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| Maternal and Child NutritionMeeting 15 |
| **Date:** | 31st August 2023 |
| **Location** | In person at the NICE Offices, 2 Redman Place, Stratford, E20 1JQ and virtually via Zoom |
| **Minutes:** | FINAL |
| **Committee members present:** |
| Sarah Jefferies | Present for items 1-6 |
| Kate Maslin (virtual attendee) | Present for items 1-6 |
| Amanda Avery | Present for items 1-6 |
| Ellinor Olander | Present for items 1-6 |
| Anita Kambo (virtual attendee) | Present for items 1-6  |
| Amber Marshall | Present for items 1-6 |
| Victoria Sibson  | Present for items 1-6 |
| Lucilla Poston | Present for items 1-6 |
| Catherine McParlin | Present for items 1-6 |
| Charlotte Wright | Present for items 1-6 |
| Karen McClean | Present for items 1-6 |
| Jane Hirst | Present for items 4-6 |

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| **In attendance:** |
| Angela Bennett (virtual attendee) | Director of Guidelines | Present for items 1-6 |
| Maija Kallioinen | Guideline Lead | Present for items 1-6 |
| Daniel Davies | Project Manager | Present for items 1-6 |
| Shalmali Deshpande | Systematic Reviewer | Present for items 1-6 |
| Sharangini Rajesh | Senior Technical Analyst | Present for items 1-6 |
| Ifigeneia Mavranezouli (virtual attendee) | Senior Health Economist | Present for items 1-6 |
| Adefisayo Abba-Abba  | Systematic Reviewer | Present for items 1-6 |
| Victoria Axe (virtual attendee) | Commissioning Manager | Present for items 1-6 |
| Sarah Palombella (virtual attendee) | Senior Medical Editor | Present for items 1-6 |

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| **Apologies:** |
| Lisa Boardman | Guideline Lead |
| Charlie Fairhurst | Clinical Advisor |
| Vivien Swanson  | Co-opted Member  |
| Shereen Fisher | Co-opted Member |
| Samantha Ross | GC Member - GP |

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| **1. Welcome and objectives for the meeting** |
| The Chair welcomed the Committee members and attendees to the 15th meeting on the Maternal and Child Nutrition Guideline. The Chair welcomed the GC members and gave advice regarding the use of the microphones and etiquette at an in-person meeting.The Chair introduced Jane Hirst as a new co-opted member who would be joining for the afternoon presentations.The Chair informed the Committee that apologies had been received. These are noted above.  |
| **2. Confirmation of matter under discussion, and** **declarations of interest**  |
| The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Maternal and Child Nutrition.The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. No interests were declared.  |
| **3. Minutes of last meeting**  |
| The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.  |
| **4. Morning presentations.**  |
| The Chair introduced Angela Bennett, Director of Guidelines and Adefisayo Abba-Abba, Systematic Reviewer who presented evidence review 4.2: What interventions are effective to promote healthy eating practices for children from 6 months to 5 years (in line with government advice)?The committee discussed the effectiveness evidence and any relevant draft recommendations from the 4.2 topic group. The committee drafted recommendations and agreed any changes to be made.The Chair introduced Angela Bennett, Director of Guidelines, who presented evidence review 2.2: What are the most effective and cost-effective interventions for helping women to achieve healthy and appropriate weight change during pregnancy?The committee discussed the evidence for 2.2 and decided on the direction of recommendations. The committee drafted recommendations and agreed on any changes to be made. |
| **5. Afternoon presentations.** |
| The Chair introduced Angela Bennett, Director of Guidelines and Maija Kallioinen, Guideline Lead, who led the committee through a review of edits to recommendations:* Weight management and healthy eating during pregnancy
* Continuing breastfeeding when returning to work or study.
* Vitamin supplementation during and after pregnancy

The committee discussed the recommendations and made changes as required.  |
| **6. Any other business**  |
| The Chair confirmed the next meeting will be held on Tuesday 19th and Wednesday 20th September 2023The meeting finished at 16:34 |

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| **Location of next meeting:** | Virtually via Zoom. |
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