

# Pelvic floor dysfunction: prevention and non-surgical management Committee meeting (committee meeting 3)

| Date: | 28/11/2019 |
|-------|------------|
|-------|------------|

Location:Kingham Suite roomBroadway House, Tothill St, London SW1H 9NQMinutes:Confirmed

| Committee members present:     |                         |
|--------------------------------|-------------------------|
| Raymond Jankowski (Chair)      | Present for notes 1 – 7 |
| Doreen McClurg (Topic Adviser) | Present for notes 1 – 7 |
| Lucia Berry                    | Present for notes 1 – 7 |
| Heather Boult                  | Present for notes 1 – 7 |
| Jennifer Davies                | Present for notes 1 – 7 |
| Lucy Dwyer                     | Present for notes 1 – 7 |
| Catherine Heffernan            | Present for notes 1 – 7 |
| Mary McDonald                  | Present for notes 1 – 7 |
| Julian Spinks                  | Present for notes 1 – 7 |
| Ellie Stewart                  | Present for notes 4 - 7 |
| Karen Ward                     | Present for notes 1 – 7 |

| In attendance:           |  |                         |
|--------------------------|--|-------------------------|
| Stephanie Armstrong      | NGA Health Economist                       | Present for notes 1 – 7 |
| Jo Varley-Campbell       | NGA Systematic<br>Reviewer                 | Present for notes 1 – 7 |
| Eleni Chrysopoulou       | NGA Project Manager                        | Present for notes 1 – 7 |
| Katharina Dworzynski     | NGA Guideline Lead                         | Present for notes 1 – 7 |
| Elise Hasler             | NGA Information<br>Scientist               | Present for notes 1 – 7 |
| Clifford Middleton       | NICE Guideline<br>Commissioning<br>Manager | Present for notes 1 – 7 |
| James Hall               | NICE, Senior Medical<br>Editor             | Present for notes 1 – 7 |
| Gareth Murphy            | NICE, Business Analyst                     | Present for notes 1 – 7 |
| Nicola Adanna Okeahialam | NGA Clinical Fellow                        | Present for notes 1 – 7 |

| Apologies:     |                                |
|----------------|--------------------------------|
| Patrice Carter | NGA Senior Systematic Reviewer |
| Paul Jacklin   | NGA Senior Health Economist    |
| Steve Pilling  | NGA Clinical Advisor           |
| Phil Reed      | Committee member               |
| Lucy Ryan      | Committee member               |

### 1. Welcome, housekeeping and apologies

The Chair welcomed the committee members and attendees to the 3<sup>rd</sup> meeting on Pelvic floor dysfunction: prevention and non-surgical management. The committee members and attendees introduced themselves.

No members of the public asked to observe the meeting.

The chair informed the committee that apologies had been received. These are noted above.

The chair outlined the objectives of the meeting which included discussion of review protocols.

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Pelvic floor dysfunction: prevention and non-surgical management

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

| Name                   | Role<br>with<br>NICE    | Type<br>of<br>intere<br>st | Descri<br>ption<br>of<br>interes<br>t       | Relevant dates    |                      |                            | Comment<br>s                                   |
|------------------------|-------------------------|----------------------------|---|-------------------|----------------------|----------------------------|--|
|                        |                         |                            |   | Interest<br>arose | Interest<br>declared | Intere<br>st<br>cease<br>d |  |
| Jennif<br>er<br>Davies | Committe<br>e<br>Member | Direct<br>financi<br>al    | Carryin<br>g out<br>private<br>practic<br>e | January<br>2000   | 17/09/20<br>19       | Ongoi<br>ng                | Declare<br>and<br>participate.                 |
|                        |                         |                            | 2018-<br>19<br>21                           |                   |                      |                            | Rationale:<br>This<br>interest is<br>currently |

|                        |                         |                         | patient<br>s with<br>pelvic<br>floor<br>dysfunc<br>tion<br>seen  |                   |                | under<br>discussion<br>with NICE  |
|------------------------|-------------------------|-------------------------|--|-------------------|----------------|---|
| Jennif<br>er<br>Davies | Committe<br>e<br>Member | Direct<br>financi<br>al | About<br>to<br>purcha<br>se a<br>part<br>share<br>in a<br>Mona<br>Lisa<br>Touch<br>vaginal<br>laser<br>machin<br>e for<br>use in<br>private<br>practic<br>e.<br>Treatm<br>ent will<br>only be<br>offered<br>for<br>sympto<br>ms of<br>vaginal<br>atrophy<br>Treatm<br>ent will<br>not be<br>offered<br>for<br>pelvic<br>floor<br>dysfunc<br>tion as<br>I do not<br>believe<br>there is<br>sufficie<br>nt | Novembe<br>r 2019 | 28/11/20<br>19 | Declare<br>and<br>participate<br>Rationale:<br>interest is<br>related to<br>specialist<br>treatment<br>relevant to<br>vaginal<br>atrophy<br>rather than<br>pelvic floor<br>dysfunctio<br>n. |

|                           |                         |  | evidenc<br>e of<br>benefit.  |                   |                |             |   |
|---------------------------|-------------------------|--|--|-------------------|----------------|-------------|---|
| Karen<br>Ward             | Committe<br>e<br>Member | Non-<br>financi<br>al  | Membe<br>r of<br>mesh<br>oversig<br>ht<br>group<br>(as part<br>of role<br>as<br>BSUG<br>Vice<br>Chair)   | Novembe<br>r 2019 | 28/11/19       | Ongoi<br>ng | Declare<br>and<br>participate   |
| Heath<br>er<br>Boult      | Committe<br>e<br>member | Indirec<br>t<br>interes<br>t   | NIHR<br>CCFR<br>MS Lay<br>review<br>of<br>grants   | 2017              | 28/11/20<br>19 | Ongoi<br>ng | Declare<br>and<br>participate<br>Rationale:<br>This<br>interest is<br>non-<br>specific. |
| Doree<br>n<br>McClur<br>g | Topic<br>Advisor        | Direct<br>non-<br>financi<br>al<br>profes<br>sional<br>and<br>person<br>al | Membe<br>r of the<br>Nationa<br>I<br>Bladder<br>and<br>Bowel<br>Health<br>Project<br>which<br>has<br>been<br>launch<br>ed by<br>NHS<br>Englan<br>d | Nov 2019          | 28/11/20<br>19 | Ongoi<br>ng | Declare<br>and<br>participate<br>Rationale:<br>This<br>interest is<br>non-<br>specific. |

The chair and a senior member of the developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

## 3. Minutes of last meeting

The chair asked the committee if it wanted any changes made to the minutes of the last meeting. The committee agreed that the minutes were a true and accurate account of the meeting.

The chair confirmed that all matters arising had been completed or were in hand.

### 4. Presentations

The chair introduced Doreen McClurg (Topic Advisor) who gave a presentation on related recommendations in other guidelines.

The chair introduced James Hall (NICE, Senior Medical Editor) who gave a presentation on the role of the editor and on writing recommendations.

The chair introduced Gareth Murphy (NICE, Business Analyst) who gave a presentation on resources impact assessment.

### 5. Questions and discussion

The chair introduced Jo Varley-Campbell (NGA systematic reviewer) who gave a presentation on review protocols for:

RQ 3.1 What is the effectiveness of modifying lifestyle factors (diet [including caffeine and alcohol], weight loss, stopping smoking, physical activity) for preventing pelvic floor dysfunction?

RQ 7.1 What is the effectiveness of weight loss interventions for improving symptoms of pelvic floor dysfunction?

The chair introduced Jo Varley Campbell (NGA Systematic Reviewer) who gave a presentation on review protocols for:

RQ 7.1 What dietary factors can increase or decrease symptoms of pelvic floor dysfunction?

RQ 6.1 What information is valued by women with symptoms associated with pelvic floor dysfunction and their partners or carers?

RQ 6.2 What information provision strategies are effective for women with symptoms associated with pelvic floor dysfunction?

The chair noted that a document was circulated on the contributions that lay members make.

Throughout the day the committee discussed the issues presented in relation to the guideline.

## 7. Any other business

No other business was raised.

Date of next meeting: 20/01/2020

Location of next meeting: RCOG 10-18, Union Street, SE1 1SZ