

## Obstructive Sleep Apnoea/Hypopnoea Syndrome and Obesity Hypoventilation Syndrome Committee meeting 1

**Date:** 03/10/2018

**Location:** Boardroom, National Guideline Centre, 11 St Andrews Place,  
Regent's Park, London, NW1 4LE

**Minutes:** Final

<b>Committee members present:</b>		
Martin Robinson (MR) (Chair)		(Present for notes 1 - 14)
Anita Simonds (AS) (Clinical Lead)		(Present for notes 1 - 14)
Adrian Kendrick (AK)		(Present for notes 1 - 14)
Robert Koefman (RK)		(Present for notes 1 - 14)
Ann Nevinson (AN)		(Present for notes 1 - 14)
Annabel Nickol (ANi)		(Present for notes 1 - 14)
Christopher Rogers (CR)		(Present for notes 1 - 14)
Tahmina Siddiqui (TS)		(Present for notes 1 - 14)
Ian Stone (IS)		(Present for notes 1 - 14)
Sophie West (SW)		(Present for notes 1 - 14)
Iain Wheatley (IW)		(Present for notes 1 - 14)
Ama Johal (AJ) (Topic-specific expert)		(Present for notes 1 - 14)

<b>In attendance:</b>		
Kate Ashmore (KA)	Project Manager, NGC	(Present for notes 1 - 14)
Kirsten Elliott (KE)	Information Specialist, NGC	(Present for notes 1 - 14)
James Gilbert (JG)	Senior Research Fellow, NGC	(Present for notes 1 - 14)
Lina Gulhane (LG)	Head of Information Specialists, NGC	(Present for note 7)
Katherine Jones (KJ)	Research Fellow, NGC	(Present for notes 1 - 14)
Carlos Sharpin (CS)	Guideline Lead, NGC	(Present for notes 1 - 14)
David Wonderling (DW)	Head of Health Economics, NGC	(Present for notes 1 - 14)
Vimel Bedia (VB)	Trainee Systematic Reviewer, NGC	(Present for notes 1 - 14)

	(Observer)	
Catrina Charlton (CC)	Guidelines Commissioning Manager, NICE	(Present for notes 1 - 14)
Mark Rasburn (MR)	Public Involvement Advisor, NICE	(Present for notes 1 – 6)
Jonathan Littler (JL)	Guideline Coordinator, NICE (Observer)	(Present for notes 1 – 12)
Catherine McEvoy (CE)	Guideline Commissioning Manager, NICE (Observer)	(Present for notes 1 – 6)

<b>Apologies:</b>	
Bhik Kotecha (BK) (Topic-specific expert)	Consultant ENT Surgeon, Royal National Throat, Nose & Ear Hospital, UCLH
Emtiyaz Chowdhury (EC)	Health Economist, NGC

1. Welcome and objectives for the meeting			
<p>The Chair welcomed the Committee members and attendees to the first meeting of the Obstructive Sleep Apnoea/Hypopnoea Syndrome and Obesity Hypoventilation Syndrome Guideline Committee. Apologies were received for this meeting. These are noted above.</p> <p>No members of the public asked to observe the meeting.</p>			
2. Confirmation of matter under discussion, and declarations of interest			
<p>The Chair outlined the objectives of the meeting.</p>			
Name	Job title	Declarations of Interest, date declared	Decision taken
AS	Consultant in Respiratory & Sleep Medicine, Royal Brompton & Harefield NHS Foundation Trust	Voted Vice President European Respiratory Society Sept 2018-Aug 2019, to then become President elect 2019-2020 and then President Sept 2020 -21. No particular role in sleep, main role advocacy of respiratory medicine in general. No financial payment.	Declare and participate

		<p>Two lectures at Sleep Down Under conference in Australia, one Keynote address on 'Growing up and growing old on non-invasive ventilation', and other in a Postgraduate course on 'Transition Outcomes in neuromuscular disease'. Neither involve OSAHS, obesity hypoventilation syndrome or overlap syndrome.</p> <p><a href="http://www.sleepdownunder.com/program/2018-program/?conferencedateid=144">http://www.sleepdownunder.com/program/2018-program/?conferencedateid=144</a></p> <p>No financial payment. Travel and accommodation costs reimbursed.</p>	Declare and participate	
ANi	<p>Consultant in Respiratory Medicine &amp; Sleep and Ventilation Lead, Oxford Centre for Respiratory Medicine</p>	<p>Medical Advisor and Committee Member of the 'Sleep Apnoea Trust Association' (SATA)</p> <p>I co-organise educational events, including the 3-yearly 3-day Worcester College Sleep Meeting in Oxford, and the annual meeting for patients with OSA – SATAday. At both events @ half a dozen companies have stands enabling practitioners and patients to view products available for treating OSA/ hypoventilation. They sponsor the event, enabling us to reduce the fee for delegates.</p> <p>I help recruit patients into multi-centre sleep trials:</p> <p><u>MERGE</u> – a trial of CPAP in mild OSA. Supported by ResMed.</p> <p><u>SANDMAN</u> – spray of 'AVEO118' to enhance airway tone – soon to start recruiting. Supported by Bayer.</p> <p><u>DOSA</u> – trial of the decongestant nasal spray Otrivine; soon to start recruiting. Awarded a competitive grant 'Research for patient benefit' from the NIHR.</p> <p>POSA – trial of the NIghtShift positional device. Due to start</p>	<p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p>	

		recruiting April 2019. Awarded a competitive grant 'Research for patient benefit' from the NIHR.	
AN	Lay member	<p>Standing lay member NICE QSAC</p> <p>Standing lay member NICE PHAC</p> <p>Member Sleep Apnoea Trust</p> <p>Trustee &amp; Vice Chair Sight Concern Bedfordshire</p> <p>Alumni member RCP PCN Network</p> <p>Public Member: Bedfordshire CCG</p> <p>Patient Member: Locality Patient Participation Group</p> <p>Member: GP Patient Participation Group</p> <p>CVS deputy representative at Bedfordshire CCG Patient &amp; Public Engagement Group</p>	<p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p>
AK	Consultant Clinical Scientist, University Hospitals NHS Trust	<p>Discussion with industry partner regarding potential PhD project investigating the use of AI and telemonitoring in patients with Motor Neurone Disease using NIV. Initial stages of discussion regarding possible funding and support over 5 year. Unlikely to commence until January 2020.</p> <p>Discussion with industry partner regarding setting up and invited participation in a focus group regarding specific treatments in the acute setting in patients with</p>	<p>Declare and participate</p> <p>Declare and participate</p>

		<p>respiratory failure. The treatment is not one that is part of our schedule May lead to the development of a guidelines in the future.</p> <p>Discussion with F&amp;P regarding application for MtAirvo to the NHS Innovation Technology Payment programme. Acting as a reference/supporter of the therapy – depends on successful first-round screening process.</p> <p>Industry associated component of ARTP National Sleep Courses. Industry partners are invited to exhibit at the course and where appropriate to provide workshops to the course delegates. Industry has no input into any aspects of the course content and the ARTP does not influence any aspect of the industry led workshops. I am attending as course faculty.</p> <p>Hospitality at ERS Conference by Philips. Conference dinner with education component included.</p> <p>NDA with pharmaceutical company in discussion regarding animal studies for drugs related to sleep-breathing issues. These are early stage discussions and will not lead to any conflicts as the drugs will not be available until well after guideline publication date.</p>	<p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and participate</p>	
SW		<p>Book royalties OUP: Oxford Handbook of Respiratory Medicine 3<sup>rd</sup> edition</p> <p>Very few (&lt;5 p.a) Private patients with OSA- seen at work in Newcastle upon Tyne NHS Foundation Trust, with all financial aspects dealt with by PP office at Trust.</p> <p>Educational support for sleep conferences in Newcastle and</p>	<p>Declare and participate</p> <p>Declare and participate</p> <p>Declare and</p>	

		<p>Oxford from Industry – single payment towards conference costs in return for having a stand at event to meet delegates.</p> <p>(ResMed, Phillips, Fisher and Paykel, Stowood Scientific, UCB Pharma, Remserve medical, Lincoln Medical)</p> <p>Newcastle upon Tyne NHS Foundation Trust have just negotiated new 5 year CPAP contract. Not dealt with by me, but all CPAP companies invited to submit tender and procurement department arranged. ResMed successful.</p> <p>Current Chair British Thoracic Society Sleep Specialist Advisory Group</p>	<p>participate</p> <p>Declare and participate</p> <p>Declare and participate</p>	
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All declarants were able to participate fully on the day's agenda.

3. CS gave a presentation on declaring conflicts of interest. MR then asked the committee to declare any new conflicts of interest. These are noted above.
4. CS gave a presentation on the role of the National Guideline Centre.
5. CC gave a presentation on the NICE guideline development process
6. MR gave a presentation on patient involvement in the guideline development process.
7. KE gave a presentation on the role of the information specialist.
8. JG gave a presentation on the role of the research fellow.
9. DW gave a presentation on the role of the health economist.
10. AS presented the guideline scope to the committee.
11. DW gave a presentation on health economic priorities.
12. JG presented the positive airway pressure variants protocol to the committee. The committee discussed and made edits.

13. KA gave a demonstration on how to use SharePoint, the document sharing site.

14. KA informed the committee of the future meeting dates and how to book travel for these meetings.

**Any other business**

None.

**Date of next meeting:** 14/11/2018

**Location of next meeting:** Boardroom, NGC office, 11 St Andrews Place,  
Regent's Park, London, NW1 4LE