National Institute for Health and Care Excellence

Depression in children and young people: identification and management – consultation on research recommendations (CG28)

Stakeholder consultation comments form

Please email your completed form to DiC@nice.org.uk

The consultation period closes at 5 pm on 18th February 2019

[Developing NICE guidelines: the manual](https://www.nice.org.uk/process/pmg20/chapter/1-introduction-and-overview) gives an overview of the processes used in reviewing NICE guidelines.

If you wish to draw our attention to published studies, please supply the full reference.

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| Stakeholder details |
| NICE is unable to accept comments from non-registered organisations. If you wish your comments to be considered please register via the [NICE website](http://www.nice.org.uk/get-involved/stakeholder-registration) or contact the [registered stakeholder organisation](https://www.nice.org.uk/guidance/gid-ng10073/documents/stakeholder-list) that most closely represents your interests and pass your comments to them. |
| Stakeholder organisation |  |
| Name of commentator |  |
| Should this research recommendation stand?An appropriately blinded, randomised controlled trial should be conducted to assess the efficacy (including measures of family and social functioning as well as depression) and the cost effectiveness of individual CBT, systemic family therapy and child psychodynamic psychotherapy compared with each other and treatment as usual in a broadly based sample of children and young people diagnosed with moderate to severe depression (using minimal exclusion criteria). The trial should be powered to examine the effect of treatment in children and young people separately and involve a follow‑up of 12 to 18 months (but no less than 6 months). [2015] |
| Overall response | Comments |
| Yes / No | Please add comments |
|  | Please use a separate row for each major point you wish us to address. |
|  | Please add more rows to the table if necessary. |
|  |  |
| Should this research recommendation stand?An appropriately blinded, randomised controlled trial should be conducted to assess the efficacy (including measures of family and social functioning as well as depression) and the cost effectiveness of fluoxetine, psychological therapy, the combination of fluoxetine and psychological therapy compared with each other and placebo in a broadly based sample of children and young people diagnosed with moderate to severe depression (using minimal exclusion criteria).The trial should be powered to examine the effect of treatment in children and young people separately and involve a follow up of 12 to 18 months (but no less than 6 months). [2015] |
| Overall response | Comments |
| Yes / No | Please add comments |
|  | Please use a separate row for each major point you wish us to address. |
|  | Please add more rows to the table if necessary. |
|  |  |
| Should this research recommendation stand?An appropriately blinded, randomised controlled trial should be conducted to assess the efficacy (including measures of family and social functioning as well as depression) and the cost effectiveness of another self‑help intervention compared with computerised CBT and treatment as usual in a sample of children and young people treated in primary care who have been diagnosed with depression. The trial should be powered to examine the effect of treatment in children and young people separately and involve a follow‑up of 12 to 18 months (but no less than 6 months). [2015] |
| Overall response | Comments |
| Yes / No | Please add comments |
|  | Please use a separate row for each major point you wish us to address. |
|  | Please add more rows to the table if necessary. |
|  |  |
| Should this research recommendation stand?A qualitative study should be conducted that examines the experiences in the care pathway of children and young people and their families (and perhaps professionals) in order to inform decisions about what the most appropriate care pathway should be. [2005] |
| Overall response | Comments |
| Yes / No | Please add comments |
|  | Please use a separate row for each major point you wish us to address. |
|  | Please add more rows to the table if necessary. |
|  |  |
| Should this research recommendation stand?An appropriately designed study should be conducted to compare validated screening instruments for the detection of depression in children and young people. An emphasis should be placed on examining those that use computer technology and more child‑friendly methods of assessing current mood and feelings, and take into account cultural and ethnic variations in communication, family values and the place of the child or young person within the family. [2005] |
| Overall response | Comments |
| Yes / No | Please add comments |
|  | Please use a separate row for each major point you wish us to address. |
|  | Please add more rows to the table if necessary. |
|  |  |

NICE reserves the right to summarise and edit comments received during consultations, or not to publish them at all, if NICE’s reasonable opinion is that the comments are voluminous, publication would be unlawful or publication would be otherwise inappropriate.