# **Postnatal Care Guideline Committee meeting 1**

**Date:** Wed 31/01/2018 – Thu 02/02/2018

**Location:** RCOG, London

Minutes: Confirmed



Committee members present:	
David Jewell (Chair)	(Present for notes 1-25)
Nina Khazaezadeh (Topic Adviser) (via teleconference)	(Present for note 6, 18)
Sunita Sharma	(Present for notes 1-25)
Peter Fleming	(Present for notes 1-25)
Elizabeth Punter	(Present for notes 1-25)
Debra Kroll	(Present for notes 1-25)
Catherine Pullan	(Present for notes 1-25)
Clare Macdonald	(Present for notes 1-25)
Gwyneth Eanor	(Present for notes 1-25)
Emily Stow	(Present for notes 1-25)
Denise Pemberton	(Present for notes 1-25)
Charlotte Barry	(Present for notes 1-25)
Deepa Panjwani	(Present for notes 1-25)
Lucinda Donaldson	(Present for notes 1-25)
Nicola Murphy	(Present for notes 1-25)

In attendance:		
Nick Staples	NICE Guideline Commissioning Manager	(Present for notes 1-25)
Alex Bates	NGA Guideline Lead	(Present for notes 1-25)
Ifigeneia Mavranezouli	NGA Senior Health Economist	(Present for notes 1-12)
Melanie Davies	NGA Clinical Adviser	(Present for notes 7-25)
Stephen Murphy	NGA Clinical Adviser	(Present for notes 7, 8, 18 – 21)
Tamara Kubba	Clinical Fellow	(Present for notes 1-25)
Rami Cosulich	NGA Systematic Reviewer	(Present for notes 1-25)

Jose Marcano-Belisario	NGA Senior Systematic Reviewer	(Present for notes 13 - 25)
Sarah Stockton	NGA Senior Information Scientist	(Present for notes 13 - 25)
Michaela Dijmarescu	NGA Project Manager	(Present for notes 1-25)

Observers:	
None.	

Apologies:	
Nina Khazaezadeh	Topic Adviser
Erin Whittingham	NICE PIP Lead
Jose Marcano-Belisario	NGA Senior Systematic Reviewer (Day 1 only)

### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the first guideline committee meeting on Postnatal Care. The Committee members and attendees introduced themselves.

The Chair welcomed the members of the public to the meeting. The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included introducing the NGA team and the guideline development process, agreeing the review questions and developing the guideline's first few protocols.

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Postnatal Care.

The Chair asked everyone to verbally declare any interests.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Charlotte Barry	Commissioning Manager – Maternity, Birmingham and Solihull CCGs	01.02.2018  Husband's salary paid by NIHR through UHBFT. Not related to maternity.	Non- personal, non- financial, non- specific	Declare and continue
Charlotte Barry	Commissioning Manager – Maternity, Birmingham and Solihull CCGs	Submitted 'Early Adopter' and 'Choice and personalisation' pioneer bids to implement recommendations set out in Better Births. Submitted successful bid for wave 1 to establish PNMH community services. Wave 2 submitted – awaiting outcome.	Non- personal, financial, specific	Declare and continue
Lucinda Donaldson	Consultant Perinatal Psychiatrist, Camden and Islington NHS Foundation Trust	O1.02.2018  The employing trust was successful in bidding for Wave 1 perinatal services development funding for development of North London Partner Specialist Perinatal Mental Health Team. A bid for Wave 2 bidding will be made to NHS England.	Non- personal, financial, specific	Declare and continue
Peter Fleming	Professor of Infant Health and Developmental Physiology, Bristol Medical School, University of Bristol	O1.02.2018 Chair Project Management Committee Child Mortality Database for England. Project funded by NHS England via HQIP. Grant awarded to a consortium led by University of Bristol in January 2018. Four year	Non- personal, financial, non- specific	Declare and continue

		project April 2018-March 2021. The funding will be directed through the University of Bristol to each of the partner organisations involved in the project. The funding goes to Bristol Medical School which is then responsible for ensuring all participating organisations receive the correct allocated funds.		
Debra Kroll	Clinical Lead Community Midwifery Team, UCLH NHS Foundation Trust	01.02.2018  Member of North Central London Better Births Hub.	Personal, non- financial, specific	Declare and continue
Tamara Kubba	Clinical Fellow	31.01.2018 Father is a Consultant Gynaecologist and an international speaker on contraception (sometimes delivers talks for Bayer).	Non- personal, non- financial, non- specific	Declare and continue
Tamara Kubba	Clinical Fellow	31.01.2018 Fiancé is an Executive Director in corporate strategy, planning and transformation (EMEA) for Astellas. They make Vesicare, Betmiga, both medications for urinary incontinence.	Non- personal, non- financial, non- specific	Declare and continue
Clare Macdonald	General Practitioner, Central Surgery, Leicester	31.01.2018 BMJ Opinion Publication, 8 <sup>th</sup> May 2017 'Primary care can play an important part in supporting breastfeeding' <a href="https://blogs.com/bmj/2017/05/08/primary-care-can-play-an-important-">https://blogs.com/bmj/2017/05/08/primary-care-can-play-an-important-</a>	Personal, non- financial, specific	Declare and continue

		part-in-supporting- breastfeeding/		
Clare Macdonald	General Practitioner, Central Surgery, Leicester	31.01.2018 Attend Leicester Leicestershire and Rutland Infant Feeding Networks meetings. No fees paid, the meetings are primarily networking and educational meetings and types of topics covered are: tongue tie, prescribing in breastfeeding, managing mothers who are expressing. Some topics discussed could overlap with the topics to be covered in the guideline. No meetings attended since applying and being appointed to the committee and could cease participation in the network for the duration of the guideline development if required.	Personal, non- financial, specific	Declare and continue
Clare Macdonald	General Practitioner, Central Surgery, Leicester	O6.02.2018  Presented a poster about the impact of the GP Infant Feeding Network website (www.qpifn.org.uk) at the UNICEF Baby Friendly Initiative Conference 2017.	Personal, non- financial, specific	Declare and continue
Clare Macdonald	General Practitioner, Central Surgery, Leicester	O6.02.2018  Speaker at a Royal Society of Medicine conference about the GP Infant Feeding Network and specifically the development of the website www.gpifn.org.uk - the details are here: https://www.rsm.ac.uk/e vents/events- listing/2017- 2018/sections/maternity- the-newborn-	Personal, non- financial, non- specific	Declare and continue

		forum/mbk02-infant- feeding-policies,- politics-and-best- practice.aspx  No opinions or recommendations are offered for infant feeding practice but the experience as clinicians is described as well as the website development and its impact based on a survey and access stats.  Travel expenses paid in accordance with the NICE reasonable expenses policy.		
Nicola Murphy	Family Nurse Supervisor, Coventry and Warwickshire Partnership Trust	01.02.2018 Lecturer at Coventry University on Parent and Infant attachment.	Personal, non- financial, specific	Declare and continue; this is part of ordinary clinical education and the recommend ations cannot affect the amount paid for this role
Nicola Murphy	Family Nurse Supervisor, Coventry and Warwickshire Partnership Trust	01.02.2018  Member of a Parent and Infant Pathway services with CCG in Coventry and Warwickshire. The parent and infant pathway services is not directly related to the postnatal period.	Personal, non- financial, specific	Declare and continue
Nicola Murphy	Family Nurse Supervisor, Coventry and Warwickshire Partnership Trust	01.02.2018 Guest speaker at Perinatal Mental Health Network and Regional Paediatric meeting on adolescent MH and	Personal, non- financial, specific	Declare and continue

Nicola	Family Nurse	FNP. Last presented at a meeting in September 2017 and it was specifically related to my role as a family nurse supervisor.  01.02.2018	Personal,	Declare and
Murphy	Supervisor, Coventry and Warwickshire Partnership Trust	Employee at Coventry and Warwickshire PT NH. Employed as a Family Nurse Supervisor.	financial, non- specific	continue
Deepa Panjwani	Consultant Neonatologist, University Hospital Leicester	31.01.2018  Current manager of the Pulse oximetry to the study group – as consultation and review of data. Not part of the study group.	Personal, financial, non- specific	Declare and continue
Deepa Panjwani	Consultant Neonatologist, University Hospital Leicester	31.01.2018 Conducted teaching session for senior GRID neonatal trainees – sponsored by Cheisei  Fee received from Cheisei for delivering session. Session was delivered on being a new consultant.  Dates: 02.10.2017 - 04.10.2017	Personal, financial, non-specific	Declare and continue
Denise Pemberton	Infant Feeding Specialist, Derbyshire Community Health Trust	30.01.2018 Presentation on Tongue-tie for the Leicester Leicestershire and Rutland Infant Feeding Network, in March 2017, no payment received.	Personal, non- financial, non- specific	Declare and continue
Catherine Pullan	Clinical Lead in Health Visiting, Bristol Community Health CIC	31.01.2018 Investments in pharmaceutical companies in managed funds. Shares are held directly into GlaxoSmithKline and	Personal, financial, non- specific	Declare and continue

		Hutchinson China Med Tech Limited.		
Elizabeth Punter	Maternity Matron MLU/OPD and Community, The Dudley group NHS foundation Trust	01.02.2018 The employing NHS Trust has a contract with Bounty which brings extra income into the Trust. No personal financial gain.	Non- personal, financial, non- specific	Declare and continue
Elizabeth Punter	Maternity Matron MLU/OPD and Community, The Dudley group NHS foundation Trust	01.02.2018 Works across Trust with local maternity services Better Births.	Personal, non- financial, specific	Declare and continue
Sunita Sharma	Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital NHS Foundation Trust	12.02.2018 Previously declared mum and baby app should have read: £400/-each from Imagineear and CW+ charity to attend the RCOG Conference in Brisbane.	Personal, financial, specific	Declare and continue because expenses are within reasonable limits.
Sunita Sharma	Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital NHS Foundation Trust	12.02.2018 Take part in twitter messages through #Matexp Bazaar (social campaign) from 12-18th Feb 18 to raise awareness of Postnatal maternity experience work undertook in own hospital/region.	Personal, non- financial, specific	Declare and participate
Sunita Sharma	Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital NHS Foundation Trust	12.02.2018  Been invited by  Mumsnet to write an article on projects undertook in employing hospital on postnatal care.	Personal, non- financial, specific	Declare and continue

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Minutes of last meeting

This was the first committee meeting for the Postnatal Care Guideline. No previous meeting minutes are applicable.

### 4. Presentations

The Chair introduced Nick Staples, NICE Guideline Commissioning Manager, who gave a presentation on 'How NICE guidelines are developed'. Nick Staples took questions from the group.

The Chair introduced Alex Bates, NGA Guideline Lead, who gave a presentation on 'Introduction of the NGA and NICE policy on declarations of interest'. Alex Bates took questions from the group.

The Chair introduced Rami Cosulich, NGA Systematic Reviewer, who gave a presentation on 'Developing a review protocol'. Rami Cosulich took questions from the group.

The Chair introduced Nina Khazaezadeh, Topic Adviser, who gave a presentation on the 'Guideline scope. Nina Khazaezadeh took questions from the group.

The Chair introduced Rami Cosulich, NGA Systematic Reviewer, who gave a presentation on 'Reviewing the evidence'. Rami Cosulich took questions from the group.

The Chair introduced Ifigeneia Mavranezouli, NGA Senior Health Economist, who gave a presentation on 'Health economics in guideline development'. Ifigeneia Mavranezouli took questions from the group.

The Chair introduced Sarah Stockton, NGA Senior Information Scientist, who gave a presentation on 'Information Science in guideline development'. Sarah Stockton took questions from the group.

The Chair introduced Jose Marcano-Belisario, NGA Senior Systematic Reviewer, who gave a presentation on 'Introduction to GRADE'. Jose Marcano-Belisario took questions from the group.

The Chair introduced Jose Marcano-Belisario, NGA Senior Systematic Reviewer, who gave a presentation on 'Minimally Important Differences (MID's)'. Jose Marcano-Belisario took questions from the group.

The Chair introduced Michaela Dijmarescu, NGA Project Manager, who gave a presentation on the 'NGA online file sharing system'. Michaela Dijmarescu took questions from the group.

The Chair introduced Michaela Dijmarescu, NGA Project Manager, who gave a presentation on the 'NGA travel and expenses policy'. Michaela Dijmarescu took questions from the group.

The Committee thanked Nick Staples, Alex Bates, Rami Cosulich, Nina Khazaezadeh, Ifigeneia Mavranezouli, Sarah Stockton, Jose Marcano-Belisario and Michaela Dijmarescu for their presentations and contribution to the development of the guideline.

### 5. Questions and discussion

The Committee discussed and finalised the protocol for review question 1.1 (How does the length of postpartum stay affect women and their babies?) and were given the opportunity to ask questions.

The Committee finalised all the guideline review questions and were given the opportunity to ask questions and agree on the final review questions wording.

The Committee discussed the remaining roles not recruited for in the committee and agreed that the committee has the expertise needed for the development of the guideline.

The Committee discussed and finalised the protocol for review question 4.2 (What are the facilitators and barriers for starting and maintaining breastfeeding?) and were given the opportunity to ask questions.

The Committee discussed and finalised the protocol for review question 3.4 (What interventions in the postpartum period are effective at promoting emotional attachment?) and were given the opportunity to ask questions.

### 6. Any other business

Alex Bates, NGA Guideline Lead discussed with the committee the possibility of a development time request to increase to development time for this guideline. Further updates on this to be presented in the upcoming committee meetings.

## 7. Close of meeting

The Chair closed the meeting at 4PM on 01/02/2018 and advised the committee that the date of Postnatal Care Guideline Committee meeting 2 is 15<sup>th</sup> March 2018, at RCOG, London.

Date of next meeting: 15/03/2018

Location of next meeting: RCOG, London