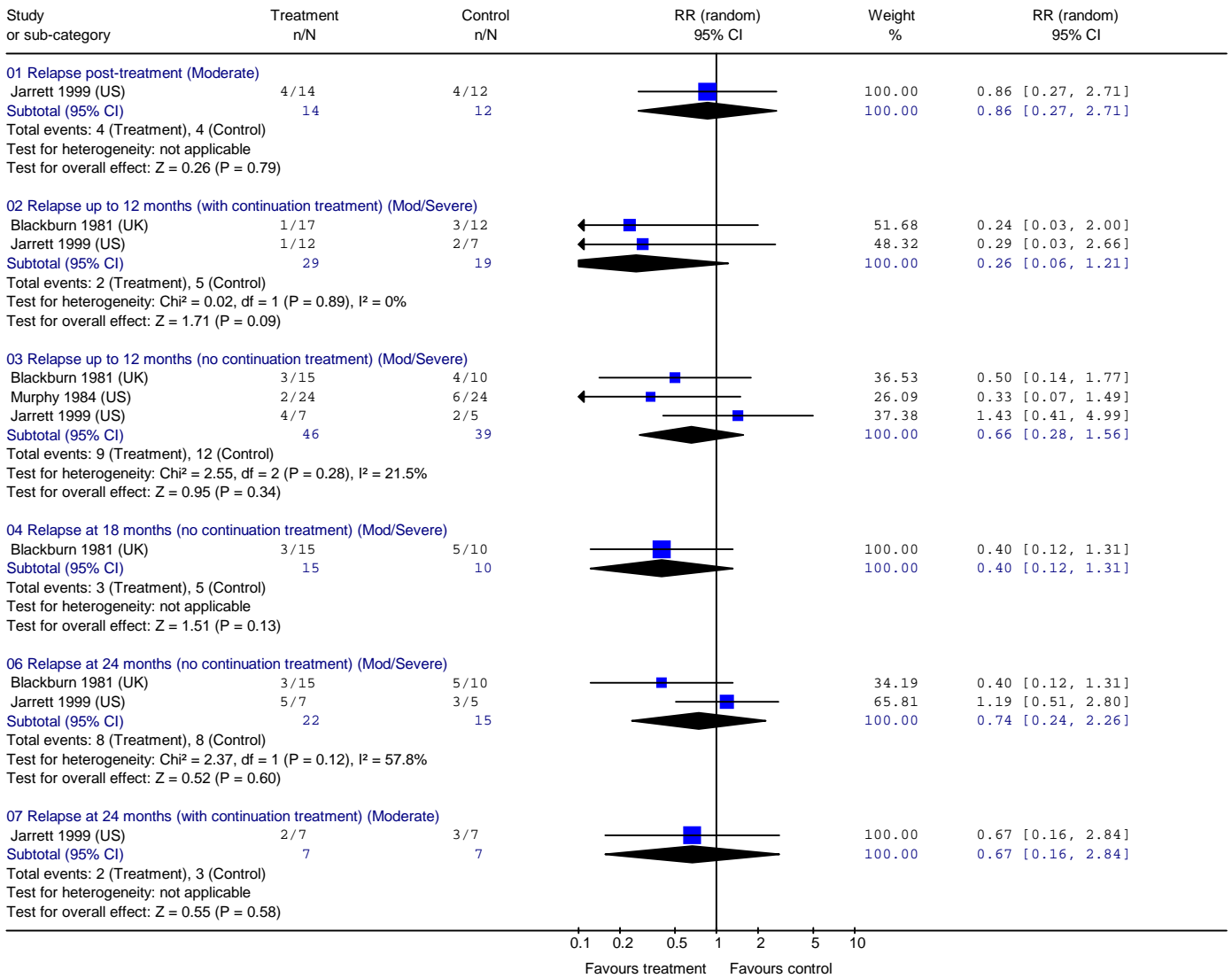


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 06 Depression scores: dichotomous outcomes by severity - HRSD



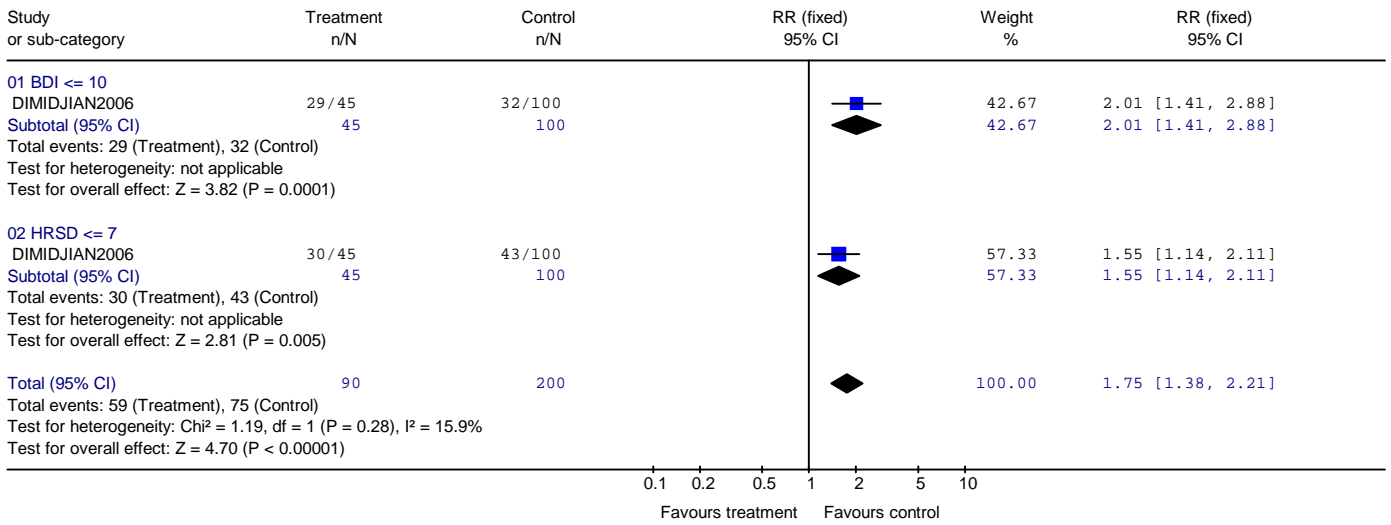
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 07 Relapse

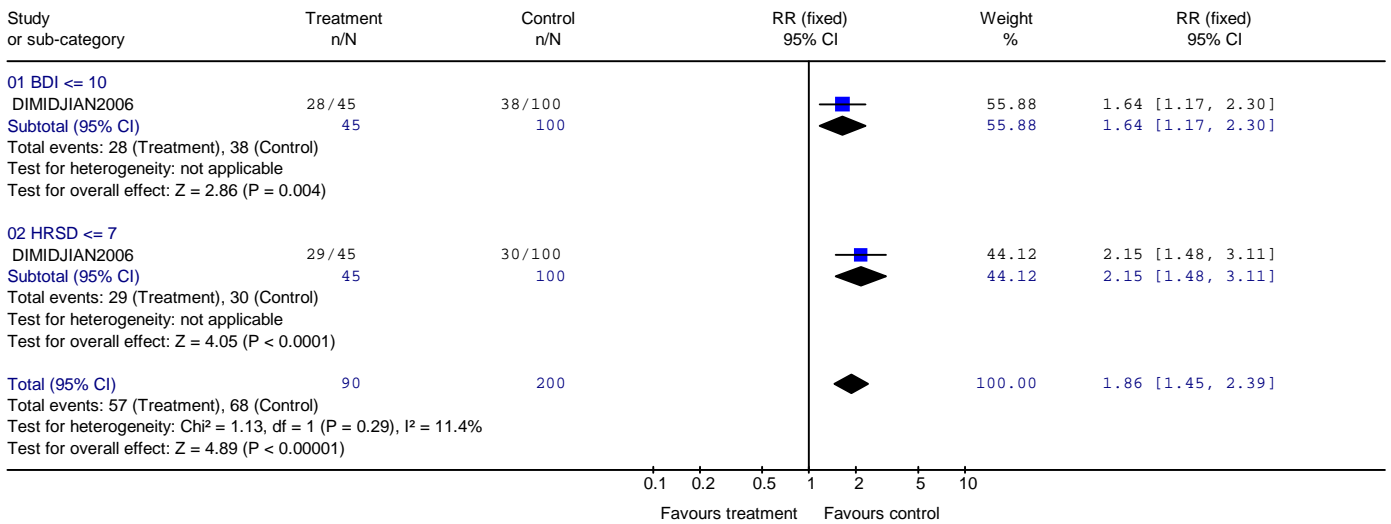


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 08 No. not achieving remission - severely depressed

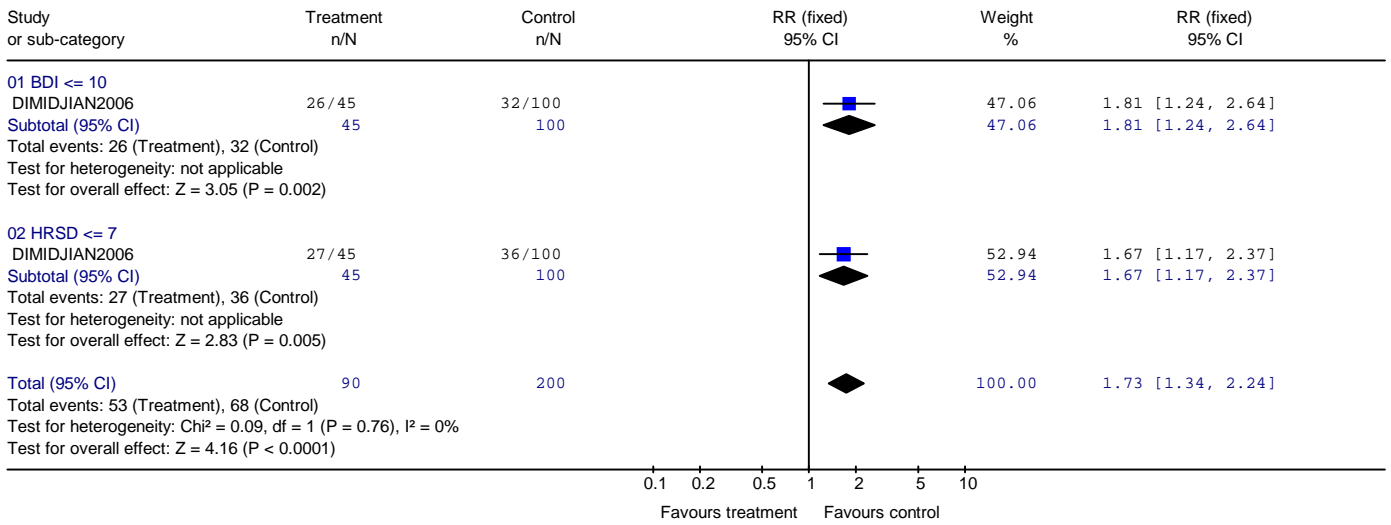


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 09 No. not achieving remission - less severely depressed

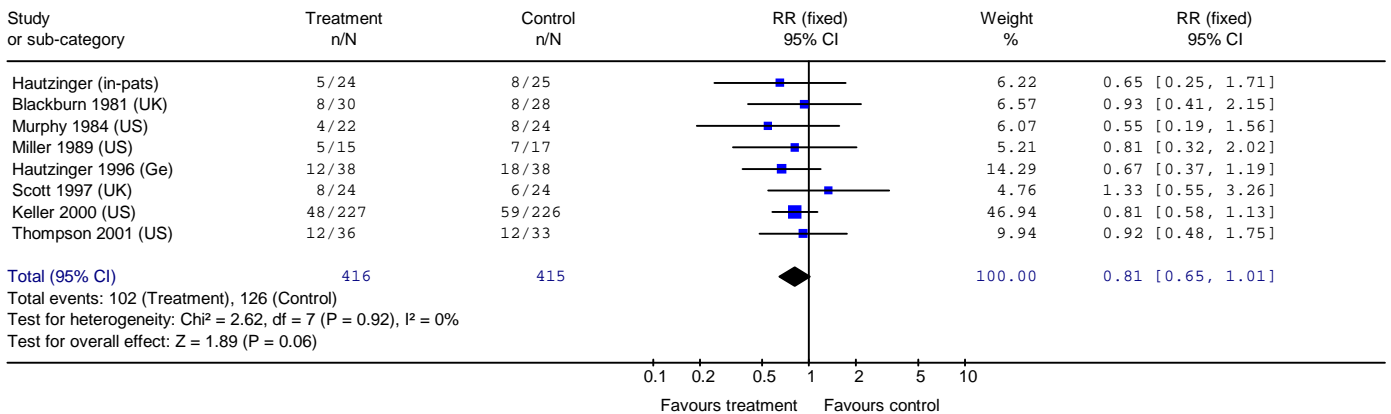


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 06 Sub 04: Cognitive and behavioural therapies v ADs by severity
 Outcome: 10 No. not achieving response - less severely depressed

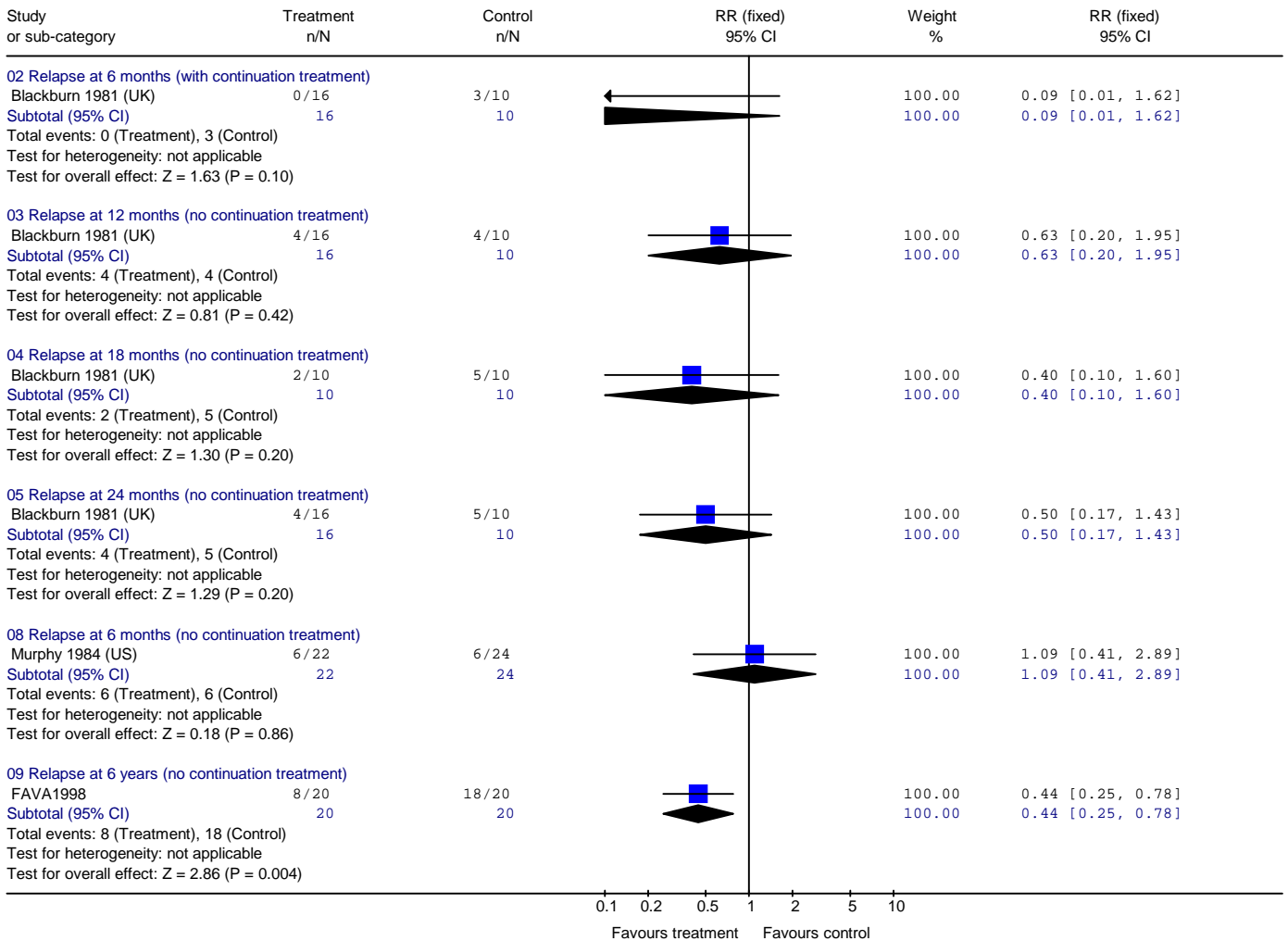


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 07 Cognitive and behavioural therapies + ADs v ADs (with clinical management or GP care)
 Outcome: 01 Leaving the study early

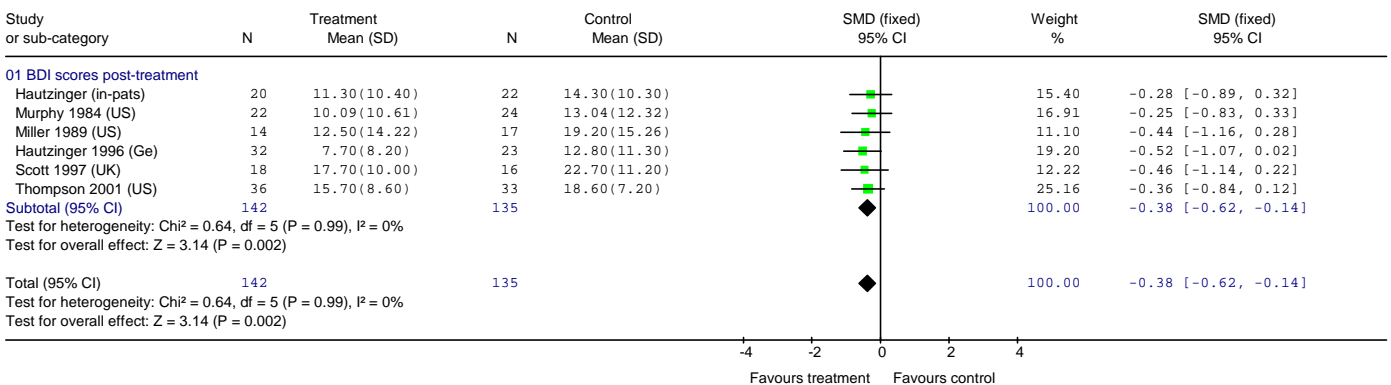


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 07 Cognitive and behavioural therapies + ADs v ADs (with clinical management or GP care)
 Outcome: 02 Relapse

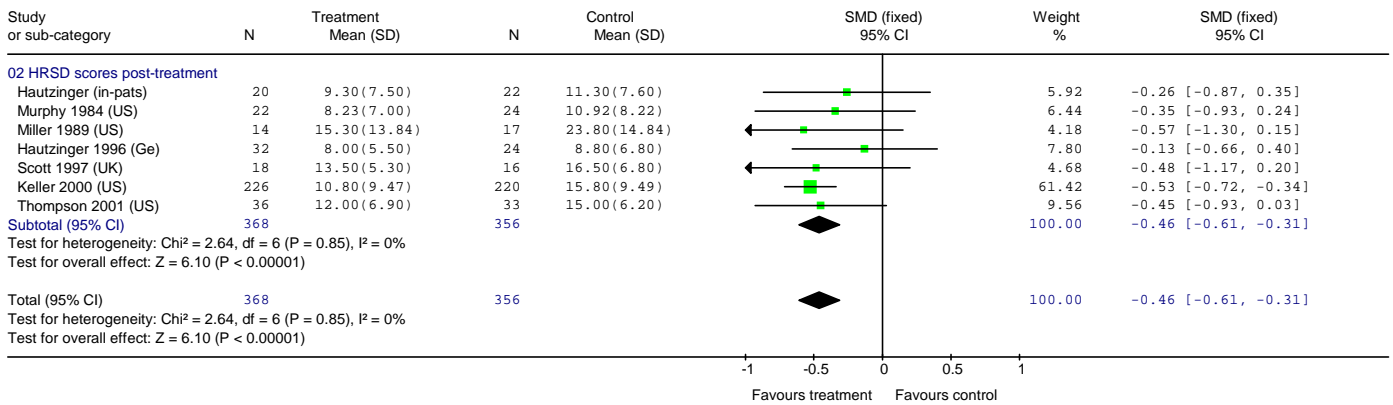


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 07 Cognitive and behavioural therapies + ADs v ADs (with clinical management or GP care)
 Outcome: 03 Depression scores: continuous measures post-treatment

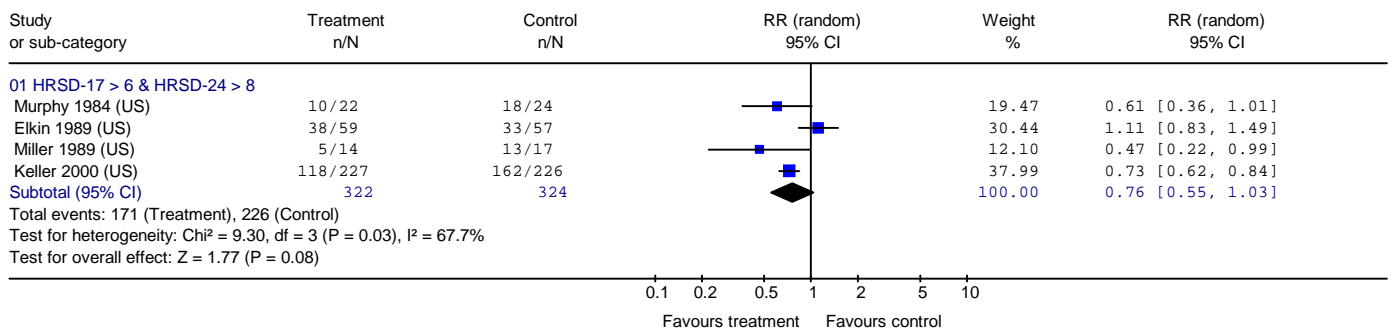


Appendix 19b: Psychological clinical evidence forest plots

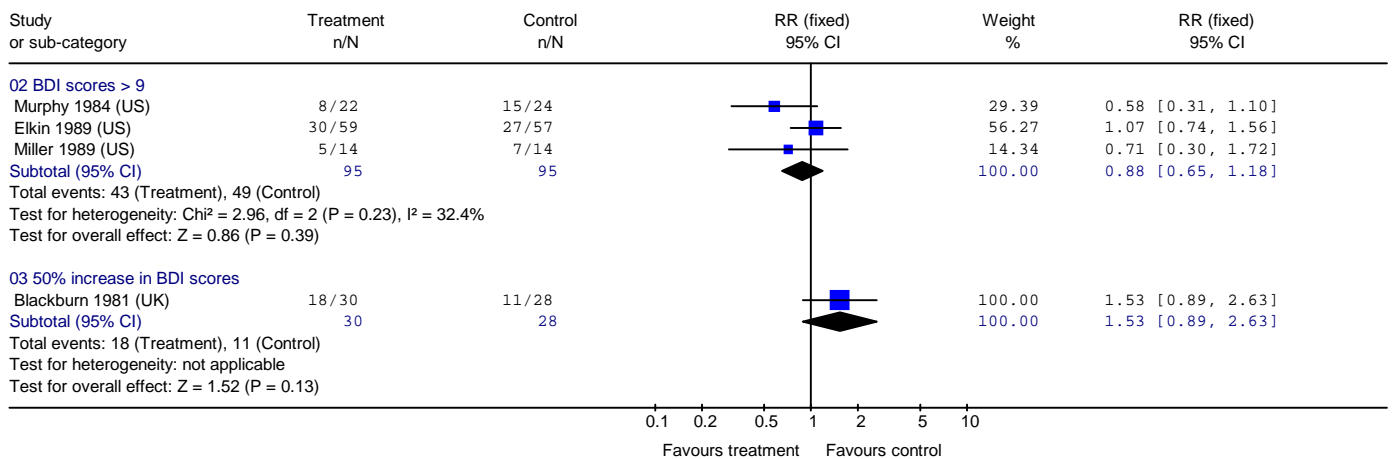
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 07 Cognitive and behavioural therapies + ADs v ADs (with clinical management or GP care)
 Outcome: 04 Depression scores: continuous measures post-treatment



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 07 Cognitive and behavioural therapies + ADs v ADs (with clinical management or GP care)
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment

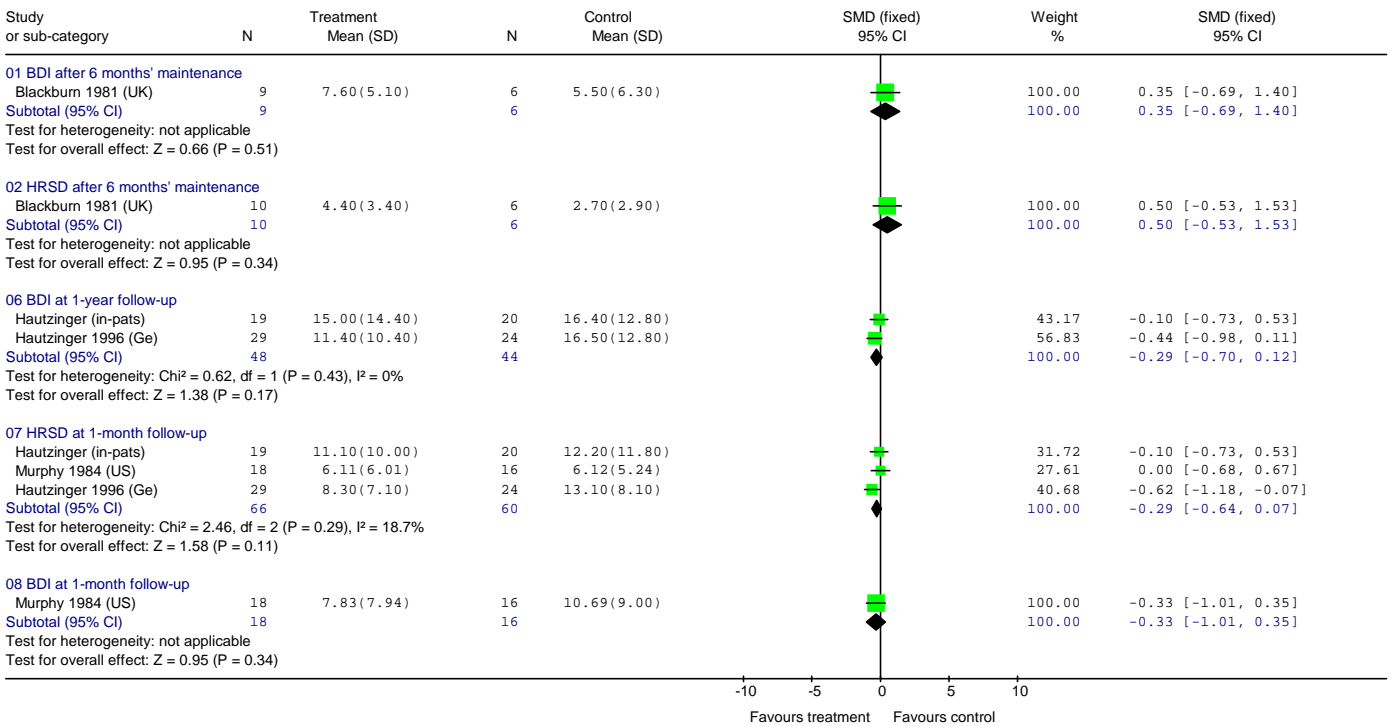


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 07 Cognitive and behavioural therapies + ADs v ADs (with clinical management or GP care)
 Outcome: 06 Depression scores: dichotomous outcomes post-treatment

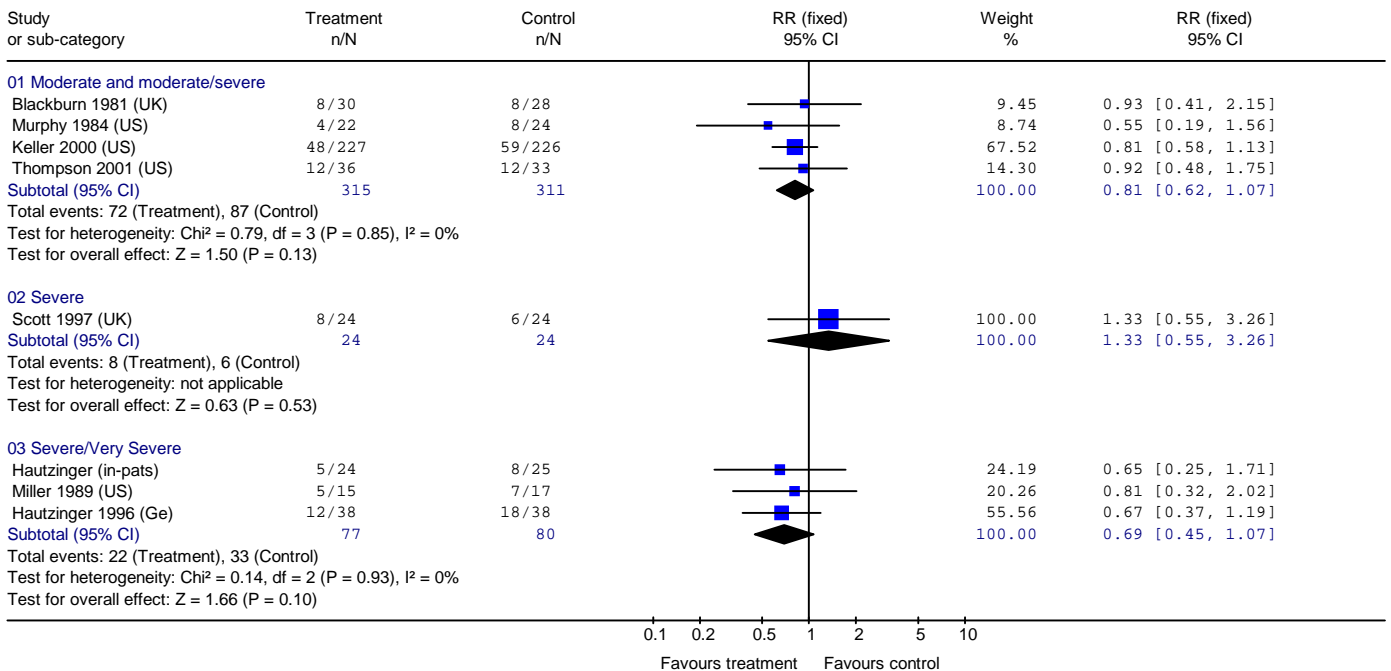


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 07 Cognitive and behavioural therapies + ADs v ADs (with clinical management or GP care)
 Outcome: 07 Depression scores: continuous measures at follow-up

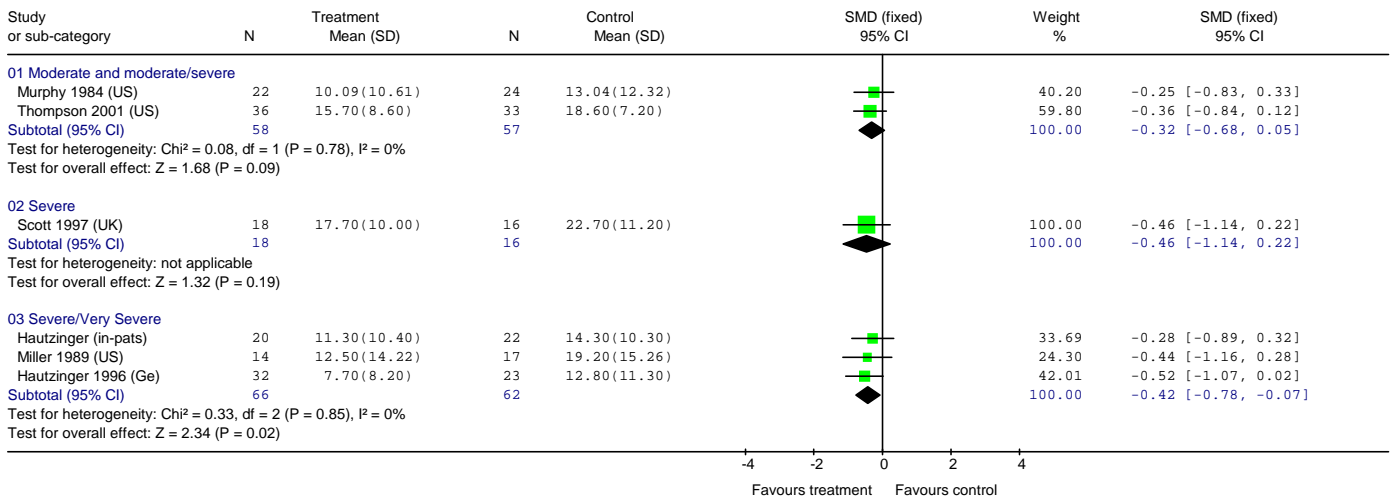


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 08 Sub 05: Cognitive and behavioural therapies + ADs v ADs by severity
 Outcome: 01 Leaving the study early

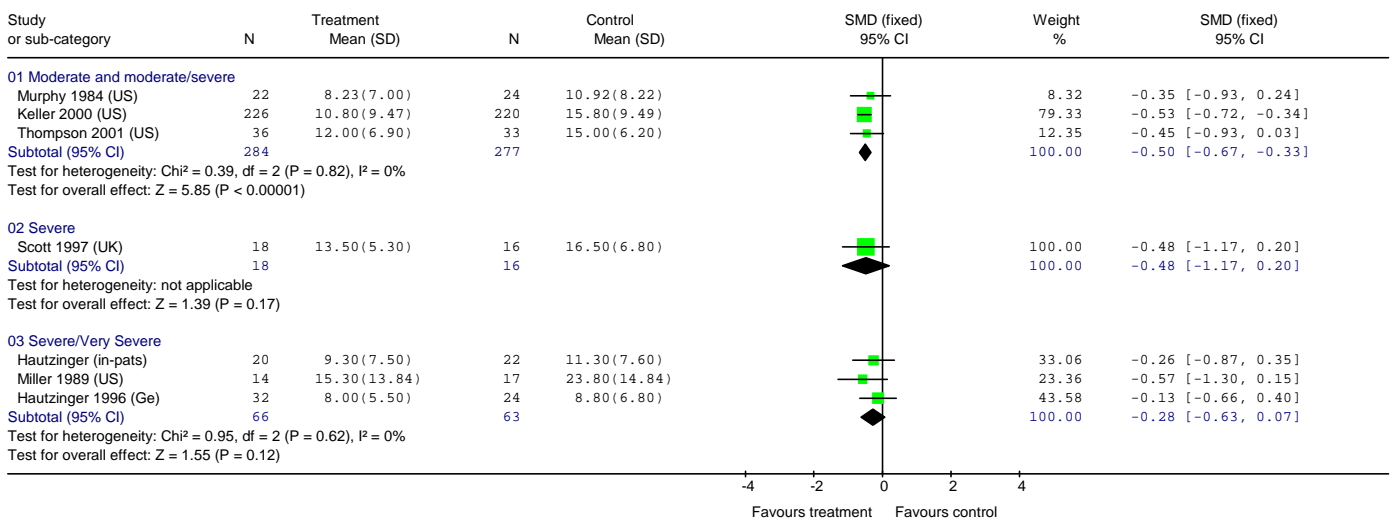


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 08 Sub 05: Cognitive and behavioural therapies + ADs v ADs by severity
 Outcome: 02 Depression scores: continuous measures post-treatment - BDI

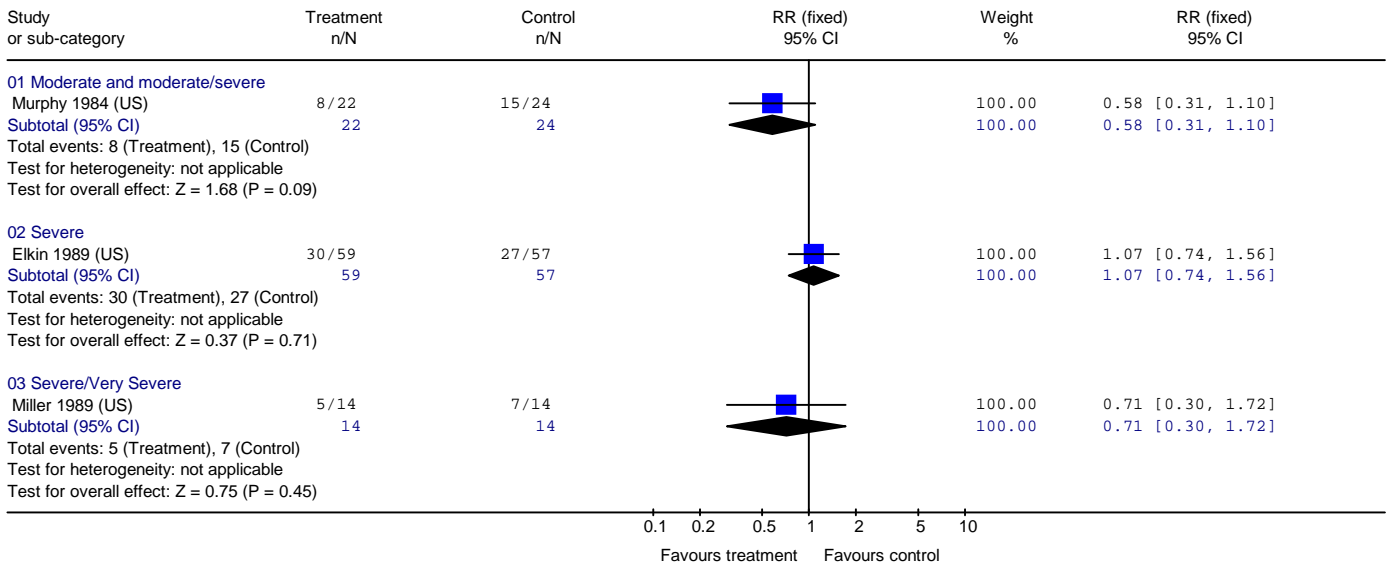


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 08 Sub 05: Cognitive and behavioural therapies + ADs v ADs by severity
 Outcome: 03 Depression scores: continuous measures post-treatment - HRSD

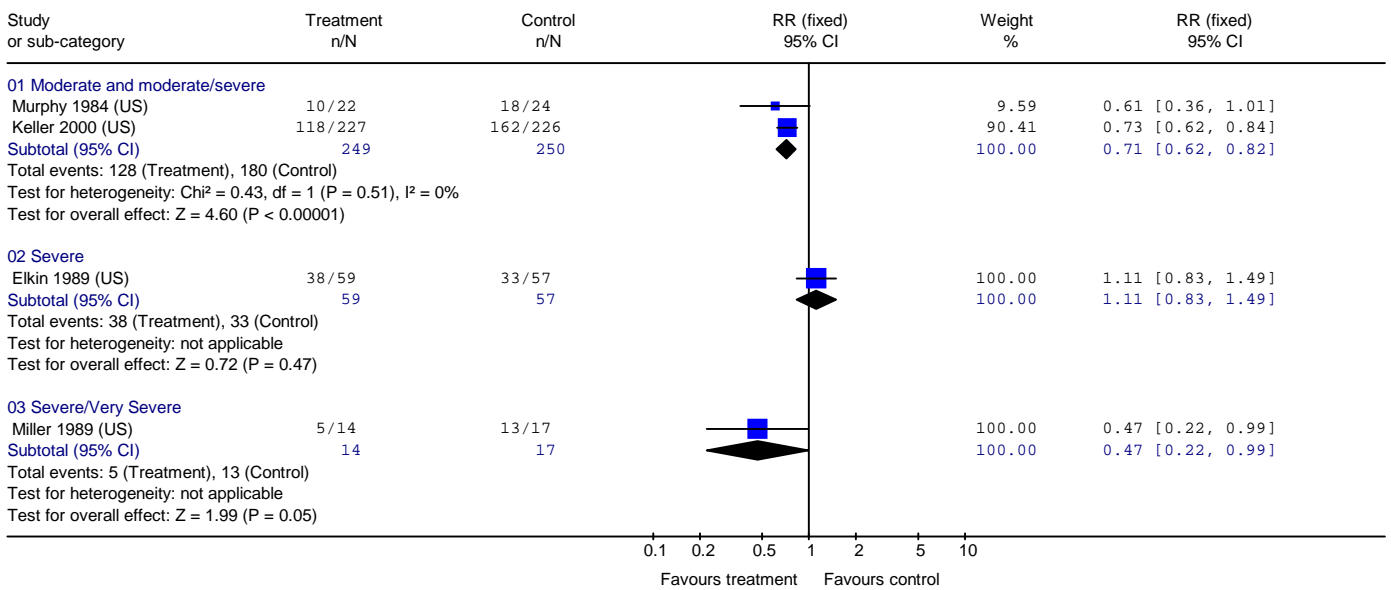


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 08 Sub 05: Cognitive and behavioural therapies + ADs v ADs by severity
 Outcome: 04 Depression scores: dichotomous outcomes post-treatment - BDI

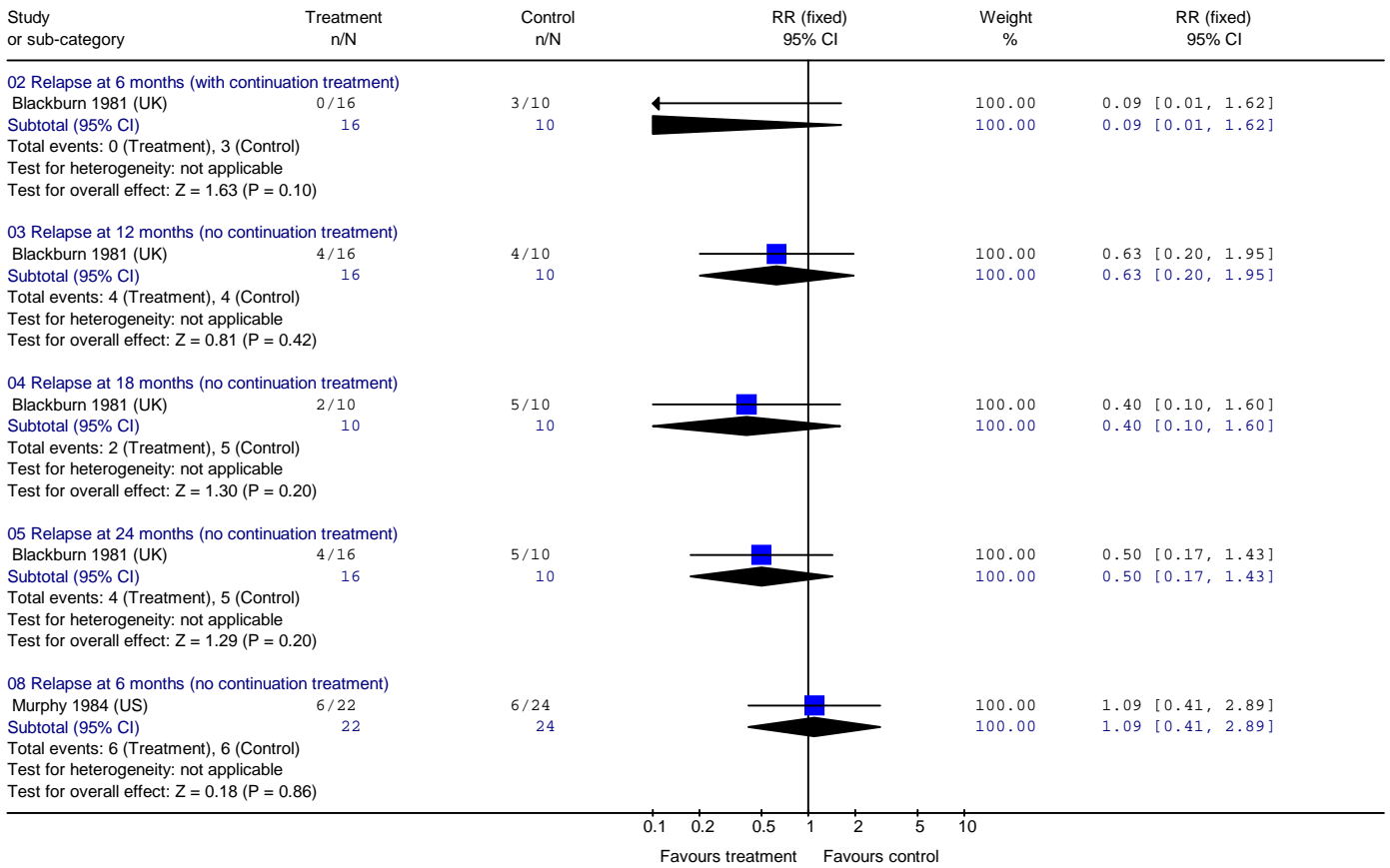


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 08 Sub 05: Cognitive and behavioural therapies + ADs v ADs by severity
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment - HRSD



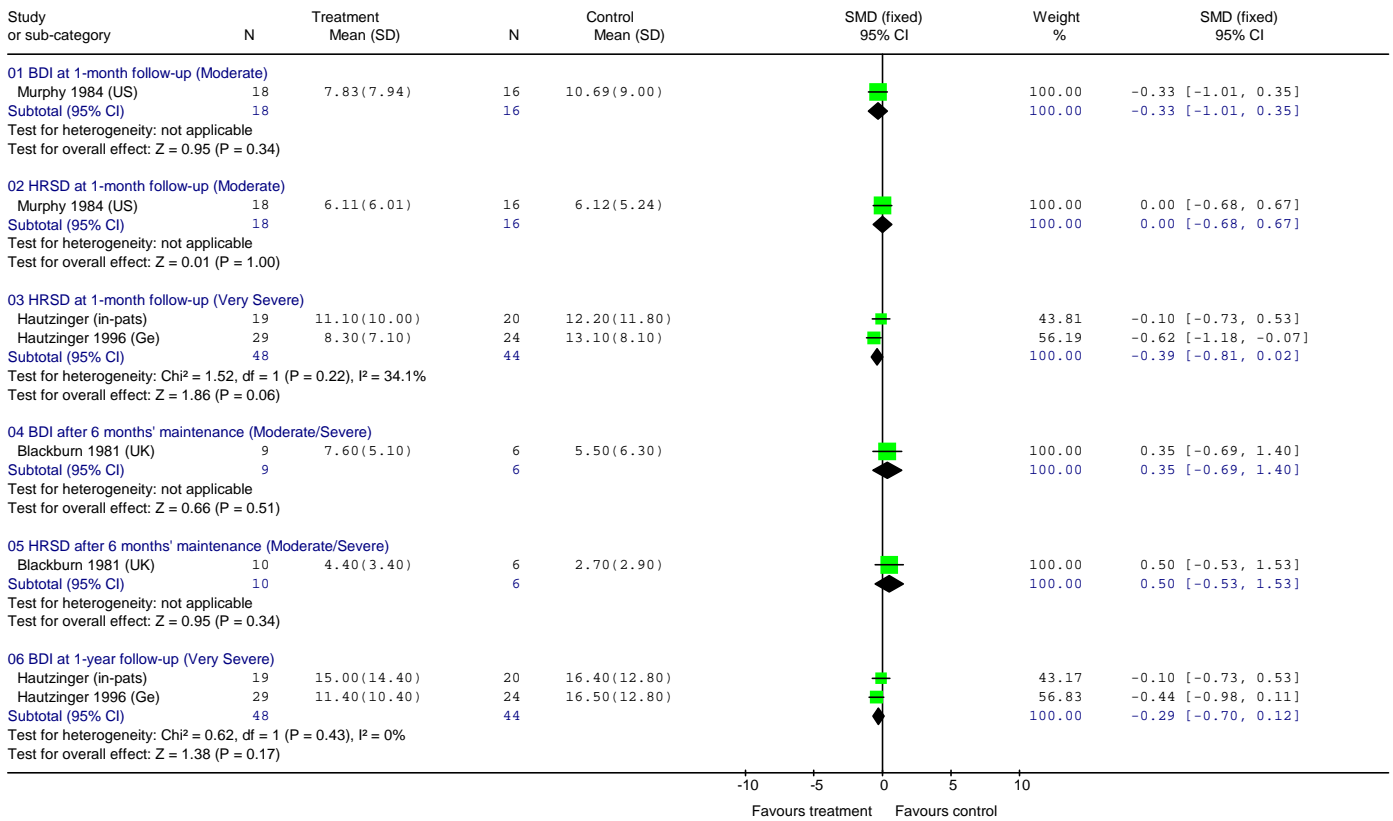
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 08 Sub 05: Cognitive and behavioural therapies + ADs v ADs by severity
 Outcome: 06 Relapse (Moderate/Severe)

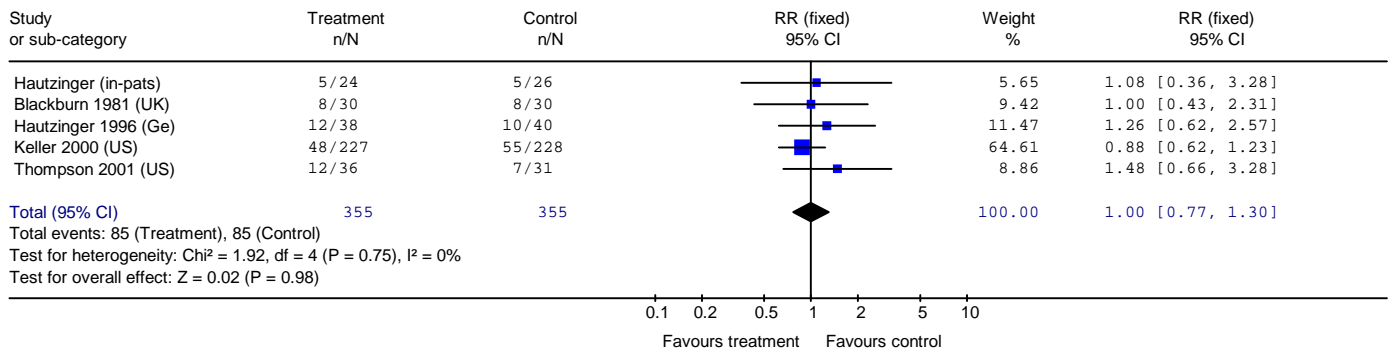


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 08 Sub 05: Cognitive and behavioural therapies + ADs v ADs by severity
 Outcome: 07 Depression scores: continuous measures at follow-up

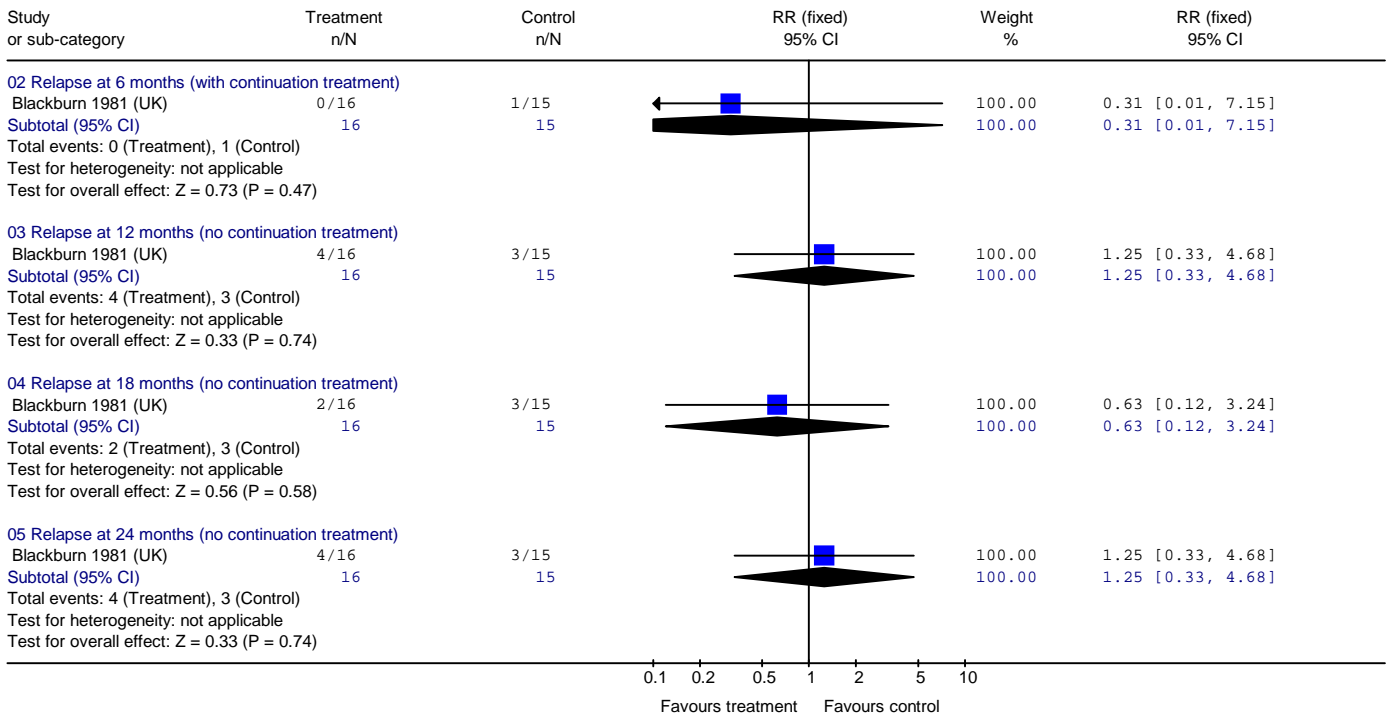


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 09 Cognitive and behavioural therapies + ADs v Cognitive and behavioural therapies
 Outcome: 01 Leaving the study early

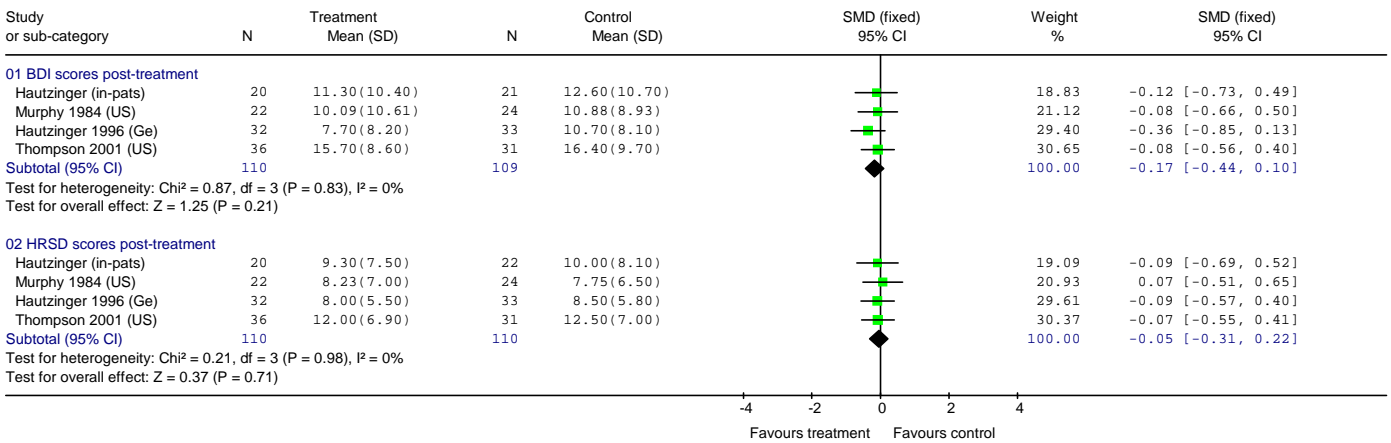


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 09 Cognitive and behavioural therapies + ADs v Cognitive and behavioural therapies
 Outcome: 02 Relapse

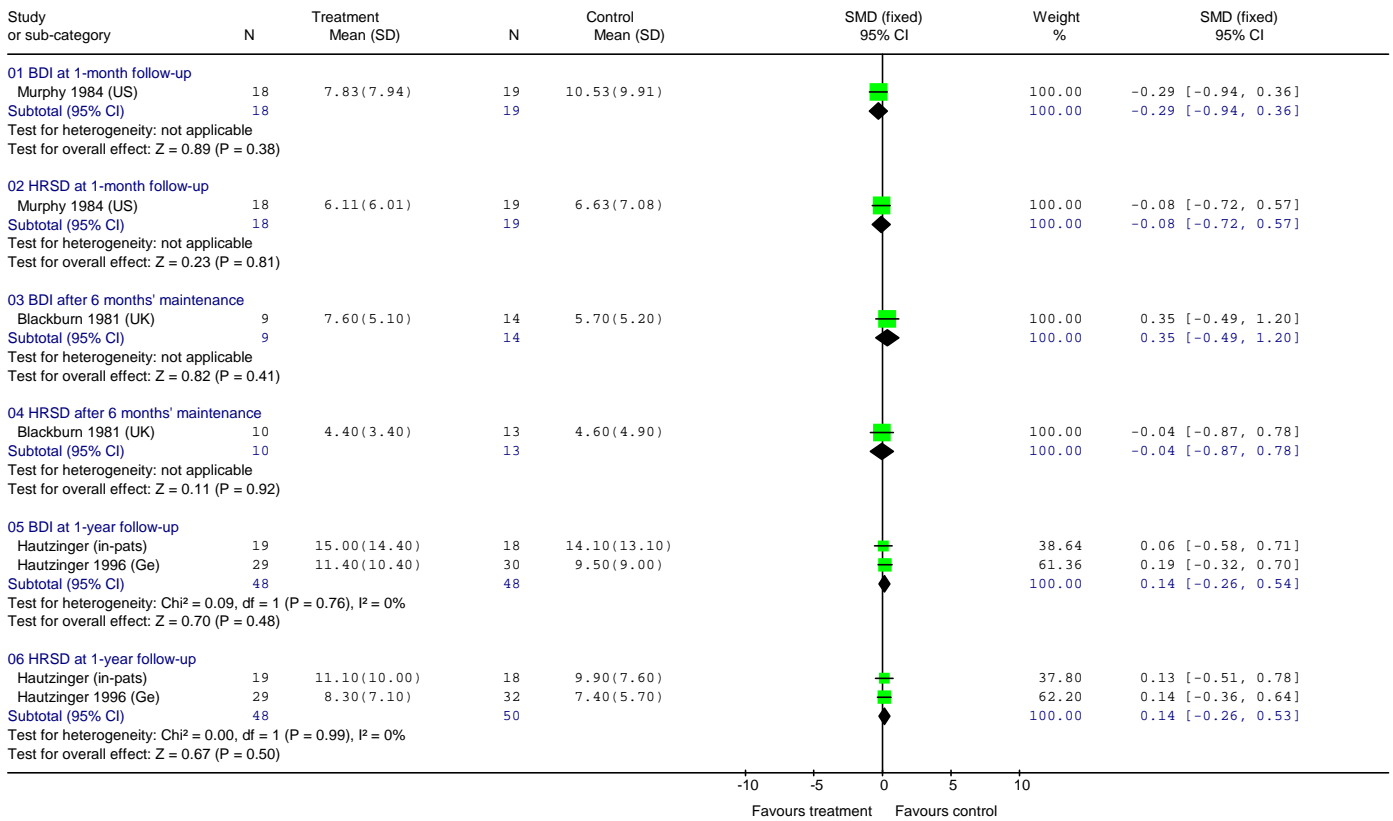


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 09 Cognitive and behavioural therapies + ADs v Cognitive and behavioural therapies
 Outcome: 03 Depression scores: continuous measures post-treatment

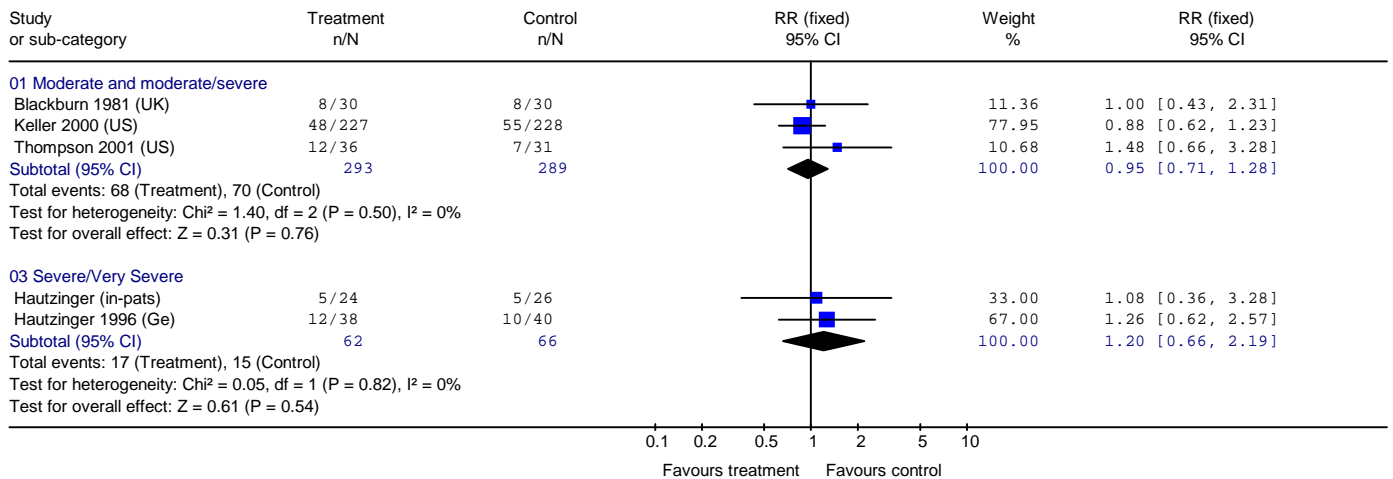


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 09 Cognitive and behavioural therapies + ADs v Cognitive and behavioural therapies
 Outcome: 04 Depression scores: continuous data at follow-up

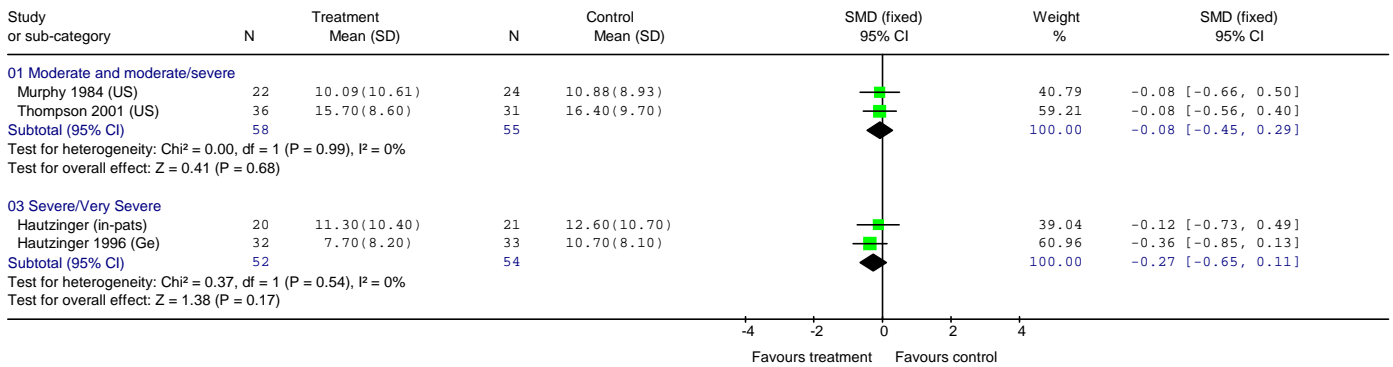


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 10 Sub 06: Cognitive and behavioural therapies + ADs v Cognitive and behavioural therapies by severity
 Outcome: 01 Leaving the study early

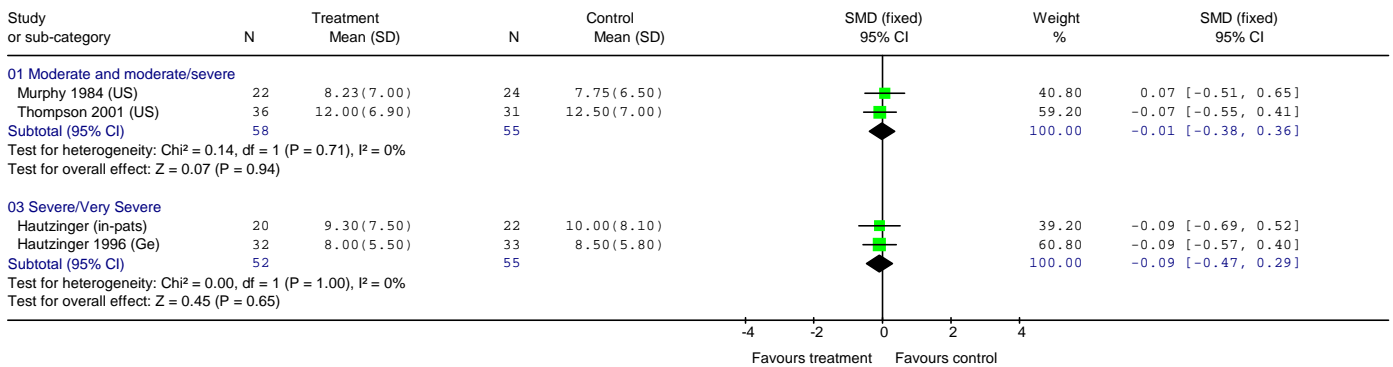


Appendix 19b: Psychological clinical evidence forest plots

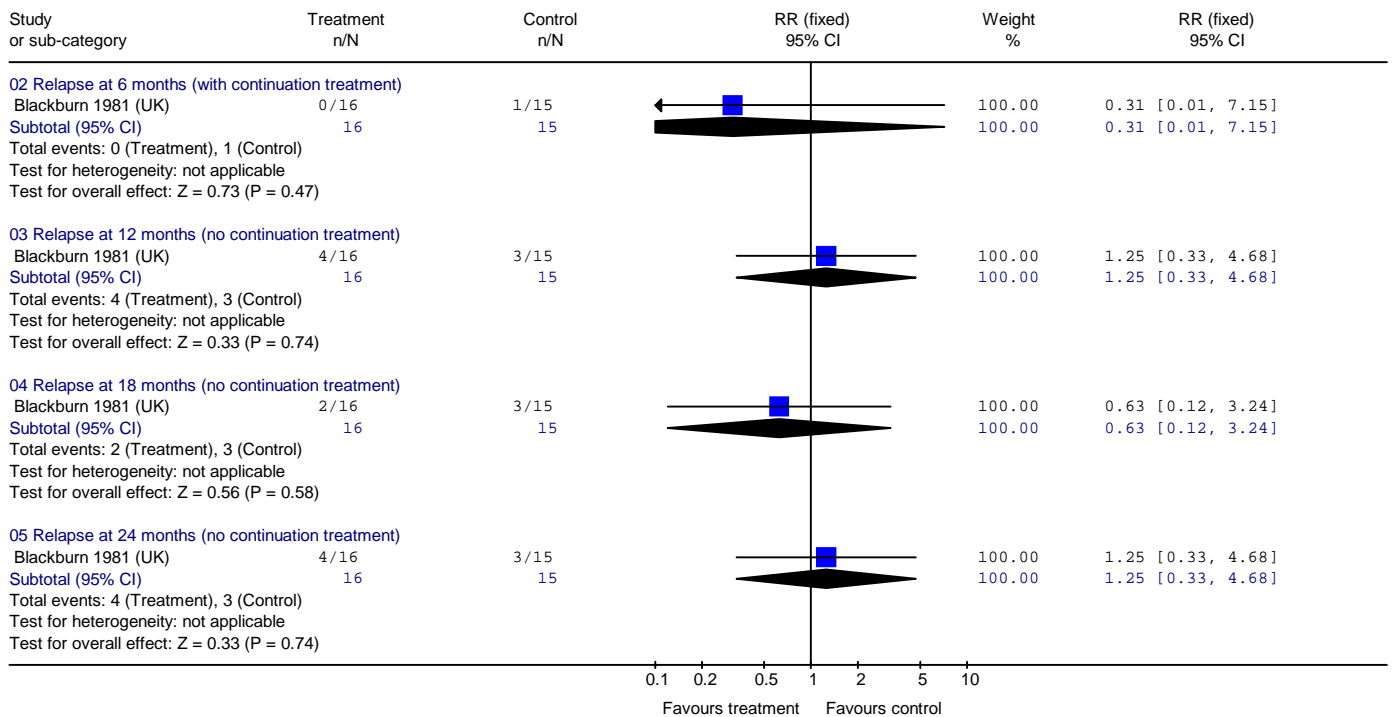
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 10 Sub 06: Cognitive and behavioural therapies + ADs v Cognitive and behavioural therapies by severity
 Outcome: 02 Depression scores: continuous measures post-treatment - BDI



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 10 Sub 06: Cognitive and behavioural therapies + ADs v Cognitive and behavioural therapies by severity
 Outcome: 03 Depression scores: continuous measures post-treatment - HRSD

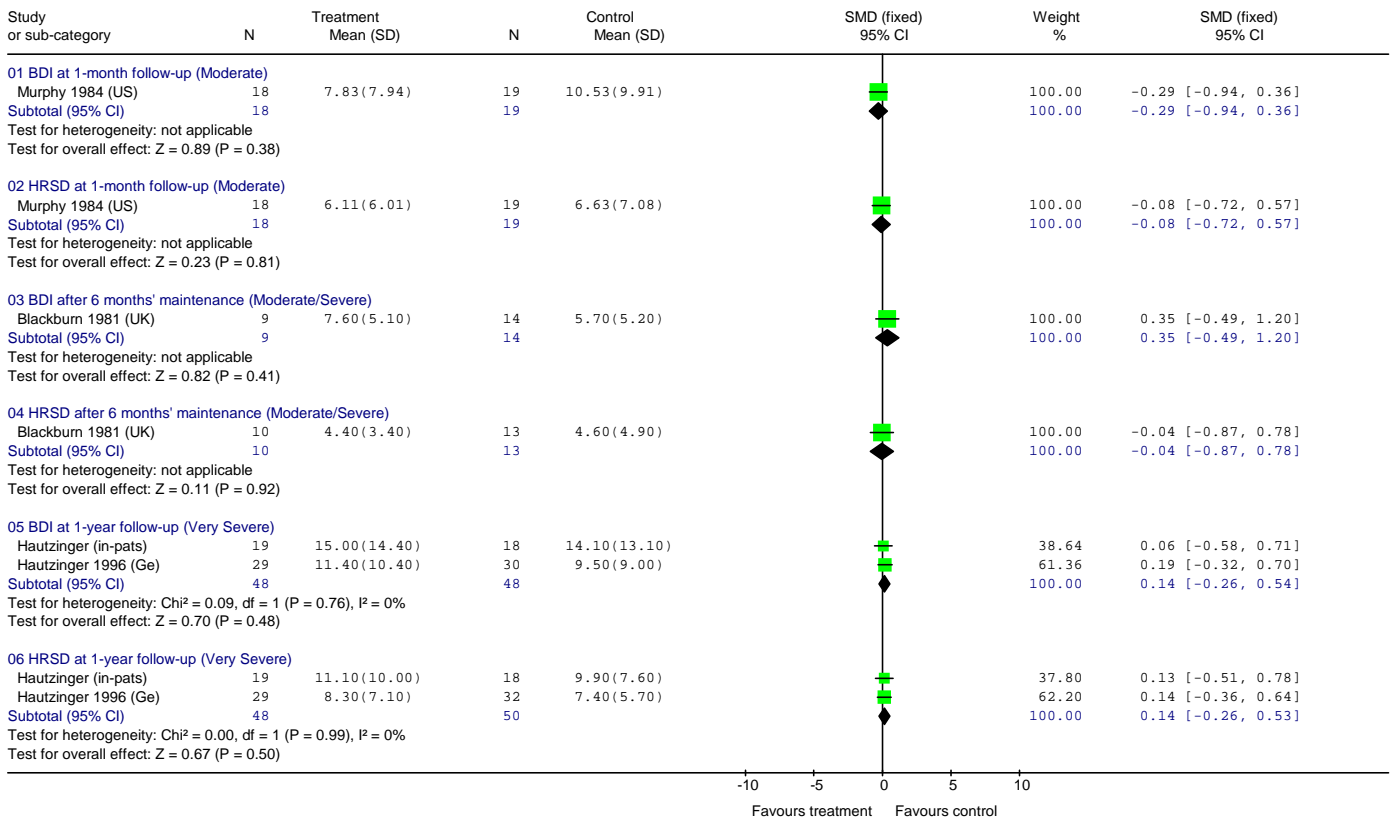


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 10 Sub 06: Cognitive and behavioural therapies + ADs v Cognitive and behavioural therapies by severity
 Outcome: 04 Relapse (Moderate)

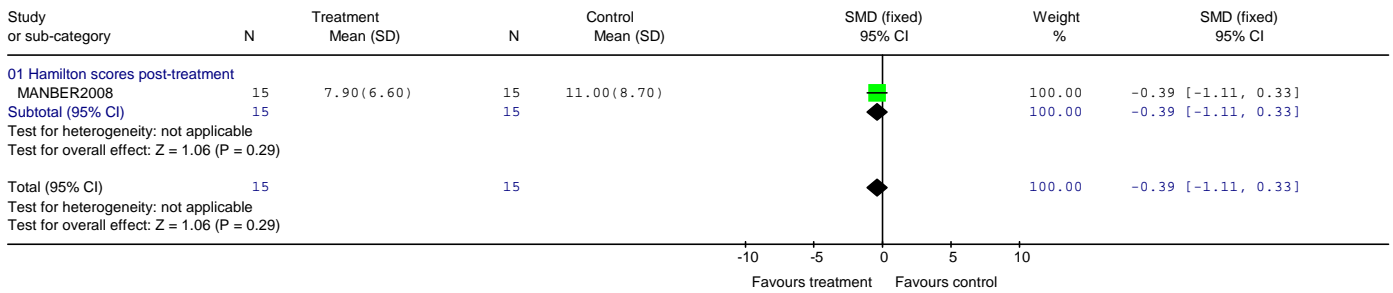


Appendix 19b: Psychological clinical evidence forest plots

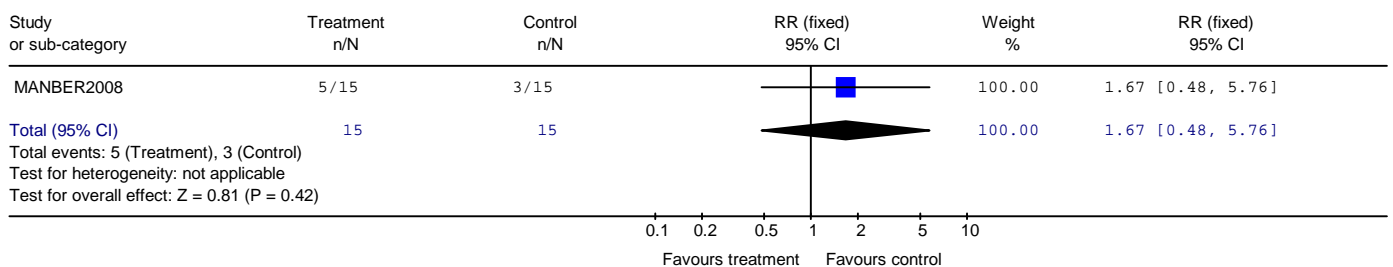
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 10 Sub 06: Cognitive and behavioural therapies + ADs v Cognitive and behavioural therapies by severity
 Outcome: 05 Depression scores: continuous data at follow-up



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 11 Cognitive therapies (for insomnia) + ADs v non-directive interventions (quasi-desens for insomnia) + ADs
 Outcome: 01 Depression scores: continuous measures post-treatment

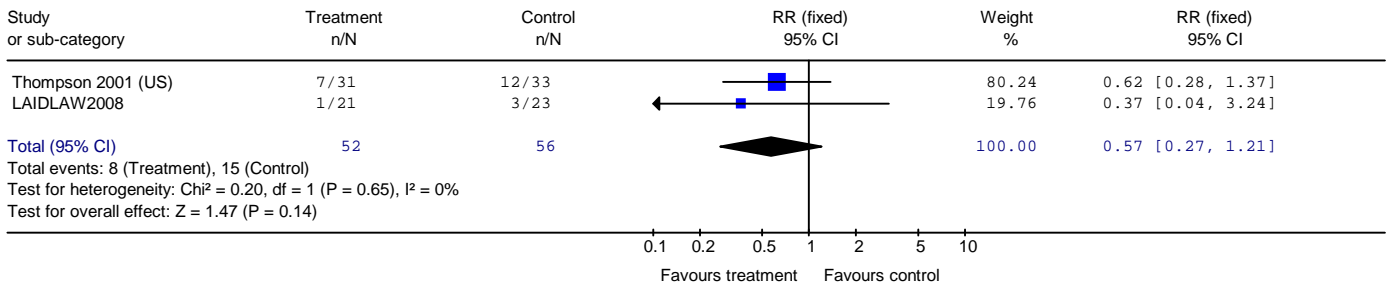


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 11 Cognitive therapies (for insomnia) + ADs v non-directive interventions (quasi-desens for insomnia) + ADs
 Outcome: 02 Leaving study early

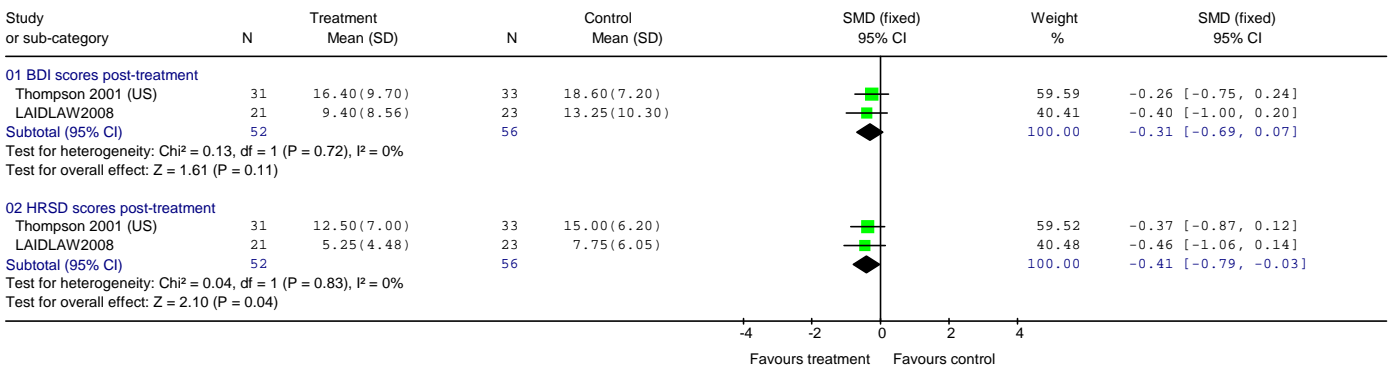


Appendix 19b: Psychological clinical evidence forest plots

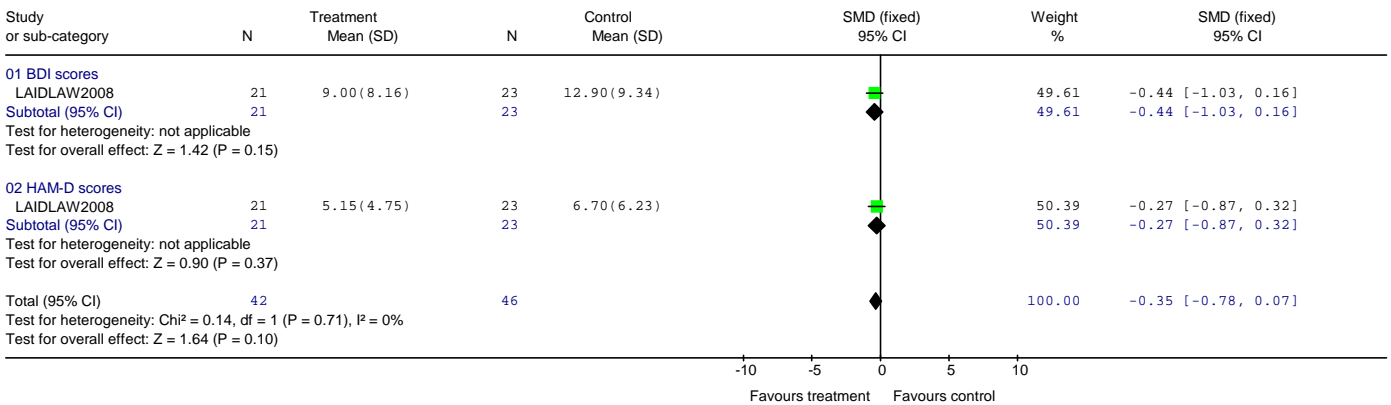
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 12 Cognitive and behavioural therapies for the elderly
 Outcome: 01 CBT v TAU/AD: Leaving the study early for any reason



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 12 Cognitive and behavioural therapies for the elderly
 Outcome: 02 CBT v TAU/AD: Depression scores: continuous measures post-treatment

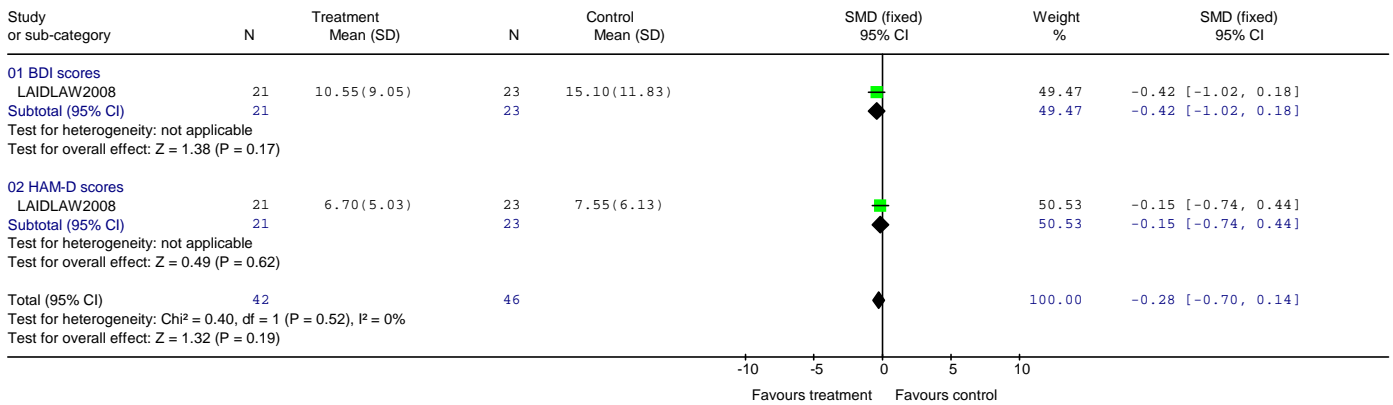


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 12 Cognitive and behavioural therapies for the elderly
 Outcome: 03 CBT v TAU/AD: Depression scores: continuous measures at 3-month follow-up

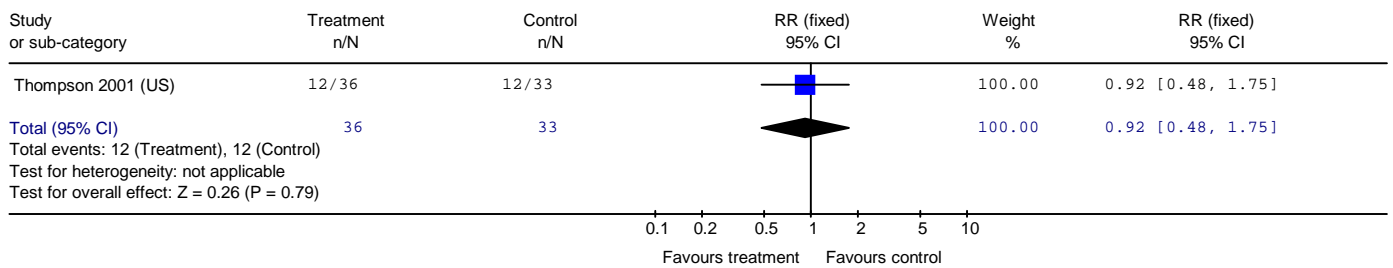


Appendix 19b: Psychological clinical evidence forest plots

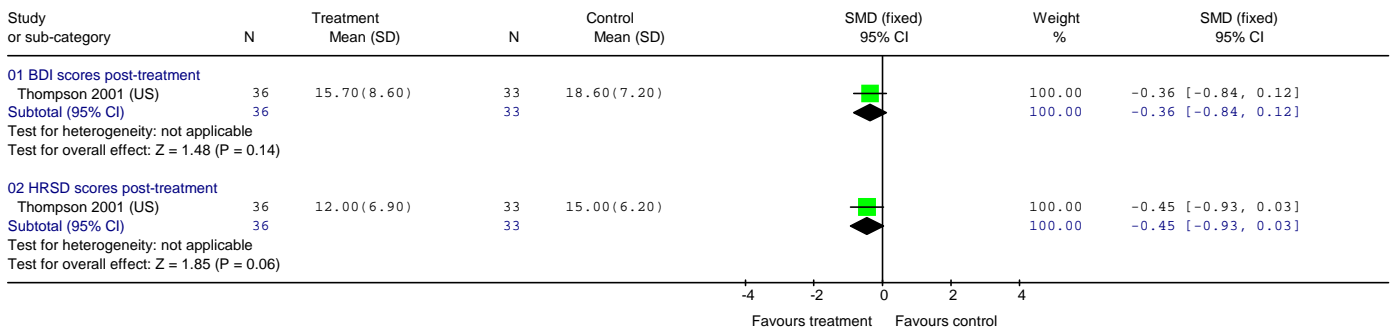
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 12 Cognitive and behavioural therapies for the elderly
 Outcome: 04 CBT v TAU/AD: Depression scores: continuous measures at 6-month follow-up



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 12 Cognitive and behavioural therapies for the elderly
 Outcome: 06 CBT + AD v AD: Leaving the study early for any reason

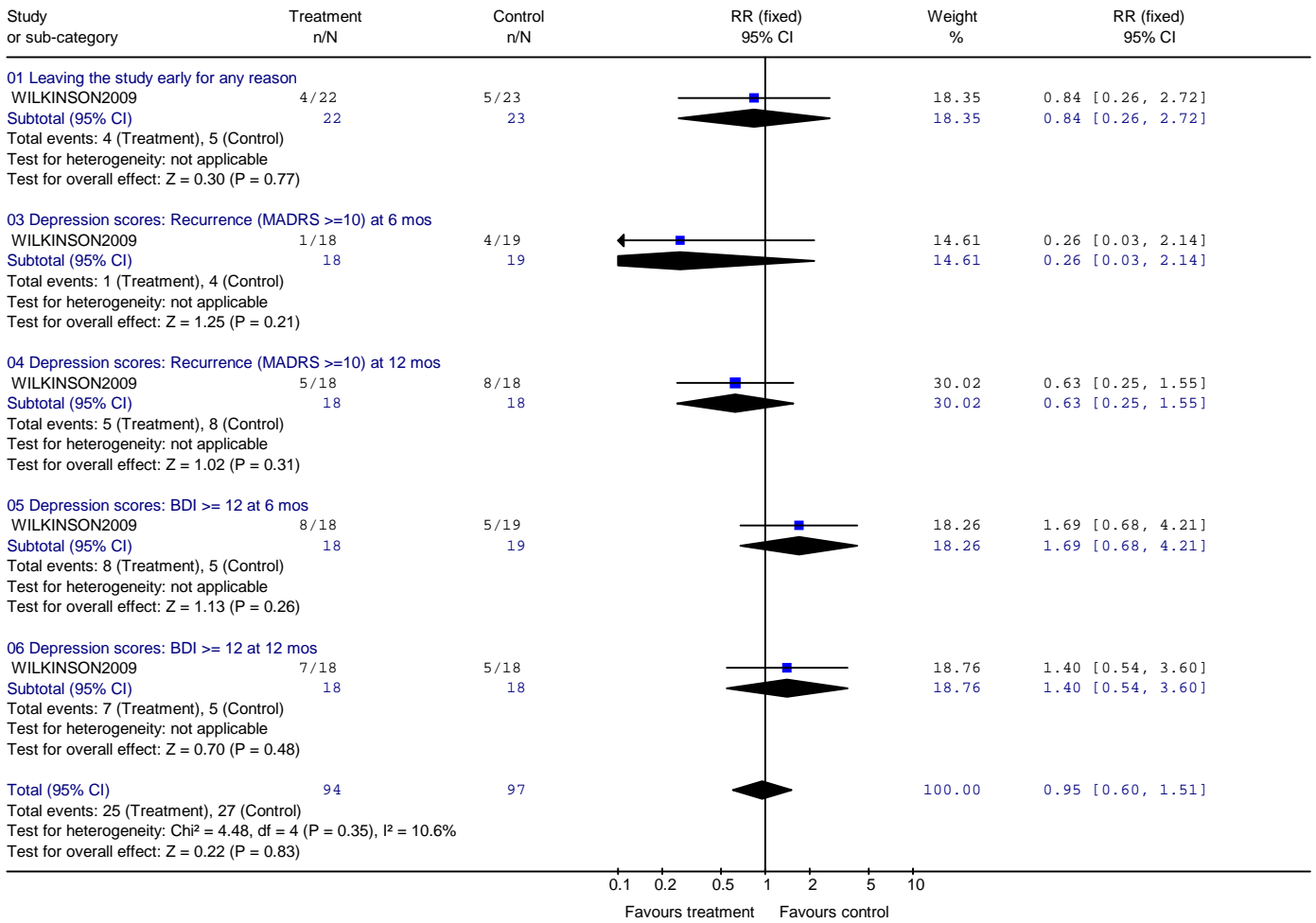


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 12 Cognitive and behavioural therapies for the elderly
 Outcome: 07 CBT + AD v AD: Depression scores: continuous measures post-treatment

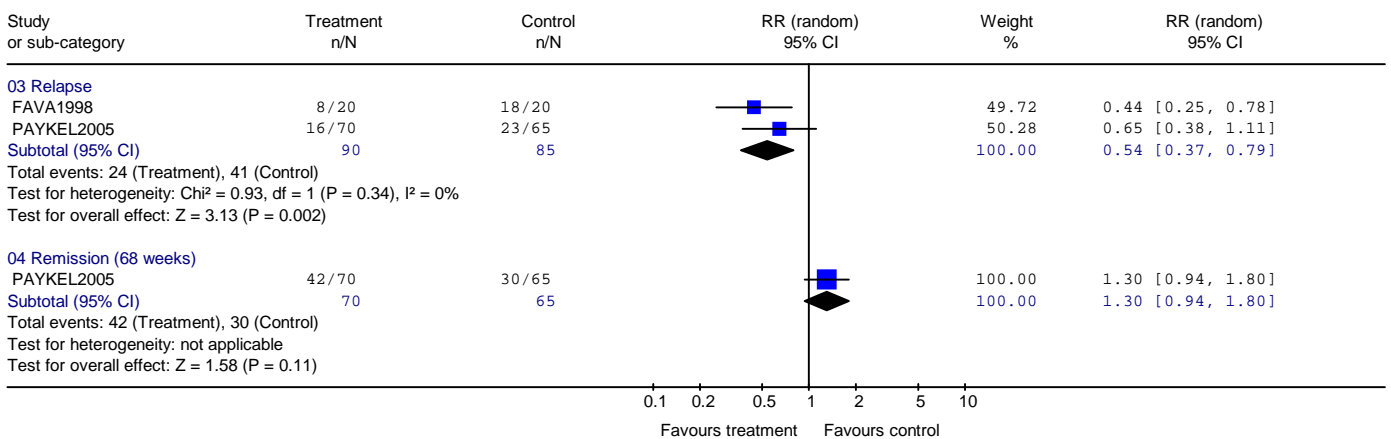


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 12 Cognitive and behavioural therapies for the elderly
 Outcome: 08 Group CBT + ADs v ADs: Leaving the study early for any reason

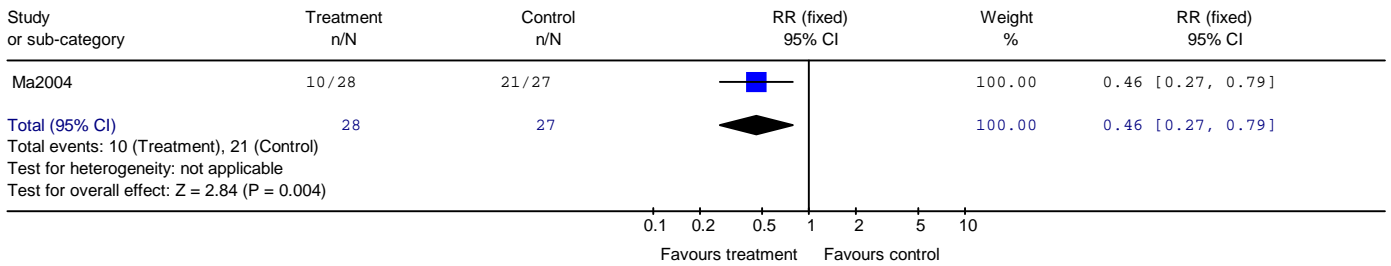


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 13 Relapse prevention studies: Cognitive and behavioural therapies v placebo and clinical management
 Outcome: 01 Depression scores: dichotomous outcomes

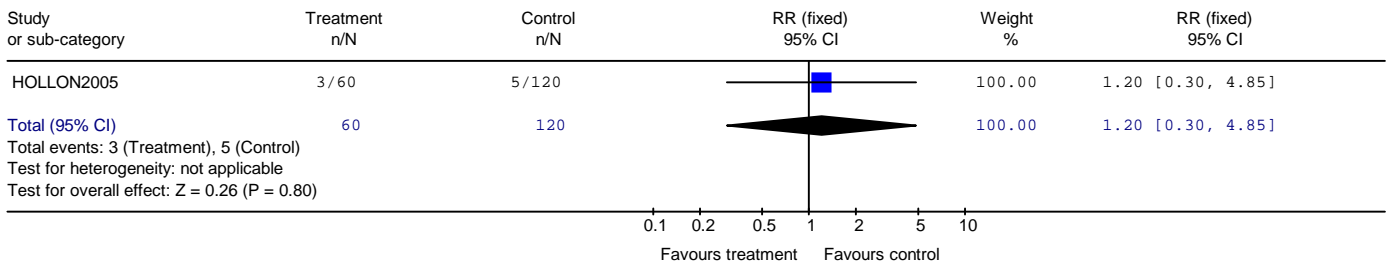


Appendix 19b: Psychological clinical evidence forest plots

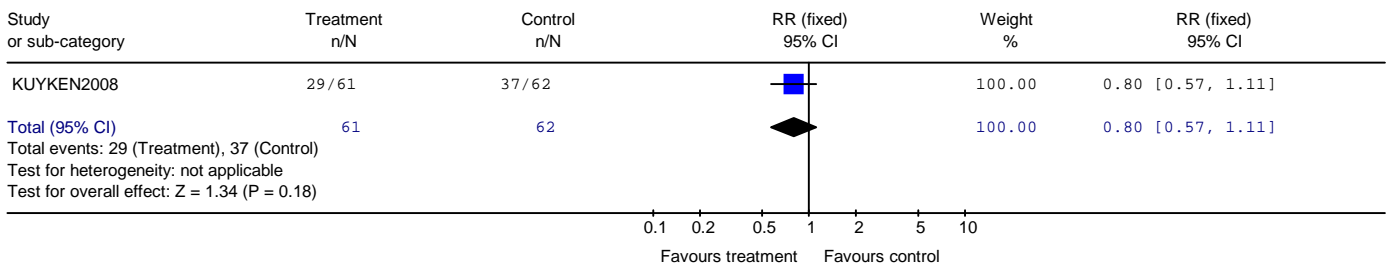
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 13 Relapse prevention studies: Cognitive and behavioural therapies v placebo and clinical management
 Outcome: 02 Relapse: no. of pts with ≥ 3 episodes



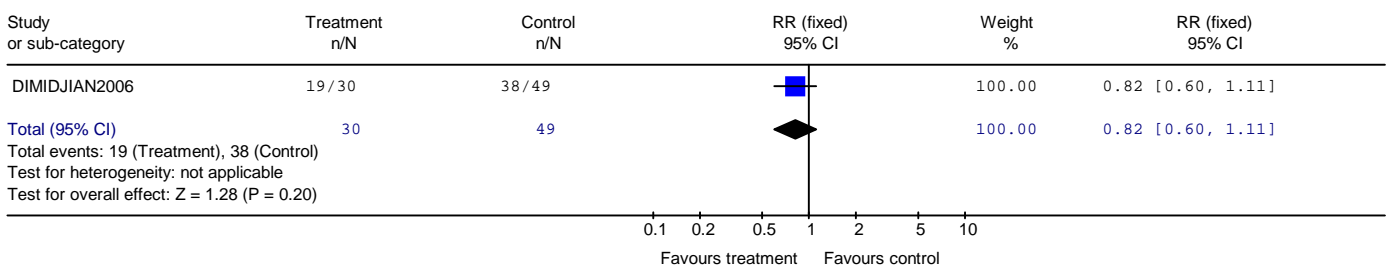
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 14 Relapse prevention studies: Cognitive and behavioural therapies v ADs
 Outcome: 01 Leaving study early



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 14 Relapse prevention studies: Cognitive and behavioural therapies v ADs
 Outcome: 02 Relapse

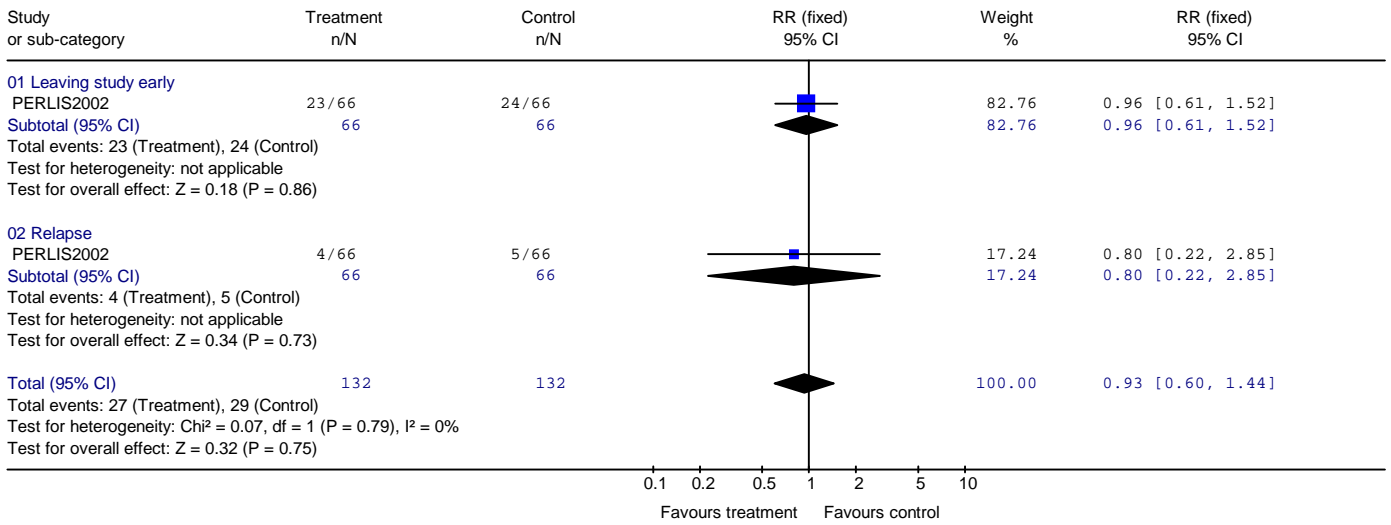


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 14 Relapse prevention studies: Cognitive and behavioural therapies v ADs
 Outcome: 03 Relapse at 1 yr.

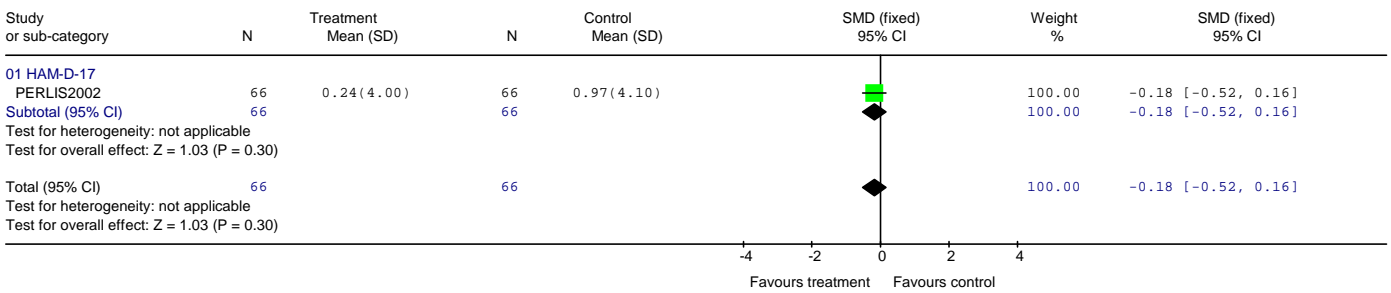


Appendix 19b: Psychological clinical evidence forest plots

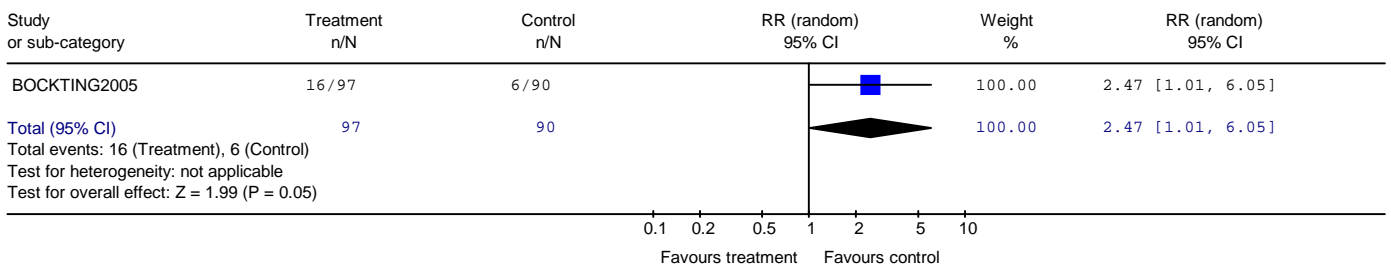
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 15 Relapse prevention studies: Cognitive and behavioural therapies + ADs v ADs
 Outcome: 01 Depression scores: dichotomous outcomes



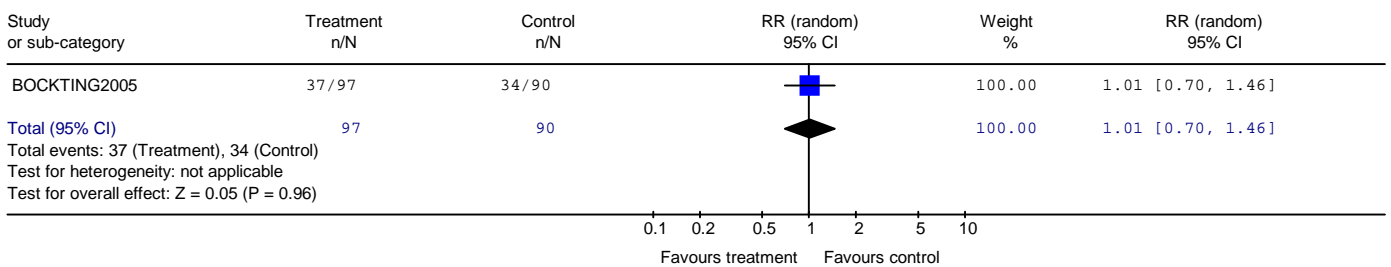
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 15 Relapse prevention studies: Cognitive and behavioural therapies + ADs v ADs
 Outcome: 02 Depression scores: continuous outcomes



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 16 Relapse prevention studies: Group CBT v TAU
 Outcome: 01 Leaving the study early

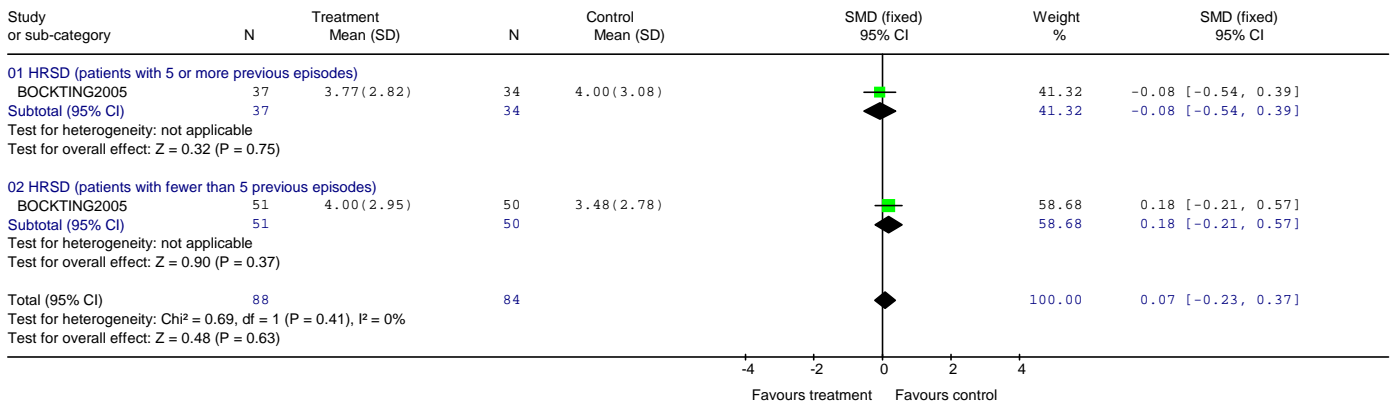


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 16 Relapse prevention studies: Group CBT v TAU
 Outcome: 02 Relapse

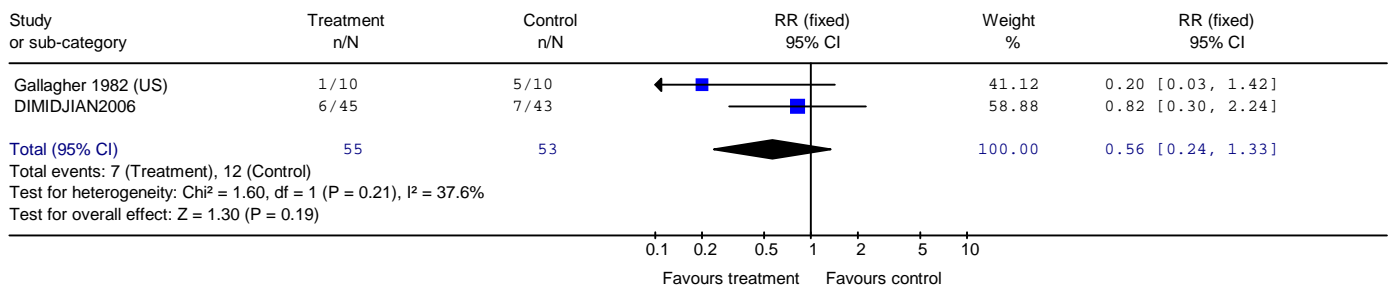


Appendix 19b: Psychological clinical evidence forest plots

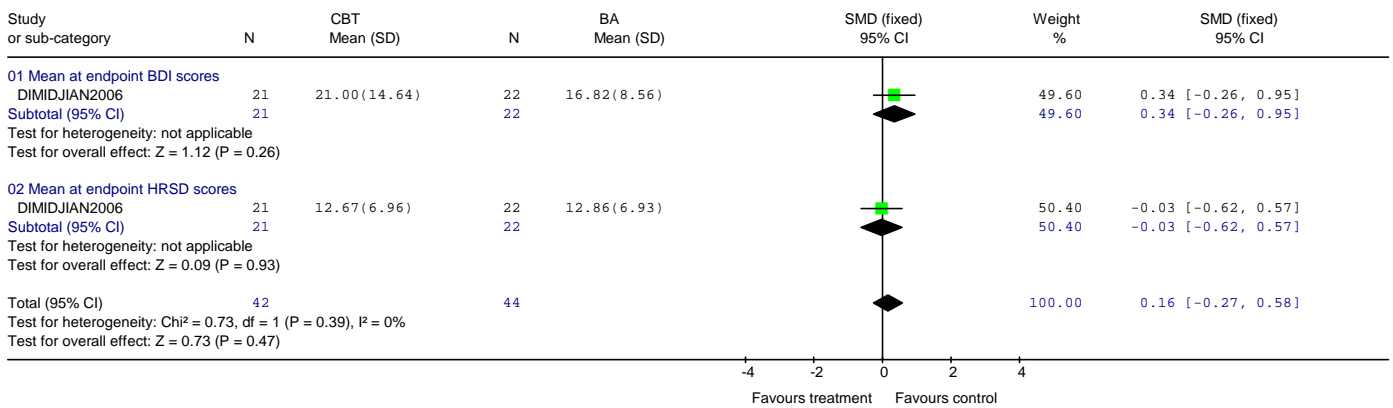
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 16 Relapse prevention studies: Group CBT v TAU
 Outcome: 03 Depression scores: continuous outcomes



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 17 CBT v BA
 Outcome: 01 Leaving study early

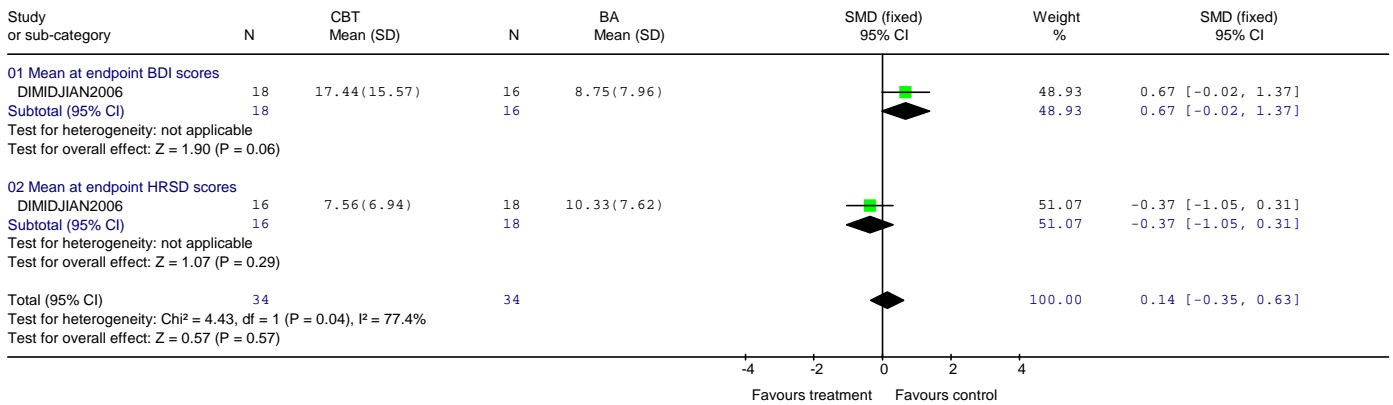


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 17 CBT v BA
 Outcome: 02 Depression scores: continuous measures at endpoint (high severity) 8 weeks

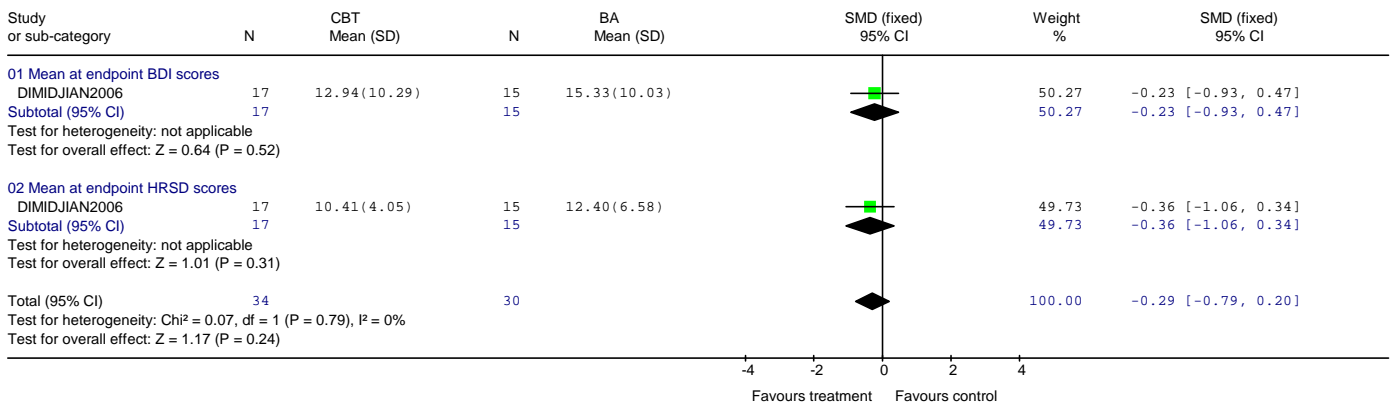


Appendix 19b: Psychological clinical evidence forest plots

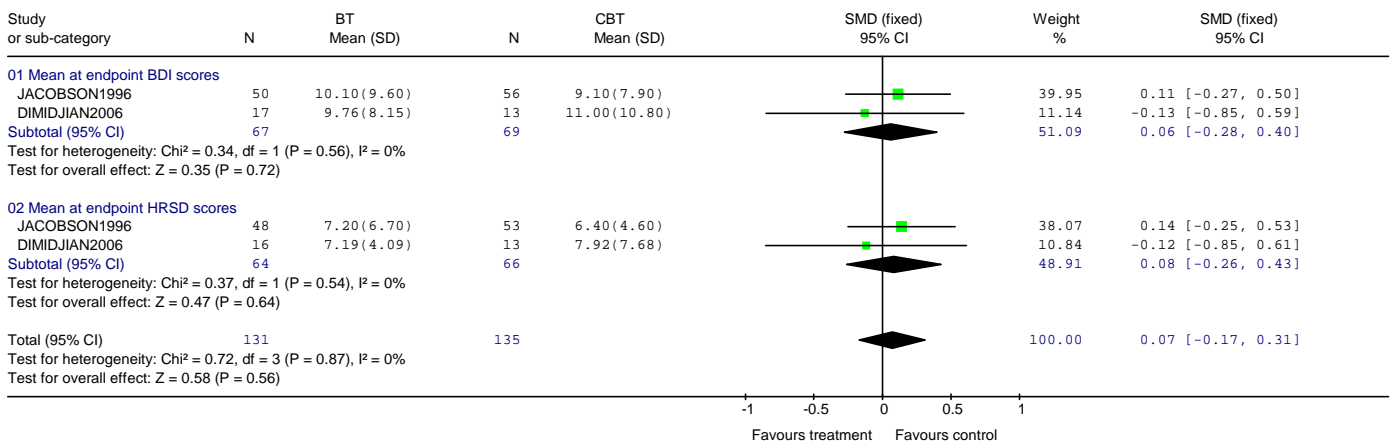
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 17 CBT v BA
 Outcome: 03 Depression scores: continuous measures at endpoint (high severity) 16 weeks



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 17 CBT v BA
 Outcome: 05 Depression scores: continuous measures at endpoint (moderate severity) 8 weeks

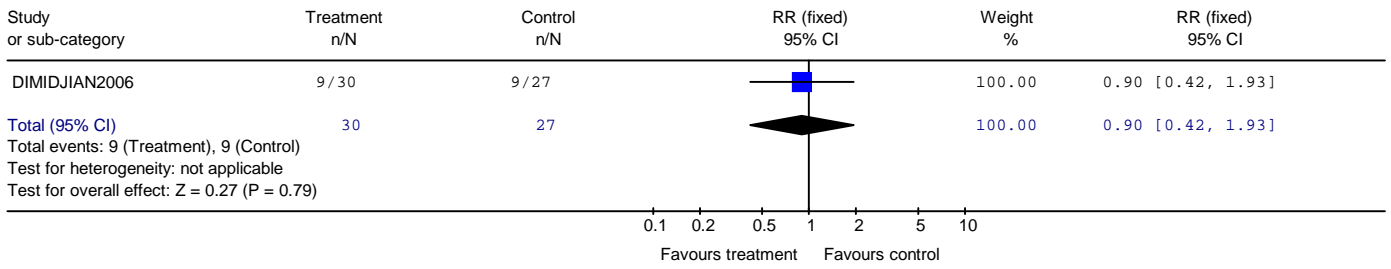


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 17 CBT v BA
 Outcome: 06 Depression scores: continuous measures at endpoint (moderate severity) 16 weeks

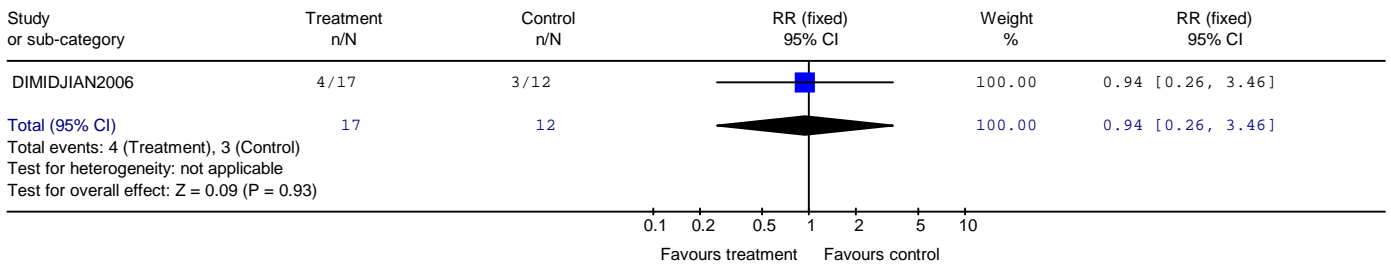


Appendix 19b: Psychological clinical evidence forest plots

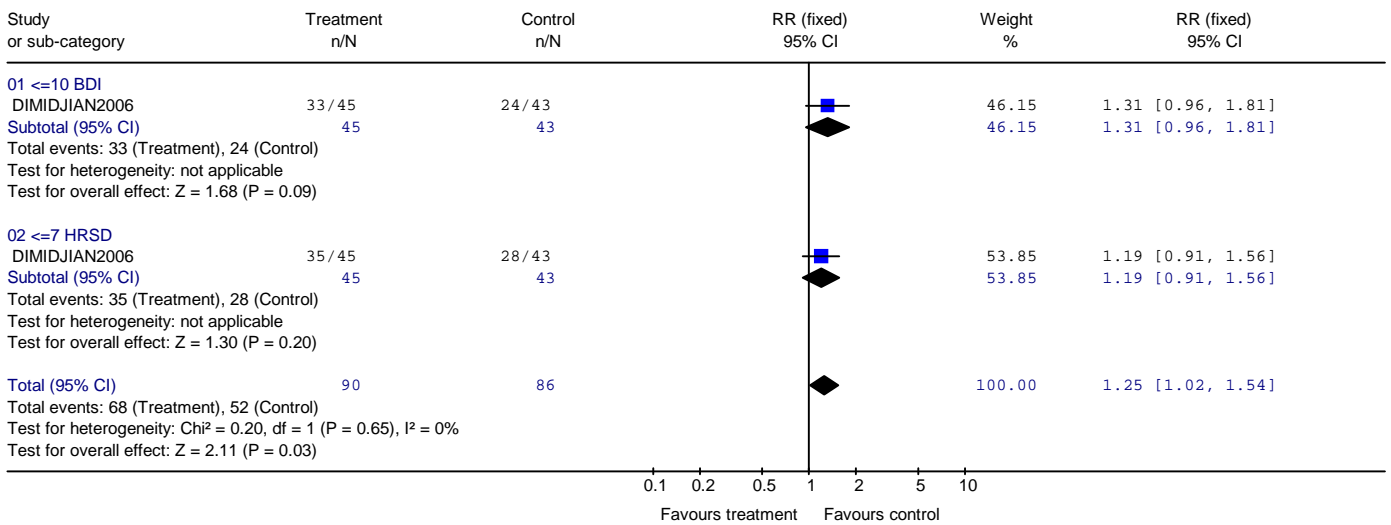
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 17 CBT v BA
 Outcome: 07 Relapse at 1 year



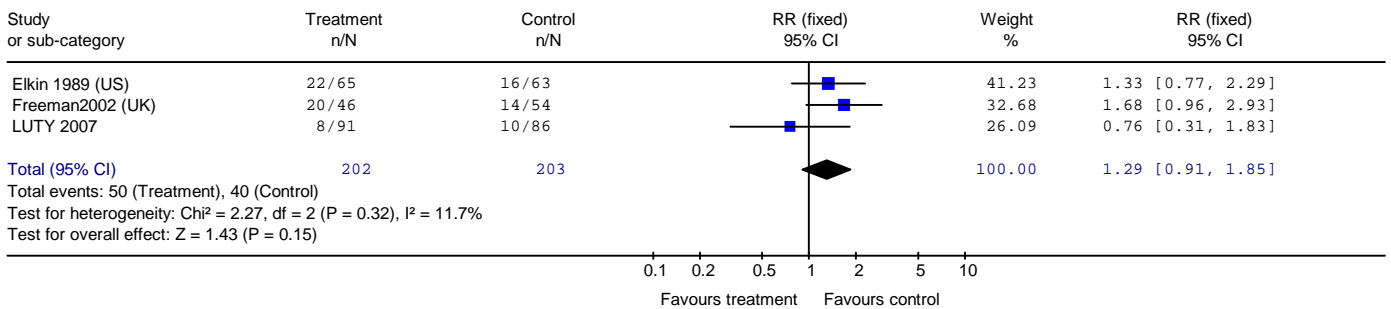
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 17 CBT v BA
 Outcome: 08 Recurrence at 2 years



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 17 CBT v BA
 Outcome: 09 No. not achieving remission

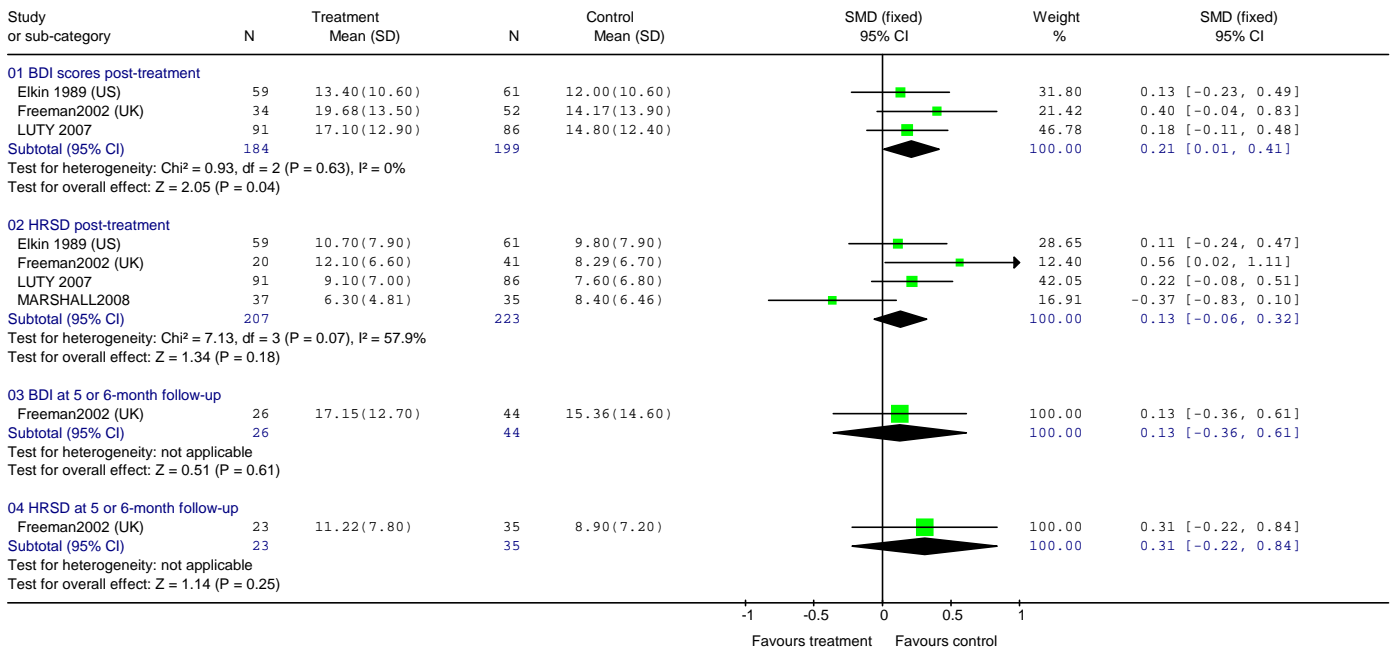


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 18 CBT v IPT
 Outcome: 01 Leaving the study early

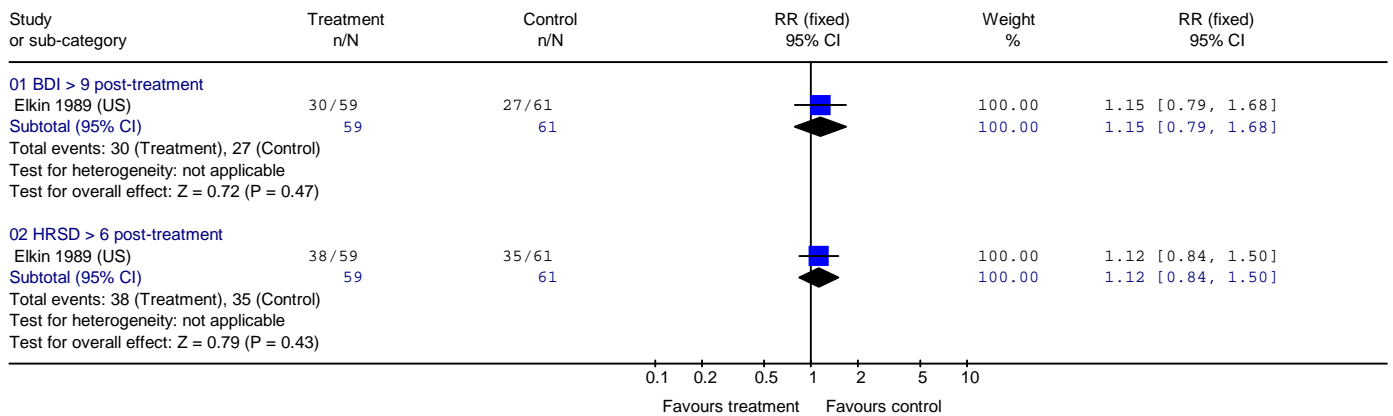


Appendix 19b: Psychological clinical evidence forest plots

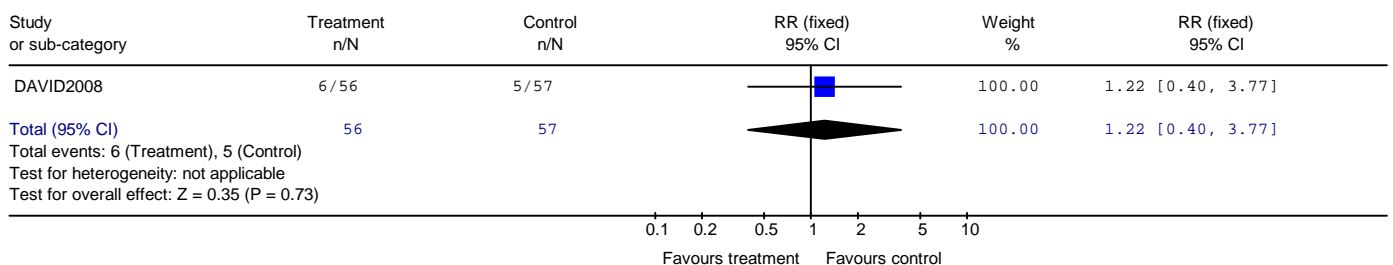
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 18 CBT v IPT
 Outcome: 02 Depression scores: continuous measures



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 18 CBT v IPT
 Outcome: 03 Depression scores: dichotomous outcomes

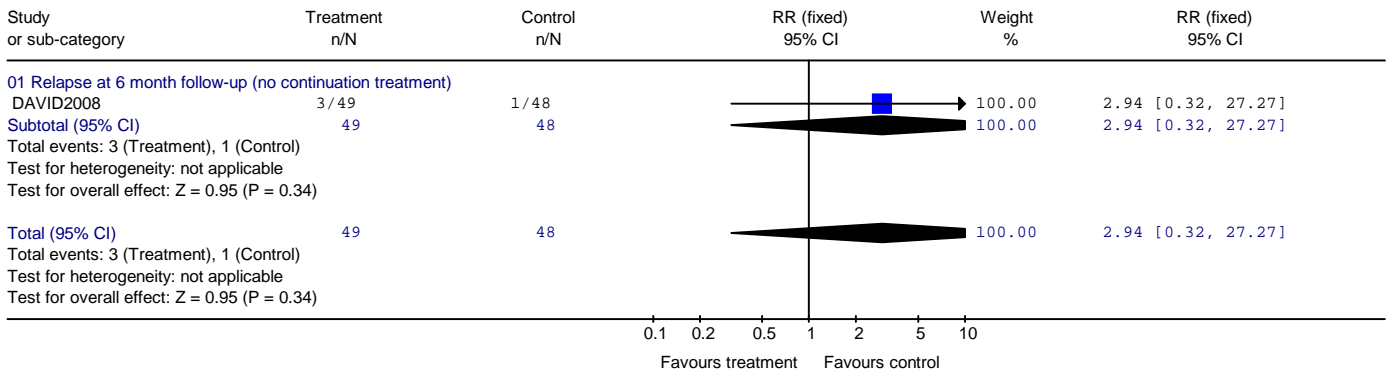


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 19 CBT v REBT
 Outcome: 01 Leaving study early

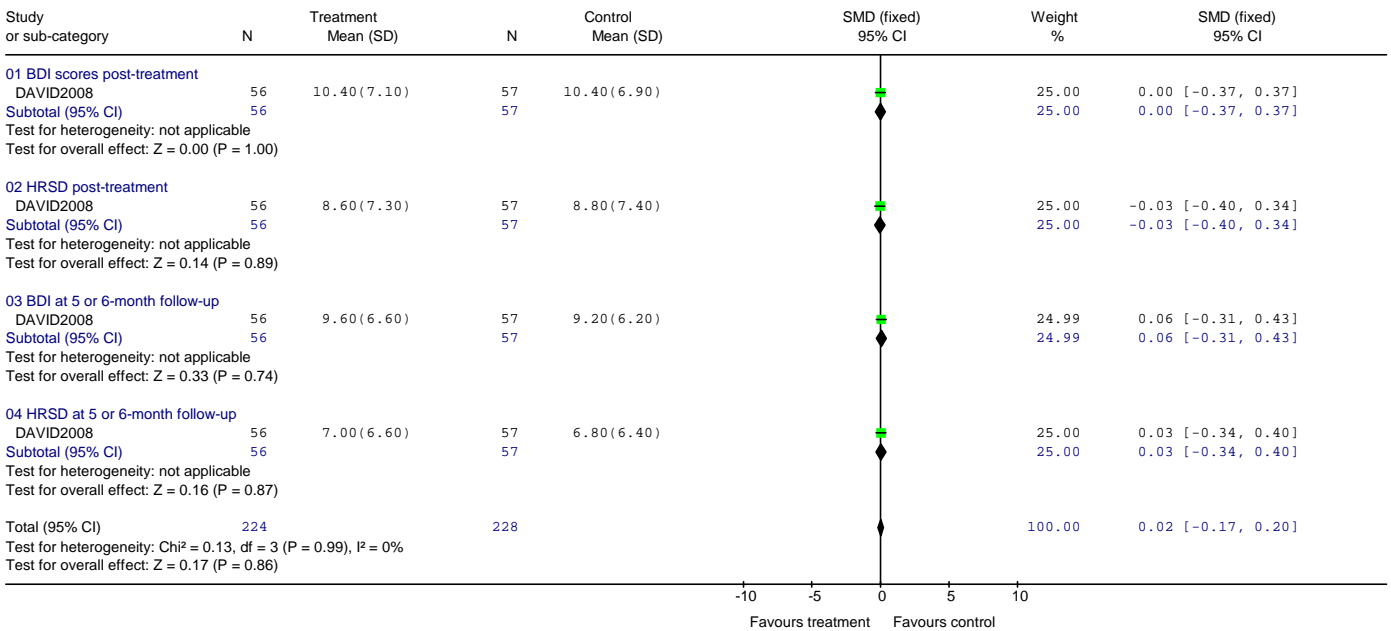


Appendix 19b: Psychological clinical evidence forest plots

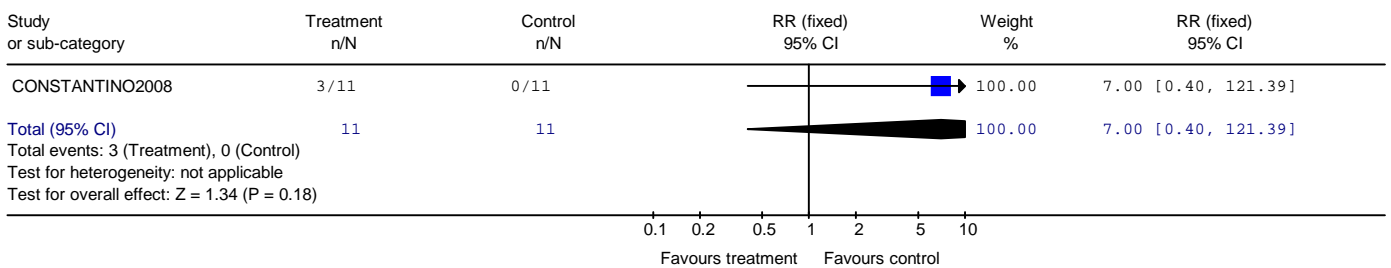
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 19 CBT v REBT
 Outcome: 02 Relapse



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 19 CBT v REBT
 Outcome: 03 Depression scores: continuous measures

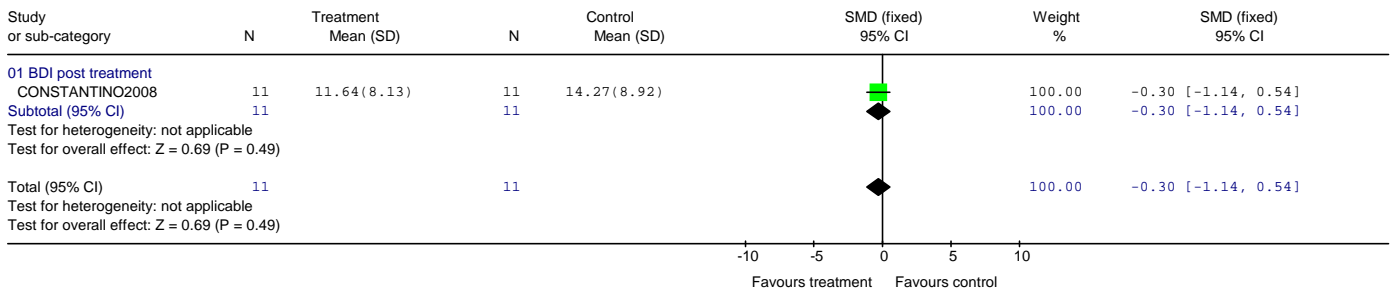


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 20 CBT v integrative CT
 Outcome: 01 Leaving study early

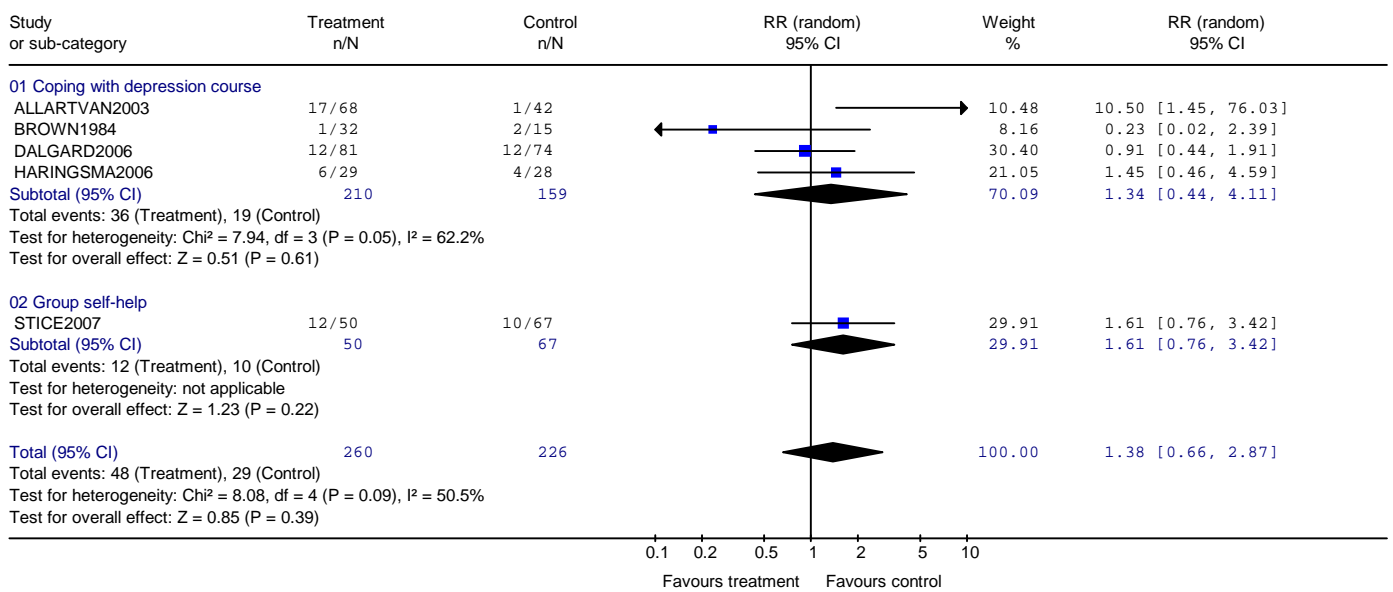


Appendix 19b: Psychological clinical evidence forest plots

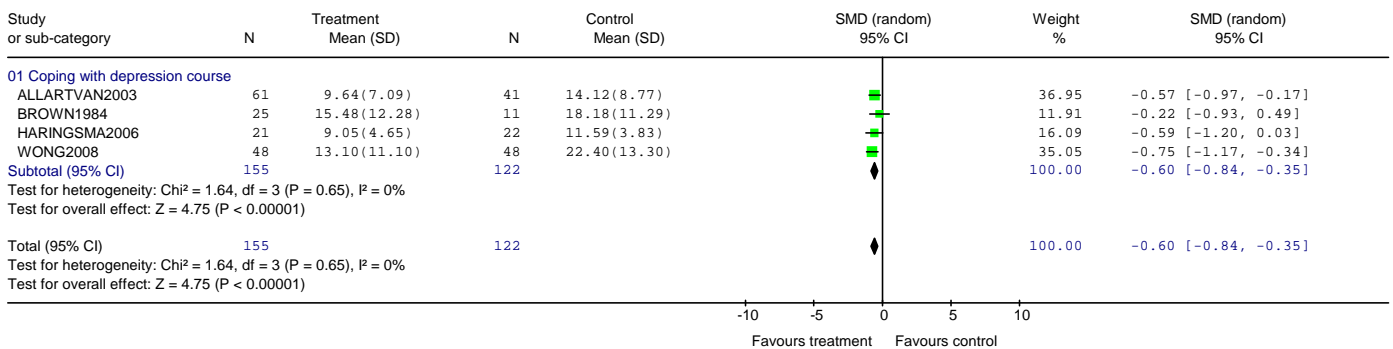
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 20 CBT v integrative CT
 Outcome: 02 Depression scores: continuous measures



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 21 Group CBT psychoeducation / guided self-help (CDW) vs waitlist / TAU control
 Outcome: 01 Leaving study early for any reason

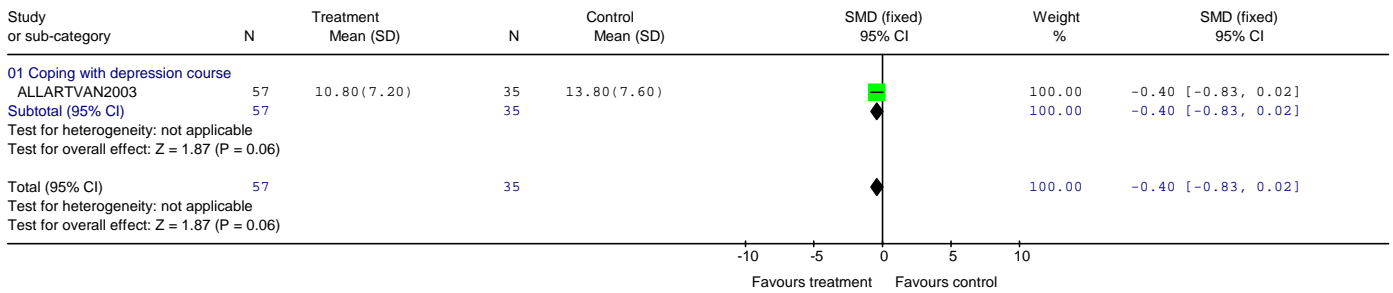


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 21 Group CBT psychoeducation / guided self-help (CDW) vs waitlist / TAU control
 Outcome: 02 Self-report depression measures (BDI or HADS-D) at endpoint

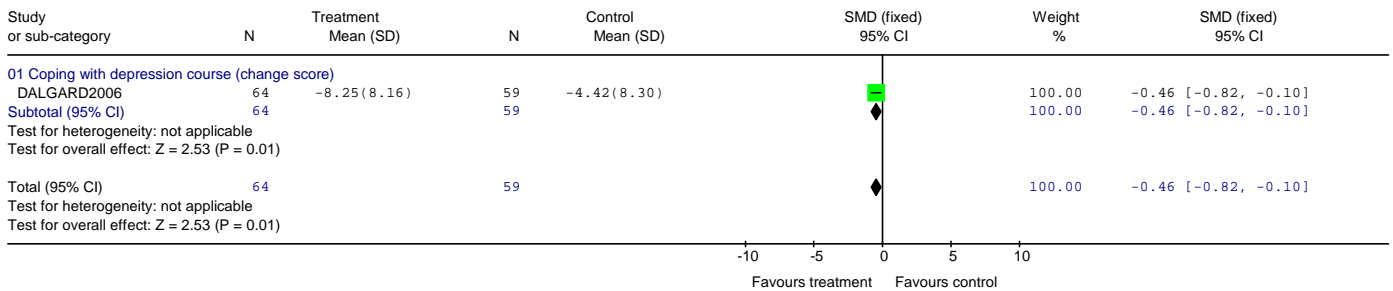


Appendix 19b: Psychological clinical evidence forest plots

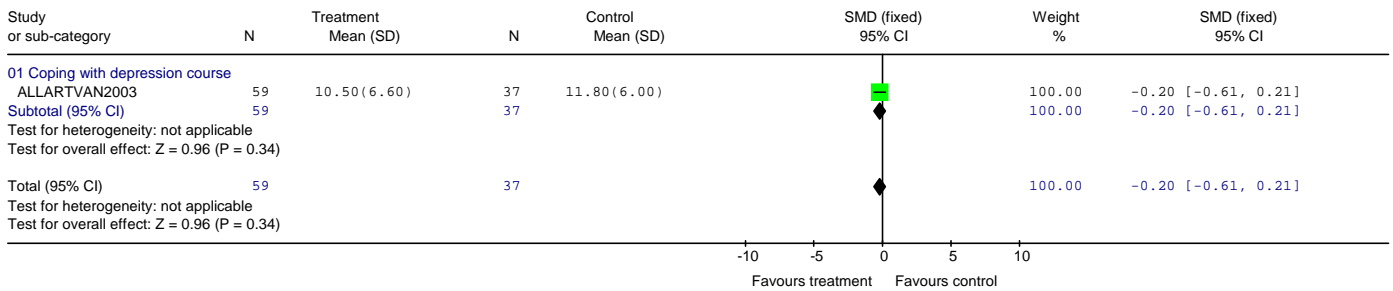
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 21 Group CBT psychoeducation / guided self-help (CDW) vs waitlist / TAU control
 Outcome: 03 Self-report depression measures (BDI) at 6m follow-up



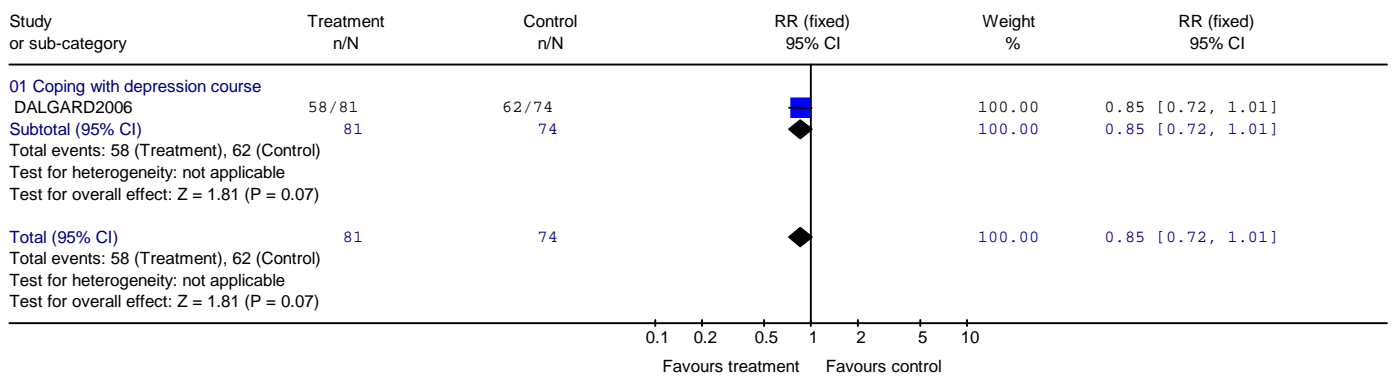
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 21 Group CBT psychoeducation / guided self-help (CDW) vs waitlist / TAU control
 Outcome: 04 Self-report depression measures (BDI) change scores at 6m follow-up



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 21 Group CBT psychoeducation / guided self-help (CDW) vs waitlist / TAU control
 Outcome: 05 Self-report depression measures (BDI) at 12m follow-up

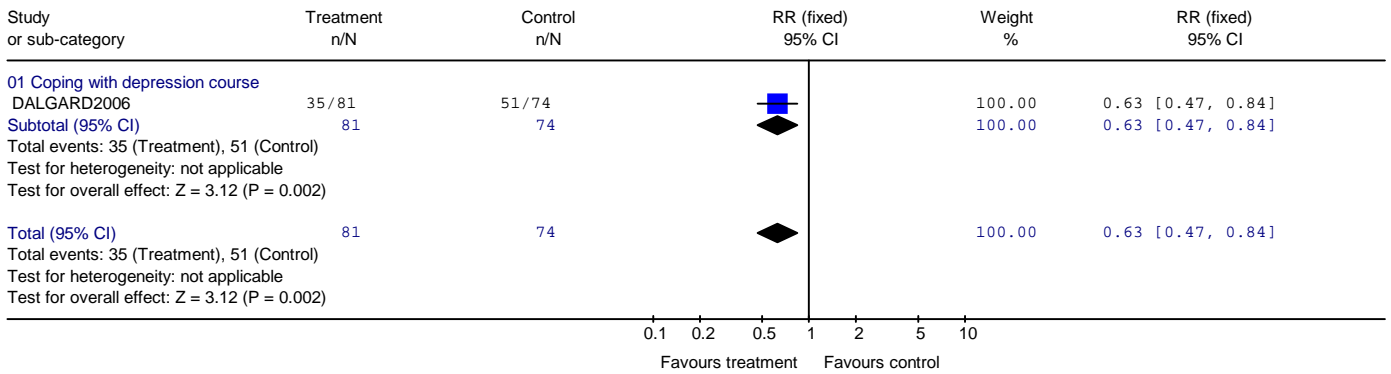


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 21 Group CBT psychoeducation / guided self-help (CDW) vs waitlist / TAU control
 Outcome: 06 Non remission (as measured by BDI <10)

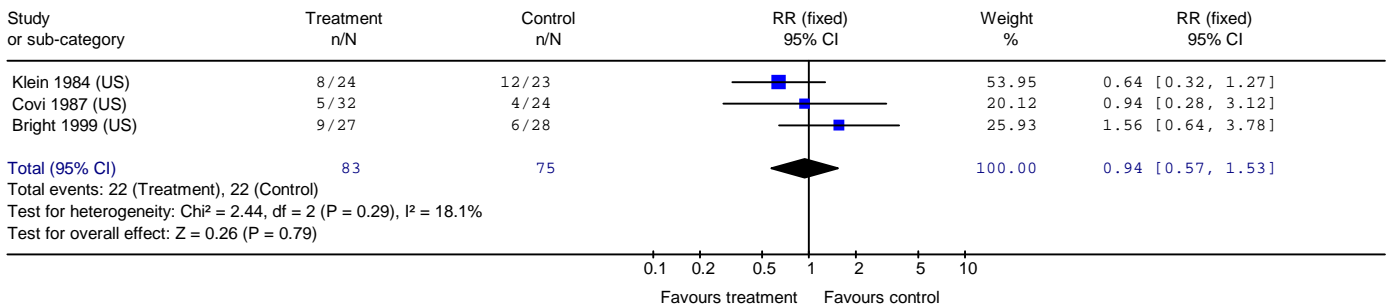


Appendix 19b: Psychological clinical evidence forest plots

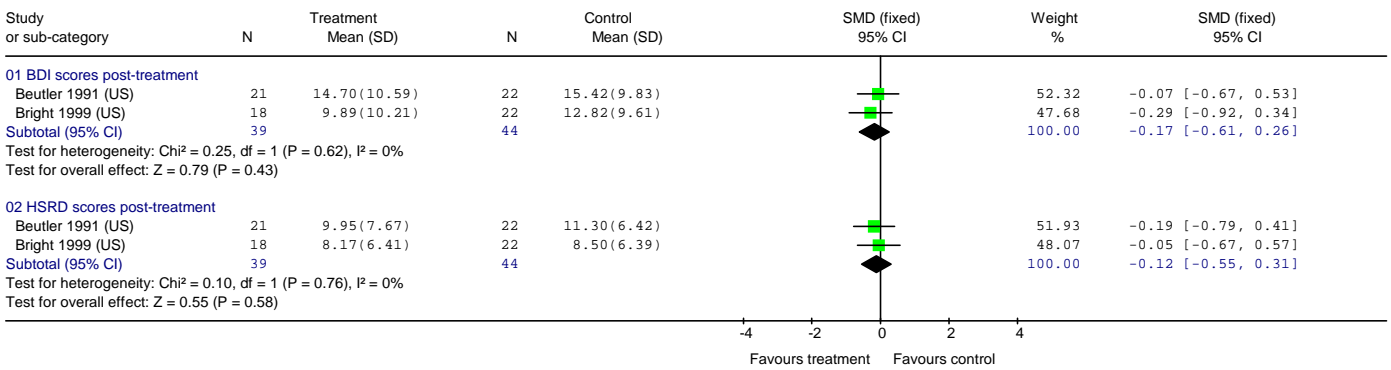
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 21 Group CBT psychoeducation / guided self-help (CDW) vs waitlist / TAU control
 Outcome: 07 Non response (as measured by improvement of 6 points or more on BDI)



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 22 Group CBT v other group therapies
 Outcome: 01 Leaving the study early

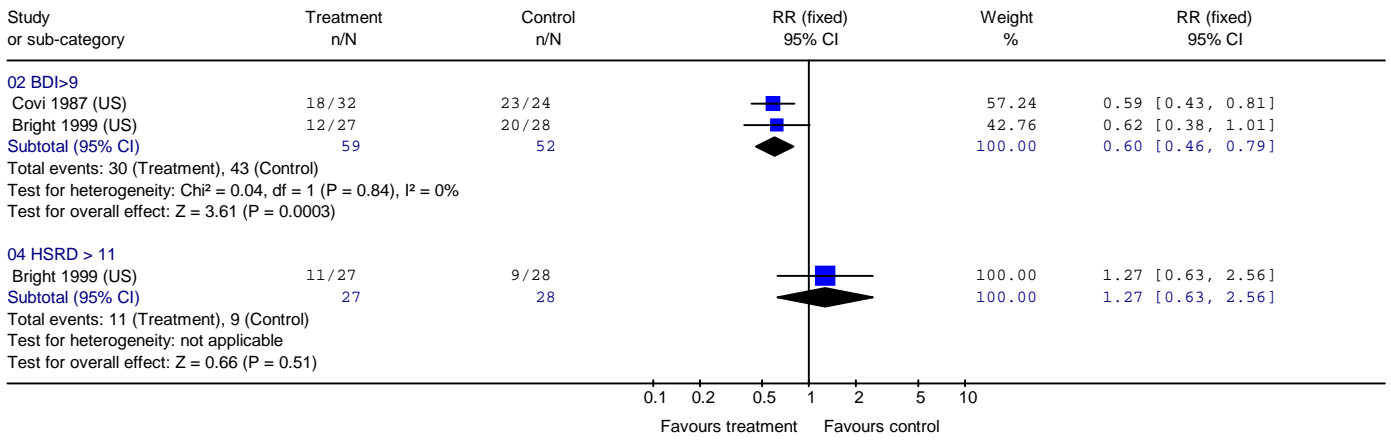


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 22 Group CBT v other group therapies
 Outcome: 02 Depression scores: continuous measures post-treatment

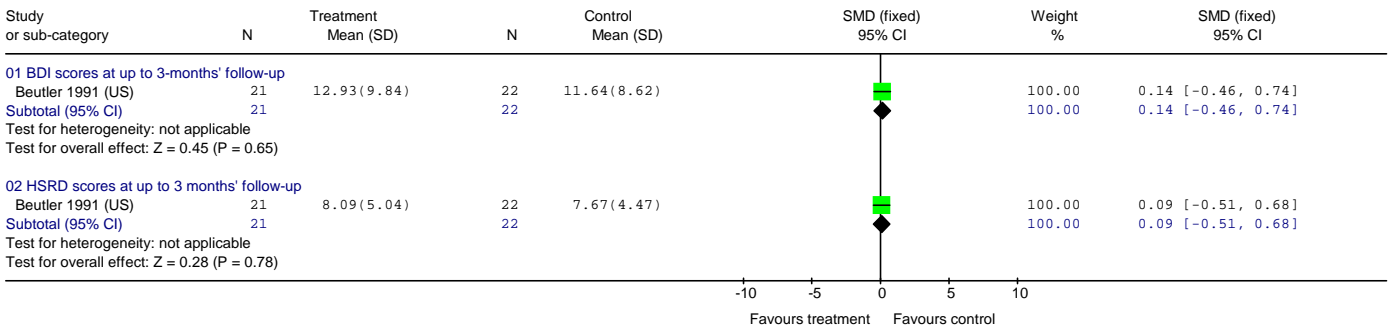


Appendix 19b: Psychological clinical evidence forest plots

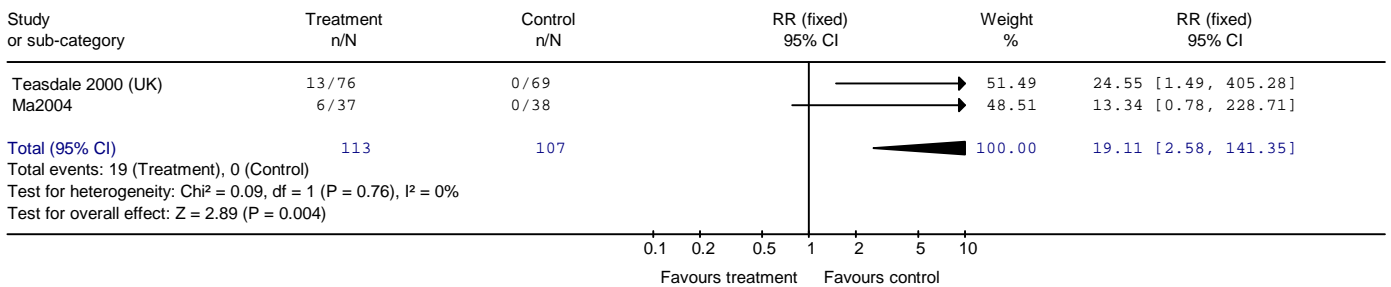
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 22 Group CBT v other group therapies
 Outcome: 03 Depression scores: dichotomous outcomes post-treatment



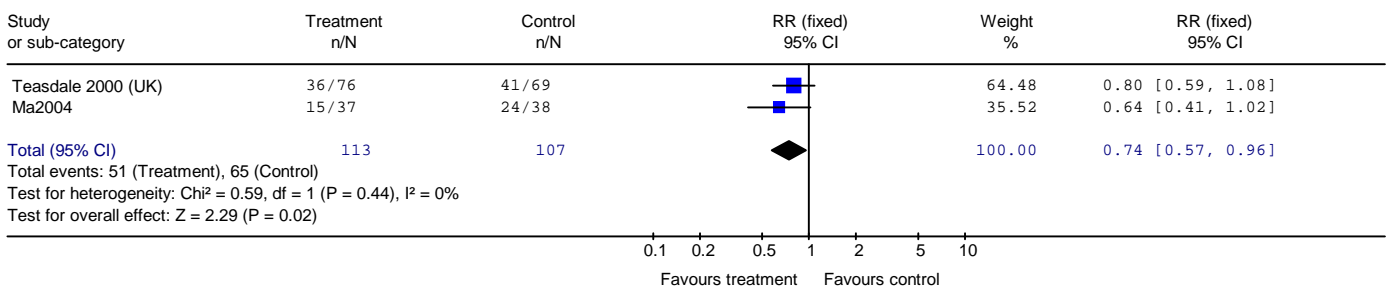
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 22 Group CBT v other group therapies
 Outcome: 04 Depression scores: continuous measures at follow-up



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 23 Group CBT - Mindfulness v control
 Outcome: 01 Group CBT + GP care vs GP care: Leaving study early

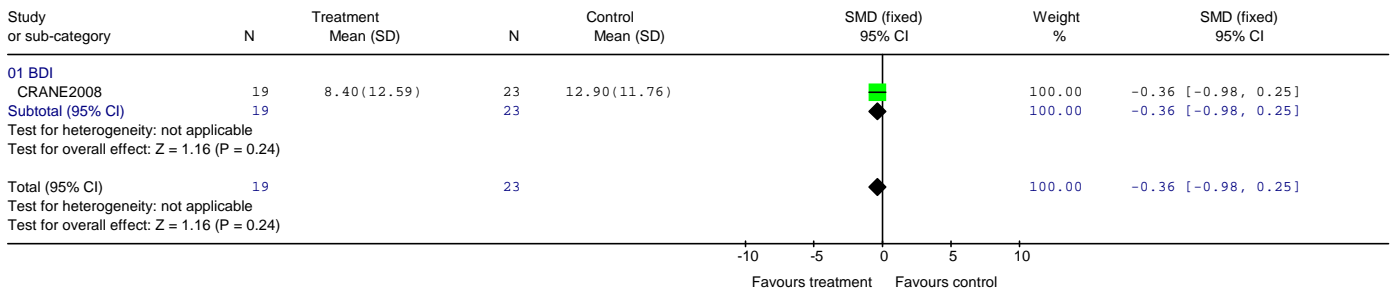


Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 23 Group CBT - Mindfulness v control
 Outcome: 02 Group CBT + GP care v GP care: Relapse

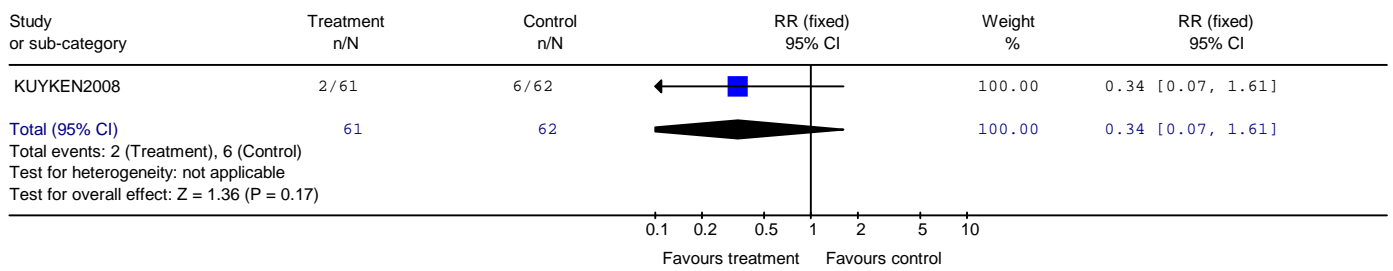


Appendix 19b: Psychological clinical evidence forest plots

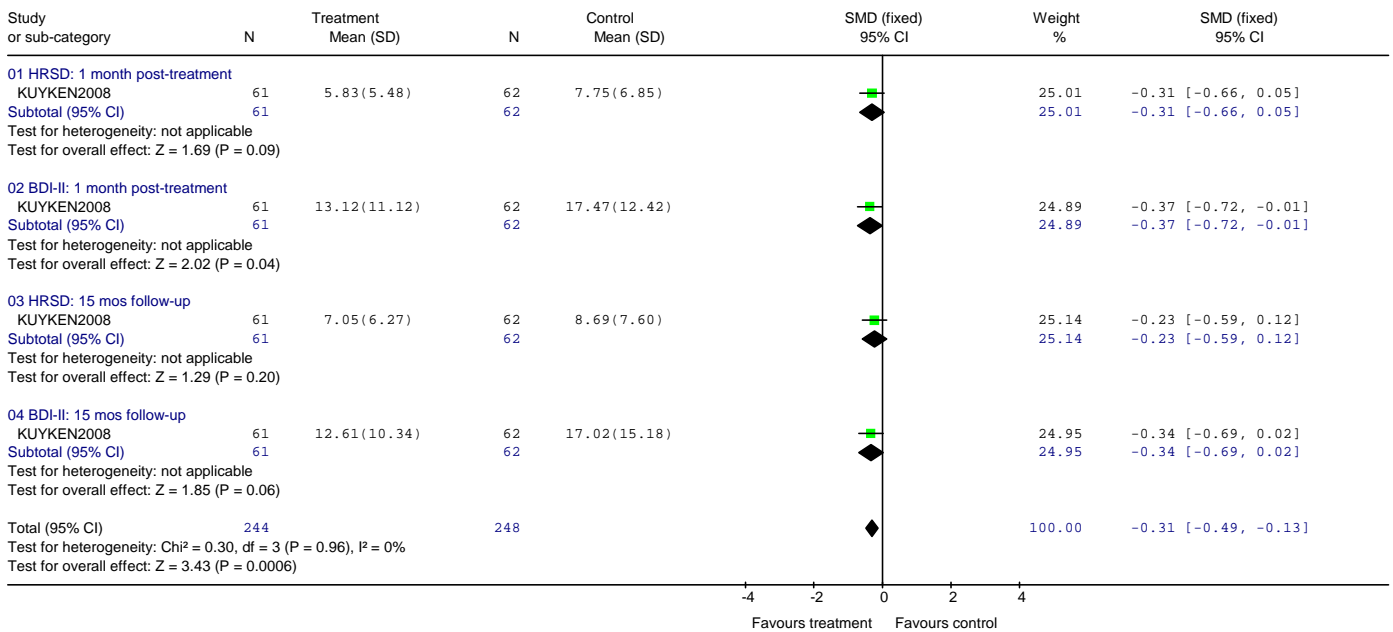
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 23 Group CBT - Mindfulness v control
 Outcome: 03 CBT v wait list control: Depression scores: continuous measures at 1 month follow-up



Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 24 Group CBT: relapse prevention - Mindfulness v ADs
 Outcome: 01 Leaving the study early



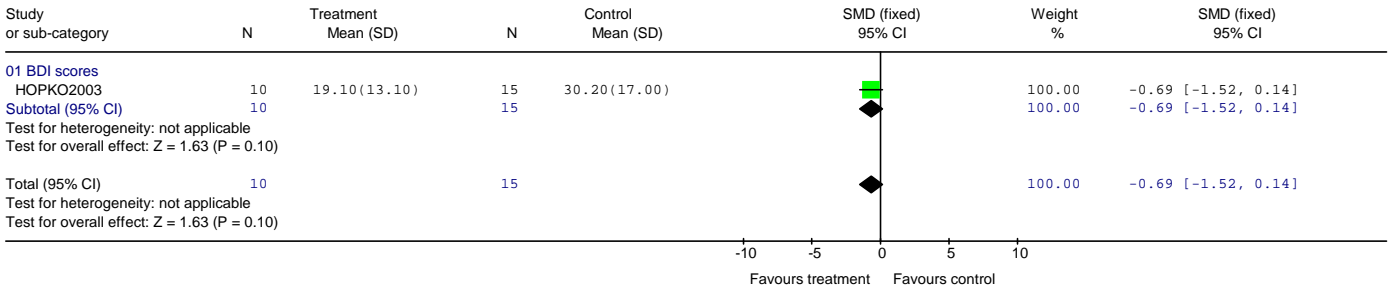
Review: Dep Up: Psychology: Cognitive and behavioural therapies (FINAL VERSION)
 Comparison: 24 Group CBT: relapse prevention - Mindfulness v ADs
 Outcome: 02 Depression scores: continuous measures



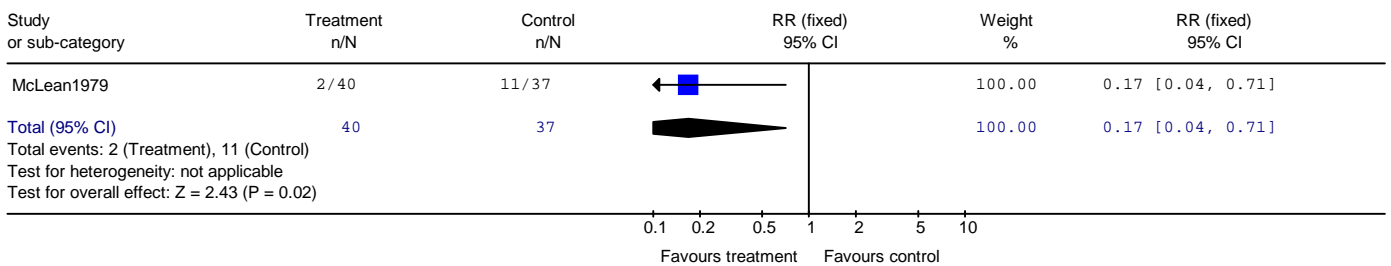
Appendix 19b: Psychological clinical evidence forest plots

Behavioural activation

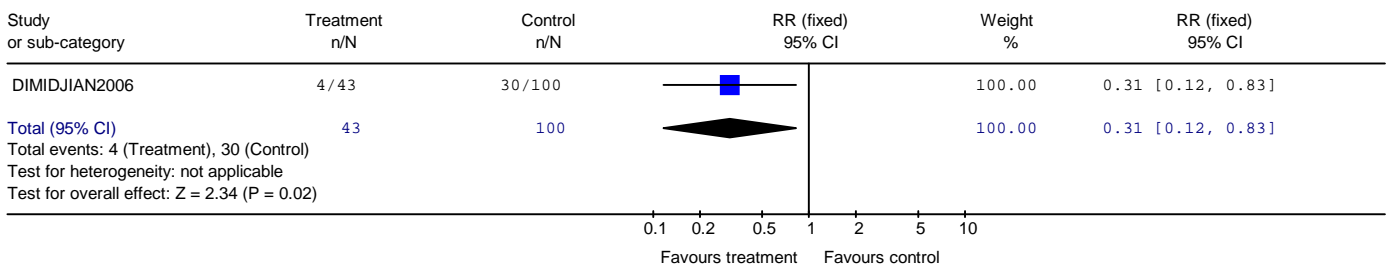
Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 01 BA v supportive psychotherapy
 Outcome: 01 Depression scores: continuous measures at post-treatment 2 weeks



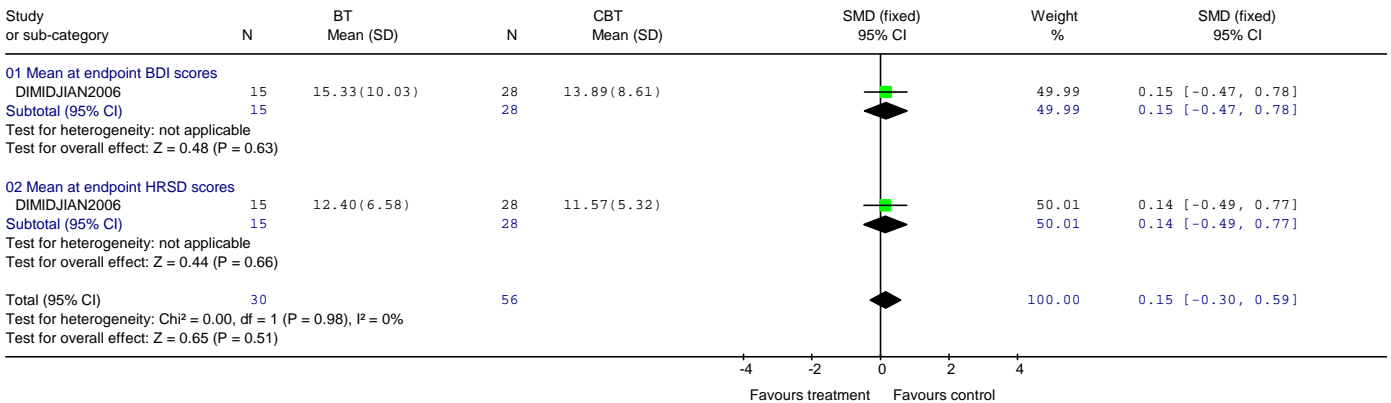
Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 01 BA v supportive psychotherapy
 Outcome: 02 Leaving study early



Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 02 BA v ADs
 Outcome: 01 Leaving study early

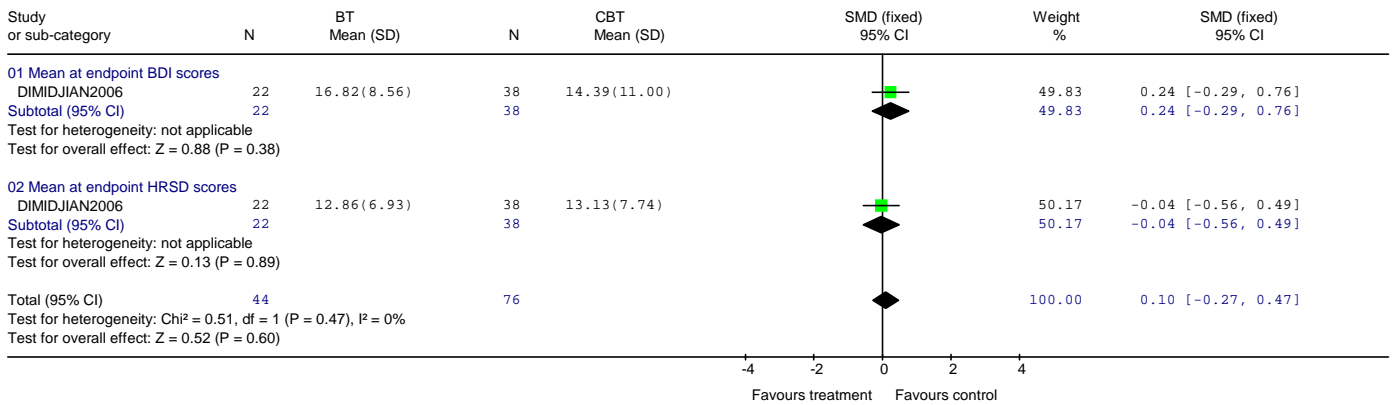


Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 02 BA v ADs
 Outcome: 02 Depression scores: continuous measures at endpoint (moderate severity) 8 weeks

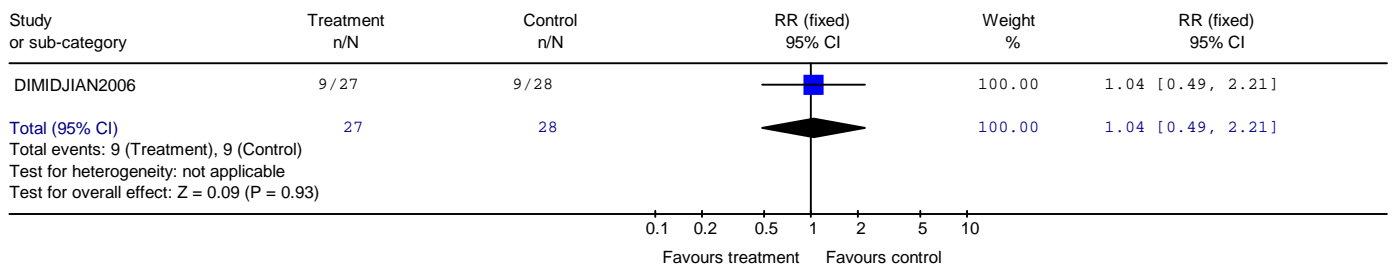


Appendix 19b: Psychological clinical evidence forest plots

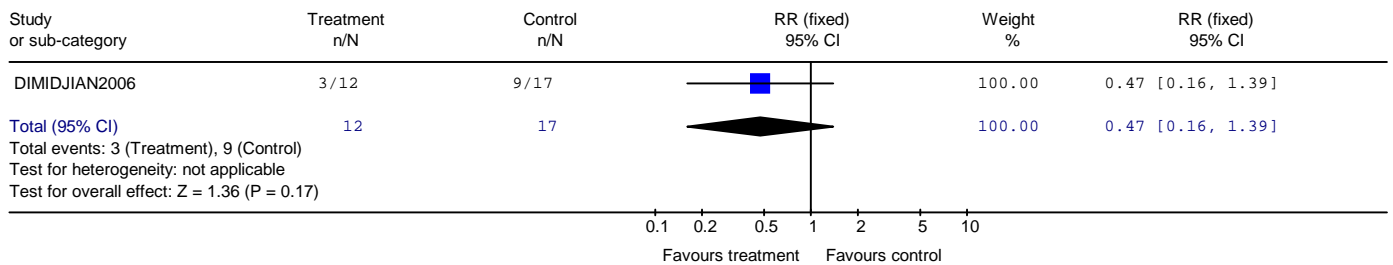
Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 02 BA v ADs
 Outcome: 03 Depression scores: continuous measures at endpoint (high severity) 8 weeks



Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 02 BA v ADs
 Outcome: 04 Relapse at 1 year

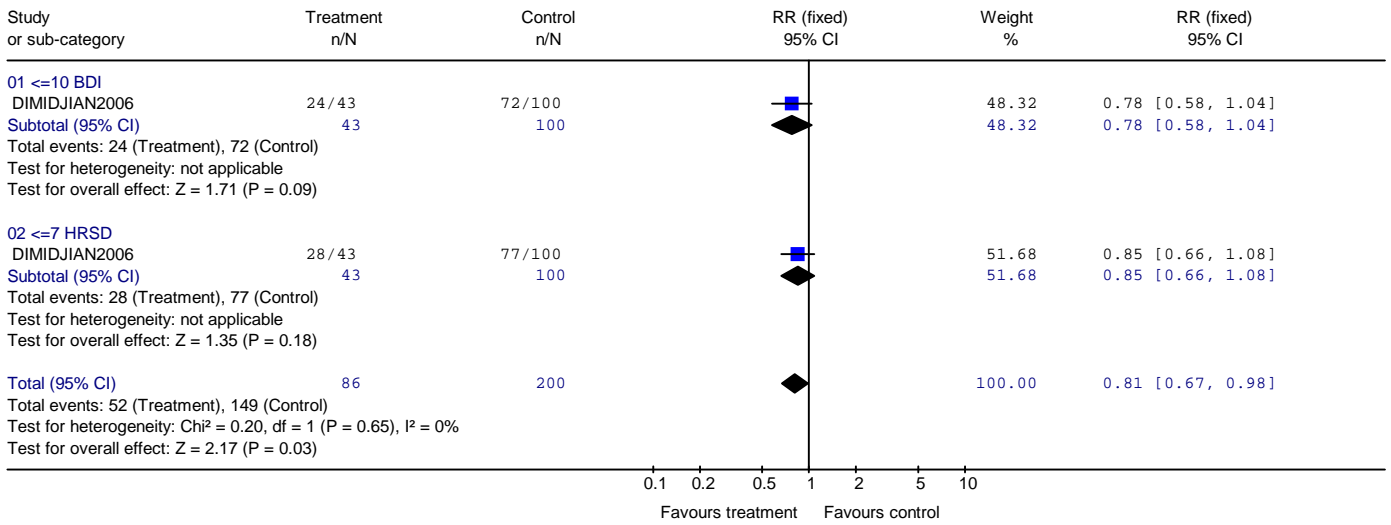


Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 02 BA v ADs
 Outcome: 05 Recurrence at 2 years

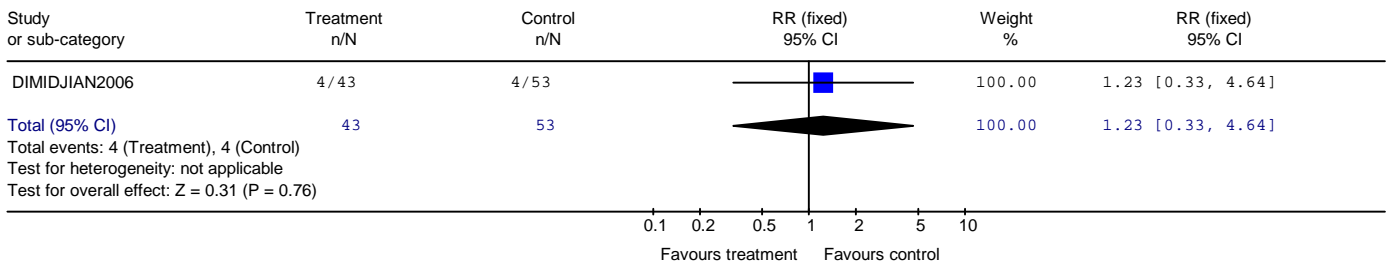


Appendix 19b: Psychological clinical evidence forest plots

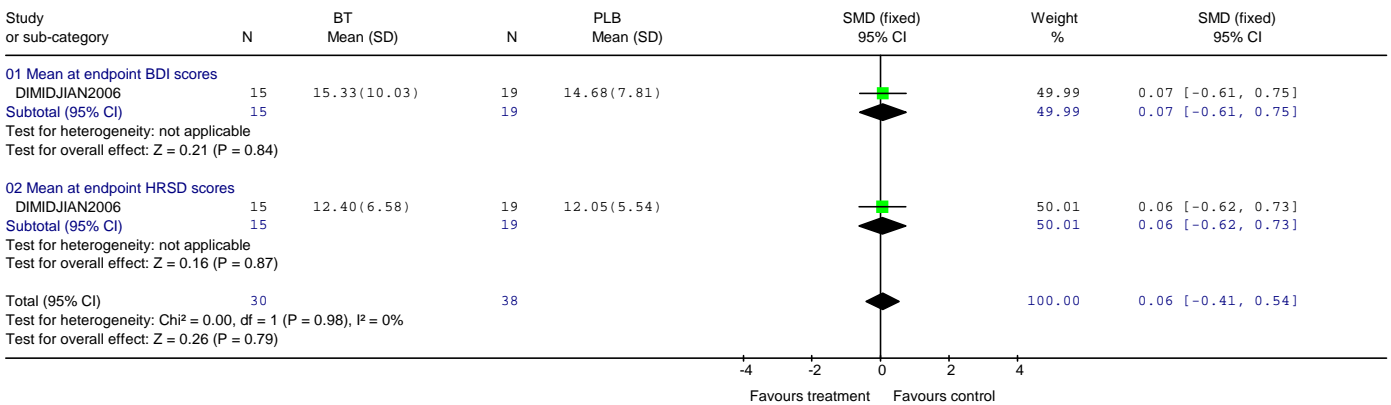
Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 02 BA v ADs
 Outcome: 06 No. not achieving remission



Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 03 BA v PLB
 Outcome: 01 Leaving study early

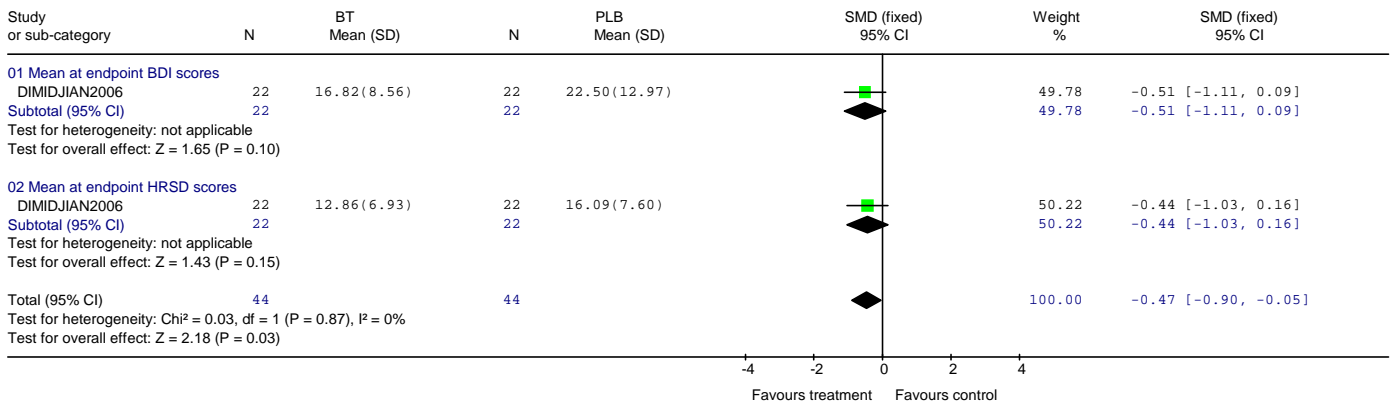


Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 03 BA v PLB
 Outcome: 02 Depression scores: continuous measures at endpoint (moderate severity) 8 weeks



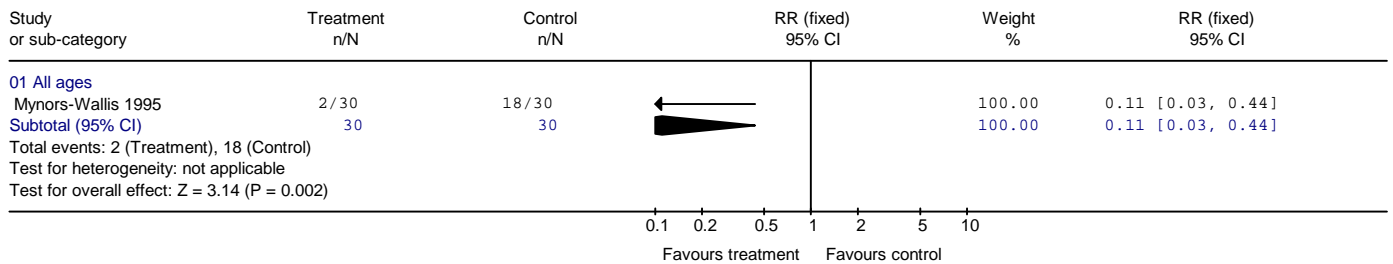
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Behaviour activation (FINAL VERSION)
 Comparison: 03 BA v PLB
 Outcome: 03 Depression scores: continuous measures at endpoint (high severity) 8 weeks

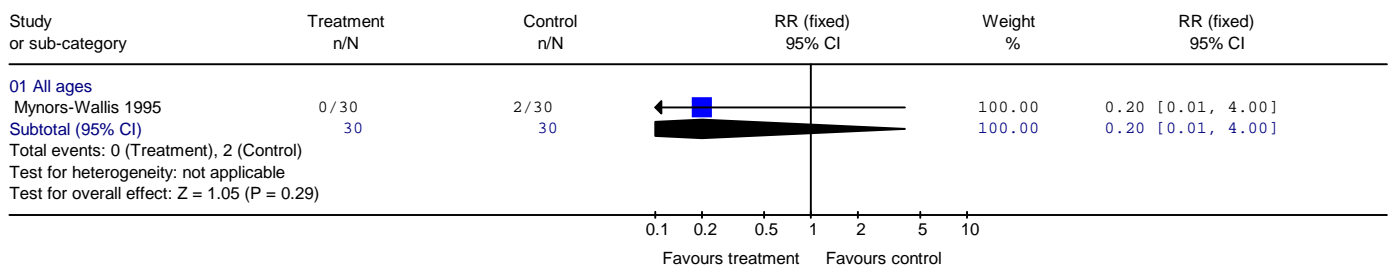


Problem solving

Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 01 Problem solving v placebo
 Outcome: 01 Leaving the study early for any reason

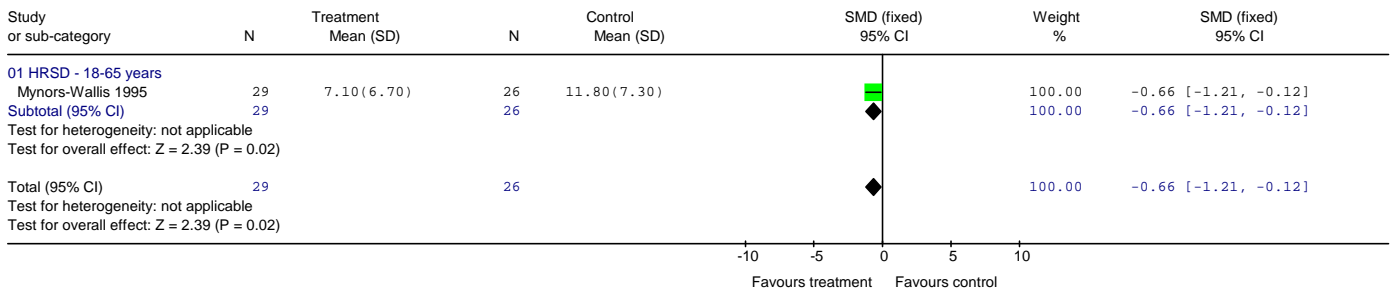


Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 01 Problem solving v placebo
 Outcome: 02 Leaving the study due to side effects

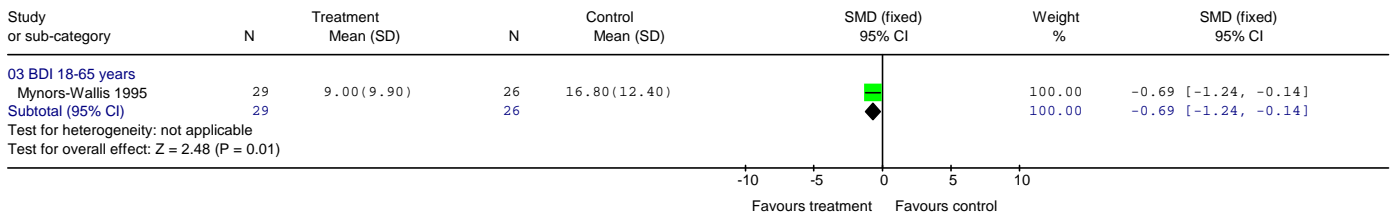


Appendix 19b: Psychological clinical evidence forest plots

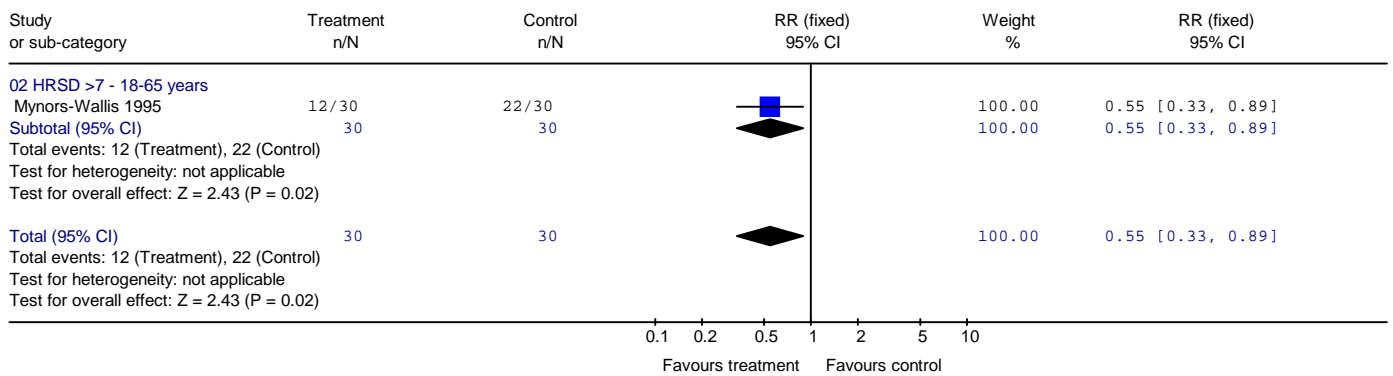
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 01 Problem solving v placebo
 Outcome: 03 Depression scores: continuous measures post-treatment (HRSD)



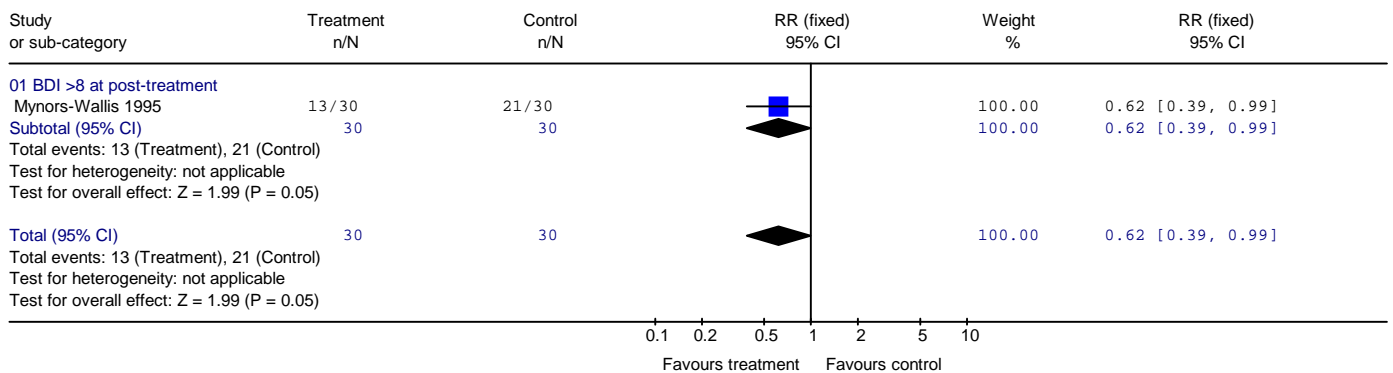
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 01 Problem solving v placebo
 Outcome: 04 Depression scores: continuous measures post-treatment (BDI)



Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 01 Problem solving v placebo
 Outcome: 05 Depression scores: dichotomous outcomes post treatment (HRSD)

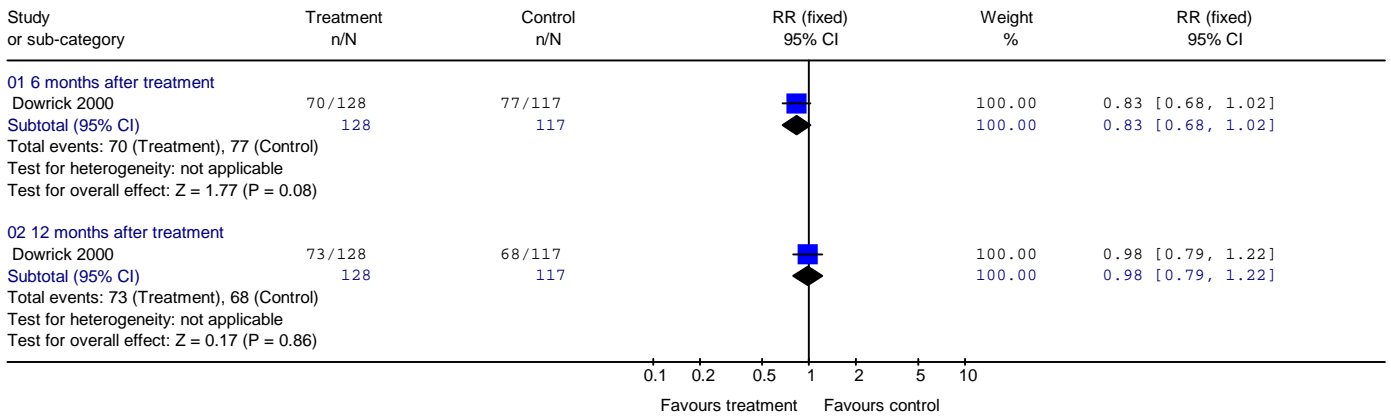


Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 01 Problem solving v placebo
 Outcome: 06 Depression scores: dichotomous outcomes post treatment (BDI)

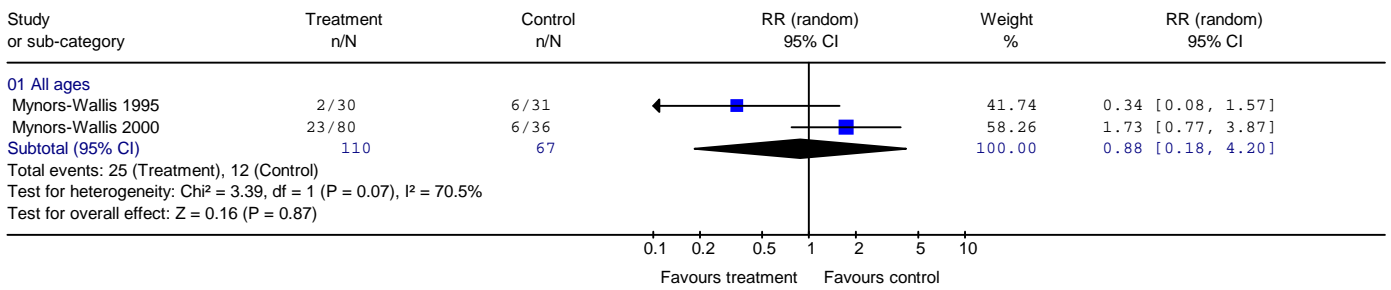


Appendix 19b: Psychological clinical evidence forest plots

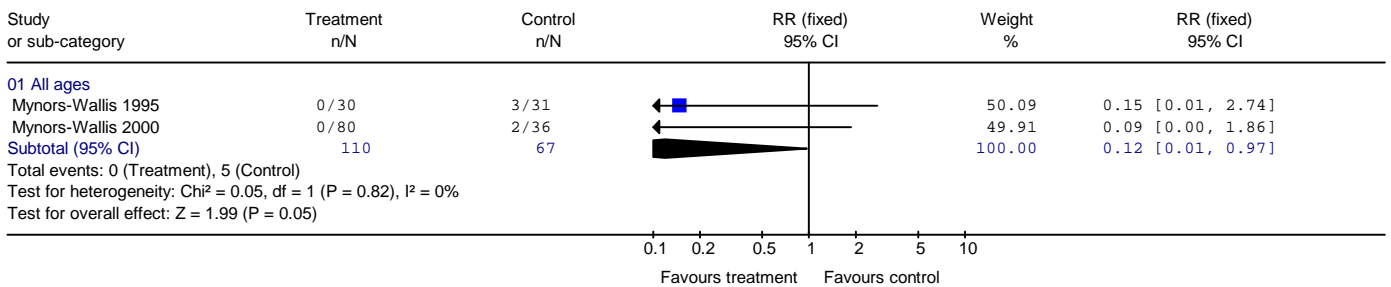
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 01 Problem solving v placebo
 Outcome: 07 Number diagnosed with depressive disorder



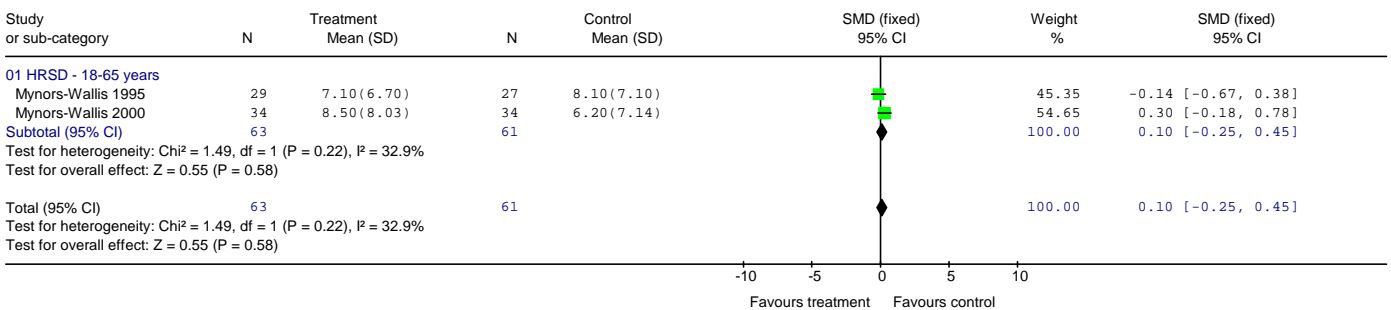
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 02 Problem solving v AD
 Outcome: 01 Leaving the study early for any reason



Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 02 Problem solving v AD
 Outcome: 02 Leaving the study due to side effects

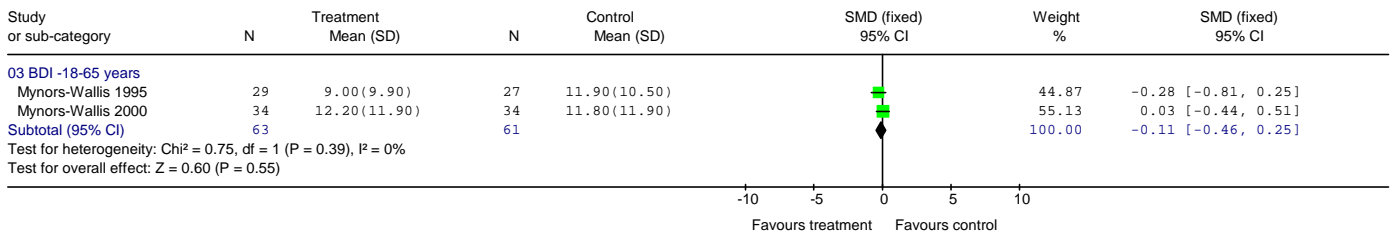


Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 02 Problem solving v AD
 Outcome: 03 Depression scores: continuous measures post-treatment (HRSD)

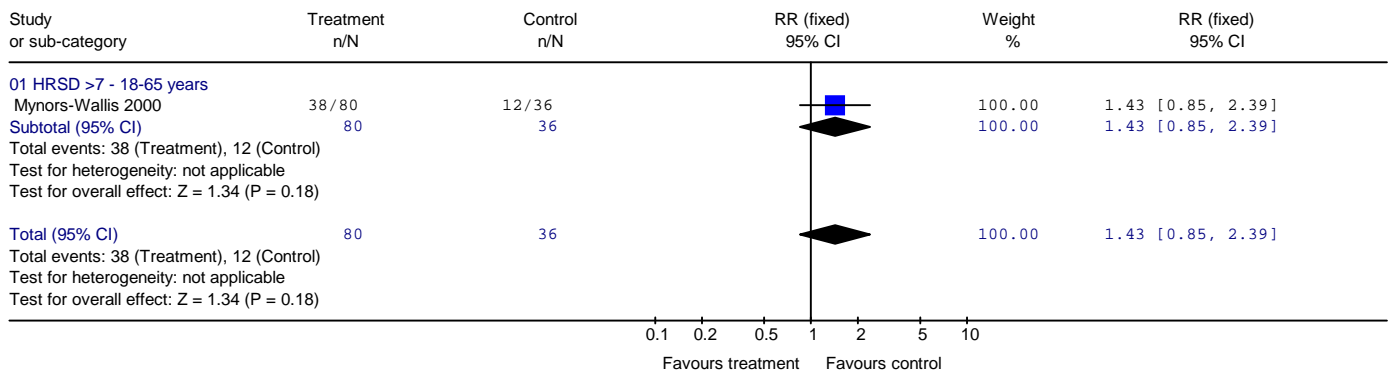


Appendix 19b: Psychological clinical evidence forest plots

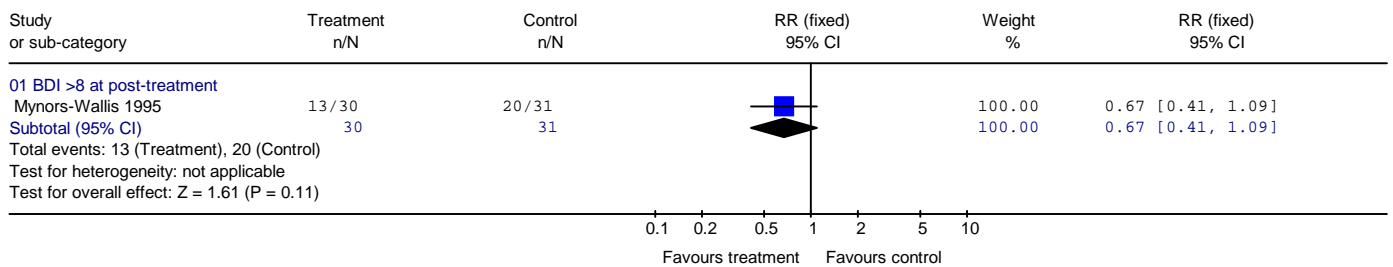
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 02 Problem solving v AD
 Outcome: 04 Depression scores: continuous measures post-treatment (BDI)



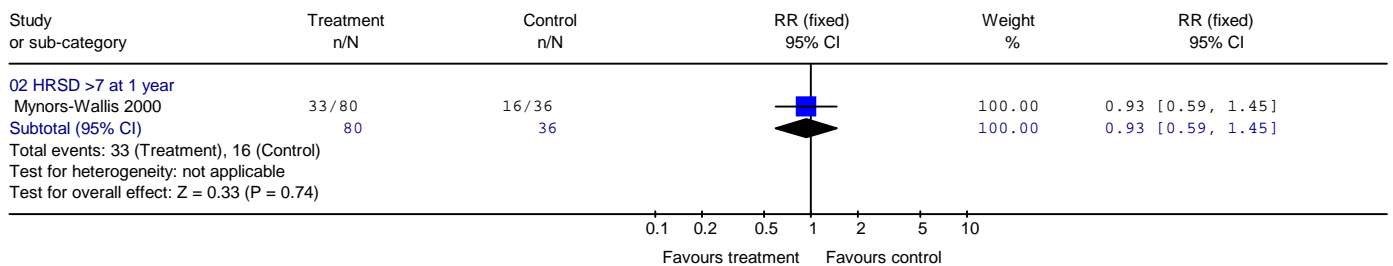
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 02 Problem solving v AD
 Outcome: 05 Depression scores: dichotomous outcomes post treatment (HRSD)



Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 02 Problem solving v AD
 Outcome: 06 Depression scores: dichotomous outcomes post treatment (BDI)

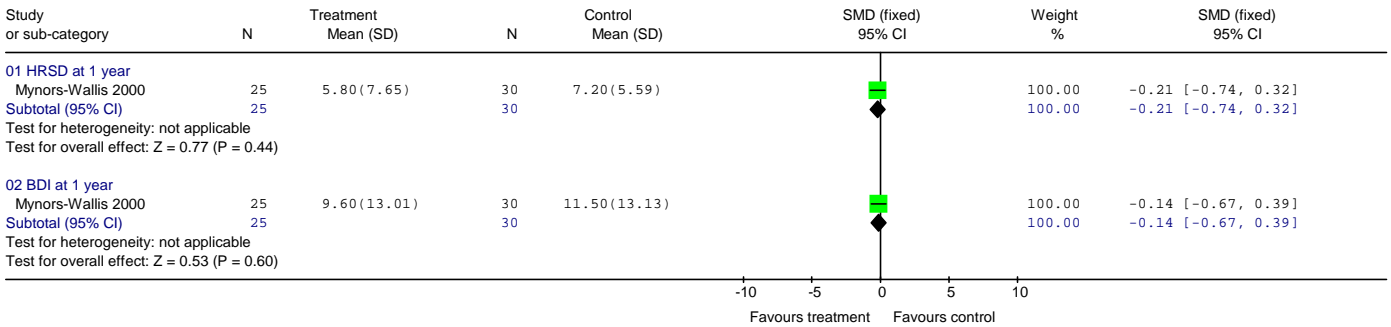


Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 02 Problem solving v AD
 Outcome: 07 Depression scores: dichotomous outcomes at follow-up

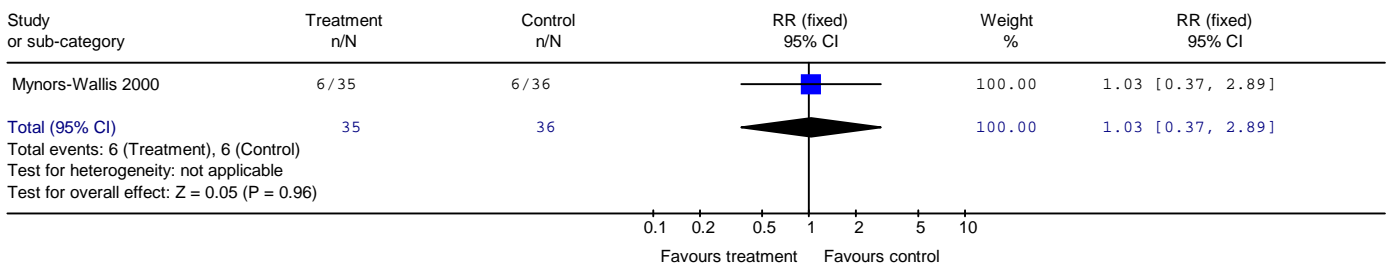


Appendix 19b: Psychological clinical evidence forest plots

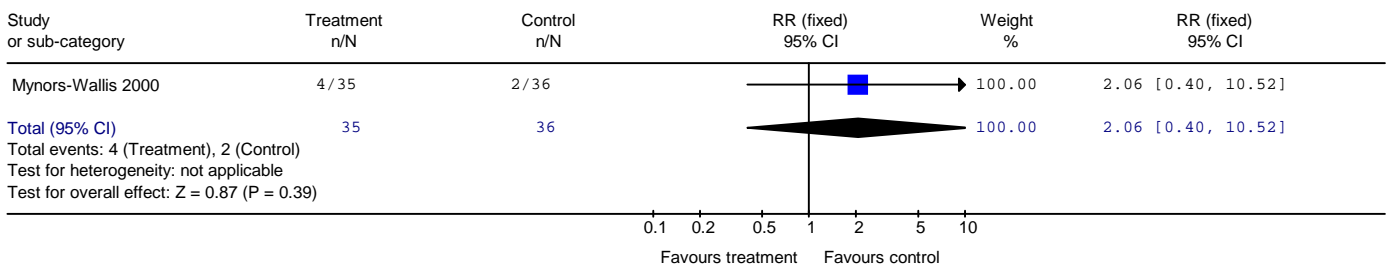
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 02 Problem solving v AD
 Outcome: 08 Depression scores: continuous measures at follow-up



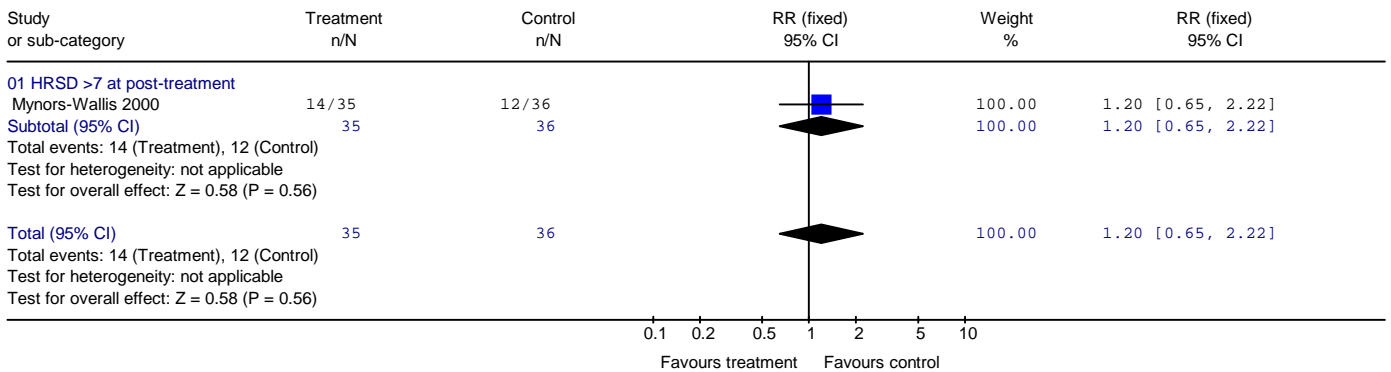
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 03 Problem-solving + AD v AD
 Outcome: 01 Leaving the study early for any reason



Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 03 Problem-solving + AD v AD
 Outcome: 02 Leaving the study early due to side effects

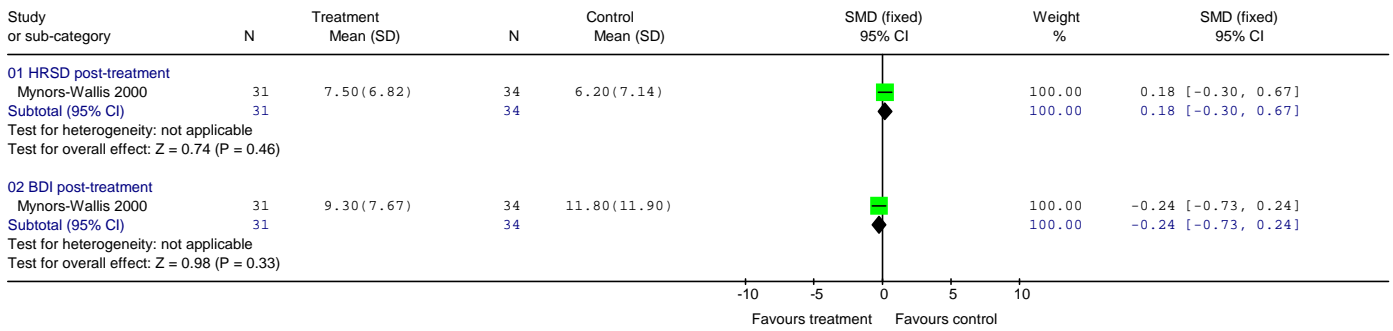


Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 03 Problem-solving + AD v AD
 Outcome: 03 Depression scores: dichotomous outcomes post treatment

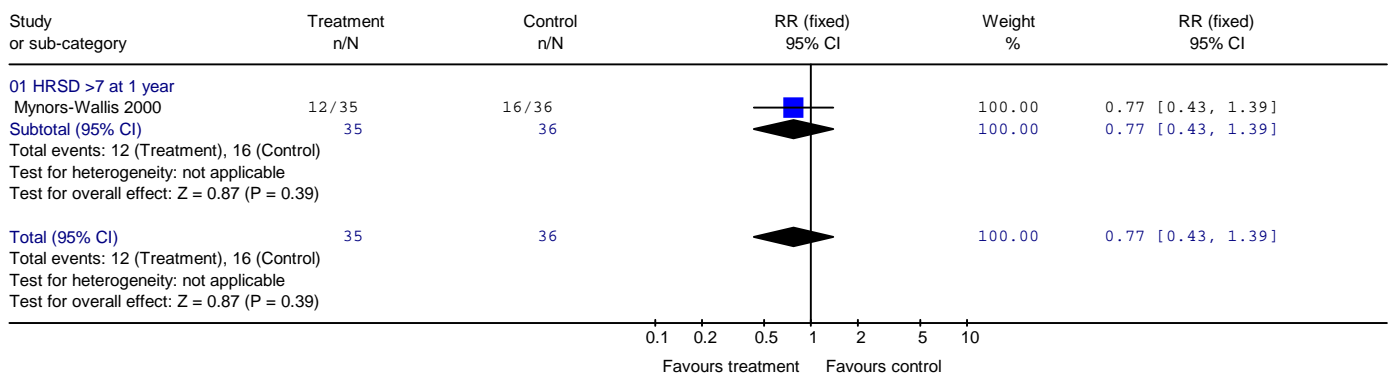


Appendix 19b: Psychological clinical evidence forest plots

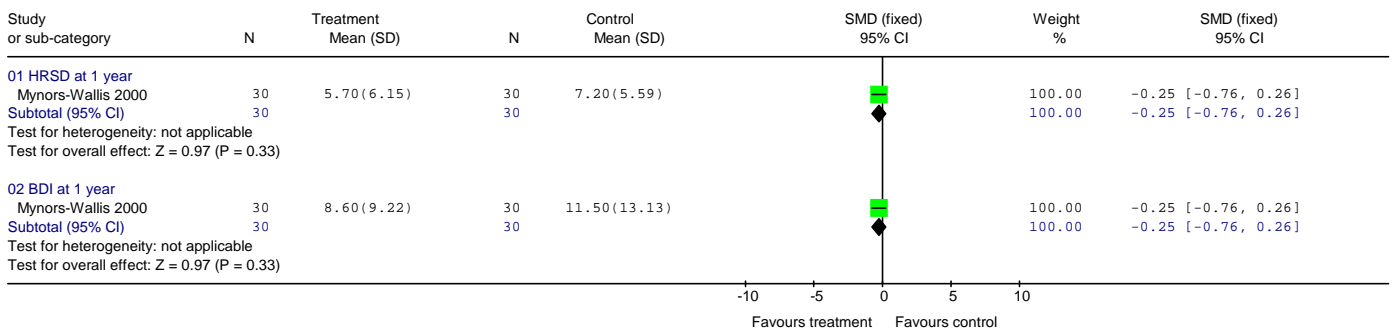
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 03 Problem-solving + AD v AD
 Outcome: 04 Depression scores: continuous measures post-treatment



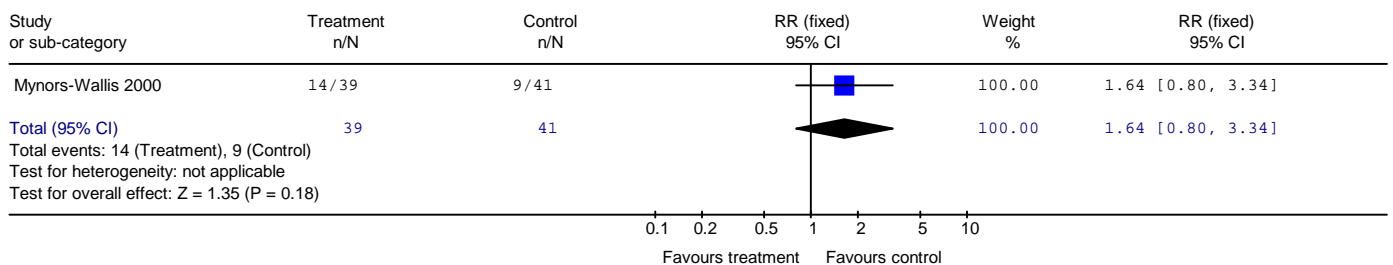
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 03 Problem-solving + AD v AD
 Outcome: 05 Depression scores: dichotomous outcomes at follow-up



Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 03 Problem-solving + AD v AD
 Outcome: 06 Depression scores: continuous measures at follow-up

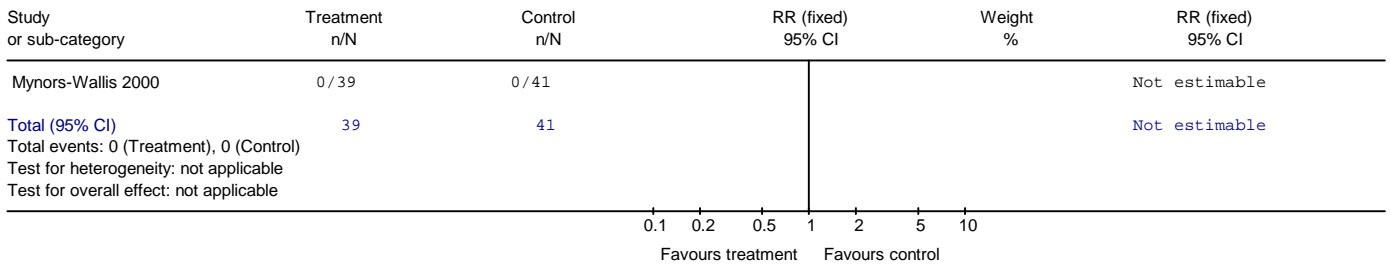


Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 04 PS (GP) v PS (Nurse)
 Outcome: 01 Leaving the study early for any reason

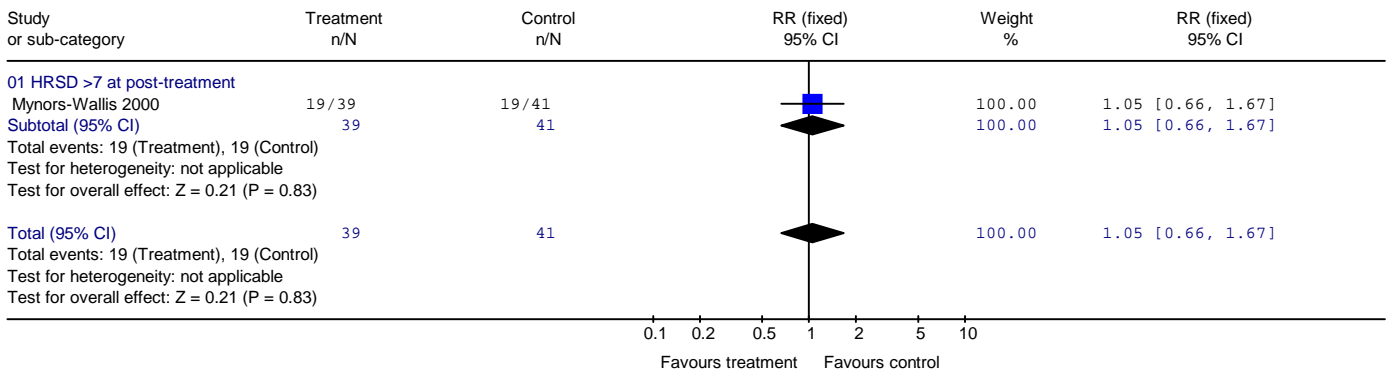


Appendix 19b: Psychological clinical evidence forest plots

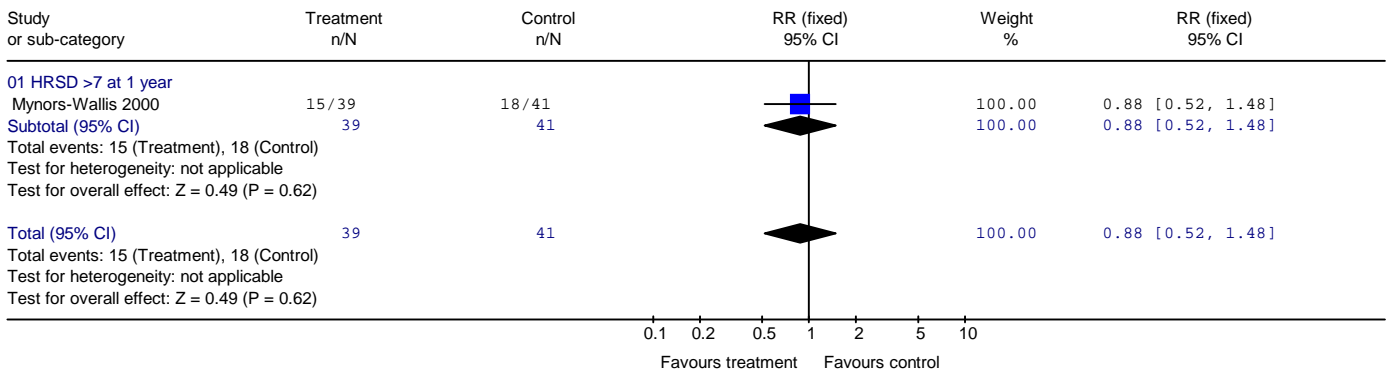
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 04 PS (GP) v PS (Nurse)
 Outcome: 02 Leaving the study early due to side effects



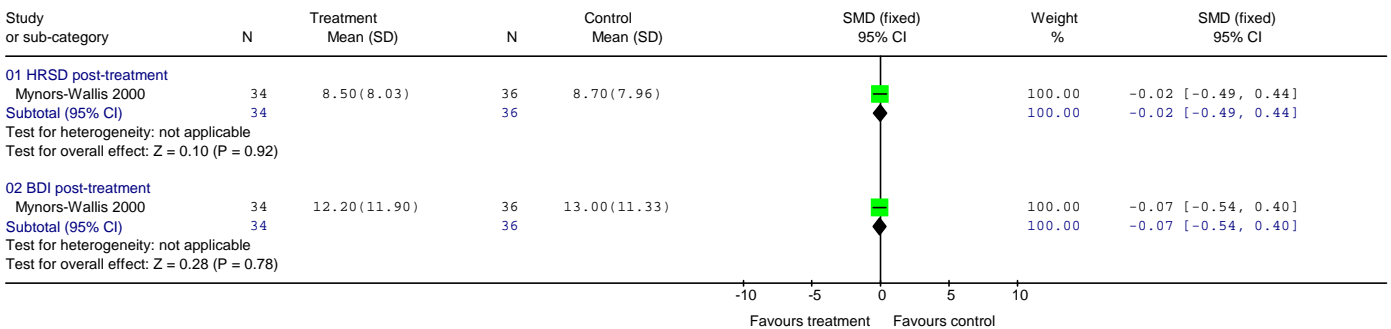
Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 04 PS (GP) v PS (Nurse)
 Outcome: 03 Depression scores: dichotomous outcomes post treatment



Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 04 PS (GP) v PS (Nurse)
 Outcome: 04 Depression scores: dichotomous outcomes follow-up

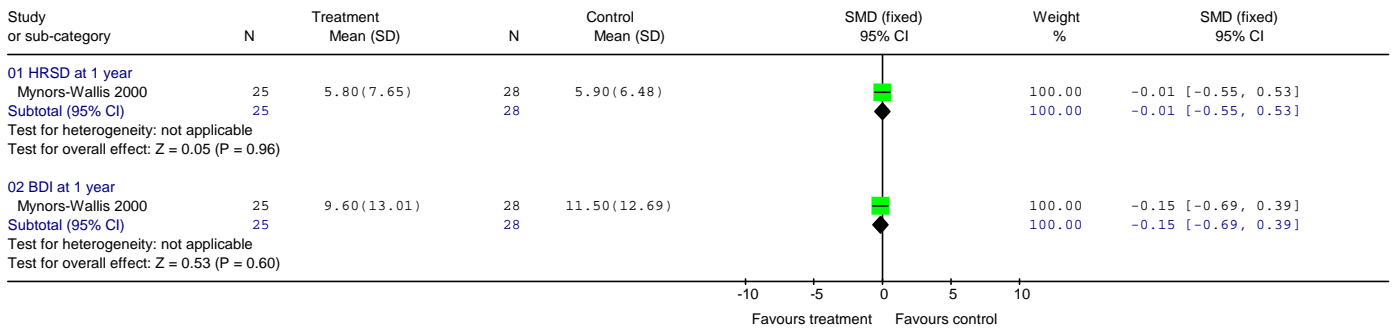


Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 04 PS (GP) v PS (Nurse)
 Outcome: 05 Depression scores: continuous measures post-treatment



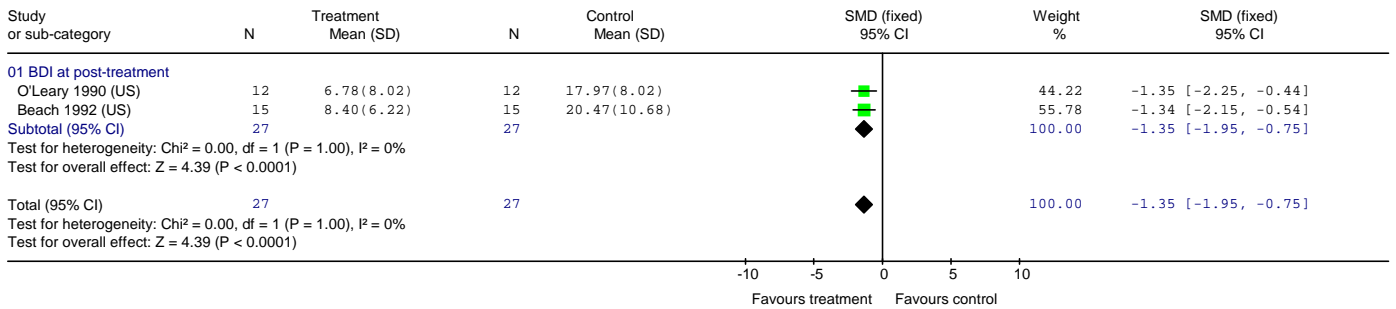
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Problem Solving (FINAL VERSION)
 Comparison: 04 PS (GP) v PS (Nurse)
 Outcome: 06 Depression scores: continuous measures at follow-up

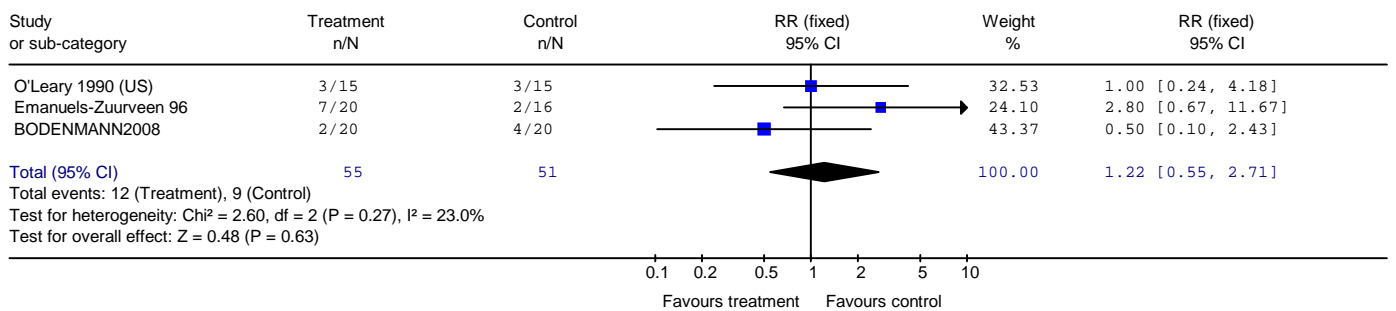


Couples therapy

Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 01 Couples therapy v Wait list control
 Outcome: 01 Depression scores: continuous measures post-treatment

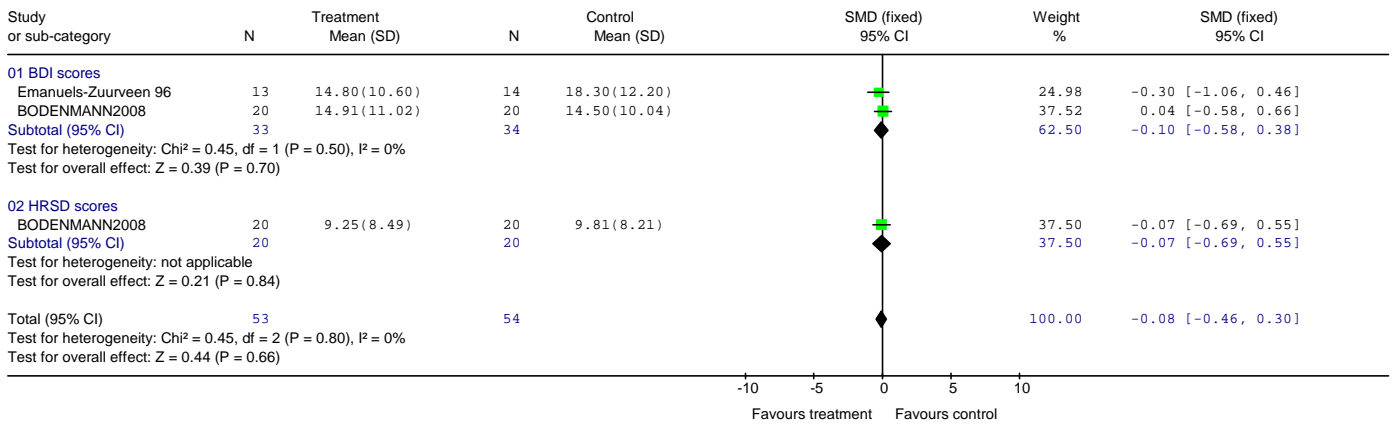


Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 02 Couples therapy v CBT
 Outcome: 01 Leaving study early

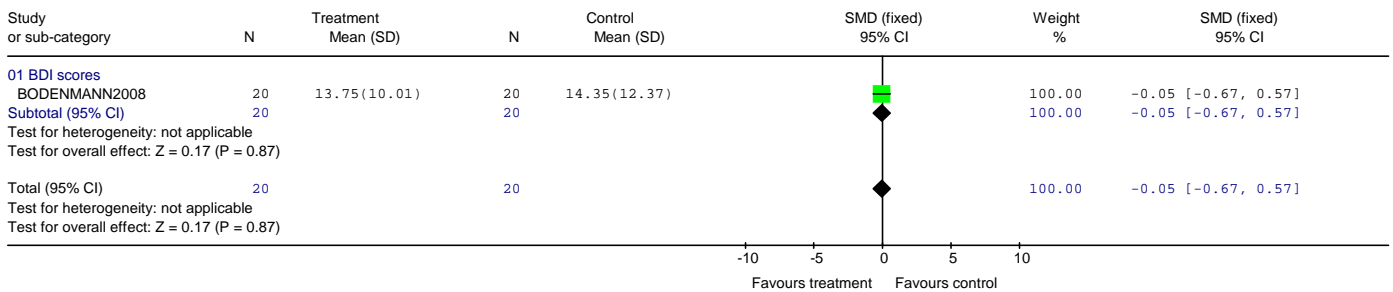


Appendix 19b: Psychological clinical evidence forest plots

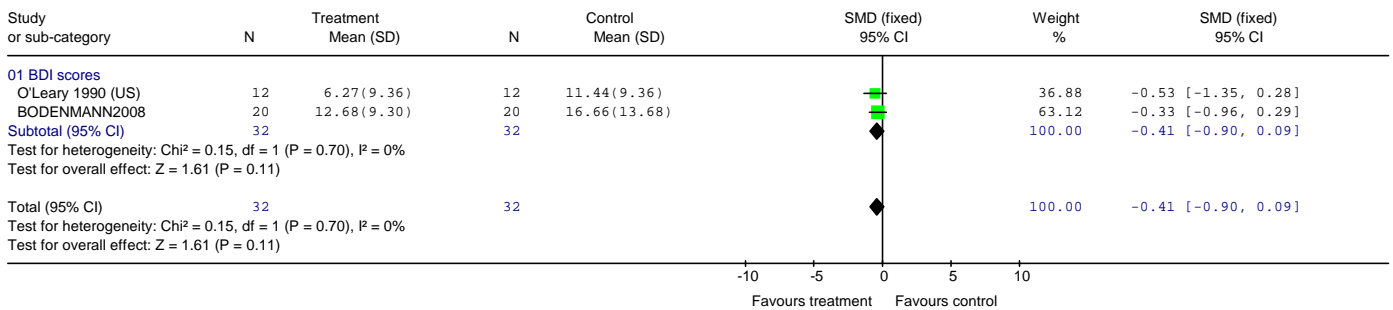
Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 02 Couples therapy v CBT
 Outcome: 02 Depression scores: at post-treatment



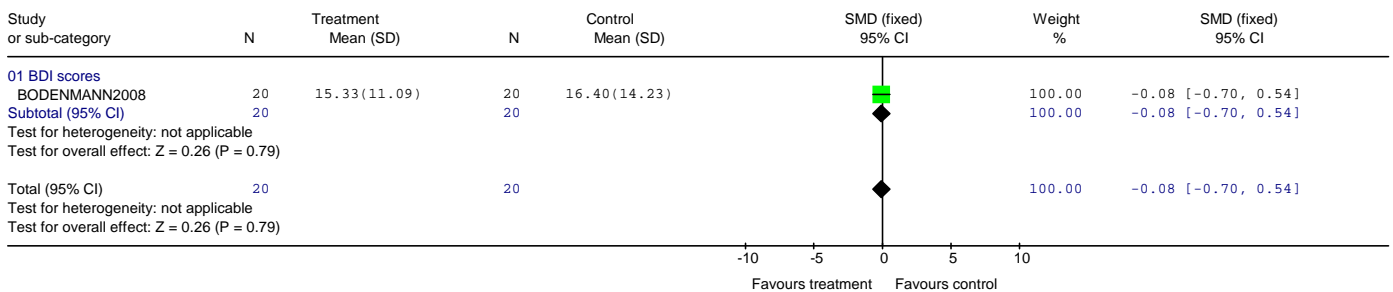
Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 02 Couples therapy v CBT
 Outcome: 03 Depression scores: at 6 mos follow-up



Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 02 Couples therapy v CBT
 Outcome: 04 Depression scores: at 1 year follow-up

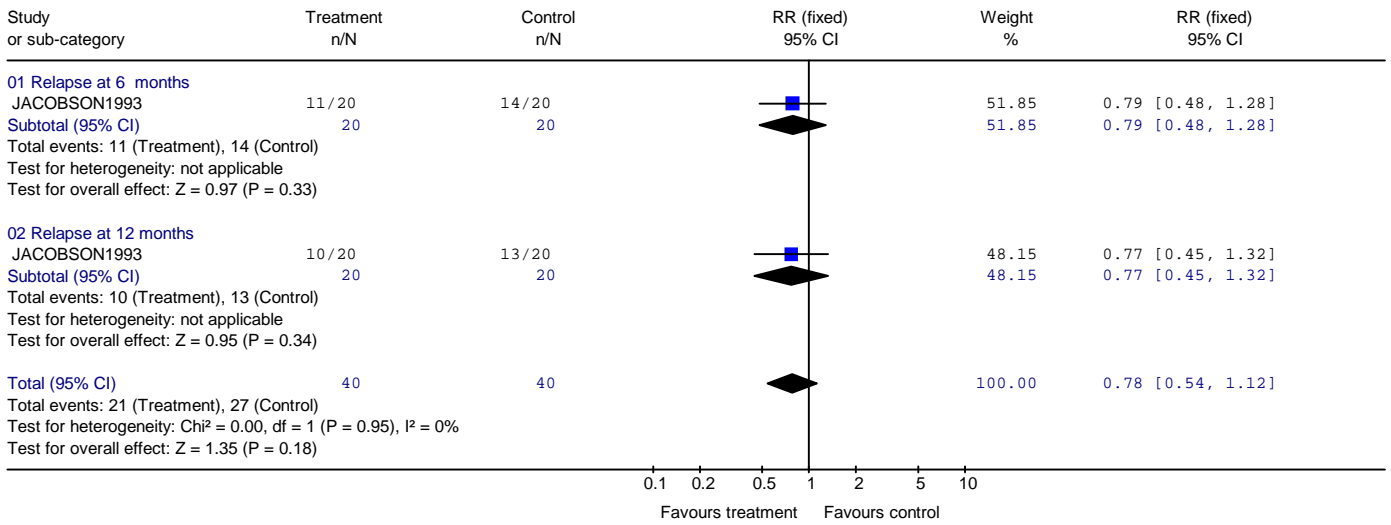


Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 02 Couples therapy v CBT
 Outcome: 05 Depression scores: at 1.5 yrs. follow-up

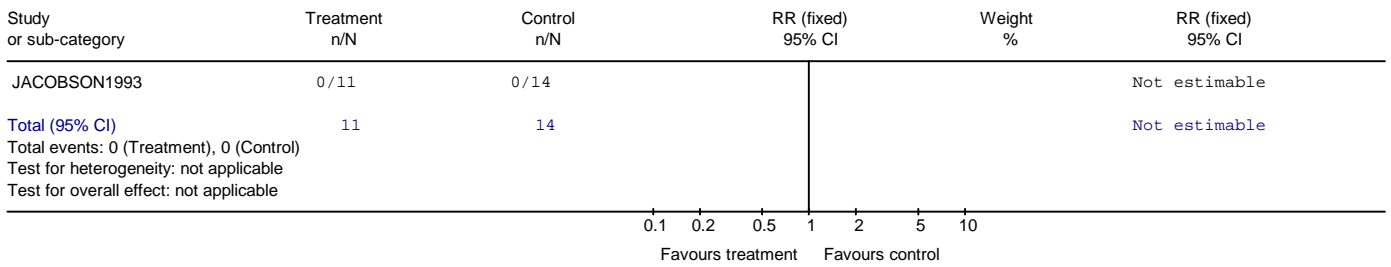


Appendix 19b: Psychological clinical evidence forest plots

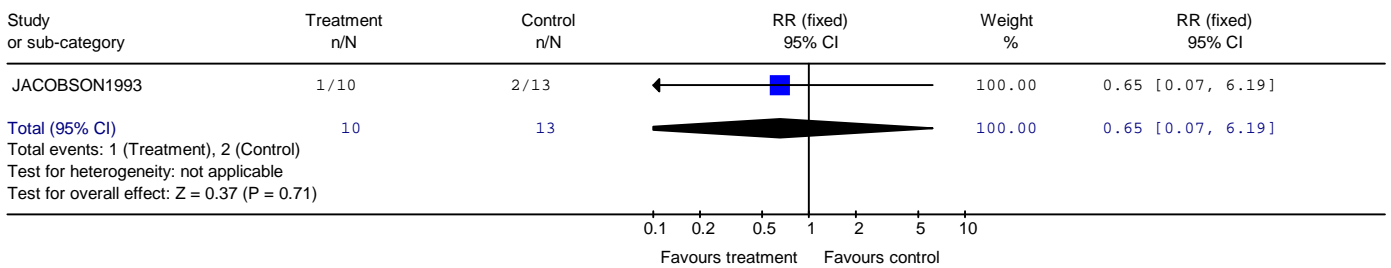
Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 02 Couples therapy v CBT
 Outcome: 06 Behavioural couple therapy: Depression scores: dichotomous data



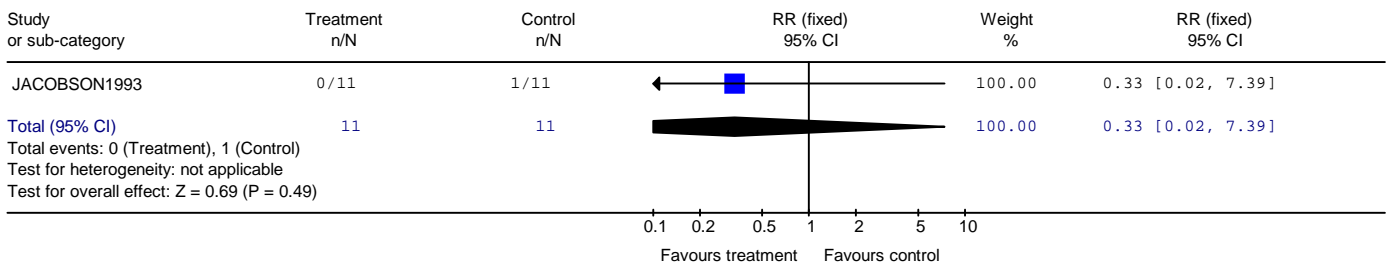
Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 03 Couples therapy + CBT v CBT
 Outcome: 01 Relapse at 6 months



Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 03 Couples therapy + CBT v CBT
 Outcome: 02 Relapse at 12 months

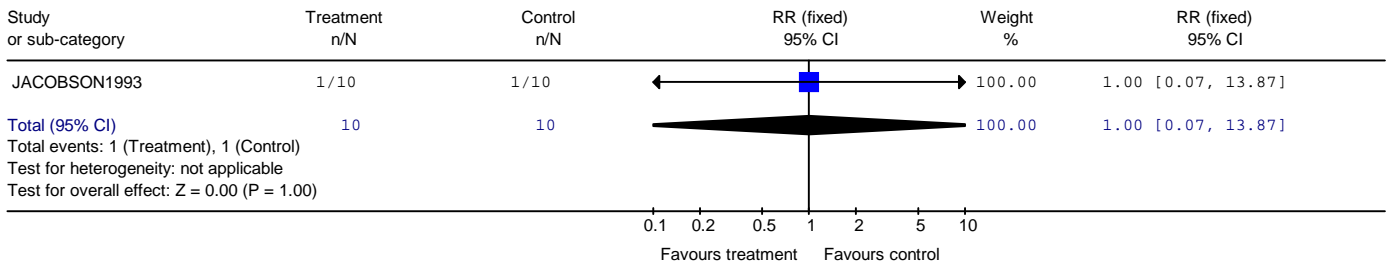


Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 04 Couples therapy + CBT v Couples therapy
 Outcome: 01 Relapse at 6 months

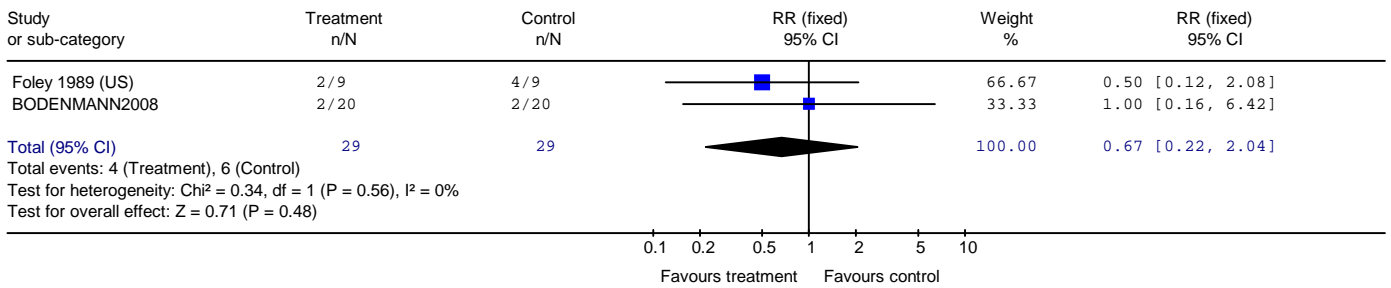


Appendix 19b: Psychological clinical evidence forest plots

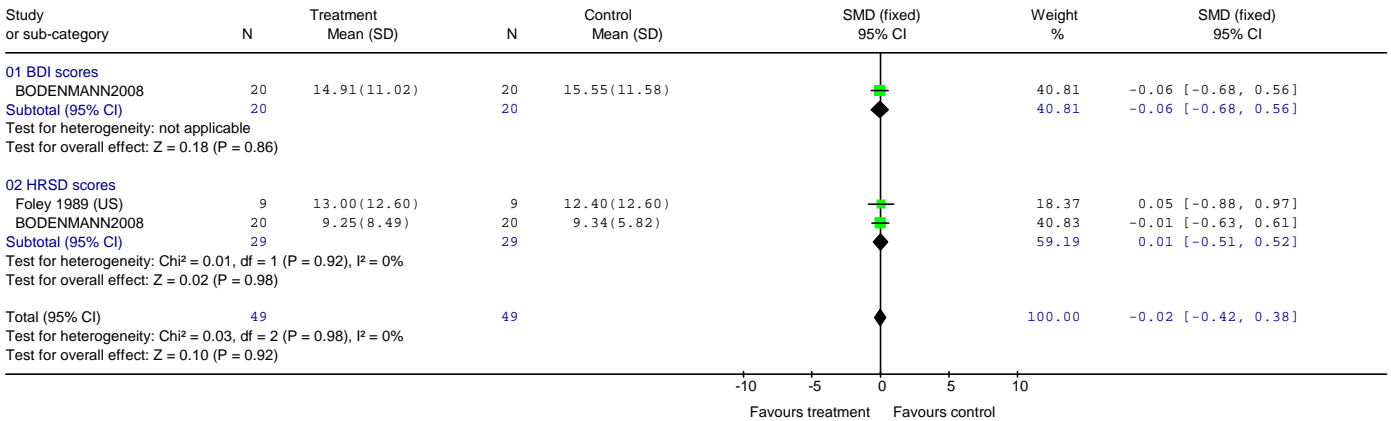
Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 04 Couples therapy + CBT v Couples therapy
 Outcome: 02 Relapse at 12 months



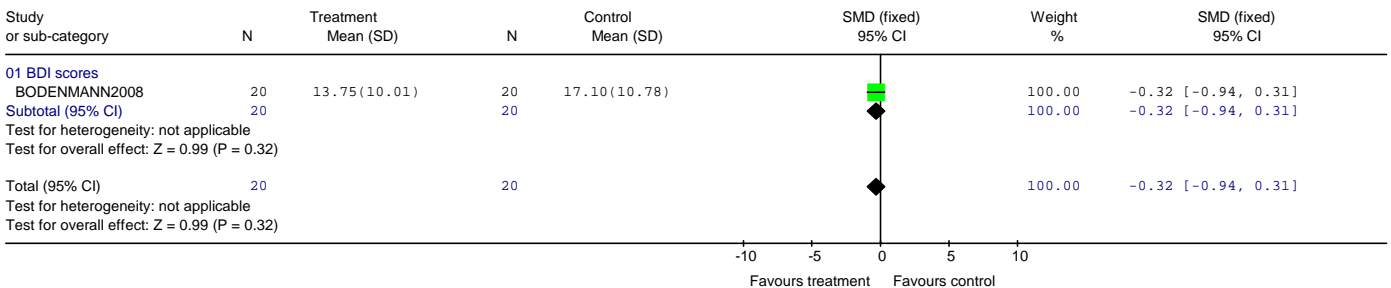
Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 05 Couples therapy v IPT
 Outcome: 01 Leaving study early



Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 05 Couples therapy v IPT
 Outcome: 02 Depression scores: at post-treatment

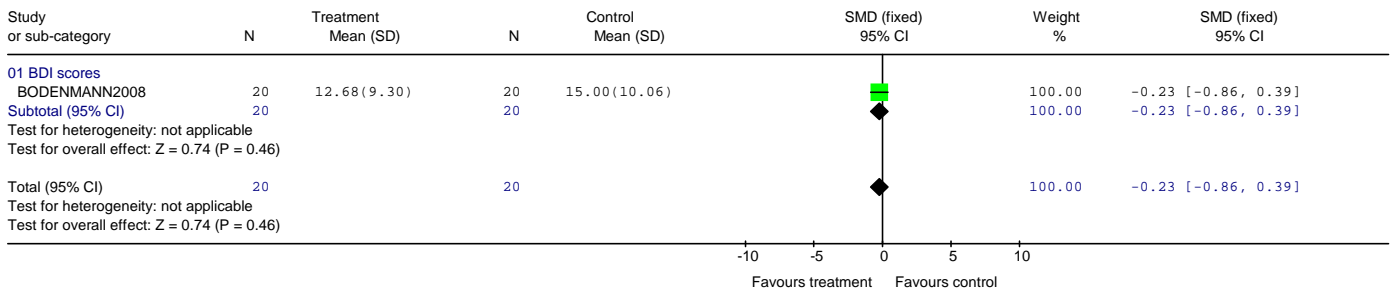


Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 05 Couples therapy v IPT
 Outcome: 03 Depression scores: at 6 mos follow-up

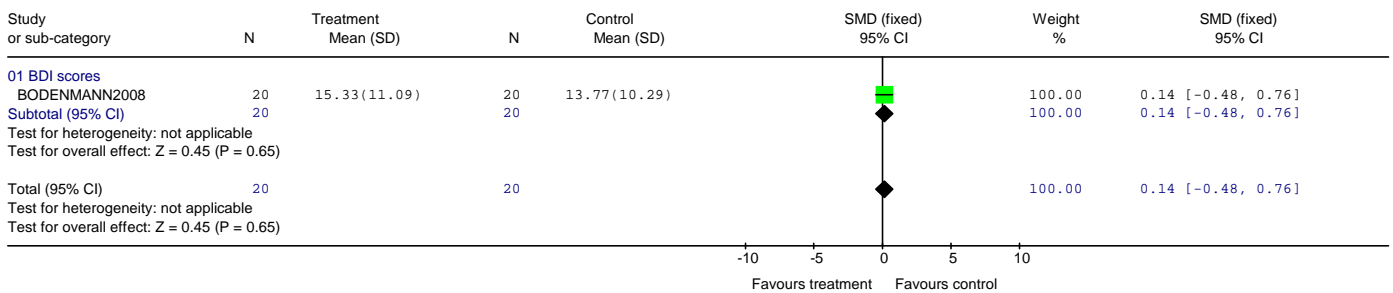


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 05 Couples therapy v IPT
 Outcome: 04 Depression scores: at 1 year follow-up

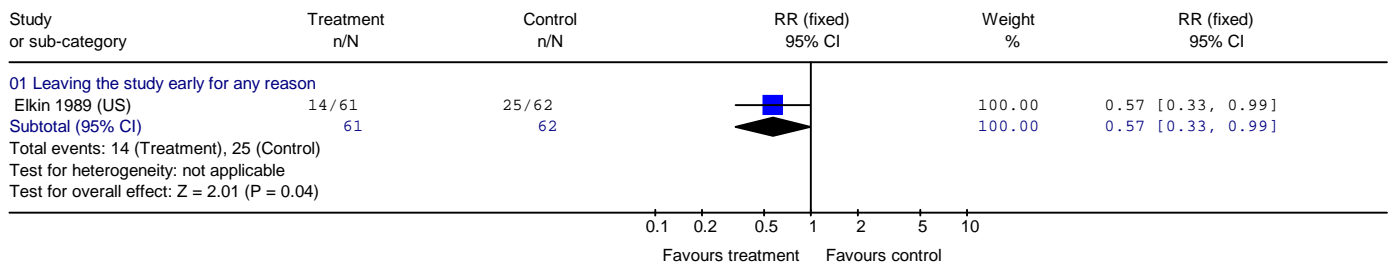


Review: Dep Up: Psychology: Couples therapy (FINAL VERSION)
 Comparison: 05 Couples therapy v IPT
 Outcome: 05 Depression scores: at 1.5 yrs. follow-up

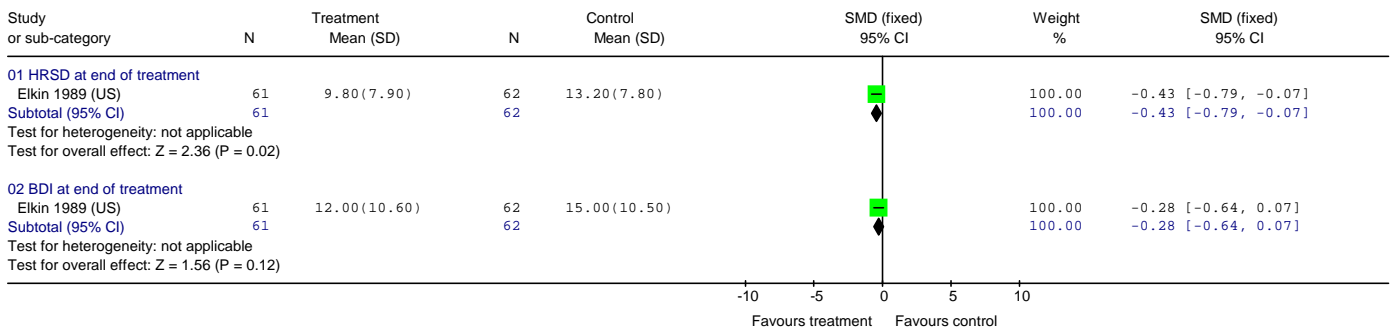


Interpersonal therapy

Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 01 IPT v placebo
 Outcome: 01 Tolerability

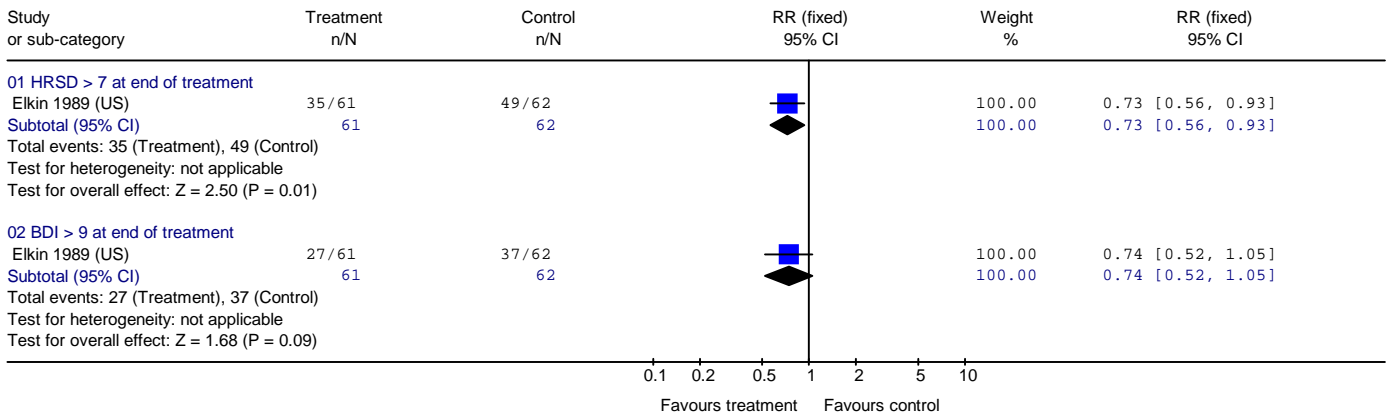


Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 01 IPT v placebo
 Outcome: 02 Depression scores: continuous measures post-treatment

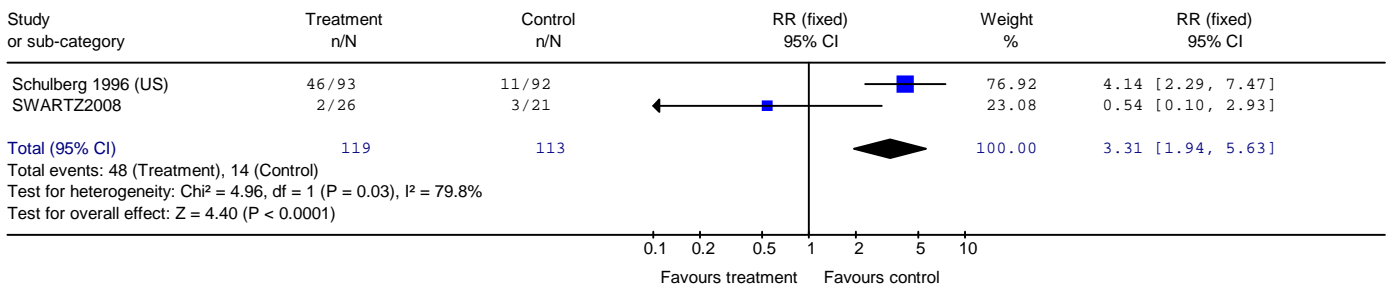


Appendix 19b: Psychological clinical evidence forest plots

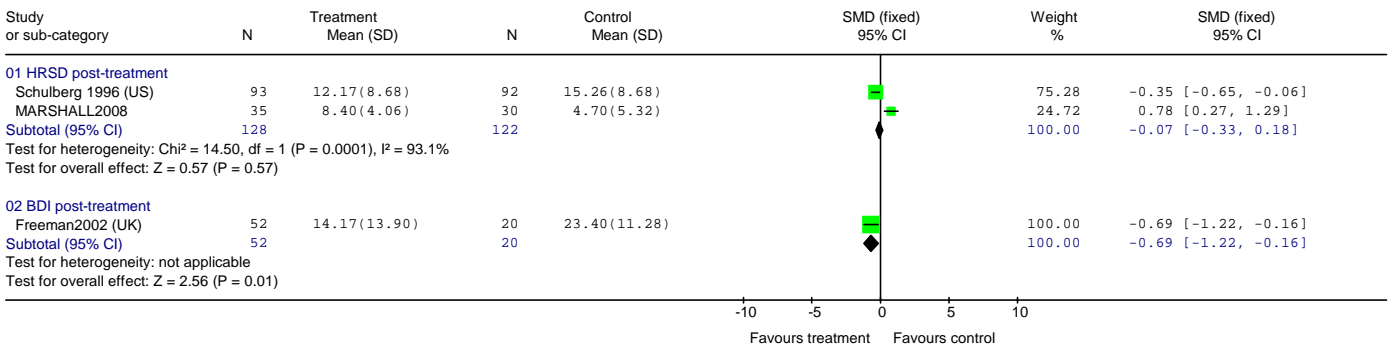
Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 01 IPT v placebo
 Outcome: 03 Depression score: dichotomous outcome post-treatment



Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 02 IPT v usual GP care (including ADs)
 Outcome: 01 Leaving the study early

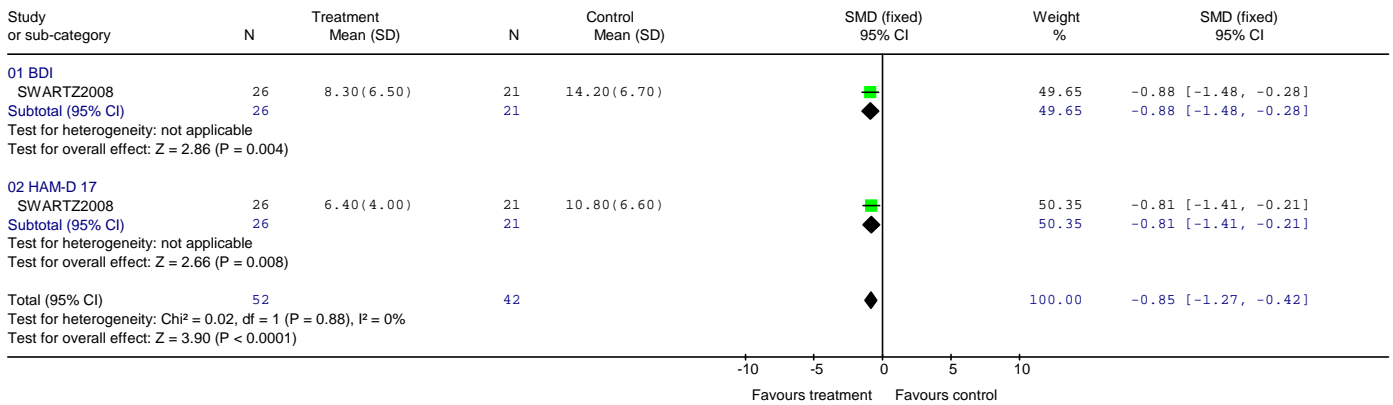


Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 02 IPT v usual GP care (including ADs)
 Outcome: 02 Depression scores: continuous measures post-treatment

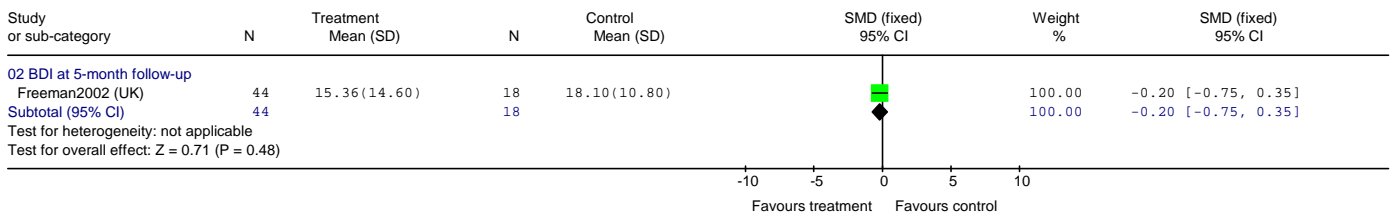


Appendix 19b: Psychological clinical evidence forest plots

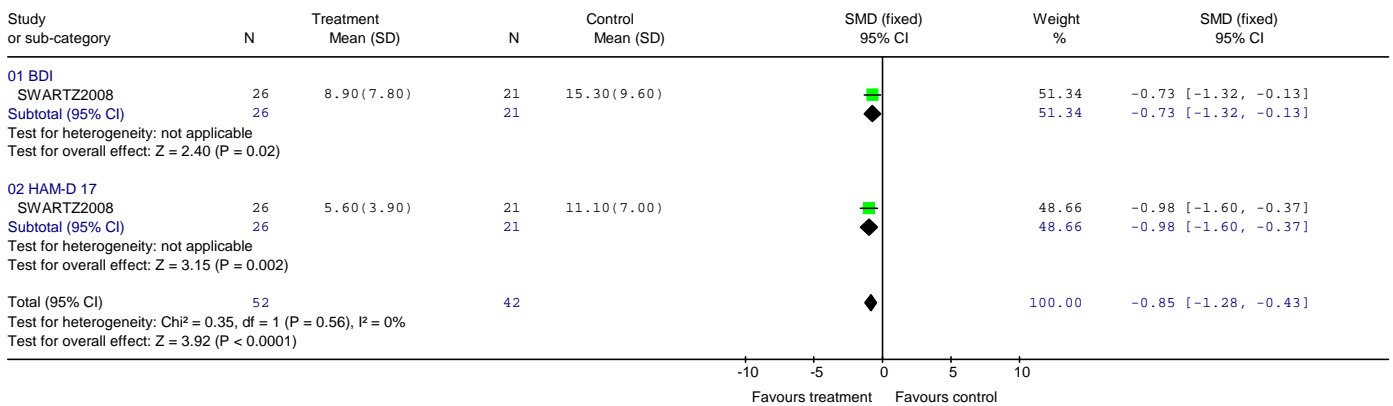
Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 02 IPT v usual GP care (including ADs)
 Outcome: 03 Depression scores: continuous measures at 3-month follow-up



Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 02 IPT v usual GP care (including ADs)
 Outcome: 04 Depression scores: continuous measures at 5-month follow-up

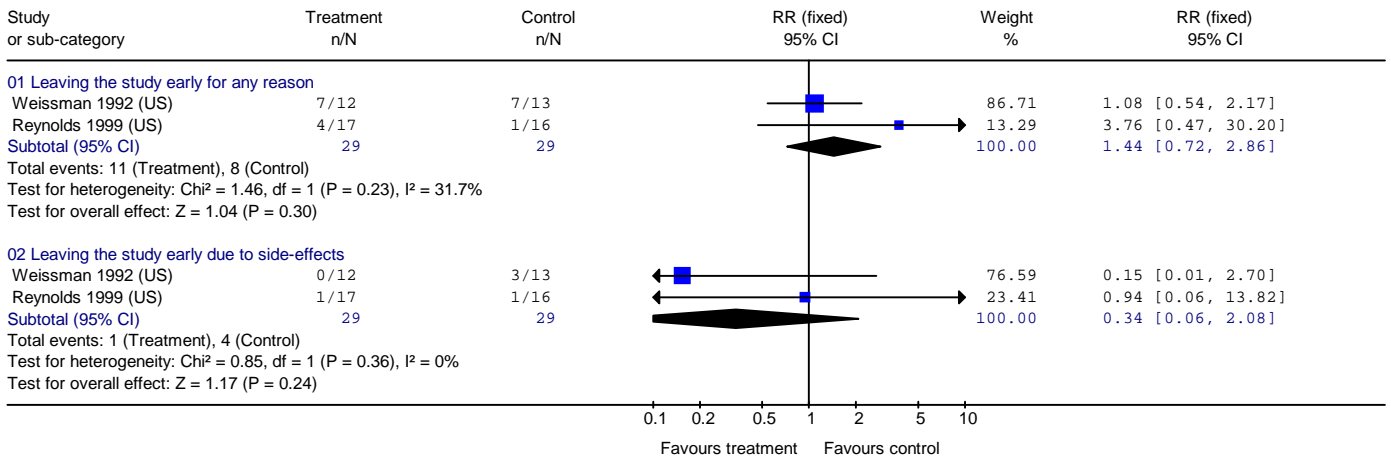


Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 02 IPT v usual GP care (including ADs)
 Outcome: 05 Depression scores: continuous measures at 9-month follow-up

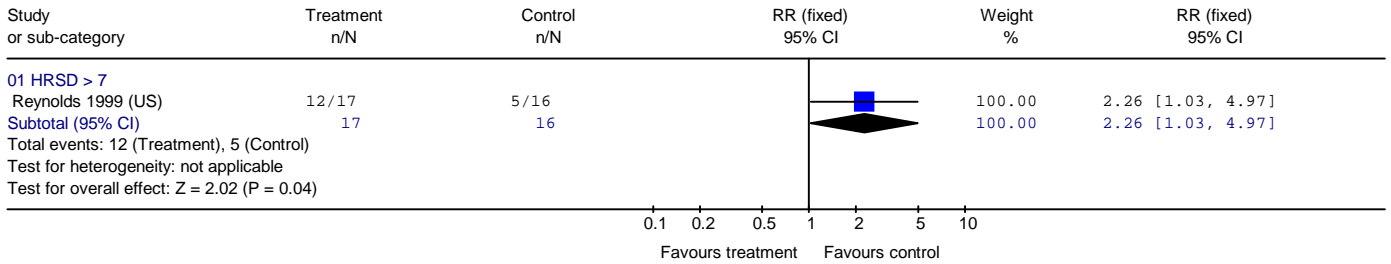


Appendix 19b: Psychological clinical evidence forest plots

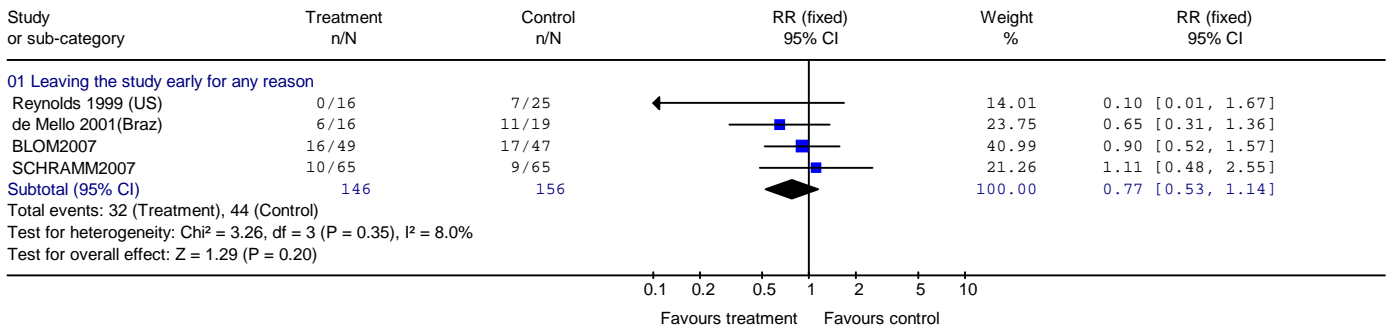
Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 03 IPT (with/without placebo) v IPT + AD
 Outcome: 01 Tolerability



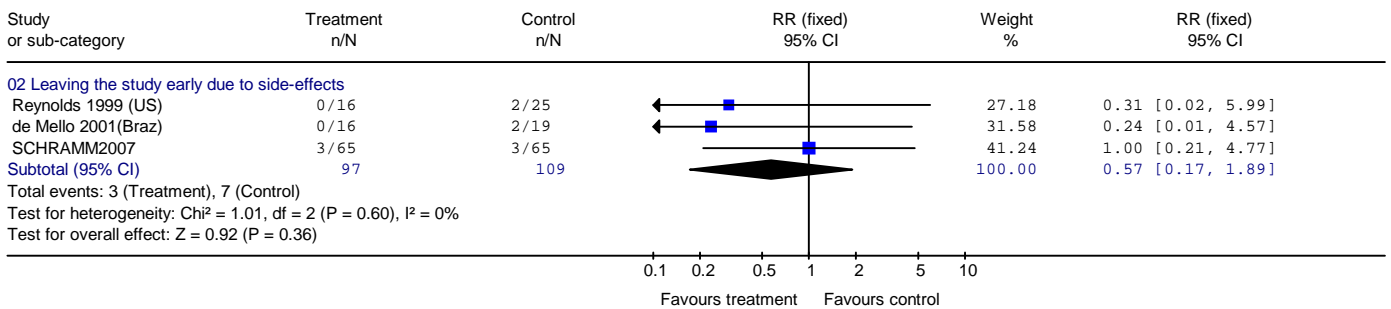
Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 03 IPT (with/without placebo) v IPT + AD
 Outcome: 02 Depression score: dichotomous outcome post-treatment



Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 04 IPT + AD v AD
 Outcome: 01 Leaving study early due to any reason

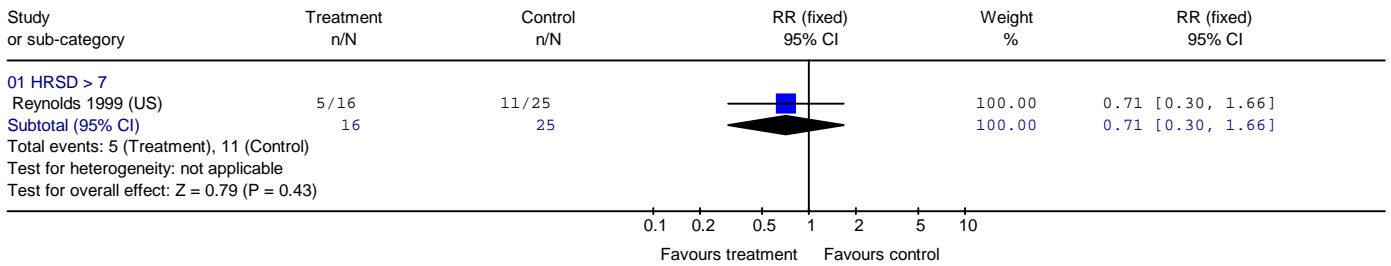


Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 04 IPT + AD v AD
 Outcome: 02 Leaving study early due to adverse effects

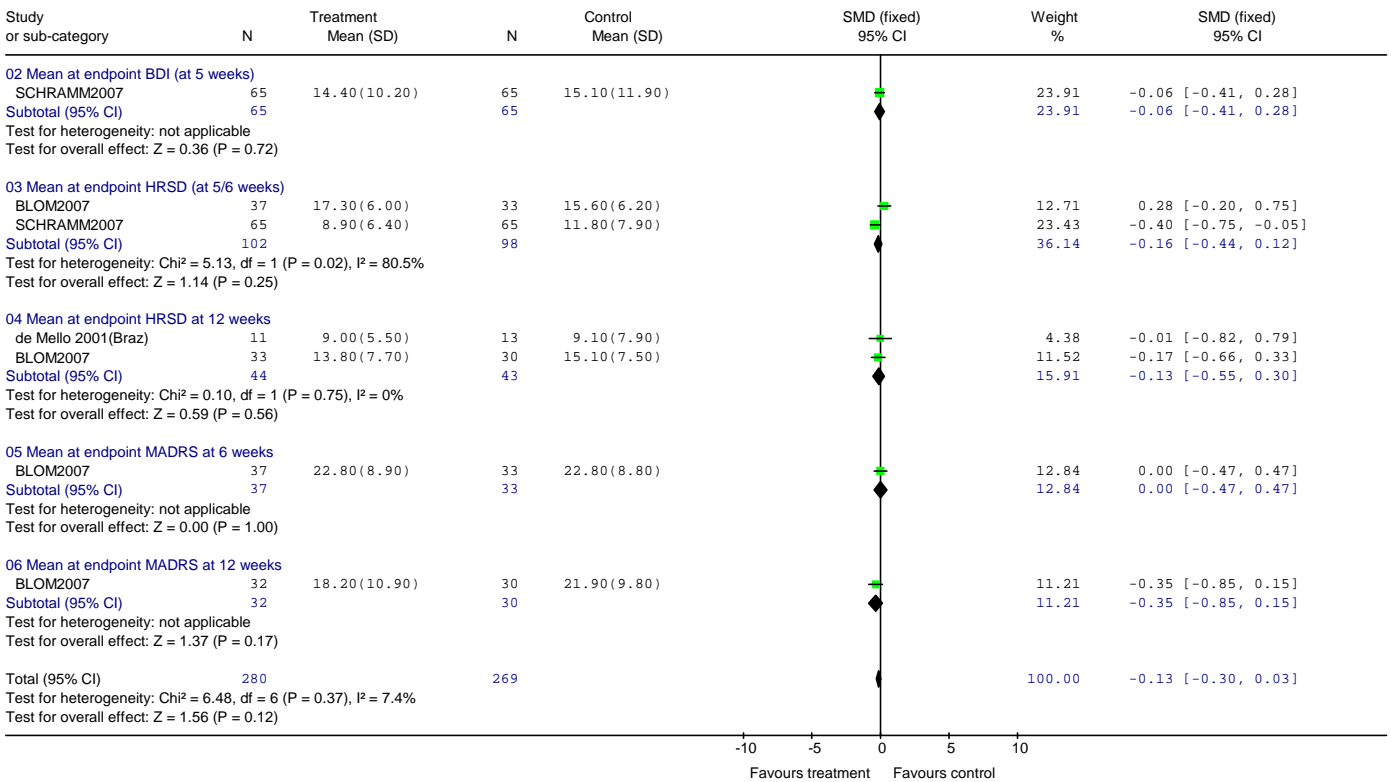


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 04 IPT + AD v AD
 Outcome: 03 Depression score: dichotomous outcome post-treatment

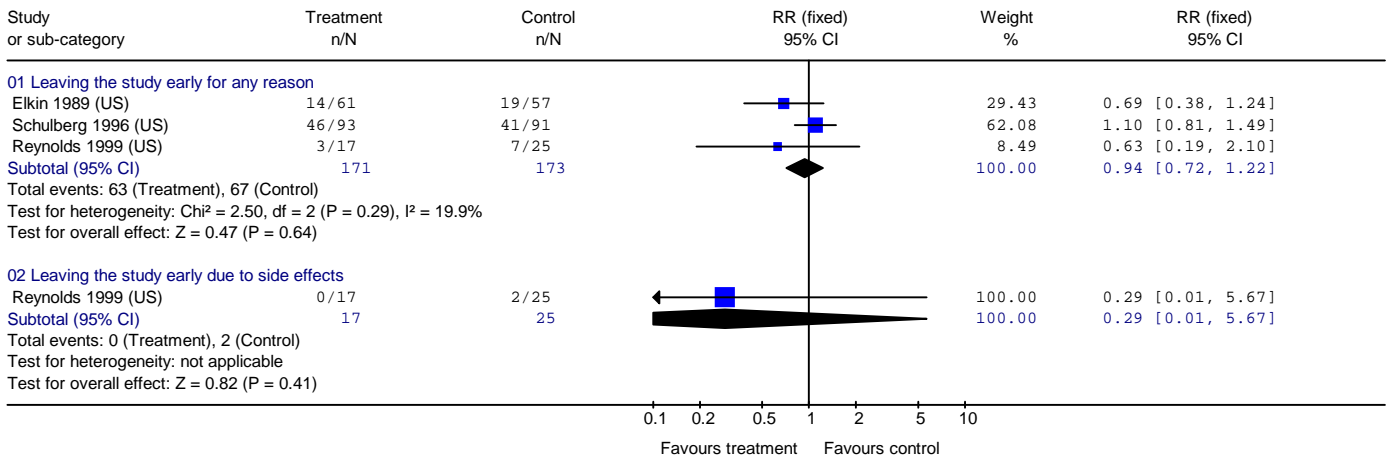


Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 04 IPT + AD v AD
 Outcome: 04 Depression scores: continuous measures post-treatment

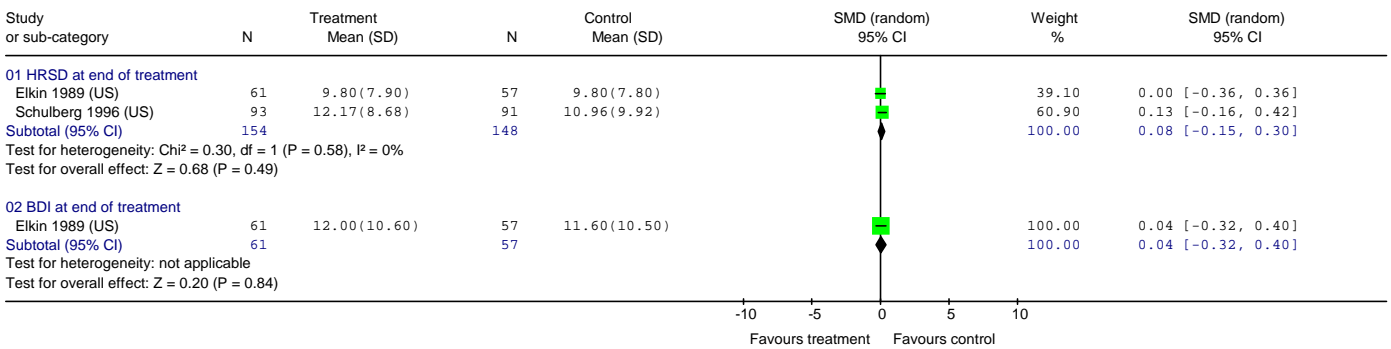


Appendix 19b: Psychological clinical evidence forest plots

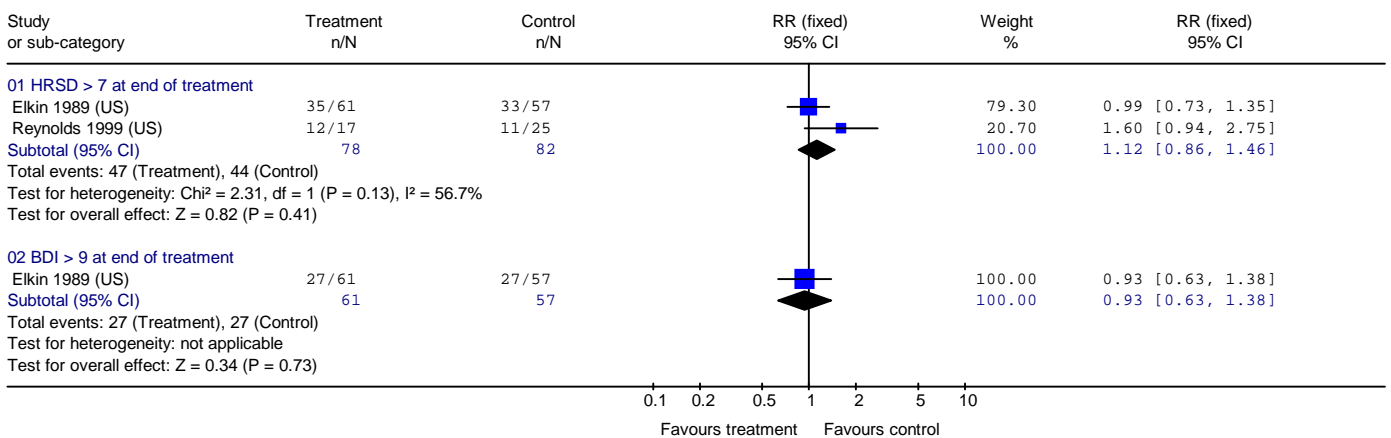
Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 05 IPT (with/without placebo) v AD (with/without clinical management)
 Outcome: 01 Tolerability



Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 05 IPT (with/without placebo) v AD (with/without clinical management)
 Outcome: 04 Depression scores: continuous measures post-treatment

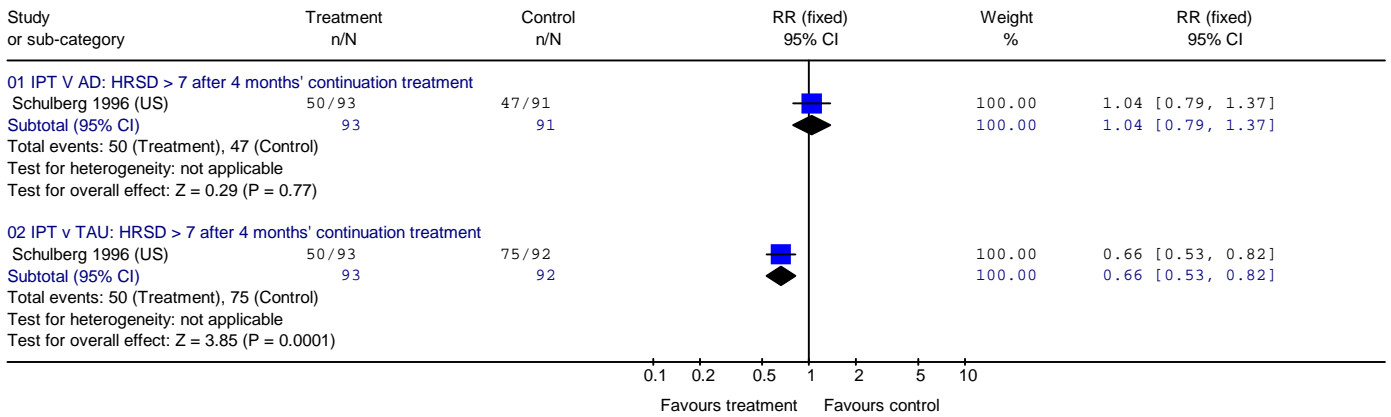


Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 05 IPT (with/without placebo) v AD (with/without clinical management)
 Outcome: 05 Depression score: dichotomous outcome post-treatment

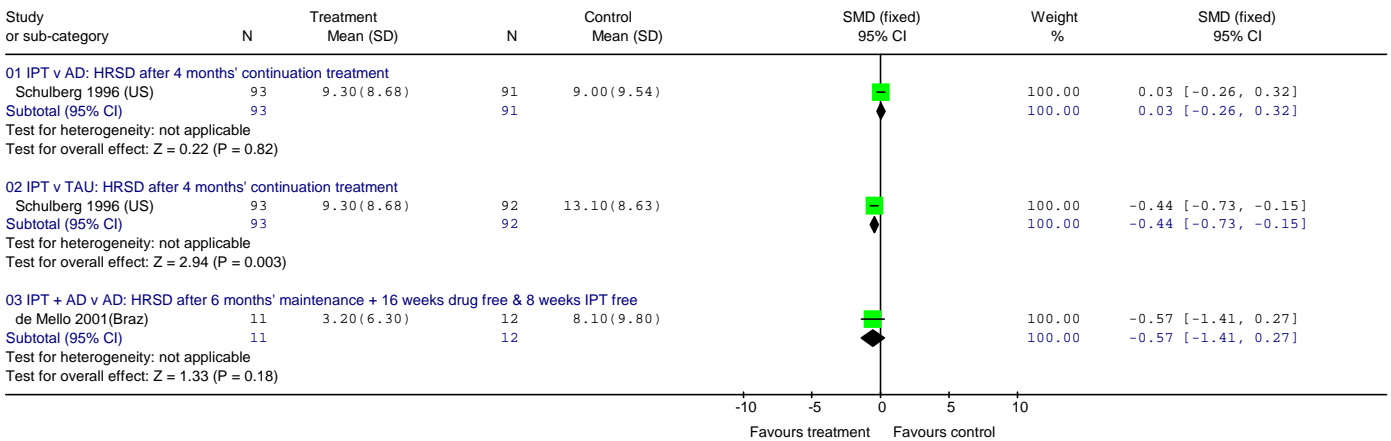


Appendix 19b: Psychological clinical evidence forest plots

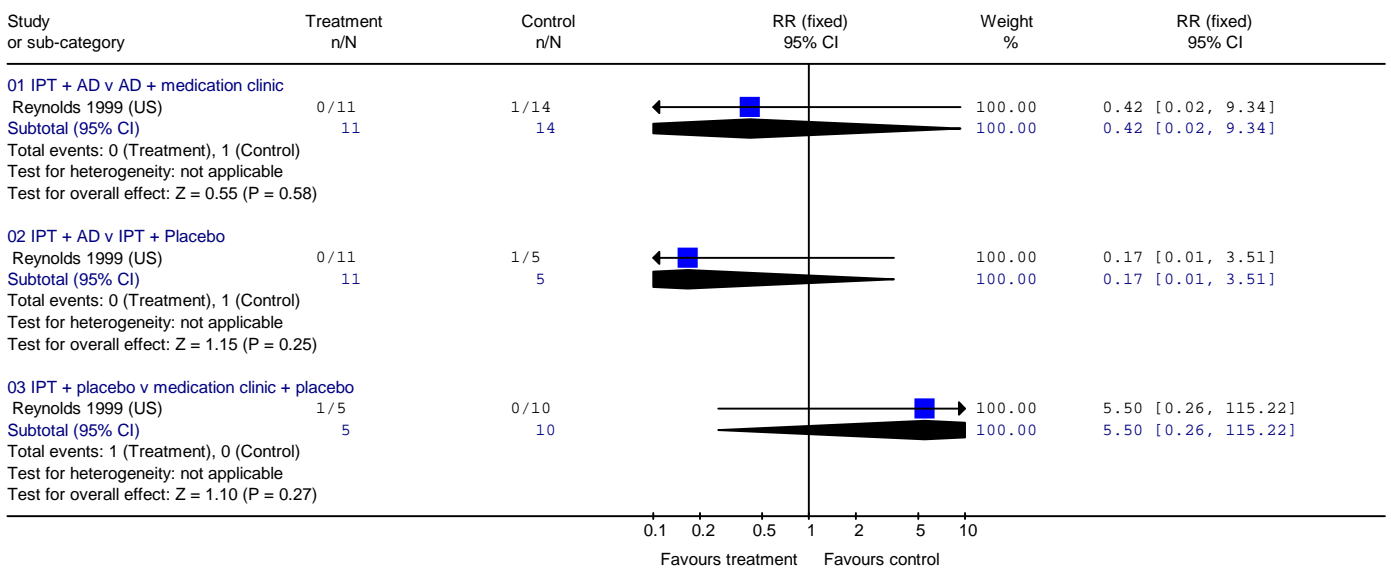
Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 06 IPT as continuation treatment (up to 6 months)
 Outcome: 01 Depression score: after continuation treatment



Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 06 IPT as continuation treatment (up to 6 months)
 Outcome: 02 Depression scores: continuous measures

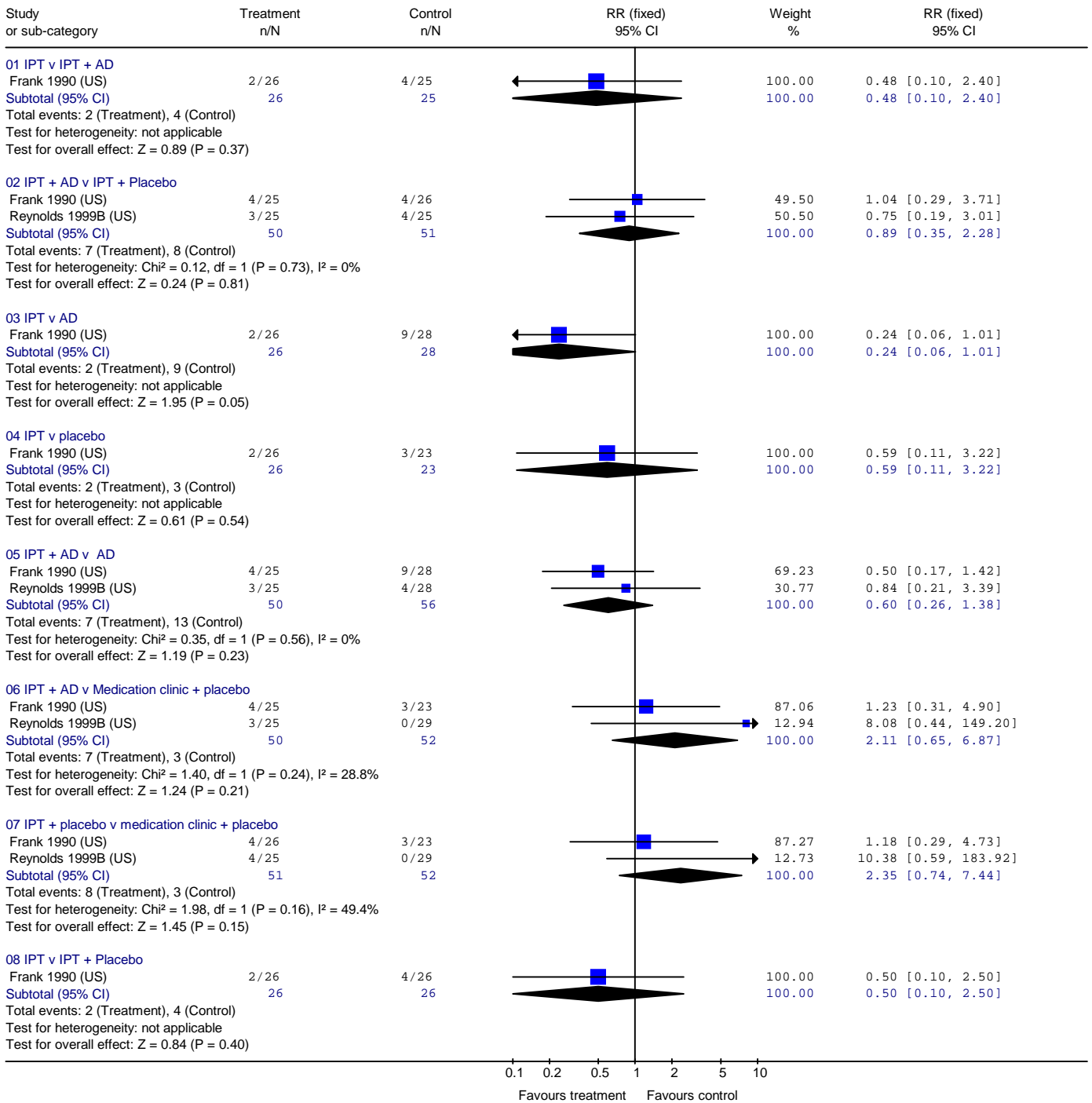


Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 06 IPT as continuation treatment (up to 6 months)
 Outcome: 03 Relapse (16-week continuation phase)



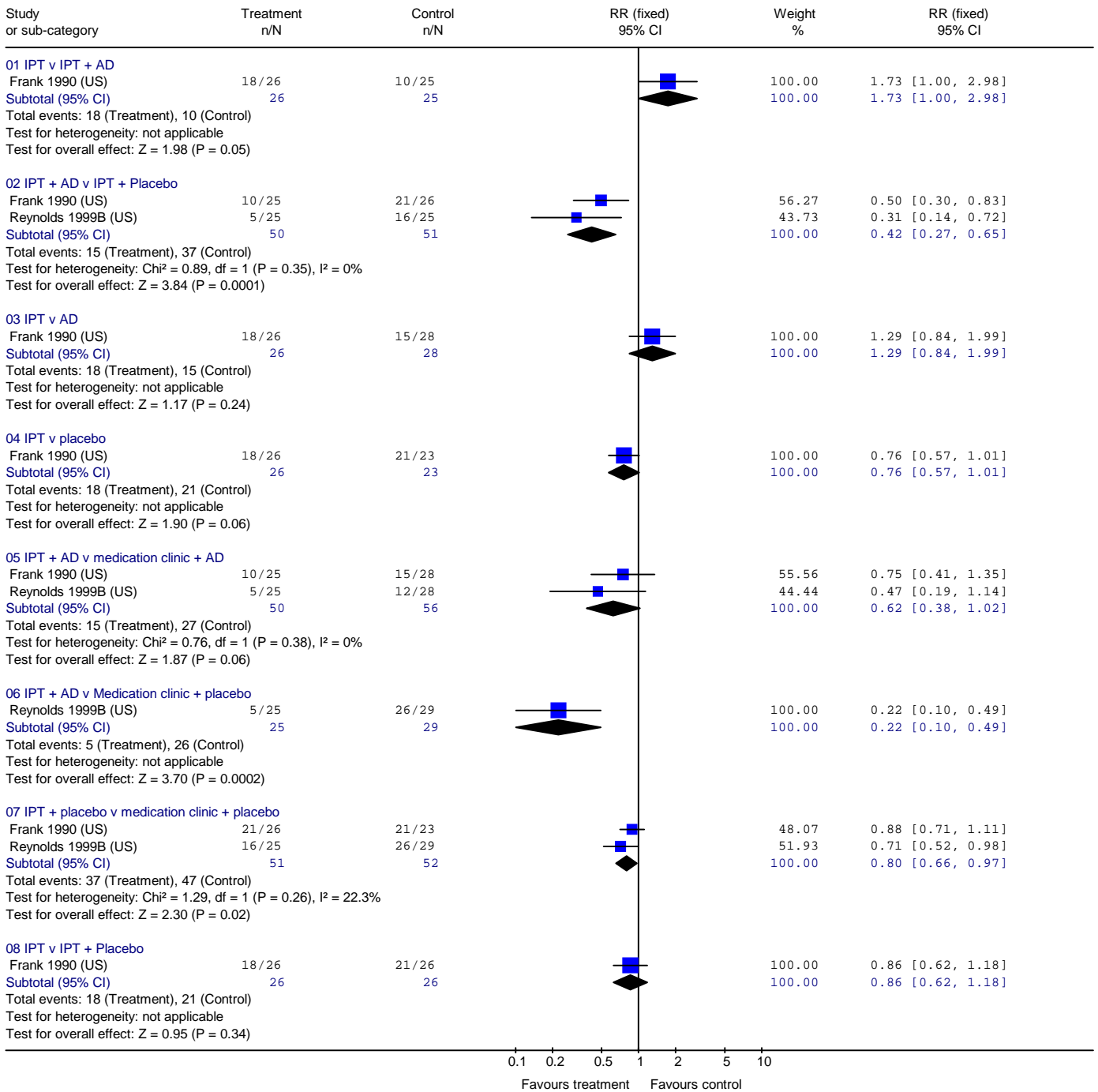
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 07 IPT as maintenance treatment (3 years)
 Outcome: 01 Leaving the study early



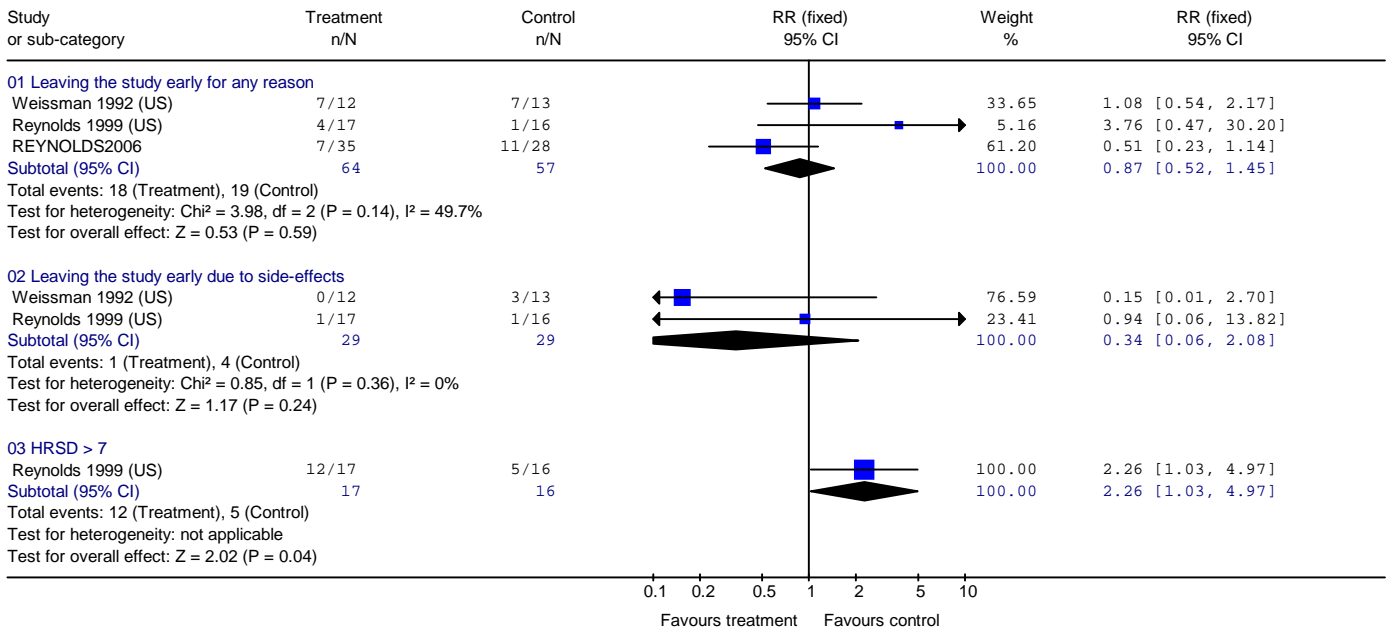
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 07 IPT as maintenance treatment (3 years)
 Outcome: 02 Relapse

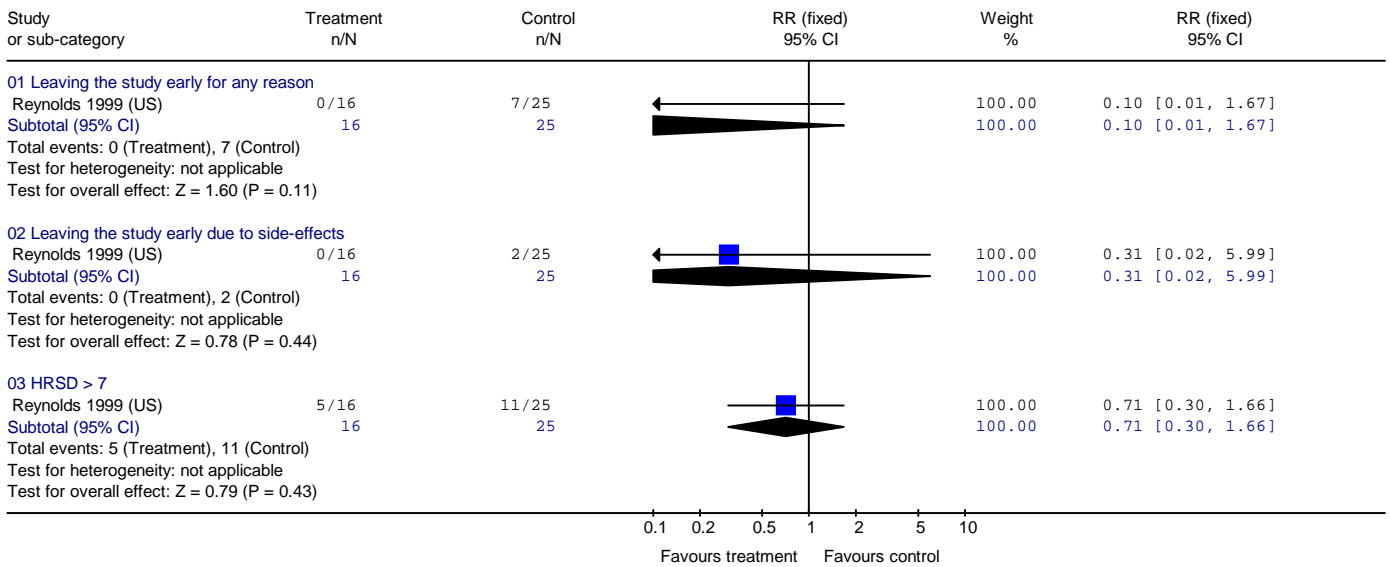


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 08 IPT for the elderly
 Outcome: 01 IPT (with/without placebo) v IPT + AD

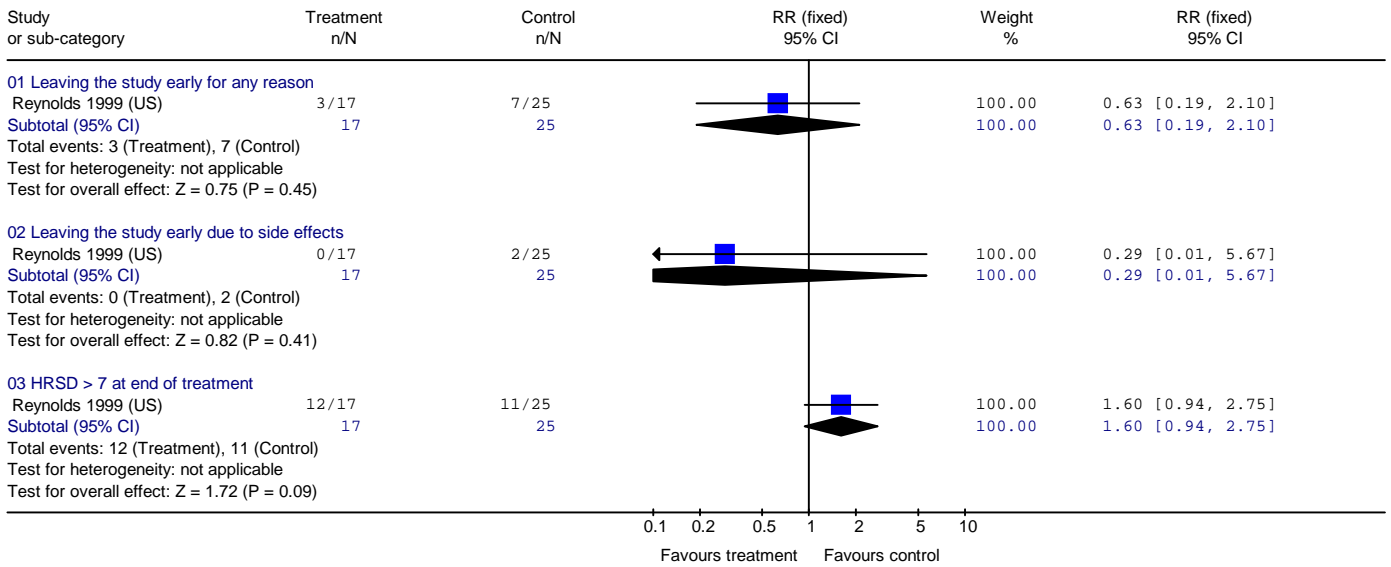


Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 08 IPT for the elderly
 Outcome: 02 IPT + AD v AD

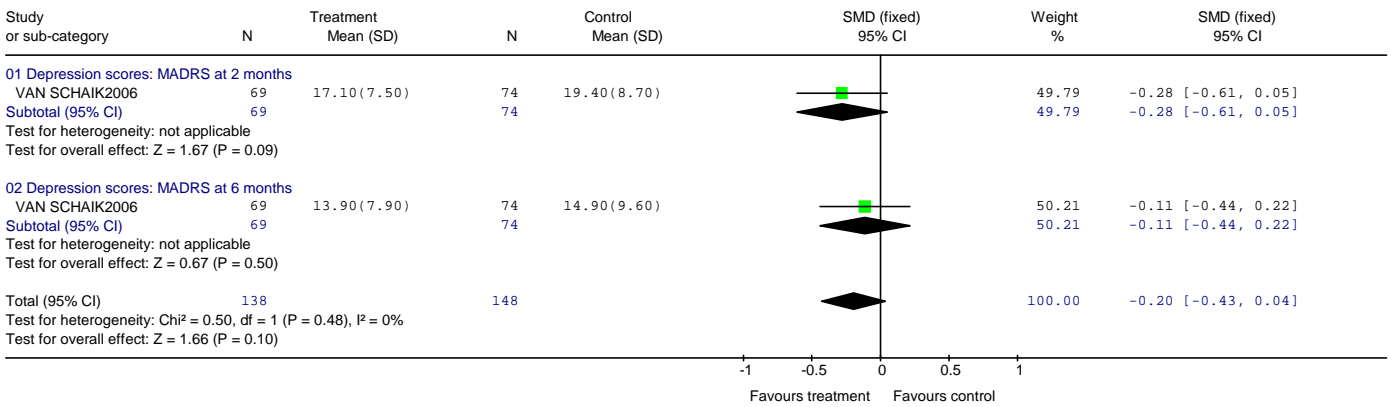


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 08 IPT for the elderly
 Outcome: 03 IPT (with/without placebo) v AD (with/without clinical management)

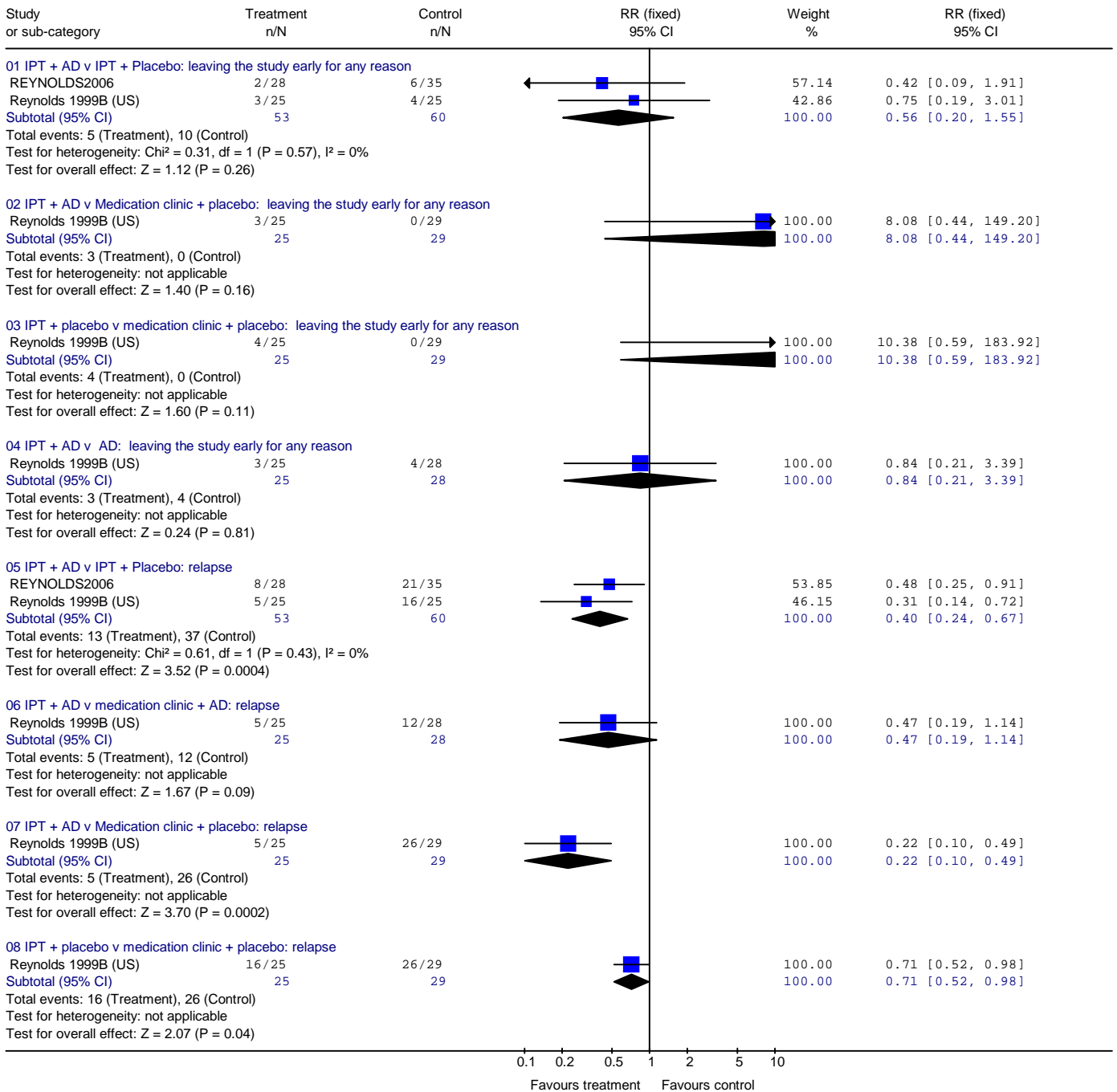


Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 08 IPT for the elderly
 Outcome: 05 IPT v standard care (Netherlands)



Appendix 19b: Psychological clinical evidence forest plots

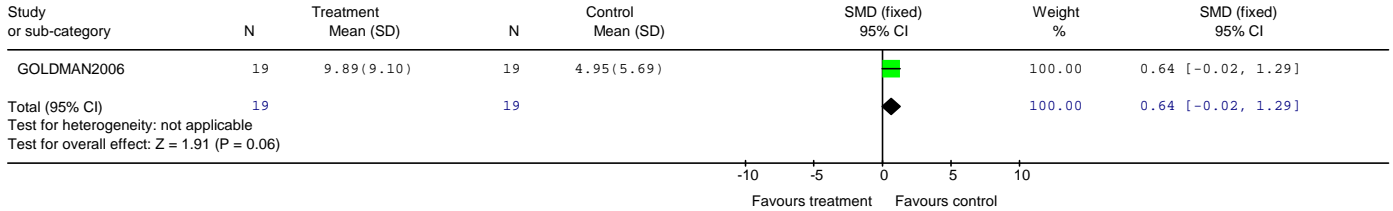
Review: Dep Up: Psychology: Interpersonal therapy (FINAL VERSION)
 Comparison: 08 IPT for the elderly
 Outcome: 06 IPT as maintenance treatment (2 or 3 years)



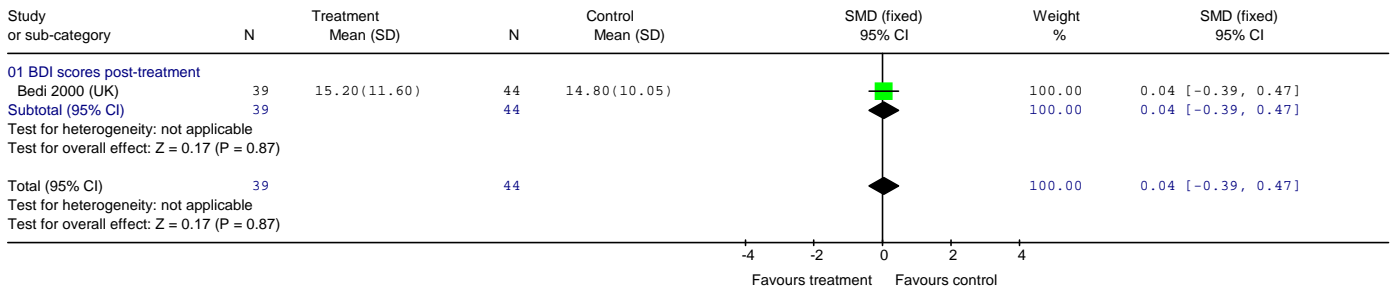
Appendix 19b: Psychological clinical evidence forest plots

Counselling

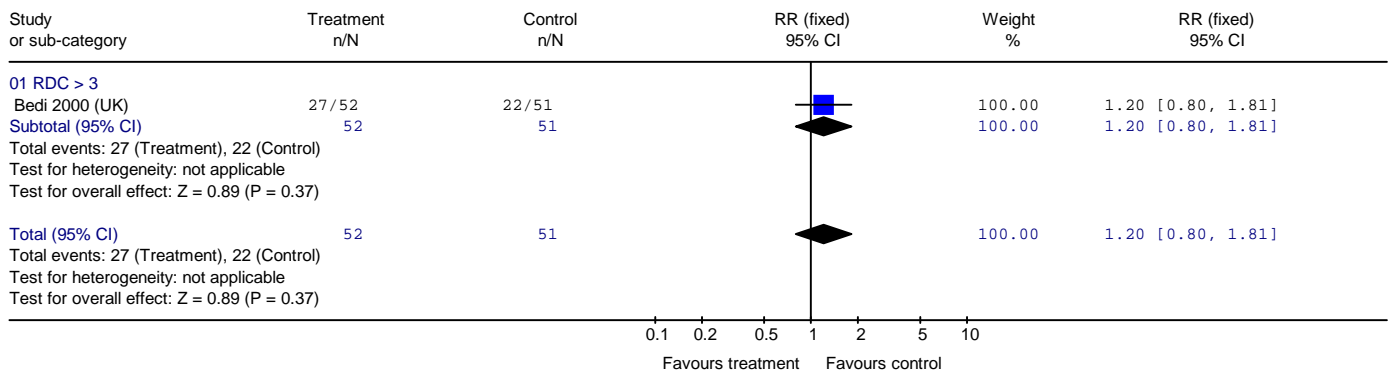
Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 01 Counselling CCT vs. Counselling EFT
 Outcome: 01 BDI post treatment



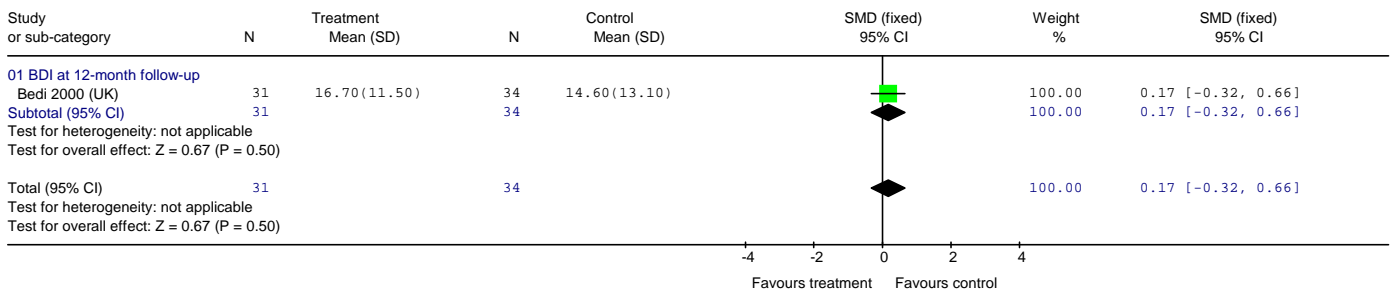
Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 02 Counselling v ADs
 Outcome: 01 Depression scores: continuous outcomes post-treatment



Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 02 Counselling v ADs
 Outcome: 02 Depression scores: dichotomous outcomes post-treatment

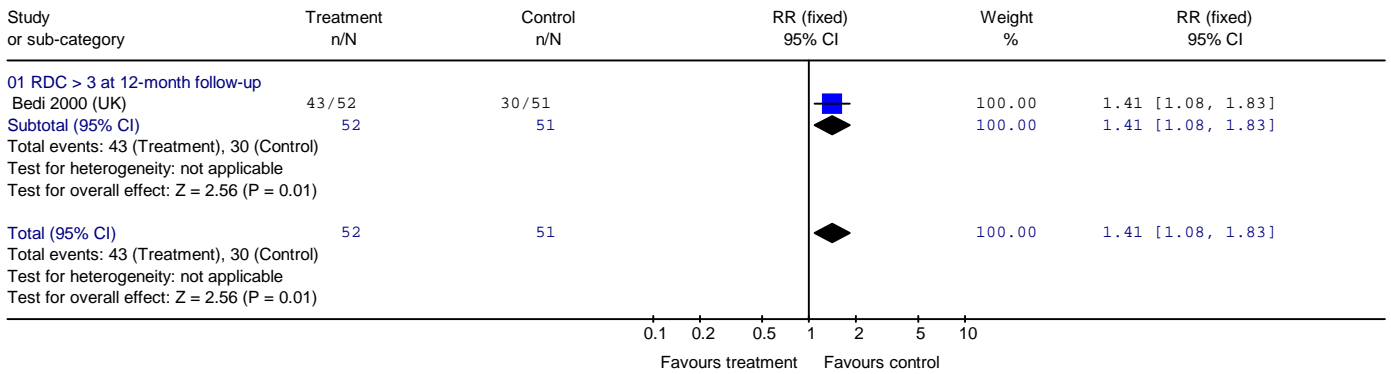


Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 02 Counselling v ADs
 Outcome: 03 Depression scores: continuous measures at follow-up

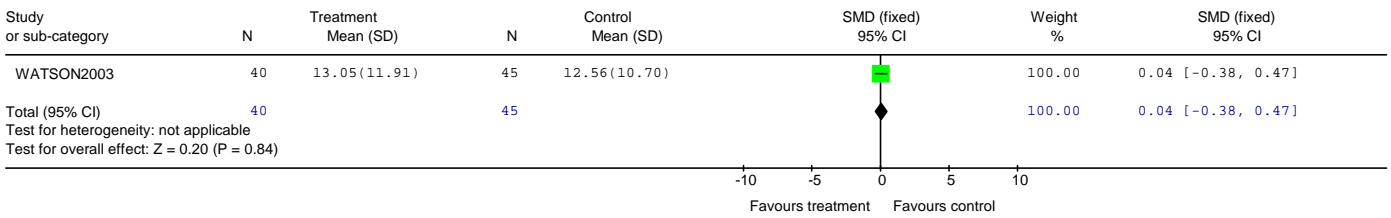


Appendix 19b: Psychological clinical evidence forest plots

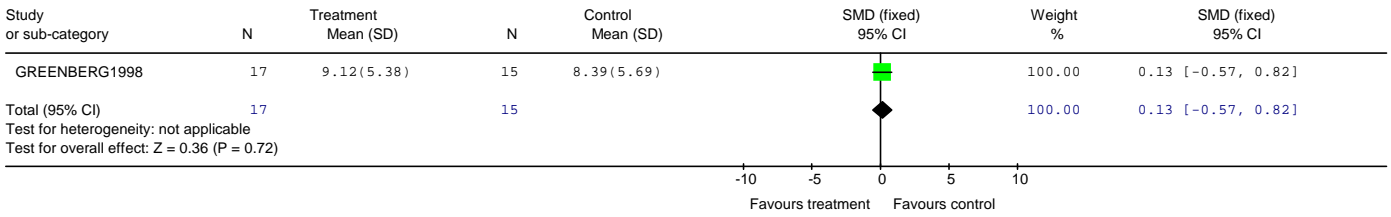
Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 02 Counselling v ADs
 Outcome: 04 Depression scores: dichotomous outcomes at follow-up



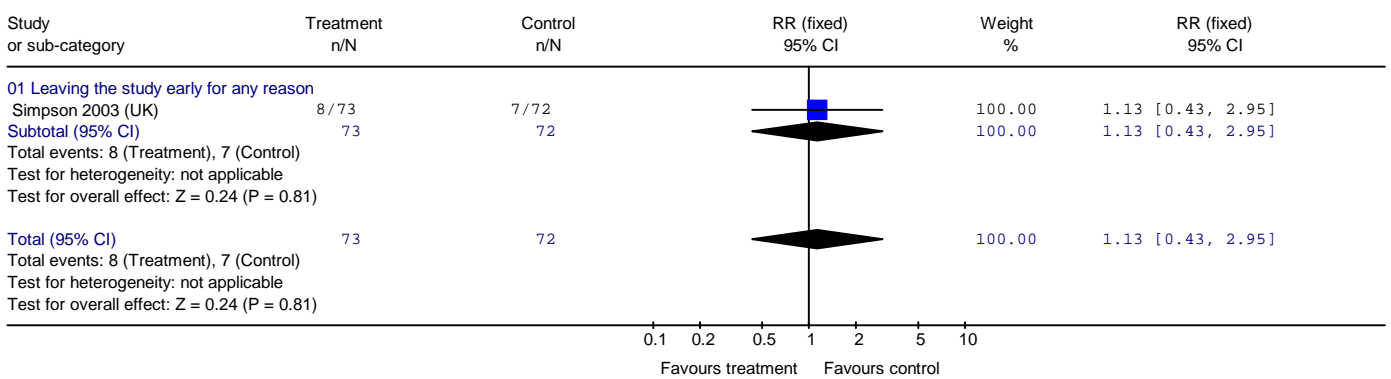
Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 03 Counselling PE vs. CBT
 Outcome: 01 BDI post treatment



Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 04 Counselling CCT vs. Counselling PE
 Outcome: 01 BDI post-treatment

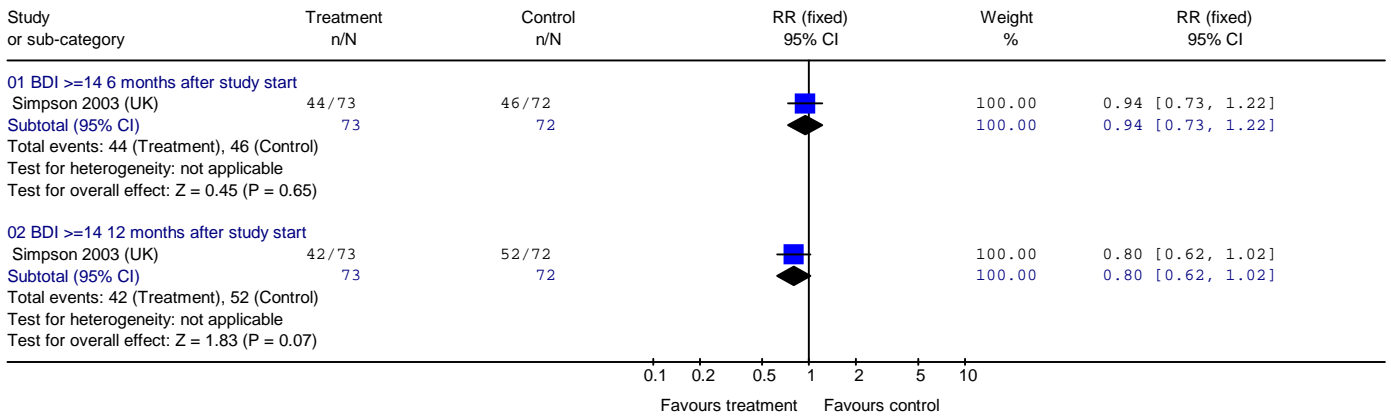


Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 05 Counselling + GP care v GP care
 Outcome: 01 Tolerability

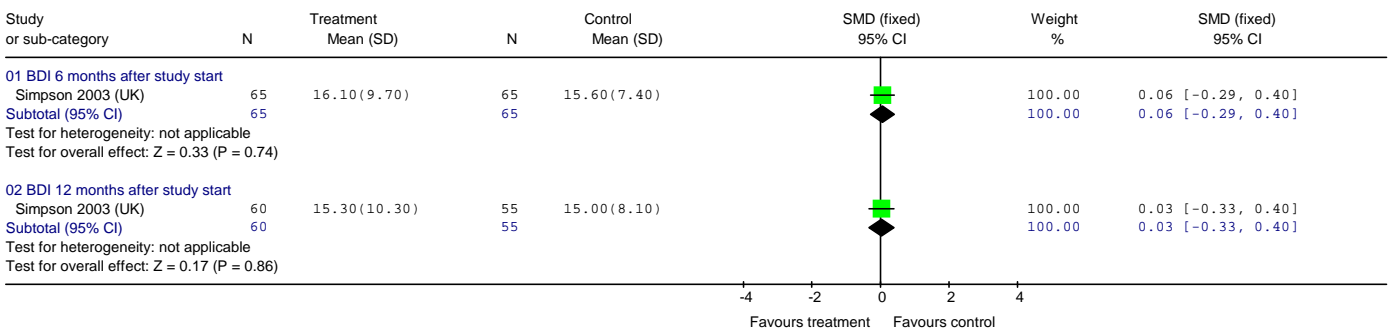


Appendix 19b: Psychological clinical evidence forest plots

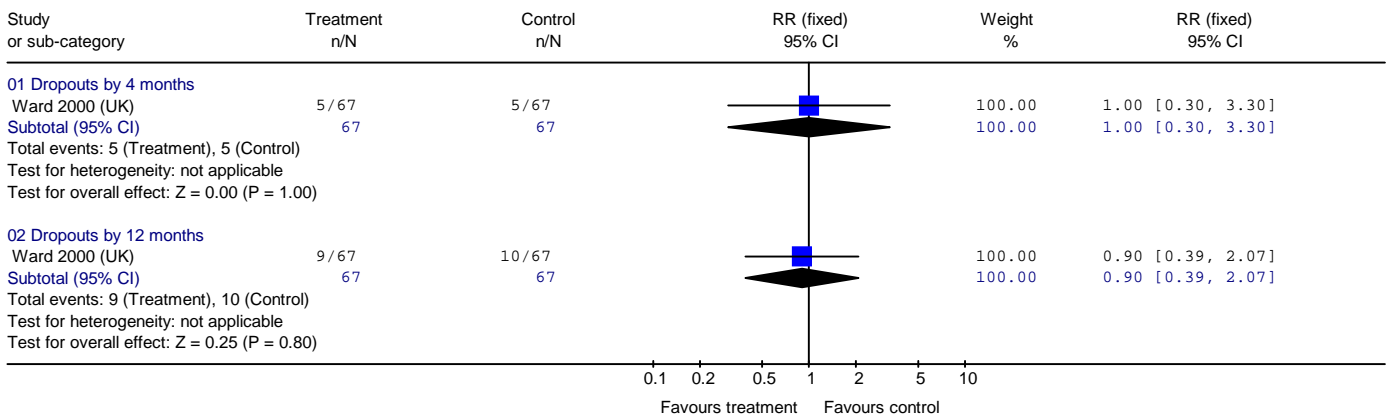
Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 05 Counselling + GP care v GP care
 Outcome: 02 Dichotomous depression scores



Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 05 Counselling + GP care v GP care
 Outcome: 03 Continuous depression scores

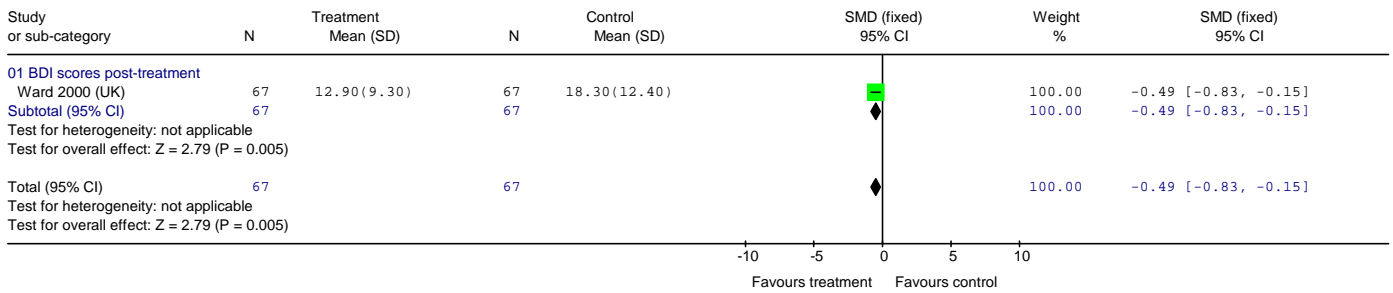


Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 06 Sub-analysis: Counselling v GP care (w Ward2000)
 Outcome: 01 Leaving the study early

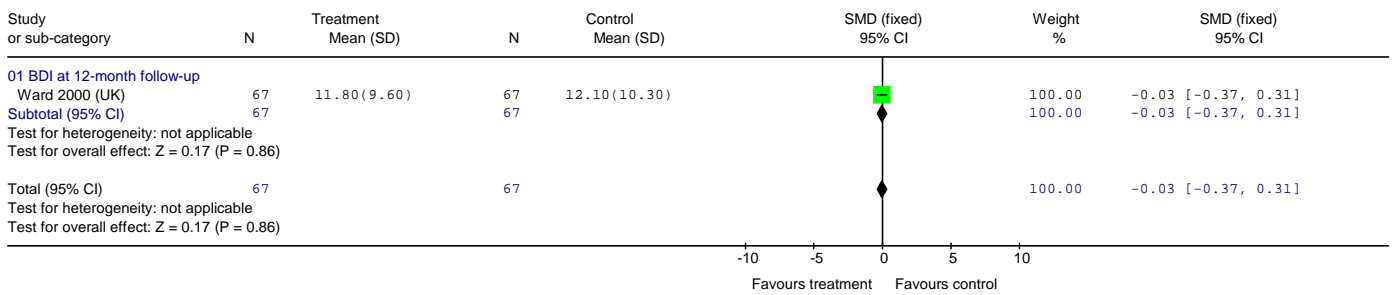


Appendix 19b: Psychological clinical evidence forest plots

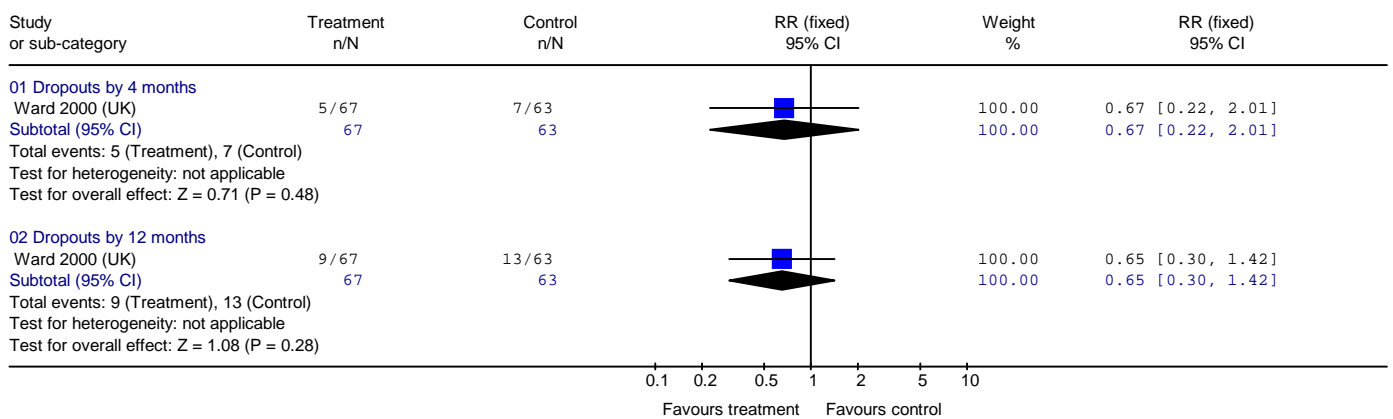
Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 06 Sub-analysis: Counselling v GP care (w Ward2000)
 Outcome: 02 Depression scores: continuous outcomes



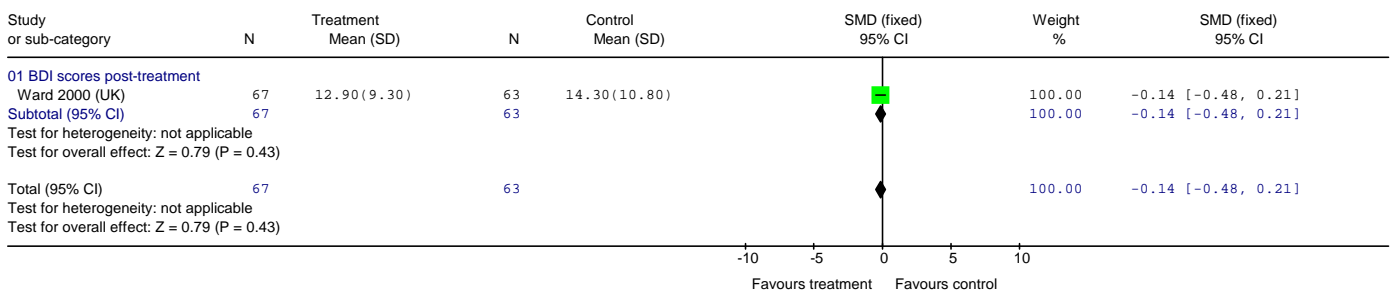
Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 06 Sub-analysis: Counselling v GP care (w Ward2000)
 Outcome: 03 Depression scores: continuous measures at follow-up



Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 07 Sub-analysis: Counselling v CBT (w Ward2000)
 Outcome: 01 Leaving the study early

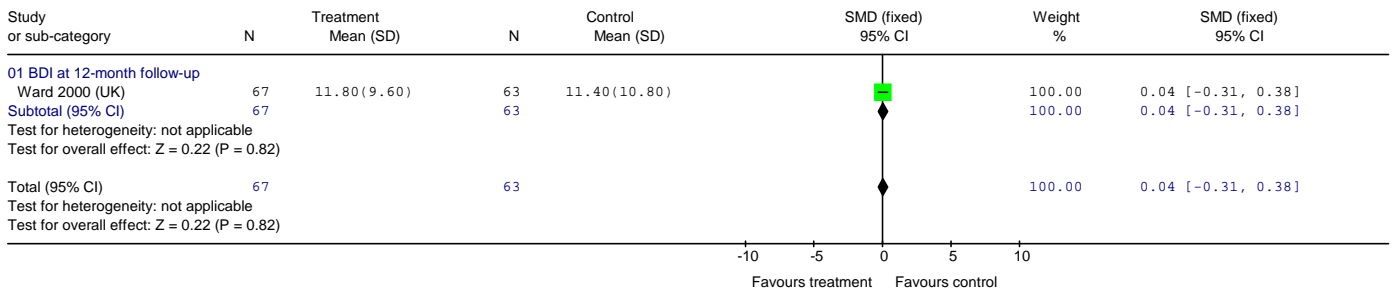


Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 07 Sub-analysis: Counselling v CBT (w Ward2000)
 Outcome: 02 Depression scores: continuous outcomes

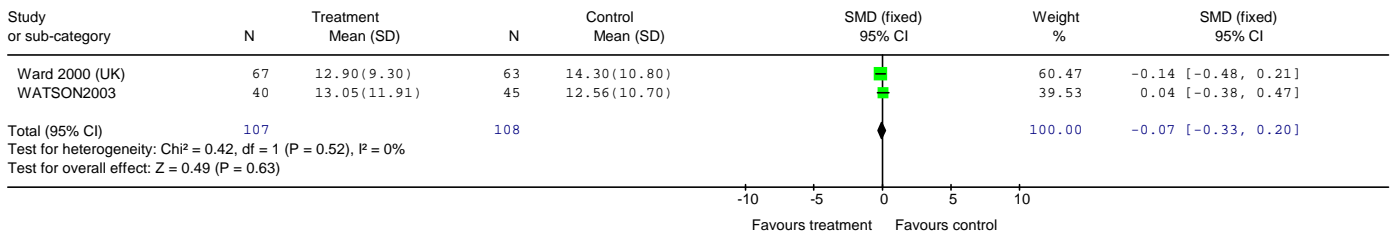


Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 07 Sub-analysis: Counselling v CBT (w Ward2000)
 Outcome: 03 Depression scores: continuous measures at follow-up

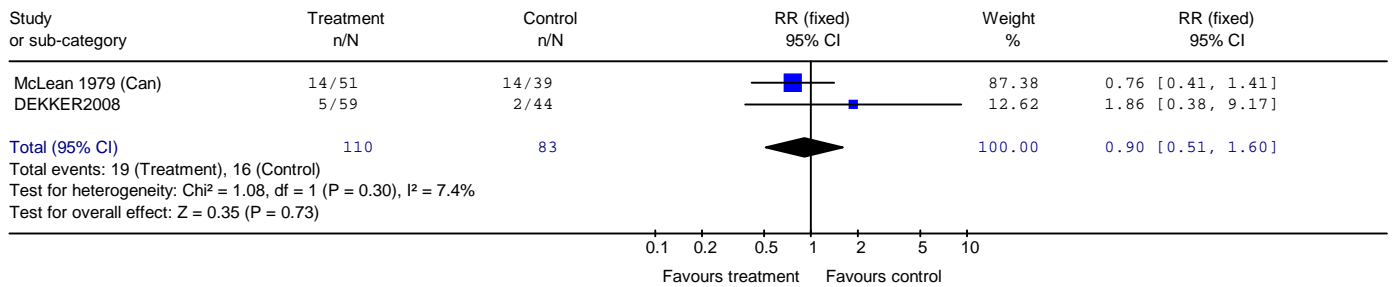


Review: Dep Up: Psychology: Counselling (FINAL VERSION)
 Comparison: 08 Sub-analysis Counselling PE vs CBT (with Ward2000)
 Outcome: 01 BDI post treatment

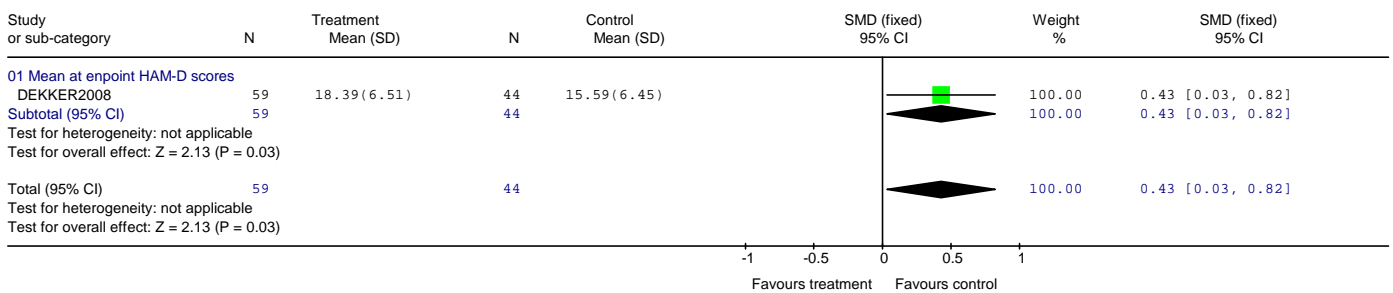


Psychodynamic psychotherapy

Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 01 Psychodynamic psychotherapy v ADs
 Outcome: 01 Leaving the study early

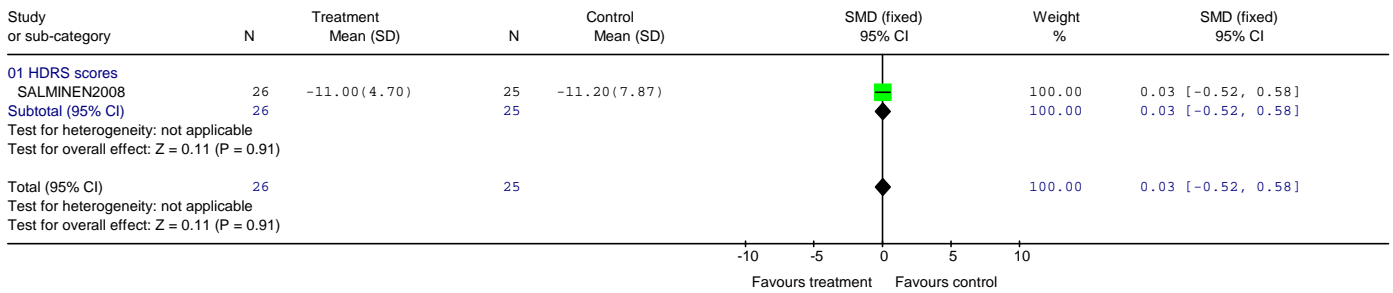


Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 01 Psychodynamic psychotherapy v ADs
 Outcome: 02 Depression scores: continuous measures at endpoint

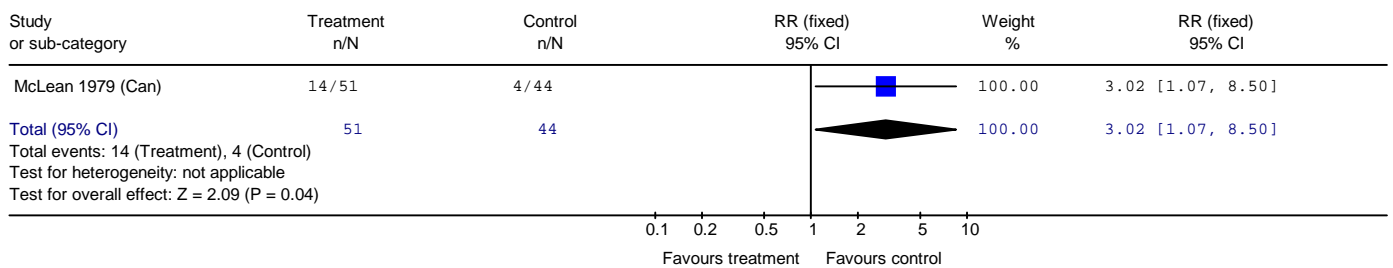


Appendix 19b: Psychological clinical evidence forest plots

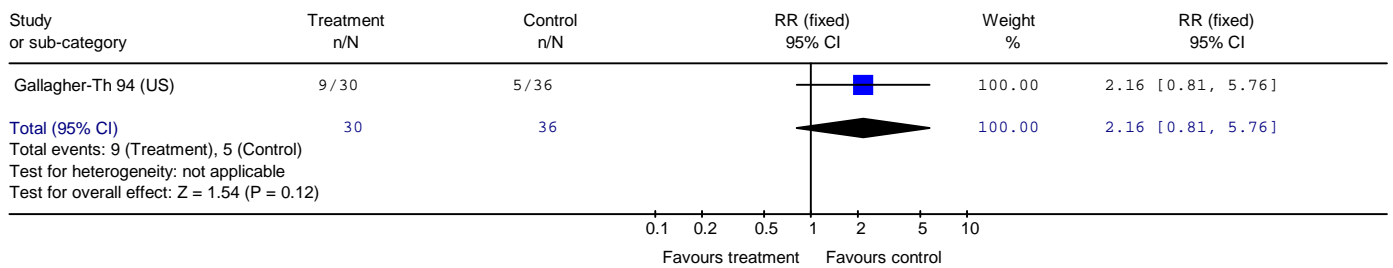
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 01 Psychodynamic psychotherapy v ADs
 Outcome: 03 Depression scores: continuous measures mean change from baseline to endpoint



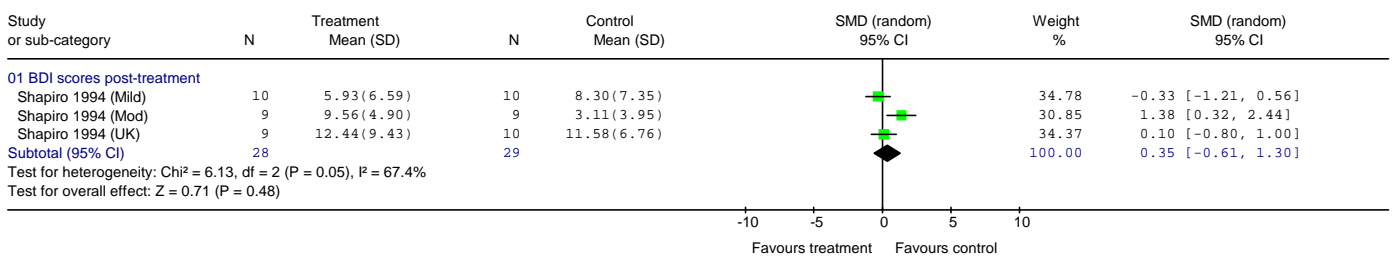
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 02 Psychodynamic psychotherapy v BT
 Outcome: 01 Leaving the study early



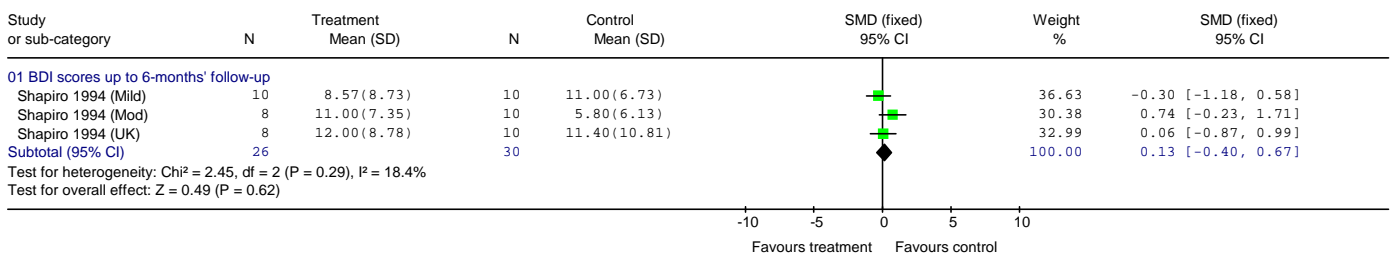
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 03 Psychodynamic psychotherapy v CBT
 Outcome: 01 Leaving the study early



Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 03 Psychodynamic psychotherapy v CBT
 Outcome: 02 Depression scores: at endpoint

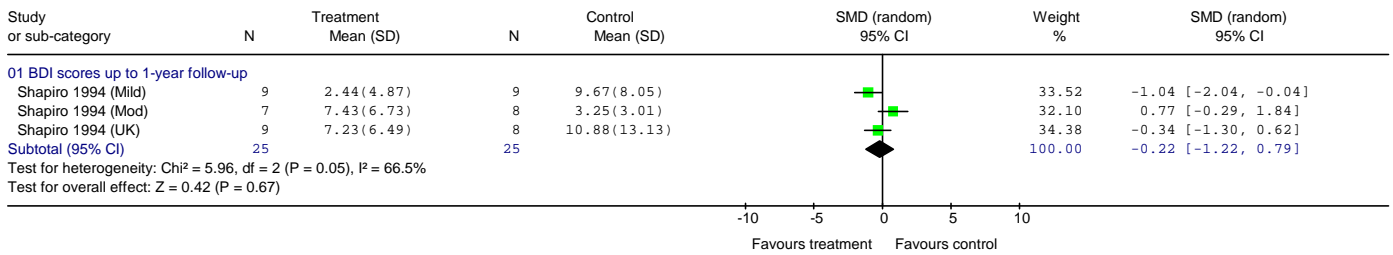


Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 03 Psychodynamic psychotherapy v CBT
 Outcome: 03 Depression scores: at 6 months follow-up

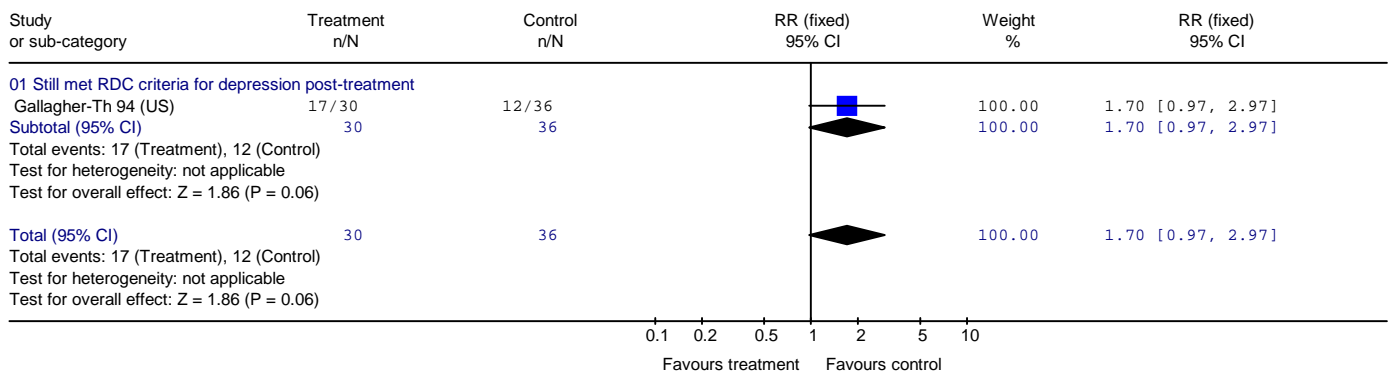


Appendix 19b: Psychological clinical evidence forest plots

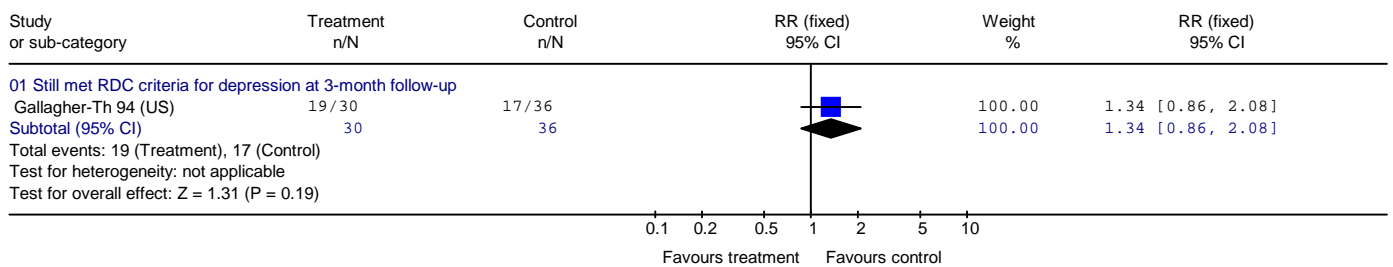
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 03 Psychodynamic psychotherapy v CBT
 Outcome: 04 Depression scores: at 1 year follow-up



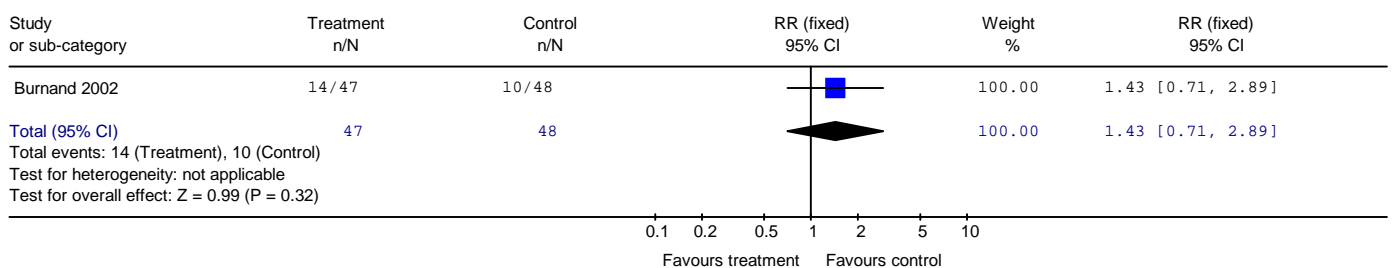
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 03 Psychodynamic psychotherapy v CBT
 Outcome: 05 Depression scores: dichotomous outcomes



Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 03 Psychodynamic psychotherapy v CBT
 Outcome: 06 Depression scores: dichotomous measures at follow-up

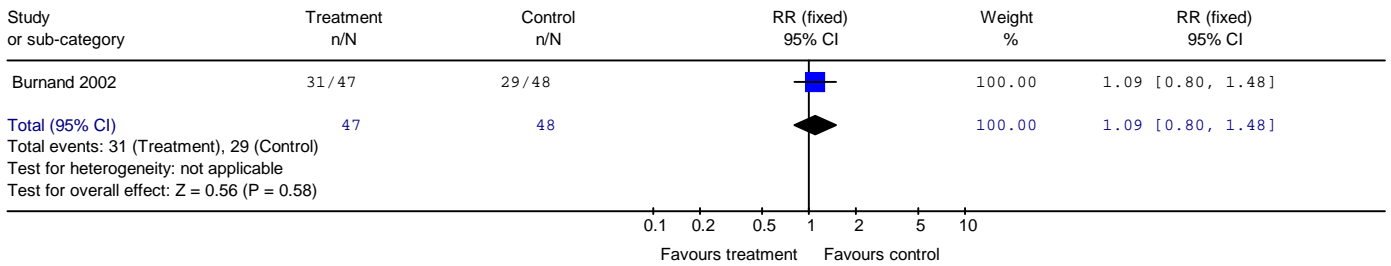


Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 04 Psychodynamic psychotherapy + AD v supportive therapy + AD
 Outcome: 01 Leaving the study early for any reason

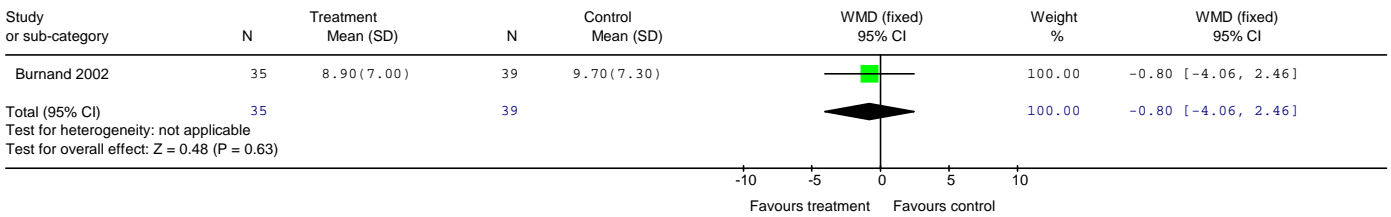


Appendix 19b: Psychological clinical evidence forest plots

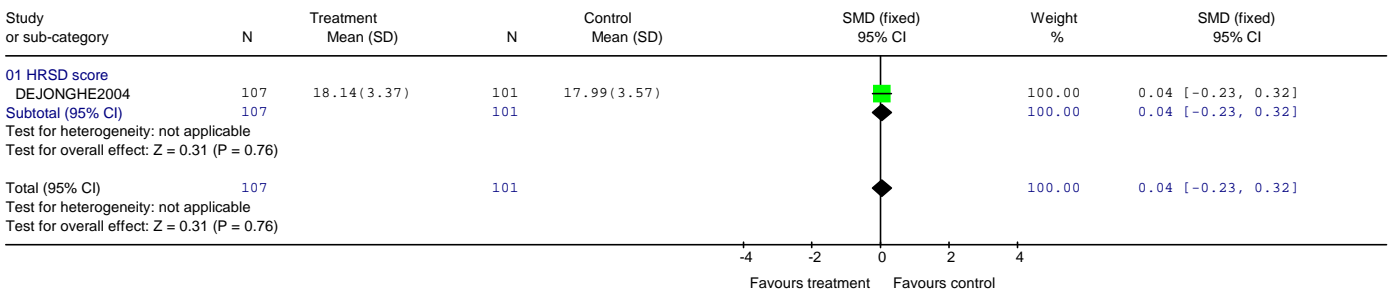
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 04 Psychodynamic psychotherapy + AD v supportive therapy + AD
 Outcome: 02 Non-remitters



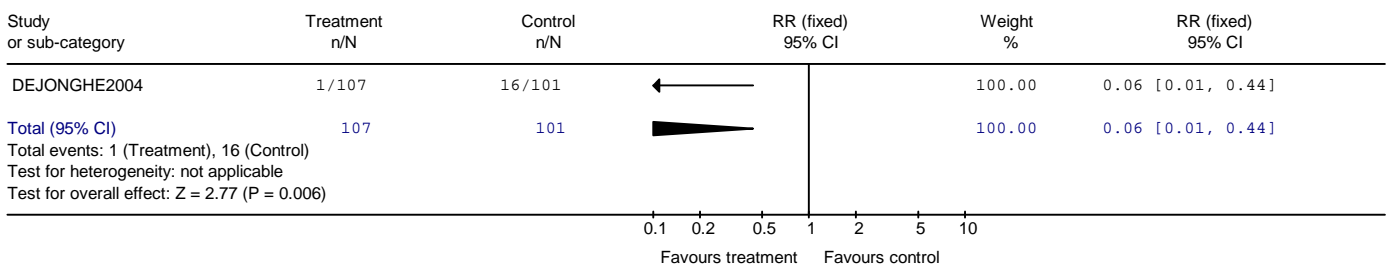
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 04 Psychodynamic psychotherapy + AD v supportive therapy + AD
 Outcome: 03 Mean HRSD at endpoint



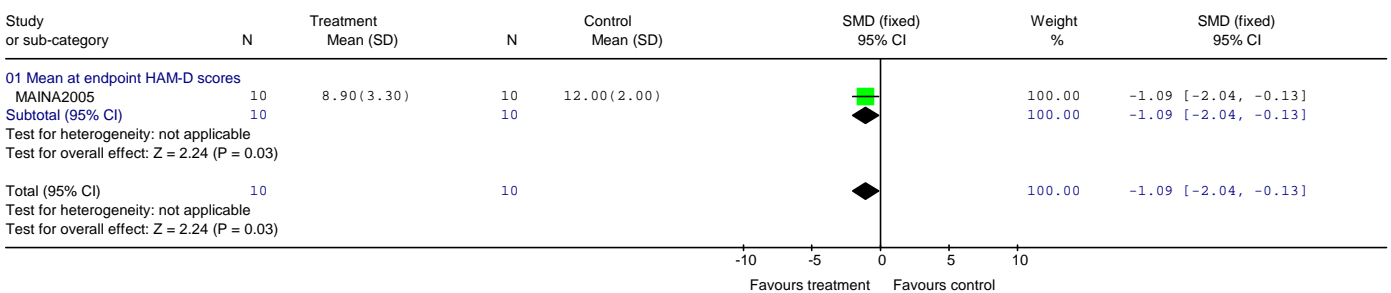
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 05 Psychodynamic psychotherapy vs Psychodynamic psychotherapy + ADs
 Outcome: 01 Depression scores: continuous measures at endpoint



Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 05 Psychodynamic psychotherapy vs Psychodynamic psychotherapy + ADs
 Outcome: 02 Leaving the study early

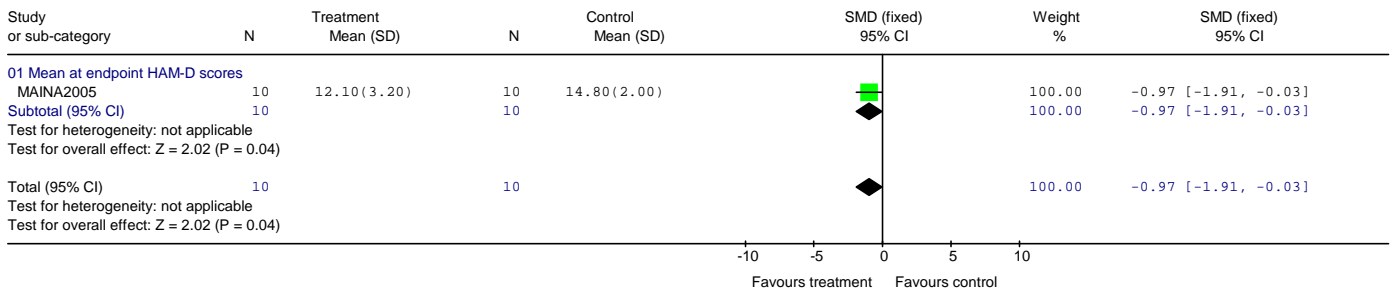


Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 06 Psychodynamic psychotherapy vs Waiting list
 Outcome: 01 Depression scores: continuous measures at endpoint

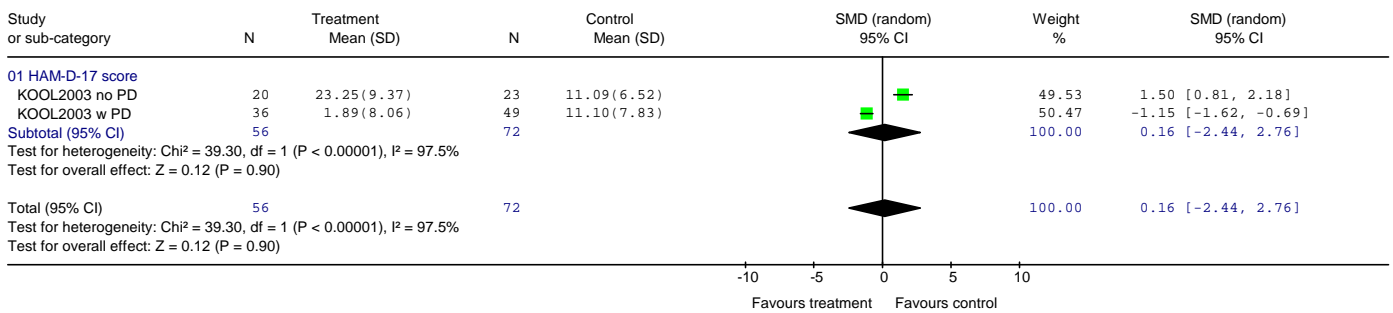


Appendix 19b: Psychological clinical evidence forest plots

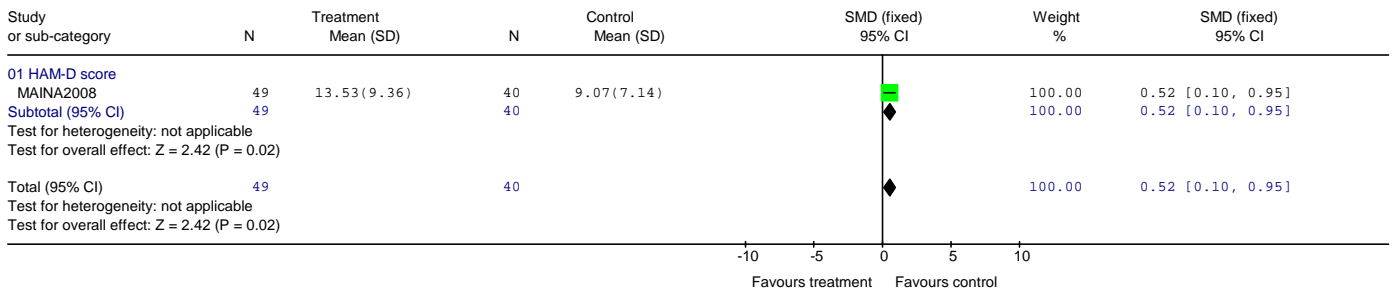
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 07 Psychodynamic psychotherapy vs Supportive therapy
 Outcome: 01 Depression scores: continuous measures at endpoint



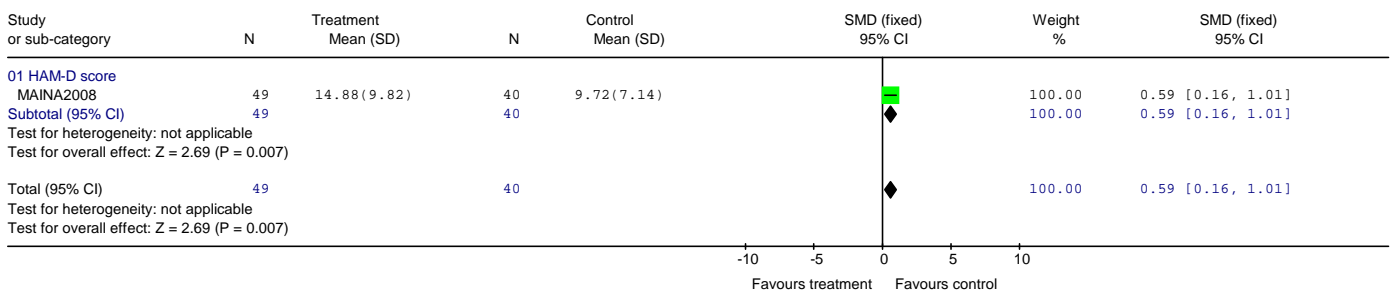
Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 08 ADs v Psychodynamic psychotherapy + ADs
 Outcome: 01 Depression scores: continuous measures at 24 weeks



Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 08 ADs v Psychodynamic psychotherapy + ADs
 Outcome: 02 Depression scores: continuous measures at 24-month follow-up

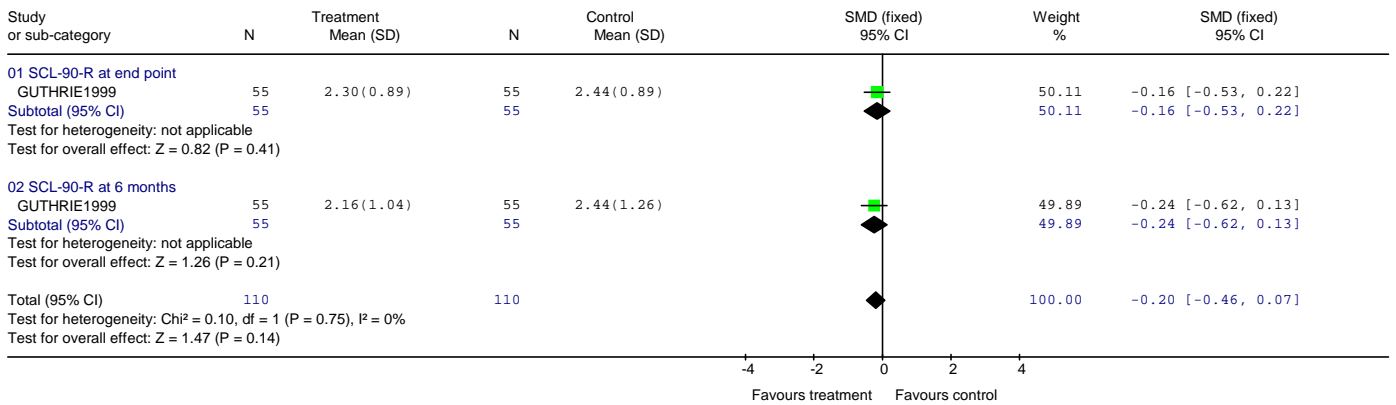


Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 08 ADs v Psychodynamic psychotherapy + ADs
 Outcome: 03 Depression scores: continuous measures at 48-month follow-up



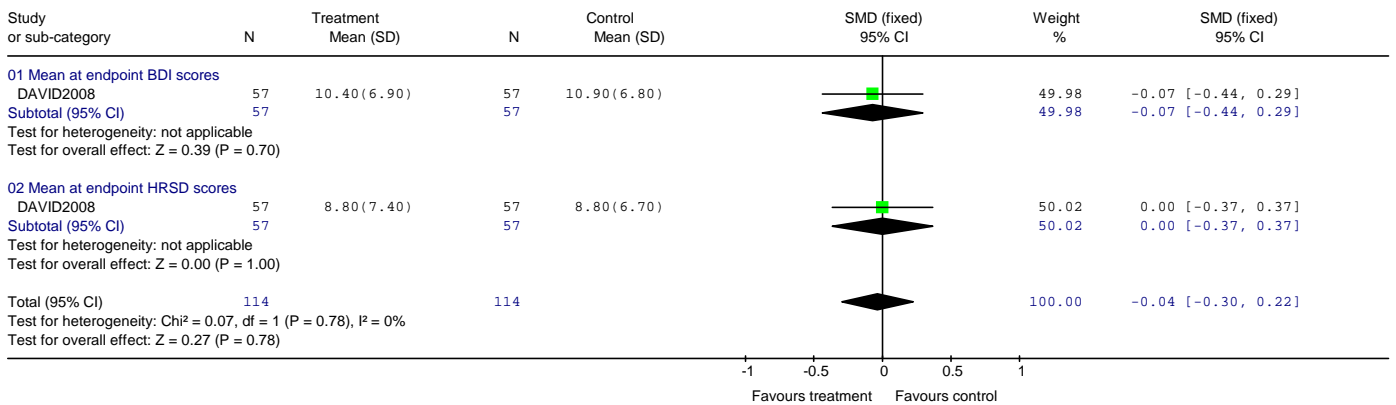
Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Psychodynamic psychotherapy (FINAL VERSION)
 Comparison: 09 Sub-analysis Guthrie1999
 Outcome: 01 Psychodynamic psychotherapy v TAU



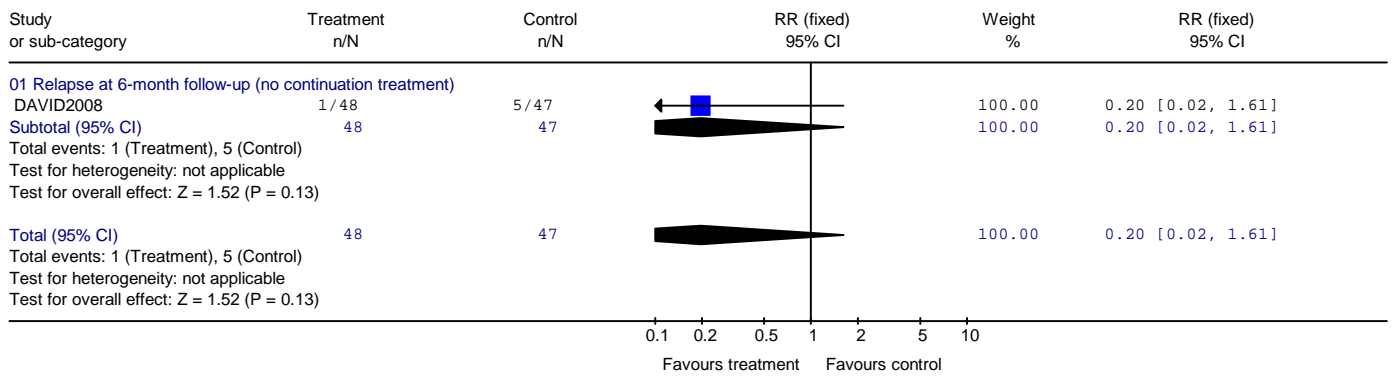
Rational emotive behaviour therapy

Review: Dep Up: Psychology: Rational Emotive Behavior Therapy (FINAL VERSION)
 Comparison: 01 REBT v ADs
 Outcome: 01 Depression scores: continuous measures



Appendix 19b: Psychological clinical evidence forest plots

Review: Dep Up: Psychology: Rational Emotive Behavior Therapy (FINAL VERSION)
 Comparison: 01 REBT v ADs
 Outcome: 02 Relapse



Review: Dep Up: Psychology: Rational Emotive Behavior Therapy (FINAL VERSION)
 Comparison: 01 REBT v ADs
 Outcome: 03 Leaving study early

