## Falls: Assessment and Prevention in older people and people 50 and over at higher risk

### Committee meeting 7

**Date:** 09 August 2023

Location: Virtual meeting

Minutes: Draft

Committee members present:	
Margaret Lally (ML) Chair	Present for items 1 – 6
Daniel Mac Intyre (DMI)	Present for items 1 – 6
Tun Aung: (TA)	Present for items 1 – 6
Andrew Clegg (AC) (Cooptee)	Present for items 1 – 6
Catherine Ruane (CR)	Present for items 1 – 6
Cathy Baldwin (CB)	Present for items 4 – 6
Heather Smith (HS) (Cooptee)	Present for items 1 – 6 (stepped out between items 4 and 5)
Jennifer Farren (JF)	Present for items 1 – 4
Michelle Manzie (MM)	Present for items 1 – 6

In attendance NICE:			
Anja Fricke	Technical Analyst	Present for items 1 – 6	
Benjamin Gregory	Resource Impact Awareness	Present for items 4 – 5	
Gill Ritchie (GR)	Guideline Lead	Present for items 1 – 6	
Julie Neilson (JN)	Senior Research Fellow	Present for items 1 – 6	
Muna Ali	Technical Analysist	Present for items 1 – 6	
Rupert Franklin (RF)	Guideline commissioning	Present for items 1 – 6	
	manager		
Sarah Palombella (SP)	Senior Medical Editor	Present for items 1 – 6	
Sophia Kemmis-Betty	Health Economics Lead	Present for items 1 – 6	
(SKB)			
Steph Armstrong (SA)	Senior Technical Analyst	Present for items 1 – 6	
	(Economics)		
Tamara Diaz (TD)	Project Manager	Present for items 1 – 6	

Apologies:					
Annette Chalker (ACh)	Technical Analyst				
Charlotte Allan (CA)					
Christina Heaton (CH)					
David Tomlinson (DT) (Cooptee)					
Jennifer Simper (JS)					
Julie Blake (JB)					

Julie Whitney (JW)

#### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the seventh meeting on the Falls (Assessment and Prevention in older people and people 50 and over at higher risk) guideline. Apologies are noted above.

The Chair outlined the objectives of the meeting, which included consideration of vitamin D and environmental interventions for the following evidence review:

• Q 4.1a What are the most clinically and cost-effective interventions for falls prevention in older people in community care settings?

#### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion included the above. Declarations raised on the day are listed below:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Nil	No new declarations	Nil	Nil	Nil

The Chair and a senior member of the Developer's team confirmed that interests noted on the register did not prevent attendees from fully participating in meeting discussions.

#### 3. Minutes of previous meeting

The committee confirmed the minutes and notes of GC meeting 6 as accurate. The actions from meeting 6 were reviewed and updates provided.

#### 4. Discussion summary: What are the most clinically effective and costeffective methods for falls prevention in older people in <u>residential care</u> <u>settings</u>?

The group were reminded that recommendations drafted for this review on the following areas had not been finalised at the last meeting due to the group not being quorate: Exercise, Vitamin D and Multifactorial Interventions.

The group reviewed the above and agreed on edits.

## 5. Evidence review: What are the most clinically effective and cost-effective methods for falls prevention in older people in <u>community care settings</u>?

#### Vitamin D

AF presented the evidence for vitamin D, health economic evidence was presented by MA. The committee discussed the evidence that was presented and drafted recommendations.

# 6. Evidence review: what are the most clinically effective and cost-effective methods for falls prevention in older people in community care settings? Environmental interventions

JN presented the evidence for environmental interventions, health economic evidence was presented by SKB

The committee discussed the evidence that was presented and drafted recommendations.

#### 7. Any other business

Due to unforeseen circumstances, this meeting ceased to be quorate at 2:50 p.m. and the meeting ended at that time.

Date of next meeting: 22 September 2023.

Location of next meeting: Virtual meeting