Economic plan

This plan identifies the areas prioritised for economic modelling. The final analysis may differ from those described below. The rationale for any differences will be explained in the guideline.

1 Guideline

Harmful gambling: identification, assessment and management

2 List of modelling questions

Review questions by scope area	Psychological and psychosocial treatments for adults experiencing harmful gambling
Population	Adults experiencing problem gambling
Interventions and comparators considered for inclusion	• Individual cognitive behavioural therapy (CBT) • Individual behavioural therapy • Individual counselling • Group CBT • Motivational interviewing • Guided self-help • No treatment
Perspectives	• NHS + Personal Social Services • Public sector
Outcomes	QALY
Type of analysis	CUA
Issues to note	Two different sets of costs have been used to inform the economic analysis, both published in 2023, the one set by the Office for Health Improvement and Disparities (OHID) and the other set by the National Institute for Economic and Social Research (NIESR). Both sets capture NHS/PSS and wider public sector costs. Separate analyses were conducted, each using each of the two sets of costs respectively. This was done because it was considered inappropriate to combine the two cost sets, as different methods were used in each study for the cost estimation and some cost elements were overlapping, meaning that if cost sets were combined into the same analysis this would likely result in some costs being double counted.