

## List of review questions

### Review questions

Is tinnitus counselling (including education, advice and relaxation strategies) clinically and cost effective and which is the best form of tinnitus counselling?

What information should be provided to people with tinnitus, including self-management strategies?

Which symptoms and features should indicate the need for urgent investigation and/or management?

Which symptoms and features should indicate the need for non-urgent specialist treatment?

What is the most clinically and cost-effective questionnaire to assess tinnitus?

What is the most clinically and cost-effective method of assessing the psychological impact of tinnitus?

What is the most clinically and cost-effective method of assessing quality of life related to tinnitus?

What is the clinical and cost effectiveness of audiological assessment for people with tinnitus?

Are psychoacoustic measures a clinically and cost-effective method of assessing tinnitus?

What is the most clinical and cost-effective imaging method to investigate the cause of non-pulsatile tinnitus?

What is the most clinical and cost-effective imaging method to investigate the cause of pulsatile tinnitus?

What is the clinical and cost effectiveness of psychological therapies (including cognitive behavioural therapy and mindfulness based cognitive therapy)?

What is the clinical and cost effectiveness of sound therapy and sound enrichment for people with tinnitus?

What is the clinical and cost effectiveness of amplification devices for people with tinnitus who do not require an amplification device for a hearing loss alone?

What is the clinical and cost effectiveness of betahistine for people with tinnitus?

What is the clinical and cost effectiveness of neuromodulation for people with tinnitus?

What is the clinical and cost effectiveness of combinations of sound therapy (including sound enrichment), amplification devices, psychological therapies and tinnitus support?