

## Depression in Chronic Physical Health Problems – Forest Plots

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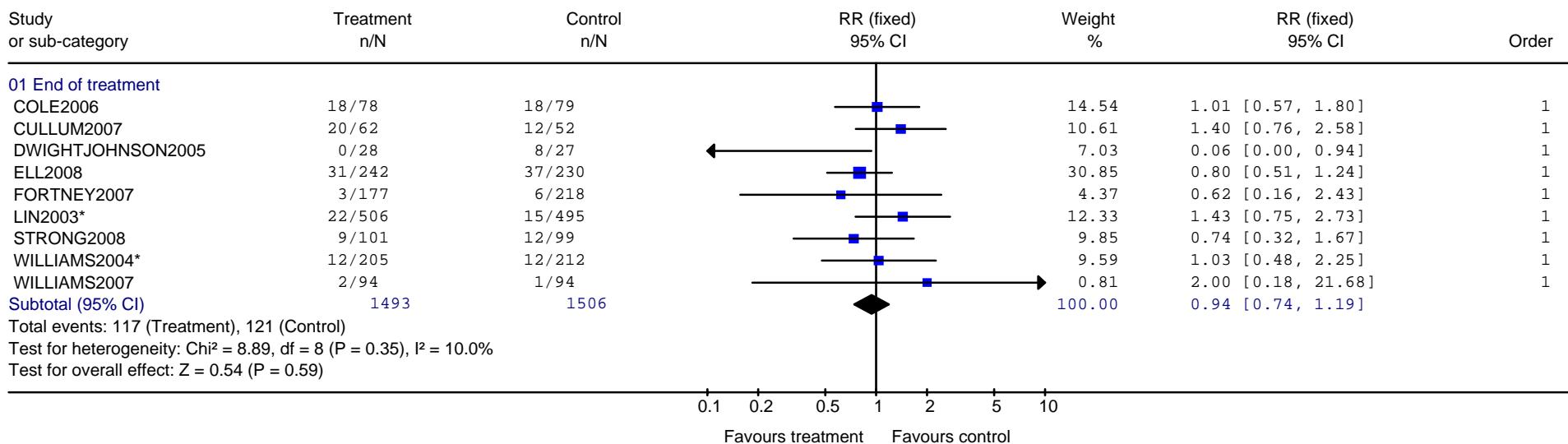
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## *Service Level interventions*

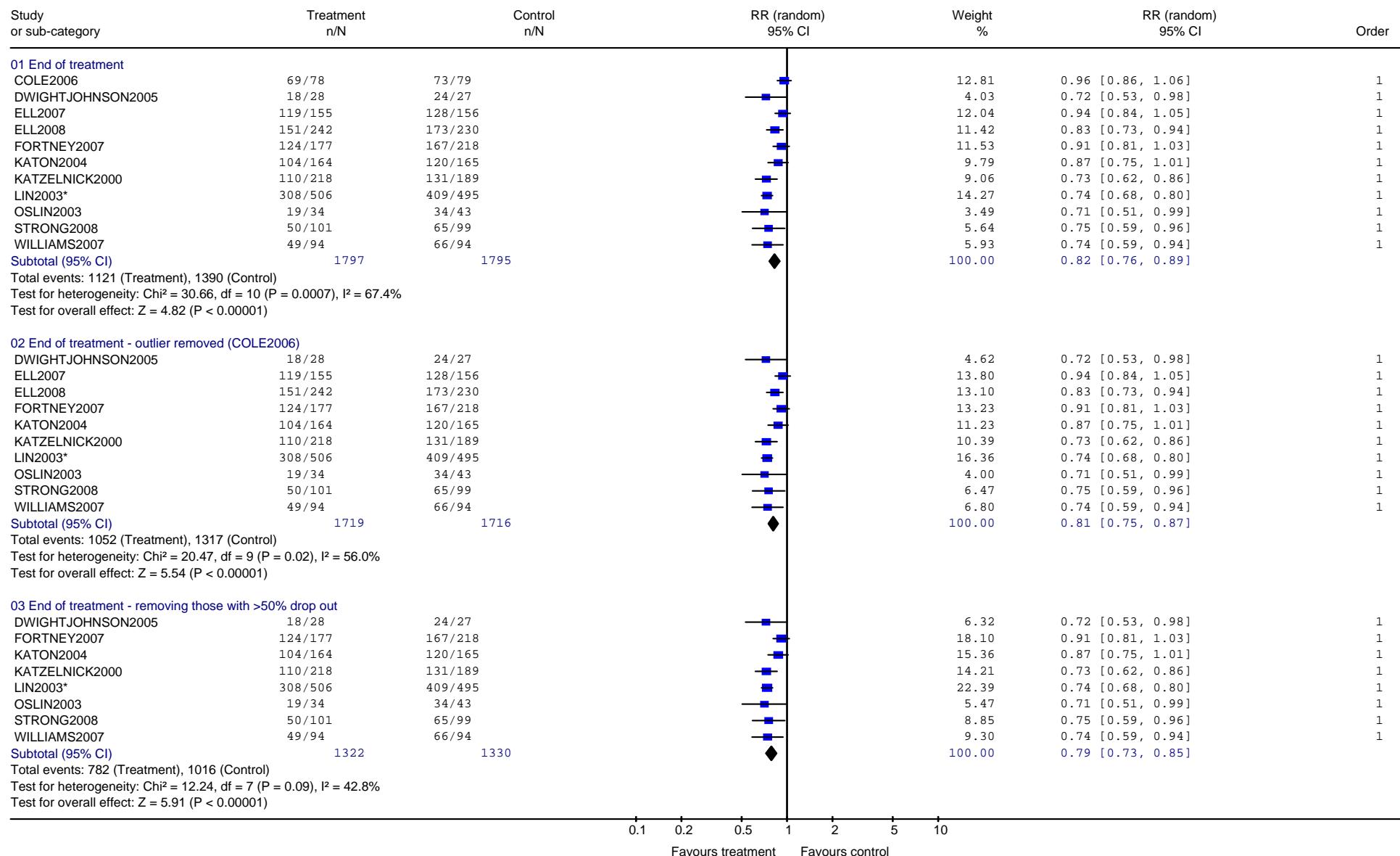
### **Collaborative care vs. Everything**

Review: DCHP - Service  
 Comparison: 01 Collaborative care vs. everything (WCS analysis)  
 Outcome: 20 Mortality



# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Service  
 Comparison: 01 Collaborative care vs. everything (WCS analysis)  
 Outcome: 30 Depression outcome. 1. Non-Response (<50% improvement) - sensitivity analysis

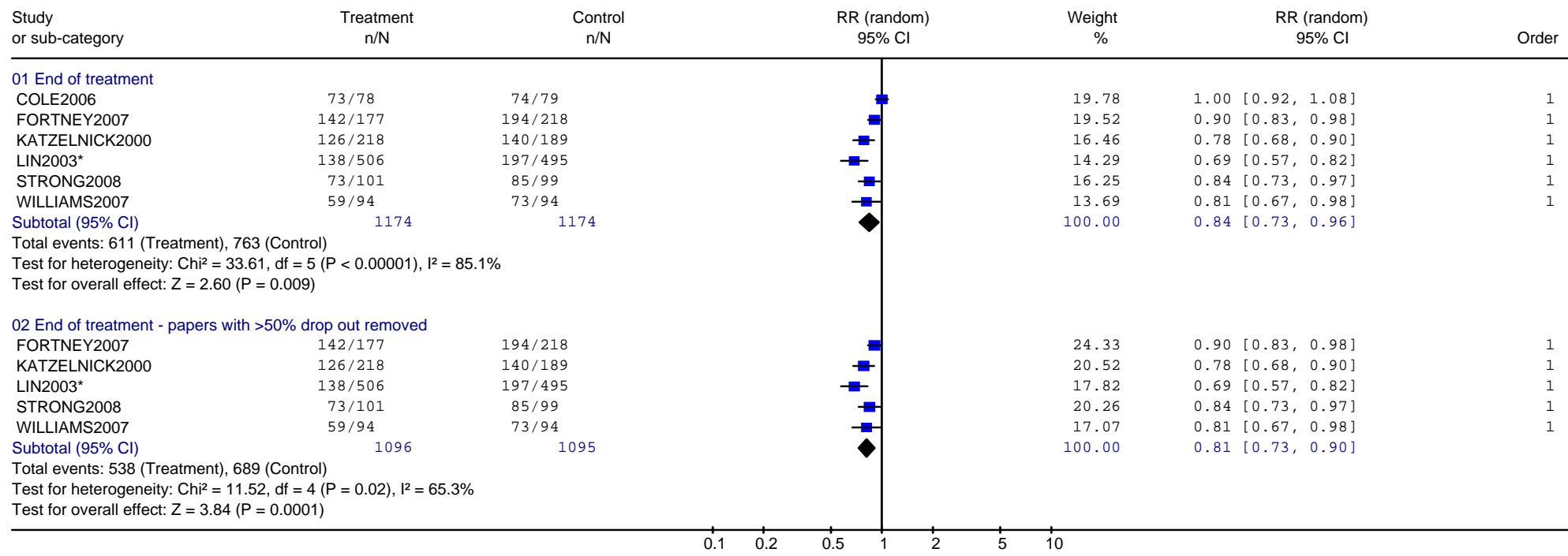


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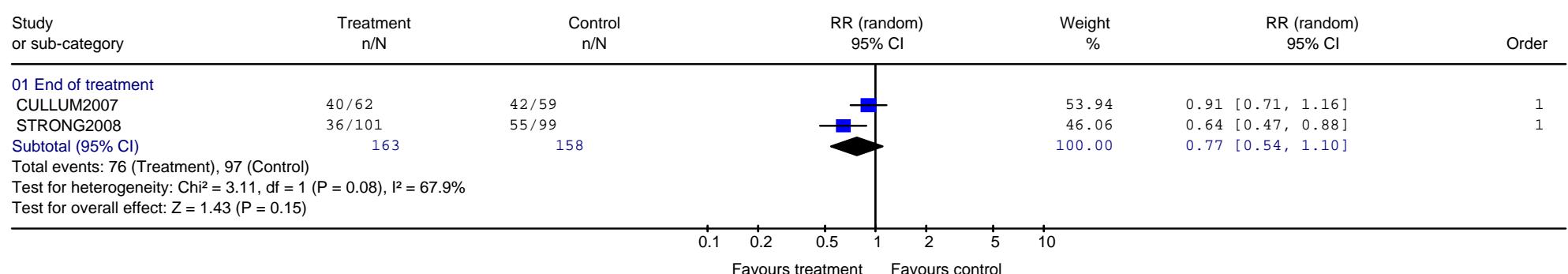
Outcome: 32 Depression outcome 2. Non-remission ( scoring above cut off e.g. >7 on HAM-D)



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 33 Depression outcome 3. Diagnosis (at follow up)

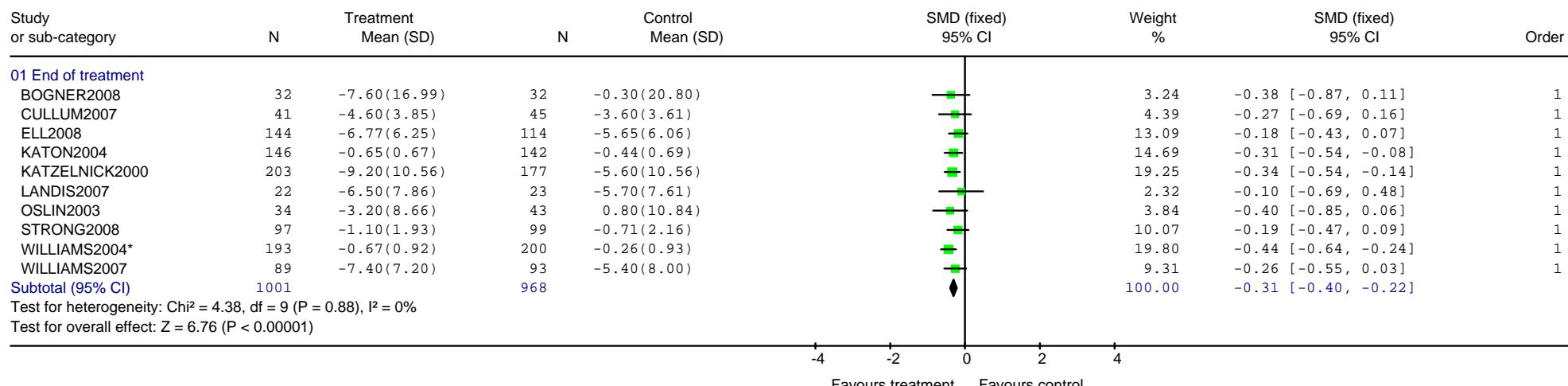


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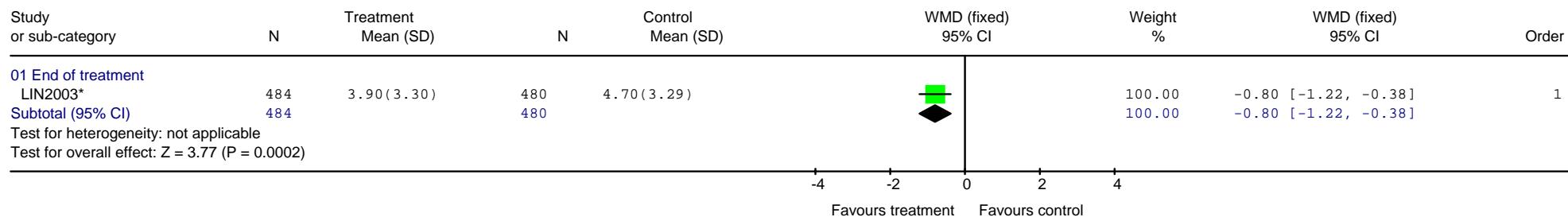
Outcome: 34 Depression outcome 4. Continuous measures depression rating scale(Change score)



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 40 Physical health outcome: 1. Sheehan disability score

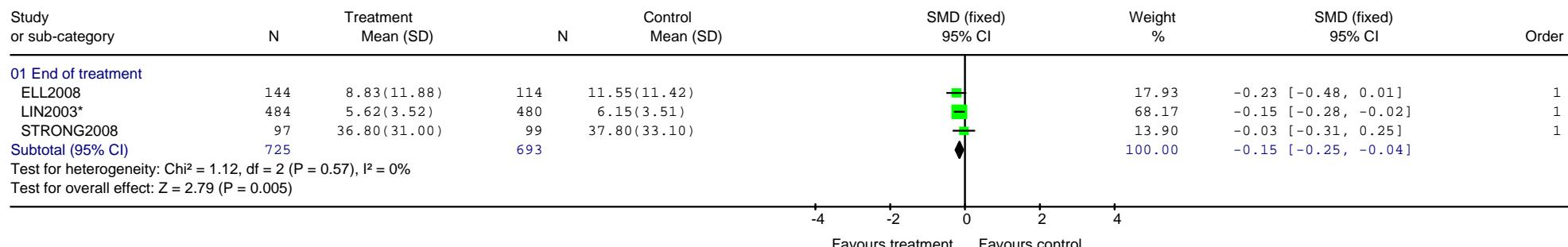


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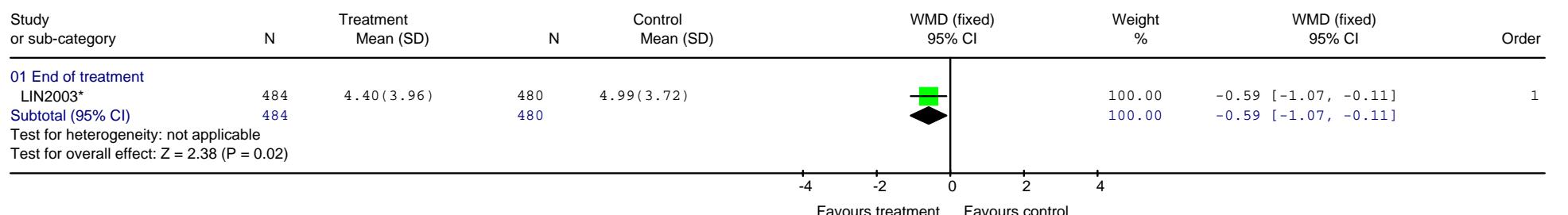
Outcome: 41 Physical health outcome: 2. Pain intensity (Brief pain inventory, author defined scale)



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

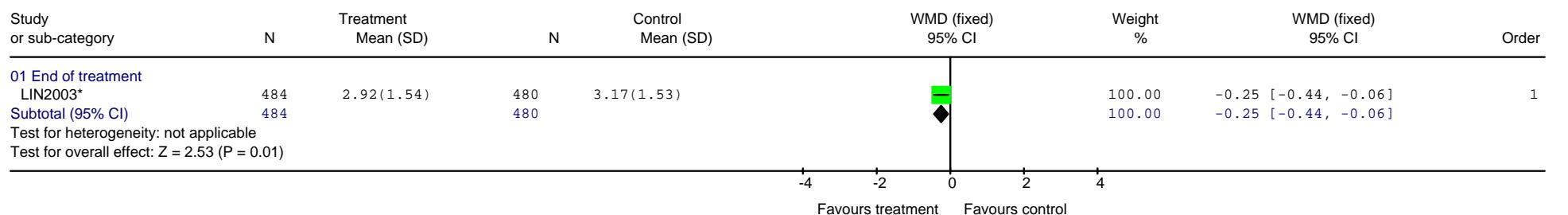
Outcome: 42 Physical health outcome: 3. Interference with daily activities



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 43 Physical health outcome: 4. Pain interferes with activity

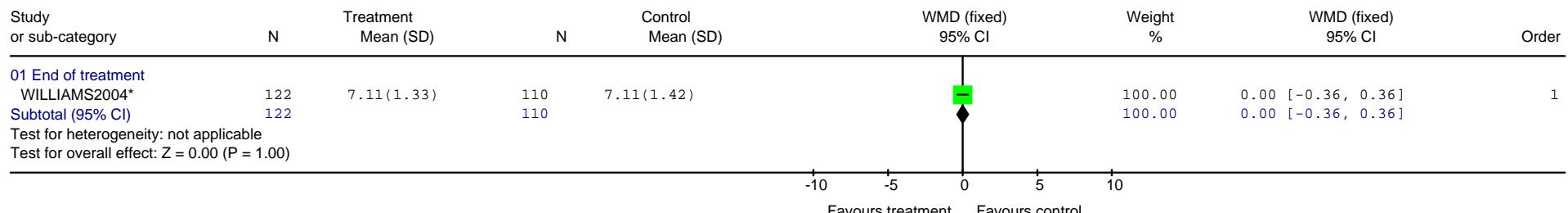


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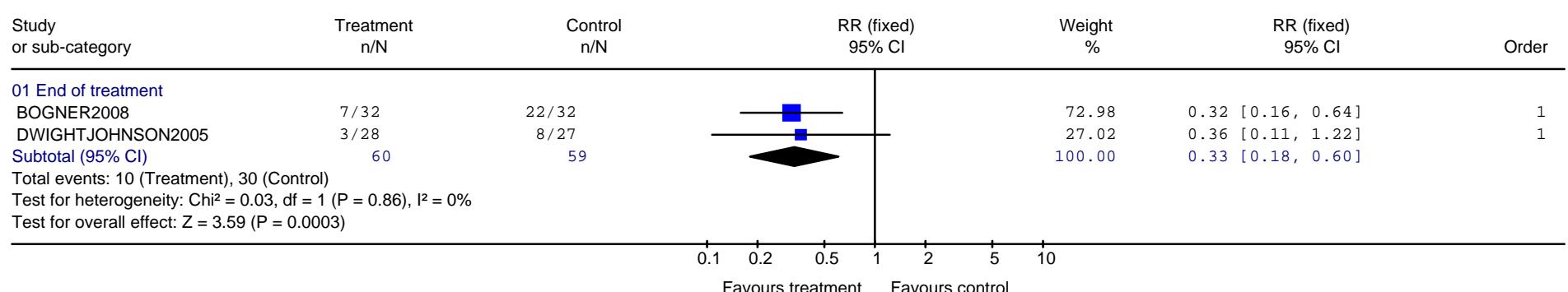
Outcome: 44 Physical health outcome: 5. Haemoglobin values



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

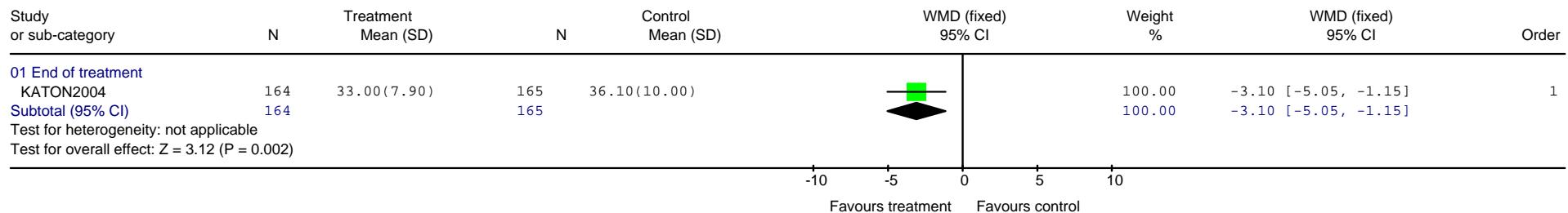
Outcome: 45 Physical health outcome 6. Non-adherence to physical health treatment



Review: DCHP - Service

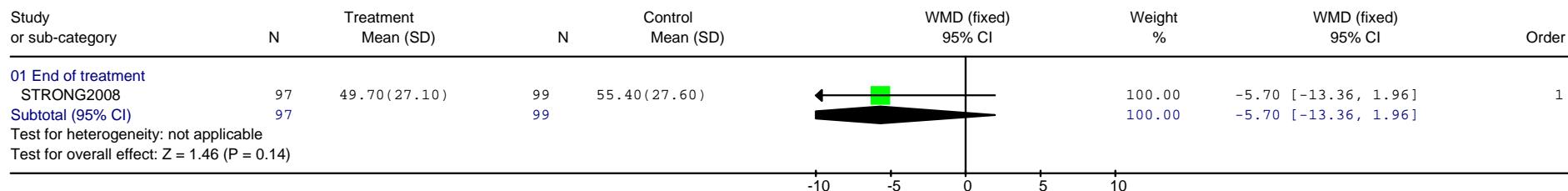
Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 46 Physical health outcome: 7. BMI

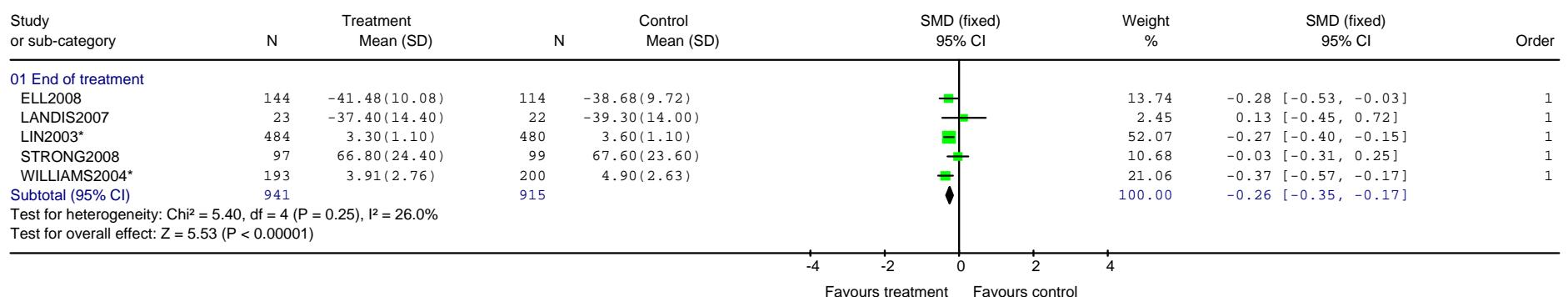


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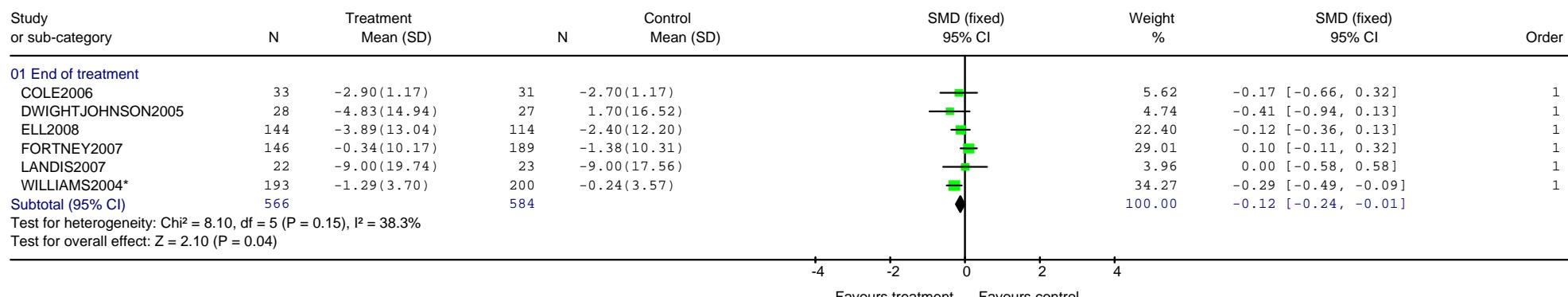
Review: DCHP - Service  
 Comparison: 01 Collaborative care vs. everything (WCS analysis)  
 Outcome: 47 Physical health outcome: 8. Fatigue



Review: DCHP - Service  
 Comparison: 01 Collaborative care vs. everything (WCS analysis)  
 Outcome: 49 Physical health outcome/ QoL: 1. General physical wellbeing/ functioning (SF-12 physical etc)



Review: DCHP - Service  
 Comparison: 01 Collaborative care vs. everything (WCS analysis)  
 Outcome: 50 Physical health outcome/ QoL: 2. General physical wellbeing/ functioning (Change scores)

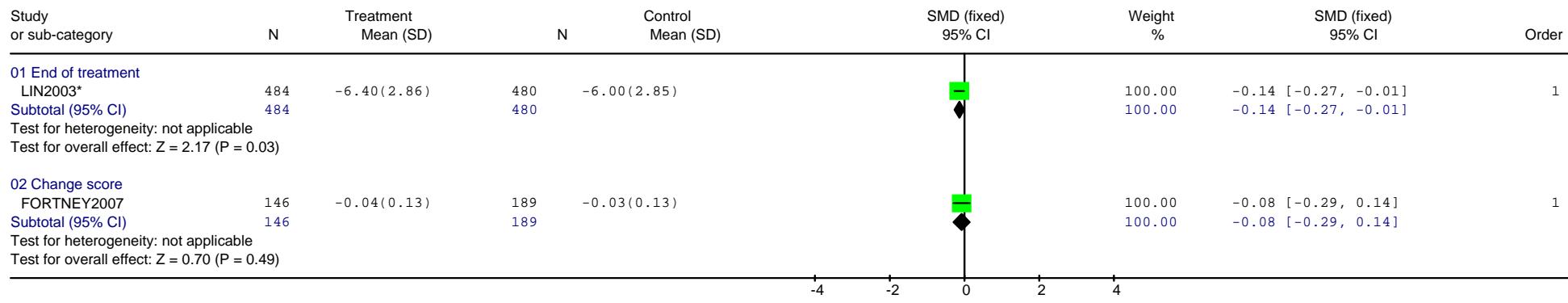


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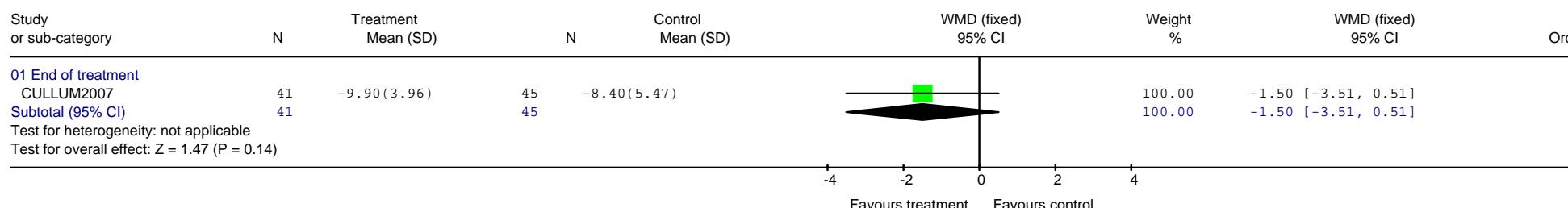
Outcome: 55 Quality of Life 1. General QoL scales ( Euroqol, 0-10 rating scale etc.)



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

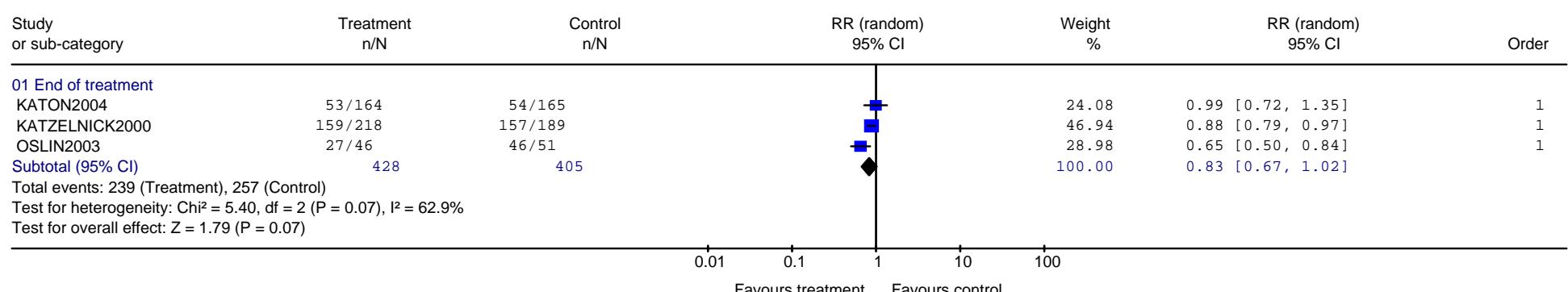
Outcome: 56 Quality of Life 2. No. QALWs gained (signs reversed)



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 60 Service use/ Process of care: 1. Did not receive a consultation / specified number of mental health visits

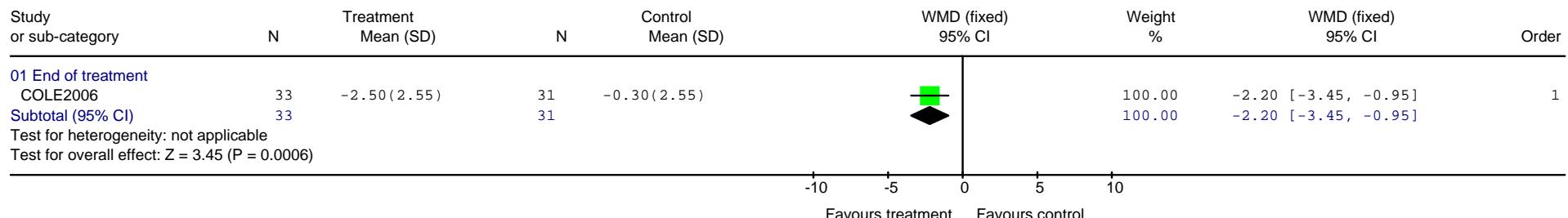


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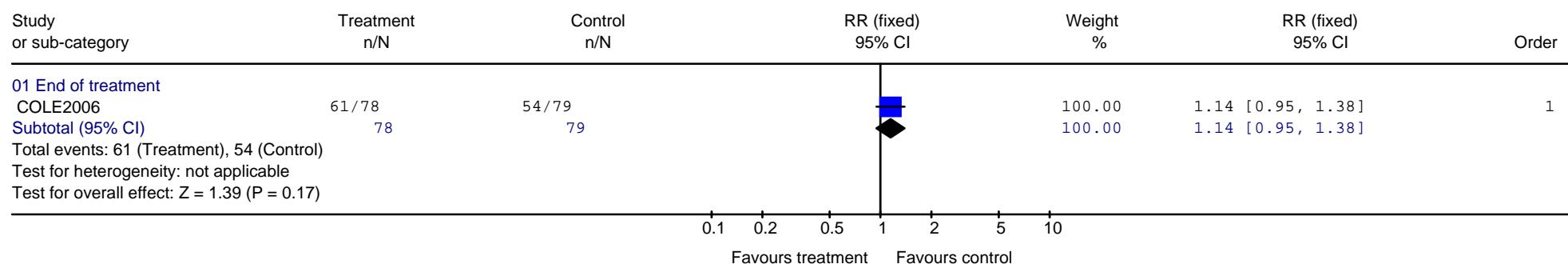
Outcome: 61 Service use/ Process of care: 2. Number of psychiatric outpatient visits



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

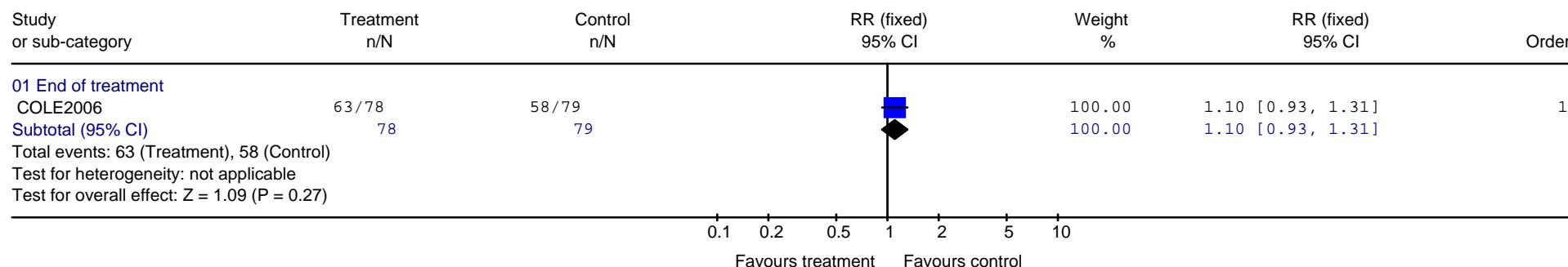
Outcome: 62 Service use/ Process of care: 3. Readmission



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 63 Service use/ Process of care: 4. Any visit to A&E

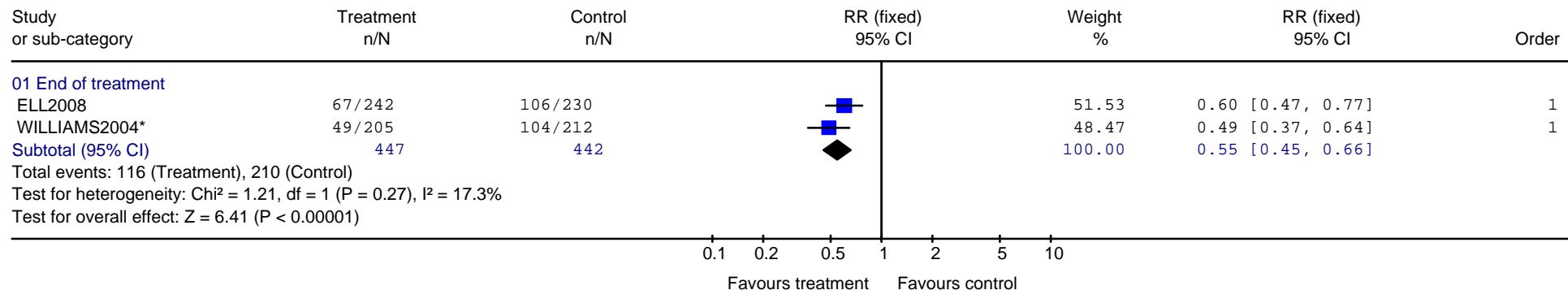


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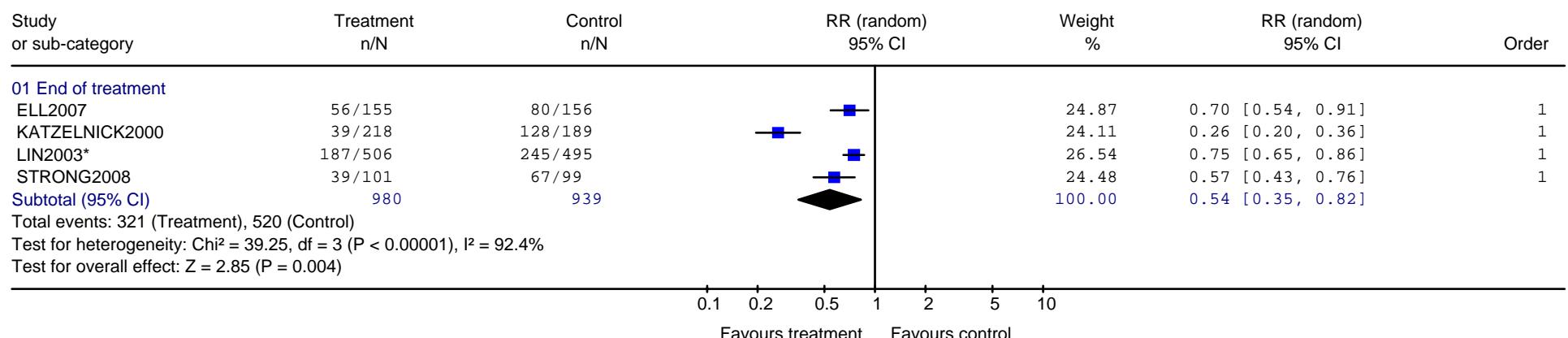
Outcome: 64 Service use/ process of care 5. Not receiving any depression treatment (antidepressants or psychosocial)



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 65 Service use/ process of care 6. Not receiving antidepressant medication

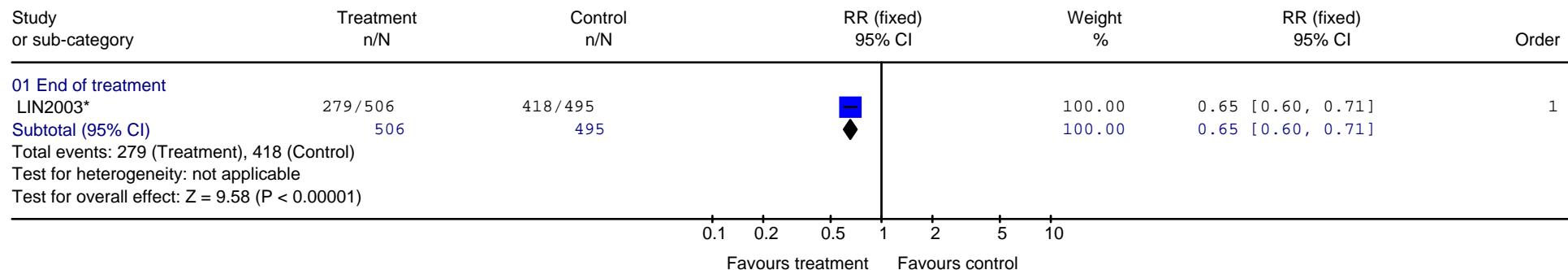


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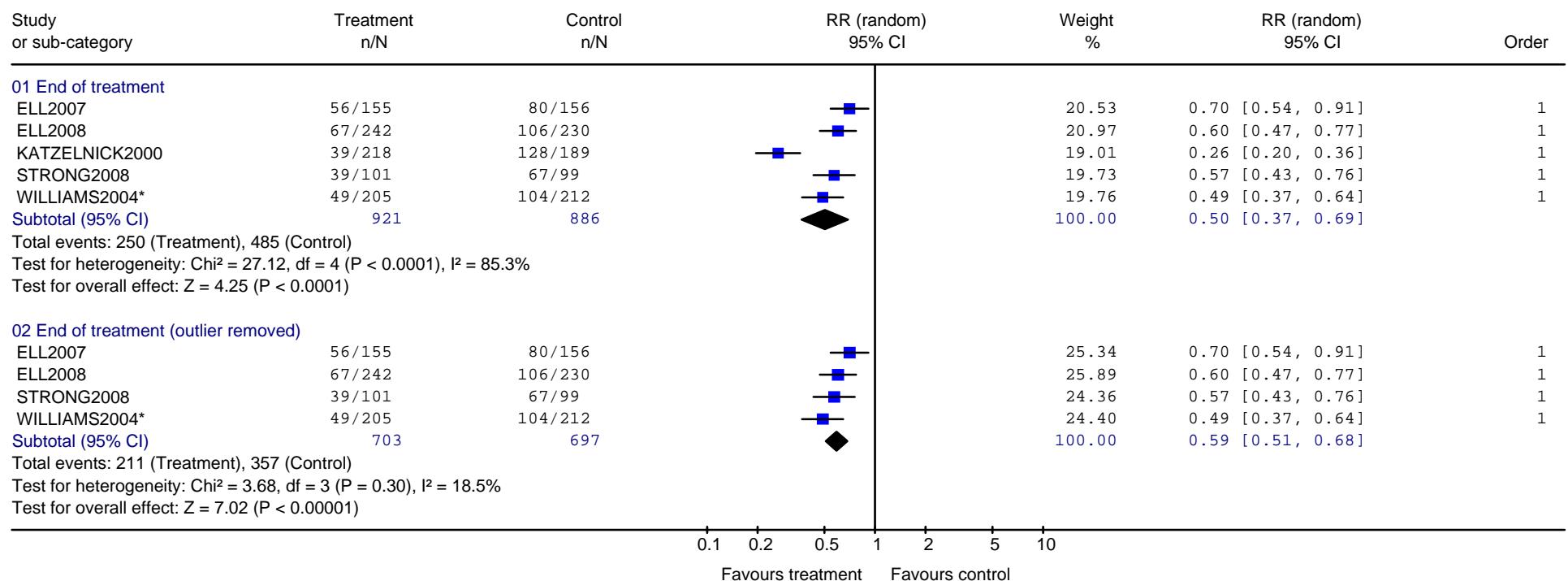
Outcome: 66 Service use/ process of care 7. Not receiving psychosocial interventions



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 67 Service use / Process of care (64-66 combined)

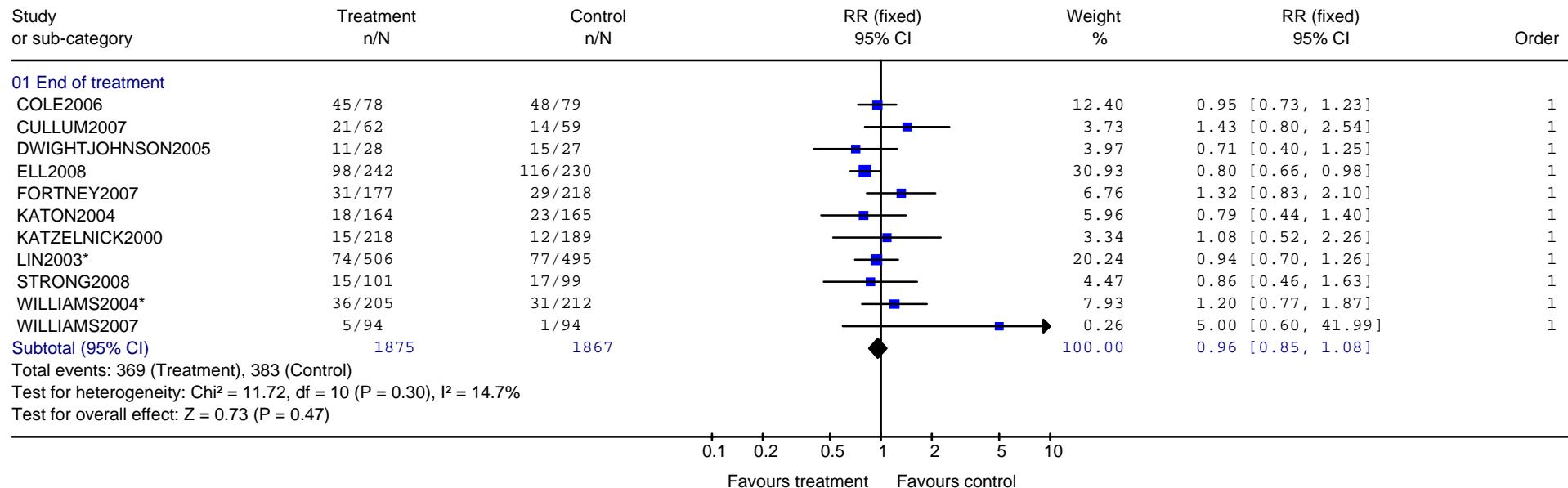


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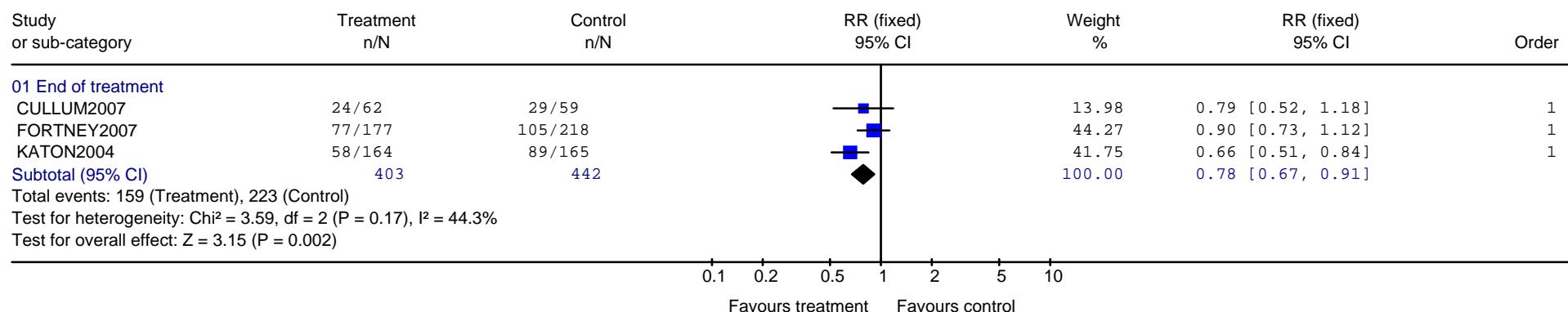
Outcome: 70 Treatment acceptability - leaving the study early for any reason



Review: DCHP - Service

Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 80 Satisfaction with service - not satisfied with treatment/care

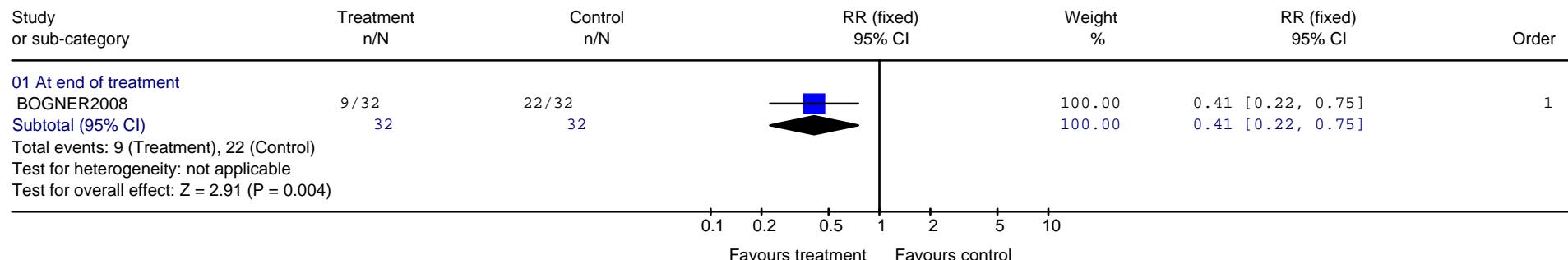


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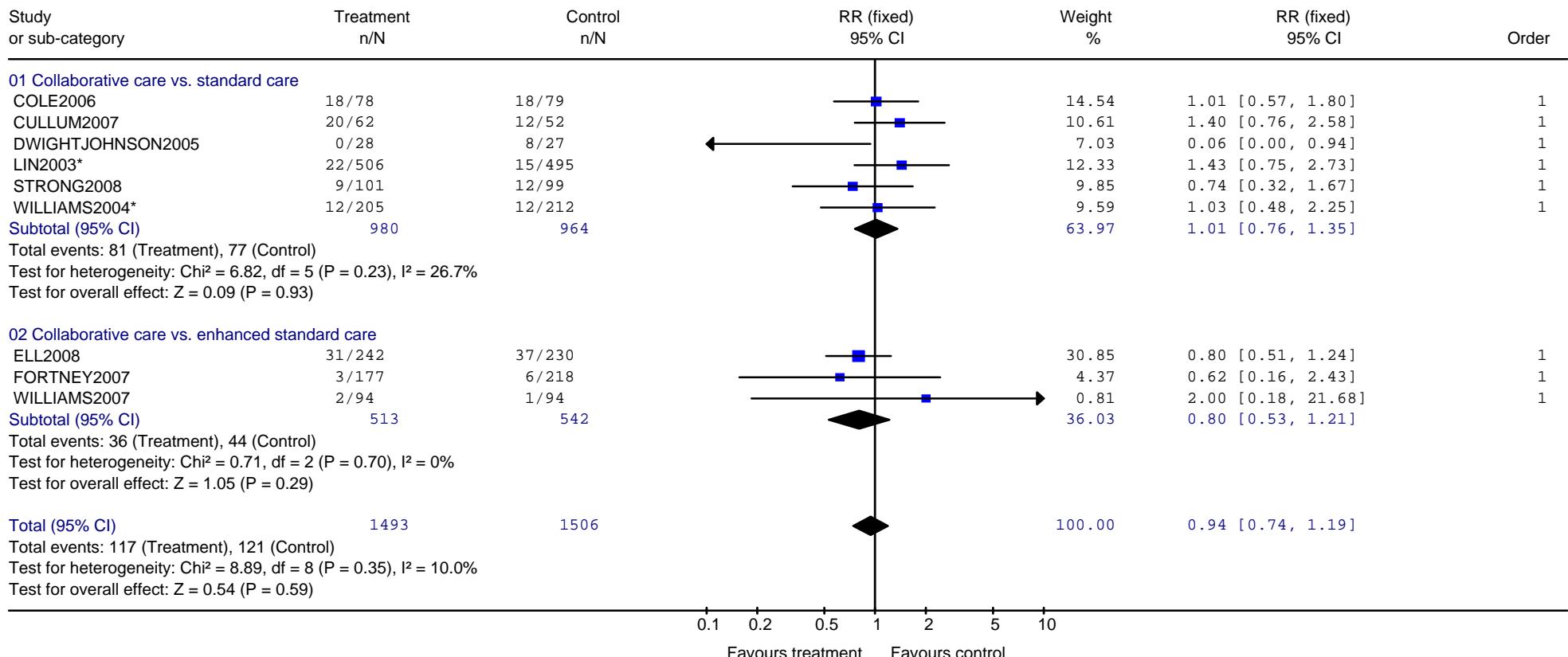
Comparison: 01 Collaborative care vs. everything (WCS analysis)

Outcome: 81 Non-adherence to antidepressant medication



## Collaborative care – subgroup analysis by comparison (standard care, enhanced standard care)

Review: DCHP - Service  
 Comparison: 02 Collaborative care vs. everything (WCS analysis) - subgroup by comparison  
 Outcome: 20 Mortality

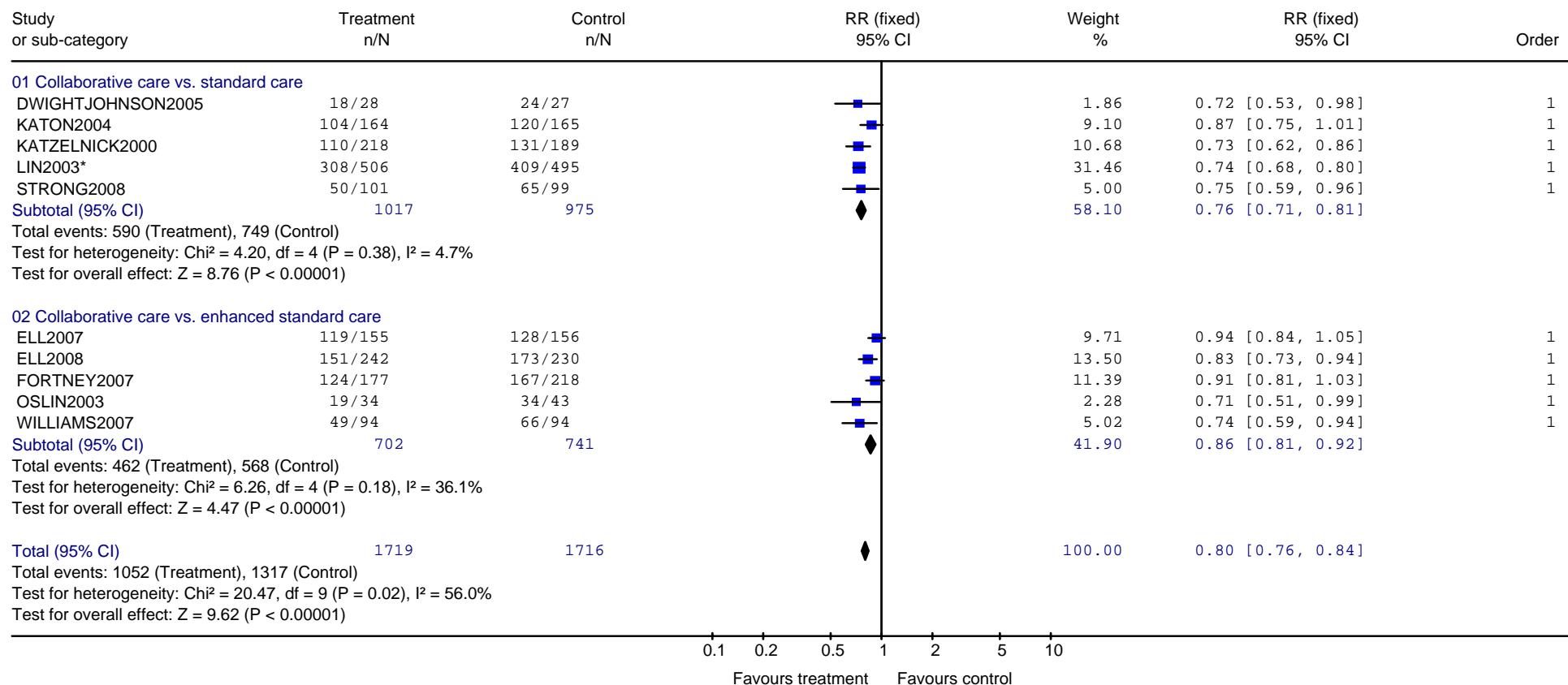


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Review: DCHP - Service

Comparison: 02 Collaborative care vs. everything (WCS analysis) - subgroup by comparison

Outcome: 31 Depression outcome. 1. Non-response (<50% improvement) - removing outlier

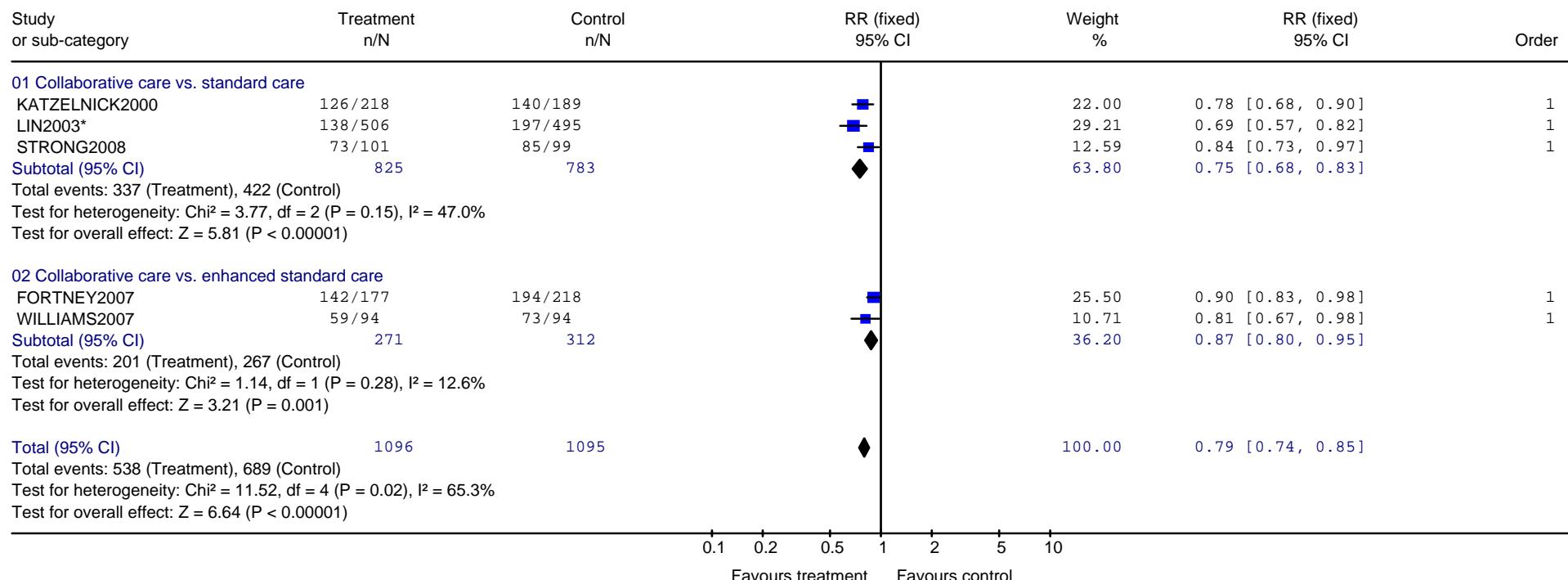


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Service

Comparison: 02 Collaborative care vs. everything (WCS analysis) - subgroup by comparison

Outcome: 32 Depression outcome 2. Non-remission (scoring above cut off e.g. >7 on HAM-D) - removed outlier

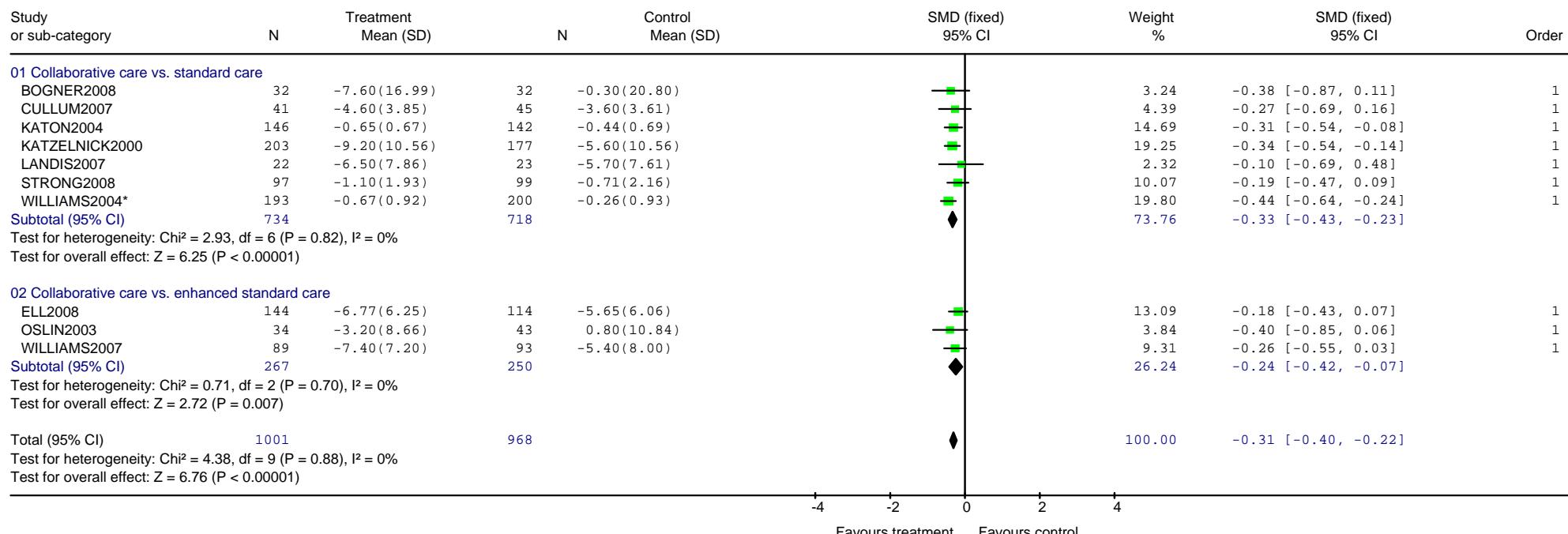


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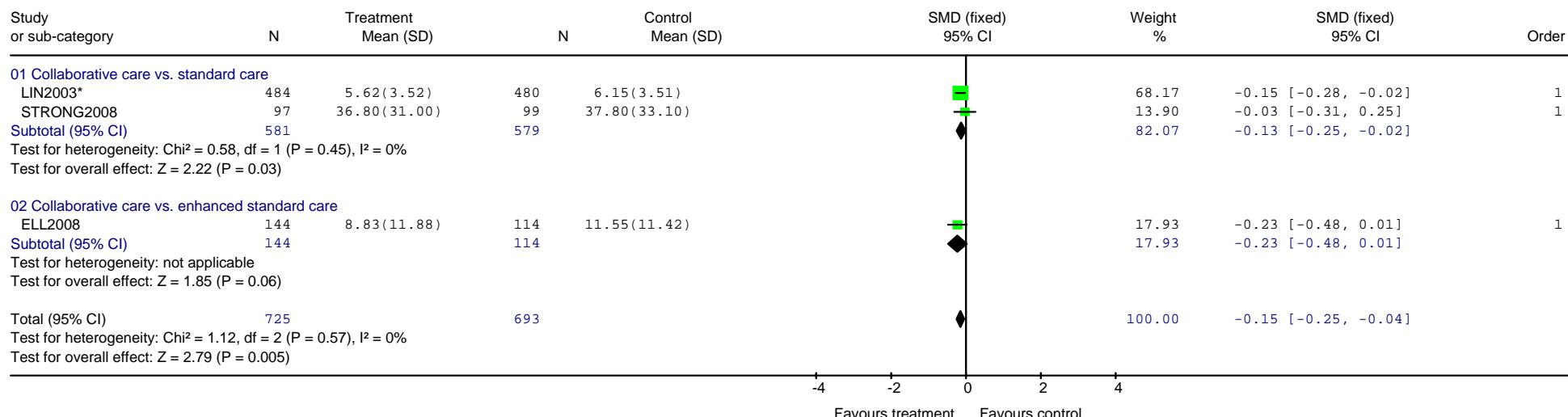
Comparison: 02 Collaborative care vs. everything (WCS analysis) - subgroup by comparison

Outcome: 34 Depression outcome 4.Continuous measures depression rating scale(Change score)

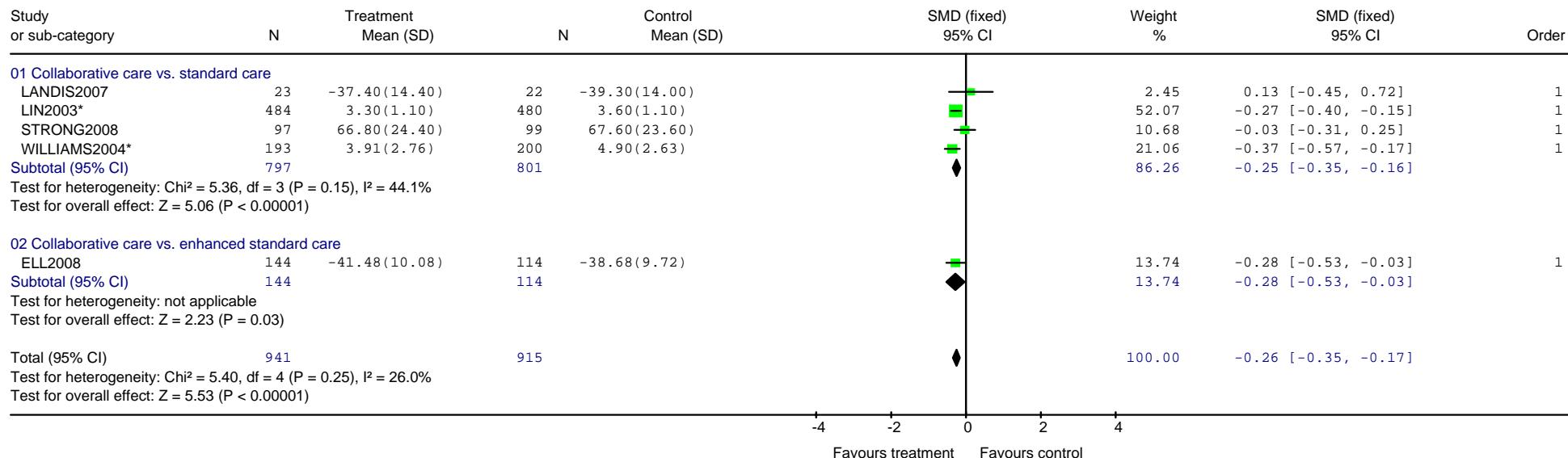


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Review: DCHP - Service  
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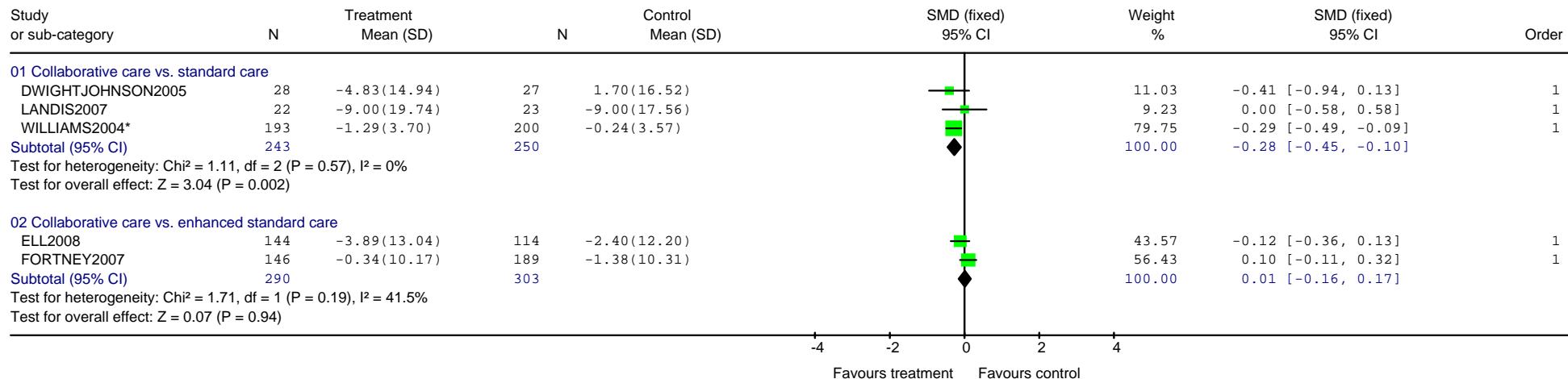


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Comparison: 02 Collaborative care vs. everything (WCS analysis) - subgroup by comparison

Outcome: 49 Physical health outcome/ QoL: 2. General physical wellbeing/ functioning (Change scores)

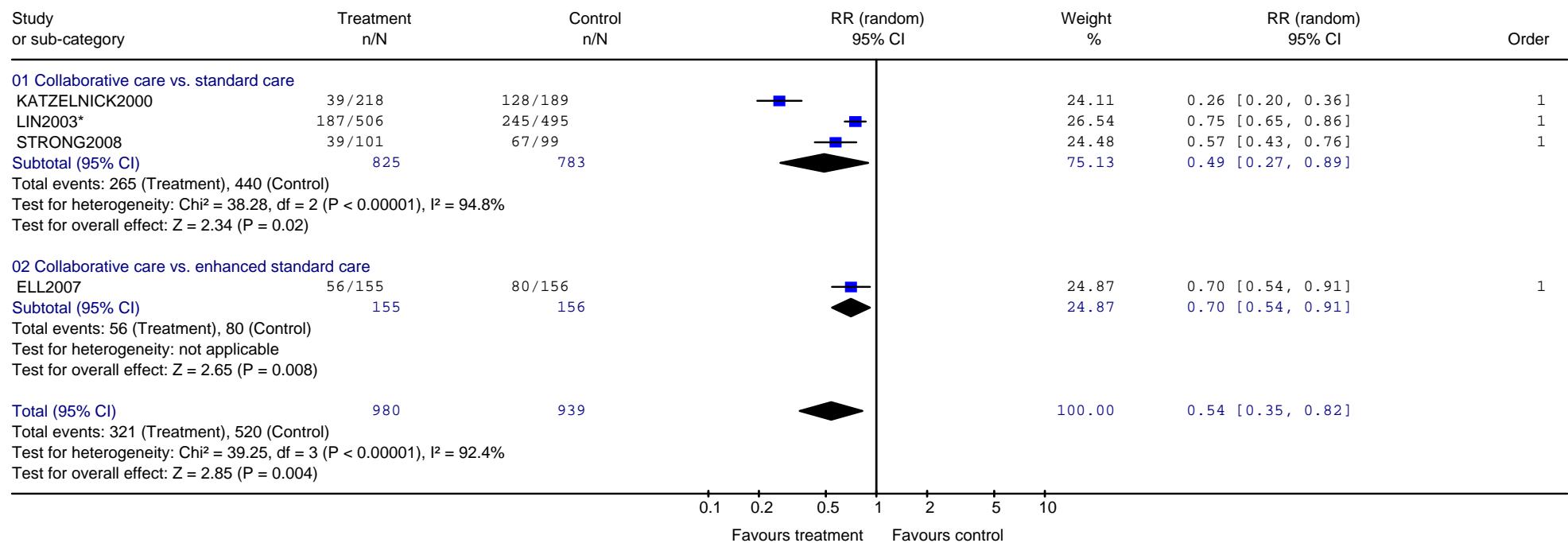


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Outcome: 65 Service use/ process of care 6. Not receiving antidepressant medication

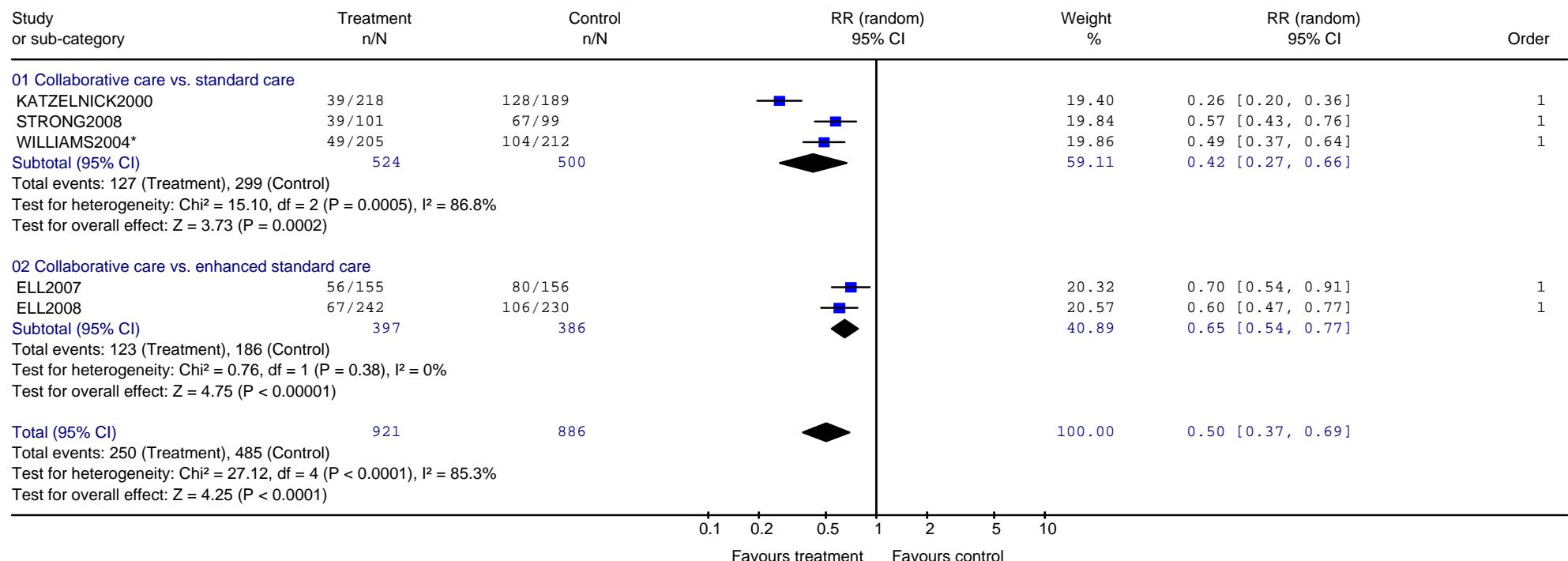


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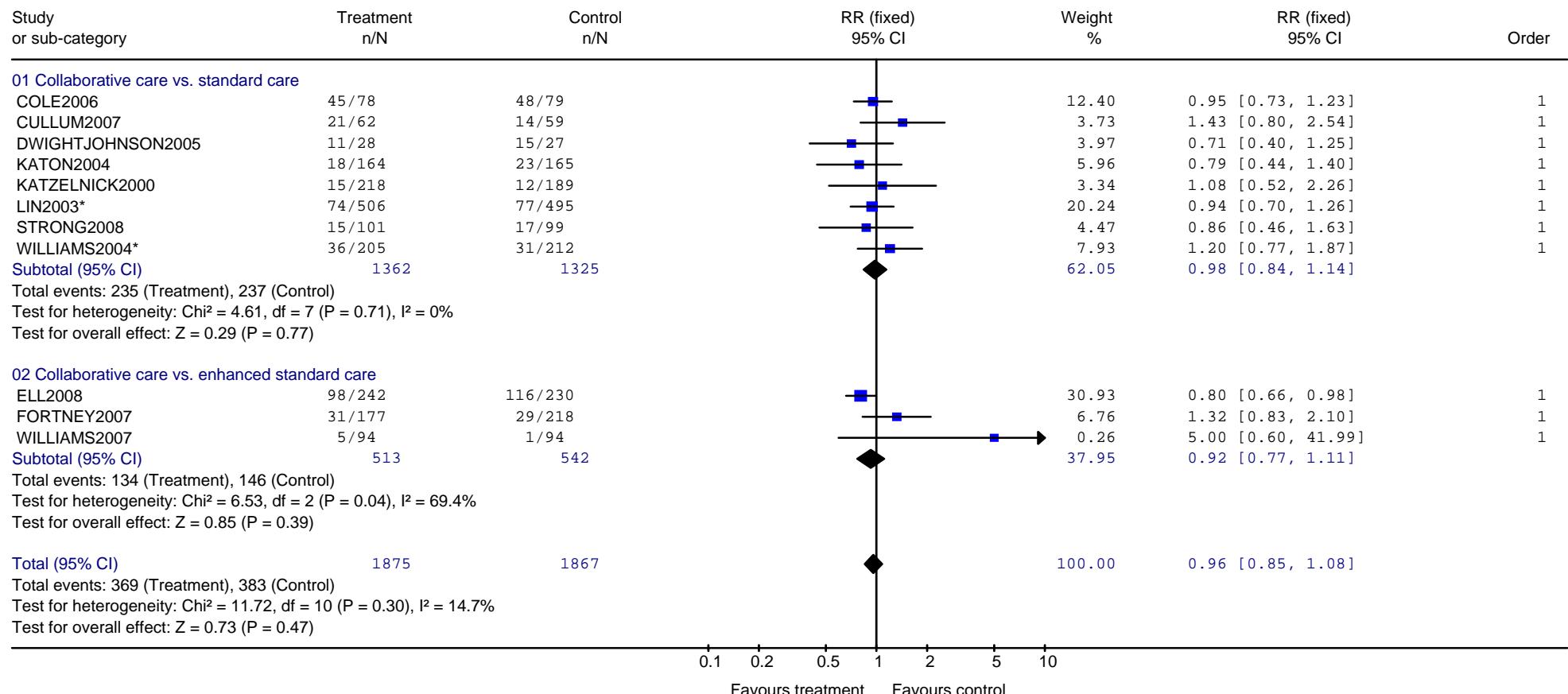


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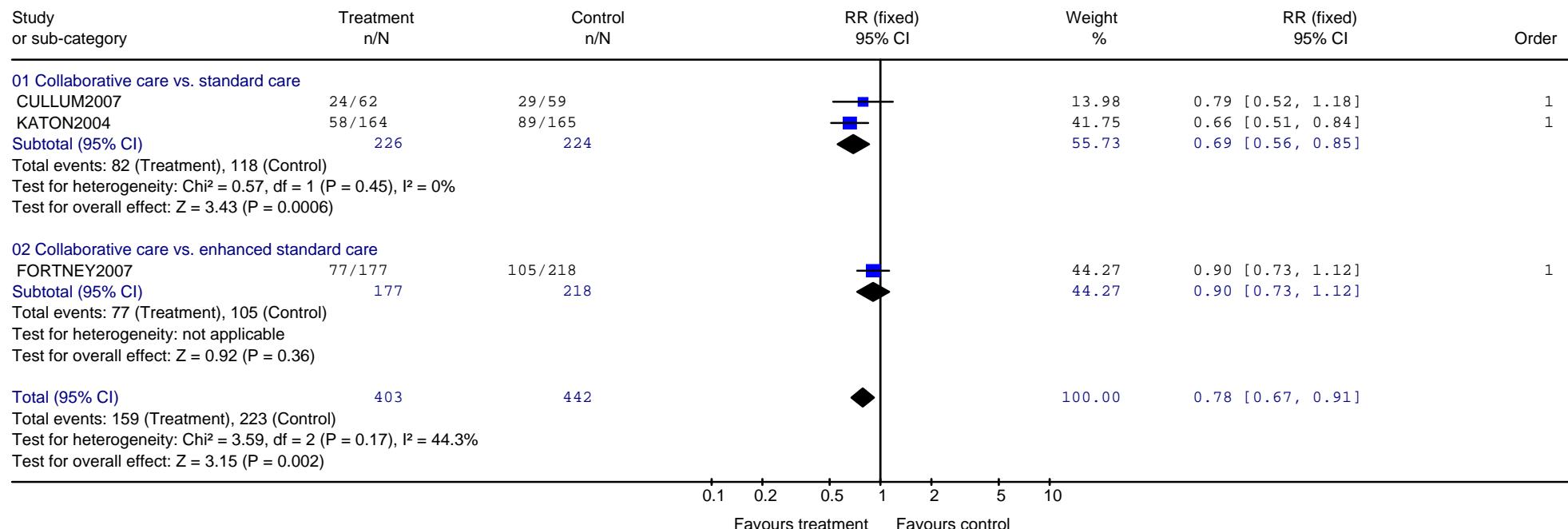


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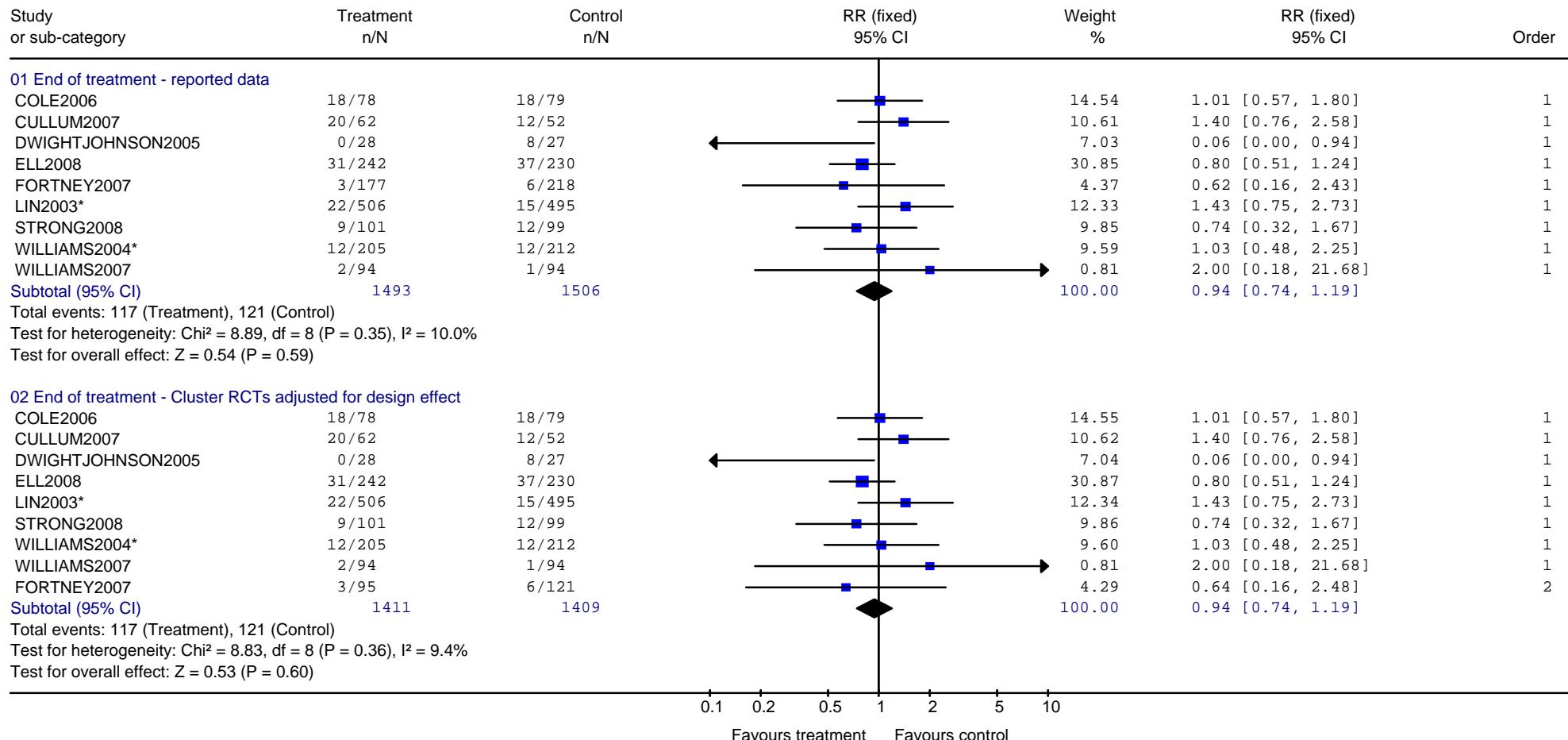
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Outcome: 80 Satisfaction with service - not satisfied with treatment/care



## Collaborative care – sensitivity analysis: ICC calculations

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 Outcome: 20 Mortality

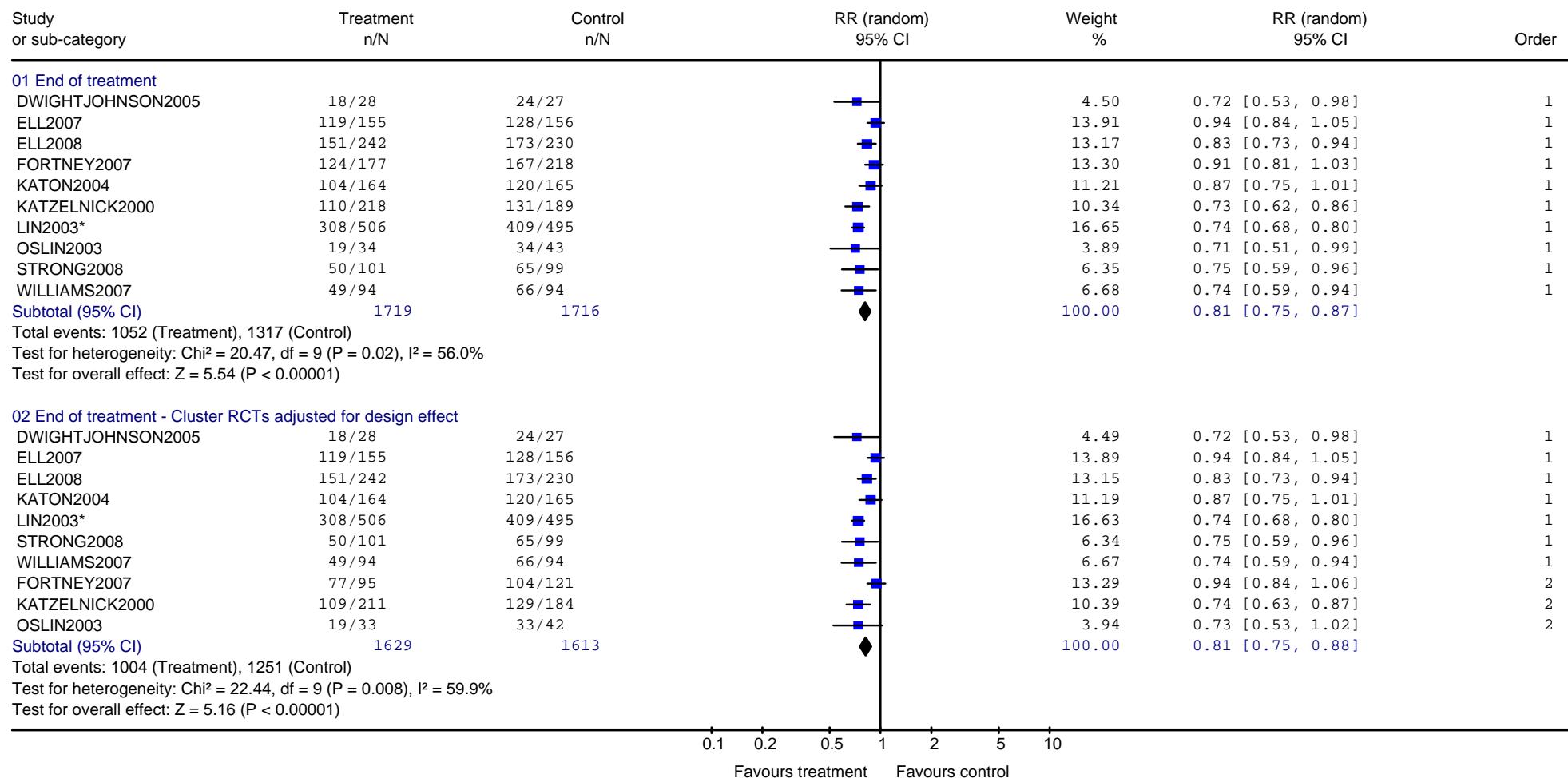


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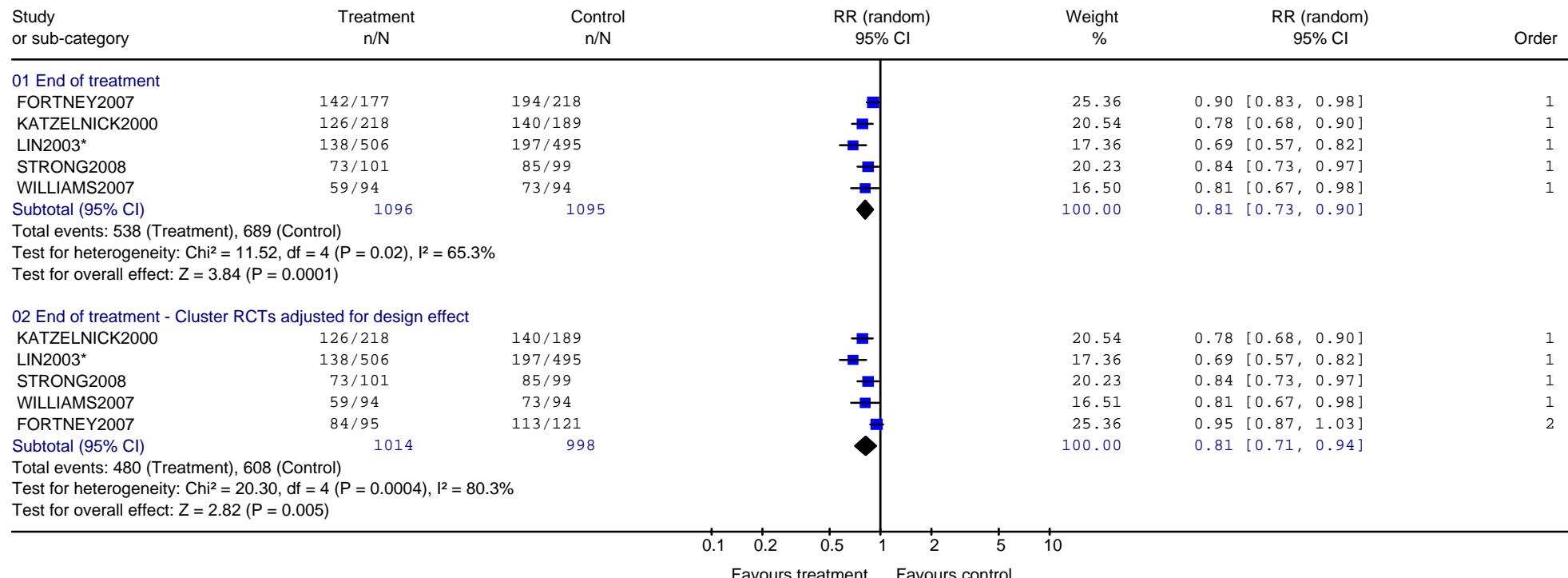


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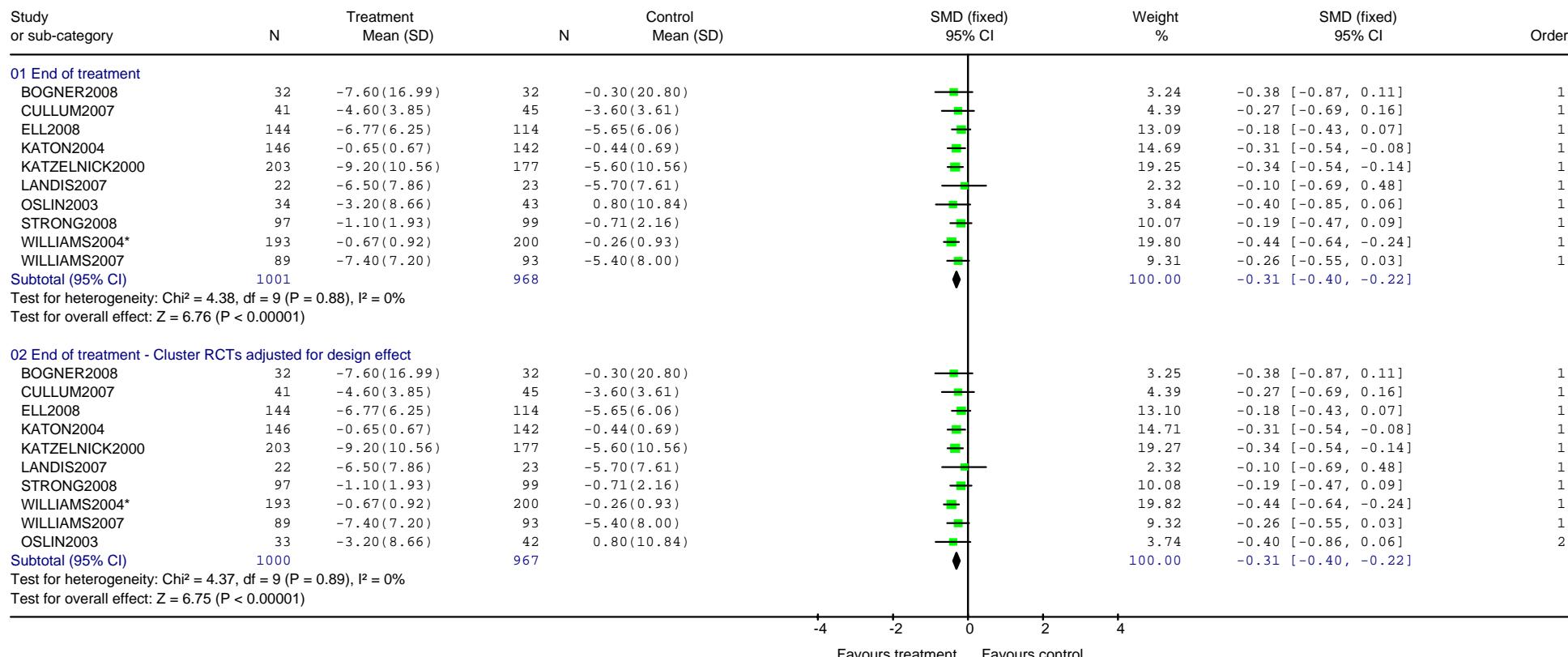
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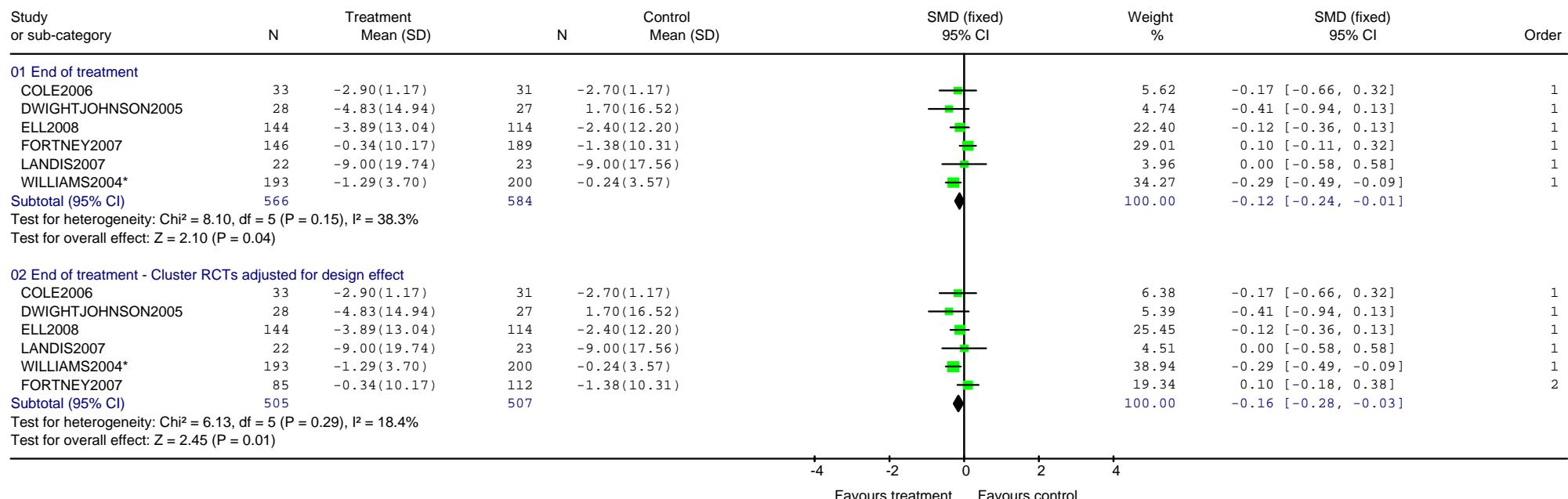


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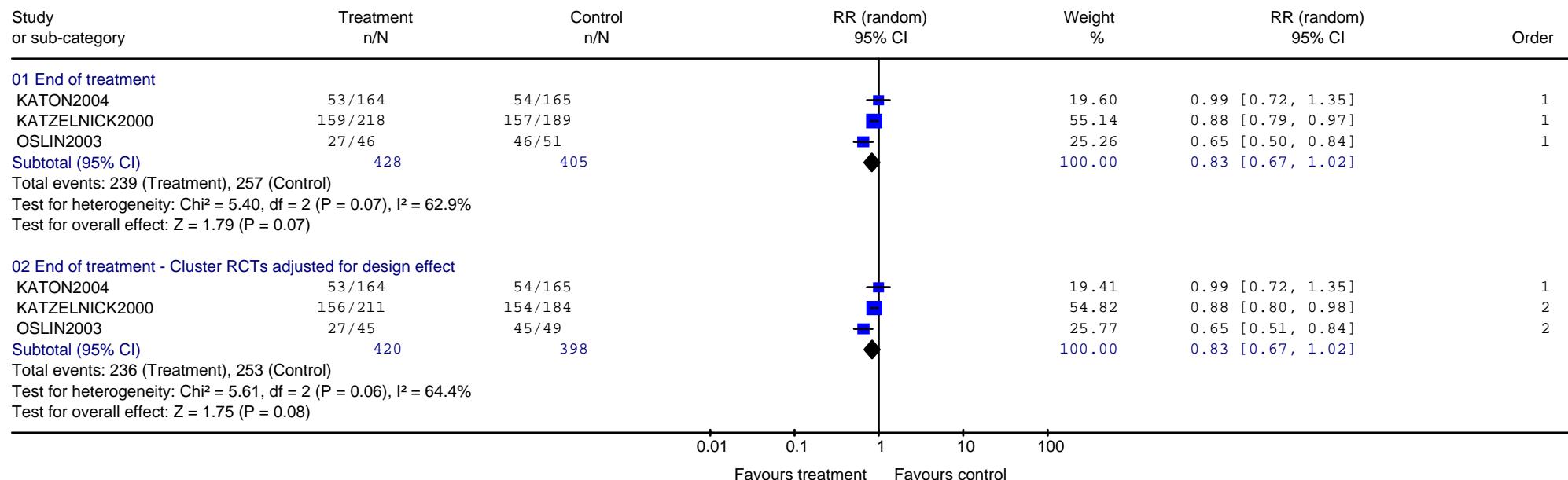


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Outcome: 60 Service use/ Process of care: 1. Did not receive a consultation / specified number of mental health visits

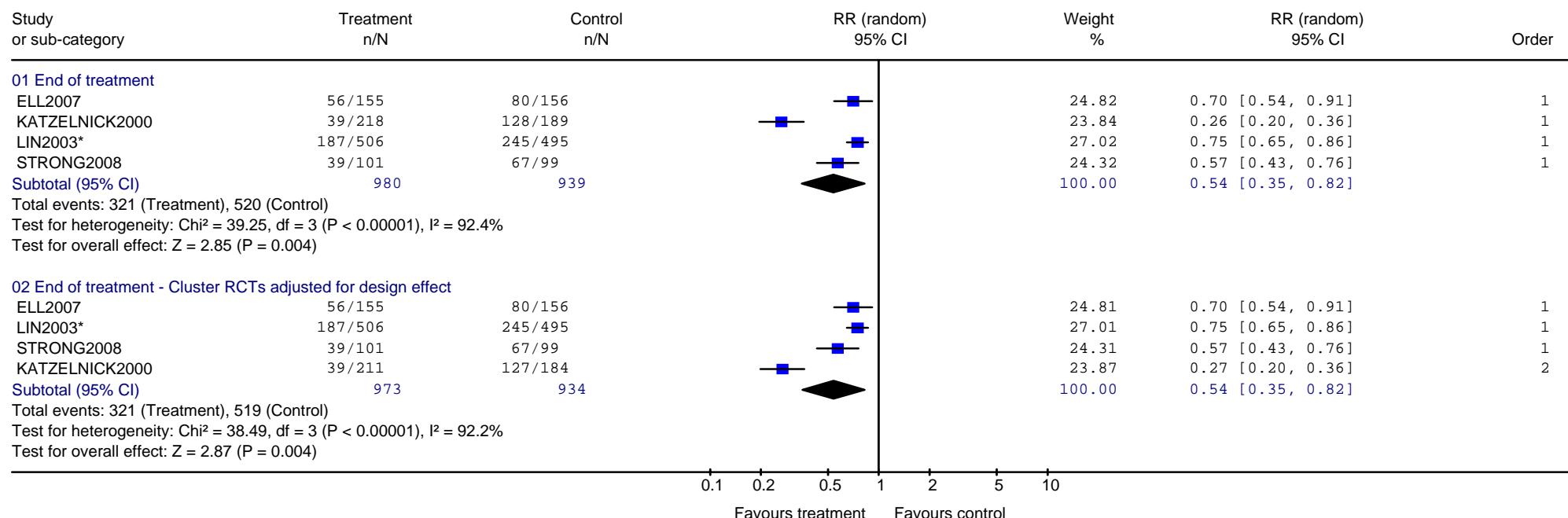


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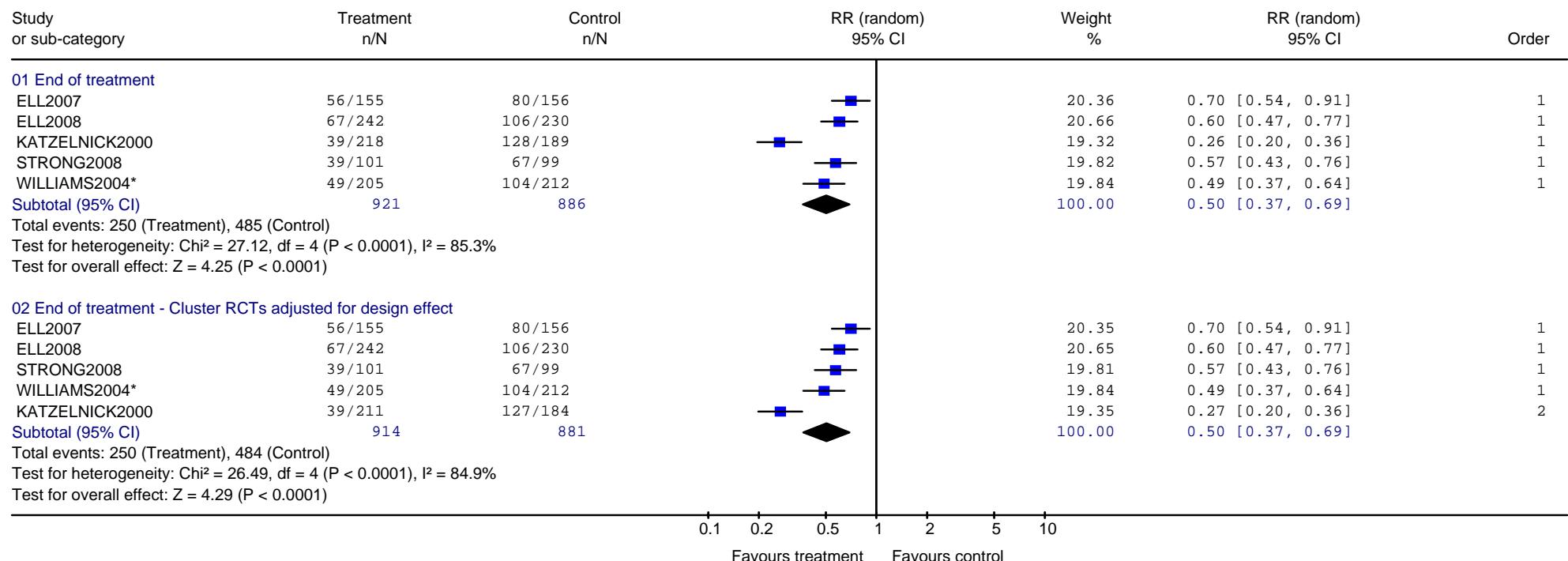


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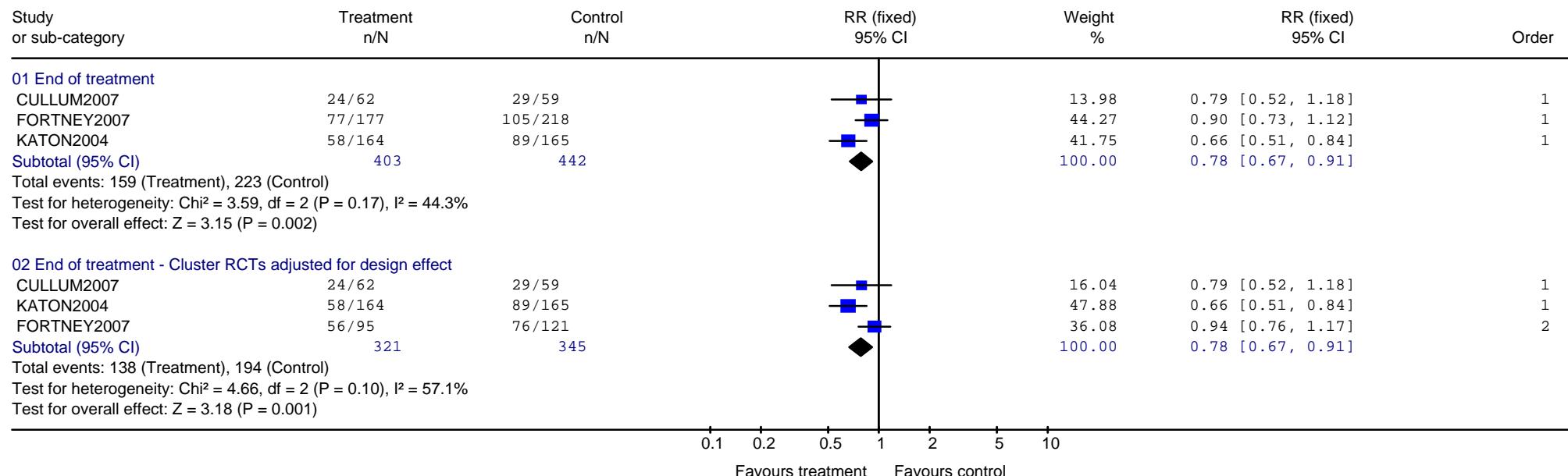


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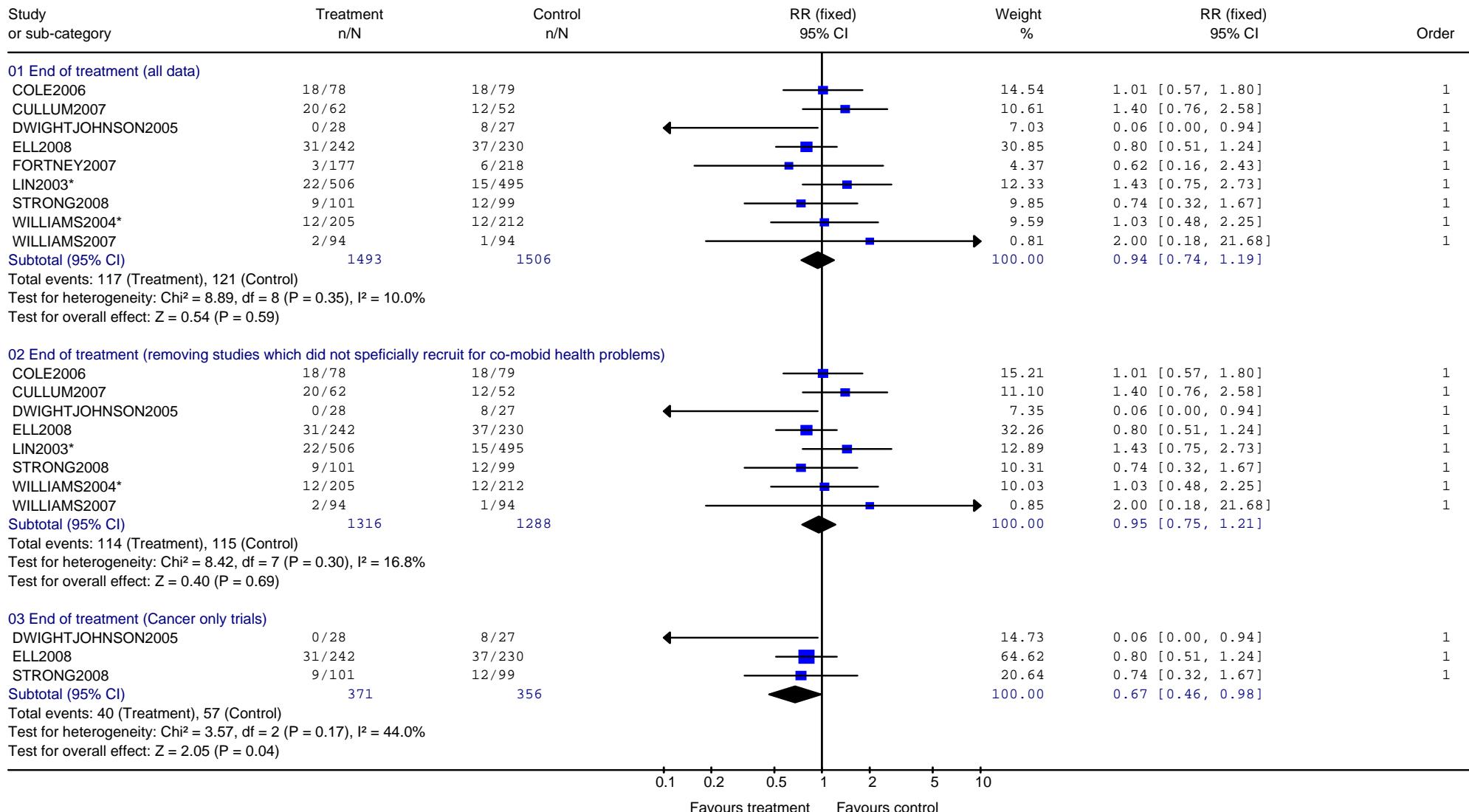
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Collaborative care – sensitivity analysis: recruited for co-morbid physical health condition

Review: DCHP - Service

Comparison: 05 Collaborative care vs. everything (WCS analysis) - sensitivity analysis (recruited for chronic condition)

Outcome: 20 Mortality

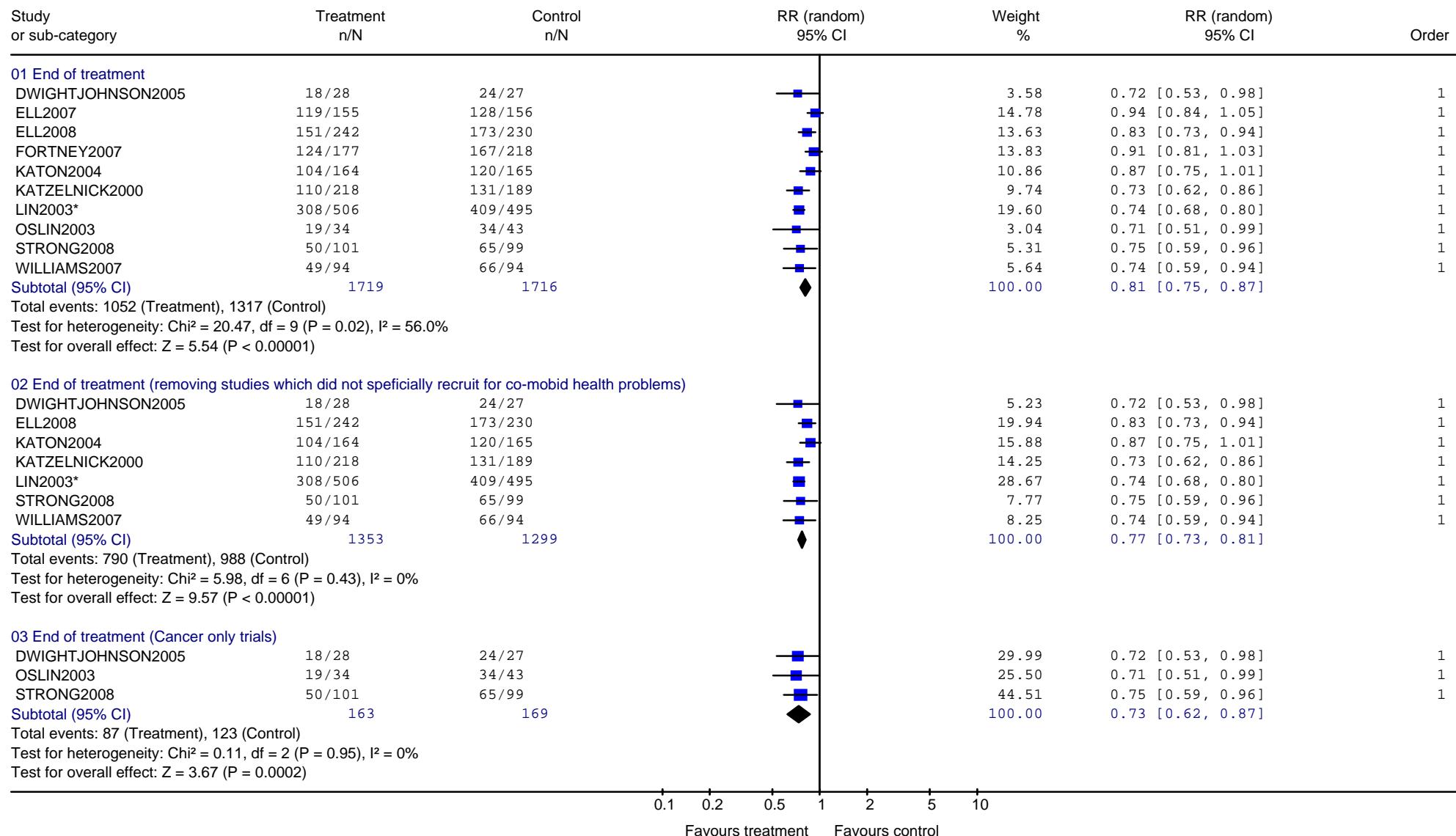


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Outcome: 30 Depression outcome. 1. Non-Response (<50% improvement) - sensitivity analysis

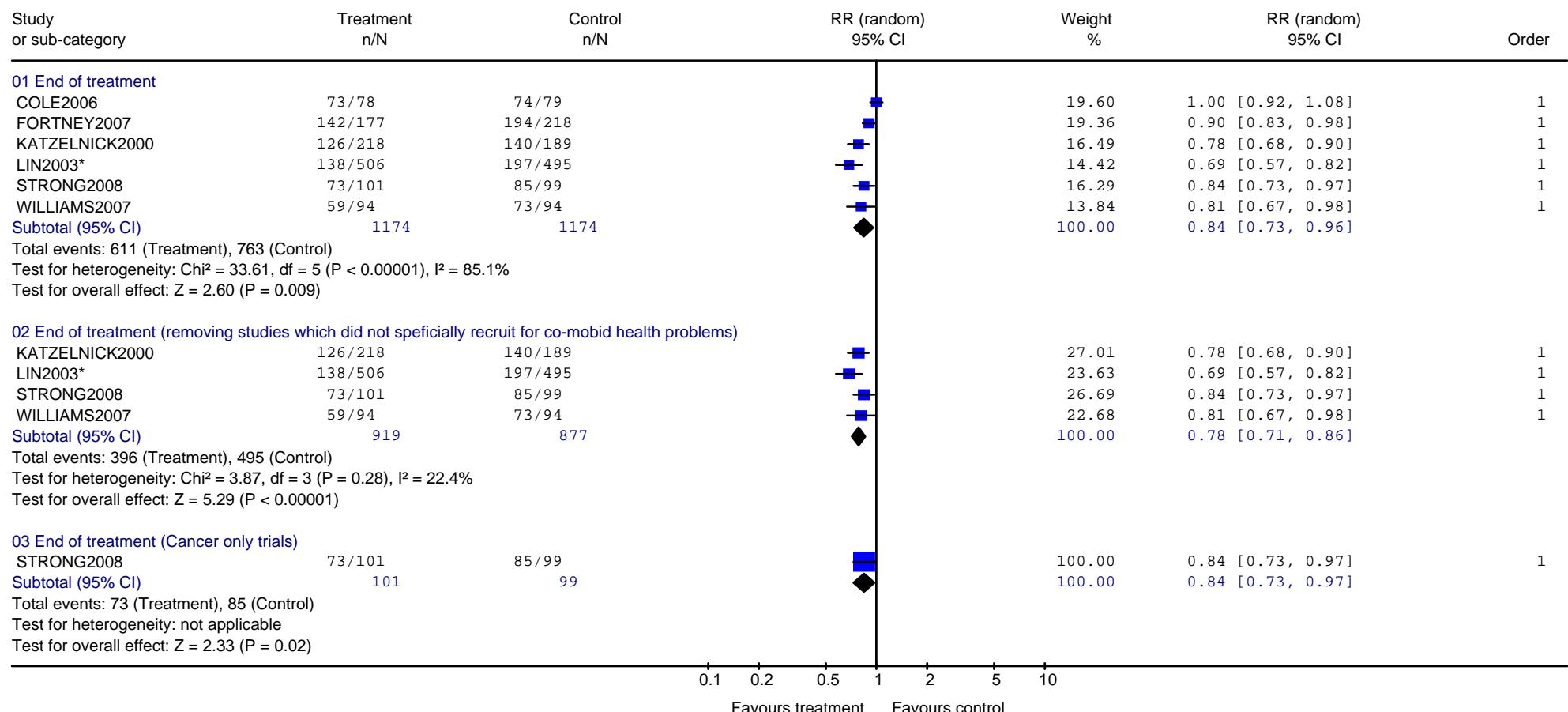


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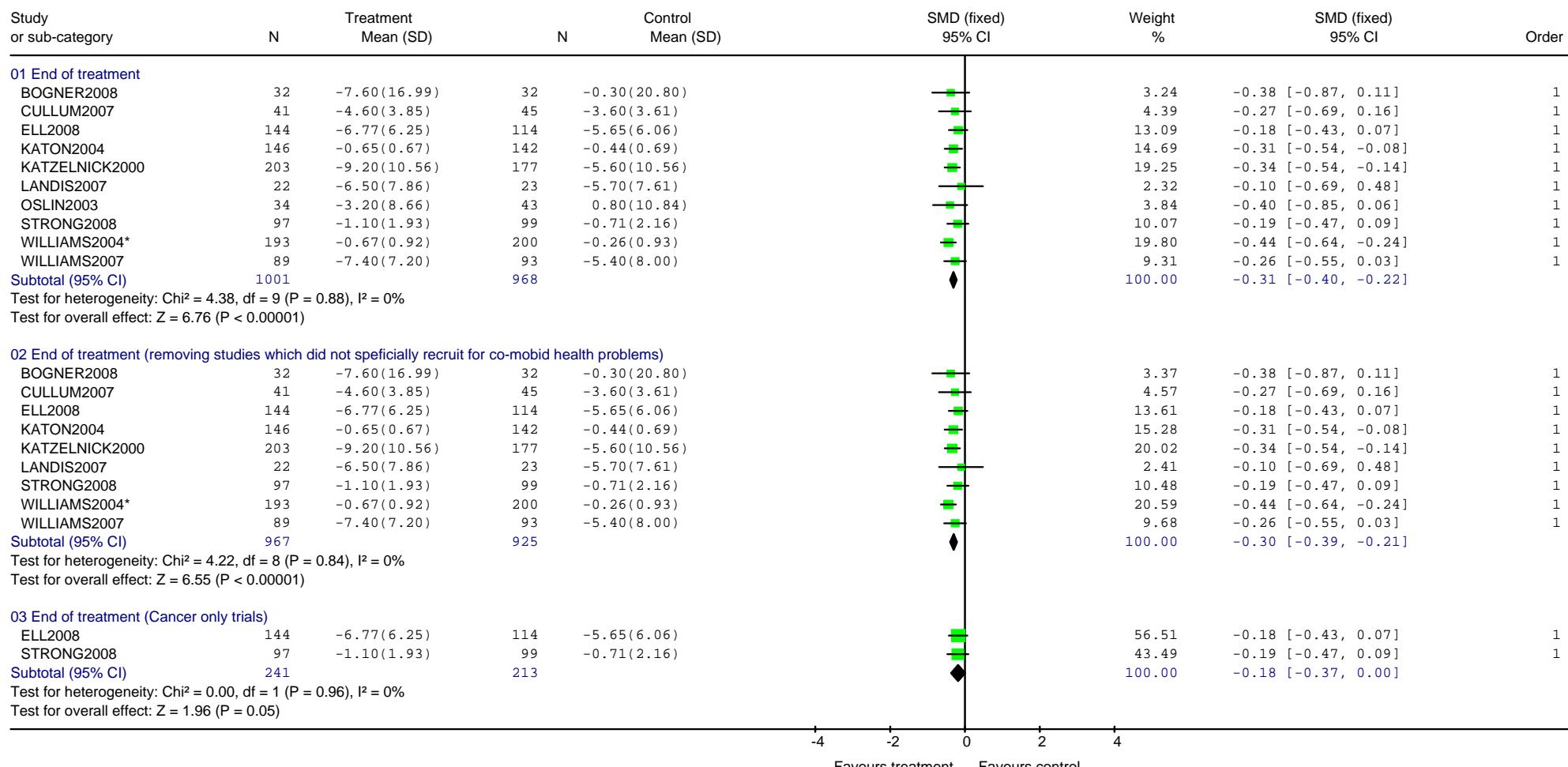


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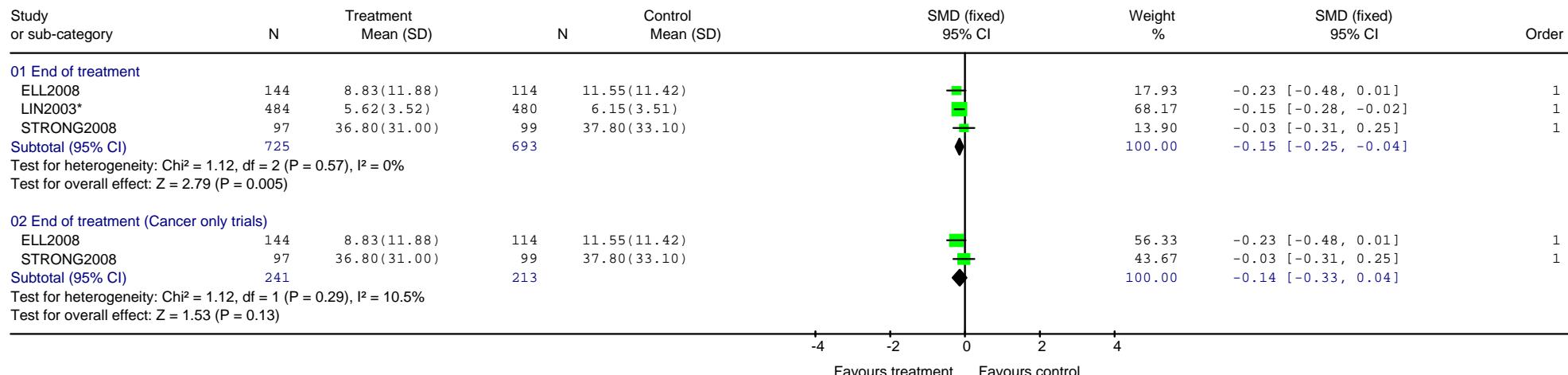
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Outcome: 34 Depression outcome 4.Continuous measures depression scale(Change score)

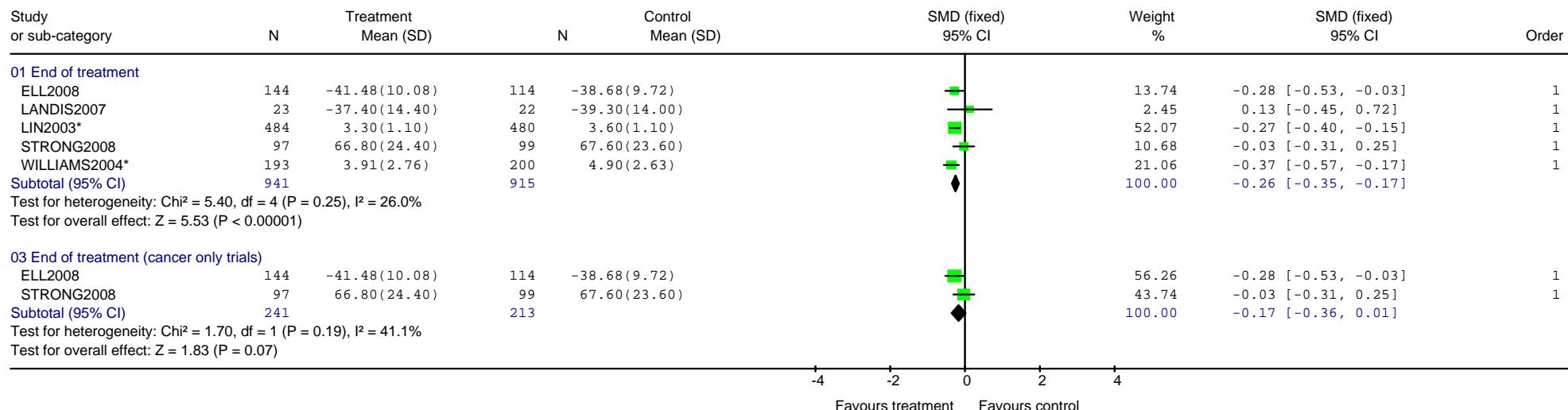


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Service  
 Comparison: 05 Collaborative care vs. everything (WCS analysis) - sensitivity analysis (recruited for chronic condition)  
 Outcome: 41 Physical health outcome: 2. Pain intensity (Brief pain inventory, author defined scale)

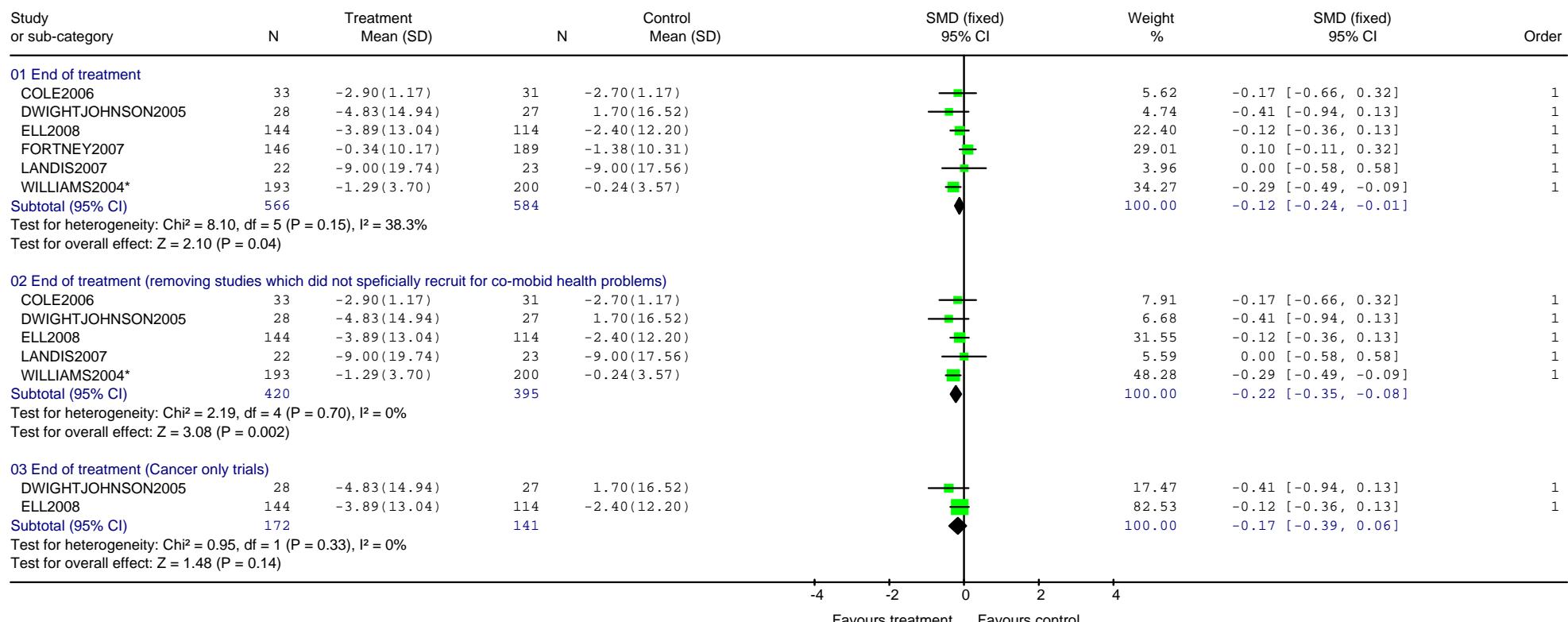


Review: DCHP - Service  
 Comparison: 05 Collaborative care vs. everything (WCS analysis) - sensitivity analysis (recruited for chronic condition)  
 Outcome: 49 Physical health outcome/ QoL: 1. General physical wellbeing/ functioning (SF-12 physical etc)



## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Service  
 Comparison: 05 Collaborative care vs. everything (WCS analysis) - sensitivity analysis (recruited for chronic condition)  
 Outcome: 50 Physical health outcome/ QoL: 2. General physical wellbeing/ functioning (Change scores)

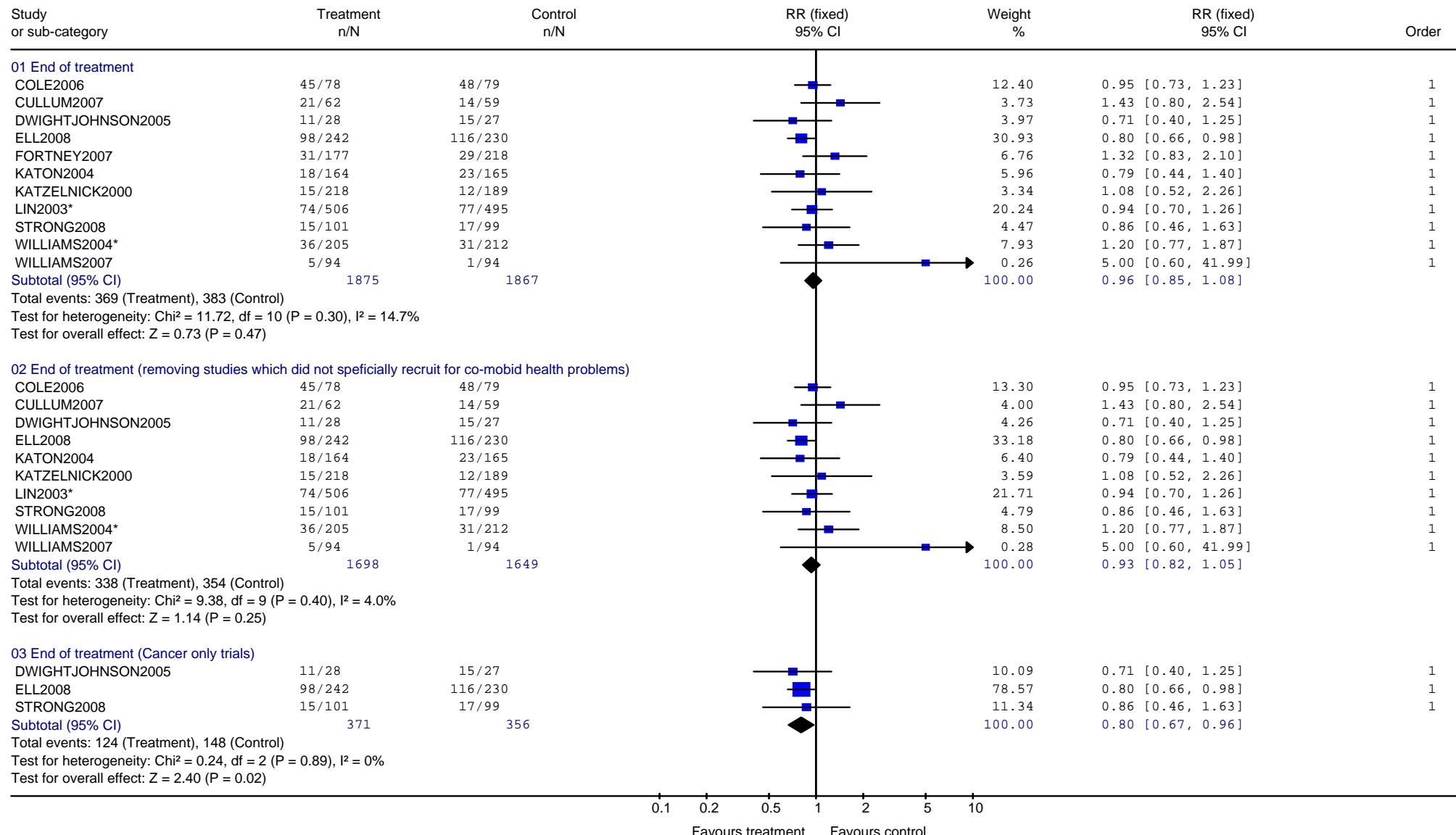


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Service

Comparison: 05 Collaborative care vs. everything (WCS analysis) - sensitivity analysis (recruited for chronic condition)

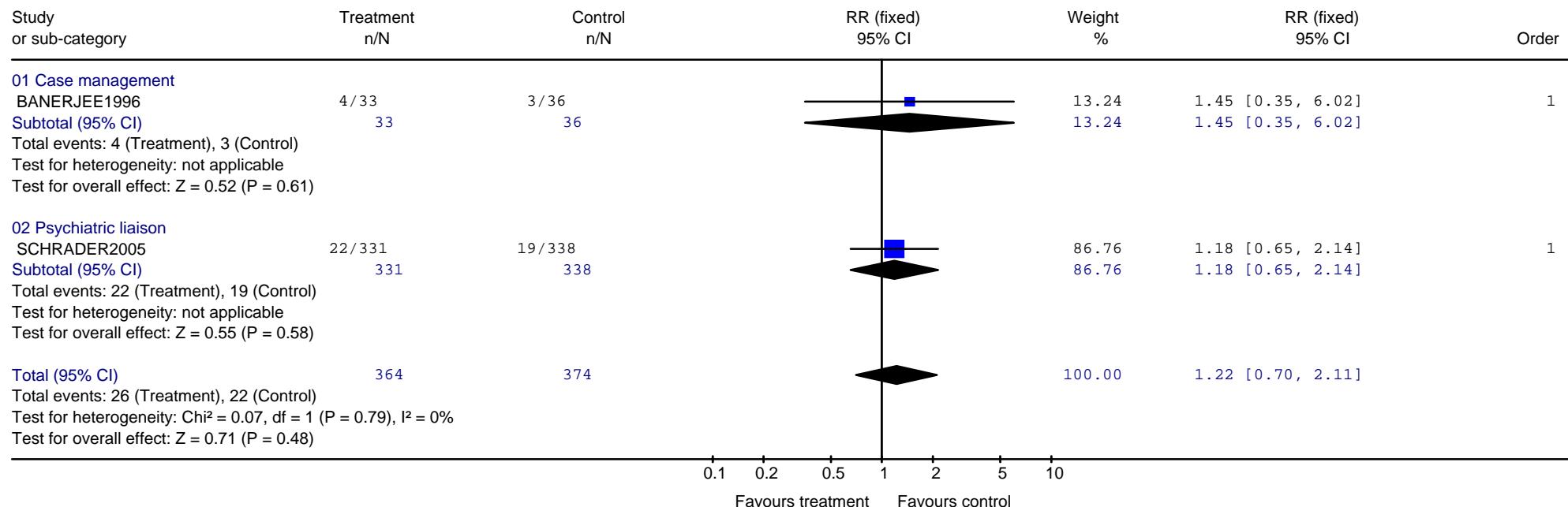
Outcome: 70 Treatment acceptability - leaving the study early for any reason



# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

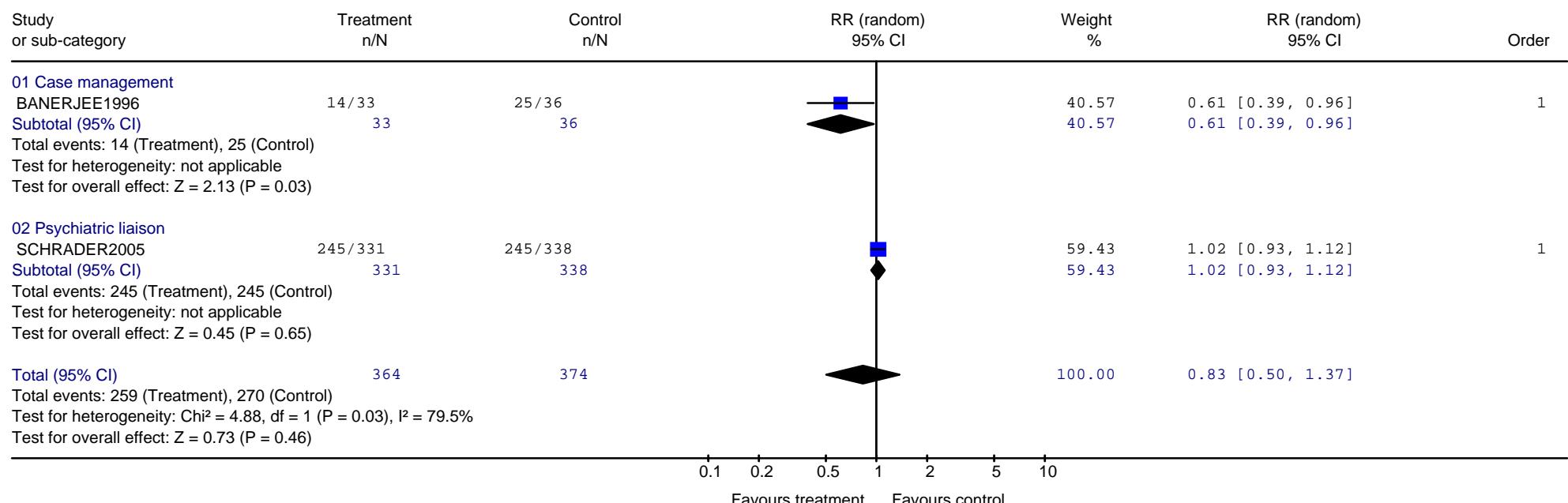
## Other service level interventions vs. Standard care

Review: DCHP - Service  
 Comparison: 20 Other service level interventions (multidisciplinary teams, consultation-liaison) vs. standard care (WCS)  
 Outcome: 20 Mortality

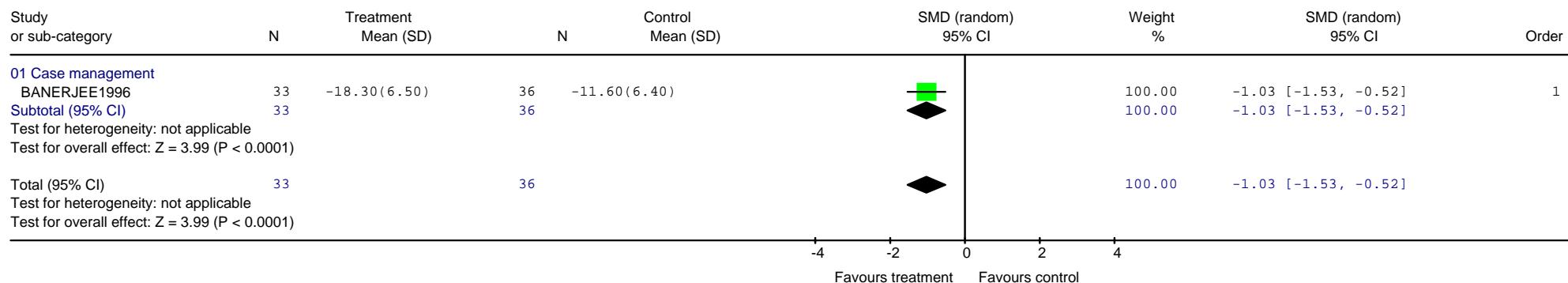


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Service  
 Comparison: 20 Other service level interventions (multidisciplinary teams, consultation-liaison) vs. standard care (WCS)  
 Outcome: 33 Depression outcome 3. Diagnosis (at follow up)

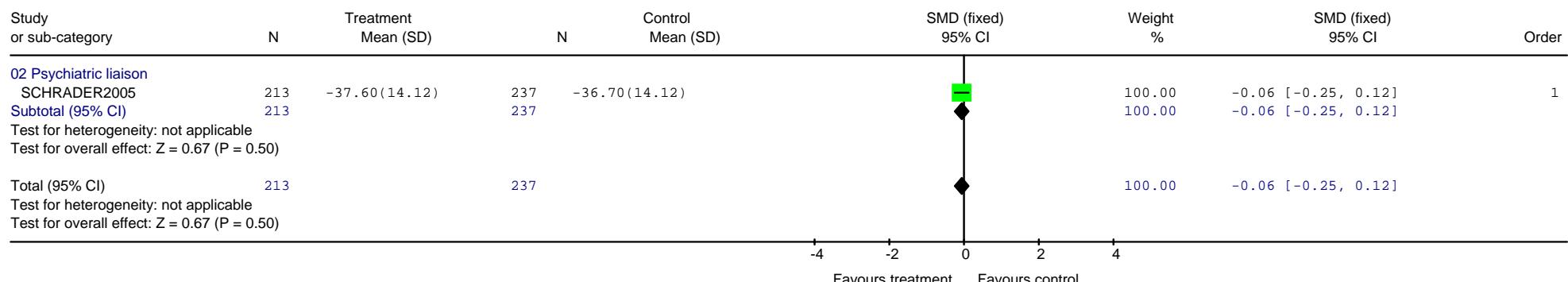


Review: DCHP - Service  
 Comparison: 20 Other service level interventions (multidisciplinary teams, consultation-liaison) vs. standard care (WCS)  
 Outcome: 34 Depression outcome 4.Continuous measures depression rating scale(Change score)

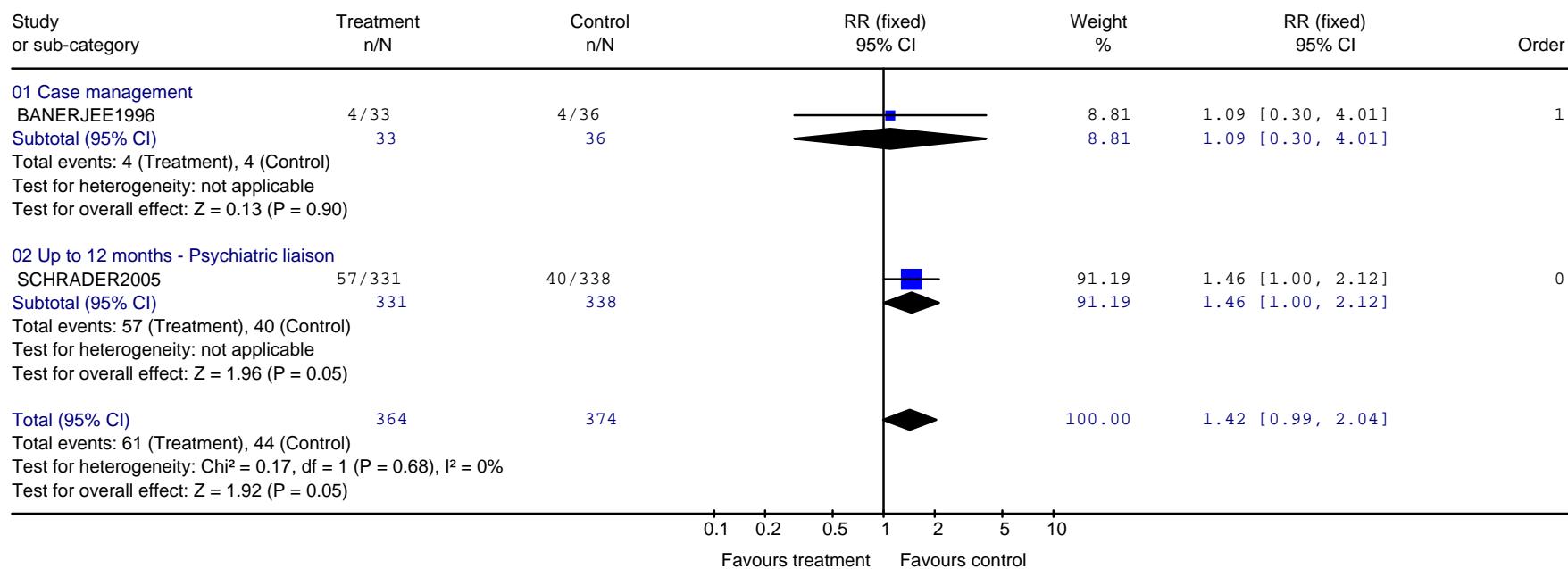


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Service  
 Comparison: 20 Other service level interventions (multidisciplinary teams, consultation-liaison) vs. standard care (WCS)  
 Outcome: 48 Physical health outcome/ QoL: 1. General physical wellbeing/ functioning (SF-12 physical etc)



Review: DCHP - Service  
 Comparison: 20 Other service level interventions (multidisciplinary teams, consultation-liaison) vs. standard care (WCS)  
 Outcome: 70 Treatment acceptability - leaving the study early for any reason



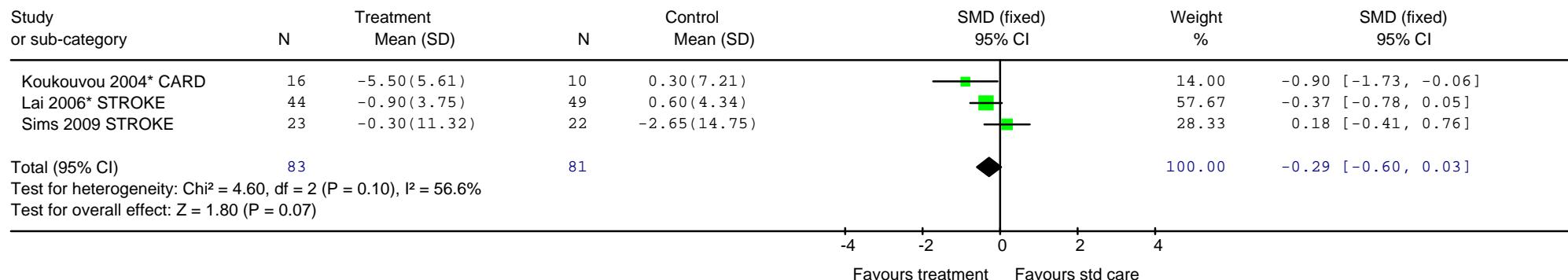
## *Psychosocial Interventions*

### Physical activity versus standard care

Review: DCHP: Physical activity

Comparison: 01 Physical activity versus standard care

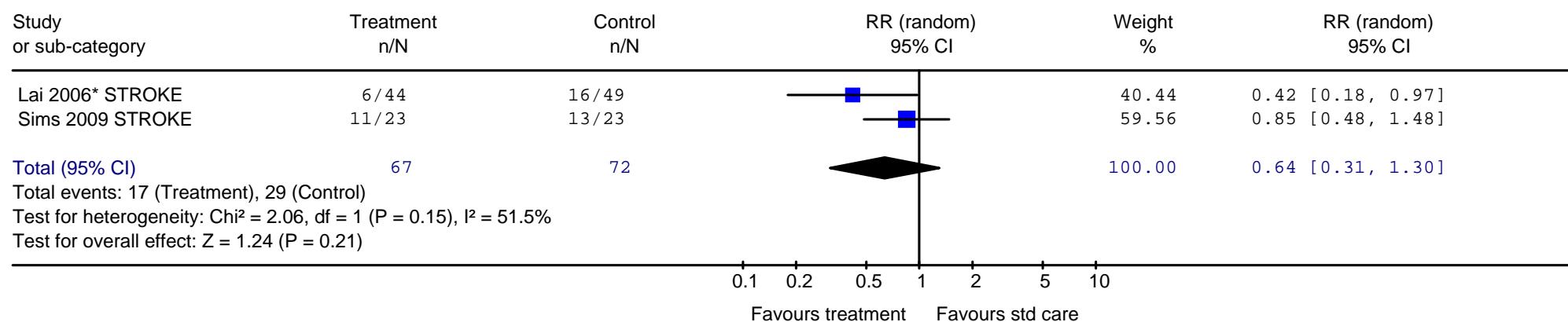
Outcome: 02 Depression (Change score)



Review: DCHP: Physical activity

Comparison: 01 Physical activity versus standard care

Outcome: 03 Non remission (below cut off)

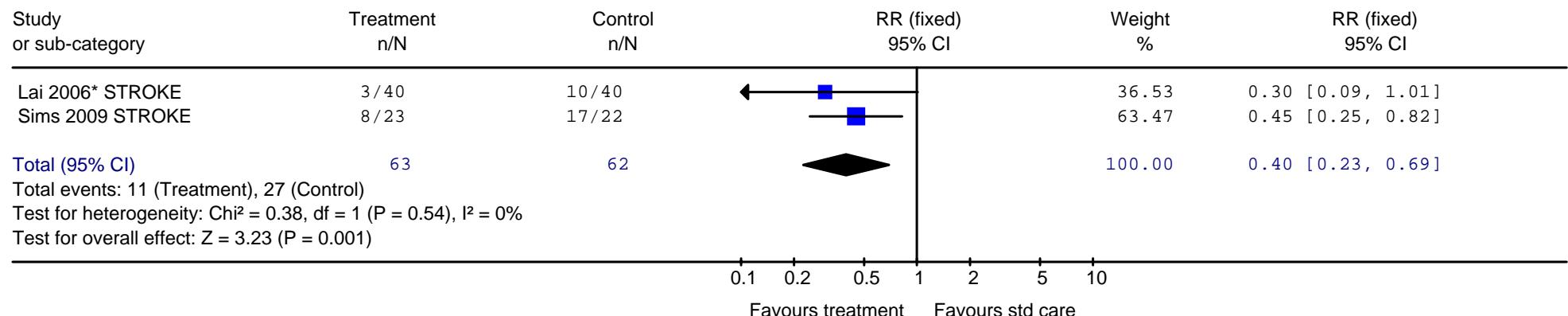


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Physical activity

Comparison: 01 Physical activity versus standard care

Outcome: 04 Non remission (6-month follow-up)

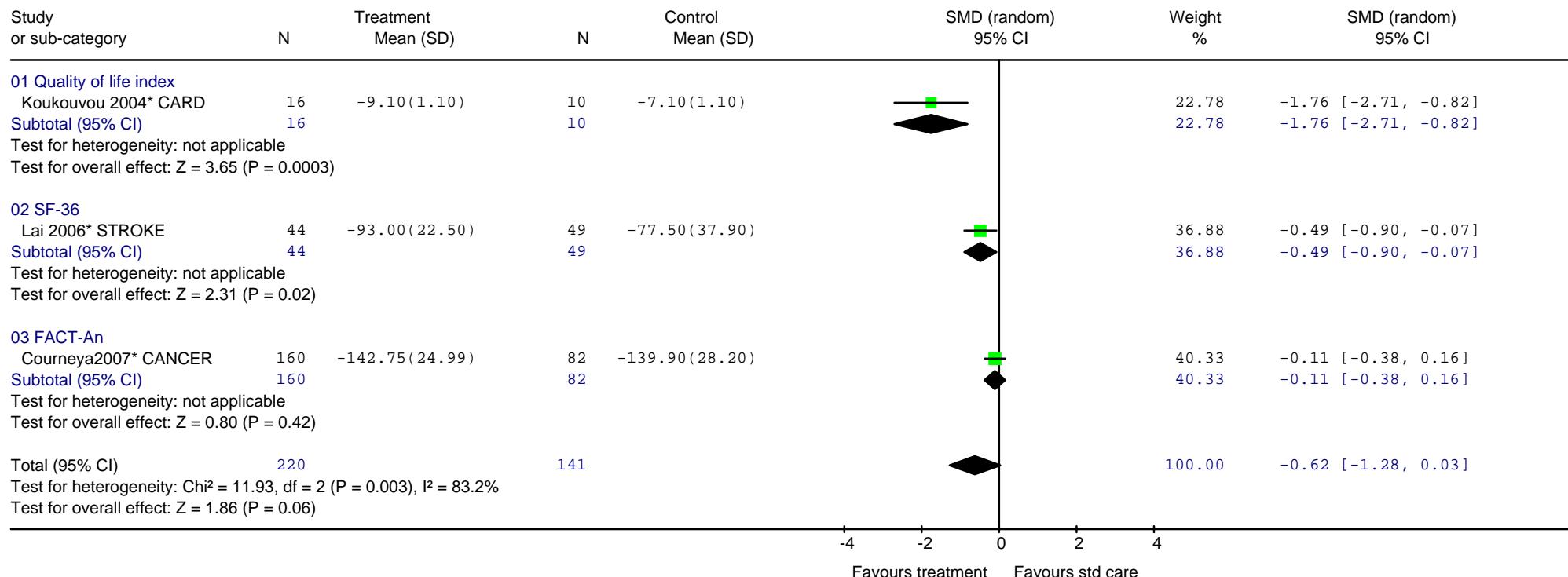


# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Physical activity

Comparison: 01 Physical activity versus standard care

Outcome: 07 Quality of life (end of treatment)

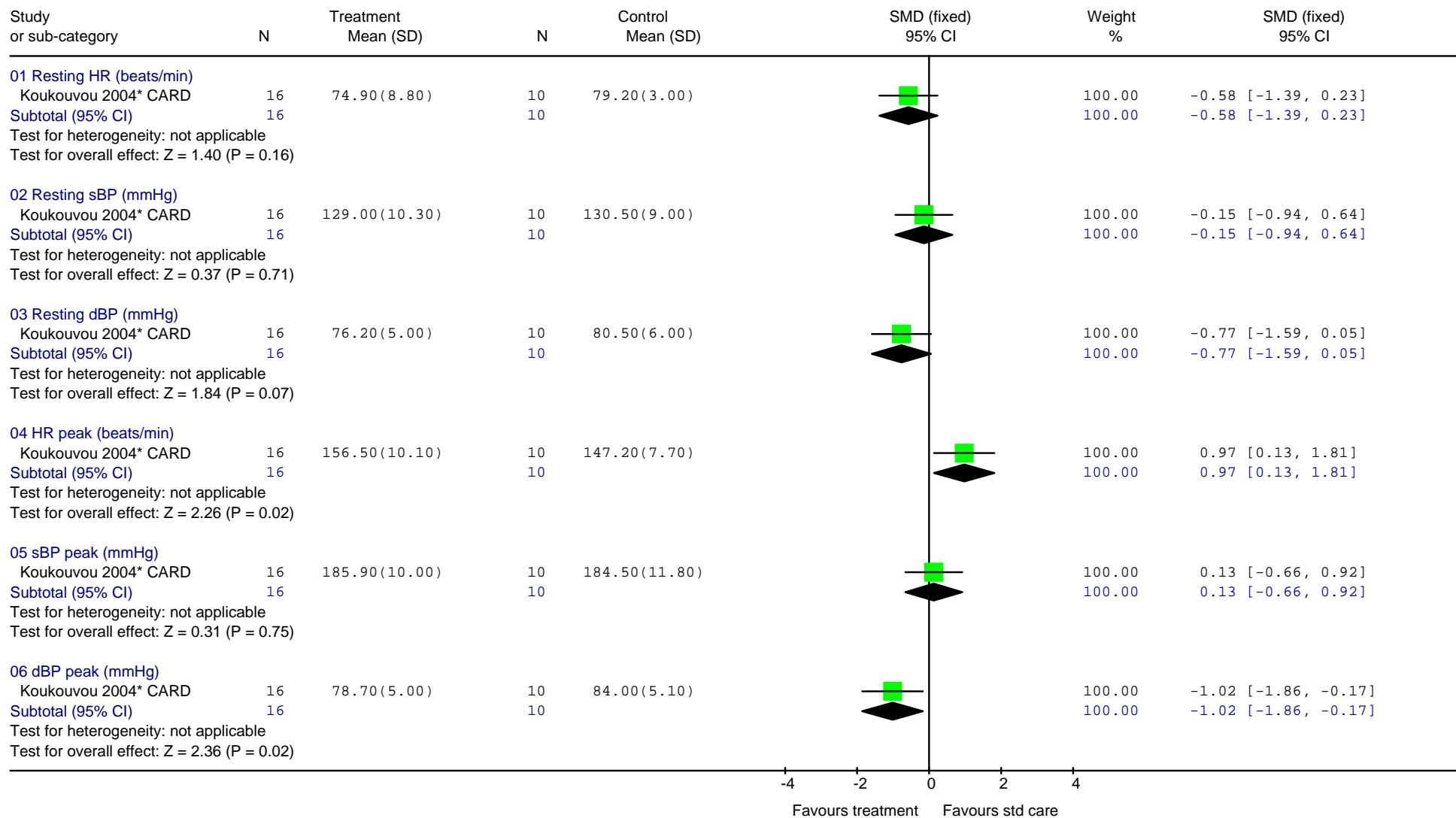


# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Physical activity

Comparison: 01 Physical activity versus standard care

Outcome: 08 Physical health outcomes (end of treatment)



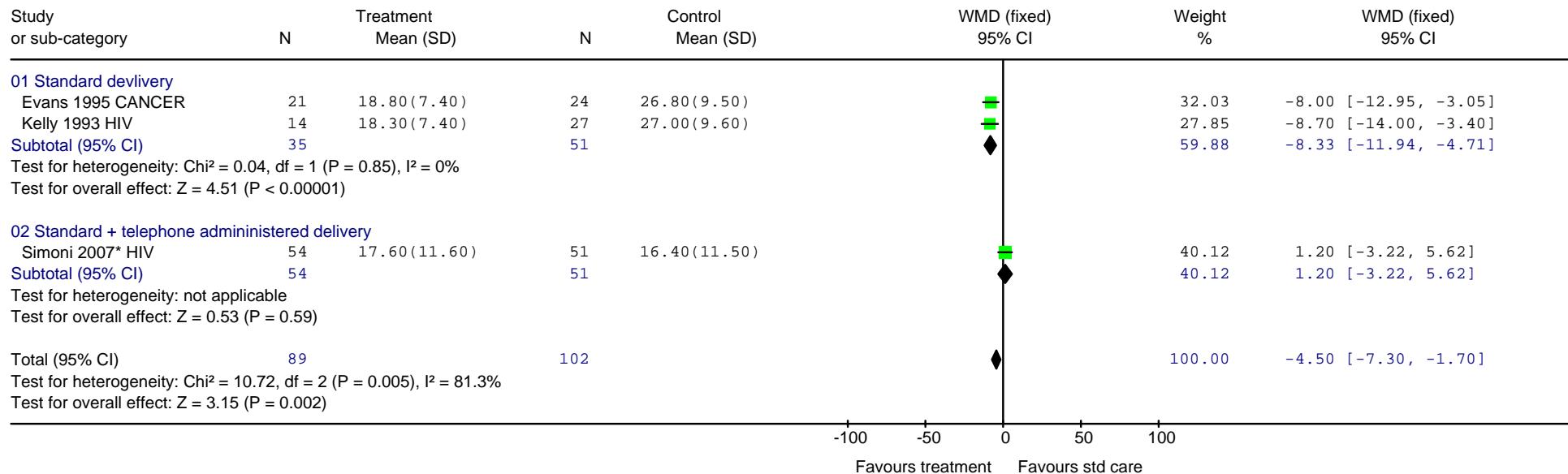
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Peer (self-help) support versus standard care

Review: DCHP: Peer (self-help) support

Comparison: 01 Peer (self-help) support versus standard care

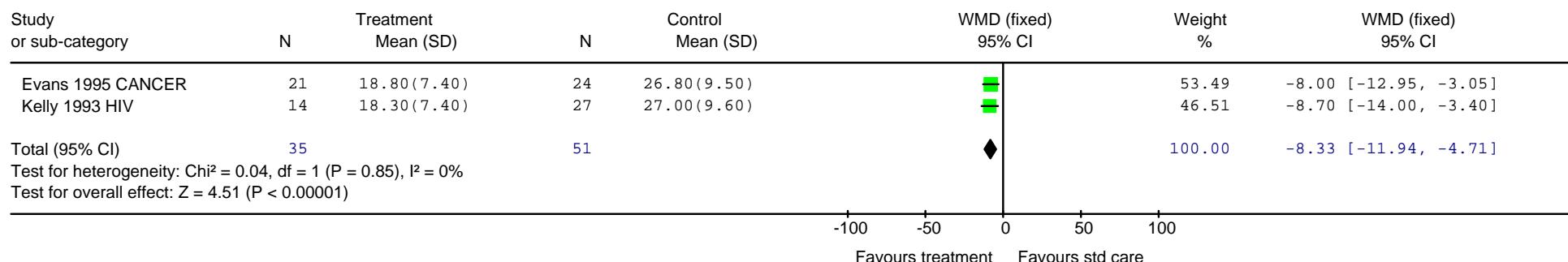
Outcome: 01 Depression (end of treatment)



Review: DCHP: Peer (self-help) support

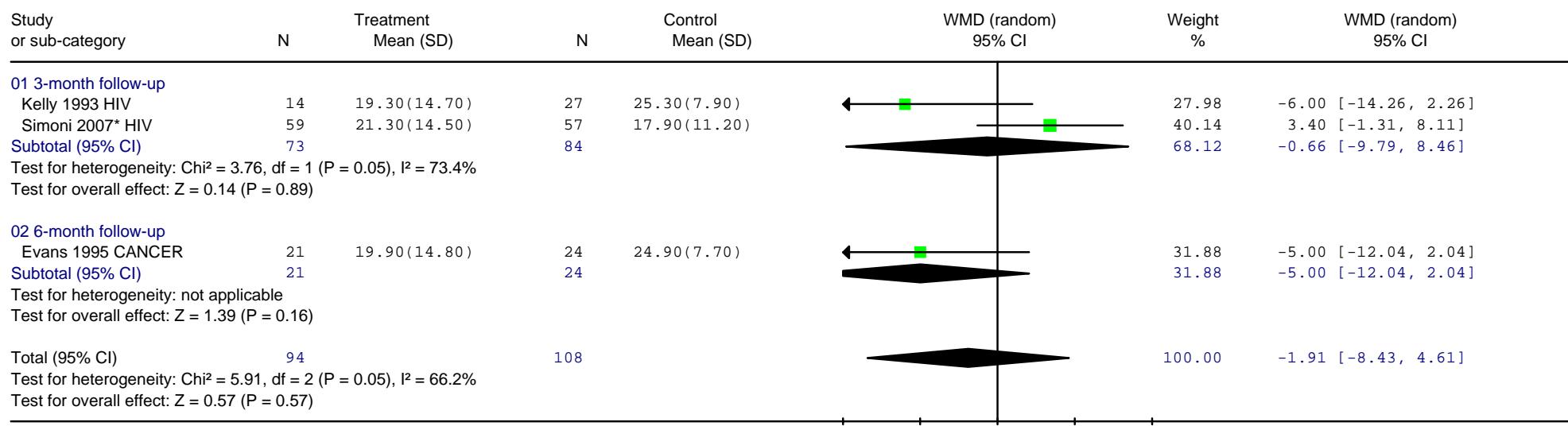
Comparison: 01 Peer (self-help) support versus standard care

Outcome: 02 Depression (end of treatment) - sensitivity analysis - studies primarily aimed at reducing depression

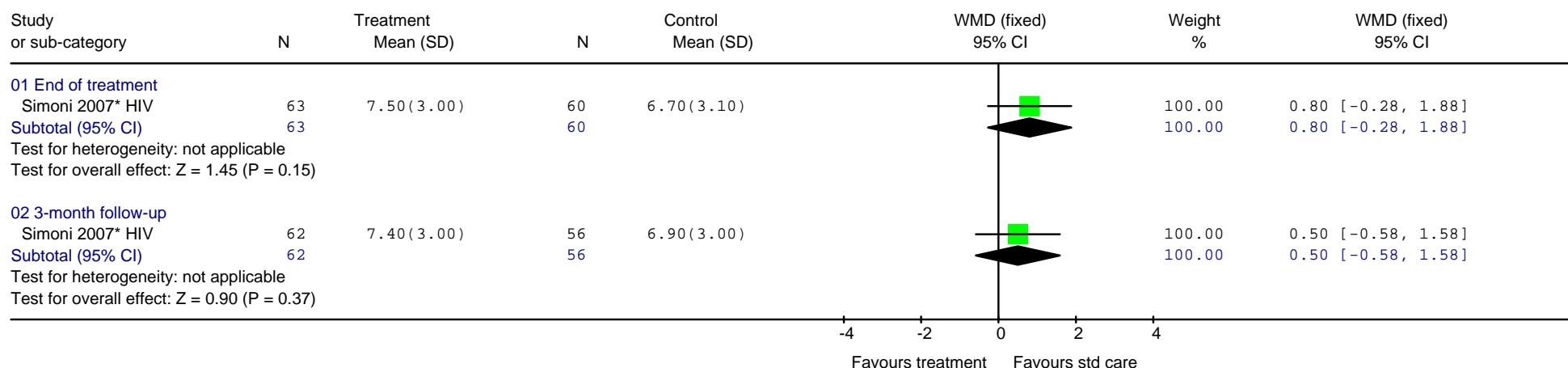


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Peer (self-help) support  
 Comparison: 01 Peer (self-help) support versus standard care  
 Outcome: 03 CES-D (follow-up)



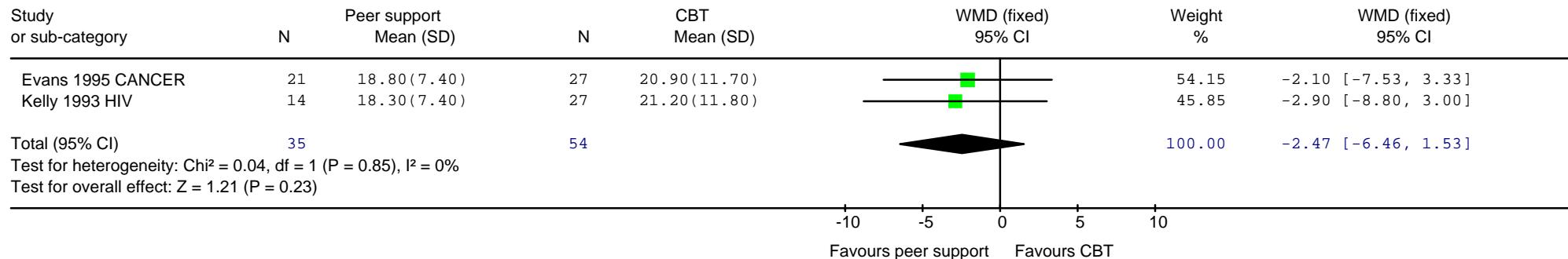
Review: DCHP: Peer (self-help) support  
 Comparison: 01 Peer (self-help) support versus standard care  
 Outcome: 04 Physical Health Outcomes: HIV-1 RNA viral load



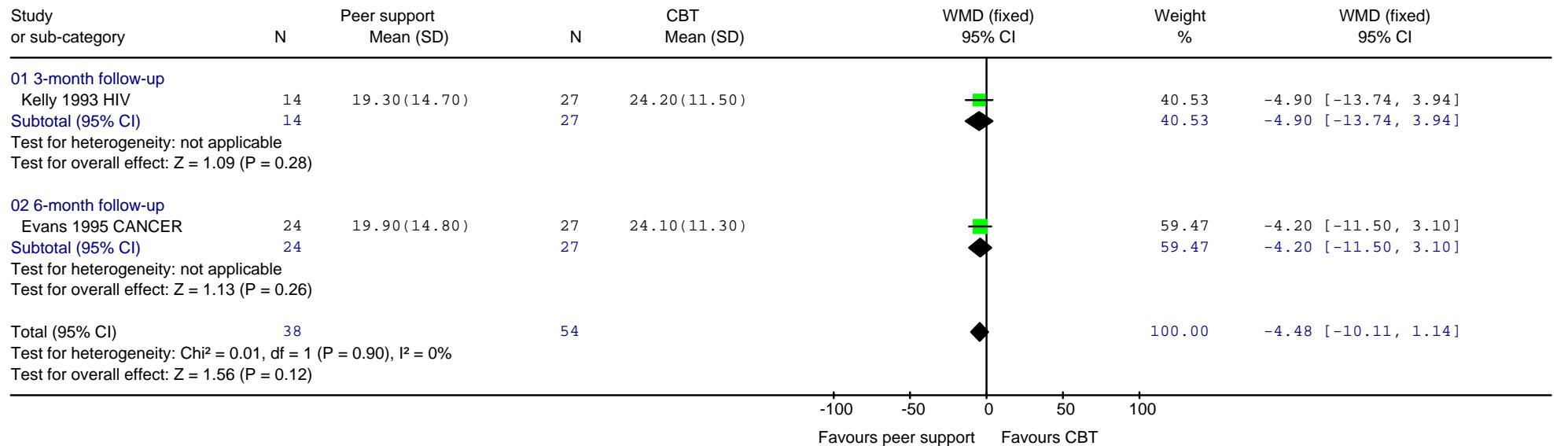
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Peer (self-help) support versus group based cognitive and behavioural interventions

Review: DCHP: Peer (self-help) support  
 Comparison: 02 Peer (self-help) support versus group based cognitive and behavioural interventions  
 Outcome: 01 Depression (end of treatment)



Review: DCHP: Peer (self-help) support  
 Comparison: 02 Peer (self-help) support versus group based cognitive and behavioural interventions  
 Outcome: 02 Depression (follow-up)



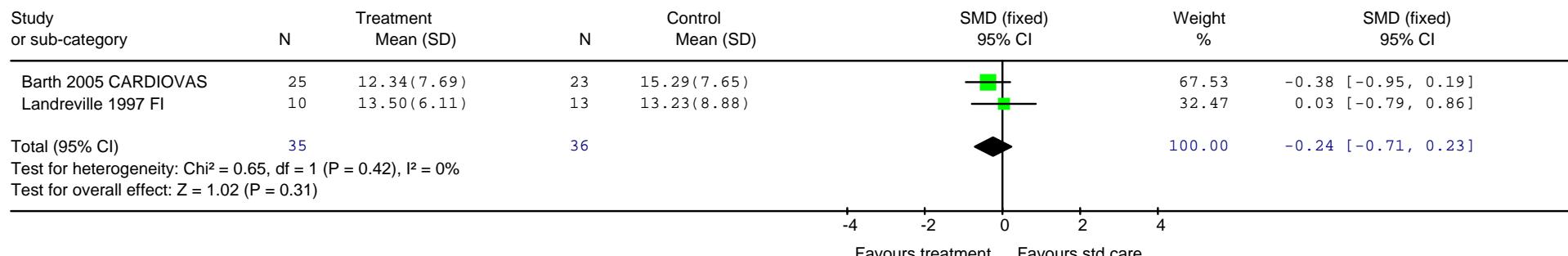
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Individual guided self-help based on cognitive and behavioural principles versus standard care

Review: DCHP: Individual guided self-help

Comparison: 01 Individual guided self-help based on cognitive and behavioural principles versus standard care

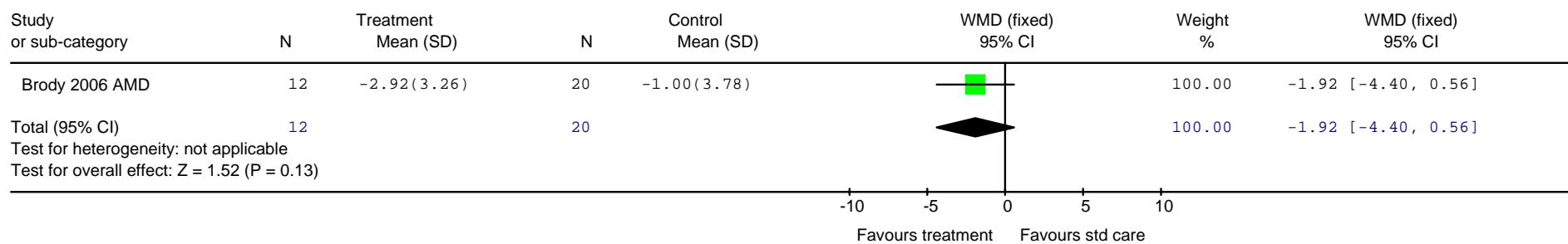
Outcome: 01 BDI: self-report (end of treatment)



Review: DCHP: Individual guided self-help

Comparison: 01 Individual guided self-help based on cognitive and behavioural principles versus standard care

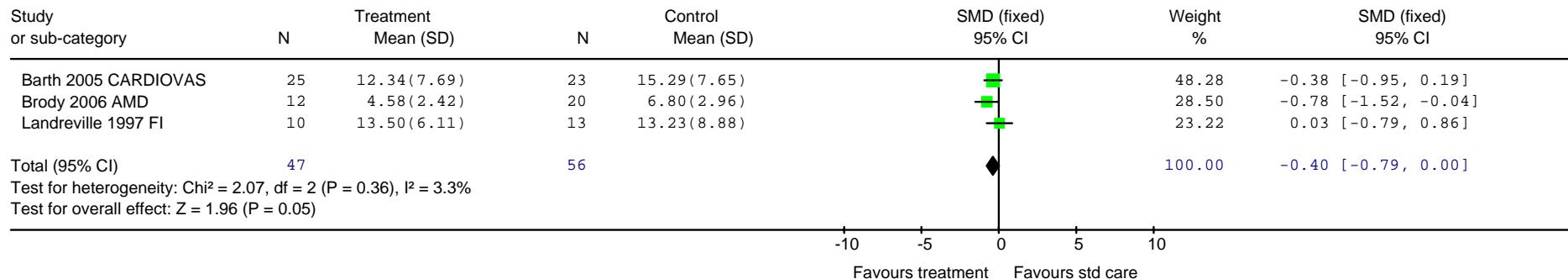
Outcome: 02 GDS-15 (at follow up)



Review: DCHP: Individual guided self-help

Comparison: 01 Individual guided self-help based on cognitive and behavioural principles versus standard care

Outcome: 03 Depression outcome

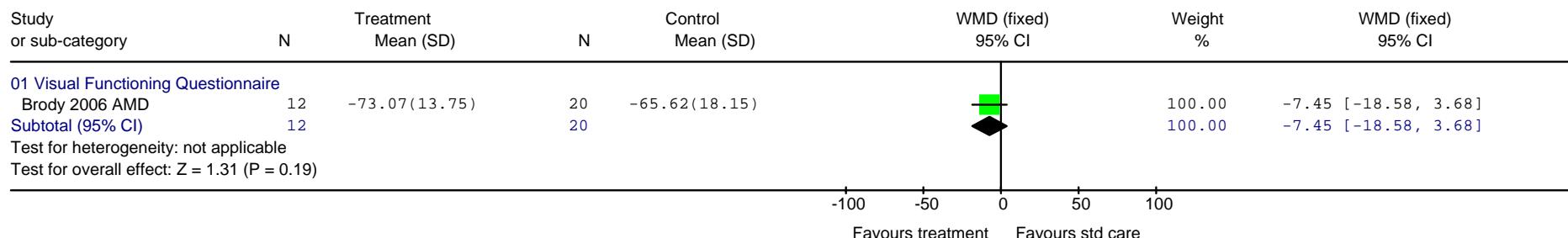


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Individual guided self-help

Comparison: 01 Individual guided self-help based on cognitive and behavioural principles versus standard care

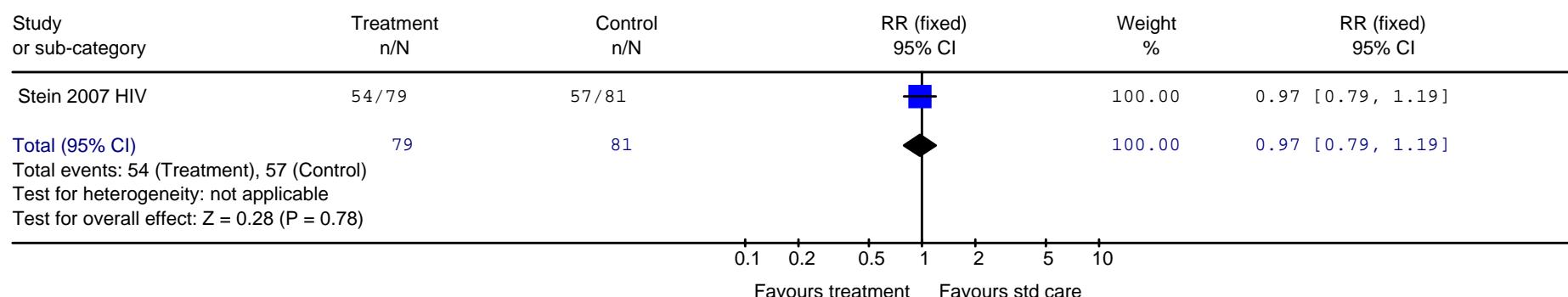
Outcome: 04 Physical health outcome



Review: DCHP: Individual guided self-help

Comparison: 02 Individual guided self-help based on McMaster model of family functioning principles versus standard care

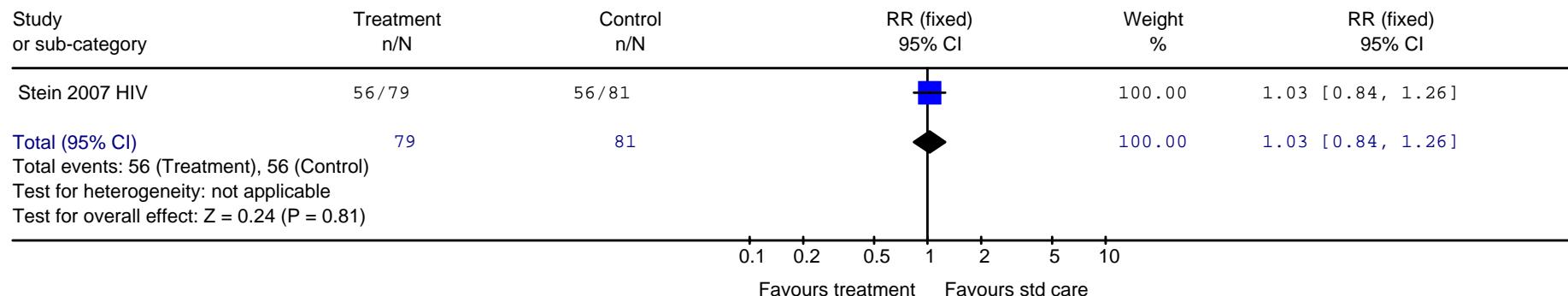
Outcome: 01 Non remission (below cut off)



## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

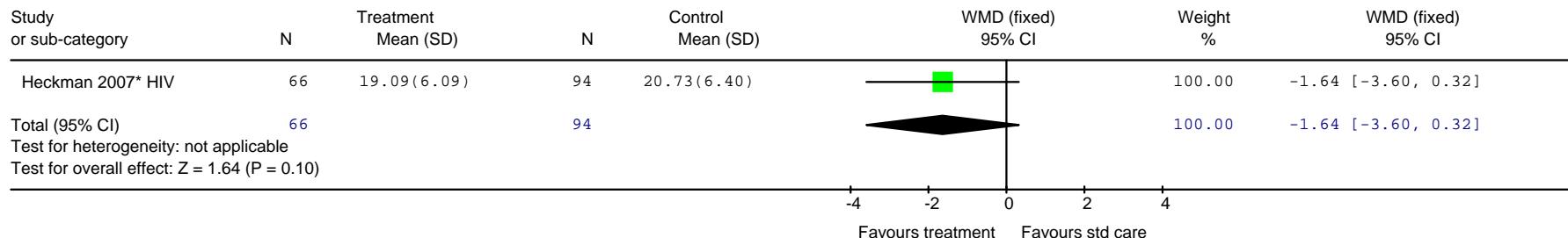
### Individual guided self-help based on McMaster model of family functioning versus standard care

Review: DCHP: Individual guided self-help  
 Comparison: 02 Individual guided self-help based on McMaster model of family functioning principles versus standard care  
 Outcome: 02 Non response (<50% reduction from baseline)



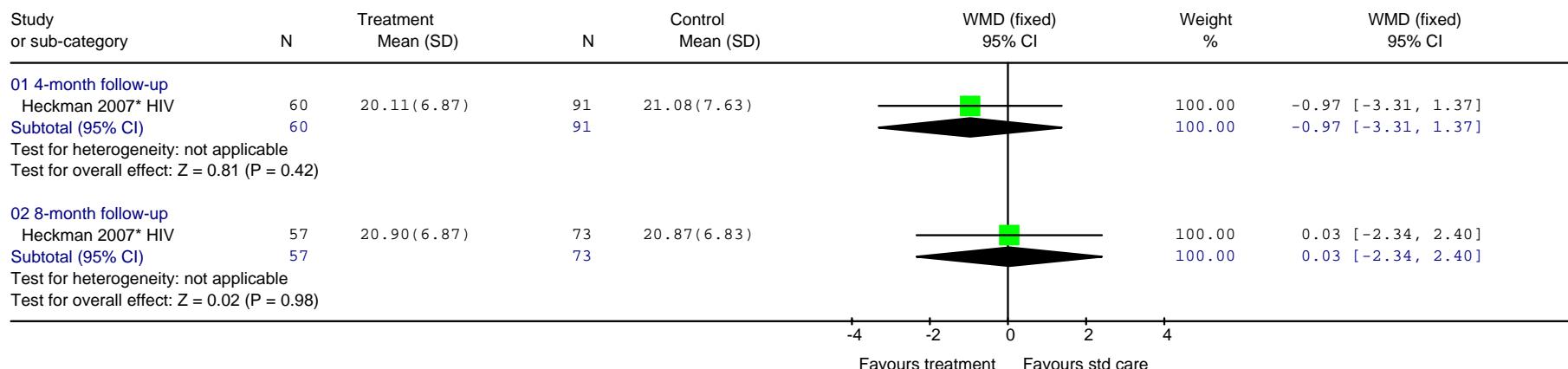
### Health education versus standard care

Review: DCHP: Health Education  
 Comparison: 01 Health education verus standard care  
 Outcome: 01 BDI 21 item: self-report (end of treatment)

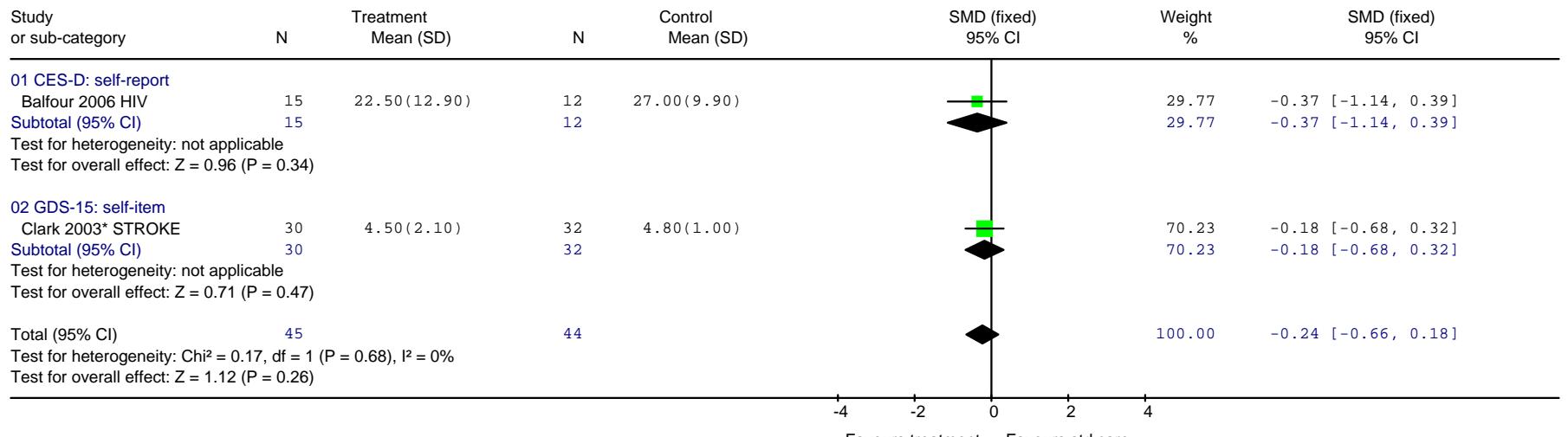


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Health Education  
 Comparison: 01 Health education versus standard care  
 Outcome: 02 BDI 21 item: self-report (follow-up)



Review: DCHP: Health Education  
 Comparison: 02 Health education plus other psychosocial component versus standard care  
 Outcome: 01 Depression (end of treatment)

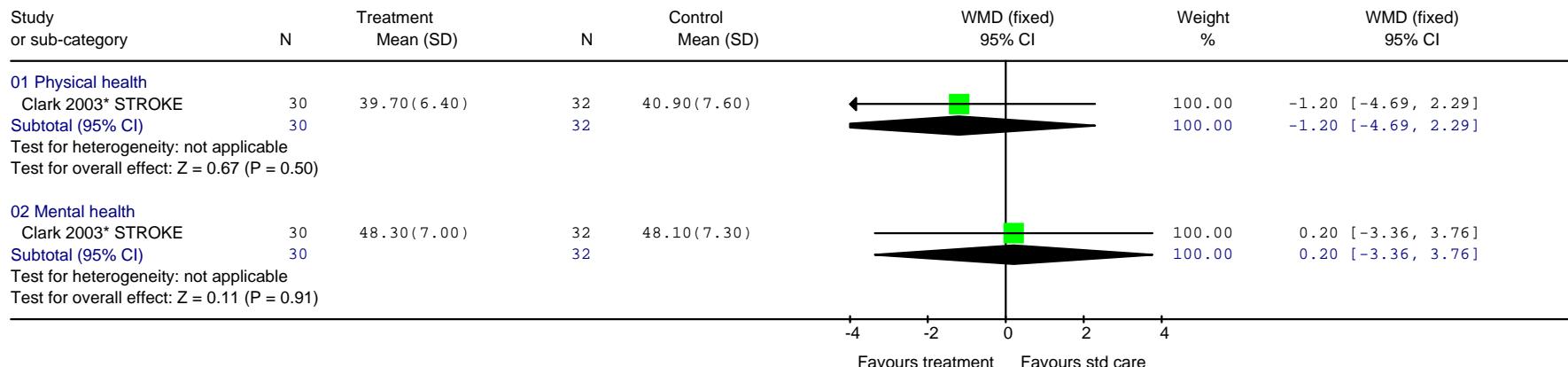


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Health Education

Comparison: 02 Health education plus other psychosocial component versus standard care

Outcome: 02 QOL: SF-36

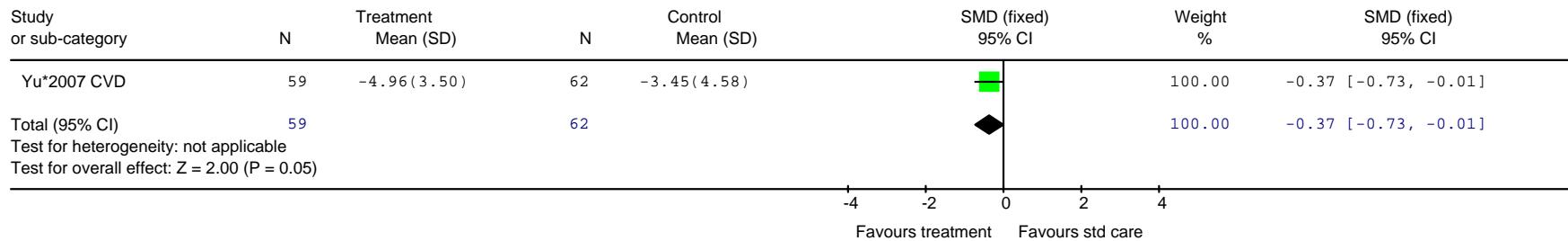


## Relaxation training versus standard care

Review: DCHP - Relaxation training

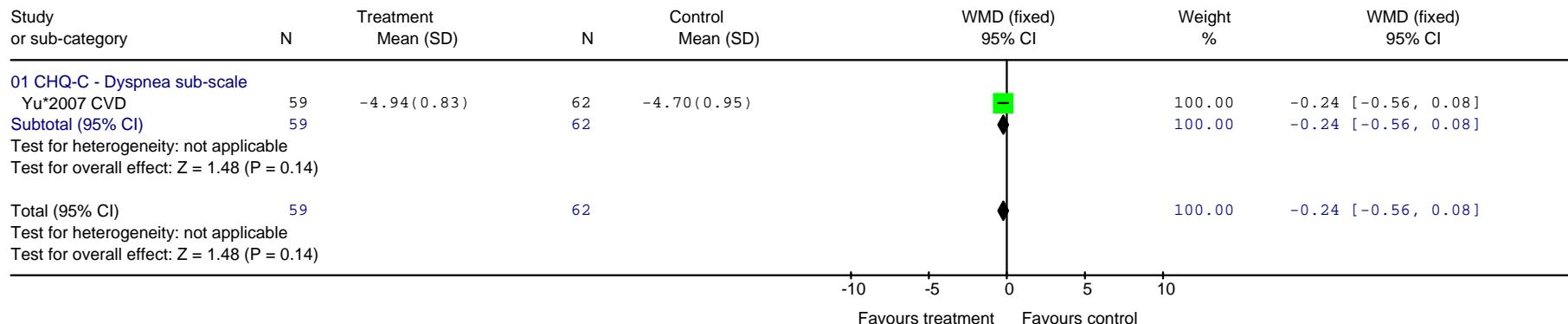
Comparison: 01 Relaxation versus standard care

Outcome: 01 Depression (Change scores)



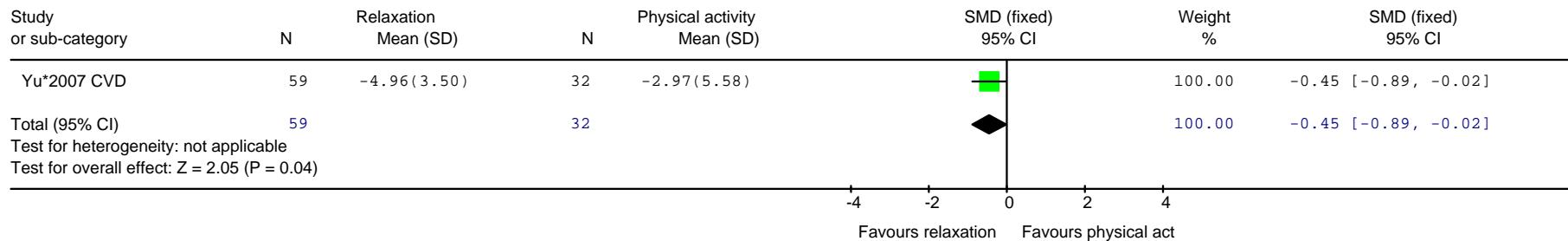
## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Relaxation training  
 Comparison: 01 Relaxation versus standard care  
 Outcome: 03 Health related quality of life (end of treatment)



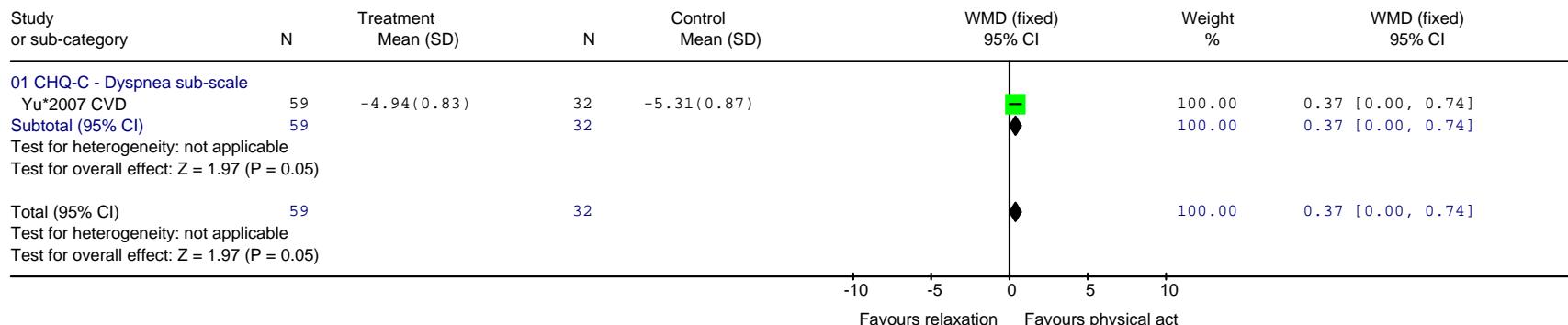
## Relaxation training versus physical activity

Review: DCHP - Relaxation training  
 Comparison: 02 Relaxation versus physical activity  
 Outcome: 01 Depression (Change scores)



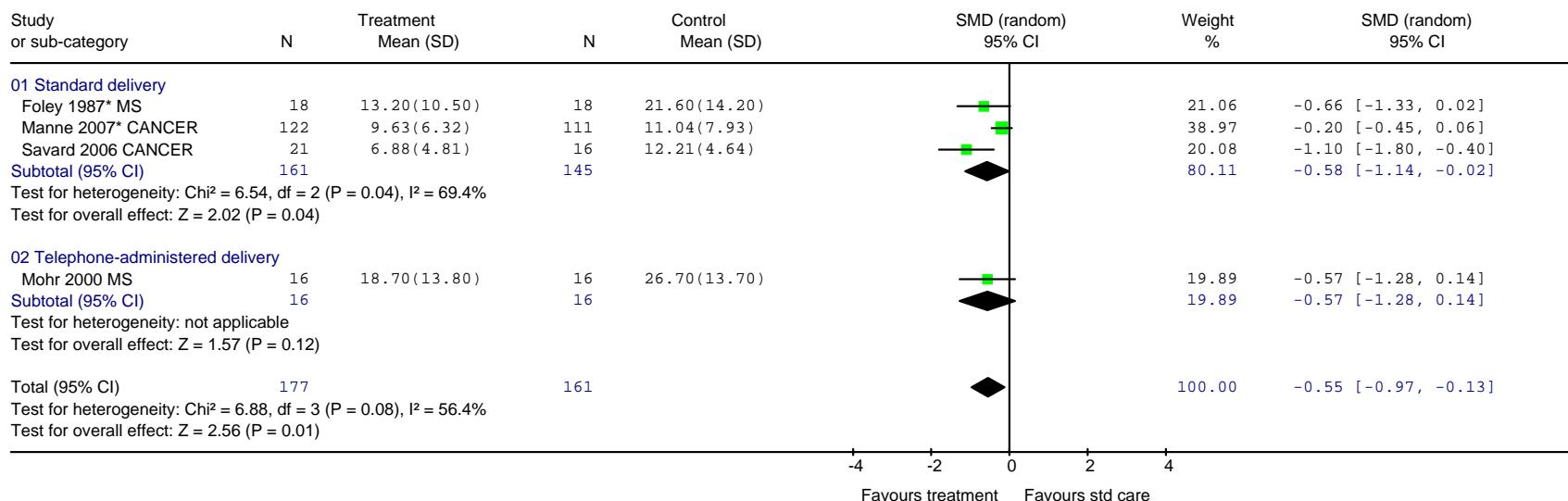
## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Relaxation training  
 Comparison: 02 Relaxation versus physical activity  
 Outcome: 02 Health related quality of life (end of treatment)



## Individual-based cognitive and behavioural interventions versus standard care

Review: DCHP: Cognitive and Behavioural Interventions  
 Comparison: 01 Individually based cognitive and behavioural intervention versus standard care  
 Outcome: 01 Depression (end of treatment)

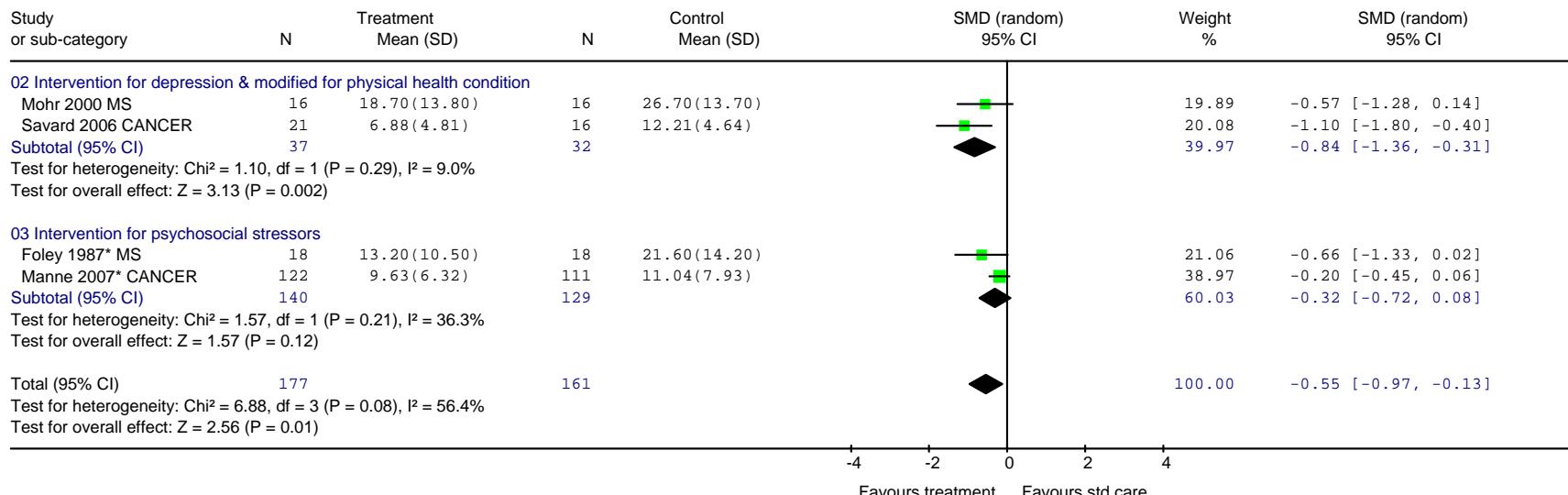


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 01 Individually based cognitive and behavioural intervention versus standard care

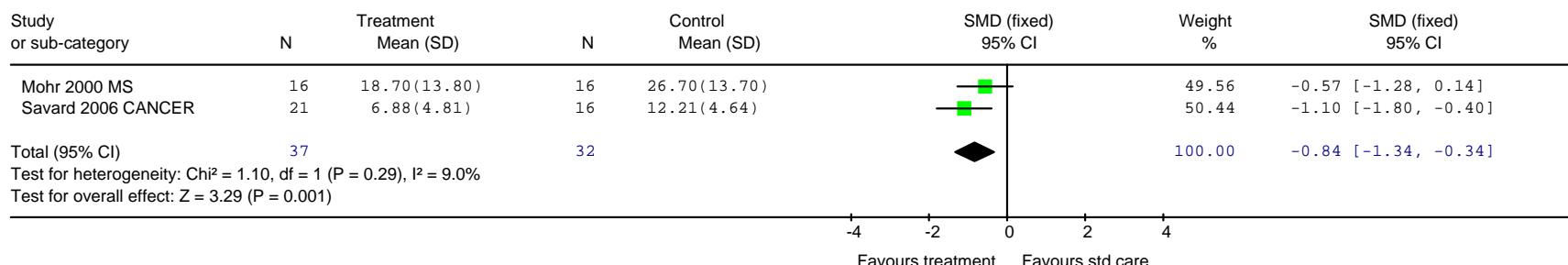
Outcome: 02 Depression (end of treatment) - sub-group analysis by aim of the intervention



Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 01 Individually based cognitive and behavioural intervention versus standard care

Outcome: 03 Depression (end of treatment) - sensitivity analysis - studies primarily aimed at reducing depression

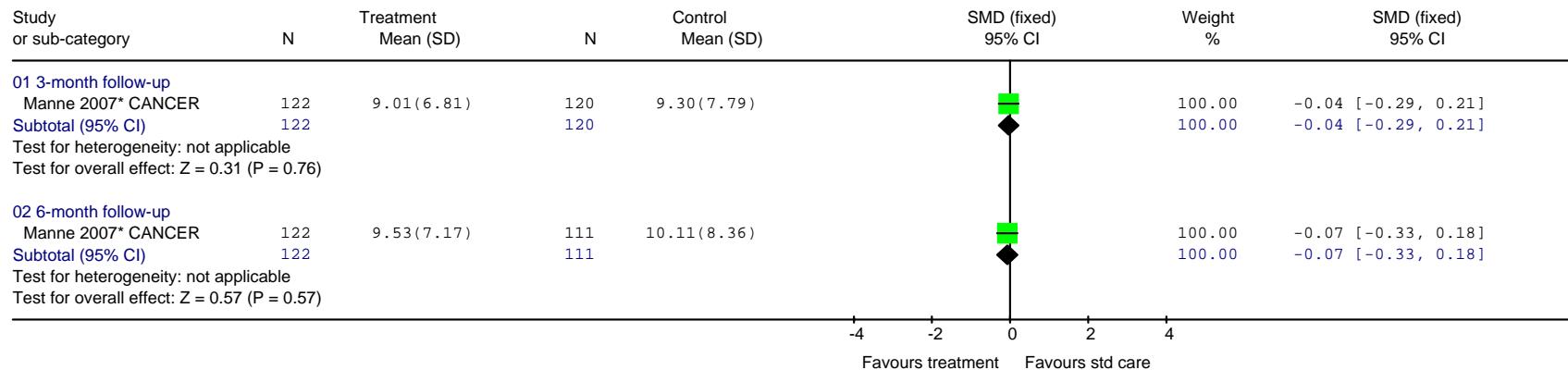


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 01 Individually based cognitive and behavioural intervention versus standard care

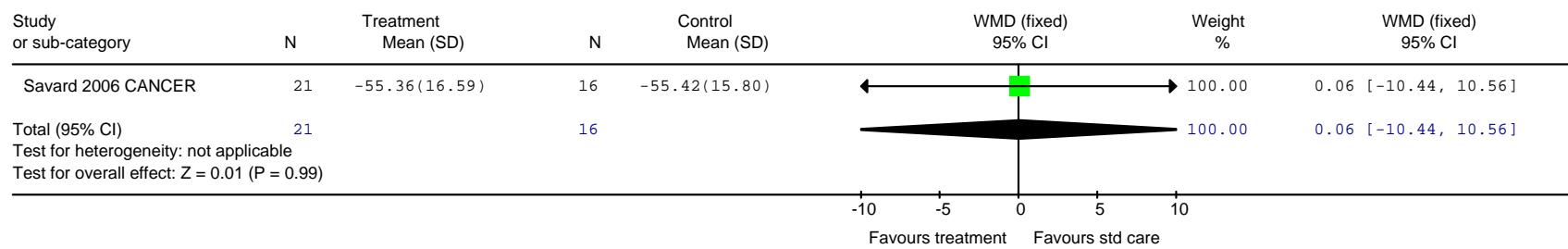
Outcome: 04 Depression (follow-up)



Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 01 Individually based cognitive and behavioural intervention versus standard care

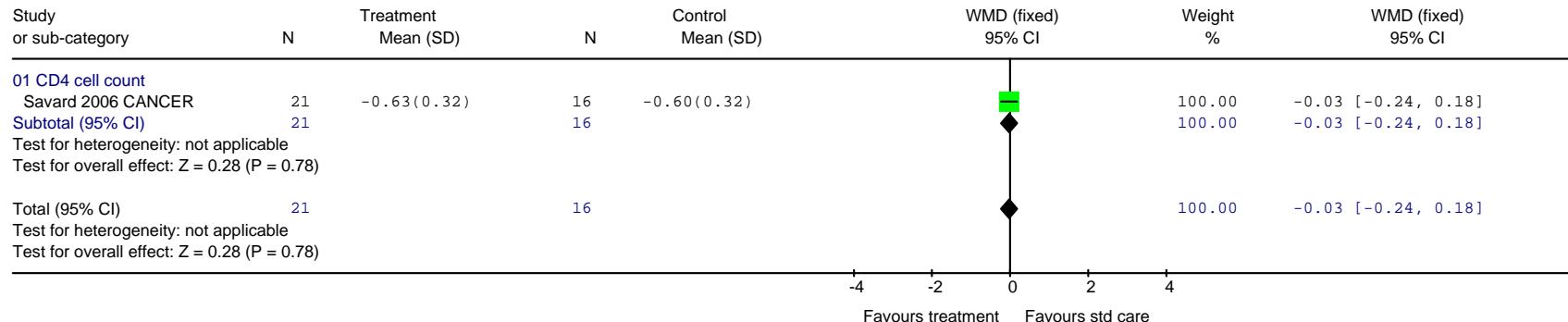
Outcome: 11 QoL - QLQ-C33 (end of treatment)



Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 01 Individually based cognitive and behavioural intervention versus standard care

Outcome: 12 Physical health outcome

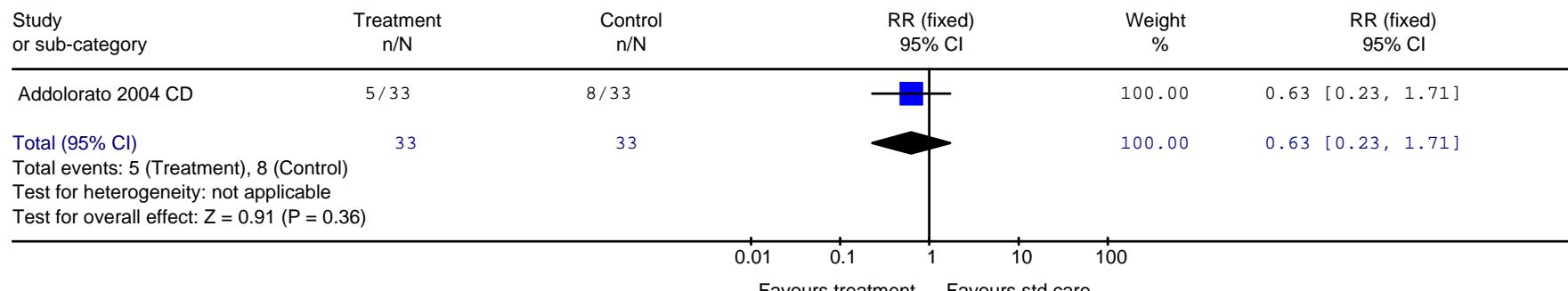


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

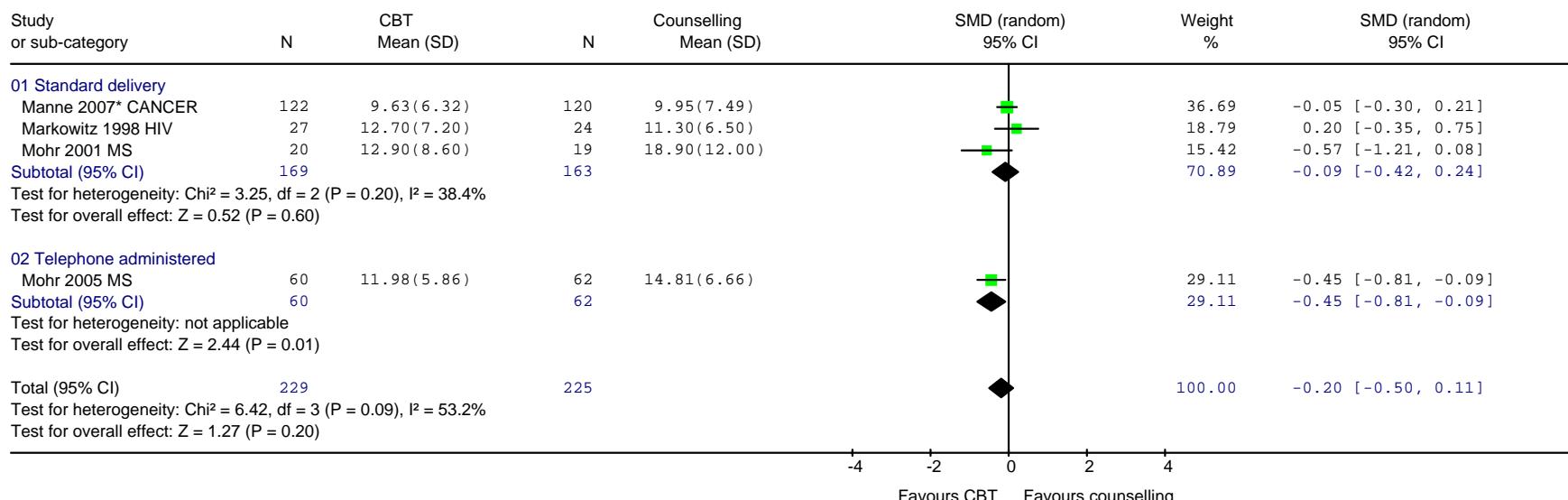
Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 01 Individually based cognitive and behavioural intervention versus standard care

Outcome: 13 Non-remission (below cut-off)



Review: DCHP: Cognitive and Behavioural Interventions  
 Comparison: 02 Individually based cognitive and behavioural intervention versus counselling  
 Outcome: 01 Depression (end of treatment)



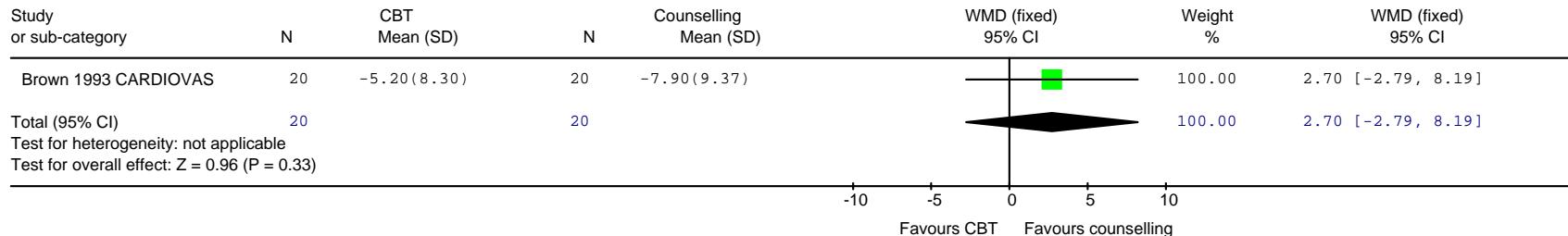
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Individual-based cognitive and behavioural interventions versus counselling

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 02 Individually based cognitive and behavioural intervention versus counselling

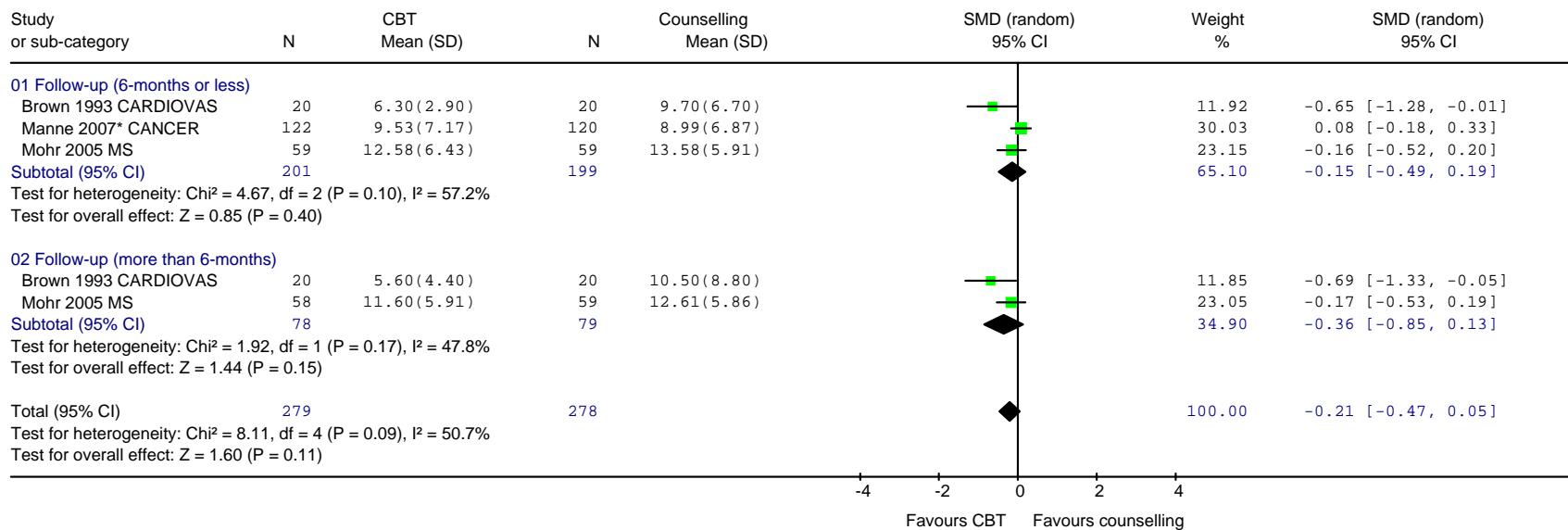
Outcome: 02 Depression (end of treatment) - change score



Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 02 Individually based cognitive and behavioural intervention versus counselling

Outcome: 05 Depression (follow-up)

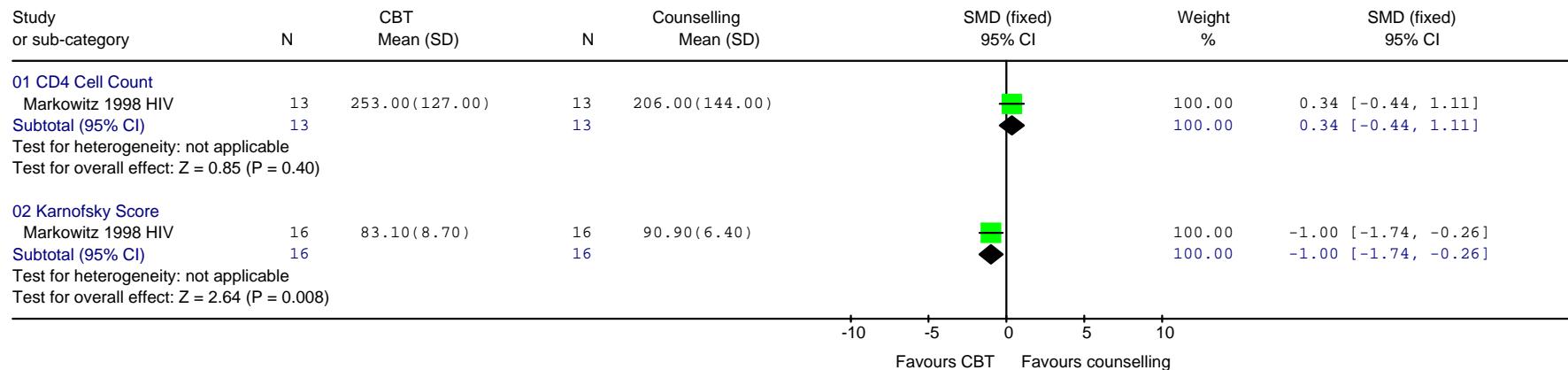


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 02 Individually based cognitive and behavioural intervention versus counselling

Outcome: 11 Physical health



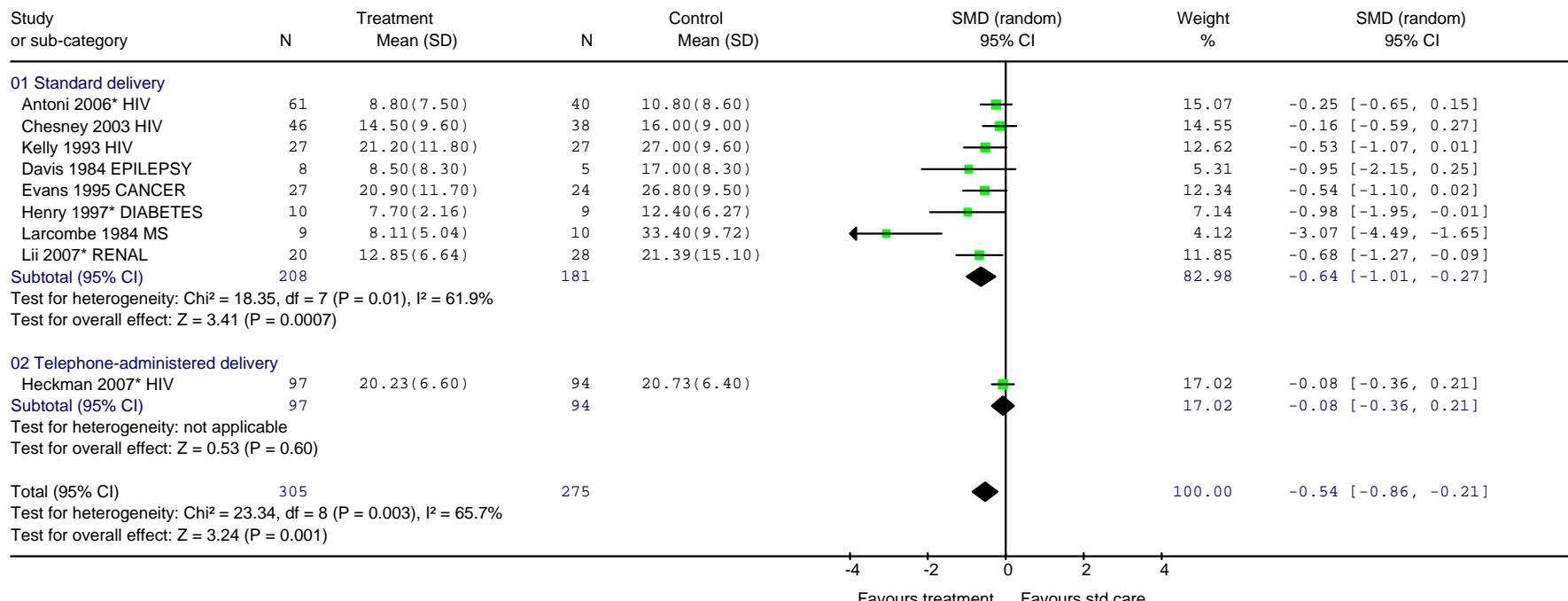
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Group-based cognitive and behavioural interventions versus standard care

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 03 Group based cognitive and behavioural intervention versus standard care

Outcome: 01 Depression (end of treatment)

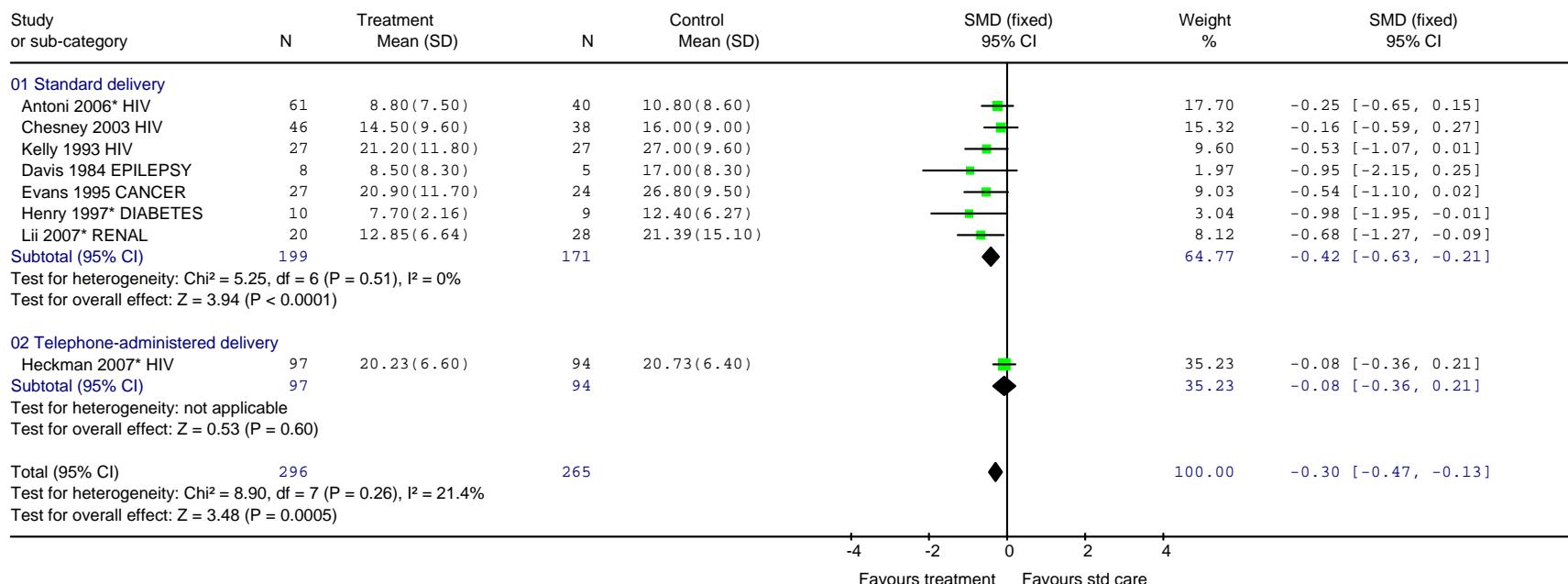


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 03 Group based cognitive and behavioural intervention versus standard care

Outcome: 02 Depression (end of treatment) - sensitivity analysis (removed outlier)

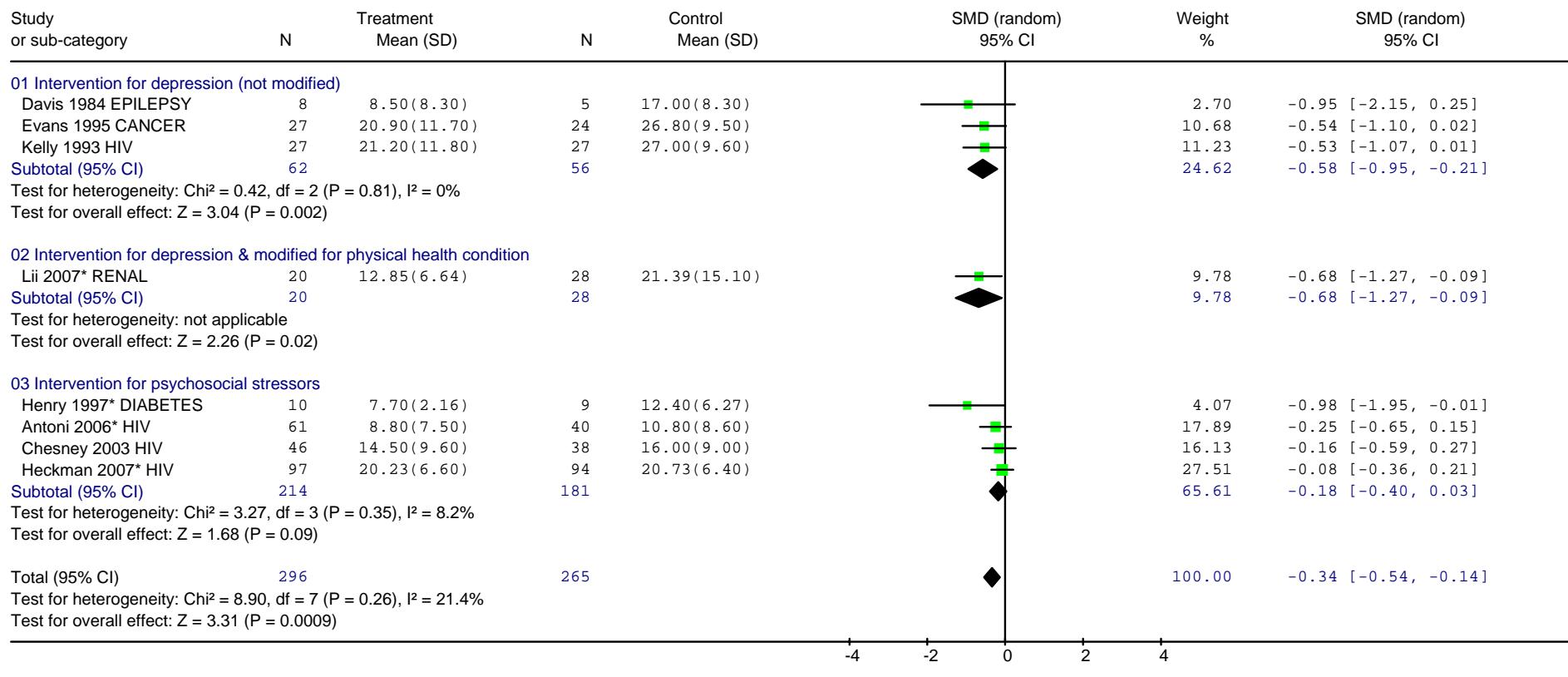


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 03 Group based cognitive and behavioural intervention versus standard care

Outcome: 03 Depression (end of treatment) - sub-group analysis by aim of intervention

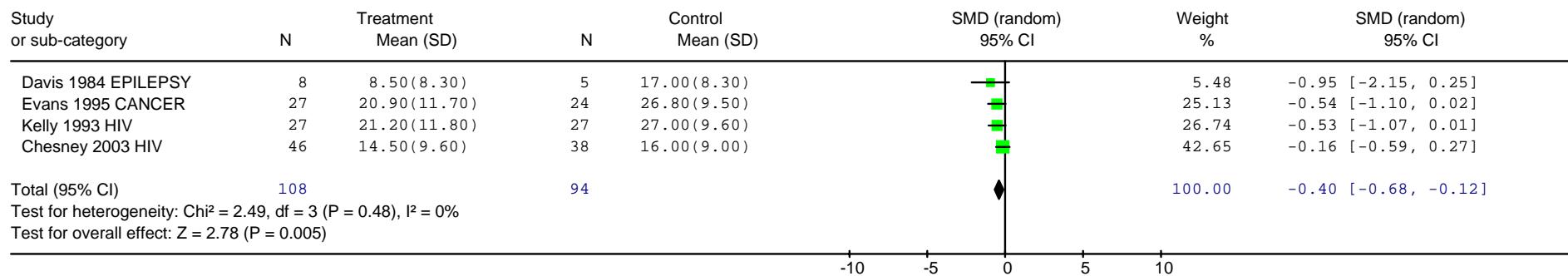


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 03 Group based cognitive and behavioural intervention versus standard care

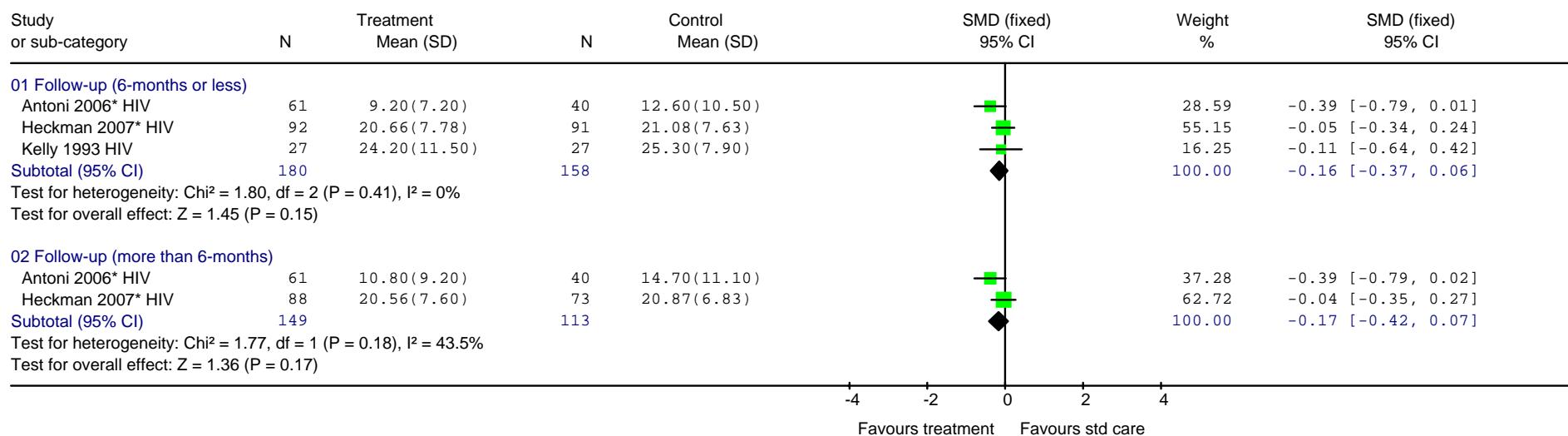
Outcome: 04 Depression (end of treatment) - sensitivity analysis - studies primarily aimed at reducing depression



Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 03 Group based cognitive and behavioural intervention versus standard care

Outcome: 05 Depression (follow-up)

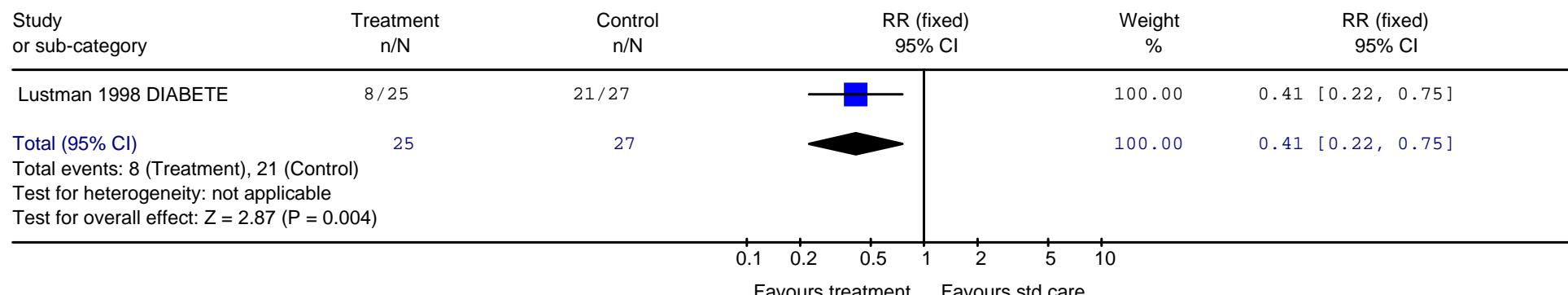


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 03 Group based cognitive and behavioural intervention versus standard care

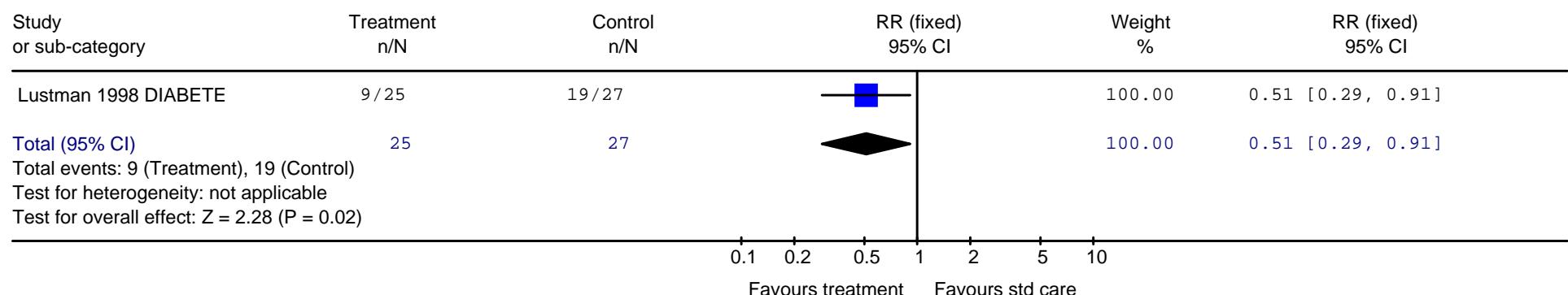
Outcome: 06 Non remission (below cut off)



Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 03 Group based cognitive and behavioural intervention versus standard care

Outcome: 07 Non response (<50% reduction from baseline)

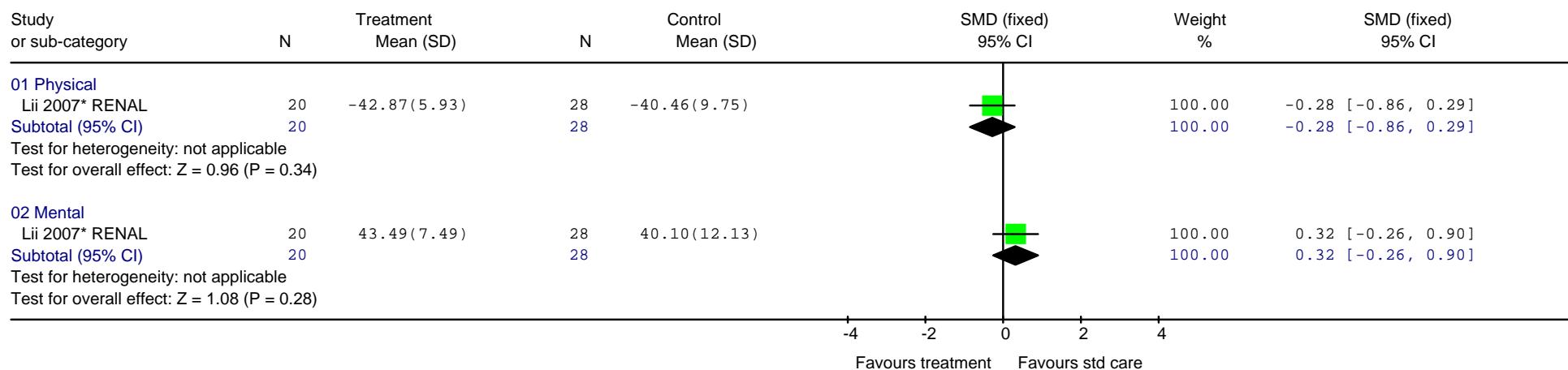


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 03 Group based cognitive and behavioural intervention versus standard care

Outcome: 15 QoL - SF-30: self-report (end of treatment)



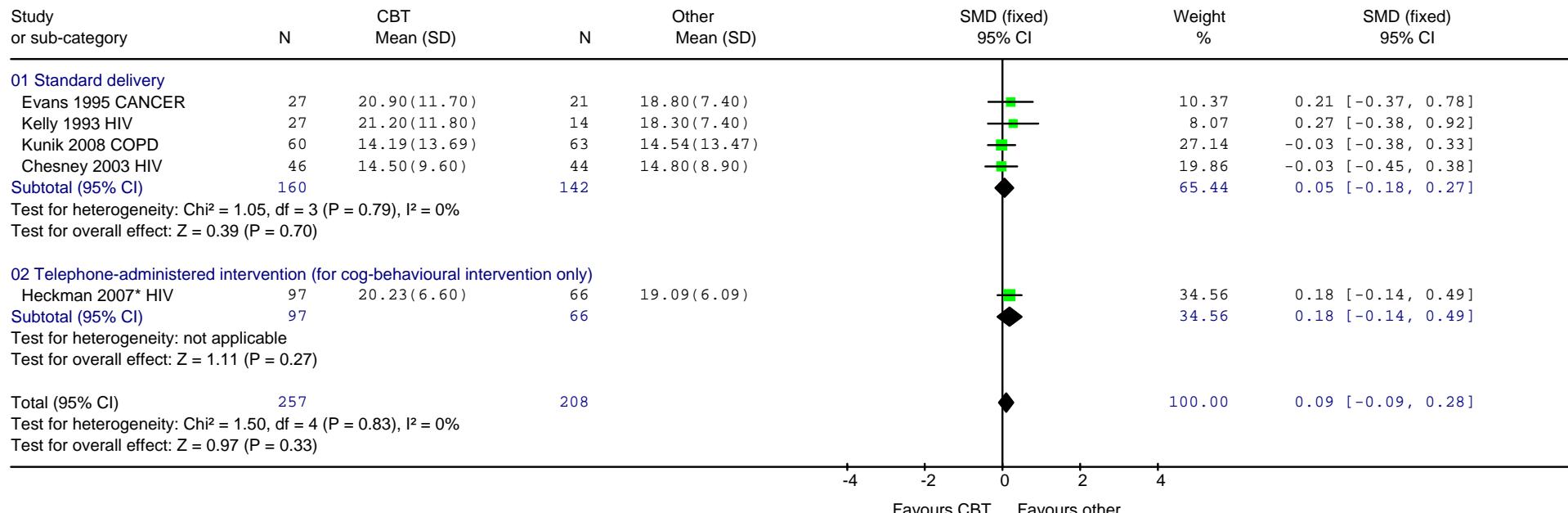
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Group-based cognitive and behavioural interventions versus other (peer self-help support and counselling)

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 04 Group based cognitive and behavioural intervention versus other (peer self-help support and counselling)

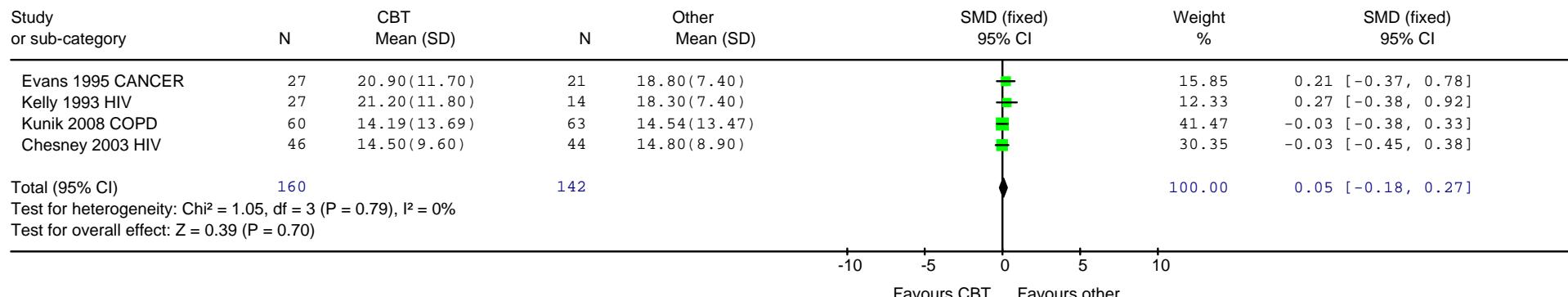
Outcome: 01 Depression (end of treatment)



Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 04 Group based cognitive and behavioural intervention versus other (peer self-help support and counselling)

Outcome: 02 Depression (end of treatment) - sensitivity analysis - studies primarily aimed at reducing depression

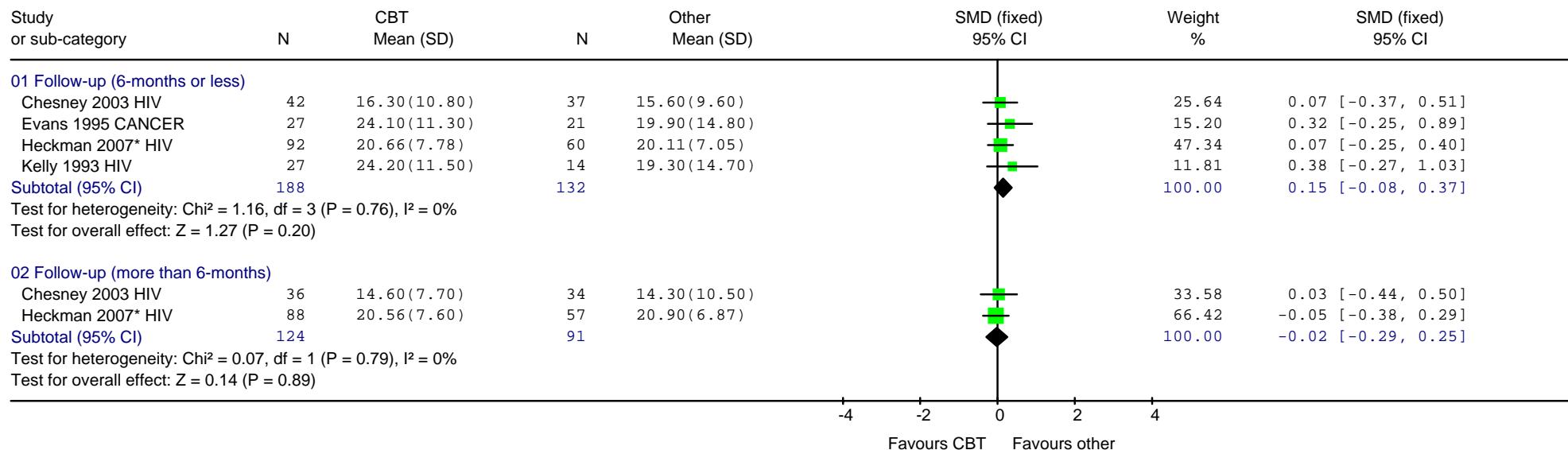


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Cognitive and Behavioural Interventions

Comparison: 04 Group based cognitive and behavioural intervention versus other (peer self-help support and counselling)

Outcome: 04 Depression (follow-up)

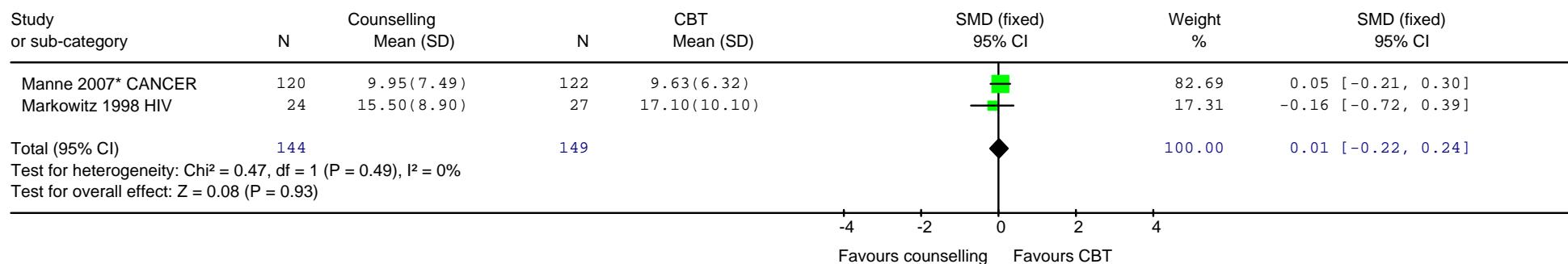


## Counselling versus standard care

Review: DCHP: Counselling

Comparison: 02 Counselling versus individual-based cognitive and behavioural intervention

Outcome: 01 Depression (end of treatment)



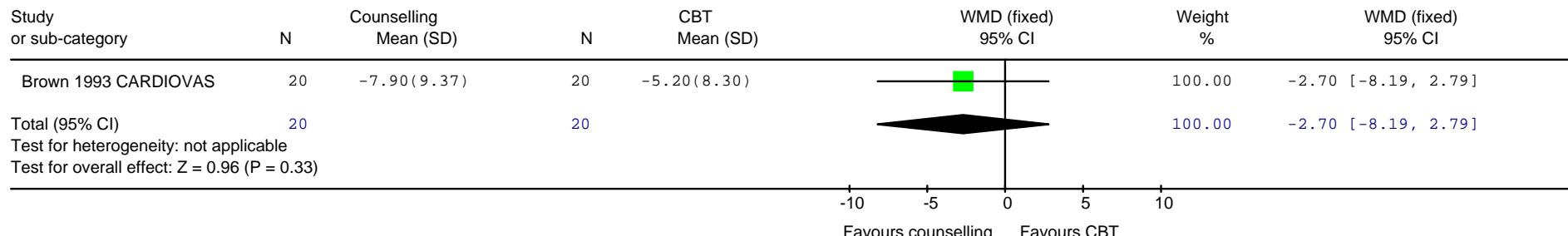
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Counselling versus individual based cognitive and behavioural interventions

Review: DCHP: Counselling

Comparison: 02 Counselling versus individual-based cognitive and behavioural intervention

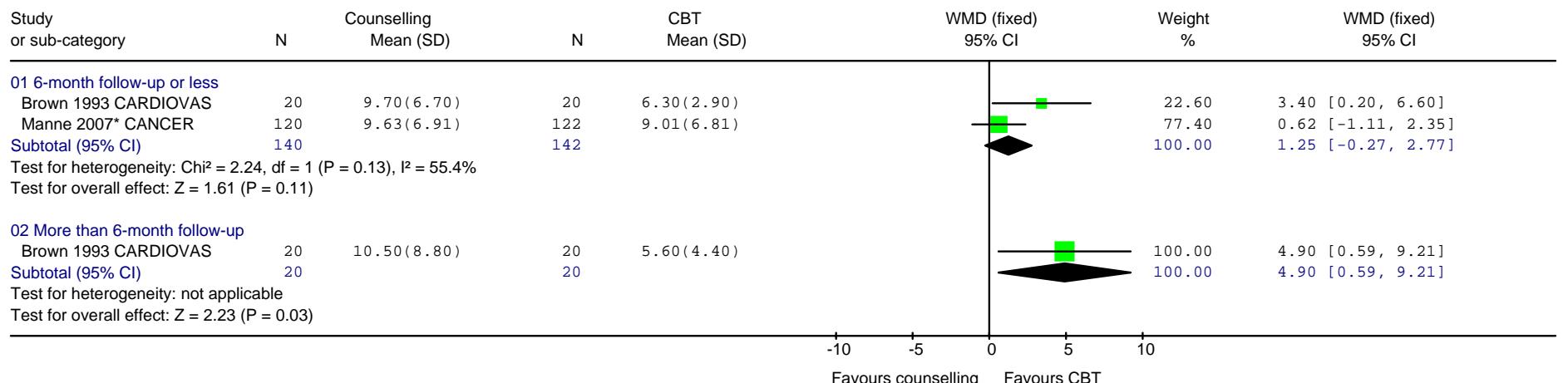
Outcome: 02 Depression (end of treatment) - change score



Review: DCHP: Counselling

Comparison: 02 Counselling versus individual-based cognitive and behavioural intervention

Outcome: 03 Depression (follow-up)



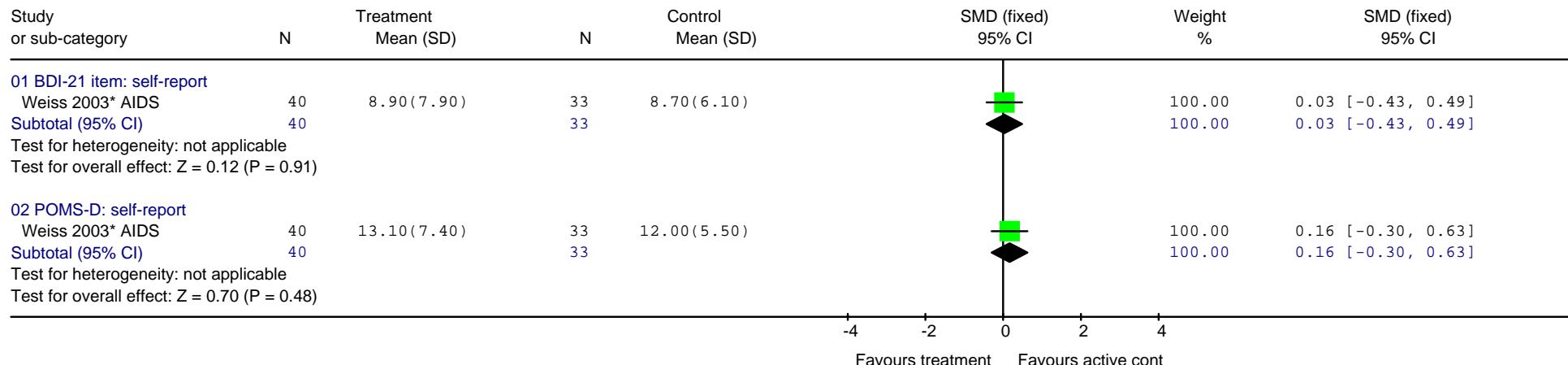
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Group existential therapy versus active control

Review: DCHP: Group Existential Therapy

Comparison: 01 Group existential therapy

Outcome: 01 Depression (end of treatment)

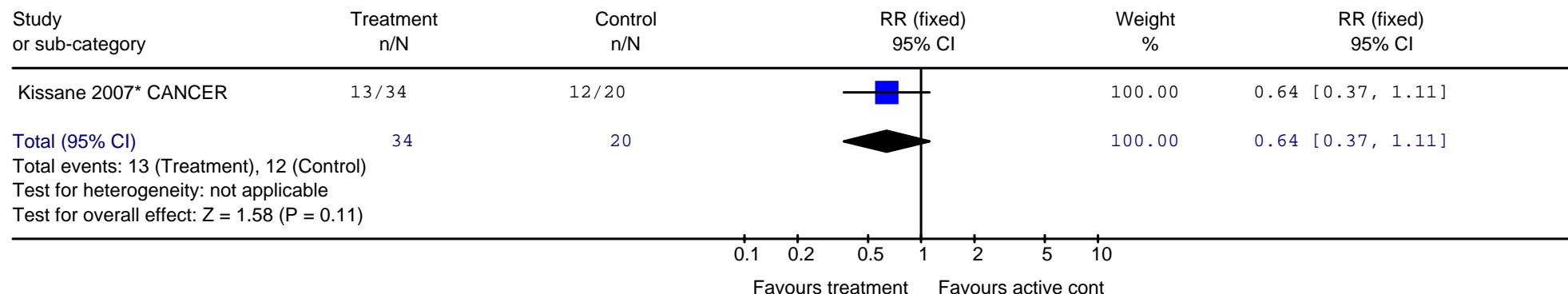


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Group Existential Therapy

Comparison: 01 Group existential therapy

Outcome: 05 Non-remission (still meeting diagnosis of depression) - end of treatment

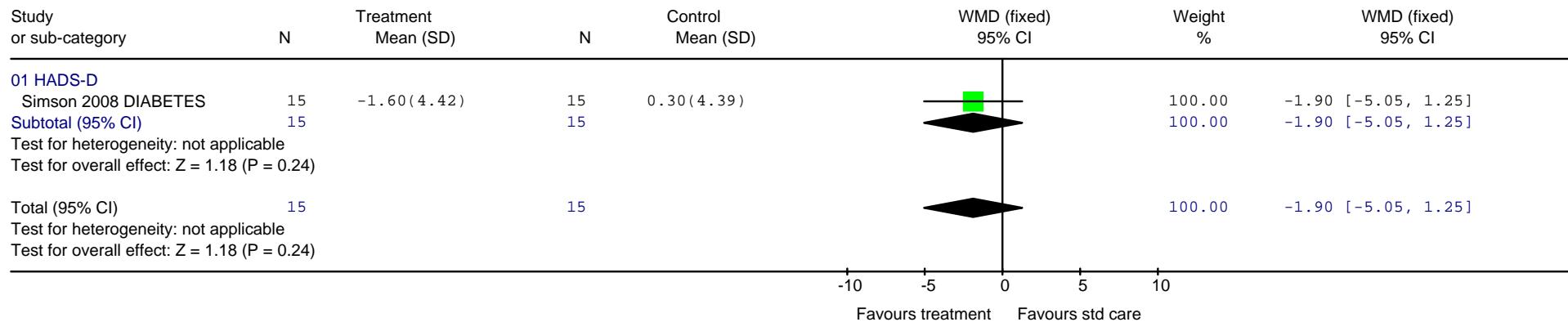


## Group existential therapy versus standard care

Review: DCHP: Group Existential Therapy

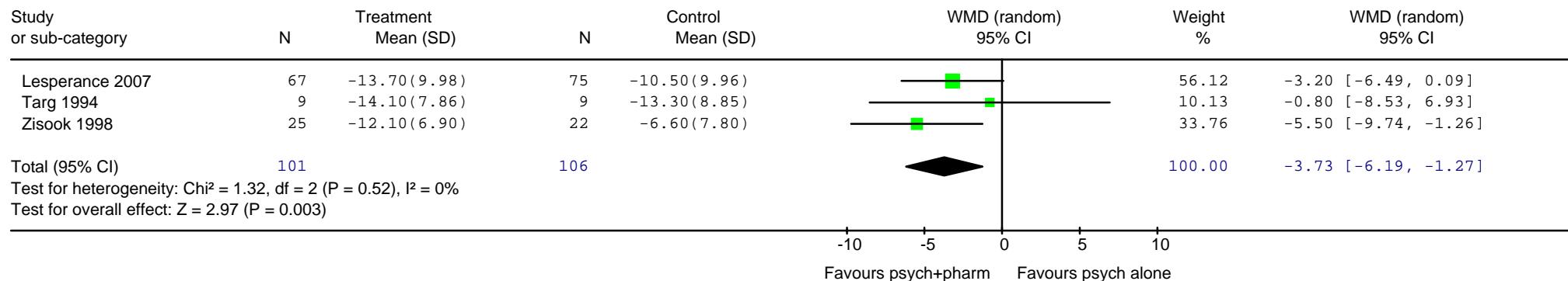
Comparison: 01 Group existential therapy

Outcome: 03 Depression (Change score at end of treatment)

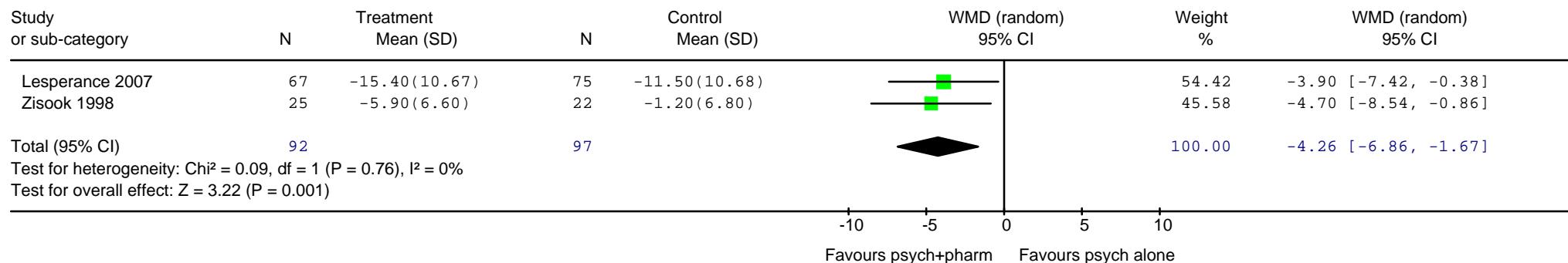


***Combination Interventions*****Psychosocial interventions plus pharmacological interventions versus psychosocial intervention alone**

Review: DCHP: Psych + Pharm  
 Comparison: 01 SSRIs + psychosocial vs psychosocial  
 Outcome: 01 Depression (HamD)



Review: DCHP: Psych + Pharm  
 Comparison: 01 SSRIs + psychosocial vs psychosocial  
 Outcome: 02 Depression (BDI)

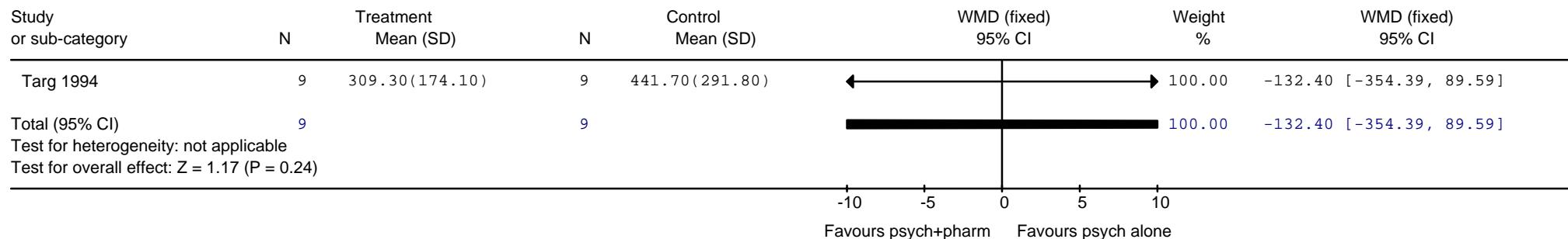


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Psych + Pharm

Comparison: 01 SSRIs + psychosocial vs psychosocial

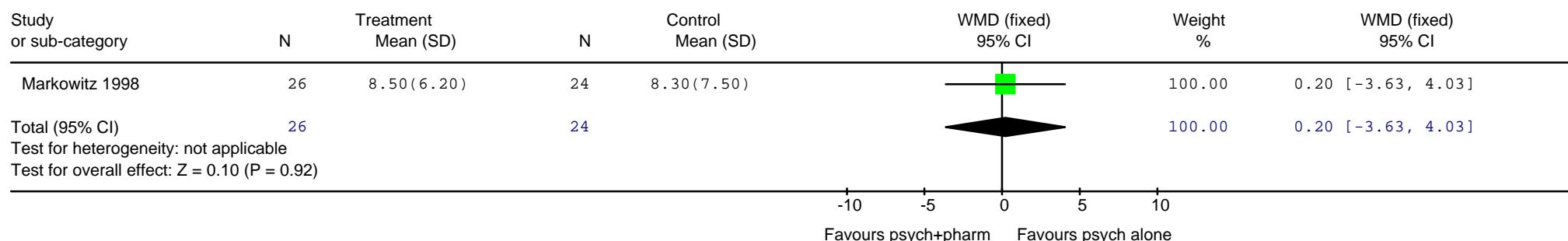
Outcome: 03 CD4 cell count



Review: DCHP: Psych + Pharm

Comparison: 02 TCAs + psychosocial vs psychosocial

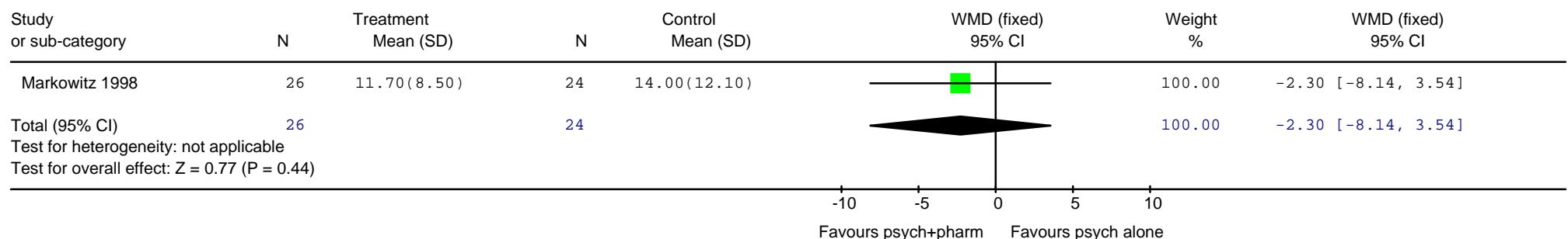
Outcome: 01 Depression (HamD)



Review: DCHP: Psych + Pharm

Comparison: 02 TCAs + psychosocial vs psychosocial

Outcome: 02 Depression (BDI)

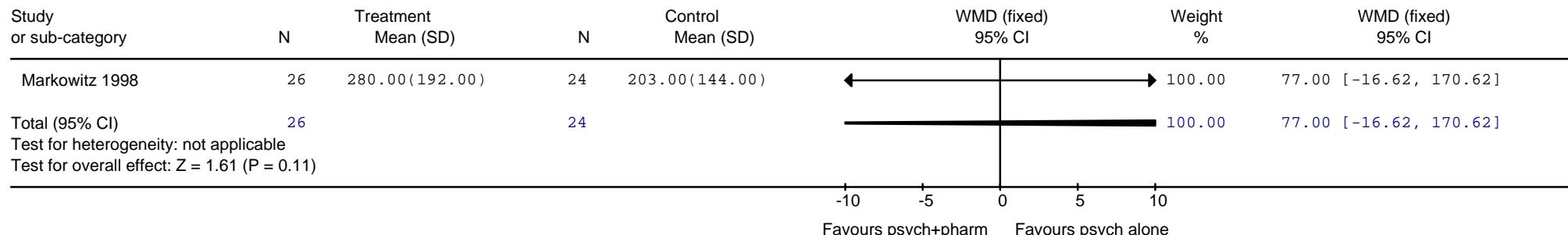


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP: Psych + Pharm

Comparison: 02 TCAs + psychosocial vs psychosocial

Outcome: 03 CD4 cell count

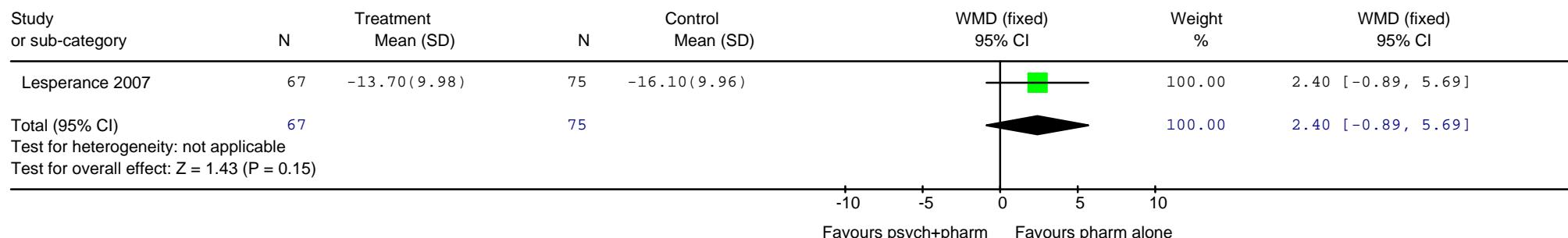


## Psychosocial interventions plus pharmacological interventions versus pharmacological interventions alone

Review: DCHP: Psych + Pharm

Comparison: 03 SSRI + Psychosocial vs SSRI

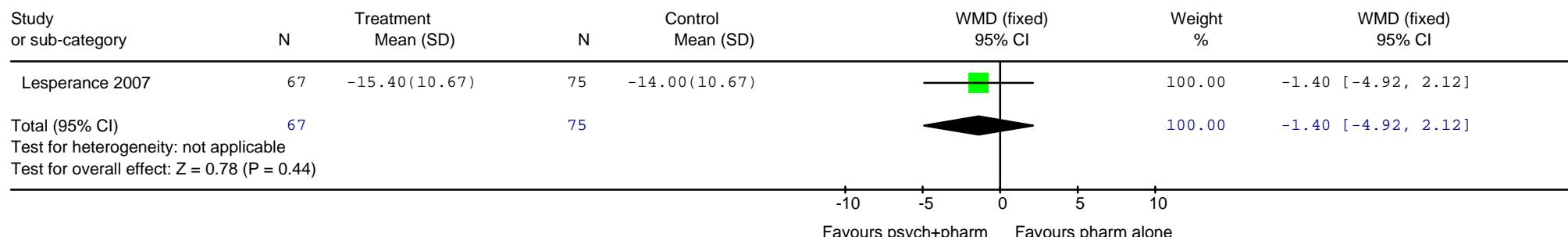
Outcome: 01 Depression (HamD)



Review: DCHP: Psych + Pharm

Comparison: 03 SSRI + Psychosocial vs SSRI

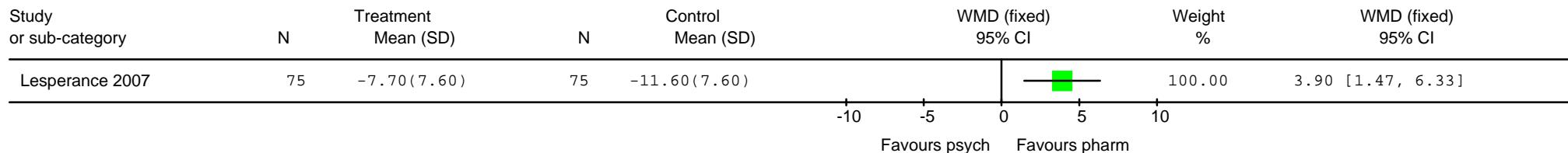
Outcome: 02 Depression (BDI)



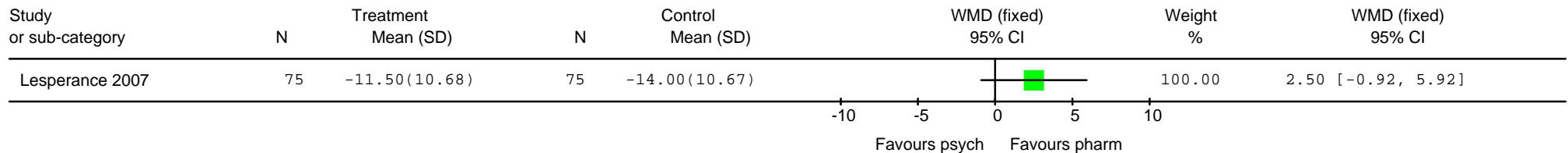
## *Psychosocial vs. Pharmacological Interventions*

### **Psychosocial interventions versus pharmacological interventions**

Review: DCHP: Psych + Pharm  
 Comparison: 04 Psychosocial vs SSRIs  
 Outcome: 01 Depression (HamD)



Review: DCHP: Psych + Pharm  
 Comparison: 04 Psychosocial vs SSRIs  
 Outcome: 02 Depression (BDI)

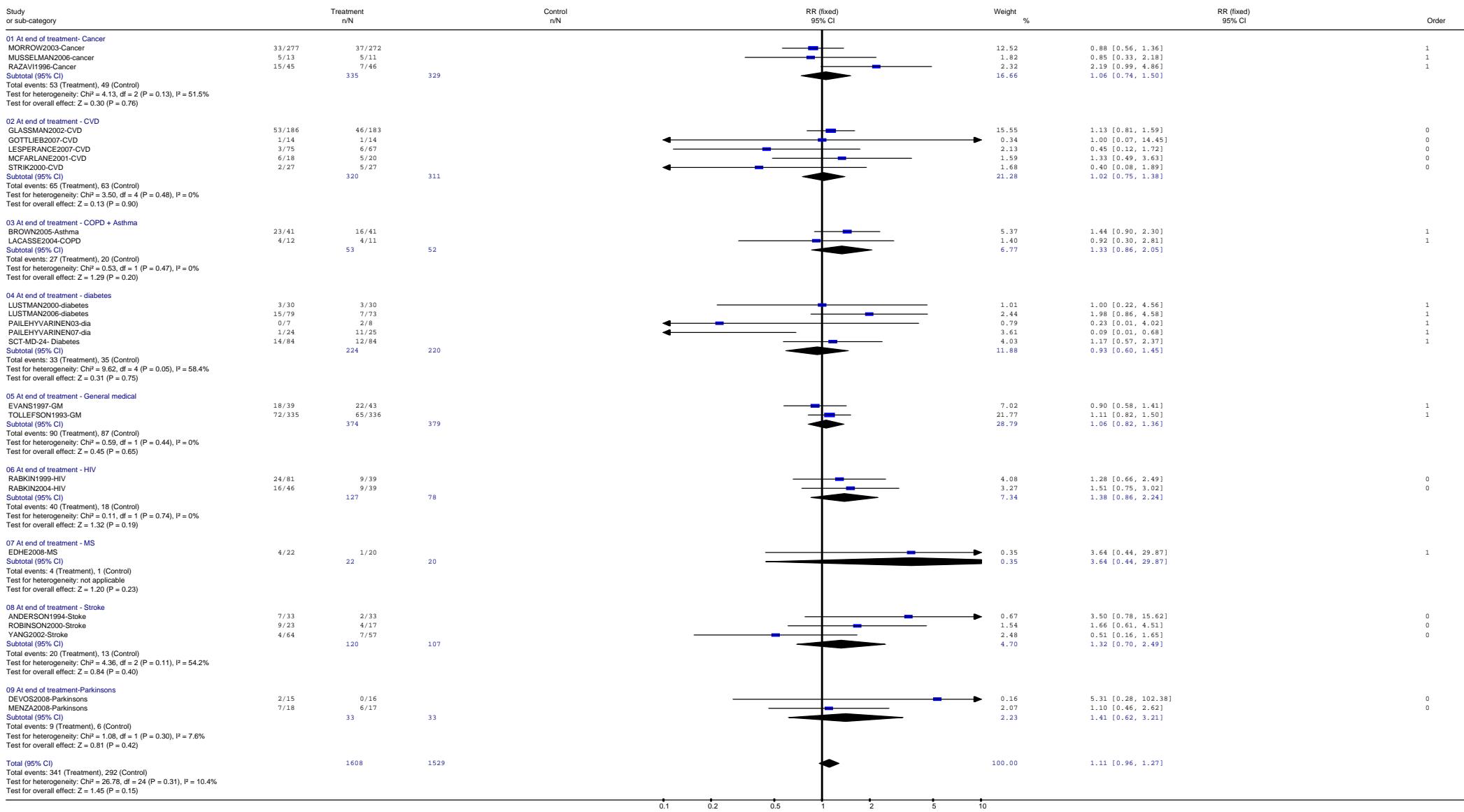


### *Pharmacological Interventions*

# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## SSRIs vs. placebo

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 01 Leaving the Study early: Any reason

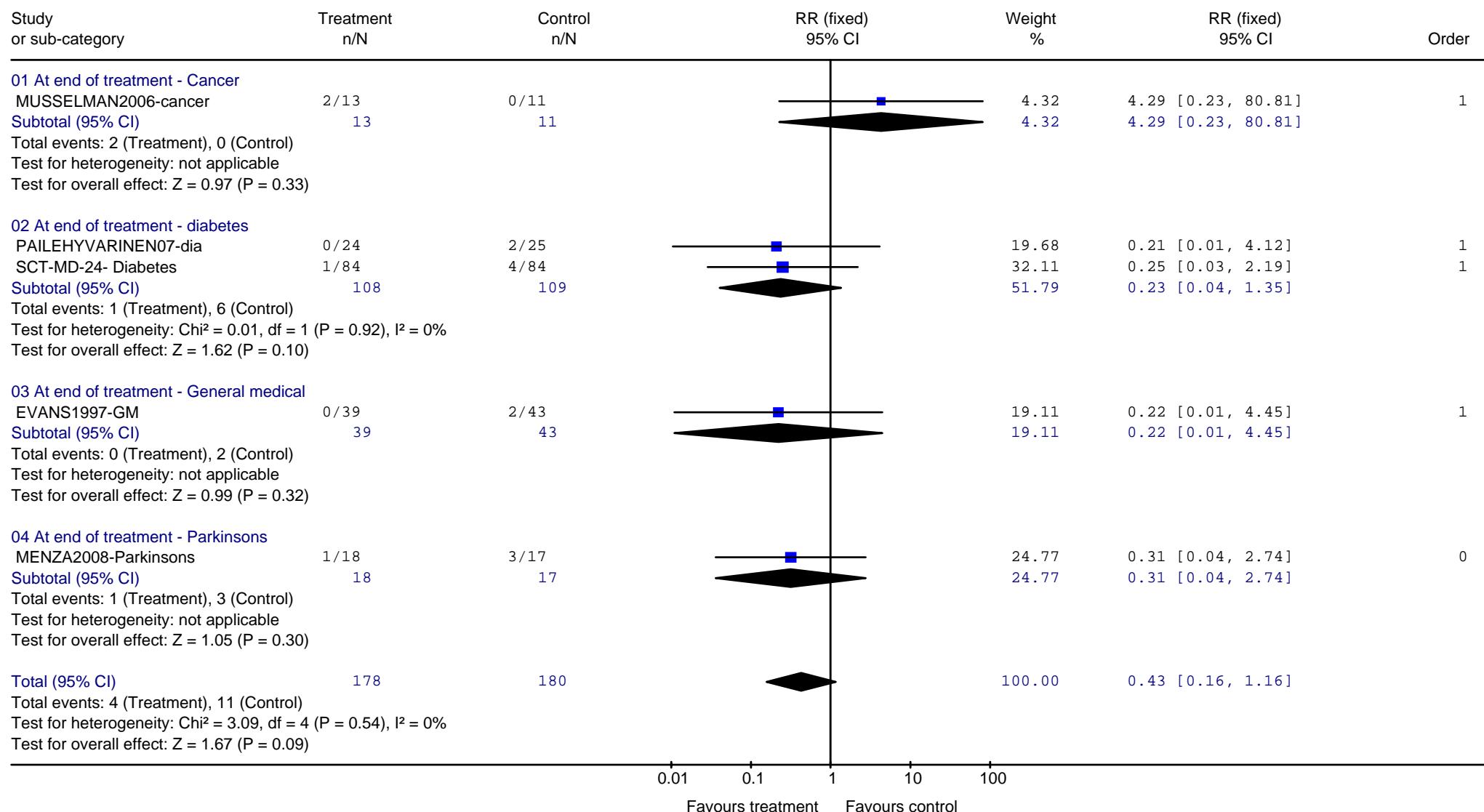


# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

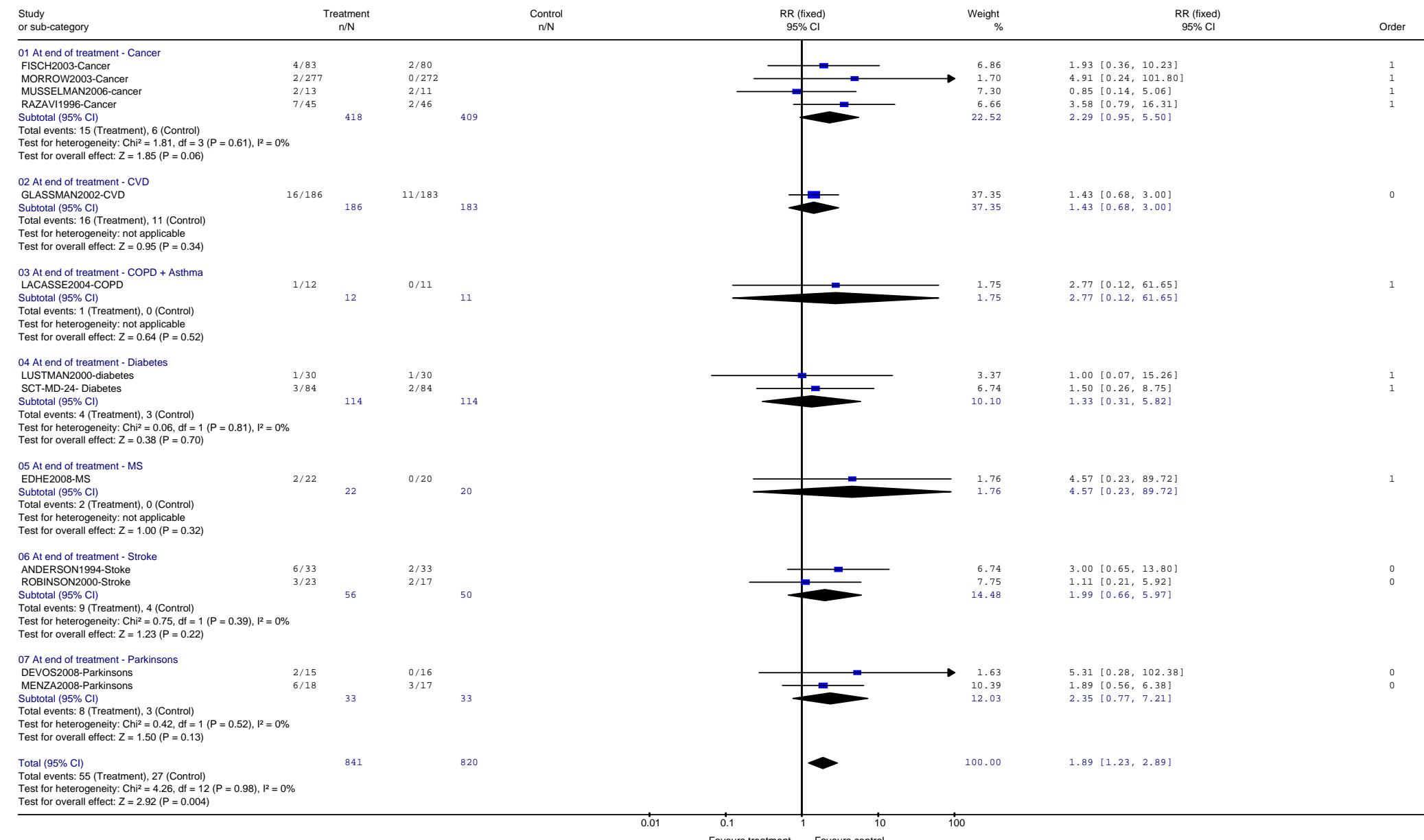
Comparison: 02 SSRIs vs. PLACEBO

Outcome: 02 Leaving the Study early: Lack of efficacy



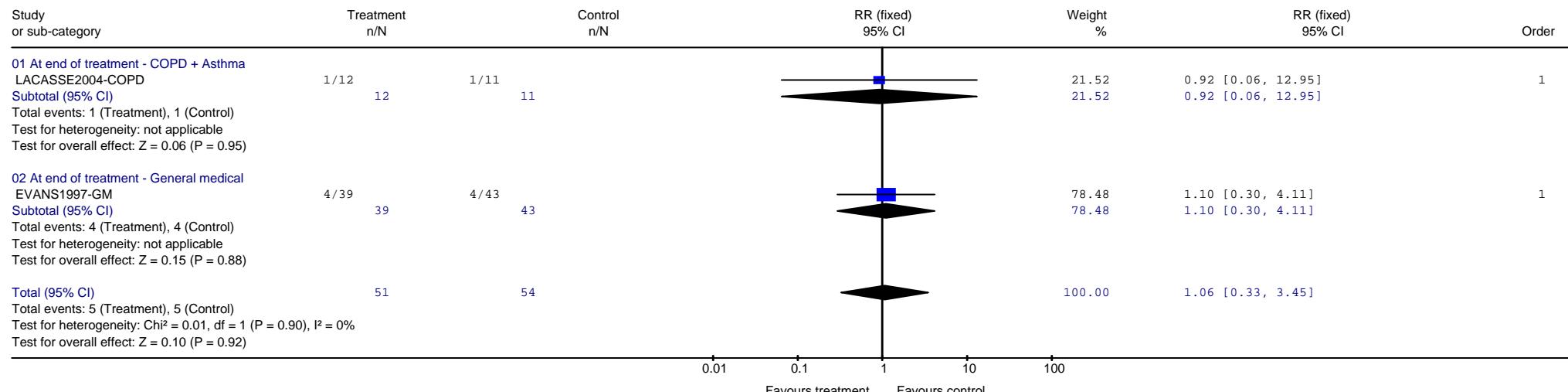
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 03 Leaving the Study early: Due to adverse events

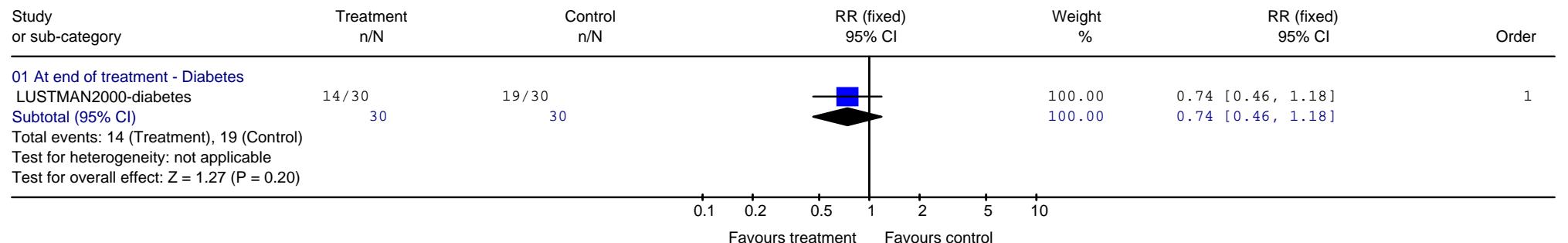


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 10 Mortality

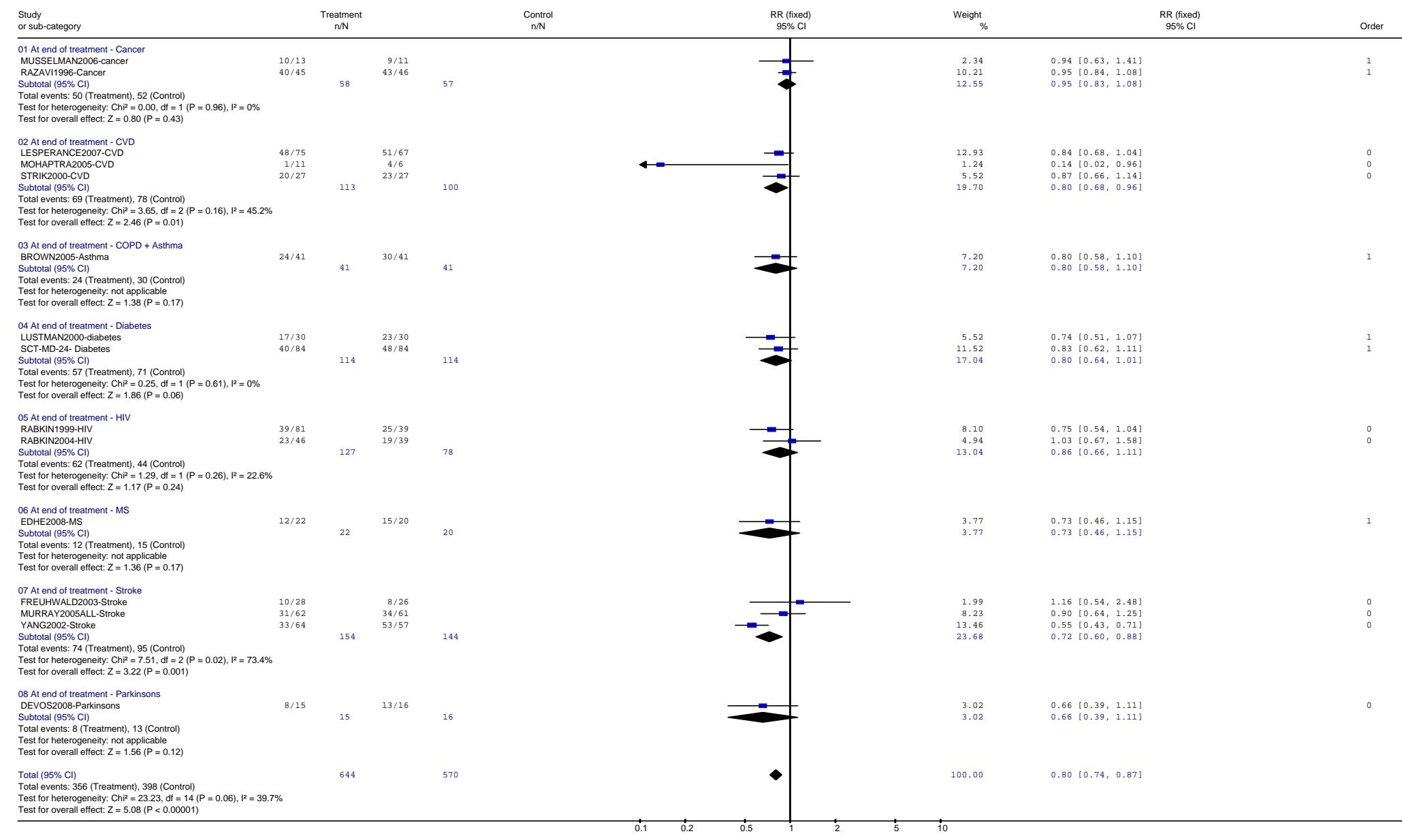


Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 30 Depression: 1. Not achieving success/ remission (reaching a specified cut off) - patient rated



# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 31 Depression: 1. Not achieving success/ remission (reaching a specified cut off) - observer rated

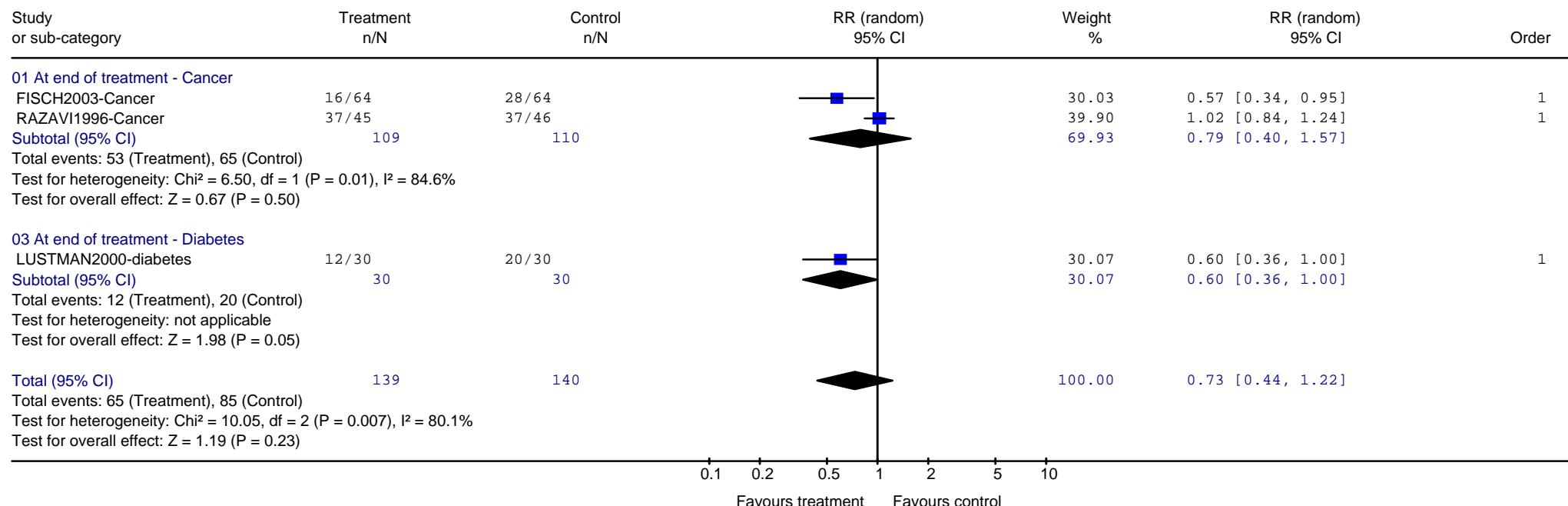


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

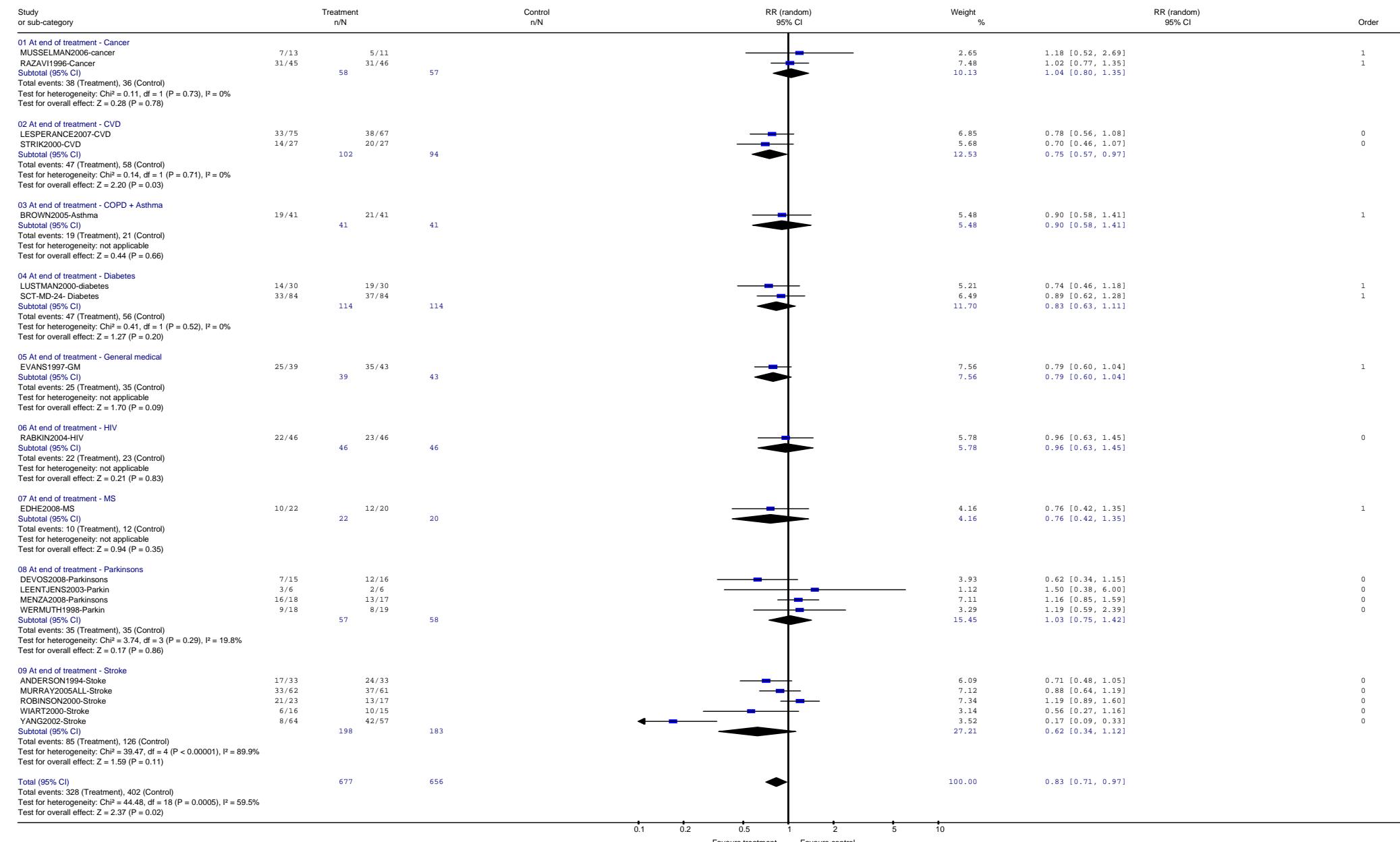
Comparison: 02 SSRIs vs. PLACEBO

Outcome: 32 Depression: 2. Non-response (not achieving 50% reduction from baseline) - patient rated e.g. BDI



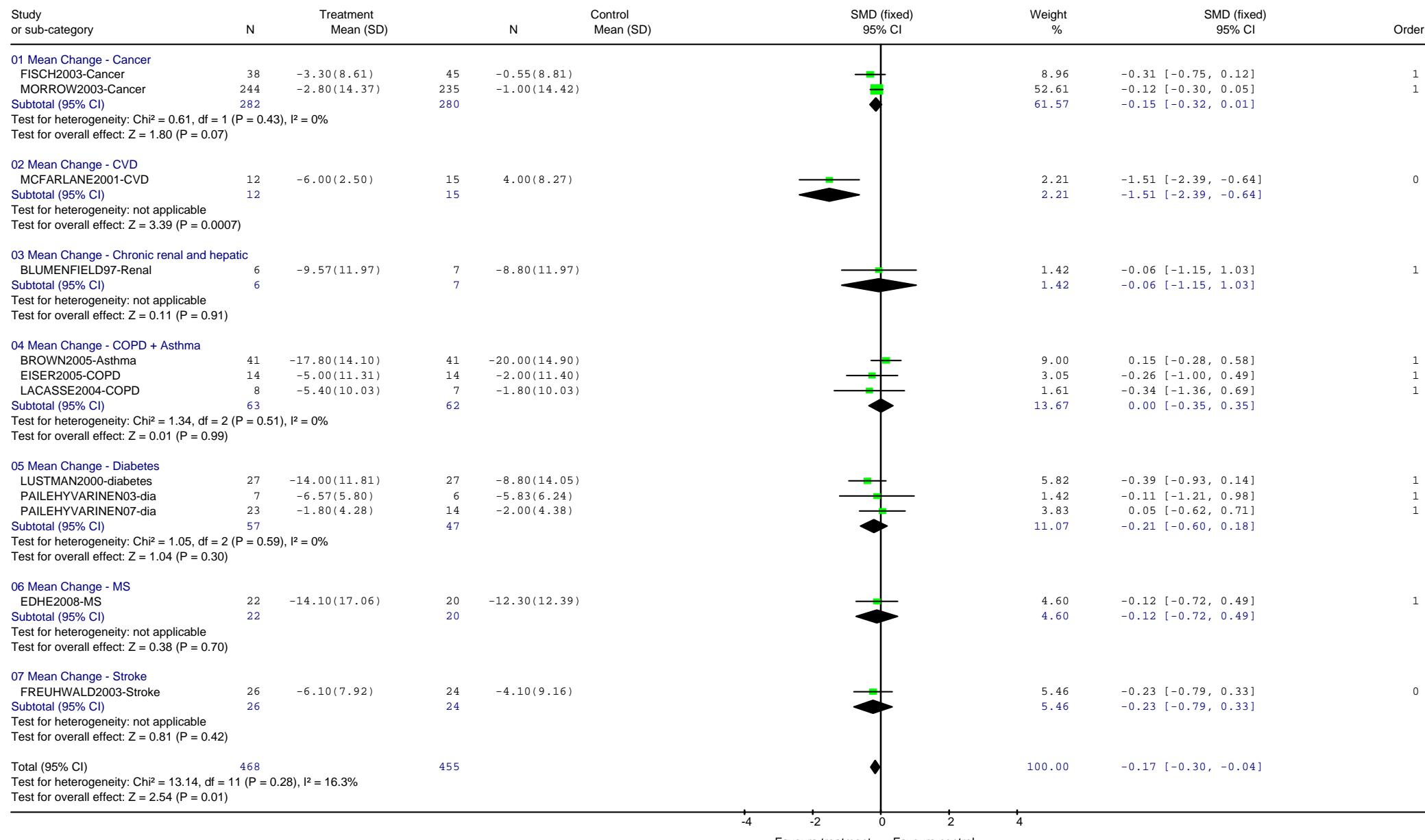
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 33 Depression: 2. Non-response (not achieving 50% reduction from baseline) - observer rated e.g. HAMD, MADRS



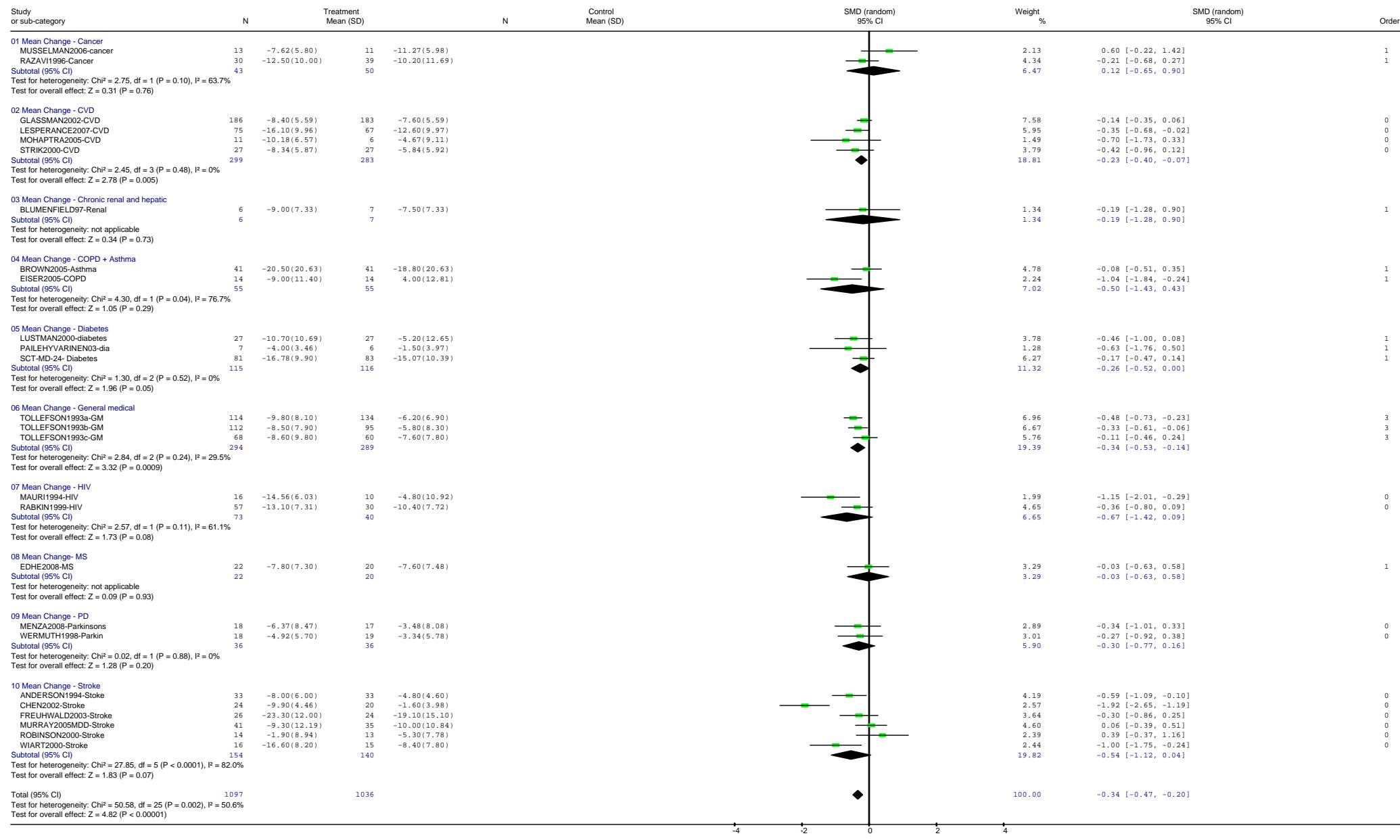
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 34 Depression: 3. Patient-rated Continuous measures



# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 35 Depression: 4. Observer-rated Continuous measures

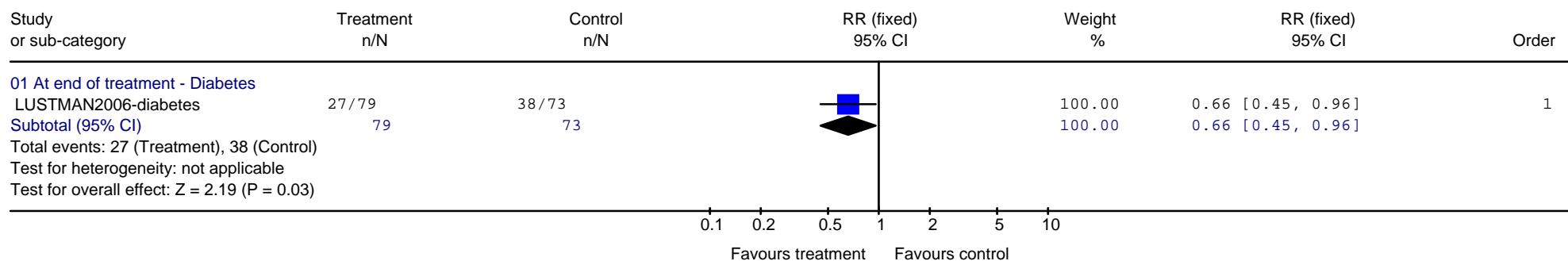


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 02 SSRIs vs. PLACEBO

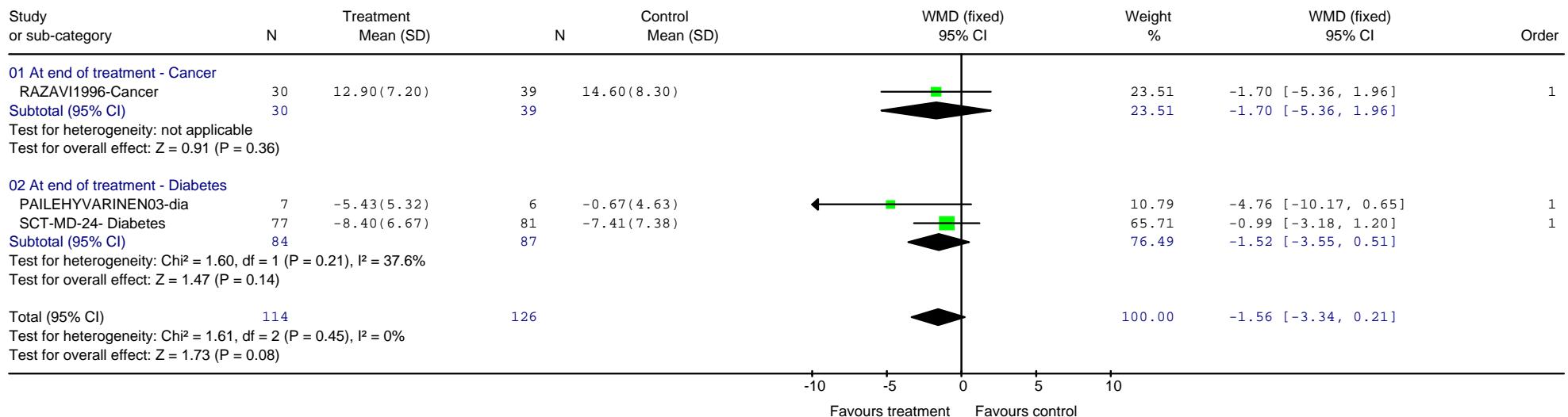
Outcome: 36 Depression: 5. Recurrence/ Relapse of depression



Review: DCHP - Pharm - by drug class

Comparison: 02 SSRIs vs. PLACEBO

Outcome: 40 Mental State: Continuous measures 1. Hamilton Anxiety Scale

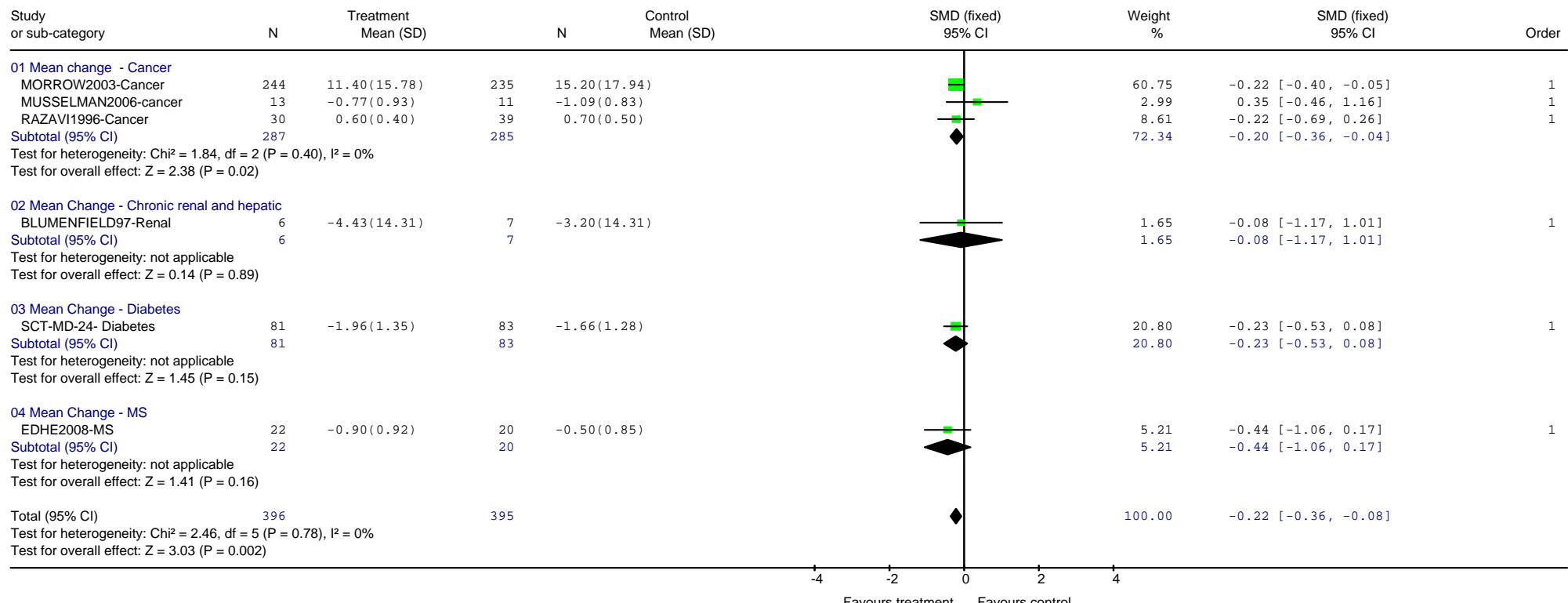


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 02 SSRIs vs. PLACEBO

Outcome: 41 Mental State: Continuous measures 2. global symptom measures e.g CGI, SCL-90, POMS

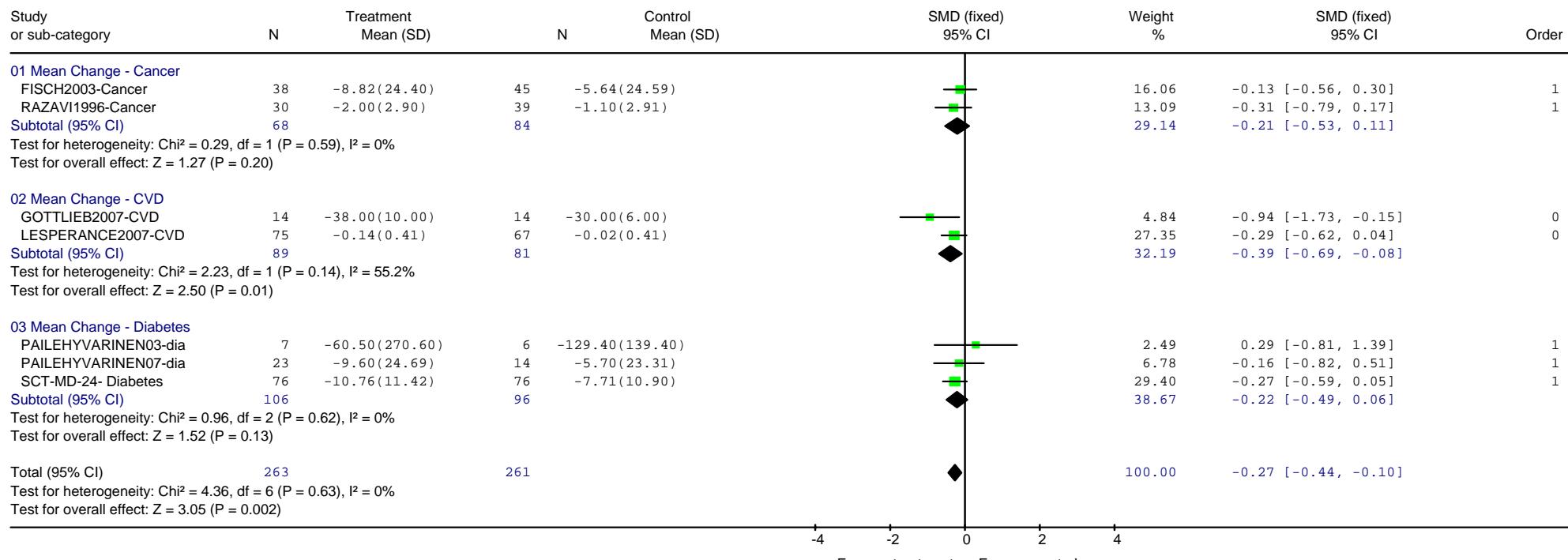


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 02 SSRIs vs. PLACEBO

Outcome: 50 QoL: 1. continuous measures e.g. SQOLI, FACT-G

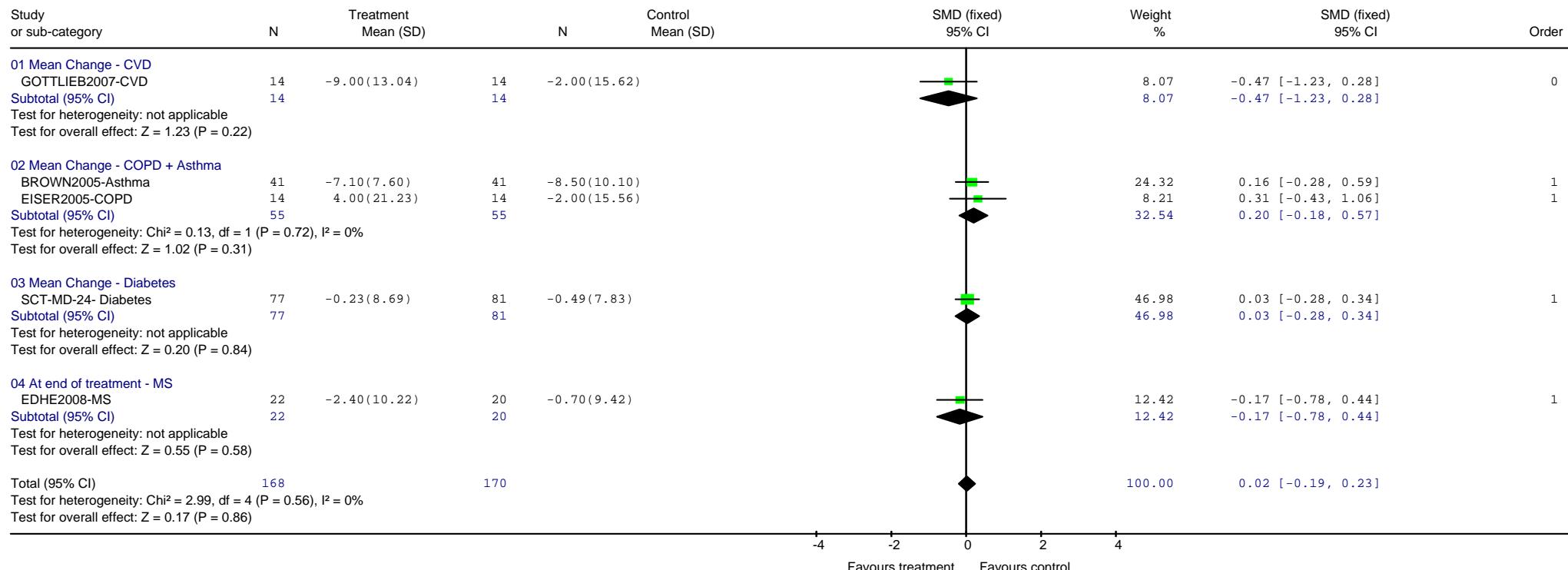


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

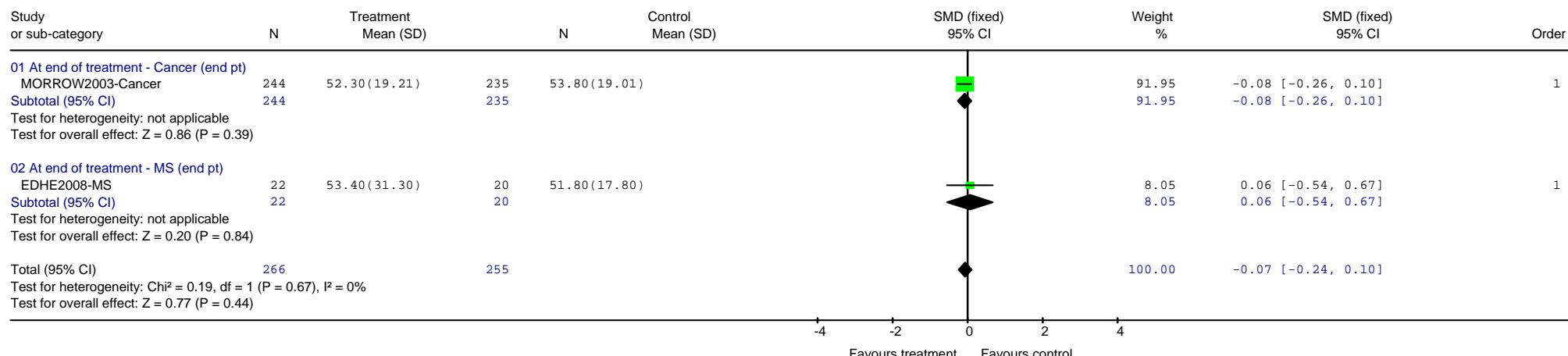
Comparison: 02 SSRIs vs. PLACEBO

Outcome: 51 Physical outcome / QoL - General physical functioning/ wellbeing (SF-36 physical component)

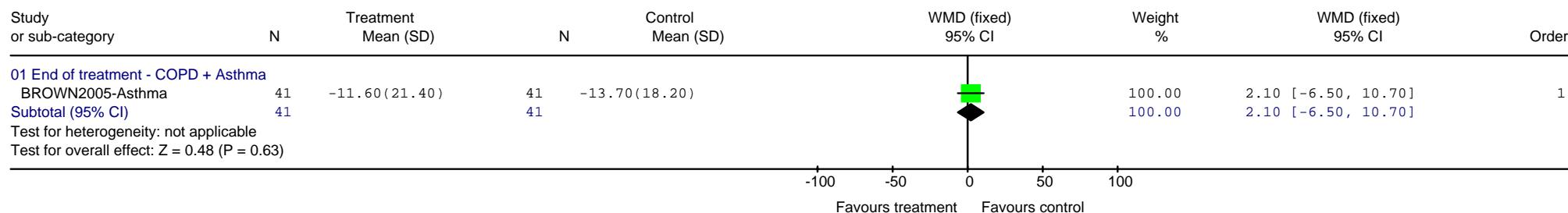


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 52 Physical health outcome. 1. Fatigue



Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 53 Physical health outcome: 2. Asthma Control Questionnaire

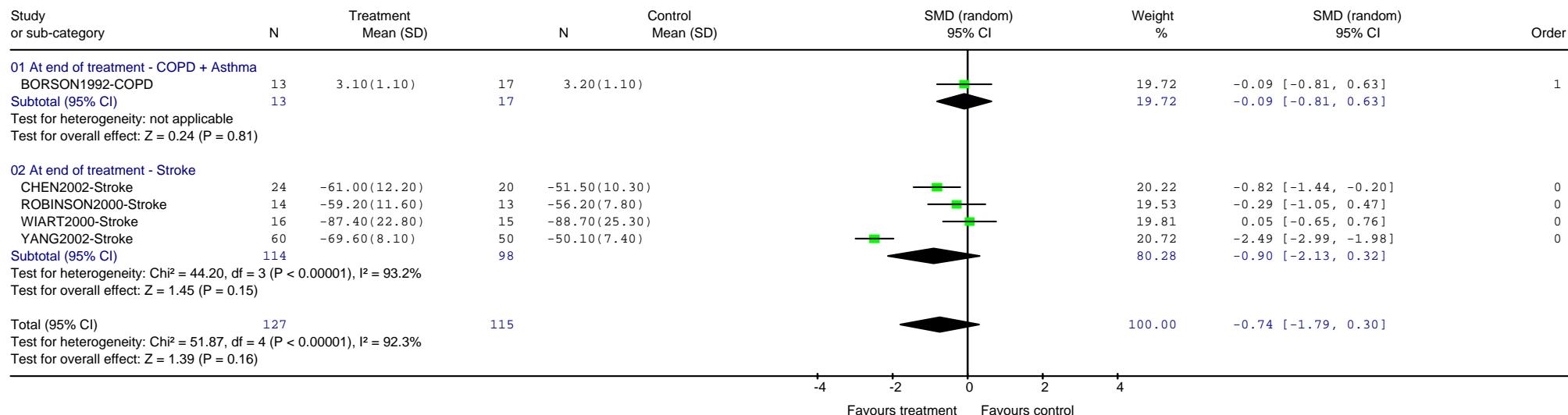


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 02 SSRIs vs. PLACEBO

Outcome: 54 Physical health outcome: 3. Physical activity - PFSI, ADLI, functional independence



Review: DCHP - Pharm - by drug class

Comparison: 02 SSRIs vs. PLACEBO

Outcome: 55 Physical health outcome: 4. Exercise tolerance test 6MWD (signs reversed)

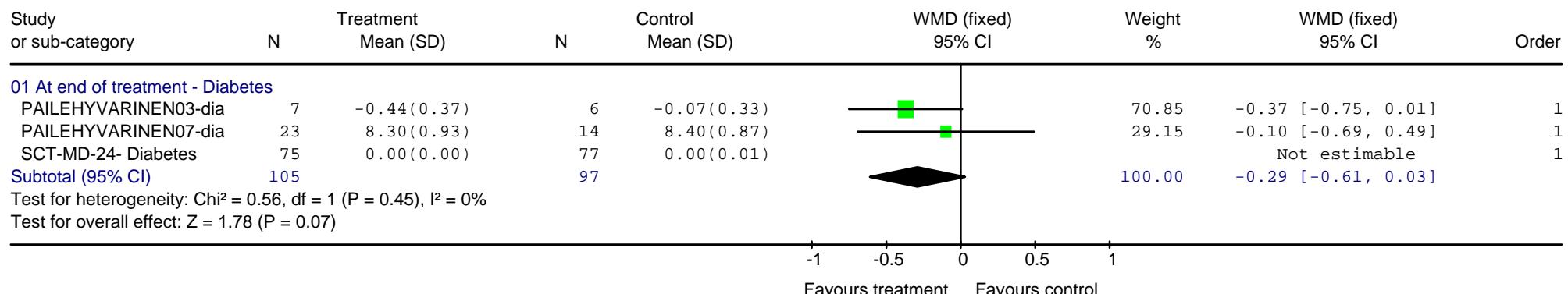


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 02 SSRIs vs. PLACEBO

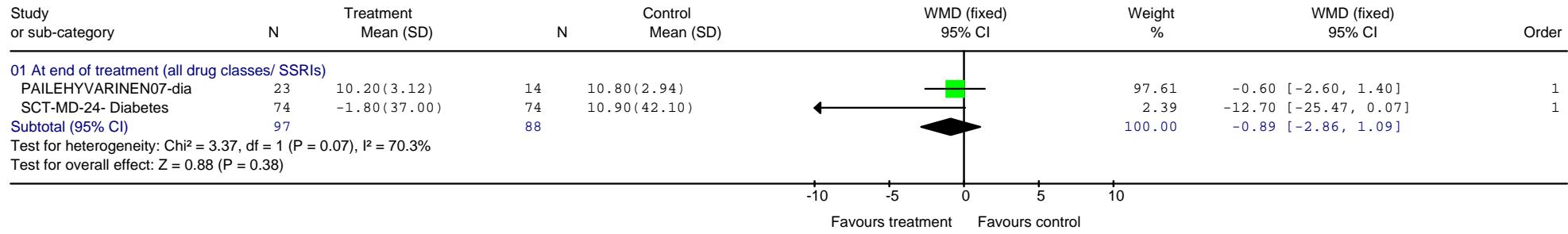
Outcome: 56 Physical health outcome: 5. GHbA1c (%)



Review: DCHP - Pharm - by drug class

Comparison: 02 SSRIs vs. PLACEBO

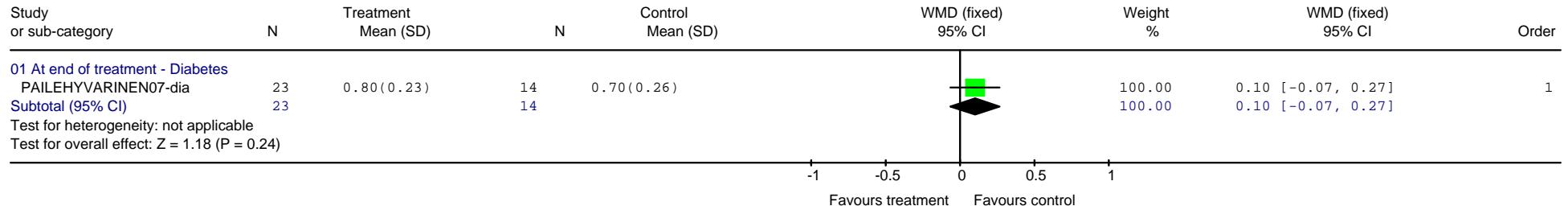
Outcome: 57 Physical health outcome: 6. Serum Glucose (mmol/l)



Review: DCHP - Pharm - by drug class

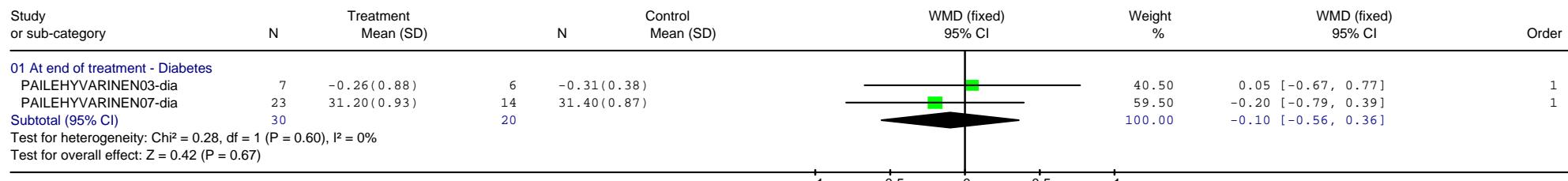
Comparison: 02 SSRIs vs. PLACEBO

Outcome: 58 Physical health outcome. 7. Serum C-peptide (nmol/l)

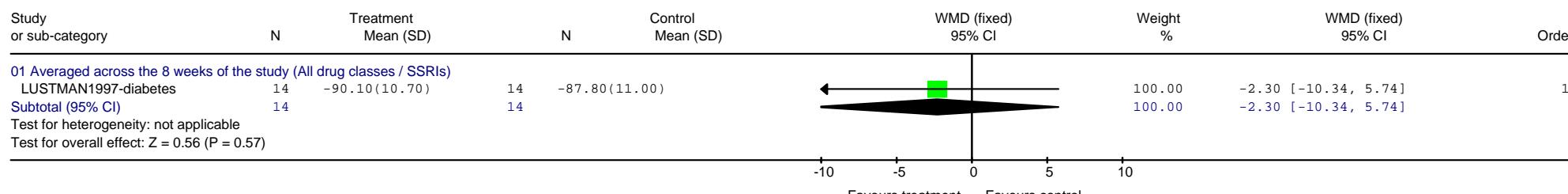


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

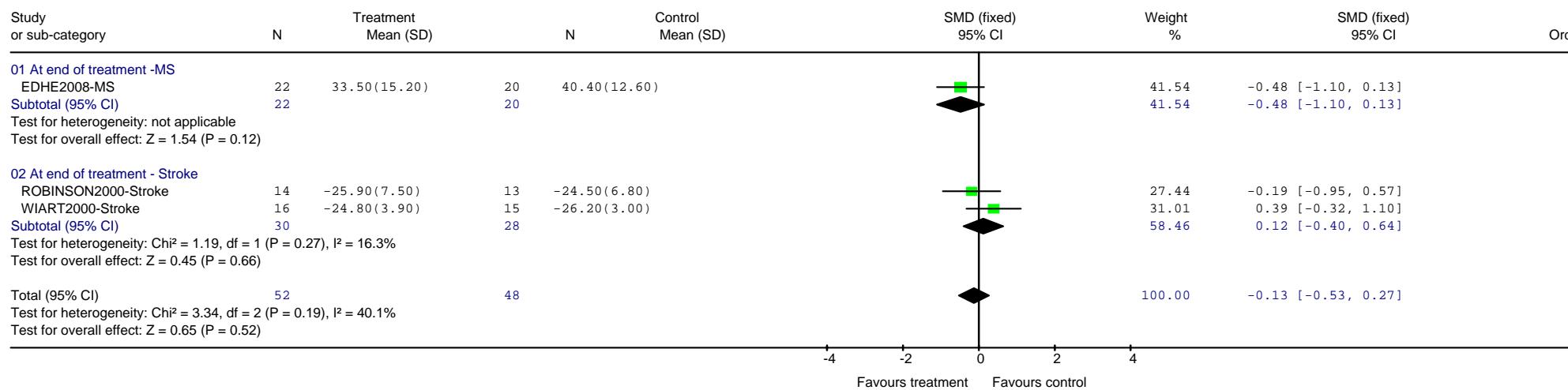
Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 59 Physical health outcome: 8. BMI



Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 60 Physical health outcome: 9. Medication compliance

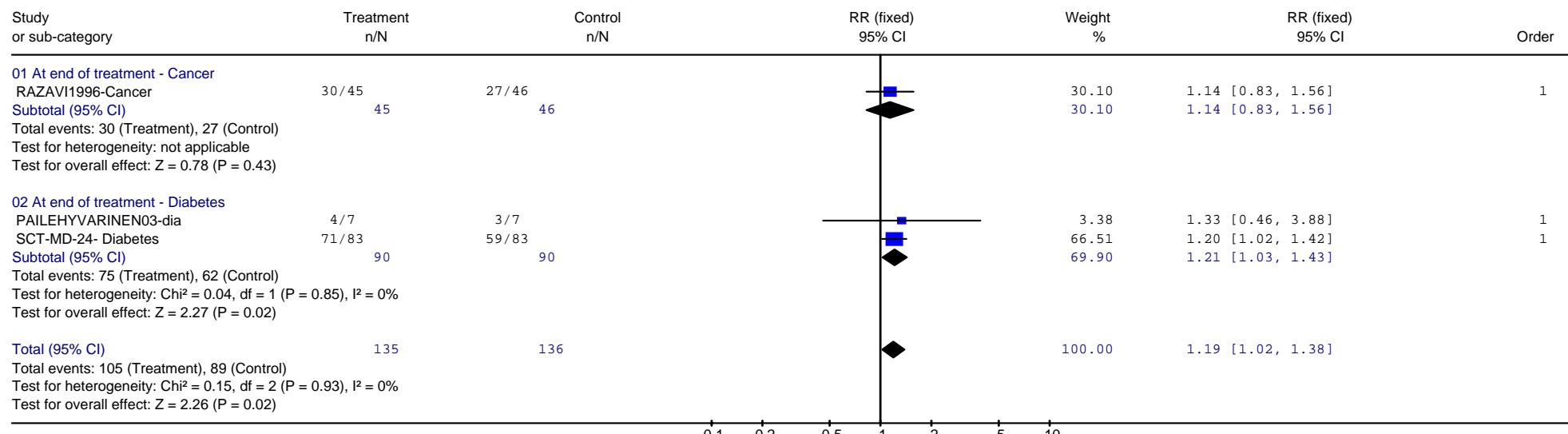


Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 61 Physical health outcome: 10. Cognitive deficits (PDQ, MMSE)

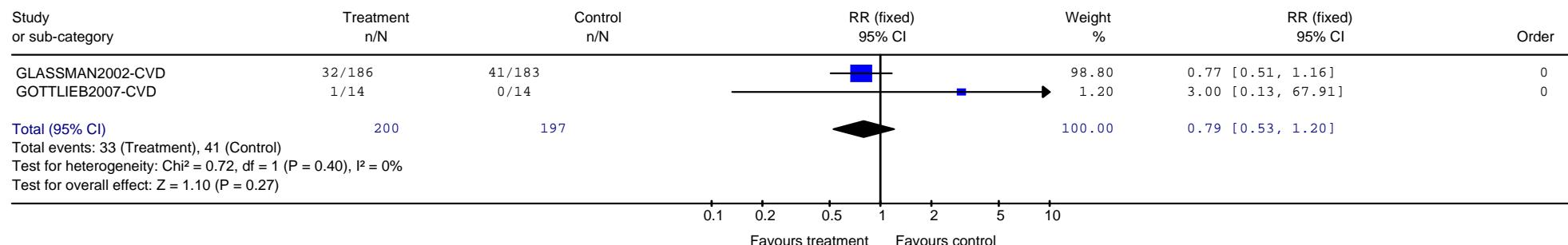


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 70 AE: 1. Reported at least 1 adverse event

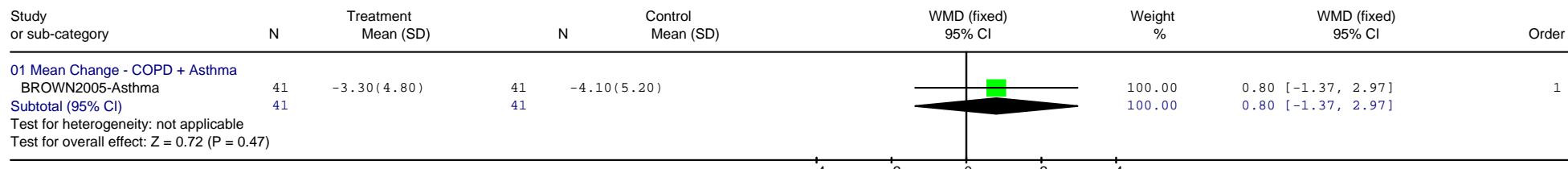


Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 71 AE: 2. Death or cardiac rehospitalisation

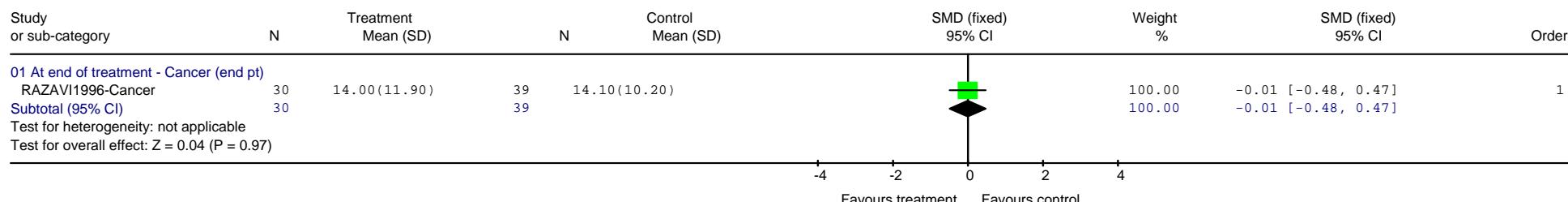


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 72 AE: 3. Continuous measures PRD-III



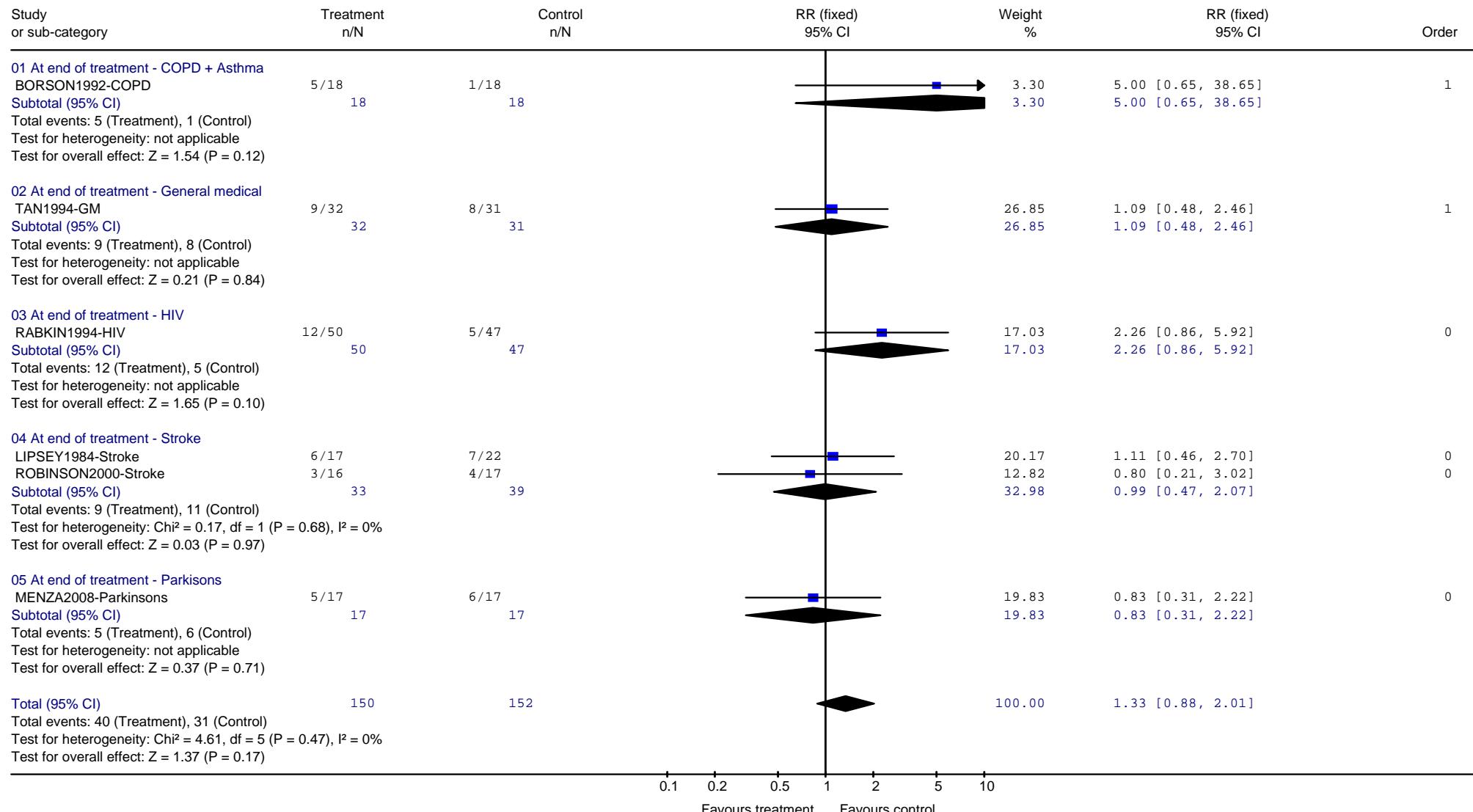
Review: DCHP - Pharm - by drug class  
 Comparison: 02 SSRIs vs. PLACEBO  
 Outcome: 73 Treatment tolerance: 1. Observer-rated continuous measures



# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

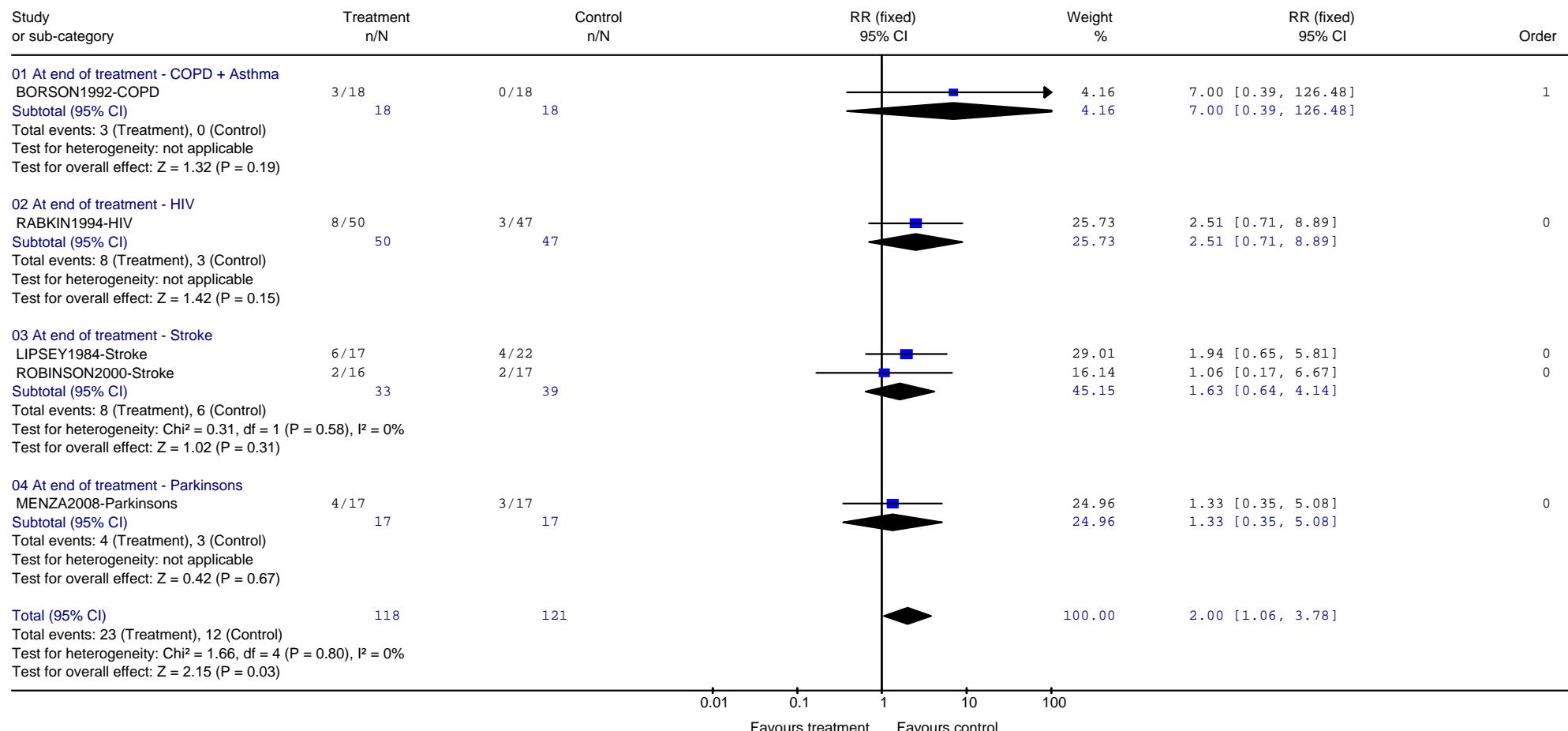
## TCAs vs. Placebo

Review: DCHP - Pharm - by drug class  
 Comparison: 03 TCAs vs. PLACEBO  
 Outcome: 01 Leaving the study early: Any reason



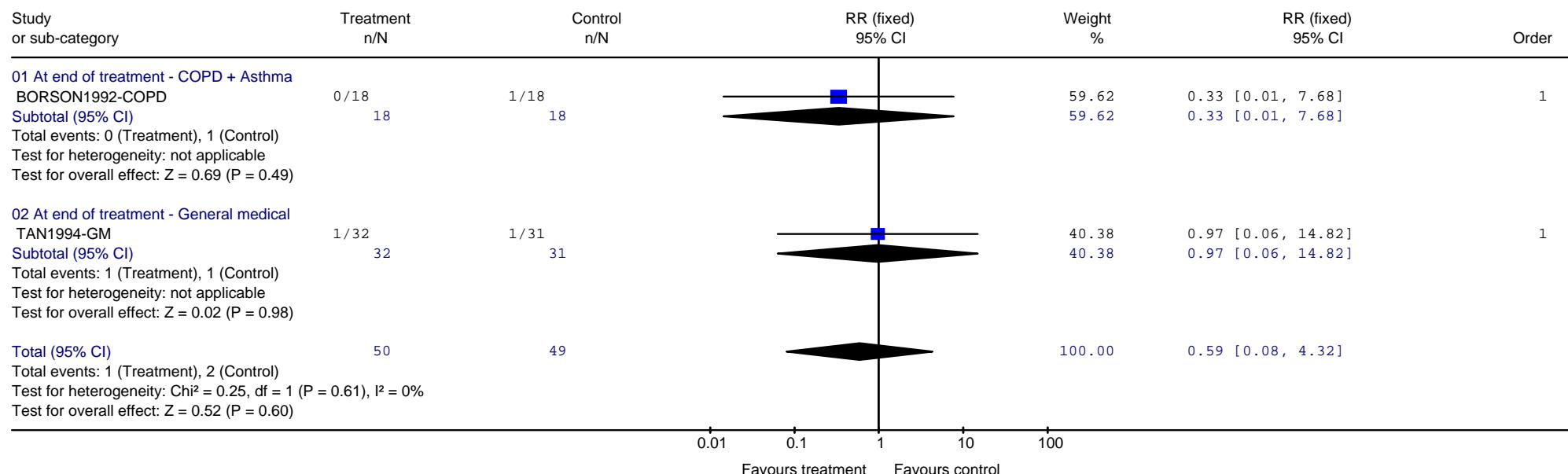
## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 03 TCAs vs. PLACEBO  
 Outcome: 02 Leaving due to adverse events



# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 03 TCAs vs. PLACEBO  
 Outcome: 05 Mortality

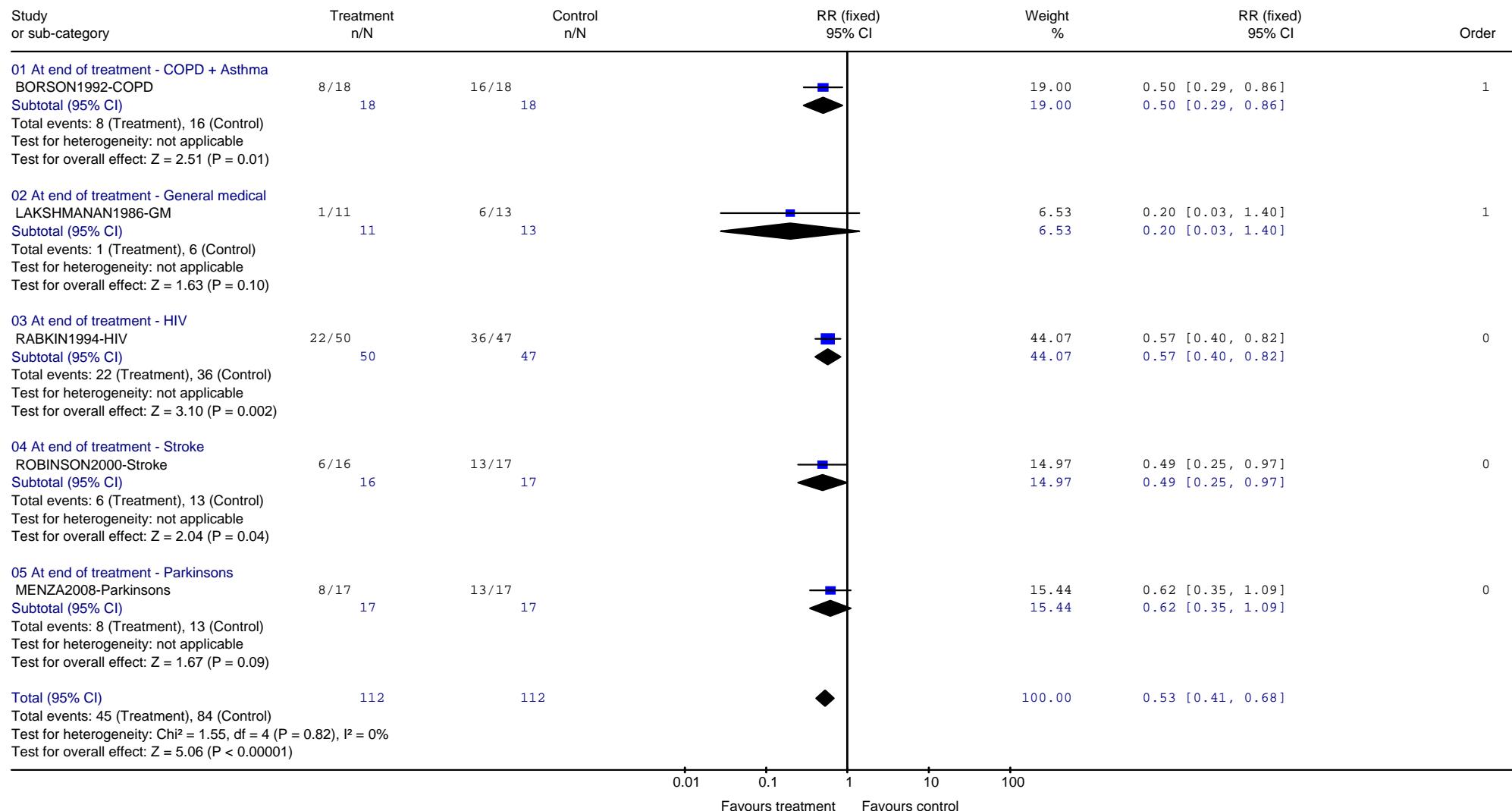


# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 03 TCAs vs. PLACEBO

Outcome: 10 Depression: 1. Non-response (<50% improvement) - observer rated

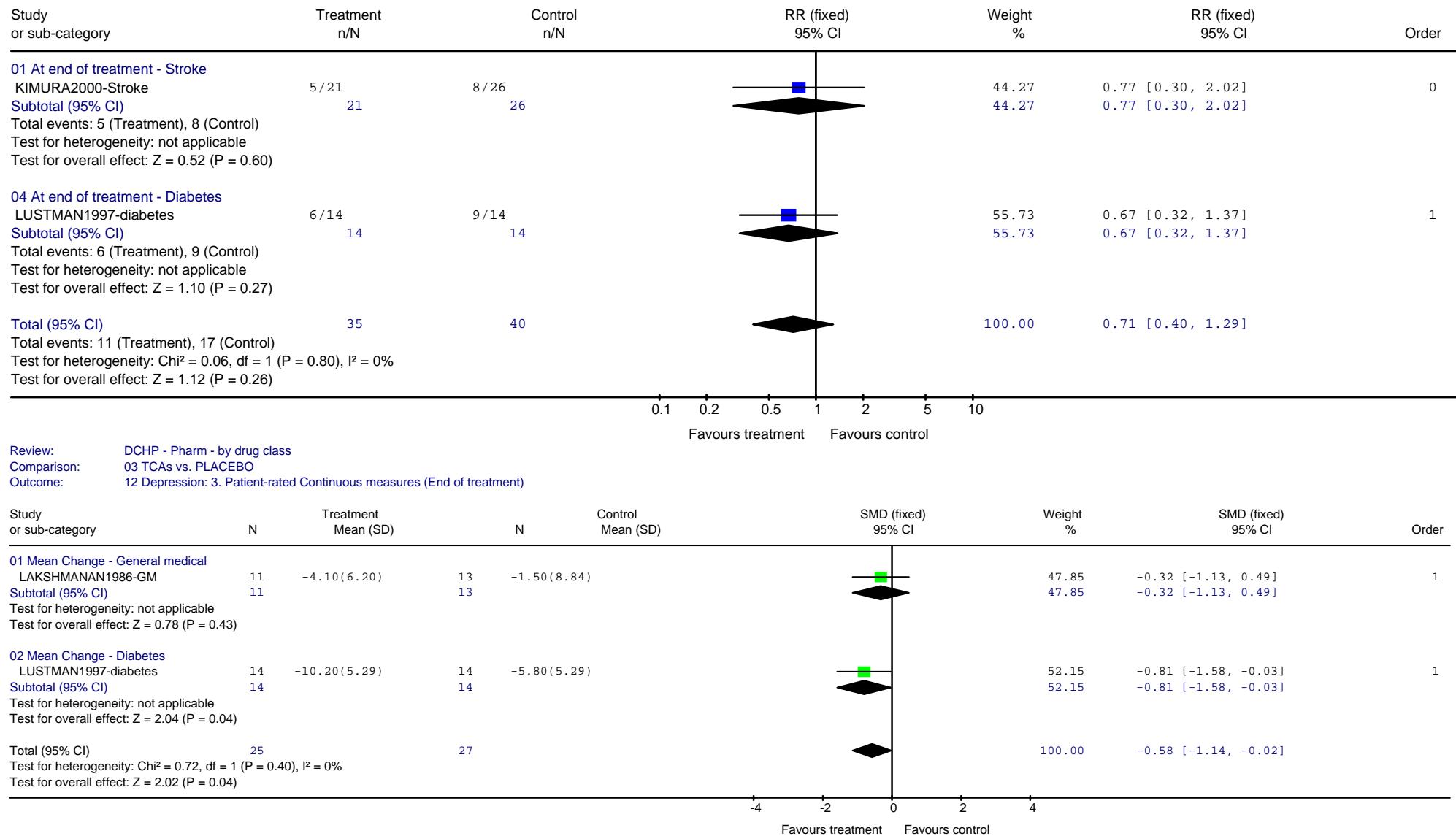


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 03 TCAs vs. PLACEBO

Outcome: 11 Depression: 2. Not achieving success/ remission (reaching a specified cut off) Patient-rated

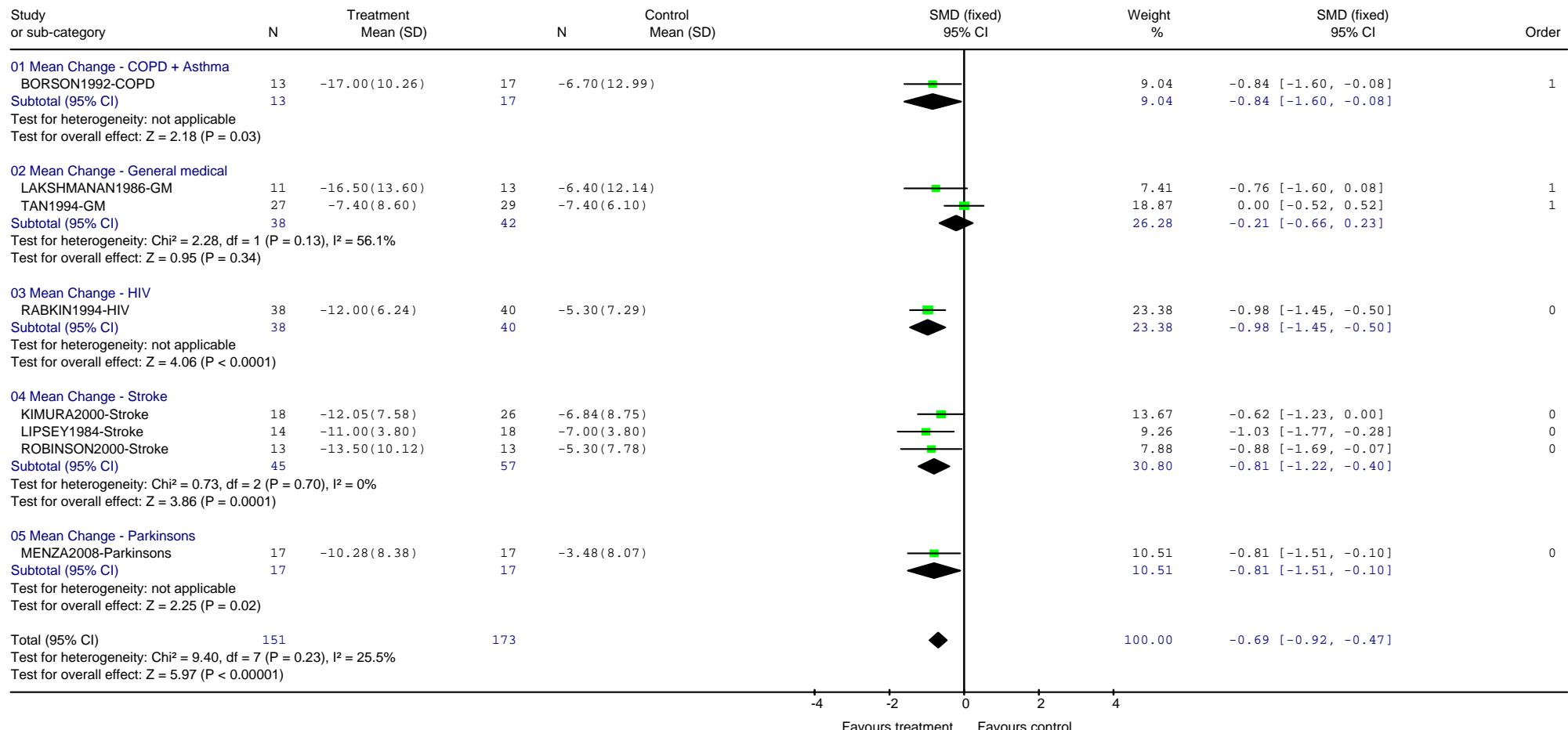


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 03 TCAs vs. PLACEBO

Outcome: 13 Depression: 4. Observer-rated Continuous measures

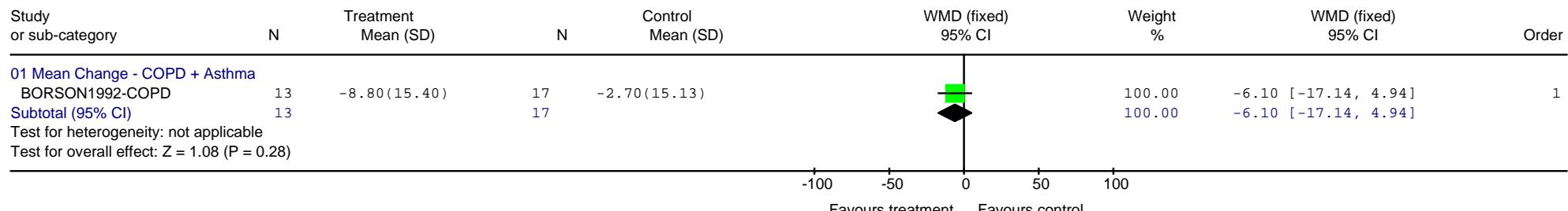


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 03 TCAs vs. PLACEBO

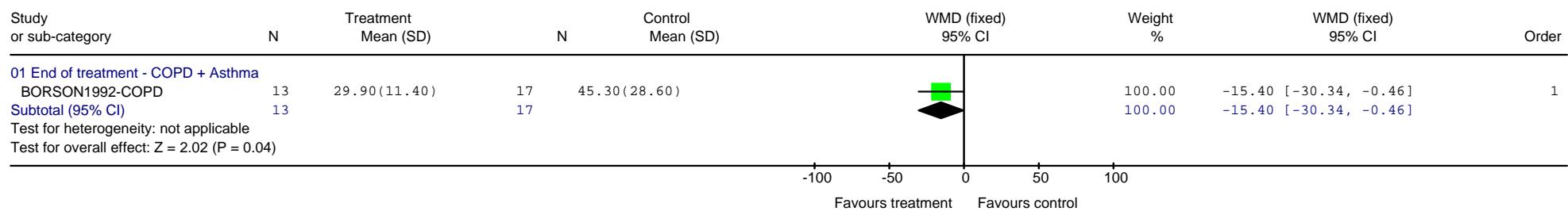
Outcome: 20 Physical outcome / QoL - General physical functioning/ wellbeing (SF-36 etc)



Review: DCHP - Pharm - by drug class

Comparison: 03 TCAs vs. PLACEBO

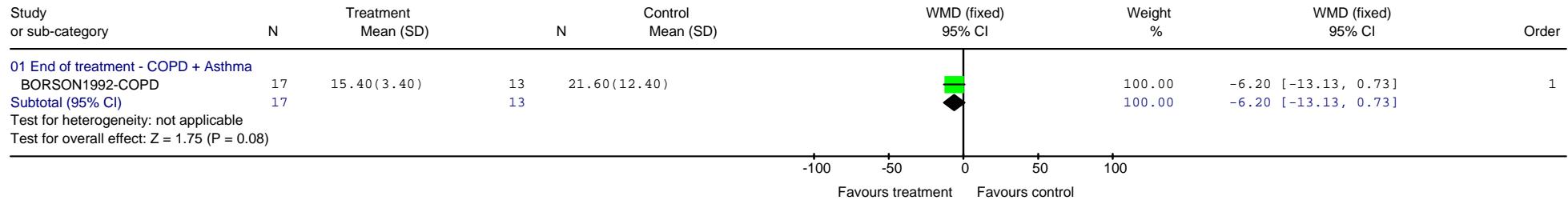
Outcome: 25 Physical health outcome: 1. Symptom anxiety PRAS



Review: DCHP - Pharm - by drug class

Comparison: 03 TCAs vs. PLACEBO

Outcome: 26 Physical health outcome: 2. Somatic symptoms

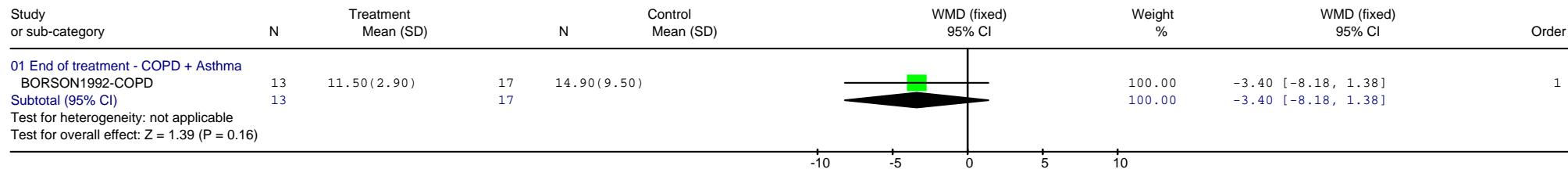


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 03 TCAs vs. PLACEBO

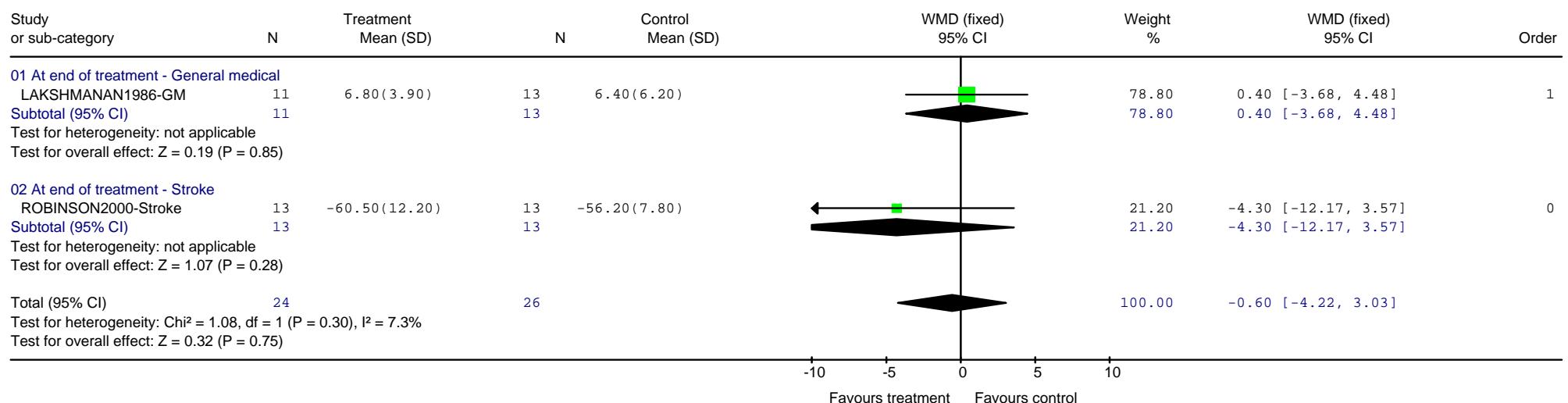
Outcome: 27 Physical health outcome: 3. symptoms associated with breathing



Review: DCHP - Pharm - by drug class

Comparison: 03 TCAs vs. PLACEBO

Outcome: 28 Physical health outcome: 4. Physical activity (HVID, ADL)

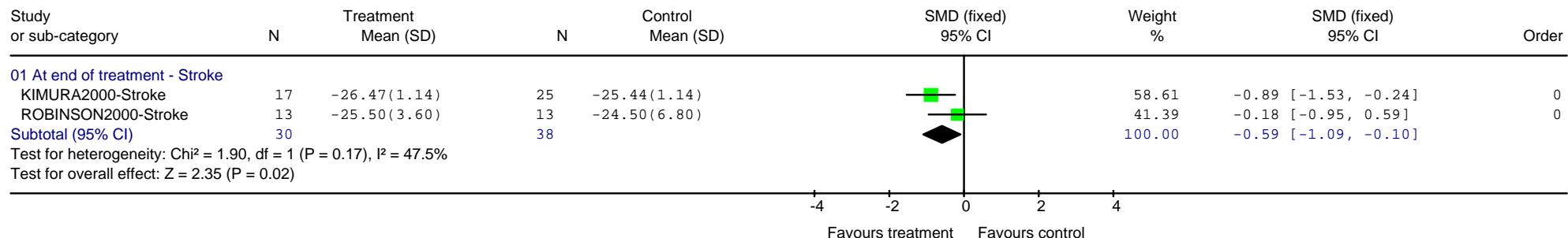


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 03 TCAs vs. PLACEBO

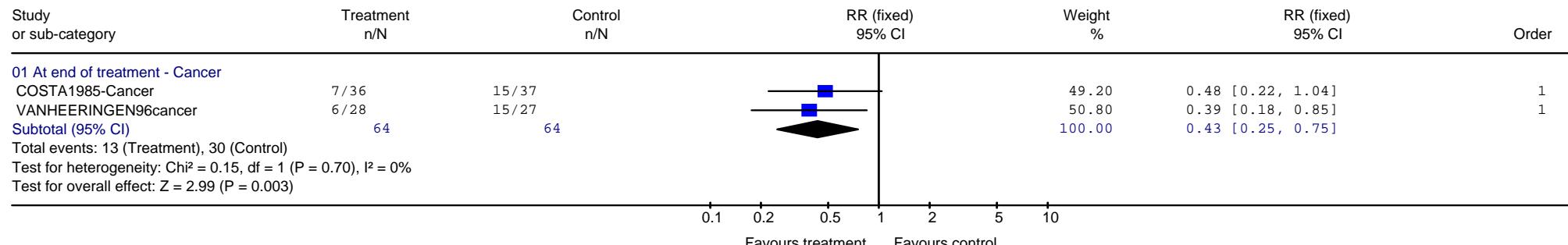
Outcome: 29 Physical health outcome: 5. Cognitive function (MMSE)



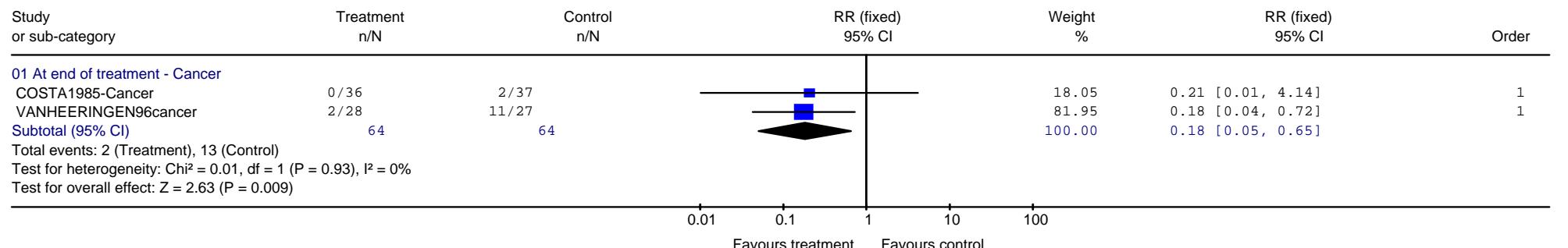
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Mianserin vs. Placebo

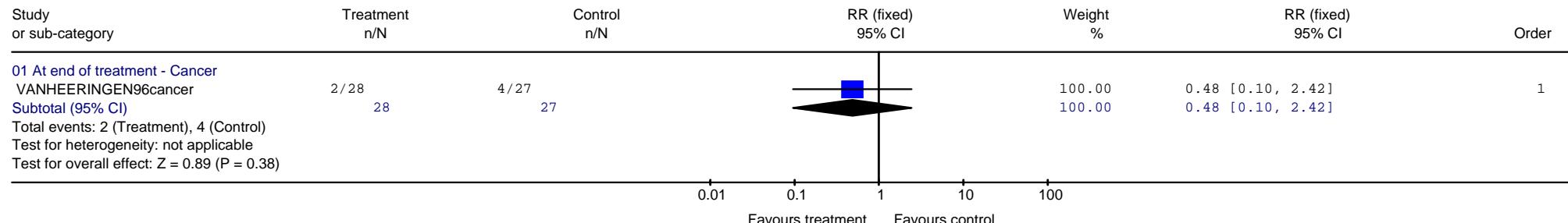
Review: DCHP - Pharm - by drug class  
 Comparison: 05 MIANSERIN vs. PLACEBO  
 Outcome: 01 Leaving the Study early: Any reason



Review: DCHP - Pharm - by drug class  
 Comparison: 05 MIANSERIN vs. PLACEBO  
 Outcome: 02 Leaving the study early due to lack of efficacy



Review: DCHP - Pharm - by drug class  
 Comparison: 05 MIANSERIN vs. PLACEBO  
 Outcome: 03 Leaving the Study early: Due to adverse events

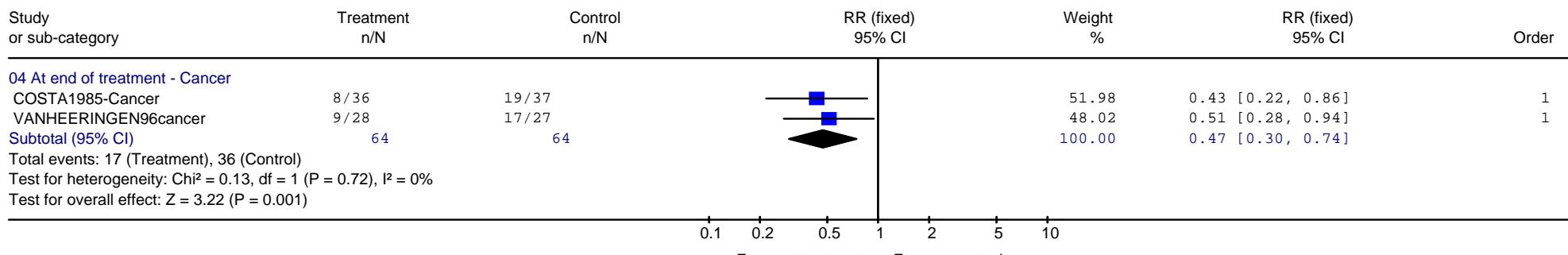


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 05 MIANSERIN vs. PLACEBO

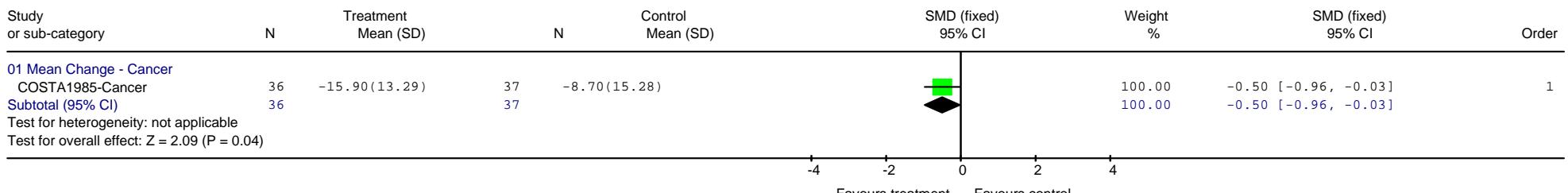
**Outcome:** 04 Depression: 2. Non-response (not achieving 50% reduction from baseline) - observer rated e.g. HAMD, MADRS



Review: DCHP - Pharm - by drug class

Comparison: 05 MIANSERIN vs. PLACEBO

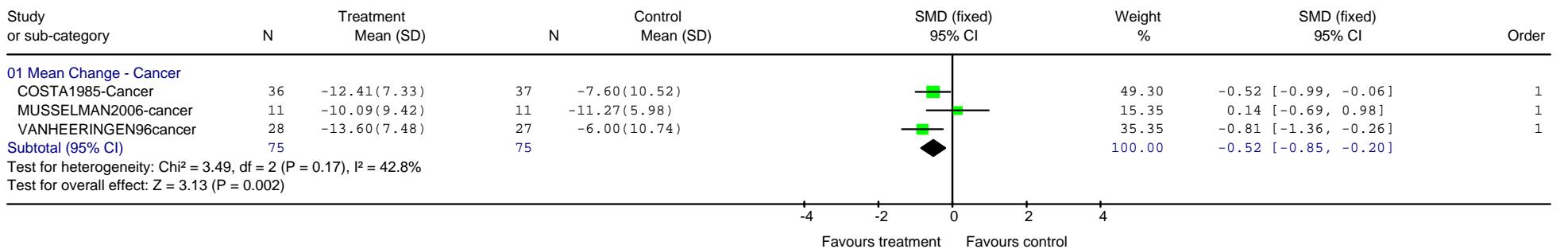
Outcome: 05 Depression: 3. Patient-rated Continuous measures



Review: DCHP - Pharm - by drug class

#### **Comparison:** 05 MIANSERIN vs. PLACEBO

**Outcome:** 06 Depression: 4. Observer-rated Continuous measures

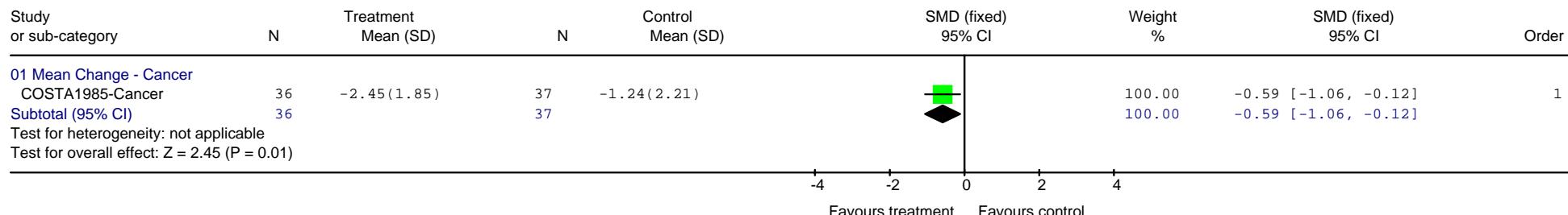


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 05 MIANSERIN vs. PLACEBO

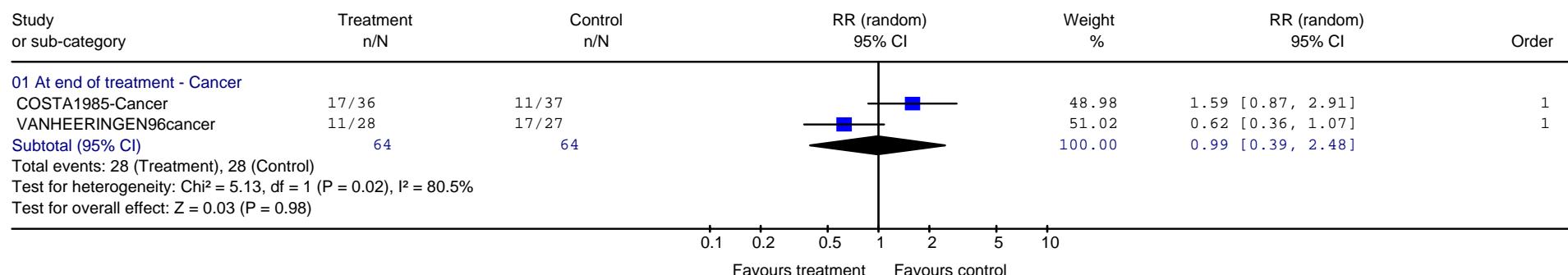
Outcome: 07 Mental State: Continuous measures 2. global symptom measures e.g CGI, SCL-90, POMS



Review: DCHP - Pharm - by drug class

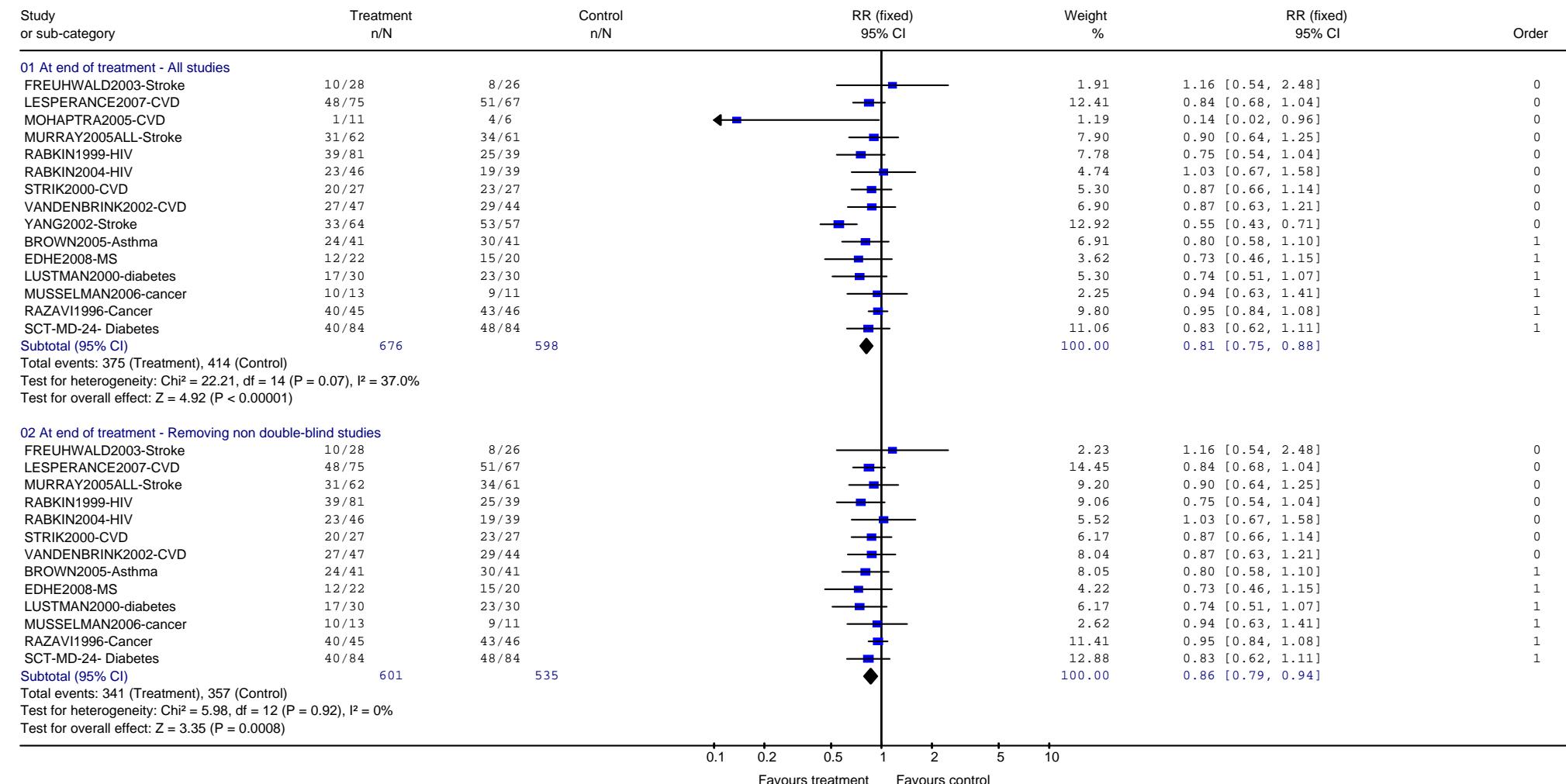
Comparison: 05 MIANSERIN vs. PLACEBO

Outcome: 08 AE: 1. Reported at least 1 adverse event



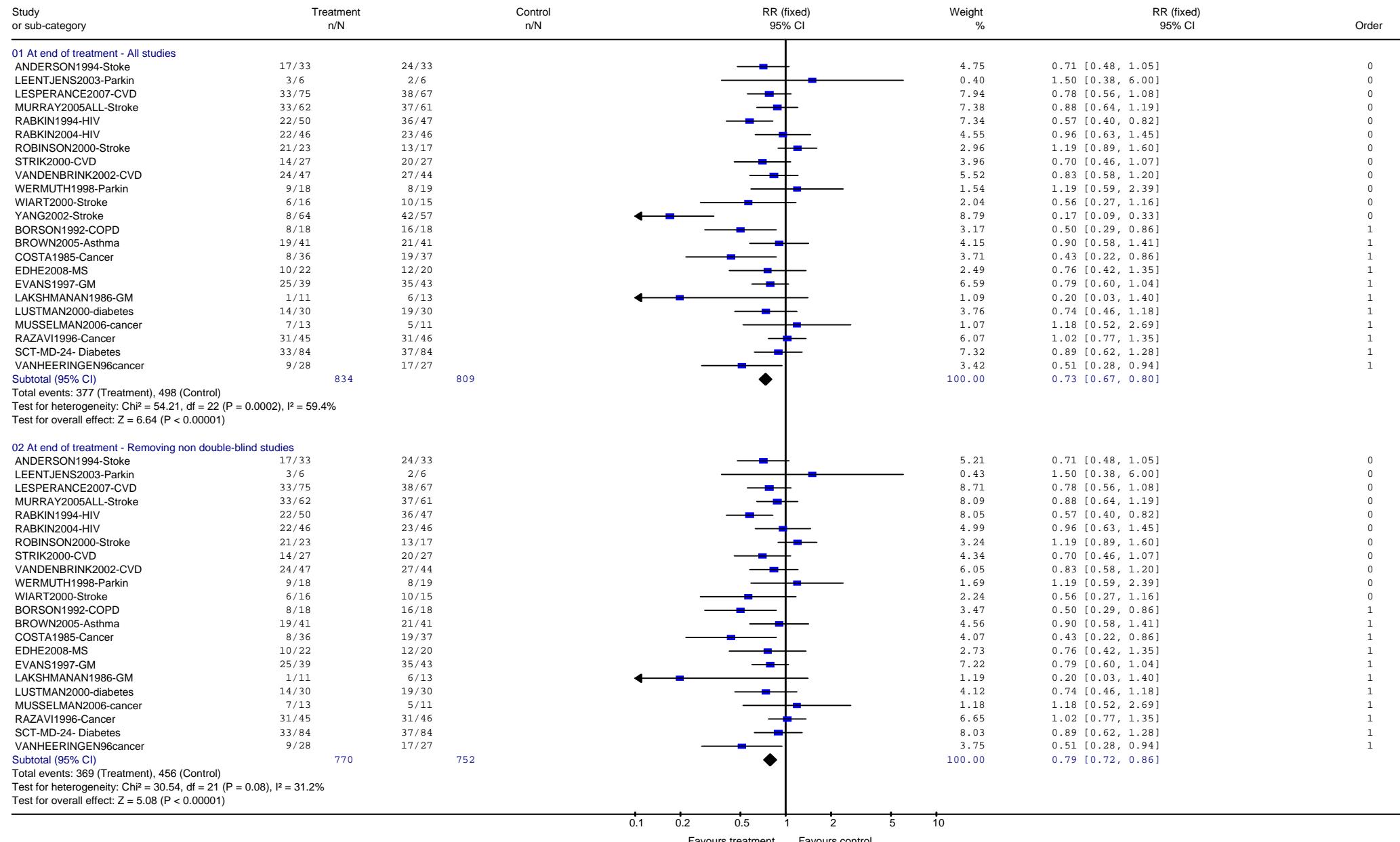
## Any Antidepressant vs. Placebo – Sensitivity analysis removing non-blinded studies

Review: DCHP - Pharm - by drug class  
 Comparison: 11 Any antidepressant vs. placebo (sensitivity analyses)  
 Outcome: 31 Depression: 1. Not achieving success/ remission (reaching a specified cut off) - observer rated



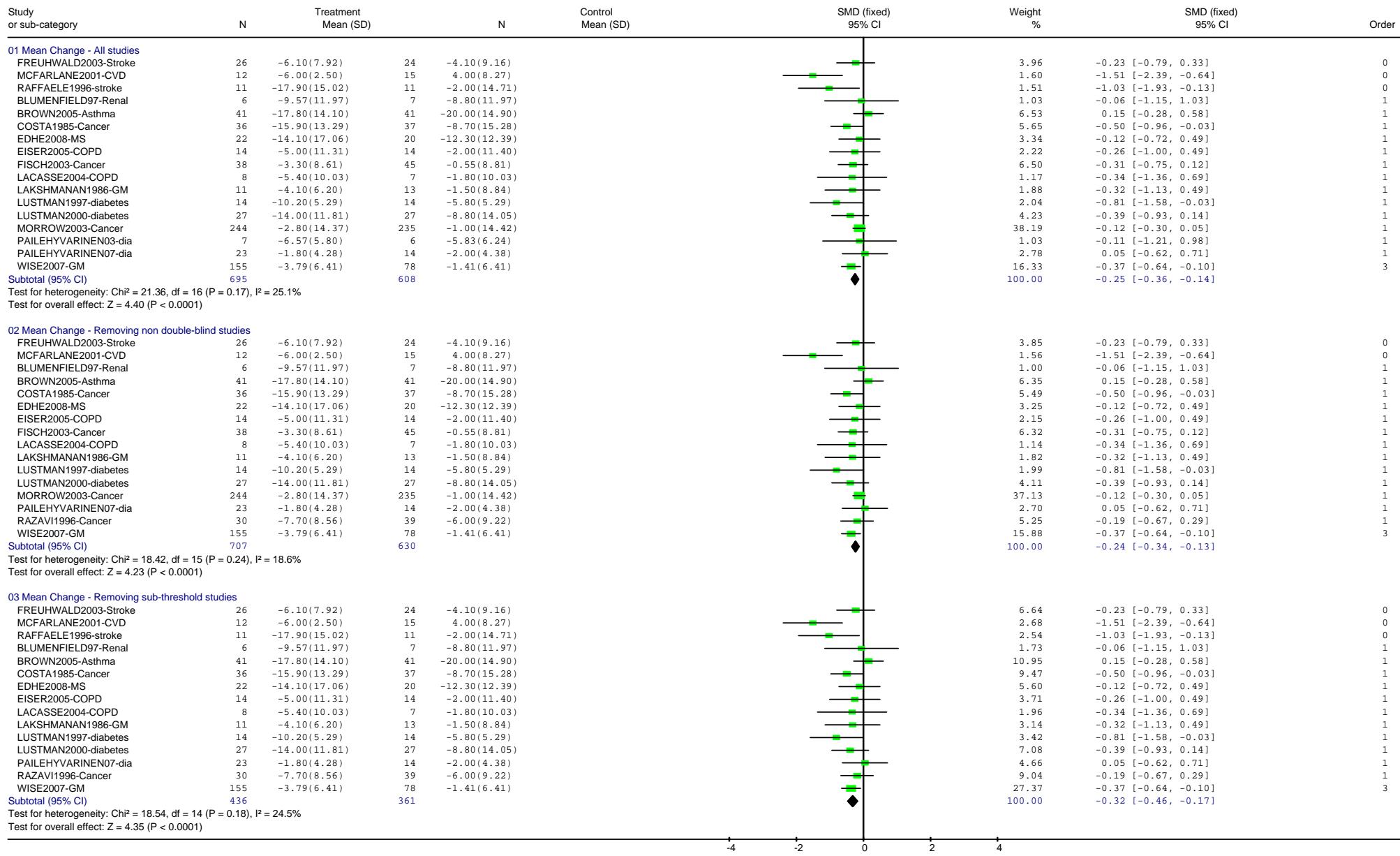
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 11 Any antidepressant vs. placebo (sensitivity analyses)  
 Outcome: 33 Depression: 2. Non-response (not achieving 50% reduction from baseline) - observer rated e.g. HAMD, MADRS



# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

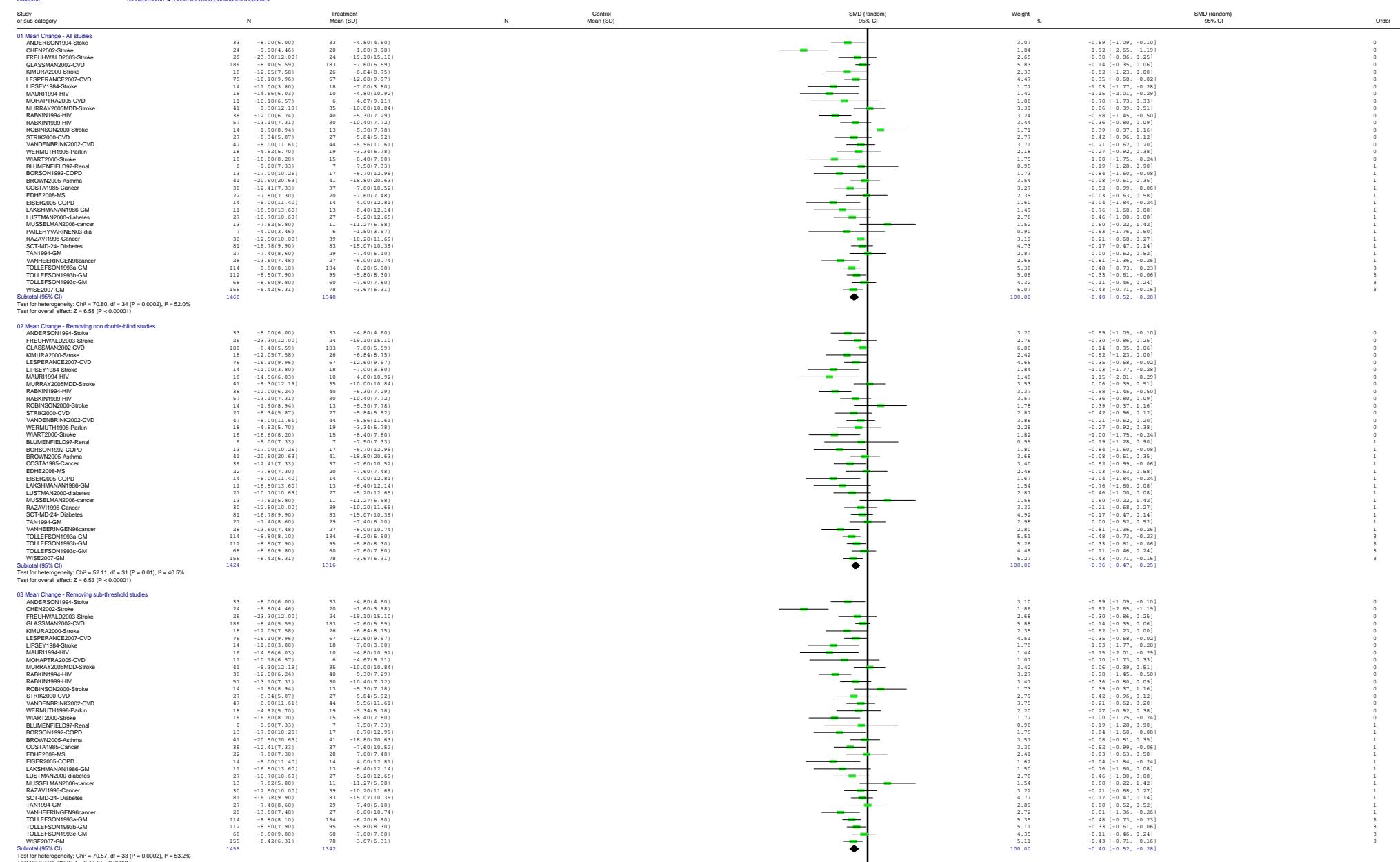
Review: DCHP - Pharm - by drug class  
 Comparison: 11 Any antidepressant vs. placebo (sensitivity analyses)  
 Outcome: 34 Depression: 3. Patient-rated Continuous measures



**Any Antidepressant vs. Placebo - Sensitivity analysis removing sub-threshold studies**

# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHIP - Pharm - by drug class  
 Comparison: 11 Any antidepressant vs. placebo (sensitivity analyses)  
 Outcome: 35 Depression: 4. Observer-rated Continuous measures



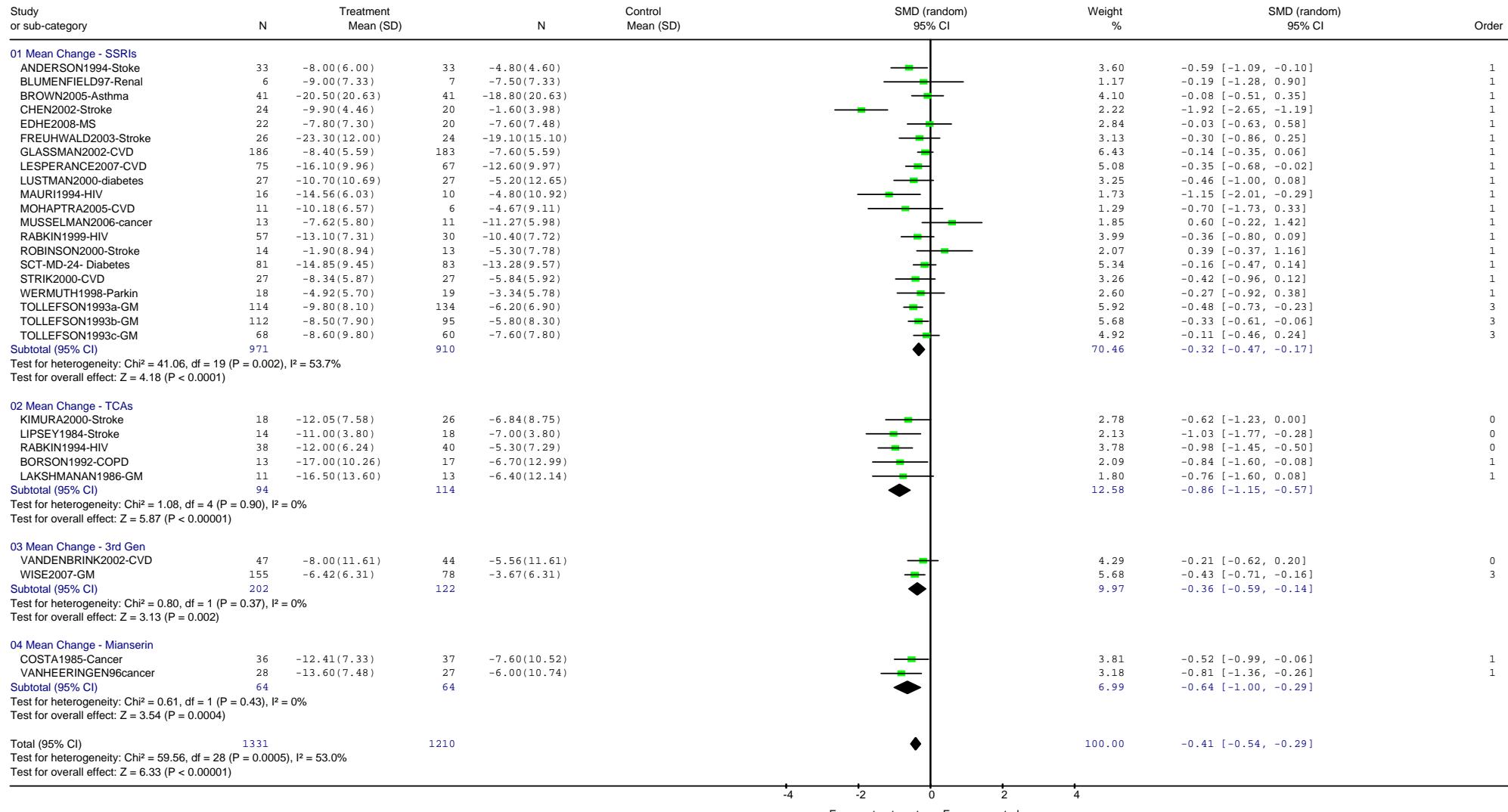
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## Any Antidepressant vs. Placebo - Subgroup analysis - HAM-D only

Review: DCHP - Pharm - by drug class

Comparison: 11 Any antidepressant vs. placebo (sensitivity analyses)

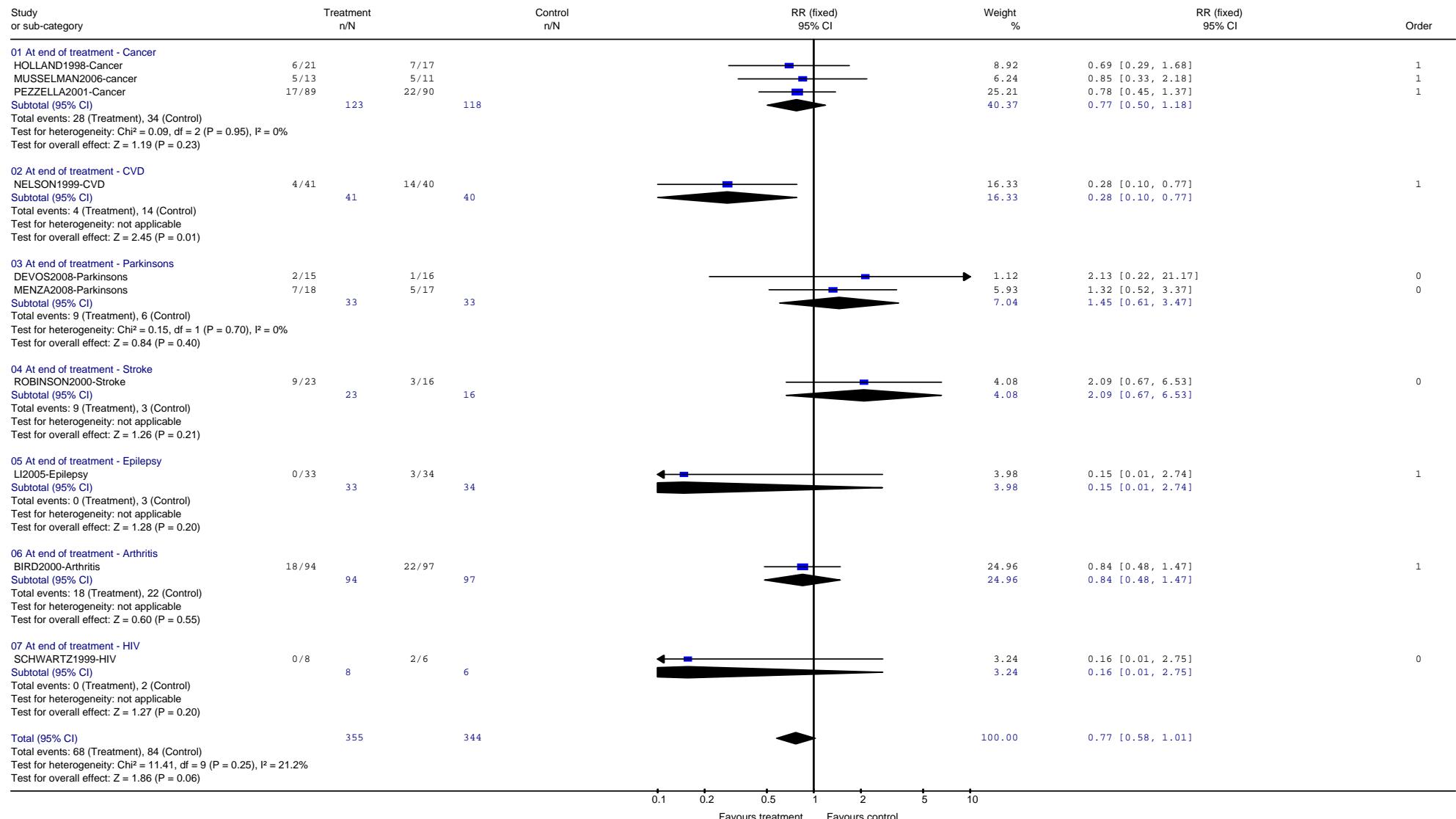
Outcome: 36 Depression: 4. Observer-rated Continuous measures (HAM-D only)



# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

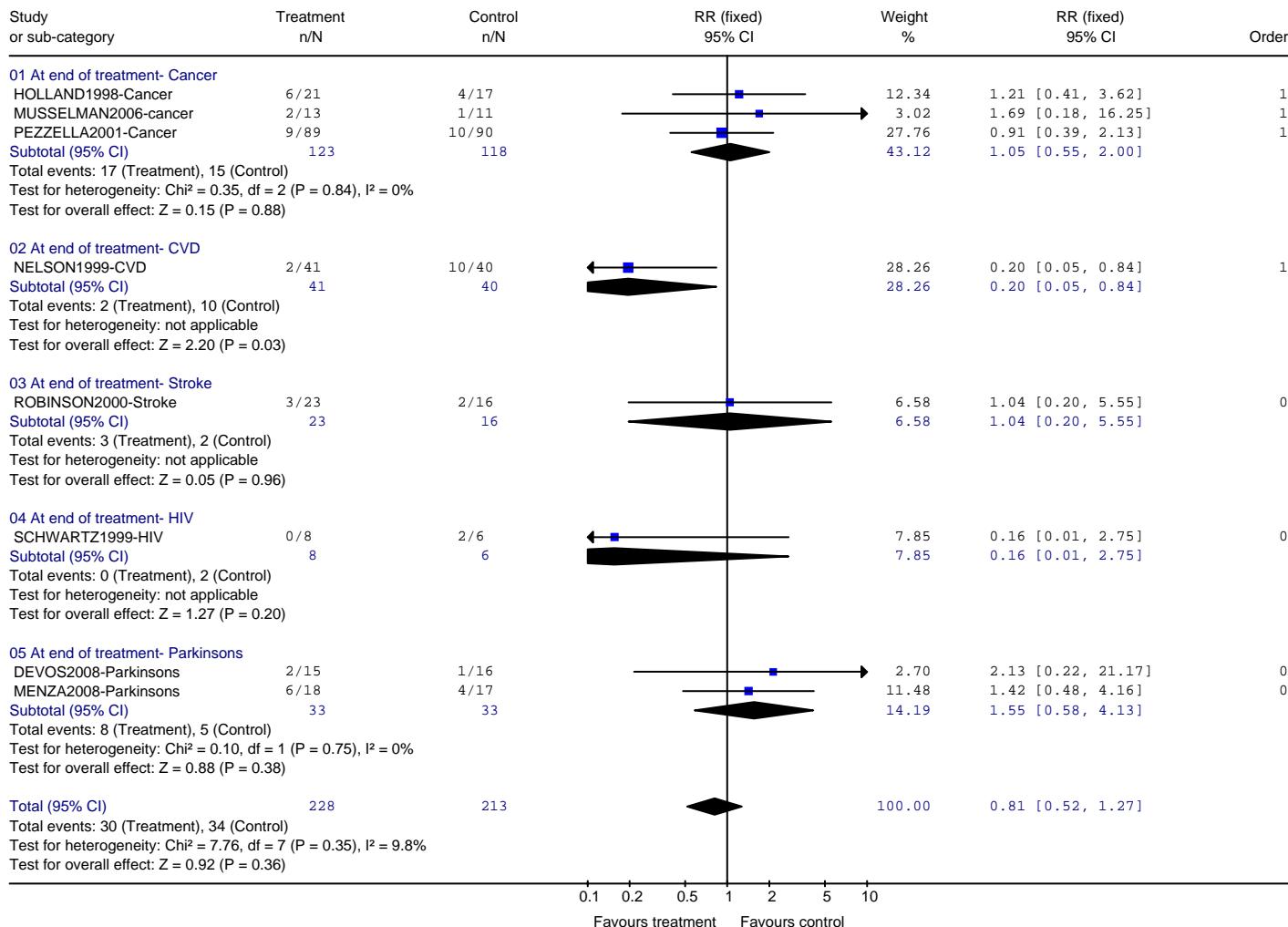
## SSRIs vs. TCAs

Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 20 Leaving the study early - any reason



## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 21 Leaving study early due to adverse events

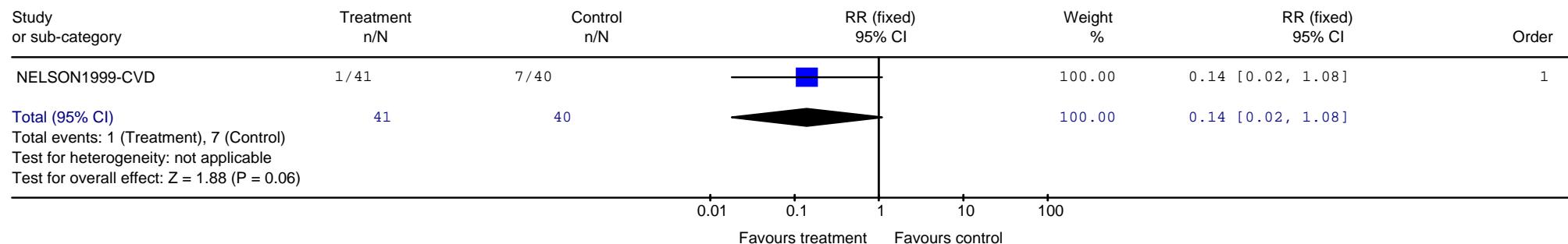


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 20 Head-to-head SSRI vs. TCA

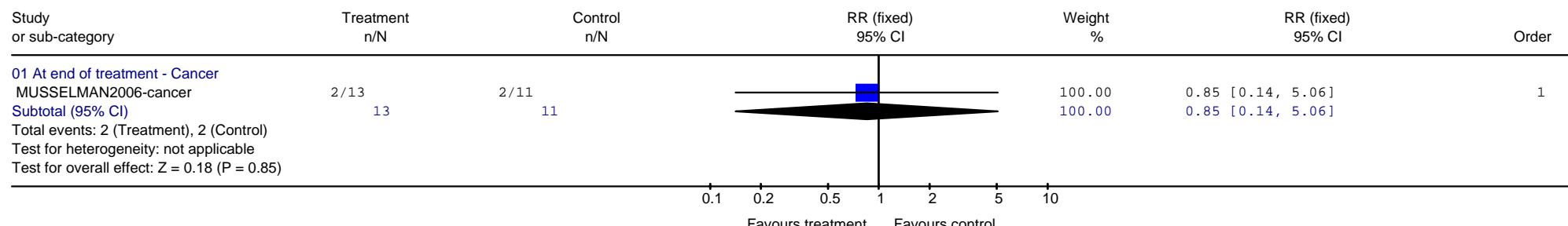
Outcome: 22 Leaving study early due to adverse cardiac events



Review: DCHP - Pharm - by drug class

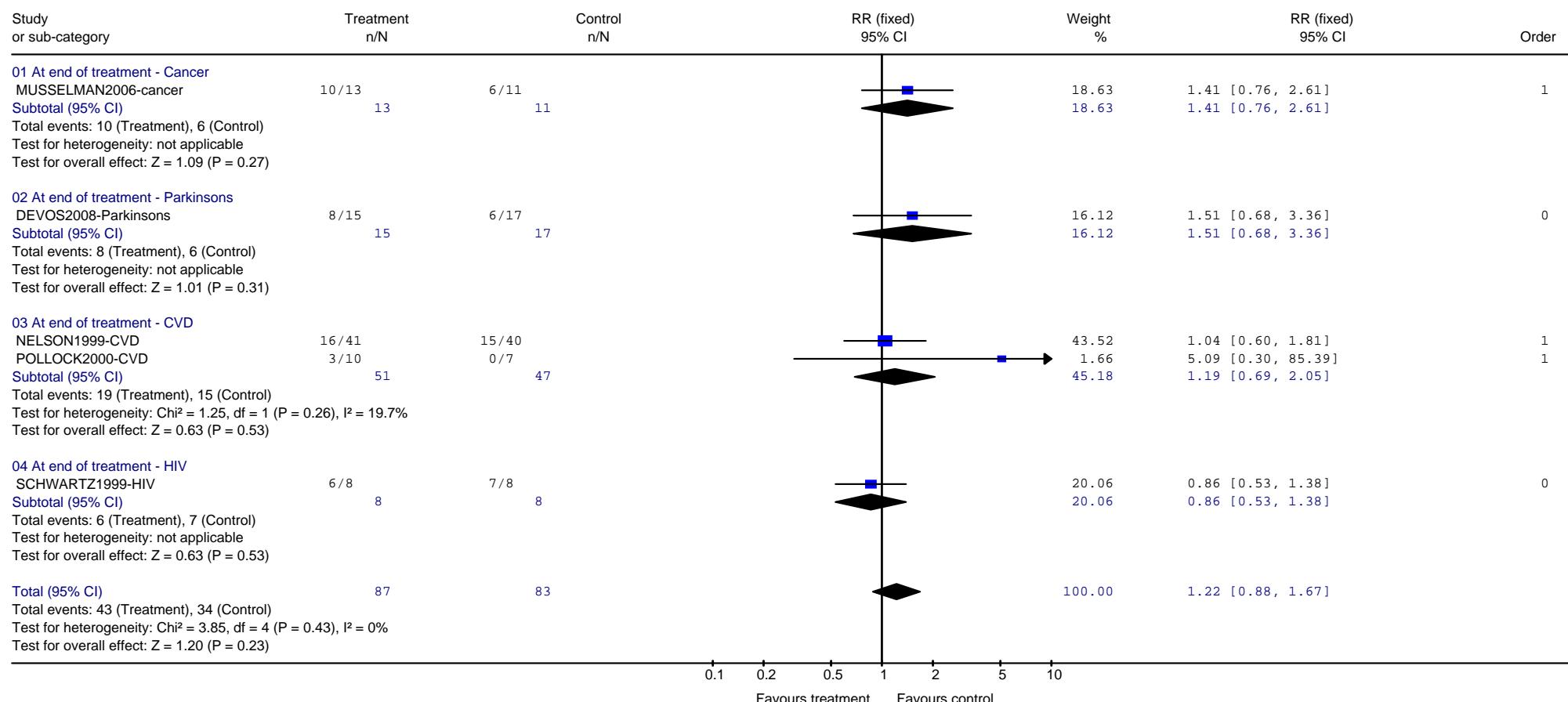
Comparison: 20 Head-to-head SSRI vs. TCA

Outcome: 23 Leaving the study early: Due to lack of efficacy



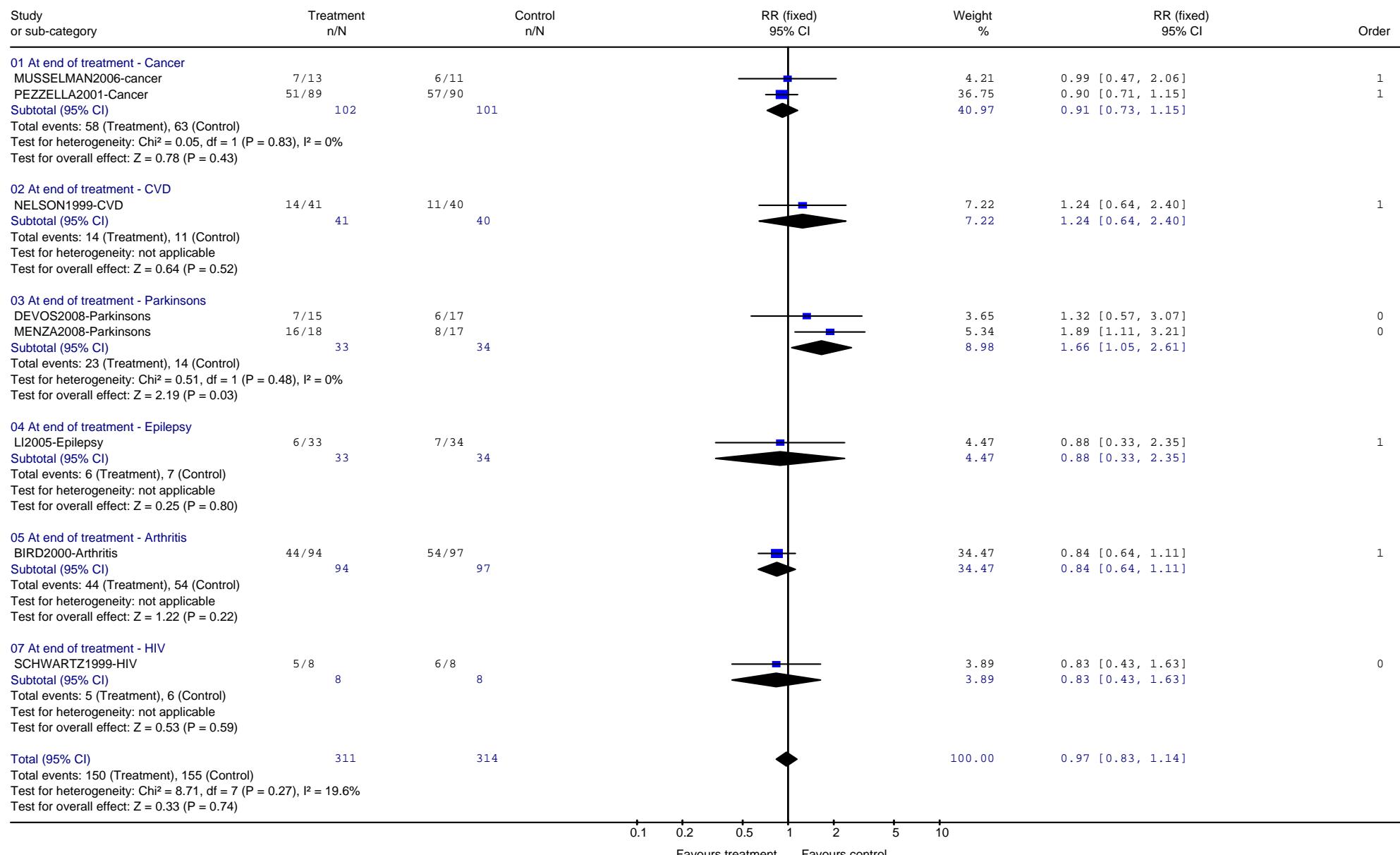
## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 30 Depression: 1. Remission (below cut-off)



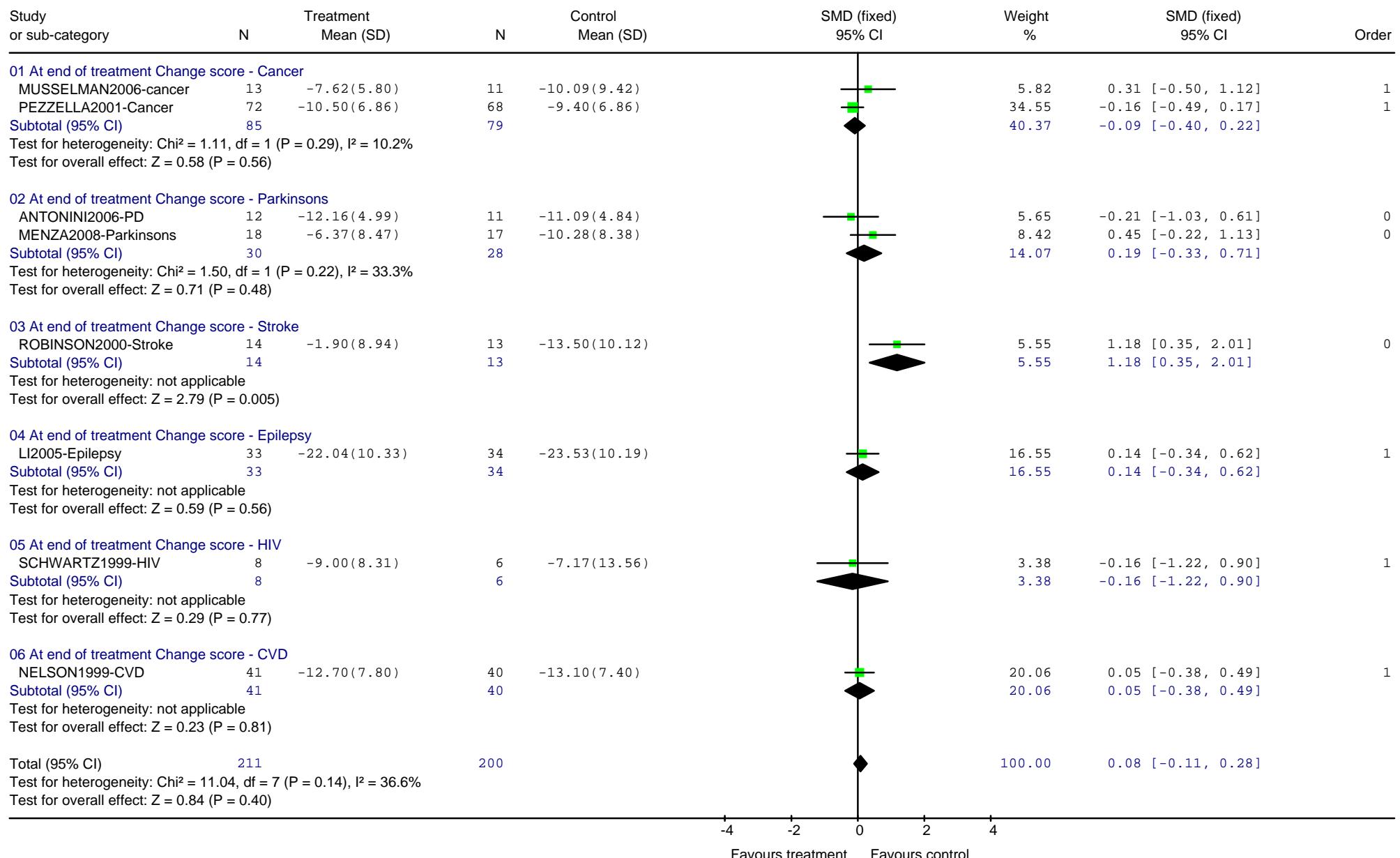
## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 31 Depression: 2. Non-response (<50% reduction)



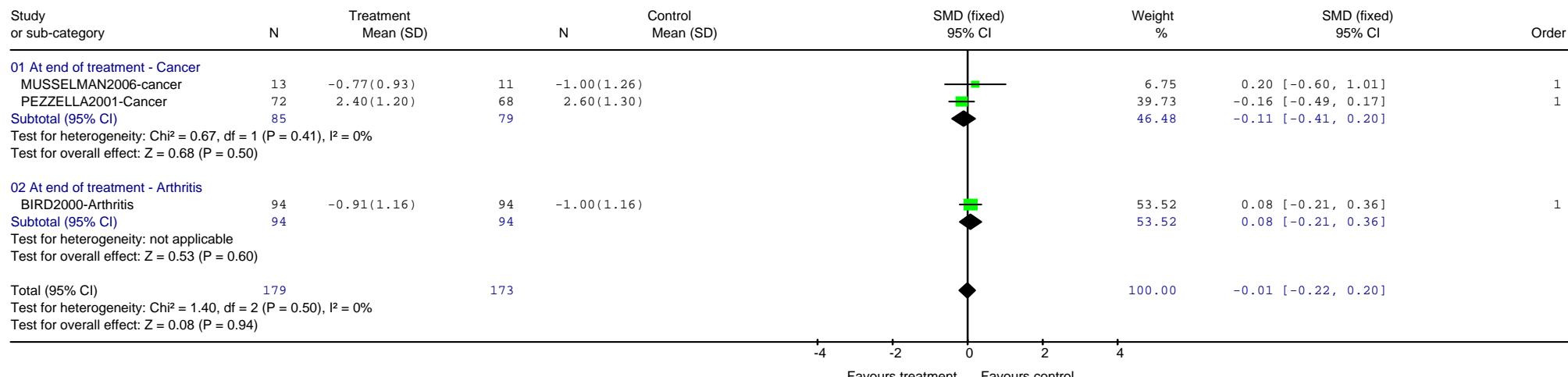
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 32 Depression: 3. Continuous measures

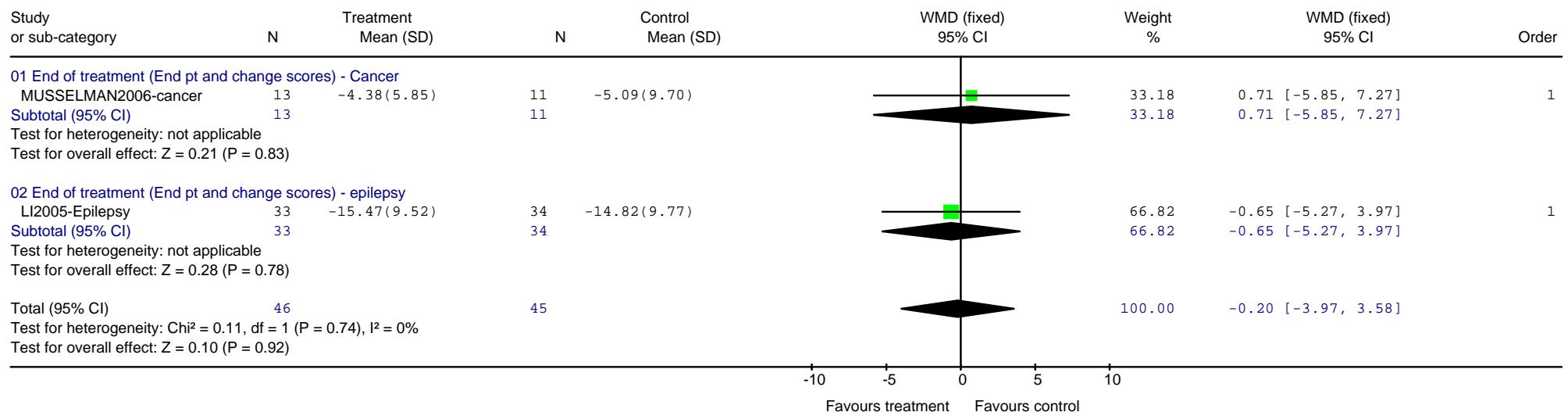


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 40 Global state: 1. CGI

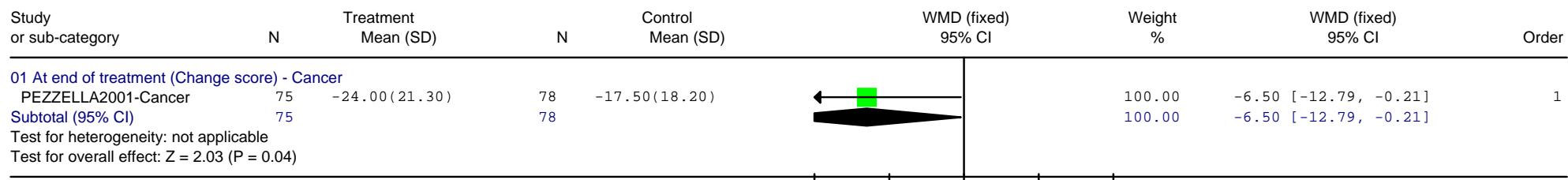


Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 41 Mental State: 1. Continuous measures - Ham-A

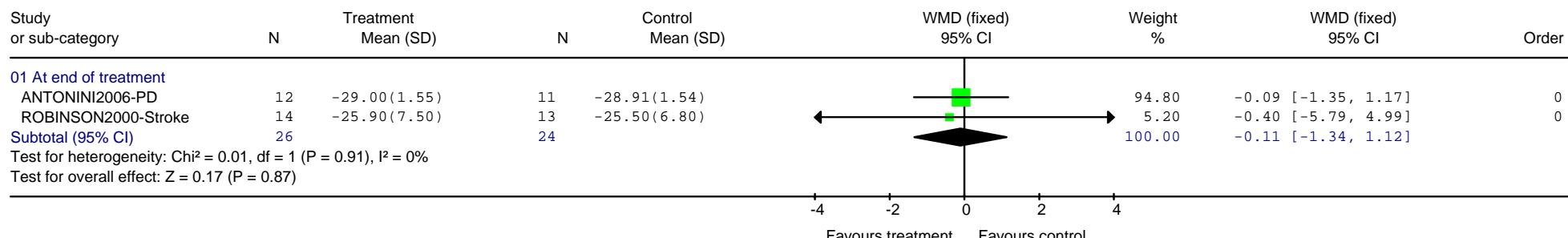


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

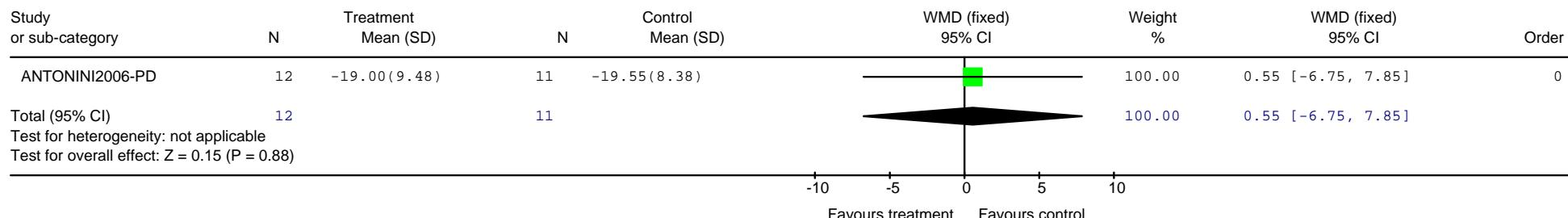
Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 50 QoL: 1. continuous measures



Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 55 Physical health outcome: 1. MMSE - PD

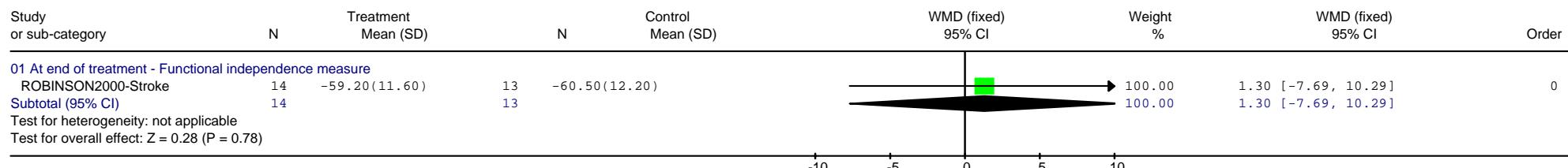


Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 56 Physical health outcome: 2. UPDRS-III - PD

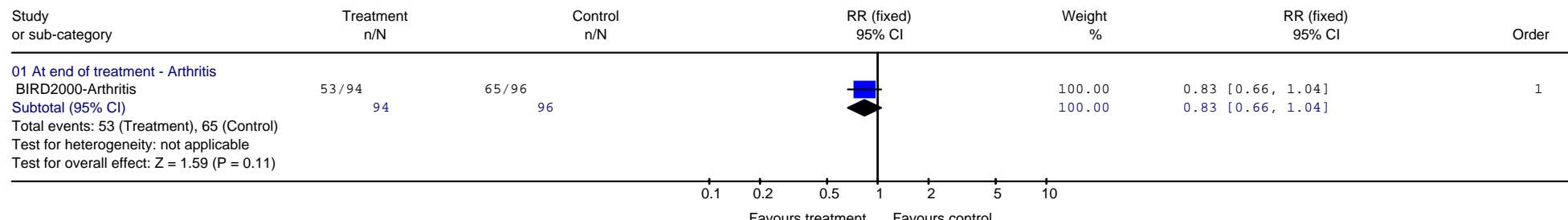


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 57 Physical health outcome: 3. ADL - Stroke

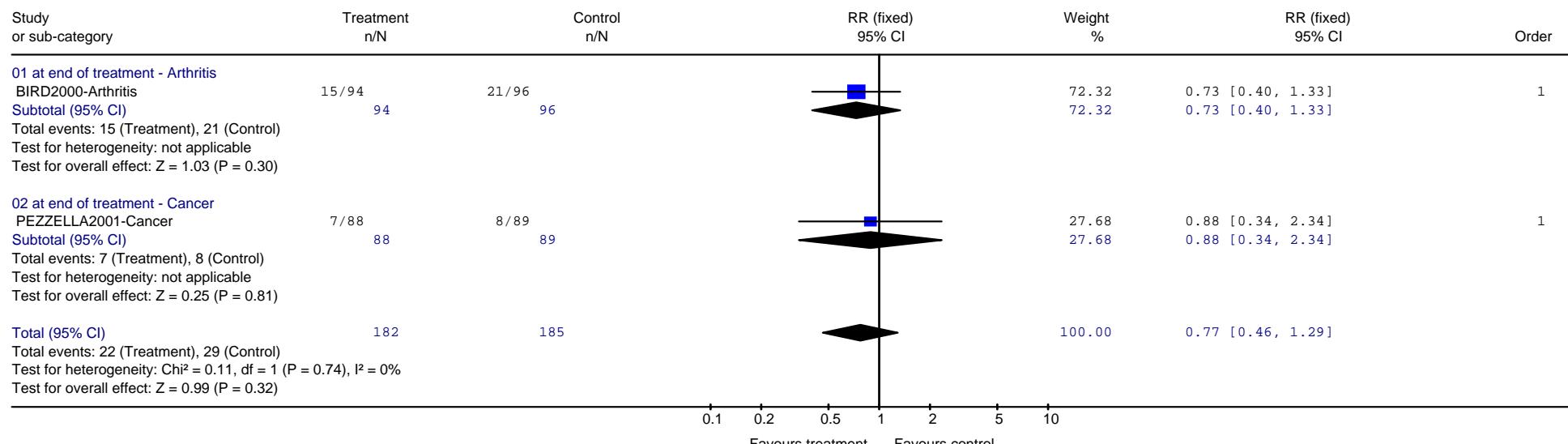


Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 60 Adverse events - reporting at least 1 adverse event



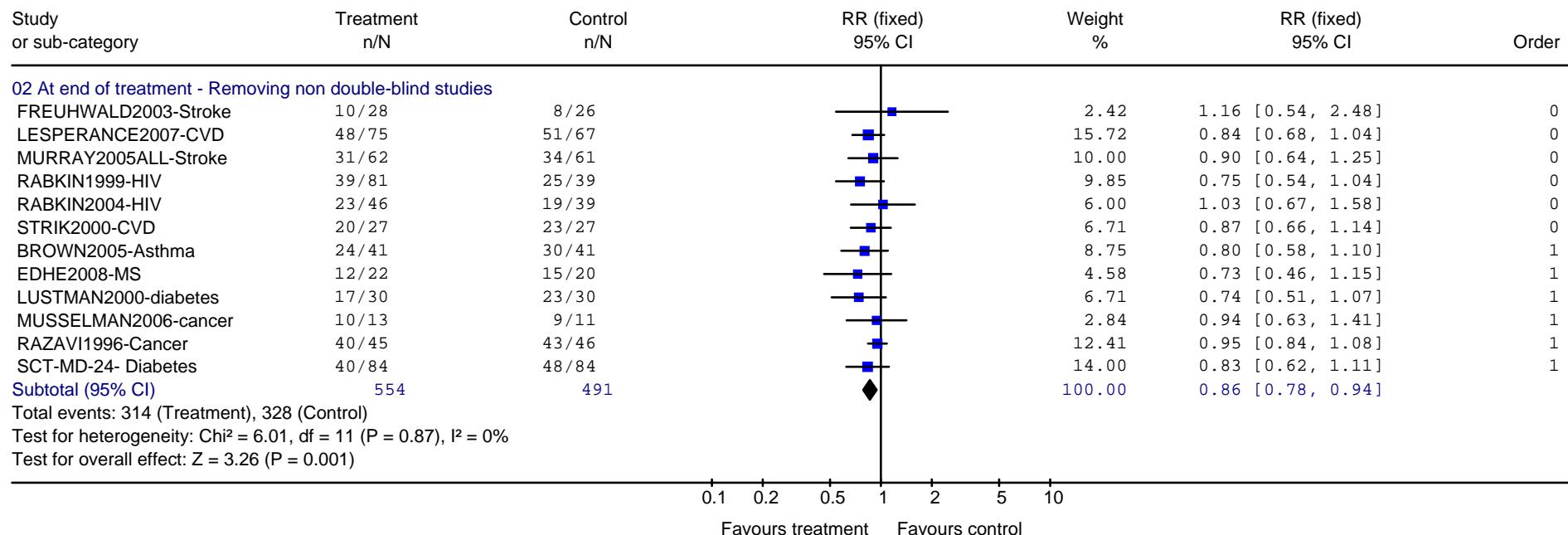
## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 20 Head-to-head SSRI vs. TCA  
 Outcome: 61 Adverse events - severe adverse event



## SSRI vs. Placebo – Sensitivity analysis removing non-blinded and sub-threshold studies

Review: DCHP - Pharm - by drug class  
 Comparison: 32 SSRIs vs Placebo (Sensitivity analyses: Blinded/Non-blinded)  
 Outcome: 01 Depression: 1. Not achieving success/ remission (reaching a specified cut off) - observer rated

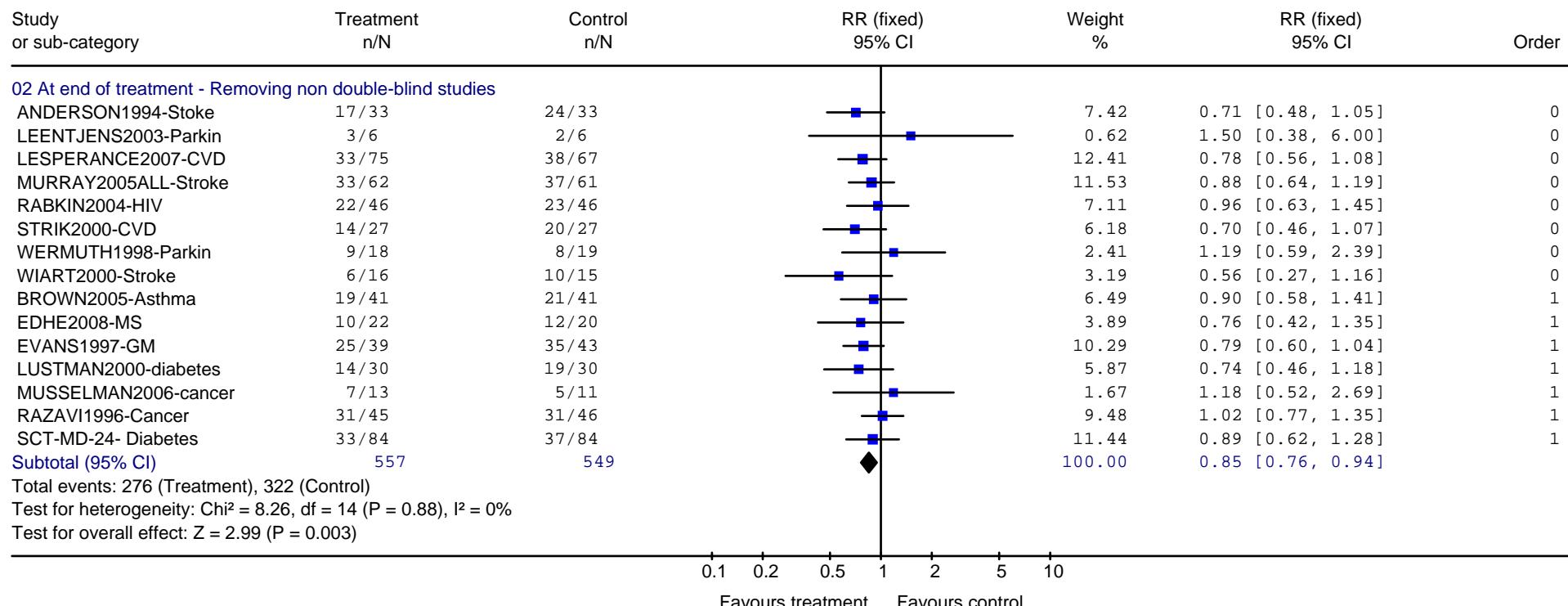


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 32 SSRIs vs Placebo (Sensitivity analyses: Blinded/Non-blinded)

Outcome: 02 Depression: 2. Non-response (not achieving 50% reduction from baseline) - observer rated e.g. HAMD, MADRS

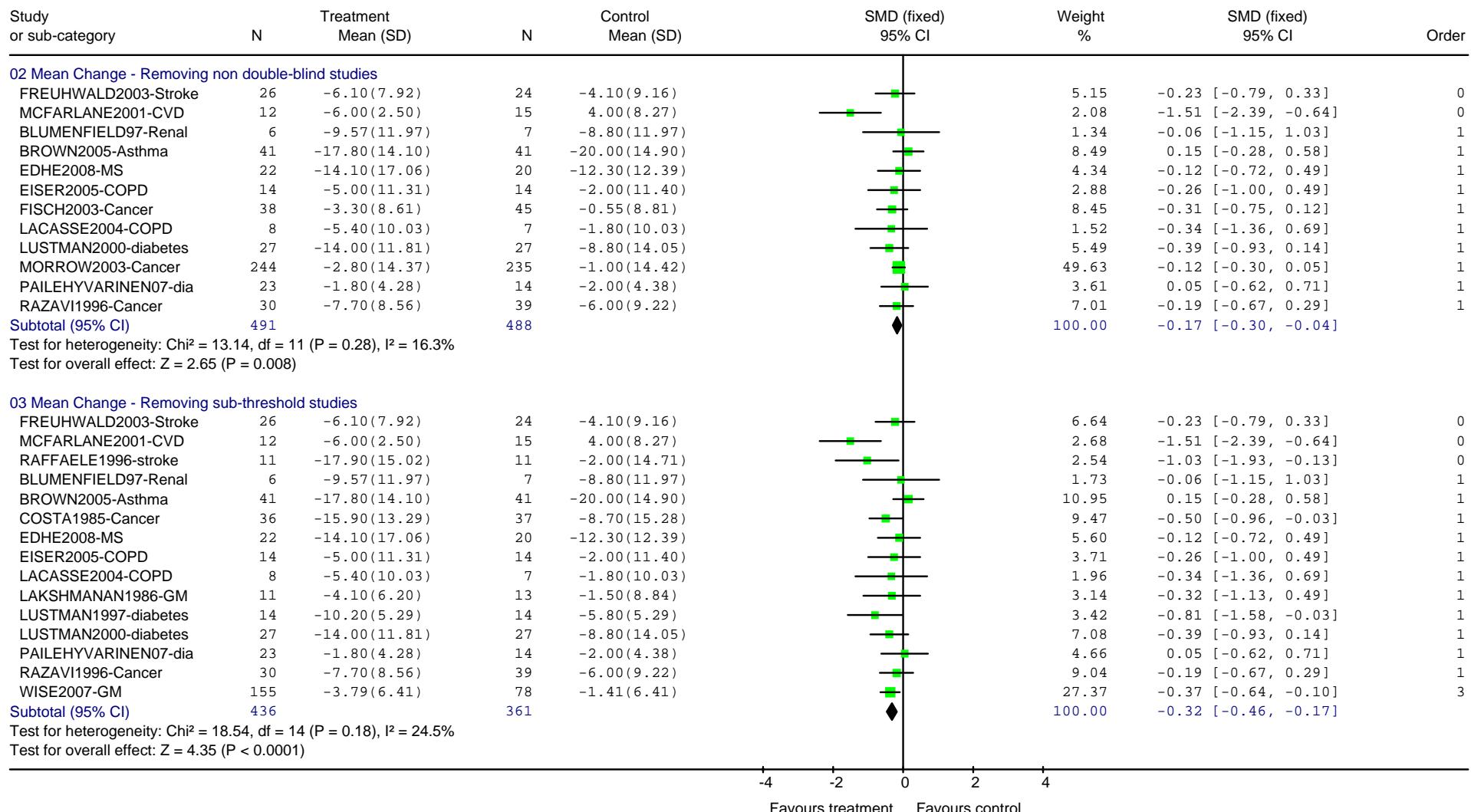


## Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 32 SSRIs vs Placebo (Sensitivity analyses: Blinded/Non-blinded)

Outcome: 03 Depression: 3. Patient-rated Continuous measures

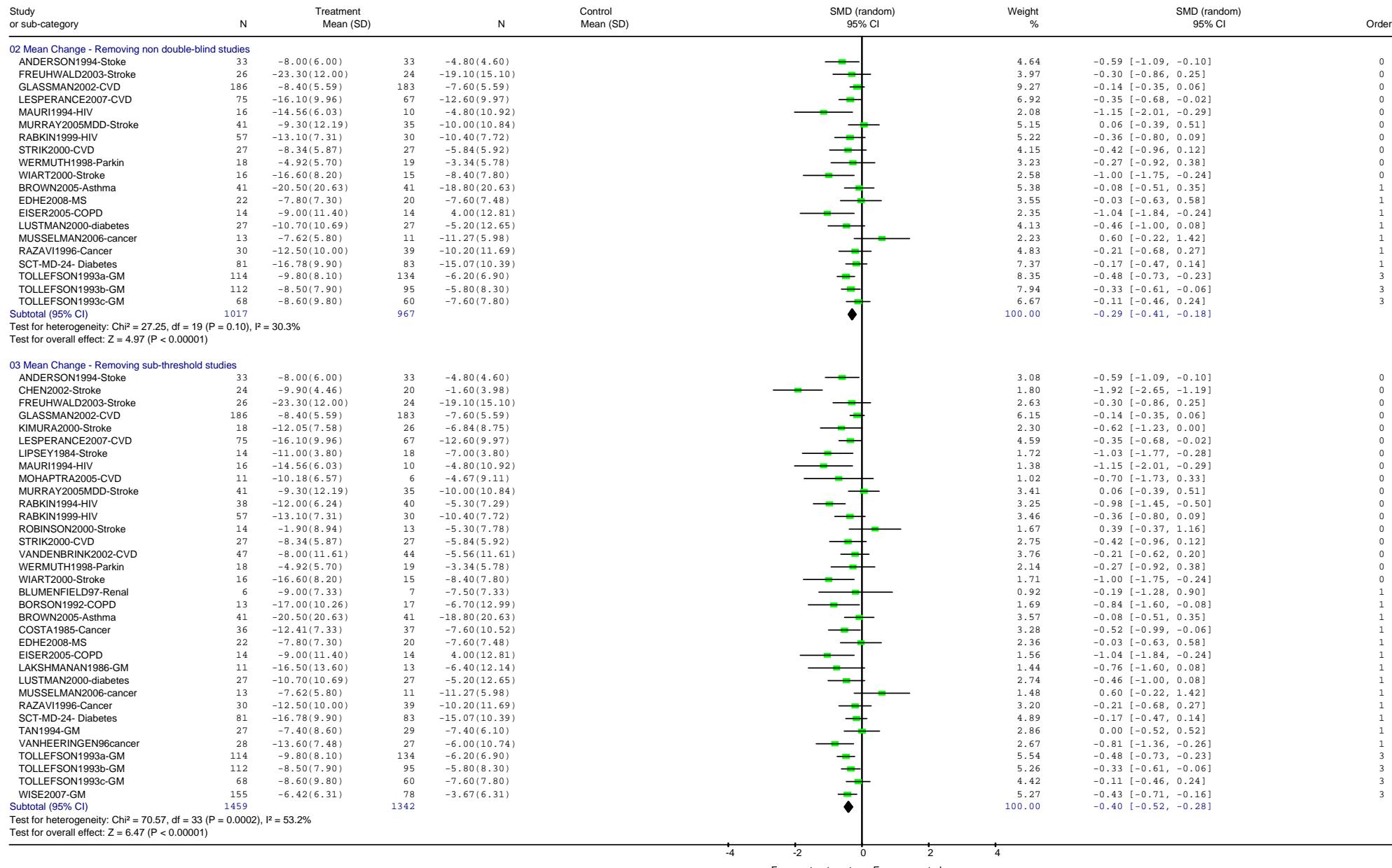


# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class

Comparison: 32 SSRIs vs Placebo (Sensitivity analyses: Blinded/Non-blinded)

Outcome: 04 Depression: 4. Observer-rated Continuous measures



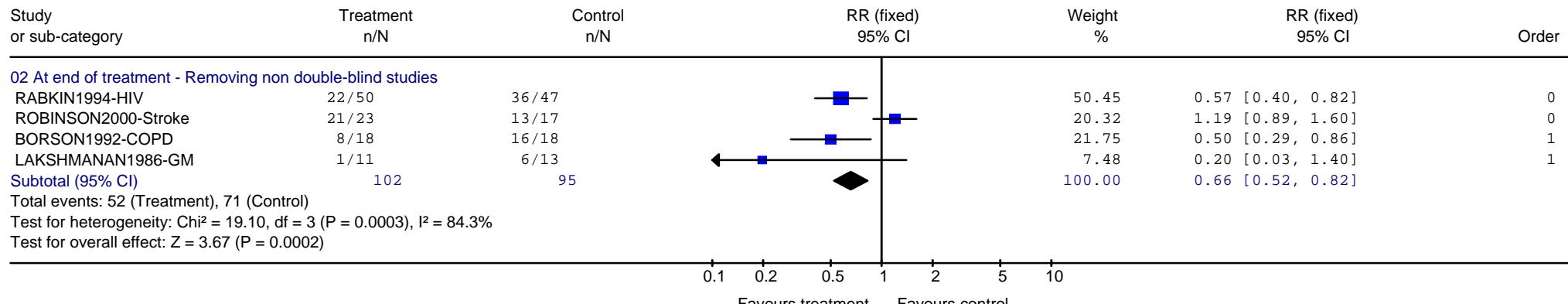
# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

## TCAs vs. Placebo – Sensitivity analysis removing non-blinded and sub-threshold studies

Review: DCHP - Pharm - by drug class

Comparison: 33 TCAs vs Placebo (Sensitivity analyses:Blinded/Non-Blinded)

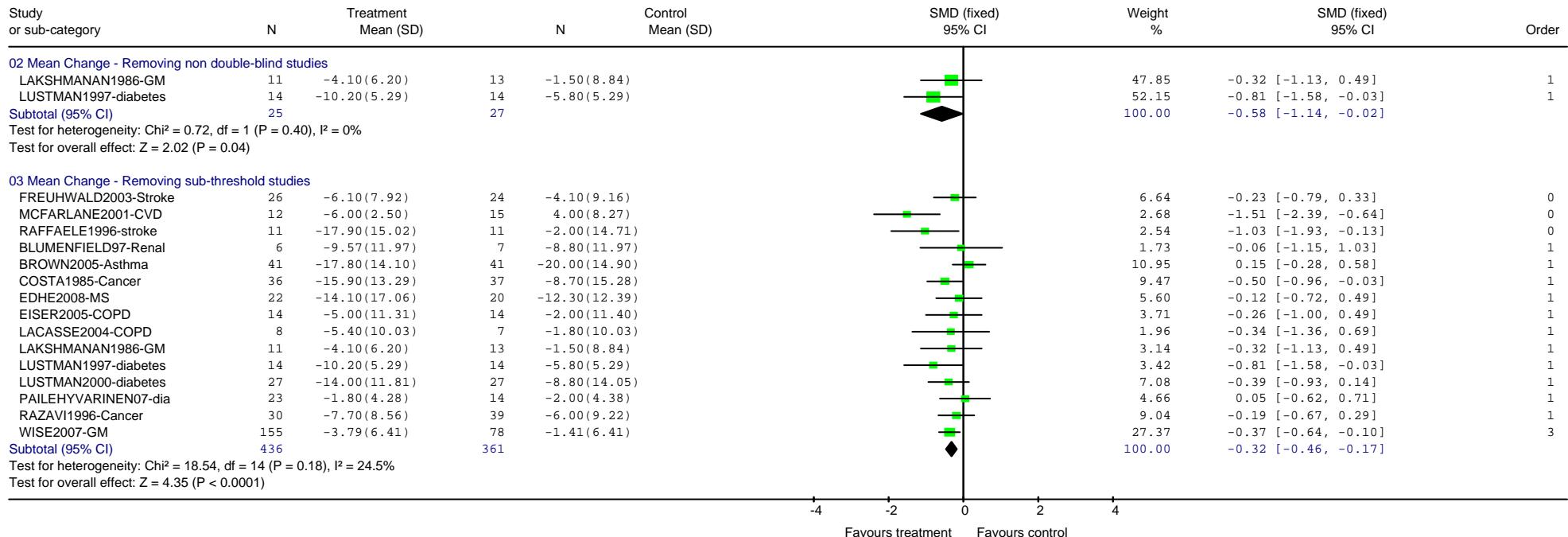
Outcome: 02 Depression: 2. Non-response (not achieving 50% reduction from baseline) - observer rated e.g. HAMD, MADRS



Review: DCHP - Pharm - by drug class

Comparison: 33 TCAs vs Placebo (Sensitivity analyses:Blinded/Non-Blinded)

Outcome: 03 Depression: 3. Patient-rated Continuous measures



# Depression in Chronic Physical Health Problems consultation draft – Appendix 19

Review: DCHP - Pharm - by drug class  
 Comparison: 33 TCAs vs Placebo (Sensitivity analyses:Blinded/Non-Blinded)  
 Outcome: 04 Depression: 4. Observer-rated Continuous measures

