

## Depression in Chronic Physical Health Problems Guideline Development Group Meeting

**Date and Time:** Thursday 11<sup>th</sup> September 2008, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists' Research and Training Unit  
6<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**

David Goldberg (Chair) (DG)  
Francis Creed (FC)  
Chris Dowrick (CD)  
Mark Haddad (MH)  
John Hindle (JH)  
David Kessler (DK)  
James Lindesay (JL)  
Margaret Ogden (MO)  
Jonathan Packham (JP)  
Steve Wilcox (SW)

### **Experts**

None

### **In attendance:**

NCCMH Staff: Catherine Pettinari (CP)  
Ryan Li (RL)  
Nick Meader (NM)  
Steve Pilling (SP)  
Mario Rizzo (MR)

NICE staff: None

Observers: None

## Notes

1. DG welcomed the group. Apologies were received from Neil Andrews and Nicky Thomas.  
  
Gwyn Grout had withdrawn from the GDG due to personal reasons.  
  
CP was introduced to the group as the new project manager to replace RL, who will be leaving NCCMH.
2. All members present declared no new personal specific, personal non-specific, non-personal specific or non-personal non-specific interest in the development of this guideline.
3. The minutes of the last meeting were agreed as a true and accurate account.
4. MO reported on a joint meeting with the service users and carers (SUC) in the Depression Update group on 3 September. Broadly the issues covered were:
  - Causes of depression rooting in childhood
  - Perception of a lack of provision of psychological services in the NHS, and the importance of choice for service users
  - The concept of 'recovery' from depression
5. The deadline for submission of the draft guideline will now be on 16 March 09, with the publication date now 29<sup>th</sup> September 09.
6. DT gave a summary of the pharmacology topic group meetings which focused on the effectiveness of various antidepressants.
7. FC gave a summary of the psychology topic group meeting which looked at the evidence base available and inclusion criteria for studies.
8. DK gave a summary of the case identification topic group meeting, outlining some draft recommendations.
9. DK gave a summary of the service configuration, giving an overview of the service-level interventions literature in DCHP.
10. The GDG reviewed the draft introduction chapter.
11. RL provided a brief overview of the GMS, a web-based system for managing guideline content and GDG members' input.
12. Date, time and venue of the next meeting: Wednesday 12<sup>th</sup> November, 10.30am – 4pm, Royal College of Psychiatrists' Research and Training Unit, Aldgate, London