# Depression in adults: treatment and management Committee meeting 13

NICE National Institute for Health and Care Excellence

**Date:** 14/02/2017

Location: RCOG, London

Minutes: Confirmed

Committee members present:			
Navneet Kapur (Chair)	Present for notes 1 – 7		
June Brown	Present for notes 1 – 7		
Carolyn Chew-Graham	Present for notes 1 – 7		
Jeremy Clarke	Present for notes 1 – 7		
Sinead Dervin	Present for notes 1 – 7		
David Ekers	Present for notes 1 – 7		
Simon Gilbody	Present for notes 1 – 6		
David Hewison	Present for notes 1 – 7		
Tony Kendrick	Present for notes 1 – 6		
Neil Nixon	Present for notes 1 – 7		
Catherine Ruane	Present for notes 1 – 7		
Anonymous	Present for notes 1 – 7		
Jennifer Speller	Present for notes 1 – 7		
David Taylor	Present for notes 1 – 7		
Ed Watkins	Present for notes 1 – 7		
Philip Wilkinson	Present for notes 1 – 7		

In attendance:		
Edgar Masanga	NICE Business Analyst	Present for notes 1 – 7
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 7
Angela Bennett	NGA Guideline Lead	Present for notes 1 – 7
Sally Humphreys	NGA Project Manager	Present for notes 1 – 7
Ifigeneia Mavranezouli	NGA Senior Health	Present for notes 1 – 7

	Economist	
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	Present for notes 1 – 7
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 7
Emma Seymour	Systematic Reviewer	Present for notes 1 – 7

Apologies:	
Louise O'Connor	Committee Member

# 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the thirteenth meeting on Depression in adults: treatment and management. The Committee members and attendees introduced themselves.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included: considering the clinical and economic evidence for review questions and drafting recommendations.

# 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Carolyn Chew- Graham	Professor of General Practice Research, Keele University 2012- present Hon Professor of Primary Care, University of Manchester Hon Professor of Primary Care Mental Health,	6.2.2017 Commissioned by MIMS, to write a clinical review on management of depression.	Personal financial non- specific And Personal non- financial specific	Declare and continue

	South Staffs & Shropshire Foundation Trust (SSSFT) Principal in General Practice, NHS Manchester Honorary Consultant in Primary Care, Manchester Primary Care Trust			
Tony Kendrick	Professor of Primary Care, University of Southampton	14.2.2017 Spoke on Radio 5 Live on 12.2.2017 to say that he believes that antidepressants are being prescribed for too long, and unnecessarily, and are not being reviewed or tapered appropriately, due to pressure on GPs resulting in a lack of available appointments for drug review.	Personal non- financial specific	Declare and continue

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting except for Carolyn Chew-Graham, who withdrew from treatment-resistant depression topic discussions.

# 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

# 4. Presentations

The Chair introduced Emma Seymour, Systematic Reviewer, who gave a presentation on Relapse prevention – updated clinical evidence review (RQ2.3).

The Chair introduced Ifigeneia Mavranezouli, Senior Health Economist, who gave a presentation on RQ2.3 Economic models for relapse prevention.

The Chair introduced Odette Megnin-Viggars, Senior Systematic Reviewer, who gave a presentation on Further line treatment – updated evidence reviews (RQ2.4 and 2.5).

The Chair introduced David Taylor, Committee Member, who gave a presentation on Toxicity of antidepressants.

The Committee discussed the issues presented in relation to this guideline.

The Committee thanked the speakers for their presentations and contribution to the development of the guideline.

# 5. Questions and discussion

The Committee were given the opportunity to ask questions, discuss the evidence and draft recommendations.

# 6. Service user and carer concerns

There were no service user or carer concerns.

# 7. Any other business

Steve Pilling gave a brief outline of the progress with the NMA for RQs 2.1 and 2.2.

**Date of next meeting:** 16/03/2017 – 17/03/2017

Location of next meeting: RCOG, London