



London North West Healthcare NHS Trust: Letter for first degree relatives of patients with CRC who have a normal IHC result. This is an example tool cited in the NICE diagnostics guidance adoption resource for molecular testing strategies for Lynch syndrome in people with colorectal cancer. It was not produced, commissioned or sanctioned by NICE.

To: First degree relatives of individuals affected with bowel cancer under the age of 50 years

To Whom It May Concern

Dear family member,

You have been given a copy of this letter because you have a first degree relative with bowel cancer under the age of 50 years and as a result you are eligible for increased bowel screening.

Your relative has had a genetic screen for Lynch syndrome (specifically Immunohistochemistry), which was normal, making a strongly inherited cause of bowel cancer less likely, but close relatives are at slightly increased risk.

In view of your family history we recommend that you have a one off colonoscopy at age 55 years at the earliest. Provided no abnormalities are detected you should then join the National Bowel Screening Programme. If you would like to have this screening, please take this letter to your GP.

If cancer has affected more individuals in your family, we suggest that you talk to your GP. They may refer you to your regional genetics service where you can discuss the family history in depth and see if your family can have more screening as well as genetic investigations.

Yours faithfully

Family Cancer Clinic and North West Thames Regional Genetics Service St Marks Hospital