

Safe prescribing and withdrawal management Committee meeting 2

Date: 23 January 2020

Location: Boardroom, NGC Offices,
Royal College of Physicians

Minutes: Final

Committee members present:		
Kelly: Deirdre (Chair)		(Present for notes 1 – 6)
Stannard: Cathy (Topic adviser)		(Present for notes 1 – 6)
Buitendach: Mark		(Present for notes 1 – 6)
Davies: Emma		(Present for notes 1 – 6)
Ellis: Benjamin		(Present for notes 1 – 6)
Finch: Emily		(Present for notes 1 – 6)
Foell: Jens		(Present for notes 1 – 6)
Geel: Andre (Cooptee)		(Present for notes 1 – 6)
Montagu: Luke		(Present for notes 1 – 6)
Trewern: Louise		(Present for notes 1 – 6)
Watson: Caroline		(Present for notes 1 – 6)
Ramanuj: Parashar		(Present for notes 1 – 6)

In attendance:		
Carville: Serena	NGC, Associate Director, Guideline Lead	(Present for notes 1 – 6)
Davies: Annabelle	NGC, Health Economist	(Present for notes 1 – 6)
Diaz: Tamara	NGC, Project Manager	(Present for notes 1 – 6)
Terrazas-Cruz: Emily	NGC, Senior Research Fellow	(Present for notes 1 – 6)
Vasileiou: Melina	NGC, Research Fellow	(Present for notes 1 – 6)

Apologies:		
Keir: Caroline	NICE, Guideline Commissioning Manager	

1. Welcome and objectives for the meeting

The Chair welcomed attendees to the second meeting of the safe prescribing and withdrawal management guideline committee. All attendees introduced themselves for the benefit of two new Committee members, Parashar Ramanuj and Emily Finch.

The Chair informed the Committee that no apologies had been received.

The Chair outlined the objectives of the meeting, which included discussions on the draft review protocols.

2. Confirmation of matter under discussion, and declarations of interest

The Chair invited Committee members to verbally declare any new conflicts. All declarations are noted below along with the decision taken during the meeting:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
CW	General Practitioner	I am employed for one session/week by RCGP as Clinical Champion for Healthcare in Secure Environments (this is reimbursed to my employer, Northamptonshire Healthcare NHS Foundation Trust). I am responsible for facilitating the Spotlight Project for Healthcare in Secure Environments. The aims of the project are to improve the consistency of safe clinical practice in secure settings and to raise the profile of prison and IRC healthcare. Educational resources and links include those relating to safe prescribing in the secure setting.	Direct Non-specific Financial	Declare and participate
		I have received expenses incurred in the production of RCGP Safer Prescribing in Prisons (2 nd Edition published Jan 2019) of which I am one of three co-authors.	Direct Specific Financial	Declare and participate

		I received a charitable donation from Charles Whitbread, former High Sheriff of Bedford, to support the production of patient information for residents at HMP Bedford (posters and postcards) about assisted withdrawal from gabapentinoids and about the dangers of NPS (spice) when taken with prescribed medicines. This one-off donation was paid to Ms Nicola Morgan for her work copyrighting, graphic designing and producing the posters and postcard production.	Indirect specific Financial	Declare and participate
LT	Lay member	There will be a story coming out in Motability magazine Lifestyles in February 2020 which will tell part of her story about coming off high dose opioids.	Direct specific Non-financial	Declare and participate
		Has set up a closed peer support group on Facebook for people tapering opioids, Gabapentinoids or antidepressants.	Direct specific Non-financial	Declare and participate
EF	Addiction Psychiatrist	GMC associate – assessments of doctors with addiction problems. Approx. 6 assessments per year. Paid – non-NHS work. 1990 Ongoing	Direct Non-specific Financial	Declare and participate
		Family court assessments – assessment and report writing of parents with addiction problems. Paid – legal aid fund and privately paid. 1995 Ongoing.	Direct Non-specific Financial	Declare and participate

		<p>Joint chair of the London Joint Working Group on Hepatitis C.</p> <p>Group of professionals who work towards elimination of HCV in injecting drug users. Funded by pharma.</p> <p>No personal financial interests. 2015 Ongoing.</p>	<p>Direct Non-specific Non-financial</p>	<p>Declare and participate</p>
		<p>Member of the Advisory Council on the Misuse of Drugs. Chair of its recovery committee.</p> <p>This is a home office standing committee which advises the government on matters of drug policy. 2015 Ongoing.</p>	<p>Direct Non-specific Financial</p>	<p>Declare and participate</p>
		<p>Trustee of Alcohol Change UK (ACUK)</p> <p>Charity which campaigns or sensible drinking in the UK. 2014 Ongoing.</p>	<p>Direct Non-specific Financial</p>	<p>Declare and participate</p>
		<p>Trustee of Gamcare</p> <p>Charity provider of counselling and national helpline for gambling. 2016 Ongoing.</p>	<p>Direct Non-specific Financial</p>	<p>Declare and participate</p>
		<p>Member of Royal College of Psychiatrists Addiction faculty executive – vice chair. 2017 Ongoing</p>	<p>Direct Non-specific Non-Financial</p>	<p>Declare and participate</p>
CS	Topic Advisor	<p>Lecture given at the annual scientific meeting of the Society for Intravenous Anesthesia on whether or not there is a UK Opioid crisis.</p>	<p>Direct Non-specific Non-Financial</p>	<p>Declare and participate</p>
		<p>Appeared in a BBC2 Horizon film, screened in January, but filmed in Summer 2019, on the use and overuse of opioids.</p>	<p>Direct Non-specific Financial</p>	<p>Declare and participate</p>

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent attendees from fully participating in the meeting.

3. Minutes of Committee meeting 1

Attendees confirmed that the minutes of guideline committee meeting 1 were accurate.

4. Presentations

4.1 The Chair introduced Annabelle Davies who delivered a presentation entitled 'Prioritising topics for economic modelling'. The group's feedback was sought on the suggested priorities for the Safe Prescribing guideline.

4.2 The Chair introduced Emily Terrazas-Cruz, who delivered a presentation entitled 'Prognostic risk factor reviews'. The group heard that this would support draft work on review protocols which would be raised later, on the day's agenda.

5. Draft review protocols

The Chair invited Emily Terrazas-Cruz to lead group discussions on the following draft review protocols:

- Risk factors for dependence
- Monitoring review
- Frequency of review
- Optimum prescribing strategies

6. Any other business

The meeting heard that GC3 originally scheduled to take place on 16 March 2020 has been cancelled. This will allow the technical team the time needed to prepare evidence for the committee's consideration at later meetings. Email correspondence in this regard will be circulated shortly.

There being no further business the meeting ended at 3:15 pm.

Date of next meeting: 21/04/2020

Location of next meeting: Boardroom, NGC Offices.