Falls: Assessment and Prevention in older people and people 50 and over at higher risk

Committee meeting 4

Date: 23 March 2023

Location: Virtual meeting

Minutes: Final

| Committee members present: | | | | |
|----------------------------|---------------------------|--|--|--|
| Margaret Lally (ML) Chair | Present for items 1 – 7 | | | |
| Daniel Mac Intyre (DMI) | Present for items $1 - 7$ | | | |
| Julie Whitney (JW) | Present for items $1 - 7$ | | | |
| Tun Aung: (TA) | Present for items $1 - 7$ | | | |
| | | | | |
| Andrew Clegg (AC) | Present for items $1 - 7$ | | | |
| Catherine Ruane (CR) | Present for items $1 - 7$ | | | |
| Cathy Baldwin (CB) | Present for items $1 - 7$ | | | |
| Charlotte Allan (CA) | Present for items $1 - 7$ | | | |
| Christina Heaton (CH) | Present for items $1 - 7$ | | | |
| Jennifer Farren (JF) | Present for items $1 - 7$ | | | |
| Jennifer Simper (JS) | Present for items $1 - 7$ | | | |
| Julie Blake (JB) | Present for items $1 - 7$ | | | |
| Michelle Manzie (MM) | Present for items $1 - 7$ | | | |

| In attendance NICE: | | | |
|---|-------------------------------|-------------------------|--|
| Annette Chalker (ACh) Technical Analyst | | Present for items 1 – 7 | |
| Gill Ritchie (GR) | Guideline Lead | Present for items 1 – 7 | |
| Joseph Runicles (JR) | Information Specialist | Present for items 5 – 7 | |
| Julie Neilson (JN) | Senior Research Fellow | Present for items 1 – 7 | |
| Muna Ali (MA) | Technical Analyst (Economics) | Present for items 1 – 7 | |
| Rupert Franklin (RF) | Guideline commissioning | Present for items 1 – 7 | |
| | manager | | |
| Sarah Palombella (SP) | Senior Medical Editor | Present for items 1 – 7 | |
| Sophia Kemmis-Betty | Health Economics Lead | Present for items 1 – 7 | |
| (SKB) | | | |
| Steph Armstrong (SA) | Senior Technical Analyst | Present for items 1 – 7 | |
| | (Economics) | | |
| Tamara Diaz (TD) | Project Manager | Present for items 1 – 7 | |

| Apologies: | |
|----------------------|--|
| David Tomlinson (DT) | |

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the fourth meeting on the Falls (Assessment and Prevention in older people and people 50 and over at higher risk) guideline. Apologies are noted above.

The Chair notified the committee of a change to DT's membership of the committee to co-optee.

The Chair outlined the objectives of the meeting, which included consideration of the following evidence review:

• Q 2.1 How accurate are assessments by Clinicians, such as questioning, observation and examination, in identifying people at risk of falls?

Additionally, the following draft protocols will be discussed:

- Q 2.2 How accurate are screening tools which quantify or categorise the degree of risk of falling in identifying people at risk of falls?
- Q 3.1 What methods of assessment are most accurate for identifying factors that increase the risk of falls?

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion included the above. Declarations raised on the day are listed below:

| Name | Job title, organisation | Declarations of Interest, date declared | Type of interest | Decision taken |
|--------------------|---|---|---------------------|--------------------------|
| Jennifer Farren | Nurse Specialist, Integrated Community Ageing Team | Membership in London Frailty Clinical Network from March 2023. Role: NHS England, Clinical Project Manager | Financial Direct | Declare and participate. |

The Chair and a senior member of the Developer's team confirmed that the above, and interests noted on the register did not prevent attendees from fully participating in meeting discussions.

3. Minutes of previous meeting

The committee confirmed the minutes and notes of GC meeting 3 as accurate.

4. Evidence review: Accuracy of assessments, in identifying people at risk of falls

ACh delivered the above presentation for the group's discussion. Health economic evidence was presented by MA. The group discussed the evidence and recommendations for the evidence review.

5. Draft review protocols

JN presented the draft protocols on the following topics for the committee's agreement:

- Q 2.2 How accurate are screening tools which quantify or categorise the degree of risk of falling in identifying people at risk of falls?
- Q 3.1 What methods of assessment are most accurate for identifying factors that increase the risk of falls?

6. Health economics

SKB summarised the draft health economic plan for committee members, outlined next steps related to this item and explained how they could contribute to this work, going forward.

7. Any other business

There being no further business the meeting ended at 12:30 p.m.

Date of next meeting: 15 May 2023

Location of next meeting: Virtual meeting