## Myalgic encephalomyelitis (or encephalopathy)/Chronic fatigue syndrome (ME/CFS) Committee meeting 11

Date: 29/01/2020

Location: Holiday Inn London Regents Park
Minutes: Final

| Committee members present: |  |
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| Peter Barry (Chair) | (Present for notes 1-4) |
| Theo Anbu | (Present for notes 1-4) |
| Joanne Bond-Kendall | (Present for notes 1-4) |
| Saran Bonser | (Present for notes 1-4) |
| Michael Beadsworth | (Present for notes 1-4) |
| Sally Burch | (Present for notes 1-4) |
| Chris Burton | (Present for notes 2 - 4) |
| Tony Crouch | (Present for notes 1-4) |
| Jo Daniels | (Present for notes 1-4) |
| Dorinda Jack | (Present for notes 1-4) |
| Nicola Kidby | (Present for notes 1-4) |
| Caroline Kingdon | (Present for notes 1-4) |
| Adam Lowe | (Present for notes 1-4) |
| Jennifer McIntosh | (Present for notes 1-4) |
| Gabrielle Murphy | (Present for notes 1-4) |
| Luis Nacul | (Present for notes 1-4) |
| Alan Stanton | (Present for notes 1-4) |
| Susan Watson | (Present for notes 1-4) |
| William Weir | (Present for notes 1-4) |
| Charles Shepherd (co-optee) |  |


| In attendance: |  |  |
| :--- | :--- | :--- |
| Kate Ashmore | NGC Project Manager | (Present for notes 1-4) |
| Richard Clubbe | NGC Research Fellow | (Present for notes 1-4) |
| Kate Kelley | NGC Guideline Lead | (Present for notes 1-4) |


| Maria Smyth | NGC Senior Research <br> Fellow | (Present for notes 1 - 4) |
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| Karin VanBart | NGC Trainee <br> Systematic Reviewer | (Present for notes 1 - 4) |
| Melina Vasileiou | NGC Research Fellow | (Present for notes 1 - 4) |
| David Wonderling | NGC Head of Health <br> Economics | (Present for notes 1 - 4) |
| Rupert Franklin | NICE Senior Guideline <br> Commissioning <br> Manager | (Present for notes 1 - 4) |
| Sarah Catchpole | Senior Medical Editor, <br> NICE | (Present for notes 1 - 4) |
| Simran Chawla | Public Involvement <br> Advisor, NICE | (Present for notes 1 - 4) |
| Professor Aneez Esmail | University of Manchester <br> Centre for Primary Care | (Present for note 3a, via <br> phone) |

## Apologies:

| Ilora Finlay | Vice-Chair |
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## 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the eleventh meeting of the ME/CFS guideline.

The Chair informed the Committee that apologies had been received. These are noted above.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were:

- People with severe ME/CFS

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

| Name | Job title, <br> organisation | Declarations of <br> Interest, date <br> declared | Type of <br> interest | Decision taken |
| :--- | :--- | :--- | :--- | :--- |
| Charles <br> Shepherd | Honorary Medical <br> adviser, ME | Assisting Carol <br> Monaghan MP | Direct - <br> non- | No action taken |


|  | Association | with the re- <br> establishment of <br> the All Party <br> Parliamentary <br> Group on ME at <br> Westminster. <br> Advising on the <br> preparation of an <br> APPG report that <br> will cover aspects <br> of ME/CFS that <br> are also being <br> discussed by the <br> NICE guideline <br> committee (i.e <br> research, clinical <br> trials, <br> management, <br> issues affecting <br> children and <br> adolescents) |  |
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The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

## 3. Presentations, questions and discussion

a) Kate Kelley gave a presentation on the report on people with severe ME/CFS produced by the University of Manchester Centre for Primary Care and Professor Esmail answered questions from the committee over the phone.
b) Maria Smyth presented the evidence on people with severe ME/CFS as a reminder to the committee. The committee discussed.
c) The committee drafted recommendation.

## 4. Any other business

None.

