

# Pelvic floor dysfunction: prevention and non-surgical management Committee Meeting 4

**Date:** 20<sup>th</sup> January 2020 (Day 1)

Location RCOG, London

Minutes: Final

Committee members present:					
Raymond Jankowski (Chair)	Present for notes 1 – 7				
Doreen McClurg (Topic Adviser)	Present for notes 1 – 7				
Lucia Berry (via videoconference)	Present for notes 5 – 7				
Heather Boult	Present for notes 1 – 7				
Jennifer Davies	Present for notes 1 – 7				
Lucy Dwyer	Present for notes 1 – 7				
Catherine Heffernan	Present for notes 1 – 7				
Mary McDonald	Present for notes 1 – 7				
Julian Spinks	Present for notes 1 – 7				
Phil Reed	Present for notes 1 – 7				
Lucy Ryan	Present for notes 1 – 7				
Ellie Stewart	Present for notes 4 - 7				
Karen Ward	Present for notes 1 – 7				

In attendance:				
Hilary Eadon	NGA Guideline Lead	Present for notes 1 – 7		
Offiong Ani	NGA Senior Project Manager	Present for notes 4 – 7		
Tosin Jegede	NGA Project Manager	Present for notes 1 – 7		
Patrice Carter	NGA Senior Systematic Reviewer	Present for notes 1 – 7		
Jo Varley-Campbell	NGA Systematic Reviewer	Present for notes 1 – 7		
Stephanie Armstrong	NGA Information Scientist	Present for notes 1 – 7		
Elise Hasler (via videoconference)	NGA Information Scientist	Present for notes 5 – 7		
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 7		
Nicola Adanna Okeahialam	NGA Clinical Fellow	Present for notes 1 – 7		

Apologies:	
Jim Khan	Committee member
Katharina Dworzynski	NGA Guideline Lead
Feima Ndoeka	NGA Project Manager
Steve Pilling	NGA Clinical Advisor
Paul Jacklin	NGA Health Economist

## 1. Welcome and objectives for the meeting

The Chair welcomed the committee members and attendees to the 4<sup>th</sup> meeting on Pelvic floor dysfunction: prevention and non-surgical management. The committee members and attendees introduced themselves.

The Chair informed the committee that apologies had been received as noted above.

The Chair outlined the objectives of the meeting, which included reviewing evidence and discussion of review protocols.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were pelvic floor dysfunction.

The Chair asked everyone to verbally declare any interests that have risen since the last meeting. New interests were declared and noted below.

Name	Role with	Type of interest	Description of interest	Relevant dates			Comments
	NICE			Interest arose	Interest declared	Intere st cease d	
Lucy Dwyer	Commit tee membe r	Direct, personal and professio nal	Awarded funding by HEE/NIHR Integrated Clinical Academic Programme for a Clinical Doctoral Research Fellowship	Jan 2020	Jan 20 <sup>th</sup> 2022	Ongoi ng	Declare and participate. Rationale: This interest is non- specific.

The Chair and Guideline Lead noted that the interests declared in the registry did not

prevent the attendees from fully participating in the meeting.

## 3. Minutes of last meeting

The chair asked the committee if it wanted any changes made to the minutes of the last meeting. The committee agreed that the minutes were a true and accurate account of the meeting.

The chair confirmed that all matters arising had been completed or were in hand.

#### 4. Morning presentations

The chair introduced Patrice Carter, Senior Systematic Reviewer, who presented the evidence review for question 7.3: What types of physical activity can increase or decrease symptoms of pelvic floor dysfunction?

#### 5. Afternoon presentations

The chair introduced Patrice Carter who presented the protocols for questions:

1.1: What information strategies are effective in raising awareness about prevention of pelvic floor dysfunction?

2.4: What is the accuracy of prediction tools for identifying women at high risk of pelvic floor dysfunction?

5.1: What assessments should be conducted in non-specialist care to identify whether the signs and symptoms at presentation are associated with pelvic floor dysfunction?

The chair introduced Jo Varley-Campbell, Systematic Reviewer, who presented the protocols for questions:

4.1: What is the effectiveness of pelvic floor muscle training for preventing pelvic floor dysfunction?

11.1: What is the effectiveness of behavioural approaches (for example toilet training, seating, splinting) for improving symptoms of pelvic floor dysfunction?

## 6. Questions and discussions

The committee discussed the evidence presented and made recommendations.

The committee discussed the protocols presented, made some amendments and signed off.

## 7. Any other business

No other business was raised.



Date of next meeting:21st January 2020

Location of next meeting: RCOG, London