

Depression update Guideline Development Group Meeting

Date and Time: Wednesday 21st November 2007, 10.30am – 5pm
Thursday 22nd November 2007, 9.30am – 4pm

Minutes: Confirmed

Place: The Royal College of Psychiatrists' Research and Training Unit
6th Floor Standon House
21 Mansell Street
London
E1 8AA

Present: **GDG members**

Ian Anderson (Chair) (IA)
Jeremy Clarke (JC)
Catherine Harris (CH)
Mark Kenwright (MK)
Willem Kuyken (WK)
Brendan Masterson (BM) - Present for notes 1 – 10
Alan Meudel (AM)
Richard Moore (RM) - Present for notes 1 – 10
Carol Paton (CP) - Present for notes 7 – 16
Tom Shackleton (TS)
Jane Wood (JW)

Experts

None

In attendance:

NCCMH Staff: Rachel Burbeck
Sarah Hopkins
Angela Lewis
Steve Pilling
Peny Retsa
Beth Shackleton - Present for notes 1 – 10
Sarah Stockton - Present for notes 11 – 16
Gabrielle Harvey - Present for notes 11 – 16
Nick Meader - Present for notes 11 – 16

NICE staff Sarah Willett
Victoria Thomas - Present for notes 11 – 12

Observers: None

Notes

1. IA welcomed the group to the first meeting of this GDG. Apologies were received from Carolyn Chew-Graham, Glyn Lewis, Richard Moore (second day), and Brendan Masterson (second day). The Chair asked all GDG members to declare any relevant conflicts of interest.
2. IA, CH, BM, AM, RM, TS and JW all declared that they knew of no new personal specific, personal non-specific, non-personal specific or non-personal non-specific interest in the development of this guideline. MK declared a personal non-pecuniary interest in CCBT – co-ordinated two pilot studies and one RCT and managed the ‘Stress Self-Help Clinic’ which offered the CCBT packages Fearfighter, BTSteps and COPE. JC declared a personal non-pecuniary interest through his membership of the expert reference group programme board for IAPT. WK declared a non - personal pecuniary interest by his involvement in occasional CPD workshops on CBT and MCBT nationally and internationally.
3. Sarah Willett, guidelines commissioning manager at NICE, presented on the role of NICE, the Clinical Guideline Programme and the guideline development process (key phases and products).
4. The GDG then discussed confidentiality surrounding guideline development and obtaining and using unpublished evidence.
5. Steve Pilling explained the role of service users and carers in the GDG.
6. Beth Shackleton gave a presentation on implementation. The GDG then discussed possible ideas for implementation.
7. Carol Paton was introduced to the group. The chair asked CP to declare any relevant conflicts of interest. CP declared a non-personal pecuniary interest – sponsored attendance by Janssen Cilag at European Congress of Neuropsychopharmacology conference 2007.
8. Steve Pilling gave a presentation on the development of NICE guidelines, the scoping process, the process from clinical question to forming recommendations and the various products produced.
9. Steve Pilling gave an overview of the original guideline, including the evidence reviewed, the number of recommendations made, and the scope of the update.
10. Rachel Burbeck gave a presentation on meta-analysis and GRADE (a system for grading evidence).
11. Victoria Thomas presented an overview of the role of the Patient and Public Involvement Programme at NICE.
12. Peny Retsa gave a presentation on introduction to health economics.
13. Rachel Burbeck presented the clinical questions to the group, based on what was included in the scope. The discussions included:
 - Age
 - Hearing difficulties
 - Concordance
 - Adverse events
 - Drug interactions
 - Screening

14. Rachel Burbeck gave a presentation on defining severity and determining outcomes.
15. The GMS is a web based system used to draft, review and store all documents relating to guideline development. GDG members were shown how to log in, view and edit documents.
16. Date, time and venue of the next meeting: Friday 14th December, 10.30am – 4pm, Royal College of Psychiatrists' Research and Training Unit, Aldgate, London