

## Depression update Guideline Development Group Meeting

**Date and Time:** Friday 14<sup>th</sup> December 2007, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists' Research and Training Unit  
4<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**

Ian Anderson (Chair) (IA)  
Alison Barnes (AB)  
Carolyn Chew-Graham (CC-G)  
Jeremy Clarke (JC)  
Catherine Harris (CH)  
Mark Kenwright (MK)  
Willem Kuyken (WK)  
Glyn Lewis (GL)  
Brendan Masterson (BM)  
Alan Meudel (AM)  
Richard Moore (RM)  
Tom Shackleton (TS)  
Jane Wood (JW)

**Invited Experts**

None

**In attendance:**

NCCMH Staff: Rachel Burbeck  
Sarah Hopkins  
Angela Lewis  
Steve Pilling  
Peny Retsa  
Beth Shackleton  
Sarah Stockton

NICE staff: None

Observers: None

## Notes

1. IA welcomed the group and introduced Alison Barnes, Glyn Lewis and Carolyn Chew-Graham to the group. Apologies were received from Carol Paton. The Chair asked all GDG members to declare any relevant conflicts of interest.

AB, MK, BM, RM, TS, JW, RB, SH, AL, PR, BS, SS all declared that they knew of no new personal specific, personal non-specific, non-personal specific or non-personal non-specific interest in the development of this guideline.

IA declared a personal non-pecuniary interest – he is a member of the MHRA Psychiatry Expert Advisory Group. IA also declared a non-personal pecuniary interest as his university research fund received an honorarium payment for IA speaking at non-promotional meeting from Wyeth

CC-G declared a personal non-pecuniary interest as she was a consultant at a Servier meeting. She also declared a non-personal pecuniary interest as she is involved with a collaborative care project which received a £2million MRC grant.

SP declared a non-personal pecuniary interest as he too is involved with a collaborative care project which received a £2million MRC grant.

GL declared a non-personal pecuniary interest as he too is involved with a collaborative care project which received a £2million MRC grant. He also declared a personal non-pecuniary interest as he is currently involved in setting up a CBT web chat room

CH declared a personal non-pecuniary interest as she is a member of the Mental Health Carers Support Association.

JC declared a personal non-pecuniary interest as he is on the board of the expert reference group for the IAPT (Improving Access to Psychological Therapies) programme.

WK declared a non-personal pecuniary interest as he runs CPD events, the proceeds of which are paid to the University of Exeter.

AM declared a personal non-pecuniary interest as he is a member of a psychiatric medication forum

2. Business matters. The minutes were agreed to be an accurate reflection of the last meeting. The GDG members were asked to submit any names and contact details of researchers who are working on relevant studies.
3. The service user and carer representatives noted their appreciation of the NICE training day. CH asked for some information on how the group will look for new research and on compliance to treatment data.
4. The GDG went through the Clinical Questions with RB. The comments were notes by RB and changes will be made before the next meeting.
5. SS presented on literature searches and asked for any key papers in the area to be submitted to her.
6. PR presented on Health Economics and explained in more detail how economic models would be built for this guideline.
7. RB and SP presented the definitions for terms in depression and asked the GDG for comments on these definitions. The group also discussed the various levels of severity and will bring their notes on these issues to the next meeting.

8. The group agreed on having three topic groups to reflect the three areas outlined in the Clinical Questions. The service users and carer had already discussed topic groups and allocated themselves to their preferred group. The rest of the GDG all decided to join the most relevant group for their area of expertise.
9. Date, time and venue of the next meeting: Wednesday 30<sup>th</sup> January, 10.30am – 4pm, Royal College of Psychiatrists' Research and Training Unit, Aldgate, London