

Depression update Guideline Development Group Meeting

Date and Time: Thursday 4 June 2008, 10.30am – 4pm

Minutes: Confirmed

Place: The Royal College of Psychiatrists' Research and Training Unit
4th Floor Standon House
21 Mansell Street
London
E1 8AA

Present: **GDG members**

Ian Anderson (Chair) (IA)
Alison Barnes (AB)
Jeremy Clarke (JC)
Catherine Harris (CH)
Mark Kenwright (MK)
Willem Kuyken (WK)
Glyn Lewis (GL)
Alan Meudel (AM)
Alex Mitchell (AMt)
Richard Moore (RM)
Carol Paton (CP)
Jane Wood (JW)

Invited Experts

Steve Hollon (SH)

In attendance:

NCCMH Staff: Linda Bayliss (LB)
Rachel Burbeck (RB)
Angela Lewis (AL)
Suffiya Omarjee (SO)
Steve Pilling (SP)
Beth Shackleton (BS)

NICE staff: None

Observers: None

Notes

1. IA welcomed guest Steve Hollon to the group. Apologies were received from Brendan Masterson. The Chair asked all GDG members to declare any relevant conflicts of interest.

IA declared a non-personal pecuniary interest (Eli Lilly sponsored a talk on managing depression, independent content, honorarium going to University research funds) and a non-personal pecuniary interest (P1 Vital commercial study supported by Servier). AM declared a personal non-pecuniary interest: he has been a member of Caerphilly Borough Council Mental Health Strategy Group, and a member of Adult Mental Health NSF Implementation Advisory Group. All other GDG members present declared no new interests.
2. The minutes of the last meeting were agreed to be an accurate reflection of the meeting.
3. The GDG discussed the issue of foreign language papers and how they might be dealt with systematically.
4. CP provided a progress report on the Pharmacology topic group, including work on dysthymia, subthreshold depression and light therapy. The GDG also agreed that new antidepressants that are not yet licensed should not be included in the guideline.
5. RB provided an update on the Psychology topic group, with the chapter writing plan to be finalised.
6. JW provided an update on the Service Configuration topic group, including categorisation of collaborative care/enhanced care.
7. BS presented the guideline writing plan and sought the group's comments on the Methods chapter. The GDG also agreed that Service User and Carer Experiences should be a separate chapter from Delivery of Services.
8. SH presented the findings from a range of SAMHSA (Substance Abuse and Mental Health Services Administration, USA) model evidence-based intervention programmes for depression, including studies comparing antidepressants and cognitive therapy.
9. Date, time and venue of the next meeting: Wednesday 23 July, 10.30am – 4pm, Royal College of Psychiatrists' Research and Training Unit, Aldgate, London