

## Menopause: diagnosis and management (update) guideline committee interests register

Register last updated: February 2024

All interests have been signed off by the Chair and the NICE developer lead, except where otherwise stated

| Name            | Role with NICE   | Type of interest   | Description of interest  | Interest arose  | Interest declared  | Interest ceased           | Comments  |
|-----------------|------------------|--------------------|--|---|--------------------|---------------------------|---|
| Dr Anita Sharma | Committee member | Direct – financial | GP with special interest in women's health, GP triager of gynaecology referrals, GP trainer and appraiser, South Chadderton Health Centre, Oldham  | Interest arose more than 12 months before appointment | During recruitment | Ongoing                   | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment in the NHS. This interest is non-specific. |
| Dr Anita Sharma | Committee member | Direct – financial | Presentation on diagnosis and management of menopause in Edenfield Road Surgery Rochdale - GPs, PN, ANP, Pharmacist.<br><br>Case discussion, how to manage shortage of recent HRT products. Guidance to check BMS (British Menopause Society) regarding shortage of creams and what action to take.<br><br>Sponsored by Viatris. | 12.05.2022  | 17.05.2022         | 12.05.2022                | Non-specific.<br>Declare and participate.<br>Rationale: Although broadly related to the topic, not specific to the scope of the guideline update.   |
| Dr Anita Sharma | Committee member | Direct – financial | Presentation MIMS Learning LIVE London: Diagnosis and management of menopause. I will guide them to check BMS regularly to keep up to date about shortage of products and what action to take.<br><br>No mentioning of which products to use.<br><br>Sponsored by Theramex.  | 10.06.2022  | 15.05.2022         | 10.06.2022                | Non-specific.<br>Declare and participate.<br>Rationale: Although broadly related to the topic, not specific to the scope of the guideline update.   |
| Dr Anita Sharma | Committee member | Direct – financial | Online presentation for primary care (GPs, PN, ANP) on diagnosis and management of menopause.  | 19.03.2022 and 04.05.2022                             | 15.05.2022         | 19.03.2022 and 04.05.2022 | Non-specific.<br>Declare and participate.   |

| Name              | Role with NICE  | Type of interest   | Description of interest   | Interest arose  | Interest declared  | Interest ceased | Comments   |
|-------------------|-----------------|--------------------|---|---|--------------------|-----------------|--|
|                   |                 |                    | Continuous combined and sequential combined and oestrogen alone HRT, which contraceptive to use (COC, POP, DEPO, coil), how often to do the monitoring, contraindications of HRT, which blood tests to do, why and when? Is USS necessary to make a diagnosis of menopause? How to manage POI? No mention of any products.<br>Sponsored by Viatrix. |   |                    |                 | Rationale: Although broadly related to the topic, not specific to the scope of the guideline update.   |
| Dr Anne Armstrong | Co-opted member | Direct financial   | Consultant Medical Oncologist and Honorary Senior Lecturer, Medical Oncology, The Christie Hospital NHS Foundation Trust, Manchester.   | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment in the NHS. This interest is non-specific.  |
| Dr Anne Armstrong | Co-opted member | Direct – financial | Private Practice: Breast Oncologist, The Christie Clinic, Manchester. 0.5-1 sessions per peer as a breast oncologist, mirrors NHS work.   | 2011  | 08.03.2022         | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not menopause specific and practice mirrors NHS work. Little possibility for financial gain to the member and thus her private practice was not considered to pose a conflict of interest. |
| Dr Anne Armstrong | Co-opted member | Indirect           | Spousal Shares Astra Zeneca.  | March 1996  | 08.03.2022         | 03/2020         | Non-specific.<br>Declare and participate.<br>Rationale: Spouse no longer owns the shares.  |

| Name              | Role with NICE  | Type of interest   | Description of interest  | Interest arose       | Interest declared | Interest ceased | Comments   |
|-------------------|-----------------|--|--|----------------------|-------------------|-----------------|--|
| Dr Anne Armstrong | Co-opted member | Direct – financial   | Advisory Board, MSD.   | November 2021        | 08.03.2022        | 11/2021         | Non-specific.<br>Declare and participate.<br>Rationale: Interest has ceased.       |
| Dr Anne Armstrong | Co-opted member | Direct – financial   | Advisory Board, Gilead.  | May 2021             | 08.03.2022        | 02/2022         | Non-specific.<br>Declare and participate.<br>Rationale: Interest has ceased.       |
| Dr Anne Armstrong | Co-opted member | Direct – non-financial professional and personal interests | Co-Chair, NCRI Breast Symptom Management Subgroup.   | March 2018           | 08.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline. |
| Dr Anne Armstrong | Co-opted member | Direct – non-financial professional and personal interests | Clinical Lead, RCOG Guideline Group, Pregnancy and Breast Cancer.  | April 2020           | 08.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline. |
| Dr Anne Armstrong | Co-opted member | Direct – non-financial professional and personal interests | Chief Investigator: Personalised Electronic Record Supported two-stage observational study of sleep-in patients with breast cancer (sponsor Closed Loop Medicine). | September 2021       | 08.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline. |
| Dr Anne Armstrong | Co-opted member | Direct – non-financial professional and personal interests | Breast Cancer Expert Adviser for FDA submission for insomnia product (CLM).  | March 2022           | 08.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline. |
| Dr Anne Armstrong | Co-opted member | Direct – non-financial professional                        | Studies in development (not funded):   | n/a (not funded yet) | 08.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.  |

| Name              | Role with NICE  | Type of interest       | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments   |
|-------------------|-----------------|------------------------|--|----------------|-------------------|-----------------|--|
|                   |                 | and personal interests | <ul style="list-style-type: none"> <li>Topical oestrogen for treatment of urogenital atrophy after breast cancer</li> <li>Interventional study of drug+app for insomnia after breast cancer (sponsor CLM)</li> </ul> |                |                   |                 | Rationale: Studies not yet active or funded. The first topic may be of relevance to the guideline, however, in early stages. |
| Dr Anne Armstrong | Co-opted member | Indirect interests     | Research Funding Astra Zeneca for development of a decision support tool for breast cancer.  | August 2021    | 08.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.   |
| Dr Anne Armstrong | Co-opted member | Indirect interests     | Research Funding Breast Cancer Now for pre-operative window trial<br>Impala: Immunological effects of Avelumab and Aspirin in Triple Negative Breast Cancer.   | Dec 2017       | 08.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.   |
| Dr Anne Armstrong | Co-opted member | Indirect interests     | Research Funding JP Molton for pan-tumour trial of celecoxib in metastatic breast, renal and lung cancer.<br>LION: Lifting Immune Checkpoints with NSAIDs.   | March 2020     | 08.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.   |
| Dr Anne Armstrong | Co-opted member | Indirect interests     | Principal and Local Co-ordinating Investigator for therapy trials for patients with early and metastatic breast cancer.  | 2007           | 08.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.   |
| Dr Anne Armstrong | Co-opted member | Direct – financial     | Advisory Board, Roche.   | June 2023      | 26.07.2023        | June 2023       | Non-specific.<br>Declare and participate.  |

| Name                      | Role with NICE  | Type of interest   | Description of interest  | Interest arose                     | Interest declared  | Interest ceased | Comments  |
|---------------------------|-----------------|--------------------|--|------------------------------------|--------------------|-----------------|---|
|                           |                 |                    |  |                                    |                    |                 | Rationale: Roche does not produce products for menopause symptoms.  |
| Dr Anne Armstrong         | Co-opted member | Indirect interests | Education grant from Gilead to develop educational package for health professionals about endocrine side effects of breast cancer treatments.                                      | December 2022                      | 26.07.2023         | July 2024       | Specific.<br>Declare and participate.<br>Rationale: Endocrine side effects of breast cancer are tangentially related to the topic of management of genitourinary symptoms on breast cancer recurrence. However, the declared interest is wider than this so it was not considered to be a conflict. |
| Dr Anne Armstrong         | Co-opted member | Indirect interests | Travel expenses to attend breast cancer conference from Novartis.  | December 2022                      | 26.07.2023         | December 2022   | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.  |
| Dr Anne Armstrong         | Co-opted member |                    |  |                                    |                    |                 |   |
| Professor David Armstrong | Co-opted member | Direct – financial | I have received several payments for Advisory Board work from UCB Pharma, who manufacture a medicine for osteoporosis, although not one directly linked with HRT or the menopause. | 2020                               | 24.02.2022         | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.  |
| Professor David Armstrong | Co-opted member | Direct - financial | Consultant rheumatologist and osteoporosis specialist, Western Health and Social Care Trust, Londonderry, Northern Ireland.  | Interest arose more than 12 months | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment.<br>Declare and participate.  |

| Name                      | Role with NICE  | Type of interest   | Description of interest   | Interest arose     | Interest declared | Interest ceased | Comments  |
|---------------------------|-----------------|--|---|--------------------|-------------------|-----------------|---|
|                           |                 |  |   | before appointment |                   |                 | Rationale: Salaried employment in the NHS. This interest is non-specific.                                       |
| Professor David Armstrong | Co-opted member | Direct – financial   | I have until recently owned stock in GlaxoSmithKline who previously made a drug used to treat osteoporosis.   | 2000               | 24.02.2022        | 2022            | Non-specific.<br>Declare and participate.<br>Rationale: Member no longer owns the stock.                        |
| Professor David Armstrong | Co-opted member | Direct – financial   | I have received several payments for educational presentations to GPs on the use of vitamin D and the management of osteoporosis from Internis Pharma Ltd, who manufacture and sell a vitamin D product   | 2013               | 24.02.2022        | 2020            | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.                              |
| Professor David Armstrong | Co-opted member | Direct – non-financial professional and personal interests | I am Vice Chair of the Clinical Committee of the Royal Osteoporosis Society, which advises the charity on clinical matters.   | 2015               | 24.02.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.                              |
| Professor David Armstrong | Co-opted member | Direct – non-financial professional and personal interests | I am a member of the Expert Advisory Group of National Osteoporosis Guideline Group, which produces guidelines on osteoporosis management.  | 2019               | 24.02.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.                              |
| Professor David Armstrong | Co-opted member | Direct – non-financial professional and personal interests | I am a Visiting Professor and Supervisory Board member for the Nutrition Innovation Centre for Food and Health, Ulster University, which advises on research and student teaching on nutrition, including work on bone health and women's health. | 2019               | 24.02.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to topics covered in the guideline update. |

| Name                      | Role with NICE  | Type of interest   | Description of interest  | Interest arose  | Interest declared  | Interest ceased | Comments   |
|---------------------------|-----------------|--------------------|--|---|--------------------|-----------------|--|
| Professor David Armstrong | Co-opted member | Direct - financial | Further payment from UCB Pharma for speaking and chairing meeting discussing the use of romosozumab, a drug for osteoporosis.  | March 2023  | 20.03.2023         | March 2023      | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.   |
| Professor David Armstrong | Co-opted member | Direct - financial | Invited speaker at the Nutrition Society Irish Section conference in Athlone, Republic of Ireland. Spoke on the Role of Sex and Gender in Bone Health; presentation mentioned the role of HRT in post-menopausal women with osteoporosis, and also treatment of osteoporosis in trans people although neither was a major focus. Was not paid for the talk but accommodation costs were covered. | June 2023   | 27.06.2023         | June 2023       | Non-specific.<br>Declare and participate.<br>Rationale: Whilst there was some reference to menopause the focus of the presentation was outside the scope of the guideline. |
| Professor Eef Hogervorst  | Co-opted member | Direct - financial | Professor of Biological Psychology, Loughborough University.   | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment<br>Declare and participate.<br>Rationale: Salaried employment in the public sector. This interest is non-specific.               |
| Professor Eef Hogervorst  | Co-opted member | Direct – financial | I was paid as PhD student to provide a review for Organon with my supervisor.  | 1996  | 07.03.2022         | 1997            | Non-specific.<br>Declare and participate.<br>Rationale: Historic interest.   |
| Professor Eef Hogervorst  | Co-opted member | Direct – financial | I was paid by Wyeth to attend an expert meeting to explain WHI results.  | 2002  | 07.03.2022         | 2002            | Specific.<br>Declare and participate.<br>Rationale: Historic interest.   |

| Name                     | Role with NICE  | Type of interest   | Description of interest   | Interest arose  | Interest declared | Interest ceased | Comments   |
|--------------------------|-----------------|--|---|---|-------------------|-----------------|--|
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | <p>Various academic publications (earlier than 2005 not included here):</p> <p>Hogervorst, E., Craig, J., &amp; O'donnell, E. (2021). Cognition and mental health in menopause: A review. Best practice &amp; research. Clinical obstetrics &amp; gynaecology.</p> <p>Hogervorst, E., Craig, J., &amp; O'donnell, E. (2021). Cognition and mental health in menopause: A review. Best practice &amp; research. Clinical obstetrics &amp; gynaecology.</p> <p>Hogervorst E. Oophorectomy and hysterectomy may increase dementia risk but only when performed prematurely. J Alzheimers Dis. 2014;42(2):583-6.</p> <p>European Society for Human Reproduction and Embryology (ESHRE) Guideline Group on POI, Webber L, Davies M, Anderson R, Bartlett J, Braat D, Cartwright B, Cifkova R, de Muinck Keizer-Schrama S, Hogervorst E, Janse F, Liao L, Vlasisavljevic V, Zillikens C, Vermeulen N. ESHRE Guideline: management of women with premature ovarian insufficiency. Hum Reprod. 2016 May;31(5):926-37. Doi: 10.1093/humrep/dew027. Epub 2016 Mar 22. PMID: 27008889.</p> <p>Hogervorst E. Effects of gonadal hormones on cognitive behaviour in elderly men and women. J Neuroendocrinol. 2013 Nov;25(11):1182-95. Doi: 10.1111/jne.12080. PMID: 23895362.</p> <p>Hogervorst, E. (2013) Estrogen and the brain: does estrogen treatment improve cognitive function? Invited review for special</p> | <p>2021</p> <p>2021</p> <p>2014</p> <p>2016</p> <p>2013</p> <p>2013</p> | 07.03.2022        | N/A             | <p>Specific.</p> <p>Declare and participate.</p> <p>Rationale: Topics may be relevant to the guideline on a general level but unlikely to be included in the evidence reviews.</p> |



| Name | Role with NICE | Type of interest | Description of interest   | Interest arose  | Interest declared | Interest ceased | Comments |
|------|----------------|------------------|---|---|-------------------|-----------------|----------|
|      |                |                  | <p>issue Menopause International 19 (1), 6-19 (IF 2.97)</p> <p>Hogervorst. E. &amp; Bandelow, S. Sex steroids to maintain cognitive function in women after the menopause: A meta-analysis. Maturitas, 2010 May; 66(1) 56-71 Invited (IF 2.94)</p> <p>Hogervorst, E., Matthews, F.M., Brayne, C. (2010). Are optimal levels of testosterone associated with better cognitive function in healthy elderly women and men? Biochim Biophys Acta. 2010 Oct; 1800(10):1145-52. Invited for special issue (IF 4.62)</p> <p>Hogervorst E, Bandelow S. Brain and cognition. Is there any case for improving cognitive function in menopausal women using estrogen treatment? Minerva Ginecol. 2009 Dec; 61(6):499-515. PMID: 19942838.</p> <p>Hogervorst, E., Yaffe, K., Richards, M., Huppert, F.A. (2009) Hormone replacement therapy to maintain cognitive function in women with dementia-update. Cochrane-Database-Syst-Rev. (2): CD003799.</p> <p>Kalaria, RN. Et al (including Hogervorst E. for the World Federation of Neurology Dementia Research Group) AD and VaD in developing countries: prevalence, management, risk factors. Lancet Neurol 2008 (IF 10.2)</p> <p>Rodrigues MA, Verdile G, Foster JK, Hogervorst E, Joesbury K, Dhaliwal S, Corder EH, Laws SM, Hone E, Prince R, Devine A, Mehta P, Beilby J, Atwood CS, Martins RN. Gonadotropins and cognition in older women. J Alzheimers Dis. 2008 Apr; 13(3):267-74. Doi: 10.3233/jad-2008-13304. PMID: 18430994.</p> | <p>2010</p> <p>2010</p> <p>2009</p> <p>2009</p> <p>2008</p> <p>2008</p> |                   |                 |          |

| Name                     | Role with NICE  | Type of interest   | Description of interest  | Interest arose          | Interest declared | Interest ceased | Comments   |
|--------------------------|-----------------|--|--|-------------------------|-------------------|-----------------|--|
|                          |                 |  | <p>Lethaby, A, Hogervorst, E., Richards, M., Yesufu, A., Yaffe, K. (2008) HRT for cognitive function in postmenopausal women. Cochrane review update Jan 23;(1):CD003122.</p> <p>Hogervorst, E &amp; Bandelow S (2007) Should surgically menopausal women be treated with estrogens to decrease the risk for dementia? Invited Editorial Neurology 69 (11), pp.1070-1071 (IF 5.97)</p> | <p>2008</p> <p>2007</p> |                   |                 |  |
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | I work for Women in Higher Education network to give lectures (unpaid) and develop a course (paid for my time) on menopause information and management on the basis of my independent reviews.   | 2020                    | 07.03.2022        | Ongoing         | <p>Specific.</p> <p>Declare and participate.</p> <p>Rationale: Unpaid lectures, unlikely to have an impact on the guideline recommendations.</p>   |
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | <p>I was asked to give my opinion on the Channel 4 Documentary Sex, Mind and the Menopause in the Conversation:</p> <p><a href="https://theconversation.com/menopause-hrts-brain-protecting-effect-may-be-overstated-182449">https://theconversation.com/menopause-hrts-brain-protecting-effect-may-be-overstated-182449</a></p>   | May 2022                | 16.05.2022        | N/A             | <p>Specific.</p> <p>Declare and participate.</p> <p>Rationale: Potential overlap with topics covered in the guideline scope, however, not considered to pose a conflict of interest. Views expressed in the article are based on the member's previous systematic reviews.</p> |
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | Gave public lectures on menopause and the brain for University: Manchester University, Loughborough University   | 14.06.2022              | 11.07.2022        | 14.06.2022      | <p>Specific.</p> <p>Declare and participate.</p> <p>Rationale: Potential overlap with one of the topics covered in the guideline scope, however, not considered to pose a conflict of interest because it is a lecture about general aspects related to</p>                    |

| Name                     | Role with NICE  | Type of interest   | Description of interest  | Interest arose                      | Interest declared | Interest ceased                      | Comments  |
|--------------------------|-----------------|--|--|-------------------------------------|-------------------|--------------------------------------|---|
|                          |                 |  |  |                                     |                   |                                      | menopause and the brain rather than specifically on hormone replacement therapy.  |
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | Wrote a piece in the conversation <a href="https://theconversation.com/menopause-hrts-brain-protecting-effect-may-be-overstated-182449">https://theconversation.com/menopause-hrts-brain-protecting-effect-may-be-overstated-182449</a>      | 10.06.2022                          | 11.07.2022        | 10.06.2022                           | Specific.<br>Declare and participate.<br>Rationale: Potential overlap with one of the topics covered in the guideline scope, however, not considered to pose a conflict of interest because it outlines some of the arguments related to potential effects of hormone replacement therapy on the brain but does not make a definitive statement on the impact on clinical practice. |
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | Did an interview in June 2022 for beingpatientbraintalks on my previous HRT and cognition literature review and the article we published in the Conversation (see earlier DOI) on the possibly short lived effects of HRT on brain function. | 14 June 2022<br>Online 20 July 2022 | 20.03.2023        | On YouTube<br>As a transcript online | Non-specific.<br>Declare and participate.<br>Rationale: Whilst this is relevant to the scope of the guideline the review this was based on was not included in the evidence review and therefore the talk was not specific to the topic under discussion.   |
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | Being part of the Women in Higher Education Network and Loughborough MAIA network to support women to obtain evidence-based information on menopause symptoms and management.  | 2020                                | 20.03.2023        | ongoing                              | Specific.<br>Declare and participate.<br>Rationale: Information and support is not a specific topic that will be updated.   |

| Name                     | Role with NICE  | Type of interest   | Description of interest   | Interest arose  | Interest declared | Interest ceased   | Comments   |
|--------------------------|-----------------|--|---|-----------------|-------------------|---|--|
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | Going through menopause increased my personal interest further as this made it more urgent to find evidence-based information to reduce symptoms and assess risk being a factor V Leiden carrier.   | 2018            | 20.03.2023        | ongoing   | Non-specific.<br>Declare and participate.<br>Rationale: Having personal experience does not preclude anyone from the discussions.  |
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | We give talks to the public regularly based on my previous literature reviews on HRT and brain function. One of these can be watched on the website at Lboro.ac.uk which also includes our group as a Research Focus. This website went live 12 October 2022<br><br><a href="https://www.lboro.ac.uk/schools/sport-exercise-health-sciences/research-innovation/research-spotlights/menopause-hormones-inequality-health/">https://www.lboro.ac.uk/schools/sport-exercise-health-sciences/research-innovation/research-spotlights/menopause-hormones-inequality-health/</a> | 12 October 2022 | 20.03.2023        | website   | Non-specific.<br>Declare and participate.<br>Rationale: Whilst this is relevant to the scope of the guideline, the review this was based on was not included in the evidence review and therefore the talk was not specific to the topic under discussion. |
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | Gave an invited keynote for <a href="#">CRN East Midlands Dementia workshop</a> on menopause and dementia risk but this did not include any data from NICE reviews but the independent reviews I wrote on this topic in 2021 (see earlier declaration).   | 05.05.2023      | 22.05.2023        | Slides were disseminated among those who attended workshop (n=40) | Specific.<br>Declare and participate.<br>Rationale: Whilst this is relevant to the scope of the guideline, the review this was based on was not included in the evidence review and therefore the talk was not specific to the topic under discussion.     |
| Professor Eef Hogervorst | Co-opted member | Direct – non-financial professional and personal interests | Developing a survey for HR management of menopausal symptoms for women and managers at Loughborough University.   | 2023            | 22.05.2023        | ongoing   | Non-specific.<br>Declare and participate.<br>Rationale: This activity is non-specific to the scope of the guideline.   |

| Name                     | Role with NICE   | Type of interest   | Description of interest   | Interest arose  | Interest declared  | Interest ceased  | Comments   |
|--------------------------|------------------|--|---|---|--------------------|------------------|--|
| Professor Eef Hogervorst | Co-opted member  | Direct – non-financial professional and personal interests | Wrote a piece for the Conversation on 'male menopause'.<br><a href="https://theconversation.com/the-male-menopause-what-you-need-to-know-215110">https://theconversation.com/the-male-menopause-what-you-need-to-know-215110</a>                                  | 12.10.2023  | 24.01.2024         | Online available | Non-specific.<br>Declare and participate.<br>Rationale: This publication is non-specific to the scope of the guideline.  |
| Professor Eef Hogervorst | Co-opted member  | Direct – non-financial professional and personal interests | Wrote an invited review on HRT for JAD submitted January 15th 2024, under review. Does not include work I did for NICE. A meta-analyses done had different search terms and conclusions using different studies were the same as for NICE. NICE is not mentioned. | 15.01.2024  | 24.01.2024         | Ongoing          | Specific.<br>Declare and participate.<br>Rationale: This is specific to the guideline scope, but the article is under review and therefore not available in the public domain. |
| Professor Eef Hogervorst | Co-opted member  | Indirect interest  | Gave a talk on menopause and andropause for University Podcast called expert on health, does not include work I did for NICE but rather own opinion on state of the art research (see Conversation piece).  | 24.01.2024  | 24.01.2024         | Ongoing          | Non-specific.<br>Declare and participate.<br>Rationale: This is non-specific to the scope of the guideline.  |
| Professor Eef Hogervorst | Co-opted member  | Indirect interest  | Will give a talk on menopause and diet/exercise 21 February for the University.   | 21.2.2024   | 24.01.2024         | 21.2.2024        | Non-specific.<br>Declare and participate.<br>Rationale: Diet and exercise is not part of the scope of the guideline update.  |
| Dr Gillian Reeves        | Committee member | Direct - financial   | Professor of Epidemiology, Director of Cancer Epidemiology Unit, Senior Scientist, University of Oxford   | Interest arose more than 12 months before appointment | During recruitment | Ongoing          | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment at the University. This interest is non-specific.                     |

| Name              | Role with NICE   | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------|------------------|--|--|----------------|-------------------|-----------------|---|
| Dr Gillian Reeves | Committee member | Direct – non-financial professional and personal interests | I am a member of the steering committee for the Collaborative Group on Hormonal Factors in Breast Cancer. This international collaboration has carried out a pooled reanalysis of the worldwide evidence on menopausal hormone therapy and breast cancer risk, which was published in the Lancet in 2019. The findings will be submitted as evidence publication to the advisory committee.    | 1992           | 17.03.2022        | Ongoing         | <p>Specific.</p> <p>Declare and participate but not lead Topic Groups or take part in initial drafting of recommendations in topics where research the member is involved in forms part of the evidence base, answers questions rather than takes part in drafting recommendations.</p> <p>Rationale: Specific to the guideline, but expertise is required by the committee. Due to the overlap with the guideline, a decision was taken that the member should not lead Topic Groups or take part in initiating recommendations in topics where research the member is involved in forms part of the evidence base and should rather answer questions related to the evidence.</p> |
| Dr Gillian Reeves | Committee member | Direct – non-financial professional and personal interests | I am a member of the steering committee for the Collaborative Group on Epidemiological Studies of Ovarian Cancer. This international collaboration conducted a pooled reanalysis of the worldwide evidence on menopausal hormone therapy and ovarian cancer risk, which was published in the Lancet in 2015. The findings will be submitted as evidence publication to the advisory committee. | 1999           | 17.03.2022        | Ongoing         | <p>Specific.</p> <p>Declare and participate but not lead Topic Groups or take part in initial drafting of recommendations in topics where research the member is involved in forms part of the evidence base, answers questions rather than takes part in drafting recommendations.</p> <p>Rationale: Specific to the guideline, but expertise is</p>   |

| Name              | Role with NICE   | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------|------------------|--|---|----------------|-------------------|-----------------|---|
|                   |                  |  |   |                |                   |                 | required by the committee. Due to the overlap with the guideline, a decision was taken that the member should not lead Topic Groups or take part in initiating recommendations in topics where research the member is involved in forms part of the evidence base and should rather answer questions related to the evidence.   |
| Dr Gillian Reeves | Committee member | Direct – non-financial professional and personal interests | I am Principal Investigator for The Million Women Study, a large UK cohort study of women's health. This study has published a number of high profile scientific papers on the relationship between menopausal hormone therapy and female cancers (including breast, ovarian and endometrial cancer) and hip fracture. These findings will form part of the evidence base for the advisory committee. | 1996           | 17.03.2022        | Ongoing         | <p>Specific.</p> <p>Declare and participate but not lead Topic Groups or take part in initial drafting of recommendations in topics where research the member is involved in forms part of the evidence base, answers questions rather than takes part in drafting recommendations.</p> <p>Rationale: Specific to the guideline, but expertise is required by the committee. Due to the overlap with the guideline, a decision was taken that the member should not lead Topic Groups or take part in initiating recommendations in topics where research the member is involved in forms part of the evidence base and should rather answer questions related to the evidence.</p> |

| Name              | Role with NICE   | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------|------------------|--|---|----------------|-------------------|-----------------|---|
| Dr Gillian Reeves | Committee member | Direct – non-financial professional and personal interests | In my capacity as Director of Cancer Epidemiology Unit, University of Oxford, I lead a broad programme of research on risk factors for common diseases among women. This research includes investigation of the role of menopausal hormone therapy in the development of conditions such as dementia and cancer, and the impact of such therapy on mammographic screening efficacy. | 2019           | 17.03.2022        | Ongoing         | <p>Specific.</p> <p>Declare and participate but not lead Topic Groups or take part in initial drafting of recommendations in topics where research the member is involved in forms part of the evidence base, answers questions rather than takes part in drafting recommendations.</p> <p>Rationale: Specific to the guideline, but expertise is required by the committee. Due to the overlap with the guideline, a decision was taken that the member should not lead Topic Groups or take part in initiating recommendations in topics where research the member is involved in forms part of the evidence base and should rather answer questions related to the evidence.</p> |
| Dr Gillian Reeves | Committee member | Direct – non-financial professional and personal interests | Europa Donna UK Symposium talk – to include presentation of findings on MHT use and female cancers from the Million Women Study and published meta-analyses.  | 19.10.2022     | 21.10.2022        | 19.10.2022      | <p>Specific.</p> <p>Declare and participate but not lead Topic Groups or take part in initial drafting of recommendations in topics where research the member is involved in forms part of the evidence base, answers questions rather than takes part in drafting recommendations.</p> <p>Rationale: Specific to the guideline, but expertise is</p>   |



| Name              | Role with NICE   | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased  | Comments  |
|-------------------|------------------|--|---|----------------|-------------------|------------------|---|
|                   |                  |  |   |                |                   |                  | required by the committee. Due to the overlap with the guideline, a decision was taken that the member should not lead Topic Groups or take part in initiating recommendations in topics where research the member is involved in forms part of the evidence base and should rather answer questions related to the evidence.   |
| Dr Gillian Reeves | Committee member | Direct – non-financial professional and personal interests | Co-applicant on a grant application to investigate HRT use in relation to dementia. | January 2023   | 26.06.2023        | Pending decision | <p>Specific.</p> <p>Declare and participate but not lead Topic Groups or take part in initial drafting of recommendations in topics where research the member is involved in forms part of the evidence base, answers questions rather than takes part in drafting recommendations.</p> <p>Rationale: Specific to the guideline, but expertise is required by the committee. Due to the overlap with the guideline, a decision was taken that the member should not lead Topic Groups or take part in initiating recommendations in topics where research the member is involved in forms part of the evidence base and should rather answer questions related to the evidence.</p> |

| Name              | Role with NICE   | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------|------------------|--|---|----------------|-------------------|-----------------|---|
| Dr Gillian Reeves | Committee member | Direct – non-financial professional and personal interests | Occasionally deliver / contribute to talks and/or webinars regarding the association of HRT with risk of cancer and other health-related outcomes based on my own research and that of others. Includes presentations for: Association of Breast Surgeons Annual Conference, Nuffield Department of Population Health Annual Symposium, Europa Donna UK Symposium, BMJ and other special interest groups. | Ongoing        | 26.06.2023        | Ongoing         | <p>Specific.</p> <p>Declare and participate but not lead Topic Groups or take part in initial drafting of recommendations in topics where research the member is involved in forms part of the evidence base, answers questions rather than takes part in drafting recommendations.</p> <p>Rationale: Specific to the guideline, but expertise is required by the committee. Due to the overlap with the guideline, a decision was taken that the member should not lead Topic Groups or take part in initiating recommendations in topics where research the member is involved in forms part of the evidence base and should rather answer questions related to the evidence.</p> |
| Dr Gillian Reeves | Committee member | Direct – non-financial professional and personal interests | I delivered a talk about findings on risk factors for breast cancer from the Million Women Study at the annual UK Interdisciplinary Symposium on Breast Cancer  | 23.01.2024     | 29.01.2024        | 23.01.2024      | <p>Specific.</p> <p>Declare and participate but not lead Topic Groups or take part in initial drafting of recommendations in topics where research the member is involved in forms part of the evidence base, answers questions rather than takes part in drafting recommendations.</p> <p>Rationale: Specific to the guideline, but expertise is</p>   |

| Name              | Role with NICE                      | Type of interest   | Description of interest   | Interest arose  | Interest declared  | Interest ceased | Comments  |
|-------------------|-------------------------------------|--|---|---|--------------------|-----------------|---|
|                   |                                     |  |   |   |                    |                 | required by the committee. Due to the overlap with the guideline, a decision was taken that the member should not lead Topic Groups or take part in initiating recommendations in topics where research the member is involved in forms part of the evidence base and should rather answer questions related to the evidence. |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Employment   | Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, Clinical Lead for the Menopause Services, Clinical Lead for Ambulatory Gynaecology Services, King's College Hospital, London. | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment in the NHS. This interest is non-specific.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – financial   | I carry out private clinical work in my non-NHS time for menopause, infertility and general gynaecological patients, mirrors NHS work expect for a testosterone product which is not available in the NHS.  | 2012  | 08.09.2021         | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: Partially specific to the guideline but unlikely to influence recommendation development and benefits outweigh the risks.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Chair of the British Menopause Society.   | July 2019   | 08.09.2021         | July 2022       | Specific.<br>Declare and participate.<br>Rationale: Mr Hamoda represents himself in the committee and not the BMS. Two topic advisers were  |

| Name              | Role with NICE                      | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments   |
|-------------------|-------------------------------------|--|--|----------------|-------------------|-----------------|--|
|                   |                                     |  |  |                |                   |                 | appointed to bring balance to the views and discussions.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | First author of The British Menopause Society and Women's Health Concern 2020 recommendations on hormone replacement therapy in menopausal women   | 2020           | 08.09.2021        | N/A             | Specific.<br>Declare and participate.<br>Rationale: BMS guidance way differ from NICE guideline conclusions. At interview Mr Hamoda stated that if NICE guideline conclusions will contradict BMS guidance, BMS will update their guidance.  |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Author of The British Menopause Society and Women's Health Concern recommendations on the management of women with premature ovarian insufficiency | 2017           | 08.09.2021        | N/A             | Specific.<br>Declare and participate.<br>Rationale: Existing POI section of the guideline retained and will not be updated.  |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Member of the Government Menopause Taskforce.  | 03.02.2022     | 16.05.2022        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: The member has declared that his involvement in the Government Menopause Taskforce will be independent of his work in the NICE guideline committee and even if the two groups' conclusions would differ, he will sign up to the conclusions made up by the NICE guideline committee. |

| Name              | Role with NICE                      | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------|-------------------------------------|--|---|----------------|-------------------|-----------------|---|
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Member of the NHSE Menopause Programme Clinical Reference Group.  | 26.05.2021     | 16.05.2022        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: The member has declared that his involvement in the NHSE Menopause Programme Clinical Reference Group will be independent of his work in the NICE guideline committee and even if the two groups' conclusions would differ, he will sign up to the conclusions made up by the NICE guideline committee. |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Adviser to European Menopause and Andropause Society.   | 08.09.2021     | 16.05.2022        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: Although broadly related to the topic, this interest is not specific to the guideline scope and does not pose a conflict of interest.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | I have provided comments and interviews to press, radio and TV regarding menopause matters. These have not included any reference to the NICE guidance update and have not involved any financial reimbursements. | 2017           | 16.05.2022        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: Forms part of his role as the president of BMS and expert on the topic. Not specific to guideline scope.  |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Author of commissioned Editorial by the BMJ: Looking at HRT in perspective: Helping women make informed choices. June 2022.   | June 2022      | 14.06.2022        | N/A             | Specific.<br>Declare and participate but avoid commenting on issues related to the scope of the guideline update in public going  |

| Name              | Role with NICE                      | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments   |
|-------------------|-------------------------------------|--|--|----------------|-------------------|-----------------|--|
|                   |                                     |  |  |                |                   |                 | <p>forward whilst the guideline project is ongoing. Otherwise, there may be a need to partially exclude him from decision making.</p> <p>Rationale: The BMJ article refers to topics covered in the scope, such as evidence on the effect of HRT on all-cause mortality and breast cancer risk. His involvement as one of the two topic advisers is important in the guideline process so on balance there is no need for action, however, he has been asked to no longer comment on topics specific to the scope in public.</p> |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Have given several media comments including the BBC and The Guardian on menopause related media queries. | Ongoing        | 14.06.2022        | Ongoing         | <p>Specific.</p> <p>Declare and participate but avoid commenting on issues specific to the scope of the guideline update in public going forward. Otherwise, there may be a need to partially exclude him from decision making.</p> <p>Rationale: Comments made are mainly not specific to topics covered in the guideline scope but he has been asked not to make public comments around issues that are specific to the scope going forward.</p>   |

| Name              | Role with NICE                      | Type of interest   | Description of interest   | Interest arose             | Interest declared | Interest ceased            | Comments  |
|-------------------|-------------------------------------|--|---|----------------------------|-------------------|----------------------------|---|
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Interview with ITV Breakfast regarding the recently published House of Commons Report on Menopause.       | 28 <sup>th</sup> July 2022 | 29.07.2022        | 28 <sup>th</sup> July 2022 | Non-specific.<br>Declare and participate.<br>Agreed by developer Guideline Lead and Committee Chair August 2022.<br>Rationale: This interview was focused on the impact of the Menopause on a woman's professional life and career. Whilst this is related to symptoms of the Menopause, hormone replacement therapy and the long-term benefits and risks were not the focus. |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Interview with BBC Radio Leicester regarding the recently published Government's Women's Health Strategy. | 28 <sup>th</sup> July 2022 | 29.07.2022        | 28 <sup>th</sup> July 2022 | Non-specific.<br>Declare and participate.<br>Rationale: The Government's Women's Health Strategy lists Menopause as one of the priority areas. However the brief for this is broad (including access to services and education) so the interview did not include any specific recommendations related to matters in the scope of the guideline.                               |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | ITN menopause feature for World Menopause Day.  | 18.10.2022                 | 21.10.2022        | 18.10.2022                 | Non-specific.<br>Declare and participate.<br>Rationale: The interview did not include any specific details  |

| Name              | Role with NICE                      | Type of interest   | Description of interest   | Interest arose               | Interest declared | Interest ceased              | Comments  |
|-------------------|-------------------------------------|--|---|------------------------------|-------------------|------------------------------|---|
|                   |                                     |  |   |                              |                   |                              | related to matters in the scope of the guideline.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Menopause in the workplace podcast for ACAS.  | 18.10.2022                   | 21.10.2022        | 18.10.2022                   | Non-specific.<br>Declare and participate.<br>Rationale: The interview was on a topic that was not specific to the scope of the guideline.                     |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Review article: Androgens in postmenopausal women. The Obstetrician and Gynaecologist October 2022 Edition.   | August 2022 (ahead of print) | 21.10.2022        | October 2022 Journal Edition | Non-specific.<br>Declare and participate.<br>Rationale: The interview was on a topic that was not specific to the scope of the guideline.                     |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | I did two radio interviews for the BBC for World Menopause Day.   | October 2022                 | 21.10.2022        | October 2022                 | Non-specific.<br>Declare and participate.<br>Rationale: The interviews did not include any specific details related to matters in the scope of the guideline. |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Talk to metropolitan police on menopause in the workplace on national inclusion day.  | 26.09.2022                   | 21.10.2022        | 26.09.2022                   | Non-specific.<br>Declare and participate.<br>Rationale: The talk was on a topic that was not specific to the scope of the guideline.                          |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Joint position statement by the British Menopause Society, Royal College of Obstetricians and Gynaecologists and Society for Endocrinology on best practice | May/June 2022                | 2.11.2022         | September 2022               | Specific.<br>Declare and participate<br>Rationale: This position statement includes matters directly related to the scope. It is                              |



| Name              | Role with NICE                      | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------|-------------------------------------|--|---|----------------|-------------------|-----------------|---|
|                   |                                     |  | <p>recommendations for the care of women experiencing the menopause</p> <p>Published in Post Reproductive Health Journal June / September 2022</p> <p>Published in Clinical Endocrinology Journal May 2022.</p>   |                |                   |                 | a joint statement by several societies. Decisions in these cases are made by consensus rather than reflection each individual member's opinion.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | <p>Accompanying Editorial Published in Post Reproductive Health Journal June 2022</p> <p>Optimising the menopause transition: Joint position statement by the British Menopause Society, Royal College of Obstetricians and Gynaecologists and Society for Endocrinology on best practice recommendations for the care of women experiencing the menopause.</p> | June 2022      | 2.11.2022         | June 2022       | <p>Specific.</p> <p>Declare and participate</p> <p>Rationale: This editorial makes statements related to matters directly in the scope of this guideline and takes a position on these. However, it is reflecting the position of the organisation he is representing rather than personal views.</p> |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Response to letter to the Editors in Chief Post Reproductive Health in response to the statement above (in preparation).  | October 2022   | 2.11.2022         | October 2022    | <p>Specific.</p> <p>Declare and participate</p> <p>Rationale: This editorial makes statements related to matters directly in the scope of this guideline and takes a position on these. However, it is reflecting the position of the organisation he is representing rather than personal views.</p> |

| Name              | Role with NICE                      | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------|-------------------------------------|--|--|----------------|-------------------|-----------------|---|
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Co-author: Menopause, wellbeing and health: A care pathway from the European Menopause and Andropause Society.   | September 2022 | 2.11.2022         | September 2022  | Specific.<br>Declare and participate.<br>Rationale: This pathway is broader than the scope and reflects the position taken by a society rather than an individual.  |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Co-author on European Menopause and Andropause Society (EMAS) position statement: Vitamin D and menopausal health.   | December 2022  | 09.01.2023        | December 2022   | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Quote in article in the Telegraph: Private menopause clinics prescribing HRT at 'twice the recommended dose'.<br><br>'Unorthodox prescribing' of oestrogen places women at higher risk of cancer and vaginal bleeding. | 19.12.2022     | 09.01.2023        | 19.12.2022      | Specific.<br>Declare and participate.<br>Rationale: A quote in favour of prescribing in line of licensing is not prejudicial of the guideline content.  |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Quote in article in The Sun MENOPAUSE MATTERS Urgent warning as some women prescribed HRT which 'increases' risk of deadly cancers – are you affected?   | 19.12.2022     | 09.01.2023        | 19.12.2022      | Specific.<br>Declare and participate.<br>Rationale: Whilst this is related to the scope, the quote was very broad and did not express a clear opinion that could be viewed as prejudicial to the guideline content. |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Facilitator and speaker at BMS PPMC training course.<br><br>Talk on hormones and the breast.   | 06.12.2022     | 10.01.2023        | 06.12.2022      | Specific.<br>Declare and participate.<br>Rationale: This was a training course rather than an   |

| Name              | Role with NICE                      | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------|-------------------------------------|--|---|----------------|-------------------|-----------------|---|
|                   |                                     |  |   |                |                   |                 | opportunity to express personal opinions on the matter under discussion.  |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Chair and speaker at the BMS Women's Health Annual Symposium Dec 2022 Meeting<br>Talk on Endometriosis and menopause. | 01.12.2022     | 10.01.2023        | 01.12.2022      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.                           |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Comment in the Mail on Sunday due to be published 15 <sup>th</sup> January on demand on menopause services in the UK. | January 2023   | 12.01.2023        | 15.01.2023      | Non-specific.<br>Declare and participate.<br>Rationale: Service organisation is not specific to the scope of the guideline.           |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Comment in the Guardian on menopause care and provision.  | February 2023  | 20.03.2023        | February 2023   | Non-specific.<br>Declare and participate.<br>Rationale: The comment was not specific to the topics of the update.                     |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Quoted in articles in Daily Mail, Mail on Sunday and The Guardian on Menopause / bleeding with HRT.                   | April 2023     | 24.04.2023        | April 2023      | Non-specific.<br>Declare and participate.<br>Rationale: The comment was not specific to the topics of the update.                     |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Speaker at BMS educational evening for patients. Talk on menopause.   | April 2023     | 24.04.2023        | April 2023      | Non-specific.<br>Declare and participate.<br>Rationale: The content of the presentation was not specific to the topics of the update. |

| Name              | Role with NICE                      | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments   |
|-------------------|-------------------------------------|--|--|----------------|-------------------|-----------------|--|
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Article: The pathophysiology and management of menopausal symptoms.<br>Vigneswaran K., Hamoda H.<br>Obstetrics, Gynaecology and Reproductive Medicine. (no pagination), 2023. Date of Publication: 2023.             | March 2023     | 24.04.2023        | ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: The article is not specific to the topics of the update.     |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Editorial: Menopause care for women: Supporting the NHS to support women.<br>Briggs P., Hamoda H., Rymer J., Morris E., Moger S.<br>Post Reproductive Health. 29(1) (pp 4-5), 2023. Date of Publication: March 2023. | March 2023     | 24.04.2023        | ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: The topic of this editorial was not specific to the update.  |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Published article: An evaluation of menopause service delivery during the COVID-19 pandemic. Post Reprod Health. 2023 May 8:20533691231174379. Doi: 10.1177/20533691231174379.                                       | May 2023       | 22.05.2023        | May 2023        | Non-specific.<br>Declare and participate.<br>Rationale: This activity is non-specific to the scope of the guideline. |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Quote to Daily Mail on effects of Mirena within HRT compared to other progestogens   | May 2023       | 22.05.2023        | May 2023        | Non-specific.<br>Declare and participate.<br>Rationale: This activity is non-specific to the scope of the guideline. |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional                        | Vigneswaran K. and Hamoda H. "The pathophysiology and management of menopausal symptoms". Obstetrics,  | May 2023       | 26.06.2023        | May 2023        | Specific.<br>Declare and participate.  |

| Name              | Role with NICE                      | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------|-------------------------------------|--|---|----------------|-------------------|-----------------|---|
|                   |                                     | and personal interests                                     | Gynaecology and Reproductive Medicine 33.5 (2023): 135-140. May 2023.   |                |                   |                 | Rationale: Whilst this relates to topics in the update the content is consistent with what is in the public domain in relation to NG23.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Invited to Menopause All Party Parliamentary Group meeting to advise on testosterone access and use in clinical practice.           | June 2023      | 26.06.2023        | June 2023       | Specific.<br>Declare and participate.<br>Rationale: Testosterone is outside the scope of this update.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Invited talk on menopause followed by open Q&A at number 10 Downing Street.   | 13.07.2023     | 31.07.2023        | 13.07.2023      | Specific.<br>Declare and participate.<br>Rationale: Whilst this relates to topics in the update the content of the discussion was consistent with what is in the public domain in relation to NG23.   |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Invited to join as co-author on the forthcoming IMS recommendations on women's midlife health and menopause hormone therapy update. | September 2023 | 10.09.23          | Ongoing         | Specific.<br>Declare and participate.<br>This is a non-financial declaration and the activities involves a number of people interpreting large datasets and reaching decisions by consensus. Therefore the decisions reached will not necessarily be representative of each individual's views. |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional                        | Invited to join as co-author on the forthcoming IMS-led global consensus  | September 2023 | 10.09.23          | Ongoing         | Specific.   |

| Name              | Role with NICE                      | Type of interest   | Description of interest   | Interest arose  | Interest declared  | Interest ceased | Comments   |
|-------------------|-------------------------------------|--|---|---|--------------------|-----------------|--|
|                   |                                     | and personal interests                                     | statement on menopause hormone therapy update.  |   |                    |                 | Declare and participate.<br><br>This is a non-financial declaration and the activities involves a number of people interpreting large datasets and reaching decisions by consensus. Therefore the decisions reached will not necessarily be representative of each individual's views.     |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Comment in the Daily Mail on NK3 antagonist approval in the UK by the MHRA.   | December 2023   | 18.12.23           | December        | Non-specific.<br>Declare and participate.<br>Rationale: This topic is outside the scope of this guideline update.  |
| Mr Haitham Hamoda | Topic adviser (until February 2024) | Direct – non-financial professional and personal interests | Comment in the Daily Mail on menopause care and HRT access in different geographical areas in the UK.   | December 2023   | 28.12.23           | December 2023   | Non-specific.<br>Declare and participate.<br>Rationale: This topic is outside the scope of this guideline update.  |
| Ms Hayley Berry   | Committee member                    | Direct - financial   | Regional Manager Centre for Pharmacy Postgraduate Education (CPPE) University of Manchester.<br><br>Menopause specialist clinical pharmacist, Newson Health, Stratford-upon-Avon. | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment in a private Menopause Clinic. Not anticipated that private practice employment would influence guideline recommendations or involvement in guideline committee unlikely to bring |

| Name            | Role with NICE   | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments   |
|-----------------|------------------|--|---|----------------|-------------------|-----------------|--|
|                 |                  |  |   |                |                   |                 | financial benefit to the member. Benefits of involvement outweigh the potential risks.   |
| Ms Hayley Berry | Committee member | Direct – financial   | Employed by Newson Health private menopause clinic as a menopause specialist pharmacist.  | May 2021       | 07.03.2022        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: Paid employee on a part time basis (1 day a week) in a private menopause clinic but has years of experience from NHS primary care until December 2021. Not anticipated that private practice employment would influence guideline recommendations or involvement in guideline committee unlikely to bring financial benefit to the member. Benefits of involvement outweigh the potential risks. |
| Ms Hayley Berry | Committee member | Direct – financial   | Director of Hayley Berry Limited: private company providing pharmacy services including consultancy work not linked to menopause in any way.  | September 2016 | 07.03.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not menopause-related and limited to once a month locum work in community pharmacies.  |
| Ms Hayley Berry | Committee member | Direct – non-financial professional and personal interests | As part of my role at Newson Health I am involved in the Newson Health Menopause Society as a pharmacist member and have recently done this podcast about the pharmacists role in the menopause <a href="https://www.nhmenopausesociety.org/resources/podcast-episode-7/">https://www.nhmenopausesociety.org/resources/podcast-episode-7/</a> | September 2021 | 23.05.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Part of her job role, podcast topic not specific to topics covered in the scope of the guideline.  |

| Name              | Role with NICE   | Type of interest   | Description of interest   | Interest arose  | Interest declared  | Interest ceased | Comments   |
|-------------------|------------------|--|---|---|--------------------|-----------------|--|
| Ms Hayley Berry   | Committee member | Direct – non-financial professional and personal interests | I co-wrote this article for HRT shortages <a href="https://viewer.joomag.com/nursing-in-practice-summer-2022/0708699001655460564?short&amp;">https://viewer.joomag.com/nursing-in-practice-summer-2022/0708699001655460564?short&amp;</a> article on page 32. | June 2022   | 14.06.2022         | June 2022       | Non-specific.<br>Declare and participate.<br>Rationale: Topic not related to the scope of the guideline update.  |
| Ms Hayley Berry   | Committee member | non-financial professional and personal interests          | Case based discussion on NHMS linked to a patient. One-off evening 45 min online case presentation for one of my clinic patients.   | 28.09.2022  | 21.10.2022         | 28.09.2022      | Non-specific.<br>Declare and participate.<br>Rationale: The presentation is related to one person's condition and is therefore not specific to the scope of the guideline.                                       |
| Ms Hayley Berry   | Committee member | non-financial professional and personal interests          | World menopause day presentation at Leeds university on the role of a pharmacist in menopause care and discussion board-Leeds staff only.   | 18.10.2022  | 21.10.2022         | 18.10.2022      | Non-specific.<br>Declare and participate.<br>Rationale: The presentation is related to menopause as a broad topic and did not make specific statements about matters directly within the scope of the guideline. |
| Jenny Van Heerden | Co-opted member  | Direct - financial   | Consultant Clinical Psychologist, University College London Hospitals, Women's Health Division, London.   | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment in the NHS. This interest is non-specific.  |
| Jenny Van Heerden | Co-opted member  | Direct – financial   | I am a Consultant Clinical Psychologist and do a small amount of private work alongside my NHS job. In my private practice I offer general psychological therapy (adult mental  | 2013  | 15.06.2022         | Ongoing         | Non-specific.<br>Declare and participate.  |



| Name              | Role with NICE  | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments   |
|-------------------|-----------------|--|--|----------------|-------------------|-----------------|--|
|                   |                 |  | health) and do not specialise in treating menopause, although it is possible that this will occasionally be an issue for a patient I am working with. To date I have never given a private patient a focused treatment for difficulties relating to menopause.   |                |                   |                 | Rationale: Private practice is not specifically related to menopause.  |
| Jenny Van Heerden | Co-opted member | Direct – non-financial professional and personal interests | I work as a Consultant Clinical Psychologist in the NHS (University College London Hospitals). I work in the gynaecological oncology service and assess and treat women who are experiencing psychological distress in relation to their cancer. This includes symptoms of treatment-induced menopause. I use cognitive behavioural therapy and other evidence-based approaches. | 2014           | 15.06.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: The committee member's job has a general focus on gynaecological oncology including symptoms of menopause related to treatment, but there is no scope for direct gain from the committee's work. |
| Jenny Van Heerden | Co-opted member | Indirect   | I occasionally recommend published self-help books to patients regarding using cognitive behavioural therapy for menopause – e.g. books by Professor Myra Hunter. I have no personal relationship with her.  | 2014           | 15.06.2022        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: Even though the books may recommend a particular approach, there is no scope for direct financial gain for the committee member from the committee's work.   |
| Jenny Van Heerden | Co-opted member | Direct – non-financial professional and personal interests | In the past I have run group-based cognitive behavioural therapy for menopause to patients who have had gynaecological oncology treatment. This programme was developed by Professor Myra Hunter. I have no personal relationship with her.  | 2014           | 15.06.2022        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: The committee member's job has a general focus on gynaecological oncology including symptoms of menopause related to treatment, but there is no scope for direct gain from the committee's work.     |

| Name           | Role with NICE                        | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|----------------|---------------------------------------|--------------------|--|----------------|-------------------|-----------------|---|
| John Stevenson | Co-opted member (until February 2024) | Direct - financial | Consultant Physician, Royal Brompton Hospital.   |                |                   | Ongoing         | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment in the NHS.  |
| John Stevenson | Co-opted member (until February 2024) | Direct - financial | Private practice – this consists of approximately 2 sessions per month. They are exactly the same as NHS clinical sessions, comprising patients with coronary heart disease risk factors, microvascular angina, metabolic risks for coronary disease, menopausal heart and bone problems (relevant to the scope of the guidelines), and general endocrinology. | 20/03/22       | 20.03.2023        | ongoing         | Specific.<br>Declare and participate.<br>Rationale: Not anticipated that private practice employment would influence guideline recommendations or involvement in guideline committee unlikely to bring financial benefit to the member. Benefits of involvement as a co-opted member with this particular expertise outweigh the potential risks. |
| John Stevenson | Co-opted member (until February 2024) | Direct - financial | Lecture: The impact of HRT on cardiovascular risk. Kyiv Ukraine. Honorarium from Abbott.   | 17/02/23       | 20.03.2023        | 17/02/23        | Specific.<br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br>Rationale: This is directly relevant to the scope and the honorarium is from Abbott which is a company that produces directly applicable products.   |

| Name           | Role with NICE                        | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|----------------|---------------------------------------|--------------------|--|----------------|-------------------|-----------------|---|
| John Stevenson | Co-opted member (until February 2024) | Direct - financial | Lecture: The impact of HRT on cardiovascular risk. Astana, Kazakhstan. Honorarium from Abbott.   | 21/02/23       | 20.03.2023        | 21/02/23        | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope and the honorarium is from Abbott which is a company that produces directly applicable products. |
| John Stevenson | Co-opted member (until February 2024) | Direct - financial | Advisory Board, Abbott.  | 28/02/23       | 20.03.2023        | 28/02/23        | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making).<br><br>Rationale: Abbott is a company that produces directly applicable products.  |
| John Stevenson | Co-opted member (until February 2024) | Direct - financial | Lecture: The impact of HRT on cardiovascular risk. Tashkent, Uzbekistan. Honorarium from Abbott. | 03/03/23       | 20.03.2023        | 03/03/23        | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope and the honorarium is from Abbott which is a company that produces directly applicable products. |

| Name           | Role with NICE                        | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|----------------|---------------------------------------|--|---|----------------|-------------------|-----------------|---|
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Chairman, Women's Health Concern.   | 20.03.2023     | 20.03.2023        | ongoing         | Non-specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).<br><br>Rationale: This is not specific to the guideline's scope for this update. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Trustee, British Menopause Society.   | 20.03.2023     | 20.03.2023        | ongoing         | Non-specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).<br><br>Rationale: This is not specific to the guideline's scope for this update. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Executive Committee Member, International Society of Gynecological Endocrinology. | 20.03.2023     | 20.03.2023        | ongoing         | Non-specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).<br><br>Rationale: This is not specific to the guideline's scope for this update. |

| Name           | Role with NICE                        | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments   |
|----------------|---------------------------------------|--|---|----------------|-------------------|-----------------|--|
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Panagiotis A, Stevenson JC. Cardiovascular health and the menopause, metabolic health. In Best Practice & Research Clinical Endocrinology & Metabolism, in press. | 24.04.2023     | 24.04.2023        | ongoing         | Specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).<br><br>Rationale: This is part of the committee member's academic work in the topic under discussion. It is not included as evidence for the evidence review. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Stevenson JC. Hormones and cardiovascular aging: from prevention to therapies. In Gynecological and Reproductive Endocrinology and Metabolism, in press.          | 24.04.2023     | 24.04.2023        | ongoing         | Specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).<br><br>Rationale: This is part of the committee member's academic work in the topic under discussion. It is not included as evidence for the evidence review. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | International Menopause Society Webinar: Menopause in Obese Patients and Cardiovascular Risk.   | 16.05.2023     | 22.05.2023        | 16.05.2023      | Non-specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).   |

| Name           | Role with NICE                        | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|----------------|---------------------------------------|--|--|----------------|-------------------|-----------------|---|
|                |                                       |  |  |                |                   |                 | Rationale: This is related to the cardiovascular review but not specifically restricted to HRT it is therefore non-specific.  |
| John Stevenson | Co-opted member (until February 2024) | Direct – financial   | Abbott Laboratories Advisory Board, Dubai.   | 23.06.2023     | 26.06.2023        | 23.06.2023      | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope and is sponsored by Abbott Laboratories which is a company that produces directly applicable products. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Webinar on: Menopause in obese patients and cardiovascular risk. International Menopause Society Webinar: Management of menopause in obese patients. | 16/05.2023     | 26.06.2023        | 16.05.2023      | Non-specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).<br><br>Rationale: This topic is not specific to the scope of the guideline.  |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Lecture on: Prevention and management of cardiovascular disease. Preis School: Women's Health after Reproduction. Florence, Italy.                   | 08.06.2023     | 26.06.2023        | 08.06.2023      | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)   |

| Name           | Role with NICE                        | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|----------------|---------------------------------------|--|--|----------------|-------------------|-----------------|---|
|                |                                       |  |  |                |                   |                 | Rationale: This is directly relevant to the scope of this guideline.  |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Lecture on: Osteoporosis risk prevention and treatment. Preis School: Women's Health after Reproduction. Florence, Italy.  | 08.06.2023     | 26.06.2023        | 08.06.2023      | Non-specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).<br><br>Rationale: This is not the topic that the co-opted member was appointed for to advice on. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Publication: Stevenson TEJ, Brincat MP, Pollaci J, Stevenson JC. Effect of hormone replacement therapy on intervertebral disc height. Climacteric 2023; 26: 110-13 | April 2023     | 29.01.2024        | April 2023      | Non-specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).<br><br>Rationale: This is not the topic that the co-opted member was appointed for to advice on. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Publication: Stevenson JC. Prevention and treatment of osteoporosis in women. Post Repro Health 2023; 29: 11-14  | March 2023     | 29.01.2024        | March 2024      | Non-specific.<br><br>Declare and participate (classification for this particular interest but the committee member is partially excluded for the topic due to other declarations).  |

| Name           | Role with NICE                        | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|----------------|---------------------------------------|--------------------|---|----------------|-------------------|-----------------|---|
|                |                                       |                    |   |                |                   |                 | Rationale: This is not the topic that the co-opted member was appointed for to advice on.   |
| John Stevenson | Co-opted member (until February 2024) | Direct – financial | Presentation: Hormonal and physiological changes of menopause. Forever Rose, Abbott Laboratories Advisory Board, Dubai. Honorarium received.                                | June 2023      | 29.01.2024        | June 2023       | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope of this guideline. |
| John Stevenson | Co-opted member (until February 2024) | Direct – financial | Presentation: Stevenson JC. MHT- efficacy and safety aspects. Forever Rose, Abbott Laboratories Advisory Board, Dubai. June 2023. Honorarium received.                      | June 2023      | 29.01.2024        | June 2023       | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope of this guideline. |
| John Stevenson | Co-opted member (until February 2024) | Direct – financial | Presentation: Stevenson JC. Current options for MHT with focus on estradiol / dydrogesterone. Forever Rose, Abbott Laboratories Advisory Board, Dubai. Honorarium received. | June 2023      | 29.01.2024        | June 2023       | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope of this guideline. |



| Name           | Role with NICE                        | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|----------------|---------------------------------------|--|--|----------------|-------------------|-----------------|---|
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Presentation: Stevenson JC. HRT and coronary heart disease. 1st North Central London Menopause Conference, Whittington Hospital, London. | October 2023   | 29.01.2024        | October 2023    | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope of this guideline. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Presentation: Stevenson JC. Menopausal bones & hearts. 2nd All Wales Menopause Conference 2023. Wrexham Maelor Hospital, Wrexham.        | November 2023  | 29.01.2024        | November 2023   | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope of this guideline. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Presentation: Stevenson JC. HRT and the cardiovascular timing hypothesis. Post Reproductive Health. Joint RCOG/BMS meeting. London.      | November 2023  | 29.01.2024        | November 2023   | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope of this guideline. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional                        | Presentation: Stevenson JC. Menopause, HRT and osteoporosis. Post Reproductive Health. Joint RCOG/BMS meeting. London.                   | November 2023  | 29.01.2024        | November 2023   | Non-specific.<br><br>Declare and participate (classification for this particular interest but the committee   |

| Name           | Role with NICE                        | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|----------------|---------------------------------------|--|---|----------------|-------------------|-----------------|---|
|                |                                       | and personal interests                                     |   |                |                   |                 | member is partially excluded for the topic due to other declarations).<br><br>Rationale: This is not the topic that the co-opted member was appointed for to advice on.   |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Presentation: Stevenson JC. Maintaining bone and cardiovascular health after menopause. NAPS Symposium. Chelsea & Westminster Hospital, London  | November 2023  | 29.01.2024        | November 2023   | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope of this guideline. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Presentation: Stevenson JC. Female coronary heart disease risks in the reproductive and post-reproductive years. Women's Health Concern 33rd Annual Symposium on women's health. London | December 2023  | 29.01.2024        | December 2023   | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope of this guideline. |
| John Stevenson | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Presentation: Stevenson JC. Cardiovascular disease prevention in postmenopausal women: what can we do. ISGE Webinar.  | December 2023  | 29.01.2024        | December 2023   | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)   |

| Name               | Role with NICE                        | Type of interest   | Description of interest  | Interest arose  | Interest declared  | Interest ceased | Comments   |
|--------------------|---------------------------------------|--|--|---|--------------------|-----------------|--|
|                    |                                       |  |  |   |                    |                 | Rationale: This is directly relevant to the scope of this guideline.   |
| John Stevenson     | Co-opted member (until February 2024) | Direct – non-financial professional and personal interests | Publication: Women's Health Concern Fact Sheet – Coronary Heart Disease. Collaboration with medical advisory council of the British Menopause Society.   | January 2024  | 29.01.2024         | January 2024    | Specific.<br><br>Partial exclusion from the cardiovascular topic (included in the discussion for clarification but excluded from decision making)<br><br>Rationale: This is directly relevant to the scope of this guideline.  |
| Karina Bowkett     | Lay member                            |  | Nothing to declare.  |   |                    |                 |  |
| Ms Kathy Abernethy | Committee member                      | Direct - financial   | Director of Menopause Services, Peppy Health, London.  | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br><br>Member's paid employment.<br><br>Declare and participate.<br><br>Rationale: This salaried employment would not affect the committee member's ability to objectively consider the evidence under review. There would not be any financial gain associated with committee membership or the outcome of recommendations. |
| Ms Kathy Abernethy | Committee member                      | Direct – financial   | I am a paid employee of a digital health menopause service, delivering free and personalised menopause care through employers and insurers. My role is clinical, leading a team of nurses, creating clinical | 2018  | 10.02.2022         | Ongoing         | Specific.<br><br>Declare and participate.<br><br>Rationale: Currently paid employee in a private digital   |

| Name               | Role with NICE   | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments   |
|--------------------|------------------|--|---|----------------|-------------------|-----------------|--|
|                    |                  |  | content and ensuring we meet regulatory requirements e.g., Nursing and Midwifery Council, ICO, consent. |                |                   |                 | menopause clinic. According to the member, private practice work/treatment decisions mirror her work as a specialist menopause nurse in the NHS (where she worked until 2020). Not anticipated that private practice employment would influence guideline recommendations or involvement in guideline committee unlikely to bring financial benefit to the member. Benefits of involvement outweigh the potential risks. |
| Ms Kathy Abernethy | Committee member | Direct – financial   | I have a small private menopause practice of around 300 patient appointments/year.                      | 2018           | 10.02.2022        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: At interview, declared that her own private practice work accounts for 1-2 days a month and mirrors her previous NHS work. Not anticipated that private practice employment would influence guideline recommendations or involvement in guideline committee unlikely to bring financial benefit to the member. Benefits of involvement outweigh the potential risks. |
| Ms Kathy Abernethy | Committee member | Direct – non-financial professional and personal interests | Trustee and Medical Advisory Council Member British Menopause Society.                                  | 1997           | 10.02.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: The member represents herself and not the  |

| Name               | Role with NICE   | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments   |
|--------------------|------------------|--|--|----------------|-------------------|-----------------|--|
|                    |                  |  |  |                |                   |                 | BMS in the committee. Benefits of involvement outweigh the potential risks.  |
| Ms Kathy Abernethy | Committee member | Direct – non-financial professional and personal interests | Member of the NHSE Menopause Programme Clinical Reference Group.   | March 2021     | 16.05.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: The member has declared that her involvement in the NHSE Menopause Programme Clinical Reference Group will be independent of her work in the NICE guideline committee and even if the two groups' conclusions would differ, she will sign up to the conclusions made up by the NICE guideline committee. |
| Ms Kathy Abernethy | Committee member | Direct – non-financial professional and personal interests | In my job role, working with employers, I regularly speak to members of the public and the media around the topic of menopause, in particular symptoms, treatment options and how to access support. | 2018           | 16.05.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This is part of her professional role in the digital health menopause service and whilst some topics may overlap with topics that are within the scope of the guideline, but the benefits of involvement outweigh the potential risks.   |
| Ms Kathy Abernethy | Committee member | Direct – non-financial professional and personal interests | Speaker and recorded webinar for Royal Osteoporosis Society on the topic of HRT, discussing types, indications, side effects, benefits and risk.   | 02.02.2023     | 14.02.2023        | 02.02.2023      | Specific.<br>Declare and participate.<br>Rationale: Whilst this is relevant to the scope of the guideline the focus was related to osteoporosis which is one of  |

| Name             | Role with NICE                         | Type of interest   | Description of interest   | Interest arose  | Interest declared  | Interest ceased | Comments  |
|------------------|--|--------------------|---|---|--------------------|-----------------|---|
|                  |  |                    |   |   |                    |                 | many outcomes considered only in the 40 to 44 year olds.  |
| Kerry Barnett    | Committee member (until December 2022) | Direct - financial | Advanced Nurse Practitioner, Bridges Medical Practice, Trinity Medical Centre, Gateshead, Tyne and Wear.  | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment in the NHS. This interest is non-specific.   |
| Dr Louise Massey | Committee member                       | Direct, financial  | Consultant in Sexual and Reproductive Health Aneurin Bevan University Health Board, Gwent.  | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment<br>Declare and participate.<br>Rationale: Salaried employment in the NHS. This interest is non-specific.    |
| Dr Louise Massey | Committee member                       | Direct, financial  | Medicines for Women's Health Expert Advisory Group. I am a paid member of this committee as an expert adviser.  | 01.12.2022  | 05.01.2023         | Ongoing         | Non-specific.<br>Declare and participate<br>Rationale: The topics covered by this group are wider than the scope of the current update.               |
| Dr Louise Massey | Committee member                       | Direct, financial  | I gave a paid talk entitled Bleeding on HRT to GPs and Practice nurses in Cwm Taf Health Board. The payment was from the Primary Care Education Dept and not industry sponsored | 05.12.23  | 29.01.2024         | 05.12.23        | Non-specific.<br>Declare and participate<br>Rationale: The general topic of bleeding associated with HRT was outside the scope of the current update. |

| Name                    | Role with NICE | Type of interest   | Description of interest  | Interest arose  | Interest declared  | Interest ceased | Comments  |
|-------------------------|----------------|--|--|---|--------------------|-----------------|---|
| Lorraine Griffiths      | Lay member     | Direct – financial   | Self-employed performance coach working in the pharmaceutical / medical devices sales industry.  | 2016  | 08.03.2022         | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.  |
| Lorraine Griffiths      | Lay member     | Direct – non-financial professional and personal interests | Volunteer for Breast Cancer Now – working on the Someone Like Me telephone service/speaking with breast cancer patients and other concerned individuals  | 2021  | 08.03.2022         | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.  |
| Professor Martha Hickey | Topic adviser  | Direct, financial  | Consultant in Gynaecology, Head of Menopause Unit, Clinical Lead Gynaecology Research Centre, Royal Women's Hospital, Victoria, Australia.<br><br>Professor of Obstetrics and Gynaecology, Deputy Head of Department, University of Melbourne, Australia         | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment in the public sector. This interest is non-specific. |
| Professor Martha Hickey | Topic adviser  | Indirect   | My organisation (University of Melbourne) received funding from the commercial sector (QUE Oncology) for research into a nonhormonal treatment for menopausal symptoms. I was the site lead for this research. There was no personal payment and no publication. | 2018  | 25.10.2021         | 2019            | Non-specific.<br>Declare and participate.<br>Rationale: Unlikely relevant to topics covered in the guideline update.  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | I am Deputy Head of the Department of Obstetrics and Gynaecology at University of Melbourne.   | 2019  | 25.10.2021         | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline topic.  |

| Name                    | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------------|----------------|--|---|----------------|-------------------|-----------------|---|
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | I am a site investigator in a clinical trial of a device to treat vaginal dryness in postmenopausal women (Madorra).  | 2020           | 25.10.2021        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: Research on this device Madorra has not yet been published.   |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | In 2016 I published a letter in the BMJ in response to the NICE menopause guidelines. This was co-authored with a prominent epidemiologist with an interest in breast cancer (Emily Banks). We raised several concerns about the conclusions of the guidelines <a href="https://doi.org/10.1136/bmj.i191">https://doi.org/10.1136/bmj.i191</a><br>Members of the guidelines committee then responded to our letter. | 2016           | 25.10.2021        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: Having expressed views about the existing NICE guideline does not pose a conflict of interest as such. Two topic advisers were appointed to bring balance to the views and discussions. |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | I represent Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) on a national Women's Health Committee.  | 2020           | 25.10.2021        | N/A             | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to guideline.  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Lead investigator in the COMMA Core Outcomes in Menopause project, an international collaboration which aims to develop and disseminate Core Outcome Sets for research in menopause.<br><a href="https://medicine.unimelb.edu.au/school-structure/obstetrics-and-gynaecology/research/COMMA">https://medicine.unimelb.edu.au/school-structure/obstetrics-and-gynaecology/research/COMMA</a>                         | 2016           | 25.10.2021        | N/A             | Specific.<br>Declare and participate.<br>Rationale: Related to the guideline but unlikely to influence recommendation development and benefits outweigh the risks.  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional                        | Presentation at a Grand Rounds at Mater Hospital Dublin on 'Empowering women to manage menopause'.  | 24.05.2022     | 16.05.2022        | N/A             | Specific.<br>Declare and participate.   |



| Name                    | Role with NICE | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------------|----------------|--|--|----------------|-------------------|-----------------|---|
|                         |                | and personal interests                                     |  |                |                   |                 | Rationale: Topics may overlap with topics in the guideline scope but does not pose a conflict of interest and is part of the member's professional role.  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Analysis paper published in the BMJ:<br>Hickey M, Hunter M S, Santoro N, Ussher J. Normalising menopause BMJ 2022; 377 :e069369 doi: <a href="https://doi.org/10.1136/bmj-2021-069369">https://doi.org/10.1136/bmj-2021-069369</a> | 16.06.2022     | 14.06.2022        | N/A             | Specific.<br><br>Declare and participate but avoid commenting on issues specific to the scope of the guideline update in public going forward whilst the guideline project is ongoing. Otherwise, there may be a need to partially exclude her from decision making.<br><br>Rationale: Whilst the BMJ article is largely outside the scope of the guideline, it refers to the effectiveness of CBT on managing symptoms associated with the menopause which is a topic covered in the guideline update. Her involvement as one of the two topic advisers is important in the guideline process so on balance there is no need for action, however, she has been asked to no longer comment on topics specific to the scope in public. |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | I will be interviewed by a journalist for an Australian documentary on menopause (Catalyst).   | 16.10.2022     | 21.10.2022        | 16.10.2022      | Specific.<br><br>Declare and participate<br><br>Rationale: Whilst this may be directly related to the scope the   |

| Name                    | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------------|----------------|--|---|----------------|-------------------|-----------------|---|
|                         |                |  |   |                |                   |                 | committee member has been mindful about topics directly related to the scope of the guideline.  |
| Professor Martha Hickey | Topic adviser  | Indirect interest  | North American Menopause Society annual conference attendance.  | 11.10.2022     | 21.10.2022        | 15.10.2022      | Non-specific.<br>Declare and participate<br>Rationale: This is broader than the specific topics that are updated in this guideline.   |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | I am leading a priority setting partnership in menopause with the James Lind Alliance. At present we are still looking for funding. | 2.11.2022      | 2.11.2022         | ongoing         | Non-specific.<br>Declare and participate<br>Rationale: This is related to priority setting for research which is not directly related to the scope of the update but may be related to research recommendations that may result from this update. |
| Professor Martha Hickey | Topic adviser  | Indirect interest  | International Menopause Society conference attendance and invited speaker (x4).   | 25.10.2022     | 2.11.2022         | 29.10.2022      | Specific.<br>Declare and participate<br>Rationale: Whilst some of this was directly related to the scope the committee member was mindful about making specific statements that may be perceived as prejudicial to the outcome of the guideline.  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional                        | Meeting with the FDA about terms and instruments used to measure menopausal symptoms.   | 08.12.2022     | 05.01.2023        | 08.12.2022      | Non-specific.<br>Declare and participate.   |

| Name                    | Role with NICE | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------------|----------------|--|--|----------------|-------------------|-----------------|---|
|                         |                | and personal interests                                     |  |                |                   |                 | Rationale: This is not specific to the scope of the guideline.  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | I have contributed (invited) to the NIHR discussion on evidence gaps in menopause (via Loomio).  | December 2022  | 09.01.2023        | Jan 2023        | Non-specific.<br>Declare and participate.<br>Rationale: The broader topic of research priorities is outside the scope of the guideline which will focus only on the gaps that may be uncovered by the evidence reviews. |
| Professor Martha Hickey | Topic adviser  | Direct – financial   | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/36696638/">https://pubmed.ncbi.nlm.nih.gov/36696638/</a><br>Video telehealth to manage menopausal symptoms after cancer: a prospective study of clinicians and patient satisfaction  | February 2023  | 24.02.2023        | February 2023   | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.   |
| Professor Martha Hickey | Topic adviser  | Direct – financial   | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/36696637/">https://pubmed.ncbi.nlm.nih.gov/36696637/</a><br>Priorities for alleviating menopausal symptoms after cancer  | February 2023  | 24.02.2023        | February 2023   | Non-specific.<br>Declare and participate.<br>Rationale: This is related to the types of symptoms women wanted to prioritise and is therefore not specific to the scope of the guideline.                                |
| Professor Martha Hickey | Topic adviser  | Direct – financial   | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/36366886/">https://pubmed.ncbi.nlm.nih.gov/36366886/</a><br>Q-122 as a novel, non-hormonal, oral treatment for vasomotor symptoms in women taking tamoxifen or an aromatase inhibitor after breast cancer: a phase 2, randomised, double-blind, placebo-controlled trial | November 2022  | 24.02.2023        | November 2022   | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.   |

| Name                    | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------------|----------------|--|---|----------------|-------------------|-----------------|---|
| Professor Martha Hickey | Topic adviser  | Direct – financial   | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/36244695/">https://pubmed.ncbi.nlm.nih.gov/36244695/</a><br>Management of Menopause Symptoms and Quality of Life during the Menopause Transition  | December 2022  | 24.02.2023        | December 2022   | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.   |
| Professor Martha Hickey | Topic adviser  | Direct – financial   | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/35933227/">https://pubmed.ncbi.nlm.nih.gov/35933227/</a><br>What happens after menopause? (WHAM): A prospective controlled study of symptom profiles up to 12 months after pre-menopausal risk-reducing salpingo-oophorectomy   | October 2022   | 24.02.2023        | October 2022    | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.   |
| Professor Martha Hickey | Topic adviser  | Direct – financial   | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/35690930/">https://pubmed.ncbi.nlm.nih.gov/35690930/</a><br>Menopause, hysterectomy, menopausal hormone therapy and cause-specific mortality: cohort study of UK Biobank participants   | August 2022    | 24.02.2023        | August 2022     | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.   |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Publications relevant to the guidelines. Two were associated with pharma<br><a href="https://pubmed.ncbi.nlm.nih.gov/36749915/">https://pubmed.ncbi.nlm.nih.gov/36749915/</a><br>Safety and effectiveness of a novel home-use therapeutic ultrasound device for the treatment of vaginal dryness in postmenopausal women: a pilot study<br><a href="https://pubmed.ncbi.nlm.nih.gov/36366886/">https://pubmed.ncbi.nlm.nih.gov/36366886/</a><br>Q-122 as a novel, non-hormonal, oral treatment for vasomotor symptoms in women taking tamoxifen or an aromatase inhibitor | August 2022    | 24.02.2023        | February 2023   | Specific.<br>Declare and participate.<br>Rationale: One of the studies did not match the inclusion criteria for the related systematic review and the other publication is on vasomotor symptoms which is not a topic that will be updated. |

| Name                    | Role with NICE | Type of interest   | Description of interest   | Interest arose  | Interest declared | Interest ceased | Comments   |
|-------------------------|----------------|--|---|---|-------------------|-----------------|--|
|                         |                |  | after breast cancer: a phase 2, randomized, double-blind, placebo-controlled trial.   |   |                   |                 |  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/37132126/">https://pubmed.ncbi.nlm.nih.gov/37132126/</a><br>International guidelines in care after risk-reducing salpingo-oophorectomy in BRCA1/2 | May 2023<br>published in British J Obstetrics and Gynaecology | 22.05.2023        | May 2023        | Non-specific.<br>Declare and participate.<br>Rationale: This is outside the scope of the guideline.  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Radio interview on the ABC Health Report with Radio National. Topic was menopause.  | May 2023  | 22.05.2023        | May 2023        | Non-specific.<br>Declare and participate.<br>Rationale: This was related generally to the topic of the guideline but did not go into the details of the topics covered in the scope. |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Presentation: BMJ webinar 'Known unknowns: menopause'.  | June 2023   | 15.06.2023        | June 2023       | Non-specific.<br>Declare and participate.<br>Rationale: This seminar was outlining uncertainties about the evidence on a wider range of topics than those in the update.             |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/37192832/">https://pubmed.ncbi.nlm.nih.gov/37192832/</a><br>Menopause hormone therapy and urinary symptoms: a systematic review                   | June 2023   | 15.06.2023        | June 2023       | Specific.<br>Declare and participate.<br>Rationale: Whilst genitourinary symptoms were part of the scope of the guideline, urinary symptoms as such were not included as outcomes.   |

| Name                    | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------------|----------------|--|---|----------------|-------------------|-----------------|---|
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/36689129/">https://pubmed.ncbi.nlm.nih.gov/36689129/</a><br>Reinforcing or Disrupting Gender Affirmation: The Impact of Cancer on Transgender Embodiment and Identity   | January 2023   | 25.07.2023        | July 2023       | Non-specific.<br>Declare and participate.<br>Rationale: This is outside the scope of the guideline. |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/36828870/">https://pubmed.ncbi.nlm.nih.gov/36828870/</a><br>Alternative methods to measure breast density in younger women.   | May 2023       | 25.07.2023        | July 2023       | Non-specific.<br>Declare and participate.<br>Rationale: This is outside the scope of the guideline. |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/37045546/">https://pubmed.ncbi.nlm.nih.gov/37045546/</a><br>TUBectomy with delayed oophorectomy as an alternative to risk-reducing salpingo-oophorectomy in high-risk women to assess the safety of prevention: the TUBA-WISP II study protocol | June 2023      | 25.07.2023        | July 2023       | Non-specific.<br>Declare and participate.<br>Rationale: This is outside the scope of the guideline. |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/37092227/">https://pubmed.ncbi.nlm.nih.gov/37092227/</a><br>Depression in Mid- and Later-Life and Risk of Dementia in Women: A Prospective Study within the Danish Nurses Cohort  | June 2023      | 25.07.2023        | July 2023       | Non-specific.<br>Declare and participate.<br>Rationale: This is outside the scope of the guideline. |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Publication<br><a href="https://pubmed.ncbi.nlm.nih.gov/37132126/">https://pubmed.ncbi.nlm.nih.gov/37132126/</a><br>Care after premenopausal risk-reducing salpingo-oophorectomy in high-risk women: Scoping review and international consensus recommendations   | May 2023       | 25.07.2023        | July 2023       | Non-specific.<br>Declare and participate.<br>Rationale: This is outside the scope of the guideline. |

| Name                    | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|-------------------------|----------------|--|---|----------------|-------------------|-----------------|---|
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Board member of Breastscreen Victoria, Australia.   | July 2023      | 25.07.2023        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This is outside the scope of the guideline.   |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Provided comment for press release for the Australian Science and Media Centre relating to the following publication:<br><a href="https://www.bmj.com/content/381/bmj-2022-072770">https://www.bmj.com/content/381/bmj-2022-072770</a><br><br>Menopausal hormone therapy and dementia: nationwide, nested case-control study        | June 2023      | July 2023         | July 2023       | Specific.<br>Declare and participate.<br>Rationale: This is about a specific part of the evidence rather than the whole evidence base. No statement was made about what should be recommended based on this evidence. |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Peer reviewed publication:<br><a href="#">Genitourinary Syndrome of Menopause: Does Everyone Have It?</a> Doust J, Huguenin A, Hickey M. PMID: 37972946   | November 2023  | January 2024      | November 2023   | Non-specific.<br>Declare and participate.<br>Rationale: Prevalence of different symptoms is outside the scope of the guideline update.  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional and personal interests | Peer reviewed publication:<br><a href="#">The Sleepio after cancer (SAC) study. Digital cognitive behavioural therapy for insomnia (dCBT-I) in women cancer patients - Trial protocol of a randomised controlled trial.</a> Treacy T, O'Meara Y, Galligan MC, Henry AL, Lensen SF, Higgins MJ, Hickey M, Brennan DJ. PMID: 37741507 | September 2023 | January 2024      | September 2023  | Specific.<br>Declare and participate.<br>Rationale: This is not included in the evidence because it is a published protocol rather than a study with data.  |
| Professor Martha Hickey | Topic adviser  | Direct – non-financial professional                        | Peer reviewed publication<br><a href="#">WHAM-A Prospective Study of Weight and</a>   | December 2023  | January 2024      | December 2023   | Non-specific.<br>Declare and participate.   |

| Name                    | Role with NICE   | Type of interest   | Description of interest   | Interest arose  | Interest declared  | Interest ceased | Comments   |
|-------------------------|------------------|--|---|---|--------------------|-----------------|--|
|                         |                  | and personal interests                                     | <a href="#">Body Composition After Risk-Reducing Bilateral Salpingo-oophorectomy.</a><br>Price SAL, Finch S, Krejany E, Jiang H, Kale A, Domchek S, Wrede D, Wark JD, Hickey M. PMID: 37410931  |   |                    |                 | Rationale: This topic is outside the scope of the guideline update.  |
| Professor Martha Hickey | Topic adviser    | Direct – non-financial professional and personal interests | Accepted for publication with accompanying profile feature (Lancet, December 2023): <ul style="list-style-type: none"> <li>Empowering women to manage menopause: Hickey et al</li> <li>Optimising health after early menopause: Mishra et al</li> <li>Promoting good mental health over the menopause transition, Brown et al</li> <li>Managing menopause after cancer: Hickey et al</li> </ul> | December 2023   | January 2024       | December 2023   | Non-specific.<br>Declare and participate.<br>Rationale: Whilst the topics broadly relate to the scope of the guideline update, the accepted publications are broader than what was covered in the guideline.   |
| Dr Sarah Hillman        | Committee member | Direct - financial   | GP, Bidford Health Centre, Bidford-upon Avon<br><br>Clinical Lecturer in Primary Care, University of Warwick  | Interest arose more than 12 months before appointment | During recruitment | Ongoing         | Non-specific.<br>Member's paid employment.<br>Declare and participate.<br>Rationale: Salaried employment in the NHS and at the University. This interest is non-specific.  |
| Dr Sarah Hillman        | Committee member | Direct – non-financial professional and personal interests | Member of the NHSE Menopause Programme Clinical Reference Group.  | December 2021   | 23.02.2022         | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: At recruitment, the member declared that her involvement in the NHSE Menopause Programme Clinical Reference Group will be independent of her work in the NICE guideline committee and even if the two groups' conclusions would differ, she will |



| Name             | Role with NICE   | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments   |
|------------------|------------------|--|---|----------------|-------------------|-----------------|--|
|                  |                  |  |   |                |                   |                 | sign up to the conclusions made up by the NICE guideline committee.  |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Adviser for current project 'Menopause and the NHS workforce', a project being undertaken by the NHS Midlands and Lancashire commissioning support unit.  | February 2022  | 23.02.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: May be broadly relevant to the guideline although unlikely to be specific to any evidence review topic in the guideline update. Unlikely to influence guideline recommendations. |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Board member of the West Midlands RCGP  | May 2021       | 16.05.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the guideline.   |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Published an article:<br>Sarah Hillman, Saran Shantikumar, Ali Ridha, Dan Todkill, Jeremy Dale.<br>Socioeconomic status and HRT prescribing: a study of practice-level data in England. British Journal of General Practice 2020; 70 (700): e772-e777. DOI: 10.3399/bjgp20X713045<br><br>And based on the article was involved in Dr Louise Newson's podcast: <a href="https://thedrlouisenewsonpodcast.podbean.com/e/074-hrt-prescriptions-in-england-dr-sarah-hillman-dr-louise-newson-1605615340/">https://thedrlouisenewsonpodcast.podbean.com/e/074-hrt-prescriptions-in-england-dr-sarah-hillman-dr-louise-newson-1605615340/</a> | 2020           | 16.05.2022        | N/A             | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope.   |

| Name             | Role with NICE   | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments   |
|------------------|------------------|--|--|----------------|-------------------|-----------------|--|
|                  |                  |  | <p>And took part in BJGP webinar about health inequalities where the paper was discussed:<br/> <a href="https://bjgp.org/page/video">https://bjgp.org/page/video</a></p> <p>Direct link to the webinar:<br/> <a href="https://www.youtube.com/watch?v=gVJw1Pe-ZL8&amp;t=1794s">https://www.youtube.com/watch?v=gVJw1Pe-ZL8&amp;t=1794s</a></p>   |                |                   |                 |  |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Wrote a chapter in a book Cracking the menopause by Mariella Frostup and Alice Smellie. The chapter is not specific to menopause but discusses the lack of clinical evidence on women's health in general.   | 2021           | 16.05.2022        | N/A             | <p>Non-specific.</p> <p>Declare and participate.</p> <p>Rationale: Not specific to the guideline.</p>  |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Clinical Lecturer in primary care at the University of Warwick for medical students, including lectures about menopause and HRT.   | March 2020     | 16.05.2022        | Ongoing         | <p>Non-specific.</p> <p>Declare and participate.</p> <p>Rationale: Topics may overlap with topics in the guideline scope but does not pose a conflict of interest and is part of the member's professional role.</p> |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | <p>I am the co-lead in the medical school (University of Warwick) for the Athena swan sub-group 'Women's health and menopause' where we try to help staff. As part of this group we organised a webinar on menopause in 2020:</p> <p><a href="https://warwick.ac.uk/fac/sci/med/staffintranet/wellbeing/womenshealth/virtualeseminar">https://warwick.ac.uk/fac/sci/med/staffintranet/wellbeing/womenshealth/virtualeseminar</a></p> | 2020           | 16.05.2022        | N/A             | <p>Non-specific.</p> <p>Declare and participate.</p> <p>Rationale: Not specific to the topics covered in the guideline scope.</p>  |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Presentation at society academic primary care conference on 'experiences of GPs going through the menopause'.  | 05.07.2022     | 11.07.2022        | 05.07.2022      | <p>Non-specific.</p> <p>Declare and participate.</p>   |

| Name             | Role with NICE   | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|------------------|------------------|--|---|----------------|-------------------|-----------------|---|
|                  |                  |  |   |                |                   |                 | Rationale: Not specific to the topics covered in the guideline scope.   |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Spoken at Webinar about health inequalities including menopause care to women's health network ICB.         | 07.12.2022     | 05.01.2023        | 07.12.2022      | Non-specific.<br>Declare and participate.<br>Rationale: This was a broader topic of which menopause was only one example and therefore it was not specific to the scope of the guideline. |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Took part in NIHR virtual workshop on research and menopause.   | 05.12.2022     | 05.01.2023        | 10.12.2022      | Non-specific.<br>Declare and participate.<br>Rationale: The broader portfolio of research priorities for the whole topic of Menopause is outside the scope of the guideline.              |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Chaired research webinar on menopause for society of academic primary care.                                 | 18.01.2023     | 19.01.2023        | 18.01.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This was a general research webinar rather than specific to the scope of the guideline update.                                    |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Steering committee member for BLUSH trial looking at oxybutynin for vasomotor symptoms lead Melanie Davies. | 01.01.2023     | 15.02.2023        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This interest is not specific to the scope of the guideline because the update does not cover effectiveness of                    |

| Name             | Role with NICE   | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments   |
|------------------|------------------|--|---|----------------|-------------------|-----------------|--|
|                  |                  |  |   |                |                   |                 | treatment options for vasomotor symptoms.  |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Application for grant to be submitted May 2023 HTA NIHR commissioned call for an RCT looking at testosterone use in women with menopausal symptoms other than low libido.             | 01.01.2023     | 20.03.2023        | ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.  |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Podcast recorded with Liz Earle re new testosterone patches and supply of HRT.  | 03.04.2023     | 05.04.2023        | 03.04.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.  |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | I took part in a focus group about access to menopause care lead by wellbeing of women and Holland and Barrett.   | 17.05.2023     | 22.05.2023        | 17.05.2023      | Non-specific.<br>Declare and participate.<br>Rationale: Service organisation including how to access care is outside the scope of the guideline.                 |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Interview with SAGA magazine about perimenopause and the “lowdown on HRT”. Comments referenced the 2015 publication of NG23 only and areas covered by published scope of NG23 update. | 26.06.2023     | 26.06.2023        | 26.06.2023      | Non-specific.<br>Declare and participate.<br>Rationale: Whilst this is relevant to the scope, reference was only made to documents already in the public domain. |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Interview with SAGA magazine: ‘The difference between perimenopause and menopause’.   | 01.07.2023     | 30.08.2023        | 30.07.2023      | Non-specific.<br>Declare and participate.<br>Rationale: Identification of menopause and differences between perimenopause and                                    |

| Name             | Role with NICE   | Type of interest   | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments   |
|------------------|------------------|--|--|----------------|-------------------|-----------------|--|
|                  |                  |  |  |                |                   |                 | menopause were outside the scope of the update.  |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Grant submission as co-investigator Identifying inequalities in key health outcomes in a cohort of older women. Submitted to NIHR Research for Patient Benefit (RfPB).   | 01.08.2023     | 30.08.2023        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: General inequalities related to overall menopause care is outside the scope of the update.   |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | RfPB study menopause GAP looking at access to menopause care in primary care for lesser heard communities.   | 01/07/2023     | 29.01.2024        | 01.10.2024      | Non-specific.<br>Declare and participate.<br>Rationale: General inequalities related to overall menopause care is outside the scope of the update.   |
| Dr Sarah Hillman | Committee member | Direct – non-financial professional and personal interests | Co-author on paper accepted for publication (Lancet, December 2023): Optimising health after early menopause: Mishra et al   | 01.08.2023     | 29.01.2024        | 08.03.2024      | Non-specific.<br>Declare and participate.<br>Rationale: Whilst the topics broadly relate to the scope of the guideline update, the accepted publications are broader than what was covered in the guideline. |
| Nina Kuypers     | Lay member       | Direct – non-financial professional and personal interests | Running Black Women in Menopause free events and private Facebook group. These events are to raise awareness and provide education about perimenopause, menopause and beyond within the Black community using black professionals. The Facebook group is a support group where black women | August 2020    | 07.03.2022        | ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Specific to guideline but does not pose a conflict of interest.  |

| Name         | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments   |
|--------------|----------------|--|---|----------------|-------------------|-----------------|--|
|              |                |  | and women of colour can support each other in a safe environment.   |                |                   |                 |  |
| Nina Kuypers | Lay member     | Direct – financial   | Writing an article for a digital menopause service highlighting how black women may have a different experience of menopause, these do not include any reference to NICE guidance update. | May 2022       | 08.06.2022        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – financial   | Delivered a session highlighting a Black Womans' Menopausal experience for Zurich UK race and ethnicity network. This does not include any reference to NICE guidance updates.            | May 2022       | 08.06.2022        | May 2022        | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – financial   | Delivered a session highlighting a Black Womans' Menopausal experience for TESCOs' race and ethnicity network.  | October 2021   | 08.06.2022        | October 2021    | Non-specific.<br>Rationale: Not specific to the topics covered in the guideline scope.                             |
| Nina Kuypers | Lay member     | Direct – financial   | Presented a talk about Race and Menopause for Aneurin Bevan UHB.  | November 2021  | 08.06.2022        | November 2021   | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Attended a Menopause Group session organised by the APPG Menopause.   | April 2022     | 14.06.2022        | April 2022      | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope. |

| Name         | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments   |
|--------------|----------------|--|---|----------------|-------------------|-----------------|--|
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Presented a short talk to Women and Work APPG - Menopause in the Workplace.   | March 2022     | 14.06.2022        | March 2022      | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Panel discussion raising the awareness of menopause for ITV Wales menopause champion launch event.  | March 2022     | 14.06.2022        | March 2022      | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Menopause Mindfulness: Embracing the Change of My Midlife for SWHR. Invited to discuss my experiences and diagnosis during the menopause transition and post-menopause. | February 2022  | 14.06.2022        | February 2022   | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Presented a short talk for Menopause Inclusion Collective - Collective Conversations Series 'A Discussion on Black Menopause'.  | October 2021   | 14.06.2022        | October 2021    | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Presented a short talk to the Menopause APPG - An insight into a Black Woman's Menopausal experience.   | July 2021      | 14.06.2022        | July 2021       | Non-specific.<br>Declare and participate.<br>Rationale: Not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – non-financial                                     | Board of Trustee - Hwupenyu Health and Wellbeing Project is a charity based in  | November 2020  | 14.06.2022        | Ongoing         | Non-specific.  |

| Name         | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|--------------|----------------|--|---|----------------|-------------------|-----------------|---|
|              |                | professional and personal interests                        | Glasgow. They provide support for Black ethnic communities in Scotland living with chronic health conditions.   |                |                   |                 | Declare and participate.<br><br>Rationale: Not specific to the topics covered in the guideline scope.                                       |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Panel member for BSI Menopause Workplace Guide.   | June 2022      | 11.07.2022        | Ongoing         | Non-specific.<br><br>Declare and participate.<br><br>Rationale: Not specific to the topics covered in the guideline scope.                  |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Presenting a lived experience talk to the British Caribbean Doctors and Dentists Association about Black Women in Menopause.  | June 2022      | 11.07.2022        | July 2022       | Non-specific.<br><br>Declare and participate.<br><br>Rationale: Not specific to the topics covered in the guideline scope.                  |
| Nina Kuypers | Lay member     | Direct – Financial interest                                | Delivered a session highlighting a Black Woman's Menopausal experience for British Association of Social Workers. This does not include any reference to NICE guidance updates. | October 2022   | 21.10.2022        | October 2022    | Non-specific.<br><br>Declare and participate.<br><br>Rationale: This session was not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Delivered a session highlighting a Black Woman's Menopausal experience for Levelling Up Government. This does not include any reference to NICE guidance updates.               | October 2022   | 21.10.2022        | October 2022    | Non-specific.<br><br>Declare and participate.<br><br>Rationale: This session was not specific to the topics covered in the guideline scope. |
| Nina Kuypers | Lay member     | Direct – non-financial professional                        | Panel member for BSI Menopause Workplace Guide.   | June 2022      | 21.10.2022        | Ongoing         | Non-specific.<br><br>Declare and participate.   |



| Name         | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|--------------|----------------|--|---|----------------|-------------------|-----------------|---|
|              |                | and personal interests                                     |   |                |                   |                 | Rationale: Menopause within the workplace is outside the scope of this guideline.   |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Wrote an article for the British Association for Counselling and Psychotherapy on Black women in menopause. | October 2022   | 21.10.2022        | October 2022    | Non-specific.<br>Declare and participate.<br>Rationale: Counselling and psychotherapy related to menopause are outside the scope of this guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Featured in an article for the Stylist.   | October 2022   | 21.10.2022        | October 2022    | Non-specific.<br>Declare and participate.<br>Rationale: This feature was not specific to the topics covered in the guideline scope.                 |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Panel member for BSI Menopause Workplace Guide.   | June 2022      | 10.02.2023        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: Menopause in the workplace is not specific to the topics covered in the guideline scope.    |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | NHSE Menopause User Engagement Forum.   | 23.01.2023     | 10.02.2023        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This interest is not specific to the topics covered in the guideline scope.                 |
| Nina Kuypers | Lay member     | Direct - financial   | Delivered a session highlighting a Black Woman's Menopausal experience for HSBC                             | 13.02.2023     | 15.02.2023        | 15.03.2023      | Non-specific.<br>Declare and participate.   |

| Name         | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|--------------|----------------|--|---|----------------|-------------------|-----------------|---|
|              |                |  | Government. This does not include any reference to NICE guidance updates.   |                |                   |                 | Rationale: This is not specific to the scope of the guideline.  |
| Nina Kuypers | Lay member     | Direct - financial   | Delivering a session 'The menopause: It's there in black and white' for NHS Menopause Hub. This does not include any reference to NICE guidance updates.  | 27.02.2023     | 15.02.2023        | 24.03.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct - financial   | Delivering a session for Oxford Brookes University 'The Colourless Illusion of Menopause'. This does not include any reference to NICE guidance updates.  | February 2023  | 15.02.2023        | 24.04.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | MAPS – James Lind Alliance Priority Setting Partnership - Steering Group.   | 09.03.2023     | 15.02.2023        | ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Wrote an article for 'The Voice' Newspaper – titled 'The Colourless Menopause'. This does not include any reference to NICE guidance updates.   | 13.03.2023     | 17.02.2023        | 07.03.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Interviewed and quoted in the iPaper about 'Ethnic minority women in England far less likely to get menopause treatment, data shows'. This does not include any reference to NICE guidance updates. | 10.03.2023     | 17.02.2023        | 12.03.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional                        | Wrote a book review for 'Black and Menopausal' to be published in June 2023. This does not include any reference to NICE guidance updates.  | 10.03.2023     | 17.02.2023        | 12.03.2023      | Non-specific.<br>Declare and participate.   |

| Name         | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|--------------|----------------|--|---|----------------|-------------------|-----------------|---|
|              |                | and personal interests                                     |   |                |                   |                 | Rationale: This is not specific to the scope of the guideline.  |
| Nina Kuypers | Lay member     | Direct - financial   | Delivered a session highlighting Black Women's Menopausal experiences for the Solicitors Regulation Authority. This did not include any reference to NICE guidance updates. | March 2023     | 24.04.2023        | 17.04.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Panel member for BSI Menopause Workplace Guide. This does not include any reference to NICE guidance updates.   | June 2022      | 24.04.2023        | ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Attend a screening 'Our Menopause' film by Nicola Cross – Panellist. This does not include any reference to NICE guidance updates.  | March 2023     | 27.06.2023        | 29.05.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | A member of the Menopause GAP advisory group. This does not include any reference to NICE guidance updates.   | May 2023       | 27.06.2023        | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Holland and Barrett Inclusivity and Menopause – Panellist. This does not include any reference NICE guidance updates.   | 10.07.2023     | 31.07.23          | 27.07.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional                        | NHS England Menopause User Engagement Group Meeting   | 04.07.2023     | 31.07.23          | August 2023     | Non-specific.<br>Declare and participate.   |

| Name         | Role with NICE | Type of interest       | Description of interest  | Interest arose | Interest declared | Interest ceased | Comments  |
|--------------|----------------|------------------------|--|----------------|-------------------|-----------------|---|
|              |                | and personal interests |  |                |                   |                 | Rationale: This is not specific to the scope of the guideline.  |
| Nina Kuypers | Lay member     | Direct - financial     | Westminster Insight Conference (Speaker) – Black Women in Menopause at Work. This did not include any reference to NICE guidance updates.  | 4.8.23         | 25.09.23          | 21.9.23         | Non-specific<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.  |
| Nina Kuypers | Lay member     | Direct - financial     | Holland and Barrett and Wellbeing of Women – Women's Health Community Fund to enhance community engagement. It does not provide any reference to NICE guidance updates.  | August 2023    | 25.09.23          | Ongoing         | Non-specific<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.  |
| Nina Kuypers | Lay member     | Direct - financial     | Egality Warwick University – Focus Group Research project to better understand the experiences of people from diverse ethnic communities and socio-economic disadvantaged communities, who are experiencing menopause. It does not provide any reference to NICE guidance updates. | 4.6.23         | 25.09.23          | Ongoing         | Non-specific<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.  |
| Nina Kuypers | Lay member     | Direct - financial     | Menopause at work white paper - <a href="https://perspectusglobal.com/wp-content/uploads/2023/09/Perspectus-x-DAPS-Menopause-Report-2023.pdf">https://perspectusglobal.com/wp-content/uploads/2023/09/Perspectus-x-DAPS-Menopause-Report-2023.pdf</a>                              | August 2023    | 20.10.2023        | October 2023    | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct - financial     | RBKC government – My Black Menopause talk. It does not provide any reference to NICE guidance updates.   | September 2023 | 20.10.2023        | 11.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |

| Name         | Role with NICE | Type of interest   | Description of interest   | Interest arose   | Interest declared | Interest ceased | Comments  |
|--------------|----------------|--|---|------------------|-------------------|-----------------|---|
| Nina Kuypers | Lay member     | Direct - financial   | Foundry – Menopause and intersectionality talk. It does not provide any reference to NICE guidance updates.   | June / July 2023 | 20.10.2023        | 11.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct - financial   | MATTHEY – delivered a session on menopause from a different perspective. It does not provide any reference to NICE guidance updates.  | September 2023   | 20.10.2023        | 16.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct - financial   | UNICEF – delivered a session on menopause comes in different colours. It does not provide any reference to NICE guidance updates.   | September 2023   | 20.10.2023        | 17.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct - financial   | North London Mental Health Partnership. Menopause talk on how it impacts Black women and the relationship to mental health and cardiovascular health. It does not provide any reference to NICE guidance updates. | September 2023   | 20.10.2023        | 18.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct - financial   | Holland and Barrett – Q+A session of Black menopause experience. It does not provide any reference to NICE guidance updates.  | September 2023   | 20.10.2023        | 18.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Women's' Health Magazine article - Meet the women redefining what menopause looks like. This does not include any reference to NICE guidance updates.   | 04.10.2023       | 20.10.2023        | 11.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |

| Name         | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|--------------|----------------|--|---|----------------|-------------------|-----------------|---|
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Oldham Chronical - Chadderton charity issues menopause plea. This does not include any reference to NICE guidance updates.  | 11.10.2023     | 20.10.2023        | 16.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Oldham Times - Oldham charity call to end menopause stigma and 'negligence'. This does not include any reference to NICE guidance updates.  | 10.10.2023     | 20.10.2023        | 18.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Menopause APPG & Menopause Mandate, World Menopause Day Breakfast Reception 2023. This does not include any reference to NICE guidance updates.                                     | 13.10.2023     | 20.10.2023        | 18.10.2023      | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | ChangeXtra Exploring Diverse Views on Menopause, Digital Health and Artificial Intelligence (AI) – Menopause panellist. It does not provide any reference to NICE guidance updates. | December 2023  | January 2024      | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | NHS Confed Forum Women's Health - Expert by Experience Roundtables. It does not provide any reference to NICE guidance updates.   | January 2024   | January 2024      | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | The Health Collective: Grassroots Organisations' Views on Women's Health. It does not provide any reference to NICE guidance updates.   | September 2023 | January 2024      | Ongoing         | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |

| Name         | Role with NICE | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments  |
|--------------|----------------|--|---|----------------|-------------------|-----------------|---|
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | Wellbeing of Women: Why I Ran an Ultramarathon. It did not provide any reference to NICE guidance updates.  | May 2022       | January 2024      | July 2022       | Non-specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline. |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | The Menopause Charity: Your Stories. It did not provide any reference to NICE guidance updates.   | September 2020 | January 2024      | October 2020    | Specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.     |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | My Menopause lattelounge article. It did not provide any reference to NICE guidance updates   | October 2020   | January 2024      | October 2020    | Specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.     |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | 'Menopause discussions need to be diverse'. It did not provide any reference to NICE guidance updates.<br><a href="https://www.workingwise.co.uk/menopause-discussions-need-to-be-diverse/">https://www.workingwise.co.uk/menopause-discussions-need-to-be-diverse/</a>   | July 2023      | January 2024      | July 2023       | Specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.     |
| Nina Kuypers | Lay member     | Direct – non-financial professional and personal interests | "Shock" when staff report menopause symptoms at work. It did not provide any reference to NICE guidance updates.<br><a href="https://www.hippocraticpost.com/womens-health/shock-when-staff-report-menopause-symptoms-at-work/">https://www.hippocraticpost.com/womens-health/shock-when-staff-report-menopause-symptoms-at-work/</a> | October 2023   | January 2024      | October 2023    | Specific.<br>Declare and participate.<br>Rationale: This is not specific to the scope of the guideline.     |
| Nina Kuypers | Lay member     | Direct – non-financial professional                        | 'Menopause Friendly - information and advice for athletes'. It did not provide any reference to NICE guidance updates.<br><a href="https://www.scottishathletics.org.uk/athletes/menopause-advice-for-athletes/">https://www.scottishathletics.org.uk/athletes/menopause-advice-for-athletes/</a> and                                 | December 2023  | January 2024      | Ongoing         | Specific.<br>Declare and participate.   |

| Name           | Role with NICE              | Type of interest   | Description of interest   | Interest arose | Interest declared | Interest ceased | Comments   |
|----------------|-----------------------------|--|---|----------------|-------------------|-----------------|--|
|                |                             | and personal interests                                     | <a href="https://jogscotland.org.uk/active-living/menopause-and-running/menopause-advice-for-joggers/">https://jogscotland.org.uk/active-living/menopause-and-running/menopause-advice-for-joggers/</a> |                |                   |                 | Rationale: This is not specific to the scope of the guideline.   |
| Dr Hugo Pedder | NICE Technical Support Unit | Direct – non-financial professional and personal interests | Member of the British Menopause Society's Medical Advisory Council  | 04.10.2020     | 28.03.2023        | Ongoing         | Specific.<br>Declare and participate.<br>Rationale: Membership is in a statistical advisory function only.         |
| Dr Hugo Pedder | NICE Technical Support Unit | Direct - financial   | Consultancy work on risks of breast cancer from HRT and modifiable risk factors for the Primary Care Women's Health Forum   | 05.07.2021     | 28.03.2023        | 15.10.2021      | Specific.<br>Declare and participate.<br>Rationale: interest ceased over 12 months prior to work on the guideline. |