

Menopause: diagnosis and management (update) Guideline Committee Meeting 10

Date: Tuesday 25th April 2023

Location Virtual meeting via Zoom

Minutes: Final

ommittee members present:	
Gillian Baird (GB)	Present for items 1-5
Martha Hickey (MH)	Present for items 1-9
Haitham Hamoda (HH)	Present for items 1-9
Kathy Abernethy (KA)	Present for items 1-8
Gillian Reeves (GR)	Present for items 2-9
Hayley Berry (HB)	Present for items 5-9
Sarah Hillman (SH)	Present for items 1-9
Karina Bowkett (KB)	Present for items 2-8
Lorraine Griffiths (LG)	Present for items 1-9
Nina Kuypers (NK)	Present for items 1-9
Anne Armstrong (AA)	Present for items 1-9
Eef Hogervorst (EH)	Present for items 1-9
Roopen Arya (RA)	Present for items 1-9
Sadaf Gaem-Maghami (SGM)	Present for items 1-9
John Stevenson (JS)	Present for items 1-4
Jenny Van Heerden (JVH)	Present for items 1-9
David Armstrong (DA)	Present for items 1-5

In attendance:	n attendance:		
Melissa Bolessa (MB)	NICE Project Manager	Present for items 1-9	
Katharina Dworzynski (KD)	NICE Guideline Lead	Present for items 1-9	
Nathan Bromham (NB)	NICE Senior Systematic Reviewer	Present for items 1-9	
Shalmali Deshpande (SD)	NICE Systematic Reviewer	Present for items 1-9	
Katriona O'Donoghue (KOD)	NICE Systematic Reviewer	Present for items 1-9	
James Hawkins (JH)	NICE Senior Economist	Present for items 6-9	
Stephen Murphy (SM) (Chaired the meeting in the afternoon)	NICE Clinical Advisor	Present for items 1-9	



Nick O'Callaghan-	NICE Guideline Commissioning	Present for items 1-2,
Staples (NOS)	Manager	6-9
Edgar Masanga (EM)	Associate Assessment Lead	Present for items 1-9
Astrid Aregui (AAr)	Editor	Present for items 2-9
Hugo Pedder (HP)	TSU	Present for items 7-9
Charlotte Augst (CA)	Freelance consultant, working on a review of patient involvement at NICE	Present for items 1-9

APOLO	APOLOGIES:			
1.	Agnesa Mehmeti	NICE Systematic Reviewer		
2.	Anja Fricke	NICE Systematic Reviewer		
3.	Ceri Williams	NICE Information specialist		

1. Welcome, housekeeping, aims of the day and apologies

GB welcomed all members to day 2 of the 10th Menopause guideline (update) committee.

GB informed the committee of the meeting etiquette.

No new declarations of interest were made.

No members were excluded from the discussions.

The meeting on day 2 deviated from the original agenda circulated.

2. Cardiovascular outcomes

The committee discussed the cardiovascular evidence and drafted recommendations.

3. Breast cancer mortality

The committee discussed the breast cancer recommendations.

4. Early menopause

NB presented new evidence for this review to the committee. The committee discussed this when considering previously drafted recommendations.

5. Research recommendations

The committee discussed the research recommendations.

Research recommendations from the previous guideline were considered and based on gaps in the evidence reviewed for this update new research recommendations were prioritised.

6. Update searches

Whether or not to run update searches was discussed.



7. Lay member forum

Lay members were given the opportunity to comment. No specific concerns were raised.

8. Inclusive language

KD, Guideline Lead explained that the editorial process in relation to inclusive language requires some input from the committee. A subgroup will be formed to support the editor in this work.

9. Update related to evidence review question 1.2A - What the effectiveness of treatments such as local oestrogen, ospemifene, prasterone and transvaginal laser therapy for managing genitourinary symptoms associated with the menopause?

HP, TSU gave a presentation to the committee on the NMA update related to queries at the last committee meeting. There were also updates on the economic model that were presented by JH. This was discussed with the committee.

10. Summary of actions & any other business

Gillian Baird, Committee Chair summarised the actions. The next meeting will be on Monday 22nd May 2023, a virtual meeting.

Location of next meeting: Monday 22nd May 2023, virtual meeting.