

## **Supporting Adult Carers Committee meeting 9**

**Date:** 17<sup>th</sup> October 2018

Location: RCOG, 27 Sussex Pl, Marylebone, London NW1 4RG

Minutes: Final

Committee members present:			
Phil Taverner (PT) (Chair)	Present for notes 1 – 5		
Philippa Russell (PR) (Topic Advisor)	Present for notes 1 – 5		
Celia Robinson (CR)	Present for notes 1 – 5		
Charlotte Argyle (CA)	Present for notes 1 – 5		
Claire Casarrotto (CC)	Present for notes 1 – 5		
Clare Rachwal (CRa)	Present for notes 1 – 5		
Debbie Hustings (DH)	Present for notes 1 – 5		
Dorinda Jack (DJ)	Present for notes 1 – 5		
Jeanne Fay (JFa)	Present for notes 1 – 5		
Mary Larkin (ML)	Present for notes 1 – 5		
Max Wurr (MW)	Present for notes 2 – 5		
Sue Jones (SJ)	Present for notes 1 – 5		

In attendance:		
Bridget Warr (BW)	NGA Social Care Advisor	Present for notes 1 – 5
Vanessa Delgado Nunes (VDN)	NGA Guideline Lead	Present for notes 1 – 5
Zenette Abrahams (ZA)	NGA Project Manager	Present for notes 1 – 5
Jennifer Francis (JFr)	NGA Senior Systematic Reviewer	Present for notes 1 – 5
Ferruccio Pelone (FP)	NGA Systematic Reviewer	Present for notes 1 – 5
Alec Martin (AM)	NGA Systematic Reviewer	Present for notes 1 – 5
Paul Jacklin (PJ)	NGA Economist	Present for notes 1 – 5
Justine Karpusheff (JK)	NICE Guideline Commissioning Manager	Present for notes 1 – 5
Sarah Catchpole (SC)	NICE Editor	Present for notes 1 – 5

Observers:	
Alisa Hodgson	(Present for notes 1 – 5)
Alaa Abd-Alrazaaq	(Present for notes 1 – 2)
Sevil Badin	(Present for notes 1 – 2)
Moira Mugglestone	(Present for note 2)

Apologies:	
Anna Ferguson Montague	Committee member
Karen Harrison Dening	Committee member

### 1. Welcome and objectives for the meeting

The Chair welcomed the committee members and attendees to the 9<sup>th</sup> meeting on support for adult carers. The committee members and attendees introduced themselves.

No members of the public asked to observe the meeting.

The Chair informed the committee that apologies had been received. These are noted above.

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was provision of support for adult carers. The following new interests were declared:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Jeanne Fay	Committee member	17/10/18  New role: GP support to community teams	Indirect	Declare and participate
Sue Jones	Committee member	16/10/2018  New employer and role: Consultant Admiral Nurse, Prestige	Indirect	Declare and participate

		Nursing and Care		
Max Wurr	Committee member	09/10/2018 Shareholder in City and County Healthcare Group	Direct - financial	Declare and participate
Max Wurr	Committee member	Board member of the United Kingdom Homecare Association	Direct – non- financial professional	Declare and participate

The web minutes of the previous meeting were confirmed.

# 2. Review question 7: What psychological and emotional support interventions are effective, cost effective and acceptable to adult carers for maintaining and/or improving their health and wellbeing?

The Chair introduced FP, NGA Systematic Reviewer and JFr, NGA Senior Systematic Reviewer who presented an overview of the quantitative and qualitative evidence for review question 7.

FP went on to present the cost-effectiveness evidence for this review area.

JFr introduced AM, NGA Systematic Reviewer, who presented an overview of recommendations from existing published NICE guidelines that were relevant to review question 7.

The committee were given the opportunity to ask questions.

The Chair introduced DH and SJ, RQ7 Topic Group members, and BW, Social Care Advisor, who presented their feedback on the evidence review for question 7 to the group.

The Chair led a discussion of the evidence with the committee, and the committee drafted recommendations based on review question 7.

#### 3. Revisit protocols for review questions 8 & 9

JFr, NGA Senior Systematic Reviewer, confirmed that the committee was happy with the review protocols for review questions 8 and 9, to be presented at the next meeting in November.

#### 4. Revised schedule of meetings and reminder of Topic Group allocations

The Chair introduced VDN, NGA Guideline Lead, who presented the revised schedule of meeting dates to the committee. VDN highlighted the specific dates that would be changing.

The updated list of Topic Group allocations and milestones was also presented to the committee.

#### 5. AOB

There was no other business to discuss and the Chair closed the meeting.

**Date of next meeting:** 27<sup>th</sup> – 28<sup>th</sup> November 2018

Location of next meeting: RCOG