

# Postnatal Care Guideline Committee meeting 5

**Date:** 19<sup>th</sup> July 2018

Location RCOG, London

Minutes: Final

Committee members present:				
David Jewell (Chair)	Present for notes 1-10			
Nina Khazaezadeh (Topic Adviser)	Present for notes 1-10			
Sunita Sharma	Present for notes 1-10			
Peter Fleming	Present for notes 1-10			
Elizabeth Punter	Present for notes 1-10			
Debra Kroll	Present for notes 1-10			
Catherine Pullan	Present for notes 1-10			
Clare Macdonald	Present for notes 1-10			
Gwyneth Eanor	Present for notes 1-10			
Emily Stow	Present for notes 1-10			
Denise Pemberton	Present for notes 1-10			
Lucinda Donaldson	Present for notes 1-10			
Nicola Murphy	Present for notes 1-10			
Naomi Cotton	Present for notes 1-10			
Charlotte Barry	Present for notes 1-10			

In attendance:					
Stephen Murphy	NGA Clinical Advisor	Present for notes 1-7			
Katherine Andrea	NGA Guideline Lead	Present for notes 1-10			
Jo Varley-Campbell	NGA Systematic Reviewer	Present for notes 1-10			
Rami Cosulich	NGA Systematic Reviewer	Present for notes 1-10			
Sarah Stockton	NGA Senior Information Scientist	Present for notes 1-10			
Offiong Ani	NGA Project Manager (cover)	Present for notes 1-10			
Palida Teelucknavan	NGA Project Manager	Present for notes 5-10			

# 4.0.03 DOC Cmte minutes



#### Apologies:

Deepa Panjwani	Committee member
Catrina Charlton	NICE Guideline Commissioning Manager
Ifigeneia Mavranezouli	NGA Senior Health Economist
Tamara Kubba	Clinical Fellow
Jennifer M. Francis	NGA Senior Systematic Reviewer

# 1a. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the fifth guideline committee meeting on Postnatal Care. The Committee members and attendees introduced themselves.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included developing protocols, reviewing evidence and making recommendations and discussing NICE edits to draft recommendations.

#### 1b. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Postnatal Care.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. New declarations were made as follows:

		Description of interest	Relevant dates			Comme nts
NICE			Interest arose	Interest declared	Interest ceased	
Commit tee Membe r/ Obstetri cian	Direct, non- financial	Working with IBDrelief to create educational resources	May 2018	19.07.2018		No action.
	with NICE Commit tee Membe r/ Obstetri	with NICE interest NICE Commit tee non-financial r/ Obstetri	with NICE interest of interest	with NICEinterest interestof interest of interestInterest aroseCommit tee Membe r/ ObstetriDirect, non- financialWorking with IBDrelief to create educationalMay 2018	with NICEinterest interestof interest of interestInterest aroseInterest declaredCommit tee non- financialDirect, non- financialWorking with IBDrelief to create educationalMay 201819.07.2018	with NICEinterestof interestInterestInterest declaredInterest ceasedCommit tee Non- Membe r/ ObstetriDirect, non- financialWorking with IBDrelief to create educationalMay 201819.07.2018Interest ceased

# 4.0.03 DOC Cmte minutes



The Chair and a senior member of the Developer's team noted that the interests declared in the registry did not prevent the attendees from fully participating in the meeting.

# 1c. Minutes of last meeting

The Chair asked the committee to confirm the minutes of the last meeting, and the committee made an amendment to the list of committee members present. No other changes were required.

### 1d. Committee meeting dates

The Chair informed the Committee of the addition of 3 new meeting dates due to the timelines for the guideline being revised.

### 2. Evidence review 2.5

The Chair and Guideline Lead, Katherine Andrea, informed the committee that a new review question will be added to the guideline. Further discussion is needed to finalise the wording of this question/

#### 3. Health economics update

The Chair gave a presentation on behalf of the Senior Health Economist on the health economic plan update. The committee briefly discussed the updates and new information.

# 4. Protocol 3.1

The committee discussed and finalised the protocol for review question 3.1: 'What signs and symptoms (alone or in combination) in babies are associated with serious illness or mortality?' and were given the opportunity to ask questions.

# 5. Protocol 3.2

The committee discussed the protocol for review question 3.2: 'What are the benefits and harms of co-sleeping?' and were given the opportunity to ask questions.

The protocol was not finalised and will be discussed further with the committee in order to finalise for sign-off.

#### 6. Protocol 3.3

The committee discussed the protocol for review question 3.3: 'What are the risk factors in relation to co-sleeping for sudden infant death syndrome (SIDS)?' and were given the opportunity to ask questions.



The wording of the question was changed where "sudden infant death syndrome (SIDS)" was replaced with "unexpected death in infancy". The Committee was in agreement with the change and the question now reads: 3.3 'What are the risk factors in relation to co-sleeping for sudden unexpected death in infancy?'

The protocol was not finalised and will be discussed further with the Committee in order to finalise for sign-off.

# 7. Protocol 1.4 & 1.5

The committee discussed and finalised the protocol for review question 1.4 & 1.5: 'When should the first postnatal contact by midwives be made after transfer from place of birth to community care (single and multiple births)?' and were given the opportunity to ask questions.

# 8. Protocol 1.6

The committee discussed and finalised the protocol for review question 1.6: 'When should the first postnatal contact by health visitors be made?' and were given the opportunity to ask questions.

# 9. Reviewing NICE edits to recommendations

The committee discussed edits to draft recommendations and rationale and impact made by the NICE Editor and agreed changes to review question 4.3: 'What are perceived by parents to be the facilitators and barriers for starting and maintaining breastfeeding?'

# 10. Any other business

The Chair updated the committee that recruitment for a Family Social Worker has so far been unsuccessful.

The Chair also introduced Palida Teelucknavan as the new project manager on the guideline.

# Close of meeting

The Chair closed the meeting at 4:30PM on 19<sup>th</sup> July 2018 and advised the committee that the date for Postnatal Care Guideline Committee meeting 6 is 12<sup>th</sup> September 2018, at Broadway House, St. James Park, London.

Date of next meeting: 12/09/2018

Location of next meeting: Broadway House, St. James Park, London