

Osteoporosis: risk assessment, treatment and prevention of fragility fractures Committee meeting 13

Date: 16/12/2024

Location: Virtual (Zoom)

Minutes: Final

Committee members present:		
Alison Tedstone (Chair)		(Present for notes 1 – 5)
Maragret Lally (new Chair)		(Present for notes 1 – 5)
Nicola Peel (Topic adviser)		(Present for notes 1 – 5)
Alison Ahmed		(Present for notes 1 – 5)
Irene Baker		(Present for notes 1 – 5)
Sherwin Criseno		(Present for notes 1 – 5)
Elaine Dennison		(Present for notes 1 – 5)
Karen Knapp		(Present for notes 1 – 5)
Iain Macleod		(Present for notes 1 – 5)
Kay Morgan		(Present for notes 1 – 5)
Rachel Muir		(Present for notes 1 – 5)
Nicholas Pipkin		(Present for notes 1 – 5)
Stuart Ralston		(Present for notes 1 – 5)
Rajesh Varma		(Present for notes 1 – 5)
Karen Whitehead		(Present for notes 1 – 5)

In attendance:		
Annette Chalker	Technical Analyst	(Present for notes 1 – 5)
Linyun Fun	Technical Analyst	(Present for notes 1 – 5)
Sarah Glover	Information Specialist	(Present for notes 1 – 5)
Amber Hernaman	Project Manager	(Present for notes 1 – 5)
Clare Jones	Senior Technical Analyst	(Present for notes 1 – 5)
Qudsia Malik	Senior Technical Analyst	(Present for notes 1 – 5)
Lisa Miles	Technical Analyst	(Present for notes 1 – 5)
Suzie Panek	Resource Impact	(Present for notes 1 – 5)
Muksitur Rahman	Health Economist	(Present for notes 1 – 5)
Carlos Sharpin	Guideline Lead	(Present for notes 1 – 5)

Daniel Smithson	Technical Analyst	(Present for notes 1 – 5)
Rebecca Thomas	Technical Analyst (observing)	(Present for notes 1 – 5)
Katy Wright	Technical Analyst (observing)	(Present for notes 1 – 5)

Apologies:

Paul Hamilton	Committee member
Rebecca Boucher	Content Designer

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 13th Osteoporosis guideline committee.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included.

- Exercise
- Diagnostic accuracy of DXA with VFA
- Electronic health records

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was on the clinical and cost effectiveness of exercise for preventing fragility fractures, diagnostic accuracy of DXA with VFA and the clinical and cost effectiveness of searching and analysis of electronic health records.

The Chair asked everyone to verbally declare any interests that had arisen since the last meeting.

Name	Affiliation	Declarations of Interest, date declared	Type of interest	Decision taken
Karen Whitehead	Lay member	One of the volunteer co-ordinators of the Pregnancy Associated Osteoporosis (PAO) Group, which is progressing becoming a new UK Registered Charity (& I have volunteered as one of the founding trustees), along with setting up a new PAO Website & a PAO Clinical Group, along with undertaking various new support and awareness raising activities, including a new campaign #measurethatmum I am sometimes, but not always directly personally publicly involved. All my work is completely voluntary. Relevant to NICE committee's work because PAO is a rare type of premenopausal osteoporosis.	Direct, non-financial professional and personal interests	Declare and participate.

The Chair and a senior member of the Developer's team noted that the following members would not participate in a part of the meeting: Nicola Peel, Topic Advisor, was excluded from the recommendation drafting of diagnostic accuracy of DEXA with VFA at 14:10.

3. Minutes of last meeting

Amendments were made by Karen Whitehead to include a question which was asked at GC12 regarding pregnancy associated osteoporosis. The GC12 minutes were amended accordingly.

4. Evidence reviews

Lisa Miles presented the clinical evidence for the evidence review on exercise to the committee, Muksitir Rahman presented the cost effectiveness evidence and Carlos Sharpin made live edits to the recommendations.

Regarding evidence review 4.2 a and b on diagnostic accuracy of DEXA with VFA,

Linyun Fou presented the clinical evidence to the committee, Muksitur Rahman presented the cost effectiveness evidence and Carlos Sharpin made live edits to the recommendations. Nicola Peel previously declared the papers she had published on VFA, and it was agreed that she would need to step out of the meeting during the discussions on the recommendations.

5. AOB

The team and the committee expressed their thanks and appreciation to Alison Tedstone for being an excellent chair and for her time and effort in getting the guideline to where it is.

The evidence review on electronic health records was carried over to the next committee meeting due to there not being enough time.

Date of next meeting: 28/01/2025

Location of next meeting: Zoom