Depression update Guideline Development Group Meeting

**Date and Time:** Wednesday 27th February 2008, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists’ Research and Training Unit
4th Floor Standon House
21 Mansell Street
London
E1 8AA

**Present:**

GDG members
Ian Anderson (Chair) (IA)
Alison Barnes (AB)
Jeremy Clarke (JC)
Catherine Harris (CH)
Mark Kenwright (MK)
Willem Kuyken (WK)
Glyn Lewis (GL)
Brendan Masterson (BM)
Alan Meudel (AM)
Alex Mitchell (AMt)
Richard Moore (RM)
Carol Paton (CP)
Jane Wood (JW)

Invited Experts
None

In attendance:

**NCCMH Staff:**
Linda Bayliss
Rachel Burbeck
Sarah Hopkins
Angela Lewis
Steve Pilling

**NICE staff:**
None

**Observers:**
None
Notes

1. IA welcomed the group and introduced Linda Bayliss, a new research assistant at the NCCMH to the group. Apologies were received from Beth Shackleton, Tom Shackleton and Carolyn Chew-Graham. The Chair asked all GDG members to declare any relevant conflicts of interest.

   IA, AB, LB, RB, JC, CH, SH, MK, WK, AL, GL, BM, AM, AMt, RM, CP, SP, JW all declared that they knew of no new personal specific, personal non-specific, non-personal specific or non-personal non-specific interest in the development of this guideline.

2. Business matters. The minutes were agreed to be an accurate reflection of the last meeting. BS is to feedback to group next time on whether the service user and carer representatives can use an Athens account. SP and AMt are going to lead on the link with the DCHP guideline interaction.

3. The group discussed the recent reaction to the meta-analysis published by Kirsch and colleagues (Initial Severity and Antidepressant Benefits: A Meta-Analysis of Data Submitted to the Food and Drug Administration) and the implications for this guideline update.

4. The GDG went through a draft paper written by RB and SP on how to classify depression. It was decided that a full session was needed in addition to the days’ discussions in order to finalise this paper. The paper also must be fully agreed on by the DCHP GDG and must be peer reviewed by SU organisations. The GDG members were asked to think of who the paper should be sent to.

5. The service users and the carer requested a separate meeting after the next GDG to discuss gathering testimonies. The group is keen to look at BME issues and stigma.

6. Date, time and venue of the next meeting: Wednesday 2nd April, 10.30am – 4pm, Royal College of Psychiatrists’ Research and Training Unit, Aldgate, London