## Harmful Gambling: identification, assessment \& management Committee Meeting 5

## Minutes

Date: 28/07/2022
Location: Virtual, via Zoom
Minutes: Final

| Committee members present: |  |
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| Peter Hoskin (Chair) | Present for items 1-5 |
| Matthew Gaskell (Topic Advisor) | Present for items 1-5 |
| Jenny Blythe | Present for items 1-5 |
| Dragos Dragomir | Present for items 1-5 |
| Henrietta Bowden-Jones | Present for items 1-5 <br> (morning only) |
| Robert Dawson | Present for items 1-5 |
| Andre Geel | Present for items 4-5 |
| Soyar Sherkat | Present for items 1-5 <br> (morning only) |
| Mohammed Rahman | Present for items 1-5 |
| Susan Acton | Present for items 1-5 |
| Ellie Gordon | Present for items 1-5 |
| Barbara Sahakian | Present for items 1-5 |
| Liz Ritchie | Present for items 1-5 |


| In attendance: |  |  |
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| Catrina Charlton | Guideline Commissioning <br> Manager | Present for items 1-5 |
| Hilary Eadon | Guideline Lead | Present for items 1-5 |
| Josh South | Senior Project Manager | Present for items 1-5 |
| Jennifer Francis | Senior Systematic <br> Reviewer | Present for items 1-5 |
| Anja Fricke | Systematic Reviewer | Present for items 1-5 |
| Alice Navein | Systematic Reviewer | Present for items 1-5 |
| Ifigeneia Mavranezouli | Senior Health Economist | Present for items 1-5 |
| Paul Levay | Information Scientist | Present for items 1-5 |
| Tim Reeves | Guideline Lead (observer) | Present for items 1-5 |


| Apologies: |  |
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| Gemma Buckland | GC Member |
| Steve Pilling | NICE Clinical Advisor |
| Anna Hargrave | GC Member |
| Emma Ryan | GC Member |
| Owen Baily | Lay Member |

## 1. Welcome, housekeeping, apologies

The Chair welcomed the Committee members and attendees to the $5^{\text {th }}$ meeting on Harmful gambling: Identification, assessment, and management. The Committee members and attendees introduced themselves.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was the identification, assessment and management of harmful gambling.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. The following interests were declared:

| Name | Job title, <br> organisation | Declarations of <br> Interest, date <br> declared | Type of <br> interest | Decision taken |
| :--- | :--- | :--- | :--- | :--- |
| Liz Ritchie | Lay Member | Appearance in TV <br> documentary <br> Gambling: A <br> matter of life and <br> death (IPlayer) - <br> July 2022 | Direct <br> Non-financial <br> professional <br> and personal <br> interests | Rationale: <br> Appearance in <br> documentary not <br> a conflict to <br> participation in <br> guideline |
| Liz Ritchie | Lay Member | All Party <br> Parliamentary <br> Group on <br> gambling related <br> harm - evidence <br> requested and <br> given - July 2022 | Direct <br> Non-financial <br> professional <br> and personal <br> interests | Rationale: Not a <br> conflict to <br> participation in <br> guideline |
| Liz Ritchie | Lay Member | Peers for <br> Gambling Reform <br> - evidence <br> requested and | Direct <br> Non-financial <br> professional <br> and personal | Rationale: Not a <br> conflict to <br> participation in <br> guideline |


|  |  | given - July 2022 | interests |  |
| :---: | :---: | :---: | :---: | :---: |
| Liz Ritchie | Lay Member | Membership of Advisory Group OHID Treatment Thresholds Project - July 2022 | Direct <br> Non-financial professional and personal interests | Rationale: Not a conflict to participation in guideline, as long as information on treatment thresholds for OHID work does not influence consideration of treatment assessment evidence. If so, member may need to abstain from making recommendations. |
| Dr Robert Dawson | GC Member | Attended meeting <br> The Future of Gambling Support and Treatment: <br> Gamcare at 25. <br> Hosted by Alex <br> Sobel MP at <br> Westminster. <br> Travel expenses paid by charity. NECA receives some funding from GamCare, which is funded by GambleAware. GambleAware is funded by the gambling industry | Direct <br> Non-financial professional and personal interests | Rationale: The meeting was an update on the services offered by GamCare and so is not a conflict with the development of recommendations for NHS services as part of the guideline. |
| Dr Robert Dawson | GC Member | Attended <br> Gambling related <br> Harms, Next <br> Steps, workshop - <br> Public Health <br> North Tyneside <br> Council. In my role as clinical director of NECA. In person meeting brings together North Tyneside Public Health, council enforcement, Health visiting, Citizens advice et | Direct <br> Non-financial professional and personal interests | Rationale: <br> Attending a local public heath-led workshop to improve local coordination of services is not a conflict with the development of recommendations for NHS services as part of the guideline |


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| Matthew Gaskell | Topic Advisor | Interviewed for BBC documentary called 'Gambling: A matter of life and death' | Direct <br> Non-financial professional and personal interests | Rationale: <br> Participation in documentary on gambling is not a conflict with the development of recommendations on gambling treatment. |
| Matthew Gaskell | Topic Advisor | Advisory Group for OHID <br> commissioned research on treatment thresholds with University of Sheffield | Direct <br> Non-financial professional and personal interests | Rationale: Not a conflict to participation in guideline, as long as information on treatment thresholds for OHID work does not influence consideration of treatment assessment evidence. If so, member may need to abstain from making recommendations. |
| Henrietta BowdenJones | Committee member | Co-author on systematic review: 'Pharmacological interventions for the treatment of pathological and problem gambling'. Collaboration with Cochrane. | Direct <br> Non-financial professional and personal interests | Rationale: Coauthorship of a publication which will be considered by the committee as part of its evidence is not conflict with the development of recommendations. |
| Henrietta BowdenJones | Committee member | Gave 'President's <br> Prestigious <br> Lecture' at <br> RCPsych entitled <br> 'Breaking Free: <br> How to stop <br> gambling in a post review era' | Direct <br> Non-financial professional and personal interests | Rationale: Lecture expresses strong views on the use of CBT and naltrexone for the treatment of gambling disorder. The committee will need to be aware of this when discussing the evidence for these interventions and the member may |


|  |  |  | need to withdraw <br> from making <br> recommendations <br> about these <br> interventions. |
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## 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

## 4. Presentations and discussions

The Chair introduced Catrina Charlton, Guideline Commissioning Manager, who gave a presentation on the NICE recommended terminology to use when drafting recommendations.

The Chair introduced Jennifer Francis, Senior Systematic Reviewer, who gave a presentation on:

RQ 4.1a protocol update - What is the effectiveness of pharmacological interventions for people who participate in harmful gambling (including those with comorbid conditions)?

The committee discussed and agreed the use of the Cochrane protocol.
The Chair introduced Anja Fricke, Systematic Reviewer who gave a presentation on:
RQ 2.1 evidence report - What are the information and support needs of people who participate in harmful gambling, their families, friends and others close to them?

The committee discussed the evidence and agreed on draft recommendations.
The Chair introduced Alice Navein, Systematic Reviewer, who gave a presentation on:

RQ 5.2 evidence report - What is the effectiveness of interventions and approaches for reducing gambling-related harms for families, friends, and others close to people who gamble?

The committee discussed the evidence and agreed on draft recommendations and research recommendations.

The Chair asked the lay members present if they had anything they wished to raise
at the meeting.
5. Any other business

There was no further business.
The Chair closed the meeting at 17:00

The next meeting is to be held on the $8^{\text {th }}$ September 2022 via Zoom.

