

Depression in adults Committee meeting

Date: 09/06/2015

Location: Royal College of Psychiatrist

Minutes: Confirmed

Committee members present:	
Nav Kapur (Chair)	Present for all of the meeting
Steve Pilling	Present for all of the meeting
June Brown	Present for all of the meeting
Jeremy Clarke	Present for all of the meeting
Sinead Dervin	Present for all of the meeting
David Ekers	Present for all of the meeting
Simon Gilbody	Present for all of the meeting
David Hewison	Present for all of the meeting
Tony Kendrick	Present for all of the meeting
Neil Nixon	Present for all of the meeting
Louise O'Connor	Present for all of the meeting
Catherine Ruane	Present for all of the meeting
Anonymous	Present for all of the meeting
David Taylor	Present for all of the meeting
Ed Watkins	Present for all of the meeting
Philip Wilkinson	Present for all of the meeting

In attendance:		
Clifford Middleton	Guidelines Commissioning Manager	Present for all of the meeting

Apologies:	
Carolyn Chew Graham	Committee member
Erin Whittingham	NICE PIP
Sarah Stockton	NCCMH attendee

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the first meeting on Depression in adults. The Committee members and attendees introduced themselves.

No members of the public asked to observe the meeting.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included: introductions, reviewing the scope, training in systematic reviews, network meta-analysis, HE, information science and the GMS.

2. Declarations of interest

Steve Pilling (SP), the Director of the NCCMH and Guideline Committee facilitator, informed the group of the importance of declaring all interests. At each meeting GC meeting, members will be asked to declare if they have any new interests to ensure the process is clear and transparent. GC members were advised that it is better to over declare, even if unsure if an interest is relevant.

As this was the first meeting, all members present declared any interests they may have in relation to the subject matter, please see Table 1.

3. Minutes of last meeting

Not applicable.

4. Presentations

The Chair introduced Clifford Middleton, Guidelines Commissioning Manager from NICE, who gave a presentation on NICE's perspective of developing NICE guidelines, the involvement of service users and carers in the guideline development and the NICE communications policy.

SP gave a presentation introducing the work of the NCCMH and how it can support the development of this guideline.

SP, gave a presentation on the scope, highlighting what will and will not be covered in the guideline.

Iona Symington (IS), the research assistant, gave a presentation summarising the

systematic review process.

Ifigeneia Mavranouzouli (IM), gave a presentation on the draft review questions.

SP, gave a presentation on the role of the information scientist; on behalf of the Senior Information Scientist, Sarah Stockton.

IM, gave the introduction to health economics.

MM gave a brief demonstration of how to use the Guideline Management System (GMS), where the documents for the guideline are housed.

The Chair thanked all of the presenters for their presentations.

7. Other issues

The Committee considered the following equalities issues:

- LGBT have not been identified as a group requiring special consideration in the scope however a concern was expressed by a GC member that there are issues relating to outcomes that should be taken into account.

Date of next meeting: 14/07/2015

Location of next meeting: Royal College of Psychiatrists

Table 1: GC members declarations of interest

Declarations of interest	
Nav Kapur (Chair)	
Declaration of interest	I have no personal or non-personal, pecuniary or non-pecuniary interests to declare to the best of my knowledge. I am an academic psychiatrist in a University post and undertake non-industry funded research in the field of suicidal behaviour
Actions taken	None
Steve Pilling (Facilitator)	
Declaration of interest	Medical Research Council, research funding looking at psilocybin. Grant from National Alliance for Research on Schizophrenia and Depression to look at transcranial direct-current stimulation in treatment of depression. Involved in the following studies and programmes: CADET, IAPT and PRMOS
Actions taken	None
June Brown	
Declaration of interest	None
Actions taken	None
Carolyn Chew Graham	
Employment	

Declaration of interest	<p>I am a grant-holder on a number of research studies, some of which involve the evaluation of primary care interventions for people with depression.</p> <p>I am RCGP Curriculum Advisor, Mental Health.</p> <p>I have delivered training to GPs in Slovenia on identification and management of depression in patients with diabetes; travel expenses were reimbursed by DDD (Dialogue on Diabetes and Depression).</p>
Actions taken	None
Jeremy Clarke	
Declaration of interest	<p>I don't believe that any of my other interests conflict with my ability to give impartial advice.</p> <p>I am a Research Associate at CHES, Durham University where we are conducting research into evaluation methodologies for psychological therapies, and am the Research lead for the Association for Psychoanalytic Psychotherapy in the NHS. We submitted comments to the scope consultation. Both these positions are unpaid.</p> <p>I am also an unpaid member of a number of lead bodies for psychological therapies and mental health policy: viz. the Ministerial Advisory Group for mental health; DWP's mental health advisory group; the Accreditation Committee for Psychological Therapy services; the IAPT Payment by Results Board; the <i>We Need to Talk</i> coalition; Action for Choice in Therapy and the Action for Choice in Therapy Task Force, IAPT. I also run the annual Psychological Therapies in the NHS conference.</p> <p>I am a paid consultant to the Greater Manchester Combined Authorities for mental health.</p>
Actions taken	None
Sinead Dervin	
Declaration of interest	None
Actions taken	None
David Ekers	
Declaration of interest	I conduct research into psychological interventions for depression. Studies include CASPER and COBRA trials.
Actions taken	None
Simon Gilbody	
Declaration of interest	I conduct research into psychological interventions for depression, for example the CADET trial
Actions taken	None
David Hewison	
Declaration of interest	I developed the model of couple therapy used in IAPT Services and my employer is one of the providers of training programmes in the 'Couple Therapy for Depression' model. I consult to the training providers in-house. The book I co-authored " <i>Couple Therapy for Depression. A Clinicians Guide to Integrative Practice</i> " is the manual for the training and the intervention (however, I personally receive no royalties from sales).
Actions taken	None

Tony Kendrick	
Declaration of interest	<p>My research at the University of Southampton focuses on the GP assessment and management of depression and how they can be improved. (Non-pecuniary personal interest).</p> <p>I have NIHR funding for studies of the value of patient-reported outcome measures (PROMs) in the monitoring of depression (with Simon Gilbody and Steve Pilling), and a shortlisted NIHR programme grant application (with Simon Gilbody) on an intervention to reduce long-term antidepressant taking. I believe we are prescribing too many long-term antidepressants in general practice.</p> <p>I have had no funding from pharmaceutical companies for more than five years; prior to that I did receive some as fees for speaking, and I had unrestricted educational grants from Lundbeck, Lilly, Wyeth and Servier totalling £70,000 in 2008-9, which co-funded research on the impact of symptom questionnaires for depression incentivised in the GP contract quality and outcomes framework (QOF) pay for performance scheme.</p>
Actions taken	None
Neil Nixon	
Declaration of interest	<p>FINANCIAL DISCLOSURES: Dr. N L Nixon has received financial assistance to attend academic meetings from Janssen-Cilag, AstraZeneca and Servier. Dr. Nixon has also taken part in advisory panels for Janssen-Cilag and Servier. There has been no such financial assistance within the last 5 years and there is no current financial assistance to declare.</p>
Actions taken	None
Louise O'Connor	
Declaration of interest	None
Actions taken	None
Catherine Ruane	
Declaration of interest	None
Actions taken	None
Anonymous	
Declaration of interest	<p>Member of service user advisory group for the ToSCA trial for generalised anxiety disorder (University College, London)</p> <p>Member of service user/peer review group for accreditation of psychological services programme run by Royal College of Psychiatrists/British Psychological Society</p>
Actions taken	None
David Taylor	
Declaration of interest	<p>Non-specific interest unless indicated with *</p> <p>Employment: NHS*, KCL, MHRN, DfT, DVLA</p> <p>Advisory Board member Lundbeck*, Sunovion</p> <p>Lectures (paid) Janssen, Otsuka, Lundbeck*</p> <p>Research Funding BMS, Janssen, Lundbeck*</p> <p>Attendance at conferences Nil</p> <p>Shares or other interests Nil</p>
Actions taken	None
Ed Watkins	

Declaration of interest	<p>Non-specific Personal financial interest – the only personal financial interests I hold of relevance are personal shareholdings of companies within the pharmaceutical industry (e.g., GlaxoSmithKline). There are no other commercial conflicts of interest, consultancies, directorships, paid work etc within the commercial sector. There are no specific personal financial interests.</p> <p>Specific Non-personal financial interest – there are none from the commercial sector. The Mood Disorders Centre holds research grants from Help for Heroes charity and from Cornwall NHS Partnership Trust in order to conduct research respectively into improving low-intensity treatments for common mental health problems in armed forces veterans and in improving computerised internet-delivered treatments for depression in a low-intensity IAPT services.</p> <p>Specific Personal non-financial interest – I have been involved in a number of funded research trials that have published opinions about the efficacy of cognitive-behavioural therapy and behavioural activation approaches for depression, including rumination-focused cognitive-behavioural therapy and mindfulness-based cognitive therapy. Papers arising from these completed research projects may be submitted as evidence to the NICE sub-committee.</p> <p>Non-specific personal non-financial interest – I am on the expert review board for the MQ charity PSYIMPACT scheme, which focuses on funding the development and evaluation of psychological treatments for mental health problems.</p>
Actions taken	None
Philip Wilkinson	
Declaration of interest	<p>I am a member of the board of trustees (unremunerated) of the Oxford Mindfulness Foundation. This is the charity that supports the Oxford Mindfulness Centre (part of the Department of Psychiatry, University of Oxford) in its work researching mindfulness based interventions and disseminating evidence-based mindfulness interventions.</p> <p>I am a review author for the Cochrane review of maintenance treatments in late life depression.</p>
Actions taken	None
Maryla Moulin	
Declaration of interest	None
Actions taken	None
Ifigeneia Mavranouzouli	
Declaration of interest	None
Actions taken	None
Odette Megnin Viggars	
Declaration of interest	None
Actions taken	None
Iona Symington	
Declaration of interest	None
Actions taken	None